# National Drugs Library

Directory of courses and training programmes on drug misuse in Ireland

2024



## Directory of courses and training programmes on drug misuse in Ireland 2024

**Health Research Board** 

#### **HRB National Drugs Library**

#### Published by:

Health Research Board An Bord Taighde Sláinte 67-72 Lower Mount Street Dublin 2

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#### Copies of this publication can be obtained by contacting:

e drugslibrary@hrb.ie

An electronic copy is available at www.drugsandalcohol.ie

For up-to-date information on courses please see our online directory at www.drugsandalcohol.ie/courses/

#### Introduction

This Directory contains information about courses and training programmes on drug misuse for individuals and agencies interested in developing their knowledge, skills and capacity in this field.

There is a wide variety of training available, ranging from single sessions to courses lasting up to three years. Although some courses do not refer directly to drugs or addiction, they may be of interest to those working in this area. Obviously, the depth of coverage of the issues varies considerably, according to the length of the course and the level at which it is aimed. There are also variations in the training methods and in the underlying principles and approaches to issues in drug misuse. A number of courses are offered by multiple providers, so information on a single course may be provided more than once. This enables local providers to give details which may be of interest to those in their area. Information in the Directory has been supplied by a range of sources and this is reflected in the different writing styles and content.

Courses are aimed at diverse target groups. Some courses are open to anyone in the community who is interested in the issue; others are aimed at those whose work brings them into contact with drug-related issues; and some are aimed at specific groups. The majority of courses listed here do not stipulate formal educational attainments as entry requirements, although a number of more advanced courses do require participants to have some previous knowledge and understanding of relevant issues.

The Directory does not assess or provide information about the quality or relevance of any of the courses listed. Neither the inclusion nor the omission of any course, or the details of any course, should be taken as indicative of any view or opinion of that course held by the staff of the HRB National Drugs Library, the Health Research Board or any other agency.

Information for this publication was taken from our online Directory, and therefore provides a 'snap-shot' of courses available at one particular time. Inevitably, some agencies providing courses and training in drug misuse were overlooked, and new courses are continually being developed. Please consult our website, <a href="www.drugsandalcohol.ie/courses">www.drugsandalcohol.ie/courses</a>, for the most up-to-date information.

Course co-ordinators who wish to provide updated information or new courses should contact drugslibrary@hrb.ie

### **Contents**

COURSES	10
A - Short or basic level courses	11
A01 - FAMILY SUPPORT PROGRAMMES	12
A02 - MOTIVATIONAL INTERVIEWING: THE ESSENTIALS	14
A03 - SAOR: SCREENING & BRIEF INTERVENTION FOR PROBLEM ALCOHOL AND	
SUBSTANCE USE	15
A04 - SAOR SCREENING AND BRIEF INTERVENTION FOR PROBLEM ALCOHOL &	
SUBSTANCE USE. ONE-DAY COURSE.	17
A05 - FAMILY COMMUNICATIONS: COPING WITH FAMILY LIFE AND	
COMMUNICATION WITH TEENAGERS - TRAINING FOR TRAINERS	18
A06 - POSITIVE PARENTING FOR CHANGING FAMILIES	19
A07 - PARENTS PLUS ADOLESCENT PROGRAMME	20
A08 - INTRODUCTION TO ADDICTION STUDIES	22
A09 - UNDERSTANDING HARM REDUCTION	23
A10 - UNDERSTANDING SAFER INJECTING TECHNIQUES	24
A11 - WOMEN AND SUBSTANCE USE	25
A12 - ONLINE FOUNDATION COURSE IN SUBSTANCE MISUSE FOR GPs	26
A13 - THE PRESENTATION, DIAGNOSIS, AND TREATMENT OF OPIOID	
DEPENDENCE [for healthcare professionals, online]	27
A14 - QUALITY CHAMPIONS TRAINING [online]	29
A15 - BLENDED LEARNING: TRAUMA INFORMED PRACTICE	31
A16 - REMOTE LEARNING - THE PSYCHODYNAMICS OF EATING DISORDERS	33
A17 - REMOTE LEARNING: COMPLEX TRAUMA WORKSHOP	35
A18 - REMOTE LEARNING - ATTACHMENT STYLES	37
A19 - REMOTE LEARNING: AN INTRODUCTION TO DIALECTICAL BEHAVIOUR	
THERAPY	39
A20 - REMOTE LEARNING - ADVANCED DIALECTICAL BEHAVIOURAL THERAPY	
(DBT)	41
A21 - REMOTE LEARNING: AN INTRODUCTION TO MOTIVATIONAL INTERVIEWING.	43
A22 - REMOTE LEARNING – TRANSGENDER AWARENESS	45
A23 - REMOTE LEARNING: UNDERSTANDING NARCISSISM: THEORY AND	
PRACTICE	47

	A24 - FOETAL ALCOHOL SPECTRUM DISORDER IN THE CLASSROOM	49
	A25 - AN INTRODUCTION TO FASD	50
	A26 - RISKS OF WORK ADDICTION – THE IMPACT ON PHYSICAL AND MENTAL	
	HEALTH [online]	51
	A27 - HSE INTENSIVE SMOKING CESSATION TRAINING AND ASSESSMENT	
	PROGRAMME [online]	52
	A28 - PCI IN-SERVICE TRAINING PROGRAMME	54
	A29 - DRUG PREVENTION TRAINING FOR TRAINERS: INTRODUCING	
	ENVIRONMENTAL EDUCATION AS A RESOURCE.	55
	A30 - DUBLIN NORTH EAST TASK FORCE COURSES	56
	A31 - NON VIOLENT RESISTANCE COURSE FOR PARENTS AND CARERS	57
	A32 - Human Rights and Drug Use	58
В	- Certificate courses (NFQ level 5 or 6)	59
	B01 - SUBSTANCE USE ISSUES IN YOUTH AND COMMUNITY WORK	60
	B02 - UNDERSTANDING SUBSTANCE MISUSE	62
	B03 - CERTIFICATE IN COUNSELLING AND PSYCHOTHERAPUETIC STUDIES	63
	B04 - PROFESSIONAL CERTIFICATE IN COGNITIVE BEHAVIOUR THERAPY	65
	B05 - MINDOUT: MENTAL HEALTH PROMOTION PROGRAMME FOR OUT OF	
	SCHOOL SETTINGS.	67
	B06 - YOUTH STUDIES & COMMUNITY DEVELOPMENT	68
	B07 - APPLIED SOCIAL STUDIES - YOUNG ADULTS	69
	B08 - STRENGTHENING FAMILIES PROGRAMME	70
	B09 - COMMUNITY ADDICTION STUDIES	72
	B10 - COMMUNITY ADDICTION STUDIES COURSE QQI Award (Minor) Level 5	73
	B11 - PUTTING THE PIECES TOGETHER	74
	B12 - APPLIED PSYCHOLOGY IN THE COMMUNITY (SOCIAL & VOCATIONAL	
	INTEGRATION).	76
	B13 - APPLIED SOCIAL STUDIES (SOCIAL AND VOCATIONAL INTEGRATION)	78
	B14 - CERTIFICATE IN FOUNDATIONAL SKILLS & COMPETENCE IN COUNSELLING	
	& PSYCHOTHERAPY	80
	B15 - CERTIFICATE IN APPLIED ADDICTION STUDIES & COMMUNITY	
	DEVELOPMENT [online]	82
	B16 - CERTIFICATE IN LEADERSHIP AND COMMUNITY DEVELOPMENT [online]	83
	B17 - DRUG AND ALCOHOL COUNSELLING [online]	84

	B18 - ALCOHOL & DRUG ABUSE	86
	B19 - IDENTIFYING AND RESPONDING TO DRUG AND ALCOHOL ADDICTION IN	
	NURSING, MIDWIFERY AND ALLIED HEALTHCARE PRACTICE [online]	87
	B20 - COMMUNITY ADDICTION STUDIES [online]	89
	B21 - KEYWORKING, CARE PLANNING and CASE MANAGEMENT [online]	91
	B22 - PRACTITIONERS CERTIFICATE IN COGNITIVE BEHAVIOURAL THERAPY	
	[online]	93
	B23 - PROFESSIONAL CERTIFICATE IN THE THERAPEUTIC USE OF MINDFULNESS	
	[online]	95
	B24 - ADDICTION STUDIES	97
С	- Courses leading to a professional or academic qualification (NFQ level 7 and	
hi	igher)	99
	C01 - CERTIFICATE IN ADDICTION STUDIES	100
	C02 - QQI LEVEL 8 MINOR AWARD - CERTIFICATE IN CLINICAL WORK WITH	
	SUBSTANCE USING CLIENTS STUDIES	102
	C03 - CERTIFICATE IN HOMELESS PREVENTION AND INTERVENTION	104
	C04 - CHILDREN & FAMILIES HIDDEN HARM CERTIFICATE	106
	C05 - CERTIFICATE IN SUPPORTING POSITIVE PARENTING	107
	C06 - PROFESSIONAL CERTIFICATE IN WOMEN AND SUBSTANCE USE [online]	109
	C07 - DIPLOMA IN COMMUNITY DRUG AND ALCOHOL WORK	111
	C08 - DIPLOMA IN DRUG AND ALCOHOL STUDIES	113
	C09 - DIPLOMA IN ADDICTION STUDIES	115
	C10 - DIPLOMA IN INTEGRATIVE SUPERVISION	117
	C11 - SUBSTANCE MISUSE AND ADDICTION STUDIES DIPLOMA	119
	C12 - HIGHER DIPLOMA IN SOCIAL POLICY	121
	C13 - ONLINE POSTGRADUATE DIPLOMA IN SOCIAL POLICY AND PRACTICE.	123
	C14 - BACHELOR OF ARTS IN APPLIED ADDICTION STUDIES AND COMMUNITY	
	DEVELOPMENT	125
	C15 - BA (HONOURS) IN COUNSELLING WITH ADDICTION	127
	C16 - BA (HONOURS) IN COUNSELLING WITH ADDICTION. ONE YEAR ADD-ON	129
	C17 - B.A. (HONS) IN COUNSELLING & PSYCHOTHERAPY WITH ADDICTION	
	STUDIES	130
	C18 - B.A. (HONS) IN COUNSELLING & PSYCHOTHERAPY WITH YOUTH STUDIES	132
	C19 - M.A. IN COUNSELLING & PSYCHOTHERAPY (COGNITIVE BEHAVIOURAL	

MODALITIES)	134
C20 - MSc ADDICTION RECOVERY	136
C21 - MASTER OF ARTS (TAUGHT) IN ADDICTION STUDIES	138
C22 - MSC ADDICTION COUNSELLING & PSYCHOTHERAPY	140
C23 - MASTERS IN CHILD & ADOLESCENT COUNSELLING & PSYCHOTHERAPY	142
C24 - MASTER OF PUBLIC POLICY	144
C25 - MA IN ADVANCED FACILITATION SKILLS FOR PROMOTING HEALTH AND	
WELL BEING	146
C25 - POSTGRADUATE RESEARCH IN DRUG AND ALCOHOL MISUSE	148
C27 - M.A. IN ADDICTION COUNSELLING	149
C28 - MASTER OF SCIENCE / POSTGRADUATE DIPLOMA IN THERAPEUTIC	
INTERVENTIONS FOR ALCOHOL & OTHER DRUGS	151
C29 - BA Degree in Applied Addiction Studies and Community Development	153
D - Courses for young people	155
D01 - PEER DRUG PREVENTION EDUCATION	156
PROVIDERS	158
REGIONS	174

## **COURSES**



Short or basic level courses providing information on substance misuse among a general target audience, or developing skills of those working in this field.

#### **FAMILY SUPPORT PROGRAMMES**

#### **Course Provider**

Le Cheile

#### **Address**

24 Tivoli Terrace South, Dun Laoghaire Co. Dublin

#### Web address

http://www.lecheile.ie

## Contact Person(s) Le Cheile Mentoring Project

01 214 4350 info@lecheile.ie

#### Course aims and objectives

Strengthening Families Programme

(SFP 12-16 yrs) is a 14 session family skills training programme for families. SFP has been proved to help build communication skills, family and behaviour management and have fun in the process! It is is designed to give parents and their children the opportunity to learn new, healthy communication skills that create positive relationships within families. These new skills also assist and reduce the risk of young people getting involved in adverse behaviours.

SFP skills are not special skills for deficient families; SFP skills are for all families, but presented in a way to make them accessible to high stress families. All groups are run by facilitators who have trained in SFP and have experience of working with children and families in the community.

#### Parenting Together Programne

Parenting Together (also known as Non-Violent Resistance Parenting) is a programme for parents and carers experiencing child to parent abuse. The programme, which can be run in a group or one to one, aims to empower and support parents in preventing and responding to controlling and violent behaviour by children and young people.

#### **Course content**

- The group meet for two and a half hours once a week
- On the evening, three classes are run: parent skills training, teen skills training and family life

skills training.

- Families meet for the first half hour for a community dinner to meet with group leaders and other families in the group.
- After dinner, for the first hour families separate into two groups for parents/caregivers and for teens.

In the second hour, families will join together to discuss and practice skills as a whole group

In the parents group, parents will learn new skills to increase better behaviours in their teens through:

- Attention
- Rewards
- Clear communication
- Substance use education
- Problem solving
- Limit setting

In the teen group, skills are present on how to:

- Communicate positively
- Understand feelings
- Cope with criticism
- Manage stress
- Develop social skills
- Learn problem solving
- Deal with peer pressure
- Understand the consequences of substance abuse
- How short term consequences affect long term dreams and goals.

#### Benefits for families

- · Increased family quality time
- Learn better communication skills
- Coping with anger and criticism
- Stress management
- Coping peer pressure
- Helps to prevent substance abuse, conduct

disorders and depression in teens

- Improve parenting skills and family relationships
- Incentives for attendance, positive participation, homework completion and graduation.

#### Weekly family support

Through the running of the programme, families will link in on a weekly basis with their Link Person or Referral Agent in order to receive support and guidance around the content of the programme for that week.

A Link Person is a professional that will offer to say in contact with the referred family to cover any material with them, to check their understanding of the programme and try to address any difficulties that are arising within the programme. Referral Agents can and have in the past also acted in this capacity.

#### **Target group**

The Strengthening Families Programme is a 14 week family skills programme for the entire family.

#### **Entry requirement**

Families. There is childcare available for children aged 4-11 years, and transport can be provided to families who may find it difficult to travel to the programme. There is a meal provided every night for all the family to enjoy before the session starts.

#### Selection procedure

Families may be referred by a 'referral agent' e.g. a probation officer.

For more information about the programme, for both families and referrers visit

https://lecheile.ie/family-support-programmes/

#### Qualification

n.a.

#### **Assessment**

n.a.

#### Accreditation

n.a.

#### Course background

This programme was developed by Dr. Karol L. Kumpfer and associates at the University of Utah in 1982.

#### Course start date

Contact your local Le Cheile Mentoring Project Co-ordinator

#### **Course location**

Various locations, see co-ordinators webpage

#### **Application**

A wide variety of professionals from the community are involved in running the programme, including youth workers, health promotion works, volunteers, counsellors, social workers and community Garda.

#### Cost

n.a.

#### MOTIVATIONAL INTERVIEWING: THE ESSENTIALS

#### **Course Provider**

National Institute for Prevention and Cardiovascular Health

#### **Address**

Croí Heart and Stroke Centre, Moyola Lane, Newcastle, Galway.

#### Web address

https://nipc.ie/education/

## Contact Person(s) Marketing & Events Coordinator

091 893 398 info@nipc.ie

#### **Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

#### Course aims and objectives

Would you like to learn more about how best to enable your patients' in making important and, often, difficult lifestyle changes? This expert delivered short course in motivational interviewing (MI) aims to equip participants to confidently and successfully support patients in complex lifestyle behaviour change.

#### **Course content**

This 2-day skills-based and practically-focused course is designed for all health care professions and is delivered by Claudia Salazar, a highly experienced and accomplished certified trainer (Motivational Interviewing Network of Trainers).

The first day of this course encompasses the essentials and is delivered in a live online session. Day two follows in-person and focuses on the "How-To" practical skills training.

#### Target group

All health care professions

#### **Entry requirement**

Please only register if you can attend **both** training dates AND you can attend the **in-person training** at Croí, Heart and Stroke Centre in Galway.

#### Selection procedure

Course application form is on the NIPC website

https://nipc.ie/motivational-interviewing-alliance/. See terms and conditions:

- Full pre-payment is required at booking.
- Cancellations up to 10 working days in advance of the course date will incur a 25% administration charge.
- Cancellations thereafter or non-attendance is non-refundable and non-transferable

#### Qualification

n.a.

#### **Assessment**

n.a.

#### Accreditation

n.a.

#### Course background

See course provider website for further details on their courses

#### Course start date

See website for future dates.

#### **Course location**

Day 1: online – motivational interviewing: core principles & skills Day 2: face to face at Croi House, Galway – motivational interviewing: skills in practice

#### **Application**

See application form on NIPC website

#### Cost

€170

## SAOR: SCREENING & BRIEF INTERVENTION FOR PROBLEM ALCOHOL AND SUBSTANCE USE

#### **Course Provider**

Western Regional Drugs and Alcohol Task Force

#### **Address**

Unit 6, Galway Technology Park, Parkmore, Galway

#### Web address

http://www.wrdatf.ie/

## Contact Person(s) Western Regional Drugs Task Force

091 480056 training@wrdtf.ie

#### **Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

#### Course aims and objectives

SAOR Screening and Brief Intervention for Problem Alcohol and Substance Use (2017) is a step-by-step guide for practice developed in response to problem alcohol and other drug use. A brief intervention for alcohol use is a short, helpful conversation that focuses on assessing, and if necessary, assists a person to consider and alter their alcohol consumption. Brief interventions have shown to be effective in initiating change in alcohol consumption for people with mild to moderate alcohol-related problems and in helping people with more significant difficulties to access specialised alcohol treatment services.

The SAOR model can be used in a wide variety of settings, including community, statutory, voluntary, justice and education services. By following this model, many professionals and volunteers have been given the confidence and competence to screen for problem alcohol and drug use and either engage in a brief intervention or refer to specialist services if necessary.

SAOR training is delivered in a 90 minute eLearning module followed by a 1 day skills based workshops delivered live online.

#### Course content

The Course includes:

- Evidence for the effectiveness of SBI Alcohol and drug-related presentations to health and social care settings
- Contemporary models of SBI for problem

- alcohol and drug use
- Overview of the SAOR model of intervention for problem alcohol and drug use
- Establishing a supportive working relationship with the service users
- Asking about alcohol and drug use and screening for alcohol and drug-related problems
- Delivering a structured brief intervention based upon the SAOR model
- Developing appropriate care pathways for service users and arranging appropriate follow up
- Accessing useful links and reference materials for further reading and research.

#### Learning outcomes:

- Apply the theory from the SAOR online module to their practice
- Identify opportunities to conduct a brief intervention
- Demonstrate appropriate brief intervention skills using the SAOR model
- Identify appropriate alcohol and other drugs care pathways

#### Target group

Staff who have occasion to ask people about their alcohol use. This could include workers from social care, family support, employment support, vocational training, criminal justice, probation, education, housing support and general health care services.

#### Entry requirement

This training is for those with an interest in SAOR.

#### **Selection procedure**

See the WRDATF website for more information and booking form (see training calendar) <a href="https://www.wrdatf.ie/training.php">https://www.wrdatf.ie/training.php</a>

#### Qualification

Participants will receive a certificate of attendance when they complete the online elearning module and the online zoom training. Both elements muct be included to receive a certificate.

#### **Assessment**

n.a.

#### **Accreditation**

n.a.

#### Course background

The WRDATF have a panel of SAOR trainers in the Western Region and trainers will vary depending on availablitly.

#### Course start date

28th May 2024 online (10am to 4pm). SAOR training is delivered in a 90 minute eLearning module followed by a 1 day skills based workshops delivered live online. Contact WRDATF for upcoming dates.

#### **Course location**

Online, via Zoom

#### **Application**

Complete the general booking form, which can be found in the WRDATF training calendar or email: training@wrdtf.ie

#### Cost

Free

## SAOR SCREENING AND BRIEF INTERVENTION FOR PROBLEM ALCOHOL & SUBSTANCE USE. ONE-DAY COURSE.

#### **Course Provider**

Health Service Executive

#### **Address**

Health Promotion Service, 1st floor, Unit 4, Nexus Building, Blanchardstown Corporate Park, Dublin 15

#### Web address

#### Contact Person(s)

#### Course aims and objectives

The aim of SAOR training is to enable you to have a short helpful conversation with someone about their alcohol or other drug use using the SAOR Screening and Brief Intervention model. The training, based on the 2nd edition of SAOR (2017), is delivered using a blended learning approach. Participants complete a short eLearning module on HSELand in advance of a 1-day skills practice workshop.

#### **Course content**

On completion of this course, participants should be able to:

- Apply the theory from the SAOR online module to their practice
- Identify opportunities to conduct a brief intervention
- Demonstrate appropriate brief intervention skills using the SAOR model
- Identify appropriate alcohol and other drugs care pathways

#### **Target group**

HSE staff who have occasion to ask people about their drug and alcohol use in a diverse range of settings including: acute care settings, mental health services, community based drugs services, child and family services, homeless agencies, family support, employment support, vocational training, criminal justice, probation, primary care services, third level colleges and sporting organisations.

#### **Entry requirement**

Please see website.

#### Selection procedure

Places will be allocated on a first come, first served basis for each completed application.

#### See website for booking form:

https://www.hse.ie/eng/about/who/primarycare/socialinclusion/addiction/national-addiction-training/alcohol-and-substance-use-saor/

#### Qualification

n.a.

#### **Assessment**

n.a.

#### Accreditation

#### Course background

See HSE website for SAOR resources

#### Course start date

One day course arranged by HSE as required.

#### **Course location**

Participants complete a short eLearning module on HSELand in advance of a 1-day skills practice workshop.

#### **Application**

See online form and send to socialinclusion@hse.ie.

#### Cost

n.a.

## FAMILY COMMUNICATIONS: COPING WITH FAMILY LIFE AND COMMUNICATION WITH TEENAGERS - TRAINING FOR TRAINERS

#### **Course Provider**

One Family

#### **Address**

2 Lower Pembroke Street, Dublin 2

#### Web address

http://www.onefamily.ie

#### Contact Person(s)

#### Paula Lonergan

Training & Consultancy Manager 01 6629212 training@onefamily.ie

#### Course aims and objectives

This Professional Development programme prepares trainers and people who work with parents, children and/or families to design and deliver One Family's Family Communications programme to groups or in one-to-one work. The emphasis is towards those parenting alone, sharing parenting, and parenting through family change such as separation. The comprehensive manual includes 15 modules, all of which give a step-by-step guide and handouts for facilitating each session.

#### Course content

After taking part in this course, you will be able to:

- plan, design and deliver a 6 to 12 week Family communications: Coping with family life and communication with teenagers programme
- understand the theory behind the related manual
- understand and coach parents in the principles of clear and direct communication in the home for problem-solving
- support parents in implementing and managing changes in the home
- support parents in parenting teenagers
- resource parents in creating a positive environment at home
- · understand family diversity today
- support parents in parenting when they are: separating or divorcing, sharing-parenting, parenting in a multicultural society
- resource parents to re-build family life after a crisis
- support one-parent and separated families to encourage family pride and a strong family identity

#### **Target group**

All those who are interested in delivering family strengthening courses and those who work with parents and their children such as project workers, family support workers, social workers and so on.

#### Entry requirement

n.a.

#### Selection procedure

See One Family website

https://onefamily.ie/accredited-training-for-professionals/

#### Qualification

n.a.

#### **Assessment**

n.a.

#### Accreditation

n.a.

#### Course background

See website for details

#### Course start date

Contact One Family for dates.

#### Course location

Hybrid Model (E-learning combined with Zoom or in-person sessions)

#### **Application**

Contact One Family

#### Cost

Contact provider.

#### POSITIVE PARENTING FOR CHANGING FAMILIES

#### **Course Provider**

One Family

#### **Address**

2 Lower Pembroke Street, Dublin 2

#### Web address

http://www.onefamily.ie

#### Contact Person(s)

#### Paula Lonergan

Training & Consultancy Manager 01 6629212 training@onefamily.ie

#### Course aims and objectives

After taking part in this training you will be able to:

- Understand the theory behind the Positive Parenting for Changing Families manual.
- Be familiar with a range of approaches for managing difficult behaviour in children while raising self-esteem.
- Support parents in implementing these approaches.
- Support parents to develop strong relationships with their children.
- Know the provisions of the UN Convention on the Rights of the Child.
- Support parents in parenting when they are: separating or divorcing, sharing parenting, parenting in a multicultural society, parenting alone.
- Support parents to talk to their children about their family situations.
- Support families to parent through difficult times
- Design and deliver a ten-week Positive Parenting for Changing Families programme (should you opt for One Family Accreditation).

#### Course content

This intensive three day manualised professional development programme has just been re-developed. Its gives professionals tools they need to support parents to build strong relationships with their children and manage difficult behavior.

#### **Target group**

Professionals working with familiies.

#### **Entry requirement**

n.a.

#### Selection procedure

See course website:

https://onefamily.ie/accredited-training-for-profess ionals/

#### Qualification

n.a.

#### **Assessment**

n.a.

#### Accreditation

Professional development courses are CPD accredited trainings with Social Care Ireland.

#### Course background

We can develop this course to suit your needs by providing additional modules.

#### Course start date

15-18 hours. Dates to be confirmed. Contact One Family for future dates.

#### **Course location**

Hybrid Model (E-learning combined with Zoom or in-person sessions). One Family, 8 Coke Lane, Smithfield, Dublin 7.

#### **Application**

Register or make a booking enquiry by completing online form. For additional information, contact by email or call 01 6629212.

#### Cost

Contact the course provider

#### PARENTS PLUS ADOLESCENT PROGRAMME

#### **Course Provider**

Community Outreach Drug and Alcohol Project – Cork City Partnership

#### **Address**

Cork City Partnership Ltd. Level 1, Heron House Blackpool Retail Park Blackpool Cork City Telephone: 021–4302310

#### Web address

http://www.corkcitypartnership.ie

#### Contact Person(s)

#### Jacqueline Daly

Community Development / Drug & Alcohol Worker 087 1962030 jdaly@partnershipcork.ie

#### Mella Magee

Community Development / Drug & Alcohol Worker 087 1962022 mmagee@partnershipcork.ie

#### Course aims and objectives

The Parents Plus Adolescent Programme is a 9 week group based programme for parents of adolescents. The programme is an evidence based parenting course promoting effective communication and positive relationships in families with adolescents aged 11 to 16 years.

#### Course content

Contact: Jackie on 087 1962030 for further details.

Other relevant short courses see website

https://corkcitypartnership.ie/2024/01/community-education-autumn-brochure-2022-cork-city-partnership/

- How to Argue Better (H2AB): An 8 hour course to help parents / adults manage conflict constructively, reducing negative impacts on children. Usually delivered over 4 sessions.
- 5 Step Programme: 'A confidential, evidence based support programme for family members or concerned persons affected by a loved one's drug or alcohol misuse. Delivered over 5 sessions in one-to-one or group format. We are currently recruiting for an online 5 Step programme beginning 5th November. Click Notice 5 Step Family Support Group programme\_Nov 2020 for details. For further information on the 5 Step programme click 5 Step Info Flyer\_2020 or contact Mella Magee
- Family Support Programmes: 4-10 week

- facilitated group support programmes for family members or concerned persons affected by a loved one's drug or alcohol use. To access a family support programme for a group of concerned persons contact CODAAP.
- Young Person's Programme: A 10 module activity based programme that supports development of coping skills in young people [aged 12 17] affected by drug or alcohol use in the home. Contact CODAAP to arrange a programme for a group of affected young people.

#### **Target group**

Parents or carers living in Cork city community.

#### **Entry requirement**

Participants will be asked to complete a registration form to demonstrate eligibility and can include: • People living in disadvantaged communities • People impacted by educational disadvantage • People living in jobless households or households where the primary source is lowpaid and/or precarious • People who are long term unemployed • International Protection Applicants • People with disabilities • Heads of One-parent Families • Travellers • Roma • Island residents • People with a criminal history • Refugees .Eligible participants must live in Cork City – New Boundary

#### Selection procedure

Groups of parents and those working with them can apply for training to the Community Project. Parents can also self-refer.

#### See

https://corkcitypartnership.ie/2024/01/community-education-autumn-brochure-2022-cork-city-partnership/

#### Qualification

n.a.

#### **Assessment**

Full attendance is requested

#### **Accreditation**

n.a.

#### Course background

This course is a response to the needs of local community groups.

#### **Course start date**

Course dates: February 21st, 28th, March 6th, 13th, 20th, April 10th, 17th, 23rd

#### **Course location**

Presentation Secondary School, Ballyphehane

#### **Application**

For more information or to book your place contact: Jackie 087 1962030

#### Cost

n.a.

#### INTRODUCTION TO ADDICTION STUDIES

#### **Course Provider**

Urrus/The Ballymun Youth Action Project

#### **Address**

Horizons Centre, Balcurris Road, Ballymun, Dublin 11

#### Web address

https://byap.ie/services/urrus

## Contact Person(s) Administrator

01 846 7980 / 01 842 5726 urrus@byap.ie

#### Course aims and objectives

Run over four-sessions the course is for those wishing to gain a good basic understanding of substance use and related issues.

#### **Course content**

Course content:

- Drug/Alcohol information
- Signs and symptoms
- Process of addiction
- Addiction and family
- Treatment approaches/Making referrals
- · Addiction and family
- Treatment approaches and making referrals

#### **Target group**

This workshop is aimed at those who wish to find out more about drugs and addiction related issues. The training will deal with a number of areas and give participants a good basic understanding of drugs and related issues. This course is for those who wish to refresh their knowledge about drugs and gain further information.

#### **Entry requirement**

Prospective students need to be available to engage in learning and study on the days indicated for each programme. It is essential that students have computer and internet access to engage with course learning.

#### Selection procedure

For more information on the course, see the URRUS website

https://byap.ie/services/urrus/september-2022-training

#### Qualification

Certification of completion

#### **Assessment**

n.a.

#### Accreditation

URRUS/Ballymun Youth Action Project

#### Course background

This workshop is run 2-4 times a year.

#### Course start date

Contact URRUS for future dates.

#### **Course location**

Urrús, Horizons Centre, Balcurris Road, Ballymun, Dublin.

#### **Application**

Booking form is available from URRUS/BYAP (See website URL)

#### Cost

Category 1 - €40.00 (non refundable €10 booking deposit). Category 2 - Living or working in the Ballymun Local Drug Task Force area - €5 registration fee.

#### **UNDERSTANDING HARM REDUCTION**

#### **Course Provider**

Urrus/The Ballymun Youth Action Project

#### **Address**

Horizons Centre, Balcurris Road, Ballymun, Dublin 11

#### Web address

https://byap.ie/services/urrus

## Contact Person(s) Administrator

01 846 7980 / 01 842 5726 urrus@byap.ie

#### Course aims and objectives

This one-day workshop will introduce harm reduction and outline the health issues experienced through substance misuse. The training will provide participants with an understanding and appreciation of the key issues pertaining to theory and practice of harm reduction/minimisation; and an overview of the major health issues which are initiated and /or exacerbated by substance misuse.

#### Course content

Content includes:

- Definition of harm reduction
- Principles & practice of harm reduction
- Development of services
- Current harm reduction service provision
- Drug toxicity
- Blood viruses (HIV, Hep. C, etc.)
- Fungal and bacterial infections
- Vein damage, associated with IV use
- Lung and other organ damage
- Overdose and universal precautions

#### **Target group**

Workers and volunteers in the drugs field

#### **Entry requirement**

Prospective students need to be available to engage in learning and study on the days indicated for each programme. It is essential that students have computer and internet access to engage with course learning.

#### Selection procedure

Contact URRUS. For more details see <a href="https://byap.ie/services/urrus">https://byap.ie/services/urrus</a>

#### Qualification

Not applicable

#### **Assessment**

n.a.

#### Accreditation

Addiction Counsellors of Ireland - 4 CPD Credits

#### Course background

URRÚS (Irish for "strength" or "confidence") was founded in 1996, by the Ballymun Youth Action Project, to provide training in relation to drug misuse.

#### Course start date

Contact URRUS for future dates.

#### **Course location**

Online

#### **Application**

Contact URRUS or see website for booking form

#### Cost

€80.

#### **UNDERSTANDING SAFER INJECTING TECHNIQUES**

#### **Course Provider**

Urrus/The Ballymun Youth Action Project

#### **Address**

Horizons Centre, Balcurris Road, Ballymun, Dublin 11

#### Web address

https://byap.ie/services/urrus

## Contact Person(s) Administrator

01 846 7980 / 01 842 5726 urrus@byap.ie

#### Course aims and objectives

This half-day workshop is designed for persons working or volunteering in the drugs field and who wish to enhance their professional understanding of safer injecting practice.

#### Course content

Content includes:

- Different types of hypodermic injecting (e.g., intramuscular/intravenous).
- Differences between Veins and Arteries.
- Vein, artery and neural damage associated with needle use.
- · Vectors of infection.
- Demo and practice of safer injecting technique as a harm reduction strategy.
- Best practice and ethics in assessing and advising service users on injecting.

#### Target group

Those working or volunteering in the drugs field.

#### **Entry requirement**

n.a.

#### Selection procedure

Contact URRUS. See website <a href="https://byap.ie/services/urrus">https://byap.ie/services/urrus</a>

#### Qualification

n.a.

#### **Assessment**

n.a.

#### Accreditation

Addiction Counsellors of Ireland - 4 CPD Credits

#### Course background

Urrús (the Irish word for strength / confidence) was founded in 1996 by BYAP to provide training in relation to drug misuse. We have developed a range of training modules on drug misuse, addiction and community responses, and are continually developing new modules in response to emerging needs.

#### Course start date

Contact URRUS for upcoming start dates.

#### **Course location**

Ballymun, Dublin

#### **Application**

**Contact URRUS** 

#### Cost

Contact URRUS

#### **WOMEN AND SUBSTANCE USE**

#### **Course Provider**

Urrus/The Ballymun Youth Action Project

#### **Address**

Horizons Centre, Balcurris Road, Ballymun, Dublin 11

#### Web address

https://byap.ie/services/urrus

## Contact Person(s) Administrator

01 846 7980 / 01 842 5726 urrus@byap.ie

#### Course aims and objectives

This training will enable participants to: -

- Gain a greater understanding of gender differences and substance use.
- Increase their knowledge of the impact of substance use on women's lives.
- Understand the impact substance use has on the developing foetus during pregnancy.
- Identify the effects of parental substance use on the physical and mental health of the infant.
- Develop a greater understanding of treatment options available for substance using women and pregnant women.
- Be more aware of the barriers that women might experience when accessing treatment for substance use.

#### **Course content**

- Impact of substance use on women.
- Pregnancy and substance use considerations for the mother's health.
- Pregnancy and substance use the implications for the health of the foetus.
- Effect of maternal substance use on early childhood development.
- Accessing treatment Options and barriers.

Tutors: - Laura O'Reilly, URRÚS Training Centre Co-ordinator and Vera Hughes, *Infant/Parent Support Co-ordinator*, Ballymun Youth Action Project.

#### **Target group**

This training is for workers in the addiction field, particularly those who work with women, and who would like to acquire a better understanding of how substance use affects women, pregnant women, the foetus and infant.

#### **Entry requirement**

n.a.

#### Selection procedure

Contact URRUS. See website for further details <a href="https://byap.ie/services/urrus">https://byap.ie/services/urrus</a>

#### Qualification

n.a.

#### Assessment

The training will be delivered through a mix of inputs, presentations, case studies and discussion.

#### Accreditation

Addiction Counsellors of Ireland - 6 CPD Credits.

#### Course background

URRÚS (Irish for "strength" or "confidence") was founded in 1996, by the Ballymun Youth Action Project, to provide training in relation to drug misuse. Most of our work is with adults, parents and professionals working in the area or with those who through their work encounter addiction issues.

#### Course start date

Contact URRUS for upcoming start dates.

#### **Course location**

Ballymun, Dublin 11

#### **Application**

Telephone 01 8467980 or email urrus@byap.ie

#### Cost

Check with provider for fees.

## ONLINE FOUNDATION COURSE IN SUBSTANCE MISUSE FOR GPs

#### **Course Provider**

Irish College of General Practitioners

#### **Address**

4/5 Lincoln Place, Dublin 2, Ireland

#### Web address

http://www.icgp.ie/go/courses/e\_learning

#### **Contact Person(s)**

Yvette Dalton

01 676 3705 yvette.dalton@icgp.ie

#### Course aims and objectives

This course offers an introduction to managing issues related to alcohol misuse, misuse of prescription and over-the-counter medications as well as illicit drug use in primary care.

Substance misuse related issues are common, presenting in up to 15% of primary care consultations. This course aims to provide a practical framework for the detection and management of substance misuse problems in general practice.

#### **Course content**

The online learning programme consists of 11 interactive video presentations, each presentation ranging in duration from 6 to 20 minutes. The participant is required to view all 11 topics in sequence and achieve 80% in the MCQ assessment to successfully complete the course. You may repeat the assessment if you wish.

**Completion time:** It takes approximately three hours in total to complete all modules and the MCQ Quiz. Please note that you may log in and out of this training at your convenience and as often as you like.

Links to all guidelines and assessment tools are provided.

#### **Target group**

The course is primarily aimed at GPs and GP registrars. If you do not fall under this of category of applicant then you must register your interest by completing the online booking form.

#### **Entry requirement**

For general practitioners

#### Selection procedure

For more information, visit the course website on the ICGP website

https://www.icgp.ie/go/courses/substance\_misuse\_/substance\_misuse\_training

#### Qualification

5 CPD credits for external CPD & 1 GMS study leave session.

#### **Assessment**

In order to satisfactorily complete the programme a GP is required to view over 75% in the Multiple Choice Questions (MCQ) module.

#### **Accreditation**

ICGP.

#### Course background

N.A.

#### Course start date

Each GP will have online access for 21 days from the date of their enrolment. To complete all modules and the MCQ Quiz will take approximately 3 hours in total.

#### **Course location**

Online course

#### **Application**

Aoife McBride, email: substancemisuse@icgp.ie

#### Cost

 ICGP members and GP registrars – No cost • Non-member: €100 application fee

## THE PRESENTATION, DIAGNOSIS, AND TREATMENT OF OPIOID DEPENDENCE [for healthcare professionals, online]

#### **Course Provider**

Medi Learning

#### **Address**

First Floor, Ebony House, Main Street, Wicklow Town, A67R272

#### Web address

https://medilearning.ie/

## Contact Person(s) Course administrator

n.a. daiva@greenx.ie

#### Course aims and objectives

This module gives an expert overview of the presentation, diagnosis, and treatment of opioid dependence, with the latest Ireland-specific treatment guidelines and protocols.

#### Course content

To earn CME credit, follow these steps:

- Study the educational content.
- Complete the 5 MCQs that follow the case study. After each question, you will be able to see whether you answered correctly and will then read evidence-based information that supports the most appropriate answer choice. These questions are part of the educational content and are designed to challenge you. You will not be penalised for answering the questions incorrectly.
- Complete the 10 True or False questions in the Post-Module Assessment. These questions are designed to demonstrate that the module has improved your knowledge base on this topic.

On attaining a score of 70% or more on the Post-Module Assessment, the assigned CPD credits will be logged to your personal CPD activity log. You may view or print a verification certificate when required or print off an email stating the name of the module, the author details and the CPD hours. You will not be able to alter the certificate or log. The credit that you receive is based on your user profile.

By providing information on how the module has enhanced your knowledge and/or practice, you may qualify for additional CPD credits during a CPD review. DoctorCPD encourages you to complete the Activity Evaluation to provide feedback to guide us in the future development of this site.

Each DoctorCPD module is designed to be completed within the time designated on the Module Introduction page. This is an estimate of the maximum time required to complete the specific module and is determined by the format and content of the module. Users should claim only those credits that reflect the time actually spent on the activity.

#### Target group

Registered healthcare professionals.

#### **Entry requirement**

To be approved access you will need to provide your Medical Council of Ireland number (MCI), Nursing and Midwifery Board of Ireland number (NMBI) or Pharmaceutical Society of Ireland (PSI) number. Link to sign up page for further details <a href="https://medilearning.ie/sign-up/">https://medilearning.ie/sign-up/</a>

#### Selection procedure

See course website to enrol

https://medilearning.ie/doctorcpd/addiction/the-presentation-diagnosis-and-treatment-of-opioid-dependence/

#### Qualification

To successfully earn credit (CPD Points: 2), participants must complete the activity online, and receive a minimum score of 70% on the post-module assessment.

#### **Assessment**

Online assessment

#### **Accreditation**

Medical Continuing Professional Development (CPD) Accreditation, as offered by MediLearning

#### Course background

This tutorial was devised by Dr Garrett McGovern

#### **Course start date**

Online course, start anytime.

#### **Course location**

Online

#### **Application**

Sign up via website

#### Cost

Unknown.

#### **QUALITY CHAMPIONS TRAINING [online]**

#### **Course Provider**

HSE drugs.ie

**Address** 

HSE, Dublin

Web address

http://www.drugs.ie/

#### Contact Person(s)

#### Course aims and objectives

The overall aim of the Quality Champions
Training is to provide key persons in
organisations with the skills to become a quality
champion in their service. Training is delivered
through an interactive eLearning platform. After
completing the training, participants should be
able to:

- Champion and lead a drive to improve quality in their organisation
- Objectively and accurately assess the sources of policy and practice in their organisation, and what these policies are
- Identify gaps between what their assessment reveals, and what is required of the organisation with reference to agreed quality standards
- Put in place a plan to ensure those gaps are filled, including the provision of a robust review mechanism

#### **Course content**

The course has five sessions each containing a series of specific learning modules:

Session 1: Introduction to Quality

- 1. The aim of the training
- 2. QuADS Quality in Alcohol and Drug Services
- 3. The importance of quality
- 4. Barriers to change
- 5. Introduction to policy basics
- 6. Introduction to policy service user confidentiality policy
- 7. Introduction to policy quality assurance policy
- 8. Session 1 assessment

Session 2: Organisation Review and Mapping

- 1. Review and assess
- 2. Obligations
- 3. Essential and important policies
- 4. Identifying the gaps
- 5. Session 2 assessment

Session 3: Consultation

- 1. Role and responsibility of the stakeholder
- 2. Consultation part one
- 3. Consultation part two
- 4. Session 3 assessment

Session 4: Policy Writing

- 1. Components of a policy
- 2. Researching a policy
- 3. Adapting a policy
- 4. Writing a policy
- 5. Session 4 assessment

Session 5: Implementation and Policy Review

- 1. Pre-implementation
- 2. Policy implementation strategy
- 3. Indicators, barriers and monitoring
- 4. Reviewing a policy

#### Target group

Those who wish to become quality champions in their drug or alcohol organisation.

#### **Entry requirement**

Content is delivered through Moodle - a Virtual Learning Environment (VLE) software system and is delivered as a series of multimedia based learning modules over five sessions. You will need a computer or laptop with internet access, and basic computer skills. The training is the equivalent of approximately a half day training. However, as the training is modular based, users can complete the training on a module by module basis.

#### Selection procedure

Course website:

http://www.drugs.ie/resources/national\_standards\_for\_safer\_better\_healthcare2/elearning\_portal/champions\_training/

#### Qualification

n.a.

#### **Assessment**

n.a.

#### **Accreditation**

n.a.

#### **Course background**

This course was developed in 2014.

#### **Course start date**

On-going

#### **Course location**

Online course

#### **Application**

If you would like to sign up for Quality Champions Training please email a request to drugs.ie@hse.ie

#### Cost

n.a.

#### **BLENDED LEARNING: TRAUMA INFORMED PRACTICE**

#### **Course Provider**

The Learning Curve Institute

#### **Address**

Rushbrook, Clogher, Westport, Co Mayo

#### Web address

https://www.thelearningcurve.ie/

#### Contact Person(s)

#### Administrator

Administrator 098 25530 info@thelearningcurve.ie

#### **Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

#### Course aims and objectives

Delivered over two days, this live programme will start a conversation about how trauma and adversity affects people and the appropriate responses service providers can implement and offer. It will also examine how others' trauma experiences may affect those providing services vicarious trauma - and examine how professionals, volunteers and peer workers can embrace a trauma informed approach, including self-care.

This Trauma Informed Practice training aims to help people working in the provision of care to become trauma aware. The programme does not train participants to become trauma therapists. The purpose of this blended learning training is to start a conversation about how trauma and adversity affects and has affected those who use the services we provide and the appropriate responses we can implement and offer; to reflect on how others' trauma experiences may affect those of us providing services - vicarious trauma and; to examine how we, as professionals, volunteers and peer workers, can embrace a trauma informed approach, including self-care, within our practice.

- self-care using art images
- Exploration of types of trauma, ACEs and the role of substance use in trauma
- Implementing trauma informed practice in an organisation

#### Part 2: Live Workshop Content

- Where we meet trauma in our daily work and how it impacts us
- How trauma expresses itself in the people we work with
- Self-care and how we do it
- Trauma specific services
- Examining our own workspace as a trauma informed space.

Participants will receive the pre-recorded modules (with expiration date), an emailed copy of the presentation plus other supporting documents and links to relevant literature by email which will enable them to develop their understanding of Trauma Informed Practice appropriate to this level. In the live session participants will have the opportunity to observe and participate in role-plays and discussions via Zoom.

#### Target group

Participants should have some work experience. Suitable for: Therapists and Counsellors (please note: this is not designed for experienced therapists), early childhood Educators and Care Professionals and those working in Social Care, Youth and Family Care, Nursing Practitioners, Addiction Services and Homeless Agencies.

This training is also suitable for those working with or meeting service users including support staff, reception staff, canteen staff, managers, Board of Management etc.

- Increased understanding of trauma and vicanious trauma
  An awareness of the approaches assisting how we might respond as trauma-informed practitioners both in practical terms and in terms of encouraging agency responses bearing in mind that trauma informed training requires a longer process than the duration of this programme
  Increased awareness of Trauma Informed Care & Trauma Informed Principles
  Greater awareness of the presence of trauma in participant's workplace

- Better self-care awareness
   Increased understanding of the relationship between trauma and addiction

#### Course content

Part 1: Pre-recorded Module topics

Overview of trauma, vicarious trauma and

Note: Attendees will be expected to have their cameras on during the live training. This helps generate engagement and interaction with their trainer and other participants. Please let us know in advance if special circumstances mean that a participant does not have access to a working camera or may have to turn off their camera occasionally. It is not permitted to record this workshop.

#### **Entry requirement**

See target group.

#### Selection procedure

See course website for more details

https://www.thelearningcurve.ie/courses/remote-learning-trauma-informed-practice-workshop

#### Qualification

eCertificate in Trauma informed Practice from The Learning Curve Institute.

#### **Assessment**

See course description.

#### **Accreditation**

Pending accreditation.

#### Course background

Where appropriate, The Learning Curve Institute will also distribute a unique pre-course questionnaire to each attendee in order to ensure the training meets the needs of everyone in the room and is tailored to a suitable level while also covering specific situations or scenarios as highlighted by the group.

The Learning Curve Institute also offers a bespoke post course support system whereby participants are provided with the contact details of the lecturer and are free to contact him/her with any questions they may have

#### Course start date

14 and 15 November 2024 | 09.30 - 16.30 (CET-1) each day

#### **Course location**

6 pre-recorded modules (approx. 30 mins each) followed by one full day delivered live by the trainer remotely.

#### **Application**

Book online. Please see the website, or contact The Learning Curve Institute on 098 25530 or info@thelearningcurve.ie for more information.

#### Cost

€265

## REMOTE LEARNING - THE PSYCHODYNAMICS OF EATING DISORDERS

#### **Course Provider**

The Learning Curve Institute

#### **Address**

Rushbrook, Clogher, Westport, Co Mayo

#### Web address

https://www.thelearningcurve.ie/

#### Contact Person(s)

#### **Administrator**

Administrator 098 25530 info@thelearningcurve.ie

#### **Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

#### Course aims and objectives

This introductory workshop will explore the psychodynamics of eating disorders as it relates to a mental health diagnosis such as anorexia nervosa, bulimia nervosa, or binge-eating disorder. Mental Health practitioners may struggle with knowing how to best respond to this complex emotional issue and may react with a countertransference of frustration, fear, or helplessness.

Outcomes: Participants should have the tools to enable them to have an in-depth understanding of eating disorders, specialised interventions most notably psychodynamic approaches, enhanced therapeutic skills, improved therapeutic relationships and increased insight into the function of transferences and resistances. Mental health practitioners who undertake this training will be better equipped to support individuals with eating disorders.

#### Course content

This workshop examines the observable symptoms of the various eating disorders, the developmental factors and family system patterns that often underpin disordered eating, the crucial relationship between eating disorders and the compulsion to control both emotional needs and bodily sensation. Participants will explore both their emotional reactions and therapeutic experiences to illuminate the function disordered eating plays in a person's life. The focus of the training will then move to possible treatment options, with a specific emphasis on psychodynamic theory and practical strategies for supporting individuals struggling with disordered

eating.

#### Target group

Suitable for: psychologists, psychotherapists, counsellors and health care professionals who seek a better understanding of disordered eating and how to help those who are struggling.

#### **Entry requirement**

No specific entry requirements.

#### Selection procedure

For more information about the course visit

https://www.thelearningcurve.ie/courses/new-remote-learning-the-psychodynamics-of-eating-disorders-workshop

#### Qualification

Participants will each receive an e-Certificate of Completion in "The Psychodynamics of Eating Disorders" from The Learning Curve Institute.

#### **Assessment**

n.a.

#### Accreditation

Members of The Psychological Society of Ireland can receive learning credits on completion of this workshop

#### Course background

Presented by Kevin Fehin, Senior Clinical Psychologist and Psychotherapist. Kevin is currently employed in the Adult Mental Health Service with the HSE. Among other qualifications he holds a Masters in Psychoanalytic Studies.

#### Course start date

04 December 2024 | 09.30 - 16.30 (GMT+1)

#### **Course location**

Online

#### **Application**

Contact the Learning Curve or visit their website.

#### Cost

€135

#### REMOTE LEARNING: COMPLEX TRAUMA WORKSHOP

#### **Course Provider**

The Learning Curve Institute

#### **Address**

Rushbrook, Clogher, Westport, Co Mayo

#### Web address

https://www.thelearningcurve.ie/

#### Contact Person(s)

#### Administrator

Administrator 098 25530 info@thelearningcurve.ie

#### **Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

#### Course aims and objectives

This is a one day workshop, delivered live by Kevin Fehin, Senior Clinical Psychologist and Psychotherapist. Among other qualifications Kevin holds a Masters in Psychoanalytic Studies.

This course will explore how developmental trauma may manifest in adult presentations and provide appropriate interventions to engage with complex trauma. This workshop is open to individuals. The training can also be delivered as in-house training to groups.

The aim of the training is to assist practitioners in identifying signs and symptoms of complex trauma and how it has been appropriated by the adult personality. The workshop will also focus on the hidden aspects of trauma that nonetheless exent influence over the personality. Finally the workshop will address the key therapeutic issues involved in complex trauma such as trust, safely-voidance, shame and regression, together with the most effective therapeutic strategies for developing a specific therapeutic relationship tailored

#### **Course content**

This workshop will be delivered live on Zoom: The course will allow you to interact with your trainer and other participants in a virtual classroom where, in addition to the workshop content, there will be time built in for live discussions, question & answer sessions and

skills practice. You can access the course wherever you have an internet connection; on a desktop, tablet or even a smartphone

#### Content:

- Types of developmental trauma
  The chronic effect of trauma on developme
  The adult manifestation of childhood traum
  Interventions

Participants will receive an emailed copy of the presentation, other supporting documents and links to relevant literature by email which will enable them to develop their understanding of Complex Trauma appropriate to this level.

#### Target group

Suitable for those working in psychology, psychotherapy or counselling.

#### **Entry requirement**

Where appropriate, The Learning Curve Institute will also distribute a unique pre-course questionnaire to each attendee in order to ensure the training meets the needs of everyone in the room and is tailored to a suitable level while also

covering specific situations or scenarios as highlighted by the group.

#### Selection procedure

See the course website for more details:

https://www.thelearningcurve.ie/courses/remote-l earning-complex-trauma-workshop-1

#### Qualification

All attendees will receive a certificate from The Learning Curve Institute on Complex Trauma.

#### Assessment

n.a.

#### Accreditation

Members of The Psychological Society of Ireland and The Addiction Counsellors of Ireland can earn learning credits/CPD points from attending this workshop.

#### Course background

This is a one day workshop, delivered live by Dr. Kevin Fehin, Senior Clinical Psychologist and Psychotherapist. Among other qualifications Kevin holds a Masters in Psychoanalytic Studies.

#### Course start date

25 September 2024 | 09.30 - 16.30 (CET-1)

#### **Course location**

Online

#### **Application**

Visit the course website or contact the Learning Curve

#### Cost

€135

# **REMOTE LEARNING - ATTACHMENT STYLES**

#### **Course Provider**

The Learning Curve Institute

#### **Address**

Rushbrook, Clogher, Westport, Co Mayo

#### Web address

https://www.thelearningcurve.ie/

# Contact Person(s)

#### Administrator

Administrator 098 25530 info@thelearningcurve.ie

# **Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

# Course aims and objectives

The aim of the workshop is to assist practitioners in understanding and identifying the major attachment styles as they present in adults.

It is hoped that participants will leave the workshop with:

- An awareness of the dynamics of attachment in adults
- An ability to observe its interpersonal and hidden qualities
- An ability to navigate defences in relation to safety
- An ability to create an atmosphere of safety, promote trust and the specific conditions necessary for engaging with attachment issues

#### **Course content**

The workshop will explore how attachment styles have been appropriated by the adult personality over time and how they then inform interpersonal dynamics. The workshop will also focus on the hidden aspects of attachment dynamics that nonetheless exert influence over the adult personality and how it designs relationships, sometimes creating disturbance and/or protest strategies. The workshop will address the key therapeutic issues involved in working with attachment such as specific transferences and the core need to recognise safety strategies in play.

#### Training content:

Types of attachment styles

- The interpersonal origins of attachment styles
- The adult manifestation of attachment issues
- Therapeutic dynamics in working with attachment issues
- Interventions

# **Target group**

Suitable for: Psychologists, Counsellors, Psychotherapists, Nurse Practitioners, Youth Workers, Social Care Workers

# **Entry requirement**

This programme is open to individuals and can also be delivered as in-house training to groups of employees.

#### Selection procedure

 $See \ course \ website for \ more \ details \ \underline{https://www.theleamingcurve.ie/courses/remote-learning-attachment-styles-workshop-1}{} \\$ 

#### Qualification

All attendees will receive an eCertificate of Completion in 'Attachment Styles' from The Learning Curve Institute.

#### **Assessment**

n.a.

#### **Accreditation**

Members of The Psychological Society of Ireland can receive learning credits on completion of this workshop

#### Course background

Delivered by Dr. Kevin Fehin who is a Senior Clinical Psychologist and Psychotherapist. Among other qualifications he holds a Masters in Psychoanalytic Studies. The course will allow you to interact with the trainer and other participants. In addition to the workshop content, there will be time built in for live discussions, questions and answers.

#### Course start date

29 January 2025 | 09.30 - 16.30 (CET-1)

# **Course location**

Online course

# **Application**

Book online

# Cost

€135

# **REMOTE LEARNING: AN INTRODUCTION TO** A19 DIALECTICAL BEHAVIOUR THERAPY

#### **Course Provider**

The Learning Curve Institute

#### Address

Rushbrook, Clogher, Westport, Co Mayo

#### Web address

https://www.thelearningcurve.ie/

# Contact Person(s)

#### Administrator

Administrator 098 25530 info@thelearningcurve.ie

#### **Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

# Course aims and objectives

DBT was founded in 1993 by Marsha Linehan, initially known as CBT for Borderline disorder. DBT consists of a series of skills and Levin was trust user at 1 stay of yearsha Lunenan, initially known as CBT for Borderline disorder. DBT consists of a series of skills and techniques for working with personality disorders and other areas. Many people want to familiarise themselves with these skills without necessarily becoming a DBT therapist exclusively, and the introduction course is ideal if you are thinking of taking the first step in becoming a DBT therapist or if you would like to have a better understanding of the concept before referring clients or employees to a DBT service.

#### Learning outcomes:

- Gaining an understanding of DBT.
- The ability to create validating environments.
- The ability to validate other people in an easy way.
- The ability to give people different perspectives in a fast way.
- The ability to help people to solve problems rather than dwell on them.
- The ability to respond to very severe behaviours in a caring way without reinforcing the severe behaviour.
- The ability to help people to bring some sense of order and predictability to emotions.
- The ability to help people tolerating distress.

#### Course content

This workshop will be delivered live using the free Zoom remote conferencing platform: The course will allow you to interact will trainer and other participants in a virtual classroom where, in addition to the workshop content, there will be time built in for live discussions, question & answer sessions and skills practice. You can access the course wherever you have an internet connection; on a desktop, tablet or even a smartphone.

- Validation, the implication of invalidating environments for a child, and for the adult. Using validating responses in the therapeutic environment.
- The use of Metaphors,
- Problem solving strategy.
- Contingency management.
- Emotion-regulation.
- Interpersonal effectiveness.
- Mindfulness
- Distress tolerance.
- Walking the Middle Path.
- The role of the face to face sessions and group sessions.

# **Target group**

Suitable for:

- Professionals who see clients in 1 to 1 sessions and wish to add DBT techniques to their set of skills.
  People or teams working in inpatient or community settings.
  Mental health/psychiatric nurses, social workers, occupational therapists, clinical psychologists, psychiatrists probation officers, people working in HR or Occupational Health departments.
  Carers for people with mental health issues.

# **Entry requirement**

No specific entry requirements

# Selection procedure

See course website for more details:

https://www.thelearningcurve.ie/online-learning/remote-learning-an-introduction-to-dialectical-behaviour-therapy-2

# Qualification

All participants will receive a Certificate of Completion in An Introduction to Dialectical Behaviour Therapy from The Learning Curve Institute.

#### **Assessment**

None

#### **Accreditation**

Members of The Psychological Society of Ireland and The Addiction Counsellors of Ireland can earn learning credits/CPD points from attending this workshop.

# Course background

The Learning Curve Institute offers a unique post course support system whereby students are provided with the contact details of the lecturer and are free to contact him/her with any questions they may have or that they would like the lecturer to help them with.

# **Course start date**

16 October 2024 | 09.30 - 16.30 (CET-1)

#### **Course location**

Remote learning

# **Application**

See course website.

#### Cost

€135

# **REMOTE LEARNING - ADVANCED DIALECTICAL BEHAVIOURAL THERAPY (DBT)**

#### **Course Provider**

The Learning Curve Institute

#### **Address**

Rushbrook, Clogher, Westport, Co Mayo

#### Web address

https://www.thelearningcurve.ie/

# Contact Person(s)

#### Administrator

Administrator 098 25530 info@thelearningcurve.ie

#### **Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

# Course aims and objectives

The aim of this training programme is to enable participants to:

- Learn DBT techniques used in practice.
- Learn how DBT skills are taught in groups.
- Understand, in the non-therapeutic environment, when to refer people to DBT and have an understanding what can be expected during treatment.

DBT was founded in 1993 by Marsha Linehan, initially known as CBT for Borderline disorder. DBT is now used for treating many disorders such as Borderline, Bipolar, and other Personality Disorders. It has been proven useful for any level of suicidal behaviour, self-harming, or other self-destructive behaviour. DBT consists of a series of skills and techniques for working with personality disorders and other areas. Many people want to familiarise themselves with these skills without necessarily becoming a DBT therapist exclusively. The Advanced DBT course focuses on how to teach clients the group skills. how to develop further on these skills in one to one sessions and how to help clients with any form of self-destructive behaviour.

#### Course content

Course content

- History and background.
- · Biological Theory of emotional and behavioural dysregulation.
- Guidelines for skills training.
- Skills Training Assumptions.

- Mindfulness Skills.
- Interpersonal Effectiveness Skills.
- Walking the Middle Path.
- Emotion Regulation Skills.
- Distress Tolerance Skills.
- Analysing behaviour, Chain Analysis, Missing-Links Analysis.
- Validation and validating techniques.
- Problem solving techniques and DBT techniques used in one to one sessions.

# Target group

Note: Participants are required to provide evidence of having completed an introductory course in DBT in order to join this workshop.

- Professionals who see clients in one to one sessions and wish to add DBT techniques to their set of skills or want to use full DBT with their clients where applicable.
  Papple or teams working in inpatient or community settings.
  Mental health/psychiatric nurses, social workers, occupational therapists, clinical psychologists, psychiatrists, probation officers, people working in HR or Occupational Health departments.
  Carers for people with mental health issues.

# Entry requirement

Participants are required to provide evidence of having completed an introductory course in DBT in order to join this workshop.

### Selection procedure

For more information on this course, visit the website

https://www.thelearningcurve.ie/courses/remote-l earning-advanced-dialectical-behavioural-therapy -dbt-workshop

#### Qualification

Participants will each receive a Certificate of Completion in "Advanced Dialectical Behavioural Therapy" from The Learning Curve Institute.

#### **Assessment**

n.a.

# Accreditation

Members of The Addiction Counsellors of Ireland and The Psychological Society of Ireland can earn Learning CPD points from completing this workshop.

# **Course background**

See the website for more information.

# **Course start date**

20 and 27 November 2024 | 09.30 - 16.30 (GMT+1) each day

# **Course location**

Remote learning

# **Application**

Contact The Learning Curve Institute on 098 25530 or info@thelearningcurve.ie

# Cost

€265

# REMOTE LEARNING: AN INTRODUCTION TO MOTIVATIONAL INTERVIEWING.

#### **Course Provider**

The Learning Curve Institute

#### **Address**

Rushbrook, Clogher, Westport, Co Mayo

#### Web address

https://www.thelearningcurve.ie/

#### Contact Person(s)

#### Administrator

Administrator 098 25530 info@thelearningcurve.ie

#### **Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

# Course aims and objectives

Would you or your colleagues benefit from tools to help individuals who are 'stuck' or are resistant to change? This Motivational Interviewing workshop will show you how this approach can bring about behavioural changes by assisting individuals to explore and resolve doubt and indication. It is especially helpful with individuals who are less motivated and are experiencing resistance to change.

The workshops will be delivered live using Zoom.

#### **Course content**

Participants will receive a copy of the presentation, other supporting documents and links to relevant literature by email which will

the opportunity to observe and practice Motivational Interviewing through role-plays and scenarios provided by the trainer via Zoom.

Learning outcomes:

- 1. To equip participants with the tools to be enable them to develop and build on their own counselling skills.
- 2. To build on and expand existing knowledge in relation to Motivational Interviewing within the group.
- 3. To enhance confidence in attendees' use of Motivational Interviewing skills.
- 4. To become familiar with the general principles of Motivational Interviewing:
  - Express empathy
  - Develop discrepancy
  - Roll with resistance
  - Support self-efficacy
  - Avoid arguments.
- 5. To provide space and time for participants to become familiar with Motivational Interviewing and use the following core skills:
  - Listening
  - Use of Open-ended questions? Affirming
  - · Reflective Listening

- Summarising
- Eliciting change talk

# **Target group**

The course is ideal for anyone working in addiction, counselling, human resources or in the community/voluntary sector who would like to up-skill and be trained in Motivational Interviewing from one of Ireland's leading specialist trainers in mental health, addiction and best practice in the workplace. The workshop will include some of the changes introduced in the new 4th edition of Motivational Interviewing.

# **Entry requirement**

None

# Selection procedure

See the course website for further details

https://www.thelearningcurve.ie/courses/new-remote-learning-an-introduction-to-motivational-interviewing-4th-edition

#### Qualification

n.a.

#### Assessment

n.a.

#### Accreditation

Members of The Psychological Society of Ireland and The Addiction Counsellors of Ireland can earn learning credits/CPD points from attending this workshop

# Course background

The Learning Curve Institute will distribute a unique pre-course questionnaire to each participant in order to ensure the training meets the needs of everyone in the room and is tailored to the appropriate level while also covering specific situations or scenarios as highlighted by the group. The Learning Curve Institute also offers a bespoke post course support system whereby participants are provided with the contact details of the Trainer and are free to contact them with any questions they may have.

# **Course start date**

08 and 09 October 2024 | 09.30 - 16.30 (CET -1) each day

# **Course location**

Online

# **Application**

Contact The Learning Curve

# Cost

€265

# **REMOTE LEARNING – TRANSGENDER AWARENESS**

#### **Course Provider**

The Learning Curve Institute

#### **Address**

Rushbrook, Clogher, Westport, Co Mayo

#### Web address

https://www.thelearningcurve.ie/

# Contact Person(s)

#### Administrator

Administrator 098 25530 info@thelearningcurve.ie

# Course aims and objectives

The aim of this interactive workshop is to enable participants to gain a practical understanding of best practices for working with trans people and their families. The main objective is to enable participants to understand the basic transgender and non-binary terminology and to feel more comfortable when working with trans people and their families.

At the end of this workshop participants should:

- Understand the various terminology and language that is important to transgender individuals.
- Understand trans and gender non-conforming people and the life challenges they face.
- Engage more effectively with trans and gender non-conforming people and their families
- Understand the treatment pathway process for trans people and their families in Ireland and abroad.
- Attain an understanding of some of the real-life challenges and co-existing issues experienced when working with trans people and gain practical skills to address them
- Gain an insight into misunderstandings about trans people, dispelling myths
- Adapt practical skills for helping trans people and their loved ones to find the individual pathway that is right for them.

#### **Course content**

The methodology used in this training will be a combination of the following:

Directed learning

- Group discussion and interaction
- Practical skills learning
- Suggestions for further learning and reading

# Target group

The training is suitable for managers and people leaders in corporate settings, universities, equality, diversity & inclusion teams, health professionals.

# Entry requirement

No specific entry requirements

# Selection procedure

For more information or to book, see the website

https://www.thelearningcurve.ie/courses/remote-learning-transgender-awareness-workshop-1

#### Qualification

All attendees will receive an eCertificate of Completion in "Transgender Awareness" from The Learning Curve Institute.

#### **Assessment**

See course description

#### Accreditation

Members of The Psychological Society of Ireland and The Addiction Counsellors of Ireland can receive learning credits/CPD points on completion of this workshop.

# Course background

The Learning Curve Institute will distribute a unique pre-course questionnaire to each participant in order to ensure the training meets the needs of everyone taking part and is tailored to the appropriate level, while also covering specific situations or scenarios as highlighted by the group.

The Learning Curve Institute offers a unique post course support system whereby participants are provided with the contact details of the trainer and are free to contact them with any questions they may have.

# **Course start date**

09 April 2025 | 09.30 - 16.30 (CET-1)

# **Course location**

Online

# **Application**

Contact the Learning Curve. See website for course details.

# Cost

€135

# REMOTE LEARNING: UNDERSTANDING NARCISSISM: THEORY AND PRACTICE

#### **Course Provider**

The Learning Curve Institute

#### **Address**

Rushbrook, Clogher, Westport, Co Mayo

#### Web address

https://www.thelearningcurve.ie/

# Contact Person(s)

#### Administrator

Administrator 098 25530 info@thelearningcurve.ie

#### **Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

# Course aims and objectives

Delivered by Dr. Kevin Fehin, this workshop will focus on providing participants with an understanding of narcissism, both traits and personality disorder.

The workshop aims to provide participants with an in-depth introduction to narcissism and to evidence based approaches to working with narcissism. The primary orientation of the workshop will be psychodynamic.

#### **Course content**

The workshop will explore the developmental dynamics that promote narcissism and the subsequent interpersonal dynamics that arise in adulthood. Topics such as narcissistic supply, ego fragility, shame, compensation, fantasy vs reality and the lack of mirroring so central to narcissism will be covered.

- A theoretical history of understanding narcissism
- The developmental and family dynamics that promote narcissistic traits
- An overview in evidence based interventions and relational dynamics essential to engaging with narcissistic disturbance

#### Target group

Suitable for all mental health practitioners and those with an interest in narcissism and it's impact on contemporary culture.

#### **Entry requirement**

There are no specific entry requirements for this training programme.

# Selection procedure

Click here for more information click on this link to the course

website:

https://www.thelearningcurve.ie/courses/remote-learning-understanding-narcissism-theory-and-practice-1

#### Qualification

All attendees will receive an eCertificate of Completion in 'Understanding Narcissim – Theory and Practice' from The Learning Curve Institute.

#### **Assessment**

n.a.

#### Accreditation

Members of The Psychological Society of Ireland and The Addiction Counsellors of Ireland can receive learning credits/CPD points on completion of this workshop.

#### Course background

The Learning Curve Institute was contracted by The HSE to deliver training on these topics as part of The National Addiction Training Programme and therefore possesses in depth knowledge of both the content and the training delivery.

#### Course start date

23 October 2024 | 09.30 - 16.30 (CET-1)

#### **Course location**

Online

# **Application**

Please see website or email info@thelearningcurve.ie or call 098 25530 for more information.

# Cost

€135

# A24 FOETAL ALCOHOL SPECTRUM DISORDER IN THE CLASSROOM

#### **Course Provider**

**FASD Ireland** 

#### **Address**

FASD Ireland CLG, 51 O'Connell Street, Ennis, County Clare, V95 YY19

#### Web address

https://www.fasdireland.ie/

# 065 6703096

Administrator

Contact Person(s)

https://www.fasdireland.ie/contact-us

#### **Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

# Course aims and objectives

Foetal Alcohol Spectrum Disorder (FASD) is a lifelong neurodevelopmental disability caused as a result of pre-natal alcohol exposure. This 2-hour workshop focusses on FASD in the Classroom. There is no requirement to have a child or young adult in your class, school or college to be able to attend this workshop.

#### **Course content**

We will cover:

- an overview of FASD
- how to recognise FASD in the classroom
- transition from Primary to Secondary and beyond.
- how we can support children and young people living with FASD into education, rather than out of it.
- alternative approaches and strategies to help with teaching.
- when it all goes wrong.
- where to go for help.

# **Target group**

This workshop is open to anyone working in Education in Ireland or Northern Ireland. Suitable for: SET's, SNA's, LSA's, SENCo's, Teachers and School Leadership Team working in Ireland or Northern Ireland.

#### **Entry requirement**

You will be asked to provide your school location and email address when registering for a place.

# Selection procedure

Contact FASD Ireland or visit their website: <a href="https://www.fasdireland.ie/workshops">https://www.fasdireland.ie/workshops</a>

#### Qualification

n.a.

#### **Assessment**

n.a.

#### **Accreditation**

n.a.

# Course background

The workshop has been part-funded by St Francis Credit Union, Co Clare.

#### Course start date

22 October 2024, 6 - 8pm

#### Course location

Online

# **Application**

Visit FASD Ireland website

#### Cost

Free

# AN INTRODUCTION TO FASD

#### **Course Provider**

**FASD Ireland** 

#### **Address**

FASD Ireland CLG, 51 O'Connell Street, Ennis, County Clare, V95 YY19

#### Web address

https://www.fasdireland.ie/

# Contact Person(s)

#### Administrator

065 6703096 https://www.fasdireland.ie/contact-us

#### **Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

# Course aims and objectives

Foetal Alcohol Spectrum Disorder (FASD) is a lifelong neurodevelopmental disability caused as a result of pre-natal alcohol exposure. This 2-hour session will be an introduction into FASD and cover a number of areas, including:

- an overview of FASD
- details of effects of prenatal alcohol exposure
- the impact of FASD on children, young people and their families
- how we can support children and young people living with FASD
- alternative approaches and strategies to parenting/caring
- barriers, signs and symptoms
- navigating education

#### **Course content**

This session will incorporate an introduction to the NVR (Non-violent Resistence) programme. NVR is designed to empower parents and carers to build a new authority and to resist engaging in conflict with a child/young person — and can often be useful when parenting, caring or supporting a child or young person with FASD.

# **Target group**

This session is open to parents and carers who would like to know more about FASD, it is also open to those who work with children and young people – regardless of profession.

# **Entry requirement**

n.a.

#### Selection procedure

Contact FASD Ireland or visit their website <a href="https://www.fasdireland.ie/workshops">https://www.fasdireland.ie/workshops</a>

#### Qualification

n.a.

#### Assessment

n.a.

#### Accreditation

n.a.

# Course background

Presented by: Tristan Casson-Rennie, CEO of FASD Ireland

#### Course start date

12 September 2024, 10am - 12.30pm; or 10 October 2024, 10am - 12.30pm; or 21 November 2024, 10am - 12.30pm.

#### Course location

Online

# **Application**

Contact FASD Ireland

#### Cost

Person living with FASD / Parent / Carer €25.00 plus VAT and Eventbrite fee. Professional - €40.00 plus VAT and Eventbrite fee.

# RISKS OF WORK ADDICTION – THE IMPACT ON PHYSICAL AND MENTAL HEALTH [online]

#### **Course Provider**

**EAP Institute** 

#### **Address**

143 Barrack Street, Waterford

#### Web address

http://www.eapinstitute.com

# Contact Person(s) Director EAP Institute

+353 51 855733 maurice@eapinstitute.com

# Course aims and objectives

Contact the EAP for course details.

#### **Course content**

No details provided.

# **Target group**

Those interested in the topic.

# **Entry requirement**

n.a.

# Selection procedure

For further information about the course, visit the website course page

https://eapinstitute.com/events/work-addiction/

#### Qualification

n.a.

#### **Assessment**

n.a.

# **Accreditation**

n.a.

# Course background

n.a.

# Course start date

Thursday, May 23, 2024, 2 - 5pm

# **Course location**

Online.

# **Application**

See course website.

#### Cost

Fee €125. Early booking fee of €99 before Thursday 9th of May.

# HSE INTENSIVE SMOKING CESSATION TRAINING AND ASSESSMENT PROGRAMME [online]

#### **Course Provider**

Health Service Executive

#### **Address**

Health Promotion Service, 1st floor, Unit 4, Nexus Building, Blanchardstown Corporate Park, Dublin 15

#### Web address

# Contact Person(s) Fiona Walsh Maher

021 4921641 fiona.walsh4@hse.ie

# Course aims and objectives

Providing behavioural support, either alone or in combination with pharmacological interventions, increases the chances of long-term smoking cessation and should continue to be provided to all smokers who would like to avail of this option to help them guit (HIQA, 2017).

The HSE provides an online training and assessment programme designed to develop the competencies (knowledge & skills) required by specialist tobacco cessation practitioners. The training programme provides staff with a good understanding of the factors involved in smoking and smoking cessation and will link this theoretical understanding to professional practice. The training programme includes the information required to pass the practitioner assessment and receive full HSE/NCSCT certification as a tobacco cessation specialist practitioner. Practitioners accessing this intensive smoking cessation training programme are recommended to firstly complete the level 1 Making Every Contact Count online training.

#### **Course content**

The HSE intensive smoking cessation training and assessment programme was developed by the National Centre for Smoking Cessation Training UK (NCSCT) and is based on research into what competencies (skills and knowledge) are required by smoking cessation specialists. NCSCT carried out research to identify a set of behaviour change techniques (BCTs) that are used when providing behavioural support for smoking cessation. This research established which of these techniques has the strongest evidence. The research was supplemented by a systematic analysis of guidance documents on

competences required for the role of smoking cessation specialists/counsellors.

See the HSE webpage outlining information about the

training

https://www.hse.ie/eng/about/who/tobaccocontrol/intensive-smoking-cessation-training/

The link to the Irish online intensive tobacco cessation training course is at <a href="https://elearning.ncsct.co.uk/ireland">https://elearning.ncsct.co.uk/ireland</a>

# **Target group**

Our specialty modules give practitioners working in specialised areas the additional knowledge and skills to work with particular groups of smokers. The courses are open to NCSCT Certified Stop Smoking Practitioners, who have taken the training and passed the assessment. If you would like to undertake the pregnancy and mental health specialty modules, please click on the links on the right. In addition we have three training modules that are open to all:

- Brief Advice (BA) on Smoking
- Brief Advice (BA) on secondhand smoke
- Stop smoking medications.

# **Entry requirement**

This course is designed for health professionals.

# Selection procedure

See website for more details: www.hse.ie/bitobacco

#### Qualification

n.a.

# **Assessment**

n.a.

# **Accreditation**

n.a.

# **Course background**

n.a.

# **Course start date**

Contact course coordinator

# **Course location**

Online training

# **Application**

Please see the website for details or contact TFI@hse.ie.

# Cost

n.a.

# PCI IN-SERVICE TRAINING PROGRAMME

#### **Course Provider**

PCI College

#### **Address**

Corrig House, Old Naas Road, Clondalkin, Dublin 22

#### Web address

https://www.pcicollege.ie/

# Contact Person(s) Administrator

(353) 01 4642268 enquiries@pcicollege.ie

# Course aims and objectives

PCI College provide tailor-made training programmes designed to the specific needs of clients in the health and helping professions and also to community, voluntary and commercial organisation.

For course information visit <a href="https://www.pcicollege.ie/page/art/293/0">https://www.pcicollege.ie/page/art/293/0</a>

#### **Course content**

Training and awareness programmes can be provided on workplace related issues including:

- Mental health & well being
- Boosting confidence
- Managing stress
- · Dealing with employee grief
- Critical incident stress management
- · Coaching and mentoring
- Mediation

Courses can be provided for government bodies, professional groups or community organisations:

- Foundation in counselling & psychotherapy
- Dip & BSc in counselling & psychotherapy
- Dip & BSc in addiction counselling
- Adv Dip in supervision
- Adv Dip in supervision for coaches
- Dip in suicide studies
- Prof Cert in cognitive behaviour therapy
- Prof Cert in addictive behaviours
- Cert in brief therapy
- Cert in advanced psychodynamics
- Cert in group therapy
- Cert in art therapy
- Cert in sexual abuse & dysfunction
- Cert in substance addictions
- Cert in workplace counselling
- Cert in conflict management
- Cert in pastoral/spiritual counselling

- Cert in drug abuse in Ireland
- Cert in sexual addictions
- · Cert in dual diagnosis

# **Target group**

Interested organisations.

# Entry requirement

n.a.

#### Selection procedure

n.a.

#### Qualification

See course details

#### **Assessment**

See course details

#### Accreditation

See course details

# Course background

In service training has been provided for a number of years.

#### Course start date

Training courses are offered 7 days a week, anywhere in the Ireland, we will meet your requirements.

# **Course location**

In client organization

# **Application**

See PCI website for details.

#### Cost

Contact PCI

# DRUG PREVENTION TRAINING FOR TRAINERS: INTRODUCING ENVIRONMENTAL EDUCATION AS A RESOURCE.

# **Course Provider**

**ECO-UNESCO** 

#### **Address**

'the greenhouse', 17 St., Andrew St., Dublin 2

#### Web address

http://www.ecounesco.ie

# Contact Person(s)

# Armin Krautgasser

Drugs Education Officer 01 662 5491 training@ecounesco.ie

# Course aims and objectives

By the end of the training participants will:

- Be confident in developing an alternative approach to drug misuse prevention through environmental education
- Be confident in facilitating life skill development in young people using interactive education methodologies and motivational activities
- Be able to facilitate personal development in young people through their engagement with the environment (practical project work)
- Be confident and able to use the ECO-CHOICES resource pack (incl. in training fee)

#### **Course content**

This short course explores an alternative approach to drug misuse prevention using environmental education as a resource for positive personal development of young people.

# **Target group**

Community workers, youth workers. This training is particularly suited for those working with "at-risk" young people and SPHE teachers.

# **Entry requirement**

Participants do not need to have any prior experience or training.

# Selection procedure

For more information on the course, see

https://ecounesco.ie/eco-unesco-s-drug-prevention-training-for-trainers-introducing-environmental-education-as-a-resource/

#### Qualification

n.a.

#### Assessment

n.a.

#### Accreditation

n.a.

# Course background

This training was first run in 2006.

#### Course start date

Please contact ECO UNESCO for future dates.

## **Course location**

ECO-UNESCO - 9 Burgh Quay, Dublin 2

# **Application**

Details from training@ecounesco.ie or 01 662 5491 or see website for booking form

#### Cost

ECO-UNESCO members - €70; Community and voluntary sector - €80; Statutory and others - €90 (includes ECO-CHOICES resource pack) Two people from the same organisation pay €100

# **DUBLIN NORTH EAST TASK FORCE COURSES**

#### **Course Provider**

Dublin North East Drugs and Alcohol Task Force

#### **Address**

The Mornington Centre, 44A Malahide Road, Artane Roundabout, Artane, Dublin 5.

#### Web address

http://www.dnetaskforce.ie/

# Contact Person(s) Training co-ordinator

01 846 5070 reception@dnetaskforce.ie

# Course aims and objectives

The Task Force offers training and education opportunities for service users, families of service users and staff working in community based drugs targeted services within the Task Force area. The range of courses on offer is dependent on funding available to the Task Force.

#### **Course content**

- We help with the development and delivery of Drugs Awareness Programmes in local schools and youth projects.
- We provide drugs education and awareness programmes for parents on a range of issues.
- We offer support to parents and, where necessary, provide information on useful services and agencies offering counselling, family therapy and other supports.
- We work in partnership with community drug programmes, teachers and Home School Community Liaison Officers in the area.
- We continue to deliver substance use programmes as a support to the Walk Tall and Social Personal and Health Education programmes at primary and post-primary levels.
- In conjunction with relevant agencies, we continue to support schools with the development, implementation and review of school substance use policies.
- We offer information and training on substance use and related issues to community and youth workers that are based in the catchment area.
- We act as an information resource in the Dublin North East region providing high quality and up to date information on drugs and other relevant issues.

Courses include: Diploma in addiction studies and Strengthening families programme

# **Target group**

Those living or working in the Dublin North East region.

# **Entry requirement**

Not applicable

# Selection procedure

Contact the education team. See website for more details

https://www.dnetaskforce.ie/training.aspx

#### Qualification

Not appllicable

#### **Assessment**

n.a.

#### Accreditation

n.a.

# Course background

See website for more information.

#### Course start date

Contact the education team for dates of courses

#### **Course location**

The Mornington Centre, 44A Malahide Road, Artane, Dublin 5

# **Application**

See online

#### Cost

Contact the education team

# NON VIOLENT RESISTANCE COURSE FOR PARENTS AND CARERS

#### **Course Provider**

Western Regional Drugs and Alcohol Task Force

#### **Address**

Unit 6, Galway Technology Park, Parkmore, Galway

#### Web address

http://www.wrdatf.ie/

# Contact Person(s)

Western Regional Drugs Task Force

091 480056 training@wrdtf.ie

# Course aims and objectives

- Are you caught in a cycle of arguing, punishing, pleading or fighting with your teenager or young adult?
- Do you find that you are walking on eggshells around them?
- Do you feel powerless over this situation?
- This is the reality for many families.

#### **Course content**

Find out more about this free 7 week programme for parents/ carers by contacting Maria Powers 087 6955557

# **Target group**

NVR is for parents or carers who are experiencing child to parent violence, intimidation, emotional abuse or controlling behaviour.

# **Entry requirement**

n.a.

#### Selection procedure

See the WRDATF website for more information <a href="https://www.wrdatf.ie/training.php">https://www.wrdatf.ie/training.php</a>

#### Qualification

n.a.

#### **Assessment**

n.a.

#### **Accreditation**

n.a.

#### Course background

NVR is delivered by WRDATF Family Support Workers

#### Course start date

20, 27 May, 10, 17, 24 June, 1 and 15 July 2024

#### **Course location**

This is a 7 week programme. Each online session is 1hr 15 min

# **Application**

Complete the general booking form, which can be found in the WRDTF training calendar.

## Cost

Free

# **Human Rights and Drug Use**

#### **Course Provider**

Pompidou Group, Council of Europe

#### **Address**

Avenue de l'Europe F-67075 Strasbourg Cedex, France

#### Web address

https://www.coe.int/en/web/pompidou

# Contact Person(s) Administrator

n/a n/a

# Course aims and objectives

This course is a comprehensive compilation of relevant legal standards, human rights principles, and case law of the European Court of Human Rights, aiming to bridge the gap between drug policy and human rights education. It is primarily designed for legal professionals (judges, prosecutors, lawyers) but is also relevant for members of national Human Rights institutions, policymakers and decision-makers who apply the normative framework and policies, and practitioners in the criminal justice system, including prison and probation staff, prison directors and managers.

#### **Course content**

This course consists of 4 modules, combining subjects on both drug policies and human rights principles:

Module 1 - Definitions, key concepts and sources of human rights

Module 2 - Human rights and drug use in practice

Module 3 - Human rights aspects concerning health and treatment

Module 4 - Human rights aspects at different stages of the administration of justice

#### **Target group**

# **Entry requirement**

Log in to the site | Council of Europe HELP

#### Selection procedure

#### Qualification

#### **Assessment**

#### Accreditation

# Course background

On 10 March 2025, the Pompidou Group organised a side event at the 68th session of the Commission on Narcotic Drugs (CND) of the United Nations titled "Aligning drug and addiction policies with human rights commitments and obligations", where the course was officially presented to the international community.

#### Course start date

#### Course location

Online -

https://help.elearning.ext.coe.int/login/index.php

# **Application**

#### Cost

Courses generally providing certificates at around NFQ level 5 or 6. (National framework of qualifications)

# B01 SUBSTANCE USE ISSUES IN YOUTH AND COMMUNITY WORK

#### **Course Provider**

Community Outreach Drug and Alcohol Project – Cork City Partnership

#### **Address**

Cork City Partnership Ltd. Level 1, Heron House Blackpool Retail Park Blackpool Cork City Telephone: 021–4302310

Web address

http://www.corkcitypartnership.ie

# **Contact Person(s)**

# Jacqueline Daly

Community Development / Drug & Alcohol Worker 087 1962030 jdaly@partnershipcork.ie

# Course aims and objectives

The evening course is designed to promote good practice among those who work (in a paid or voluntary capacity) with young people and communities who are affected by various issues.

#### Course content

Modules: Understanding Community
Development 5N1901 & Substance Use Issues
for Youth Work 5N2176.

The course aims to provide a critical perspective on some of the issues that affect young people and their communities and encourages the development of coherent responses at individual and organisational level. The components (Understanding Community Development and Substance Use Issues) should support the ability of learners to work safely and effectively in youth and / or community work settings. The programme also aims to provide the participants with the necessary knowledge regarding applicable supports systems, both within and outside their communities.

# Target group

Those interested in the topic.

# **Entry requirement**

Participants will be asked to complete a registration form to demonstrate eligibility and can include: • People living in disadvantaged communities • People impacted by educational disadvantage • People living in jobless households or households where the primary

source is lowpaid and/or precarious • People who are long term unemployed • International Protection Applicants • People with disabilities • Heads of One-parent Families • Travellers • Roma • Island residents • People with a criminal history • Refugees. Eligible participants must live in Cork City – New Boundary

# Selection procedure

Interviews will be held. For more information see:

https://corkcitypartnership.ie/2024/01/community-education-autumn-brochure-2022-cork-city-partnership/

#### Qualification

Graduates will receive a QQI Level 5 Combined Component Award.

#### Assessment

A variety of continuous assessment models will be employed and at least 80% attendance at the course is essential.

#### Accreditation

NFQ

# Course background

n.a.

#### Course start date

The course will be run over a one year academic period on a Tuesday evening from September to April (20 weeks) online and onsite in the Cork College of FET (Night Classes), Cork City.

# **Course location**

Online and Cork College of Commerce, Morrison's Island Cork City

# **Application**

Contact Jacqueline Daly on 021 4302310 / 087 1962030 or jdaly@partnershipcork.ie for application form.

# Cost

€130. Subject to change.

# **UNDERSTANDING SUBSTANCE MISUSE**

#### **Course Provider**

North West Regional College

#### **Address**

Strand Road, Derry BT48 7AL

#### Web address

http://www.nwrc.ac.uk/

# Contact Person(s)

# Susan McGrory

Course Director 028 71 276519 susan.mcgrory@nwrc.ac.uk

# Course aims and objectives

This qualification is designed for learners who wish to develop their knowledge and understanding of substance misuse in order to:raise awareness of substance misuse and its consequences improve the knowledge, awareness, understanding and effectiveness of those currently working in the field of substance misuse or supporting people involved in substance misusework to prevent substance misuse.

#### **Course content**

This is a part time course of 15 weeks duration. This qualification does not lead directly to an employed role. However, the knowledge gained would be useful in a variety of settings, both professional, paraprofessional and personal, for example: supporting those working in Tier 1 services by providing an overview of the subject enhancing understanding of those already working therapeutically eg counsellors, support workers, key workers benefiting parents and carers by virtue of increased knowledge and awareness helping and supporting others either in a voluntary or employed capacity.

#### Target group

Those who wish to develop their knowledge and understanding of substance misuse.

# **Entry requirement**

No previous training or experience required. This qualification is not suitable for those who are currently in a state of severe emotional difficulty and/or severe psychological distress. Centres need to ensure that all potential candidates are madeaware of the nature of the course, and in particular that the course involves experiential elements which will involve some personal disclosure and associated personal

developmental activities.

# Selection procedure

See website for more details

https://www.nwrc.ac.uk/courses/understanding-substance-misuse-usm-l2-level-2-award

#### Qualification

CPCAB Level 2 Award in Understanding Substance Misuse (USM-L2) (Northern Ireland)

#### **Assessment**

As per curriculum.

#### Accreditation

n.a.

#### Course background

See website for more courses from Norther West Regional College <a href="https://www.nwrc.ac.uk/">https://www.nwrc.ac.uk/</a>

# Course start date

This course may be available again from September 2024.

#### **Course location**

North west Regional College, Strand Road Campus, Derry, Northern Ireland.

# **Application**

See college website for application details.

#### Cost

See prospectus for up to date fees (£48 for full fee; £30 concession). Examination £60)

# CERTIFICATE IN COUNSELLING AND PSYCHOTHERAPUETIC STUDIES

#### **Course Provider**

**IICP Education and Training** 

#### **Address**

Killinarden Enterprise Park, Killinarden, Tallaght, Dublin 24

#### Web address

http://www.iicp.ie

#### Contact Person(s)

Marcella Finnerty

Course Director 01 260 0805 / 086 260 9989 marcella@iicp.ie

# Course aims and objectives

This is an introductory course for those who are seeking to develop their awareness and understanding in the field of counselling and psychotherapy. This course also serves as a foundation course for those seeking entry onto a diploma course in counselling and psychotherapy.

#### Programme aims:

- To introduce learners to a practical cutting-edge approach to mental health care and counselling;
- To encourage psychological wellbeing within the programme and empower and encourage support networks;
- To provide a warm and challenging environment where students can learn and grow;
- To enable learners to begin to develop a clear and transparent understanding of counselling and psychotherapy that is congruent with the principles associated with bone fide helping professionals; and
- Encourage learners to view this course in the context of lifelong learning and personal as well as professional development.

# **Course content**

The programme is highly interactive and taught through role-play, lectures, group work and audio/video presentations. Participants will have the opportunity to produce and participate in individual written assignments, group projects and group work.

#### Module:

1. Introduction to counselling and psychotherapy: This module aims to give the learner a broad introduction to the field of counselling and psychotherapy and the main approaches therein. Learners will have the opportunity to explore various definitions in

counselling and psychotherapy, understand the historical developments, appreciate how the need for therapy has evolved at a societal level and understand how theories aid a therapist in understanding human behaviour, emotions, unconscious factors, motivation and making sense and meaning of life experiences. Learners will also be given an overview of the models of Choice Theory and Reality Therapy, Person Centred Counselling and Multicultural approaches.

- 2. Introduction to counselling skills: This module aims to introduce the learner to the basic and intermediate skills of counselling. Learners will be coached in a range of key skills that will facilitate effective listening within the helping relationship. Learners will explore the characteristics of an effective listener, understand the core conditions of empathy, congruence and unconditional positive regard within the helping relationship and become increasingly aware of listening blocks. Learners will have the opportunity to practice listening skills with peer learners throughout this module.
- 3. Introduction to personal development: This module aims to enable learners to increase their levels of self awareness of their own personal development within the context of becoming a helper. Learners will explore their levels of self-awareness and how this relates to becoming an effective helper in the caring profession. Accurate and sensitive self-awareness underpins any type of helping relationship, as the main instrument for becoming a helper/therapist is the person themselves.

# **Target group**

This programme is suitable for those seeking to pursue their awareness and development in the field of counselling and/or who work in the helping/caring professions.

# **Entry requirement**

- Applicants should be able to articulate their interest in the therapeutic field and their reasons for pursuing this course of study; and
- Produce evidence of prior educational attainment (see application form for further details)

Entry onto the certificate programme is through application and interview. Selection procedures will apply.

# Selection procedure

See the course webpage at <a href="https://www.iicp.ie/courses/certificate/">https://www.iicp.ie/courses/certificate/</a>

#### Qualification

QQI Minor Certificate in Integrative Counselling and Psychotherapeutic Studies (NFQ Level 6)

#### **Assessment**

Assessments will include practical work, individual and group projects and written assignments.

# **Accreditation**

Institute of Integrative Counselling and Psychotherapy

# Course background

Course was developed in response to requests from those seeking to pursue a foundation course in counselling and/or those who wished to develop their understanding of counselling for their personal and/or professional development.

#### Course start date

Starting March 2024 – Online, Starting June 2024 – Blended Learning See website for future dates.

#### **Course location**

Killinarden Enterprise Park, Dublin 24 or online

#### **Application**

Application form available from contact persons or IICP website listed above.

#### Cost

€1,300 (inclusive of QQI registration fee of €50.)

# PROFESSIONAL CERTIFICATE IN COGNITIVE BEHAVIOUR THERAPY

#### **Course Provider**

PCI College

#### **Address**

Corrig House, Old Naas Road, Clondalkin, Dublin 22

#### Web address

https://www.pcicollege.ie/

# Contact Person(s) Administrator

(353) 01 4642268 enquiries@pcicollege.ie

# Course aims and objectives

You will learn to observe, assess, evaluate, and formulate treatment using the client's environmental influencers as well as their thoughts, moods and emotions, and behaviour. The approaches presented are usable, up-to-date and strongly evidence-based.

#### **Course content**

Course content:

Day 1: Foundation level theory and practice

Day 2: Behavioural & cognitive strategies in CBT

Day 3: Depression - a cognitive behavioural approach

Day 4: Anxiety - a cognitive behavioural approach

Day 5: Integration/assessment day

Workshops can be taken individually, or combined to make up the requirements for the Certificate Course. There is no time limit to complete the course.

#### Target group

For helping professionals (with therapeutic experience) who want to gain the knowledge and skills necessary to incorporate CBT into their practice.

# **Entry requirement**

Applicants will ideally have a professional qualification in counselling, psychotherapy, or similar – accreditation is not necessary. Students currently in training will be considered, on the understanding that the certificate qualification cannot be used until they have qualified.

Additional requirements (before integration day): 20 hours of work with clients using CBT & 3 sessions with a qualified supervisor to review your client work.

# Selection procedure

For more information please visit

https://www.pcicollege.ie/cpd-course/cognitive-behaviour-therapy

#### Qualification

Participants must attend all days for a certificate in cognitive behaviour therapy.

#### Assessment

As per syllabus. Additional Course Requirements: (Before Integration Day): 20 hours of work with clients using CBT and 3 sessions with a qualified supervisor to review your client work

#### Accreditation

PCI College

# Course background

See website for more details.

#### Course start date

30 hour programme over 5 days. Next start date to be confirmed. Please call 01-464 2268 or email info@pcicollege.ie to add your name to the Waiting List.

#### **Course location**

Dublin. This course can also be provided as in-service training for government bodies, professional groups or community organisations.

#### **Application**

Application forms by email or online.

#### Cost

Cost of Days 1 & 2 - €235; Cost of Days 3,4 and 5\* - €445. Full Price: €640 (Save €40). PCI College Graduate & Student Full Price\*: €580 \*PCI College Student rate applies to BSc Degree

and Postgraduate students only. Days 1 and 2 must be taken together. Students who have completed the PCI College module in Advanced CBT (Year 4 of BSc Degree) or equivalent\* are entitled to an exemption on Day 1 & Day 2 of this Certificate. Requests for exemptions must be made in advance of starting the course. No exemptions are granted for Day 3, 4 & 5 of the course.

# MINDOUT: MENTAL HEALTH PROMOTION PROGRAMME FOR OUT OF SCHOOL SETTINGS.

#### **Course Provider**

National Youth Council of Ireland

#### **Address**

3 Montague Street Dublin 2 Ireland

#### Web address

http://www.youth.ie/training

#### Contact Person(s)

#### Training Administrator

Training Administrator 01-478 4122 training@nyci.ie

# Course aims and objectives

The training is based on the resource MindOut which has been developed by Health Promotion HSE West and NUI Galway. MindOut is a twelve-session mental health programme which takes a positive approach to the promotion of emotional and mental health among young people. The emphasis is on giving time to young people to explore what challenges their mental health and looking at the ways they cope ranging from personal coping skills to informal networks of support to professional or voluntary support services. All participants will receive a copy of the MindOut resource pack and Good Habits of Mind support pack.

#### **Course content**

Training for the resource is carried out over three days. Following training day one and two participants begin to implement the programme. Participants then return 6 weeks later for day three which includes a review, self-care for the tutors and organisational issues.

# Learning content:

- Expressing feelings
- Gender differences in coping behaviour
- Dealing with rejection and depression
- Seeking help
- · Coping strategies and resilience
- The importance of social support
- Positive self-talk

# **Target group**

Designed for anyone working with young people in a youth work, out-of-school or non-formal education setting.

# **Entry requirement**

n.a.

# Selection procedure

For more course information visit

http://www.youth.ie/nyci/Mindout-Mental-Health-Promotion-Programme-Out-School-Settings

#### Qualification

n.a.

#### **Assessment**

n.a.

# Accreditation

n.a.

# Course background

n.a.

#### Course start date

Contact NYCI for future dates.

#### **Course location**

Various locations

# **Application**

Obtain an application form online or by contacting NYCI's Training Administrator on 01 4784122 or e-mail training@nyci.ie

#### Cost

Free of charge.

# YOUTH STUDIES & COMMUNITY DEVELOPMENT

#### **Course Provider**

Liberties College

#### **Address**

Liberties College, Bull Alley Street, Patrick Street, Dublin 8

# Web address

http://www.libertiescollege.ie

# Contact Person(s)

#### Course administrator

Department Head: Counselling and General Information 01 454 0044 info@liberties.cdetb.ie

# Course aims and objectives

A course suitable for people seeking initial training in Youth and Community Work and those with some experience who wish to undertake structured training to develop and consolidate their skills. This programme is supported by City of Dublin Youth Services Board and The National Youth Council of Ireland.

Features: Students address, both theoretically and practically, the personal and social issues that impact on young people and their communities e.g. drug abuse, social exclusion, poverty and unemployment. Specialist workshops: Child Protection Training in conjunction with the City of Dublin Youth Service Board.

#### **Course content**

Principal areas of study:

- Substance use issues in youth work
- Social justice principles
- · Personal effectiveness
- Word processing
- Communications
- Young people in society
- Working with young people
- Community development practice
- Understanding youth work
- Work experience

# **Target group**

People seeking initial training in Youth and Community Work and those with some experience who wish to undertake structured training to develop and consolidate their skills.

# **Entry requirement**

n.a.

#### Selection procedure

For more information visit course website

https://libertiescollege.ie/courses/youth-studies/

#### Qualification

QQ Level 5 Youth studies & community development

#### Assessment

Project work and continuous assessment

# **Accreditation**

QQ Level 5

#### Course background

Employment in a variety of local authority, charity & voluntary settings. Youth & Community roles can include family support, building youth life skills, event planning, group liaison (e.g. with performing arts), social justice advocacy and education.

#### Course start date

September each year.

#### **Course location**

Liberties College, Bull Alley Street, Dublin 8

#### **Application**

Application form available online

#### Cost

€50. Optional workshops incur additional costs

# **APPLIED SOCIAL STUDIES - YOUNG ADULTS**

#### **Course Provider**

Liberties College

#### **Address**

Liberties College, Bull Alley Street, Patrick Street, Dublin 8

#### Web address

http://www.libertiescollege.ie

# Contact Person(s)

#### Course administrator

Department Head: Counselling and General Information 01 454 0044 info@liberties.cdetb.ie

# Course aims and objectives

Applied Social Studies – young adults - This is a broad academic introduction to social studies and social care. As an access programme this course caters particularly to those who wish to progress to Higher Education or further professional training.

#### **Course content**

Principal areas of study

- Social Studies
- Psychology
- Intercultural Studies
- Communications
- Work Expierence
- Equality and Disability
- English Literature / Working With Groups/ Personal Effectiveness
- Word Processing
- Human Growth and Development
- Substance Use

# **Target group**

Those with an interest in this area.

#### **Entry requirement**

- You should be at least 17 years of age.
- One references must be uploaded to your online application page.
- Leaving Certificate standard is required; or Pass Level (120 credits) in the Leaving Certificate Applied. Individual courses may have specific additional requirements. These will be outlined in the course descriptions for each course.
- Relevant work experience or training will be considered.

# Selection procedure

For more information see application form <a href="https://libertiescollege.ie/courses/applied-social-studies-young-adults/">https://libertiescollege.ie/courses/applied-social-studies-young-adults/</a> or Liberties College website <a href="http://www.libertiescollege.ie/">http://www.libertiescollege.ie/</a>

#### Qualification

QQI Level 5 Applied Social Studies & Occupational First Aid Certificate

#### **Assessment**

Project and continuous assessment

#### Accreditation

Liberties College

# Course background

There is also a course for mature students. http://www.libertiescollege.ie/courses/applied-social-studies-mature-students/

#### Course start date

September, full time over one year.

#### Course location

Liberties College, Dublin

#### **Application**

Please return the application form (see website link above) Admissions Office, Liberties College, Bull Alley, D8

# Cost

Apply to Liberties College.

# STRENGTHENING FAMILIES PROGRAMME

#### **Course Provider**

Blanchardstown Local Drugs and Alcohol Task Force

#### **Address**

2nd Floor, Parkside, Main Street, Mulhuddart, Dublin 15

#### Web address

https://blanchardstowndrugstaskforce.ie/

#### Contact Person(s)

# Training administrator

Community Development Worker 01 824 9590

https://sfpcouncilireland.ie/contact/ [web form]

# Course aims and objectives

SFP involves not just parents or children alone, but the whole family. It is a 14 week skills enhancing programme. It is an inter-agency initiative, delivered by a range of community, statutory and voluntary local services in Blanchardstown which is managed and funded by Blanchardstown Local Drugs and Alcohol Task Force.

# **Course content**

The SFP curriculum includes three courses (Parent skills training, Teen skills training and Family life skills training) that involves the whole family in three classes run on the same night once a week for 14 weeks.

There is also an Irish directory to find Strengthening Families Programmes in your area

https://sfpcouncilireland.ie/strengthening-families/sfp-directory/

# **Target group**

The Strengthening Families Program (Kumpfer & DeMarsh, 1989; Kumpfer, DeMarsh, & Child, 1989) is an evidence-based 14-week family skills training program for parents and their teenagers (Age 12-16) in three classes run on the same night once a week.

Crèche facilities and child care is provided for younger children in family (aged 1-5yrs) and youth group is provided for children aged 6-11yrs.

# **Entry requirement**

Referrals can come from many different sources: self-referral, schools, School completion Programmes, Youthreach, Social Workers, JLOs, Family services, Youth services, Child & Family

Services, Garda Youth Diversion Projects, Community Mental Health Centres, Housing Projects, Drug Treatment Centres, Community Drug Teams, Probation, Rehabilitation Projects and other local agencies

# Selection procedure

https://www.ballymunlocaldrugstaskforce.ie/sfp#w ho

#### Qualification

n.a.

#### **Assessment**

n.a.

#### Accreditation

n.a.

#### Course background

SFP is a family based Programme which aims to improve parenting and family functioning by strengthening the family

Strong families reduce risk for many adverse behaviors in children & teens; substance abuse, teen pregnancy, school failure, aggression and delinquency.

#### Course start date

Contact Blanchardstown LDATF for details of upcoming courses.

# **Course location**

Blanchardstown, Dublin

#### **Application**

Contact Blanchardstown LDATF

# Cost

Free of charge

# **COMMUNITY ADDICTION STUDIES**

#### **Course Provider**

Waterford College of Further Education

#### **Address**

Parnell Street, Waterford

#### Web address

http://www.wcfe.ie/jcms/

# Contact Person(s)

# Philip Deegan

Director of Adult Education 051 874053 pdeegan@wcfe.ie or wcfeinfo@wwetb.ie

# Course aims and objectives

This course will benefit those with an interest in the care, diagnosis and treatment of addiction. The course is a springboard to higher education courses in Social Studies, Health Care, Community Studies, Counselling and Psychology, Psychotherapy and Addiction Counselling.

#### **Course content**

Work experience placement in a related vocational area is an integral part of this course. Students must obtain one day per week work experience for the academic year. There will also be one week of block placement in the first and second terms.

#### **Target group**

Progression: The full QQI Level 5 Certificate facilities entry, on a competitive basis, to a range of third level institutions nationwide. Further details are available from the relevant institutions. Progression to Advanced Social Care in WCFE is also possible, specific progression pathways to WIT are agreed.

# **Entry requirement**

Minimum entry requirements:

- Leaving Certificate/Leaving Certificate Applied or equivalent
- Successful completion of interview
- Applications from mature students will be considered
- Applicants will be required to undertake Garda Vetting
- Written references

# Selection procedure

See course website

http://www.wcfe.ie/Page/Community-Addiction-St

# udies--Evening-Course/66209/Index.html

#### Qualification

QQI Level 5 - Social and Vocational Integration (5M2181)

#### Assessment

n.a.

#### Accreditation

QQI

# Course background

For more information

visit

https://www.fetchcourses.ie/course/finder?sfcw-courseId=416352

See locations of Community Addiction Studies courses on this

website

https://www.fetchcourses.ie/course/finder?search =1&view=0

#### Course start date

One year course. Contact WCFE for details.

#### Course location

Waterford

# **Application**

Check website for details.

# Cost

€300. But other fees may apply.

# COMMUNITY ADDICTION STUDIES COURSE QQI Award (Minor) Level 5

### **Course Provider**

Urrus/The Ballymun Youth Action Project

### **Address**

Horizons Centre, Balcurris Road, Ballymun, Dublin 11

### Web address

https://byap.ie/services/urrus

# Contact Person(s) Administrator

01 846 7980 / 01 842 5726 urrus@byap.ie

# Course aims and objectives

The purpose of the Community Addiction Studies Course is to enable people to:

- Learn about drugs and their effects
- Develop an understanding of addiction
- Examine their own attitudes
- Become more effective in their personal responses
- Explore the effects of drug mis-use on the family
- Develop the skills and knowledge to become more effective in responding to drug misuse in their own communities

### **Course content**

- Pharmaceutical information on drugs & their effects
- Process of addiction
- How addiction effects individuals, families, communities
- Social analysis
- · Media analysis
- Personal development
- How individuals and communities can respond
- Field visits to drugs services

### **Target group**

Community members who feel they would like to be more effective when it comes to drug/alcohol issues. There are no education requirements to be part of this course, only a willingness to learn.

# **Entry requirement**

Prospective students need to be available to engage in learning and study on the days indicated for each programme. It is essential that students have computer and internet access to engage with the learning.

# Selection procedure

Application committee selects participants based on written application and interview. See webpage: <a href="https://byap.ie/services/urrus">https://byap.ie/services/urrus</a>

### Qualification

QQI Award (Minor) Level 5.

### **Assessment**

Assessment is carried out throughout the course.

### Accreditation

**QQI** Award

# Course background

n.a.

### Course start date

September. This course runs over ten weeks (one-day each week) or over 20 weeks (one evening each week).

### **Course location**

Ballymun, Dublin

# **Application**

Contact URRUS. 01 8467980. email urrus@byap.ie or see website www.byap.ie.

### Cost

€200. Category 2 - Ballymun Local Drugs Task Force Area - €70

# **B11**

# **PUTTING THE PIECES TOGETHER**

### **Course Provider**

Western Regional Drugs and Alcohol Task Force

### **Address**

Unit 6, Galway Technology Park, Parkmore, Galway

### Web address

http://www.wrdatf.ie/

# Contact Person(s) Western Regional Drugs Task Force

091 480056 training@wrdtf.ie

### **Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

# Course aims and objectives

Putting the Pieces Together is a training manual that was developed by the WRDATF to harness an integrated approach to working with young people, parents and communities on the subject of drugs and alcohol. The in-person session in early October takes place in Galway.

The other blended learning programme, in late October, will train people in the use and content of the manual. It aims is to act as a guide and a resource for persons working with young people of mixed abilities in an out-of-school setting. This blended learning course which includes 4 zoom sessions and approximately 6 hours self directed learning where all the materials including zoom link are provided on a learning management system. On completion of all elements of the course, participants will receive a copy of the manual via the post.

### Course content

There is a one day (in-person) course in Galway. This course is specifically for those who want to trainer others to delivery the Putting the Pieces Together programme. Following training they will be able to offer the two day Putting the Pieces Together course to youth workers and others working with young people and in the community. Applicants must completed the two day training course and have experience of delivering the programme to groups. Interested parities will be required to complete a Train the Trainer application which is available from

training@wrdatf.ie and will be sent to all to complete the booking form.

There is a blended learning course where participants attend 4 online zoom session and also complete a number of modules online. A short introduction and further information on the delivery and content of the course will be given in advance of the course.

### The course aims:

- To explore and challenge attitudes in relation to substance use
- To enhance knowledge and understanding of substance use
- To explore how drugs affect the brain and elicit their effects
- To develop skills in delivering drugs and alcohol education
- To develop an understanding of Best Practice in substance use education
- To develop skills in relation to talking to young people about substance use
- To give an introduction into the use of brief interventions
- To develop an understanding of how to use the resource Putting the Pieces Together
- To develop an awareness of services available locally and nationally

### Target group

Individuals who intend to complete Putting the Pieces Together awareness/prevention courses with young people within organisations and groups in out-of-school settings (either online or in-person)

# **Entry requirement**

Training is for those living in the West of Ireland, though we will accept trainees from outside.

# Selection procedure

See the website (training calendar) for booking form <a href="https://www.wrdatf.ie/training.php">https://www.wrdatf.ie/training.php</a>

### Qualification

A Certificate of Attendance on completion.

### **Assessment**

n.a.

### Accreditation

n.a.

## Course background

The WRDTF education team provide a wide range of training and education programmes for those living in the west of Ireland.

### Course start date

Blended learning course: sessions in May - 9th (zoom) 16th (in person) and 23rd May (zoom) 2024. Contact WRDATF for future dates.

### **Course location**

Blended learning course -12 hours total (mix of online, in-person and self-directed learning)

# **Application**

Complete the general booking form, which can be found in the WRDTF training calendar.

### Cost

n.a.

# B12 & VOCATIONAL INTEGRATION).

### **Course Provider**

City of Dublin ETB

### **Address**

CDETB Administrative Offices, Town Hall, 1-3 Merrion Road, Ballsbridge, Dublin 4

### Web address

https://www.cityofdublinetb.ie/further-education-and-training-fet/

### **Contact Person(s)**

### Administrator

Education Coordinator 086 0617132 info@cdetb.ie

### **Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

# Course aims and objectives

Knowledge of psychology informs our understanding of ourselves and others, and develops our capacity and skills to support those in our communities who are marginalised, disadvantaged or face challenges in everyday life. This advanced course investigates societal issues including disability, mental health and addiction and explores the interventions and infrastructure, both statutory and voluntary in their approaches that support wellbeing and rehabilitation.

### **Course content**

This course shifts to raising personal and interpersonal awareness and the development of our own behaviour and attitudes that influence our role in social systems and structures in the work place, community and societal contexts. Students will be trained and equipped with the knowledge and insight to develop and manage relationships within the work environment and this forms an integral developmental process on this course.

Applied Psychology in Society supports progression for those who are interested in pursuing Psychology or its affiliated fields in higher education and work in the community and voluntary sector. The applications of Psychology, its concepts and theories are embedded throughout this exciting and innovative course.

### Target group

Learning outcomes: On completion of this programme learners will have the skills, knowledge and competencies to work independently and or take responsibility for the work of others in providing a range of services in a social and vocational rehabilitation context and or to progress to higher education and training.

The successful completion of the QQI Level 6 award in Social and Vocational Integration will enable applicants to work independently and or take responsibility for the work of others in providing a range of services in a social and vocational rehabilitation context.

### Entry requirement

- Education: NFQ Level 5 in a relevant discipline when accessing a Level 6 programme. CERFL proficiency at B2 for access to Level 6 courses for those whose first language is not English Mature learner entry requirements available via the local ETB pathway Additional requirements may apply to non-EU/EEA Applicants and may be subject to full international fees (Please refer to Information for International Learners)
   \*Each provider may have additional requirements, not outlined above.
- Aptitude: Applicants must have a motivation to learn, an interest in the subject and the ability to acquire the knowledge, skills and competencies set out in the course.
- Previous Experience: Applicants must be able to demonstrate a moderate range of knowledge, skills and competencies relevant to the course and be able to

exercise initiative and independence when carrying out course activities.

# **Selection procedure**

See the course website for further details

https://www.cityofdublinetb.ie/further-education-a nd-training-fet/find-your-course/course-search/?sf cw-courseId=413513

# Qualification

Award: QQI Level 6 6M2218 - Social & Vocational Integration

### **Assessment**

Contact provider for more details.

### Accreditation

QQI6

# Course background

Course provided by the City of Dublin ETB Further Education and Training Service

### Course start date

02 September 2024 to 30 May 2025 (39 weeks)

### **Course location**

Inchicore College of Further Education, Emmet Road, Inchicore, Dublin 8, D08PX93

# **Application**

Contact course administrator or apply online

### Cost

There may be charges associated with this course. Please check with the course provider

# B13 APPLIED SOCIAL STUDIES (SOCIAL AND VOCATIONAL INTEGRATION)

### **Course Provider**

City of Dublin ETB

### **Address**

CDETB Administrative Offices, Town Hall, 1-3 Merrion Road, Ballsbridge, Dublin 4

### Web address

https://www.cityofdublinetb.ie/further-education-and-training-fet/

### Contact Person(s)

### Administrator

Education Coordinator 086 0617132 info@cdetb.ie

# Course aims and objectives

On completion of this programme learners will have the skills, knowledge and competencies to work independently and or take responsibility for the work of others in providing a range of services in a social and vocational rehabilitation context and or to progress to higher education and training.

### **Course content**

Social Care involves working with marginalised or disadvantaged people in a caring, compassionate way. There are a wide range of career options in social care including: youth and community work, working with young offenders, the probation service, working with disadvantaged children, working with the physically or intellectually disabled, the homeless, the elderly, people with drug/alcohol dependency, asylum seekers/refugees etc.

## **Target group**

Following progression onto Higher Education, previous graduates of the course have gone onto work in a variety of careers including Youth and community work, working with young offenders, the probation service, working with disadvantaged children, working with the physically or intellectually disabled, the homeless, the elderly, people with drug/alcohol dependency, asylum seekers/refugees, social work etc.

# **Entry requirement**

 Education: NFQ Level 5 in a relevant discipline when accessing a Level 6 programme. CERFL proficiency at B2 for access to Level 6 courses for those whose first language is not English Mature learner entry requirements available via the local ETB pathway Additional requirements may apply to non-EU/EEA Applicants and may be subject to full international fees (Please refer to Information for International Learners) \*Each provider may have additional requirements, not outlined above.

- Aptitude: Applicants must have a motivation to learn, an interest in the subject and the ability to acquire the knowledge, skills and competencies set out in the course.
- Previous Experience: Applicants must be able to demonstrate a moderate range of knowledge, skills and competencies relevant to the course and be able to exercise initiative and independence when carrying out course activities.

Entry Requirements for the 2nd year (QQI Level 6): This is an advanced course open to students who hold a FETAC Level 5 Award in Applied Social Studies or its equivalent with a merit profile (5 merits). Applicants must have 2 written references.

### Selection procedure

See course website for further details

https://www.cityofdublinetb.ie/further-education-a nd-training-fet/find-your-course/course-search/?sf cw-courseId=416491 or college website https://www.cdcfe.ie/courses/social-studies/

### Qualification

Social & Vocational Integration Certificate, QQI 6.

### **Assessment**

As per curriculum.

### Accreditation

QQI level 6

# Course background

City of Dublin ETB was established on 1st July 2013 under the Education and Training Boards Act, 2013. We are the state education and training authority for Dublin city.

# Course start date

09 September 2024 to 30 May 2025

### **Course location**

Colaiste Dhulaigh CFE, Coolock Campus, Barryscourt Road, Coolock. Dublin 17

# **Application**

See website for details.

### Cost

There may be charges associated with this course. Please check with the course provider

# CERTIFICATE IN FOUNDATIONAL SKILLS & COMPETENCE IN COUNSELLING & PSYCHOTHERAPY

### **Course Provider**

Irish College of Humanities and Applied Sciences (ICHAS)

### **Address**

Walton House, Lonsdale Road, National Technology Park, Castletroy, Limerick

### Web address

http://www.ichas.ie/

# Contact Person(s) Administration offices

061 216 288 info@ichas.ie

# Course aims and objectives

t serves as an excellent introduction to the area of counselling and teaches general counselling skills that will benefit people in both their personal and professional lives. This programme is suitable for those who wish to study both Counselling and Psychotherapy at a foundational level, either to support existing roles or as a point of initial discovery as to whether or not a Major Award might be something that they wish to pursue.

### **Course content**

The overall aims of the Certificate in Foundational Skills & Competence in Counselling & Psychotherapy are to:

- Provide quality assured undergraduate Minor Award in Counselling and Psychotherapy related skills and competence for students who seek to develop foundational level knowledge and competence in counselling related skills
- Commence an educational journey with a view to subsequent study in programmes that would lead to eligibility for professional accreditation.
- Provide a programme that, through interdisciplinary and transdisciplinary engagement, models best evidence-informed skills in the fields of Counselling which is well informed by psychotherapeutic theories.
- Demonstrate heightened awareness of theoretical and applied practices in Counselling related fields.
- Enable students to employ foundational counselling competencies by creating and modelling learning opportunities where learners can participate successfully

- within the context of their own strengths and abilities.
- Provide opportunities to engage in personal reflection to enhance knowledge and greater awareness of the competencies required for professional practice.
- Provide access routes to major awards in Higher Education in counselling related areas.

# **Target group**

The Programme is designed for learners who wish to learn fundamental skills and competencies in counselling & psychotherapy practice. The certificate is an ideal introduction to the world of counselling and psychotherapy, offering participants the opportunity to explore this growing profession in Ireland.

### **Entry requirement**

The knowledge, skills, and competence required to successfully participate in and complete the Programme are outlined below:

- All applicants must be over 18 years of age.
- Applicants will be required to have basic IT literacy, skills, and competence,
- For non-native speakers of English, a C score in the Common European Framework of Reference for Languages (CEFRL) or an equivalent IELTS score of 6.0 is required.

# Selection procedure

See the course website for further details

https://ichas.ie/course/certificate-in-foundational-skills-competence-in-counselling-psychotherapy/#1

### 561038318198-6e904f52-5dc3

### Qualification

Certificate in Foundational Skills & Competence in Counselling & Psychotherapy – QQI Level 6 (20 ECTS)

### **Assessment**

Assessment

### Accreditation

**ICHAS** 

## Course background

- Utilises "Blended Learning"
- Benchmarked against European Association of Counselling Training Standards (2015)
- Designed for learners who wish to develop their counselling and psychotherapy skills for both personal and professional development.
- Successful completion of this programme means the participant will have completed 20 ECTS on the National Framework of Qualifications.

# Course start date

October for 10 weeks

### **Course location**

Available at Dublin and Limerick campuses.

## **Application**

Please contact our administration office on 061 216288, or apply online.

## Cost

Course fees are €1,250 which is payable in full in advance of course commencement. Payment can be made by PayPal or EFT.

# B15 CERTIFICATE IN APPLIED ADDICTION STUDIES & COMMUNITY DEVELOPMENT [online]

### **Course Provider**

An Cosan

### **Address**

Kiltalown Village Centre, Jobstown, Tallaght, Dublin 24

### Web address

http://www.ancosan.ie

### Contact Person(s)

### **Education Co-ordinator**

Education Co-ordinator 01 462 8488 courses@ancosan.ie

# Course aims and objectives

This interdisciplinary 1 year blended online certificate programme aims to develop knowledge, skills and competencies in the theory and practice of applied addiction studies and community development. The purpose of the programme is to build the capacity of community drugs workers and those working and volunteering in the wider community within an addiction context.

### Course content

Stage 1 / 60 ECTS

- Learning to learn at third level (QQI Level 6)
- Introduction to community development (QQI Level 6)
- The nature and context of addiction (QQI Level
   6)
- Group work and facilitation skills (QQI Level 6)
- Social analysis (QQI Level 6)
- Drug prevention, education & awareness (QQI Level 6)

### **Target group**

VCC is working in partnership with IT Carlow to develop a blended online Bachelor of Arts in Applied Addiction Studies and Community Development (QQI Level 7). Learners who complete Stage 1 at Level 6 of the NFQ (60 credits) are eligible to exit the programme with a "Certificate in Applied Addiction Studies and Community Development" (Minor Award Level 6) or to progress to Higher Certificate and BA awards.

### **Entry requirement**

Progression pathways are open to An Cosán VCC learners.

# Selection procedure

See course website for more details

https://www.ancosan.ie/higher-education/#cert-ad diction-studies-community

### Qualification

Certificate at NFQ QQI level 6

### **Assessment**

As per syllabus.

### Accreditation

An Cosan and IT Carlow

### Course background

An Cosan also run a Certificate in Applied Addiction Studies & Community Development in Dublin.

### Course start date

September

### **Course location**

Blended learning course that is mostly online but with occasional sessions held in An Cosán's community education centre in Jobstown, Tallaght, Dublin.

### **Application**

See website

### Cost

€1,800 or €300 per module.

# B16 CERTIFICATE IN LEADERSHIP AND COMMUNITY

### **Course Provider**

An Cosan

### **Address**

Kiltalown Village Centre, Jobstown, Tallaght, Dublin 24

### Web address

http://www.ancosan.ie

### Contact Person(s)

### **Education Co-ordinator**

Education Co-ordinator 01 462 8488 courses@ancosan.ie

# Course aims and objectives

The aim of this blended online certificate programme is for learners to graduate with the knowledge, skills and abilities they need in the theory and practice of leadership and community development so that they can make a professional contribution to communities, groups, societies and organisations. The course will prepare graduates for life-long learning so that they will be able to further develop their knowledge and skills through experience and professional and/or academic education.

### Course content

Module 1 Learning to Learn at Third Level Module 2 Introduction to Community Development

Module 3 Social Analysis

Module 4 Group Work and Facilitation Skills

Module 5 Introduction to Community Leadership

Module 6 Citizenship and Social Action

### Target group

This course is aimed primarily at people who are nterested in community development.

# **Entry requirement**

Pathways towards Certificate, Higher Certificate and BA Degree Programmes are open to all current and new An Cosán learners. Programmes are all delivered primarily online. some have occasional sessions held in An Cosán's community education centre in Jobstown, Tallaght, Dublin

### Selection procedure

For more information on the course, visit the website

https://www.ancosan.ie/higher-education/#cert-le

### adership-community

### Qualification

Certificate NFQ Level 6

### **Assessment**

Assessment is on the basis of assignments set at the end of each module.

# **Accreditation**

NFQ level 6

### Course background

See website for courses run by An Cosan, Tallaght, Dublin. This includes the BA degree for this

topic

https://www.ancosan.ie/higher-education/#degree-leadership-community

### Course start date

September

### **Course location**

Online

# **Application**

See website for details

### Cost

€1,800 or €300 per module

# B17 DRUG AND ALCOHOL COUNSELLING [online]

### **Course Provider**

College of Management and IT (CMIT)

### **Address**

Southern Cross Business Park, Bray, Co. Wicklow

### Web address

http://www.cmit.ie/

# Contact Person(s) Administrator

01 286 5783 or 01 276 5015 info@cmit.ie

# Course aims and objectives

The course will enable learners to:

- 1. obtain a better understanding about drugs and alcohol misuse,
- 2. obtain knowledge about the different types of drugs available and their side effects and use,
- 3. obtain a better understanding why people take drugs,
- 4. gain a better understanding about why people use alcohol,
- 5. find out what treatment is available in your area and how to access it,
- 6. find out how to set up a drug or alcohol abuse treatment programme in your area, and to
- 7. understand the principles of drug and alcohol misuse counselling.

### **Course content**

Students receive a course manual, assignments and study-guide plus tutor support. The course documentation is detailed and easy to read. Your tutor and student support team will support you throughout the duration of the course.

Unit 1: Introduction

Unit 2: The a-z of drugs- effects, risks & the law

Unit 3: Alcohol abuse

Unit 4: Why people use drugs and alcohol

Unit 5: Drug and alcohol prevention and awareness

Unit 6: The basics of counselling

Unit 7: Traditional counselling styles

Unit 8: Counselling for alcohol problems

Unit 9: Counselling for substance misuse

### **Target group**

- People considering a career in counselling.
- Parents, teachers and youth workers.
- People who wish to gain an introductory qualification in drug and alcohol counselling and wish to study at their own pace.

# **Entry requirement**

None

### Selection procedure

For further course information visit <a href="https://www.cmit.ie/courses-psychology-health-distance-learning/drug-and-alcohol-counselling-distance-learning.html">https://www.cmit.ie/courses-psychology-health-distance-learning/drug-and-alcohol-counselling-distance-learning.html</a>

### Qualification

NCFE Award Certificate in Drug and Alcohol Counselling

### **Assessment**

This course is assessed through tutor marked assignments. There is no exam

### Accreditation

This course has been endorsed by ABC Awards and Certa Awards. The Quality Licence Scheme endorses high-quality, non-regulated provision and training programmes. This course and/or training programme is not regulated by Ofqual and is not an accredited qualification. CMIT can advise you on any further recognition, for example, progression routes into further and/or higher education. A QLS award at level 3 is roughly equivalent to a Level 5 on the Irish National Framework of Qualifications.

### Course background

See course website for more information.

### Course start date

Students can start at any time of year, and have 6 months to work at their own pace.

# **Course location**

Online

# **Application**

Book online

# Cost

€395. There is a €60 fee payable for administration, moderation and certification.

# B18 ALCOHOL & DRUG ABUSE

### **Course Provider**

Irish Training & Educational Centre

### **Address**

Unit 9, Leopardstown Business Centre, Ballyogan Road, Leopardstown, Dublin 18.

### Web address

http://www.irishtraining.ie/

# Contact Person(s) Course administrator

01 2061832 info@irishtraining.ie

# Course aims and objectives

The premise of this course is that prevention is the only true hope of solving our country's problems in these areas. Parents, teachers and counsellors are in the best positions to affect children's knowledge and attitudes to the abuse of alcohol and other drugs.

### Course content

Distance learning course of 6 modules.

This course covers these broad topics:

1. What every parent, teacher and counsellor should know

Drug classifications.

Adolescents & drug abuse.

Drugs & the brain.

Alcoholism - a disease.

2. Drug abuse prevention.

Role of parents, teachers, counsellors.

Tell-tale signs of drug abuse.

- 3. Treatment effects & understanding them. Effects of alcohol on young women. Drugs & AIDS.
- 4. Pharmacology, alcohol, drugs of abuse, depressants, opoids, cocaine, nicotine, stimulants, cannabinoids, phencyclidine, inhalants, anabolic steroids & hallucinogens.

Your personally appointed tutor will provide you with expert guidance and tuition throughout your studies.

### **Target group**

Parents, teachers and counsellors.

### **Entry requirement**

n.a.

# Selection procedure

Apply online

http://www.irishtraining.ie/general/alcohol\_and\_dr ug\_abuse.html

### Qualification

When you have completed this course you may take a final examination. Full details are sent near the end of the course. The examination costs €65 and is taken at home. If you receive 70% or more you will receive an ITEC Diploma.

### **Assessment**

Optional examination.

### Accreditation

**ITEC** 

### Course background

n.a.

### Course start date

At a time of your choosing.

## **Course location**

Online course.

### **Application**

Apply through the ITEC website.

### Cost

€309 (subject to change). May be discounted, see website.

**B19** 

# IDENTIFYING AND RESPONDING TO DRUG AND ALCOHOL ADDICTION IN NURSING, MIDWIFERY AND ALLIED HEALTHCARE PRACTICE [online]

### **Course Provider**

Trinity College Dublin on Future Learn

### **Address**

Virtual platform.

### Web address

https://www.futurelearn.com/subjects/psychology-and-mental-health-courses

## **Contact Person(s)**

practicalities of implementing a change in policy or practice

# Course aims and objectives

On this course, you'll receive an overview of approaches to addiction treatment, from detoxification to harm reduction and addiction recovery. Learning from real life examples, you'll hear from experienced practitioners around the globe and be introduced to addiction assessment tools. You'll also learn how to conduct screening and brief interventions, and administer naloxone in the case of an overdose.

This course focuses on approaches to drug and alcohol addiction treatment for nurses and other healthcare professionals. It is suitable for those with some knowledge, as well as those with no prior knowledge or qualifications in addiction.

# Course content

What topics will you cover?

- Overview of the approaches to addiction treatment, from detoxification to harm reduction and recovery
- The health and wellbeing of the person who uses substances, assessment, screening and brief interventions
- Family members and people who use substances from pregnancy to adolescents to grandparents and inter-generational substance use
- The practicalities of working in specific services from advising expectant mothers to managing medication misuse among older people and administering naloxone during overdose
- Enhancing your service provision, identifying client needs and implementing the Healthy Addiction Treatment (HAT) recovery model in nursing and other services
- The role of leadership and the

# **Target group**

This addiction treatment course is aimed at nurses, midwives, and allied health and social care professionals. No prior experience or qualifications in addiction are required. The course aims to widen understanding of addiction recovery in the sector.

## **Entry requirement**

No prior experience or qualifications in addiction are required. The course aims to widen understanding of addiction recovery in the sector.

# Selection procedure

Not applicable. For information on the course, see the

website

https://www.futurelearn.com/courses/identifying-and-responding-to-drug-and-alcohol-addiction

### Qualification

You may pay to receive a certificate of achievement if you wish.

### Assessment

n.a.

# **Accreditation**

n.a.

### Course background

This course is delivered by global experts in addiction from Trinity College Dublin, practising addiction nurse and midwife experts, and harm reduction specialists. Your course creators are pioneers of a new Healthy Addiction Treatment (HAT) recovery model, and you'll learn more about HAT during the course. The intention of this course is to improve knowledge of addiction

treatment approaches in healthcare, and in the longer term, create more addiction specialists.

# **Course start date**

Start as required. Start online as required. 3 week course, 2 hours study per week.

# **Course location**

Online course

# **Application**

See website

# Cost

Free limited access expires 12 Mar 2024. Buy the course for €94/one-off payment. Or subscribe to Futurelearn for one year at €299.99 (discounts may apply).

# **B20**

# **COMMUNITY ADDICTION STUDIES [online]**

### **Course Provider**

Western Regional Drugs and Alcohol Task Force

### **Address**

Unit 6, Galway Technology Park, Parkmore, Galway

### Web address

http://www.wrdatf.ie/

# Contact Person(s) Western Regional Drugs Task Force

091 480056 training@wrdtf.ie

### **Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

# Course aims and objectives

Community Addiction Studies will be delivered via Zoom in 2023. The course will be delivered over 8 two-hour sessions and 8 one-hour discussion groups. There will also be 2 weeks of self-directed learning where participants will be encouraged to independently study and research. Participants will be asked to submit various pieces of work in order to meet the necessary learning outcomes.

### **Course content**

During the course participants will be offered the opportunity to learn more about many drug and alcohol related topics such as

- Types of drugs and their effects
- The role the media plays in the publics understanding of drug related issues
- The impacts of addiction on family members
- The types of services being offered to people who use drugs
- The types of interventions used with people who use drugs and their family members
- Policy options that different countries use And more...

# **Target group**

This course is mainly aimed at people who are already working in support services, healthcare, education or any setting which may bring them into contact with individuals who use substances or family members of people who use substances. The course aims to assist people in

becoming more confident in their knowledge of approaches to take and relevant services when assisting or supporting these individuals.

# **Entry requirement**

This training is for those living in the West of Ireland, though we will accept trainees from outside the west.

## Selection procedure

See the WRDATF website for more information and booking form (training calendar) <a href="https://www.wrdatf.ie/training.php">https://www.wrdatf.ie/training.php</a>

### Qualification

QQ Level 5 Certificate on completion

### **Assessment**

n.a.

### Accreditation

n.a.

# Course background

The WRDATF education team provide a wide range of training and education programmes for those living in the west of Ireland.

### Course start date

10 April to 29 May 2024 (Wednesdays 2-4pm & Friday 2-3pm)

### **Course location**

Online

# **Application**

Complete the booking form, which can be found in the WRDATF training calendar or email: training@wrdtf.ie

# Cost

n.a.

# **B21**

# **KEYWORKING, CARE PLANNING and CASE MANAGEMENT [online]**

### **Course Provider**

Urrus/The Ballymun Youth Action Project

### **Address**

Horizons Centre, Balcurris Road, Ballymun, Dublin 11

### Web address

https://byap.ie/services/urrus

# Contact Person(s) Administrator

01 846 7980 / 01 842 5726 urrus@byap.ie

# Course aims and objectives

This programme is offered in response to the emerging skills, knowledge and practice needs of new and existing keyworkers in the drug and alcohol, homeless and broader social care sector. Urrús Keyworking, Care Planning and Case Management programme will give learners the opportunity to understand the systems of key working, care planning and case management within the National Drug Rehabilitation Framework.

### **Course content**

Contents will include:

- Key Working systems and processes.
- Care Planning policy and practice.
- Case Management framework and communications.
- Professional Boundaries understanding and techniques
- Confidentiality and Case Notes guidelines and application
- Reflective and Professional Practice theories and practice

### **Target group**

This training is for new or existing keyworkers, support workers and other practitioners in the drug and alcohol field and in the broader social care field. Applicants must have at least one level 5 module in addiction or in a related care sector field and be available to attend the programme as described.

### **Entry requirement**

It is essential that students have computer, internet access and email to engage with the course learning.

# Selection procedure

Applicants are required to complete an application form and attend an interview. Shortlisting may apply. For more information on the course, see the URRUS website <a href="https://byap.ie/services/urrus/september-2022-training">https://byap.ie/services/urrus/september-2022-training</a> or <a href="https://byap.ie/services/urrus">https://byap.ie/services/urrus</a>

### Qualification

The programme offers a progression pathway to the Level 7 Diploma in Community Drug and Alcohol Work delivered in partnership by Urrús and University College Dublin.

### **Assessment**

The assessment approaches used in the programme include written assignments and learning journals. Assessment is carried out throughout the course, as individual modules are completed.

### Accreditation

URRÚS is registered with QQI (Quality and Qualifications Ireland). On successful completion of the programme learners will receive a component certificate in Person Centred Planning (6N2206) QQI Level 6 and Boundary Management (6N2207) QQI Level 6. The programme is accredited as QQI Award (Minor) Level 6 - Further Education and Training.

### Course background

URRÚS (Irish for "strength" or "confidence") was founded in 1996, by the Ballymun Youth Action Project, to provide training in relation to drug misuse.

### Course start date

Check with URRUS for future dates.

# **Course location**

Online course

# **Application**

Booking form is available from URRUS.

# Cost

Category 1 - €50.00. Booking deposit €10 (non-refundable). Category 2 - Living/working in the Ballymun Local Drug Task Force Area €5 Registration fee (non-refundable).

# PRACTITIONERS CERTIFICATE IN COGNITIVE BEHAVIOURAL THERAPY [online]

### **Course Provider**

**IICP Education and Training** 

### **Address**

Killinarden Enterprise Park, Killinarden, Tallaght, Dublin 24

### Web address

http://www.iicp.ie

# Contact Person(s)

### Marcella Finnerty

Course Director
01 260 0805 / 086 260 9989
marcella@iicp.ie

# Course aims and objectives

This four-day certificate in Cognitive Behavioural Therapy (CBT) covers the broad areas of theory, assessment of presenting problems, disputation of irrational beliefs, and homework. The aim of the course is to equip participants with the necessary theoretical and clinical understand of the CBT approach to therapy.

The aim of the course is to equip participants with the necessary theoretical and clinical understanding of the CBT approach to counselling. The course content can be broken into four broad areas.

- Theory
- Assessment of presenting problems
- Disputation of irrational beliefs
- Homework

### **Course content**

Participants will learn the history of CBT. Assessment of a problem will be explored, and participants will learn how to identify rational and irrational beliefs. Participants will be taught the different types of disputation in CBT.

Participants will learn how to dispute irrational beliefs at a logical, empirical and pragmatic level. The role of homework will be explored in detail. Having identified the need to develop and strengthen rational beliefs, participants will be given the skills required to help their clients achieve same.

The Certificate involves both theoretical and practical inputs, and learners will be encouraged to practice key CBT Skills in triads and small groups.

## **Target group**

Professional or personal interest in the area of Cognitive Behavioural Therapy.

## **Entry requirement**

No entry requirements.

# Selection procedure

See the course website for further details

https://www.iicp.ie/cpd-courses/practitioners-certificate-in-cognitive-behavioural-therapy/

### Qualification

IICP Certificate of Attendance and Participation. CPD: 30 hours

### Assessment

n.a.

### Accreditation

Institute of Integrative Counselling and Psychotherapy (IICP Education and Training)

### Course background

This course has been organised in response to those seeking professional training and qualifications in Cognitive Behavioural Therapy

### Course start date

Four full teaching days. This course runs a number of times a year.

## **Course location**

Online course.

### **Application**

Application form from contacts or online.

# Cost

€495.00 (€421 for IICP Students/Alumni and VCS Counsellors) €200 deposit required when booking.

# PROFESSIONAL CERTIFICATE IN THE THERAPEUTIC **B23 USE OF MINDFULNESS [online]**

### **Course Provider**

**IICP Education and Training** 

### **Address**

Killinarden Enterprise Park, Killinarden, Tallaght, Dublin 24

### Web address

http://www.iicp.ie

# Contact Person(s)

Marcella Finnerty

Course Director 01 260 0805 / 086 260 9989 marcella@iicp.ie

### **Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

# Course aims and objectives

Mindfulness is increasingly recognised as a valuable intervention in counselling internationally. In the field of medicine, more Irish doctors now recommend mindfulness to patients. Millions of people around the world practice mindfulness to enhance their experience of living. Put simply, mindfulness involves continually returning your awareness to your present-moment stream of experience in a non-judgmental way. This very simple approach, though at odds with our normal way of thinking, can be very helpful to people suffering loss, anxiety, stress, depression and other aspects of the human condition.

### **Course content**

### **Course content**

- Definitions and purpose of mindfulness.
- Exploration of the use of mindfulness with clients.
- Exploration of the use of mindfulness in your own life.
- Consideration of the scope and limitations of mindfulness as a therapeutic tool.
- Opportunities to role-play in triads as therapist, client and observer using participants' own case work.
- Opportunities to practice mindfulness during the course days and guidelines for practice at other times.
- An introduction to the basics of Buddhist psychology from which mindfulness emerged.
- Understanding how Buddhist psychology

'fits' with Cognitive Behavioural Therapy and other Western approaches.

# **Target group**

This course is intended for therapists, mental health practitioners and for those professionals who would like to add mindfulness to the range of clinical interventions available to them. Additionally, it is ideal for those who would like to use mindfulness in their own lives. Participants will gain a rewarding life skill and a valuable tool for intervention.

## **Entry requirement**

No entry requirements

### Selection procedure

For course information see https://www.iicp.ie/cpdcourses/mindfulness/

### Qualification

Certificate of completion and transcript of course content and hours for continuing professional development (CPD).

### **Assessment**

Attendance at all training days is necessary to qualify for the award of the Certificate.

# Accreditation

Institute of Integrative Counselling and Psychotherapy (IICP Education and Training)

### Course background

This course has been organised in response to requests from trainees and professionals who wish to learn more about mindfulness.

### Course start date

Three Wednesdays 8, 15 & 22 May 2024. 3 days full days from 9:30am – 4:30pm. This course runs a number of times a year.

### **Course location**

Killinarden Enterprise Park, Dublin 24. Online options are available for courses.

# **Application**

Application form available from contact persons or IICP website listed above.

### Cost

€295.00 (costs are inclusive of training, materials and a free Mindfulness CD)

# **B24**

# **ADDICTION STUDIES**

### **Course Provider**

CMI: Communications & Management Institute

### **Address**

Office 1: Unit 14A, Cashel Business Centre,

Cashel Rd, Dublin 12

Office 2: Regus House, Harcourt rd, Dublin 2

### Web address

http://www.cmi-ireland.com

## **Contact Person(s)**

### **Graham Moore**

Admissions 01 492 7070 info@cmi-ireland.com

# Course aims and objectives

Learning about Addiction and working in Addiction is both personally and professionally enriching and life changing for many. When we confront what is addiction for us personally we begin to see clearly what it is. Learning about the various types of addiction and their effects, makes us draw on our own experiences. We learn to identify patterns of addiction.

This Addiction course allows you to learn about the process of addiction and the consequences of how it affects families, communities and Irish society. Confronting Addiction allows us to see how prevalent it is in our community.

The main theories of addiction and the models of treatment of addiction are explored. Knowing what causes addiction as well as how theories inform treatment practice and social policies will greatly help your understanding.

### **Course content**

On completion you will be able to:

- gain a knowledge of addiction, different drugs and their effects and the process of addiction
- become more effective in your personal and community responses to addiction
- understand the main divisions of psychoactive substances, their common effects and the distinctions between drug use, misuse, and drug dependence
- know the effects of both legal and non-legal drugs on the brain and central nervous system
- develop an understanding of process addictions and treatment interventions

and strategies

# **Target group**

This course is relevant to anyone interested in working with persons with different types of addiction. Ideally suited for care workers, community workers, social workers, charity volunteers, agency workers, or indeed anyone, who wishes to work in this challenging area.

# **Entry requirement**

n.a.

# Selection procedure

For more information see the course website

https://www.cmi-ireland.com/part-time-courses/ad diction-studies/

### Qualification

Community Addiction Studies Level 5 Minor QQI Award 5N1834

### **Assessment**

Course work consists of practical home assignments and a project. Practical guidance will be offered throughout the course by experienced lecturers. Participants will maintain a personal log/journal of their personal learning experiences during the course.

### Accreditation

Awarding Body: QQI - Quality and Qualifications Ireland, level 5

### Course background

See course website.

### Course start date

23rd April 2024 - 10 Weeks - 18.30 -21.30

# **Course location**

Live online classes

# **Application**

Course fees are payable before commencement. Submit your details to 'Book a course' on the CMI's website by the deadline date.

# Cost

€780

C

Courses leading to a professional or academic qualification (at NFQ level 7 or higher) in the field of substance misuse or related areas.

# **C01**

# **CERTIFICATE IN ADDICTION STUDIES**

### **Course Provider**

**NUI Maynooth** 

### **Address**

Department of Adult and Community Education, NUI Maynooth, Co Kildare

### Web address

http://adulteducation.nuim.ie

# Contact Person(s)

### Administrator

n.a. 01 708 6062 Adcomed@nuim.ie

# Course aims and objectives

- 1. To provide participants with a broad view of key theoretical framework and practical debates which arise in relation to substance misuse and dependence
- 2. To enable participants develop basic helping and intervention skills in the field of drug and alcohol misuse
- 3. To enhance participants' knowledge of social and community issues relevant to substance misuse and dependence
- 4. To heighten participants' awareness in relation to personal, organisational and vocational issues which may arise in the course of their work within the field of substance misuse.

### **Course content**

Module 1: Group work & facilitation skills/reflective learning

Module 2: Substance misuse and dependence

Module 3: Drug & alcohol misuse in contemporary Ireland

Module 4: Approaches to prevention treatment & rehabilitation

# **Target group**

The course is aimed at people aged 21 and over.

# **Entry requirement**

Participants must be 21 years of age or over. It is preferable that applicants have:

- Experience of working in a community setting.
- Experience of working with alcohol and/or drug-related problems.
- Openness to reflect on one's own practice attitudes and beliefs.
- Commitment to learning in a group setting.

Applicants must submit a short essay describing their reasons for applying.

### For more information see

www.nuim.ie/study-maynooth/undergraduate-stud ies/courses/certificate-addiction-studies#tabs-ove rview

# Selection procedure

On the basis of a written application and essay.

School campuses:

Maynooth University Cork College of Commerce (Tel: 086 833 7598) Start date: Oct. 2016 For Fees, Times and Days check with venue.

- Clondalkin, Dublin (Tel: 01 4579445/ 086 8581787)
- Donahies, Dublin (Tel: 01 8482217/ 01 8473522)
- Limerick (Tel: 065 6865852)
- Bluebell/Inchicore

### Qualification

Certificate in Addiction Studies

### **Assessment**

85% minimum attendance.

Participation in class.

Completion of relevant assignments/projects.

### Accreditation

National University of Ireland. NFQ Level 7

### Course background

This course has been running in various locations for a number of years.

### Course start date

October until end of May each year. This course is 100 hours and may involve 3 - 4 Saturdays throughout the year.

# **Course location**

NUI Maynooth and other locations nationwide. Please refer to the Continuing Education Brochure for further details. Telephone 01 7084500 or visit the website.

# **Application**

Apply to College.

# Cost

Contact the college.

# C02

# QQI LEVEL 8 MINOR AWARD - CERTIFICATE IN CLINICAL WORK WITH SUBSTANCE USING CLIENTS STUDIES

### **Course Provider**

**IICP Education and Training** 

### **Address**

Killinarden Enterprise Park, Killinarden, Tallaght, Dublin 24

### Web address

http://www.iicp.ie

### Contact Person(s)

### Marcella Finnerty

Course Director 01 260 0805 / 086 260 9989 marcella@iicp.ie

# Course aims and objectives

The aim of this minor Award is to provide participants with a basis on which to develop their therapeutic understanding of the theoretical and clinical considerations of substance use. The objectives of the module include increasing knowledge of Substance Use issues to include pharmacology, aetiology, and interventions appropriate to this clinical cohort.

Substance use in Ireland is on an upward trajectory. According to the Health Research Board (2020), 7% of respondents have used an illegal drug in the past year, and one in five drinkers have an alcohol use disorder. Substance use in Ireland is on the rise and those who wish to work with clients in distress must understand the issue and be armed with interventions that are unique to treating it.

### **Course content**

The core syllabus includes the following themes:

- Drug Classification and Pharmacology.
- Etiological understandings of addiction including behavioural and disease models;
- Societal and individual attitudes toward those impacted by substance use/addiction and the consequences of prejudicial and discriminatory values;
- Models of intervention:
  - Assessment of Substance Use;
  - Cognitive Behavioural Therapy w/substance using clients;
  - Community Reinforcement Approach w/substance using clients;
  - Motivational Interviewing w/substance using clients;

- Abstinence Models w/substance using clients;
- Harm Reduction w/substance using clients;
- The Wheel of Change;
- Dual Disorders.

### Target group

Those working in helping professions.

# **Entry requirement**

Applicants will hold a Level 8 Degree in the helping professions (counselling, psychotherapy, social care, social work, psychology, psych nursing, mental health, addiction etc.). Those who hold a Level 7 Degree in the helping professions, plus appropriate relevant work experience may be eligible to apply under RPL.

# Selection procedure

See the course website for further details

https://www.iicp.ie/courses/certificate-in-clinical-work-with-substance-using-clients-studies/

# Qualification

QQI Minor award Certificate in Clinical Work with Substance Using Clients Studies.

### **Assessment**

28 hours class contact time, plus additional self-directed learning (SDL) is decided at learners' own discretion. SDL can include time spent preparing for classes and deliberate practice with peers. Learners who also wish to obtain the college Level 8 minor award with be required to write the assignment, and so SDL would apply here also.

### Accreditation

Validated by QQI at Level 8.

# **Course background**

See IICP website

## **Course start date**

Summer 2024. Beginning 23 June 2024. This programme is delivered via blended learning with 2 days on site in our Tallaght Campus and 2 days online via Zoom.

### **Course location**

Tallaght Campus, Dublin 24 and online.

# **Application**

Application form available from contact persons or IICP website listed above.

### Cost

Cost: €705.00. Deposit of €211.50 is required to secure place.

# CO3 CERTIFICATE IN HOMELESS PREVENTION AND INTERVENTION

### **Course Provider**

Dublin Region Homeless Executive / Dublin City University

### **Address**

Block 1, Floor 2, Dublin City Council, Civic Offices, Fishamble Street, Christchurch, Dublin 8

### Web address

https://www.homelessdublin.ie/our-work/training

# Contact Person(s) Training co-ordinator

01 700 8521 briege.casey@dcu.ie

# Course aims and objectives

If you currently work with people experiencing or at risk of homelessness, this course will help you develop your skills in the assessment and prevention of homelessness, and of support interventions in this area. This Certificate will help you enhance your existing attributes and skills so that you can make a greater impact on a critical issue our communities. You'll examine issues of homelessness in society and the personal contexts and complex needs of people and families experiencing homelessness.

### **Course content**

This course involves the study of homelessness in society and the personal contexts and complex needs of people and families experiencing homelessness. The programme aims to help practitioners in homeless related services to develop knowledge and skills in the prevention of homelessness and in the use of effective, supportive interventions with people encountering homelessness.

Module 1: NS459 Assessment and support planning: process and practice Module 2: NS460 Socio-economic needs of people experiencing homelessness Module 3: NS461 Health, illness, addiction and homelessness

Visit the course website for more information

https://www.dcu.ie/courses/undergraduate/snhs/homeless-prevention-and-intervention.shtml

# **Target group**

This course may suit you if your current role involves working with people experiencing / at risk of homelessness and if you wish to develop your skills in assessment and support interventions in this area. You should have educational attainment at Leaving Cert level or equivalent and be in a position to engage in online learning (i.e. have access to and ability to use basic computer programmes).

# **Entry requirement**

Your current role should involve working (including assessment and support planning) with people experiencing homelessness.

Educational attainment at Leaving Certificate level or equivalent (further information is available from the Course Co-ordinator). Access to and ability to use a computer.

### Selection procedure

The application process is outlined on the course website, and involves:

1. Download application form via the Dublin City University website

https://www.dcu.ie/courses/undergraduate/snhs/homeless-prevention-and-intervention.shtml

- 2. Complete application in full
- 3. Print, sign and date the form and post, along with a passport photograph to: Admissions, Registry, DCU, Collins Avenue, Dublin 9.

The Dublin Region Homeless Executive (DRHE) provides annual training options for statutory and state funded homeless services. Funding support towards programme fees can be provided by the DRHE for successful applicants who work

with DRHE funded organisations/services. See <a href="https://www.homelessdublin.ie/our-work/training">https://www.homelessdublin.ie/our-work/training</a>

### Qualification

Certificate in Homeless Prevention and Intervention

### **Assessment**

Contact provider for more information

### Accreditation

**Dublin City University** 

# Course background

The three existing key workers/case managers modules, which to date were classified as 'stand alone' modules have now been formally approved by Dublin City University as a Certificate Programme.

### Course start date

Annually in September. The Certificate consists of three modules delivered part-time over 18 months. It involves two-day blocks every four to five weeks during semester.

### **Course location**

**Dublin** 

# **Application**

All applications must be made directly to DCU. The application form is available online.

### Cost

The cost of the certificate programme per student is  $\leq$ 2,037 in total and is inclusive of a  $\leq$ 37 university application fee (subject to change). Non EU fee is  $\leq$ 2,200.

# **C04**

# **CHILDREN & FAMILIES HIDDEN HARM CERTIFICATE**

### **Course Provider**

Atlantic Technological University

### **Address**

Atlantic Technological University, Port Road, Letterkenny, Donegal

### Web address

https://www.lyit.ie

# Contact Person(s)

### Louise McBride

Head of Department, Nursing and Health Studies 353 (0)74 9186308
DeptofNursing.donegal@atu.ie

# Course aims and objectives

This module combines theory, practical application and practice based theory from local, national & International guest speakers/lecturers. It is a response to the current impetus within Community, Education, justice, Health, Social Work and Social Care sectors to enable them to work confidently with young people and their families whose lives are challenged by someone's alcohol or other drug use.

### Course content

One semester block delivery. The course combines theory and practical application. Delivered by tutors from the Master of Science in Therapeutic Interventions for Alcohol and other Drugs.

### **Target group**

Those working within Community, Education, justice, Health, Social Work and Social Care sectors.

### **Entry requirement**

Minimum requirement: Level 8 (Hons) Degree in a relevant discipline and preferably working directly or indirectly with individuals, families and children within the Community, Education, Justice, Health and Social Work and Social Care sector.

For more details see the Letterkenny IT website page:

https://www.lyit.ie/CourseDetails/D203/LL\_NCFHH C/Children&FamiliesHiddenHarm

### Selection procedure

Contact the college.

## Qualification

Level 9 Certificate

### **Assessment**

As per curriculum.

### Accreditation

10 credit module.

# Course background

Follow up programmes elsewhere include: Master of Science in Therapeutic Interventions for Alcohol and other Drugs at ATU.

### Course start date

1 Semester/block delivery. See website

### **Course location**

Atlantic Technological University, Letterkenny

### **Application**

See course website. For further information contact Department Administration: +353 (0)74 9186310 / +353(0)74 9186308.

### Cost

EU Fees: €550

# **C**05

# CERTIFICATE IN SUPPORTING POSITIVE PARENTING

### **Course Provider**

Irish College of Humanities and Applied Sciences (ICHAS)

### Address

Walton House, Lonsdale Road, National Technology Park, Castletroy, Limerick

### Web address

http://www.ichas.ie/

# Contact Person(s) Administration offices

061 216 288 info@ichas.ie

# Course aims and objectives

The programme is designed as an Embedded Minor award within the Principal Programme titled the Bachelors of Arts (Hons) in Counselling & Psychotherapy and is designed for learners who wish to develop knowledge and competence appropriate to enhance parenting competence and knowledge of the impact of trauma in developmental and parenting contexts for both personal and professional development.

### **Course content**

The programme will be delivered with an emphasis on experiential and inter-communicational modes of learning. It will facilitate graduates with opportunities to develop their knowledge, skills and attitudes of positive parenting to prepare them for working with parents in a range of professional contexts.

The programme will afford learners opportunities to develop knowledge of relevant theoretical and conceptual competencies required for engagement in supporting positive parenting.

### **Target group**

It is anticipated that the programme will be attractive to learners from a range of disciplines including psychotherapy, social care, nursing, teaching, early childhood education and care, social work or other relevant areas who wish to explore the meaning of trauma and its influence on development and parenting.

## **Entry requirement**

- All applicants must be over 18 years of age.
- Applicants will be required to have a BA Degree in Counselling and Psychotherapy at Level 7.

- Applicants will be required to have basic IT literacy, skills, and competence,
- For non-native speakers of English, a C score in the Common European Framework of Reference for Languages (CEFRL) or an equivalent IELTS score of 6.0 is required.

## Selection procedure

For more details see the course website at

https://ichas.ie/course/certificate-in-supporting-positive-parenting/

### Qualification

Certificate in Supporting Positive Parenting – QQI Level 8 (15 ECTS)

### **Assessment**

See syllablus.

### Accreditation

**ICHAS** 

### Course background

n.a.

### Course start date

See website for future dates.

### Course location

Available at Dublin and Limerick campuses

### **Application**

Please contact the ICHAS administration office on 061 216288, or apply online.

### Cost

Course fees are €900 which is payable in full in advance of course commencement. Payment can

be made by PayPal or EFT.

# PROFESSIONAL CERTIFICATE IN WOMEN AND SUBSTANCE USE [online]

### **Course Provider**

Urrus and University College Dublin

#### **Address**

Horizons Centre, Balcurris Road, Ballymun, Dublin 11

#### Web address

https://byap.ie/services/urrus/diploma-in-community-drugs-work

### **Contact Person(s)**

### Dr Sarah Morton

Director of the Community Partnership Drugs Programme n.a.

sarah.morton@ucd.ie

# Course aims and objectives

Increasingly issues in relation to women's substance use, have emerged especially in relation to trauma histories, domestic violence, maternal roles and impact on family, children, yet there has been little educational response to develop practitioner and policy maker knowledge, awareness and skills to address these issues effectively.

### **Course content**

Women's problematic substance use is explored in the context of the inter-related and sometimes unique factors that may impact on women's substance use trajectories, with a particular focus on effective intervention, and innovation in practice and policy responses. The role and impact of intimate partner violence, sex working, trauma histories and pregnancy and mothering on women's substance use are considered and explored. The development and provision of innovative responses and interventions are presented, together with the implications for drug and social policy.

This Professional Certificate comprises of one 10 credit module SPOL 40850 Women and Substance Use.

# **Target group**

This programme provides key workers, social care workers, addiction counsellors and those in related policy and health fields with the knowledge and expertise to respond to the complexity of women and substance use.

This Professional Certificate should offer career enhancement by developing students' knowledge and expertise in regard to the complex health and social issues that surround women and substance use.

# **Entry requirement**

This course has been designed for those working or seeking to work within the fields of substance use intervention, social care, social work nursing, health and related field who wish to deepen their knowledge and expertise in relation to this complex social issue.

# Selection procedure

For more information about the course see website:

https://hub.ucd.ie/usis/!W\_HU\_MENU.P\_PUBLIS H?p\_tag=PROG&MAJR=W402

### Qualification

Professional Certificate (level 9 NFQ, credits 10)

### Assessment

As per course curriculum

### Accreditation

University College Dublin

# Course background

New in 2018

# **Course start date**

September, for four months.

# **Course location**

Online course

# **Application**

See website, or contact Sarah Morton, 01 7168582

# Cost

EU fee per year - € 1220, nonEU fee per year - € 2510, \*Fees are subject to change

# DIPLOMA IN COMMUNITY DRUG AND ALCOHOL WORK

#### **Course Provider**

Urrus and University College Dublin

#### **Address**

Horizons Centre, Balcurris Road, Ballymun, Dublin 11

#### Web address

https://byap.ie/services/urrus/diploma-in-community-drugs-work

### Contact Person(s)

Training administrator

Training Centre Co-ordinator 01-8428071 / 01-8467900 urrus@byap.ie

# Course aims and objectives

This comprehensive and professional course is run by URRÚS in partnership with University College Dublin and intended to provide participants with a range of skills and knowledge both academic and practical which will enhance their effectiveness in responding to the complex issue of drug and alcohol misuse within a community environment. This one year intensive programme leading to a NFQ Level 7 Diploma is based on community development principles and uses adult learning approaches in its delivery. The programme is accepted as part fulfilment of the educational requirements for membership of Addiction Counsellors of Ireland and offers a progression pathway to B.Soc Science with UCD.

### **Course content**

The modules covered during the course are:

- Nature and Context of Addiction
- Community and Group Work Theory and Practice
- Understanding Prevention and Support in a Community Setting
- Introduction to Irish Social Policy / Drug and Alcohol Policy
- Introduction to Counselling
- Reflective Practice
- Approaches to Treatment and Rehabilitation
- Motivational Interviewing
- Professional Work Practice
- Community Research Methods

# **Target group**

People who wish to return to education and enhance their skills and knowledge in the area of addiction and enter the mainstream university system.

# **Entry requirement**

The Diploma is designed to provide a progression route for those who have already completed the Community Addiction Studies Course© or equivalent. Participants must have the capacity to complete a course at NUI Diploma Level 7, however this capacity is understood in the light of the principles of Adult Education. Participants must be over the age of 21.

# Selection procedure

Initially by application and then by interview.

For further information and application form please contact urrus@byap.ie or call 01-8467980. See

www.byap.ie/services/urrus/diploma-in-communit y-drugs-work or UCD webpage at https://www.ucd.ie/socialpolicyworkjustice/study/o utreachandprofessionaldevelopment/partnershipd rugsandalcoholprogrammes/

### Qualification

Level 7 Diploma – Diploma in Community Drug and Alcohol Work.

### **Assessment**

Assessment methods used include: written assignments; practical skill assessments; exams; presentations; and a learning journal.
Assessment is carried out throughout the course as individual modules are completed.

### Accreditation

UCD.

# Course background

The Diploma Course was developed in response to the need for a progression route for people who have participated in the Community Addiction Studies Course©; and also it provides a

much needed source of further training to those already involved in the drugs/addiction area, whether this be in the community, voluntary or statutory sector.

# **Course start date**

This course is currently being reviewed.

# **Course location**

URRUS Training Centre, Horizons Centre, Balcurris Rd, Ballymun, Dublin 11, and NUI University College Dublin, Belfield Campus, Dublin

# **Application**

Application can be made by application form only. Contact urrus@byap.ie or phone 01 8467980

### Cost

€2,300 course fee is non-refundable, and is due in full at registration. Payment options available.

# **DIPLOMA IN DRUG AND ALCOHOL STUDIES**

### **Course Provider**

University of Limerick / HSE Addiction Services

#### **Address**

University of Limerick

### Web address

https://www.ul.ie/gps/drug-alcohol-studies-diploma-online

# **Contact Person(s)**

### Dr Rachel Lenihan

Course Director/Limerick Co-ordinator

Rachel.lenihan@ul.ie

### Aoibhinn King

Dublin Co-ordinator (087) 9074515 aoibhinn.king@hse.ie

#### Esther Wolfe

Dublin Co-ordinator (087) 9092730 esther.wolfe@hse.ie

# Course aims and objectives

This one-year, part-time programme is offered predominantly online this year in an effort to support learners on a national basis. The course has been developed by the University of Limerick in partnership with the Health Service Executive (West-Limerick, West-Donegal and Dublin Mid-Leinster areas), Vocational Education Committees (City of Limerick and County Donegal), the Mid-West and North West Regional Drug and Alcohol Task Forces and the North West Alcohol Forum.

While the programme is predominantly delivered online, there are a small number of face-to-face engagements across the programme.

The programme aims to:

- develop personal and professional growth of individuals working in community, voluntary, statutory and non-statutory organisations who are actively engaged in responding to drug and alcohol issues, across the spectrum from prevention and education to treatment and rehabilitation.
- build upon existing knowledge and skills among participants, with a focus on developing theoretical and evidence-based knowledge together with a range of practical skills to enable them to respond effectively and appropriately to drugs and alcohol issues in their work setting.
- · enhance the principles and values

underpinning lifelong and adult learning among individuals.

# Course content

### Autumn semester

- EN3051 Experiential Group Work and Group Processes in the Context of Drug and Alcohol Studies
- EN3061 Substance Use: Theoretical Foundations
- EN3071 Models of Intervention: Theory & Practice 1
- EN3081 Research & Reflective Practice 1

### **Spring semester**

- EN3052 Substance Use: Community, Social and Policy Perspectives
- EN3062 Substances and Mental Health
- EN3072 Models of Intervention: Theory & Practice 2
- EN 3082 Research & Reflective Practice 2

### Target group

The course is intended for individuals actively engaged in management of drug and alcohol misuse and dependency or those working with groups at risk for drug and alcohol misuse.

Typical applicants also include health professionals, social care professionals, teachers, guidance counsellors, youth and child care

workers, prison officers, Gardai, probation officers and community workers among others.

**Entry requirement** 

- Certificate in Addiction Studies, or a related area, or equivalent academic qualification
- At least two years experience of working in the area of drug and alcohol or a related field
- Successful completion of interview
- You are required to complete a 300-500 word exercise as part of the application.

# Selection procedure

Applicants can now apply online. Please refer to our website for application guidelines and supports.

Course

website:

https://www.ul.ie/gps/drug-alcohol-studies-diploma-online

### Qualification

Diploma in Drug and Alcohol Studies, NFQ 7

### **Assessment**

Assessment will use a variety of methods, including written assignments, oral presentations, case study, project work, and reflective portfolio.

### Accreditation

University of Limerick: Level 7 HETAC National Framework of Qualifications

# Course background

The programme was developed by the University of Limerick in partnership with the Health Service Executive (West-Limerick, West-Donegal and Dublin Mid-Leinster areas), Educational Training Boards (former Vocational Education Committees) (Limerick and County Donegal), the Mid-West and North West Regional Drug and Alcohol Task Forces and the North West Alcohol Forum.

### Course start date

September each year. 2 semesters, 6 hours a week

### **Course location**

While the programme is predominantly delivered online, there are a small number of face-to-face engagements across the programme, including

an induction weekend at the beginning of the year, a trip to Dublin and workshops for EN3071 and EN3072

# **Application**

Prospective applicants will be required to complete an online application form via the website.

### Cost

Course fees EU: €1652, non-EU €5,300. Further information on fees available from the university webpage.

# **DIPLOMA IN ADDICTION STUDIES**

### **Course Provider**

City Colleges

### **Address**

Wicklow House, 84-88 South Great George's Street, Dublin 2

### Web address

http://www.citycolleges.ie

# Contact Person(s) Administrator

1850 252740 or (01) 4160034 info@citycolleges.ie

# Course aims and objectives

The module in addiction studies gives a comprehensive overview of current thinking and practice in the area of addictive behaviours and substance use/abuse. It focuses on the historical evolution of the various conceptualisations of addiction, the underlying causes attributed to the development and maintenance of addictive behaviours, models for understanding patterns of addiction and the treatments of addiction associated with those models. It further addresses the impact of addictive behaviours on society in terms of health, culture and criminality, paying particular attention to the Irish context.

### **Course content**

**Week 1:** Meaning and Nature. Multiple conceptions of addiction in current practice, reflecting more than substance-related issues. Addiction and Psychiatry

**Week 2:** Current neuro-biological, psychological, sociological and cultural understanding of the causes of addiction. Overview of different theoretical positions in conceptualising addiction (i.e. Medical, Religious, Psychological etc.)

Week 3: Focus on disease models of addiction

**Week 4:** Understanding addiction from a psychoanalytic perspective

Week 5: The bio-psycho-social model

**Week 6:** Overview of treatments of addiction: Psychotherapeutic, Pharmacological, etc

**Week 7:** Focus on conditioning models of treatment: Behaviourism, contingency management; cognitive-behavioural models of

treatment: Self –regulation, relapse prevention; Emotion-regulation and mindfulness-based models of treatment

**Week 8:** Stages of change in the treatment of Addiction

**Week 9:** Addictive behaviours from the perspective of family systems theory

**Week 10:** Impact of addictive behaviours on society: health, culture and criminality – the Irish context

### Target group

The module would be of interest to practitioners in a wide variety of disciplines (Psychology, Social Care, etc.) who may wish to deepen their knowledge of current thinking in addiction studies, to those who may be considering future study in the area of addictive behaviours and wish to gain a more comprehensive understanding of the area, and indeed, anyone who wishes to learn more about this pervasive and disabling condition.

### **Entry requirement**

For more information please see website or contact 01 4160034 or email info@citycolleges.ie

# Selection procedure

Apply online

https://citycolleges.ie/courses/diploma-in-addiction-studies/

### Qualification

City Colleges Diploma (NFQ - not applicable)

### **Assessment**

A pass grade on the written assignment will be required for awarding of the Diploma.

The assignment/project must be handed in on the due date unless a sound reason for lateness is provided. In such instances, an extension may be awarded at the discretion of the lecturer.

### Accreditation

9 CPD credits for members of the Psychological Society of Ireland

# Course background

Dr Aoife Quinn completed a BA in Psychology at National University of Maynooth followed by a PhD at the School of Psychology, University College Dublin.

# **Course start date**

10 weeks, one evening per week from 6.30 to 9.30pm. Contact the course provider for upcoming dates.

# **Course location**

Option of live online or in the classroom (Dublin)

# **Application**

Apply online

### Cost

Course fee: classroom-based €995 (€1,095 in instalments), online course €895 (€995 in instalments). Non-EU students: €1,295. A fee of £76 will be payable to The Institute of Commercial Management on successful completion of this course.

# **DIPLOMA IN INTEGRATIVE SUPERVISION**

### **Course Provider**

**IICP Education and Training** 

#### **Address**

Killinarden Enterprise Park, Killinarden, Tallaght, Dublin 24

### Web address

http://www.iicp.ie

### Contact Person(s)

# Marcella Finnerty

Course Director 01 260 0805 / 086 260 9989 marcella@iicp.ie

# Course aims and objectives

Supervision in some form is viewed as a key component of many professions in the provision of support to practitioners, enhancement of ongoing learning, and, to a greater or lesser degree, it offers some protection to the public. This course is intended for people from a variety of disciplines who are intending, beginning or already practising supervisors. It is designed to enable individuals to extend their understanding and knowledge of supervision, incorporating theoretical input with opportunities for group discussion and experiential exercises.

### Course content

- Definitions and purpose of supervision.
- Models of the supervisory process will be explored including those of Page and Wosket and Hawkins and Shohet.
- · Learning styles.
- Consideration of the training development and supervisory needs of supervisors.
- Opportunities to role-play in triads as supervisor, supervisee and observer, using participants' own case work.
- Exploration of transference, counter-transference and the parallel process.
- Reflection on the similarities and differences of supervision in a one-to-one, group or organisational context.
- Consideration of multicultural, ethical and professional issues

# **Target group**

This course will be of interest to professionals who work in an integrative manner. It will be of particular interest to counsellors, psychotherapists, guidance counsellors, psychologists, healthcare professionals, probation

officers, social services personnel, managers, and all who supervise the work of others in the helping professions.

# **Entry requirement**

No entry requirements.

# Selection procedure

See the course website for details <a href="https://www.iicp.ie/cpdcourses/supervision/">https://www.iicp.ie/cpdcourses/supervision/</a>

### Qualification

IICP Professional Diploma in Integrative Supervision This course has meets the supervision accreditation criteria for IACP/IAHIP

### Assessment

Attendance at all training days is necessary to qualify for the award.

### Accreditation

Institute of Integrative Counselling and Psychotherapy

# Course background

This course has been organised in response to those seeking professional training and qualifications in therapeutic supervision.

### Course start date

23 May 2024. See website for future dates.

### **Course location**

Killinarden Enterprise Park, Dublin 24

# **Application**

Application form from contacts or online.

### Cost

€1,950 – Places are limited and allocated on a first come first served basis following interview.

App Fee: €75.00 (non-refundable)

# C11 SUBSTANCE MISUSE AND ADDICTION STUDIES DIPLOMA

### **Course Provider**

University College Cork Adult Continuing Education

### **Address**

UCC, Cork

### Web address

https://www.ucc.ie/en/ace/

# Contact Person(s) Administrator

+353 (0)21 490 4700 ace@ucc.ie

# Course aims and objectives

This exciting part-time diploma course invites students to engage with one of the most important contemporary issues of societal concern. The course will provide students with an introduction to the knowledge, skills and values required to equip health and social care professionals and volunteers to loosen the grip that substance misuse and addiction has on the health and well-being of individuals, families, communities and the health, social care and criminal justice resources of the state. Students will be provided with an understanding of how history, culture, addiction theory and policy inform and shape societal discourse, service provision and practice. They will receive grounding in the theoretical knowledge, models of addiction treatment, and the practical helping skills and values that underpin ethical practice in the field. Teaching on the Diploma will draw on contributions from a variety of academic and practice disciplines from both UCC and the HSE in the areas of social science, law, public health and epidemiology, to counselling, nursing, psychology and medicine.

# **Course content**

Year 1 modules (30 Credits)

- SS1834 Understanding drugs in a social context (5 Credits)
- SS1835 The role of drug and alcohol policy (5 Credits)
- SS1836 Theories of addiction and practical models of intervention (5 Credits)
- SS1837 Diverse client presentations (5 Credits)
- SS1838 Basic intervention skills (5 Credits)
- SS1839 Substance misuse prevention

with young people and families (5 Credits)

Year 2 modules (30 Credits)

- SS2828 Facilitating change in one-to-one and group settings (5 Credits)
- SS2829 Introduction to motivational interviewing (5 Credits)
- SS2830 An introduction to working with dual diagnosis (5 Credits)
- SS2831 Relapse management (5 Credits)
- SS2832 Practice placement initial assessment of client need, comprehensive assessment of client need, care-planning and working with other professionals and settings (10 Credits)

# **Target group**

The Diploma in Substance Misuse and Addiction Studies will equip students with the baseline knowledge, skills and values necessary to work or volunteer in an area that can be very rewarding but challenging at the same time. The course will provide an introduction to the knowledge, skills and values required to equip health and social care professionals and volunteers to loosen the grip that substance misuse and addiction has on the health and well-being of individuals, families, communities and the health, social care and criminal justice resources of the state. Students on this programme will gain hands-on experience through agency visits as well as completing a placement in a recognised treatment, rehabilitation or harm reduction setting in Year 2.

# **Entry requirement**

- Be at least 23 years of age by 1 January of the year of application
- Submit a detailed application form prior to the closing date which will request applicants to present a supplemental statement indicating their reasons for applying for the course, who will support them, and the expected benefits to them personally and to their work or volunteering role
- Applicants will be asked to include any employment or volunteering activities that may be relevant to this course as well as details of any other academic or professional training that they may have undertaken
- Applicants will also be asked to provide the names and details of two persons who are willing to act as Referees.
- Applicants must satisfy Garda Vetting requirements

Applicants who are successfully shortlisted will be invited for Interview.

At interview, each applicant will be invited to: 1) discuss their application form; 2) outline their experience in the area of addiction; 3) demonstrate a level of interest in working or volunteering with those affected by substance misuse; 4) identify the potential application of the learning from the programme; 5) demonstrate their ability to cope with the academic demands of the programme; 6) demonstrate a level of self-awareness, maturity and stability, an ability to cope with emotional demands of the programme and an ability to be open and to reflect on oneself and one's life experiences and communicate that to the interviewers.

Applicants that disclose a personal recovery process are required to be 2-years post-treatment before applying for the programme. English Language Requirement: All applicants whose first language is not English must have attained IELTS Level 6.5 with no minimum individual sections 5.5 or the equivalent TOEFL score.

# Selection procedure

See website for further course details <a href="https://www.ucc.ie/en/ace-dsmas/">https://www.ucc.ie/en/ace-dsmas/</a>

# Qualification

Diploma at NFQ level 6/7

#### Assessment

Students on the Diploma in Substance Misuse and Addiction Studies will engage in a range of diverse and interesting assignments which demonstrate that the expected learning outcomes of various modules have been achieved. There are no end of year examinations on this course. Assignments will consist of written essays, reflective journals/portfolios, presentations, case study role-plays and real-play examples of practice, and group projects. Students will also have the opportunity to visit some relevant addiction treatment settings. In Year 2, students will be Garda vetted and will complete 150 hours of placement in a recognised treatment, rehabilitation or harm reduction setting. Students on placement will be supported and supervised by an experienced practitioner.

### Accreditation

UCC. Students interested in pursuing professional accreditation with the Addiction Counsellors of Ireland will be required to engage in 50 hours of personal therapy and 100 hours of practice supervised by an accredited practice supervisor during training. This will entail additional costs for those students.

# Course background

The programme is jointly co-ordinated and delivered by UCC and the Health Service Executive (HSE) Cork Kerry Community Healthcare Addiction Services.

### Course start date

September 2025.

### **Course location**

UCC Campus.

# **Application**

Apply online.

### Cost

€990 per year.

# HIGHER DIPLOMA IN SOCIAL POLICY

### **Course Provider**

UCD School of Applied Social Science

### **Address**

University College Dublin, Belfield, Dublin 4

### Web address

http://www.ucd.ie/appsocsc/

# Contact Person(s) Mr Dominic Shellard

01 716 8682 n.a.

# Course aims and objectives

This Higher Diploma is a transition course providing a foundation in Social Policy for graduates of other disciplines. regular access to academic staff who specialise in a wide range of areas within Social Policy and Social Work regular seminar meetings which provide academic support through the year of study. The Higher Diploma in Social Policy can be used as a transition course for those who need to fulfil the Social Policy credit requirements for access to postgraduate training in Social Work. Additionally it provides a background in Social Policy for students interested in careers in Social Policy or Public Policy.

### **Course content**

This Higher Diploma provides a selection of modules from the BSocSc undergraduate Social Policy programme which students cover in a single year. Students attend classes with Level 1, 2 and 3 undergraduates.

There are a number of core modules which all Higher Diploma students must take, in addition to the optional modules which they choose. Students who wish to apply for the Master of Social Science (Social Work) programme are strongly advised to take optional modules in 'Introduction to social work' and 'Social work in practice'.

Core modules for previous years include the following:

- \* Comparative social policy
- \* Gender and social policy analysis
- \* Family, demography and social policy
- \* Theories and concepts
- \* Contemporary Irish social policy

\* Exploring contemporary social policy

Optional modules for previous years included the following:

- \* Introduction to social work
- \* Social work in practice
- \* Policy making, implementation and evaluation
- \* Sustainable development, community development
- \* Alcohol and drug policy
- \* Development of social policy
- \* Housing and social cohesion
- \* Crime, social services and the justice system
- \* Economics of social policy
- \* Sexual and reproductive health research

Students will be given full details of the current core modules and optional modules at the beginning of the academic year. Detailed module outlines and booklists for individual modules will be made available by individual lecturers.

### Target group

Graduates wishing to pursue further training and careers in social work and social policy.

# **Entry requirement**

Applicants to the HDip programme who intend to apply for the MSocSc(Social Work) should note that they will be expected to have a minimum of 420 hours relevant paid or voluntary work experience by the closing date for applications to the Masters programme, in addition to the academic requirements. (Placements do not count towards these but may be drawn upon at interview should you be shortlisted).

Applicants with fewer hours may still be considered at the discretion of the school.

# Selection procedure

The minimum standard for entry is a NFQ level 8 degree in any subject. However, students are normally expected to have achieved a minimum grade of 2.2 (second class honours, grade 2). If the degree grade is given as a GPA, the standard for entry is the GPA equivalent of a second class honours, grade 2 in the institution which awarded the degree. This may vary between institutions. For degrees awarded by UCD it is a GPA of 2.48. Applicants whose degree was awarded outside Ireland should contact the school office to check the equivalency of their qualifications.

Click for further details <a href="https://sisweb.ucd.ie/usis/!W\_HU\_MENU.P\_PUBLISH?p\_tag=PROG&MAJR=W050">https://sisweb.ucd.ie/usis/!W\_HU\_MENU.P\_PUBLISH?p\_tag=PROG&MAJR=W050</a>

### Qualification

Higher Diploma in Social Policy (HDipSP)

### **Assessment**

Submission of written work throughout the year, in addition to examinations.

### Accreditation

University College Dublin

# Course background

n.a.

### Course start date

September each year. A full-time course lasting one academic year.

# **Course location**

**UCD** Dublin

# **Application**

The course will be held only if a sufficient number of suitably qualified candidates apply. Once the course has filled, applicants may be placed on a waiting list or advised to re-apply the following year.

# Cost

EU fee per year - €6,980; non-EU fee per year - €13,670. Successful applicants will be required to pay a non-refundable deposit of €500 upon acceptance of a place.

# ONLINE POSTGRADUATE DIPLOMA IN SOCIAL POLICY AND PRACTICE.

### **Course Provider**

School of Social Work and Social Policy, Trinity College Dublin

#### **Address**

School of Social Work and Social Policy, Room 3063, Arts Building, University of Dublin, Trinity College, Dublin 2

### Web address

http://www.tcd.ie/swsp/

### Contact Person(s)

**Dr Louise Caffrey**Course Director

01 8963708 louise.caffrey@tcd.ie

# Course aims and objectives

This level 9 academic postgraduate course, delivered online, aims to provide graduates from all disciplines with the opportunity to develop their understanding of the role that social policies play in developing functioning and just societies. A second year leading to a M.Sc. in Social Policy and Practice is available to eligible candidates who have completed the Postgraduate Diploma.

### Course content

This programme will give students an understanding of the role of social policy in engaging with some of the 'wicked problems' that contemporary societies face. These are complex interdependent problems such as responses to crime and poverty, policy issues which are often resistant to the solutions put in place by governments. Students will be exposed to the arguments for developing policy interventions in areas such as social security, health and housing, and the challenges of implementing and changing policy in these areas.

This course provides students with a stimulating online learning experience by creating a structured yet flexible learning approach. The place of study is flexible as online delivery allows students to engage in learning activities at home or in the workplace and there is no requirement to attend at the Trinity campus in Dublin. Students will have access to weekly materials using a virtual learning environment and the opportunity to engage with other students and lecturers using discussion boards.

Students will take seven core modules totalling 60 ECTS. Modules cover subjects such as

contemporary debates in social policy, the family and society, criminology, disability studies and social work.

# Target group

The programme has particular appeal to graduates who wish to pursue a Masters programme in social work, social studies and social policy but who do not have an undergraduate qualification in these fields. This online Postgraduate Diploma can act as a conversion course for such graduates and enhance their application for specialised programme such as a Master in Social Work. The programme will also appeal to applicants from outside Ireland, in particular North America, who wish to study in Ireland's leading university with expertise in Irish, EU and global social policy.

# **Entry requirement**

The programme is open to graduates from all disciplines who are interested in converting to the field of applied social studies. Successful applicants will hold a level 8 degree in any subject at a minimum of Upper Second Class Honours degree (2.2).

# Selection procedure

For information about the course,

see

https://www.tcd.ie/swsp/postgraduate/Social-Policy-Practice/

### Qualification

The Postgraduate Diploma in Social Policy and Practice is a level 9 postgraduate diploma offered as a one year online programme.

# **Assessment**

As per course syllabus.

# **Accreditation**

Trinity College Dublin

# Course background

This course was run for the first time in 2014

# **Course start date**

September

# **Course location**

Online

# **Application**

See website. For further information contact: course director elliot@tcd.ie

# Cost

EU students: €6,800, Non-EU students: €12,980,

Application fee: €35 (to be paid online)

# BACHELOR OF ARTS IN APPLIED ADDICTION STUDIES AND COMMUNITY DEVELOPMENT

### **Course Provider**

An Cosan

#### **Address**

Kiltalown Village Centre, Jobstown, Tallaght, Dublin 24

#### Web address

http://www.ancosan.ie

### Contact Person(s)

### **Education Co-ordinator**

Education Co-ordinator 01 462 8488

courses@ancosan.ie

# Course aims and objectives

The aim of this blended online Bachelor of Arts (BA) Degree programme is to develop the knowledge, skills and abilities of learners in the theory and practice of applied addiction studies and community development.

The purpose of the programme is to build the capacity of community drugs workers and those working and volunteering in the wider community within an addiction context.

### **Course content**

# Stage one (certificate)

Module 1	Learning to Learn at	Third Level
		• •

Module 2 Introduction to Community

Development

Module 3 Social Analysis

Module 4 Group Work and Facilitation

Skills

Module 5 The Nature and Context of

Addiction

Module 6 Drug Prevention, Education and

Awareness

# Stage two (higher certificate)

Module 1 Community Development

**Practical Approaches** 

Module 2 Understanding and Managing Conflict in a Community Development Context

Module 3 Social Policy

Module 4 Reflective Practice, Knowledge,

Skills & Attitude

Module 5 Introduction to Counselling and

Motivational Interviewing

Module 6 Approaches to Treatment and

Rehabilitation

# Stage three (Bachelor of Arts (BA) Degree)

Module 1 Transformative Community

Education

Module 2 Drugs and Crime in a Global

Context

Module 3 Research Methods and Practice Module 4 Project Cycle Management in

the Community and Voluntary Sector

Module 5 Community Drug Work and

Leadership in Practice

Module 6 Community Development and

Technology

# Target group

People who are employed in the field of addiction studies and community development; people who work in the community in a voluntary capacity; and people with an interest in addiction studies and community development.

# **Entry requirement**

Applicants should have completed the Leaving Certificate or a Certificate at Level 5 of the National Framework of Qualifications in addiction studies and community development or a related area. Other applicants will be considered on a case-by-case basis in accordance with the South East Technological University policy on recognition of prior learning.

# Selection procedure

Applications are treated on a case-by-case basis. Applicants may be required to attend for an interview. See

website

https://www.ancosan.ie/higher-education/#degree

-addiction-studies-community or

http://www.ancosan.ie/higher-education.php

# Qualification

Certificate, Higher Certificate, then Bachelor of Arts in Applied Addiction Studies and Community Development (awarded by the South East Technological University).

### **Assessment**

A variety of assessment methods such as reflective journals, presentations, research projects and portfolios, written examination and assignments are used on the programme.

# **Accreditation**

NFQ Level 6

# Course background

This BA began in 2012.

### Course start date

The programme runs from September to June and operates on a three-year cycle.

### **Course location**

These programmes are all delivered primarily online with occasional sessions held in An Cosán's community education centre in Jobstown, Tallaght, Dublin. Each module consists of: Induction Day: Full day face to face workshop Weekly live online sessions: 2 hours once a week for 8 weeks Midway workshop: Full Day Face to Face Workshop

# **Application**

For further information or to express your interest in the programme contact An Cosán.

### Cost

€5,400 or €1,800 per stage. Phased payment options are available.

# **BA (HONOURS) IN COUNSELLING WITH ADDICTION**

### **Course Provider**

Cuan Mhuire and Munster Technological University (Kerry)

### **Address**

Tralee, Co Kerry

### Web address

http://www.ittralee.ie/en/

# Contact Person(s) Admissions Officer

066 7145638 admissions@ittralee.ie

# Course aims and objectives

This four year course is a collaborative programme between the Insitute of Technology Tralee and Cuan Mhuire/Galilee House of Studies.

Counselling involves talking and listening to clients about their emotions, relationships, thought processes, patterns of behaviour or life events, such as bereavement, addiction, divorce, health issues or job concerns. Counsellors help clients to understand themselves better and find their own solutions to resolve or cope with their situation or issues. Counsellors play a crucial role in improving the health and wellbeing of people in society. The purpose of this course is to provide systematic training in counselling theory and practice at a level that prepares participants to counsel in a variety of settings and to use various counselling approaches.

### Course content

This BA (Honours) in Counselling with Addiction course is a collaborative course between the Munster Technological University and Cuan Mhuire/Galilee House of Studies. Cuan Mhuire is Ireland's 'largest multi-site provider of residential detoxification and treatment for those suffering from addiction (www.cuanmhuire.ie). Galilee House of Studies is an established provider of a higher education undergraduate diploma course in counselling located in Athy, Co. Kildare.

The course will be delivered by a team of experienced practising addiction counsellors and third level academic staff in Galilee House of Studies, Athy, Co. Kildare (Year 1, Year 2 and Year 3) and the Munster Technological University, Co. Kerry (Year 3), with practice placement undertaken in Cuan Mhuire's

residential centres or other relevant clinical sites across Ireland (Year 4).

# Target group

Those interested in counselling.

# **Entry requirement**

Applicants must: Be over 23 years of age on the 1st of January on the year of entry. AND Hold a Leaving Certificate or equivalent with a minimum of 2 x H5 and 4 x 06/H7. OR • Hold a full QQI (level 5) award with a minimum of 3 distinctions. OR • Have completed a recognition of prior learning (RPL) process with the college (applicants, who hold other qualifications and/or experience, may be considered for a place on this undergraduate programme).

# Selection procedure

Visit course website or <a href="http://www.ittralee.ie/en/">http://www.ittralee.ie/en/</a>

# Qualification

Ba (Honours) in Counselling with Addiction

### Assessment

See course description.

### Accreditation

NFQ level 8. Graduates will also be accredited with the Irish Association for Counselling and Psychotherapy (IACP), Addiction Counsellors of Ireland (ACI) and the National Association of Pastrol Counselling and Psychotherapy (NAPCP).

### Course background

Cuan Mhuire is Ireland's largest multi-site provider of residential detoxification and treatment for those suffering from addiction. Galilee House of Studies is an established provider of a higher education undergraduate diploma programme in counselling located in Athy, Co. Kildare.

# **Course start date**

September

# **Course location**

Athy Co Kildare and Tralee, Co Kerry

# **Application**

Apply to Munster Technological University

# Cost

View website and contact course providers.

# BA (HONOURS) IN COUNSELLING WITH ADDICTION. ONE YEAR ADD-ON

### **Course Provider**

Cuan Mhuire and Munster Technological University (Kerry)

### **Address**

Tralee, Co Kerry

### Web address

http://www.ittralee.ie/en/

# Contact Person(s) Admissions Officer

066 7145638 admissions@ittralee.ie

# Course aims and objectives

The purpose of this one year add on programme is to educate existing counsellors to NFQ level 8.

Successful completion of the BA (Honours) in Counselling with Addiction course will enable learners to progress their studies to masters level. The University, in collaboration with Cuan Mhuire/Galilee House of Studies, are planning to develop a Master of Arts in Psychotherapy. In addition, graduates will have the opportunity to undertake the masters scholarship course offered by MTU Kerry Campus which supports learners in developing their research interests and skills to NFQ level 9.

### **Course content**

### The first semester

- · Research methods
- Psychodynamic perspectives
- Motivational interviewing
- Clinical supervision

### The second semester

- Dissertation
- Advanced addiction studies

# **Target group**

Counsellors with a NFQ Level 7 qualification in counselling.

# **Entry requirement**

Applicants must be 23 years of age on 01 January on the year of entry AND hold an NFQ Level 7 in Counselling (or equivalent) AND are accredited as counsellors with the IACP or ACI or NAPCP.

See course website for further requirements or

# http://www.ittralee.ie/en/

# Selection procedure

See requirements.

### Qualification

Ba (Honours) in Counselling with Addiction, level 8

### **Assessment**

As per course description

### Accreditation

Munster Technological University

# Course background

This is a collaborative programme between the Insitute of Technology Tralee and Cuan Mhuire/Galilee House of Studies in Athy, Co. Kildare.

### Course start date

September. Part time.

### Course location

Athy, Co Kildare

### **Application**

Apply to Munster Technological University

### Cost

See website and contact course providers

# B.A. (HONS) IN COUNSELLING & PSYCHOTHERAPY WITH ADDICTION STUDIES

### **Course Provider**

Irish College of Humanities and Applied Sciences (ICHAS)

#### **Address**

Walton House, Lonsdale Road, National Technology Park, Castletroy, Limerick

#### Web address

http://www.ichas.ie/

# Contact Person(s) Administration offices

061 216 288 info@ichas.ie

# Course aims and objectives

This course has been designed for individuals who wish to become competent professional practitioners in counselling related fields with a specific focus on addiction studies. The syllabus covers a diverse combination of theory and competence development. It centers on areas such as understanding mental health, the theoretical evolution of addiction, substance and non-substance addictions, addiction intervention and recovery approaches.

It is taught using a combination of classroom-based and skill-based learning that allows the learner to avail of blended learning to access classes in person or using on-line facilities to allow for a better work/life/study balance while equipping the learner with the confidence, skills, and competencies to work in the addiction area of Counselling & Psychotherapy. While much of the course can be accessed online, in certain modules, mainly Skills Based, attendance is a mandatory requirement.

### **Course content**

The course covers a range of subjects which when taken together provide a syllabus designed to develop competent professional practitioners. The subjects covered are designed to be both practical and theoretical. See the <u>course website</u> for list of modules.

Having a student-centered approach that offers mentoring and placement support is a cornerstone of this course. Therefore, during work-based learning, each student will be required to undertake 200 hours of Direct client work under strict Clinical Supervision arrangements.

# Target group

The programme is highly interactive and is designed for learners who wish to begin their educational and learning journey in the fields of Counselling and Psychotherapy specifically to work in addiction settings. It is specially designed for those who aspire to develop professional's competence to work with diverse and marginalised groups of people or individuals with complex needs.

# **Entry requirement**

The knowledge, skills, and competence required to successfully participate in and complete the Level 8 Programme are outlined below:

All applicants must be over 18 years of age and are required to undergo Garda Vetting Applicants will be required to have basic IT literacy, skills, and competence For non-native speakers of English, a C score in the Common European Framework of Reference for Languages (CEFRL) or equivalent International English Language Testing System IELTS score of 6.0 is required

See website for information on CAO applicants and mature students.

# Selection procedure

**Apply** 

via

https://ichas.ie/course/b-a-hons-in-counselling-ps ychotherapy-with-addiction-studies/

# Qualification

NFQ Level 8 - B.A. (Hons) in Counselling & Psychotherapy with Addiction Studies

### Assessment

The modules will be assessed using a range of assessment approaches including continuous assessment, project work, practical exercises and terminal assessments.

### Accreditation

QQI – Quality and Qualifications Ireland. It is recognised towards requirements for professional accreditation with both the Association for Professional Counselling & Psychotherapy (APCP) and the National Association for Professional Counselling & Psychotherapy (NAPCP) and is awaiting recognition from Addiction Counsellors Ireland (ACI).

# Course background

The B.A. (Hons) in Counselling & Addiction Studies Course is a 1-year add-on programme to our Level 7 programme at ICHAS or equivalent Level 7 qualification in a related field of study. This programme was recently revised and validated by Quality and Qualification Ireland (QQI) in 2015. The course is highly interactive and it has been designed specifically for those who want to study to become competent professional practitioners in counselling and addiction related areas.

### Course start date

September: 1 Year. (One year add-on programme to BA). This course is offered on a full time or part time basis.

# **Course location**

Available in Limerick & Dublin.

### **Application**

Please contact our Administration Office on 061 216288, or apply online

### Cost

€3,825 per annum. The fees for the programme are €3,825 per annum (this includes a 2% PEL levy of €75). In addition, students who opt for monthly instalments will incur an extra annual fee of €100 to avail of this facility. Fees for international students are under review.

# B.A. (HONS) IN COUNSELLING & PSYCHOTHERAPY WITH YOUTH STUDIES

#### **Course Provider**

Irish College of Humanities and Applied Sciences (ICHAS)

#### **Address**

Walton House, Lonsdale Road, National Technology Park, Castletroy, Limerick

#### Web address

http://www.ichas.ie/

# Contact Person(s) Administration offices

061 216 288 info@ichas.ie

# Course aims and objectives

This new Honours BA programme is an exciting and innovative programme, designed to support students wishing to study towards becoming professional practitioners in Counselling related areas of practice and specifically in Youth based settings. Completion of the programme leads to an academic award at Level 8 on the National Framework of Qualifications awarded by QQI.

Where successful graduates wish to pursue professional accreditation for practice, they must seek such accreditation from the relevant body in accordance with the guidelines of that particular body. The programme will contribute to the requirements for professional accreditation with relevant professional accrediting bodies in the fields of Counselling and Psychotherapy in Ireland. Completion of this programme supports graduates on their journey towards professional accreditation until CORU finalises its Regulatory standards.

### Course content

The syllabus covers a diverse combination of theory and competence development. It focuses on areas such as understanding mental health and issues directly affecting young people such as education, health, inequality, racism, suicide and addiction. It is taught using a combination of classroom-based and skill-based learning that allows the learner to avail of blended learning to access classes in person or using on-line facilities to allow for a better work/life/study balance while equipping the learner with the confidence, skills and competencies to work in the addiction area of Counselling & Psychotherapy. While much of the course can be accessed online, in certain modules, mainly Skills Based, attendance is a

mandatory requirement.

Having a student-centred approach that offers mentoring and placement support is a cornerstone of this course. Therefore, during work-based learning, each student will be required to undertake 200 hours of direct client work under strict Clinical Supervision arrangements. All students are supported with Personal Development Modules in the early stages of the programme and are required to engage in a minimum of 50 Hours of Personal Psychotherapeutic Experience (or equivalent) across the programme. PPE may commence from the Second Semester of Stage 2 of the programme and will continue until Programme Completion. Further information on Placements is available on the ICHAS website.

### Target group

This course has been designed for individuals who wish to become competent professional practitioners in counselling related fields with a specific focus on Youth Studies. It focuses on the skills, knowledge and approach necessary to work within the youth context, with emphasis placed on the link between theory and practice.

# **Entry requirement**

A minimum of a 2.2 level 8 degree (or its equivalent) in a related discipline. Applicants with relevant experience will also be considered through APL/RPL. Applicants are also required to complete a short interview. See full list of requirements

at

https://ichas.ie/course/b-a-hons-in-counselling-ps ychotherapy-with-youth-studies/

# Selection procedure

The knowledge, skills, and competence required to successfully participate in and complete the Level 8 Programme are outlined below:

 All applicants must be over 18 years of age and are required to undergo Garda Vetting

- Applicants will be required to have basic IT literacy, skills, and competence
- For non-native speakers of English, a C score in the Common European Framework of Reference for Languages (CEFR) or equivalent International English Language Testing System IELTS score of 6.0 is required.

For more information visit the website at

https://ichas.ie/course/b-a-hons-in-counselling-ps ychotherapy-with-youth-studies/

# Qualification

NFQ Level 8 – B.A. (Hons) in Counselling & Psychotherapy with Youth Studies

### **Assessment**

Assessment

### Accreditation

QQI - Quality and Qualifications Ireland

# Course background

The ICHAS also provides an M.A. in Adolescent Studies and M.A. in Childhood Studies

# Course start date

September.

### **Course location**

Available at Dublin and Limerick campuses. For information on blended learning see the course website.

# **Application**

Please contact our Administration Office on 061 216288, or apply online.

### Cost

The fees for the programme are €3,825 per annum (this includes a 2% PEL levy of €75). In addition, students who opt for monthly instalments will incur an extra annual fee of €100 to avail of this facility. All fees are fully protected

under our Protection of Enrolled Learners' Policy. Fees for international students are under review.

# M.A. IN COUNSELLING & PSYCHOTHERAPY (COGNITIVE BEHAVIOURAL MODALITIES)

### **Course Provider**

Irish College of Humanities and Applied Sciences (ICHAS)

#### **Address**

Walton House, Lonsdale Road, National Technology Park, Castletroy, Limerick

### Web address

http://www.ichas.ie/

# Contact Person(s) Administration offices

061 216 288 info@ichas.ie

# Course aims and objectives

This Masters programme in Counselling and Psychotherapy (Cognitive Behavioural Modalities) is designed for graduates in health and human sciences and in particular graduates of Counselling and psychotherapy related programmes as well as disciplines such as, nursing, social care, social work, psychology and programmes in cognate areas who wish to expand their knowledge and understanding of the human condition and the contribution of advanced level counselling and psychotherapy practices incorporating CBT approaches.

### **Course content**

This programme will provide students with both theoretical and practical opportunities for working in addiction counselling within a variety of contexts in the statutory, community and voluntary sector. The programme has been designed to facilitate students who wish to become professionally accredited by Addiction Counsellors Ireland to meet their pre-accreditation criteria.

The opportunities embedded within the programme for the development and demonstration of critical thinking skills and theoretical knowledge transfer should mean that graduates of the MA in Addiction Counselling will be prepared to lead, plan, educate, consult, manage, design, evaluate and advocate effectively in the contexts in which they are working.

Please go to the structure section on the <u>course</u> <u>website</u> for an overview of the content covered in this programme.

# Target group

This programme is for people who have a desire to be leaders and agents for change; recognising the special contribution of professional counsellors and psychotherapists using a range of scientifically established paradigms and approaches can make to individuals, their families and communities in supporting individual recovery, wellbeing and also at policy and preventative levels in terms of public health models, thus enriching the lives of individuals and communities.

# **Entry requirement**

This programme is designed for graduates in health and human sciences and in particular graduates of Counselling related programmes as well as, nursing, social care, social work, psychology and programmes in cognate areas who wish to expand their knowledge and understanding of the human condition. The knowledge, skills and competence required to successfully participate in and complete this Level 9 Programme will normally require applicants to have successfully achieved a Level 2:2 award in a relevant Human Science Level 8 degree.

See full list of requirements

at

https://ichas.ie/course/m-a-in-counselling-psychot herapy-cognitive-behavioural-modalities/

# Selection procedure

By application and interview.

# Qualification

NFQ Level 9 - M.A. in Counselling & Psychotherapy (Cognitive Behavioural Modalities)

# **Assessment**

Assessment.

### Accreditation

QQI – Quality and Qualifications Ireland. This programme facilitates graduates of programmes in cognate areas who wish to study towards and meet professional Counselling and Psychotherapy Accreditation requirements of the EAP in relation to Psychotherapy accreditation.

# Course background

The ICHAS also provide related courses - M.A. in Counselling & Psychotherapy (Psychodynamic Modalities); M.A. in Counselling & Psychotherapy (Integrative Modalities); M.A. in Counselling & Psychotherapy (Person Centred Modalities) and M.A. in Counselling & Psychotherapy (Family Therapy)

### Course start date

September. Part time over 2 Years

### **Course location**

Available at Dublin and Limerick campuses

# **Application**

Please contact our administration office on 061 216288, or apply online.

### Cost

The tuition fees for the programme are €7,800 (this includes a 2% PEL levy). In addition, students who opt for monthly instalments will incur an extra fee of €100 to avail of this facility. Fees for international studies are under review.

# **MSc ADDICTION RECOVERY**

#### **Course Provider**

School of Medicine, Trinity College Dublin

#### **Address**

College Green Dublin 2, Ireland

### Web address

https://www.tcd.ie/medicine

# **Contact Person(s)**

Dr. Jo-Hanna Ivers Course Co-ordinator 01 8961087 jivers@tcd.ie

# Course aims and objectives

The M.Sc is designed for Addiction Recovery Practitioners working across the Addiction and support services. The course is offered by the Discipline of Public Health and Primary Care at the School of Medicine, Trinity College Dublin with a range of teaching from leading experts from across Trinity College as well as leading clinicians the Health Service Executive. The course is a fusion between Public Health, Psychiatry, Psychology and Neuroscience. It is the first course of its kind in Ireland.

- 1. To bring the core theory of Addiction Recovery (AR) to health and social care students and to support the application of the AR model in the health and social care domains of practice.
- 2. To critically appraise and analyse the factors impeding implementation of an Addiction Recovery model in a variety of settings.
- 3. To foster multi-disciplinary learning in an academic setting where the multi-disciplinary and multi-organisational backgrounds of the students will be developed as a source of learning.

### Course content

The course comprises 90 ECTS credits in total. There are 12 taught modules, which might be altered depending on the staff availability: Current and historical approaches to the theory and treatment of addiction, Basic concepts and policy in recovery: Research methodology 1, Research methodology 2, Substance addiction psychopharmacology, Neurobiology of addiction, Social policies and social context of addiction recovery, Theory, Techniques and interventions,

Clinical application of evidenced based intervention, Mental health and supervised clinical application 1, Mental health and supervised clinical application 2 (emphasis on adolescent populations), and Implementation strategies. There is also a dissertation module.

Visit

the

https://www.tcd.ie/courses/postgraduate/courses/addiction-recovery-mscpgraddip/

# **Target group**

The MSc is designed for addiction recovery practitioners working across the addiction and support services.

# **Entry requirement**

This course will be of interest to those who have responsibility for delivery and implementation of Addiction Services. The aim of this interdisciplinary course is to provide high-quality training for health and social care practitioners in the theoretical and practical aspects of Addiction Recovery. The Masters in Science in Addiction Recovery will have a strong component of action learning in the workplace. The course will also provide students with an opportunity to critically explore and evaluate emerging field of Addiction Recovery. Graduates of this course will be expected to promote and develop excellence in Addiction Recovery.

The entry requirement for the course is at graduate level. Prospective students will be graduates in a health or social care-related discipline with at least 3 years' professional

experience.

Other applications may be considered in exceptional circumstances based on workplace experience. In the case of applicants with no professional experience, a submission may be considered by the course committee where the student can secure placement for the duration of the course and the course committee are satisfied that the student will adequately benefit from completing the course. Applications for admission to the course will be made online. Short-listed applicants may be interviewed.

# **Selection procedure**

The closing date for applications for entry to the course will be the end of June of the year of admission; however, late applications will be considered in the event of places not being filled. See <u>course website</u> for more course details.

https://www.tcd.ie/courses/postgraduate/courses/addiction-recovery-mscpgraddip/

### Qualification

MSc

### **Assessment**

As per curriculum

### Accreditation

**TCD** 

# Course background

The course is offered by the Department of Public Health & Primary Care at the School of Medicine, Trinity College Dublin with a range of teaching from leading experts from across Trinity College as well as leading clinicians the Health Service Executive. The course is a fusion between Public Health, Psychiatry, Psychology and Neuroscience. It is the first course of its kind in Ireland.

### Course start date

October each year. The course runs one-year full-time. Course attendance comprises three-day blocks each month (Tuesday to Thursday) to facilitate work release. Each course attendance day consists of six hours of lecture sessions, workshops or tutorials.

### Course location

Trinity College Dublin, Tallaght campus.

# Application

Applications for this course should be made online. For more information contact Dr. Jo-Hanna Ivers jivers@tcd.ie

### Cost

Contact course providers for final fees. Year 1 new student fee EU €9,140; non EU €18,300.

# **MASTER OF ARTS (TAUGHT) IN ADDICTION STUDIES**

### **Course Provider**

**DBS School of Arts** 

#### **Address**

Dublin Business School, 13/14 Aungier Street, Dublin 2

### Web address

http://www.dbs.ie

# Contact Person(s) Administrator

01 417 7500 admissions@dbs.ie

# Course aims and objectives

### Aims:

- To formally explore addictions from a variety of academic and scientific perspectives; including social, cultural, psychological, anthropological, and psychoanalytic perspectives
- To evaluate how these perspectives interact and how they differ from each other
- To critically inform policy making in relation to addictions, as well as the management of addiction services and the treatment of addictions

### **Course content**

### Modules:

- Dialogical Meanings in Addiction: Theory, Practice and Policy
- A Psychoanalytic Perspective on Addiction
- Research Methods and Analysis
- Addiction Psychopharmacology
- Cultural Issues in the Study of Addiction
- Women and Addiction
- Integrative Tutorial
- Supervised Clinical Visits
- Research Project

### Target group

This programme is designed for students with a background in psychology, psychoanalysis, anthropology, sociology, or a cognate discipline who wish to acquire a postgraduate qualification in the area of Addiction. It is also very suitable for applicants with a clinical training in health or social care who wish to apply a knowledge of the theory and approaches to addiction to their clinical work. In addition, the course provides an exciting and thought-provoking foundation for students who may wish to subsequently pursue training in the counselling or psychotherapy of

addiction.

The full-time day programme is one year in duration & contains three twelve week semesters. The course has four key components:

- An academic programme of lectures
- A weekly seminar with emphasis on research
- Clinical visits to addiction treatment centres
- A period of research for an extended thesis

# **Entry requirement**

To be considered for admission, applicants must:

- Hold a minimum Second Class Honours (2:2) Degree in any humanities or social science discipline from a recognised third level institution, or equivalent qualification,
- Be a graduate of any non-cognate discipline & hold a qualification in a conversion style programme such as a Postgraduate Higher Diploma in Psychoanalytic Studies, or
- Have an equivalent professional qualification.

In addition, applicants whose first language is not English must:

 Hold an IELTS socre of a minimum 6.0 or equivalent

# Selection procedure

For more information about the course, see the course website at

https://www.dbs.ie/course/postgraduate/master-of--arts-(ma)-in-addiction-studies

### Qualification

Master of Arts Addiction Studies

### **Assessment**

Assessment is by examination, project and presentation work and continuous assessment

# Accreditation

**HETAC Level 9** 

# Course background

This course was first offered in 1999 and is repeated annually.

# **Course start date**

Full time, for 26 weeks, from September to May; clinical visits and thesis work continuing until August. Also offered part-time over 2 years.

# **Course location**

Dublin Business School, Dublin

# **Application**

For further information please contact the Admissions Office on 01 4177500 or visit our website www.dbs.ie

# Cost

The course fees for the next academic year are €8,900 for one year, and €4,350 for two years for EU students.

# **MSC ADDICTION COUNSELLING & PSYCHOTHERAPY**

### **Course Provider**

PCI College

### **Address**

Corrig House, Old Naas Road, Clondalkin, Dublin 22

#### Web address

https://www.pcicollege.ie/

# Contact Person(s) Administrator

(353) 01 4642268 enquiries@pcicollege.ie

# Course aims and objectives

There is a growing awareness of the widespread harm caused by addiction to individuals, families and society at large and an evolving shift of reliance from a medically based model of treatment to engaging in Talking Therapies. In an experiential and participative environment, this course offers students the opportunity to acquire key skills and theoretical knowledge to effectively engage with the addiction recovery process.

### **Course content**

Each module is 30 hours duration

Year 1 modules: 60 credits (equivalent to 30 ECTS credits)

- Theories of addictive behaviour: history & current situation
- Generic & specific therapy skills for addiction
- Drugs of abuse: biological, psychological & social aspects
- The motivational interviewing approach

Year 2 modules: 60 credits (equivalent to 30 ECTS credits)

- Behavioural addictions: gambling, sex etc.
- The CBT approach to working with addiction
- The family dimension in addiction
- Dual diagnosis: common mental health problems in addiction

MSc component: 60 credits (equivalent to 30 ECTS credits)

• Case study & dissertation

Additional course requirements:

- 100 hours clinical placement / client work\*
- 20 sessions with a qualified supervisor to review client work
- 20 hours personal therapy 10 of these hours must be completed before commencing client work.

# **Target group**

This course is intended for Professionals currently or considering working within addiction services in professions including

Counsellors/Psychotherapists, doctors, nurses, youth workers, social carers, social workers, psychologists etc. who wish to solidify and enhance their qualifications and to gain contemporary theoretical knowledge and practical skills to work therapeutically with those affected by addiction.

# Entry requirement

Applicants are required to hold a relevant honours degree (Level 7 FHEQ (Comparable to Level 9 NFQ); Final grade 2.2 or above).

Applicants who do not meet these criteria may be eligible to enter the course on the basis of prior learning and experience in the area. Students applying on the basis of prior learning must provide evidence of their knowledge, skill and ability to pursue this programme of study. This should be in the form of a career portfolio outlining and demonstrating your career path as is relevant to this course (including transcripts of any relevant results, statements of prior learning based on systematic reflection) and be must be

submitted with your application.

Applicants should ideally have access to opportunities for client work in their current role and be able to apply theoretical principles and practice in their current workplace.

# Selection procedure

There are a limited number of places available (18). Selection is based on application and interview. Please see course website for selection procedure

https://www.pcicollege.ie/master-addiction-counselling

### Qualification

MSc Addiction Counselling & Psychotherapy

### Assessment

Written and practical assignments.

### Accreditation

Validated by Middlesex University. Level 7 FHEQ (Comparable to Level 9 NFQ).

# Course background

PCI runs a number of courses.

### Course start date

5 October 2024 (Orientation), Lectures Commence 12 October 2024

### **Course location**

Clondalkin, Dublin

# **Application**

Application form available by email or on website, details above.

### Cost

Year 1: €4,990\* (Includes all academic and administration costs and charges). \*\*\*PCI College BSc Counselling & Psychotherapy Graduates Student Discount\*\*\* €350 Off Year 1 Fees Year 2: €4,450. Post Graduate Certificate and Diploma Prices available upon request. \*Please note that there is an additional charge of €20 for the Garda vetting process which is required prior to course entry and it is not included in the above fees.

# C23 MASTERS IN CHILD & ADOLESCENT COUNSELLING & PSYCHOTHERAPY

### **Course Provider**

PCI College

### **Address**

Corrig House, Old Naas Road, Clondalkin, Dublin 22

#### Web address

https://www.pcicollege.ie/

# Contact Person(s) Administrator

(353) 01 4642268 enquiries@pcicollege.ie

# Course aims and objectives

This course is designed for students who wish to gain specialist training and a Middlesex University Masters qualification in counselling and psychotherapy for children, teenagers and young people under the age of 25.

Exploring creative media such as art, sand-play, therapeutic storytelling, drama, music and other approaches, this course places significant emphasis on experiential learning and the acquisition of key skills for work with young clients. It draws on established and current theory in counselling and psychotherapy, up-to-date approaches in child and adolescent mental health, lifespan development, family systems and trauma.

### **Course content**

The MSc. Child & Adolescent Counselling and Psychotherapeutic Skills is a comprehensive professional training course, focused on working therapeutically with young people. The course is validated by Middlesex University and designed to supplement trainees' existing qualifications and is not a stand-alone counselling qualification. Applicants include counsellors and psychotherapists who are accredited or are eligible for accreditation, with the IACP/IAHIP/BACP or equivalent, all of whom seek to deepen or extend their current skills to facilitate therapeutic work with young people up to the age of 25 years.

You will develop a sound understanding of the nature of child and adolescent issues, which will in turn guide and direct the application of appropriate interventions. Completion of the MSc. Child & Adolescent Counselling and Psychotherapeutic Skills will leave you with a high level of competence and confidence in your

therapeutic work with children. You will also cultivate an enhanced sensitivity to the experience of childhood, and the many developmental strengths and difficulties with which young people are constantly engaging.

# **Target group**

The course is suitable for counsellors/psychotherapists, social workers, guidance counsellors, psychologists, youth workers, teachers and other related disciplines that work therapeutically with those under 18.

# **Entry requirement**

Year One: Students entering the MA course must hold a relevant honours degree (Level 8 or equivalent; Final grade 2.2 or above). Students who do not meet this criteria may be eligible to enter the course on the basis of prior learning and experience in the area.

Year Two: Students who hold a Postgraduate Certificate in Child and Adolescent Counselling & Psychotherapy (PCI College or equivalent) may apply for entry to Year 2 of the course. Students entering the course at Year 2 must hold a relevant honours degree (Level 8 or equivalent; Final grade 2.2 or above). Students who do not meet this criteria may be eligible to enter the course on the basis of prior learning and experience in the area.

# Selection procedure

For further course information visit

https://www.pcicollege.ie/counselling-courses/child-adolescent-counselling-psychotherapy/belfast

# Qualification

Middlesex University MSc Child & Adolescent Counselling and Psychotherapeutic Skills. Level 7 FHEQ (Comparable to Level 9 NFQ)

### **Assessment**

Written and practical assignments

### **Accreditation**

Middlesex University

# Course background

This course has been run for a number of years.

# Course start date

The course will take place on weekends (Saturday and Sunday, approx. 1 weekend per month from October to June) and the full provisional timetable will be available.

# **Course location**

**Belfast** 

# **Application**

Year 1: £3,000\* + Middlesex University
Registration Fee £1,050\*\* (PCI graduate discount
- Year 1: £2,750\*), Year 2: £3,400. Post Graduate
Certificate and Diploma Prices available upon
request. \*Please note that fees include a £20
charge for Garda vetting process which is
required prior to course entry. \*\*Once off fee paid
in the first year

### Cost

Year 1: €3,670 + Middlesex University Registration Fee €1,200, Year 2: €4,250

# **MASTER OF PUBLIC POLICY**

#### **Course Provider**

UCD School of Social Policy, Social Work and Social Justice

#### Address

UCD, Belfield, Dublin 4

# Web address

https://www.ucd.ie/socialpolicyworkjustice/study/graduateprogrammes/

# Contact Person(s) Administrator

01 716 8643 mpp@ucd.ie

# Course aims and objectives

The Master of Public Policy is a 90-credit programme. When starting the course, students will choose one of eight streams. Students must take four core modules (10 credits each), one dissertation design module (5 credits/half term), and 2-4 option modules (20 credits in total). Students also submit a thesis worth 25 credits that will be written during the summer term.

Optional specialist streams which enable you to examine the policy fields which interest you in-depth include the *Community Drugs and Health Policy* Stream.

### **Course content**

You will develop an understanding of the political, ethical, social and economic factors which influence policy-making along with the challenges associated with effective policy implementation and regulation. You will also learn to systematically analyse public policies, and acquire skills in policy research and evaluation. In addition, you will have the opportunity to examine a number of policy fields in depth.

# **Target group**

This programme is suitable for graduates who plan to pursue a career in the public or non-profit sectors, policy analysis or consulting and for those already working in these sectors, who want to develop their policy analysis, research and evaluation skills.

# **Entry requirement**

Each application is considered on its individual merits. The applicants should have earned an undergraduate degree in a relevant subject such as political science, international relations, social science, sociology, geography, economics, global studies, public policy, EU studies, law/international law etc. with at least Upper Second Class Honours, or its equivalent (an overall GPA of 3.0 (B) or higher in the American system). Relevant professional experience will also be taken into account.

Note that meet the requirements do not guarantee admission. Applicants in their final year of undergraduate study may be admitted conditional on satisfactory completion of their undergraduate degree.

# Selection procedure

Visit the course website

https://hub.ucd.ie/usis/!W\_HU\_MENU.P\_PUBLIS H?p\_tag=PROG&MAJR=W279

### Qualification

Master in Public Policy

#### Assessment

Over the summer, students complete a thesis of approximately 10,000 words.

# Accreditation

UCD

# Course background

There is a possiblity of progressing to the PhD in Public Policy or the Graduate Diploma in Public Policy.

### Course start date

September to April each year.

### **Course location**

Belfield, Dublin 4

## **Application**

Visit the website or contact UCD. There is no particular deadline for submission of applications.

## Cost

Full time (one year): EU fee €9,100; Non-EU fee €22,600. Part time (two years):EU Fee €5,460 per year; Non-EU fee €11,300 per year (subject to change)

# **C25**

# MA IN ADVANCED FACILITATION SKILLS FOR PROMOTING HEALTH AND WELL BEING

#### **Course Provider**

South East Technological University

#### **Address**

Department of Health, Sport and Exercise Science, School of Health Sciences, SETU, Cork Road, Waterford

#### Web address

https://www.wit.ie/courses

## **Contact Person(s)**

## Course aims and objectives

The Master of Arts in Advanced Facilitation Skills for Promoting Health and Well Being is an innovative practice orientated programme, the only one of its kind nationally. It is designed to enhance personal growth and development to advance knowledge, skills, attitudes and competencies required for effective facilitation for promoting health and well-being with groups, individuals and key populations.

#### **Course content**

The MA in Advanced Facilitation Skills for Promoting Health and Well Being has a strong focus on personal development and the acquisition of facilitation skills to an advanced level both in practice and within a wider theoretical perspective. Experiential learning is the methodology used throughout the course which supports students to develop their skills through the medium of the group process [max 16], reflective practice, practical experience and research. A student who accumulates 60 credits in Semesters 1 and 2 and who does not wish to complete the MA may, at the discretion of the programme board, be awarded a Postgraduate Diploma in Advanced Facilitation Skills for Promoting Health and Well Being.

### **Target group**

This programme is for all people whose core work involves communication with others; it is an invaluable asset to many professionals such as Community, Social and Youth Workers, Teachers, Health Professionals, those in positions of management and those working with marginalised groups. The programme provides an opportunity for individuals to acquire the knowledge and skill set to support them to deliver

on the priorities identified in 'Healthy Ireland' which is the national framework for action to improve the health and wellbeing of the people of Ireland.

## **Entry requirement**

- Applicants should hold a qualification at NFQ Level 8 Honours (2.2) degree or equivalent.
- Applicants who do not hold the standard qualifying NFQ Level 8 Qualification criteria, but have relevant work experience and study may be considered for admission to the programme under the Institute's Recognition of Prior Learning (RPL) process and subject to an interview.
- Normally applicants are subject to a pre-entry interview in order to be considered for a place on the programme.
- Applicants whose primary language is not English must submit evidence of competency in English. Please see our website for more details www.wit.ie/englishrequirements

### Selection procedure

Applications for this programme are made online by going to www.pac.ie (code WD591). Course website

#### Qualification

MA In Advanced Facilitation Skills for Promoting Health and Well Being

## **Assessment**

As per course requirements

#### Accreditation

Waterford IT

## Course background

This Masters was formerly known as the MA in Social Personal and Health Education and has been reconfigured.

#### Course start date

January 2024 (18 months)

#### **Course location**

Blended delivery. Waterford and Dublin

## **Application**

Applications for this programme are made online Admissions queries contact Graduate Admissions T: +353 (0)51 302670 E: pgadmissions@wit.ie

## Cost

€6,500. For information on fees please visit the website at www.wit.ie/pgfees Please note there is a nominal fee of approximately €115 for residential weekends paid directly to the venue for food and board. In the final semester there are one to one meetings which can be negotiated between the student and staff member.

# C25 POSTGRADUATE RESEARCH IN DRUG AND ALCOHOL MISUSE

#### **Course Provider**

South East Technological University

#### **Address**

Department of Health, Sport and Exercise Science, School of Health Sciences, SETU, Cork Road, Waterford

#### Web address

https://www.wit.ie/courses

# Contact Person(s) Admissions

+353 (0) 818 121212 info.wd@setu.ie

## Course aims and objectives

Postgraduate research in the substance misuse field

#### **Course content**

Course involves submission of thesis and completion of WIT postgraduate training courses

## **Target group**

Those actively involved in the substance misuse field

## **Entry requirement**

2.2 Honours Degree

## Selection procedure

Subject to approval by head of department and review group.

For more information on research in WIT see the website

https://www.wit.ie/research/institutes\_and\_centre s/centre\_for\_health\_behaviour\_research

### Qualification

Masters

#### Assessment

WIT/HETAC & External examiner

#### Accreditation

WIT/HETAC

## Course background

Postgraduate qualification by research

## **Course start date**

September or January

#### Course location

Supervised at WIT

## **Application**

Directly to WIT admissions office

#### Cost

Standard postgraduate fees apply

# **C27**

## M.A. IN ADDICTION COUNSELLING

#### **Course Provider**

Irish College of Humanities and Applied Sciences (ICHAS)

#### **Address**

Walton House, Lonsdale Road, National Technology Park, Castletroy, Limerick

#### Web address

http://www.ichas.ie/

# Contact Person(s) Administration offices

061 216 288 info@ichas.ie

## Course aims and objectives

This Masters programme in Addiction Counselling is designed for graduates in health and human sciences as well as disciplines such as nursing, social care, social work, psychology and programmes in cognate areas. It is suitable for graduates who wish to expand their knowledge and understanding of the human condition and the contribution of advanced level addiction counselling practice using a variety of approaches that focus on the person's perceptions of his or her present circumstances and assists the person in identifying his or her own answers to problems or obstacles in life.

#### **Course content**

This programme will provide students with both theoretical and practical opportunities for working in addiction counselling within a variety of contexts in the statutory, community and voluntary sector. The programme has been designed to facilitate students who wish to become professionally accredited by Addiction Counsellors Ireland to meet their pre-accreditation criteria.

The opportunities embedded within the programme for the development and demonstration of critical thinking skills and theoretical knowledge transfer should mean that graduates of the MA in Addiction Counselling will be prepared to lead, plan, educate, consult, manage, design, evaluate and advocate effectively in the contexts in which they are working.

Please go to the structure section on the <u>course</u> <u>website</u> for an overview of the content covered in this programme.

### Target group

The M.A in Addiction Counselling is designed for practitioners who hold a Level 8 degree in health or human science areas and who wish to specialise in Addiction Counselling. It is attractive to professionals who, for example, work with diverse and marginalised groups of people with addiction difficulties or are experiencing social exclusion because of the consequences of addiction. The primary focus of this programme is for working with individuals and groups but also at community and policy levels as leaders in their field.

## **Entry requirement**

This programme is designed for graduates in health and human sciences and in particular graduates of Counselling or addiction related programmes as well as, nursing, social care, social work, psychology and programmes in cognate areas who wish to expand their knowledge and understanding of the human condition.

The knowledge, skills and competence required to successfully participate in and complete this Level 9 Programme will normally require applicants to have successfully achieved a Level 2:2 award in a relevant Human Science Level 8 degree.

Please see further information at <a href="https://ichas.ie/course/m-a-in-addiction-counselling/">https://ichas.ie/course/m-a-in-addiction-counselling/</a>

### Selection procedure

Apply online via

# https://ichas.ie/course/m-a-in-addiction-counsellin g/

#### Qualification

NFQ Level 9 - Master of Arts in Addiction Counselling

## **Assessment**

Assessments

#### Accreditation

QQI – Quality and Qualifications Ireland. The programme has been designed to facilitate students who wish to become professionally accredited by Addiction Counsellors Ireland to meet their pre-accreditation criteria.

## Course background

The ICHAS also has a B.A. (Hons) in Counselling & Psychotherapy with Addiction Studies.

#### Course start date

September: Part time over 2 years.

#### **Course location**

Available in Limerick and Dublin campuses.

## **Application**

Please contact our Administration Office on 061 216288, or apply online.

### Cost

The tuition fees for the programme are €7,200 (this includes a 2% PEL levy of €144). In addition, students who opt for monthly instalments will incur an extra fee of €100 to avail of this facility. All fees are fully protected under our Protection of Enrolled Learners' Policy. Fees for international studients are being updated.

# **C28**

# MASTER OF SCIENCE / POSTGRADUATE DIPLOMA IN THERAPEUTIC INTERVENTIONS FOR ALCOHOL & OTHER DRUGS

#### **Course Provider**

Atlantic Technological University

#### **Address**

Atlantic Technological University, Port Road, Letterkenny, Donegal

#### Web address

https://www.lyit.ie

## Contact Person(s)

#### Louise McBride

Head of Department, Nursing and Health Studies 353 (0)74 9186308 DeptofNursing.donegal@atu.ie

## Course aims and objectives

The aim of the programme is to enable students to effectively deal with drugs and alcohol issues and to utilise recovery methods, using the best evidence and interventions by extending theoretical knowledge and practical skills, to alleviate these issues.

#### Course content

This programme will commence with an introductory module, Theoretical Foundations in Alcohol and Other Drugs, to ensure that all students, regardless of professional or academic background, have a basic understanding of the core concepts that underpin clinical, evidenced based and public health aspects of, alcohol and other specialist areas of drug and alcohol which results in harm to the individual, family and community. It will provide an opportunity for graduates to enhance their knowledge base, employment and career prospects with the inclusion of work based assessments to enhance their skills sets in a wide ranging Alcohol and Drug related service provision by embedding evidence informed practice in local organisations.

- · Advanced research methods
- Theoretical foundations in alcohol & other drugs
- Alcohol and other drug use: interventions practice & skills 1
- Children and families: hidden harm
- Alcohol, drugs and mental health: recovery approaches
- Alcohol and other drugs use: interventions practice & skills 2
- Research dissertation

## **Target group**

The programme will take cognisance that student learners will come from a variety of practice /professional backgrounds. This programme of study in Alcohol and Other Drugs has been designed to provide postgraduate education focusing on recent advances in the conceptualisation of substance use and addiction, and its effective prevention and treatment. Students will focus on theoretical advances and evidenced informed skills that will be contextualised within National policy, strategy, intervention and treatment. Emphasis will be placed upon facilitating the transfer of knowledge and skills to the workplace or students own professional development and career goals.

### **Entry requirement**

The minimum entry requirements are a Level 8 Honours Degree in a relevant discipline such as Health and Social Care, Nursing, Social Work, Youth Work, Psychology, medicine etc. Applicants may be required to undertake an interview. Applicants who do not hold the above entry requirements may be considered using the ATU RPL process.

## Selection procedure

For more details about the course see the website

https://www.atu.ie/courses/master-of-science-therapeutic-interventions-for-alcohol-and-other-drugs

#### Qualification

Master of Science or Postgraduate Diploma in Therapeutic Interventions for Alcohol & Other Drugs

#### Assessment

Assessment of work and research dissertation

### Accreditation

ATU, Level 9

## **Course background**

This course began in 2017.

## **Course start date**

September and other times during the year. PG – 1.5 year part-time; MSc – 2 years part-time

## **Course location**

Atlantic Technological University, Letterkenny

## **Application**

Download the application form from the course website

#### Cost

The EU fee for the Master of Science is €6,300.

# **C29**

# **BA Degree in Applied Addiction Studies and Community Development**

#### **Course Provider**

An Cosan

#### **Address**

Kiltalown Village Centre, Jobstown, Tallaght, Dublin 24

#### Web address

http://www.ancosan.ie

#### **Contact Person(s)**

#### **Education Co-ordinator**

Education Co-ordinator 01 462 8488 courses@ancosan.ie

## Course aims and objectives

The purpose of the programme is to build the capacity of community drugs workers and those working and volunteering in the wider community within an addiction context.

#### **Course content**

Stage 1 Certificate | NFQ Level 6 | 60 Credits

Module 1 Learning to Learn at Third Level

Module 2 Introduction to Community

Development

Module 3 Social Analysis

Module 4 Group Work and Facilitation Skills

Module 5 The Nature and Context of Addiction

Module 6 Drug Prevention, Education and

Awareness

Stage 2 Higher Certificate | NFQ Level 6 | 120

Credits

Module 1 Community Development Practical

**Approaches** 

Module 2 Understanding and Managing

Conflict in a Community Development Context

Module 3 Social Policy

Module 4 Reflective Practice, Knowledge,

Skills & Attitude

Module 5 Introduction to Counselling and

Motivational Interviewing

Module 6 Approaches to Treatment and

Rehabilitation

Stage 3 Bachelor of Arts (BA) Degree |NFQ

Level 7 | 180 ECTS

Module 1 Transformative Community

Education

Module 2 Drugs and Crime in a Global Context

Module 3 Research Methods and Practice

Module 4 Project Cycle Management in the

Community and Voluntary Sector

Module 5 Community Drug Work and

Leadership in Practice

Module 6 Community Development and

Technology

## **Target group**

https://www.ancosan.ie/higher-education/ba-addic tion-community/

## **Entry requirement**

For more information visit: https://www.ancosan.ie/higher-education/ba-addiction-community/

## Selection procedure

https://www.ancosan.ie/higher-education/ba-addic tion-community/

## Qualification

**BA** Degree

#### **Assessment**

#### Accreditation

### Course background

https://www.ancosan.ie/higher-education/ba-addic tion-community/

### Course start date

September 2025 - 3 year duration

## **Course location**

Blended online course

## **Application**

https://www.ancosan.ie/higher-education/ba-addic tion-community/

## Cost

€5,400 or €1,800 per stage

D

Courses on substance misuse for young people

# **D01**

## PEER DRUG PREVENTION EDUCATION

#### **Course Provider**

Peer Drug Prevention Education Group

#### **Address**

Blanchardstown Youth Service, Main Street, Blanchardstown, Dublin 15

#### Web address

n.a.

# Contact Person(s) Brian Fitzsimons

01 821 2012 brian.fitzsimons@foroige.ie

## Course aims and objectives

Enables young people to become peer educators in relation to drug preventaion for other young people in the area.

Foróige provides training in the use of 3 drug education resources.

- 1. It's Up To YOU (Youth, Ownership and Understanding) is a drug and alcohol resource for volunteers which was developed by Foróige Drug Prevention and Education Officers in 2011. Volunteers attend a one day interactive training were they experience some of the activities from the programme. It's up to YOU is an eight week, primary drug education programme that can be facilitated in clubs, cafés and projects to young people in order to delay the onset of experimentation of substances.
- 2. Putting the Pieces Together is another primary prevention drug education resource which was developed by the West Regional Drugs and Alcohol Task Force. Volunteers and staff attend a two-day interactive training were they experience and facilitate some of the programme content. This training also includes best practice in relation to drug education and prevention and risk and protective factors for young people. Following the training, staff and volunteers will be able to design a drug education programme using the manual for young people and parents. Putting the Pieces Together can be facilitated in clubs, projects and cafés.
- 3. Foróige's Brief Intervention Programme is a secondary prevention drug education programme which is based on the German programme FReD Goes Net. It is an evidence-based, eight week programme for young people aged 14-21 years. It

is not for young people who have developed a dependency for drugs. Currently, Foróige only provide training in the use of this programme to Foróige staff.

#### Course content

Peer education

## **Target group**

Young people.

## **Entry requirement**

Under 18 years of age.

## Selection procedure

Not applicable

#### Qualification

n.a.

#### **Assessment**

n.a.

#### Accreditation

n.a.

### Course background

These clubs are run by Foroige. See Foroige website for details of their training <a href="https://www.foroige.ie/our-work/drug-education-programme">https://www.foroige.ie/our-work/drug-education-programme</a>

#### Course start date

Ongoing

#### Course location

Blanchardstown, Dublin

### **Application**

Contact the education group

## Cost

n.a.

# **PROVIDERS**

### An Cosan

## Kiltalown Village Centre, Jobstown, Tallaght, Dublin 24

web: http://www.ancosan.ie

Contact Person(s):

**Education Co-ordinator** 

Fiona Colclough Education Co-ordinator Education and Training Co-ordinator

01 462 8488

01 462 8488

courses@ancosan.ie f.colclough@ancosan.com

Course		Page
B15	CERTIFICATE IN APPLIED ADDICTION STUDIES & COMMUNITY DEVELOPMENT [online]	82
B16	CERTIFICATE IN LEADERSHIP AND COMMUNITY DEVELOPMENT [online]	83
C14	BACHELOR OF ARTS IN APPLIED ADDICTION STUDIES AND COMMUNITY DEVELOPMENT	125
C29	BA Degree in Applied Addiction Studies and Community Development	153

## **Atlantic Technological University**

## Atlantic Technological University, Port Road, Letterkenny, Donegal

web: https://www.lyit.ie Contact Person(s):

Louise McBride

Head of Department, Nursing and Health Studies

353 (0)74 9186308

DeptofNursing.donegal@atu.ie

Course		Page
C04	CHILDREN & FAMILIES HIDDEN HARM CERTIFICATE	106
C28	MASTER OF SCIENCE / POSTGRADUATE DIPLOMA IN THERAPEUTIC INTERVENTIONS FOR ALCOHOL & OTHER DRUGS	151

## Blanchardstown Local Drugs and Alcohol Task Force

## 2nd Floor, Parkside, Main Street, Mulhuddart, Dublin 15

web: https://blanchardstowndrugstaskforce.ie/

Contact Person(s):

### Training administrator

Community Development Worker

01 824 9590

https://sfpcouncilireland.ie/contact/ [web form]

Course		Page
B08	STRENGTHENING FAMILIES PROGRAMME	70

## **City Colleges**

## Wicklow House, 84-88 South Great George's Street, Dublin 2

web: http://www.citycolleges.ie

Contact Person(s):

Administrator

1850 252740 or (01) 4160034

info@citycolleges.ie

Course		Page
C09	DIPLOMA IN ADDICTION STUDIES	115

## **City of Dublin ETB**

## CDETB Administrative Offices, Town Hall, 1-3 Merrion Road, Ballsbridge, Dublin 4

web: https://www.cityofdublinetb.ie/further-education-and-training-fet/

Contact Person(s):

### Administrator

Education Coordinator 086 0617132 info@cdetb.ie

Course		Page
B12	APPLIED PSYCHOLOGY IN THE COMMUNITY (SOCIAL & VOCATIONAL INTEGRATION).	76
B13	APPLIED SOCIAL STUDIES (SOCIAL AND VOCATIONAL INTEGRATION)	78

## **CMI: Communications & Management Institute**

Office 1: Unit 14A, Cashel Business Centre, Cashel Rd, Dublin 12 Office 2: Regus House, Harcourt rd, Dublin 2 web: http://www.cmi-ireland.com

Contact Person(s):

#### **Graham Moore**

*Admissions* 01 492 7070

info@cmi-ireland.com

Course		Page
B24	ADDICTION STUDIES	97

## **College of Management and IT (CMIT)**

Southern Cross Business Park, Bray, Co. Wicklow

web: http://www.cmit.ie/ Contact Person(s):

Administrator

01 286 5783 or 01 276 5015

info@cmit.ie

Course		Page
B17	DRUG AND ALCOHOL COUNSELLING [online]	84

## Community Outreach Drug and Alcohol Project – Cork City Partnership

Cork City Partnership Ltd. Level 1, Heron House Blackpool Retail Park Blackpool Cork City Telephone: 021–4302310 web: http://www.corkcitypartnership.ie

Contact Person(s):

Jacqueline Daly

Community Development / Drug & Alcohol Worker

087 1962030

Community Development / Drug & Alcohol Worker

087 1962022

Mella Magee

jdaly@partnershipcork.ie mmagee@partnershipcork.ie

Course		Page
A07	PARENTS PLUS ADOLESCENT PROGRAMME	20
B01	SUBSTANCE USE ISSUES IN YOUTH AND COMMUNITY WORK	60

## **Cuan Mhuire and Munster Technological University (Kerry)**

## Tralee, Co Kerry

web: http://www.ittralee.ie/en/

Contact Person(s): Admissions Officer

066 7145638

admissions@ittralee.ie

Course		Page
C15	BA (HONOURS) IN COUNSELLING WITH ADDICTION	127
C16	BA (HONOURS) IN COUNSELLING WITH ADDICTION. ONE YEAR ADD-ON	129

## **DBS School of Arts**

Dublin Business School, 13/14 Aungier Street, Dublin 2

web: http://www.dbs.ie Contact Person(s):

Administrator Louise Carey

Admissions Manager

01 417 7500 01 417 7500

admissions@dbs.ie Louise.Carey@dbs.ie

Course		Page
C21	MASTER OF ARTS (TAUGHT) IN ADDICTION STUDIES	138

## **Dublin North East Drugs and Alcohol Task Force**

The Mornington Centre, 44A Malahide Road, Artane Roundabout, Artane, Dublin 5.

web: http://www.dnetaskforce.ie/

Contact Person(s):

Training co-ordinator

01 846 5070

reception@dnetaskforce.ie

Course		Page
A30	DUBLIN NORTH EAST TASK FORCE COURSES	56

## **Dublin Region Homeless Executive / Dublin City University**

Block 1, Floor 2, Dublin City Council, Civic Offices, Fishamble Street, Christchurch, Dublin 8.

web: https://www.homelessdublin.ie/our-work/training

Contact Person(s):

Training co-ordinator

01 700 8521

briege.casey@dcu.ie

Course		Page
C03	CERTIFICATE IN HOMELESS PREVENTION AND INTERVENTION	104

## **EAP Institute**

## 143 Barrack Street, Waterford

web: http://www.eapinstitute.com

Contact Person(s): Director EAP Institute

+353 51 855733

maurice@eapinstitute.com

Course		Page
A26	RISKS OF WORK ADDICTION – THE IMPACT ON PHYSICAL AND	51
	MENTAL HEALTH [online]	

## **ECO-UNESCO**

## 'the greenhouse', 17 St., Andrew St., Dublin 2

web: http://www.ecounesco.ie

Contact Person(s):

## Armin Krautgasser

Drugs Education Officer

01 662 5491

training@ecounesco.ie

Course		Page
A29	DRUG PREVENTION TRAINING FOR TRAINERS: INTRODUCING	55
	ENVIRONMENTAL EDUCATION AS A RESOURCE.	

## **FASD Ireland**

## FASD Ireland CLG, 51 O'Connell Street, Ennis, County Clare, V95 YY19

web: https://www.fasdireland.ie/

Contact Person(s):

#### Administrator

065 6703096

https://www.fasdireland.ie/contact-us

Course		Page
A24	FOETAL ALCOHOL SPECTRUM DISORDER IN THE CLASSROOM	49
A25	AN INTRODUCTION TO FASD	50

## **Health Service Executive**

Health Promotion Service, 1st floor, Unit 4, Nexus Building, Blanchardstown Corporate Park, Dublin 15

Contact Person(s):

Anne Marie Kavanagh Fiona Walsh Maher Marwin Jagoe

n.a. 021 4921641

annemarie.kavanagh@hse.ie fiona.walsh4@hse.ie marwin.jagoe@hse.ie

Course		Page
A04	SAOR SCREENING AND BRIEF INTERVENTION FOR PROBLEM ALCOHOL & SUBSTANCE USE. ONE-DAY COURSE.	17
A27	HSE INTENSIVE SMOKING CESSATION TRAINING AND ASSESSMENT PROGRAMME [online]	52

## **HSE** drugs.ie

## HSE, Dublin

web: http://www.drugs.ie/

Contact Person(s):

Dermot Murphy Nichola Corrigan

Team Leader National Social Inclusion Office

Course		Page
A14	QUALITY CHAMPIONS TRAINING [online]	29

## **IICP Education and Training**

Killinarden Enterprise Park, Killinarden, Tallaght, Dublin 24

web: http://www.iicp.ie Contact Person(s):

Marcella FinnertyNorah ByrneCourse DirectorCourse Co-ordinator

marcella@iicp.ie norah@iicp.ie

Course		Page
B03	CERTIFICATE IN COUNSELLING AND PSYCHOTHERAPUETIC STUDIES	63
B22	PRACTITIONERS CERTIFICATE IN COGNITIVE BEHAVIOURAL THERAPY [online]	93
B23	PROFESSIONAL CERTIFICATE IN THE THERAPEUTIC USE OF MINDFULNESS [online]	95
C02	QQI LEVEL 8 MINOR AWARD - CERTIFICATE IN CLINICAL WORK WITH SUBSTANCE USING CLIENTS STUDIES	102
C10	DIPLOMA IN INTEGRATIVE SUPERVISION	117

## Irish College of General Practitioners

## 4/5 Lincoln Place, Dublin 2, Ireland

web: http://www.icgp.ie/go/courses/e\_learning

Contact Person(s):

Yvette Dalton

01 676 3705

yvette.dalton@icgp.ie

Course		Page
A12	ONLINE FOUNDATION COURSE IN SUBSTANCE MISUSE FOR GPs	26

## Irish College of Humanities and Applied Sciences (ICHAS)

## Walton House, Lonsdale Road, National Technology Park, Castletroy, Limerick

web: http://www.ichas.ie/

Contact Person(s):

## Administration offices

061 216 288 info@ichas.ie

Course		Page
B14	CERTIFICATE IN FOUNDATIONAL SKILLS & COMPETENCE IN COUNSELLING & PSYCHOTHERAPY	80
C05	CERTIFICATE IN SUPPORTING POSITIVE PARENTING	107
C17	B.A. (HONS) IN COUNSELLING & PSYCHOTHERAPY WITH ADDICTION STUDIES	130
C18	B.A. (HONS) IN COUNSELLING & PSYCHOTHERAPY WITH YOUTH STUDIES	132
C19	M.A. IN COUNSELLING & PSYCHOTHERAPY (COGNITIVE BEHAVIOURAL MODALITIES)	134
C27	M.A. IN ADDICTION COUNSELLING	149

## **Irish Training & Educational Centre**

## Unit 9, Leopardstown Business Centre, Ballyogan Road, Leopardstown, Dublin 18.

web: http://www.irishtraining.ie/

Contact Person(s):

#### Course administrator

01 2061832

info@irishtraining.ie

Course		Page
B18	ALCOHOL & DRUG ABUSE	86

## Le Cheile

## 24 Tivoli Terrace South, Dun Laoghaire Co. Dublin

web: http://www.lecheile.ie

Contact Person(s):

Le Cheile Mentoring Project

01 214 4350 info@lecheile.ie

Course		Page
A01	FAMILY SUPPORT PROGRAMMES	12

## **Liberties College**

## Liberties College, Bull Alley Street, Patrick Street, Dublin 8

web: http://www.libertiescollege.ie

Contact Person(s):

### Course administrator

Department Head: Counselling and General Information

01 454 0044

info@liberties.cdetb.ie

Course		Page
B06	YOUTH STUDIES & COMMUNITY DEVELOPMENT	68
B07	APPLIED SOCIAL STUDIES - YOUNG ADULTS	69

## **Medi Learning**

## First Floor, Ebony House, Main Street, Wicklow Town, A67R272

web: https://medilearning.ie/

Contact Person(s):

## Course administrator

n.a.

daiva@greenx.ie

Course		Page
A13	THE PRESENTATION, DIAGNOSIS, AND TREATMENT OF OPIOID	27
	DEPENDENCE [for healthcare professionals, online]	

## **National Institute for Prevention and Cardiovascular Health**

Croí Heart and Stroke Centre, Moyola Lane, Newcastle, Galway.

web: https://nipc.ie/education/

Contact Person(s):

Marketing & Events Coordinator

091 893 398 info@nipc.ie

Course		Page
A02	MOTIVATIONAL INTERVIEWING: THE ESSENTIALS	14

## **National Youth Council of Ireland**

## 3 Montague Street Dublin 2 Ireland

web: http://www.youth.ie/training

Contact Person(s):

## Training Administrator

Training Administrator

01-478 4122 training@nyci.ie

Course		Page
B05	MINDOUT: MENTAL HEALTH PROMOTION PROGRAMME FOR OUT OF	67
	SCHOOL SETTINGS.	

## **North West Regional College**

## Strand Road, Derry BT48 7AL

web: http://www.nwrc.ac.uk/

Contact Person(s):

### Susan McGrory

*Course Director* 028 71 276519

susan.mcgrory@nwrc.ac.uk

Course		Page
B02	UNDERSTANDING SUBSTANCE MISUSE	62

## **NUI Maynooth**

## Department of Adult and Community Education, NUI Maynooth, Co Kildare

web: http://adulteducation.nuim.ie

Contact Person(s):

#### Administrator

n.a.

01 708 6062

Adcomed@nuim.ie

Course		Page
C01	CERTIFICATE IN ADDICTION STUDIES	100

## **One Family**

## 2 Lower Pembroke Street, Dublin 2

web: http://www.onefamily.ie

Contact Person(s):

### Paula Lonergan

Training & Consultancy Manager

01 6629212

training@onefamily.ie

Course		Page
A05	FAMILY COMMUNICATIONS: COPING WITH FAMILY LIFE AND COMMUNICATION WITH TEENAGERS - TRAINING FOR TRAINERS	18
A06	POSITIVE PARENTING FOR CHANGING FAMILIES	19

## **PCI College**

## Corrig House, Old Naas Road, Clondalkin, Dublin 22

web: https://www.pcicollege.ie/

Contact Person(s):

#### Administrator

(353) 01 4642268

enquiries@pcicollege.ie

Course		Page
A28	PCI IN-SERVICE TRAINING PROGRAMME	54
B04	PROFESSIONAL CERTIFICATE IN COGNITIVE BEHAVIOUR THERAPY	65
C22	MSC ADDICTION COUNSELLING & PSYCHOTHERAPY	140
C23	MASTERS IN CHILD & ADOLESCENT COUNSELLING & PSYCHOTHERAPY	142

## **Peer Drug Prevention Education Group**

## Blanchardstown Youth Service, Main Street, Blanchardstown, Dublin 15

web: n.a.

Contact Person(s):

#### **Brian Fitzsimons**

01 821 2012

brian.fitzsimons@foroige.ie

Course		Page
D01	PEER DRUG PREVENTION EDUCATION	156

## **Pompidou Group, Council of Europe**

## Avenue de l'Europe F-67075 Strasbourg Cedex, France

web: https://www.coe.int/en/web/pompidou

Contact Person(s):

### Administrator

n/a n/a

Course		Page
A32	Human Rights and Drug Use	58

## **School of Medicine, Trinity College Dublin**

## College Green Dublin 2, Ireland

web: https://www.tcd.ie/medicine

Contact Person(s):

#### Dr. Jo-Hanna Ivers

Course Co-ordinator

01 8961087 jivers@tcd.ie

Course		Page
C20	MSc ADDICTION RECOVERY	136

## School of Social Work and Social Policy, Trinity College Dublin

School of Social Work and Social Policy, Room 3063, Arts Building, University of Dublin, Trinity College, Dublin 2 web: http://www.tcd.ie/swsp/

Contact Person(s):

Dr Louise CaffreyKay InckleCourse DirectorExecutive Officer01 896370801 8962991louise.caffrey@tcd.iekinckle@tcd.ie

Course		Page
C13	ONLINE POSTGRADUATE DIPLOMA IN SOCIAL POLICY AND PRACTICE.	123

## **South East Technological University**

Department of Health, Sport and Exercise Science, School of Health Sciences, SETU, Cork Road, Waterford

web: https://www.wit.ie/courses

Contact Person(s):

Admissions Graduate Admissions

+353 (0) 818 121212 +353 (0)51 302670 info.wd@setu.ie pgadmissions@wit.ie

Course		Page
C25	POSTGRADUATE RESEARCH IN DRUG AND ALCOHOL MISUSE	148
C25	MA IN ADVANCED FACILITATION SKILLS FOR PROMOTING HEALTH AND WELL BEING	146

## **The Learning Curve Institute**

## Rushbrook, Clogher, Westport, Co Mayo

web: https://www.thelearningcurve.ie/

Contact Person(s):

#### Administrator

Administrator 098 25530

info@thelearningcurve.ie

Course		Page
A15	BLENDED LEARNING: TRAUMA INFORMED PRACTICE	31
A16	REMOTE LEARNING - THE PSYCHODYNAMICS OF EATING DISORDERS	33
A17	REMOTE LEARNING: COMPLEX TRAUMA WORKSHOP	35
A18	REMOTE LEARNING - ATTACHMENT STYLES	37
A19	REMOTE LEARNING: AN INTRODUCTION TO DIALECTICAL BEHAVIOUR THERAPY	39
A20	REMOTE LEARNING - ADVANCED DIALECTICAL BEHAVIOURAL THERAPY (DBT)	41
A21	REMOTE LEARNING: AN INTRODUCTION TO MOTIVATIONAL INTERVIEWING.	43

**A23** REMOTE LEARNING: UNDERSTANDING NARCISSISM: THEORY AND

**PRACTICE** 

## **Trinity College Dublin on Future Learn**

## Virtual platform.

web: https://www.futurelearn.com/subjects/psychology-and-mental-health-courses

Contact Person(s):

Course		Page
B19	IDENTIFYING AND RESPONDING TO DRUG AND ALCOHOL ADDICTION	87
	IN NURSING, MIDWIFERY AND ALLIED HEALTHCARE PRACTICE [online]	

## **UCD School of Applied Social Science**

## University College Dublin, Belfield, Dublin 4

web: http://www.ucd.ie/appsocsc/

Contact Person(s): Mr Dominic Shellard

01 716 8682

n.a.

Course		Page
C12	HIGHER DIPLOMA IN SOCIAL POLICY	121

## UCD School of Social Policy, Social Work and Social Justice

## UCD, Belfield, Dublin 4

web: https://www.ucd.ie/socialpolicyworkjustice/study/graduateprogrammes/

Contact Person(s):

### Administrator

01 716 8643 mpp@ucd.ie

Course		Page
C24	MASTER OF PUBLIC POLICY	144

## **University College Cork Adult Continuing Education**

UCC, Cork

web: https://www.ucc.ie/en/ace/

Contact Person(s):

Administrator

+353 (0)21 490 4700

ace@ucc.ie

Course		Page
C11	SUBSTANCE MISUSE AND ADDICTION STUDIES DIPLOMA	119

## **University of Limerick / HSE Addiction Services**

## University of Limerick

web: https://www.ul.ie/gps/drug-alcohol-studies-diploma-online

Contact Person(s):

**Dr Rachel Lenihan**Course Director/Limerick Co-ordinator

Rachel.lenihan@ul.ie

Aoibhinn King
Dublin Co-ordinator
(087) 9074515
aoibhinn.king@hse.ie

Dr Sarah Morton

Esther Wolfe
Dublin Co-ordinator
(087) 9092730
esther.wolfe@hse.ie

Course		Page
C08	DIPLOMA IN DRUG AND ALCOHOL STUDIES	113

## **Urrus and University College Dublin**

## Horizons Centre, Balcurris Road, Ballymun, Dublin 11

web: https://byap.ie/services/urrus/diploma-in-community-drugs-work

Contact Person(s):

Training administrator

Training Centre Co-ordinator Director of the Community Partnership Drugs Programme

01-8428071 / 01-8467900 n.a

urrus@byap.ie sarah.morton@ucd.ie

Course		Page
C06	PROFESSIONAL CERTIFICATE IN WOMEN AND SUBSTANCE USE [online]	109
C07	DIPLOMA IN COMMUNITY DRUG AND ALCOHOL WORK	111

## **Urrus/The Ballymun Youth Action Project**

## Horizons Centre, Balcurris Road, Ballymun, Dublin 11

web: https://byap.ie/services/urrus

Contact Person(s):

Administrator

01 846 7980 / 01 842 5726

urrus@byap.ie

Course		Page
A08	INTRODUCTION TO ADDICTION STUDIES	22
A09	UNDERSTANDING HARM REDUCTION	23
A10	UNDERSTANDING SAFER INJECTING TECHNIQUES	24
A11	WOMEN AND SUBSTANCE USE	25
B10	COMMUNITY ADDICTION STUDIES COURSE QQI Award (Minor) Level 5	73
B21	KEYWORKING, CARE PLANNING and CASE MANAGEMENT [online]	91

## **Waterford College of Further Education**

## Parnell Street, Waterford

web: http://www.wcfe.ie/jcms/

Contact Person(s):

## Philip Deegan

Director of Adult Education

051 874053

pdeegan@wcfe.ie or wcfeinfo@wwetb.ie

Course		Page
B09	COMMUNITY ADDICTION STUDIES	72

## **Western Regional Drugs and Alcohol Task Force**

## Unit 6, Galway Technology Park, Parkmore, Galway

web: http://www.wrdatf.ie/

Contact Person(s):

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Course		Page
A03	SAOR: SCREENING & BRIEF INTERVENTION FOR PROBLEM ALCOHOL AND SUBSTANCE USE	15
A31	NON VIOLENT RESISTANCE COURSE FOR PARENTS AND CARERS	57
B11	PUTTING THE PIECES TOGETHER	74
B20	COMMUNITY ADDICTION STUDIES [online]	89

# **REGIONS**

## Connacht

Course		Page
A01	FAMILY SUPPORT PROGRAMMES	12
A02	MOTIVATIONAL INTERVIEWING: THE ESSENTIALS	14
A03	SAOR: SCREENING & BRIEF INTERVENTION FOR PROBLEM ALCOHOL AND SUBSTANCE USE	15
A04	SAOR SCREENING AND BRIEF INTERVENTION FOR PROBLEM ALCOHOL & SUBSTANCE USE. ONE-DAY COURSE.	17
A12	ONLINE FOUNDATION COURSE IN SUBSTANCE MISUSE FOR GPs	26
A13	THE PRESENTATION, DIAGNOSIS, AND TREATMENT OF OPIOID DEPENDENCE [for healthcare professionals, online]	27
A14	QUALITY CHAMPIONS TRAINING [online]	29
A15	BLENDED LEARNING: TRAUMA INFORMED PRACTICE	31
A16	REMOTE LEARNING - THE PSYCHODYNAMICS OF EATING DISORDERS	33
A17	REMOTE LEARNING: COMPLEX TRAUMA WORKSHOP	35
A18	REMOTE LEARNING - ATTACHMENT STYLES	37
A19	REMOTE LEARNING: AN INTRODUCTION TO DIALECTICAL BEHAVIOUR THERAPY	39
A20	REMOTE LEARNING - ADVANCED DIALECTICAL BEHAVIOURAL THERAPY (DBT)	41
A21	REMOTE LEARNING: AN INTRODUCTION TO MOTIVATIONAL INTERVIEWING.	43
A22	REMOTE LEARNING – TRANSGENDER AWARENESS	45
A23	REMOTE LEARNING: UNDERSTANDING NARCISSISM: THEORY AND PRACTICE	47
A24	FOETAL ALCOHOL SPECTRUM DISORDER IN THE CLASSROOM	49
A25	AN INTRODUCTION TO FASD	50
A26	RISKS OF WORK ADDICTION – THE IMPACT ON PHYSICAL AND MENTAL HEALTH [online]	51
A27	HSE INTENSIVE SMOKING CESSATION TRAINING AND ASSESSMENT PROGRAMME [online]	52
A28	PCI IN-SERVICE TRAINING PROGRAMME	54
A31	NON VIOLENT RESISTANCE COURSE FOR PARENTS AND CARERS	57
A32	Human Rights and Drug Use	58
B11	PUTTING THE PIECES TOGETHER	74
B14	CERTIFICATE IN FOUNDATIONAL SKILLS & COMPETENCE IN COUNSELLING & PSYCHOTHERAPY	80
B15	CERTIFICATE IN APPLIED ADDICTION STUDIES & COMMUNITY DEVELOPMENT [online]	82

Dublin		
C29	BA Degree in Applied Addiction Studies and Community Development	153
C28	MASTER OF SCIENCE / POSTGRADUATE DIPLOMA IN THERAPEUTIC INTERVENTIONS FOR ALCOHOL & OTHER DRUGS	151
C27	M.A. IN ADDICTION COUNSELLING	149
C25	MA IN ADVANCED FACILITATION SKILLS FOR PROMOTING HEALTH AND WELL BEING	146
C23	MASTERS IN CHILD & ADOLESCENT COUNSELLING & PSYCHOTHERAPY	142
C19	M.A. IN COUNSELLING & PSYCHOTHERAPY (COGNITIVE BEHAVIOURAL MODALITIES)	134
C18	B.A. (HONS) IN COUNSELLING & PSYCHOTHERAPY WITH YOUTH STUDIES	132
C17	B.A. (HONS) IN COUNSELLING & PSYCHOTHERAPY WITH ADDICTION STUDIES	130
C13	ONLINE POSTGRADUATE DIPLOMA IN SOCIAL POLICY AND PRACTICE.	123
C09	DIPLOMA IN ADDICTION STUDIES	115
C08	DIPLOMA IN DRUG AND ALCOHOL STUDIES	113
C06	PROFESSIONAL CERTIFICATE IN WOMEN AND SUBSTANCE USE [online]	109
C05	CERTIFICATE IN SUPPORTING POSITIVE PARENTING	107
C01	CERTIFICATE IN ADDICTION STUDIES	100
B24	ADDICTION STUDIES	97
B23	PROFESSIONAL CERTIFICATE IN THE THERAPEUTIC USE OF MINDFULNESS [online]	95
B22	PRACTITIONERS CERTIFICATE IN COGNITIVE BEHAVIOURAL THERAPY [online]	93
B21	KEYWORKING, CARE PLANNING and CASE MANAGEMENT [online]	91
B20	COMMUNITY ADDICTION STUDIES [online]	89
B19	IDENTIFYING AND RESPONDING TO DRUG AND ALCOHOL ADDICTION IN NURSING, MIDWIFERY AND ALLIED HEALTHCARE PRACTICE [online]	87
B18	ALCOHOL & DRUG ABUSE	86
B17	DRUG AND ALCOHOL COUNSELLING [online]	84
B16	CERTIFICATE IN LEADERSHIP AND COMMUNITY DEVELOPMENT [online]	83

Course		Page
A01	FAMILY SUPPORT PROGRAMMES	12
A04	SAOR SCREENING AND BRIEF INTERVENTION FOR PROBLEM ALCOHOL & SUBSTANCE USE. ONE-DAY COURSE.	17

A05	COMMUNICATIONS: COPING WITH FAMILY LIFE AND COMMUNICATION WITH TEENAGERS - TRAINING FOR TRAINERS	18
A06	POSITIVE PARENTING FOR CHANGING FAMILIES	19
A08	INTRODUCTION TO ADDICTION STUDIES	22
A09	UNDERSTANDING HARM REDUCTION	23
A10	UNDERSTANDING SAFER INJECTING TECHNIQUES	24
<b>A</b> 11	WOMEN AND SUBSTANCE USE	25
A12	ONLINE FOUNDATION COURSE IN SUBSTANCE MISUSE FOR GPs	26
A13	THE PRESENTATION, DIAGNOSIS, AND TREATMENT OF OPIOID DEPENDENCE [for healthcare professionals, online]	27
A14	QUALITY CHAMPIONS TRAINING [online]	29
A15	BLENDED LEARNING: TRAUMA INFORMED PRACTICE	31
A16	REMOTE LEARNING - THE PSYCHODYNAMICS OF EATING DISORDERS	33
A17	REMOTE LEARNING: COMPLEX TRAUMA WORKSHOP	35
A18	REMOTE LEARNING - ATTACHMENT STYLES	37
A19	REMOTE LEARNING: AN INTRODUCTION TO DIALECTICAL BEHAVIOUR THERAPY	39
A20	REMOTE LEARNING - ADVANCED DIALECTICAL BEHAVIOURAL THERAPY (DBT)	41
A21	REMOTE LEARNING: AN INTRODUCTION TO MOTIVATIONAL INTERVIEWING.	43
A22	REMOTE LEARNING – TRANSGENDER AWARENESS	45
A23	REMOTE LEARNING: UNDERSTANDING NARCISSISM: THEORY AND PRACTICE	47
A24	FOETAL ALCOHOL SPECTRUM DISORDER IN THE CLASSROOM	49
A25	AN INTRODUCTION TO FASD	50
A26	RISKS OF WORK ADDICTION – THE IMPACT ON PHYSICAL AND MENTAL HEALTH [online]	51
A27	HSE INTENSIVE SMOKING CESSATION TRAINING AND ASSESSMENT PROGRAMME [online]	52
A28	PCI IN-SERVICE TRAINING PROGRAMME	54
A29	DRUG PREVENTION TRAINING FOR TRAINERS: INTRODUCING ENVIRONMENTAL EDUCATION AS A RESOURCE.	55
A30	DUBLIN NORTH EAST TASK FORCE COURSES	56
A31	NON VIOLENT RESISTANCE COURSE FOR PARENTS AND CARERS	57
A32	Human Rights and Drug Use	58
B03	CERTIFICATE IN COUNSELLING AND PSYCHOTHERAPUETIC STUDIES	63
B04	PROFESSIONAL CERTIFICATE IN COGNITIVE BEHAVIOUR THERAPY	65
B05	MINDOUT: MENTAL HEALTH PROMOTION PROGRAMME FOR OUT OF SCHOOL SETTINGS.	67

B06	YOUTH STUDIES & COMMUNITY DEVELOPMENT	68
B07	APPLIED SOCIAL STUDIES - YOUNG ADULTS	69
B08	STRENGTHENING FAMILIES PROGRAMME	70
B10	COMMUNITY ADDICTION STUDIES COURSE QQI Award (Minor) Level 5	73
B12	APPLIED PSYCHOLOGY IN THE COMMUNITY (SOCIAL & VOCATIONAL INTEGRATION).	76
B13	APPLIED SOCIAL STUDIES (SOCIAL AND VOCATIONAL INTEGRATION)	78
B14	CERTIFICATE IN FOUNDATIONAL SKILLS & COMPETENCE IN COUNSELLING & PSYCHOTHERAPY	80
B15	CERTIFICATE IN APPLIED ADDICTION STUDIES & COMMUNITY DEVELOPMENT [online]	82
B16	CERTIFICATE IN LEADERSHIP AND COMMUNITY DEVELOPMENT [online]	83
B17	DRUG AND ALCOHOL COUNSELLING [online]	84
B18	ALCOHOL & DRUG ABUSE	86
B19	IDENTIFYING AND RESPONDING TO DRUG AND ALCOHOL ADDICTION IN NURSING, MIDWIFERY AND ALLIED HEALTHCARE PRACTICE [online]	87
B20	COMMUNITY ADDICTION STUDIES [online]	89
B21	KEYWORKING, CARE PLANNING and CASE MANAGEMENT [online]	91
B22	PRACTITIONERS CERTIFICATE IN COGNITIVE BEHAVIOURAL THERAPY [online]	93
B23	PROFESSIONAL CERTIFICATE IN THE THERAPEUTIC USE OF MINDFULNESS [online]	95
B24	ADDICTION STUDIES	97
C01	CERTIFICATE IN ADDICTION STUDIES	100
C02	QQI LEVEL 8 MINOR AWARD - CERTIFICATE IN CLINICAL WORK WITH SUBSTANCE USING CLIENTS STUDIES	102
C03	CERTIFICATE IN HOMELESS PREVENTION AND INTERVENTION	104
C05	CERTIFICATE IN SUPPORTING POSITIVE PARENTING	107
C06	PROFESSIONAL CERTIFICATE IN WOMEN AND SUBSTANCE USE [online]	109
C07	DIPLOMA IN COMMUNITY DRUG AND ALCOHOL WORK	111
C08	DIPLOMA IN DRUG AND ALCOHOL STUDIES	113
C09	DIPLOMA IN ADDICTION STUDIES	115
C10	DIPLOMA IN INTEGRATIVE SUPERVISION	117
C12	HIGHER DIPLOMA IN SOCIAL POLICY	121
C13	ONLINE POSTGRADUATE DIPLOMA IN SOCIAL POLICY AND PRACTICE.	123
C17	B.A. (HONS) IN COUNSELLING & PSYCHOTHERAPY WITH ADDICTION STUDIES	130

C18	B.A. (HONS) IN COUNSELLING & PSYCHOTHERAPY WITH YOUTH STUDIES	132
C19	M.A. IN COUNSELLING & PSYCHOTHERAPY (COGNITIVE BEHAVIOURAL MODALITIES)	134
C20	MSc ADDICTION RECOVERY	136
C21	MASTER OF ARTS (TAUGHT) IN ADDICTION STUDIES	138
C22	MSC ADDICTION COUNSELLING & PSYCHOTHERAPY	140
C23	MASTERS IN CHILD & ADOLESCENT COUNSELLING & PSYCHOTHERAPY	142
C24	MASTER OF PUBLIC POLICY	144
C25	MA IN ADVANCED FACILITATION SKILLS FOR PROMOTING HEALTH AND WELL BEING	146
C27	M.A. IN ADDICTION COUNSELLING	149
C29	BA Degree in Applied Addiction Studies and Community Development	153
D01	PEER DRUG PREVENTION EDUCATION	156

## Leinster

## The province of Leinster

Course		Page
A01	FAMILY SUPPORT PROGRAMMES	12
A04	SAOR SCREENING AND BRIEF INTERVENTION FOR PROBLEM ALCOHOL & SUBSTANCE USE. ONE-DAY COURSE.	17
A12	ONLINE FOUNDATION COURSE IN SUBSTANCE MISUSE FOR GPs	26
A13	THE PRESENTATION, DIAGNOSIS, AND TREATMENT OF OPIOID DEPENDENCE [for healthcare professionals, online]	27
A14	QUALITY CHAMPIONS TRAINING [online]	29
A15	BLENDED LEARNING: TRAUMA INFORMED PRACTICE	31
A16	REMOTE LEARNING - THE PSYCHODYNAMICS OF EATING DISORDERS	33
A17	REMOTE LEARNING: COMPLEX TRAUMA WORKSHOP	35
A18	REMOTE LEARNING - ATTACHMENT STYLES	37
A19	REMOTE LEARNING: AN INTRODUCTION TO DIALECTICAL BEHAVIOUR THERAPY	39
A20	REMOTE LEARNING - ADVANCED DIALECTICAL BEHAVIOURAL THERAPY (DBT)	41
A21	REMOTE LEARNING: AN INTRODUCTION TO MOTIVATIONAL INTERVIEWING.	43
A22	REMOTE LEARNING – TRANSGENDER AWARENESS	45
A23	REMOTE LEARNING: UNDERSTANDING NARCISSISM: THEORY AND PRACTICE	47

A24	FOETAL ALCOHOL SPECTRUM DISORDER IN THE CLASSROOM	49
A25	AN INTRODUCTION TO FASD	50
A26	RISKS OF WORK ADDICTION – THE IMPACT ON PHYSICAL AND MENTAL HEALTH [online]	51
A27	HSE INTENSIVE SMOKING CESSATION TRAINING AND ASSESSMENT PROGRAMME [online]	52
A28	PCI IN-SERVICE TRAINING PROGRAMME	54
A31	NON VIOLENT RESISTANCE COURSE FOR PARENTS AND CARERS	57
A32	Human Rights and Drug Use	58
B05	MINDOUT: MENTAL HEALTH PROMOTION PROGRAMME FOR OUT OF SCHOOL SETTINGS.	67
B14	CERTIFICATE IN FOUNDATIONAL SKILLS & COMPETENCE IN COUNSELLING & PSYCHOTHERAPY	80
B15	CERTIFICATE IN APPLIED ADDICTION STUDIES & COMMUNITY DEVELOPMENT [online]	82
B16	CERTIFICATE IN LEADERSHIP AND COMMUNITY DEVELOPMENT [online]	83
B17	DRUG AND ALCOHOL COUNSELLING [online]	84
B18	ALCOHOL & DRUG ABUSE	86
B19	IDENTIFYING AND RESPONDING TO DRUG AND ALCOHOL ADDICTION IN NURSING, MIDWIFERY AND ALLIED HEALTHCARE PRACTICE [online]	87
B20	COMMUNITY ADDICTION STUDIES [online]	89
B21	KEYWORKING, CARE PLANNING and CASE MANAGEMENT [online]	91
B22	PRACTITIONERS CERTIFICATE IN COGNITIVE BEHAVIOURAL THERAPY [online]	93
B23	PROFESSIONAL CERTIFICATE IN THE THERAPEUTIC USE OF MINDFULNESS [online]	95
B24	ADDICTION STUDIES	97
C01	CERTIFICATE IN ADDICTION STUDIES	100
C05	CERTIFICATE IN SUPPORTING POSITIVE PARENTING	107
C06	PROFESSIONAL CERTIFICATE IN WOMEN AND SUBSTANCE USE [online]	109
C08	DIPLOMA IN DRUG AND ALCOHOL STUDIES	113
C09	DIPLOMA IN ADDICTION STUDIES	115
C13	ONLINE POSTGRADUATE DIPLOMA IN SOCIAL POLICY AND PRACTICE.	123
C14	BACHELOR OF ARTS IN APPLIED ADDICTION STUDIES AND COMMUNITY DEVELOPMENT	125
C15	BA (HONOURS) IN COUNSELLING WITH ADDICTION	127
C16	BA (HONOURS) IN COUNSELLING WITH ADDICTION. ONE YEAR ADD-ON	129

C17	B.A. (HONS) IN COUNSELLING & PSYCHOTHERAPY WITH ADDICTION STUDIES	130
C18	B.A. (HONS) IN COUNSELLING & PSYCHOTHERAPY WITH YOUTH STUDIES	132
C19	M.A. IN COUNSELLING & PSYCHOTHERAPY (COGNITIVE BEHAVIOURAL MODALITIES)	134
C27	M.A. IN ADDICTION COUNSELLING	149
C29	BA Degree in Applied Addiction Studies and Community Development	153

# Munster

Course		Page
A01	FAMILY SUPPORT PROGRAMMES	12
A03	SAOR: SCREENING & BRIEF INTERVENTION FOR PROBLEM ALCOHOL AND SUBSTANCE USE	15
A04	SAOR SCREENING AND BRIEF INTERVENTION FOR PROBLEM ALCOHOL & SUBSTANCE USE. ONE-DAY COURSE.	17
A07	PARENTS PLUS ADOLESCENT PROGRAMME	20
A12	ONLINE FOUNDATION COURSE IN SUBSTANCE MISUSE FOR GPs	26
A13	THE PRESENTATION, DIAGNOSIS, AND TREATMENT OF OPIOID DEPENDENCE [for healthcare professionals, online]	27
A14	QUALITY CHAMPIONS TRAINING [online]	29
A15	BLENDED LEARNING: TRAUMA INFORMED PRACTICE	31
A16	REMOTE LEARNING - THE PSYCHODYNAMICS OF EATING DISORDERS	33
A17	REMOTE LEARNING: COMPLEX TRAUMA WORKSHOP	35
A18	REMOTE LEARNING - ATTACHMENT STYLES	37
A19	REMOTE LEARNING: AN INTRODUCTION TO DIALECTICAL BEHAVIOUR THERAPY	39
A20	REMOTE LEARNING - ADVANCED DIALECTICAL BEHAVIOURAL THERAPY (DBT)	41
A21	REMOTE LEARNING: AN INTRODUCTION TO MOTIVATIONAL INTERVIEWING.	43
A22	REMOTE LEARNING – TRANSGENDER AWARENESS	45
A23	REMOTE LEARNING: UNDERSTANDING NARCISSISM: THEORY AND PRACTICE	47
A24	FOETAL ALCOHOL SPECTRUM DISORDER IN THE CLASSROOM	49
A25	AN INTRODUCTION TO FASD	50
A26	RISKS OF WORK ADDICTION – THE IMPACT ON PHYSICAL AND MENTAL HEALTH [online]	51
A27	HSE INTENSIVE SMOKING CESSATION TRAINING AND ASSESSMENT PROGRAMME [online]	52

A28	PCI IN-SERVICE TRAINING PROGRAMME	54
A31	NON VIOLENT RESISTANCE COURSE FOR PARENTS AND CARERS	57
A32	Human Rights and Drug Use	58
B01	SUBSTANCE USE ISSUES IN YOUTH AND COMMUNITY WORK	60
B05	MINDOUT: MENTAL HEALTH PROMOTION PROGRAMME FOR OUT OF SCHOOL SETTINGS.	67
B09	COMMUNITY ADDICTION STUDIES	72
B14	CERTIFICATE IN FOUNDATIONAL SKILLS & COMPETENCE IN COUNSELLING & PSYCHOTHERAPY	80
B15	CERTIFICATE IN APPLIED ADDICTION STUDIES & COMMUNITY DEVELOPMENT [online]	82
B16	CERTIFICATE IN LEADERSHIP AND COMMUNITY DEVELOPMENT [online]	83
B17	DRUG AND ALCOHOL COUNSELLING [online]	84
B18	ALCOHOL & DRUG ABUSE	86
B19	IDENTIFYING AND RESPONDING TO DRUG AND ALCOHOL ADDICTION IN NURSING, MIDWIFERY AND ALLIED HEALTHCARE PRACTICE [online]	87
B20	COMMUNITY ADDICTION STUDIES [online]	89
B21	KEYWORKING, CARE PLANNING and CASE MANAGEMENT [online]	91
B22	PRACTITIONERS CERTIFICATE IN COGNITIVE BEHAVIOURAL THERAPY [online]	93
B23	PROFESSIONAL CERTIFICATE IN THE THERAPEUTIC USE OF MINDFULNESS [online]	95
B24	ADDICTION STUDIES	97
C01	CERTIFICATE IN ADDICTION STUDIES	100
C05	CERTIFICATE IN SUPPORTING POSITIVE PARENTING	107
C06	PROFESSIONAL CERTIFICATE IN WOMEN AND SUBSTANCE USE [online]	109
C08	DIPLOMA IN DRUG AND ALCOHOL STUDIES	113
C09	DIPLOMA IN ADDICTION STUDIES	115
C11	SUBSTANCE MISUSE AND ADDICTION STUDIES DIPLOMA	119
C13	ONLINE POSTGRADUATE DIPLOMA IN SOCIAL POLICY AND PRACTICE.	123
C15	BA (HONOURS) IN COUNSELLING WITH ADDICTION	127
C17	B.A. (HONS) IN COUNSELLING & PSYCHOTHERAPY WITH ADDICTION STUDIES	130
C18	B.A. (HONS) IN COUNSELLING & PSYCHOTHERAPY WITH YOUTH STUDIES	132
C19	M.A. IN COUNSELLING & PSYCHOTHERAPY (COGNITIVE BEHAVIOURAL MODALITIES)	134
C23	MASTERS IN CHILD & ADOLESCENT COUNSELLING & PSYCHOTHERAPY	142

C25	MA IN ADVANCED FACILITATION SKILLS FOR PROMOTING HEALTH AND WELL BEING	146
C25	POSTGRADUATE RESEARCH IN DRUG AND ALCOHOL MISUSE	148
C27	M.A. IN ADDICTION COUNSELLING	149
C29	BA Degree in Applied Addiction Studies and Community Development	153

## Ulster

Course		Page
A12	ONLINE FOUNDATION COURSE IN SUBSTANCE MISUSE FOR GPs	26
A13	THE PRESENTATION, DIAGNOSIS, AND TREATMENT OF OPIOID DEPENDENCE [for healthcare professionals, online]	27
A14	QUALITY CHAMPIONS TRAINING [online]	29
A15	BLENDED LEARNING: TRAUMA INFORMED PRACTICE	31
A16	REMOTE LEARNING - THE PSYCHODYNAMICS OF EATING DISORDERS	33
A17	REMOTE LEARNING: COMPLEX TRAUMA WORKSHOP	35
A18	REMOTE LEARNING - ATTACHMENT STYLES	37
A19	REMOTE LEARNING: AN INTRODUCTION TO DIALECTICAL BEHAVIOUR THERAPY	39
A20	REMOTE LEARNING - ADVANCED DIALECTICAL BEHAVIOURAL THERAPY (DBT)	41
A21	REMOTE LEARNING: AN INTRODUCTION TO MOTIVATIONAL INTERVIEWING.	43
A22	REMOTE LEARNING – TRANSGENDER AWARENESS	45
A23	REMOTE LEARNING: UNDERSTANDING NARCISSISM: THEORY AND PRACTICE	47
A24	FOETAL ALCOHOL SPECTRUM DISORDER IN THE CLASSROOM	49
A25	AN INTRODUCTION TO FASD	50
A26	RISKS OF WORK ADDICTION – THE IMPACT ON PHYSICAL AND MENTAL HEALTH [online]	51
A27	HSE INTENSIVE SMOKING CESSATION TRAINING AND ASSESSMENT PROGRAMME [online]	52
A28	PCI IN-SERVICE TRAINING PROGRAMME	54
A31	NON VIOLENT RESISTANCE COURSE FOR PARENTS AND CARERS	57
A32	Human Rights and Drug Use	58
B02	UNDERSTANDING SUBSTANCE MISUSE	62
B15	CERTIFICATE IN APPLIED ADDICTION STUDIES & COMMUNITY DEVELOPMENT [online]	82
B16	CERTIFICATE IN LEADERSHIP AND COMMUNITY DEVELOPMENT [online]	83

B17	DRUG AND ALCOHOL COUNSELLING [online]	84
B18	ALCOHOL & DRUG ABUSE	86
B19	IDENTIFYING AND RESPONDING TO DRUG AND ALCOHOL ADDICTION IN NURSING, MIDWIFERY AND ALLIED HEALTHCARE PRACTICE [online]	87
B20	COMMUNITY ADDICTION STUDIES [online]	89
B21	KEYWORKING, CARE PLANNING and CASE MANAGEMENT [online]	91
B22	PRACTITIONERS CERTIFICATE IN COGNITIVE BEHAVIOURAL THERAPY [online]	93
B23	PROFESSIONAL CERTIFICATE IN THE THERAPEUTIC USE OF MINDFULNESS [online]	95
B24	ADDICTION STUDIES	97
C04	CHILDREN & FAMILIES HIDDEN HARM CERTIFICATE	106
C06	PROFESSIONAL CERTIFICATE IN WOMEN AND SUBSTANCE USE [online]	109
C09	DIPLOMA IN ADDICTION STUDIES	115
C13	ONLINE POSTGRADUATE DIPLOMA IN SOCIAL POLICY AND PRACTICE.	123
C28	MASTER OF SCIENCE / POSTGRADUATE DIPLOMA IN THERAPEUTIC INTERVENTIONS FOR ALCOHOL & OTHER DRUGS	151
C29	BA Degree in Applied Addiction Studies and Community Development	153



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