



National Drugs Library

Directory of courses and  
training programmes on  
drug misuse in Ireland

2018



Directory of courses and training programmes  
on drug misuse in Ireland 2018

**Health Research Board**

**Compiled by:**

Mary Dunne  
HRB National Drugs Library

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Health Research Board  
An Bord Taighde Sláinte  
67-72 Lower Mount Street  
Dublin 2

**t** +353 1 2345000  
**e** [drugslibrary@hrb.ie](mailto:drugslibrary@hrb.ie)

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**Copies of this publication can be obtained by contacting:**

**t** +353 1 2345175  
**e** [drugslibrary@hrb.ie](mailto:drugslibrary@hrb.ie)

An electronic copy is available at [www.drugsandalcohol.ie](http://www.drugsandalcohol.ie)

For up-to-date information on courses please see our online directory at [www.drugsandalcohol.ie/courses/](http://www.drugsandalcohol.ie/courses/)

# Introduction

This Directory contains information about courses and training programmes on drug misuse for individuals and agencies interested in developing their knowledge, skills and capacity in this field.

There is a wide variety of training available, ranging from single sessions to courses lasting up to three years. Although some courses do not refer directly to drugs or addiction, they may be of interest to those working in this area. Obviously, the depth of coverage of the issues varies considerably, according to the length of the course and the level at which it is aimed. There are also variations in the training methods and in the underlying principles and approaches to issues in drug misuse. A number of courses are offered by multiple providers, so information on a single course may be provided more than once. This enables local providers to give details which may be of interest to those in their area. Information in the Directory has been supplied by a range of sources and this is reflected in the different writing styles and content.

Courses are aimed at diverse target groups. Some courses are open to anyone in the community who is interested in the issue; others are aimed at those whose work brings them into contact with drug-related issues; and some are aimed at specific groups. The majority of courses listed here do not stipulate formal educational attainments as entry requirements, although a number of more advanced courses do require participants to have some previous knowledge and understanding of relevant issues.

The Directory does not assess or provide information about the quality or relevance of any of the courses listed. Neither the inclusion nor the omission of any course, or the details of any course, should be taken as indicative of any view or opinion of that course held by the staff of the HRB National Drugs Library, the Health Research Board or any other agency.

Information for this publication was taken from our online Directory, and therefore provides a 'snap-shot' of courses available at one particular time. Inevitably, some agencies providing courses and training in drug misuse were overlooked, and new courses are continually being developed. Please consult our website, [www.drugsandalcohol.ie/courses](http://www.drugsandalcohol.ie/courses), for the most up-to-date information.

Course co-ordinators who wish to provide updated information or new courses should contact Mary Dunne [mdunne@hrb.ie](mailto:mdunne@hrb.ie)

# Contents

<b>COURSES</b>	11
A - Basic level courses	12
A00 - DRUG USE, PROBLEMATIC USE AND DEPENDENCE: HOW TO SUPPORT PEOPLE WITH DIFFERENT PROBLEMS.	13
A00 - CANNABIS: ISSUES & RESPONSES.	14
A00 - MOTIVATIONAL INTERVIEWING (LEVEL 1)	16
A00 - MOTIVATIONAL INTERVIEWING (LEVEL 2)	18
A00 - COMMUNITY REINFORCEMENT APPROACH (CRA)	20
A00 - INTRODUCTION TO BENZOS.	22
A00 - ECSTASY: THE NEW REALITY.	23
A01 - STRENGTHENING FAMILIES PROGRAMME	25
A02 - THE CAD EDUCATION DAY	27
A03 - FAMILY FOCUS TUTOR TRAINING PROGRAMME	28
A04 - THE CAD 'FAMILY FOCUS' SIX-SESSION DRUG EDUCATION PROGRAMME	29
A05 - WORKING WITH ADDICTIVE BEHAVIOURS	30
A06 - REPORTING AND DRIVING FOR WORK UNDER THE INFLUENCE OF DRUGS AND ALCOHOL – EMPLOYERS LEGAL OBLIGATIONS. SEMINAR	31
A07 - DEVELOPMENT OF POLICIES AND PROCEDURES FOR WORKPLACE DRUGS AND ALCOHOL	33
A08 - DUN LAOGHAIRE-RATHDOWN DRUG AND ALCOHOL TRAINING COURSES	34
A09 - ASIST (Applied Suicide Intervention Skills Training)	36
A10 - ECO-UNESCO'S DRUG PREVENTION TRAINING FOR TRAINERS : INTRODUCING ENVIRONMENTAL EDUCATION AS A RESOURCE	37
A11 - BRIEF INTERVENTIONS FOR SMOKING CESSATION	38
A12 - DRUG AND ALCOHOL AWARENESS / PREVENTION	39
A13 - DRUG AND ALCOHOL AWARENESS TALK FOR PARENTS	40
A14 - PARENTING COURSE: FOCUS ON DRUG PREVENTION	41
A15 - UNDERSTANDING AND RESPONDING TO SELF-INJURY: A HARM-REDUCATION APPROACH	42
A16 - PARENT TO PARENT PROGRAMME	43
A17 - REHABILITATION, EDUCATION & TRAINING PROGRAMME	44

A18 - MANAGING PROFESSIONAL BOUNDARIES WORKSHOP	45
A19 - HIDDEN SHAME WORKSHOP	47
A20 - PERSONALITIES TYPES AND DISORDERS- UNDERSTANDING THE PSYCHOLOGY: WORKSHOP	48
A21 - DEALING WITH CHALLENGING BEHAVIOUR	49
A22 - KEYWORKING, CARE PLANNING AND CASE MANAGEMENT	51
A24 - INTRODUCTION TO MOTIVATIONAL INTERVIEWING	53
A25 - COGNITIVE BEHAVIOURAL THERAPY – TEACHING PRACTICAL WAYS OUT OF A ‘NEGATIVE THINKING LOOP’	55
A26 - COMMUNITY REINFORCEMENT APPROACH (CRA)	57
A28 - ALCOHOL AWARENESS	59
A29 - BASIC COUNSELLING SKILLS FOR ADDICTION WORKERS	60
A30 - RELAPSE PREVENTION	61
A31 - SUBSTANCE MISUSE	62
A32 - KEYWORKING AND CARE PLANNING	64
A33 - INTRODUCTION TO ADDICTION STUDIES	65
A34 - WORKING WITH ALCOHOL MISUSE	66
A35 - UNDERSTANDING HARM REDUCTION	67
A36 - WOMEN AND SUBSTANCE USE	68
A37 - INTRODUCTION TO COGNITIVE BEHAVIOURAL THERAPY	70
A38 - COMMUNITY REINFORCEMENT APPROACH (CRA)	71
A39 - NEW PSYCHIATRIC SUBSTANCES	72
A40 - CONVERSATIONS WITH OUR COMMUNITY: IMPROVING OUTCOMES FOR PEOPLE WHO USE DRUGS	73
A41 - THE PSYCHODYNAMICS OF ADDICTION	74
A42 - THE PHARMACOLOGY OF ADDICTION	76
A43 - EXPLORING THE EFFICACY OF GROUPWORK AS A MEDIUM FOR CHANGE IN ADDICTION	78
A44 - PATHOLOGICAL GAMBLING: FORCING AN ANSWER OUT OF THE SYMBOLIC GAME	80
A45 - MOTIVATIONAL INTERVIEWING HELPING PEOPLE TO WORK TOWARDS CHANGE	81
A46 - COMMUNITY ADDICTION COURSE	82
A47 - POSITIVE PARENTING FOR CHANGING FAMILIES	83

A48 - FAMILY COMMUNICATIONS: COPING WITH FAMILY LIFE AND COMMUNICATION WITH TEENAGERS - TRAINING FOR TRAINERS	84
A49 - DUBLIN NORTH EAST TASK FORCE COURSES	86
A50 - ADDICTION AND LOSS	87
B - Certificate (NFQ 5 level) courses	89
B01 - SUBSTANCE USE ISSUES IN YOUTH AND COMMUNITY WORK	90
B02 - ADDICTION STUDIES QQI AWARD LEVEL 5	92
B03 - 'THEATRE OF THE OPPRESSED'• FACILITATION SKILLS COURSE	94
B04 - SEXUAL HEALTH AND DRUG AWARENESS: TRAINING FOR TRAINERS PROGRAMME	95
B05 - SAOR SCREENING AND BRIEF INTERVENTION FOR PROBLEM ALCOHOL & SUBSTANCE USE. ONE-DAY COURSE.	96
B06 - CERTIFICATE IN ADDICTION STUDIES	98
B07 - PROFESSIONAL CERTIFICATE IN THE THERAPEUTIC USE OF MINDFULNESS	100
B08 - PRACTITIONERS CERTIFICATE IN COGNITIVE BEHAVIOURAL THERAPY	102
B09 - CERTIFICATE IN COUNSELLING AND PSYCHOTHERAPUETIC STUDIES	104
B10 - CERTIFICATE IN CHILD AND ADOLESCENT COUNSELLING AND PSYCHOTHERAPY	106
B11 - CERTIFICATE IN SUBSTANCE ADDICTION	108
B12 - PROFESSIONAL CERTIFICATE IN COGNITIVE BEHAVIOUR THERAPY	109
B13 - INTRODUCTION TO ADDICTION STUDIES	110
B14 - MINDOUT: MENTAL HEALTH PROMOTION PROGRAMME FOR OUT OF SCHOOL SETTINGS.	111
B15 - APPLIED SOCIAL STUDIES - WITH COUNSELLING & ADDICTION STUDIES	112
B16 - APPLIED SOCIAL STUDIES - YOUNG ADULTS	113
B17 - CPCAB LEVEL 5 DIPLOMA IN COUNSELLING WITH SUBSTANCE MISUSE THEORY & INTERVENTIONS	114
B18 - STRENGTHENING FAMILIES PROGRAMME	116
B19 - ADDICTION STUDIES	117
B20 - COMMUNITY ADDICTION STUDIES	119
B21 - COMMUNITY ADDICTION STUDIES COURSE QQI Award (Minor) Level 5	120
C - Courses leading to a professional or academic qualification (NFQ level 6 and higher)	121
C01 - DIPLOMA IN ADDICTION STUDIES	122



C02 - MASTER OF ARTS (TAUGHT) IN ADDICTION STUDIES	123
C03 - CERTIFICATE IN HOMELESS PREVENTION AND INTERVENTION	125
C04 - MASTERS IN CHILD & ADOLESCENT COUNSELLING & PSYCHOTHERAPY	127
C05 - SUBSTANCE MISUSE AND ADDICTION STUDIES	129
C06 - DIPLOMA IN INTEGRATIVE SUPERVISION	131
C07 - BA DEGREE IN COUNSELLING SKILLS AND ADDICTION STUDIES	133
C08 - B.A (Hons) IN COUNSELLING SKILLS AND ADDICTION STUDIES	135
C09 - MASTERS DEGREE IN COUNSELLING AND PSYCHOTHERAPY	137
C10 - MASTERS DEGREE IN COGNITIVE BEHAVIOURAL THERAPY	139
C11 - MENTAL HEALTH AWARENESS QQI AWARD LEVEL 6	141
C12 - HIGHER DIPLOMA IN SOCIAL POLICY	143
C13 - DIPLOMA IN COMMUNITY DRUG AND ALCOHOL WORK	145
C14 - CERTIFICATE IN ADDICTION STUDIES	147
C15 - DIPLOMA IN ADDICTION STUDIES	148
C16 - MASTER OF PUBLIC POLICY	150
C17 - DIPLOMA IN DRUG AND ALCOHOL STUDIES	152
C18 - BACHELOR OF ARTS IN APPLIED ADDICTION STUDIES AND COMMUNITY DEVELOPMENT	154
C19 - POSTGRADUATE RESEARCH IN DRUG AND ALCOHOL MISUSE	156
C20 - ADDICTION STUDIES CERTIFICATE	157
C21 - NUI DIPLOMA IN ARTS: ADDICTION STUDIES	159
C22 - MSc ADDICTION RECOVERY	160
C23 - MA IN ADVANCED FACILITATION SKILLS FOR PROMOTING HEALTH AND WELL BEING	162
C24 - BA (HONOURS) IN COUNSELLING WITH ADDICTION	164
C25 - BA (HONOURS) IN COUNSELLING WITH ADDICTION. ONE YEAR ADD-ON	165
C26 - FOUNDATION DEGREE IN RESPONDING TO ALCOHOL AND DRUG MISUSE	166
C27 - MASTER OF SCIENCE / POSTGRADUATE DIPLOMA IN THERAPEUTIC INTERVENTIONS FOR ALCOHOL & OTHER DRUGS	168
C28 - MENTAL HEALTH AWARENESS	170
D - Courses for young people	172
D01 - PEER EDUCATION FOR YOUTH: DRUGS AND ALCOHOL	173
D02 - PEER DRUG PREVENTION EDUCATION	174

E - In-service or on-site training	175
E01 - WORKPLACE DRUGS AWARENESS	176
E02 - CAD TAILORED TRAINING	177
E03 - TRAINING FOR TRAINERS	178
E04 - PCI IN-SERVICE TRAINING PROGRAMME	179
F - Distance learning or online courses	180
F01 - QUALITY CHAMPIONS TRAINING	181
F02 - DRUGS AND BEHAVIOUR	183
F03 - GENERAL PSYCHOLOGY	184
F04 - DRUG AND ALCOHOL COUNSELLING	185
F05 - ONLINE POSTGRADUATE DIPLOMA IN SOCIAL POLICY AND PRACTICE.	186
F06 - ONLINE FOUNDATION COURSE IN SUBSTANCE MISUSE	188
F07 - ALCOHOL & DRUG ABUSE	189
F08 - PROFESSIONAL CERTIFICATE IN WOMEN AND SUBSTANCE USE	190
F09 - CERTIFICATE IN APPLIED ADDICTION STUDIES & COMMUNITY DEVELOPMENT	191
<b>PROVIDERS</b>	192
<b>REGIONS</b>	211

# COURSES

# A

Short or basic level courses providing information and/or raising awareness of substance misuse among a general target audience, or developing skills of those working in this field.

# A00

## DRUG USE, PROBLEMATIC USE AND DEPENDENCE: HOW TO SUPPORT PEOPLE WITH DIFFERENT PROBLEMS.

### Course Provider

Western Regional Drugs and Alcohol Task Force

### Address

Unit 6, Galway Technology Park,  
Parkmore, Galway

### Web address

<http://www.wrdatf.ie/>

### Contact Person(s)

**Western Regional Drugs Task Force**

091 480056  
[training@wrdatf.ie](mailto:training@wrdatf.ie)

### Not Active

This course is no longer active, but might be in the future contact the Course Administrator for more information.

### Course aims and objectives

This training has been designed to assist participants to develop a broader understanding of alcohol and drug use and its associated problems. Looking at the recent history of drug use and common understandings of what it is and how to deal with the issue, participants are encouraged to view the issue as another human behaviour which for some people becomes problematic. The training has been designed to illustrate how many helping professions play a role in the prevention of and in the recovery from alcohol and drug problems

### Course content

This course will include:

- The history of understanding drug problems
- Harm Reduction
- What is addiction?
- Historical and current approaches to drug use
- An introduction to Recovery Capital

### Target group

Those interested in learning more about Harm Reduction principles and the utilisation of such approaches.

### Entry requirement

This training is for those living in the West of Ireland, though we will accept trainees from outside who will travel to training.

### Selection procedure

See WRDATF training calendar [www.wrdatf.ie/training-calendars.php](http://www.wrdatf.ie/training-calendars.php)

### Qualification

A Certificate of Attendance will be awarded on completion of the training

### Assessment

n.a.

### Accreditation

n.a.

### Course background

The WRDATF education team provide a wide range of training and education programmes for those living in the west of Ireland.

### Course start date

17 October in Galway

### Course location

West of Ireland

### Application

Complete the general booking form, in the WRDATF training calendar, or email [training@wrdatf.ie](mailto:training@wrdatf.ie)

### Cost

n.a.

**Course Provider**

Western Regional Drugs and Alcohol Task Force

**Address**

Unit 6, Galway Technology Park,  
Parkmore, Galway

**Web address**

<http://www.wrdatf.ie/>

**Contact Person(s)**

**Western Regional Drugs Task Force**

091 480056  
training@wrdatf.ie

**Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

**Course aims and objectives**

This one-day training seeks to provide a detailed introduction to the area and explore the supports that workers within organisations may wish to offer to clients.

The training will be useful to any groups, organisations, companies or clubs who wish to:

- Develop a working knowledge of cannabis related issues.
- Develop approaches to cannabis use with clients that based on harm reduction principles.
- Develop approaches to cannabis use with clients that draws on a strong evidence base

**Course content****Course Content:**

- Cannabis use in Ireland: prevalence figures, myths about cannabis
- Current issues around cannabis use: including new forms of cannabis and changing legislative situation
- Harm reduction strategies to use with clients: an introduction into how MI skills can be used with clients who use cannabis,
- Screening tools such as CUDIT-RTools to approach the issue of cannabis use, especially with young people

**Target group****Entry requirement**

This training is for those living in the west of Ireland, though we will accept trainees from outside the west who are willing to travel to training.

**Selection procedure**

Please see the WRDTF website for a booking form (training calendar)

<http://www.wrdatf.ie/training-calendars.php>

**Qualification**

A Certificate of Attendance will be awarded on completion of the training

**Assessment**

n.a.

**Accreditation**

n.a.

**Course background**

The WRDTF education team provide a wide range of training and education programmes for those living in the west of Ireland.

**Course start date**

25 & 26 September 2018. Contact WRDATF for future dates.

**Course location**

Galway.

**Application**

Please complete the booking form, which can be found in the WRDTF training calendar

**Cost**

n.a.

# A00

## MOTIVATIONAL INTERVIEWING (LEVEL 1)

### Course Provider

Western Regional Drugs and Alcohol Task Force

### Address

Unit 6, Galway Technology Park,  
Parkmore, Galway

### Web address

<http://www.wrdatf.ie/>

### Contact Person(s)

**Western Regional Drugs Task Force**

091 480056  
[training@wrdatf.ie](mailto:training@wrdatf.ie)

### Not Active

This course is no longer active, but might be in the future contact the Course Administrator for more information.

### Course aims and objectives

Motivational Interviewing (MI) is evidence-based psychological treatment that aims to help people increase their motivation to change.

Learning outcomes:

- To have some understanding of the theory of MI
- To have some understanding of the skills of MI
- To have experience practicing the skills of MI
- To have some ideas on how MI could be used in their work with service users

### Course content

This short, two-day, course will be based upon the recent developments in MI and follow the Engaging, Focusing, Evoking & Planning format developed by Miller & Rollnick in their recent book *Motivational Interviewing, Helping People Change* (3rd Ed). Participants will be exposed to the fundamental spirit and skills of MI and will have an opportunity to observe, discuss and practice a range of MI skills. Participants will also have the opportunity to discover ways to apply MI within their own work context.

### Target group

Staff who work with service users who may need to make some changes to reduce the frequency or intensity of problems in their lives. This could include workers from social care, family support, employment support, vocational training, criminal justice, probation, education, housing support and general health care services.

### Entry requirement

Training is for those living in the west of Ireland, though we will accept trainees from outside who are willing to travel.

### Selection procedure

Further inquiries to Brendan Murphy: Regional Training Officer, HSE West Drugs Service, Hill House, Mountainview, Castlebar, Co Mayo, 094 9049231, [Brendan.murphy@hse.ie](mailto:Brendan.murphy@hse.ie)

See also the WRDTF website booking form (see training calendar) [www.wrdatf.ie/training-calendar.php](http://www.wrdatf.ie/training-calendar.php)

### Qualification

Certificate for attendance on completion.

### Assessment

n.a.

### Accreditation

n.a.

### Course background

The WRDTF education team provide a wide range of training and education programmes for those living in the west of Ireland.

### Course start date

4 & 5 September 2018

### Course location

Mayo

### Application

Complete the general booking form, which can be found in the WRDTF training calendar.



**Cost**

n.a.

**Course Provider**

Western Regional Drugs and Alcohol Task Force

**Address**

Unit 6, Galway Technology Park,  
Parkmore, Galway

**Web address**

<http://www.wrdatf.ie/>

**Contact Person(s)**

**Western Regional Drugs Task Force**

091 480056  
training@wrdatf.ie

**Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

**Course aims and objectives**

Motivational Interviewing (MI) is evidence-based psychological treatment that aims to help people increase their motivation to change.

Learning outcomes:

- To gain a better understanding of the theory of MI
- To increase their fluency in the language of MI
- To increase their level of the skill in using MI
- To further practice the skills of MI on more complex cases
- To have a better idea on when to and when not to use MI skills with service users

**Course content**

This short course will be based upon the recent developments in MI and follow the Engaging, Focusing, Evoking & Planning format developed by Miller & Rollnick in their recent book *Motivational Interviewing, Helping People Change* (3rd Ed). Participants will be exposed to the further aspects of MI and will have an opportunity to observe, discuss and practise a range of MI consistent responses to difficulties that they have encountered while working with their service users. Participants will also have the opportunity to discuss changes in their practice since they completed the Level 1 MI course and discover ways to enhance and support changes that their service users have already made.

**Target group**

Those who have completed level 1 Motivational Interviewing.

**Entry requirement**

Attendance at level 1 MI course. Training is for those living in the west of Ireland, though we will accept trainees from outside who are willing to travel.

**Selection procedure**

Further inquiries to Brendan Murphy, Regional Training Officer, HSE West Drugs Service, Hill House, Mountainview, Castlebar, Co Mayo, 094 9049231 or [Brendan.murphy@hse.ie](mailto:Brendan.murphy@hse.ie)  
See the WRDTF website booking form (in training calendar)  
<http://www.wrdatf.ie/training-calendars.php>

**Qualification**

Certificate for attendance for completion of the two day course

**Assessment**

n.a.

**Accreditation**

n.a.

**Course background**

The WRDTF education team provide a wide range of training and education programmes for those living in the west of Ireland.

**Course start date**

10 & 11 October 2018. Contact the WRDTF for future dates

**Course location**

Castlebar, Co. Mayo

**Application**

Complete the booking form in training calendar (stating the name of the course) and return to: Training. WRDTF, or email: [Training@wrdf.ie](mailto:Training@wrdf.ie)

**Cost**

n.a.

# A00

## COMMUNITY REINFORCEMENT APPROACH (CRA)

### Course Provider

Western Regional Drugs and Alcohol Task Force

### Address

Unit 6, Galway Technology Park,  
Parkmore, Galway

### Web address

<http://www.wrdatf.ie/>

### Contact Person(s)

**Western Regional Drugs Task Force**

091 480056  
[training@wrdf.ie](mailto:training@wrdf.ie)

### Not Active

This course is no longer active, but might be in the future contact the Course Administrator for more information.

### Course aims and objectives

The Community Reinforcement Approach (CRA) is a comprehensive behavioural program for treating alcohol and other drug problems. CRA is an evidence based approach for helping people overcome alcohol and other drug related problems. It is based on the theory that environmental contingencies can play a powerful role in encouraging or discouraging drinking or other drug use. Consequently, it utilises social, recreational, familial, and vocational reinforcers to assist clients in the recovery process. Its goal is to make a sober lifestyle more rewarding than the use of substances.

The course fulfils the basic training requirement for participant to go on and seek accreditation as a CRA Therapist. Additional study and supervised practice will be required in order to achieve accreditation as a CRA Therapist.

### Course content

The course fulfils the basic training requirement for participant to go on and seek accreditation as a CRA Therapist. Additional study and supervised practice will be required in order to achieve accreditation as a CRA Therapist.

### Target group

Participants must be working with an active caseload of clients in a key working or counselling capacity who may need to make some changes to their alcohol or other drug use. Ideally, participants will be open to continue on with training to become proficient in the use of CRA reaching a standard for accreditation.

### Entry requirement

See target group. Training is for those living in the west of Ireland, though we will accept trainees from outside who are willing to travel.

### Selection procedure

Inquiries to Brendan Murphy, Regional Training Officer, 094 9049231 [Brendan.murphy@hse.ie](mailto:Brendan.murphy@hse.ie)

See the WRDTF training calendar for booking form [www.wrdf.ie/training-calendar.php](http://www.wrdf.ie/training-calendar.php)

### Qualification

A Certificate of Attendance will be awarded on completion of the training.

### Assessment

n.a.

### Accreditation

n.a.

### Course background

The WRDTF education team provide a wide range of training and education programmes for those living in the west of Ireland.

### Course start date

20, 21 & 22 November 2018. Contact the WRDTF for future dates.

### Course location

Galway

### Application

Complete booking form in the WRDTF training calendar and return to WRDTF or email: [Training@wrdf.ie](mailto:Training@wrdf.ie)

**Cost**

n.a.

**Course Provider**

Western Regional Drugs and Alcohol Task Force

**Address**

Unit 6, Galway Technology Park,  
Parkmore, Galway

**Web address**

<http://www.wrdatf.ie/>

**Contact Person(s)**

*Western Regional Drugs Task Force*

091 480056  
training@wrdatf.ie

**Course aims and objectives**

This introductory workshop is aimed at those interested in understanding benzodiazepine Drugs, their effects and issues.

This exploratory workshop will be interactive and will address the following components:

- What Benzos are & why they are used.
- The expected and unexpected effects of Benzos.
- Consideration of Benzo related issues and support.

**Course content****Course Content:**

The workshop aims to provide you and your organisation with;

- An basic understanding of Benzodiazepines.
- An understanding of these drugs and why they are used.
- Knowledge of Benzos related concerns and where to access support.

**Target group**

Those interested in developing a basic awareness of Benzodiazepine drugs and related issues. Suitable for members of the community, youth workers, Parents, anyone with an interest in understanding Benzos.

**Entry requirement**

This training is for those living in the West of Ireland, though we will accept trainees from outside the west who are willing to travel to training.

**Selection procedure**

See the WRDATF website for more information and booking form (training calendar) [www.wrdatf.ie/training-calendars.php](http://www.wrdatf.ie/training-calendars.php)

**Qualification**

A Certificate of Attendance will be awarded on completion of the training.

**Assessment**

n.a.

**Accreditation**

n.a.

**Course background**

The WRDATF education team provide a wide range of training and education programmes for those living in the west of Ireland.

**Course start date**

23 October 2018 in Roscommon. 11 December 2018 in Tuam. 18 December 2018 in Mayo

**Course location**

West of Ireland.

**Application**

Complete the booking form, which can be found in the WRDATF training calendar or email: [training@wrdatf.ie](mailto:training@wrdatf.ie)

**Cost**

n.a.

**Course Provider**

Western Regional Drugs and Alcohol Task Force

**Address**

Unit 6, Galway Technology Park,  
Parkmore, Galway

**Web address**

<http://www.wrdatf.ie/>

**Contact Person(s)**

**Western Regional Drugs Task Force**

091 480056  
training@wrdatf.ie

**Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

**Course aims and objectives**

This one-day training seeks to provide a detailed introduction to the area and explore the supports that workers within organisations may wish to offer to clients.

The training will be useful to any groups, organisations, companies or clubs who wish to:

- Develop a working knowledge of cannabis related issues.
- Develop approaches to cannabis use with clients that based on harm reduction principles.
- Develop approaches to cannabis use with clients that draws on a strong evidence base

**Course content****Course Content:**

- Cannabis use in Ireland: prevalence figures, myths about cannabis
- Current issues around cannabis use: including new forms of cannabis and changing legislative situation
- Harm reduction strategies to use with clients: an introduction into how MI skills can be used with clients who use cannabis,
- Screening tools such as CUDIT-RTools to approach the issue of cannabis use, especially with young people

**Target group**

Any professional or volunteer who comes into contact with clients whose lives are being affected by its consumption may benefit from the course. This could include workers from social care, family support, employment support, vocational training, criminal justice, probation, education, housing support, general health care and mental health services

**Entry requirement**

This training is for those living in the West of Ireland, though we will accept trainees from outside the west who are willing to travel to training.

**Selection procedure**

Limited to 17 places. See the WRDATF website for more information and booking form (see training calendar) [www.wrdatf.ie/training-calendars.php](http://www.wrdatf.ie/training-calendars.php)

**Qualification**

A Certificate of Attendance will be awarded on completion of the training.

**Assessment**

n.a.

**Accreditation**

n.a.

**Course background****Course start date**

4 October 2018 in Galway. 12 December in Roscommon

**Course location**

West of Ireland

**Application**

Complete the general booking form, which can be found in the WRDATF training calendar or email: [training@wrdf.ie](mailto:training@wrdf.ie)

**Cost**

n.a.



**Course Provider**

Le Cheile

**Address**

24 Tivoli Terrace South,  
Dun Laoghaire  
Co. Dublin

**Web address**

<http://www.lecheile.ie>

**Contact Person(s)**

*Le Cheile Mentoring Project*

01 214 4350  
[info@lecheile.ie](mailto:info@lecheile.ie)

**Course aims and objectives**

Strengthening Families Programme (SFP 12-16 yrs) is a 14 session family skills training programme for families. SFP has been proved to help build communication skills, family and behaviour management and have fun in the process! It is designed to give parents and their children the opportunity to learn new, healthy communication skills that create positive relationships within families. These new skills also assist and reduce the risk of young people getting involved in adverse behaviours.

SFP skills are not special skills for deficient families; SFP skills are for all families, but presented in a way to make them accessible to high stress families. All groups are run by facilitators who have trained in SFP and have experience of working with children and families in the community.

**Course content**

- The group meet for two and a half hours once a week
- On the evening, three classes are run: parent skills training, teen skills training and family life skills training.
- Families meet for the first half hour for a community dinner to meet with group leaders and other families in the group.
- After dinner, for the first hour families separate into two groups for parents/caregivers and for teens.

In the second hour, families will join together to discuss and practice skills as a whole group

In the parents group, parents will learn new skills to increase better behaviours in their teens through:

- Attention
- Rewards
- Clear communication
- Substance use education
- Problem solving
- Limit setting

In the teen group, skills are present on how to:

- Communicate positively
- Understand feelings
- Cope with criticism
- Manage stress
- Develop social skills
- Learn problem solving
- Deal with peer pressure
- Understand the consequences of substance abuse
- How short term consequences affect long term dreams and goals.

Benefits for families

- Increased family quality time
- Learn better communication skills
- Coping with anger and criticism
- Stress management
- Coping peer pressure
- Helps to prevent substance abuse, conduct disorders and depression in teens
- Improve parenting skills and family relationships
- Incentives for attendance, positive participation, homework completion and graduation.

Weekly family support

Through the running of the programme, families will link in on a weekly basis with their Link Person or Referral Agent in order to receive support and guidance around the content of the programme for that week.

A Link Person is a professional that will offer to

say in contact with the referred family to cover any material with them, to check their understanding of the programme and try to address any difficulties that are arising within the programme. Referral Agents can and have in the past also acted in this capacity.

### **Target group**

The Strengthening Families Programme is a 14 week family skills programme for the entire family.

### **Entry requirement**

Families. There is childcare available for children aged 4-11 years, and transport can be provided to families who may find it difficult to travel to the programme. There is a meal provided every night for all the family to enjoy before the session starts.

### **Selection procedure**

Families may be referred by a 'referral agent' e.g. a probation officer.

For more information about the programme, for both families and referrers

visit

[www.lecheile.ie/category/what-we-do/strengthening-families-programme/](http://www.lecheile.ie/category/what-we-do/strengthening-families-programme/)

### **Qualification**

n.a.

### **Assessment**

n.a.

### **Accreditation**

n.a.

### **Course background**

This programme was developed by Dr. Karol L. Kumpfer and associates at the University of Utah in 1982.

### **Course start date**

Contact your local Le Cheile Mentoring Project Co-ordinator

### **Course location**

Various locations, see co-ordinators webpage

### **Application**

A wide variety of professionals from the community are involved in running the programme, including youth workers, health

promotion works, volunteers, counsellors, social workers and community Garda.

### **Cost**

n.a.

# A02 THE CAD EDUCATION DAY

**Course Provider**

Community Awareness of Drugs

**Address**

31 Central Hotel Chambers, Dame Court, D2

**Web address**

<http://www.cadaboutdrugs.ie>

**Contact Person(s)**

*Training co-ordinator*

01 878-3656

[info@cadaboutdrugs.ie](mailto:info@cadaboutdrugs.ie)

**Course aims and objectives**

To provide former participants with an opportunity to access information on drugs from invited experts. In addition, to up-skill on family-related matters from a variety of guest speakers and to listen to shared personal experiences on the topic of drug use and dependency.

**Course content**

Content varies by year.

**Target group**

Past participants of our 'Parenting for prevention' programme and invited guests

**Entry requirement**

None

**Selection procedure**

None

**Qualification**

n.a.

**Assessment**

n.a.

**Accreditation**

n.a.

**Course background**

Our education days have been held since 1994. The 2008 update day co-incided with our 25th anniversary celebrations.

**Course start date**

Please contact CAD for next update day.

**Course location**

Dublin

**Application**

Contact the CAD Office

**Cost**

€10.00 to secure a place

**Course Provider**

Community Awareness of Drugs

**Address**

31 Central Hotel Chambers, Dame Court, D2

**Web address**<http://www.cadaboutdrugs.ie>**Contact Person(s)***Training co-ordinator*

01 878-3656

[info@cadaboutdrugs.ie](mailto:info@cadaboutdrugs.ie)**Course aims and objectives**

The aim of the Family Focus Tutor Training programme is to provide community workers with an evidence-based drug education programme designed to support parents. Evidence suggests the provision of information on substance use to parents reduces the risk of substance use amongst adolescents and young people (NACD 2010). CAD's goal is to extend our reach to parents by training community workers to lead Family Focus programmes in their local communities.

**Course content**

The Family Focus Tutor Training programme is an evidence-based model that teaches community workers and volunteers to deliver CAD's Family Focus programme in drug education and prevention strategies. Delivered by CAD Tutors, the Tutor Training programme is now a 3 day training programme consisting of up-to-date drug information, plan preparation, and strategy.

**Target group**

The model is aimed at training community workers to deliver our Family Focus Drug Prevention Programme.

**Entry requirement**

The Family Focus Tutor Training Programme adopts a health promotion perspective and updates trainees on current drug use and trends with a view to enabling them to become more informed and confident in their role as drug educators. In addition to course content, the programme focuses on developing key facilitation skills such as managing the group dynamic, encouraging group discussion and brain storming techniques. A minimum requirement of certificate level in addiction studies or equivalent is

recommended.

**Selection procedure**

See the website for more details

[http://www.cadaboutdrugs.ie/?page\\_id=2695](http://www.cadaboutdrugs.ie/?page_id=2695)

**Qualification**

n.a.

**Assessment**

n.a.

**Accreditation**

n.a.

**Course background**

Through partnership with Local and Regional Drug Task Forces, CAD is committed to integrating its drug prevention education in line with existing provision of services and support for parents. In 2013, CAD was invited by North East Regional Drug Task Force (NERDTF) to train community workers and agency staff in its Family Focus drug prevention education programme. A pilot programme funded by the National Lottery took place in Cavan, Monaghan, Louth and Meath and a full evaluation was completed in January 2016.

**Course start date**

Contact CAD for dates.

**Course location**

Dublin

**Application**

Contact CAD Co-ordinating Office.

**Cost**

Details from CAD.

**Course Provider**

Community Awareness of Drugs

**Address**

31 Central Hotel Chambers, Dame Court, D2

**Web address**<http://www.cadaboutdrugs.ie>**Contact Person(s)***Training co-ordinator*

01 878-3656

[info@cadaboutdrugs.ie](mailto:info@cadaboutdrugs.ie)**Course aims and objectives**

To provide participants with an opportunity to: update information on drugs and their effects; explore attitudes and decisions about substance misuse; and develop a family-orientated drug prevention strategy.

**Course content**

Discussion topics include:

- Drug-use prevalence
- Drug prevention (broadly defined)
- Drugs and their effects
- Safety audit in the family home
- Parenting-related confidence building
- Active listening
- Health promotion
- Harm reduction
- The gateway theory
- The wheel of change
- Drug-related laws
- Mental health matters
- Sexual health matters
- Information sources
- Treatment options
- Risk and protective factors

**Target group**

Parents or guardians, other adults

**Entry requirement**

None

**Selection procedure**

None. See course website for further details:  
[www.cadaboutdrugs.ie/](http://www.cadaboutdrugs.ie/)

**Qualification**

n.a.

**Assessment**

n.a.

**Accreditation**

n.a.

**Course background**

The course was launched during European Drug Prevention Week in October 1992. It was first offered in September 1993.

**Course start date**

Contact CAD office.

**Course location**

Local community level cross task-force basis  
Leinster

**Application**

Contact CAD Office.

**Cost**

€380.00 per six-session programme, if there is no sponsorship available.

**Course Provider**

PCI College

**Address**

Corrig House, Old Naas Road, Clondalkin,  
Dublin 22

**Web address**

<http://www.pcicollege.ie>

**Contact Person(s)**

**Kelley Farrell**

*Enquiries*

01 464 2268

[info@pcicollege.ie](mailto:info@pcicollege.ie)

**Course aims and objectives**

One day workshop using an integrative cognitive behavioural approach.

The aim is to become more confident about common behavioural addictions such as:

- Sexual addiction/compulsivity
- Compulsive gambling
- Food addiction
- Computer/gaming/online addictions

Participants will gain familiarity with an Integrative CBT model of addiction and its application.

**Course content**

The workshop will explore these questions, which follow the 5 Levels of Integrative CBT:

1. How do I best connect with an addicted person, and form a therapeutic relationship with them?
2. What are the immediate problems/ consequences/ damages that need action?
3. What is the typical individual psychology/ psychopathology of an addicted person? What are their typical cognitive distortions, automatic thoughts, compensatory behaviours, maintaining cycles?
4. What are the developmental sources of the client's addiction? How do they see the world, what are their core beliefs?
5. What core human issues are they struggling with, in addiction and in recovery?

Common themes and relevant differences between the various common addictions will also be explored.

**Target group**

Those with an interest in an Integrative CBT model of addiction.

**Entry requirement**

Qualification in counselling, psychotherapy or other qualified helping professionals with therapeutic experience and students currently in training. Entry is by application form.

**Selection procedure**

Completion of application form, and payment. For more information on the workshop see

[www.pcicollege.ie/cpd-course/working-with-addictive-behaviours](http://www.pcicollege.ie/cpd-course/working-with-addictive-behaviours)

**Qualification**

Attendance certificate

**Assessment**

n.a.

**Accreditation**

n.a.

**Course background**

See website for details.

**Course start date**

To be confirmed

**Course location**

Clondalkin, Dublin West. Training also takes place in Cork and Limerick.

**Application**

Application forms available by email or from website.

**Cost**

€100 (€80/90 for students/graduates of PCI)

**Course Provider**

EAP Institute

**Address**

143 Barrack Street, Waterford

**Web address**<http://www.eapinstitute.com>**Contact Person(s)****Anita Furlong**

Conference Administrator

051 855 733

[anita@eapinstitute.com](mailto:anita@eapinstitute.com)**Course aims and objectives**

At the end of this training delegates will have knowledge of:

- Assessing the risks from workplace intoxicants.
- How to develop a workplace intoxicant policy.
- Managing reasonable suspicion and reasonable accommodation.

**Course content****Removal from place of work**

From the 1st of Sept 2005 Employers may remove an employee from their place of work if he or she would be a danger to themselves or others due to being under the influence of an intoxicant to the extent that he or she is in such a state as to endanger his or her own safety, health or welfare at work or that of any other person.

**Health and safety authority (HSA) information sheet on intoxicants**

The information sheet on intoxicants at work published by the Health and Safety Authority in September 2011, states that if an employer has reason to believe that an employee is in a drowsy state as a result of medication, which would impact on the safe operation of machinery, action should be taken to remove the employee from the risk.

**Assessing the risks**

Risk assessments should be conducted to identify safety critical industries or safety critical tasks within companies where the consumption of intoxicants could endanger staff or other. Control measures should be specified in the safety statement.

**Target group**

Human resource managers, health and safety managers and employee assistance professionals

**Entry requirement**

Interest in workplace drugs and alcohol programmes

**Selection procedure**

See course website for more

details: <http://eapinstitute.com/drugalcohol.php>

**Qualification**

n.a.

**Assessment**

n.a.

**Accreditation**

n.a.

**Course background**

Background to the Legislation

The Safety, Health and Welfare at Work Act 2005 took effect on 1st September 2005. Section 13(1)b of the Act contains a provision on drugs and alcohol and states that an employee shall while at work:-

Ensure that he or she is not under the influence of an intoxicant (defined as including drugs and alcohol and any combination of drugs or of drugs and alcohol) to the extent that he or she is in such a state as to endanger his or her own safety, health or welfare at work or that of any other person.

Section 13(1) b of the Act applies to legal drugs including alcohol, prescribed medication and over the counter drugs which could cause drowsiness and pose a risk to employees working in safety critical industries such as transportation, air-sea-rail, construction, manufacturing and health-care.

**Course start date**

See website for upcoming dates.

**Course location**

Various locations around Ireland

**Application**

Through website, phone, email or post to contact person listed above.

**Cost**

€350.00



**Course Provider**

EAP Institute

**Address**

143 Barrack Street, Waterford

**Web address**<http://www.eapinstitute.com>**Contact Person(s)****Anita Furlong**

Conference Administrator

051 855 733

[anita@eapinstitute.com](mailto:anita@eapinstitute.com)**Course aims and objectives**

The objective of the training programme is to develop the following:

- Policies and Procedures for responding to workplace intoxicants (defined as drugs and alcohol).
- Conducting intoxicant risk assessment and control measures.
- Managing reasonable suspicion for managers and supervisors (when an employee reports for or is on duty under the influence of an intoxicant).
- Health surveillance for intoxicants, employee information, employee support services and employee assistance programmes.
- Procedures for intoxicant testing.

**Course content**

Over the past number of years the EAP Institute has developed a prominent position in the provision of consulting and training for companies who wish to comply with Section 13(1) b of the Safety, Health and Welfare at Work Act 2005. This section of the Act requires that, where a manager or supervisor has reasonable suspicion that an employee reports for or is on duty is under the influence of an intoxicant (defined as drugs and alcohol or any combination of drugs or alcohol) they may be removed from their place of work.

Employers are required to provide reasonable accommodation when employees are removed from their place of work. This requires an objective assessment, to determine if the employee is suffering from a disability and afforded, when appropriate, the opportunity for treatment and rehabilitation.

**Target group**

Employers

**Entry requirement**

n.a.

**Selection procedure**

For further information about the course, visit the website

- [www.eapinstitute.com/trainingenquiry.php](http://www.eapinstitute.com/trainingenquiry.php)

**Qualification**

n.a.

**Assessment**

n.a.

**Accreditation**

n.a.

**Course background**

n.a.

**Course start date**

Contact EAP for future dates. Drugs and alcohol at work – managing reasonable suspicion seminar, Dublin 18 Sept 2019 and Cork 14 November 2019.

**Course location**

Various locations

**Application**

1. Book on line at [www.eapinstitute.com](http://www.eapinstitute.com) 2. By Tel: 051 855733 3. By Fax: 051 879626 4. By Post: Complete the registration form and send with payment

**Cost**

Contact EAP

**Course Provider**

Southside Community Training Network

**Address**

The Old Post Office, 7 Rock Hill, Main Street,  
Blackrock, Co. Dublin

**Web address**

<http://www.southsidepartnership.ie/index.php/training-network>

**Contact Person(s)**

**Sandra Campbell**

01 209 0610

sandra.campbell@sspship.ie

**Course aims and objectives**

Southside Community Training Network (SCTN) focuses on building community capacity through the provision of quality, affordable training courses to individuals and groups working within Dún Laoghaire-Rathdown.

**Course content**

The SCTN have organised the following training courses in the past:

**Alcohol and its effects on our community**

Designed to entertain, provoke and educate this workshop will invite those attending to explore the world of a 12 year old girl to cope with the worries and fears of living in a world where alcohol abuse is the norm. The workshop will start off with a short 30 minute play

**Community addiction studies course (a one module course at FETAC level 5)**

The purpose of this course is to enable participants to learn about drugs and their effects, develop an understanding of addiction, examine their own attitudes, become more effective in their personal responses and develop the skills and knowledge to become more effective in responding to drug misuse in their own communities.

**Drug awareness training course**

This course is suitable for those 18 years and over who are interested in learning about drugs and their effects, both on the individuals who use them and the wider community. The course runs for six consecutive weeks and a Certificate of Attendance will be given to participants on completion.

**Motivational Interviewing (Introduction course)**

Participants will acquire a solid base of MI theory, explore MI spirit, investigate opening strategies, intervention traps, explore resistance, develop and integrate skills and techniques to progress competency. This workshop will benefit any professionals working with people where behaviour change would be favourable.

Managing organisations in the community sector National College of Ireland and Citywide Drugs Crisis Campaign, have offered this part-time work-based course. It has been developed for front line managers of community based drug projects who wish to develop their knowledge to successfully manage and lead in this complex and challenging environment.

**Parachute programme**

A one-day training event for the delivery of Drug Misuse Prevention through play for 5-12 year olds. The programme is divided into three age appropriate modules which are based on the use of play to explore the ideas of: self esteem, staying safe, being healthy, being aware of drugs

**Two day training in drug prevention & education.**

- Quality standards in substance use education

The Manual was developed by the Drug Education Workers Forum as a way of standardising substance use education within the community, voluntary and statutory sector. Standards within substance use education may include educational programmes, policies and guidelines..

**• Putting the pieces together: a drug & alcohol resource for trainers**

The aim of the Manual is to provide a practical approach to working with young people (in an out of school setting), parents and communities

affected by drug use. The objectives are to increase knowledge and understanding, challenge attitudes, develop skills in delivering substance use education, and give an introduction into the use of brief interventions.

### **Target group**

SCTN courses are open to all those living or working within Dún Laoghaire-Rathdown. Priority will be given to those who work within areas and communities of disadvantage.

### **Entry requirement**

n.a.

### **Selection procedure**

Visit the website for details about upcoming courses  
<http://www.southsidepartnership.ie/index.php/training-network> or contact Dun Laoghaire Rathdown Local Drugs and Alcohol Taskforce at [dlralcoholanddrugs@gmail.com](mailto:dlralcoholanddrugs@gmail.com) or 01 7060125

### **Qualification**

Not applicable

### **Assessment**

n.a.

### **Accreditation**

n.a.

### **Course background**

We organise training based on the needs of the organisations with which we work. Since we work with a diversity of organisations, our calendar is diverse. Courses are often on issues related to childcare, accounting, grant-writing, web work and health and safety, as well as around topics, like substance abuse or domestic violence.

Many of our courses are FETAC (or otherwise) accredited. Our trainers are experts in their fields. SCTN pays full price for the training and charges the learner a greatly reduced, subsidised price.

### **Course start date**

Contact SCTN or see website for details.

### **Course location**

All of our training will take place within the local community (Dun Laoghaire/Rathdown) to facilitate easy access. If a group has an interest in any particular course, we will make every effort to

accommodate their request.

### **Application**

Contact SCTN

### **Cost**

Details from SCTN. Dun Laoghaire Rathdown Task Force provide some education bursaries for recovering drug users resident in their area. Please see <http://dlrdrugtaskforce.ie/> for details.

**Course Provider**

National Youth Council of Ireland

**Address**

3 Montague Street  
Dublin 2  
Ireland

**Web address**

<http://www.youth.ie/training>

**Contact Person(s)****Training Administrator**

Training Administrator  
01-478 4122  
[training@nyci.ie](mailto:training@nyci.ie)

**Course aims and objectives**

This is a two day intensive, interactive workshop where participants develop their skills through simulations and role-playing in order to become more ready, willing and able to help people at risk of suicide.

**Course content**

Learning outcomes:

- To recognise that caregivers and persons at risk are affected by personal and societal attitudes about suicide.
- To learn how to discuss suicide with a person at risk in a direct manner.
- To be able to identify risk alerts and develop safe plans related to them.
- To demonstrate the skills required to intervene when a person is at risk of suicide.
- To become familiar with the types of resources available to a person at risk of suicide, including themselves.
- To make a commitment to improving community resources.

This training is available on demand or tailored to need.

**Target group**

This course is designed for all caregivers which includes professionals, paraprofessionals and lay people. It is suitable for mental health professionals, nurses, physicans, teachers, counsellors, youth workers, police and correctional staff, school support staff, clergy and community volunteers.

**Entry requirement**

n.a.

**Selection procedure**

For more details about the course, visit the website

<http://www.youth.ie/nyci/ASIST-Applied-Suicide-Intervention-Skills-Training>

**Qualification**

n.a.

**Assessment**

n.a.

**Accreditation**

n.a.

**Course background**

Courses have been run for a number of years.

**Course start date**

This two day workshop is available on demand. Contact NYCI for details.

**Course location**

Various locations

**Application**

Obtain an application form by downloading from the website, or by contacting NYCI's Training Administrator on 01 478 4122 or e-mail [training@nyci.ie](mailto:training@nyci.ie).

**Cost**

Contact NYCI for details.

**Course Provider**

ECO-UNESCO

**Address**

'the greenhouse', 17 St., Andrew St., Dublin 2

**Web address**<http://www.ecounesco.ie>**Contact Person(s)****Armin Krautgasser***Drugs Education Officer*

01 662 5491

training@ecounesco.ie

**Course aims and objectives**

By the end of the training participants will:

- Be confident in developing an alternative approach to drug misuse prevention through environmental education
- Be confident in facilitating life skill development in young people using interactive education methodologies and motivational activities
- Be able to facilitate personal development in young people through their engagement with the environment (practical project work)
- Be confident and able to use the ECO-CHOICES resource pack (incl. in training fee)

**Course content**

This short course explores an alternative approach to drug misuse prevention using environmental education as a resource for positive personal development of young people.

**Target group**

Community workers, youth workers. This training is particularly suited for those working with "at-risk" young people and SPHE teachers.

**Entry requirement**

Participants do not need to have any prior experience or training.

**Selection procedure**

For more information on the course, see [www.ecounesco.ie/eco-unesco-s-drug-prevention-training-for-trainers-introducing-environmental-education-as-a-resource](http://www.ecounesco.ie/eco-unesco-s-drug-prevention-training-for-trainers-introducing-environmental-education-as-a-resource)

**Qualification**

n.a.

**Assessment**

n.a.

**Accreditation**

n.a.

**Course background**

This training was first run in 2006.

**Course start date**

Please contact ECO UNESCO for future dates.

**Course location**

The Greenhouse, 17 St Andrews Street, Dublin 2 (scheduled day trainings). Training at other venues in Ireland can be provided on request to a minimum of 6 and maximum of 20 participants (special group fee applies; contact ECO-UNESCO for details).

**Application**

Details from training@ecounesco.ie or 01 662 5491 or see website for booking form

**Cost**

ECO-UNESCO members - €70.00; Community and voluntary sector - €80.00; Statutory and others - €90.00 (includes ECO-CHOICES resource pack) Two people from the same organisation pay €100

**Course Provider**

Health Service Executive

**Address**

Health Promotion Service, 1st floor, Unit 4,  
Nexus Building, Blanchardstown Corporate Park,  
Dublin 15

**Web address****Contact Person(s)**

*Fiona Walsh Maher*

021 4921641  
fiona.walsh4@hse.ie

**Course aims and objectives**

The programme aims to up-skill participants in using the evidence based Brief Intervention Framework with all tobacco users.

**Course content**

Course content:

- The health effects of tobacco and the benefits of quitting
- Raising the issue of tobacco use with patients
- Principles of a motivational approach to enhance client centred practice
- Coping with withdrawal symptoms
- Nicotine replacement therapy
- Smoking cessation services and supports

**Target group**

Any healthcare professional in a position to raise the issue of smoking use within their professional role and to support positive behaviour change such as nurses, midwives, allied health professionals, pharmacists etc.

**Entry requirement**

This course is for Health Professionals only.

**Selection procedure**

Contact Fiona Walsh Maher. See website for more details: [www.hse.ie/bitobacco](http://www.hse.ie/bitobacco)

**Qualification**

n.a.

**Assessment**

n.a.

**Accreditation**

Category 1 approval 6CEU's for registered nurses and midwives and 5.5 external credits for registered doctors/ consultants

**Course background**

n.a.

**Course start date**

Contact course coordinator

**Course location**

Cork and Kerry. Can also be delivered on-site or at agreed locations on demand.

**Application**

Please contact Fiona Walsh Maher Tel: 021 4921641 or Email: [fiona.walsh4@hse.ie](mailto:fiona.walsh4@hse.ie) to request an application form or for link to Online booking as applications can now be made online.

**Cost**

n.a.

**Course Provider**

HOPE (Hands On Peer Education)

**Address**

Killarney Court, Buckingham Street, Dublin 1

**Web address**

<https://www.hopehandson.com/>

**Contact Person(s)**

**Irene Crawley**

*Manager*

01 887 8404

hopehandson@yahoo.ie or hopehandson@gmail.com

**Course aims and objectives**

Aim: Raise awareness of alcohol and drug use and related issues

Objectives:

- For participants to become familiar with the process of addiction
- To gain knowledge of different drugs and their effects
- To become familiar with early detection and intervention
- Information on treatment and support available

**Course content**

- Introduction to basic concepts of addiction
- Detection of early signs and symptoms
- Familiarisation with commonly used drugs and alcohol
- The family in addiction
- Treatment models
- Intervention skills
- Prevention with youth
- Role play, film and speakers

**Target group**

The course is open to anyone in the community

**Entry requirement**

Aged 18 or over

**Selection procedure**

Telephone interview

**Qualification**

Certificate of attendance

**Assessment**

Group assessment at end of course

**Accreditation**

n.a.

**Course background**

This course runs several times a year, or as requested by local groups.

**Course start date**

The course is 16 hours and can be structured as requested.

**Course location**

Various

**Application**

Details from contact person listed above

**Cost**

Free for members of the community; a donation may be requested from professionals.



# A13

## DRUG AND ALCOHOL AWARENESS TALK FOR PARENTS

### Course Provider

HOPE (Hands On Peer Education)

### Address

Killarney Court, Buckingham Street, Dublin 1

### Web address

<https://www.hopehandson.com/>

### Contact Person(s)

**Irene Crawley**

*Manager*

01 887 8404

hopehandson@yahoo.ie or hopehandson@gmail.com

### Course aims and objectives

Aim: Raise awareness of alcohol and drug use among young people

Objectives: For participants to gain a brief overview of the process of substance use, drugs and their effects, intervention, treatment and support available

### Course content

Brief description of:

- Process of addiction
- Alcohol, cannabis and solvent use
- Signs and symptoms
- Prevention tips with youth
- Support and further information available

### Target group

Members of the community

### Entry requirement

Parents of school child/children

### Selection procedure

None. Courses are run at the request of school principal, youth or community group.

### Qualification

n.a.

### Assessment

Feedback from group leader

### Accreditation

n.a.

### Course background

This course was begun in 2005, and will be run as requested.

### Course start date

Two-hour talk, daytime or evening

### Course location

Local schools / youth or community groups

### Application

Details from contact person listed above

### Cost

Free



**Course Provider**

HOPE (Hands On Peer Education)

**Address**

Killarney Court, Buckingham Street, Dublin 1

**Web address**<https://www.hopehandson.com/>**Contact Person(s)****Irene Crawley***Manager*

01 887 8404

hopehandson@yahoo.ie or hopehandson@gmail.com

**Course aims and objectives**

Aim: This is a parenting course with a focus on drug/alcohol prevention.

Objectives: To combine parenting skills with education around drugs issues

**Course content**

- Parenting skills
- Introduction to basic concepts of addiction
- Familiarisation with commonly used drugs and alcohol
- The family in addiction
- Games, film and speakers

**Target group**

Parents, grandparents, those working with children

**Entry requirement**

Have children in your care, either professionally or personally

**Selection procedure**

Telephone interview

**Qualification**

n.a.

**Assessment**

Group

**Accreditation**

n.a.

**Course background**

The H.O.P.E. project offers a first point of contact for those wishing to become drug free, and support to their families. Our Community Detox programme consists of assessment, referral, drug screening, counselling, holistic therapies, access to treatment and rehabilitation, follow on care and advocacy. The project develops and delivers a

range of drug / alcohol educational programmes for youth and adults in the North Inner City.

**Course start date**

Various

**Course location**

Details from contact person listed above

**Application**

Details from contact person listed above

**Cost**

Free

**Course Provider**

School of Social Work and Social Policy, Trinity College Dublin

**Address**

School of Social Work and Social Policy, Room 3063, Arts Building, University of Dublin, Trinity College, Dublin 2

**Web address**

<http://www.tcd.ie/swsp/>

**Contact Person(s)**

**Kay Inckle**

*Executive Officer*

01 8962991

kinckle@tcd.ie

**Course aims and objectives**

This eight-week certified and IASW accredited training course is based on a holistic and harm-reduction approach to self-injury and is the first of its kind to be run in Ireland.

The course provides an in-depth programme and draws on the latest research and developments in the field. It takes a broad, holistic and critical view, enabling participants to understand and apply best-practice responses suited to their particular setting and to work intensively on knowledge, skills, practice and policy development for their field. The course is based on a group learning and participant-centred approach and participants leave the course highly resourced in terms of their own practice and also as leaders and developers of innovative responses in their field.

**Course content**

The course includes modules on:

- Self-injury: definitions, problems, positions
- Embodiment, well-being and the functions of self-injury
- An in-depth, life-course approach to self-injury
- Active listening and facilitating recovery
- Critical mental health
- Harm-reduction
- Creative interventions
- Policy development

**Target group**

Those with an interest in this area.

**Entry requirement**

Previous educational and work experience in a related field is desirable.

**Selection procedure**

For more information on the course visit

[www.tcd.ie/courses/preview/esc/az/course.php](http://www.tcd.ie/courses/preview/esc/az/course.php)

**Qualification**

Certificate

**Assessment**

There are total of 52 teaching hours and two assignments. Full attendance and completion of assignments is mandatory for certification.

**Accreditation**

The course is credited with a certificate from the School of Social Work and Social Policy, TCD. It has also been assessed by the IASW and awarded 12 CPD points.

**Course background**

See website for more details.

**Course start date**

The course runs bi-annually commencing the first week of October and the second week of March each year.

**Course location**

Trinity College Dublin

**Application**

For a registration form contact Dr Kay Inckle, [kinckle@tcd.ie](mailto:kinckle@tcd.ie), 01 896 2991, or by post to the School of Social Work and Social Policy.

**Cost**

€650 for the eight weeks

**Course Provider**

Community Outreach Drug and Alcohol Project –  
Cork City Partnership

**Address**

Cork City Partnership Ltd.  
Level 1, Heron House  
Blackpool Retail Park  
Blackpool Cork City  
Telephone: 021-4302310

**Web address**

<http://www.corkcitypartnership.ie>

**Contact Person(s)****Jacqueline Daly**

*Community Development / Drug & Alcohol Worker*  
087 1962030  
jdaly@partnershipcork.ie

**Mella Magee**

*Community Development / Drug & Alcohol Worker*  
087 1962022  
mmagee@partnershipcork.ie

**Course aims and objectives**

The course is designed for those who would like to increase their knowledge and train as parents / carers to be a barrier between children (aged 7-13) and the influence of today's so called "toxic culture".

**Course content**

The training delivers 16 hours of video based workshops, generally over four weeks.

- 1: "Toxic culture" explores the culture that young people are exposed to and "Put yourself in the way", how to get involved in your young person's life.
- 2: "Awareness is your best friend" concentrates on listening to your intuition as a parent and "Remember the difference" adolescence is a middle ground between childhood and adulthood.
- 3: "Expect and inspect" and "Never cry alone". focus on sharing the bad times as well as the good times with your teenager and this aims to help them deal with feelings rather than masking them through the use of alcohol and drugs.
- 4: "Traps to avoid" explores seven traps for parents that they should avoid: wealth without work, love without limits, adulthood without childhood, education without character, entertainment without conscience, freedom without vision. The session also looks at "Building a family vision": working with your children to help them reach their goals and dreams.

**Target group**

Parents or carers living in Cork city community.

**Entry requirement**

Applicants must be over 18 and parents / carers.

**Selection procedure**

Groups of parents and those working with them can apply for training to the Community Project. Parents can also self-refer.

See

<http://corkcitypartnership.ie/community-outreach-and-drug-awareness-programme/>

**Qualification**

Certificate on completion of 16 hours training.

**Assessment**

Full attendance is requested

**Accreditation**

n.a.

**Course background**

This course is a response to the needs of local community groups.

**Course start date**

By arrangement

**Course location**

Community settings in Cork city

**Application**

Details and form from co-ordinators

**Cost**

n.a.

**Course Provider**

Addiction Response Crumlin

**Address**

101 Cashel Road, Crumlin, Dublin 12

**Web address**<http://www.addictionresponsecrumlin.ie>**Contact Person(s)****Education Team**

01 411 3222

[info@addictionresponsecrumlin.ie](mailto:info@addictionresponsecrumlin.ie)**Course aims and objectives**

Teach Tearmann, runs morning and afternoon programmes in Rehabilitation, Education and Training.

**Course content**

The service provides group support, structured activities, relapse prevention, etc.

**Target group**

People in recovery from Dublin 12.

**Entry requirement**

The programmes are available to individuals from the Dublin 12 area only.

Participants must be at least 3 months stable on methadone i.e. giving clean samples that is, a sample without any cocaine, heroin, benzos, hash traces, etc. Participants must present with a letter from their medical team confirming 3 months clean samples.

**Selection procedure**

Individuals wishing to access this programme will be asked to furnish a letter from the medical service stating that they are suitable for this programme and have been stable on their medication for 3 months.

Individuals can be referred by the team of ARC to the programme.

Contact Teach Tearmann to make an appointment for an assessment:

Teach Tearmann - 160a Sunshine Industrial Estate, Crumlin, Dublin 12; 01-4113222  
[roselynych@addictionresponsecrumlin.ie](mailto:roselynych@addictionresponsecrumlin.ie) or  
[joekearney@addictionresponsecrumlin.ie](mailto:joekearney@addictionresponsecrumlin.ie)

The team also run 'Phoenix programme' a

stabilisation progression route into the main programme.

See the website for details

<http://www.addictionresponsecrumlin.ie/education.html>

**Qualification**

Not applicable

**Assessment**

n.a.

**Accreditation**

n.a.

**Course background**

See website for more information.

**Course start date**

Programmes run from Monday to Friday. There are two programmes: 9.15am-1.15pm and 1.30pm-5.30pm daily.

**Course location**

Teach Tearmann, Dublin 12

**Application**

Contact Teach Tearmann to make an appointment for an assessment:

**Cost**

All service users are entitled to a FAS allowance as the programme is a special Community Enterprise Scheme. Although there is an induction period during which service users do not receive any payment, they can still claim the social welfare payments.

# A18

## MANAGING PROFESSIONAL BOUNDARIES WORKSHOP

### Course Provider

The Learning Curve Institute

### Address

Rushbrook, Clogher, Westport, Co Mayo

### Web address

<http://www.thelearningcurve.ie>

### Contact Person(s)

#### Administrator

Administrator

098 25530

[info@thelearningcurve.ie](mailto:info@thelearningcurve.ie)

### Not Active

This course is no longer active, but might be in the future contact the Course Administrator for more information.

### Course aims and objectives

1. To build on and expand existing knowledge in the group in relation to Boundaries.
2. To enhance confidence in participants in relation to their understanding of boundaries and the way in which boundaries are respected and guarded.
3. To explore and understand why boundaries are important in work. This will include looking at scenarios which will include child protection, self-harm, suicide ideation etc.
4. To be able to identify positive behaviour in relation to our personal boundaries.
5. To discuss examples and understand negative behaviour in relation to boundaries.
6. To know how to identify behaviours that suggest an individual's boundaries are becoming inappropriate.
7. To know how to raise concerns in a professional manner, and where to seek advice and information about boundary issues as they arise.
8. To allow space and time for participants to look at their own practice in relation to managing boundaries and discuss clients that they have had or are currently working with (suitably anonymous) in relation to managing boundaries.

### Course content

Attendees will receive handouts and relevant literature to enable them to develop their understanding of boundaries appropriate to this level. Over the one day, students will have the

opportunity to discuss and explore issues relating to boundaries and the ways in which they have encountered this as an issue in their work. There will be the opportunity over the training to allow participants to experience "real" situations and scenarios to transfer the theory of the course into practice.

### Target group

Suitable for: Psychologists, Counsellors, Psychotherapists, Nurse Practitioners, Youth Workers, Social Care Workers or any profession where managing boundaries are important.

### Entry requirement

There are no specific entry requirements for this training programme.

### Selection procedure

Click here for more information:

<http://www.thelearningcurve.ie/managing-professional-boundaries>

### Qualification

none

### Assessment

Assessment is carried out through observation during the training.

### Accreditation

Attendees will each receive a Certificate in "Managing Professional Boundaries" from The Learning Curve Institute. This workshop is accredited with the Addiction Counsellors of Ireland (ACI) for 5 CPD points.

### Course background

This programme is designed to provide an overview of boundaries and the many ways in which they can be encountered and managed.

There is a strong emphasis on practical examples of boundary issues throughout the programme and there will be examples of best practice in relation to boundaries offered throughout the training. The programme is highly interactive with some group exercises and scenarios and is aimed at participants who wish to underpin and strengthen their existing knowledge around boundaries. Above all this programme is a practical application of relevant theory and practice in relation to boundaries.

The training programme on "Managing Professional Boundaries" is delivered over 1 full day for our public workshop. If your organisation requires more in-depth in-house training, to take in areas such as confidentiality, the training can be delivered over 2 days. Please contact our office if you require further information regarding in-house training.

**Course start date**

Dublin: 10 Oct 2018, 10am-4pm,

**Course location**

Dublin: The Skylon Hotel, Drumcondra.

**Application**

Please see website or email [info@thelearningcurve.ie](mailto:info@thelearningcurve.ie) or call 098 25530 for more information on running this course for your organisation.

**Cost**

€99

# A19

## HIDDEN SHAME WORKSHOP

### Course Provider

The Learning Curve Institute

### Address

Rushbrook, Clogher, Westport, Co Mayo

### Web address

<http://www.thelearningcurve.ie>

### Contact Person(s)

#### Administrator

Administrator

098 25530

[info@thelearningcurve.ie](mailto:info@thelearningcurve.ie)

### Not Active

This course is no longer active, but might be in the future contact the Course Administrator for more information.

### Course aims and objectives

This one day presentation aims to give the learner a more in-depth understanding and overview of Shame and how to determine its effects.

### Course content

The workshop will use both an analytical and skills based guide to help therapist from all orientations to identify what elicits, evokes and triggers shame and how a shame focused intervention is formulated and structured.

### Target group

Suitable for: Psychologists, Counsellors, Psychotherapists, Nurse Practitioners, Youth Workers, Social Care Workers

### Entry requirement

There is no entry requirement

### Selection procedure

Click here for more information:

<http://www.thelearningcurve.ie/hidden-shame>

### Qualification

n.a.

### Assessment

none.

### Accreditation

Certificate of Attendance in "Hidden Shame" from The Learning Curve Institute. CPD Points - This workshop is accredited with 5 CPD points with the Addiction Counsellors of Ireland (ACI). Please contact our office on 098 25530 for further information in relation to accreditation for this 1 day presentation.

### Course background

Shame is often overlooked in the therapeutic process both within clients and therapists alike, and is frequently present in most presentations from trauma, complex abuse, addictions, compulsions, mood disorders and sexual behaviour.

Presented by Kevin Fehin, Senior Clinical Psychologist and Psychotherapist. Kevin is currently employed in the Adult Mental Health Service with the HSE. Among other qualifications he holds a Masters in Psychoanalytic Studies.

### Course start date

Dublin, 17 October 2018 09.30am – 04.30pm.

### Course location

Dublin, The Psychological Society of Ireland, Grantham House, Dublin 8.

### Application

Please contact The Learning Curve Institute on 098 25530 or [info@thelearningcurve.ie](mailto:info@thelearningcurve.ie) for more information

### Cost

€125



**Course Provider**

The Learning Curve Institute

**Address**

Rushbrook, Clogher, Westport, Co Mayo

**Web address**

<http://www.thelearningcurve.ie>

**Contact Person(s)****Administrator**

Administrator

098 25530

[info@thelearningcurve.ie](mailto:info@thelearningcurve.ie)

**Course aims and objectives**

Personality type is a key determinant in both how therapist and client bond therapeutically and in the nature of the presenting issue itself. This workshop will explore the dynamics of different personality types and how these individuals differences need to be specially engaged with.

Aims: To give learner a more in-depth understanding of Personality Types and Disorders and how to determine them. The personality types covered will include for example, Borderline, narcissistic, histrionic, obsessive, avoidant and anti-social.

**Course content**

The workshop will explore the developmental dynamics that give rise to each personality and the kinds of unconscious / conscious processes to sustain them. The workshop will focus on just what constitutes a personality problem in the first place and what distinguishes this from more normative self-identities.

**Target group**

Suitable for: Psychologists, Counsellors, Psychotherapists, Youth Workers, Social Care Workers

**Entry requirement**

n.a.

**Selection procedure**

See course website page for more details and booking:

<http://www.thelearningcurve.ie/personalities-types-and-disorders>

**Qualification**

Learners will be issued with a Certificate of Attendance entitled "Personality Types and Disorders".

**Assessment**

Assessment will be carried out through continuous assessment of role plays and listening exercises.

**Accreditation**

The Learning Curve. This workshop has been awarded CPD points from The Irish Nursing Board - And Bord Altranais, The Psychological Society of Ireland and The Addiction Counsellors of Ireland.

**Course background**

Presented by Kevin Fehin, Senior Clinical Psychologist and Psychotherapist. Kevin is currently employed in the Adult Mental Health Service with the HSE. Among other qualifications he holds a Masters in Psychoanalytic Studies.

**Course start date**

Dublin - 21 Nov 2018 9.30am-4.30pm.

**Course location**

Dublin, Skylon Hotel, Drumcondra, Dublin 9.

**Application**

Book online.

**Cost**

€125



**Course Provider**

The Learning Curve Institute

**Address**

Rushbrook, Clogher, Westport, Co Mayo

**Web address**

<http://www.thelearningcurve.ie>

**Contact Person(s)****Administrator**

Administrator

098 25530

[info@thelearningcurve.ie](mailto:info@thelearningcurve.ie)

**Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

**Course aims and objectives**

This one day training programme will explore the area of challenging behaviour and conflict as it arises with people and ways of dealing with this issue. It will allow time and space for participants to strengthen and underpin existing knowledge in relation to this area. Anger management is an essential part of any professionals training pack. This training programme is also designed to introduce workers to the concept of anger management and offer practical ways of teaching anger management to clients.

**Course content**

Students will receive handouts and relevant literature to enable them to develop their understanding of Conflict and Anger Management appropriate to this level. In the session participants will have the opportunity to observe and practice dealing with conflict through role plays and scenarios provided by the trainer. There will be the opportunity during the training to allow participants to experience “real” situations and scenarios to transfer the theory of the course into practice in relation to Conflict and Anger Management in relation to dealing with challenging behaviour.

**Target group**

Those with an interest in dealing with conflict and challenging behaviour

**Entry requirement**

No specific entry requirements.

**Selection procedure**

See course website:

<http://www.thelearningcurve.ie/dealing-challenging-behaviour>

**Qualification**

Certificate of Attendance in “Dealing with Challenging Behaviour” from The Learning Curve Institute.

**Assessment**

Assessment will be carried out through continuous assessment of role plays and listening exercises.

**Accreditation**

The Learning Curve Institute. This workshop has been awarded CPD points from The Irish Nursing Board - and Bord Altranais and The Addiction Counsellors of Ireland

**Course background**

The Learning Curve Institute will distribute a unique pre-course questionnaire to each participant in order to ensure the training meets the needs of everyone in the room and is tailored to the appropriate level while also covering specific situations or scenarios as highlighted by the group.

The Learning Curve Institute also offers a bespoke post course support system whereby students are provided with the contact details of the lecturer and are free to contact him/her with any questions they may have or that they would like the lecturer to help them with.

The Learning Curve also provide a course in anger management:

[www.thelearningcurve.ie/anger-management](http://www.thelearningcurve.ie/anger-management)

**Course start date**

Dublin: 14 Nov 2018, 9.30am-4.30pm.

**Course location**

Dublin, The Skylon Hotel, Drumcondra.

**Application**

Please contact The Learning Curve Institute on 098 25530 or [info@thelearningcurve.ie](mailto:info@thelearningcurve.ie) for more information.

**Cost**

€99.00

**Course Provider**

The Learning Curve Institute

**Address**

Rushbrook, Clogher, Westport, Co Mayo

**Web address**

<http://www.thelearningcurve.ie>

**Contact Person(s)****Administrator**

Administrator

098 25530

[info@thelearningcurve.ie](mailto:info@thelearningcurve.ie)

**Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

**Course aims and objectives**

The aim of this 2-day workshop is to:

- Enable participants to formulate a care plan with a complex client.
- Identify and, where appropriate, fill gaps in services with clients.
- Provide information to participants in relation to assessment, care planning and support for clients.
- Cover best practice in relation to recording of information.

**Course content**

Students will receive handouts and relevant literature to enable them to develop their understanding of Key Working and Case Management appropriate to this level. In each session students will have the opportunity to observe and participate in role-plays and discussions on key working and case management

**Target group**

Workers in the drugs area.

**Entry requirement**

No specific entry requirements

**Selection procedure**

For more information or to book, see the website

[www.thelearningcurve.ie/keyworking-care-planning-case-management](http://www.thelearningcurve.ie/keyworking-care-planning-case-management)

**Qualification**

Certificate in Keyworking, Care Planning and Case Management from The Learning Curve Institute.

**Assessment**

Assessment will be carried out through continuous assessment of role-plays and group exercises

**Accreditation**

The Learning Curve Institute. This workshop has been awarded CPD points from the Addiction Counsellors of Ireland.

**Course background**

This course is a 2 day training workshop delivered on a Thursday and Friday. This programme is designed to provide an overview of key working, care planning and case management. Key working is the simple process of working with clients to achieve their goals and part of this process is effective case management, in essence the two go hand in hand.

There will be examples of best practice in relation to key working and case management and practical examples given to develop theory into practice. Above all this programme is a practical application of relevant theory in relation to key working and case management.

The Learning Curve Institute was contracted by The HSE to deliver training on these topics as part of The National Addiction Training Programme in 2011/2012 and therefore possesses in depth knowledge of both the content and the training delivery. The last course in Dublin in December sold out very quickly so early booking is advisable.

Courses are also run as requested in house to groups where these two subjects can also be split into separate 2 day modules on each subject should this be required. In order to maximise learning groups will be limited to a maximum of 16 students per course.

**Course start date**

Dublin: 27, 28 Sept, 10am - 4pm.

**Course location**

Dublin, The Skylon Hotel, Drumcondra.

**Application**

Contact the Learning Curve.

**Cost**

€199

**Course Provider**

The Learning Curve Institute

**Address**

Rushbrook, Clogher, Westport, Co Mayo

**Web address**

<http://www.thelearningcurve.ie>

**Contact Person(s)****Administrator**

Administrator

098 25530

[info@thelearningcurve.ie](mailto:info@thelearningcurve.ie)

**Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

**Course aims and objectives**

The objective of this two day workshop is to provide the theory of motivational interviewing and the space to practice the skills associated with Motivational Interviewing.

**Course content**

Students will receive handouts and relevant literature to enable them to develop their understanding of Motivational interviewing. In each session students will have the opportunity to observe and practice Motivational Interviewing through role-plays and scenarios provided by the lecturer.

**Target group**

People who wish to develop their understanding and skills of MI.

**Entry requirement**

None

**Selection procedure**

None. For more information and booking see <http://www.thelearningcurve.ie/introduction-motivational-interviewing>

**Qualification**

Certificate in An Introduction to Motivational Interviewing from The Learning Curve Institute

**Assessment**

Assessment will be carried out through continuous assessment of role plays and exercises

**Accreditation**

The Learning Curve Institute. This workshop has been awarded 12 CPD points from the Addiction Counsellors of Ireland (ACI), 12 CPD credits from An Bord Altranais and 8 CPD points from The Psychological Society of Ireland.

**Course background**

Developed by Miller and Rollnick. Motivational Interviewing is a client-centered approach that elicits behavioral changes by assisting individuals to explore and resolve ambivalence. This approach is especially helpful with individuals who are less motivated. Research has shown Motivational Interviewing to be helpful with a wide range of client groups and issues. This two day course will equip the attendees with a sound understanding of Motivational Interviewing theory and skills.

The Learning Curve also provide an intermediate course in MI:

[www.thelearningcurve.ie/intermediate-level-motivational-interviewing](http://www.thelearningcurve.ie/intermediate-level-motivational-interviewing) and an advanced course:

[www.thelearningcurve.ie/advanced-level-motivational-interviewing](http://www.thelearningcurve.ie/advanced-level-motivational-interviewing)

**Course start date**

Dublin, 20, 21 September 2018, 9.30am- 4.30 pm. Contact the Learning Curve for future dates. Motivational Interviewing workshops are also run as requested.

**Course location**

Dublin, Skylon Hotel, Drumcondra, Dublin 9; and other locations around the country.

**Application**

Book online at the URL above.

**Cost**

€199

# A25

## COGNITIVE BEHAVIOURAL THERAPY – TEACHING PRACTICAL WAYS OUT OF A ‘NEGATIVE THINKING LOOP’

### Course Provider

The Learning Curve Institute

### Address

Rushbrook, Clogher, Westport, Co Mayo

### Web address

<http://www.thelearningcurve.ie>

### Contact Person(s)

#### Administrator

Administrator

098 25530

[info@thelearningcurve.ie](mailto:info@thelearningcurve.ie)

### Not Active

This course is no longer active, but might be in the future contact the Course Administrator for more information.

### Course aims and objectives

The aim of this two day workshop is to provide an overview of CBT and the space to practice the skills associated with this approach.

There will be “real” scenarios taken from the group and then worked on using the skills and principles of CBT, this is done to enhance the learning experience and to make the connection between the theory and practice of CBT.

### Course content

Methods used will be:

- Participative: Participants will be asked to contribute to the training in large and small groups. There will be exercises throughout the training designed for the group to be split up into smaller groups.
- Experiential: Training allows participants to contribute by using examples of anonymous clients that they have worked with.
- Theory into practice: Training will allow some role plays that will encourage participants to put the theory into practice.
- Information giving: There will be handouts and information on relevant reading that will be distributed at each days training.
- Worker led: Training will be flexible to the needs of the group.

### Target group

Those interested in learning more about CBT.

### Entry requirement

None

### Selection procedure

For more course information visit

<http://www.thelearningcurve.ie/cognitive-behavioural-therapy>

### Qualification

Certificate of Attendance in “An Introduction to Cognitive Behavioural Therapy - CBT” .

### Assessment

Continuous assessment of role plays and exercises.

### Accreditation

The Learning Curve Institute. This training has been awarded 12 CPD points from the ACI and 12 CPD credits from An Bord Altranais.

### Course background

Cognitive-behavioural therapy is a therapeutic therapy which can influence problematic and dysfunctional cognitions, behaviour and emotions by using a goal-oriented, systematic procedure conducted through individual weekly sessions.

It is based on the idea that our thoughts cause our feelings and behaviors, not external things, like people, situations, and events. We can change the way we think to feel / act better even if the situation does not change.

### Course start date

18 and 19 October 2018 09.30am to 04.30pm.

### Course location

Dublin, Skylon Hotel, Drumcondra, Dublin 9.

### Application

View the course website page.

**Cost**

€199



**Course Provider**

The Learning Curve Institute

**Address**

Rushbrook, Clogher, Westport, Co Mayo

**Web address**

<http://www.thelearningcurve.ie>

**Contact Person(s)****Administrator**

Administrator

098 25530

[info@thelearningcurve.ie](mailto:info@thelearningcurve.ie)

**Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

**Course aims and objectives**

The Community Reinforcement Approach (CRA) is a comprehensive behavioural programme for treating substance-abuse problems. It is based on the belief that environmental contingencies can play a powerful role in encouraging or discouraging drinking or drug use. Consequently, it utilizes social, recreational, familial, and vocational reinforcers to assist consumers in the recovery process. Its goal is to make a sober lifestyle more rewarding than the use of substances.

The aim of this two day workshop is to provide an overview of CRA and to provide information on the approach and its principles. There will be time allocated to practice the skills associated with CRA. There will be “real” scenarios taken from the group and then worked on using these skills. This is done to enhance the learning experience and to make the connection between theory and practice.

**Course content**

Students will receive handouts and relevant literature to enable them to develop their understanding of The Community Reinforcement Approach. Throughout the training students will have the opportunity to observe and practice the theory of working with people using a CRA approach through role-plays and scenarios provided by the trainer. There will be the opportunity over the training to allow participants to experience “real” situations and scenarios to transfer the theory of the course into practice.

**Target group**

Suitable for: Psychologists, Counsellors, Psychotherapists, Youth Workers, Social Care Workers

**Entry requirement**

No specific entry requirements.

**Selection procedure**

For more information see the course website: <http://www.thelearningcurve.ie/community-reinforcement-approach-cra>

**Qualification**

Certificate of Attendance in “An Introduction to Community Reinforcement Approach” from The Learning Curve Institute.

**Assessment**

Assessment will be carried out through continuous assessment of role plays and listening exercises.

**Accreditation**

The Learning Curve. CPD points: CPDs are available for our courses and workshops. Please contact us 098 25530 to check with your Awarding Body / Organisation for CPD points.

**Course background**

The Learning Curve Institute will distribute a unique pre-course questionnaire to each participant in order to ensure the training meets the needs of everyone in the room and is tailored to the appropriate level while also covering specific situations or scenarios as highlighted by the group.

The Learning Curve Institute also offers a bespoke post course support system whereby

students are provided with the contact details of the lecturer and are free to contact him/her with any questions they may have or that they would like the lecturer to help them with.

**Course start date**

24 Oct - 25 Oct 2018, 9.30am-4.30pm.

**Course location**

Limerick Education Centre

**Application**

Book online.

**Cost**

€199

**Course Provider**

The Learning Curve Institute

**Address**

Rushbrook, Clogher, Westport, Co Mayo

**Web address**

<http://www.thelearningcurve.ie>

**Contact Person(s)****Administrator**

Administrator

098 25530

[info@thelearningcurve.ie](mailto:info@thelearningcurve.ie)

**Course aims and objectives**

This programme is designed to provide an overview of alcohol use/abuse both in Ireland and internationally. There will be examples of best practice in relation to alcohol from both an abstinence view point and a harm reduction view point. Practical examples will be given to develop theory into practice. Above all this programme is a practical application of relevant theory and evidence based practice in relation to alcohol use/abuse.

The aim of this 1-2 day workshop is to enable participants to:

1. Become aware of the effects of alcohol, both short term and long term.
2. Formulate a care plan/action plan with clients who are alcohol dependent.
3. Formulate a care plan/action plan with clients who are abstinent.
4. Become aware of the process of withdrawal and possible consequences.
5. Become aware of international best practice in the area of alcohol.

**Course content**

Students will receive handouts and relevant literature to enable them to develop their understanding of alcohol awareness appropriate to this level. In each session students will have the opportunity to observe and participate in role-plays and discussions on alcohol use and its management, both in residential settings and in the community.

**Target group**

Those interested in the subject.

**Entry requirement**

No specific entry requirements.

**Selection procedure**

None.

For further information on this course, visit [www.thelearningcurve.ie/alcohol-awareness](http://www.thelearningcurve.ie/alcohol-awareness)

**Qualification**

Certificate in Alcohol Awareness from The Learning Curve Institute

**Assessment**

Assessment will be carried out through continuous assessment of role-plays and group exercises.

**Accreditation**

The Learning Curve Institute

**Course background**

See the website for details.

**Course start date**

Courses are run as requested. Contact The Learning Curve Institute on 098 25530 or at [info@thelearningcurve.ie](mailto:info@thelearningcurve.ie) for further information.

**Course location**

This course is offered in various locations. It can also be offered on-site to groups or organizations.

**Application**

Please contact The Learning Curve Institute on 098 25530 or [info@thelearningcurve.ie](mailto:info@thelearningcurve.ie) for more information

**Cost**

To be confirmed.

**Course Provider**

The Learning Curve Institute

**Address**

Rushbrook, Clogher, Westport, Co Mayo

**Web address**

<http://www.thelearningcurve.ie>

**Contact Person(s)****Administrator**

Administrator

098 25530

[info@thelearningcurve.ie](mailto:info@thelearningcurve.ie)

**Course aims and objectives**

The core content of the programme is an introduction to counselling skills and is specifically designed to assist participants in identifying their own level of counselling skills and to build on these.

The programme is highly interactive with a mix of role-plays, group discussion and smaller group exercises. The aim of the programme is to assist those working in the area of addiction to underpin existing skills and build on and expand these skills throughout the course.

**Course content**

Learning outcomes

1. To equip students with the tools to enable them to develop their own counselling skills.
2. To build on and expand existing knowledge within the group.
3. To enhance confidence in participants use of basic counselling skills.
4. To provide space and time for participants to use the following key counselling skills:
  - Listening
  - Looking (non verbal communication)
  - Analysing (why is this person looking for help and what do they see as the problem)
  - Use of open-ended questions
  - Reflective listening
  - Summarising
  - Empathy
  - Paraphrasing

**Target group**

This programme is aimed at people who are already working in the area of addiction and wish to improve their counselling skills.

**Entry requirement**

Participants are required to have worked in or to be currently working in the field of addiction.

**Selection procedure**

For more information on this course, visit

<http://www.thelearningcurve.ie/basic-counselling-skills-addiction-workers>

**Qualification**

Certificate in Basic Counselling Skills for Addiction Workers from The Learning Curve Institute.

**Assessment**

Continuous assessment of role plays and listening exercises.

**Accreditation**

The Learning Curve Institute

**Course background**

See the website.

**Course start date**

1-2 days depending on level needed. Courses are run as requested. Please contact The Learning Curve Institute on 098 25530 or at [info@thelearningcurve.ie](mailto:info@thelearningcurve.ie) for further information.

**Course location**

The course is run in various locations Castlebar, Co. Mayo. Sligo, Co. Sligo. Galway City.

**Application**

Contact Learning Curve or apply online.

**Cost**

To be determined.

**Course Provider**

The Learning Curve Institute

**Address**

Rushbrook, Clogher, Westport, Co Mayo

**Web address**

<http://www.thelearningcurve.ie>

**Contact Person(s)****Administrator**

Administrator

098 25530

[info@thelearningcurve.ie](mailto:info@thelearningcurve.ie)

**Course aims and objectives**

The aim of this 1 or 2 day workshop is to enable participants to identify and use specific interventions such as; identification of high-risk situations for each client, enhancing the client's coping skills for these situations, increasing the client's self-efficacy, eliminating myths regarding alcohol's effects, managing lapses, and restructuring the client's perceptions of the relapse process.

Global strategies comprise balancing the client's lifestyle and helping him or her develop positive addictions, employing stimulus control techniques and urge- management techniques, and developing relapse road maps.

**Course content**

Students will receive handouts and relevant literature to enable them to develop their understanding of Relapse Prevention appropriate to this level. In each session students will have the opportunity to observe and practice Relapse Prevention techniques through role-plays and scenarios provided by the lecturer.

**Target group**

Those who wish to know more about relapse prevention

**Entry requirement**

No specific entry requirements.

**Selection procedure**

For more information about the course visit <http://www.thelearningcurve.ie/relapse-prevention>

**Qualification**

Certificate in Relapse Prevention from The Learning Curve Institute

**Assessment**

Assessment will be carried out through continuous assessment of role-plays and group exercises.

**Accreditation**

The Learning Curve Institute

**Course background**

Good relapse prevention work is key amongst addiction professionals. This programme is designed to meet the needs of those working within the addiction field in relation to this area by following the specific model of relapse prevention of Marlatt and Gordon and covering some practical applications of this model.

This model proposed suggests that two issues come into play when looking at Relapse Prevention, namely immediate determinants (e.g., high-risk situations, coping skills, outcome expectancies, and the abstinence violation effect) and covert antecedents (e.g., lifestyle factors and urges and cravings) can all contribute to relapse.

**Course start date**

Courses are run as requested. See the website for planned dates.

**Course location**

Various locations in Ireland

**Application**

Please contact The Learning Curve Institute on 098 25530 or at [info@thelearningcurve.ie](mailto:info@thelearningcurve.ie) for further information or book online.

**Cost**

€199

**Course Provider**

The Learning Curve Institute

**Address**

Rushbrook, Clogher, Westport, Co Mayo

**Web address**

<http://www.thelearningcurve.ie>

**Contact Person(s)****Administrator**

Administrator

098 25530

[info@thelearningcurve.ie](mailto:info@thelearningcurve.ie)

**Course aims and objectives**

The aim of this workshop is to raise awareness among participants of the various drugs, both legal and illegal, that are available at the present time in their area. Participants will be presented with a wide range of information on various drugs, including alcohol, and the categories into which they fall. This is to inform participants of the effects of drugs and signs and symptoms of a person who may be using various types of drugs.

The workshop will enable participants to:

1. Become aware of the effects of alcohol and drugs, both short term and long term.
2. Formulate a care plan/action plan with clients who are alcohol or drug dependent
3. Formulate a care plan/action plan with clients who are abstinent
4. Become aware of the process of withdrawal and possible consequences
5. Become aware of international best practice in the area of alcohol and drugs.

**Course content**

The methodology used in this training will be a combination of the following:

**Participative:** The participants will be asked to contribute to the training both in the large group and also in smaller ones. There will be a number of exercises throughout the training that are designed for the group to be split up into smaller groups.

**Experiential:** The training will allow participants to contribute by using examples of anonymous clients that they have worked with or are currently working with.

**Theory into practice:** The training will allow some role plays that will encourage participants to put

the theory into practice.

**Information giving:** There will be handouts and information on relevant reading that will be distributed at each days training.

**Worker led:** The training will be flexible to the needs of the group.

**Target group**

The programme is highly interactive with some group exercises and scenarios and is aimed at participants who wish to expand their knowledge of alcohol and drugs and their use/misuse. Practical examples will be given to develop theory into practice. Above all this programme is a practical application of relevant theory and evidence based practice in relation to drug and alcohol use/abuse.

**Entry requirement**

None

**Selection procedure**

See the course website for more information: <http://www.thelearningcurve.ie/drug-alcohol-substance-misuse>

**Qualification**

Certificate of attendance in Substance Misuse from The Learning Curve Institute.

**Assessment**

None

**Accreditation**

The Learning Curve

**Course background**

The Learning Curve Institute offers a unique post course support system whereby students are provided with the contact details of the lecturer

and are free to contact him/her with any questions they may have or that they would like the lecturer to help them with.

**Course start date**

1 or 2 days depending on client need. Contact The Learning Curve.

**Course location**

Various locations

**Application**

Please contact The Learning Curve Institute on 098 25530 or [info@thelearningcurve.ie](mailto:info@thelearningcurve.ie) for more information.

**Cost**

To be confirmed.

**Course Provider**

Urrus/The Ballymun Youth Action Project

**Address**

Horizons Centre, Balcurris Road, Ballymun,  
Dublin 11

**Web address**

<http://www.byap.ie>

**Contact Person(s)**

**Gabrielle Gilligan**

Administrative Assistant

01 846 7980 / 01 842 5726

[urrus@byap.ie](mailto:urrus@byap.ie)

**Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

**Course aims and objectives**

This training will enable participants to: -

- Describe the role of the keyworker and the keyworking process.
- Acquire the necessary skills to undertake an assessment.
- Develop the skills to put a care plan in place.
- Outline professional boundaries and potential boundary issues within the keyworking process.
- Enhance their knowledge of case management and shared care plans.
- Outline confidentiality within the keyworking role.
- Gain a greater understanding of the purpose and methods of record keeping.
- Discuss the use of reflection in their own work practice.

**Course content**

Content:

- Keyworker role - responsibilities and values
- Assessment and care planning
- Case management and shared care plans
- Confidentiality
- Record keeping
- Reflective practice

**Target group**

This training is for those who wish to develop and enhance their skills in the keyworking role. It will also be of interest to anyone already working / volunteering in a care setting.

**Entry requirement**

n.a.

**Selection procedure**

n.a. See website for further training details -

<http://www.byap.ie/services/urrus/addiction-training>

**Qualification**

Certificate of completion

**Assessment**

The course is delivered in a workshop style incorporating inputs, group and individual exercises, guided skills practice and individual reflective practice.

**Accreditation**

8 CPD Credits - Addiction Counsellors of Ireland (ACI)

**Course background**

Facilitated by: - Laura O'Reilly, Training Centre Coordinator, URRÚS.

Ann O'Connell, Team Leader, Contact Project, BYAP.

**Course start date**

Contact URRUS for future start dates.

**Course location**

Ballymun, Dublin 11

**Application**

Booking form is available from URRUS.

**Cost**

Category 1 - €250, Category 2 - €70 Ballymun Local Drugs Task Force Area resident/working (proof of address to be enclosed with booking)



**Course Provider**

Urrus/The Ballymun Youth Action Project

**Address**

Horizons Centre, Balcurris Road, Ballymun,  
Dublin 11

**Web address**

<http://www.byap.ie>

**Contact Person(s)**

**Gabrielle Gilligan**

*Administrative Assistant*

01 846 7980 / 01 842 5726

[urrus@byap.ie](mailto:urrus@byap.ie)

**Course aims and objectives**

To provide a good basic understanding of drugs and related issues.

**Course content**

Course content:

- Drug/Alcohol information
- Signs and symptoms
- Process of addiction
- Addiction and family
- Treatment approaches/Making referrals
- Addiction and family
- Treatment approaches and making referrals

**Target group**

This workshop is aimed at those who wish to find out more about drugs and addiction related issues. The training will deal with a number of areas and give participants a good basic understanding of drugs and related issues. This course is for those who wish to refresh their knowledge about drugs and gain further information.

**Entry requirement**

n.a.

**Selection procedure**

For more information on the course, see the URRUS website

<http://www.byap.ie/urrus/addiction-training>

**Qualification**

Certification of completion

**Assessment**

n.a.

**Accreditation**

URRUS/Ballymun Youth Action Project

**Course background**

This workshop is run 2–4 times a year.

**Course start date**

Contact URRUS for future dates.

**Course location**

Ballymun, Dublin 11

**Application**

Booking form is available from URRUS/BYAP (See website URL)

**Cost**

Category 1 - €40.00 (non refundable €10 booking deposit). Category 2 - Living or working in the Ballymun Local Drug Task Force area - €5 registration fee.

**Course Provider**

Urrus/The Ballymun Youth Action Project

**Address**

Horizons Centre, Balcurris Road, Ballymun,  
Dublin 11

**Web address**

<http://www.byap.ie>

**Contact Person(s)**

**Gabrielle Gilligan**

*Administrative Assistant*

01 846 7980 / 01 842 5726

[urrus@byap.ie](mailto:urrus@byap.ie)

**Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

**Course aims and objectives**

This one-day (10am-5pm) training is designed for persons working or volunteering in the social care and allied field, who come into contact with alcohol misuse and seek a deeper understanding of the subject and some strategies for dealing with the attendant problems.

**Course content**

- Alcohol the drug and how it works.
- Effects of alcohol on the body and brain
- Acute and chronic harm caused by alcohol
- Alcohol the Individual/Family/Community
- Interventions and services
- Questions and answers

**Target group**

This training is for those working in the social care and allied field, who come in contact with alcohol misuse and seek a deeper understanding of the subject and some strategies for dealing with the attendant problems.

**Entry requirement**

An interest in the subject.

**Selection procedure**

n.a.

**Qualification**

Certificate of completion

**Assessment**

n.a.

**Accreditation**

URRUS/Ballymun Youth Action Project

**Course background**

Facilitated by: Noel O'Connor, Trainer, Urrús.

**Course start date**

Contact URRUS for future dates.

**Course location**

Ballymun

**Application**

Booking form is available from URRUS.

**Cost**

Category 1 - €80. Category 2 - €20 Ballymun Local Drugs Task Force Area resident/working (proof of address to be enclosed with booking).

**Course Provider**

Urrus/The Ballymun Youth Action Project

**Address**

Horizons Centre, Balcurris Road, Ballymun,  
Dublin 11

**Web address**

<http://www.byap.ie>

**Contact Person(s)**

**Gabrielle Gilligan**

*Administrative Assistant*

01 846 7980 / 01 842 5726

[urrus@byap.ie](mailto:urrus@byap.ie)

**Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

**Course aims and objectives**

This half-day workshop is designed for persons working or volunteering in the drugs field and who wish to enhance their professional understanding of the principles and practice of harm reduction as an approach in relation to problem drug use.

**Course content**

Content includes:

- Definition of harm reduction
- Principles of harm reduction
- Practice of harm reduction
- Development of services
- Current harm reduction service provision

**Target group**

Workers and volunteers in the drugs field

**Entry requirement**

n.a.

**Selection procedure**

Contact URRUS. For more details see

<http://www.byap.ie/urrus/addiction-training>

**Qualification**

Not applicable

**Assessment**

n.a.

**Accreditation**

Addiction Counsellors of Ireland - 4 CPD Credits

**Course background**

URRÚS (Irish for “strength” or “confidence”) was founded in 1996, by the Ballymun Youth Action Project, to provide training in relation to drug misuse.

**Course start date**

Contact URRUS for future dates.

**Course location**

Ballymun, Dublin 9

**Application**

Contact URRUS for booking form

**Cost**

Category 1 - €40.00. Category 2 - Living/working in the Ballymun Local Drug Task Force Area €5 Registration Fee (non-refundable).

**Course Provider**

Urrus/The Ballymun Youth Action Project

**Address**

Horizons Centre, Balcurris Road, Ballymun,  
Dublin 11

**Web address**

<http://www.byap.ie>

**Contact Person(s)**

**Gabrielle Gilligan**

Administrative Assistant

01 846 7980 / 01 842 5726

[urrus@byap.ie](mailto:urrus@byap.ie)

**Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

**Course aims and objectives**

This training will enable participants to: -

- Gain a greater understanding of gender differences and substance use.
- Increase their knowledge of the impact of substance use on women's lives.
- Understand the impact substance use has on the developing foetus during pregnancy.
- Identify the effects of parental substance use on the physical and mental health of the infant.
- Develop a greater understanding of treatment options available for substance using women and pregnant women.
- Be more aware of the barriers that women might experience when accessing treatment for substance use.

**Course content**

- Impact of substance use on women.
- Pregnancy and substance use – considerations for the mother's health.
- Pregnancy and substance use – the implications for the health of the foetus.
- Effect of maternal substance use on early childhood development.
- Accessing treatment – Options and barriers.

Tutors: - Laura O'Reilly, URRÚS Training Centre Co-ordinator and Vera Hughes, *Infant/Parent Support Co-ordinator*, Ballymun Youth Action Project.

**Target group**

This training is for workers in the addiction field, particularly those who work with women, and who would like to acquire a better understanding of

how substance use affects women, pregnant women, the foetus and infant.

**Entry requirement**

n.a.

**Selection procedure**

Contact URRUS. See website for further details

[www.byap.ie/services/urrus/addiction-training](http://www.byap.ie/services/urrus/addiction-training)

**Qualification**

n.a.

**Assessment**

The training will be delivered through a mix of inputs, presentations, case studies and discussion.

**Accreditation**

Addiction Counsellors of Ireland - 6 CPD Credits.

**Course background**

URRÚS (Irish for "strength" or "confidence") was founded in 1996, by the Ballymun Youth Action Project, to provide training in relation to drug misuse. Most of our work is with adults, parents and professionals working in the area or with those who through their work encounter addiction issues.

**Course start date**

Contact URRUS for upcoming start dates.

**Course location**

Ballymun, Dublin 11

**Application**

Telephone 01 8467980 or email [urrus@byap.ie](mailto:urrus@byap.ie)

**Cost**

€80. Booking deposit €10 (non-refundable). or category 2 - Ballymun Local Drugs Task Force area resident/working - €5 (non-refundable).

**Course Provider**

Urrus/The Ballymun Youth Action Project

**Address**

Horizons Centre, Balcurris Road, Ballymun,  
Dublin 11

**Web address**

<http://www.byap.ie>

**Contact Person(s)**

**Gabrielle Gilligan**

*Administrative Assistant*

01 846 7980 / 01 842 5726

[urrus@byap.ie](mailto:urrus@byap.ie)

**Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

**Course aims and objectives**

This two-day course (10am-5pm) is for those wishing to gain an understanding of the CBT approach and how they may apply it in their work. It will be of interest to anyone already working / volunteering in a care setting.

**Course content**

- History, learning theory and characteristics of CBT
- Basic case conceptualisation
- Problem maintenance cycle
- Establishing treatment goals
- Session structure, agenda setting, homework setting and reviewing

**Target group**

Those wishing to gain an understanding of the CBT approach and how they may apply it in their work. It will be of interest to anyone already working / volunteering in a care setting.

**Entry requirement**

n.a.

**Selection procedure**

n.a.

**Qualification**

n.a.

**Assessment**

n.a.

**Accreditation**

URRUS/Ballymun Youth Action Project

**Course background**

n.a.

**Course start date**

2-day course. Contact URRUS for future dates.

**Course location**

Ballymun

**Application**

Booking form is available from URRUS.

**Cost**

€250.

**Course Provider**

Urrus/The Ballymun Youth Action Project

**Address**

Horizons Centre, Balcurris Road, Ballymun,  
Dublin 11

**Web address**

<http://www.byap.ie>

**Contact Person(s)**

**Gabrielle Gilligan**

Administrative Assistant

01 846 7980 / 01 842 5726

[urrus@byap.ie](mailto:urrus@byap.ie)

**Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

**Course aims and objectives**

This training will enable participants to:-

- Develop an appreciation of the theoretical framework and principles underlying CRA.
- Gain an understanding of the strategies to develop drug and alcohol interventions.
- Assess the client's drug and alcohol use.
- Develop effective treatment planning interventions.
- Enhance their CRA skill set.

**Course content**

Community Reinforcement Approach (CRA) is an evidence based behaviour programme for effective interventions with drug and alcohol use problems. It is based on the belief that environmental contingencies can play a powerful role in encouraging or discouraging drinking or drug use. Consequently, it utilizes social, recreational, familial, and vocational reinforcers to assist consumers in the recovery process. Its goal is to make a sober lifestyle more rewarding than the use of substances.

**Target group**

People who want to begin to learn about the Community Reinforcement Approach.

**Entry requirement**

n.a.

**Selection procedure**

For more information on the course, see the URRUS website

<http://www.byap.ie/services/urrus/addiction-trainin>

**g****Qualification**

n.a.

**Assessment**

n.a.

**Accreditation**

n.a.

**Course background**

URRUS run a range of courses. This course is facilitated by Laura O'Reilly, URRUS Training Centre Coordinator. CRA Accredited Trainer.

**Course start date**

Contact URRUS for future dates.

**Course location**

Ballymun, Dublin 9

**Application**

Booking form is available from URRUS.

**Cost**

€200

# A39

## NEW PSYCHIATRIC SUBSTANCES

### Course Provider

Western Regional Drugs and Alcohol Task Force

### Address

Unit 6, Galway Technology Park,  
Parkmore, Galway

### Web address

<http://www.wrdatf.ie/>

### Contact Person(s)

**Western Regional Drugs Task Force**

091 480056  
training@wrdatf.ie

### Not Active

This course is no longer active, but might be in the future contact the Course Administrator for more information.

### Course aims and objectives

The course looks at new psychoactive substance on a local, national and international basis.

Learning outcomes:

- Knowledge of new trends within existing 'traditional' drug categories
- Knowledge of new and emerging drugs & the psychonaut movement
- Understanding of reasons behind the changing market for substances (legal & illegal)
- Understanding of the likely future direction of substance use in the Irish context

### Course content

- Emerging trends of use with 'traditional drugs' (e.g. Cannabis and Ecstasy)
- Newly established drugs (e.g. Mephedrone, MXE, and GBL)
- Current information on 'Headshop' products sourced from the internet or abroad
- Future possible trends of drug use including

### Target group

Professional training targeted at An Gardaí Síochána, Drug Services, Social Work, medical staff or anyone already working in the drug area

### Entry requirement

This training is for those living in the West of Ireland, though we will accept trainees from outside the west who are willing to travel to training.

### Selection procedure

See the WRDATF website for more information  
<http://www.wrdatf.ie/training.php>

### Qualification

Certificate of Attendance will be awarded on completion of the training

### Assessment

n.a.

### Accreditation

n.a.

### Course background

The WRDTF education team provide a wide range of training and education programmes for those living in the west of Ireland.

### Course start date

June 13 2018, 2 to 5pm

### Course location

Galway

### Application

Further enquiries contact Neil Wilson on 086 7274888 or [neil@aidswest.ie](mailto:neil@aidswest.ie)

### Cost

n.a.



# A40

## CONVERSATIONS WITH OUR COMMUNITY: IMPROVING OUTCOMES FOR PEOPLE WHO USE DRUGS

### Course Provider

Western Regional Drugs and Alcohol Task Force

### Address

Unit 6, Galway Technology Park,  
Parkmore, Galway

### Web address

<http://www.wrdatf.ie/>

### Contact Person(s)

*Western Regional Drugs Task Force*

091 480056  
[training@wrdatf.ie](mailto:training@wrdatf.ie)

### Course aims and objectives

This workshop aims to support staff members from addiction services to improve relationships with people who use services leading to better outcomes by:

- Understanding addiction from a broader and biopsychosocial perspective and
- Improving the engagement with members of the community of people who use drugs by understanding the impact of stigma, the importance of language and the unique culture of marginalised communities.

### Course content

#### Learning Outcomes:

On completion of this workshop participants will have an increased understanding of:

- Effective use of person centred planning tools
- Biopsychosocial perspective of addiction
- Cultural impact on marginalised communities
- The importance of language and non-stigmatising terminology
- Understanding vulnerability and the impact of stigma

### Target group

Staff members working in addiction related services.

### Entry requirement

This 2 hour workshop has been designed by UISCE based on feedback from the community of people who use drugs.

### Selection procedure

See the WRDATF for more detail  
<http://www.wrdatf.ie/training.php>

### Qualification

A certificate of attendance will be presented to those who attend.

### Assessment

n.a.

### Accreditation

n.a.

### Course background

**Trainer:** Hannah Rodriques & Maria Otero Vazquez. UISCE is the Union for Improved Services, Communication and Education and has been the representative voice of people who use drugs in Ireland since 1992. See [www.myuisce.org](http://www.myuisce.org) for further information on UISCE and the trainers.

### Course start date

19 June 2018, 2 hour workshop

### Course location

Galway

### Application

Apply online

### Cost

n.a.

**Course Provider**

Merchants Quay Ireland

**Address**

Merchants Court, 24 Merchants Quay, Dublin 8

**Web address**

<http://www.mqi.ie>

**Contact Person(s)**

**Peter Kelly**

Training Officer

01 5240936

[peter.kelly@mqi.ie](mailto:peter.kelly@mqi.ie)

**Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

**Course aims and objectives**

- Have an understanding of the relationship between addiction and language and the implications for counselling (talking therapies).
- Have an appreciation of psychodynamic perspectives in relation to addiction in terms of a divided subjectivity and how toxic media functions in and for this division.
- Have a sense of both unconscious formations and the logic of the unconscious and its interface with addictive cycles.
- Distinguish between symptom and structure in the pathology of addiction and the implications for treatment.
- Have an understanding of how ego deficits, defence mechanisms, secondary gains, and transference are played out in the clinical picture of addiction.
- Have an ability to reflect on how unconscious formations influence the recovery process, and vice versa, in other words, how the recovery process influences unconscious formations.

**Course content**

This training course is an opportunity for individuals working within the addiction or related fields to gain an understanding of both subjective and unconscious formations that permeate substance misuse and to reflect on their work and practice from these perspectives.

**Target group**

This training is for anyone with a serious interest in the area of substance use and its interface with the unconscious and who interacts on either a paid or voluntary capacity with people who may have drug or alcohol related problems.

**Entry requirement**

n.a.

**Selection procedure**

See

<https://mqi.ie/event/the-psychodynamics-of-addiction/>

**Qualification**

n.a.

**Assessment**

n.a.

**Accreditation**

n.a.

**Course background**

Peter Kelly MSc Psychotherapy, Advanced Dip Supervision, Bph (Philosophy), Dip Social Studies, M.I. trainer, Reality Therapy, Certified is the Training Officer with MQI. Peter has been involved in the provision of both drug counselling and drug education for the past 20 years. His clinical background is psychoanalytic psychotherapy and he is an accredited member of both the ACI (Addiction Counsellors of Ireland) and Association of Psychoanalytic Psychotherapy Ireland (APPI). Peter is also trained in Motivational Approaches to problem drug use.

**Course start date**

6 July 2018, 10 am—1 pm

**Course location**

The Carmelite Center, 56 Aungier St, Dublin 2

**Application**

Contact Peter Kelly, 01-5240936, or [peter.kelly@mqi.ie](mailto:peter.kelly@mqi.ie) for application form.

**Cost**

€50

**Course Provider**

Merchants Quay Ireland

**Address**

Merchants Court, 24 Merchants Quay, Dublin 8

**Web address**

<http://www.mqi.ie>

**Contact Person(s)**

**Peter Kelly**

Training Officer

01 5240936

[peter.kelly@mqi.ie](mailto:peter.kelly@mqi.ie)

**Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

**Course aims and objectives**

Merchants Quay Ireland is pleased to offer a workshop on the Pharmacology of Addiction for those in the addiction field or related fields looking to expand and build upon their knowledge base in this area.

- An awareness of how psychoactive drugs impact on the CNS in terms of their biochemical economy.
- Become familiar with the main divisions of psychoactive substances, their common effects and the distinction between drug misuse and drug dependence.
- An understanding of the different categories of drugs and their effects, from sedatives/depressants to stimulants, to hallucinogens, and their utility in terms of routes of admission, tolerance, and withdrawals.
- An exploration of N.P.S. (New Psychoactive Substances) and their derivatives, in terms of effects, legal status, and toxicity.
- A basic knowledge of reward pathways, the role of neurotransmitters/ receptors, the effects of dopamine, serotonin, adrenaline, noradrenaline and gaba in the pharmacology of addiction.
- The efficacy of treatment approaches from a pharmacology perspective.

**Course content**

The training will include learning in areas such as how psychoactive drugs work in terms of their biochemical economy, the pleasure system and pathways, and the function of neurotransmitters/receptors in the pathology of addiction. The key psychoactive drugs will be explored from sedatives through to stimulants to

hallucinogens and their derivatives. In addition, the N.P.S. (New Psychoactive Substances) will also be examined with regard to their effects, routes of admission, tolerance, and toxicity. This training is for anyone with a serious interest in the area of substance use and who interacts in either a paid or voluntary capacity with people who have addiction issues.

**Target group**

This training is for anyone who interacts on either a paid or a voluntary capacity in the area of problem drug use /addiction and has an interest in learning more about the pharmacology of legal and non-legal psychoactive drugs.

**Entry requirement**

Interest in the subject.

**Selection procedure**

See course page

<https://mqi.ie/event/the-pharmacology-of-addiction-2/>

**Qualification**

n.a.

**Assessment**

n.a.

**Accreditation**

n.a.

**Course background**

At MQI, we believe that training plays a vital role in supporting workers to respond more effectively to the issues of drug use and homelessness. Our programme of short courses, which is available nationwide, aims to provide practical information and skills development for anyone who encounters drug misuse or homelessness in their work.

**Course start date**

27 July 2018, 10am - 1pm

**Course location**

The Carmelite Center, 56 Aungier St, Dublin 2

**Application**

Download the application form from MQI website.

The application form can also be obtained from Peter Kelly by emailing peter.kelly@mqi.ie.

Closing date for receipt of application forms is Friday 13th July 2018

**Cost**

€50.00

**Course Provider**

Merchants Quay Ireland

**Address**

Merchants Court, 24 Merchants Quay, Dublin 8

**Web address**

<http://www.mqi.ie>

**Contact Person(s)**

**Peter Kelly**

Training Officer

01 5240936

[peter.kelly@mqi.ie](mailto:peter.kelly@mqi.ie)

**Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

**Course aims and objectives**

- Give participants a theoretical and practical understanding of group processes from interpersonal and relational perspectives and their linkages to addiction contexts
- Explore the efficacy of group work as a treatment modality and vehicle for change in addiction settings
- Reflect on the preconditions that facilitate the group work modality as an effective treatment approach
- Provide an understanding and experience of the conscious and unconscious, here-and-now processes at work in groups, and how these influence group behaviour and dynamics
- Develop an awareness of the role of authority and power in groups in terms of the dynamics between group members and facilitators (transference and transparency) and how these get 'played out' in group interactions via managing conflict/hostility in groups
- Facilitate a learning experience whereby participants can integrate the theoretical, application, and process aspects of group work both from conscious and unconscious perspectives, but also from within the overall framework of addiction and its mechanisms
- Reflect on the utility of group psychoeducation techniques i.e. RT/REBT in helping clients to use the group process to manage addiction symptoms

**Course content**

This training programme is an opportunity for individuals to gain an understanding of both conscious and unconscious processes and dynamics that permeate all groups. It will offer participants opportunities to reflect on their own

experiences of and in groups and on their professional practice.

**Target group**

This training is for anyone with a serious interest in the area of group work and who interacts on either a paid or voluntary capacity with people in a variety of professional settings.

**Entry requirement**

An interest in the area.

**Selection procedure**

See website for application form

<https://mqi.ie/event/group-work-training-programme/>

**Qualification**

n.a.

**Assessment**

n.a.

**Accreditation**

n.a.

**Course background**

MQI run a number of training courses.

**Course start date**

The programme will commence on Thursday 28 June 2018 –26 July 2018 and will run for 5 weeks in total.

**Course location**

The Carmelite Center, 56 Aungier St, Dublin 2

**Application**

Download application form online or contact Peter Kelly 01 5240936, [peter.kelly@mqi.ie](mailto:peter.kelly@mqi.ie), or Carmel Kelly 01 5240973 . Closing date is 14 June 2018.

**Cost**

€250.00. €50.00 non-refundable to secure your place on the programme, €200.00 on first day of the event

**Course Provider**

Merchants Quay Ireland

**Address**

Merchants Court, 24 Merchants Quay, Dublin 8

**Web address**

<http://www.mqi.ie>

**Contact Person(s)**

**Peter Kelly**

Training Officer

01 5240936

[peter.kelly@mqi.ie](mailto:peter.kelly@mqi.ie)

**Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

**Course aims and objectives**

- An understanding of the signs and symptoms of compulsive gambling and the predisposing conditions that characterize this pathology.
- An appreciation of the factors of winning and losing in the clinical picture of pathological gambling.
- An overview of the relationship between compulsive gambling and the biological economy in terms of how C.G. functions for the user in terms of self-soothing, and the release of neurotransmitters.
- An understanding of some of the psychodynamic and learning theory perspectives and their efficacy in the treatment of this presentation.
- An awareness of some of the structural issues that can underscore pathological gambling, i.e. depression, unconscious sense of guilt, narcissism and treatment implications.
- An opportunity to reflect on the learning from a clinical case study of C.G. and 'to tease out' treatment approaches and strategies.

**Course content**

The training will include learning in key skills such as distinguishing between addiction to toxic media and behavioural compulsions, the exploration of both conscious and unconscious determinants in the clinical picture of gambling, and the relationship between compulsive gambling and the biochemical economy. This training is for anyone with a serious interest in the area of substance use and who interacts in either a paid or voluntary capacity with people who have addiction issues.

**Target group**

This training is for anyone who interacts on either a paid or a voluntary capacity in the area of problem drug use /addiction and has an interest in both the conscious and unconscious factors that underpin compulsive gambling.

**Entry requirement**

Those with an interest in the topic.

**Selection procedure**

See website for application form

<https://mqi.ie/event/addiction-pathological-gambling/>

**Qualification**

n.a.

**Assessment**

n.a.

**Accreditation**

n.a.

**Course background**

MQI provide a range of training opportunities.

**Course start date**

13 July 2018.

**Course location**

The Carmelite Center, 56 Aungier St, Dublin 2

**Application**

Download application form online or from Peter Kelly, [peter.kelly@mqi.ie](mailto:peter.kelly@mqi.ie) or 01 5240936. Closing date is 29 June 2018.

**Cost**

€50



# A45

## MOTIVATIONAL INTERVIEWING HELPING PEOPLE TO WORK TOWARDS CHANGE

### Course Provider

Merchants Quay Ireland

### Address

Merchants Court, 24 Merchants Quay, Dublin 8

### Web address

<http://www.mqi.ie>

### Contact Person(s)

**Peter Kelly**

Training Officer

01 5240936

[peter.kelly@mqi.ie](mailto:peter.kelly@mqi.ie)

### Not Active

This course is no longer active, but might be in the future contact the Course Administrator for more information.

### Course aims and objectives

The training is for anyone with a serious interest in the area of substance use and who interacts in either a paid or voluntary capacity with people who have addiction issues.

### Course content

The training will include learning in key skills such as reflective listening, developing discrepancy, rolling with resistance, managing ambivalence, and promoting client self-efficacy.

### Target group

This 15-hour workshop is aimed at those working in both the addiction field and wider social care contexts i.e. homelessness, residential care, youth work, and social care wishing to expand their skill and knowledge base in the area of addiction counselling through the application of motivational interviewing.

### Entry requirement

This training is for anyone who interacts on either a paid or a voluntary capacity in the area of problem drug use /addiction and has an interest in both the conscious and unconscious factors that underpin human motivation and the capacity for change.

### Selection procedure

See website for more details of the course <https://mqi.ie/event/motivational-interviewing-helping-people-to-work-towards-change/> or <https://mqi.ie/training/>

### Qualification

n.a.

### Assessment

n.a.

### Accreditation

n.a.

### Course background

Merchants Quay have a range of training courses.

### Course start date

30 -31 August 2018, 10am - 4pm

### Course location

The Carmelite Center, 56 Aungier St, Dublin 2

### Application

Course application forms are attached to this advertisement, and can also be got from Peter Kelly, Training Officer at Merchants Quay Ireland [peter.kelly@mqi.ie](mailto:peter.kelly@mqi.ie) or by contacting Peter at 01-5240936. Closing date for receipt of application forms is Thursday 23 August 2018

### Cost

Cost: €180.00. €50.00 non-refundable deposit to secure your place on the programme

**Course Provider**

Croi Nua Counselling and Psychotherapy

**Address**

The Orchard, Banshane, Midleton, Co. Cork

**Web address**

<http://eastcorkcounselling.com/>

**Contact Person(s)****Pat Coughlan**

*Counsellor, Psychotherapist, Career and Life Coach*

087 286 8590

pcoughlan7@eircom.net

**Course aims and objectives**

The purpose of this course is to enable people to:

- Learn about drugs and their effects.
- Develop an understanding of addiction
- Examine their own attitudes.
- Become more effective in their personal responses.
- Explore the effects of drug misuse on the family.
- Develop the skills and knowledge to become more effective in responding to drug misuse in their own communities.

**Course content**

- Introduction
- Drug use, misuse and abuse
- Drugs as participants encounter them. Signs and symptoms
- Drugs used in particular communities and their effects.
- Attitudes
- Pharmaceutical information on drugs
- The process of addiction
- The effects of addiction on families
- Interventions at one to one level
- Intervention and listening skills role play.
- Referral and treatment programmes

**Target group**

Community members who feel they would like to be more effective when it comes to drug/alcohol issues.

**Entry requirement**

There are no educational requirements to be part of this course, only a willingness to learn.

**Selection procedure**

Contact Croi Nua.

<http://eastcorkcounselling.com/croi-nua-community-addiction-course/>

**Qualification**

n.a.

**Assessment**

n.a.

**Accreditation**

n.a.

**Course background**

See website

**Course start date**

Contact Croi Nua for future dates.

**Course location**

Midleton, Cork

**Application**

Contact Pat Coughlan.

**Cost**

€320. Light lunch provided.

**Course Provider**

One Family

**Address**

2 Lower Pembroke Street, Dublin 2

**Web address**

<http://www.onefamily.ie>

**Contact Person(s)**

**Paula Lonergan**

*Training & Consultancy Manager*

01 6629212

[training@onefamily.ie](mailto:training@onefamily.ie)

**Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

**Course aims and objectives**

After taking part in this training you will be able to:

- design and deliver a ten-week Positive Parenting for Changing Families programme
- understand the theory behind the Positive Parenting for Changing Families manual
- be familiar with a range of approaches for managing difficult behaviour in children while raising self-esteem
- support parents in implementing these approaches
- support parents to develop strong relationships with their children
- know the provisions of the UN Convention on the Rights of the Child
- support parents in parenting when they are: separating or divorcing, sharing parenting, parenting in a multicultural society, parenting alone
- support parents to talk to their children about their family situations, and
- support families to parent through difficult times

**Course content**

This 3-day intensive training, prepares professionals to deliver the programme to groups or in one-to-one sessions with parents.

Redeveloped and redesigned from our flagship pre-existing Positive Parenting course and with a trainer's manual containing 15 highly practical sessions which focus on the realities of parenting in diverse and changing families, this programme addresses the real challenges for parents today from a strengths-based and positive approach.

**Target group**

Professionals working with families.

**Entry requirement**

n.a.

**Selection procedure**

See course website:

<https://onefamily.ie/education-training/for-professionals/positive-parenting-training/>

**Qualification**

n.a.

**Assessment**

n.a.

**Accreditation**

One Family accredited

**Course background**

We can develop this course to suit your needs by providing additional modules.

**Course start date**

26 - 28 September 2018. Three day course. Date to be confirmed

**Course location**

One Family, 8 Coke Lane, Smithfield, Dublin 7.

**Application**

Register or make a booking enquiry by completing online form. For additional information, contact Paula Lonergan by email or call 01 6629212.

**Cost**

€400

**Course Provider**

One Family

**Address**

2 Lower Pembroke Street, Dublin 2

**Web address**<http://www.onefamily.ie>**Contact Person(s)****Paula Lonergan**

Training &amp; Consultancy Manager

01 6629212

[training@onefamily.ie](mailto:training@onefamily.ie)**Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

**Course aims and objectives**

This Professional Development programme prepares trainers and people who work with parents, children and/or families to design and deliver One Family's Family Communications programme to groups or in one-to-one work. The emphasis is towards those parenting alone, sharing parenting, and parenting through family change such as separation. The comprehensive manual includes 15 modules, all of which give a step-by-step guide and handouts for facilitating each session.

**Course content**

After taking part in this course, you will be able to:

- plan, design and deliver a 6 to 12 week Family communications: Coping with family life and communication with teenagers programme
- understand the theory behind the related manual
- understand and coach parents in the principles of clear and direct communication in the home for problem-solving
- support parents in implementing and managing changes in the home
- support parents in parenting teenagers
- resource parents in creating a positive environment at home
- understand family diversity today
- support parents in parenting when they are: separating or divorcing, sharing-parenting, parenting in a multicultural society
- resource parents to re-build family life after a crisis
- support one-parent and separated families to encourage family pride and a strong family

identity

**Target group**

All those who are interested in delivering family strengthening courses and those who work with parents and their children such as project workers, family support workers, social workers and so on.

**Entry requirement**

n.a.

**Selection procedure**

Contact One Family

<https://onefamily.ie/education-training/for-professionals/family-communications-training/>

**Qualification**

n.a.

**Assessment**

n.a.

**Accreditation**

n.a.

**Course background**

See website for details

**Course start date**

2-4 May 2018. Contact One Family for further dates.

**Course location**

Dublin

**Application**

Contact One Family

**Cost**

€400. All materials provided, including Family Communications Trainers Manual. Light lunch & refreshments included in cost.

**Course Provider**

Dublin North East Drugs and Alcohol Task Force

**Address**

The Mornington Centre, 44A Malahide Road,  
Artane Roundabout, Artane, Dublin 5.

**Web address**

<http://www.dnetaskforce.ie/>

**Contact Person(s)**

*Training co-ordinator*

01 846 5070

[reception@dnetaskforce.ie](mailto:reception@dnetaskforce.ie)

**Course aims and objectives**

The Task Force offers training and education opportunities for service users, families of service users and staff working in community based drugs targeted services within the Task Force area. The range of courses on offer is dependent on funding available to the Task Force.

**Course content**

- We help with the development and delivery of Drugs Awareness Programmes in local schools and youth projects.
- We provide drugs education and awareness programmes for parents on a range of issues.
- We offer support to parents and, where necessary, provide information on useful services and agencies offering counselling, family therapy and other supports.
- We work in partnership with community drug programmes, teachers and Home School Community Liaison Officers in the area.
- We continue to deliver substance use programmes as a support to the Walk Tall and Social Personal and Health Education programmes at primary and post-primary levels.
- In conjunction with relevant agencies, we continue to support schools with the development, implementation and review of school substance use policies.
- We offer information and training on substance use and related issues to community and youth workers that are based in the catchment area.
- We act as an information resource in the Dublin North East region providing high quality and up to date information on drugs and other relevant issues.

Courses include: Diploma in addiction studies and Strengthening families programme

**Target group**

Those living or working in the Dublin North East region.

**Entry requirement**

Not applicable

**Selection procedure**

Contact the education team. See website for more details

<http://www.dnetaskforce.ie/training.aspx>

**Qualification**

Not applicable

**Assessment**

n.a.

**Accreditation**

n.a.

**Course background**

See website for more information.

**Course start date**

Contact the education team for dates of courses

**Course location**

The Mornington Centre, 44A Malahide Road,  
Artane, Dublin 5

**Application**

See online

**Cost**

Contact the education team

**Course Provider**

Irish Hospice Foundation

**Address**

Bereavement Education & Resource Centre  
Morrison Chambers (4th floor)  
32 Nassau street  
Dublin 2

**Web address**

<http://hospicefoundation.ie>

**Contact Person(s)****Education Team**

01 679 3188  
[info@bereaved.ie](mailto:info@bereaved.ie)

**Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

**Course aims and objectives**

Both the process of addiction and of recovery from addiction can be seen as having loss and grieving as central themes. This workshop will look at the psychological dynamics common to different addictions in relation to these inevitable themes of loss and grieving, with an emphasis on how clients may be practically helped to work through their particular loss issues.

**Course content**

On completion participants will be able to:

- describe the main criteria which define an addictive attachment;
- outline the losses which occur as a result of the progression of an addiction;
- understand the necessity for the addictive attachment to be mourned in order for healthy recovery to take place;
- reflect on the possible role of earlier unresolved grief issues in the genesis of an addiction, and in recovery from the addiction.

**Target group**

Professionals and volunteers who wish to learn more about loss and bereavement and for those working with people who have experienced a major loss.

**Entry requirement**

n.a.

**Selection procedure**

For further information on the course visit [hospicefoundation.ie/workshops/](http://hospicefoundation.ie/workshops/)

**Qualification**

n.a.

**Assessment**

n.a.

**Accreditation**

The Irish Association of Social Workers accredit the workshop for 2 CPD points. Professional accreditation is also under application from An Bord Altranais and the Irish College of General Practitioners. A certificate of participation/attendance at the workshops is available on request.

**Course background**

Presenter profile: Eoin Stephens is an Integrative cognitive behavioural therapist specialising in addictive behaviours and dual diagnosis issues. He has worked in addiction counselling and training, as well as in general private practice and supervision, for over 20 years. He is currently College President at PCI College, and a Director of CBT Solutions.

**Course start date**

14 June 2018, 9.15am-4.15pm. See website for further dates.

**Course location**

The Irish Hospice Foundation, Dublin 2

**Application**

Contact [iris.murray@hospicefoundation.ie](mailto:iris.murray@hospicefoundation.ie) or visit website. Booking forms should be returned with a cheque or details of address for invoice.

**Cost**

€100, includes light lunch/tea and coffee.



# B

Longer courses providing information, raising awareness and developing skills among those whose work brings them into contact with substance misuse. Around NFQ (National framework of qualifications) level 5.

**Course Provider**

Community Outreach Drug and Alcohol Project –  
Cork City Partnership

**Address**

Cork City Partnership Ltd.  
Level 1, Heron House  
Blackpool Retail Park  
Blackpool Cork City  
Telephone: 021-4302310

**Web address**

<http://www.corkcitypartnership.ie>

**Contact Person(s)****Jacqueline Daly**

Community Development / Drug & Alcohol Worker  
087 1962030  
[jdaly@partnershipcork.ie](mailto:jdaly@partnershipcork.ie)

**Course aims and objectives**

This course is designed to promote good practice among those who work (paid / voluntary) with young people and communities. It provides a critical perspective on some of the issues including community development and drug / alcohol issues which can affect young people and communities and encourages the development of coherent responses at individual and organisational level. The two components should promote the ability of learners to work safely and effectively in youth and / or community work settings. The programme also aims to provide the participants with the necessary knowledge and skills in sourcing and / or resourcing applicable supports systems, both within and outside their communities.

**Course content****1. Understanding Community Development**

- The purpose of this component is to equip the learner with the knowledge, skill and ability to engage with the key ideas which underpin community development in Ireland. It will also outline the potential of community development to contribute to social change in relation to a range of issues e.g. poverty, equality, attitudes to substance misuse, immigration etc. This component will also look at some current challenges to community development's role as a process of social change in favour of the most marginalised.

**2. Substance use issues for youth work****Target group**

n.a.

**Entry requirement**

Applicants must:

- Be aged 21 or over,
- Send in relevant application form,
- Attend a pre-entry information session,
- Attend an interview in Cork City Partnership,
- Have Leaving Certificate or its equivalent and /or relevant life and work experiences (recognised prior learning),

Applicants are expected to be active participants in the community in either a voluntary or work capacity.

In order to gain employment or volunteer in this sector Garda Vetting is mandatory.

**Selection procedure**

Interviews will be held. For more information see:

<http://corkcitypartnership.ie/community-outreach-and-drug-awareness-programme/education-training-codaap/>

**Qualification**

Graduates will receive a QQI /FETAC Level 5 Combined Component Award.

**Assessment**

A variety of continuous assessment models will be employed and at least 80% attendance at the course is essential.

**Accreditation**

NFQ

**Course background**

n.a.

**Course start date**

This course will be offered on a part time basis over the academic year (Sept/Oct— April/May), Tuesday evening: 7.00 — 10.00 pm

**Course location**

Cork College of Commerce, Morrison's Island  
Cork City

**Application**

Contact Jacqueline Daly on 021 4302310 / 087 1962030 or [jdaly@partnershipcork.ie](mailto:jdaly@partnershipcork.ie) for application form.

**Cost**

€125. Subject to change.

**Course Provider**

The Learning Curve Institute

**Address**

Rushbrook, Clogher, Westport, Co Mayo

**Web address**

<http://www.thelearningcurve.ie>

**Contact Person(s)****Administrator**

Administrator

098 25530

[info@thelearningcurve.ie](mailto:info@thelearningcurve.ie)

**Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

**Course aims and objectives**

The aim of this course is to enable participants to be aware of the various drugs, both legal and illegal that are available at the present time in their area. It focuses on their impact on the community and on the whole process of addiction. Essentially the course will cover four main areas:

1. Drugs and their effects
2. The process of addiction
3. Intervention strategies
4. Community responses

**Course content**

This QQI Level 5 Community Addiction Studies course is a Component Certificate or module at QQI Level 5 of 36 hours duration delivered part time over 10 weeks.

Students will receive handouts and relevant literature to enable them to develop their understanding of addiction studies appropriate to this level. In each session students will have the opportunity to observe and discuss the various categories of drugs and the effects that addiction may have on the family and community.

**Target group**

Participants who wish to expand their knowledge of addiction, drugs and their use/misuse

**Entry requirement**

Level 4 Certificate, Leaving Certificate or equivalent qualifications and/or relevant life and work experience

**Selection procedure**

Application form

[www.thelearningcurve.ie/qqi-level-5-community-addiction-studies](http://www.thelearningcurve.ie/qqi-level-5-community-addiction-studies)

**Qualification**

QQI Level 5 Component Certificate in Community Addiction Studies.

**Assessment**

The programme is delivered as a part time course consisting of 24 hours face to face learning with another 12 hours online contribution/discussion time. A total of 36 hours contact time between student and lecturer. A further 30 hours of self-directed learning is recommended for successful completion of the module by the learner. Students must attend at least 80% of the classes and complete all the necessary assessments in order to be eligible for certification through FETAC.

The online element to the course will be in the form of a discussion forum. This forum will be open for the entire 10 week period and students will be expected to contribute to the discussions as posted by the tutor every week, this will account for approx 1.5 hours in total each week for the 8 weeks.

- Collection of work - 60%
- Research project - 40%

**Accreditation**

This component certificate can be combined with other Level 5 Minor Awards or Components to achieve a QQI Level 5 Major Award in Community Development.

**Course background**

The Learning Curve Institute offers a unique post-course support system whereby students are provided with the contact details of the lecturer

and are free to contact him/her with any questions they may have or queries with which they would like the lecturers help.

**Course start date**

Contact the Learning Curve for future dates and venues.

**Course location**

Dublin, The Skylon Hotel, Drumcondra. Mayo, Mayo Education Centre, Castlebar.

**Application**

Book through the website link or contact The Learning Curve Institute directly on 098 25530 or [info@thelearningcurve.ie](mailto:info@thelearningcurve.ie). See website for closing dates.

**Cost**

€375

# B03

## 'THEATRE OF THE OPPRESSED'• FACILITATION SKILLS COURSE

### Course Provider

ALĀ (Participatory theatre)

### Address

83 Castle Park, Ballybane, Galway

### Web address

<http://ala-ct.ie/>

### Contact Person(s)

*Project Director*

Tel 091 492852

[to.galway@gmail.com](mailto:to.galway@gmail.com)

### Course aims and objectives

This course will introduce participants to the world renowned drama facilitation methods created by Augusto Boal known as Theatre of the Oppressed (TO). It will provide participants with a thorough grounding of TO drama facilitation techniques for practical use in group work situations. Through the use of stimulating games, exercises and other drama techniques, the course will explore group dynamics, effective communication and the idea of the reflective practitioner.

### Course content

Specific learning outcomes are in 4 units.

Unit 1: Interpretation

Unit 2: Movement

Unit 3: Voice

Unit 4: Collaboration

### Target group

1. Learners who want to gain an in depth understanding of Theatre Performance.
2. Learners who have already taken up a position in a theatre/production company.
3. Good English language, literacy and computer skills.
5. Well motivated, team player, with good interpersonal and communication skills.
6. Good time-keeping, attendance and commitment.
8. Learners who feel they have experience but who do not possess an appropriate qualification.

### Entry requirement

Previous facilitation or group work experience would be an advantage. Prior drama experience is not essential.

### Selection procedure

All applicants should be interviewed against Target Learner Profile. Recognition of prior learning

will be considered. General education: Leaving Certificate (with relevant direct experience) or higher.

### Qualification

FETAC Level 5 - E20019 Theatre Performance

### Assessment

The course is highly participative and practical in nature. Assessment will be ongoing throughout the duration of the course. Both didactic and inductive methods are used.

### Accreditation

All assessment is carried out in accordance with FETAC regulations.

### Course background

ALĀ is a personal, social and community development organization. It uses theatre arts and education as developmental tools.

### Course start date

Contact Ala for details of upcoming courses. Classes run on Friday evenings and on Saturdays and Sundays. There are 72 hours tuition plus learning journal and assessments.

### Course location

Aras na Mac Leinn, NUI Galway

### Application

Return completed forms by post or email.

### Cost

The course fee is usually €400.

**Course Provider**

HIV Ireland

**Address**

70 Eccles Street, Dublin 7

**Web address**<http://www.hivireland.ie>**Contact Person(s)****Susan Donlon***Prevention Education & Training Co-ordinator*

01 873 3799

[susan.donlon@hivireland.ie](mailto:susan.donlon@hivireland.ie)**Course aims and objectives**

Funded by the North Inner City Drugs Task Force (NICDTF), the primary aim of the programme is to provide youth and community workers with the information, resources, and skills necessary to work with the client group in their care in relation to sexual health and drug and alcohol use.

**Course content**

The programme is delivered one day a week, for 8 weeks.

Week 1: Sexual health and HIV & AIDS

Week 2: Sexually transmitted infections (STIs), condom use, and contraception

Week 3: Hepatitis and sexuality

Week 4: Cultural issues and sexual health, and presentation skills

Week 5: Drugs and alcohol awareness

Week 6: Interventions with clients: An introduction to motivational interviewing

Week 7: Policies, best practice and legal issues, and information recap

Week 8: Participant presentations

**Target group**

Youth and community workers in the north inner city area

**Entry requirement**

Ideally, candidates should be trained trainers and working in the youth and community sectors, in particular with vulnerable at-risk groups.

**Selection procedure**

Candidates from the north inner city will be assessed for entry before others will be considered. The maximum number of participants on each course is 12.

For HIV Ireland training webpage see

<http://www.hivireland.ie/what-we-do/training/>

**Qualification**

NFQ Level 5 Component Certificate in Sexual Health and Drug Awareness Training

**Assessment**

Learner record, short assignment, and a skills demonstration presentation

**Accreditation**

NFQ

**Course background**

n.a.

**Course start date**

No dates are currently scheduled. Contact HIV Ireland for future dates and other courses.

**Course location**

Eccles Street, Dublin 1

**Application**

Contact

**Cost**

To be confirmed

# B05

## SAOR SCREENING AND BRIEF INTERVENTION FOR PROBLEM ALCOHOL & SUBSTANCE USE. ONE-DAY COURSE.

### Course Provider

Health Service Executive

### Address

Health Promotion Service, 1st floor, Unit 4,  
Nexus Building, Blanchardstown Corporate Park,  
Dublin 15

### Web address

### Contact Person(s)

### Course aims and objectives

This course aims to prepare professionals to implement SAOR Screening and Brief Interventions (SBI) for problem substance use.

On completion of this course, participants should be able to:

- Critically discuss problem alcohol and drug use as it impacts on their current work or area of practice
- Demonstrate an enhanced knowledge and awareness of contemporary models of screening and brief intervention for problem alcohol and drug use
- Identify problem alcohol and drug users who present in health and social care settings
- Utilise the SAOR model of Screening & Brief Intervention (SBI) in practice based scenarios
- Discuss the application of the SAOR model of screening and brief intervention for problem alcohol and drug use into their practice

### Course content

The key course content which emerges from the course learning outcomes is outlined below:

- Evidence for the effectiveness of SBI.
- Alcohol and drug related presentations to health and social care settings.
- Contemporary models of SBI for problem alcohol and drug use.
- Overview of the SAOR model of intervention for problem alcohol and drug use.
- Establishing a supportive working

relationship with the service users.

- Asking about alcohol and drug use and screening for alcohol and drug related problems.
- Delivering a structured brief intervention based upon the SAOR model.
- Developing appropriate care pathways for service users and arranging appropriate follow up.
- Accessing useful links and reference materials for further reading and research

### Target group

The primary target audience is nurses, midwives and allied health and social care professionals who are in a position to offer Screening and Brief Interventions to service users presenting with problem alcohol and drug use.

### Entry requirement

Please email [karen@ndublinrdtf.ie](mailto:karen@ndublinrdtf.ie) to register

### Selection procedure

Places will be allocated on a first come, first served basis for each completed application. See HSE for SAOR [booking form](#) or [in-house training request form](#)

See website:

<http://www.hse.ie/eng/about/Who/primarycare/socialinclusion/homelessness-and-addiction/alcohol-and-substance-use-saor/>

### Qualification

n.a.

### Assessment

n.a.



**Accreditation**

An Bord Altranais - Category 1 approval

**Course background**

See HSE website for [SAOR resources](#)

**Course start date**

One day course arranged by HSE as required.

**Course location**

13.06.2018 Tallaght Library; 26.06.2018 North Dublin RDATAF, Swords Village; 12.07.2018 Ballymun HC Facility, Rm 5; 19.07.2018 Tallaght Library.

**Application**

Contact karen@ndublinrdtf.ie by email only to register. Please provide name, organisation, job title, email address, date & venue you wish to register for. Places are limited to 18 per training day.

**Cost**

n.a. Please note refreshments/lunch are not provided.

**Course Provider**

Merchants Quay Ireland

**Address**

Merchants Court, 24 Merchants Quay, Dublin 8

**Web address**

<http://www.mqi.ie>

**Contact Person(s)**

**Peter Kelly**

Training Officer

01 5240936

[peter.kelly@mqi.ie](mailto:peter.kelly@mqi.ie)

**Course aims and objectives**

Merchants Quay Ireland is now offering a 12-week Certificate in Addiction Studies.

**Course Objectives:**

- Become familiar with different psychoactive substances, common effects and distinctions between drug use, misuse, and drug dependence.
- Have developed an understanding of the principles and practices of harm reduction and their use as an intervention with problem drug use.
- Have gained an understanding of primary health care perspectives regarding problem drug use, particularly safe injecting techniques and the protocols that underpin it.
- Know the basics of modern pharmacological research and the effects of both legal and non-legal drugs on the brain and central nervous system.
- Have an appreciation of psycho-dynamic perspectives and be able to reflect on the role of unconscious processes in addiction.
- Be aware of the key decisions in terms of ethics, boundaries, and contracts that need to be addressed in structuring a helping relationship.
- Have gained a good understanding of [Motivational Interviewing](#), its theoretical underpinnings, influence, and development.
- Will have achieved a level of competency in the core skills and be able to begin, maintain, and conclude a helping intervention.
- Have an understanding of the Wheel of Change and be able to situate the cycles

of drug/alcohol use within its framework.

- Developed a proficiency in the areas of reflective listening, dealing with resistance/ambivalence, development of discrepancy, promoting client self efficacy, and working towards change.

**Course content**

The programme is designed to equip students with the necessary skills, knowledge and theory to respond more effectively to the issues of drug use and addiction.

**Target group**

The course is for anyone with a serious interest in the area of substance use and who interacts in either a paid or voluntary capacity with people who may have addiction problems.

**Entry requirement**

For further information please contact Peter Kelly 01-524 0936 or email [peter.kelly@mqi.ie](mailto:peter.kelly@mqi.ie).

**Selection procedure**

See course website for application form:

<https://mqi.ie/event/certificate-in-addiction-studies/> for Friday morning class or

<https://mqi.ie/event/certificate-in-addiction-studies-2/> for Thursday evening class.

**Qualification**

Certificate in Addiction Studies

**Assessment**

As per curricula

**Accreditation**

MQI

**Course background**

n.a.

**Course start date**

14 September 2018 – 30 November and will run on a part-time basis Friday mornings 10am – 1pm. Or 13 September 2018 to 29 November 2018, Thursday evenings 6.00pm—9.00pm

**Course location**

Dublin

**Application**

Please download the application form on the website. This can also be obtained by contacting Peter Kelly 01-524 0936 or email peter.kelly@mqi.ie. Closing date for applications is Friday 25th May 2018

**Cost**

€500.00, €50.00 non-refundable to secure your place on the programme.

**Course Provider**

IICP Education and Training

**Address**

Killinarden Enterprise Park, Killinarden, Tallaght,  
Dublin 24

**Web address**

<http://www.iicp.ie>

**Contact Person(s)**

**Marcella Finnerty**

*Course Director*

01 260 0805 / 086 260 9989

[marcella@iicp.ie](mailto:marcella@iicp.ie)

**Course aims and objectives**

Mindfulness is increasingly recognised as a valuable intervention in counselling internationally. In the field of medicine, more Irish doctors now recommend mindfulness to patients. Millions of people around the world practice mindfulness to enhance their experience of living. Put simply, mindfulness involves continually returning your awareness to your present-moment stream of experience in a non-judgmental way. This very simple approach, though at odds with our normal way of thinking, can be very helpful to people suffering loss, anxiety, stress, depression and other aspects of the human condition.

**Course content****Course content**

- Definitions and purpose of mindfulness.
- Exploration of the use of mindfulness with clients.
- Exploration of the use of mindfulness in your own life.
- Consideration of the scope and limitations of mindfulness as a therapeutic tool.
- Opportunities to role-play in triads as therapist, client and observer using participants' own case work.
- Opportunities to practice mindfulness during the course days and guidelines for practice at other times.
- An introduction to the basics of Buddhist psychology from which mindfulness emerged.
- Understanding how Buddhist psychology 'fits' with Cognitive Behavioural Therapy and other Western approaches.

**Target group**

This course is intended for therapists, mental health practitioners and for those professionals who would like to add mindfulness to the range of clinical interventions available to them. Additionally, it is ideal for those who would like to use mindfulness in their own lives. Participants will gain a rewarding life skill and a valuable tool for intervention.

**Entry requirement**

No entry requirements

**Selection procedure**

For course information see

<https://www.iicp.ie/cpdcourses/mindfulness/>

**Qualification**

Certificate of completion and transcript of course content and hours for continuing professional development (CPD).

**Assessment**

Attendance at all training days is necessary to qualify for the award of the Certificate.

**Accreditation**

Institute of Integrative Counselling and Psychotherapy (IICP Education and Training)

**Course background**

This course has been organised in response to requests from trainees and professionals who wish to learn more about mindfulness.

**Course start date**

Sat 14, 21, 28 July 2018, Or Mon 05, 12, 19 Nov 2018, 10:00am – 4:00pm. This course runs a number of times a year.

**Course location**

Killinarden Enterprise Park, Dublin 24; Silver Springs Hotel, Cork; Eglantine Avenue Belfast

**Application**

Application form available from contact persons or IICP website listed above.

**Cost**

€295.00.

**Course Provider**

IICP Education and Training

**Address**

Killinarden Enterprise Park, Killinarden, Tallaght,  
Dublin 24

**Web address**

<http://www.iicp.ie>

**Contact Person(s)**

**Marcella Finnerty**

*Course Director*

01 260 0805 / 086 260 9989

[marcella@iicp.ie](mailto:marcella@iicp.ie)

**Course aims and objectives**

The aim of the course is to equip participants with the necessary theoretical and clinical understanding of the CBT approach to counselling. The course content can be broken into four broad areas.

- Theory
- Assessment of presenting problems
- Disputation of irrational beliefs
- Homework

**Course content**

Section one:

Participants will learn the history of CBT with emphasis on Beck's Cognitive Therapy and Ellis' Rational Emotive Behavioural Therapy. Participants will gain an understanding of the psychology behind the CBT model and its clinical application in today's climate. Difference in counsellor style will form an integral part of this phase of training. The importance of the counsellor as educator will be discussed. Ellis' ABC Model will be explored in detail and participants will learn how to explain the model to clients in a variety of ways.

Section two:

Assessment of a problem will be explored in the second phase of training. The different classifications of irrational beliefs will be explained and discussed. (inferences, evaluations etc). Trainees will learn how to identify rational and irrational beliefs and will clearly understand the difference between healthy and unhealthy emotions. The impact of thinking on emotional disturbance will be further discussed and explored. At this stage of training, Participants will begin to apply the ABC model to some of the presenting problems they identify.

Section three:

At this stage of training, Participants will be taught the different types of disputation in CBT. They will learn how to dispute irrational beliefs at a logical, empirical and pragmatic level. They will be taught how to assist their client's in disputing their irrational thoughts and beliefs. The integration of Alternative Rational Beliefs will be introduced to students and they will be given opportunity to practice these skills in class through triad work and round robins.

Section four:

The role of homework will be explored in detail in this section. Having identified the need to develop and strengthen rational beliefs, trainees will be given the skills required to help their clients achieve same. Students will learn how to develop both written and behavioural assignments to address the identified issues. These homework assignments will focus on both disputing the irrational beliefs and consolidating the rational beliefs. Effective planning strategies will also be explored.

**Target group**

Professional or personal interest in the area of Cognitive Behavioural Therapy.

**Entry requirement**

No entry requirements.

**Selection procedure**

See the course website for further details <https://www.iicp.ie/cpdcourses/cbt/>

**Qualification**

IICP Certificate of Attendance and Participation.  
CPD: 30 hours

**Assessment**

n.a.

**Accreditation**

Institute of Integrative Counselling and Psychotherapy (IICP Education and Training)

**Course background**

This course has been organised in response to those seeking professional training and qualifications in Cognitive Behavioural Therapy

**Course start date**

Four full teaching days starting Sunday, 23 September 2018. This course runs a number of times a year.

**Course location**

Killinarden Enterprise Park, Dublin 24

**Application**

Application form from contacts or online.

**Cost**

€495.00 (€421 for IICP Students/Alumni and VCS Counsellors)

**Course Provider**

IICP Education and Training

**Address**Killinarden Enterprise Park, Killinarden, Tallaght,  
Dublin 24**Web address**<http://www.iicp.ie>**Contact Person(s)****Marcella Finnerty***Course Director*

01 260 0805 / 086 260 9989

marcella@iicp.ie

**Course aims and objectives**

This is an introductory course for those who are seeking to develop their awareness and understanding in the field of counselling and psychotherapy. This course also serves as a foundation course for those seeking entry onto a diploma course in counselling and psychotherapy.

Programme aims:

- To introduce learners to a practical cutting-edge approach to mental health care and counselling;
- To encourage psychological wellbeing within the programme and empower and encourage support networks;
- To provide a warm and challenging environment where students can learn and grow;
- To enable learners to begin to develop a clear and transparent understanding of counselling and psychotherapy that is congruent with the principles associated with bone fide helping professionals; and
- Encourage learners to view this course in the context of lifelong learning and personal as well as professional development.

**Course content**

The programme is highly interactive and taught through role-play, lectures, group work and audio/video presentations. Participants will have the opportunity to produce and participate in individual written assignments, group projects and group work.

Module:

**1. Introduction to counselling and psychotherapy:** This module aims to give the learner a broad introduction to the field of counselling and psychotherapy and the main approaches therein. Learners will have the opportunity to explore various definitions in

counselling and psychotherapy, understand the historical developments, appreciate how the need for therapy has evolved at a societal level and understand how theories aid a therapist in understanding human behaviour, emotions, unconscious factors, motivation and making sense and meaning of life experiences. Learners will also be given an overview of the models of Choice Theory and Reality Therapy, Person Centred Counselling and Multicultural approaches.

**2. Introduction to counselling skills:** This module aims to introduce the learner to the basic and intermediate skills of counselling. Learners will be coached in a range of key skills that will facilitate effective listening within the helping relationship. Learners will explore the characteristics of an effective listener, understand the core conditions of empathy, congruence and unconditional positive regard within the helping relationship and become increasingly aware of listening blocks. Learners will have the opportunity to practice listening skills with peer learners throughout this module.

**3. Introduction to personal development:** This module aims to enable learners to increase their levels of self awareness of their own personal development within the context of becoming a helper. Learners will explore their levels of self-awareness and how this relates to becoming an effective helper in the caring profession. Accurate and sensitive self-awareness underpins any type of helping relationship, as the main instrument for becoming a helper/therapist is the person themselves.



## **Target group**

This programme is suitable for those seeking to pursue their awareness and development in the field of counselling and/or who work in the helping/caring professions.

## **Entry requirement**

- Applicants should be able to articulate their interest in the therapeutic field and their reasons for pursuing this course of study; and
- Produce evidence of prior educational attainment (see application form for further details)

Entry onto the certificate programme is through application and interview. Selection procedures will apply.

## **Selection procedure**

See the course webpage at <https://www.iicp.ie/courses/certificate/>

## **Qualification**

QQI Minor Certificate in Integrative Counselling and Psychotherapeutic Studies (NFQ Level 6)

## **Assessment**

Assessments will include practical work, individual and group projects and written assignments.

## **Accreditation**

Institute of Integrative Counselling and Psychotherapy

## **Course background**

Course was developed in response to requests from those seeking to pursue a foundation course in counselling and/or those who wished to develop their understanding of counselling for their personal and/or professional development.

## **Course start date**

Thursday 08 November 2018, 7:00pm-10:00pm.  
12 Thursday evening sessions & 4 Sunday's from November 2018 to April 2019 See website for future dates.

## **Course location**

Killinarden Enterprise Park, Dublin 24

## **Application**

Application form available from contact persons or IICP website listed above.

## **Cost**

€1,300 (inclusive of QQI registration fee of €50.)

**Course Provider**

IICP Education and Training

**Address**

Killinarden Enterprise Park, Killinarden, Tallaght,  
Dublin 24

**Web address**

<http://www.iicp.ie>

**Contact Person(s)**

**Marcella Finnerty**

*Course Director*

01 260 0805 / 086 260 9989

[marcella@iicp.ie](mailto:marcella@iicp.ie)

**Course aims and objectives**

The aim of this programme is to facilitate counsellors and therapists in furthering their knowledge and experience of counselling children and adolescents. This programme will focus on an integrated model for counselling minors and will include a placement component.

There will be ten full teaching days and 20 hours of peer group discussion. There is also a requirement for 50 hours of supervised clinical work to achieve the award. The programme will run over a series of Saturdays and Sundays throughout the year from July to November and will include workshops and lectures. Candidates have a full calendar year in which to complete the clinical requirements.

**Course content****Practical implications & theoretical underpinnings:**

- Assessment of minors
- Use of the CORE YP Form/Beck Youth Inventory
- Including families in the counselling process
- Contracting with children and parents
- The child's internal process of change

**SPICC Model of working with minors:**

- Overview of the process of child counselling
- Person centred therapy interventions
- Cognitive behaviour therapy interventions
- Gestalt therapy interventions
- Behaviour therapy interventions
- Play therapy interventions
- Reality therapy interventions

- Narrative therapy interventions
- Use of creative and child specific therapy material and resources

**Other specific issues:**

- Developmental psychology
- Abnormal psychology
- Child protection issues
- Grief work with children
- Dealing with transference and resistance
- Issues in adolescence
- Personal development and reflective work

**Course assignments:**

- Group project
- Theory essay
- Supervision report & self-evaluation of supervision

**Target group**

Counsellors and psychotherapists, counselling psychologists and/or clinical psychologists, or those with a recognised clinical qualification in the helping profession.

**Entry requirement**

- The course is open to counsellors and psychotherapists, counselling psychologists and/or clinical psychologists, or those with a recognised clinical qualification in the helping profession.
- Applicants must have experience of working with clients therapeutically and under supervision.
- Learners will demonstrate an ability to engage in self-directed learning

## **Selection procedure**

For further course details see -

<https://www.iicp.ie/cpdcourses/childadolescent/>

## **Qualification**

IICP Certificate in Child and Adolescent  
Counselling & Psychotherapy.

## **Assessment**

Attendance at all training days is necessary to  
qualify for the award of the Certificate.

## **Accreditation**

IICP

## **Course background**

n.a.

## **Course start date**

Course is run periodically. 10 full teaching days,  
20 hours of peer group discussion. Requirement  
for 50 hours of supervised clinical work to achieve  
the award.

## **Course location**

IICP Education and Training, Killinarden  
Enterprise Park, Killinarden, Dublin 24.

## **Application**

Apply online on IICP website

## **Cost**

€950.00 (€807.50 for IICP Diploma/BA Alumni or  
qualified VCS counsellors)

**Course Provider**

PCI College

**Address**

Corrig House, Old Naas Road, Clondalkin,  
Dublin 22

**Web address**

<http://www.pcicollege.ie>

**Contact Person(s)**

**Kelley Farrell**

*Enquiries*

01 464 2268

[info@pcicollege.ie](mailto:info@pcicollege.ie)

**Course aims and objectives**

This 30 hour programme consists of five one-day workshops, each of 6 hours duration. They will explore case work with particular emphasis on the impact of substance addiction on the individual, the family and the community.

**Course content**

- Drug types: pharmacological categorisation; how they work; their effects.
- Legal perspective: The Misuse of Drugs Act (Ireland); similarities and variances with the laws of other countries.
- The legalisation of cannabis and other drugs debate.
- Addiction research: Ireland & international.
- The causes of addiction.
- A range of treatment modalities: philosophies and practices.
- The family context of addiction.
- Counselling skills, particularly associated with addiction work.
- Health-related issues e.g. H.I.V., Hepatitis.
- The addictive personality?
- Personal factors enhancing recover.
- The role of support groups e.g. A.A., N.A., G.A., Al Anon etc.
- After-care.

**Target group**

Counsellors wishing to develop skills to enable them recognise the presence of addiction issues in the story of a client, to enable them work with the addiction issue or to make an appropriate referral.

**Entry requirement**

Qualification in counselling, psychotherapy or other helping professionals with therapeutic experience. Students currently in training will be

considered, though the certificate cannot be used until they have qualified.

**Selection procedure**

Download application form on PCI website

[www.pcicollege.ie/cpd-course/substance-addiction](http://www.pcicollege.ie/cpd-course/substance-addiction)

**Qualification**

PCI College Certificate in Substance Addiction

**Assessment**

1. Visit a treatment service and make a 30 minute presentation on this experience.
2. Write an essay on the rehabilitation of substance addicts in your work.

**Accreditation**

n.a.

**Course background**

n.a.

**Course start date**

30 hour programme over 2 weekends. Contact PCI for next dates.

**Course location**

Clondalkin, Dublin. This course can also be provided as an in-service programme for government bodies, professional groups or community organisations

**Application**

Contact PCI

**Cost**

€750 (€500 for PCI students and graduates)

**Course Provider**

PCI College

**Address**

Corrig House, Old Naas Road, Clondalkin,  
Dublin 22

**Web address**

<http://www.pcicollege.ie>

**Contact Person(s)**

**Kelley Farrell**

*Enquiries*

01 464 2268

[info@pcicollege.ie](mailto:info@pcicollege.ie)

**Course aims and objectives**

You will learn to observe, assess, evaluate, and formulate treatment using the client's environmental influencers as well as their thoughts, moods and emotions, and behaviour. The approaches presented are usable, up-to-date and strongly evidence-based.

**Course content**

Course content:

Day 1: Foundation level theory and practice

Day 2: Behavioural & cognitive strategies in CBT

Day 3: Depression - a cognitive behavioural approach

Day 4: Anxiety - a cognitive behavioural approach

Day 5: Integration/assessment day

Workshops can be taken individually, or combined to make up the requirements for the Certificate Course. There is no time limit to complete the course.

**Target group**

For helping professionals (with therapeutic experience) who want to gain the knowledge and skills necessary to incorporate CBT into their practice.

**Entry requirement**

Applicants will ideally have a professional qualification in counselling, psychotherapy, or similar – accreditation is not necessary. Students currently in training will be considered, on the understanding that the certificate qualification cannot be used until they have qualified.

Additional requirements (before integration day): 20 hours of work with clients using CBT & 3 sessions with a qualified supervisor to review your client work.

**Selection procedure**

For more information please visit

<http://www.pcicollege.ie/cpd-course/cognitive-behaviour-therapy>

**Qualification**

Participants must attend all days for a certificate in cognitive behaviour therapy.

**Assessment**

As per syllabus. Additional Course Requirements: (Before Integration Day): 20 hours of work with clients using CBT and 3 sessions with a qualified supervisor to review your client work

**Accreditation**

PCI College

**Course background**

See website for more details.

**Course start date**

30 hour programme over 5 days. Next start date to be confirmed. Please call 01-464 2268 or email [info@pcicollege.ie](mailto:info@pcicollege.ie) to add your name to the Waiting List.

**Course location**

Dublin. This course can also be provided as in-service training for government bodies, professional groups or community organisations.

**Application**

Application forms by email or online.

**Cost**

Fees (full course): €780. If you have completed the PCI College Advanced Diploma in CBT, you are entitled to an exemption of day 1 & day 2 - course cost €570.

**Course Provider**

PCI College

**Address**

Corrig House, Old Naas Road, Clondalkin,  
Dublin 22

**Web address**

<http://www.pcicollege.ie>

**Contact Person(s)**

**Kelley Farrell**

*Enquiries*

01 464 2268

[info@pcicollege.ie](mailto:info@pcicollege.ie)

**Course aims and objectives**

This short course is designed to introduce participants to addiction studies and looks at:

- what substances are being used, how these impact on users,
- Irish drug and alcohol policy, treatment approaches and
- an introduction into research and treatments and how well these work.

**Course content**

This programme will provide a basic introduction about the impact of addiction in Ireland. It will open a door for greater understanding of this complex and difficult topic. It will also review what substances look like, what is available and their effects.

We will discuss the use and abuse of various substances and explore Irish policy around drugs and alcohol. Different treatment approaches and access to treatments will be reviewed and current research on treatment effectiveness will be introduced.

Signs of substance misuse among adolescents will also be discussed. Recent policy developments and current research into treatments are also examined.

**Target group**

For those who have an interest in addiction including members of the public, volunteer workers and public servants who wish to learn about this important topic. It will also serve as an introduction to the area of addiction for practising counsellors.

**Entry requirement**

An interest in addiction.

**Selection procedure**

Completion of the application and fulfilment of the conditions.

For more information about the course visit

<http://www.pcicollege.ie/short-courses/introduction-addiction-studies>

**Qualification**

PCI College Certificate in Addiction Studies

**Assessment**

As per syllabus.

**Accreditation**

PCI College

**Course background**

See website for more information.

**Course start date**

30 hour programme over 10 weeks. Start date to be confirmed.

**Course location**

Clondalkin, Dublin

**Application**

Please email [info@pcicollege.ie](mailto:info@pcicollege.ie) or call 01 464 2268 to add your name to the waiting list.

**Cost**

€650.00

**Course Provider**

National Youth Council of Ireland

**Address**

3 Montague Street  
Dublin 2  
Ireland

**Web address**

<http://www.youth.ie/training>

**Contact Person(s)****Training Administrator**

Training Administrator  
01-478 4122  
[training@nyci.ie](mailto:training@nyci.ie)

**Course aims and objectives**

The training is based on the resource MindOut which has been developed by Health Promotion HSE West and NUI Galway. MindOut is a twelve-session mental health programme which takes a positive approach to the promotion of emotional and mental health among young people. The emphasis is on giving time to young people to explore what challenges their mental health and looking at the ways they cope ranging from personal coping skills to informal networks of support to professional or voluntary support services. All participants will receive a copy of the MindOut resource pack and Good Habits of Mind support pack.

**Course content**

Training for the resource is carried out over three days. Following training day one and two participants begin to implement the programme. Participants then return 6 weeks later for day three which includes a review, self-care for the tutors and organisational issues.

**Learning content:**

- Expressing feelings
- Gender differences in coping behaviour
- Dealing with rejection and depression
- Seeking help
- Coping strategies and resilience
- The importance of social support
- Positive self-talk

**Target group**

Designed for anyone working with young people in a youth work, out-of-school or non-formal education setting.

**Entry requirement**

n.a.

**Selection procedure**

For more course information visit

<http://www.youth.ie/nyci/Mindout-Mental-Health-Promotion-Programme-Out-School-Settings>

**Qualification**

n.a.

**Assessment**

n.a.

**Accreditation**

n.a.

**Course background**

n.a.

**Course start date**

Contact NYCI for future dates.

**Course location**

Various locations

**Application**

Obtain an application form online or by contacting NYCI's Training Administrator on 01 4784122 or e-mail [training@nyci.ie](mailto:training@nyci.ie)

**Cost**

Free of charge.



**Course Provider**

Liberties College

**Address**

Liberties College, Bull Alley Street, Patrick Street, Dublin 8

**Web address**

<http://www.libertiescollege.ie>

**Contact Person(s)**

**Brid Milliken**

*Department Head: Counselling and General Information*

01 454 0044

[info@liberties.cdvec.ie](mailto:info@liberties.cdvec.ie)

**Course aims and objectives**

This is a one-year full-time course suited to mature students returning to education. This is an access course for those who are new to the study of addictions and counselling.

The course will focus on:

- Studies in drug and alcohol dependency and addictive behaviours
- Introduction to common therapeutic interventions such as motivational interviewing and brief solution-focused therapy
- Introduction to counselling skills

**Course content**

Principal areas of study:

- Psychology
- Intercultural studies
- Social studies
- Communications or English literature
- Work experience

Personal development and experiential learning

- Personal effectiveness
- Safety and health at work
- Substance use
- Counselling skills
- Word processing

**Target group**

Mature students with relevant experience and interest in working with people (supported by appropriate references).

**Entry requirement**

Training is of value in a wide range of settings, such as An Garda Siochana, nursing, youth work, the prison service, social services, information services or the voluntary sector. Garda vetting is required for work experience.

**Selection procedure**

For more information visit course website

<http://www.libertiescollege.ie/courses/applied-social-studies-with-counselling-addiction-studies/> or (full time courses)

<http://libertiescollege.ie/index.php> -

**Qualification**

QQ Level 5 Applied Social Studies SM2181

**Assessment**

Project work and continuous assessment

**Accreditation**

QQ Level 5

**Course background**

This is a one-year full-time programme.

**Course start date**

September each year.

**Course location**

Liberties College, Bull Alley Street, Dublin 8

**Application**

Application form available online

**Cost**

Contact the college for details. Optional workshops incur additional costs



**Course Provider**

Liberties College

**Address**

Liberties College, Bull Alley Street, Patrick Street, Dublin 8

**Web address**

<http://www.libertiescollege.ie>

**Contact Person(s)**

**Brid Milliken**

*Department Head: Counselling and General Information*

01 454 0044

[info@liberties.cdvec.ie](mailto:info@liberties.cdvec.ie)

**Course aims and objectives**

Applied Social Studies – young adults - This is a broad academic introduction to social studies and social care. As an access programme this course caters particularly to those who wish to progress to Higher Education or further professional training.

**Course content**

Principal areas of study

- Social Studies
- Psychology
- Intercultural Studies
- Communications
- Work Experience
- Equality and Disability
- English Literature / Working With Groups/ Personal Effectiveness
- Word Processing
- Human Growth and Development
- Substance Use

**Target group**

Those with an interest in this area.

**Entry requirement**

[General College Entry Requirements](#)

**Selection procedure**

For more information see application form

<http://www.libertiescollege.ie/courses/applied-social-studies-young-adults/> or Liberties College website <http://www.libertiescollege.ie/>

**Qualification**

QQI Level 5 Applied Social Studies & Occupational First Aid Certificate

**Assessment**

Project and continuous assessment

**Accreditation**

Liberties College

**Course background**

There is also a course for mature students.

<http://www.libertiescollege.ie/courses/applied-social-studies-mature-students/>

**Course start date**

September, full time over one year.

**Course location**

Liberties College, Dublin

**Application**

Please return the application form (see website link above) to Brid Milliken, Liberties College, Bull Alley, D8

**Cost**

Apply to Liberties College.

**Course Provider**

HURT (Have Your Tomorrows)

**Address**

14 Clarendon Street, Derry. BT48 7ET, Northern Ireland.

**Web address**

<https://hurtni.org.uk/>

**Contact Person(s)**

**Dessie Kyle**

*Centre Manager*

(0044) 028 7136 9696.

<https://hurtni.org.uk/contact/>

**Course aims and objectives**

As a result of the course candidates will be able to demonstrate:

- A multi-theoretical approach to working with substance misuse issues

**Course content**

Candidates will undertake modules in the following areas:

- Context and trends in Substance Misuse
- Models of Treatment (including Pharmacological) and Intervention
- Assessment Tools/Psychometrics
- The Therapeutic relationship and its impact on substance misuse interventions
- Ethics
- Working with Trauma
- Impact of substance misuse on the family

**Target group**

This course is for individuals who want to gain specialist counselling knowledge and skills to work with individuals with substance misuse issues. It is aimed at those who are working in the drug/alcohol field.

**Entry requirement**

n.a.

**Selection procedure**

For more information about the course, visit the website

<https://hurtni.org.uk/upcoming-course-at-hurt-for-2017/>

**Qualification**

Diploma

**Assessment**

Course Requirements (to be completed during the course)

- A minimum of 60 formally contracted counselling hours (one-to one)
- Supervision Log
- Supervisor's Report
- Enhanced Access NI Check
- Assignments
- Completed Portfolio
- 90% attendance

**Accreditation**

Accredited by both the Counselling & Psychotherapy Central Awarding Body (CPCAB) and the National Counselling Society (NCS) (pending approval)

**Course background**

The course is the first of its kind in Northern Ireland.

**About HURT**

- We are a community based addiction treatment centre with premises in Derry & Strabane
- We offer support to individuals and families affected by substance misuse through a holistic care plan
- We deliver community based preventative/education initiatives on substance misuse issues
- For more information: <https://hurtni.org.uk>

**Course start date**

The course will be delivered over 20 days (10 weekends). contact HURT for future dates.

**Course location**

Derry

**Application**

If you are interested in applying for the course or would like any more information on other courses offered by HURT, please contact Dessie Kyle, Centre Manager, HURT on 02871 369696 or [dessie@hurtni.org.uk](mailto:dessie@hurtni.org.uk)

**Cost**

Contact HURT

**Course Provider**

Blanchardstown Local Drugs and Alcohol Task Force

**Address**

2nd Floor, Parkside, Main Street, Mulhuddart, Dublin 15

**Web address**

<https://blanchardstowndrugstaskforce.ie/>

**Contact Person(s)**

**Ciara Jubani**

*Community Development Worker*

01 824 9590 / 685 4405

ciara@bldtf.ie

**Course aims and objectives**

SFP involves not just parents or children alone, but the whole family. It is a 14 week skills enhancing programme. It is an inter-agency initiative, delivered by a range of community, statutory and voluntary local services in Blanchardstown which is managed and funded by Blanchardstown Local Drugs Task Force.

**Course content**

The SFP curriculum includes three courses (Parent skills training, Teen skills training and Family life skills training) that involves the whole family in three classes run on the same night once a week for 14 weeks.

**Target group**

The Strengthening Families Program (Kumpfer & DeMarsh, 1989; Kumpfer, DeMarsh, & Child, 1989) is an evidence-based 14-week family skills training program for parents and their teenagers (Age 12-16) in three classes run on the same night once a week.

Crèche facilities and child care is provided for younger children in family (aged 1-5yrs) and youth group is provided for children aged 6-11yrs.

**Entry requirement**

Referrals can come from many different sources: self-referral, schools, School completion Programmes, Youthreach, Social Workers, JLOs, Family services, Youth services, Child & Family Services, Garda Youth Diversion Projects, Community Mental Health Centres, Housing Projects, Drug Treatment Centres, Community Drug Teams, Probation, Rehabilitation Projects and other local agencies

**Selection procedure**

Catchment Area: Dublin 15. See website for more details

<http://sfpcouncilireland.ie/national-council/members/blanchardstown-local-drugs-and-alcohol-task-force/> or general training at <http://sfpcouncilireland.ie/trainings/>

**Qualification**

n.a.

**Assessment**

n.a.

**Accreditation**

n.a.

**Course background**

SFP is a family based Programme which aims to improve parenting and family functioning by strengthening the family

Strong families reduce risk for many adverse behaviors in children & teens; substance abuse, teen pregnancy, school failure, aggression and delinquency.

**Course start date**

Contact Blanchardstown LDATF for details of upcoming courses.

**Course location**

Blanchardstown, Dublin

**Application**

Contact Blanchardstown LDATF

**Cost**

Free of charge

**Course Provider**

CMI: Communications & Management Institute

**Address**

Office 1: Unit 14A, Cashel Business Centre,  
Cashel Rd, Dublin 12  
Office 2: Regus House, Harcourt rd, Dublin 2

**Web address**

<http://www.cmi-ireland.com>

**Contact Person(s)**

**Graham Moore**

*Admissions*

01 492 7070

[info@cmi-ireland.com](mailto:info@cmi-ireland.com)

**Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

**Course aims and objectives**

You will gain a thorough understanding of drug misuse and its effects on Irish society. You will acquire critical awareness of the causes of addiction; models of treatment of addiction; and learn to identify patterns of drug abuse by examining historical trends in Irish society.

This course helps to identify strategies appropriate to the various stages of the addiction process. Analysis of community and local level responses, and of media representation of addiction and how it affects attitudes in society will help you develop a broader view of this complex area.

**Course content**

1. Drugs and their effects
2. The impact of addiction on the family and the community.
3. The services available in response to addiction
4. Community responses
5. The nature and practice of intervention
6. The media presentation of addiction
7. Application of psychological theory & behavioural interventions
8. The participant's own personal learning

**Target group**

This course is relevant to anyone interested in working with persons with different types of addiction. Ideally suited for care workers, community workers, social workers, charity volunteers, agency workers, or indeed anyone, who wishes to work in this challenging area.

**Entry requirement**

n.a.

**Selection procedure**

For more information see the course website - <http://cmi-ireland.com/addiction-studies-courses>

**Qualification**

Community Addiction Studies Level 5 Minor Award 5N1834 Further Education and Training

**Assessment**

Course work consists of practical home assignments and a project. Practical guidance will be offered throughout the course by experienced lecturers. Participants will maintain a personal log/journal of their personal learning experiences during the course.

**Accreditation**

Awarding Body: QQI - Quality and Qualifications Ireland

**Course background**

See course website.

**Course start date**

Monday 8 October 2018 to December 2018, 18:30- 21:30 for ten weeks.

**Course location**

Dublin

**Application**

Course fees are payable before commencement. Submit your details to 'Book a course' on the CMI's website by the deadline date.

**Cost**

€750

**Course Provider**

Waterford College of Further Education

**Address**

Parnell Street, Waterford

**Web address**

<http://www.wcfe.ie/jcms/>

**Contact Person(s)**

**Philip Deegan**

*Director of Adult Education*

051 874053

pdeegan@wcfe.ie

**Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

**Course aims and objectives**

This course will benefit those with an interest in the care, diagnosis and treatment of addiction. The course is a springboard to higher education courses in Social Studies, Health Care, Community Studies, Counselling and Psychology, Psychotherapy and Addiction Counselling.

**Course content**

Work experience placement in a related vocational area is an integral part of this course. Students must obtain one day per week work experience for the academic year. There will also be one week of block placement in the first and second terms.

**Target group**

Progression: The full QQI Level 5 Certificate facilitates entry, on a competitive basis, to a range of third level institutions nationwide. Further details are available from the relevant institutions. Progression to Advanced Social Care in WCFE is also possible, specific progression pathways to WIT are agreed.

**Entry requirement**

Minimum entry requirements:

- Leaving Certificate/Leaving Certificate Applied or equivalent
- Successful completion of interview
- Applications from mature students will be considered
- Applicants will be required to undertake Garda Vetting
- Written references

**Selection procedure**

See course website

<http://www.wcfe.ie/jcms/full-time-courses/74-social-care/446-community-addiction-studies.html>

**Qualification**

QQI Level 5 - Social and Vocational Integration (5M2181)

**Assessment**

n.a.

**Accreditation**

QQI

**Course background**

For more information visit

<http://www.wcfe.ie/jcms/full-time-courses/74-social-care/446-community-addiction-studies.html>

**Course start date**

One year course. Contact WCFE for details.

**Course location**

Waterford

**Application**

Check website for details.

**Cost**

No tuition fees. But other fees include:

Occupational First Aid €90; Patient and Manual Handling €50; MAPA €25; Textbooks approx €100. ? Hepatitis B Injections [through your GP or medical centre]

**Course Provider**

Urrus/The Ballymun Youth Action Project

**Address**

Horizons Centre, Balcurris Road, Ballymun,  
Dublin 11

**Web address**

<http://www.byap.ie>

**Contact Person(s)**

**Gabrielle Gilligan**

*Administrative Assistant*

01 846 7980 / 01 842 5726

[urrus@byap.ie](mailto:urrus@byap.ie)

**Course aims and objectives**

The purpose of the Community Addiction Studies Course is to enable people to:

- Learn about drugs and their effects
- Develop an understanding of addiction
- Examine their own attitudes
- Become more effective in their personal responses
- Explore the effects of drug mis-use on the family
- Develop the skills and knowledge to become more effective in responding to drug misuse in their own communities

**Course content**

- Pharmaceutical information on drugs & their effects
- Process of addiction
- How addiction effects individuals, families, communities
- Social analysis
- Media analysis
- Personal development
- How individuals and communities can respond
- Field visits to drugs services

**Target group**

Community members who feel they would like to be more effective when it comes to drug/alcohol issues. There are no education requirements to be part of this course, only a willingness to learn.

This programme is an NFQ Level 5 module.

**Entry requirement**

n.a.

**Selection procedure**

Application committee selects participants based on written application and interview. See webpage:

<http://www.byap.ie/urrus/addiction-training> or course page

<http://www.byap.ie/services/urrus/community-addiction-studies-course>

**Qualification**

QQI Award (Minor) Level 5.

**Assessment**

Assessment is carried out throughout the course.

**Accreditation**

QQI Award

**Course background**

n.a.

**Course start date**

This course runs over ten weeks (one-day each week) or over 20 weeks (one evening each week). Contact URRUS for future dates.

**Course location**

Ballymun, Dublin

**Application**

Contact URRUS. Ph. 01 8467980. email [urrus@byap.ie](mailto:urrus@byap.ie) or see website [www.byap.ie](http://www.byap.ie).

**Cost**

€200. Category 2 - Ballymun Local Drugs Task Force Area - €70



# C

Courses leading to a professional or academic qualification (at NFQ level 6&nbsp;or higher) in the field of substance misuse or related areas.

**Course Provider**

DBS School of Arts

**Address**Dublin Business School, 13/14 Aungier Street,  
Dublin 2**Web address**<http://www.dbs.ie>**Contact Person(s)****Administrator**01 417 7500  
admissions@dbs.ie**Course aims and objectives**

Aims:

- To investigate several areas of addiction, including theory, treatment, addictive behaviour and its impact on the individual, the family and the wider community
- To provide a grounding in the study of addiction and cover most of the major associated themes
- To provide some theoretical knowledge for people who are working or interested in the area, to deepen their understanding and knowledge

**Course content**

- Theoretical models of addiction
- Types of addiction, addictive behaviours, including self harming and eating disorders
- Pharmacology
- Treatment methods and models of treatment
- Harm reduction, health promotion, HIV/AIDS and hepatitis
- Gender issues
- Criminal behaviour associated with drug misuse
- Impact of addiction on family, family adjustment and co-dependency
- Impact of addiction on wider community
- Contemporary social policy and social issues

**Target group**

The course provides a comprehensive introduction to the field of addiction studies. It is relevant for anyone involved in addiction service provision or for anyone interested in working in this area. It also informs anyone who encounters the challenges of dealing with addiction in their work or personal lives.

**Entry requirement**

Applicants must be aged 18 years or over.

**Selection procedure**

By application.

For more information about the course, visit the course website at <http://www.dbs.ie/Addiction-Studies/Evening-Diploma.htm>

**Qualification**

Diploma in Addiction Studies

**Assessment**

Written assignment (100%).

**Accreditation**

Dublin Business School

**Course background**

This course was first offered in 2003 and runs in October and February each academic year.

**Course start date**

This course may be run twice a year. Spring and Autumn. 1 evening per week, 6.15 pm-9.30 pm for 10 weeks.

**Course location**Dublin Business School, 13/14 Aungier Street,  
Dublin 2**Application**

For further information please contact the Admissions Office on 01 417 7500 or visit our website [www.dbs.ie](http://www.dbs.ie)

**Cost**

€1,325

**Course Provider**

DBS School of Arts

**Address**Dublin Business School, 13/14 Aungier Street,  
Dublin 2**Web address**<http://www.dbs.ie>**Contact Person(s)****Administrator**01 417 7500  
admissions@dbs.ie**Course aims and objectives****Aims:**

- To formally explore addictions from a variety of academic and scientific perspectives; including social, cultural, psychological, anthropological, and psychoanalytic perspectives
- To evaluate how these perspectives interact and how they differ from each other
- To critically inform policy making in relation to addictions, as well as the management of addiction services and the treatment of addictions

**Course content****Semester 1:**

- Basic concepts in psychoanalysis
- Approaches to the theory & treatment of addiction
- Transference issues in addiction treatment
- Research methodology 1

**Semester 2:**

- Cultural issues in the study of addiction
- Social policies & social context of addiction
- Research methodology 2
- Integrative tutorials
- Clinical visits

**Semester 3:**

- Clinical visits
- Research project

**Target group**

This programme is designed for students with a background in psychology, psychoanalysis, anthropology, sociology, or a cognate discipline who wish to acquire a postgraduate qualification in the area of Addiction. It is also very suitable for applicants with a clinical training in health or social care who wish to apply a knowledge of the theory and approaches to addiction to their

clinical work. In addition, the course provides an exciting and thought-provoking foundation for students who may wish to subsequently pursue training in the counselling or psychotherapy of addiction.

The full-time day programme is one year in duration & contains three twelve week semesters. The course has four key components:

- An academic programme of lectures
- A weekly seminar with emphasis on research
- Clinical visits to addiction treatment centres
- A period of research for an extended thesis

**Entry requirement**

To be considered for admission, applicants must:

- Hold a minimum Second Class Honours (2:2) Degree in any humanities or social science discipline from a recognised third level institution, or equivalent qualification,
- Be a graduate of any non-cognate discipline & hold a qualification in a conversion style programme such as a Postgraduate Higher Diploma in Psychoanalytic Studies, or
- Have an equivalent professional qualification.

In addition, applicants whose first language is not English must:

- Hold an IELTS score of a minimum 6.0 or equivalent

**Selection procedure**

For more information about the course, see the course website at

<http://www.dbs.ie/Addiction-Studies-MA.htm>

**Qualification**

Master of Arts

**Assessment**

Assessment is by examination, project and presentation work and continuous assessment

**Accreditation**

HETAC Level 9

**Course background**

This course was first offered in 1999 and is repeated annually.

**Course start date**

Full time, for 26 weeks, from October to May; clinical visits and thesis work continuing until August. Also offered part-time over 2 years.

**Course location**

Dublin Business School, Dublin

**Application**

For further information please contact the Admissions Office on 01 4177500 or visit our website [www.dbs.ie](http://www.dbs.ie)

**Cost**

The course fees for the next academic year are €8,600 for one year, and €4,350 for two years for EU students.

# C03

## CERTIFICATE IN HOMELESS PREVENTION AND INTERVENTION

### Course Provider

Dublin Region Homeless Executive / Dublin City University

### Address

Block 1, Floor 2, Dublin City Council, Civic Offices, Fishamble Street, Christchurch, Dublin 8.

### Web address

<https://www.homelessdublin.ie/our-work/training>

### Contact Person(s)

*Training co-ordinator*

01 2226863

[drhetraining@dublincity.ie](mailto:drhetraining@dublincity.ie)

### Course aims and objectives

If you currently work with people experiencing or at risk of homelessness, this course will help you develop your skills in the assessment and prevention of homelessness, and of support interventions in this area. This Certificate will help you enhance your existing attributes and skills so that you can make a greater impact on a critical issue our communities. You'll examine issues of homelessness in society and the personal contexts and complex needs of people and families experiencing homelessness.

### Course content

This course involves the study of homelessness in society and the personal contexts and complex needs of people and families experiencing homelessness. The programme aims to help practitioners in homeless related services to develop knowledge and skills in the prevention of homelessness and in the use of effective, supportive interventions with people encountering homelessness.

Module 1: NS459 Assessment and support planning: process and practice

Module 2: NS460 Socio-economic needs of people experiencing homelessness

Module 3: NS461 Health, illness, addiction and homelessness

Visit the course website for more information

<https://www.dcu.ie/courses/undergraduate/snhs/homeless-prevention-and-intervention.shtml>

### Target group

This course may suit you if your current role involves working with people experiencing / at risk of homelessness and if you wish to develop your skills in assessment and support interventions in this area. You should have educational attainment at Leaving Cert level or equivalent and be in a position to engage in online learning (i.e. have access to and ability to use basic computer programmes).

### Entry requirement

Sectoral line manager/organisation nominates a potential candidate.

### Selection procedure

The application process is as follows:

1. Download application form via the Dublin City University website  
<https://www.dcu.ie/courses/undergraduate/snhs/homeless-prevention-and-intervention.shtml>
2. Complete application in full
3. Print, sign and date the form and post, along with a passport photograph to:  
Admissions, Registry, DCU, Collins Avenue, Dublin 9.

The Dublin Region Homeless Executive (DRHE) provides annual training options for statutory and state funded homeless services. Funding support towards programme fees is provided by the DRHE for successful applicants who work with DRHE funded organisations/services. See <https://www.homelessdublin.ie/our-work/training>

**Qualification**

Certificate in Homeless Prevention and Intervention

**Assessment**

Contact provider for more information

**Accreditation**

Dublin City University

**Course background**

The three existing key workers/case managers modules, which to date were classified as 'stand alone' modules have now been formally approved by Dublin City University as a Certificate Programme.

**Course start date**

Annually in September. The Certificate consists of three modules delivered part-time over 18 months. It involves two-day blocks every four to five weeks during semester.

**Course location**

Dublin

**Application**

All applications must be made directly to DCU. The application form is available online.

**Cost**

The cost of the certificate programme per student is €2,037 in total and is inclusive of a €37 university application fee (subject to change)

**Course Provider**

PCI College

**Address**Corrig House, Old Naas Road, Clondalkin,  
Dublin 22**Web address**<http://www.pcicollege.ie>**Contact Person(s)****Kelley Farrell***Enquiries*

01 464 2268

[info@pcicollege.ie](mailto:info@pcicollege.ie)**Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

**Course aims and objectives**

This course is designed for students who wish to gain specialist training and a Level 9 Masters qualification in counselling & psychotherapy for teenagers and children under 18.

It will provide you with the theoretical background and practical skills to work with children and adolescents in a therapeutic setting, with particular emphasis on working through creative approaches.

This course is pending validation by Middlesex University

**Course content**

Exploring creative media such as art, sandplay, therapeutic storytelling, drama, music and other approaches, this course places significant emphasis on experiential learning and the acquisition of key skills for work with young clients. It draws on established and current theory in counselling and psychotherapy, up to date approaches in child and adolescent mental health, lifespan development, family systems and trauma.

Students will also engage in clinical placement work of 100 hours over the duration of the course to put into practice the skills and knowledge gained in the programme. Individual clinical supervision will be required and personal therapy is required for students.

**Target group**

The course is suitable for counsellors/psychotherapists, social workers, guidance counsellors, psychologists, youth workers, teachers and other related disciplines that work therapeutically with those under 18.

**Entry requirement**

*Year One:* Students entering the MA course must hold a relevant honours degree (Level 8 or equivalent; Final grade 2.2 or above). Students who do not meet this criteria may be eligible to enter the course on the basis of prior learning and experience in the area.

*Year Two:* Students who hold a Postgraduate Certificate in Child and Adolescent Counselling & Psychotherapy (PCI College or equivalent) may apply for entry to Year 2 of the course. Students entering the course at Year 2 must hold a relevant honours degree (Level 8 or equivalent; Final grade 2.2 or above). Students who do not meet this criteria may be eligible to enter the course on the basis of prior learning and experience in the area.

**Selection procedure**

For further course information visit [www.pcicollege.ie/counselling-courses/child-adolescent-counselling-psychotherapy](http://www.pcicollege.ie/counselling-courses/child-adolescent-counselling-psychotherapy)

**Qualification**

Middlesex University MA in Child and Adolescent Counselling & Psychotherapy (pending validation)

**Assessment**

Written and practical assignments

**Accreditation**

Middlesex University

## **Course background**

This course has been run for a number of years.

## **Course start date**

22nd September 2018. Two years (24 months) part-time. The course will take place at weekends (Saturday & Sunday, approx. 1 weekend per month from October to June).

## **Course location**

Clondalkin, Dublin

## **Application**

Entry is by application form and interview. Please contact Lynn or Declan at 01-464 2268 or [enquiries@pcicollege.ie](mailto:enquiries@pcicollege.ie) with any queries and to add your name to the waiting list. Application deadline: 25 August 2018

## **Cost**

Year 1: €3,650 + Middlesex University  
Registration Fee €1,200, Year 2: €4,250



**Course Provider**

University College Cork

**Address**

UCC, Cork

**Web address**<http://www.ucc.ie/study/ace/>**Contact Person(s)****Gwen Roche***Programme Administrator*

021 4904703

gwen.roche@ucc.ie

**Course aims and objectives**

This exciting part-time diploma course invites students to engage with one of the most important contemporary issues of societal concern. The course will provide students with an introduction to the knowledge, skills and values required to equip health and social care professionals and volunteers to loosen the grip that substance misuse and addiction has on the health and well-being of individuals, families, communities and the health, social care and criminal justice resources of the state. Students will be provided with an understanding of how history, culture, addiction theory and policy inform and shape societal discourse, service provision and practice. They will receive grounding in the theoretical knowledge, models of addiction treatment, and the practical helping skills and values that underpin ethical practice in the field. Teaching on the Diploma will draw on contributions from a variety of academic and practice disciplines from both UCC and the HSE in the areas of social science, law, public health and epidemiology, to counselling, nursing, psychology and medicine.

**Course content**

Year 1 modules (30 Credits)

- SS1834 Understanding drugs in a social context (5 Credits)
- SS1835 The role of drug and alcohol policy (5 Credits)
- SS1836 Theories of addiction and practical models of intervention (5 Credits)
- SS1837 Diverse client presentations (5 Credits)
- SS1838 Basic intervention skills (5 Credits)
- SS1839 Substance misuse prevention with young people and families (5 Credits)

Year 2 modules (30 Credits)

- SS2828 Facilitating change in one-to-one and group settings (5 Credits)
- SS2829 Introduction to motivational interviewing (5 Credits)
- SS2830 An introduction to working with dual diagnosis (5 Credits)
- SS2831 Relapse management (5 Credits)
- SS2832 Practice placement – initial assessment of client need, comprehensive assessment of client need, care-planning and working with other professionals and settings (10 Credits)

**Target group**

The Diploma in Substance Misuse and Addiction Studies will equip students with the baseline knowledge, skills and values necessary to work or volunteer in an area that can be very rewarding but challenging at the same time. The course will provide an introduction to the knowledge, skills and values required to equip health and social care professionals and volunteers to loosen the grip that substance misuse and addiction has on the health and well-being of individuals, families, communities and the health, social care and criminal justice resources of the state. Students on this programme will gain hands-on experience through agency visits as well as completing a placement in a recognised treatment, rehabilitation or harm reduction setting in Year 2.

**Entry requirement**

- Be at least 23 years of age by 1 January of the year of application
- Submit a detailed application form prior to the closing date which will request applicants to present a supplemental

statement indicating their reasons for applying for the course, who will support them, and the expected benefits to them personally and to their work or volunteering role

- Applicants will be asked to include any employment or volunteering activities that may be relevant to this course as well as details of any other academic or professional training that they may have undertaken
- Applicants will also be asked to provide the names and details of two persons who are willing to act as Referees.
- Applicants must satisfy Garda Vetting requirements

Applicants who are successfully shortlisted will be invited for Interview.

At interview, each applicant will be invited to: 1) discuss their application form; 2) outline their experience in the area of addiction; 3) demonstrate a level of interest in working or volunteering with those affected by substance misuse; 4) identify the potential application of the learning from the programme; 5) demonstrate their ability to cope with the academic demands of the programme; 6) demonstrate a level of self-awareness, maturity and stability, an ability to cope with emotional demands of the programme and an ability to be open and to reflect on oneself and one's life experiences and communicate that to the interviewers.

Applicants that disclose a personal recovery process are required to be 2-years post-treatment before applying for the programme. English Language Requirement: All applicants whose first language is not English must have attained IELTS Level 6.5 with no minimum individual sections 5.5 or the equivalent TOEFL score.

### **Selection procedure**

See website for further course details  
<https://www.ucc.ie/en/ace-dsmas/>

### **Qualification**

Diploma at NFQ level 6/7

### **Assessment**

Students on the Diploma in Substance Misuse and Addiction Studies will engage in a range of diverse and interesting assignments which

demonstrate that the expected learning outcomes of various modules have been achieved. There are no end of year examinations on this course. Assignments will consist of written essays, reflective journals/portfolios, presentations, case study role-plays and real-play examples of practice, and group projects. Students will also have the opportunity to visit some relevant addiction treatment settings. In Year 2, students will be Garda vetted and will complete 150 hours of placement in a recognised treatment, rehabilitation or harm reduction setting. Students on placement will be supported and supervised by an experienced practitioner.

### **Accreditation**

UCC. Students interested in pursuing professional accreditation with the Addiction Counsellors of Ireland will be required to engage in 50 hours of personal therapy and 100 hours of practice supervised by an accredited practice supervisor during training. This will entail additional costs for those students.

### **Course background**

The programme is jointly co-ordinated and delivered by UCC and the Health Service Executive (HSE) Cork Kerry Community Healthcare Addiction Services.

### **Course start date**

September 2019

### **Course location**

UCC Campus.

### **Application**

Programme is currently mid-cycle - applications will re-open in 2019. See website for details.

### **Cost**

€990 per year

**Course Provider**

IICP Education and Training

**Address**Killinarden Enterprise Park, Killinarden, Tallaght,  
Dublin 24**Web address**<http://www.iicp.ie>**Contact Person(s)****Marcella Finnerty**

Course Director

01 260 0805 / 086 260 9989

[marcella@iicp.ie](mailto:marcella@iicp.ie)**Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

**Course aims and objectives**

Supervision in some form is viewed as a key component of many professions in the provision of support to practitioners, enhancement of ongoing learning, and, to a greater or lesser degree, it offers some protection to the public. This course is intended for people from a variety of disciplines who are intending, beginning or already practising supervisors. It is designed to enable individuals to extend their understanding and knowledge of supervision, incorporating theoretical input with opportunities for group discussion and experiential exercises.

**Course content**

- Definitions and purpose of supervision.
- Models of the supervisory process will be explored including those of Page and Wosket and Hawkins and Shohet.
- Learning styles.
- Consideration of the training development and supervisory needs of supervisors.
- Opportunities to role-play in triads as supervisor, supervisee and observer, using participants' own case work.
- Exploration of transference, counter-transference and the parallel process.
- Reflection on the similarities and differences of supervision in a one-to-one, group or organisational context.
- Consideration of multicultural, ethical and professional issues

**Target group**

This course will be of interest to professionals who work in an integrative manner. It will be of particular interest to counsellors, psychotherapists, guidance counsellors, psychologists, healthcare professionals, probation officers, social services personnel, managers, and all who supervise the work of others in the helping professions.

**Entry requirement**

No entry requirements.

**Selection procedure**

See the course website for details  
<https://www.iicp.ie/cpdcourses/supervision/>

**Qualification**

IICP Professional Diploma in Integrative Supervision This course has meets the supervision accreditation criteria for IACP/IAHIP

**Assessment**

Attendance at all training days is necessary to qualify for the award.

**Accreditation**

Institute of Integrative Counselling and Psychotherapy

**Course background**

This course has been organised in response to those seeking professional training and qualifications in therapeutic supervision.

**Course start date**

Friday 22 June 2018. 13 teaching days.+

**Course location**

Killinarden Enterprise Park, Dublin 24

**Application**

Application form from contacts or online.

**Cost**

€1,950.00 – Places are limited and allocated on a first come first served basis following interview.

**Course Provider**

Irish College of Humanities and Applied Sciences (ICHAS)

**Address**

Walton House, Lonsdale Road, National Technology Park, Castletroy, Limerick

**Web address**

<http://www.ichas.ie/>

**Contact Person(s)****Administration offices**

061 216 288  
info@ichas.ie

**Course aims and objectives**

Delivered over 3 years, it combines a range of comprehensive theory and practical skills development. Each year consists of two 12-week terms. The course will commence in September and can be taken on a full time or part-time basis. The programme is taught using a combination of classroom based and blended learning techniques. This allows the learner to access classes in person or using on-line facilities. In certain modules attendance may be a requirement.

**Course content**

## Year 1

- Ethics & professional issues
- Counselling & psychotherapeutic skills & practices 1
- Theoretical perspectives in counselling & psychotherapy
- Human development
- Research and inquiry for counselling & psychotherapy
- Theoretical perspectives in therapeutic engagement in practice
- The mental health continuum
- Introduction to personal development

## Year 2

- Counselling & psychotherapeutic skills & practices 2
- Group facilitation
- Cultural issues in professional practice
- Theory of psychological & psychometric assessment
- Simulated experiential learning
- Theoretical aspects of addiction

- Bio-physiological aspects of addiction
- Personal development & self caring practices

## Year 3

- Elective
- Bereavement, loss & grief
- Application of psychological and psychometric assessment
- Prevention & health promotion approaches in addiction
- Family & systems theory
- Intervention modalities in addiction
- Theory/practice integration
- Facilitating personal development

**Target group**

Those who are interested in pursuing a degree in Counselling Skills and Addiction Studies.

**Entry requirement**

To join the B.A in Counselling Skills & Addiction Studies, applicants must meet the following requirements;

- Be over 18 years of age.
- Complete and submit the completed application form and provide all requested information.
- For non- CAO , complete an interview process, which is designed to explore your reasons for taking the programme and to ensure that it is suitable for your needs. ICHAS is committed to ensuring that the programme you are on is right for you.
- Complete the Garda vetting procedure.
- English language proficiency certificates (e.g. IELTS of 6 or equivalent) if applicable. Please see <http://ichas.ie/prospective-students/international-applicants/>

If you are under 23 years of age and applying for the fulltime programme you have to apply through the CAO website on [www.cao.ie](http://www.cao.ie). Normally this requires applicants to have successfully completed the Leaving Certificate programme and to have obtained a minimum of 250 points. A minimum grade of D1 in English is stipulated.

Please see further information at <http://ichas.ie/courses/b-counselling-skills-addiction-studies/>

### **Selection procedure**

Apply via <http://ichas.ie/courses/b-counselling-skills-addiction-studies/>

### **Qualification**

NFQ Level 7 - B.A in Counselling Skills & Addiction Studies

### **Assessment**

The modules above will be assessed using a range of assessment approaches including continuous assessment, project work, practical exercises and terminal assessments.

### **Accreditation**

QQI – Quality and Qualifications Ireland

### **Course background**

Addiction affects areas of our society at many levels and its effects on individuals, families and society in general can be devastating. Career opportunities in this area has grown in Ireland in the last few years. Trained professionals are required as part of the National Strategy to help improve addiction services and support those who are striving towards recovery. The decision by Government to proceed with statutory regulation of counselling and psychotherapy will also enhance future employment prospects for graduates. The B.A in Counselling Skills & Addiction Studies meets the new national standards for Counselling and Psychotherapy. The programme is validated by Quality and Qualification Ireland (QQI) at level 7 on the National Framework of Qualifications.

### **Course start date**

September: 1 Year Headstart Modules available from January.

### **Course location**

Full-time in Limerick & Dublin. Part-time Nationwide (Blended)

### **Application**

Please contact our Administration Office on 061 216288, or apply online at <http://ichas.net/ichas-application-form-courses/>

### **Cost**

€3,450 p/a. Students can pay in instalments and all fees are fully protected under our Protection of Enrolled Learners' Policy. Academic Administration fees are charged separately and are €300. See further info at [www.ichas.ie](http://www.ichas.ie)



**Course Provider**

Irish College of Humanities and Applied Sciences (ICHAS)

**Address**

Walton House, Lonsdale Road, National Technology Park, Castletroy, Limerick

**Web address**

<http://www.ichas.ie/>

**Contact Person(s)****Administration offices**

061 216 288  
info@ichas.ie

**Course aims and objectives**

The B.A. (Hons) in Counselling & Addiction Studies Course is a 1-year add-on programme to our Level 7 programme at ICHAS or equivalent Level 7 qualification in a related field of study. This programme was recently revised and validated by Quality and Qualification Ireland (QQI) in 2015. The course is highly interactive and it has been designed specifically for those who want to study to become competent professional practitioners in counselling and addiction related areas.

**Course content**

The course covers a range of subjects which when taken together provide a syllabus designed to develop competent professional practitioners. The subjects covered are designed to be both practical and theoretical:

- Psychopathology
- Principles & Practice of Group Therapy
- Contemporary Discourses in Counselling & Addiction Studies
- Managing Process and Behavioural Addictions
- Advanced Counselling & Psychotherapeutic Skills
- Final Year Project
- Applied Practice
- Elective Module

Total Number of Credits 60

**Target group**

Those who are interested in continuing their studies and growing their expertise in Counselling Skills and Addiction Studies.

**Entry requirement**

To join the B.A (Hons) in Counselling and Addiction Studies, applicants must meet the following requirements:

- Hold a Level 7 or equivalent qualification in a related area of study
- Be over 18 years of age.
- Complete and submit the completed application form and provide all requested information.
- For non- CAO, complete an interview process, which is designed to explore your reasons for taking the programme and to ensure that it is suitable for your needs. ICHAS is committed to ensuring that the programme you are on is right for you.
- Complete the Garda vetting procedure.

English language proficiency certificates (e.g. IELTS of 6.0 or equivalent) if applicable. Please see <http://ichas.ie/prospective-students/international-applicants/>

If you are under 23 years of age and applying for the fulltime programme you have to apply through the CAO website on [www.cao.ie](http://www.cao.ie). Normally this requires applicants to have successfully completed the Leaving Certificate programme and to have obtained a minimum of 250 points. A minimum grade of D1 in English is stipulated.

**Selection procedure**

Apply via

<http://ichas.ie/courses/b-hons-counselling-addictio>

## **Qualification**

NFQ Level 8 - B.A. (Hons) in Counselling & Addiction Studies

## **Assessment**

The modules will be assessed using a range of assessment approaches including continuous assessment, project work, practical exercises and terminal assessments.

ICHAS has always, and will continue to work closely with students to employ a range of assessment activities, and support students to achieve their best in each type of assessment activity. We recognise that many students may not have studied in a long time and we have developed systems and individual approaches to support students as they adapt to higher education.

## **Accreditation**

QQI – Quality and Qualifications Ireland

## **Course background**

The B.A. (Hons) in Counselling & Addiction Studies Course is a 1-year add-on programme to our Level 7 programme at ICHAS or equivalent Level 7 qualification in a related field of study. This programme was recently revised and validated by Quality and Qualification Ireland (QQI) in 2015. The course is highly interactive and it has been designed specifically for those who want to study to become competent professional practitioners in counselling and addiction related areas.

## **Course start date**

September: 1 Year. Headstart Modules available from January. Please see

## **Course location**

Full-time in Limerick & Dublin. Part-time Nationwide (Blended)

## **Application**

Please contact our Administration Office on 061 216288, or apply online at <http://ichas.net/ichas-application-form-courses/>

## **Cost**

€3,450 p/a. Students can pay in instalments and all fees are fully protected under our Protection of Enrolled Learners' Policy. Academic



**Course Provider**

Irish College of Humanities and Applied Sciences (ICHAS)

**Address**

Walton House, Lonsdale Road, National Technology Park, Castletroy, Limerick

**Web address**

<http://www.ichas.ie/>

**Contact Person(s)****Administration offices**

061 216 288  
info@ichas.ie

**Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

**Course aims and objectives**

This M.A in Counselling and Psychotherapy is a specialist programme which enables learners to develop the skills, knowledge, attitude and approach necessary to work as a professional counsellor or psychotherapist in a range of settings. Graduates will be complex consumers of evidence based practice. Higher order practice in counselling and psychotherapy is largely dependent on the capacity of practitioners to integrate theory and practice in a reflective manner and the development of reflective competencies is central to this programme.

As part of this Masters programme, you will study the fundamental theories of counselling and psychotherapy as well as psychotherapeutic skills and engagement. There is also a module specifically supporting you to understand psychopathology. In addition you will study evidence based practice and research methods and design.

All of these modules are designed to support you to apply all these elements of learning during the 200 hours of client work you are required to engage with in a practicum module as well as in the completion of a dissertation. The programme combines both theory and practical skills in a way that supports the academic and professional development of the learner.

**Course content**

The Programme is divided into Modules each of which has Educational Credits (ECTS) associated with them. Each Module may also be taken on a stand alone basis. It is also important to note that students who complete 60 ECTS and who wish to exit the programme without completing their Dissertation may be awarded a Postgraduate Diploma in Counselling and Psychotherapy.

The course covers a range of subjects which are structured to develop competent professional practitioners. The subjects covered are designed to be both practical and theoretical:

- Principles and theories of counselling and psychotherapy
- Counselling & psychotherapeutic practice
- Psychotherapeutic skills & engagement
- Integrative approaches to psychotherapeutic practice
- Understanding psychopathology
- Evidence based practice & research
- Research methods and design
- Elective module
- Practicum
- Dissertation

Total credits 90

**Target group**

The course is suitable for those who have completed a level 8 programme in the fields of counselling, psychology, psychotherapy, health and social care or who have relevant professional practice.

**Entry requirement**

A minimum of a 2.2 level 8 degree (or its equivalent) in a related discipline. Applicants with

relevant experience will also be considered through APL/RPL. Applicants are also required to complete a short interview. See full list of requirements at

<http://ichas.ie/courses/m-counselling-psychotherapy/>

### **Selection procedure**

By application and interview. For more information visit the course website at

<http://ichas.ie/courses/m-counselling-psychotherapy/>

### **Qualification**

NFQ Level 9 – Masters in Counselling and Psychotherapy

### **Assessment**

The programme has been designed to enable learners to demonstrate their academic and reflective learning in appropriate ways. The assessment strategy accommodates different learning styles and therefore the programme assesses learners using a range of practical assignments, essays, learning journals, examinations, reflective exercises and projects. The completion of a research based dissertation is a central part of the Masters programme and each student is supported by an academic supervisor for the entire period of their dissertation.

### **Accreditation**

QQI – Quality and Qualifications Ireland

### **Course background**

The M.A. in Counselling and Psychotherapy is one of the most innovative programmes of its kind in Ireland. The programme is designed for those who have a broad range of undergraduate or professional qualifications and training in health, social and human science disciplines and the programme supports the development of reflective professional practitioners who can demonstrate the type of higher order competence expected of practitioners who are qualified at Masters level. Graduates will have demonstrated that they have the proven capacity to work autonomously in professional practice or as part of a multi-disciplinary team in a range of settings using Counselling and Psychotherapeutic approaches. It is one of the first programmes in Ireland to have been formally confirmed to meet

the new award standards in Counselling and Psychotherapy.

### **Course start date**

September. 1 Year (all modules) or 2 Years (Year 1: Taught Modules; Year 2: Dissertation & Practicum). Headstart Modules available from January.

### **Course location**

Nationwide (Blended)

### **Application**

Please contact our Administration Office on 061 216288, or apply online at <http://ichas.net/ichas-application-form-courses/>

### **Cost**

Tuition fees for the Full-time programme are €6,050 (completed over 1 year) or €7,050 where the programme is taken on a part-time basis (completed over 2 years). Students can pay in instalments and all fees are fully protected under our Protection of Enrolled Learners' Policy. See <http://ichas.ie/courses/m-counselling-psychotherapy/> for further information

**Course Provider**

Irish College of Humanities and Applied Sciences (ICHAS)

**Address**

Walton House, Lonsdale Road, National Technology Park, Castletroy, Limerick

**Web address**

<http://www.ichas.ie/>

**Contact Person(s)****Administration offices**

061 216 288  
info@ichas.ie

**Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

**Course aims and objectives**

As part of this Masters programme, you will study the fundamental theories of cognitive behavioural therapy as well as advanced cognitive behavioural skills. There is also a module specifically supporting you to understand psychopathology. In addition you will study evidence based practice and research methods and design.

All of these modules are designed to support you to apply all these elements of learning during the 200 hours of client work you are required to engage with in a practicum module as well as in the completion of a dissertation. The programme combines both theory and practical skills in a way that supports the academic and professional development of the learner.

**Course content**

The Programme is divided into Modules each of which has Educational Credits (ECTS) associated with them. Each Module may also be taken on a stand alone basis. It is also important to note that students who complete 60 ECTS and who wish to exit the programme without completing their Dissertation may be awarded a Postgraduate Diploma in Counselling and Psychotherapy.

The course covers a range of subjects which are structured to develop competent professional practitioners. The subjects covered are designed to be both practical and theoretical:

- Fundamentals of Cognitive Behavioural

**Approaches**

- Cognitive & Behavioural Approaches in Therapeutic Interventions
- Advanced Cognitive Behavioural Skills
- Innovations in CBT Practice
- Understanding Psychopathology
- Evidence Based Practice & Research
- Research Methods and Design
- Elective Module
- Practicum
- Dissertation

Total credits 90

**Target group**

The course is suitable for those who have completed a Level 8 programme in the fields of counselling, psychology, psychotherapy, health and social care or who have relevant professional practice.

**Entry requirement**

A minimum of a 2.2 Level 8 degree (or its equivalent) in a related discipline. Applicants with relevant experience will also be considered through APL/RPL. Applicants are also required to complete a short interview. See full list of requirements at <http://ichas.ie/courses/m-cognitive-behavioural-therapy/>

**Selection procedure**

By application and interview. For more information visit the course website at

<http://ichas.ie/courses/m-cognitive-behavioural-therapy/>

## **Qualification**

NFQ Level 9 - Masters in Cognitive Behavioural Therapy

## **Assessment**

The programme has been designed to enable learners to demonstrate their academic and reflective learning in appropriate ways. The assessment strategy accommodates different learning styles and therefore the programme assesses learners using a range of practical assignments, essays, learning journals, examinations, reflective exercises and projects. The completion of a research based dissertation is a central part of the Masters programme and each student is supported by an academic supervisor for the entire period of their dissertation.

## **Accreditation**

QQI – Quality and Qualifications Ireland

## **Course background**

Mental health interventions and appropriately qualified individuals trained to oversee those interventions continue to grow in importance in Ireland. Cognitive Behavioural Therapy is generally seen as one of the best psychotherapeutic approaches to support and treat individuals to cope with a range of mental health issues. This Master's in Cognitive Behavioural Therapy is regarded as one of the most innovative programmes of its kind in Ireland. The programme sets out to develop professional practitioners who can work individually in professional practice or as part of multi-disciplinary team in a range of settings using CBT approaches.

## **Course start date**

September. Duration: 1 Year (all modules) or 2 Years (Year 1: Taught Modules; Year 2: Dissertation & Practicum). Headstart Modules available from January. Please see website for more details

## **Course location**

Nationwide (Blended)

## **Application**

Please contact our Administration Office on 061 216288, or apply online at <http://ichas.net/ichas-application-form-courses/>

## **Cost**

Tuition fees for the Full -Time programme are €7,800 (completed over 1 year) or €8,800 where the programme is taken on a Part time basis (completed over 2 years). Students can pay in installments and all fees are fully protected under our Protection of Enrolled Learners' Policy.

**Course Provider**

The Learning Curve Institute

**Address**

Rushbrook, Clogher, Westport, Co Mayo

**Web address**

<http://www.thelearningcurve.ie>

**Contact Person(s)****Administrator**

Administrator

098 25530

[info@thelearningcurve.ie](mailto:info@thelearningcurve.ie)

**Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

**Course aims and objectives**

The aim of this 4-day level 6 course is to give attendees an in-depth understanding of mental health difficulties and to help them to apply this knowledge to support people who have mental health difficulties in a positive way.

Learners who complete this module will:

- acquire an understanding of the theoretical background associated with mental health issues
- be aware of the moral, ethical and legal considerations associated with mental health
- be familiar with theories and types of mental illness
- understand the positive and negative factors which may affect your mental health
- apply this knowledge in the workplace and in everyday life
- appreciate various treatment approaches.

**Course content**

This course has the following four units:

- What is mental health?
- The realities of mental illness
- Intervention and treatment approaches
- Recovery and advocacy options

**Target group**

Personnel currently working in the mental health field or for those people who wish to develop a career in nursing, mental health or other sectors of the caring professions.

**Entry requirement**

While there are no specific entry requirements, we have the following preferred entry requirements: Level 5 Certificate in an associated

or relevant subject area, Leaving Certificate or equivalent qualifications and/or relevant life and work experiences.

**Selection procedure**

For information visit

[www.thelearningcurve.ie/qqi-level-6-mental-health-awareness](http://www.thelearningcurve.ie/qqi-level-6-mental-health-awareness)

**Qualification**

Upon successful completion participants will receive a QQI Level 6 Mental Health Awareness Component Certificate. It is also known as a "Minor Award" at Level 6 on the National Framework of Qualifications. It carries a Credit Value of 15 credits and can be combined with other Level 6 Minor Awards to achieve a Level 6 Major Award in Social and Vocational Integration.

**Assessment**

There are two assignments: 1. Learner record - 50% 2. Project - 50%

**Accreditation**

QQI level 6

**Course background**

This module was developed to enhance the understanding of mental health by those working in the mental health field, or who wish to develop a career in a caring profession.

**Course start date**

Galway; 16, 23 Oct, 13, 20 Nov 2018,  
9:00am-6:00pm (4 Tuesdays)

**Course location**

Galway, Westside Resource Centre, Galway.  
Also run periodically in Dublin.

**Application**

See website or contact the Institute.

**Cost**

€599

**Course Provider**

UCD School of Applied Social Science

**Address**

University College Dublin,  
Belfield,  
Dublin 4

**Web address**<http://www.ucd.ie/appsocsc/>**Contact Person(s)****Ms Catherine Baulch**

01 716 8419

Catherine.baulch@ucd.ie

**Course aims and objectives**

This Higher Diploma is a transition course providing a foundation in social policy for graduates of other disciplines. The course is designed to enable people to have the opportunity to pursue further training and careers in social work or social policy. Successful completion of the programme to good honours standard confers eligibility to apply for programmes such as the MSocSc (Social Work) and the research degree in social policy. There may, in addition, be non-academic entry requirements for these programmes which must also be met. Please consult the school website for more detailed information on entry requirements for particular programmes. The Higher Diploma in Social Policy is not of itself a professional qualification.

**Course content**

This Higher Diploma provides a selection of modules from the BSocSc undergraduate Social Policy programme which students cover in a single year. Students attend classes with Level 1, 2 and 3 undergraduates.

There are a number of core modules which all Higher Diploma students must take, in addition to the optional modules which they choose. Students who wish to apply for the Master of Social Science (Social Work) programme are strongly advised to take optional modules in 'Introduction to social work' and 'Social work in practice'.

Core modules for previous years include the following:

- \* Comparative social policy
- \* Gender and social policy analysis

- \* Family, demography and social policy
- \* Theories and concepts
- \* Contemporary Irish social policy
- \* Exploring contemporary social policy

Optional modules for previous years included the following:

- \* Introduction to social work
- \* Social work in practice
- \* Policy making, implementation and evaluation
- \* Sustainable development, community development
- \* Alcohol and drug policy
- \* Development of social policy
- \* Housing and social cohesion
- \* Crime, social services and the justice system
- \* Economics of social policy
- \* Sexual and reproductive health research

Students will be given full details of the current core modules and optional modules at the beginning of the academic year. Detailed module outlines and booklists for individual modules will be made available by individual lecturers.

**Target group**

Graduates wishing to pursue further training and careers in social work and social policy.

**Entry requirement**

Applicants to the HDip programme who intend to apply for the MSocSc(Social Work) should note that they will be expected to have a minimum of 420 hours relevant paid or voluntary work experience by the closing date for applications to the Masters programme, in addition to the academic requirements. (Placements do not count towards these but may be drawn upon at interview should you be shortlisted). Applicants with fewer hours may still be



considered at the discretion of the school.

### **Selection procedure**

The minimum standard for entry is a NFQ level 8 degree in any subject. However, students are normally expected to have achieved a minimum grade of 2.2 (second class honours, grade 2). If the degree grade is given as a GPA, the standard for entry is the GPA equivalent of a second class honours, grade 2 in the institution which awarded the degree. This may vary between institutions. For degrees awarded by UCD it is a GPA of 2.48. Applicants whose degree was awarded outside Ireland should contact the school office to check the equivalency of their qualifications.

Click for further details

[https://sisweb.ucd.ie/usis!/W\\_HU\\_MENU.P\\_PUBLISH?p\\_tag=PROG&MAJR=W050](https://sisweb.ucd.ie/usis!/W_HU_MENU.P_PUBLISH?p_tag=PROG&MAJR=W050)

### **Qualification**

Higher Diploma in Social Policy (HDipSP)

### **Assessment**

Submission of written work throughout the year, in addition to examinations.

### **Accreditation**

University College Dublin

### **Course background**

n.a.

### **Course start date**

September each year. A full-time course lasting one academic year.

### **Course location**

UCD Dublin

### **Application**

The course will be held only if a sufficient number of suitably qualified candidates apply. Once the course has filled, applicants may be placed on a waiting list or advised to re-apply the following year.

### **Cost**

EU fee per year - €6315; non-EU fee per year - €12,470. Successful applicants will be required to pay a non-refundable deposit of €500 upon acceptance of a place.



**Course Provider**

Urrus and University College Dublin

**Address**

Horizons Centre, Balcurris Road, Ballymun,  
Dublin 11

**Web address**

<http://www.byap.ie/services/urrus/diploma-in-community-drugs-work>

**Contact Person(s)**

**Laura O'Reilly**

*Training Centre Co-ordinator*

01 846 7980 / 01 842 5726

urrus@byap.ie

**Course aims and objectives**

This comprehensive and professional course is run by URRÚS in partnership with University College Dublin and intended to provide participants with a range of skills and knowledge both academic and practical which will enhance their effectiveness in responding to the complex issue of drug and alcohol misuse within a community environment. This one year intensive programme leading to a NFQ Level 7 Diploma is based on community development principles and uses adult learning approaches in its delivery. The programme is accepted as part fulfilment of the educational requirements for membership of Addiction Counsellors of Ireland and offers a progression pathway to B.Soc Science with UCD.

**Course content**

The modules covered during the course are:

- Nature and Context of Addiction
- Community and Group Work Theory and Practice
- Understanding Prevention and Support in a Community Setting
- Introduction to Irish Social Policy / Drug and Alcohol Policy
- Introduction to Counselling
- Reflective Practice
- Approaches to Treatment and Rehabilitation
- Motivational Interviewing
- Professional Work Practice
- Community Research Methods

**Target group**

People who wish to return to education and enhance their skills and knowledge in the area of addiction and enter the mainstream university system.

**Entry requirement**

The Diploma is designed to provide a progression route for those who have already completed the Community Addiction Studies Course© or equivalent. Participants must have the capacity to complete a course at NUI Diploma Level 7, however this capacity is understood in the light of the principles of Adult Education. Participants must be over the age of 21.

**Selection procedure**

Initially by application and then by interview.

For further information and application form please contact [urrus@byap.ie](mailto:urrus@byap.ie) or call 01-8467980. Or see

[www.byap.ie/services/urrus/diploma-in-community-drugs-work](http://www.byap.ie/services/urrus/diploma-in-community-drugs-work)

**Qualification**

Level 7 Diploma – Diploma in Community Drug and Alcohol Work.

**Assessment**

Assessment methods used include: written assignments; practical skill assessments; exams; presentations; and a learning journal. Assessment is carried out throughout the course as individual modules are completed.

**Accreditation**

Remove The Diploma Course is accepted as part fulfilment of the Education Requirements for accredited membership of the ACI.

**Course background**

The Diploma Course was developed in response to the need for a progression route for people who have participated in the Community Addiction Studies Course©; and also it provides a

much needed source of further training to those already involved in the drugs/addiction area, whether this be in the community, voluntary or statutory sector.

### **Course start date**

It is delivered one day each week on Tuesdays (10am-5pm), plus three Thursdays (6:30pm-9:30pm) and seven Saturdays (10am-5pm), over the academic year. It is a one year course, and runs from September to May.

### **Course location**

URRUS Training Centre, Horizons Centre, Balcurris Rd, Ballymun, Dublin 11, and NUI University College Dublin, Belfield Campus, Dublin

### **Application**

Application can be made by application form only, please note closing date for application is May. Contact <mailto:urrus@byap.ie> or phone 01 8467980

### **Cost**

€2,300 course fee is non-refundable, and is due in full at registration. Payment options available. An administration fee of €25 is required with your completed application.

**Course Provider**

LIT Tipperary

**Address**

Cashel Court, Clonmel, Co Tipperary

**Web address**<http://www.lit.ie/tipperary>**Contact Person(s)****Maureen Ryan**

Addiction Counselling Programme Administrator

0504 28112

TippPartTimeCourses@lit.ie

**Course aims and objectives**

The aim is to provide an introduction to the topic of addiction to participants and to enable them to make an initial low-level intervention with an individual displaying addiction-related behaviour. On completion participants will be able to:

- Recognise addiction-associated behaviour in a work or personal setting
- Identify the proximate cause of the addiction-associated behaviour
- Compile appropriate behaviour-related information
- Make an initial intervention with the individual displaying such behaviour
- Assist the individual displaying the addiction-related behaviour to seek professional help and be able to outline the nature of the help available

**Course content**

- Drug & alcohol education
- Crisis intervention & detox
- Harm reduction policy
- Ethics & self-awareness
- Effects of addiction on individual, family & community
- 4 Tier Model
- Screening & assessment
- Treatment options & approaches

**Target group**

The programme is particularly aimed at those who may encounter such behaviour in their personal or working lives.

**Entry requirement**

Applicants must be 18 years or older and demonstrate an interest in the field of addiction studies. Applicants will be offered a place on the basis of a written application.

**Selection procedure**

For further information and application form, contact Maureen Ryan: 0504 28112,

[TippPartTimeCourses@lit.ie](mailto:TippPartTimeCourses@lit.ie)

For queries on course content, contact Marie

Walsh: 0504 28451, [Marie.AWalsh@lit.ie](mailto:Marie.AWalsh@lit.ie)

Course

details:

<http://flexiblelearning.lit.ie/course/certificate-in-addiction-studies/>

**Qualification**

Graduates will be awarded a Addiction Studies (Special Purpose Award Certificate, Level 6). This programme is offered at NQF (National Qualifications Framework) Level 6 and carries 10 ECTS credits.

**Assessment**

As per course programme.

**Accreditation**

Limerick Institute of Technology

**Course background**

See website.

**Course start date**

Limerick (Moylish) September 2018 Thurles / Ennis February 2019

**Course location**

LIT Moylish / LIT Thurles

**Application**

See contact details in selection procedure. Apply by 9 September 2018 for Limerick and 21 January 2019 for Thurles

**Cost**

€750 (subject to review)

**Course Provider**

City Colleges

**Address**

Wicklow House, 84-88 South Great George's Street, Dublin 2

**Web address**<http://www.citycolleges.ie>**Contact Person(s)****Administrator**1850 252740 or (01) 4160034  
[info@citycolleges.ie](mailto:info@citycolleges.ie)**Course aims and objectives**

The module in addiction studies gives a comprehensive overview of current thinking and practice in the area of addictive behaviours and substance use/abuse. It focuses on the historical evolution of the various conceptualisations of addiction, the underlying causes attributed to the development and maintenance of addictive behaviours, models for understanding patterns of addiction and the treatments of addiction associated with those models. It further addresses the impact of addictive behaviours on society in terms of health, culture and criminality, paying particular attention to the Irish context.

**Course content**

**Week 1:** Meaning and Nature. Multiple conceptions of addiction in current practice, reflecting more than substance-related issues. Addiction and Psychiatry

**Week 2:** Current neuro-biological, psychological, sociological and cultural understanding of the causes of addiction. Overview of different theoretical positions in conceptualising addiction (i.e. Medical, Religious, Psychological etc.)

**Week 3:** Focus on disease models of addiction

**Week 4:** Understanding addiction from a psychoanalytic perspective

**Week 5:** The bio-psycho-social model

**Week 6:** Overview of treatments of addiction: Psychotherapeutic, Pharmacological, etc

**Week 7:** Focus on conditioning models of treatment: Behaviourism, contingency management; cognitive-behavioural models of

treatment: Self –regulation, relapse prevention; Emotion-regulation and mindfulness-based models of treatment

**Week 8:** Stages of change in the treatment of Addiction

**Week 9:** Addictive behaviours from the perspective of family systems theory

**Week 10:** Impact of addictive behaviours on society: health, culture and criminality – the Irish context

**Target group**

The module would be of interest to practitioners in a wide variety of disciplines (Psychology, Social Care, etc.) who may wish to deepen their knowledge of current thinking in addiction studies, to those who may be considering future study in the area of addictive behaviours and wish to gain a more comprehensive understanding of the area, and indeed, anyone who wishes to learn more about this pervasive and disabling condition.

**Entry requirement**

For more information please contact us on: 1850 25 27 40, 01 4160034 or email [info@citycolleges.ie](mailto:info@citycolleges.ie)

**Selection procedure**

Apply online  
<http://www.citycolleges.ie/wp/course/11146/>

**Qualification**

Diploma

**Assessment**

pass grade on the written assignment will be required for awarding of the Diploma in Addiction Studies. A fail grade will result in a Certificate of

Attendance for the course but without the Diploma being awarded. Students must attend at least 8 of the 10 evenings to graduate with either the Diploma or Certificate of Attendance unless a serious and verifiable reason for further absence is provided. Similarly, the Project must be handed in on the due date unless a sound reason for lateness is provided. In such instances, an extension may be awarded at the discretion of the lecturer.

## **Accreditation**

City Colleges and Institute of Commercial Management

## **Course background**

**Dr. Finian Fallon** holds a Doctorate in Psychotherapy from DCU. In addition to providing a range of counselling services, his past work experience includes providing therapy for clients with PTSD, survivors of childhood abuse and survivors of torture. He has a number of published academic works to his credit, including presenting at the BACP research conference. He is interested in developing research that provides practical clinical benefits, to bring together the science and art of psychotherapy.

## **Course start date**

September 2018, 10 weeks, one evening per week from 6.30 to 9.30pm

## **Course location**

Dublin

## **Application**

Apply online

## **Cost**

Course fee: classroom-based €945 (or €995 if paying the course fee in installments), online €845 (or €895 if paying the course fee in installments) Non-EU students: €1,295. A fee of £76 will be payable to The Institute of Commercial Management on successful completion of this course.

**Course Provider**

UCD College of Human Sciences Graduate School

**Address**

UCD, Belfield, Dublin 4

**Web address**

<http://www.ucd.ie/humansciences/graduateschool/>

**Contact Person(s)**

**Administrator**

01 716 8643

[mpp@ucd.ie](mailto:mpp@ucd.ie)

**Course aims and objectives**

The Master of Public Policy is a 90-credit programme. When starting the course, students will choose one of eight streams. Students must take four core modules (10 credits each), one dissertation design module (5 credits/half term), and 2-4 option modules (20 credits in total). Students also submit a thesis worth 25 credits that will be written during the summer term.

Optional specialist streams which enable you to examine the policy fields which interest you in-depth include the *Community Drugs and Health Policy Stream*.

**Course content**

You will develop an understanding of the political, ethical, social and economic factors which influence policy-making along with the challenges associated with effective policy implementation and regulation. You will also learn to systematically analyse public policies, and acquire skills in policy research and evaluation. In addition, you will have the opportunity to examine a number of policy fields in depth.

**Target group**

This programme is suitable for graduates who plan to pursue a career in the public or non-profit sectors, policy analysis or consulting and for those already working in these sectors, who want to develop their policy analysis, research and evaluation skills.

**Entry requirement**

Each application is considered on its individual merits. The applicants should have earned an undergraduate degree in a relevant subject such as political science, international relations, social science, sociology, geography, economics, global

studies, public policy, EU studies, law/international law etc. with at least Upper Second Class Honours, or its equivalent (an overall GPA of 3.0 (B) or higher in the American system). Relevant professional experience will also be taken into account.

Note that meet the requirements do not guarantee admission. Applicants in their final year of undergraduate study may be admitted conditional on satisfactory completion of their undergraduate degree.

**Selection procedure**

Visit

<http://www.ucd.ie/socscilaw/publicpolicy/masterofpublicpolicy/>

**Qualification**

Master in Public Policy

**Assessment**

Over the summer, students complete a thesis of approximately 10,000 words.

**Accreditation**

UCD

**Course background**

For details visit:

<http://www.ucd.ie/socscilaw/publicpolicy/masterofpublicpolicy/>

There is an opportunity to undertake the MA (Public Policy and Management) at the City University of Hong Kong subsequent to MA-Public Policy completion. There is an option of the [Graduate Diploma in Public Policy](#) without a dissertation.

There is a possibility of progressing to the PhD in Public Policy or the Graduate Diploma in Public

Policy.

**Course start date**

September to April each year.

**Course location**

Belfield, Dublin 4

**Application**

Visit the website or contact UCD. There is no particular deadline for submission of applications.

**Cost**

Full time (one year): EU Fee €6,240.00; Non- EU fee €17,500.00. Part time (two years):EU Fee €4,060.00 per year; Non- EU fee €8,700.00 per year (subject to change)



**Course Provider**

University of Limerick / HSE Addiction Services

**Address**

Delivered at: University of Limerick Campus /  
Bridge House, Cherry Orchard, Ballyfermot,  
Dublin.

**Web address**

<http://www.ul.ie/cpe/node/207>

**Contact Person(s)****Dr Sancha Power**

*Course Director/Limerick Co-ordinator*

(087) 9914042

sancha.power@ul.ie

**Aoibhinn King**

*Dublin Co-ordinator*

(087) 9074515

aoibhinn.king@hse.ie

**Esther Wolfe**

*Dublin Co-ordinator*

(087) 9092730

esther.wolfe@hse.ie

**Course aims and objectives**

The course aims for personal and professional growth and development of individuals working in community, voluntary, statutory and non-statutory organisations who are actively engaged in responding to drug and alcohol issues, across the spectrum from prevention and education to treatment and rehabilitation.

**Course content**

Semester one:

- Experiential group work and group processes in the context of drug and alcohol studies
- Substance use: theoretical foundations
- Models of intervention: theory and practice 1
- Research and reflective practice 1

Semester two:

- Models of intervention: theory and practice 2
- Substance use: community, social and policy perspectives
- Substances and mental health
- Research and reflective practice 2

**Target group**

Applicants include those who have completed a Certificate in Addiction Studies or another relevant area and who wish to progress their professional education in the area of drug and alcohol studies.

The programme is intended for individuals actively engaged in management of drug and alcohol misuse and dependency or those working with groups at risk for drug and alcohol misuse. Applicants also include health professionals,

social care professionals, teachers, guidance counsellors, youth and child care workers, prison officers, Gardai, probation officers and community workers among others.

**Entry requirement**

- Certificate in Addiction Studies, or a related area, or equivalent academic qualification
- At least two years experience of working in the area of drug and alcohol or a related field
- Successful completion of interview

**Selection procedure**

Applicants can now apply online. Please refer to our website for application guidelines and supports.

Course website: <http://www.ul.ie/cpe/node/207>.

University website: [www.ul.ie/cpe](http://www.ul.ie/cpe)

Short-listed applicants will be required to attend an interview.

Further information is available:

**University of Limerick**

Dr. Sancha Power (087) 9914042

sancha.power@ul.ie

**Cherry Orchard, Dublin**

Esther Wolfe (087) 9092730 [esther.wolfe@hse.ie](mailto:esther.wolfe@hse.ie)

Aoibhinn King (087) 9074515

[aoibhinn.king@hse.ie](mailto:aoibhinn.king@hse.ie)

**Qualification**

Diploma in Drug and Alcohol Studies, NFQ 7



## **Assessment**

Assessment will use a variety of methods, including written assignments, oral presentations, case study, project work, and reflective portfolio.

## **Accreditation**

University of Limerick: Level 7 HETAC National Framework of Qualifications

## **Course background**

The programme was developed by the University of Limerick in partnership with the Health Service Executive (West-Limerick, West-Donegal and Dublin Mid-Leinster areas), Educational Training Boards (former Vocational Education Committees) (Limerick and County Donegal), the Mid-West and North West Regional Drug and Alcohol Task Forces and the North West Alcohol Forum.

## **Course start date**

September each year. • University of Limerick Campus, Tuesday 6.30-9.30pm and every second Saturday • Cherry Orchard Hospital, Wednesday (9.30-4.30) • Orientation Day (for both centres) at the University of Limerick Saturday 8 September 2018

## **Course location**

This one year part-time programme is offered in two locations: the University of Limerick and Cherry Orchard Hospital (Ballyfermot, Dublin 10).

## **Application**

Prospective applicants will be required to complete an online application form, via the website. Please see guidelines for application on the website page. Cost of application is €35. Short-listed applicants will be required to attend an interview. Closing date for application is 29 June 2018, 5pm

## **Cost**

Course fees AY1819 €1596. Further information on fees available from the university webpage [www.ul.ie/finance/student-fees](http://www.ul.ie/finance/student-fees)

**Course Provider**

An Cosan

**Address**Kiltalown Village Centre, Jobstown, Tallaght,  
Dublin 24**Web address**<http://www.ancosan.ie>**Contact Person(s)*****Eithne Dunne****Education Co-ordinator*

01 462 8488

[e.dunne@ancosan.com](mailto:e.dunne@ancosan.com)**Course aims and objectives**

This programme aims to develop an understanding and analysis of theories and practices of addiction studies and community development. It will support the professional development of people who are employed in the field of addiction studies and community development, people who work in the community in a voluntary capacity and people with an interest in addiction studies and community development.

**Course content***Year 1*

Learning to learn at third level

Introduction to community development

The nature and context of addiction

Group work and facilitation skills

Social analysis

Drug prevention, education and awareness

*Year 2*

Approaches to treatment and rehabilitation

Community development and practical approaches

Understanding and managing conflict in a community development context

Reflective practice: knowledge, skills and attitude

Social policy

Introduction to counselling and motivational interviewing

*Year 3*

Community development and technology

Research methods and practice

Project cycle management in the community and voluntary sector

Community education and transformational change

Drugs and crime in a global context

Community drug work and leadership in practice

**Target group**

People who are employed in the field of addiction studies and community development; people who work in the community in a voluntary capacity; and people with an interest in addiction studies and community development.

Past students of the two year part time UCD Diploma in Community Drugs Work, or equivalent.

**Entry requirement**

Applicants should have completed the Leaving Certificate or a Certificate at Level 5 of the National Framework of Qualifications in addiction studies and community development or a related area. Other applicants will be considered on a case-by-case basis in accordance with the Institute of Technology Carlow policy on recognition of prior learning.

**Selection procedure**

Applications are treated on a case-by-case basis. Applicants may be required to attend for an interview. See website

<http://www.ancosan.ie/higher-education.php>

**Qualification**

Bachelor of Arts in Applied Addiction Studies and Community Development (awarded by the Institute of Technology Carlow).

**Assessment**

A variety of assessment methods such as reflective journals, presentations, research projects and portfolios, written examination and assignments are used on the programme.

**Accreditation**

NFQ Level 7 (180 ECTS)

**Course background**

This BA was new in 2012.

**Course start date**

The programme runs from September to June and operates on a three-year cycle.

**Course location**

Tallaght, Dublin

**Application**

For further information or to express your interest in the programme contact Eithne Dunne at An Cosán.

**Cost**

€2,000 per year (subject to change). Phased payment options are available.

**Course Provider**

Waterford Institute of Technology

**Address**

Department of Health, Sport and Exercise  
Science, School of Health Sciences, WIT, Cork  
Road, Waterford

**Web address**

<http://www.wit.ie>

**Contact Person(s)**

**Marie Claire Van Hout**

*Lecturer*

051 302 000

[mcvanhout@wit.ie](mailto:mcvanhout@wit.ie)

**Course aims and objectives**

Postgraduate research in the substance misuse field

**Course content**

Course involves submission of thesis and completion of WIT postgraduate training courses

**Target group**

Those actively involved in the substance misuse field

**Entry requirement**

2.2 Honours Degree

**Selection procedure**

Subject to approval by head of department and review group.

For more information on research in WIT see the website

[https://www.wit.ie/research/institutes\\_and\\_centres/centre\\_for\\_health\\_behaviour\\_research](https://www.wit.ie/research/institutes_and_centres/centre_for_health_behaviour_research)

**Qualification**

Masters

**Assessment**

WIT/HETAC & External examiner

**Accreditation**

WIT/HETAC

**Course background**

Postgraduate qualification by research

**Course start date**

September or January

**Course location**

Supervised at WIT

**Application**

Directly to WIT admissions office

**Cost**

Standard postgraduate fees apply

**Course Provider**

NUI Maynooth

**Address**

Department of Adult and Community Education,  
NUI Maynooth, Co Kildare

**Web address**

<http://adulthoodeducation.nuim.ie>

**Contact Person(s)****Administrator**

*n.a.*

01 708 6062

Adcomed@nuim.ie

**Course aims and objectives**

1. To provide participants with a broad view of key theoretical framework and practical debates which arise in relation to substance misuse and dependence
2. To enable participants develop basic helping and intervention skills in the field of drug and alcohol misuse
3. To enhance participants' knowledge of social and community issues relevant to substance misuse and dependence
4. To heighten participants' awareness in relation to personal, organisational and vocational issues which may arise in the course of their work within the field of substance misuse.

**Course content**

Module 1: Group work & facilitation skills/reflective learning

Module 2: Substance misuse and dependence

Module 3: Drug & alcohol misuse in contemporary Ireland

Module 4: Approaches to prevention treatment & rehabilitation

**Target group**

The course is aimed at people aged 21 and over.

**Entry requirement**

Participants must be 21 years of age or over. It is preferable that applicants have:

- Experience of working in a community setting.
- Experience of working with alcohol and/or drug-related problems.
- Openness to reflect on one's own practice attitudes and beliefs.
- Commitment to learning in a group setting.

Applicants must submit a short essay describing their reasons for applying.

For more information see

[www.nuim.ie/study-maynooth/undergraduate-studies/courses/certificate-addiction-studies#tabs-overview](http://www.nuim.ie/study-maynooth/undergraduate-studies/courses/certificate-addiction-studies#tabs-overview)

**Selection procedure**

On the basis of a written application and essay. See the course brochure for further details:

<http://adulthoodeducation.nuim.ie/courses/index.shtml>

The course may take place in the following locations:

Location, telephone & time

- Cavan Institute 049 437 7940 Tues, 7.00–10.00
- Cork 021 422 2100, Check with venue
- Donahies Community School, Donaghmede 01 848 2217/01 847 3522, Mon 7.00–10.00
- Dun Laoghaire 01 274 4132, Check with venue
- Ennis Community College 065 6829432, Check with venue
- Limerick 065 686 5852 Wed 10.00–1.15
- Kilkenny Campus (NUI Maynooth) 056 777 5910 Check with venue
- NUI Maynooth 01 708 6062, Tues 7.00–10.00pm
- Arklow, Co. Wicklow 01 274 4132, Check with venue
- Clondalkin 01 457 9445, Tues 10.00–1.00

**Qualification**

Certificate in Addiction Studies

**Assessment**

85% minimum attendance.

Participation in class.

Completion of relevant assignments/projects.

**Accreditation**

National University of Ireland. NFQ Level 7

**Course background**

This course has been running in various locations for a number of years.

**Course start date**

September until end of May each year. This course is 100 hours and may involve 3 - 4 Saturdays throughout the year.

**Course location**

NUI Maynooth and other locations nationwide. Please refer to the Continuing Education Brochure for further details. Telephone 01 7084500 or visit the website.

**Application**

Apply to College.

**Cost**

€950

**Course Provider**

NUI Maynooth

**Address**

Department of Adult and Community Education,  
NUI Maynooth, Co Kildare

**Web address**

<http://adulteducation.nuim.ie>

**Contact Person(s)****Administrator**

*n.a.*

01 708 6062

Adcomed@nuim.ie

**Course aims and objectives**

- To provide students with a strong theoretical grounding in substance misuse and addictive behaviours;
  - To provide participants with an opportunity to develop skills to respond effectively to substance misuse within their community, in either a voluntary or occupational capacity;
  - To encourage participants to reflect critically on drug- and alcohol-related issues as they emerge in contemporary Ireland.
- Students will develop skills in substance misuse education and prevention;
  - Students will apply their learning to work, vocational or community settings;
  - Students will learn to critically appraise current evidence-based practice in relation to prevention and intervention.

**Course content**

- Group work and facilitation skills / reflective practice
  - Intervention skills
  - Drug and alcohol policy in Ireland
  - Prevention education: theory and practice
  - Social analysis – theorising society
  - Social change and everyday life in contemporary Ireland
  - Social capital and social network analysis
  - Community engagement and learning
- There may be a short period of placement.

**Target group**

People who are working in a paid or voluntary capacity in the area of addiction.

**Entry requirement**

Successful completion of NUI Certificate in Addiction Studies or equivalent. Applicants should

be 23 years of age or over.

**Selection procedure**

Written application and interview.

For further course information visit

[www.nuim.ie/study-maynooth/undergraduate-studies/courses/diploma-arts-addiction-studies](http://www.nuim.ie/study-maynooth/undergraduate-studies/courses/diploma-arts-addiction-studies)

**Qualification**

NUI Diploma in Arts: Addiction Studies

**Assessment**

Continuous assessment throughout the course

**Accreditation**

National University of Ireland

**Course background**

Following the success of the NUI Maynooth & HSE Certificate in Addiction Studies since 1994, there has been continued demand for a progression path.

**Course start date**

200 hours over one year starting September each year; This will be delivered every Friday plus 1 Saturday in every month of the academic year.

**Course location**

NUI Maynooth Campus / Outreach venue by arrangement

**Application**

Application form available by phone.

**Cost**

€2,350 (to be confirmed)

**Course Provider**

School of Medicine, Trinity College Dublin

**Address**

College Green  
Dublin 2, Ireland

**Web address**

<https://www.tcd.ie/medicine>

**Contact Person(s)**

**Joe Barry**

*Course Director*

01 8961087

[joebarry@tcd.ie](mailto:joebarry@tcd.ie)

**Course aims and objectives**

1. To bring the core theory of Addiction Recovery (AR) to health and social care students and to support the application of the AR model in the health and social care domains of practice.
2. To critically appraise and analyse the factors impeding implementation of an Addiction Recovery model in a variety of settings.
3. To foster multi-disciplinary learning in an academic setting where the multi-disciplinary and multi-organisational backgrounds of the students will be developed as a source of learning.

**Course content**

The course comprises 90 ECTS credits in total. There are 12 taught modules, which might be altered depending on the staff availability: Current and historical approaches to the theory and treatment of addiction, Basic concepts and policy in recovery: Research methodology 1, Research methodology 2, Substance addiction psychopharmacology, Neurobiology of addiction, Social policies and social context of addiction recovery, Theory, Techniques and interventions, Clinical application of evidenced based intervention, Mental health and supervised clinical application 1, Mental health and supervised clinical application 2 (emphasis on adolescent populations), and Implementation strategies. There is also a dissertation module.

Visit the [course website](#)

**Target group**

The MSc is designed for addiction recovery practitioners working across the addiction and support services.

**Entry requirement**

This course will be of interest to those who have responsibility for delivery and implementation of Addiction Services. The aim of this interdisciplinary course is to provide high-quality training for health and social care practitioners in the theoretical and practical aspects of Addiction Recovery. The Masters in Science in Addiction Recovery will have a strong component of action learning in the workplace. The course will also provide students with an opportunity to critically explore and evaluate emerging field of Addiction Recovery. Graduates of this course will be expected to promote and develop excellence in Addiction Recovery.

The entry requirement for the course is at graduate level. Prospective students will be graduates in a health or social care-related discipline with at least 3 years' professional experience.

Other applications may be considered in exceptional circumstances based on workplace experience. In the case of applicants with no professional experience, a submission may be considered by the course committee where the student can secure placement for the duration of the course and the course committee are satisfied that the student will adequately benefit from completing the course. Applications for admission to the course will be made online. Short-listed applicants may be interviewed.



## **Selection procedure**

The closing date for applications for entry to the course will be the end of June of the year of admission; however, late applications will be considered in the event of places not being filled.

## **Qualification**

MSc

## **Assessment**

As per curriculum

## **Accreditation**

TCD

## **Course background**

The course is offered by the Department of Public Health & Primary Care at the School of Medicine, Trinity College Dublin with a range of teaching from leading experts from across Trinity College as well as leading clinicians the Health Service Executive. The course is a fusion between Public Health, Psychiatry, Psychology and Neuroscience. It is the first course of its kind in Ireland.

## **Course start date**

September. The course runs one-year full-time or two-year part time (PT not available 2018 intake). Course attendance comprises three-day blocks each month (Tuesday to Thursday) to facilitate work release. Each course attendance day consists of six hours of lecture sessions, workshops or tutorials.

## **Course location**

Trinity College Dublin

## **Application**

Applications for this course should be made online. For more information contact Dr. Jo-Hanna Ivers [jivers@tcd.ie](mailto:jivers@tcd.ie) or Professor Joe Barry [joebarry@tcd.ie](mailto:joebarry@tcd.ie)

## **Cost**

Contact course providers.

**Course Provider**

Waterford Institute of Technology

**Address**

Department of Health, Sport and Exercise  
Science, School of Health Sciences, WIT, Cork  
Road, Waterford

**Web address**

<http://www.wit.ie>

**Contact Person(s)****Course aims and objectives**

The Master of Arts in Advanced Facilitation Skills for Promoting Health and Well Being is an innovative practice orientated programme, the only one of its kind nationally. It is designed to enhance personal growth and development to advance knowledge, skills, attitudes and competencies required for effective facilitation for promoting health and well-being with groups, individuals and key populations.

**Course content**

The MA in Advanced Facilitation Skills for Promoting Health and Well Being has a strong focus on personal development and the acquisition of facilitation skills to an advanced level both in practice and within a wider theoretical perspective. Experiential learning is the methodology used throughout the course which supports students to develop their skills through the medium of the group process [max 16], reflective practice, practical experience and research. A student who accumulates 60 credits in Semesters 1 and 2 and who does not wish to complete the MA may, at the discretion of the programme board, be awarded a Postgraduate Diploma in Advanced Facilitation Skills for Promoting Health and Well Being.

**Target group**

This programme is for all people whose core work involves communication with others; it is an invaluable asset to many professionals such as Community, Social and Youth Workers, Teachers, Health Professionals, those in positions of management and those working with marginalised groups. The programme provides an opportunity for individuals to acquire the knowledge and skill set to support them to deliver

on the priorities identified in 'Healthy Ireland' which is the national framework for action to improve the health and wellbeing of the people of Ireland.

**Entry requirement**

- Applicants should hold a qualification at NFQ Level 8 Honours (2.2) degree or equivalent.
- Applicants who do not hold the standard qualifying NFQ Level 8 Qualification criteria, but have relevant work experience and study may be considered for admission to the programme under the Institute's Recognition of Prior Learning (RPL) process and subject to an interview.
- Normally applicants are subject to a pre-entry interview in order to be considered for a place on the programme.
- Applicants whose primary language is not English must submit evidence of competency in English. Please see our website for more details  
[www.wit.ie/englishrequirements](http://www.wit.ie/englishrequirements)

**Selection procedure**

Applications for this programme are made online by going to [www.pac.ie](http://www.pac.ie) (code WD591). [Course website](#)

**Qualification**

MA In Advanced Facilitation Skills for Promoting Health and Well Being

**Assessment**

As per course requirements

**Accreditation**

Waterford IT

## **Course background**

This Masters was formerly known as the MA in Social Personal and Health Education and has been reconfigured.

## **Course start date**

January 2018

## **Course location**

Waterford and Dublin

## **Application**

Applications for this programme are made online  
Admissions queries contact Graduate Admissions  
T: +353 (0)51 302670 E: [pgadmissions@wit.ie](mailto:pgadmissions@wit.ie)

## **Cost**

For information on fees please visit the website at [www.wit.ie/pgfees](http://www.wit.ie/pgfees) Please note there is a nominal fee of approximately €115 for residential weekends paid directly to the venue for food and board. In the final semester there are one to one meetings which can be negotiated between the student and staff member.

**Course Provider**

Cuan Mhuire and IT Tralee

**Address**

Tralee, Co Kerry

**Web address**<http://www.ittralee.ie/en/>**Contact Person(s)****Admissions Officer**

066 7145638

[admissions@ittralee.ie](mailto:admissions@ittralee.ie)**Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

**Course aims and objectives**

This four year course is a collaborative programme between the Insitute of Technology Tralee and Cuan Mhuire/Galilee House of Studies.

The purpose of this programme is to provide systematic training in counselling theory and practice at a level that prepares participants to counsel in a variety of settings and to use various counselling approaches.

**Course content**

The programme will be delivered by a team of experienced practising addiction counsellors and third level academic staff in Galilee House of Studies, Athy, Co. Kildare (Year 1 and Year 2) and the Institute of Technology Tralee, Co. Kerry (Year 3), with practice placement undertaken in Cuan Mhuire's residential centres or other relevant clinical sites across Ireland (Year 4).

**Target group**

Those interested in counselling.

**Entry requirement**

Applicants must: Be over 23 years of age on the 1st of January on the year of entry. AND Hold a Leaving Certificate or equivalent with a minimum of 2 x H5 and 4 x 06/H7. OR • Hold a full QQI (level 5) award with a minimum of 3 distinctions. OR • Have completed a recognition of prior learning (RPL) process with the college (applicants, who hold other qualifications and/or experience, may be considered for a place on this undergraduate programme).

**Selection procedure**

Visit [course website](#) or <http://www.ittralee.ie/en/>

**Qualification**

Ba (Honours) in Counselling with Addiction

**Assessment**

See course description.

**Accreditation**

NFQ level 8. Graduates will also be accredited with the Irish Association for Counselling and Psychotherapy (IACP), Addiction Counsellors of Ireland (ACI) and the National Association of Pastrol Counselling and Psychotherapy (NAPCP).

**Course background**

Cuan Mhuire is Ireland's largest multi-site provider of residential detoxification and treatment for those suffering from addiction. Galilee House of Studies is an established provider of a higher education undergraduate diploma programme in counselling located in Athy, Co. Kildare.

**Course start date**

September

**Course location**

Athy Co Kildare and Tralee, Co Kerry

**Application**

Apply to IT Tralee.

**Cost**

Tuition fees are covered by the Free Fees Initiative, see [www.studentfinance.ie](http://www.studentfinance.ie). • Students who are eligible for the free fees scheme are required to pay a student contribution charge of €3,000 (2016/17). • Students will be required to pay for additional personal supervision and counselling fees during the programme.

**Course Provider**

Cuan Mhuire and IT Tralee

**Address**

Tralee, Co Kerry

**Web address**<http://www.ittralee.ie/en/>**Contact Person(s)****Admissions Officer**

066 7145638

[admissions@ittralee.ie](mailto:admissions@ittralee.ie)**Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

**Course aims and objectives**

Graduates of counselling and psychotherapy programmes, completing studies in 2019 will be regulated under CORU, and all of the relevant Irish professional bodies will require practitioners in counselling to hold, as a minimum entry qualification, a NFQ Level 8 (Honours) Degree in counselling.

This one year programme has been specifically designed to facilitate holders of an NFQ Level 7 qualification in counselling to upskill and bring their qualifications into line with the upcoming changes in regulation.

**Course content****The first semester**

- Research methods
- Psychodynamic perspectives
- Motivational interviewing
- Clinical supervision

**The second semester**

- Dissertation
- Advanced addiction studies

**Target group**

Counsellors with a NFQ Level 7 qualification in counselling.

**Entry requirement**

Applicants must be 23 years of age on 01 January on the year of entry AND hold an NFQ Level 7 in Counselling (or equivalent) AND are accredited as counsellors with the IACP or ACI or NAPCP.

See [course website](#) for further requirements or <http://www.ittralee.ie/en/>

**Selection procedure**

See requirements.

**Qualification**

Ba (Honours) in Counselling with Addiction

**Assessment**

As per course description

**Accreditation**

IT Tralee.

**Course background**

This is a collaborative programme between the Insitute of Technology Tralee and Cuan Mhuire/Galilee House of Studies in Athy, Co. Kildare.

**Course start date**

September. Part time.

**Course location**

Athy, Co Kildare

**Application**

Apply to IT Tralee.

**Cost**

Tuition fees are covered by the Free Fees Initiative, see [www.studentfinance.ie](http://www.studentfinance.ie). • Note, students who are eligible for the free fees scheme are required to pay a student contribution charge of €3,000 (2016/17).

**Course Provider**

North West Regional College

**Address**

Strand Road, Derry BT48 7AL

**Web address**

<http://www.nwrc.ac.uk/>

**Contact Person(s)**

**Susan McGrory**

Course Director

028 71 276519

[susan.mcgrory@nwrc.ac.uk](mailto:susan.mcgrory@nwrc.ac.uk)

**Course aims and objectives**

This academic level 5 course is for those working in a variety of settings supporting individuals who misuse alcohol and/or drugs. The course is taught part time, one day each week during term time, over 3 academic years. There is an exit award possible after 18 months.

The course also aims to help students develop an understanding of personal, professional, ethical and legal issues that may affect practice and to foster personal and professional development in terms of reflective practice, self-awareness. The diversity of modules is aimed at enhancing the student's depth and breadth of knowledge and skills, enabling him/her to provide effective and evidence-based support.

**Course content**

The modules covered include:

- The impact of substance misuse on health and wellbeing
- Recognition of drug & alcohol use
- Legal and ethical issues in drugs and alcohol
- Screening, assessment and support planning
- Introduction to interventions
- Harm reduction strategies
- Evidence based practice
- Motivational interviewing
- Work based learning
- Hidden harm
- Mental health, drugs & alcohol use

**Target group**

This academic level 5 (UK) Level 7 (Ireland) course is aimed at staff working in a variety of settings supporting individuals who misuse alcohol and/or drugs, including housing,

homelessness, working with young people and families and other health and social care settings.

The course would also support those who wish to work in this sector, and has placement of 240 hours for those not already employed in a relevant occupation.

**Entry requirement**

Applicants must satisfy Ulster University's general entry requirements as set out in the Prospectus or demonstrate their ability to undertake the course through the accreditation of prior experiential learning (APEL). See Prospectus entry.

Applicants must normally:

(a) Have attained a Pass in one subject at GCE 'A' Level and Grades A - C in four other subjects at GCSE Level or equivalent or an equivalent standard in an approved professional or other qualification

and

(b) Provide evidence of competence in written and spoken English; (GCSE Grade C or equivalent. Satisfactory ACCESSNI Enhanced Disclosure must be completed at commencement of the course. Please see College website for qualification equivalencies

**Selection procedure**

Interview. See website for more details

<http://www.nwrc.ac.uk/part-time-how-to-apply>

**Qualification**

Foundation Degree in Responding to Alcohol and Drug Misuse (validated by Ulster University)

**Assessment**

Assessment is through a variety of methods including; essays, reports, presentations, exams

**Accreditation**

Validated by Ulster University

**Course background**

Students who successfully complete the Foundation Degree may be eligible to apply for entry to the final year of the BSc Hons Health and Wellbeing, or BSc Hons Applied Health Studies programmes at Ulster University

**Course start date**

September

**Course location**

North west Regional College, Strand Road  
Campus, Derry

**Application**

See college website  
<http://www.nwrc.ac.uk/part-time-how-to-apply/> or  
email contact person as above for more  
information

**Cost**

See prospectus for up to date fees



**Course Provider**

Letterkenny IT and Alcohol Forum

**Address**

Letterkenny Institute of Technology, Port Road,  
Letterkenny, Donegal

**Web address**

<https://www.lyit.ie>

**Contact Person(s)**

**Louise McBride**

Head of Department of Nursing and Health Studies  
074 9186303

[Louise.McBride@lyit.ie](mailto:Louise.McBride@lyit.ie) or [Sheila.Giblin@lyit.ie](mailto:Sheila.Giblin@lyit.ie)

**Course aims and objectives**

The aim of the programme is to enable students to effectively deal with drugs and alcohol issues and to utilise recovery methods, using the best evidence and interventions by extending theoretical knowledge and practical skills, to alleviate these issues.

**Course content**

This programme will commence with an introductory module, Theoretical Foundations in Alcohol and Other Drugs, to ensure that all students, regardless of professional or academic background, have a basic understanding of the core concepts that underpin clinical, evidenced based and public health aspects of, alcohol and other specialist areas of drug and alcohol which results in harm to the individual, family and community. It will provide an opportunity for graduates to enhance their knowledge base, employment and career prospects with the inclusion of work based assessments to enhance their skills sets in a wide ranging Alcohol and Drug related service provision by embedding evidence informed practice in local organisations.

- Advanced research methods
- Theoretical foundations in alcohol & other drugs
- Alcohol and other drug use: interventions practice & skills 1
- Children and families: hidden harm
- Alcohol, drugs and mental health: recovery approaches
- Alcohol and other drugs use: interventions practice & skills 2
- Research dissertation

**Target group**

The programme will take cognisance that student learners will come from a variety of practice /professional backgrounds. This programme of study in Alcohol and Other Drugs has been designed to provide postgraduate education focusing on recent advances in the conceptualisation of substance use and addiction, and its effective prevention and treatment. Students will focus on theoretical advances and evidenced informed skills that will be contextualised within National policy, strategy, intervention and treatment. Emphasis will be placed upon facilitating the transfer of knowledge and skills to the workplace or students own professional development and career goals.

**Entry requirement**

The minimum entry requirements are a Level 8 Honours Degree in a relevant discipline such as Health and Social Care, Nursing, Social Work, Youth Work, Psychology, medicine etc. Applicants may be required to undertake an interview. Applicants who do not hold the above entry requirements may be considered using the LYIT RPL process.

**Selection procedure**

For more details about the course see the website

<https://www.lyit.ie/full-timecourses/nursinghealthstudies/lyntiadm/>

**Qualification**

Master of Science or Postgraduate Diploma in Therapeutic Interventions for Alcohol & Other Drugs

**Assessment**

Assessment of work and research dissertation



**Accreditation**

LYIT, under Delegated Authority from QQI

**Course background**

This course began in 2017.

**Course start date**

September. PG – 1.5 year part-time; MSc – 2 years part-time

**Course location**

Letterkenny IT

**Application**

Download the application form from the course website

**Cost**

The programme commences in September and the fee for the Master of Science is currently €5,000. The fee for Non-EU students is €9,000. Tax relief is available on fees paid – up to €5,000 at the standard rate.

**Course Provider**

The Learning Curve Institute

**Address**

Rushbrook, Clogher, Westport, Co Mayo

**Web address**

<http://www.thelearningcurve.ie>

**Contact Person(s)****Administrator**

Administrator

098 25530

[info@thelearningcurve.ie](mailto:info@thelearningcurve.ie)

**Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

**Course aims and objectives**

The aim of this Level 6 QQI Minor Award in Mental Health Awareness is to give attendees an in-depth understanding of mental health difficulties and to help them to apply this knowledge to support people who have mental health difficulties in a positive way. Learners who successfully complete this module will:

- acquire an understanding of the theoretical background associated with mental health issues
- be aware of the moral, ethical and legal considerations associated with mental health
- be familiar with theories and types of mental illness
- understand the positive and negative factors which may affect your mental health
- apply this knowledge in the workplace and in everyday life
- appreciate various treatment approaches.

**Course content**

As per the QQI guidelines for The Level 6 Minor Award in Mental Health Awareness, this course includes four key learning units:

1. What is Mental Health?
2. The realities of Mental Illness
3. Intervention and Treatment Approaches
4. Recovery and Advocacy Options

**Target group****Entry requirement**

While there are no specific entry requirements, FETAC and The Learning Curve Institute have the following preferred entry requirements for this

course:

Level 5 Certificate in an associated or relevant subject area, Leaving Certificate or equivalent qualifications and/or relevant life and work experiences.

**Selection procedure**

Please see the website for more course information

<http://www.thelearningcurve.ie/content/fetac-level-6-mental-health-awareness>

**Qualification**

Minor Award in Mental Health Awareness

**Assessment**

There are two assignments required for successful completion of this QQI Mental health Awareness course.

1. Learner Record - 50%
2. Project - 50%

**Accreditation**

QQI

**Course background**

This module at QQI Level 6 has been developed to enhance the understanding of Mental Health by personnel currently working in the Mental Health field or for those people who wish to develop a career in nursing, mental health or other sectors of the caring professions. The purpose of this programme is to equip the learner with the knowledge, skill and competence to work independently or in a supervisory capacity in an organisation which provides services to individuals with mental health difficulties.

**Course start date**

Galway - 16 Oct - 20 Nov 2018

**Course location**

Galway - The Westside Resource Centre

**Application**

Contact the Learning Curve

**Cost**

€599.00

# D

Courses on substance misuse for young people

**Course Provider**

HOPE (Hands On Peer Education)

**Address**

Killarney Court, Buckingham Street, Dublin 1

**Web address**

<https://www.hopehandson.com/>

**Contact Person(s)**

**Irene Crawley**

*Manager*

01 887 8404

hopehandson@yahoo.ie or hopehandson@gmail.com

**Course aims and objectives**

Aim: Training young people to facilitate drug and alcohol education to their peers

Objectives: For participants to become familiar with course content, and to empower youth to be peer leaders, and be comfortable with facilitation skills

**Course content**

- Introduction to basic concepts of addiction
- Information on drugs
- Information on alcohol
- Creative facilitation skills
- Role play
- Prevention with youth
- Delivery of presentations

**Target group**

Course is open to young people in the community who would have an interest in educating their peers on drug prevention

**Entry requirement**

Aged 14–19, showing some leadership skills

**Selection procedure**

Application form and interview

**Qualification**

Certificate of attendance

**Assessment**

Group assessment at end of course

**Accreditation**

n.a.

**Course background**

n.a.

**Course start date**

Telephone or email to above numbers for more information.

**Course location**

Various

**Application**

Telephone or email to above numbers for more information on upcoming courses

**Cost**

Free; a small donation for supplies is requested from organisations.

# D02

## PEER DRUG PREVENTION EDUCATION

**Course Provider**

Peer Drug Prevention Education Group

**Address**

Blanchardstown Youth Service, Main Street,  
Blanchardstown, Dublin 15

**Web address**

n.a.

**Contact Person(s)**

*Brian Fitzsimons*

01 821 2012

brian.fitzsimons@foroige.ie

**Course aims and objectives**

Enables young people to become peer educators in relation to drug prevention for other young people in the area.

**Cost**

n.a.

**Course content**

Peer education

**Target group**

Young people in the Blanchardstown area.

**Entry requirement**

Under 18 years of age.

**Selection procedure**

Not applicable

**Qualification**

n.a.

**Assessment**

n.a.

**Accreditation**

n.a.

**Course background**

These clubs are run by Foroige. See Foroige website for details of their training  
<https://www.foroige.ie/our-work/drug-education-programme>

**Course start date**

Ongoing

**Course location**

Blanchardstown, Dublin

**Application**

Contact the education group

# E

In-service or on-site training for professionals and other vocational groups working in the field of substance misuse or related areas

**Course Provider**

Community Awareness of Drugs

**Address**

31 Central Hotel Chambers, Dame Court, D2

**Web address**

<http://www.cadaboutdrugs.ie>

**Contact Person(s)**

*Training co-ordinator*

01 878-3656

[info@cadaboutdrugs.ie](mailto:info@cadaboutdrugs.ie)

**Course aims and objectives**

- To respond to the needs of staff and volunteers in relation to drugs awareness
- To provide participants with a drugs awareness update
- To discuss a range of issues that may impact on individuals in the workplace or agency
- To provide reading materials that may be of benefit to participants
- To highlight where participants can access drugs helpline staff or volunteers
- To respond to any additional requests for information

**Course content**

- Pharmacological update
- patterns of drug use
- signs and symptoms of drug use
- drugs and mental health matters
- drugs and sexual health matters
- responding to drug use
- getting along with young people
- the wheel of change
- risk and protective factors
- where to go for help

**Target group**

Adults

**Entry requirement**

None

**Selection procedure**

None

**Qualification**

n.a.

**Assessment**

n.a.

**Accreditation**

n.a.

**Course background**

Our workplace drug awareness seminars have been held in various locations since our establishment in 1983.

**Course start date**

By arrangement

**Course location**

In the workplace or agency

**Application**

Contact the CAD Office.

**Cost**

Donation to CAD



**Course Provider**

Community Awareness of Drugs

**Address**

31 Central Hotel Chambers, Dame Court, D2

**Web address**<http://www.cadaboutdrugs.ie>**Contact Person(s)***Training co-ordinator*

01 878-3656

[info@cadaboutdrugs.ie](mailto:info@cadaboutdrugs.ie)**Course aims and objectives**

CAD designs tailored training workshops for agencies and community groups to enhance awareness and explore attitudes around drug and alcohol misuse.

**Course content**

CAD's Tailored Training programmes are designed to accommodate staff and volunteers with varying degrees of knowledge and diverse attitudes around drug and alcohol use. A tailored drug education and prevention programme provides participants with an opportunity to extend their knowledge and explore their attitudes around drug use. This training can incorporate personal development / assertiveness and motivational skills.

Topics covered on the 8 week course include rights, ways of behaviour, saying no, recognising and dealing with anger, listening skills, problem solving and acknowledging qualities in oneself. Issues around cigarettes, alcohol and medicines in the home are explored along with basic information on illegal drugs including head shop products available on the internet.

CAD also provides a tailored programme for the *National Learning Network*. Individuals who are distanced from education and employment participate in the 8 week programme to learn about the importance of making positive decisions with regard to alcohol and drugs. There is a significant assertiveness element to the training. The continued success of this important programme is as a result of participant engagement and consistent positive feedback.

**Target group**

We deliver multi session training and single sessions on site for staff, volunteers and vulnerable young people based on the drug situation at local level and the particular needs of the participant group.

**Entry requirement**

None

**Selection procedure**See [http://www.cadaboutdrugs.ie/?page\\_id=2693](http://www.cadaboutdrugs.ie/?page_id=2693)**Qualification**

n.a.

**Assessment**

n.a.

**Accreditation**

n.a.

**Course background**

In recent years, CAD has been asked to provide many drug prevention education courses directly tailored to participants needs. CAD was recognised as an experienced and well respected drug prevention education organisation across the voluntary, community and statutory sector.

**Course start date**

Contact CAD

**Course location**

Dublin

**Application**

Contact the CAD Office.

**Cost**

Details from CAD.

**Course Provider**

HOPE (Hands On Peer Education)

**Address**

Killarney Court, Buckingham Street, Dublin 1

**Web address**

<https://www.hopehandson.com/>

**Contact Person(s)**

**Irene Crawley**

*Manager*

01 887 8404

hopehandson@yahoo.ie or hopehandson@gmail.com

**Course aims and objectives**

The goal of our course is to impart our information to individuals who will in turn present drug and alcohol awareness to others. We would like to make a difference to communities in this way, as education is an effective tool in substance abuse prevention.

At the end of the course you will have all the tools to put run a drug/alcohol education training day or full length course yourself.

**Course content**

Drug and alcohol information, facilitation and presentation skills.

Our course is hands-on, interactive, practical, informative, and hopefully fun. We expect each participant to leave with a good knowledge of the harmful affects of drug and alcohol abuse, as well as group facilitation skills.

**Target group**

Anyone living or working in the community that would be planning on delivering this information

**Entry requirement**

People take this course for different reasons. Maybe you would simply like the knowledge for your own children, perhaps you are looking into working in the field of addiction, or perhaps you are currently working with clients for whom drugs and alcohol may be an issue and would like to up skill.

**Selection procedure**

Interview

**Qualification**

n.a.

**Assessment**

Each participant will be expected to deliver one aspect of the course to the group, to practice this in a comfortable setting.

**Accreditation**

Certificate of Attendance

**Course background**

n.a.

**Course start date**

Runs continually.

**Course location**

Various locations in North Dublin.

**Application**

Email or telephone above

**Cost**

€20.00 for unemployed; €75.00 CE scheme; €160.00 employed

**Course Provider**

PCI College

**Address**Corrig House, Old Naas Road, Clondalkin,  
Dublin 22**Web address**<http://www.pcicollege.ie>**Contact Person(s)****Kelley Farrell***Enquiries*

01 464 2268

[info@pcicollege.ie](mailto:info@pcicollege.ie)**Course aims and objectives**

PCI College provide tailor-made training programmes designed to the specific needs of clients in the health and helping professions and also to community, voluntary and commercial organisation.

For course information visit

<http://www.pcicollege.ie/tailor-made-training>

**Course content**

Training and awareness programmes can be provided on workplace related issues including:

- Mental health & well being
- Boosting confidence
- Managing stress
- Dealing with employee grief
- Critical incident stress management
- Coaching and mentoring
- Mediation

Courses can be provided for government bodies, professional groups or community organisations:

- Foundation in counselling & psychotherapy
- Dip & BSc in counselling & psychotherapy
- Dip & BSc in addiction counselling
- Adv Dip in supervision
- Adv Dip in supervision for coaches
- Dip in suicide studies
- Prof Cert in cognitive behaviour therapy
- Prof Cert in addictive behaviours
- Cert in brief therapy
- Cert in advanced psychodynamics
- Cert in group therapy
- Cert in art therapy
- Cert in sexual abuse & dysfunction
- Cert in substance addictions
- Cert in workplace counselling
- Cert in conflict management
- Cert in pastoral/spiritual counselling

- Cert in drug abuse in Ireland
- Cert in sexual addictions
- Cert in dual diagnosis

**Target group**

Interested organisations.

**Entry requirement**

n.a.

**Selection procedure**

n.a.

**Qualification**

See course details

**Assessment**

See course details

**Accreditation**

See course details

**Course background**

In service training has been provided for a number of years.

**Course start date**

Training courses are offered 7 days a week, anywhere in the Ireland, we will meet your requirements.

**Course location**

In client organization

**Application**

See PCI website for details.

**Cost**

Contact PCI

# F

Distance learning or online courses, where participants may study from home.

**Course Provider**

Ana Liffey Drug Project

**Address**

51 Middle Abbey Street, Dublin 1

**Web address**

<http://www.aldp.ie/>

**Contact Person(s)**

**Nichola Corrigan**

*Project Worker, Quality Standards Support Project*

01 960 3004

quality@aldp.ie

**Course aims and objectives**

The overall aim of the Quality Champions Training is to provide key persons in organisations with the skills to become a quality champion in their service. Training is delivered through an interactive eLearning platform. After completing the training, participants should be able to:

- Champion and lead a drive to improve quality in their organisation
- Objectively and accurately assess the sources of policy and practice in their organisation, and what these policies are
- Identify gaps between what their assessment reveals, and what is required of the organisation with reference to agreed quality standards
- Put in place a plan to ensure those gaps are filled, including the provision of a robust review mechanism

**Course content**

The course has five sessions each containing a series of specific learning modules:

**Session 1: Introduction to Quality**

1. The aim of the training
2. QuADS - Quality in Alcohol and Drug Services
3. The importance of quality
4. Barriers to change
5. Introduction to policy - basics
6. Introduction to policy - service user confidentiality policy
7. Introduction to policy - quality assurance policy
8. Session 1 assessment

**Session 2: Organisation Review and Mapping**

1. Review and assess
2. Obligations
3. Essential and important policies
4. Identifying the gaps
5. Session 2 assessment

**Session 3: Consultation**

1. Role and responsibility of the stakeholder
2. Consultation part one
3. Consultation part two
4. Session 3 assessment

**Session 4: Policy Writing**

1. Components of a policy
2. Researching a policy
3. Adapting a policy
4. Writing a policy
5. Session 4 assessment

**Session 5: Implementation and Policy Review**

1. Pre-implementation
2. Policy implementation strategy
3. Indicators, barriers and monitoring
4. Reviewing a policy

**Target group**

Those who wish to become quality champions in their drug or alcohol organisation.

**Entry requirement**

Content is delivered through Moodle - a Virtual Learning Environment (VLE) software system and is delivered as a series of multimedia based learning modules over five sessions. You will need a computer or laptop with internet access, and basic computer skills. The training is the equivalent of approximately a half day training. However, as the training is modular based, users can complete the training on a module by module basis.

**Selection procedure**

Course website:

[http://www.drugs.ie/resources/national\\_standards\\_for\\_safer\\_better\\_healthcare2/elearning\\_portal/champions\\_training/](http://www.drugs.ie/resources/national_standards_for_safer_better_healthcare2/elearning_portal/champions_training/)

**Qualification**

n.a.

**Assessment**

n.a.

**Accreditation**

n.a.

**Course background**

This course was developed in 2014.

**Course start date**

On-going

**Course location**

Online course

**Application**

Quality Champions Training is now available. If you would like to sign up for this course please email a request to [quality@aldp.ie](mailto:quality@aldp.ie)

**Cost**

n.a.

**Course Provider**

Eolach.ie

**Address**

Clonmel, Co Tipperary

**Web address**

<http://www.eolach.ie>

**Contact Person(s)**

**Fergus McGrath**

*Director of Education*

085 714 0498

[info@eolach.ie](mailto:info@eolach.ie)

**Course aims and objectives**

To introduce participants to the psychological, sociological, biological and legal effects of psychoactive substances

**Course content**

1. The human nervous system (Part 1)
2. The human nervous system (Part 2)
3. Introduction to psychopharmacology
4. Psychostimulants
5. Psychedelics
6. Central nervous system depressants
7. Opioids & solvents
8. Performance enhancing drugs

**Target group**

General public, parents, athletes, secondary school students and those whose job requires knowledge of the effects of drugs

**Entry requirement**

None

**Selection procedure**

For more information visit the course website

<http://www.eolach.ie/course/index.php>

**Qualification**

Certificate in Drugs and Behaviour

**Assessment**

Online exam

**Accreditation**

Eolach.ie

**Course background**

The course was written by a psychologist and has been running since 2004. The content of the course has been reviewed and endorsed by the Substance Misuse Unit of the Health Service Executive (South East Region).

**Course start date**

This course has frequent start dates and runs for four weeks. See website for future dates.

**Course location**

Online

**Application**

Visit [www.eolach.ie](http://www.eolach.ie) and follow instructions regarding enrollment.

**Cost**

€99

**Course Provider**

Eolach.ie

**Address**

Clonmel, Co Tipperary

**Web address**<http://www.eolach.ie>**Contact Person(s)****Fergus McGrath**

Director of Education

085 714 0498

[info@eolach.ie](mailto:info@eolach.ie)**Course aims and objectives**

The course is designed for beginners and introduces students to the main topics within psychology in a dynamic and visually stimulating manner.

**Course content**

There are two courses: psychology 1 and 2

**Psychology 1**

1. Psychology: An historical perspective
2. Scientific and academic psychology
3. Applied psychology
4. The human nervous system (Part 1)
5. The human nervous system (Part 2)
6. Drugs and behaviour 1
7. Drugs and behaviour 2
8. Memory storage
9. Remembering and forgetting
10. Sigmund Freud's psychoanalytic theory of personality development

**Psychology 2**

11. Erik Erikson's psychosocial theory of personality development
12. Personality 1
13. Personality 2
14. Emotion
15. Stress
16. Abnormal behaviour
17. Intelligence
18. Social psychology
19. Sleep
20. Dreams

**Target group**

Anyone interested in studying this subject.

**Entry requirement**

None

**Selection procedure**

For more course information visit the website [www.eolach.ie/course/](http://www.eolach.ie/course/)

**Qualification**

Certificate (optional - see costs)

**Assessment**

Online exam

**Accreditation**

Eolach.ie

**Course background**

Our aim is to ensure that our students derive academic, personal and social benefits from participating in our courses.

**Course start date**

There are no start dates for this course. Each participant begins the course at a time of their convenience. There are not any time deadlines for completion of our courses.

**Course location**

Online course

**Application**

Visit [www.eolach.ie](http://www.eolach.ie)

**Cost**

€99 for each course



**Course Provider**

College of Management and IT (CMIT)

**Address**

Southern Cross Business Park, Bray, Co.  
Wicklow

**Web address**

<http://www.cmit.ie/>

**Contact Person(s)**

*Administrator*

01 286 5783 or 01 276 5015  
info@cmit.ie

**Course aims and objectives**

The course will enable learners to:

1. obtain a better understanding about drugs and alcohol misuse,
2. obtain knowledge about the different types of drugs available and their side effects and use,
3. obtain a better understanding why people take drugs,
4. gain a better understanding about why people use alcohol,
5. find out what treatment is available in your area and how to access it,
6. find out how to set up a drug or alcohol abuse treatment programme in your area, and to
7. understand the principles of drug and alcohol misuse counselling.

**Course content**

Students receive a course manual, assignments and study-guide plus tutor support. The course documentation is detailed and easy to read. Your tutor and student support team will support you throughout the duration of the course.

Unit 1: Introduction

Unit 2: The a-z of drugs- effects, risks & the law

Unit 3: Alcohol abuse

Unit 4: Why people use drugs and alcohol

Unit 5: Drug and alcohol prevention and awareness

Unit 6: The basics of counselling

Unit 7: Traditional counselling styles

Unit 8: Counselling for alcohol problems

Unit 9: Counselling for substance misuse

**Target group**

- People considering a career in counselling.
- Parents, teachers and youth workers.
- People who wish to gain an introductory qualification in drug and alcohol counselling and wish to study at their own pace.

**Entry requirement**

None

**Selection procedure**

For further course information visit

<http://www.cmit.ie/courses-psychology-health-distance-learning/drug-and-alcohol-counselling-distance-learning.html>

**Qualification**

NCFE Award Certificate in Drug and Alcohol Counselling

**Assessment**

This course is assessed through tutor marked assignments. There is no exam

**Accreditation**

Successful learners will receive a level 3 NCFE Award Certificate in Drug and Alcohol Counselling. (i.e. equivalent to level 3 on the National Qualifications Framework for England, Wales and Northern Ireland.)

**Course background**

See course website for more information.

**Course start date**

Students can start at any time of year, and have 6 months to work at their own pace.

**Course location**

Home

**Application**

Book online

**Cost**

€395. There is a €60 fee payable for administration, moderation and certification.

**Course Provider**

School of Social Work and Social Policy, Trinity  
College Dublin

**Address**

School of Social Work and Social Policy, Room  
3063, Arts Building, University of Dublin, Trinity  
College, Dublin 2

**Web address**

<http://www.tcd.ie/swsp/>

**Contact Person(s)**

**Louise O'Brien**

*Course Administrator*

01 8963593

obriel10@tcd.ie

**Course aims and objectives**

This level 9 academic postgraduate course, delivered online, aims to provide graduates from all disciplines with the opportunity to develop their understanding of the role that social policies play in developing functioning and just societies. A second year leading to a M.Sc. in Social Policy and Practice is available to eligible candidates who have completed the Postgraduate Diploma.

**Course content**

This programme will give students an understanding of the role of social policy in engaging with some of the 'wicked problems' that contemporary societies face. These are complex interdependent problems such as responses to crime and poverty, policy issues which are often resistant to the solutions put in place by governments. Students will be exposed to the arguments for developing policy interventions in areas such as social security, health and housing, and the challenges of implementing and changing policy in these areas.

This course provides students with a stimulating online learning experience by creating a structured yet flexible learning approach. The place of study is flexible as online delivery allows students to engage in learning activities at home or in the workplace and there is no requirement to attend at the Trinity campus in Dublin. Students will have access to weekly materials using a virtual learning environment and the opportunity to engage with other students and lecturers using discussion boards.

Students will take seven core modules totalling 60 ECTS. Modules cover subjects such as

contemporary debates in social policy, the family and society, criminology, disability studies and social work.

**Target group**

The programme has particular appeal to graduates who wish to pursue a Masters programme in social work, social studies and social policy but who do not have an undergraduate qualification in these fields. This online Postgraduate Diploma can act as a conversion course for such graduates and enhance their application for specialised programme such as a Master in Social Work. The programme will also appeal to applicants from outside Ireland, in particular North America, who wish to study in Ireland's leading university with expertise in Irish, EU and global social policy.

**Entry requirement**

The programme is open to graduates from all disciplines who are interested in converting to the field of applied social studies. Successful applicants will hold a level 8 degree in any subject at a minimum of Upper Second Class Honours degree (2.2).

**Selection procedure**

For information about the course, see <http://www.tcd.ie/swsp/postgraduate/Social-Policy-Practice/>

**Qualification**

The Postgraduate Diploma in Social Policy and Practice is a level 9 postgraduate diploma offered as a one year online programme.

**Assessment**

As per course syllabus.

**Accreditation**

Trinity College Dublin

**Course background**

This course was run for the first time in 2014

**Course start date**

September

**Course location**

Online

**Application**

For further information contact: Laura Cusack,  
Course Administrator, [lcusack@tcd.ie](mailto:lcusack@tcd.ie), 01-896  
2001

**Cost**

EU students: €5,000, Non-EU students: €10,000,  
Application fee: €35 (to be paid online)

**Course Provider**

Irish College of General Practitioners

**Address**

4/5 Lincoln Place, Dublin 2, Ireland

**Web address**[http://www.icgp.ie/go/courses/e\\_learning](http://www.icgp.ie/go/courses/e_learning)**Contact Person(s)***Yvette Dalton*

01 676 3705

[yvette.dalton@icgp.ie](mailto:yvette.dalton@icgp.ie)**Course aims and objectives**

This course offers an introduction to managing issues related to alcohol misuse, misuse of prescription and over-the-counter medications as well as illicit drug use in primary care.

Substance misuse related issues are common, presenting in up to 15% of primary care consultations. This course aims to provide a practical framework for the detection and management of substance misuse problems in general practice. '

**Course content**

The online learning programme consists of 11 interactive video presentations, each presentation ranging in duration from 6 to 20 minutes. The participant is required to view all 11 topics in sequence and achieve 80% in the MCQ assessment to successfully complete the course. You may repeat the assessment if you wish.

**Completion time:** It takes approximately three hours in total to complete all modules and the MCQ Quiz. Please note that you may log in and out of this training at your convenience and as often as you like.

Links to all guidelines and assessment tools are provided.

**Target group**

The course is primarily aimed at GPs and GP registrars. If you do not fall under this category of applicant then you must register your interest by completing the online booking form.

**Entry requirement**

For general practitioners

**Selection procedure**

For more information, visit the course website [https://www.icgp.ie/go/courses/substance\\_misuse/substance\\_misuse\\_training/C541135B-97EE-2C1A-EC95C0CF38CECE22.html](https://www.icgp.ie/go/courses/substance_misuse/substance_misuse_training/C541135B-97EE-2C1A-EC95C0CF38CECE22.html)

**Qualification**

5 CPD credits for external CPD & 1 GMS study leave session.

**Assessment**

In order to satisfactorily complete the programme a GP is required to view over 75% in the Multiple Choice Questions (MCQ) module.

**Accreditation**

ICGP.

**Course background**

For information about the short course on substance misuse see

<https://www.icgp-education.ie/mod/page/view.php?id=4563>

**Course start date**

Each GP will have online access for 21 days from the date of their enrolment. To complete all modules and the MCQ Quiz will take approximately 3 hours in total.

**Course location**

Online course

**Application**

Aoife McBride, email: [substancemisuse@icgp.ie](mailto:substancemisuse@icgp.ie)

**Cost**

- ICGP members and GP registrars – No cost •
- Non-member: €50 application fee

**Course Provider**

Irish Training & Educational Centre

**Address**

Unit 9, Leopardstown Business Centre,  
Ballyogan Road, Leopardstown, Dublin 18.

**Web address**

<http://www.irishtraining.ie/>

**Contact Person(s)**

**Course administrator**

01 2061832  
info@irishtraining.ie

**Course aims and objectives**

The premise of this course is that prevention is the only true hope of solving our country's problems in these areas. Parents, teachers and counsellors are in the best positions to affect children's knowledge and attitudes to the abuse of alcohol and other drugs.

**Course content**

Distance learning course of 6 modules.

This course covers these broad topics:

1. What every parent, teacher and counsellor should know
  - Drug classifications.
  - Adolescents & drug abuse.
  - Drugs & the brain.
  - Alcoholism - a disease.
2. Drug abuse prevention.
  - Role of parents, teachers, counsellors.
  - Tell-tale signs of drug abuse.
3. Treatment effects & understanding them.
  - Effects of alcohol on young women.
  - Drugs & AIDS.
4. Pharmacology, alcohol, drugs of abuse, depressants, opioids, cocaine, nicotine, stimulants, cannabinoids, phencyclidine, inhalants, anabolic steroids & hallucinogens.

Your personally appointed tutor will provide you with expert guidance and tuition throughout your studies.

**Target group**

Parents, teachers and counsellors.

**Entry requirement**

n.a.

**Selection procedure**

Apply online

[http://www.irishtraining.ie/general/alcohol\\_and\\_drug\\_abuse.html](http://www.irishtraining.ie/general/alcohol_and_drug_abuse.html)

**Qualification**

When you have completed this course you may take a final examination. Full details are sent near the end of the course. The examination costs €65 and is taken at home. If you receive 70% or more you will receive an ITEC Diploma.

**Assessment**

Optional examination.

**Accreditation**

ITEC

**Course background**

n.a.

**Course start date**

At a time of your choosing.

**Course location**

Online course.

**Application**

Apply through the ITEC website.

**Cost**

€307 (subject to change0.

**Course Provider**

Urrus and University College Dublin

**Address**Horizons Centre, Balcurris Road, Ballymun,  
Dublin 11**Web address**<http://www.byap.ie/services/urrus/diploma-in-community-drugs-work>**Contact Person(s)****Course aims and objectives**

Problematic substance use continues to be a major social issue within society, with increases in consumption and use of drugs, increases in drug related deaths and increases in dependency on existing and emerging substances. International and national drug policy is also heavily contested, with pressure to develop harm reduction based policy rather than the more punitive and abstinence based approach. This course will explore current and emerging issues in relation to women and substance use, within the Irish and international context.

**Course content**

Women's problematic substance use is explored in the context of the inter-related and sometimes unique factors that may impact on women's substance use trajectories, with a particular focus on effective intervention, and innovation in practice and policy responses. The role and impact of intimate partner violence, sex working, trauma histories and pregnancy and mothering on women's substance use are considered and explored. The development and provision of innovative responses and interventions are presented, together with the implications for drug and social policy.

**Target group**

This online course has been designed for those working or seeking to work within the fields of substance use intervention, social care, social work nursing, health and related field who wish to deepen their knowledge and expertise in relation to this complex social issue. This programme provides key workers, social care workers, addiction counsellors and those in related policy and health fields with the knowledge and expertise to respond to the complexity of women

and substance use.

**Entry requirement**

A Bachelors Honours qualification (NFQ Level 8) in a relevant area is a requirement of the programme.

**Selection procedure**

For more information about the course see website:

[https://sisweb.ucd.ie/usis!/W\\_HU\\_MENU.P\\_PUB\\_LISH?p\\_tag=PROG&MAJR=W402](https://sisweb.ucd.ie/usis!/W_HU_MENU.P_PUB_LISH?p_tag=PROG&MAJR=W402)

**Qualification**

Professional Certificate (level 9 nfq, credits 10)

**Assessment**

As per course curriculum

**Accreditation**

University College Dublin

**Course background**

New in 2018

**Course start date**

2018/2019 September, for four months.

**Course location**

Online course

**Application**

See website, or contact Sarah Morton, 01 7168582

**Cost**

Tuition fee information is available on the UCD Fees website.

**Course Provider**

An Cosan

**Address**Kiltalown Village Centre, Jobstown, Tallaght,  
Dublin 24**Web address**<http://www.ancosan.ie>**Contact Person(s)****Eithne Dunne**

Education Co-ordinator

01 462 8488

e.dunne@ancosan.com

**Course aims and objectives**

This interdisciplinary 1 year blended online certificate programme aims to develop knowledge, skills and competencies in the theory and practice of applied addiction studies and community development. The purpose of the programme is to build the capacity of community drugs workers and those working and volunteering in the wider community within an addiction context.

**Course content**

Stage 1 / 60 ECTS

- Learning to learn at third level (QQI Level 6)
- Introduction to community development (QQI Level 6)
- The nature and context of addiction (QQI Level 6)
- Group work and facilitation skills (QQI Level 6)
- Social analysis (QQI Level 6)
- Drug prevention, education & awareness (QQI Level 6)

**Target group**

VCC is working in partnership with IT Carlow to develop a blended online Bachelor of Arts in Applied Addiction Studies and Community Development (QQI Level 7). Learners who complete Stage 1 at Level 6 of the NFQ (60 credits) are eligible to exit the programme with a "Certificate in Applied Addiction Studies and Community Development" (Minor Award Level 6) or to progress to Higher Certificate and BA awards.

**Entry requirement**

Progression pathways are open to An Cosán VCC learners.

**Selection procedure**

See course website for more details

<http://ancosanvcc.com/certificate-in-applied-addiction-studies-community-development-qqi-level-6/>

**Qualification**

Certificate. at NFQ QQI level 6

**Assessment**

As per syllabus.

**Accreditation**

An Cosan and IT Carlow

**Course background**

An Cosan also run a Certificate in Applied Addiction Studies & Community Development in Dublin.

**Course start date**

September

**Course location**

Blended learning course via An Cosan Virtual Community College

**Application**

See website

**Cost**

Contact an Cosan

# PROVIDERS



## Addiction Response Crumlin

**101 Cashel Road, Crumlin, Dublin 12**

web: <http://www.addictionresponsecrumlin.ie>

Contact Person(s):

**Education Team**

01 411 3222

[info@addictionresponsecrumlin.ie](mailto:info@addictionresponsecrumlin.ie)

Course	Page
<b>A17</b> REHABILITATION, EDUCATION & TRAINING PROGRAMME	44

## ALĀ (Participatory theatre)

**83 Castle Park, Ballybane, Galway**

web: <http://ala-ct.ie/>

Contact Person(s):

**Project Director**

Tel 091 492852

[to.galway@gmail.com](mailto:to.galway@gmail.com)

Course	Page
<b>B03</b> 'THEATRE OF THE OPPRESSED'• FACILITATION SKILLS COURSE	94

## An Cosan

**Kiltalown Village Centre, Jobstown, Tallaght, Dublin 24**

web: <http://www.ancosan.ie>

Contact Person(s):

**Eithne Dunne**

*Education Co-ordinator*

01 462 8488

[e.dunne@ancosan.com](mailto:e.dunne@ancosan.com)

**Fiona Colclough**

*Education and Training Co-ordinator*

01 462 8488

[f.colclough@ancosan.com](mailto:f.colclough@ancosan.com)

Course	Page
<b>C18</b> BACHELOR OF ARTS IN APPLIED ADDICTION STUDIES AND COMMUNITY DEVELOPMENT	154
<b>F09</b> CERTIFICATE IN APPLIED ADDICTION STUDIES & COMMUNITY DEVELOPMENT	191

## Ana Liffey Drug Project

**51 Middle Abbey Street, Dublin 1**

web: <http://www.aldp.ie/>

Contact Person(s):

**Dermot Murphy**

*Team Leader*

01 878 6899 Ext: 313

[dermot.murphy@aldp.ie](mailto:dermot.murphy@aldp.ie)

**Nichola Corrigan**

*Project Worker, Quality Standards Support Project*

01 960 3004

[quality@aldp.ie](mailto:quality@aldp.ie)

Course	Page
<b>F01</b> QUALITY CHAMPIONS TRAINING	181

## Blanchardstown Local Drugs and Alcohol Task Force

**2nd Floor, Parkside, Main Street, Mulhuddart, Dublin 15**

web: <https://blanchardstowndrugstaskforce.ie/>

Contact Person(s):

**Ciara Jubani**

*Community Development Worker*

01 824 9590 / 685 4405

[ciara@bldtf.ie](mailto:ciara@bldtf.ie)

Course	Page
<b>B18</b> STRENGTHENING FAMILIES PROGRAMME	116

## City Colleges

**Wicklow House, 84-88 South Great George's Street, Dublin 2**

web: <http://www.citycolleges.ie>

Contact Person(s):

**Administrator**

1850 252740 or (01) 4160034

[info@citycolleges.ie](mailto:info@citycolleges.ie)

Course	Page
<b>C15</b> DIPLOMA IN ADDICTION STUDIES	148

## **CMI: Communications & Management Institute**

**Office 1: Unit 14A, Cashel Business Centre, Cashel Rd, Dublin 12 Office 2: Regus House, Harcourt rd, Dublin 2**

web: <http://www.cmi-ireland.com>

Contact Person(s):

**Graham Moore**

*Admissions*

01 492 7070

[info@cmi-ireland.com](mailto:info@cmi-ireland.com)

<b>Course</b>	<b>Page</b>
<b>B19</b> <b>ADDICTION STUDIES</b>	<b>117</b>

## **College of Management and IT (CMIT)**

**Southern Cross Business Park, Bray, Co. Wicklow**

web: <http://www.cmit.ie/>

Contact Person(s):

**Administrator**

01 286 5783 or 01 276 5015

[info@cmit.ie](mailto:info@cmit.ie)

<b>Course</b>	<b>Page</b>
<b>F04</b> <b>DRUG AND ALCOHOL COUNSELLING</b>	<b>185</b>

## **Community Awareness of Drugs**

**31 Central Hotel Chambers, Dame Court, D2**

web: <http://www.cadaboutdrugs.ie>

Contact Person(s):

**Training co-ordinator**

01 878-3656

[info@cadaboutdrugs.ie](mailto:info@cadaboutdrugs.ie)

<b>Course</b>	<b>Page</b>
<b>A02</b> THE CAD EDUCATION DAY	27
<b>A03</b> FAMILY FOCUS TUTOR TRAINING PROGRAMME	28
<b>A04</b> THE CAD 'FAMILY FOCUS' SIX-SESSION DRUG EDUCATION PROGRAMME	29
<b>E01</b> WORKPLACE DRUGS AWARENESS	176
<b>E02</b> CAD TAILORED TRAINING	177

## Community Outreach Drug and Alcohol Project – Cork City Partnership

Cork City Partnership Ltd. Level 1, Heron House Blackpool Retail Park Blackpool Cork City Telephone: 021-4302310

web: <http://www.corkcitypartnership.ie>

Contact Person(s):

**Jacqueline Daly**

Community Development / Drug & Alcohol Worker

087 1962030

[jdaly@partnershipcork.ie](mailto:jdaly@partnershipcork.ie)

**Mella Magee**

Community Development / Drug & Alcohol Worker

087 1962022

[mmagee@partnershipcork.ie](mailto:mmagee@partnershipcork.ie)

Course	Page
<b>A16</b> PARENT TO PARENT PROGRAMME	43
<b>B01</b> SUBSTANCE USE ISSUES IN YOUTH AND COMMUNITY WORK	90

## Croi Nua Counselling and Psychotherapy

*The Orchard, Banshane, Midleton, Co. Cork*

web: <http://eastcorkcounselling.com/>

Contact Person(s):

**Pat Coughlan**

Counsellor, Psychotherapist, Career and Life Coach

087 286 8590

[pcoughlan7@eircom.net](mailto:pcoughlan7@eircom.net)

Course	Page
<b>A46</b> COMMUNITY ADDICTION COURSE	82

## Cuan Mhuire and IT Tralee

*Tralee, Co Kerry*

web: <http://www.ittralee.ie/en/>

Contact Person(s):

**Admissions Officer**

066 7145638

[admissions@ittralee.ie](mailto:admissions@ittralee.ie)

Course	Page
<b>C24</b> BA (HONOURS) IN COUNSELLING WITH ADDICTION	164
<b>C25</b> BA (HONOURS) IN COUNSELLING WITH ADDICTION. ONE YEAR ADD-ON	165

## **DBS School of Arts**

**Dublin Business School, 13/14 Aungier Street, Dublin 2**

web: <http://www.dbs.ie>

Contact Person(s):

**Administrator**

01 417 7500

[admissions@dbs.ie](mailto:admissions@dbs.ie)

**Louise Carey**

*Admissions Manager*

01 417 7500

[Louise.Carey@dbs.ie](mailto:Louise.Carey@dbs.ie)

<b>Course</b>		<b>Page</b>
<b>C01</b>	DIPLOMA IN ADDICTION STUDIES	122
<b>C02</b>	MASTER OF ARTS (TAUGHT) IN ADDICTION STUDIES	123

## **Dublin North East Drugs and Alcohol Task Force**

**The Mornington Centre, 44A Malahide Road, Artane Roundabout, Artane, Dublin 5.**

web: <http://www.dnetaskforce.ie/>

Contact Person(s):

**Training co-ordinator**

01 846 5070

[reception@dnetaskforce.ie](mailto:reception@dnetaskforce.ie)

<b>Course</b>		<b>Page</b>
<b>A49</b>	DUBLIN NORTH EAST TASK FORCE COURSES	86

## **Dublin Region Homeless Executive / Dublin City University**

**Block 1, Floor 2, Dublin City Council, Civic Offices, Fishamble Street, Christchurch, Dublin 8.**

web: <https://www.homelessdublin.ie/our-work/training>

Contact Person(s):

**Training co-ordinator**

01 2226863

[drhetraining@dublincity.ie](mailto:drhetraining@dublincity.ie)

<b>Course</b>		<b>Page</b>
<b>C03</b>	CERTIFICATE IN HOMELESS PREVENTION AND INTERVENTION	125

## **EAP Institute**

**143 Barrack Street, Waterford**

web: <http://www.eapinstitute.com>

Contact Person(s):

**Anita Furlong**

*Conference Administrator*

051 855 733

[anita@eapinstitute.com](mailto:anita@eapinstitute.com)

<b>Course</b>	<b>Page</b>
<b>A06</b> REPORTING AND DRIVING FOR WORK UNDER THE INFLUENCE OF DRUGS AND ALCOHOL – EMPLOYERS LEGAL OBLIGATIONS. SEMINAR	31
<b>A07</b> DEVELOPMENT OF POLICIES AND PROCEDURES FOR WORKPLACE DRUGS AND ALCOHOL	33

## **ECO-UNESCO**

**'the greenhouse', 17 St., Andrew St., Dublin 2**

web: <http://www.ecounesco.ie>

Contact Person(s):

**Armin Krautgasser**

*Drugs Education Officer*

01 662 5491

[training@ecounesco.ie](mailto:training@ecounesco.ie)

<b>Course</b>	<b>Page</b>
<b>A10</b> ECO-UNESCO's DRUG PREVENTION TRAINING FOR TRAINERS : INTRODUCING ENVIRONMENTAL EDUCATION AS A RESOURCE	37

## **Eolach.ie**

**Clonmel, Co Tipperary**

web: <http://www.eolach.ie>

Contact Person(s):

**Fergus McGrath**

*Director of Education*

085 714 0498

[info@eolach.ie](mailto:info@eolach.ie)

<b>Course</b>	<b>Page</b>
<b>F02</b> DRUGS AND BEHAVIOUR	183
<b>F03</b> GENERAL PSYCHOLOGY	184

## Health Service Executive

*Health Promotion Service, 1st floor, Unit 4, Nexus Building, Blanchardstown Corporate Park, Dublin 15*

web:

Contact Person(s):

**Anne Marie Kavanagh**

**Fiona Walsh Maher**

**Marwin Jagoe**

n.a.

021 4921641

-

annemarie.kavanagh@hse.ie

fiona.walsh4@hse.ie

marwin.jagoe@hse.ie

Course		Page
<b>A11</b>	BRIEF INTERVENTIONS FOR SMOKING CESSATION	38
<b>B05</b>	SAOR SCREENING AND BRIEF INTERVENTION FOR PROBLEM ALCOHOL & SUBSTANCE USE. ONE-DAY COURSE.	96

## HIV Ireland

*70 Eccles Street, Dublin 7*

web: <http://www.hivireland.ie>

Contact Person(s):

**Susan Donlon**

*Prevention Education & Training Co-ordinator*

01 873 3799

susan.donlon@hivireland.ie

Course		Page
<b>B04</b>	SEXUAL HEALTH AND DRUG AWARENESS: TRAINING FOR TRAINERS PROGRAMME	95

## HOPE (Hands On Peer Education)

*Killarney Court, Buckingham Street, Dublin 1*

web: <https://www.hopehandson.com/>

Contact Person(s):

**Irene Crawley**

*Manager*

01 887 8404

hopehandson@yahoo.ie or hopehandson@gmail.com

Course		Page
<b>A12</b>	DRUG AND ALCOHOL AWARENESS / PREVENTION	39
<b>A13</b>	DRUG AND ALCOHOL AWARENESS TALK FOR PARENTS	40
<b>A14</b>	PARENTING COURSE: FOCUS ON DRUG PREVENTION	41
<b>D01</b>	PEER EDUCATION FOR YOUTH: DRUGS AND ALCOHOL	173
<b>E03</b>	TRAINING FOR TRAINERS	178

## HURT (Have Your Tomorrows)

**14 Clarendon Street, Derry. BT48 7ET, Northern Ireland.**

web: <https://hurtni.org.uk/>

Contact Person(s):

**Dessie Kyle**

*Centre Manager*

(0044) 028 7136 9696.

<https://hurtni.org.uk/contact/>

Course	Page
<b>B17</b> CPCAB LEVEL 5 DIPLOMA IN COUNSELLING WITH SUBSTANCE MISUSE THEORY & INTERVENTIONS	114

## IICP Education and Training

**Killinarden Enterprise Park, Killinarden, Tallaght, Dublin 24**

web: <http://www.iicp.ie>

Contact Person(s):

**Marcella Finnerty**

*Course Director*

01 260 0805 / 086 260 9989

[marcella@iicp.ie](mailto:marcella@iicp.ie)

**Norah Byrne**

*Course Co-ordinator*

01 466 4205 / 087 910 3332

[norah@iicp.ie](mailto:norah@iicp.ie)

Course	Page
<b>B07</b> PROFESSIONAL CERTIFICATE IN THE THERAPEUTIC USE OF MINDFULNESS	100
<b>B08</b> PRACTITIONERS CERTIFICATE IN COGNITIVE BEHAVIOURAL THERAPY	102
<b>B09</b> CERTIFICATE IN COUNSELLING AND PSYCHOTHERAPUETIC STUDIES	104
<b>B10</b> CERTIFICATE IN CHILD AND ADOLESCENT COUNSELLING AND PSYCHOTHERAPY	106
<b>C06</b> DIPLOMA IN INTEGRATIVE SUPERVISION	131

## Irish College of General Practitioners

**4/5 Lincoln Place, Dublin 2, Ireland**

web: [http://www.icgp.ie/go/courses/e\\_learning](http://www.icgp.ie/go/courses/e_learning)

Contact Person(s):

**Yvette Dalton**

01 676 3705

[yvette.dalton@icgp.ie](mailto:yvette.dalton@icgp.ie)

Course	Page
<b>F06</b> ONLINE FOUNDATION COURSE IN SUBSTANCE MISUSE	188



## Irish College of Humanities and Applied Sciences (ICHAS)

**Walton House, Lonsdale Road, National Technology Park, Castletroy, Limerick**

web: <http://www.ichas.ie/>

Contact Person(s):

**Administration offices**

061 216 288

[info@ichas.ie](mailto:info@ichas.ie)

Course		Page
<b>C07</b>	BA DEGREE IN COUNSELLING SKILLS AND ADDICTION STUDIES	133
<b>C08</b>	B.A (Hons) IN COUNSELLING SKILLS AND ADDICTION STUDIES	135
<b>C09</b>	MASTERS DEGREE IN COUNSELLING AND PSYCHOTHERAPY	137
<b>C10</b>	MASTERS DEGREE IN COGNITIVE BEHAVIOURAL THERAPY	139

## Irish Hospice Foundation

**Bereavement Education & Resource Centre Morrison Chambers (4th floor) 32 Nassau street Dublin 2**

web: <http://hospicefoundation.ie>

Contact Person(s):

**Education Team**

01 679 3188

[info@bereaved.ie](mailto:info@bereaved.ie)

Course		Page
<b>A50</b>	ADDICTION AND LOSS	87

## Irish Training & Educational Centre

**Unit 9, Leopardstown Business Centre, Ballyogan Road, Leopardstown, Dublin 18.**

web: <http://www.irishtesting.ie/>

Contact Person(s):

**Course administrator**

01 2061832

[info@irishtesting.ie](mailto:info@irishtesting.ie)

Course		Page
<b>F07</b>	ALCOHOL & DRUG ABUSE	189

## Le Cheile

**24 Tivoli Terrace South, Dun Laoghaire Co. Dublin**

web: <http://www.lecheile.ie>

Contact Person(s):

**Le Cheile Mentoring Project**

01 214 4350

[info@lecheile.ie](mailto:info@lecheile.ie)

Course	Page
<b>A01</b> STRENGTHENING FAMILIES PROGRAMME	25

## Letterkenny IT and Alcohol Forum

**Letterkenny Institute of Technology, Port Road, Letterkenny, Donegal**

web: <https://www.lyit.ie>

Contact Person(s):

**Louise McBride**

*Head of Department of Nursing and Health Studies*

074 9186303

[Louise.McBride@lyit.ie](mailto:Louise.McBride@lyit.ie) or [Sheila.Giblin@lyit.ie](mailto:Sheila.Giblin@lyit.ie)

Course	Page
<b>C27</b> MASTER OF SCIENCE / POSTGRADUATE DIPLOMA IN THERAPEUTIC INTERVENTIONS FOR ALCOHOL & OTHER DRUGS	168

## Liberties College

**Liberties College, Bull Alley Street, Patrick Street, Dublin 8**

web: <http://www.libertiescollege.ie>

Contact Person(s):

**Brid Milliken**

*Department Head: Counselling and General Information*

01 454 0044

[info@liberties.cdvec.ie](mailto:info@liberties.cdvec.ie)

Course	Page
<b>B15</b> APPLIED SOCIAL STUDIES - WITH COUNSELLING & ADDICTION STUDIES	112
<b>B16</b> APPLIED SOCIAL STUDIES - YOUNG ADULTS	113

## LIT Tipperary

### **Cashel Court, Clonmel, Co Tipperary**

web: <http://www.lit.ie/tipperary>

Contact Person(s):

**Maureen Ryan**

Addiction Counselling Programme Administrator

0504 28112

TipPartTimeCourses@lit.ie

**Marie Walsh**

Programme Leader

0504 28451

Marie.AWalsh@lit.ie

Course	Page
<b>C14</b> CERTIFICATE IN ADDICTION STUDIES	147

## Merchants Quay Ireland

### **Merchants Court, 24 Merchants Quay, Dublin 8**

web: <http://www.mqi.ie>

Contact Person(s):

**Peter Kelly**

Training Officer

01 5240936

peter.kelly@mqi.ie

Course	Page
<b>A41</b> THE PSYCHODYNAMICS OF ADDICTION	74
<b>A42</b> THE PHARMACOLOGY OF ADDICTION	76
<b>A43</b> EXPLORING THE EFFICACY OF GROUPWORK AS A MEDIUM FOR CHANGE IN ADDICTION	78
<b>A44</b> PATHOLOGICAL GAMBLING: FORCING AN ANSWER OUT OF THE SYMBOLIC GAME	80
<b>A45</b> MOTIVATIONAL INTERVIEWING HELPING PEOPLE TO WORK TOWARDS CHANGE	81
<b>B06</b> CERTIFICATE IN ADDICTION STUDIES	98

## National Youth Council of Ireland

### **3 Montague Street Dublin 2 Ireland**

web: <http://www.youth.ie/training>

Contact Person(s):

**Training Administrator**

Training Administrator

01-478 4122

training@nyci.ie

Course	Page
<b>A09</b> ASIST (Applied Suicide Intervention Skills Training)	36
<b>B14</b> MINDOUT: MENTAL HEALTH PROMOTION PROGRAMME FOR OUT OF SCHOOL SETTINGS.	111

## North West Regional College

**Strand Road, Derry BT48 7AL**

web: <http://www.nwrc.ac.uk/>

Contact Person(s):

**Susan McGrory**

*Course Director*

028 71 276519

[susan.mcgrory@nwrc.ac.uk](mailto:susan.mcgrory@nwrc.ac.uk)

Course	Page
<b>C26</b> FOUNDATION DEGREE IN RESPONDING TO ALCOHOL AND DRUG MISUSE	166

## NUI Maynooth

**Department of Adult and Community Education, NUI Maynooth, Co Kildare**

web: <http://adulthoodeducation.nuim.ie>

Contact Person(s):

**Administrator**

*n.a.*

01 708 6062

[Adcomed@nuim.ie](mailto:Adcomed@nuim.ie)

Course	Page
<b>C20</b> ADDICTION STUDIES CERTIFICATE	157
<b>C21</b> NUI DIPLOMA IN ARTS: ADDICTION STUDIES	159

## One Family

**2 Lower Pembroke Street, Dublin 2**

web: <http://www.onefamily.ie>

Contact Person(s):

**Paula Lonergan**

*Training & Consultancy Manager*

01 6629212

[training@onefamily.ie](mailto:training@onefamily.ie)

Course	Page
<b>A47</b> POSITIVE PARENTING FOR CHANGING FAMILIES	83
<b>A48</b> FAMILY COMMUNICATIONS: COPING WITH FAMILY LIFE AND COMMUNICATION WITH TEENAGERS - TRAINING FOR TRAINERS	84

## PCI College

**Corrig House, Old Naas Road, Clondalkin, Dublin 22**

web: <http://www.pcicollege.ie>

Contact Person(s):

**Kelley Farrell**

*Enquiries*

01 464 2268

[info@pcicollege.ie](mailto:info@pcicollege.ie)

Course		Page
<b>A05</b>	WORKING WITH ADDICTIVE BEHAVIOURS	30
<b>B11</b>	CERTIFICATE IN SUBSTANCE ADDICTION	108
<b>B12</b>	PROFESSIONAL CERTIFICATE IN COGNITIVE BEHAVIOUR THERAPY	109
<b>B13</b>	INTRODUCTION TO ADDICTION STUDIES	110
<b>C04</b>	<b>MASTERS IN CHILD &amp; ADOLESCENT COUNSELLING &amp; PSYCHOTHERAPY</b>	<b>127</b>
<b>E04</b>	PCI IN-SERVICE TRAINING PROGRAMME	179

## Peer Drug Prevention Education Group

**Blanchardstown Youth Service, Main Street, Blanchardstown, Dublin 15**

web: n.a.

Contact Person(s):

**Brian Fitzsimons**

01 821 2012

[brian.fitzsimons@foroige.ie](mailto:brian.fitzsimons@foroige.ie)

Course		Page
<b>D02</b>	PEER DRUG PREVENTION EDUCATION	174

## School of Medicine, Trinity College Dublin

**College Green Dublin 2, Ireland**

web: <https://www.tcd.ie/medicine>

Contact Person(s):

**Joe Barry**

*Course Director*

01 8961087

[joebarry@tcd.ie](mailto:joebarry@tcd.ie)

Course		Page
<b>C22</b>	MSc ADDICTION RECOVERY	160

## School of Social Work and Social Policy, Trinity College Dublin

School of Social Work and Social Policy, Room 3063, Arts Building, University of Dublin, Trinity College, Dublin 2

web: <http://www.tcd.ie/swsp/>

Contact Person(s):

**Louise O'Brien**  
Course Administrator  
01 8963593  
obriel10@tcd.ie

**Kay Inckle**  
Executive Officer  
01 8962991  
kinckle@tcd.ie

Course		Page
<b>A15</b>	UNDERSTANDING AND RESPONDING TO SELF-INJURY: A HARM-REDUCATION APPROACH	42
<b>F05</b>	ONLINE POSTGRADUATE DIPLOMA IN SOCIAL POLICY AND PRACTICE.	186

## Southside Community Training Network

*The Old Post Office, 7 Rock Hill, Main Street, Blackrock, Co. Dublin*

web: <http://www.southsidepartnership.ie/index.php/training-network>

Contact Person(s):

**Sandra Campbell**

01 209 0610  
sandra.campbell@sspship.ie

Course		Page
<b>A08</b>	DUN LAOGHAIRE-RATHDOWN DRUG AND ALCOHOL TRAINING COURSES	34

## The Learning Curve Institute

*Rushbrook, Clogher, Westport, Co Mayo*

web: <http://www.thelearningcurve.ie>

Contact Person(s):

**Administrator**  
Administrator  
098 25530  
info@thelearningcurve.ie

Course		Page
<b>A18</b>	MANAGING PROFESSIONAL BOUNDARIES WORKSHOP	45
<b>A19</b>	HIDDEN SHAME WORKSHOP	47
<b>A20</b>	PERSONALITIES TYPES AND DISORDERS- UNDERSTANDING THE PSYCHOLOGY: WORKSHOP	48
<b>A21</b>	DEALING WITH CHALLENGING BEHAVIOUR	49
<b>A22</b>	KEYWORKING, CARE PLANNING AND CASE MANAGEMENT	51
<b>A24</b>	INTRODUCTION TO MOTIVATIONAL INTERVIEWING	53
<b>A25</b>	COGNITIVE BEHAVIOURAL THERAPY – TEACHING PRACTICAL WAYS OUT OF A ‘NEGATIVE THINKING LOOP’	55

<b>A26</b>	<b>COMMUNITY REINFORCEMENT APPROACH (CRA)</b>	<b>57</b>
<b>A28</b>	ALCOHOL AWARENESS	59
<b>A29</b>	BASIC COUNSELLING SKILLS FOR ADDICTION WORKERS	60
<b>A30</b>	RELAPSE PREVENTION	61
<b>A31</b>	SUBSTANCE MISUSE	62
<b>B02</b>	<b>ADDICTION STUDIES QQI AWARD LEVEL 5</b>	<b>92</b>
<b>C11</b>	<b>MENTAL HEALTH AWARENESS QQI AWARD LEVEL 6</b>	<b>141</b>
<b>C28</b>	<b>MENTAL HEALTH AWARENESS</b>	<b>170</b>

## **UCD College of Human Sciences Graduate School**

**UCD, Belfield, Dublin 4**

web: <http://www.ucd.ie/humansciences/graduateschool/>

Contact Person(s):

**Administrator**

01 716 8643  
mpp@ucd.ie

<b>Course</b>		<b>Page</b>
<b>C16</b>	MASTER OF PUBLIC POLICY	150

## **UCD School of Applied Social Science**

**University College Dublin, Belfield, Dublin 4**

web: <http://www.ucd.ie/appsocsc/>

Contact Person(s):

**Ms Catherine Baulch**

01 716 8419  
Catherine.baulch@ucd.ie

<b>Course</b>		<b>Page</b>
<b>C12</b>	HIGHER DIPLOMA IN SOCIAL POLICY	143

## **University College Cork**

**UCC, Cork**

web: <http://www.ucc.ie/study/ace/>

Contact Person(s):

**Gwen Roche**

*Programme Administrator*

021 4904703  
gwen.roche@ucc.ie

<b>Course</b>		<b>Page</b>
<b>C05</b>	SUBSTANCE MISUSE AND ADDICTION STUDIES	129

## University of Limerick / HSE Addiction Services

**Delivered at: University of Limerick Campus / Bridge House, Cherry Orchard, Ballyfermot, Dublin.**

web: <http://www.ul.ie/cpe/node/207>

Contact Person(s):

**Dr Sancha Power**

Course Director/Limerick Co-ordinator

(087) 9914042

[sancha.power@ul.ie](mailto:sancha.power@ul.ie)

**Aoibhinn King**

Dublin Co-ordinator

(087) 9074515

[aoibhinn.king@hse.ie](mailto:aoibhinn.king@hse.ie)

**Esther Wolfe**

Dublin Co-ordinator

(087) 9092730

[esther.wolfe@hse.ie](mailto:esther.wolfe@hse.ie)

Course	Page
<b>C17</b> DIPLOMA IN DRUG AND ALCOHOL STUDIES	152

## Urrus and University College Dublin

**Horizons Centre, Balcurris Road, Ballymun, Dublin 11**

web: <http://www.byap.ie/services/urrus/diploma-in-community-drugs-work>

Contact Person(s):

**Laura O'Reilly**

Training Centre Co-ordinator

01 846 7980 / 01 842 5726

[urrus@byap.ie](mailto:urrus@byap.ie)

Course	Page
<b>C13</b> DIPLOMA IN COMMUNITY DRUG AND ALCOHOL WORK	145
<b>F08</b> PROFESSIONAL CERTIFICATE IN WOMEN AND SUBSTANCE USE	190

## Urrus/The Ballymun Youth Action Project

**Horizons Centre, Balcurris Road, Ballymun, Dublin 11**

web: <http://www.byap.ie>

Contact Person(s):

**Gabrielle Gilligan**

Administrative Assistant

01 846 7980 / 01 842 5726

[urrus@byap.ie](mailto:urrus@byap.ie)

Course	Page
<b>A32</b> KEYWORKING AND CARE PLANNING	64
<b>A33</b> INTRODUCTION TO ADDICTION STUDIES	65
<b>A34</b> WORKING WITH ALCOHOL MISUSE	66
<b>A35</b> UNDERSTANDING HARM REDUCTION	67
<b>A36</b> WOMEN AND SUBSTANCE USE	68
<b>A37</b> INTRODUCTION TO COGNITIVE BEHAVIOURAL THERAPY	70
<b>A38</b> COMMUNITY REINFORCEMENT APPROACH (CRA)	71
<b>B21</b> COMMUNITY ADDICTION STUDIES COURSE QQI Award (Minor) Level 5	120



## Waterford College of Further Education

**Parnell Street, Waterford**

web: <http://www.wcfe.ie/jcms/>

Contact Person(s):

**Philip Deegan**

*Director of Adult Education*

051 874053

[pdeegan@wcfe.ie](mailto:pdeegan@wcfe.ie)

Course	Page
<b>B20</b> COMMUNITY ADDICTION STUDIES	119

## Waterford Institute of Technology

**Department of Health, Sport and Exercise Science, School of Health Sciences, WIT, Cork Road, Waterford**

web: <http://www.wit.ie>

Contact Person(s):

**Marie Claire Van Hout**

*Lecturer*

051 302 000

[mcvanhout@wit.ie](mailto:mcvanhout@wit.ie)

**Graduate Admissions**

+353 (0)51 302670

[pgadmissions@wit.ie](mailto:pgadmissions@wit.ie)

Course	Page
<b>C19</b> POSTGRADUATE RESEARCH IN DRUG AND ALCOHOL MISUSE	156
<b>C23</b> MA IN ADVANCED FACILITATION SKILLS FOR PROMOTING HEALTH AND WELL BEING	162

## Western Regional Drugs and Alcohol Task Force

**Unit 6, Galway Technology Park, Parkmore, Galway**

web: <http://www.wrdatf.ie/>

Contact Person(s):

**Western Regional Drugs Task Force**

**Gary Kyne**

**Gillian Conway**

*Drug Education Support Worker*

091 480056

[training@wrdatf.ie](mailto:training@wrdatf.ie)

091 480 044

[info@wrdatf.ie](mailto:info@wrdatf.ie)

091 480056 or 086 7814779

[training@wrdatf.ie](mailto:training@wrdatf.ie)

Course	Page
<b>A00</b> CANNABIS: ISSUES & RESPONSES.	14
<b>A00</b> MOTIVATIONAL INTERVIEWING (LEVEL 1)	16
<b>A00</b> MOTIVATIONAL INTERVIEWING (LEVEL 2)	18
<b>A00</b> COMMUNITY REINFORCEMENT APPROACH (CRA)	20
<b>A00</b> INTRODUCTION TO BENZOS.	22
<b>A00</b> DRUG USE, PROBLEMATIC USE AND DEPENDENCE: HOW TO SUPPORT PEOPLE WITH DIFFERENT PROBLEMS.	13
<b>A00</b> ECSTASY: THE NEW REALITY.	23
<b>A39</b> NEW PSYCHIATRIC SUBSTANCES	72



# REGIONS

Course	Page	
<b>A00</b>	CANNABIS: ISSUES & RESPONSES.	14
<b>A00</b>	MOTIVATIONAL INTERVIEWING (LEVEL 1)	16
<b>A00</b>	MOTIVATIONAL INTERVIEWING (LEVEL 2)	18
<b>A00</b>	COMMUNITY REINFORCEMENT APPROACH (CRA)	20
<b>A00</b>	INTRODUCTION TO BENZOS.	22
<b>A00</b>	DRUG USE, PROBLEMATIC USE AND DEPENDENCE: HOW TO SUPPORT PEOPLE WITH DIFFERENT PROBLEMS.	13
<b>A00</b>	ECSTASY: THE NEW REALITY.	23
<b>A01</b>	STRENGTHENING FAMILIES PROGRAMME	25
<b>A06</b>	REPORTING AND DRIVING FOR WORK UNDER THE INFLUENCE OF DRUGS AND ALCOHOL – EMPLOYERS LEGAL OBLIGATIONS. SEMINAR	31
<b>A07</b>	DEVELOPMENT OF POLICIES AND PROCEDURES FOR WORKPLACE DRUGS AND ALCOHOL	33
<b>A09</b>	ASIST (Applied Suicide Intervention Skills Training)	36
<b>A28</b>	ALCOHOL AWARENESS	59
<b>A29</b>	BASIC COUNSELLING SKILLS FOR ADDICTION WORKERS	60
<b>A30</b>	RELAPSE PREVENTION	61
<b>A31</b>	SUBSTANCE MISUSE	62
<b>A39</b>	NEW PSYCHIATRIC SUBSTANCES	72
<b>A40</b>	CONVERSATIONS WITH OUR COMMUNITY: IMPROVING OUTCOMES FOR PEOPLE WHO USE DRUGS	73
<b>B02</b>	ADDICTION STUDIES QQI AWARD LEVEL 5	92
<b>B03</b>	'THEATRE OF THE OPPRESSED'• FACILITATION SKILLS COURSE	94
<b>B05</b>	SAOR SCREENING AND BRIEF INTERVENTION FOR PROBLEM ALCOHOL & SUBSTANCE USE. ONE-DAY COURSE.	96
<b>C07</b>	BA DEGREE IN COUNSELLING SKILLS AND ADDICTION STUDIES	133
<b>C08</b>	B.A (Hons) IN COUNSELLING SKILLS AND ADDICTION STUDIES	135
<b>C09</b>	MASTERS DEGREE IN COUNSELLING AND PSYCHOTHERAPY	137
<b>C10</b>	MASTERS DEGREE IN COGNITIVE BEHAVIOURAL THERAPY	139
<b>C11</b>	MENTAL HEALTH AWARENESS QQI AWARD LEVEL 6	141
<b>C17</b>	DIPLOMA IN DRUG AND ALCOHOL STUDIES	152
<b>C20</b>	ADDICTION STUDIES CERTIFICATE	157
<b>C23</b>	MA IN ADVANCED FACILITATION SKILLS FOR PROMOTING HEALTH AND WELL BEING	162
<b>C27</b>	MASTER OF SCIENCE / POSTGRADUATE DIPLOMA IN THERAPEUTIC INTERVENTIONS FOR ALCOHOL & OTHER DRUGS	168

<b>C28</b>	<b>MENTAL HEALTH AWARENESS</b>	<b>170</b>
<b>E04</b>	PCI IN-SERVICE TRAINING PROGRAMME	179
<b>F01</b>	QUALITY CHAMPIONS TRAINING	181
<b>F02</b>	DRUGS AND BEHAVIOUR	183
<b>F03</b>	GENERAL PSYCHOLOGY	184
<b>F04</b>	DRUG AND ALCOHOL COUNSELLING	185
<b>F05</b>	ONLINE POSTGRADUATE DIPLOMA IN SOCIAL POLICY AND PRACTICE.	186
<b>F06</b>	ONLINE FOUNDATION COURSE IN SUBSTANCE MISUSE	188
<b>F07</b>	ALCOHOL & DRUG ABUSE	189
<b>F08</b>	PROFESSIONAL CERTIFICATE IN WOMEN AND SUBSTANCE USE	190
<b>F09</b>	CERTIFICATE IN APPLIED ADDICTION STUDIES & COMMUNITY DEVELOPMENT	191

## Dublin

<b>Course</b>	<b>Page</b>	
<b>A01</b>	STRENGTHENING FAMILIES PROGRAMME	25
<b>A02</b>	THE CAD EDUCATION DAY	27
<b>A03</b>	FAMILY FOCUS TUTOR TRAINING PROGRAMME	28
<b>A04</b>	THE CAD 'FAMILY FOCUS' SIX-SESSION DRUG EDUCATION PROGRAMME	29
<b>A05</b>	WORKING WITH ADDICTIVE BEHAVIOURS	30
<b>A07</b>	DEVELOPMENT OF POLICIES AND PROCEDURES FOR WORKPLACE DRUGS AND ALCOHOL	33
<b>A08</b>	DUN LAOGHAIRE-RATHDOWN DRUG AND ALCOHOL TRAINING COURSES	34
<b>A09</b>	ASIST (Applied Suicide Intervention Skills Training)	36
<b>A10</b>	ECO-UNESCO's DRUG PREVENTION TRAINING FOR TRAINERS : INTRODUCING ENVIRONMENTAL EDUCATION AS A RESOURCE	37
<b>A12</b>	DRUG AND ALCOHOL AWARENESS / PREVENTION	39
<b>A13</b>	DRUG AND ALCOHOL AWARENESS TALK FOR PARENTS	40
<b>A14</b>	PARENTING COURSE: FOCUS ON DRUG PREVENTION	41
<b>A15</b>	UNDERSTANDING AND RESPONDING TO SELF-INJURY: A HARM-REDUCATION APPROACH	42
<b>A17</b>	REHABILITATION, EDUCATION & TRAINING PROGRAMME	44
<b>A18</b>	<b>MANAGING PROFESSIONAL BOUNDARIES WORKSHOP</b>	<b>45</b>
<b>A19</b>	<b>HIDDEN SHAME WORKSHOP</b>	<b>47</b>
<b>A20</b>	PERSONALITIES TYPES AND DISORDERS- UNDERSTANDING THE PSYCHOLOGY: WORKSHOP	48

<b>A21</b>	DEALING WITH CHALLENGING BEHAVIOUR	49
<b>A22</b>	KEYWORKING, CARE PLANNING AND CASE MANAGEMENT	51
<b>A24</b>	INTRODUCTION TO MOTIVATIONAL INTERVIEWING	53
<b>A25</b>	COGNITIVE BEHAVIOURAL THERAPY – TEACHING PRACTICAL WAYS OUT OF A ‘NEGATIVE THINKING LOOP’	55
<b>A28</b>	ALCOHOL AWARENESS	59
<b>A30</b>	RELAPSE PREVENTION	61
<b>A31</b>	SUBSTANCE MISUSE	62
<b>A32</b>	KEYWORKING AND CARE PLANNING	64
<b>A33</b>	INTRODUCTION TO ADDICTION STUDIES	65
<b>A34</b>	WORKING WITH ALCOHOL MISUSE	66
<b>A35</b>	UNDERSTANDING HARM REDUCTION	67
<b>A36</b>	WOMEN AND SUBSTANCE USE	68
<b>A37</b>	INTRODUCTION TO COGNITIVE BEHAVIOURAL THERAPY	70
<b>A38</b>	COMMUNITY REINFORCEMENT APPROACH (CRA)	71
<b>A41</b>	THE PSYCHODYNAMICS OF ADDICTION	74
<b>A42</b>	THE PHARMACOLOGY OF ADDICTION	76
<b>A43</b>	EXPLORING THE EFFICACY OF GROUPWORK AS A MEDIUM FOR CHANGE IN ADDICTION	78
<b>A44</b>	PATHOLOGICAL GAMBLING: FORCING AN ANSWER OUT OF THE SYMBOLIC GAME	80
<b>A45</b>	MOTIVATIONAL INTERVIEWING HELPING PEOPLE TO WORK TOWARDS CHANGE	81
<b>A47</b>	POSITIVE PARENTING FOR CHANGING FAMILIES	83
<b>A48</b>	FAMILY COMMUNICATIONS: COPING WITH FAMILY LIFE AND COMMUNICATION WITH TEENAGERS - TRAINING FOR TRAINERS	84
<b>A49</b>	DUBLIN NORTH EAST TASK FORCE COURSES	86
<b>A50</b>	ADDICTION AND LOSS	87
<b>B02</b>	ADDICTION STUDIES QQI AWARD LEVEL 5	92
<b>B04</b>	SEXUAL HEALTH AND DRUG AWARENESS: TRAINING FOR TRAINERS PROGRAMME	95
<b>B05</b>	SAOR SCREENING AND BRIEF INTERVENTION FOR PROBLEM ALCOHOL & SUBSTANCE USE. ONE-DAY COURSE.	96
<b>B06</b>	CERTIFICATE IN ADDICTION STUDIES	98
<b>B07</b>	PROFESSIONAL CERTIFICATE IN THE THERAPEUTIC USE OF MINDFULNESS	100
<b>B08</b>	PRACTITIONERS CERTIFICATE IN COGNITIVE BEHAVIOURAL THERAPY	102
<b>B09</b>	CERTIFICATE IN COUNSELLING AND PSYCHOTHERAPUETIC STUDIES	104
<b>B10</b>	CERTIFICATE IN CHILD AND ADOLESCENT COUNSELLING AND PSYCHOTHERAPY	106

<b>B11</b>	CERTIFICATE IN SUBSTANCE ADDICTION	108
<b>B12</b>	PROFESSIONAL CERTIFICATE IN COGNITIVE BEHAVIOUR THERAPY	109
<b>B13</b>	INTRODUCTION TO ADDICTION STUDIES	110
<b>B14</b>	MINDOUT: MENTAL HEALTH PROMOTION PROGRAMME FOR OUT OF SCHOOL SETTINGS.	111
<b>B15</b>	APPLIED SOCIAL STUDIES - WITH COUNSELLING & ADDICTION STUDIES	112
<b>B16</b>	APPLIED SOCIAL STUDIES - YOUNG ADULTS	113
<b>B18</b>	STRENGTHENING FAMILIES PROGRAMME	116
<b>B19</b>	<b>ADDICTION STUDIES</b>	<b>117</b>
<b>B21</b>	COMMUNITY ADDICTION STUDIES COURSE QQI Award (Minor) Level 5	120
<b>C01</b>	DIPLOMA IN ADDICTION STUDIES	122
<b>C02</b>	MASTER OF ARTS (TAUGHT) IN ADDICTION STUDIES	123
<b>C03</b>	CERTIFICATE IN HOMELESS PREVENTION AND INTERVENTION	125
<b>C04</b>	<b>MASTERS IN CHILD &amp; ADOLESCENT COUNSELLING &amp; PSYCHOTHERAPY</b>	<b>127</b>
<b>C06</b>	<b>DIPLOMA IN INTEGRATIVE SUPERVISION</b>	<b>131</b>
<b>C07</b>	BA DEGREE IN COUNSELLING SKILLS AND ADDICTION STUDIES	133
<b>C08</b>	B.A (Hons) IN COUNSELLING SKILLS AND ADDICTION STUDIES	135
<b>C09</b>	<b>MASTERS DEGREE IN COUNSELLING AND PSYCHOTHERAPY</b>	<b>137</b>
<b>C10</b>	<b>MASTERS DEGREE IN COGNITIVE BEHAVIOURAL THERAPY</b>	<b>139</b>
<b>C11</b>	<b>MENTAL HEALTH AWARENESS QQI AWARD LEVEL 6</b>	<b>141</b>
<b>C12</b>	HIGHER DIPLOMA IN SOCIAL POLICY	143
<b>C13</b>	DIPLOMA IN COMMUNITY DRUG AND ALCOHOL WORK	145
<b>C15</b>	DIPLOMA IN ADDICTION STUDIES	148
<b>C16</b>	MASTER OF PUBLIC POLICY	150
<b>C17</b>	DIPLOMA IN DRUG AND ALCOHOL STUDIES	152
<b>C20</b>	ADDICTION STUDIES CERTIFICATE	157
<b>C21</b>	NUI DIPLOMA IN ARTS: ADDICTION STUDIES	159
<b>C22</b>	MSc ADDICTION RECOVERY	160
<b>C23</b>	MA IN ADVANCED FACILITATION SKILLS FOR PROMOTING HEALTH AND WELL BEING	162
<b>D01</b>	PEER EDUCATION FOR YOUTH: DRUGS AND ALCOHOL	173
<b>D02</b>	PEER DRUG PREVENTION EDUCATION	174
<b>E01</b>	WORKPLACE DRUGS AWARENESS	176
<b>E02</b>	CAD TAILORED TRAINING	177
<b>E03</b>	TRAINING FOR TRAINERS	178
<b>E04</b>	PCI IN-SERVICE TRAINING PROGRAMME	179

<b>F01</b>	QUALITY CHAMPIONS TRAINING	181
<b>F02</b>	DRUGS AND BEHAVIOUR	183
<b>F03</b>	GENERAL PSYCHOLOGY	184
<b>F04</b>	DRUG AND ALCOHOL COUNSELLING	185
<b>F05</b>	ONLINE POSTGRADUATE DIPLOMA IN SOCIAL POLICY AND PRACTICE.	186
<b>F06</b>	ONLINE FOUNDATION COURSE IN SUBSTANCE MISUSE	188
<b>F07</b>	ALCOHOL & DRUG ABUSE	189
<b>F08</b>	PROFESSIONAL CERTIFICATE IN WOMEN AND SUBSTANCE USE	190
<b>F09</b>	CERTIFICATE IN APPLIED ADDICTION STUDIES & COMMUNITY DEVELOPMENT	191

## Leinster

### *The province of Leinster*

Course		Page
<b>A01</b>	STRENGTHENING FAMILIES PROGRAMME	25
<b>A06</b>	REPORTING AND DRIVING FOR WORK UNDER THE INFLUENCE OF DRUGS AND ALCOHOL – EMPLOYERS LEGAL OBLIGATIONS. SEMINAR	31
<b>A07</b>	DEVELOPMENT OF POLICIES AND PROCEDURES FOR WORKPLACE DRUGS AND ALCOHOL	33
<b>A09</b>	ASIST (Applied Suicide Intervention Skills Training)	36
<b>A28</b>	ALCOHOL AWARENESS	59
<b>A30</b>	RELAPSE PREVENTION	61
<b>A31</b>	SUBSTANCE MISUSE	62
<b>B05</b>	SAOR SCREENING AND BRIEF INTERVENTION FOR PROBLEM ALCOHOL & SUBSTANCE USE. ONE-DAY COURSE.	96
<b>B14</b>	MINDOUT: MENTAL HEALTH PROMOTION PROGRAMME FOR OUT OF SCHOOL SETTINGS.	111
<b>C08</b>	B.A (Hons) IN COUNSELLING SKILLS AND ADDICTION STUDIES	135
<b>C09</b>	MASTERS DEGREE IN COUNSELLING AND PSYCHOTHERAPY	137
<b>C10</b>	MASTERS DEGREE IN COGNITIVE BEHAVIOURAL THERAPY	139
<b>C17</b>	DIPLOMA IN DRUG AND ALCOHOL STUDIES	152
<b>C18</b>	BACHELOR OF ARTS IN APPLIED ADDICTION STUDIES AND COMMUNITY DEVELOPMENT	154
<b>C20</b>	ADDICTION STUDIES CERTIFICATE	157
<b>C21</b>	NUI DIPLOMA IN ARTS: ADDICTION STUDIES	159
<b>C24</b>	BA (HONOURS) IN COUNSELLING WITH ADDICTION	164
<b>C25</b>	BA (HONOURS) IN COUNSELLING WITH ADDICTION. ONE YEAR ADD-ON	165
<b>E04</b>	PCI IN-SERVICE TRAINING PROGRAMME	179



<b>F01</b>	QUALITY CHAMPIONS TRAINING	181
<b>F02</b>	DRUGS AND BEHAVIOUR	183
<b>F03</b>	GENERAL PSYCHOLOGY	184
<b>F04</b>	DRUG AND ALCOHOL COUNSELLING	185
<b>F05</b>	ONLINE POSTGRADUATE DIPLOMA IN SOCIAL POLICY AND PRACTICE.	186
<b>F06</b>	ONLINE FOUNDATION COURSE IN SUBSTANCE MISUSE	188
<b>F07</b>	ALCOHOL & DRUG ABUSE	189
<b>F08</b>	PROFESSIONAL CERTIFICATE IN WOMEN AND SUBSTANCE USE	190
<b>F09</b>	CERTIFICATE IN APPLIED ADDICTION STUDIES & COMMUNITY DEVELOPMENT	191

## Munster

<b>Course</b>		<b>Page</b>
<b>A01</b>	STRENGTHENING FAMILIES PROGRAMME	25
<b>A05</b>	WORKING WITH ADDICTIVE BEHAVIOURS	30
<b>A06</b>	REPORTING AND DRIVING FOR WORK UNDER THE INFLUENCE OF DRUGS AND ALCOHOL – EMPLOYERS LEGAL OBLIGATIONS. SEMINAR	31
<b>A07</b>	DEVELOPMENT OF POLICIES AND PROCEDURES FOR WORKPLACE DRUGS AND ALCOHOL	33
<b>A09</b>	ASIST (Applied Suicide Intervention Skills Training)	36
<b>A11</b>	BRIEF INTERVENTIONS FOR SMOKING CESSATION	38
<b>A16</b>	PARENT TO PARENT PROGRAMME	43
<b>A26</b>	<b>COMMUNITY REINFORCEMENT APPROACH (CRA)</b>	<b>57</b>
<b>A28</b>	ALCOHOL AWARENESS	59
<b>A30</b>	RELAPSE PREVENTION	61
<b>A31</b>	SUBSTANCE MISUSE	62
<b>A46</b>	COMMUNITY ADDICTION COURSE	82
<b>B01</b>	SUBSTANCE USE ISSUES IN YOUTH AND COMMUNITY WORK	90
<b>B05</b>	SAOR SCREENING AND BRIEF INTERVENTION FOR PROBLEM ALCOHOL & SUBSTANCE USE. ONE-DAY COURSE.	96
<b>B07</b>	PROFESSIONAL CERTIFICATE IN THE THERAPEUTIC USE OF MINDFULNESS	100
<b>B14</b>	MINDOUT: MENTAL HEALTH PROMOTION PROGRAMME FOR OUT OF SCHOOL SETTINGS.	111
<b>B20</b>	<b>COMMUNITY ADDICTION STUDIES</b>	<b>119</b>
<b>C05</b>	SUBSTANCE MISUSE AND ADDICTION STUDIES	129
<b>C07</b>	BA DEGREE IN COUNSELLING SKILLS AND ADDICTION STUDIES	133

<b>C08</b>	B.A (Hons) IN COUNSELLING SKILLS AND ADDICTION STUDIES	135
<b>C09</b>	MASTERS DEGREE IN COUNSELLING AND PSYCHOTHERAPY	137
<b>C10</b>	MASTERS DEGREE IN COGNITIVE BEHAVIOURAL THERAPY	139
<b>C14</b>	CERTIFICATE IN ADDICTION STUDIES	147
<b>C17</b>	DIPLOMA IN DRUG AND ALCOHOL STUDIES	152
<b>C19</b>	POSTGRADUATE RESEARCH IN DRUG AND ALCOHOL MISUSE	156
<b>C20</b>	ADDICTION STUDIES CERTIFICATE	157
<b>C23</b>	MA IN ADVANCED FACILITATION SKILLS FOR PROMOTING HEALTH AND WELL BEING	162
<b>C24</b>	BA (HONOURS) IN COUNSELLING WITH ADDICTION	164
<b>E04</b>	PCI IN-SERVICE TRAINING PROGRAMME	179
<b>F01</b>	QUALITY CHAMPIONS TRAINING	181
<b>F02</b>	DRUGS AND BEHAVIOUR	183
<b>F03</b>	GENERAL PSYCHOLOGY	184
<b>F04</b>	DRUG AND ALCOHOL COUNSELLING	185
<b>F05</b>	ONLINE POSTGRADUATE DIPLOMA IN SOCIAL POLICY AND PRACTICE.	186
<b>F06</b>	ONLINE FOUNDATION COURSE IN SUBSTANCE MISUSE	188
<b>F07</b>	ALCOHOL & DRUG ABUSE	189
<b>F08</b>	PROFESSIONAL CERTIFICATE IN WOMEN AND SUBSTANCE USE	190
<b>F09</b>	CERTIFICATE IN APPLIED ADDICTION STUDIES & COMMUNITY DEVELOPMENT	191

## Ulster

Course		Page
<b>A09</b>	ASIST (Applied Suicide Intervention Skills Training)	36
<b>A28</b>	ALCOHOL AWARENESS	59
<b>A30</b>	RELAPSE PREVENTION	61
<b>B07</b>	PROFESSIONAL CERTIFICATE IN THE THERAPEUTIC USE OF MINDFULNESS	100
<b>B17</b>	CPCAB LEVEL 5 DIPLOMA IN COUNSELLING WITH SUBSTANCE MISUSE THEORY & INTERVENTIONS	114
<b>C26</b>	FOUNDATION DEGREE IN RESPONDING TO ALCOHOL AND DRUG MISUSE	166
<b>C27</b>	MASTER OF SCIENCE / POSTGRADUATE DIPLOMA IN THERAPEUTIC INTERVENTIONS FOR ALCOHOL & OTHER DRUGS	168
<b>E04</b>	PCI IN-SERVICE TRAINING PROGRAMME	179
<b>F01</b>	QUALITY CHAMPIONS TRAINING	181

<b>F02</b>	DRUGS AND BEHAVIOUR	183
<b>F03</b>	GENERAL PSYCHOLOGY	184
<b>F04</b>	DRUG AND ALCOHOL COUNSELLING	185
<b>F05</b>	ONLINE POSTGRADUATE DIPLOMA IN SOCIAL POLICY AND PRACTICE.	186
<b>F06</b>	ONLINE FOUNDATION COURSE IN SUBSTANCE MISUSE	188
<b>F07</b>	ALCOHOL & DRUG ABUSE	189
<b>F08</b>	PROFESSIONAL CERTIFICATE IN WOMEN AND SUBSTANCE USE	190
<b>F09</b>	CERTIFICATE IN APPLIED ADDICTION STUDIES & COMMUNITY DEVELOPMENT	191

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## **HRB National Drugs Library**

Health Research Board  
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**t** + 353 1 2345175

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