Directory of courses and training programmes on drug misuse in Ireland 2019

Health Research Board
Introduction

This Directory contains information about courses and training programmes on drug misuse for individuals and agencies interested in developing their knowledge, skills and capacity in this field.

There is a wide variety of training available, ranging from single sessions to courses lasting up to three years. Although some courses do not refer directly to drugs or addiction, they may be of interest to those working in this area. Obviously, the depth of coverage of the issues varies considerably, according to the length of the course and the level at which it is aimed. There are also variations in the training methods and in the underlying principles and approaches to issues in drug misuse. A number of courses are offered by multiple providers, so information on a single course may be provided more than once. This enables local providers to give details which may be of interest to those in their area. Information in the Directory has been supplied by a range of sources and this is reflected in the different writing styles and content.

Courses are aimed at diverse target groups. Some courses are open to anyone in the community who is interested in the issue; others are aimed at those whose work brings them into contact with drug-related issues; and some are aimed at specific groups. The majority of courses listed here do not stipulate formal educational attainments as entry requirements, although a number of more advanced courses do require participants to have some previous knowledge and understanding of relevant issues.

The Directory does not assess or provide information about the quality or relevance of any of the courses listed. Neither the inclusion nor the omission of any course, or the details of any course, should be taken as indicative of any view or opinion of that course held by the staff of the HRB National Drugs Library, the Health Research Board or any other agency.

Information for this publication was taken from our online Directory, and therefore provides a ‘snap-shot’ of courses available at one particular time. Inevitably, some agencies providing courses and training in drug misuse were overlooked, and new courses are continually being developed. Please consult our website, www.drugsandalcohol.ie/courses, for the most up-to-date information.

Course co-ordinators who wish to provide updated information or new courses should contact Mary Dunne mdunne@hrb.ie
Contents

COURSES

A - Basic level courses

A01 - STRENGTHENING FAMILIES PROGRAMME

A02 - THE CAD EDUCATION DAY

A03 - FAMILY FOCUS TUTOR TRAINING PROGRAMME

A04 - THE CAD 'FAMILY FOCUS' SIX-SESSION DRUG EDUCATION PROGRAMME

A07 - DEVELOPMENT OF POLICIES AND PROCEDURES FOR WORKPLACE DRUGS AND ALCOHOL

A08 - DUN LAOGHAIRE-RATHDOWN DRUG AND ALCOHOL TRAINING COURSES

A09 - ASIST (Applied Suicide Intervention Skills Training)

A11 - BRIEF INTERVENTIONS FOR SMOKING CESSATION

A15 - UNDERSTANDING AND RESPONDING TO SELF-INJURY: A HARM-REDUCTION APPROACH

A16 - PARENT TO PARENT PROGRAMME

A32 - KEYWORKING AND CARE PLANNING

A33 - INTRODUCTION TO ADDICTION STUDIES

A34 - UNDERSTANDING SAFER INJECTING TECHNIQUES

A35 - UNDERSTANDING HARM REDUCTION

A36 - WOMEN AND SUBSTANCE USE

A39 - HEROIN ADDICTION AND ITS EFFECTS

A40 - COCAINE ADDICTION AND ITS EFFECTS

A41 - THE PSYCHODYNAMICS OF ADDICTION

A42 - THE PHARMACOLOGY OF ADDICTION

A43 - 5×week GROUP WORK TRAINING

A44 - ADDICTION & GAMBLING WORKSHOP

A45 - MOTIVATIONAL INTERVIEWING HELPING PEOPLE TO WORK TOWARDS CHANGE

A46 - COMMUNITY ADDICTION COURSE

A47 - DUBLIN NORTH EAST TASK FORCE COURSES

A48 - ADDICTION AND LOSS

A49 - SAOR: SCREENING & BRIEF INTERVENTIONS FOR ALCOHOL USE
A50 - NEW PSYCHOACTIVE SUBSTANCES 47
A51 - DRUG USE, PROBLEMATIC USE AND DEPENDENCE: HOW TO SUPPORT PEOPLE WITH DIFFERENT PROBLEMS. 48
A52 - SOLUTION FOCUSED BRIEF THERAPY 2 49
A53 - POSITIVE PARENTING FOR CHANGING FAMILIES 51
A54 - FAMILY COMMUNICATIONS: COPING WITH FAMILY LIFE AND COMMUNICATION WITH TEENAGERS - TRAINING FOR TRAINERS 52
A55 - REHABILITATION, EDUCATION & TRAINING PROGRAMME 54

B - Certificate (NFQ 5 level) courses 55
B01 - SUBSTANCE USE ISSUES IN YOUTH AND COMMUNITY WORK 56
B04 - SEXUAL HEALTH AND DRUG AWARENESS: TRAINING FOR TRAINERS PROGRAMME 58
B05 - SAOR SCREENING AND BRIEF INTERVENTION FOR PROBLEM ALCOHOL & SUBSTANCE USE. ONE-DAY COURSE. 59
B06 - CERTIFICATE IN ADDICTION STUDIES 61
B07 - PROFESSIONAL CERTIFICATE IN THE THERAPEUTIC USE OF MINDFULNESS 63
B08 - PRACTITIONERS CERTIFICATE IN COGNITIVE BEHAVIOURAL THERAPY 65
B09 - CERTIFICATE IN COUNSELLING AND PSYCHOTHERAPUTIC STUDIES 67
B12 - PROFESSIONAL CERTIFICATE IN COGNITIVE BEHAVIOUR THERAPY 69
B14 - MINDOUT: MENTAL HEALTH PROMOTION PROGRAMME FOR OUT OF SCHOOL SETTINGS. 70
B15 - APPLIED SOCIAL STUDIES - WITH COUNSELLING & ADDICTION STUDIES 71
B16 - APPLIED SOCIAL STUDIES - YOUNG ADULTS 72
B17 - LEVEL 5 DIPLOMA IN SUBSTANCE MISUSE THEORY & INTERVENTIONS 73
B18 - STRENGTHENING FAMILIES PROGRAMME 75
B19 - ADDICTION STUDIES 76
B20 - COMMUNITY ADDICATION STUDIES 78
B21 - COMMUNITY ADDICTION STUDIES COURSE QQI Award (Minor) Level 5 79

C - Courses leading to a professional or academic qualification (NFQ level 6 and higher) 80
C01 - ADDICTION STUDIES CERTIFICATE 81
C02 - HIGHER CERTIFICATE IN ADDICTION STUDIES (Level 7) 83
C03 - CERTIFICATE IN HOMELESS PREVENTION AND INTERVENTION 84
C04 - DIPLOMA IN COMMUNITY DRUG AND ALCOHOL WORK 86
C05 - DIPLOMA IN ADDICTION STUDIES 88
C06 - DIPLOMA IN DRUG AND ALCOHOL STUDIES 89
C07 - DIPLOMA IN ADDICTION STUDIES 91
C08 - DIPLOMA IN INTEGRATIVE SUPERVISION 93
C09 - SUBSTANCE MISUSE AND ADDICTION STUDIES DIPLOMA 95
C10 - HIGHER DIPLOMA IN SOCIAL POLICY 97
C11 - FOUNDATION DEGREE IN RESPONDING TO ALCOHOL AND DRUG MISUSE 99
C12 - BACHELOR OF ARTS IN APPLIED ADDICTION STUDIES AND COMMUNITY DEVELOPMENT 101
C13 - BA DEGREE IN COUNSELLING SKILLS AND ADDICTION STUDIES 103
C14 - B.A (Hons) IN COUNSELLING SKILLS AND ADDICTION STUDIES 105
C15 - BA (HONOURS) IN COUNSELLING WITH ADDICTION 107
C16 - BA (HONOURS) IN COUNSELLING WITH ADDICTION. ONE YEAR ADD-ON 108
C17 - MASTERS DEGREE IN COGNITIVE BEHAVIOURAL THERAPY 109
C18 - MASTERS DEGREE IN COUNSELLING AND PSYCHOTHERAPY 111
C19 - MSc ADDICTION RECOVERY 113
C20 - MASTER OF ARTS (TAUGHT) IN ADDICTION STUDIES 115
C21 - MASTERS IN CHILD & ADOLESCENT COUNSELLING & PSYCHOTHERAPY 117
C22 - MSC ADDICTION COUNSELLING & PSYCHOTHERAPY 119
C23 - MA IN ADVANCED FACILITATION SKILLS FOR PROMOTING HEALTH AND WELL BEING 121
C24 - MASTER OF SCIENCE / POSTGRADUATE DIPLOMA IN THERAPEUTIC INTERVENTIONS FOR ALCOHOL & OTHER DRUGS 123
C25 - MASTER OF PUBLIC POLICY 125
C26 - POSTGRADUATE RESEARCH IN DRUG AND ALCOHOL MISUSE 127
D - Courses for young people 128
  D02 - PEER DRUG PREVENTION EDUCATION 129
E - In-service or on-site training 130
  E01 - PCI IN-SERVICE TRAINING PROGRAMME 131
  E02 - CAD TAILORED TRAINING 132
F - Distance learning or online courses 133
  F01 - QUALITY CHAMPIONS TRAINING 134
  F02 - CERTIFICATE IN APPLIED ADDICTION STUDIES & COMMUNITY DEVELOPMENT 136
<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>F03</td>
<td>PROFESSIONAL CERTIFICATE IN WOMEN AND SUBSTANCE USE</td>
<td>137</td>
</tr>
<tr>
<td>F04</td>
<td>DRUG AND ALCOHOL COUNSELLING</td>
<td>139</td>
</tr>
<tr>
<td>F05</td>
<td>ONLINE POSTGRADUATE DIPLOMA IN SOCIAL POLICY AND PRACTICE.</td>
<td>140</td>
</tr>
<tr>
<td>F06</td>
<td>ONLINE FOUNDATION COURSE IN SUBSTANCE MISUSE</td>
<td>142</td>
</tr>
<tr>
<td>F07</td>
<td>ALCOHOL &amp; DRUG ABUSE</td>
<td>143</td>
</tr>
<tr>
<td>F08</td>
<td>REMOTE LEARNING: KEYWORKING, CARE PLANNING AND CASE MANAGEMENT</td>
<td>144</td>
</tr>
<tr>
<td>F09</td>
<td>REMOTE LEARNING: AN OVERVIEW OF SOLUTION FOCUSED BRIEF THERAPY (SFBT)</td>
<td>146</td>
</tr>
<tr>
<td>F10</td>
<td>REMOTE LEARNING: INTRODUCTION TO SOLUTION FOCUSED BRIEF THERAPY</td>
<td>148</td>
</tr>
<tr>
<td>F11</td>
<td>REMOTE LEARNING: MANAGING &amp; COMMUNICATING IN THE COVID-19 CRISIS: PSYCHOLOGICAL PERSPECTIVES</td>
<td>149</td>
</tr>
<tr>
<td>F13</td>
<td>REMOTE LEARNING: AN OVERVIEW OF RELAPSE PREVENTION</td>
<td>150</td>
</tr>
<tr>
<td>F14</td>
<td>REMOTE LEARNING: AN INTRODUCTION TO MOTIVATIONAL INTERVIEWING</td>
<td>151</td>
</tr>
<tr>
<td>F15</td>
<td>REMOTE LEARNING: AN INTRODUCTION TO DIALECTICAL BEHAVIOUR THERAPY</td>
<td>153</td>
</tr>
</tbody>
</table>

**PROVIDERS**

**REGIONS**
COURSES
Short or basic level courses providing information and/or raising awareness of substance misuse among a general target audience, or developing skills of those working in this field.
STRENGTHENING FAMILIES PROGRAMME

Course Provider
Le Cheile

Address
24 Tivoli Terrace South,
Dun Laoghaire
Co. Dublin

Web address
http://www.lecheile.ie

Contact Person(s)
Le Cheile Mentoring Project

01 214 4350
info@lecheile.ie

Course aims and objectives
Strengthening Families Programme (SFP 12-16 yrs) is a 14 session family skills training programme for families. SFP has been proved to help build communication skills, family and behaviour management and have fun in the process! It is is designed to give parents and their children the opportunity to learn new, healthy communication skills that create positive relationships within families. These new skills also assist and reduce the risk of young people getting involved in adverse behaviours.

SFP skills are not special skills for deficient families; SFP skills are for all families, but presented in a way to make them accessible to high stress families. All groups are run by facilitators who have trained in SFP and have experience of working with children and families in the community.

Course content
• The group meet for two and a half hours once a week
• On the evening, three classes are run: parent skills training, teen skills training and family life skills training.
• Families meet for the first half hour for a community dinner to meet with group leaders and other families in the group.
• After dinner, for the first hour families separate into two groups for parents/caregivers and for teens.
In the second hour, families will join together to discuss and practice skills as a whole group

• In the parents group, parents will learn new skills to increase better behaviours in their teens through:
  • Attention
  • Rewards
  • Clear communication
  • Substance use education
  • Problem solving
  • Limit setting

In the teen group, skills are present on how to:
• Communicate positively
• Understand feelings
• Cope with criticism
• Manage stress
• Develop social skills
• Learn problem solving
• Deal with peer pressure
• Understand the consequences of substance abuse
• How short term consequences affect long term dreams and goals.

Benefits for families
• Increased family quality time
• Learn better communication skills
• Coping with anger and criticism
• Stress management
• Coping peer pressure
• Helps to prevent substance abuse, conduct disorders and depression in teens
• Improve parenting skills and family relationships
• Incentives for attendance, positive participation, homework completion and graduation.

Weekly family support
Through the running of the programme, families will link in on a weekly basis with their Link Person or Referral Agent in order to receive support and guidance around the content of the programme for that week.

A Link Person is a professional that will offer to
say in contact with the referred family to cover any material with them, to check their understanding of the programme and try to address any difficulties that are arising within the programme. Referral Agents can and have in the past also acted in this capacity.

**Target group**
The Strengthening Families Programme is a 14 week family skills programme for the entire family.

**Entry requirement**
Families. There is childcare available for children aged 4-11 years, and transport can be provided to families who may find it difficult to travel to the programme. There is a meal provided every night for all the family to enjoy before the session starts.

**Selection procedure**
Families may be referred by a ‘referral agent’ e.g. a probation officer.

For more information about the programme, for both families and referrers visit [www.lecheile.ie/category/what-we-do/strengthening-families-programme/](http://www.lecheile.ie/category/what-we-do/strengthening-families-programme/)

**Qualification**
n.a.

**Assessment**
n.a.

**Accreditation**
n.a.

**Course background**
This programme was developed by Dr. Karol L. Kumpfer and associates at the University of Utah in 1982.

**Course start date**
Contact your local Le Cheile Mentoring Project Co-ordinator

**Course location**
Various locations, see co-ordinators webpage

**Application**
A wide variety of professionals from the community are involved in running the programme, including youth workers, health promotion works, volunteers, counsellors, social workers and community Garda.

**Cost**
n.a.
Course Provider
Community Awareness of Drugs

Address
31 Central Hotel Chambers, Dame Court, D2

Web address
http://www.cadaboutdrugs.ie

Contact Person(s)
Training co-ordinator

01 878-3656
info@cadaboutdrugs.ie

Course aims and objectives
To provide former participants with an opportunity to access information on drugs from invited experts. In addition, to up-skill on family-related matters from a variety of guest speakers and to listen to shared personal experiences on the topic of drug use and dependency.

Course content
Content varies by year.

Target group
Past participants of our ‘Parenting for prevention’ programme and invited guests

Entry requirement
None

Selection procedure
None

Qualification
n.a.

Assessment
n.a.

Accreditation
n.a.

Course background
Our education days have been held since 1994. The 2008 update day co-incided with our 25th anniversary celebrations.

Course start date
Please contact CAD for next update day.

Course location
Dublin

Application
Contact the CAD Office

Cost
€10.00 to secure a place
## Course aims and objectives
The aim of the Family Focus Tutor Training programme is to provide community workers with an evidence-based drug education programme designed to support parents. Evidence suggests the provision of information on substance use to parents reduces the risk of substance use amongst adolescents and young people (NACD 2010). CAD’s goal is to extend our reach to parents by training community workers to lead Family Focus programmes in their local communities.

## Course content
The Family Focus Tutor Training programme is an evidence-based model that teaches community workers and volunteers to deliver CAD’s Family Focus programme in drug education and prevention strategies. Delivered by CAD Tutors, the Tutor Training programme is now a 3 day training programme consisting of up-to-date drug information, plan preparation, and strategy.

## Target group
The model is aimed at training community workers to deliver our Family Focus Drug Prevention Programme.

## Entry requirement
The Family Focus Tutor Training Programme adopts a health promotion perspective and updates trainees on current drug use and trends with a view to enabling them to become more informed and confident in their role as drug educators. In addition to course content, the programme focuses on developing key facilitation skills such as managing the group dynamic, encouraging group discussion and brain storming techniques. A minimum requirement of certificate level in addiction studies or equivalent is recommended.

## Selection procedure
See the website for more details [http://www.cadaboutdrugs.ie/?page_id=2695](http://www.cadaboutdrugs.ie/?page_id=2695)

## Qualification
n.a.

## Assessment
n.a.

## Accreditation
n.a.

## Course background
Through partnership with Local and Regional Drug Task Forces, CAD is committed to integrating its drug prevention education in line with existing provision of services and support for parents. In 2013, CAD was invited by North East Regional Drug Task Force (NERDTF) to train community workers and agency staff in its Family Focus drug prevention education programme. A pilot programme funded by the National Lottery took place in Cavan, Monaghan, Louth and Meath and a full evaluation was completed in January 2016.

## Course start date
Contact CAD for dates.

## Course location
Dublin

## Application
Contact CAD Co-ordinating Office.

## Cost
Details from CAD.
Course Provider
Community Awareness of Drugs

Address
31 Central Hotel Chambers, Dame Court, D2

Web address
http://www.cadaboutdrugs.ie

Contact Person(s)
Training co-ordinator

01 878-3656
info@cadaboutdrugs.ie

Course aims and objectives
To provide participants with an opportunity to:
update information on drugs and their effects;
explore attitudes and decisions about substance misuse; and develop a family-orientated drug prevention strategy.

Course content
Discussion topics include:
• Drug-use prevalence
• Drug prevention (broadly defined)
• Drugs and their effects
• Safety audit in the family home
• Parenting-related confidence building
• Active listening
• Health promotion
• Harm reduction
• The gateway theory
• The wheel of change
• Drug-related laws
• Mental health matters
• Sexual health matters
• Information sources
• Treatment options
• Risk and protective factors

Target group
Parents or guardians, other adults

Entry requirement
None

Selection procedure
None. See course website for further details:
www.cadaboutdrugs.ie/

Qualification
n.a.

Assessment
n.a.

Accreditation
n.a.

Course background
The course was launched during European Drug Prevention Week in October 1992. It was first offered in September 1993.

Course start date
Contact CAD office.

Course location
Local community level cross task-force basis
Leinster

Application
Contact CAD Office.

Cost
€380.00 per six-session programme, if there is no sponsorship available.
## Course Provider

**EAP Institute**

**Address**
143 Barrack Street, Waterford

**Web address**
http://www.eapinstitute.com

## Course aims and objectives

The objective of the training programme is to develop the following:

- Policies and Procedures for responding to workplace intoxicants (defined as drugs and alcohol).
- Conducting intoxicant risk assessment and control measures.
- Managing reasonable suspicion for managers and supervisors (when an employee reports for or is on duty under the influence of an intoxicant).
- Health surveillance for intoxicants, employee information, employee support services and employee assistance programmes.
- Procedures for intoxicant testing.

## Course content

Over the past number of years the EAP Institute has developed a prominent position in the provision of consulting and training for companies who wish to comply with Section 13(1) b of the Safety, Health and Welfare at Work Act 2005. This section of the Act requires that, where a manager or supervisor has reasonable suspicion that an employee reports for or is on duty under the influence of an intoxicant (defined as drugs and alcohol or any combination of drugs or alcohol) they may be removed from their place of work.

Employers are required to provide reasonable accommodation when employees are removed from their place of work. This requires an objective assessment, to determine if the employee is suffering from a disability and afforded, when appropriate, the opportunity for treatment and rehabilitation.

## Entry requirement

n.a.

## Selection procedure

For further information about the course, visit the website -
www.eapinstitute.com/trainingenquiry.php

## Qualification

n.a.

## Assessment

n.a.

## Accreditation

n.a.

## Course start date


## Course location

Various locations

## Application


## Cost

Contact EAP
Course aims and objectives
Southside Community Training Network (SCTN) focuses on building community capacity through the provision of quality, affordable training courses to individuals and groups working within Dún Laoghaire-Rathdown.

Course content
The SCTN have organised the following training courses in the past:

Alcohol and its effects on our community
Designed to entertain, provoke and educate this workshop will invite those attending to explore the world of a 12 year old girl to cope with the worries and fears of living in a world where alcohol abuse is the norm. The workshop will start off with a short 30 minute play

Community addiction studies course (a one module course at FETAC level 5)
The purpose of this course is to enable participants to learn about drugs and their effects, develop an understanding of addiction, examine their own attitudes, become more effective in their personal responses and develop the skills and knowledge to become more effective in responding to drug misuse in their own communities.

Drug awareness training course
This course is suitable for those 18 years and over who are interested in learning about drugs and their effects, both on the individuals who use them and the wider community. The course runs for six consecutive weeks and a Certificate of Attendance will be given to participants on completion.

Motivational Interviewing (Introduction course)
Participants will acquire a solid base of MI theory, explore MI spirit, investigate opening strategies, intervention traps, explore resistance, develop and integrate skills and techniques to progress competency. This workshop will benefit any professionals working with people where behaviour change would be favourable.

Managing organisations in the community sector
National College of Ireland and Citywide Drugs Crisis Campaign, have offered this part-time work-based course. It has been developed for front line managers of community based drug projects who wish to develop their knowledge to successfully manage and lead in this complex and challenging environment.

Parachute programme
A one-day training event for the delivery of Drug Misuse Prevention through play for 5-12 year olds. The programme is divided into three age appropriate modules which are based on the use of play to explore the ideas of: self esteem, staying safe, being healthy, being aware of drugs

Two day training in drug prevention & education.
• Quality standards in substance use education
The Manual was developed by the Drug Education Workers Forum as a way of standardising substance use education within the community, voluntary and statutory sector. Standards within substance use education may include educational programmes, policies and guidelines..

• Putting the pieces together: a drug & alcohol resource for trainers
The aim of the Manual is to provide a practical approach to working with young people (in an out of school setting), parents and communities
affected by drug use. The objectives are to increase knowledge and understanding, challenge attitudes, develop skills in delivering substance use education, and give an introduction into the use of brief interventions.

**Target group**
SCTN courses are open to all those living or working within Dún Laoghaire-Rathdown. Priority will be given to those who work within areas and communities of disadvantage.

**Entry requirement**
n.a.

**Selection procedure**
Visit the website for details about upcoming courses
[https://dlrdrugtaskforce.ie/programmes-and-projects.html](https://dlrdrugtaskforce.ie/programmes-and-projects.html) or contact Dun Laoghaire Rathdown Local Drugs and Alcohol Taskforce at dlralcoholanddrugs@gmail.com or 01 7060125

**Qualification**
Not applicable

**Assessment**
n.a.

**Accreditation**
 n.a.

**Course background**
We organise training based on the needs of the organisations with which we work. Since we work with a diversity of organisations, our calendar is diverse. Courses are often on issues related to childcare, accounting, grant-writing, web work and health and safety, as well as around topics, like substance abuse or domestic violence.

**Course start date**
Contact SCTN or see website for details.

**Course location**
All of our training will take place within the local community (Dun Laoghaire/Rathdown) to facilitate easy access. If a group has an interest in any particular course, we will make every effort to accommodate their request.

**Application**
Contact SCTN

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**Cost**
Dun Laoghaire Rathdown Task Force provide some education bursaries for recovering drug users resident in their area. Please see http://dlrdrugtaskforce.ie/ for details.
### Course Provider
National Youth Council of Ireland

### Address
3 Montague Street
Dublin 2
Ireland

### Web address
http://www.youth.ie/training

### Course Provider
ASIST (Applied Suicide Intervention Skills Training)

### Course Provider
Contact Person(s)
Training Administrator
Training Administrator
01-478 4122
training@nyci.ie

### Course aims and objectives
This is a two day intensive, interactive workshop where participants develop their skills through simulations and role-playing in order to become more ready, willing and able to help people at risk of suicide.

### Course content
**Learning outcomes:**
- To recognise that caregivers and persons at risk are affected by personal and societal attitudes about suicide.
- To learn how to discuss suicide with a person at risk in a direct manner.
- To be able to identify risk alerts and develop safe plans related to them.
- To demonstrate the skills required to intervene when a person is at risk of suicide.
- To become familiar with the types of resources available to a person at risk of suicide, including themselves.
- To make a commitment to improving community resources.

This training is available on demand or tailored to need.

### Selection procedure
For more details about the course, visit the website
http://www.youth.ie/nyci/ASIST-Applied-Suicide-Intervention-Skills-Training

### Qualification
n.a.

### Assessment
n.a.

### Accreditation
n.a.

### Course background
Courses have been run for a number of years.

### Course start date
This two day workshop is available on demand. Contact NYCI for details.

### Course location
Various locations

### Application
Obtain an application form by downloading from the website, or by contacting NYCI's Training Administrator on 01 478 4122 or e-mail training@nyci.ie.

### Cost
Contact NYCI for details.

### Target group
This course is designed for all caregivers which includes professionals, paraprofessionals and lay people. It is suitable for mental health professionals, nurses, physicians, teachers, counsellors, youth workers, police and correctional staff, school support staff, clergy and community volunteers.
**Course Provider**
Health Service Executive

**Address**
Health Promotion Service, 1st floor, Unit 4,
Nexus Building, Blanchardstown Corporate Park,
Dublin 15

**Course aims and objectives**
The programme aims to up-skill participants in using the evidence based Brief Intervention Framework with all tobacco users.

**Course content**
Course content:
- The health effects of tobacco and the benefits of quitting
- Raising the issue of tobacco use with patients
- Principles of a motivational approach to enhance client centred practice
- Coping with withdrawal symptoms
- Nicotine replacement therapy
- Smoking cessation services and supports

**Target group**
Any healthcare professional in a position to raise the issue of smoking use within their professional role and to support positive behaviour change such as nurses, midwives, allied health professionals, pharmacists etc.

**Entry requirement**
This course is for Health Professionals only.

**Selection procedure**
Contact Fiona Walsh Maher. See website for more details: [www.hse.ie/bitobacco](http://www.hse.ie/bitobacco)

**Qualification**
n.a.

**Assessment**
n.a.

**Accreditation**
Category 1 approval 6CEU’s for registered nurses and midwives and 5.5 external credits for registered doctors/consultants

**Contact Person(s)**
Fiona Walsh Maher
021 4921641
fiona.walsh4@hse.ie

**Course background**
N.a.

**Course start date**
Contact course coordinator

**Course location**
Cork and Kerry. Can also be delivered on-site or at agreed locations on demand.

**Application**
Please contact Fiona Walsh Maher Tel: 021 4921641 or Email: fiona.walsh4@hse.ie to request an application form or for link to Online booking as applications can now be made online.

**Cost**
N.a.
UNDERSTANDING AND RESPONDING TO SELF-INJURY: A HARM-REDUCTION APPROACH

Course Provider
School of Social Work and Social Policy, Trinity College Dublin

Contact Person(s)
Kay Inckle
Executive Officer
01 8962991
kinckle@tcd.ie

Address
School of Social Work and Social Policy, Room 3063, Arts Building, University of Dublin, Trinity College, Dublin 2

Web address
http://www.tcd.ie/swsp/

Course aims and objectives
This eight-week certified and IASW accredited training course is based on a holistic and harm-reduction approach to self-injury and is the first of its kind to be run in Ireland.

The course provides an in-depth programme and draws on the latest research and developments in the field. It takes a broad, holistic and critical view, enabling participants to understand and apply best-practice responses suited to their particular setting and to work intensively on knowledge, skills, practice and policy development for their field. The course is based on a group learning and participant-centred approach and participants leave the course highly resourced in terms of their own practice and also as leaders and developers of innovative responses in their field.

Course content
The course includes modules on:
• Self-injury: definitions, problems, positions
• Embodiment, well-being and the functions of self-injury
• An in-depth, life-course approach to self-injury
• Active listening and facilitating recovery
• Critical mental health
• Harm-reduction
• Creative interventions
• Policy development

Target group
Those with an interest in this area.

Entry requirement
Previous educational and work experience in a related field is desirable.

Selection procedure
For more information on the course visit
www.tcd.ie/courses/preview/esc/az/course.php

Qualification
Certificate

Assessment
There are total of 52 teaching hours and two assignments. Full attendance and completion of assignments in mandatory for certification.

Accreditation
The course is credited with a certificate from the School of Social Work and Social Policy, TCD. It has also been assessed by the IASW and awarded 12 CPD points.

Course background
See website for more details.

Course start date
The course runs bi-annually commencing the first week of October and the second week of March each year.

Course location
Trinity College Dublin

Application
For a registration form contact Dr Kay Inckle, kinckle@tcd.ie, 01 896 2991, or by post to the School of Social Work and Social Policy.

Cost
€650 for the eight weeks
### Course Provider
Community Outreach Drug and Alcohol Project – Cork City Partnership

### Address
Cork City Partnership Ltd.
Level 1, Heron House
Blackpool Retail Park
Blackpool Cork City
Telephone: 021–4302310

### Web address
http://www.corkcitypartnership.ie

### Contact Person(s)
- **Jacqueline Daly**
  Community Development / Drug & Alcohol Worker
  087 1962030
  jdaly@partnershipcork.ie

- **Mella Magee**
  Community Development / Drug & Alcohol Worker
  087 1962022
  mmagee@partnershipcork.ie

### Course aims and objectives
The course is designed for those who would like to increase their knowledge and train as parents / carers to be a barrier between children (aged 7-13) and the influence of today’s so called “toxic culture”.

### Course content
The training delivers 16 hours of video based workshops, generally over four weeks.

1. “Toxic culture” explores the culture that young people are exposed to and “Put yourself in the way”, how to get involved in your young person’s life.
2. “Awareness is your best friend” concentrates on listening to your intuition as a parent and “Remember the difference” adolescence is a middle ground between childhood and adulthood.
3. “Expect and inspect” and “Never cry alone”. focus on sharing the bad times as well as the good times with your teenager and this aims to help them deal with feelings rather than masking them through the use of alcohol and drugs.
4. “Traps to avoid” explores seven traps for parents that they should avoid: wealth without work, love without limits, adulthood without childhood, education without character, entertainment without conscience, freedom without vision. The session also looks at “Building a family vision”: working with your children to help them reach their goals and dreams.

### Entry requirement
Applicants must be over 18 and parents / carers.

### Selection procedure
Groups of parents and those working with them can apply for training to the Community Project. Parents can also self-refer.


### Qualification
Certificate on completion of 16 hours training.

### Assessment
Full attendance is requested

### Accreditation
n.a.

### Course background
This course is a response to the needs of local community groups.

### Course start date
By arrangement

### Course location
Community settings in Cork city

### Application
Details and form from co-ordinators

### Cost
n.a.
KEYWORKING AND CARE PLANNING

**Course Provider**  
Urrus/The Ballymun Youth Action Project

**Address**  
Horizons Centre, Balcurris Road, Ballymun, Dublin 11

**Web address**  
http://www.byap.ie

**Contact Person(s)**  
Gabrielle Gilligan  
Administrative Assistant  
01 846 7980 / 01 842 5726  
urrus@byap.ie

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**Course aims and objectives**  
This training will enable participants to: -  
• Describe the role of the keyworker and the keyworking process.  
• Acquire the necessary skills to undertake an assessment.  
• Develop the skills to put a care plan in place.  
• Outline professional boundaries and potential boundary issues within the keyworking process.  
• Enhance their knowledge of case management and shared care plans.  
• Outline confidentiality within the keyworking role.  
• Gain a greater understanding of the purpose and methods of record keeping.  
• Discuss the use of reflection in their own work practice.

**Course content**  
Content:  
• Keyworker role - responsibilities and values  
• Assessment and care planning  
• Case management and shared care plans  
• Confidentiality  
• Record keeping  
• Reflective practice

**Target group**  
This training is for those who wish to develop and enhance their skills in the keyworking role. It will also be of interest to anyone already working / volunteering in a care setting.

**Entry requirement**  
n.a.

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**Selection procedure**  
n.a. See website for further training details -  
http://www.byap.ie/services/urrus/addiction-training

**Qualification**  
Certificate of completion

**Assessment**  
The course is delivered in a workshop style incorporating inputs, group and individual exercises, guided skills practice and individual reflective practice.

**Accreditation**  
8 CPD Credits - Addiction Counsellors of Ireland (ACI)

**Course background**  
Facilitated by: - Laura O’Reilly, Training Centre Coordinator, URRUS.  
Ann O’Connell, Team Leader, Contact Project, BYAP.

**Course start date**  
Contact URRUS for future start dates.

**Course location**  
Ballymun, Dublin 11

**Application**  
Booking form is available from URRUS.

**Cost**  
Category 1 - €250, Category 2 - €70 Ballymun Local Drugs Task Force Area resident/working (proof of address to be enclosed with booking)
Course aims and objectives
To provide a good basic understanding of drugs and related issues.

Course content
Course content:
• Drug/Alcohol information
• Signs and symptoms
• Process of addiction
• Addiction and family
• Treatment approaches/Making referrals
• Addiction and family
• Treatment approaches and making referrals

Target group
This workshop is aimed at those who wish to find out more about drugs and addiction related issues. The training will deal with a number of areas and give participants a good basic understanding of drugs and related issues. This course is for those who wish to refresh their knowledge about drugs and gain further information.

Entry requirement
n.a.

Selection procedure
For more information on the course, see the URRUS website
http://www.byap.ie/urrus/addiction-training

Qualification
Certification of completion

Assessment
n.a.

Accreditation
URRUS/Ballymun Youth Action Project

Course background
This workshop is run 2–4 times a year.

Course start date
Contact URRUS for future dates.

Course location
Ballymun, Dublin 11

Application
Booking form is available from URRUS/BYAP
(See website URL)

Cost
Category 1 - €40.00 (non refundable €10 booking deposit). Category 2 - Living or working in the Ballymun Local Drug Task Force area - €5 registration fee.
Course aims and objectives
This half-day workshop is designed for persons working or volunteering in the drugs field and who wish to enhance their professional understanding of safer injecting practice.

Course content
Content includes:
• Different types of hypodermic injecting (e.g., intramuscular/intravenous).
• Differences between Veins and Arteries.
• Vein, artery and neural damage associated with needle use.
• Vectors of infection.
• Demo and practice of safer injecting technique as a harm reduction strategy.
• Best practice and ethics in assessing and advising service users on injecting.

Target group
Those working or volunteering in the drugs field.

Entry requirement
n.a.

Selection procedure
Contact URRUS.
http://www.byap.ie/services/urrus/addiction-training

Qualification
n.a.

Assessment
n.a.

Accreditation
Addiction Counsellors of Ireland - 4 CPD Credits
UNDERSTANDING HARM REDUCTION

Course Provider
Urrus/The Ballymun Youth Action Project

Address
Horizons Centre, Balcurris Road, Ballymun, Dublin 11

Web address
http://www.byap.ie

Contact Person(s)
Gabrielle Gilligan
Administrative Assistant
01 846 7980 / 01 842 5726
urrus@byap.ie

Not Active
This course is no longer active, but might be in the future contact the Course Administrator for more information.

Course aims and objectives
This half-day workshop is designed for persons working or volunteering in the drugs field and who wish to enhance their professional understanding of the principles and practice of harm reduction as an approach in relation to problem drug use.

Course content
Content includes:

- Definition of harm reduction
- Principles of harm reduction
- Practice of harm reduction
- Development of services
- Current harm reduction service provision

Target group
Workers and volunteers in the drugs field

Entry requirement
n.a.

Selection procedure
Contact URRUS. For more details see http://www.byap.ie/urrus/addiction-training

Qualification
Not applicable

Assessment
n.a.

Accreditation
Addiction Counsellors of Ireland - 4 CPD Credits

Course background
URRÚS (Irish for “strength” or “confidence”) was founded in 1996, by the Ballymun Youth Action Project, to provide training in relation to drug misuse.

Course start date
Contact URRUS for future dates.

Course location
Ballymun, Dublin 9

Application
Contact URRUS for booking form

Cost
Category 1 - €40.00. Category 2 - Living/working in the Ballymun Local Drug Task Force Area €5 Registration Fee (non-refundable).
**Course Provider**
Urrus/The Ballymun Youth Action Project

**Address**
Horizons Centre, Balcurris Road, Ballymun, Dublin 11

**Web address**
http://www.byap.ie

<table>
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<td>This course is no longer active, but might be in the future contact the Course Administrator for more information.</td>
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**Course aims and objectives**
This training will enable participants to:
- Gain a greater understanding of gender differences and substance use.
- Increase their knowledge of the impact of substance use on women’s lives.
- Understand the impact substance use has on the developing foetus during pregnancy.
- Identify the effects of parental substance use on the physical and mental health of the infant.
- Develop a greater understanding of treatment options available for substance using women and pregnant women.
- Be more aware of the barriers that women might experience when accessing treatment for substance use.

**Course content**
- Impact of substance use on women.
- Pregnancy and substance use — considerations for the mother’s health.
- Pregnancy and substance use — the implications for the health of the foetus.
- Effect of maternal substance use on early childhood development.
- Accessing treatment — Options and barriers.

Tutors: - Laura O’Reilly, URRÚS Training Centre Co-ordinator and Vera Hughes, Infant/Parent Support Co-ordinator, Ballymun Youth Action Project.

**Target group**
This training is for workers in the addiction field, particularly those who work with women, and who would like to acquire a better understanding of how substance use affects women, pregnant women, the foetus and infant.

**Entry requirement**
n.a.

**Selection procedure**
Contact URRÚS. See website for further details.
www.byap.ie/services/urrus/addiction-training

**Qualification**
n.a.

**Assessment**
The training will be delivered through a mix of inputs, presentations, case studies and discussion.

**Accreditation**
Addiction Counsellors of Ireland - 6 CPD Credits.

**Course background**
URRÚS (Irish for “strength” or “confidence”) was founded in 1996, by the Ballymun Youth Action Project, to provide training in relation to drug misuse. Most of our work is with adults, parents and professionals working in the area or with those who through their work encounter addiction issues.

**Course start date**
Contact URRUS for upcoming start dates.

**Course location**
Ballymun, Dublin 11

**Application**
Telephone 01 8467980 or email urrus@byap.ie
Cost
€80. Booking deposit €10 (non-refundable), or category 2 - Ballymun Local Drugs Task Force area resident/working - €5 (non-refundable).
Course aims and objectives
The aims of the workshops are to equip and empower participants with the requisite skills, knowledge, and theory base to respond more effectively to the issues of drug use and addiction.

Course content
Have developed an understanding of heroin both as a drug in terms of its biochemical action and effects, and its pharmacological properties. Have an understanding of primary health care interventions in terms of safe injecting practice and the importance of being familiar with the rudiments of intravenous opiate use.

Target group
The workshops are for anyone with a serious interest in the area of substance use and who interacts in either a paid or voluntary capacity in the area.

Entry requirement
n.a.

Selection procedure
Contact Peter Kelly for further details.

Qualification
Certificates of Attendance are awarded by Peter Kelly Addiction Training & Therapy.

Assessment
n.a.

Accreditation
CPD points are available for all workshops

Course background
Mr Peter Kelly MSc Psychoanalytic Psychotherapy, Advanced Diploma in Supervision, BpH (Philosophy), Dip Social Studies, M.I. trainer, Reality Therapy Certified has been involved in the provision of both drug counselling and drug education for the past twenty years. His clinical background is psychoanalytic psychotherapy and he is an accredited member of both the A.C.I. (Addiction Counsellors of Ireland) and the Association of Psychoanalytic Psychotherapy Ireland (A.P.P.I.). Peter is also trained in Motivational Approaches to problem drug use, and his areas of interest include both the role of the unconscious in addiction and how people manage and overcome addictive cycles.

Course start date
5 May 2020 10am-4pm

Course location
The Carmelite Center, 56 Aungier St, Dublin 2

Application
Contact Peter kelly for application form at 085-743-8629, or via emai at kellygerpeter@gmail.com. Closing date: 1 May 2020

Cost
€90.00
A40 COCAINE ADDICTION AND ITS EFFECTS

Course Provider
Peter Kelly: Addiction Training, Therapy & Supervision

Address
The Carmelite Center, 56 Aungier St, Dublin 2

Contact Person(s)
Peter Kelly
Facilitator
085-743-8629
kellygerpeter@gmail.com

Not Active
This course is no longer active, but might be in the future contact the Course Administrator for more information.

Course aims and objectives
Merchants Quay Ireland is pleased to offer a workshop on Cocaine Addiction for those in the addiction field or related areas looking to expand and build upon their knowledge and competency base with this particular drug.

Course content
The training will include learning in key areas such as the salt and base forms of cocaine, the history of cocaine, routes of transmission, cocaine and its effects, cocaine and harm reduction & tri-phasic abstinence patterns. In addition, the workshop will also explore primary health care in relation to cocaine use and examine interventions from other jurisdictions in terms of both efficacy and challenges.

Learning outcomes:
- Have developed an understanding of both the recreational and dependent aspects of cocaine use and its manifestations.
- Have gained an overview of both the history of cocaine and the Irish situation with regard to both prevalence and demographics.
- Explore both the physical and psychological effects of cocaine use and the ways that harm reduction strategies can be used to minimize harms.
- Examine the effects of cocaine on the biochemical economy and its cumulative effects when used with other drugs.
- Review the international evidence regarding treatment interventions, pharmacotherapies, CBT, holistic approaches.

Target group
This training is for anyone with a serious interest in the area of substance use and who interacts in either a paid or voluntary capacity with people who have addiction issues.

Entry requirement
This training is for anyone who interacts on either a paid or a voluntary capacity in the area of problem drug use /addiction and has an interest in both the conscious and unconscious factors that underpin cocaine use.

Selection procedure
Fill in application form, available from Peter Kelly.

Qualification
n.a.

Assessment
n.a.

Accreditation
n.a.

Course background
Mr Peter Kelly MSc Psychoanalytic Psychotherapy, Advanced Diploma in Supervision, BPh (Philosophy), Dip Social Studies, M.I. trainer, Reality Therapy Certified has been involved in the provision of both drug counselling and drug education for the past twenty years. His clinical background is psychoanalytic psychotherapy and he is an accredited member of both the A.C.I. (Addiction Counsellors of Ireland) and the Association of Psychoanalytic Psychotherapy Ireland (A.P.P.I.). Peter is also trained in Motivational Approaches to problem drug use, and his areas of interest include both the role of the unconscious in addiction and how people manage and overcome addictive cycles.

Course start date
5 December 2019 and 1 May 2020 10am-4pm

Course location
The Carmelite Center, 56 Aungier St, Dublin 2

Application
Contact Peter Kelly for application form. (Closing date for May course is 17 April 2020.)

Cost
€90
A41 THE PSYCHODYNAMICS OF ADDICTION

Course Provider
Peter Kelly: Addiction Training, Therapy & Supervision

Address
The Carmelite Center, 56 Aungier St, Dublin 2

Web address

Contact Person(s)
Peter Kelly
Facilitator
085-743-8629
kellygerpeter@gmail.com

Not Active
This course is no longer active, but might be in the future contact the Course Administrator for more information.

Course aims and objectives
• Have an understanding of the relationship between addiction and language and the implications for counselling (talking therapies).
• Have an appreciation of psychodynamic perspectives in relation to addiction in terms of a divided subjectivity and how toxic media functions in and for this division.
• Have a sense of both unconscious formations and the logic of the unconscious and its interface with addictive cycles.
• Distinguish between symptom and structure in the pathology of addiction and the implications for treatment.
• Have an understanding of how ego deficits, defence mechanisms, secondary gains, and transference are played out in the clinical picture of addiction.
• Have an ability to reflect on how unconscious formations influence the recovery process, and vice versa, in other words, how the recovery process influences unconscious formations.

Course content
This training course is an opportunity for individuals working within the addiction or related fields to gain an understanding of both subjective and unconscious formations that permeate substance misuse and to reflect on their work and practice from these perspectives.

Target group
This training is for anyone with a serious interest in the area of substance use and its interface with the unconscious and who interacts on either a paid or voluntary capacity with people who may have drug or alcohol related problems.

Entry requirement
n.a.

Selection procedure
n.a.

Qualification
Certificates of Attendance are awarded by Peter Kelly Addiction Training & Therapy.

Assessment
n.a.

Accreditation
n.a.

Course background
Mr Peter Kelly MSc Psychoanalytic Psychotherapy, Advanced Diploma in Supervision, BPh (Philosophy), Dip Social Studies, M.I. trainer, Reality Therapy Certified has been involved in the provision of both drug counselling and drug education for the past twenty years. His clinical background is psychoanalytic psychotherapy and he is an accredited member of both the A.C.I. (Addiction Counsellors of Ireland) and the Association of Psychoanalytic Psychotherapy Ireland (A.P.P.I.). Peter is also trained in Motivational Approaches to problem drug use, and his areas of interest include both the role of the unconscious in addiction and how people manage and overcome addictive cycles.

Course start date
17 April 2020 10am—4pm
**Course location**
The Carmelite Center, 56 Aungier St, Dublin 2

**Application**
Contact Peter Kelly, kellygerpeter@gmail.com for application form. Closing Date: 3rd April 2020

**Cost**
€90
Course aims and objectives
This workshop on the Pharmacology of Addiction for those in the addiction field or related fields looking to expand and build upon their knowledge base in this area.

• An awareness of how psychoactive drugs impact on the CNS in terms of their biochemical economy.
• Become familiar with the main divisions of psychoactive substances, their common effects and the distinction between drug misuse and drug dependence.
• An understanding of the different categories of drugs and their effects, from sedatives/depressants to stimulants, to hallucinogens, and their utility in terms of routes of admission, tolerance, and withdrawals.
• An exploration of N.P.S. (New Psychoactive Substances) and their derivatives, in terms of effects, legal status, and toxicity.
• A basic knowledge of reward pathways, the role of neurotransmitters/receptors, the effects of dopamine, serotonin, adrenaline, noradrenaline and gaba in the pharmacology of addiction.
• The efficacy of treatment approaches from a pharmacology perspective.

Course content
The training will include learning in areas such as how psychoactive drugs work in terms of their biochemical economy, the pleasure system and pathways, and the function of neurotransmitters/receptors in the pathology of addiction. The key psychoactive drugs will be explored from sedatives through to stimulants to hallucinogens and their derivatives. In addition, the N.P.S. (New Psychoactive Substances) will also be examined with regard to their effects, routes of admission, tolerance, and toxicity. This training is for anyone with a serious interest in the area of substance use and who interacts in either a paid or voluntary capacity with people who have addiction issues.

Target group
This training is for anyone who interacts on either a paid or a voluntary capacity in the area of problem drug use/addiction and has an interest in learning more about the pharmacology of legal and non-legal psychoactive drugs.

Entry requirement
Interest in the subject.

Selection procedure
n.a.

Qualification
n.a.

Assessment
n.a.

Accreditation
n.a.

Course background
Mr Peter Kelly MSc Psychoanalytic Psychotherapy, Advanced Diploma in Supervision, BpH (Philosophy), Dip Social Studies, M.I. trainer, Reality Therapy Certified has been involved in the provision of both drug counselling and drug education for the past twenty years. His clinical background is psychoanalytic psychotherapy and he is an accredited member of both the A.C.I. (Addiction Counsellors of Ireland) and the Association of Psychoanalytic Psychotherapy Ireland (A.P.P.I.). Peter is also trained in Motivational Approaches to problem drug use, and his areas of interest.
include both the role of the unconscious in addiction and how people manage and overcome addictive cycles.

**Course start date**
8 May 2020 10am-4pm

**Course location**
The Carmelite Center, 56 Aungier St, Dublin 2

**Application**
Request application form from Peter Kelly.
Closing date: 24 April 2020

**Cost**
€90.00
Course aims and objectives
• Give participants a theoretical and practical understanding of group processes from interpersonal and relational perspectives and their linkages to addiction contexts
• Explore the efficacy of group work as a treatment modality and vehicle for change in addiction settings
• Reflect on the preconditions that facilitate the group work modality as an effective treatment approach
• Provide an understanding and experience of the conscious and unconscious, here-and-now processes at work in groups, and how these influence group behaviour and dynamics
• Develop an awareness of the role of authority and power in groups in terms of the dynamics between group members and facilitators (transference and transparency) and how these get ‘played out’ in group interactions via managing conflict/hostility in groups
• Facilitate a learning experience whereby participants can integrate the theoretical, application, and process aspects of group work both from conscious and unconscious perspectives, but also from within the overall framework of addiction and its mechanisms
• Reflect on the utility of group psychoeducation techniques i.e. RT/REBT in helping clients to use the group process to manage addiction symptoms

Course content
This training programme is an opportunity for individuals to gain an understanding of both conscious and unconscious processes and dynamics that permeate all groups. It will offer participants opportunities to reflect on their own experiences of and in groups and on their professional practice.

Target group
This training is for anyone with a serious interest in the area of group work and who interacts on either a paid or voluntary capacity with people in a variety of professional settings.

Entry requirement
An interest in the area.

Selection procedure
n.a.

Qualification
Certificates of Attendance are awarded by Peter Kelly Addiction Training & Therapy.

Assessment
n.a.

Accreditation
CPD points are available for all workshops

Course background
Mr Peter Kelly MSc Psychoanalytic Psychotherapy, Advanced Diploma in Supervision, Bph (Philosophy), Dip Social Studies, M.I. trainer, Reality Therapy Certified has been involved in the provision of both drug counselling and drug education for the past twenty years. His clinical background is psychoanalytic psychotherapy and he is an accredited member of both the A.C.I. (Addiction Counsellors of Ireland) and the Association of Psychoanalytic Psychotherapy Ireland (A.P.P.I.). Peter is also trained in Motivational Approaches to problem drug use, and his areas of interest include both the role of the unconscious in
addiction and how people manage and overcome addictive cycles.

**Course start date**
7 February 2020—6 March 2020. One half day for five weeks

**Course location**
The Carmelite Center, 56 Aungier St, Dublin 2

**Application**
Contact Peter kelly for application forms. Closing Date: 24th January 2020.

**Cost**
€250.00. €50.00 non-refundable to secure your place on the programme, €200.00 on first day of the event
### ADDICTION & GAMBLING WORKSHOP

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<tr>
<th><strong>Course Provider</strong></th>
<th><strong>Contact Person(s)</strong></th>
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</table>
| Peter Kelly: Addiction Training, Therapy & Supervision | Peter Kelly  
Facilitator  
085-743-8629  
kellygerpeter@gmail.com |

**Address**  
The Carmelite Center, 56 Aungier St, Dublin 2

**Not Active**  
This course is no longer active, but might be in the future contact the Course Administrator for more information.

**Course aims and objectives**
- An understanding of the signs and symptoms of compulsive gambling and the predisposing conditions that characterize this pathology.
- An appreciation of the factors of winning and losing in the clinical picture of pathological gambling.
- An overview of the relationship between compulsive gambling and the biological economy in terms of how C.G. functions for the user in terms of self-soothing, and the release of neurotransmitters.
- An understanding of some of the psychodynamic and learning theory perspectives and their efficacy in the treatment of this presentation.
- An awareness of some of the structural issues that can underscore pathological gambling, i.e. depression, unconscious sense of guilt, narcissism and treatment implications.
- An opportunity to reflect on the learning from a clinical case study of C.G. and ‘to tease out’ treatment approaches and strategies.

**Course content**
The training will include learning in key skills such as distinguishing between addiction to toxic media and behavioural compulsions, the exploration of both conscious and unconscious determinants in the clinical picture of gambling, and the relationship between compulsive gambling and the biochemical economy. This training is for anyone with a serious interest in the area of substance use and who interacts in either a paid or voluntary capacity with people who have addiction issues.

**Target group**
This training is for anyone who interacts on either a paid or a voluntary capacity in the area of problem drug use/addiction and has an interest in both the conscious and unconscious factors that underpin compulsive gambling.

**Entry requirement**
Those with an interest in the topic.

**Selection procedure**
Contact Peter Kelly for further details.

**Qualification**
n.a.

**Assessment**
n.a.

**Accreditation**
n.a.

**Course background**
Mr Peter Kelly MSc Psychoanalytic Psychotherapy, Advanced Diploma in Supervision, BPh (Philosophy), Dip Social Studies, M.I. trainer, Reality Therapy Certified has been involved in the provision of both drug counselling and drug education for the past twenty years. His clinical background is psychoanalytic psychotherapy and he is an accredited member of both the A.C.I. (Addiction Counsellors of Ireland) and the Association of Psychoanalytic Psychotherapy Ireland (A.P.P.I.). Peter is also trained in Motivational Approaches to problem drug use, and his areas of interest include both the role of the unconscious in addiction and how people manage and overcome addictive cycles.
Course start date
24 April 2020 10am-4pm

Course location
The Carmelite Center, 56 Aungier St, Dublin 2

Application
Course application forms can be obtained by contacting Peter Kelly at 085-743-8629, or via email at kellygerpeter@gmail.com. Closing date: 10 April 2020

Cost
€90
Course Provider
Peter Kelly: Addiction Training, Therapy & Supervision

Address
The Carmelite Center, 56 Aungier St, Dublin 2

Web address

Not Active
This course is no longer active, but might be in the future contact the Course Administrator for more information.

Course aims and objectives
The training is for anyone with a serious interest in the area of substance use and who interacts in either a paid or voluntary capacity with people who have addiction issues.

Course content
The training will include learning in key skills such as reflective listening, developing discrepancy, rolling with resistance, managing ambivalence, and promoting client self-efficacy.

Target group
This 15-hour workshop is aimed at those working in both the addiction field and wider social care contexts i.e. homelessness, residential care, youth work, and social care wishing to expand their skill and knowledge base in the area of addiction counselling through the application of motivational interviewing.

Entry requirement
This training is for anyone who interacts on either a paid or a voluntary capacity in the area of problem drug use /addiction and has an interest in both the conscious and unconscious factors that underpin human motivation and the capacity for change.

Selection procedure
For more information contact Peter Kelly.

Qualification
n.a.

Assessment
n.a.

Accreditation
n.a.

Course background
Mr Peter Kelly MSc Psychoanalytic Psychotherapy, Advanced Diploma in Supervision, BPh (Philosophy), Dip Social Studies, M.I. trainer, Reality Therapy Certified has been involved in the provision of both drug counselling and drug education for the past twenty years. His clinical background is psychoanalytic psychotherapy and he is an accredited member of both the A.C.I. (Addiction Counsellors of Ireland) and the Association of Psychoanalytic Psychotherapy Ireland (A.P.P.I.). Peter is also trained in Motivational Approaches to problem drug use, and his areas of interest include both the role of the unconscious in addiction and how people manage and overcome addictive cycles.

Course start date
10-11 December 2019, 10am-4pm. And 2 March & 13 March 2020 10am-4pm

Course location
The Carmelite Center, 56 Aungier St, Dublin 2

Application
Course application forms can be requested from Peter Kelly. Closing Date: 27 February 2020.

Cost
Cost: €180.00.
Course aims and objectives
The purpose of this course is to enable people to:
• Learn about drugs and their effects.
• Develop an understanding of addiction
• Examine their own attitudes.
• Become more effective in their personal responses.
• Explore the effects of drug misuse on the family.
• Develop the skills and knowledge to become more effective in responding to drug misuse in their own communities.

Course content
• Introduction
• Drug use, misuse and abuse
• Drugs as participants encounter them. Signs and symptoms
• Drugs used in particular communities and their effects.
• Attitudes
• Pharmaceutical information on drugs
• The process of addiction
• The effects of addiction on families
• Interventions at one to one level
• Intervention and listening skills role play.
• Referral and treatment programmes

Target group
Community members who feel they would like to be more effective when it comes to drug/alcohol issues.

Entry requirement
There are no educational requirements to be part of this course, only a willingness to learn.

Selection procedure
Contact Croi Nua.

Qualification
n.a.

Assessment
n.a.

Accreditation
n.a.

Course background
See website

Course start date
Contact Croi Nua for future dates.

Course location
Midelton, Cork

Application
Contact Pat Coughlan.

Cost
€320. Light lunch provided.
A47 DUBLIN NORTH EAST TASK FORCE COURSES

<table>
<thead>
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<th>Course Provider</th>
<th>Dublin North East Drugs and Alcohol Task Force</th>
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<tr>
<td><strong>Address</strong></td>
<td>The Mornington Centre, 44A Malahide Road,</td>
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<tr>
<td></td>
<td>Artane Roundabout, Artane, Dublin 5.</td>
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<tr>
<td><strong>Web address</strong></td>
<td><a href="http://www.dnetaskforce.ie/">http://www.dnetaskforce.ie/</a></td>
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<tr>
<td><strong>Contact Person(s)</strong></td>
<td>Training co-ordinator</td>
</tr>
<tr>
<td></td>
<td>01 846 5070</td>
</tr>
<tr>
<td></td>
<td><a href="mailto:reception@dnetaskforce.ie">reception@dnetaskforce.ie</a></td>
</tr>
</tbody>
</table>

**Course aims and objectives**
The Task Force offers training and education opportunities for service users, families of service users and staff working in community based drugs targeted services within the Task Force area. The range of courses on offer is dependent on funding available to the Task Force.

**Course content**
- We help with the development and delivery of Drugs Awareness Programmes in local schools and youth projects.
- We provide drugs education and awareness programmes for parents on a range of issues.
- We offer support to parents and, where necessary, provide information on useful services and agencies offering counselling, family therapy and other supports.
- We work in partnership with community drug programmes, teachers and Home School Community Liaison Officers in the area.
- We continue to deliver substance use programmes as a support to the Walk Tall and Social Personal and Health Education programmes at primary and post-primary levels.
- In conjunction with relevant agencies, we continue to support schools with the development, implementation and review of school substance use policies.
- We offer information and training on substance use and related issues to community and youth workers that are based in the catchment area.
- We act as an information resource in the Dublin North East region providing high quality and up to date information on drugs and other relevant issues.

Courses include: Diploma in addiction studies and Strengthening families programme

**Target group**
Those living or working in the Dublin North East region.

**Entry requirement**
Not applicable

**Selection procedure**
Contact the education team. See website for more details [http://www.dnetaskforce.ie/training.aspx](http://www.dnetaskforce.ie/training.aspx)

**Qualification**
Not applicable

**Assessment**
n.a.

**Accreditation**
n.a.

**Course background**
See website for more information.

**Course start date**
Contact the education team for dates of courses

**Course location**
The Mornington Centre, 44A Malahide Road, Artane, Dublin 5

**Application**
See online

**Cost**
Contact the education team
**Course Provider**
Irish Hospice Foundation

**Address**
Bereavement Education & Resource Centre
Morrison Chambers (4th floor)
32 Nassau street
Dublin 2

**Web address**
http://hospicefoundation.ie

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**Not Active**
This course is no longer active, but might be in the future contact the Course Administrator for more information.

**Course aims and objectives**
Both the process of addiction and of recovery from addiction can be seen as having loss and grieving as central themes. This workshop will look at the psychological dynamics common to different addictions in relation to these inevitable themes of loss and grieving, with an emphasis on how clients may be practically helped to work through their particular loss issues.

**Course content**
On completion participants will be able to:
- describe the main criteria which define an addictive attachment;
- outline the losses which occur as a result of the progression of an addiction;
- understand the necessity for the addictive attachment to be mourned in order for healthy recovery to take place;
- reflect on the possible role of earlier unresolved grief issues in the genesis of an addiction, and in recovery from the addiction.

**Target group**
Professionals and volunteers who wish to learn more about loss and bereavement and for those working with people who have experienced a major loss.

**Entry requirement**
n.a.

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**Contact Person(s)**
*Education Team*
01 679 3188
info@bereaved.ie

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**Selection procedure**
For further information on the course visit hospicefoundation.ie/workshops/

**Qualification**
n.a.

**Assessment**
n.a.

**Accreditation**
The Irish Association of Social Workers accredit the workshop for 2 CPD points. Professional accreditation is also under application from An Bord Altranais and the Irish College of General Practitioners. A certificate of participation/attendance at the workshops is available on request.

**Course background**
Presenter profile: Eoin Stephens is an Integrative cognitive behavioural therapist specialising in addictive behaviours and dual diagnosis issues. He has worked in addiction counselling and training, as well as in general private practice and supervision, for over 20 years. He is currently College President at PCI College, and a Director of CBT Solutions.

**Course start date**
14 June 2019, 9.15am-4.15pm. See website for further dates.

**Course location**
The Irish Hospice Foundation, Dublin 2
Application
Contact iris.murray@hospicefoundation.ie or visit website. Booking forms should be returned with a cheque or details of address for invoice.

Cost
€100, includes light lunch/tea and coffee.
**SAOR: SCREENING & BRIEF INTERVENTIONS FOR ALCOHOL USE**

**Course Provider**  
Western Regional Drugs and Alcohol Task Force

**Address**  
Unit 6, Galway Technology Park,  
Parkmore, Galway

**Web address**  
http://www.wrdatf.ie/

**Contact Person(s)**  
Western Regional Drugs Task Force  
091 480056  
training@wrdtf.ie

**Not Active**  
This course is no longer active, but might be in the future contact the Course Administrator for more information.

**Course aims and objectives**

A brief intervention for alcohol use is a short, helpful conversation that focuses on assessing, and if necessary, assists a person to consider and alter their alcohol consumption. Brief interventions have shown to be effective in initiating change in alcohol consumption for people with mild to moderate alcohol-related problems and in helping people with more significant difficulties to access specialised alcohol treatment services. The SAOR Model has been adopted by the HSE as the model-of-choice for delivering brief interventions for alcohol use.

On completion of this course, participants should be able to:

- Critically discuss problem alcohol and drug use as it impacts their current work or area of practice
- Demonstrate an enhanced knowledge and awareness of contemporary models of screening and brief intervention for problem alcohol and drug use
- Identify problem alcohol and drug users who present to health and social care settings
- Utilise the SAOR model of Screening & Brief Intervention (SBI) in practice based scenarios
- Discuss the application of the SAOR model of screening and brief intervention for problem alcohol and drug use into their practice

**Course content**

The key course content which emerges from the course learning outcomes is outlined below:

- Evidence for the effectiveness of SBI
- Alcohol and drug-related presentations to health and social care settings
- Contemporary models of SBI for problem alcohol and drug use
- Overview of the SAOR model of intervention for problem alcohol and drug use
- Establishing a supportive working relationship with the service users
- Asking about alcohol and drug use and screening for alcohol and drug-related problems
- Delivering a structured brief intervention based upon the SAOR model
- Developing appropriate care pathways for service users and arranging appropriate follow up
- Accessing useful links and reference materials for further reading and research

**Target group**

Staff who have occasion to ask people about their alcohol use. This could include workers from social care, family support, employment support, vocational training, criminal justice, probation, education, housing support and general health care services.

**Entry requirement**

This training is for those living in the West of Ireland, though we will accept trainees from outside the west who are willing to travel to training.
Selection procedure
Further inquiries to Brendan Murphy: Regional Training Officer, HSE West Drugs Service, Hill House, Mountainview, Castlebar, Co Mayo, 094 9049231, Brendan.murphy@hse.ie

Also, see the WRDATF website for more information and booking form (see training calendar) www.wrdatf.ie/training-calendars.php

Qualification
A Certificate of Attendance will be awarded on completion of the training

Assessment
n.a.

Accreditation
n.a.

Course background
The WRDATF education team provide a wide range of training and education programmes for those living in the west of Ireland.

Course start date
Contact WRDATF for upcoming dates.

Course location
West of Ireland

Application
Complete the general booking form, which can be found in the WRDATF training calendar or email: training@wrdatf.ie

Cost
n.a.
### Course Provider
Western Regional Drugs and Alcohol Task Force

### Address
Unit 6, Galway Technology Park, Parkmore, Galway

### Web address
http://www.wrdatf.ie/

### Contact Person(s)
Western Regional Drugs Task Force
091 480056
training@wrdtf.ie

### Not Active
This course is no longer active, but might be in the future contact the Course Administrator for more information.

### Course aims and objectives
The course looks at new psychoactive substances on a local, national and international basis.

#### Learning outcomes:
- Knowledge of new trends within existing ‘traditional’ drug categories
- Knowledge of new and emerging drugs & the psychonaut movement
- Understanding of reasons behind the changing market for substances (legal & illegal)
- Understanding of the likely future direction of substance use in the Irish context

### Course content
- Emerging trends of use with ‘traditional drugs’ (e.g. Cannabis and Ecstasy)
- Newly established drugs (e.g. Mephedrone, MXE, and GBL)
- Current information on ‘Headshop’ products sourced from the internet or abroad
- Future possible trends in drug use

### Target group
Those interested in the topic.

### Entry requirement
No special requirements. Class limited to ten places.

### Selection procedure
See the WRDATF course website for more detail https://www.wrdatf.ie/training-details.php?ID=184

### Qualification
n.a.

### Assessment
n.a.

### Accreditation
n.a.

### Course background
**Trainer:** Neil Wilson, Education Support Worker, WRDATF & AIDS West

### Course start date
18 June 2019, 10am to 3pm

### Course location
Mayo

### Application
Apply online

### Cost
n.a.
### DRUG USE, PROBLEMATIC USE AND DEPENDENCE: HOW TO SUPPORT PEOPLE WITH DIFFERENT PROBLEMS.

<table>
<thead>
<tr>
<th>Course Provider</th>
<th>Contact Person(s)</th>
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<tr>
<td>Western Regional Drugs and Alcohol Task Force</td>
<td>Western Regional Drugs Task Force</td>
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<tbody>
<tr>
<td>Unit 6, Galway Technology Park, Parkmore, Galway</td>
<td><a href="http://www.wrdatf.ie/">http://www.wrdatf.ie/</a></td>
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</tbody>
</table>

**Not Active**
This course is no longer active, but might be in the future contact the Course Administrator for more information.

**Course aims and objectives**
This training has been designed to assist participants to develop a broader understanding of alcohol and drug use and its associated problems. Looking at the recent history of drug use and common understandings of what it is and how to deal with the issue, participants are encouraged to view the issue as another human behaviour which for some people becomes problematic. The training has been designed to illustrate how many helping professions play a role in the prevention of and in the recovery from alcohol and drug problems.

**Course content**
This course will include:

- The history of understanding drug problems
- Harm Reduction
- What is addiction?
- Historical and current approaches to drug use
- An introduction to Recovery Capital

**Target group**
Those interested in learning more about Harm Reduction principles and the utilisation of such approaches.

**Entry requirement**
This training is for those living in the West of Ireland, though we will accept trainees from outside who will travel to training.

**Selection procedure**
See WRDATF training calendar [https://www.wrdatf.ie/training.php](https://www.wrdatf.ie/training.php)

**Qualification**
A Certificate of Attendance will be awarded on completion of the training.

**Assessment**
n.a.

**Accreditation**
n.a.

**Course background**
The WRDATF education team provide a wide range of training and education programmes for those living in the west of Ireland.

**Course start date**
12 June in Galway

**Course location**
West of Ireland

**Application**
Complete the general booking form, in the WRDATF training calendar, or email training@wrdtf.ie

**Cost**
n.a.
Course Provider
Western Regional Drugs and Alcohol Task Force

Address
Unit 6, Galway Technology Park,
Parkmore, Galway

Web address
http://www.wrdatf.ie/

Contact Person(s)
Western Regional Drugs Task Force
091 480056
training@wrdtf.ie

Not Active
This course is no longer active, but might be in the future contact the Course Administrator for more information.

Course aims and objectives
Solution Focused Brief Therapy (SFBT) is a short-term goal-focused psychotherapy that helps clients change by creating solutions to their difficulties rather than dwelling on the cause of their problems. SFBT was developed by Steve de Shazer and Insoo Kim Berg. SFBT Level 2 is a short-term goal-focused psychotherapy that helps clients change by creating solutions to their difficulties rather than dwelling on the cause of their problems.

Course content
This course will include exercises that will focus on understanding and developing the skills of Eliciting and Amplifying Change, Defining Goals, Reinforcing Behaviours and Ending Therapy. Participants will be exposed to further aspects of SFBT in order to facilitate opportunities to observe, discuss and practice a range of SFBT skills. Participants will also have the opportunity to discover ways to apply SFBT within their work with both new and ongoing service users.

Target group
Participants who have completed the SFBT Level 1 course and who continue to work with service users who may need to make some changes to reduce the frequency or intensity of problems in their lives. This could include workers from social care, family support, employment support, vocational training, criminal justice, probation, education, housing support and general health care services.

Entry requirement
Training is for those living in the west of Ireland, though we will accept trainees from outside who are willing to travel.

Selection procedure
Further inquiries to Brendan Murphy: Regional Training Officer, HSE West Drugs Service, Hill House, Mountainview, Castlebar, Co Mayo, 094 9049231, Brendan.murphy@hse.ie

See also the WRDTF website booking form (see training calendar)

Qualification
A Certificate of Attendance will be awarded on completion of the training.

Assessment
n.a.

Accreditation
n.a.

Course background
The WRDTF education team provide a wide range of training and education programmes for those living in the west of Ireland.

Course start date
5-6 June 2019. Contact the WRDTF for future dates

Course location
County Mayo

Application
Complete the general booking form in the training calendar (stating the name of the course) and return to: Training. WRDTF, Unit 6, Galway
Technology Park, Parkmore, Galway or email: Training@wrdtf.ie

**Cost**
n.a.
### Course Provider

**One Family**

**Address**
2 Lower Pembroke Street, Dublin 2

**Web address**
http://www.onefamily.ie

### Contact Person(s)

**Paula Lonergan**

Training & Consultancy Manager
01 6629212
training@onefamily.ie

### Not Active

This course is no longer active, but might be in the future. Contact the Course Administrator for more information.

### Course aims and objectives

After taking part in this training, you will be able to:

- design and deliver a ten-week Positive Parenting for Changing Families programme
- understand the theory behind the Positive Parenting for Changing Families manual
- be familiar with a range of approaches for managing difficult behaviour in children while raising self-esteem
- support parents in implementing these approaches
- support parents to develop strong relationships with their children
- know the provisions of the UN Convention on the Rights of the Child
- support parents in parenting when they are: separating or divorcing, sharing parenting, parenting in a multicultural society, parenting alone
- support parents to talk to their children about their family situations, and
- support families to parent through difficult times

### Course content

This 3-day intensive training prepares professionals to deliver the programme to groups or in one-to-one sessions with parents. Redeveloped and redesigned from our flagship pre-existing Positive Parenting course and with a trainer's manual containing 15 highly practical sessions which focus on the realities of parenting in diverse and changing families, this programme addresses the real challenges for parents today from a strengths-based and positive approach.

### Target group

Professionals working with families.

### Entry requirement

n.a.

### Selection procedure

See course website: [https://onefamily.ie/education-training/for-professionals/positive-parenting-training/](https://onefamily.ie/education-training/for-professionals/positive-parenting-training/)

### Qualification

n.a.

### Assessment

n.a.

### Accreditation

One Family accredited

### Course background

We can develop this course to suit your needs by providing additional modules.

### Course start date

25 – 27 September. Three day course. Dates to be confirmed

### Course location

One Family, 8 Coke Lane, Smithfield, Dublin 7.

### Application

Register or make a booking enquiry by completing online form. For additional information, contact Paula Lonergan by email or call 01 6629212.

### Cost

€400
A54

FAMILY COMMUNICATIONS: COPING WITH FAMILY LIFE AND COMMUNICATION WITH TEENAGERS - TRAINING FOR TRAINERS

Course Provider
One Family

Address
2 Lower Pembroke Street, Dublin 2

Web address
http://www.onefamily.ie

Contact Person(s)
Paula Lonergan
Training & Consultancy Manager
01 6629212
training@onefamily.ie

Not Active
This course is no longer active, but might be in the future contact the Course Administrator for more information.

Course aims and objectives
This Professional Development programme prepares trainers and people who work with parents, children and/or families to design and deliver One Family’s Family Communications programme to groups or in one-to-one work. The emphasis is towards those parenting alone, sharing parenting, and parenting through family change such as separation. The comprehensive manual includes 15 modules, all of which give a step-by-step guide and handouts for facilitating each session.

Course content
After taking part in this course, you will be able to:

• plan, design and deliver a 6 to 12 week Family communications: Coping with family life and communication with teenagers programme
• understand the theory behind the related manual
• understand and coach parents in the principles of clear and direct communication in the home for problem-solving
• support parents in implementing and managing changes in the home
• support parents in parenting teenagers
• resource parents in creating a positive environment at home
• understand family diversity today
• support parents in parenting when they are: separating or divorcing, sharing-parenting, parenting in a multicultural society
• resource parents to re-build family life after a crisis
• support one-parent and separated families to encourage family pride and a strong family identity

Target group
All those who are interested in delivering family strengthening courses and those who work with parents and their children such as project workers, family support workers, social workers and so on.

Entry requirement
n.a.

Selection procedure
Contact One Family
https://onefamily.ie/education-training/for-professionals/family-communications-training/

Qualification
n.a.

Assessment
n.a.

Accreditation
n.a.

Course background
See website for details

Course start date
21 – 23 June. Contact One Family for further dates.

Course location
Dublin

Application
Contact One Family
Cost
€400. All materials provided, including Family Communications Trainers Manual. Light lunch & refreshments included in cost.
REHABILITATION, EDUCATION & TRAINING PROGRAMME

Course Provider
Addiction Response Crumlin

Address
101 Cashel Road, Crumlin, Dublin 12

Web address
http://www.addictionresponsecrumlin.ie

Contact Person(s)
Education Team
01 411 3222
info@addictionresponsecrumlin.ie

Course aims and objectives
Teach Tearmann, runs morning and afternoon programmes in Rehabilitation, Education and Training.

Course content
The service provides group support, structured activities, relapse prevention, etc.

Target group
People in recovery from Dublin 12.

Entry requirement
The programmes are available to individuals from the Dublin 12 area only.

Participants must be at least 3 months stable on methadone i.e. giving clean samples that is, a sample without any cocaine, heroin, benzos, hash traces, etc. Participants must present with a letter from their medical team confirming 3 months clean samples.

Selection procedure
Individuals wishing to access this programme will be asked to furnish a letter from the medical service stating that they are suitable for this programme and have been stable on their medication for 3 months.

Individuals can be referred by the team of ARC to the programme.

Contact Teach Tearmann to make an appointment for an assessment:
Teach Tearmann - 160a Sunshine Industrial Estate, Crumlin, Dublin 12; 01-4113222
roselynch@addictionresponsecrumlin.ie or
joekearney@addictionresponsecrumlin.ie

The team also run ‘Phoenix programme’ a stabilisation progression route into the main programme. See the website for details http://addictionresponsecrumlin.ie/

Qualification
Not applicable

Assessment
n.a.

Accreditation
n.a.

Course background
See website for more information.

Course start date
Programmes run from Monday to Friday. There are two programmes: 9.15am-1.15pm and 1.30pm-5.30pm daily.

Course location
Teach Tearmann, Dublin 12

Application
Contact Teach Tearmann to make an appointment for an assessment:

Cost
All service users are entitled to a FAS allowance as the programme is a special Community Enterprise Scheme. Although there is an induction period during which service users do not receive any payment, they can still claim the social welfare payments.
Longer courses providing information, raising awareness and developing skills among those whose work brings them into contact with substance misuse. Around NFQ (National framework of qualifications) level 5.
### Course aims and objectives
This course is designed to promote good practice among those who work (paid / voluntary) with young people and communities. It provides a critical perspective on some of the issues including community development and drug / alcohol issues which can affect young people and communities and encourages the development of coherent responses at individual and organisational level. The two components should promote the ability of learners to work safely and effectively in youth and / or community work settings. The programme also aims to provide the participants with the necessary knowledge and skills in sourcing and / or resourcing applicable supports systems, both within and outside their communities.

### Course content
1. **Understanding Community Development**
   - The purpose of this component is to equip the learner with the knowledge, skill and ability to engage with the key ideas which underpin community development in Ireland. It will also outline the potential of community development to contribute to social change in relation to a range of issues e.g. poverty, equality, attitudes to substance misuse, immigration etc. This component will also look at some current challenges to community development's role as a process of social change in favour of the most marginalised.

2. **Substance use issues for youth work**

### Target group
n.a.

### Entry requirement
Applicants must:
- Be aged 21 or over,
- Send in relevant application form,
- Attend a pre-entry information session,
- Attend an interview in Cork City Partnership,
- Have Leaving Certificate or its equivalent and /or relevant life and work experiences (recognised prior learning),

Applicants are expected to be active participants in the community in either a voluntary or work capacity.

In order to gain employment or volunteer in this sector Garda Vetting is mandatory.

### Selection procedure
Interviews will be held. For more information see:

### Qualification
Graduates will receive a QQI /FETAC Level 5 Combined Component Award.

### Assessment
A variety of continuous assessment models will be employed and at least 80% attendance at the course is essential.

### Accreditation
NFQ
Course background
n.a.

Course start date
This course will be offered on a part time basis over the academic year (Sept/Oct— April/May), Tuesday evening: 7.00 — 10.00 pm

Course location
Cork College of Commerce, Morrison’s Island
Cork City

Application
Contact Jacqueline Daly on 021 4302310 / 087 1962030 or jdaly@partnershipcork.ie for application form.

Cost
€125. Subject to change.
Course aims and objectives
Funded by the North Inner City Drugs Task Force (NICDTF), the primary aim of the programme is to provide youth and community workers with the information, resources, and skills necessary to work with the client group in their care in relation to sexual health and drug and alcohol use.

Course content
The programme is delivered one day a week, for 8 weeks.

Week 1: Sexual health and HIV & AIDS
Week 2: Sexually transmitted infections (STIs), condom use, and contraception
Week 3: Hepatitis and sexuality
Week 4: Cultural issues and sexual health, and presentation skills
Week 5: Drugs and alcohol awareness
Week 6: Interventions with clients: An introduction to motivational interviewing
Week 7: Policies, best practice and legal issues, and information recap
Week 8: Participant presentations

Target group
Youth and community workers in the north inner city area

Entry requirement
Ideally, candidates should be trained trainers and working in the youth and community sectors, in particular with vulnerable at-risk groups.

Selection procedure
Candidates from the north inner city will be assessed for entry before others will be considered. The maximum number of participants on each course is 12.

For HIV Ireland training webpage see http://www.hivireland.ie/what-we-do/training/

Qualification
NFQ Level 5 Component Certificate in Sexual Health and Drug Awareness Training

Assessment
Learner record, short assignment, and a skills demonstration presentation

Accreditation
NFQ

Course start date
No dates are currently scheduled. Contact HIV Ireland for future dates and other courses.

Course location
Eccles Street, Dublin 1

Application
Contact

Cost
To be confirmed
**B05**

**SAOR SCREENING AND BRIEF INTERVENTION FOR PROBLEM ALCOHOL & SUBSTANCE USE. ONE-DAY COURSE.**

<table>
<thead>
<tr>
<th><strong>Course Provider</strong></th>
<th><strong>Contact Person(s)</strong></th>
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<tbody>
<tr>
<td>Health Service Executive</td>
<td>- Overview of the SAOR model of intervention for problem alcohol and drug use.</td>
</tr>
<tr>
<td><strong>Address</strong></td>
<td>- Establishing a supportive working relationship with the service users.</td>
</tr>
<tr>
<td>Health Promotion Service, 1st floor, Unit 4, Nexus Building, Blanchardstown Corporate Park, Dublin 15</td>
<td>- Asking about alcohol and drug use and screening for alcohol and drug related problems.</td>
</tr>
<tr>
<td><strong>Web address</strong></td>
<td>- Delivering a structured brief intervention based upon the SAOR model.</td>
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**Not Active**
This course is no longer active, but might be in the future contact the Course Administrator for more information.

**Course aims and objectives**
This course aims to prepare professionals to implement SAOR Screening and Brief Interventions (SBI) for problem substance use.

On completion of this course, participants should be able to:

- Critically discuss problem alcohol and drug use as it impacts on their current work or area of practice
- Demonstrate an enhanced knowledge and awareness of contemporary models of screening and brief intervention for problem alcohol and drug use
- Identify problem alcohol and drug users who present in health and social care settings
- Utilise the SAOR model of Screening & Brief Intervention (SBI) in practice based scenarios
- Discuss the application of the SAOR model of screening and brief intervention for problem alcohol and drug use into their practice

**Course content**
The key course content which emerges from the course learning outcomes is outlined below:

- Evidence for the effectiveness of SBI.
- Alcohol and drug related presentations to health and social care settings.
- Contemporary models of SBI for problem alcohol and drug use.

**Target group**
The primary target audience is nurses, midwives and allied health and social care professionals who are in a position to offer Screening and Brief Interventions to service users presenting with problem alcohol and drug use.

**Entry requirement**
Please see website.

**Selection procedure**
Places will be allocated on a first come, first served basis for each completed application. See HSE for SAOR booking form or in-house training request form.


**Qualification**
n.a.
Assessment
n.a.

Accreditation
An Bord Altranais - Category 1 approval

Course background
See HSE website for SAOR resources

Course start date
One day course arranged by HSE as required.

Course location
Dublin

Application
See online form and send to socialinclusion@hse.ie.

Cost
n.a. Please note refreshments/lunch are not provided.
Course aims and objectives

- Give participants a theoretical and practical understanding of group processes from interpersonal and relational perspectives and their linkages to addiction contexts.
- Explore the efficacy of group work as a treatment modality and vehicle for change in addiction settings.
- Reflect on the preconditions that facilitate the group work modality as an effective treatment approach.
- Be able to take people through a helping intervention at a one-to-one level, and the ability to reflect on skills and competencies learned in terms of listening reflectively, developing discrepancy, rolling with resistance, managing ambivalence, responding to change talk, and working towards a plan.
- Have an appreciation of psychodynamic perspectives and be able to reflect on the role of unconscious processes in addiction.
- Develop an understanding of process addictions particularly addiction to gambling and be able to reflect on treatment interventions and strategies.
- Have developed an understanding of both the recreational and dependent aspects of cocaine use and its effects and explore interventions from both abstinent and primary health care perspectives.
- Have developed an understanding of heroin both as a drug in terms of its biochemical action and effects, and its pharmacological properties. Have an understanding of primary health care interventions in terms of safe injecting practice and the importance of being familiar with the rudiments of intravenous opiate use.
- An understanding of the different categories of drugs and their effects, from sedatives/depressants to stimulants, to hallucinogens, and their utility in terms of routes of admission, tolerance, and withdrawals.
- An exploration of N.P.S. (New Psychoactive Substances) and their derivatives, in terms of effect, legal status, and toxicity.

Course content

The programme is designed to equip students with the necessary skills, knowledge and theory to respond more effectively to the issues of drug use and addiction.

Target group

The course is for anyone with a serious interest in the area of substance use and who interacts in either a paid or voluntary capacity with people who may have addiction problems.

Entry requirement

For further information please contact Peter Kelly at 085-743-8629, or via email at kellygerpeter@gmail.com.

Selection procedure

n.a.

Qualification

Certificate in Addiction Studies. CPD points are available for all workshops.

Assessment

As per curricula.
Accreditation
Certificate of Attendance are awarded by Peter Kelly Addiction Training & Therapy.

Course background
Mr Peter Kelly MSc Psychoanalytic Psychotherapy, Advanced Diploma in Supervision, BpH (Philosophy), Dip Social Studies, M.I. trainer, Reality Therapy Certified has been involved in the provision of both drug counselling and drug education for the past twenty years. His clinical background is psychoanalytic psychotherapy and he is an accredited member of both the A.C.I. (Addiction Counsellors of Ireland) and the Association of Psychoanalytic Psychotherapy Ireland (A.P.P.I.).
Peter is also trained in Motivational Approaches to problem drug use, and his areas of interest include both the role of the unconscious in addiction and how people manage and overcome addictive cycles.

Course start date
19 March — 4 June 2020 6pm.-9pm

Course location
Dublin

Application
Please request application form from Peter Kelly.
Closing Date: 27 February 2020

Cost
€500.00, €50.00 non-refundable to secure your place on the programme.
### Course Provider
IICP Education and Training

### Address
Killinarden Enterprise Park, Killinarden, Tallaght, Dublin 24

### Web address
http://www.iicp.ie

### Contact Person(s)
Marcella Finnerty
Course Director
01 260 0805 / 086 260 9989
marcella@iicp.ie

### Not Active
This course is no longer active, but might be in the future contact the Course Administrator for more information.

### Course aims and objectives
Mindfulness is increasingly recognised as a valuable intervention in counselling internationally. In the field of medicine, more Irish doctors now recommend mindfulness to patients. Millions of people around the world practice mindfulness to enhance their experience of living. Put simply, mindfulness involves continually returning your awareness to your present-moment stream of experience in a non-judgmental way. This very simple approach, though at odds with our normal way of thinking, can be very helpful to people suffering loss, anxiety, stress, depression and other aspects of the human condition.

### Course content

#### Definitions and purpose of mindfulness.
- Exploration of the use of mindfulness with clients.
- Exploration of the use of mindfulness in your own life.
- Consideration of the scope and limitations of mindfulness as a therapeutic tool.
- Opportunities to role-play in triads as therapist, client and observer using participants’ own case work.
- Opportunities to practice mindfulness during the course days and guidelines for practice at other times.
- An introduction to the basics of Buddhist psychology from which mindfulness emerged.
- Understanding how Buddhist psychology ‘fits’ with Cognitive Behavioural Therapy and other Western approaches.

#### Target group
This course is intended for therapists, mental health practitioners and for those professionals who would like to add mindfulness to the range of clinical interventions available to them. Additionally, it is ideal for those who would like to use mindfulness in their own lives. Participants will gain a rewarding life skill and a valuable tool for intervention.

#### Entry requirement
No entry requirements

#### Selection procedure
For course information see https://www.iicp.ie/cpdcourses/mindfulness/

#### Qualification
Certificate of completion and transcript of course content and hours for continuing professional development (CPD).

#### Assessment
Attendance at all training days is necessary to qualify for the award of the Certificate.

#### Accreditation
Institute of Integrative Counselling and Psychotherapy (IICP Education and Training)

#### Course background
This course has been organised in response to requests from trainees and professionals who wish to learn more about mindfulness.
Course start date
?Fri 07, 14 & 21 June 2019, OR ?Mon 07, 14, & 21 Oct 2019, This course runs a number of times a year.

Course location
Killinarden Enterprise Park, Dublin 24; Silver Springs Hotel, Cork; Eglantine Avenue Belfast

Application
Application form available from contact persons or IICP website listed above.

Cost
€295.00.
Course Provider
IICP Education and Training

Address
Killinarden Enterprise Park, Killinarden, Tallaght, Dublin 24

Web address
http://www.iicp.ie

Contact Person(s)
Marcella Finnerty
Course Director
01 260 0805 / 086 260 9989
marcella@iicp.ie

Course aims and objectives
The aim of the course is to equip participants with the necessary theoretical and clinical understanding of the CBT approach to counselling. The course content can be broken into four broad areas.

• Theory
• Assessment of presenting problems
• Disputation of irrational beliefs
• Homework

Course content
Section one:
Participants will learn the history of CBT with emphasis on Beck's Cognitive Therapy and Ellis' Rational Emotive Behavioural Therapy. Participants will gain an understanding of the psychology behind the CBT model and it's clinical application in today's climate. Difference in counsellor style will form an integral part of this phase of training. The importance of the counsellor as educator will be discussed. Ellis' ABC Model will be explored in detail and participants will learn how to explain the model to clients in a variety of ways.

Section two:
Assessment of a problem will be explored in the second phase of training. The different classifications of irrational beliefs will be explained and discussed. (inferences, evaluations etc). Trainees will learn how to identify rational and irrational beliefs and will clearly understand the difference between healthy and unhealthy emotions. The impact of thinking on emotional disturbance will be further discussed and explored. At this stage of training, Participants will begin to apply the ABC model to some of the presenting problems they identify.

Section three:
At this stage of training, Participants will be taught the different types of disputation in CBT. They will learn how to dispute irrational beliefs at a logical, empirical and pragmatic level. They will be taught how to assist their clients in disputing their irrational thoughts and beliefs. The integration of Alternative Rational Beliefs will be introduced to students and they will be given opportunity to practice these skills in class through triad work and round robins.

Section four:
The role of homework will be explored in detail in this section. Having identified the need to develop and strengthen rational beliefs, trainees will be given the skills required to help their clients achieve same. Students will learn how to develop both written and behavioural assignments to address the identified issues. These homework assignments will focus on both disputing the irrational beliefs and consolidating the rational beliefs. Effective planning strategies will also be explored.

Target group
Professional or personal interest in the area of Cognitive Behavioural Therapy.

Entry requirement
No entry requirements.

Selection procedure
See the course website for further details https://www.iicp.ie/cpdcourses/cbt/

Qualification
IICP Certificate of Attendance and Participation.
CPD: 30 hours
Assessment
n.a.

Accreditation
Institute of Integrative Counselling and Psychotherapy (IICP Education and Training)

Course background
This course has been organised in response to those seeking professional training and qualifications in Cognitive Behavioural Therapy.

Course start date
Four full teaching days starting Sunday 22 September 2019. This course runs a number of times a year.

Course location
Killinarden Enterprise Park, Dublin 24

Application
Application form from contacts or online.

Cost
€495.00 (€421 for IICP Students/Alumni and VCS Counsellors)
**Course aims and objectives**

This is an introductory course for those who are seeking to develop their awareness and understanding in the field of counselling and psychotherapy. This course also serves as a foundation course for those seeking entry onto a diploma course in counselling and psychotherapy.

Programme aims:
- To introduce learners to a practical cutting-edge approach to mental health care and counselling;
- To encourage psychological wellbeing within the programme and empower and encourage support networks;
- To provide a warm and challenging environment where students can learn and grow;
- To enable learners to begin to develop a clear and transparent understanding of counselling and psychotherapy that is congruent with the principles associated with bona fide helping professionals; and
- Encourage learners to view this course in the context of lifelong learning and personal as well as professional development.

**Course content**

The programme is highly interactive and taught through role-play, lectures, group work and audio/video presentations. Participants will have the opportunity to produce and participate in individual written assignments, group projects and group work.

Module:

1. **Introduction to counselling and psychotherapy**: This module aims to give the learner a broad introduction to the field of counselling and psychotherapy and the main approaches therein. Learners will have the opportunity to explore various definitions in counselling and psychotherapy, understand the historical developments, appreciate how the need for therapy has evolved at a societal level and understand how theories aid a therapist in understanding human behaviour, emotions, unconscious factors, motivation and making sense and meaning of life experiences. Learners will also be given an overview of the models of Choice Theory and Reality Therapy, Person Centred Counselling and Multicultural approaches.

2. **Introduction to counselling skills**: This module aims to introduce the learner to the basic and intermediate skills of counselling. Learners will be coached in a range of key skills that will facilitate effective listening within the helping relationship. Learners will explore the characteristics of an effective listener, understand the core conditions of empathy, congruence and unconditional positive regard within the helping relationship and become increasingly aware of listening blocks. Learners will have the opportunity to practice listening skills with peer learners throughout this module.

3. **Introduction to personal development**: This module aims to enable learners to increase their levels of self awareness of their own personal development within the context of becoming a helper. Learners will explore their levels of self-awareness and how this relates to becoming an effective helper in the caring profession. Accurate and sensitive self-awareness underpins any type of helping relationship, as the main instrument for becoming a helper/therapist is the person themselves.
Target group
This programme is suitable for those seeking to pursue their awareness and development in the field of counselling and/or who work in the helping/caring professions.

Entry requirement
• Applicants should be able to articulate their interest in the therapeutic field and their reasons for pursuing this course of study; and
• Produce evidence of prior educational attainment (see application form for further details)

Entry onto the certificate programme is through application and interview. Selection procedures will apply.

Selection procedure
See the course webpage at https://www.iicp.ie/courses/certificate/

Qualification
QQI Minor Certificate in Integrative Counselling and Psychotherapeutic Studies (NFQ Level 6)

Assessment
Assessments will include practical work, individual and group projects and written assignments.

Accreditation
Institute of Integrative Counselling and Psychotherapy

Course background
Course was developed in response to requests from those seeking to pursue a foundation course in counselling and/or those who wished to develop their understanding of counselling for their personal and/or professional development.

Course start date
Summer 2019: Starting Friday 14 June, 6.00pm–10.00pm - delivered over three weekends. Autumn 2019: Starting Sunday 06 October, 9.30am–4.30pm - three full training days (Sundays) and fourteen evening sessions (Thursdays) See website for future dates.

Course location
Killinarden Enterprise Park, Dublin 24

Application
Application form available from contact persons or IICP website listed above.

Cost
€1,300 (inclusive of QQI registration fee of €50.)
PROFESSIONAL CERTIFICATE IN COGNITIVE BEHAVIOUR THERAPY

Course Provider
PCI College
Contact Person(s)
Kelley Farrell
Enquiries
01 464 2268
info@pcicollege.ie

Address
Corrig House, Old Naas Road, Clondalkin, Dublin 22
Web address
http://www.pcicollege.ie

Course aims and objectives
You will learn to observe, assess, evaluate, and formulate treatment using the client’s environmental influencers as well as their thoughts, moods and emotions, and behaviour. The approaches presented are usable, up-to-date and strongly evidence-based.

Course content
Course content:
Day 1: Foundation level theory and practice
Day 2: Behavioural & cognitive strategies in CBT
Day 3: Depression - a cognitive behavioural approach
Day 4: Anxiety - a cognitive behavioural approach
Day 5: Integration/assessment day

Workshops can be taken individually, or combined to make up the requirements for the Certificate Course. There is no time limit to complete the course.

Target group
For helping professionals (with therapeutic experience) who want to gain the knowledge and skills necessary to incorporate CBT into their practice.

Entry requirement
Applicants will ideally have a professional qualification in counselling, psychotherapy, or similar – accreditation is not necessary. Students currently in training will be considered, on the understanding that the certificate qualification cannot be used until they have qualified.

Additional requirements (before integration day):
20 hours of work with clients using CBT & 3 sessions with a qualified supervisor to review your client work.

Selection procedure
For more information please visit http://www.pcicollege.ie/cpd-course/cognitive-behaviour-therapy

Qualification
Participants must attend all days for a certificate in cognitive behaviour therapy.

Assessment
As per syllabus. Additional Course Requirements: (Before Integration Day): 20 hours of work with clients using CBT and 3 sessions with a qualified supervisor to review your client work

Accreditation
PCI College

Course background
See website for more details.

Course start date
30 hour programme over 5 days. Next start date to be confirmed. Please call 01-464 2268 or email info@pcicollege.ie to add your name to the Waiting List.

Course location
Dublin. This course can also be provided as in-service training for government bodies, professional groups or community organisations.

Application
Application forms by email or online.

Cost
Fees (full course): €780. If you have completed the PCI College Advanced Diploma in CBT, you are entitled to an exemption of day 1 & day 2 - course cost €570.
Course aims and objectives
The training is based on the resource MindOut which has been developed by Health Promotion HSE West and NUI Galway. MindOut is a twelve-session mental health programme which takes a positive approach to the promotion of emotional and mental health among young people. The emphasis is on giving time to young people to explore what challenges their mental health and looking at the ways they cope ranging from personal coping skills to informal networks of support to professional or voluntary support services. All participants will receive a copy of the MindOut resource pack and Good Habits of Mind support pack.

Course content
Training for the resource is carried out over three days. Following training day one and two participants begin to implement the programme. Participants then return 6 weeks later for day three which includes a review, self-care for the tutors and organisational issues.

Learning content:
• Expressing feelings
• Gender differences in coping behaviour
• Dealing with rejection and depression
• Seeking help
• Coping strategies and resilience
• The importance of social support
• Positive self-talk

Target group
Designed for anyone working with young people in a youth work, out-of-school or non-formal education setting.

Entry requirement
n.a.

Selection procedure
For more course information visit
http://www.youth.ie/nyci/Mindout-Mental-Health-Promotion-Programme-Out-School-Settings

Qualification
n.a.

Assessment
n.a.

Accreditation
n.a.

Course background
n.a.

Course start date
Contact NYCI for future dates.

Course location
Various locations

Application
Obtain an application form online or by contacting NYCI’s Training Administrator on 01 4784122 or e-mail training@nyci.ie

Cost
Free of charge.
B15 APPLIED SOCIAL STUDIES - WITH COUNSELLING & ADDICTION STUDIES

Course Provider
Liberties College

Contact Person(s)
Brid Milliken
Department Head: Counselling and General Information
01 454 0044
info@liberties.cdvec.ie

Address
Liberties College, Bull Alley Street, Patrick Street, Dublin 8

Web address
http://www.libertiescollege.ie

Course aims and objectives
This is a one-year full-time course suited to mature students returning to education. This is an access course for those who are new to the study of addictions and counselling.

The course will focus on:
- Studies in drug and alcohol dependency and addictive behaviours
- Introduction to common therapeutic interventions such as motivational interviewing and brief solution-focused therapy
- Introduction to counselling skills

Course content
Principal areas of study:
- Psychology
- Intercultural studies
- Social studies
- Communications or English literature
- Work experience

Personal development and experiential learning
- Personal effectiveness
- Safety and health at work
- Substance use
- Counselling skills
- Word processing

Target group
Mature students with relevant experience and interest in working with people (supported by appropriate references).

Entry requirement
Training is of value in a wide range of settings, such as An Garda Siochana, nursing, youth work, the prison service, social services, information services or the voluntary sector. Garda vetting is required for work experience.

Selection procedure
For more information visit course website
http://www.libertiescollege.ie/courses/applied-social-studies-with-counselling-addiction-studies/ or (full time courses) http://libertiescollege.ie/index.php -

Qualification
QQ Level 5 Applied Social Studies SM2181

Assessment
Project work and continuous assessment

Accreditation
QQ Level 5

Course background
This is a one-year full-time programme.

Course start date
September each year.

Course location
Liberties College, Bull Alley Street, Dublin 8

Application
Application form available online

Cost
Contact the college for details. Optional workshops incur additional costs
APPLIED SOCIAL STUDIES - YOUNG ADULTS

Course Provider
Liberties College

Address
Liberties College, Bull Alley Street, Patrick Street, Dublin 8

Web address
http://www.libertiescollege.ie

Contact Person(s)
Brid Milliken
Department Head: Counselling and General Information
01 454 0044
info@liberties.cdvec.ie

Course aims and objectives
Applied Social Studies – young adults - This is a broad academic introduction to social studies and social care. As an access programme this course caters particularly to those who wish to progress to Higher Education or further professional training.

Course content
Principal areas of study

- Social Studies
- Psychology
- Intercultural Studies
- Communications
- Work Experience
- Equality and Disability
- English Literature / Working With Groups/
  Personal Effectiveness
- Word Processing
- Human Growth and Development
- Substance Use

Target group
Those with an interest in this area.

Entry requirement
General College Entry Requirements

Selection procedure
For more information see application form
http://www.libertiescollege.ie/courses/applied-social-studies-young-adults/ or Liberties College
website http://www.libertiescollege.ie/

Qualification
QQI Level 5 Applied Social Studies & Occupational First Aid Certificate

Assessment
Project and continuous assessment

Accreditation
Liberties College

Course background
There is also a course for mature students.
http://www.libertiescollege.ie/courses/applied-social-studies-mature-students/

Course start date
September, full time over one year.

Course location
Liberties College, Dublin

Application
Please return the application form (see website link above) to Brid Miliken, Liberties College, Bull Alley, D8

Cost
Apply to Liberties College.
**Course Provider**
HURT (Have Your Tomorrows)

**Address**
14 Clarendon Street, Derry. BT48 7ET, Northern Ireland.

**Web address**
https://hurtni.org.uk/

### Contact Person(s)

**Dessie Kyle**  
Centre Manager  
(0044) 028 7136 9696.  
https://hurtni.org.uk/contact/

### Course aims and objectives

As a result of the course candidates will be able to demonstrate:

- A multi-theoretical approach to working with substance misuse issues

### Course content

Candidates will undertake modules in the following areas:

- Context and trends in Substance Misuse  
- Models of Treatment (including Pharmacological) and Intervention  
- Assessment Tools/Psychometrics  
- The Therapeutic relationship and its impact on substance misuse interventions  
- Ethics  
- Working with Trauma  
- Impact of substance misuse on the family

### Target group

This course is for individuals who want to gain specialist counselling knowledge and skills to work with individuals with substance misuse issues. It is aimed at those who are working in the drug/alcohol field.

### Entry requirement

n.a.

### Selection procedure

For more information about the course, visit the website  
https://hurtni.org.uk/substance-misuse-theory-interventions/

### Qualification

Diploma

### Assessment

Course Requirements (to be completed during the course)

- A minimum of 60 formally contracted counselling hours (one-to one)  
- Supervision Log  
- Supervisor’s Report  
- Enhanced Access NI Check  
- Assignments  
- Completed Portfolio  
- 90% attendance

### Accreditation

Accredited by both the Counselling & Psychotherapy Central Awarding Body (CPCAB) and the National Counselling Society (NCS) (pending approval)

### Course background

The course is the first of its kind in Northern Ireland.

### About HURT

- We are a community based addiction treatment centre with premises in Derry & Strabane  
- We offer support to individuals and families affected by substance misuse through a holistic care plan  
- We deliver community based preventative/education initiatives on substance misuse issues  
- For more information: https://hurtni.org.uk

### Course start date

The course will be delivered over 20 days (10 weekends). contact HURT for future dates.
Course location
Derry

Application
If you are interested in applying for the course or would like any more information on other courses offered by HURT, please contact Dessie Kyle, Centre Manager, HURT on 02871 369696 or dessie@hurtni.org.uk

Cost
Contact HURT
STRENGTHENING FAMILIES PROGRAMME

Course Provider
Blanchardstown Local Drugs and Alcohol Task Force

Address
2nd Floor, Parkside, Main Street, Mulhuddart, Dublin 15

Web address
https://blanchardstowndrugtaskforce.ie/

Contact Person(s)
Ciara Jubani
Community Development Worker
01 824 9590 / 685 4405
ciara@bldtf.ie

Course aims and objectives
SFP involves not just parents or children alone, but the whole family. It is a 14 week skills enhancing programme. It is an inter-agency initiative, delivered by a range of community, statutory and voluntary local services in Blanchardstown which is managed and funded by Blanchardstown Local Drugs Task Force.

Course content
The SFP curriculum includes three courses (Parent skills training, Teen skills training and Family life skills training) that involves the whole family in three classes run on the same night once a week for 14 weeks.

Target group
The Strengthening Families Program (Kumpfer & DeMarsh, 1989; Kumpfer, DeMarsh, & Child, 1989) is an evidence-based 14-week family skills training program for parents and their teenagers (Age 12-16) in three classes run on the same night once a week.

Crèche facilities and child care is provided for younger children in family (aged 1-5yrs) and youth group is provided for children aged 6-11yrs.

Entry requirement
Referrals can come from many different sources: self-referral, schools, School completion Programmes, Youthreach, Social Workers, JLOs, Family services, Youth services, Child & Family Services, Garda Youth Diversion Projects, Community Mental Health Centres, Housing Projects, Drug Treatment Centres, Community Drug Teams, Probation, Rehabilitation Projects and other local agencies

Selection procedure

Qualification
n.a.

Assessment
n.a.

Accreditation
n.a.

Course background
SFP is a family based Programme which aims to improve parenting and family functioning by strengthening the family

Strong families reduce risk for many adverse behaviors in children & teens; substance abuse, teen pregnancy, school failure, aggression and delinquency.

Course start date
Contact Blanchardstown LDATF for details of upcoming courses.

Course location
Blanchardstown, Dublin

Application
Contact Blanchardstown LDATF

Cost
Free of charge
ADDICTION STUDIES

Course Provider
CMI: Communications & Management Institute

Address
Office 1: Unit 14A, Cashel Business Centre, Cashel Rd, Dublin 12
Office 2: Regus House, Harcourt rd, Dublin 2

Web address
http://www.cmi-ireland.com

Contact Person(s)
Graham Moore
Admissions
01 492 7070
info@cmi-ireland.com

Not Active
This course is no longer active, but might be in the future contact the Course Administrator for more information.

Course aims and objectives
You will gain a thorough understanding of drug misuse and its effects on Irish society. You will acquire critical awareness of the causes of addiction; models of treatment of addiction; and learn to identify patterns of drug abuse by examining historical trends in Irish society.

This course helps to identify strategies appropriate to the various stages of the addiction process. Analysis of community and local level responses, and of media representation of addiction and how it affects attitudes in society will help you develop a broader view of this complex area.

Course content
1. Drugs and their effects
2. The impact of addiction on the family and the community.
3. The services available in response to addiction
4. Community responses
5. The nature and practice of intervention
6. The media presentation of addiction
7. Application of psychological theory & behavioural interventions
8. The participant's own personal learning

Target group
This course is relevant to anyone interested in working with persons with different types of addiction. Ideally suited for care workers, community workers, social workers, charity volunteers, agency workers, or indeed anyone, who wishes to work in this challenging area.

Entry requirement
n.a.

Selection procedure
For more information see the course website - http://cmi-ireland.com/addiction-studies-courses

Qualification
Community Addiction Studies Level 5 Minor Award 5N1834 Further Education and Training

Assessment
Course work consists of practical home assignments and a project. Practical guidance will be offered throughout the course by experienced lecturers. Participants will maintain a personal log/journal of their personal learning experiences during the course.

Accreditation
Awarding Body: QQI - Quality and Qualifications Ireland

Course background
See course website.

Course start date
Tuesday, 8 October to December 2019, 18:30-21:30 for ten weeks. This course is offered three times per year from in Dublin and Nationwide.

Course location
Dublin

Application
Course fees are payable before commencement. Submit your details to 'Book a course' on the CMI's website by the deadline date.
Cost
€750
Course aims and objectives
This course will benefit those with an interest in the care, diagnosis and treatment of addiction. The course is a springboard to higher education courses in Social Studies, Health Care, Community Studies, Counselling and Psychology, Psychotherapy and Addiction Counselling.

Course content
Work experience placement in a related vocational area is an integral part of this course. Students must obtain one day per week work experience for the academic year. There will also be one week of block placement in the first and second terms.

Target group
Progression: The full QQI Level 5 Certificate facilities entry, on a competitive basis, to a range of third level institutions nationwide. Further details are available from the relevant institutions. Progression to Advanced Social Care in WCFE is also possible, specific progression pathways to WIT are agreed.

Entry requirement
Minimum entry requirements:

- Leaving Certificate/Leaving Certificate Applied or equivalent
- Successful completion of interview
- Applications from mature students will be considered
- Applicants will be required to undertake Garda Vetting
- Written references

Selection procedure
See course website

Qualification
QQI Level 5 - Social and Vocational Integration (5M2181)

Assessment
n.a.

Accreditation
QQI

Course background
For more information visit

Course start date
One year course. Contact WCFE for details.

Course location
Waterford

Application
Check website for details.

Cost
No tuition fees. But other fees include: Occupational First Aid €90; Patient and Manual Handling €50; MAPA €25; Textbooks approx €100. ? Hepatitis B Injections [through your GP or medical centre]
B21  COMMUNITY ADDICTION STUDIES COURSE QQI Award (Minor) Level 5

Course Provider
Urrus/The Ballymun Youth Action Project

Address
Horizons Centre, Balcurris Road, Ballymun, Dublin 11

Web address
http://www.byap.ie

Contact Person(s)
Gabrielle Gilligan
Administrative Assistant
01 846 7980 / 01 842 5726
urrus@byap.ie

Course aims and objectives
The purpose of the Community Addiction Studies Course is to enable people to:
• Learn about drugs and their effects
• Develop an understanding of addiction
• Examine their own attitudes
• Become more effective in their personal responses
• Explore the effects of drug mis-use on the family
• Develop the skills and knowledge to become more effective in responding to drug misuse in their own communities

Course content
• Pharmaceutical information on drugs & their effects
• Process of addiction
• How addiction effects individuals, families, communities
• Social analysis
• Media analysis
• Personal development
• How individuals and communities can respond
• Field visits to drugs services

Target group
Community members who feel they would like to be more effective when it comes to drug/alcohol issues. There are no education requirements to be part of this course, only a willingness to learn.

This programme is an NFQ Level 5 module.

Entry requirement
n.a.

Selection procedure
Application committee selects participants based on written application and interview. See webpage:
http://www.byap.ie/urrus/addiction-training or course page
http://www.byap.ie/services/urrus/community-addiction-studies-course

Qualification
QQI Award (Minor) Level 5.

Assessment
Assessment is carried out throughout the course.

Accreditation
QQI Award

Course background
n.a.

Course start date
This course runs over ten weeks (one-day each week) or over 20 weeks (one evening each week). Contact URRUS for future dates.

Course location
Ballymun, Dublin

Application
Contact URRUS. Ph. 01 8467980. email urrus@byap.ie or see website www.byap.ie.

Cost
€200. Category 2 - Ballymun Local Drugs Task Force Area - €70
Courses leading to a professional or academic qualification (at NFQ level 6 or higher) in the field of substance misuse or related areas.
Course Provider
NUI Maynooth

Address
Department of Adult and Community Education,
NUI Maynooth, Co Kildare

Web address
http://adulteducation.nuim.ie

Contact Person(s)
Administrator
n.a.
01 708 6062
Adcomed@nuim.ie

Course aims and objectives
1. To provide participants with a broad view of key theoretical framework and practical debates which arise in relation to substance misuse and dependence
2. To enable participants develop basic helping and intervention skills in the field of drug and alcohol misuse
3. To enhance participants’ knowledge of social and community issues relevant to substance misuse and dependence
4. To heighten participants’ awareness in relation to personal, organisational and vocational issues which may arise in the course of their work within the field of substance misuse.

Course content
Module 1: Group work & facilitation skills/reflective learning
Module 2: Substance misuse and dependence
Module 3: Drug & alcohol misuse in contemporary Ireland
Module 4: Approaches to prevention treatment & rehabilitation

Target group
The course is aimed at people aged 21 and over.

Entry requirement
Participants must be 21 years of age or over. It is preferable that applicants have:
• Experience of working in a community setting.
• Experience of working with alcohol and/or drug-related problems.
• Openness to reflect on one’s own practice attitudes and beliefs.
• Commitment to learning in a group setting.

Applicants must submit a short essay describing their reasons for applying.

For more information see www.nuim.ie/study-maynooth/undergraduate-studies/courses/certificate-addiction-studies#tabs-overview

Selection procedure
On the basis of a written application and essay.

The Certificate in Addiction Studies is available in the following locations:
Bluebell/Inchicore Start Date: 2 October 2019
Wednesdays 6.00-9.00
Cork College of Commerce Start Date: 2 October 2019 Wednesdays 6.00-9.30
Maynooth University Start Date: 1 October 2019
Tuesdays 7.00-10.00

The certificate course constitutes part one of the NUI Diploma in Addiction Studies (Level 8) Programme and students who successfully complete this course may apply for progression to the level 8 Diploma in Addiction Studies. PLEASE NOTE: The certificate course is also available in Cork and Dublin (Bluebell/Inchicore) as well as on the NUI Maynooth campus. For further information please contact Kay Loughlin on 01 708 6062 or e-mail kay.loughlin@mu.ie

Apply Here and enter the location of your choice.

See our brochure NUI Certificate in Addiction Studies 2019

Qualification
Certificate in Addiction Studies

Assessment
85% minimum attendance.
Participation in class.
Completion of relevant assignments/projects.
Accreditation
National University of Ireland. NFQ Level 7

Course background
This course has been running in various locations for a number of years.

Course start date
October until end of May each year. This course is 100 hours and may involve 3 - 4 Saturdays throughout the year.

Course location
NUI Maynooth and other locations nationwide. Please refer to the Continuing Education Brochure for further details. Telephone 01 7084500 or visit the website.

Application
Apply to College.

Cost
€950
### Course aims and objectives
This is a University level 7 Certificate course leading to a level 8 Diploma in Addiction Studies.

### Course content
#### Modules:
- Theoretical Perspectives on Addiction
- Drug and Alcohol Misuse in Contemporary Ireland
- Approaches to Prevention, Treatment and Rehabilitation
- Group Work & Reflective Learning

### Target group
Those with an interest in the course content.

### Entry requirement
Students must attend a class of 3 hours per week. Applicants must be over 21 years of age.

### Selection procedure
Contact the Clondalkin training team for further details
[https://www.clondalkindrugtaskforce.ie/cdtf-training/](https://www.clondalkindrugtaskforce.ie/cdtf-training/)

### Qualification
Certificate

### Assessment
As per course curriculum

### Accreditation
Maynooth University

### Course background
- **Course Provider**
  Clondalkin Drug & Alcohol Task Force & NUI Maynooth
- **Address**
  A1 Weatherwell Business Park, Clondalkin Dublin 22.
- **Web address**
  [https://www.clondalkindrugtaskforce.ie/cdtf-training/](https://www.clondalkindrugtaskforce.ie/cdtf-training/)
- **Contact Person(s)**
  Course co-ordinator
  01 457 9445 / 086 858 1787
  rehabilitation@cdatf.ie

### Course start date
September to May, Tuesday mornings

### Course location
Clondalkin, Dublin

### Application
Contact the Clondalkin DATF for an application form.

### Cost
The course costs €600 (normal cost is €1100) – flexible payment plans are in place.
Course Provider
Dublin Region Homeless Executive / Dublin City University

Address
Block 1, Floor 2, Dublin City Council, Civic Offices, Fishamble Street, Christchurch, Dublin 8.

Web address
https://www.homelessdublin.ie/our-work/training

Contact Person(s)
Training co-ordinator

01 2226863
drhetraining@dublincity.ie

Course aims and objectives
If you currently work with people experiencing or at risk of homelessness, this course will help you develop your skills in the assessment and prevention of homelessness, and of support interventions in this area. This Certificate will help you enhance your existing attributes and skills so that you can make a greater impact on a critical issue our communities. You'll examine issues of homelessness in society and the personal contexts and complex needs of people and families experiencing homelessness.

Course content
This course involves the study of homelessness in society and the personal contexts and complex needs of people and families experiencing homelessness. The programme aims to help practitioners in homeless related services to develop knowledge and skills in the prevention of homelessness and in the use of effective, supportive interventions with people encountering homelessness.

Module 1: NS459 Assessment and support planning: process and practice
Module 2: NS460 Socio-economic needs of people experiencing homelessness
Module 3: NS461 Health, illness, addiction and homelessness

Visit the course website for more information

Target group
This course may suit you if your current role involves working with people experiencing / at risk of homelessness and if you wish to develop your skills in assessment and support interventions in this area. You should have educational attainment at Leaving Cert level or equivalent and be in a position to engage in online learning (i.e. have access to and ability to use basic computer programmes).

Entry requirement
Sectoral line manager/organisation nominates a potential candidate.

Selection procedure
The application process is as follows:
1. Download application form via the Dublin City University website
2. Complete application in full
3. Print, sign and date the form and post, along with a passport photograph to:
   Admissions, Registry, DCU, Collins Avenue, Dublin 9.

The Dublin Region Homeless Executive (DRHE) provides annual training options for statutory and state funded homeless services. Funding support towards programme fees is provided by the DRHE for successful applicants who work with DRHE funded organisations/services. See
https://www.homelessdublin.ie/our-work/training
Qualification
Certificate in Homeless Prevention and Intervention

Assessment
Contact provider for more information

Accreditation
Dublin City University

Course background
The three existing key workers/case managers modules, which to date were classified as ‘stand alone’ modules have now been formally approved by Dublin City University as a Certificate Programme.

Course start date
Annually in September. The Certificate consists of three modules delivered part-time over 18 months. It involves two-day blocks every four to five weeks during semester.

Course location
Dublin

Application
All applications must be made directly to DCU. The application form is available online.

Cost
The cost of the certificate programme per student is €2,037 in total and is inclusive of a €37 university application fee (subject to change)
Course aims and objectives
This comprehensive and professional course is run by URRÚS in partnership with University College Dublin and intended to provide participants with a range of skills and knowledge both academic and practical which will enhance their effectiveness in responding to the complex issue of drug and alcohol misuse within a community environment. This one year intensive programme leading to a NFQ Level 7 Diploma is based on community development principles and uses adult learning approaches in its delivery. The programme is accepted as part fulfilment of the educational requirements for membership of Addiction Counsellors of Ireland and offers a progression pathway to B.Soc Science with UCD.

Course content
The modules covered during the course are:

- Nature and Context of Addiction
- Community and Group Work Theory and Practice
- Understanding Prevention and Support in a Community Setting
- Introduction to Irish Social Policy / Drug and Alcohol Policy
- Introduction to Counselling
- Reflective Practice
- Approaches to Treatment and Rehabilitation
- Motivational Interviewing
- Professional Work Practice
- Community Research Methods

Target group
People who wish to return to education and enhance their skills and knowledge in the area of addiction and enter the mainstream university system.

Entry requirement
The Diploma is designed to provide a progression route for those who have already completed the Community Addiction Studies Course© or equivalent. Participants must have the capacity to complete a course at NUI Diploma Level 7, however this capacity is understood in the light of the principles of Adult Education. Participants must be over the age of 21.

Selection procedure
Initially by application and then by interview.

For further information and application form please contact urrus@byap.ie or call 01-8467980. Or see [www.byap.ie/services/urrus/diploma-in-community-drugs-work](http://www.byap.ie/services/urrus/diploma-in-community-drugs-work)

Qualification
Level 7 Diploma – Diploma in Community Drug and Alcohol Work.

Assessment
Assessment methods used include: written assignments; practical skill assessments; exams; presentations; and a learning journal. Assessment is carried out throughout the course as individual modules are completed.

Accreditation
Remove The Diploma Course is accepted as part fulfillment of the Education Requirements for accredited membership of the ACI.

Course background
The Diploma Course was developed in response to the need for a progression route for people who have participated in the Community Addiction Studies Course©; and also it provides a
much needed source of further training to those already involved in the drugs/addiction area, whether this be in the community, voluntary or statutory sector.

**Course start date**
One-year course, from September to May. It is delivered one day each week on Tuesdays (10am-5pm), plus three Thursdays (6:30pm-9:30pm) and seven Saturdays (10am-5pm), over the academic year.

**Course location**
URRUS Training Centre, Horizons Centre, Balcurris Rd, Ballymun, Dublin 11, and NUI University College Dublin, Belfield Campus, Dublin

**Application**
Application can be made by application form only, please note closing date for application is June. Contact urrus@byap.ie or phone 01 8467980

**Cost**
€2,300 course fee is non-refundable, and is due in full at registration. Payment options available. An administration fee of €25 is required with your completed application.
DIPLOMA IN ADDICTION STUDIES

Course Provider
DBS School of Arts

Address
Dublin Business School, 13/14 Aungier Street, Dublin 2

Web address
http://www.dbs.ie

Course aims and objectives
Aims:
• To investigate several areas of addiction, including theory, treatment, addictive behaviour and its impact on the individual, the family and the wider community
• To provide a grounding in the study of addiction and cover most of the major associated themes
• To provide some theoretical knowledge for people who are working or interested in the area, to deepen their understanding and knowledge

Course content
• Theoretical models of addiction
• Types of addiction, addictive behaviours, including self harming and eating disorders
• Pharmacology
• Treatment methods and models of treatment
• Harm reduction, health promotion, HIV/AIDS and hepatitis
• Gender issues
• Criminal behaviour associated with drug misuse
• Impact of addiction on family, family adjustment and co-dependency
• Impact of addiction on wider community
• Contemporary social policy and social issues

Target group
The course provides a comprehensive introduction to the field of addiction studies. It is relevant for anyone involved in addiction service provision or for anyone interested in working in this area. It also informs anyone who encounters the challenges of dealing with addiction in their work or personal lives.

Entry requirement
Applicants must be aged 18 years or over.

Selection procedure
By application.

For more information about the course, visit the course website at http://www.dbs.ie/Addiction-Studies/Evening-Diploma.htm

Qualification
Diploma in Addiction Studies

Assessment
Written assignment (100%).

Accreditation
Dublin Business School

Course background
This course was first offered in 2003 and runs in October and February each academic year.

Course start date
This course may be run twice a year. Spring and Autumn. 1 evening per week, 6.15 pm-9.30 pm for 10 weeks.

Course location
Dublin Business School, 13/14 Aungier Street, Dublin 2

Application
For further information please contact the Admissions Office on 01 417 7500 or visit our website www.dbs.ie

Cost
€1,325
**Course Provider**
University of Limerick / HSE Addiction Services

**Address**
Delivered at: University of Limerick Campus / Bridge House, Cherry Orchard, Ballyfermot, Dublin.

**Web address**
http://www.ul.ie/cpe/node/207

**Contact Person(s)**

**Dr Sancha Power**
Course Director/Limerick Co-ordinator  
(087) 9914042  
sancha.power@ul.ie

**Aoibhinn King**
Dublin Co-ordinator  
(087) 9074515  
aoibhinn.king@hse.ie

**Esther Wolfe**
Dublin Co-ordinator  
(087) 9092730  
esther.wolfe@hse.ie

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**Course aims and objectives**
The course aims for personal and professional growth and development of individuals working in community, voluntary, statutory and non-statutory organisations who are actively engaged in responding to drug and alcohol issues, across the spectrum from prevention and education to treatment and rehabilitation.

**Course content**

**Semester one:**
- Experiential group work and group processes in the context of drug and alcohol studies
- Substance use: theoretical foundations
- Models of intervention: theory and practice 1
- Research and reflective practice 1

**Semester two:**
- Models of intervention: theory and practice 2
- Substance use: community, social and policy perspectives
- Substances and mental health
- Research and reflective practice 2

**Target group**
Applicants include those who have completed a Certificate in Addiction Studies or another relevant area and who wish to progress their professional education in the area of drug and alcohol studies. The programme is intended for individuals actively engaged in management of drug and alcohol misuse and dependency or those working with groups at risk for drug and alcohol misuse. Applicants also include health professionals, social care professionals, teachers, guidance counsellors, youth and child care workers, prison officers, Gardai, probation officers and community workers among others.

**Entry requirement**
- Certificate in Addiction Studies, or a related area, or equivalent academic qualification
- At least two years experience of working in the area of drug and alcohol or a related field
- Successful completion of interview

**Selection procedure**
Applicants can now apply online. Please refer to our website for application guidelines and supports.

Course website: https://www.ul.ie/gps/drug-alcohol-studies-diploma

Short-listed applicants will be required to attend an interview.

Further information is available:

**University of Limerick**
Dr. Sancha Power (087) 9914042  
sancha.power@ul.ie

**Cherry Orchard, Dublin**
Esther Wolfe (087) 9092730  
esther.wolfe@hse.ie

Aoibhinn King (087) 9074515  
aoibhinn.king@hse.ie

**Qualification**
Diploma in Drug and Alcohol Studies, NFQ 7
Assessment
Assessment will use a variety of methods, including written assignments, oral presentations, case study, project work, and reflective portfolio.

Accreditation
University of Limerick: Level 7 HETAC National Framework of Qualifications

Course background
The programme was developed by the University of Limerick in partnership with the Health Service Executive (West-Limerick, West-Donegal and Dublin Mid-Leinster areas), Educational Training Boards (former Vocational Education Committees) (Limerick and County Donegal), the Mid-West and North West Regional Drug and Alcohol Task Forces and the North West Alcohol Forum.

Course start date
September each year. • University of Limerick Campus, Tuesday 6.30-9.30pm and every second Saturday • Cherry Orchard Hospital, Wednesday (9.30-4.30) • Orientation Day (for both centres) will take place at the University of Limerick on Saturday September 7th 2019

Course location
This one year part-time programme is offered in two locations: the University of Limerick and Cherry Orchard Hospital (Ballyfermot, Dublin 10).

Application
Prospective applicants will be required to complete an online application form, via the website. Please see guidelines for application on the website page. Cost of application is €35. Short-listed applicants will be required to attend an interview. Applications close 20th May 2019

Cost
Course fees EU: €1643. Further information on fees available from the university webpage www.ul.ie/finance/student-fees
Course aims and objectives
The module in addiction studies gives a comprehensive overview of current thinking and practice in the area of addictive behaviours and substance use/abuse. It focuses on the historical evolution of the various conceptualisations of addiction, the underlying causes attributed to the development and maintenance of addictive behaviours, models for understanding patterns of addiction and the treatments of addiction associated with those models. It further addresses the impact of addictive behaviours on society in terms of health, culture and criminality, paying particular attention to the Irish context.

Course content
Week 1: Meaning and Nature. Multiple conceptions of addiction in current practice, reflecting more than substance-related issues. Addiction and Psychiatry

Week 2: Current neuro-biological, psychological, sociological and cultural understanding of the causes of addiction. Overview of different theoretical positions in conceptualising addiction (i.e. Medical, Religious, Psychological etc.)

Week 3: Focus on disease models of addiction

Week 4: Understanding addiction from a psychoanalytic perspective

Week 5: The bio-psycho-social model

Week 6: Overview of treatments of addiction: Psychotherapeutic, Pharmacological, etc

Week 7: Focus on conditioning models of treatment: Behaviourism, contingency management; cognitive-behavioural models of treatment: Self-regulation, relapse prevention; Emotion-regulation and mindfulness-based models of treatment

Week 8: Stages of change in the treatment of Addiction

Week 9: Addictive behaviours from the perspective of family systems theory

Week 10: Impact of addictive behaviours on society: health, culture and criminality – the Irish context

Target group
The module would be of interest to practitioners in a wide variety of disciplines (Psychology, Social Care, etc.) who may wish to deepen their knowledge of current thinking in addiction studies, to those who may be considering future study in the area of addictive behaviours and wish to gain a more comprehensive understanding of the area, and indeed, anyone who wishes to learn more about this pervasive and disabling condition.

Entry requirement
For more information please contact us on: 1850 25 27 40, 01 4160034 or email info@citycolleges.ie

Selection procedure
Apply online
https://citycolleges.ie/course/addiction-studies-diploma/

Qualification
Diploma
Assessment
pass grade on the written assignment will be required for awarding of the Diploma in Addiction Studies. A fail grade will result in a Certificate of Attendance for the course but without the Diploma being awarded. Students must attend at least 8 of the 10 evenings to graduate with either the Diploma or Certificate of Attendance unless a serious and verifiable reason for further absence is provided. Similarly, the Project must be handed in on the due date unless a sound reason for lateness is provided. In such instances, an extension may be awarded at the discretion of the lecturer.

Accreditation
City Colleges and Institute of Commercial Management

Course background
Dr. Finian Fallon holds a Doctorate in Psychotherapy from DCU. In addition to providing a range of counselling services, his past work experience includes providing therapy for clients with PTSD, survivors of childhood abuse and survivors of torture. He has a number of published academic works to his credit, including presenting at the BACP research conference. He is interested in developing research that provides practical clinical benefits, to bring together the science and art of psychotherapy.

Course start date
10 weeks, one evening per week from 6.30 to 9.30pm. Contact the course provider for upcoming dates.

Course location
Dublin

Application
Apply online

Cost
Course fee: classroom-based €995 (€1,095 in instalments), online course €895 (€995 in instalments). Non-EU students: €1,295. A fee of £76 will be payable to The Institute of Commercial Management on successful completion of this course.
Not Active
This course is no longer active, but might be in the future contact the Course Administrator for more information.

Course aims and objectives
Supervision in some form is viewed as a key component of many professions in the provision of support to practitioners, enhancement of ongoing learning, and, to a greater or lesser degree, it offers some protection to the public. This course is intended for people from a variety of disciplines who are intending, beginning or already practising supervisors. It is designed to enable individuals to extend their understanding and knowledge of supervision, incorporating theoretical input with opportunities for group discussion and experiential exercises.

Course content
- Definitions and purpose of supervision.
- Models of the supervisory process will be explored including those of Page and Wosket and Hawkins and Shohet.
- Learning styles.
- Consideration of the training development and supervisory needs of supervisors.
- Opportunities to role-play in triads as supervisor, supervisee and observer, using participants’ own case work.
- Exploration of transference, counter-transference and the parallel process.
- Reflection on the similarities and differences of supervision in a one-to-one, group or organisational context.
- Consideration of multicultural, ethical and professional issues

Target group
This course will be of interest to professionals who work in an integrative manner. It will be of particular interest to counsellors, psychotherapists, guidance counsellors, psychologists, healthcare professionals, probation officers, social services personnel, managers, and all who supervise the work of others in the helping professions.

Entry requirement
No entry requirements.

Selection procedure
See the course website for details https://www.iicp.ie/cpdcourses/supervision/

Qualification
IICP Professional Diploma in Integrative Supervision This course has meets the supervision accreditation criteria for IACP/IAHIP

Assessment
Attendance at all training days is necessary to qualify for the award.

Accreditation
Institute of Integrative Counselling and Psychotherapy

Course background
This course has been organised in response to those seeking professional training and qualifications in therapeutic supervision.

Course start date
Friday 07 June 2019, 9.00am to 5.00pm. 13 teaching days.
Course location
Killinarden Enterprise Park, Dublin 24

Application
Application form from contacts or online.

Cost
€1,950 – Places are limited and allocated on a first come first served basis following interview.
Course aims and objectives
This exciting part-time diploma course invites students to engage with one of the most important contemporary issues of societal concern. The course will provide students with an introduction to the knowledge, skills and values required to equip health and social care professionals and volunteers to loosen the grip that substance misuse and addiction has on the health and well-being of individuals, families, communities and the health, social care and criminal justice resources of the state. Students will be provided with an understanding of how history, culture, addiction theory and policy inform and shape societal discourse, service provision and practice. They will receive grounding in the theoretical knowledge, models of addiction treatment, and the practical helping skills and values that underpin ethical practice in the field. Teaching on the Diploma will draw on contributions from a variety of academic and practice disciplines from both UCC and the HSE in the areas of social science, law, public health and epidemiology, to counselling, nursing, psychology and medicine.

Course content
Year 1 modules (30 Credits)
- SS1834 Understanding drugs in a social context (5 Credits)
- SS1835 The role of drug and alcohol policy (5 Credits)
- SS1836 Theories of addiction and practical models of intervention (5 Credits)
- SS1837 Diverse client presentations (5 Credits)
- SS1838 Basic intervention skills (5 Credits)
- SS1839 Substance misuse prevention with young people and families (5 Credits)

Year 2 modules (30 Credits)
- SS2828 Facilitating change in one-to-one and group settings (5 Credits)
- SS2829 Introduction to motivational interviewing (5 Credits)
- SS2830 An introduction to working with dual diagnosis (5 Credits)
- SS2831 Relapse management (5 Credits)
- SS2832 Practice placement – initial assessment of client need, comprehensive assessment of client need, care-planning and working with other professionals and settings (10 Credits)

Target group
The Diploma in Substance Misuse and Addiction Studies will equip students with the baseline knowledge, skills and values necessary to work or volunteer in an area that can be very rewarding but challenging at the same time. The course will provide an introduction to the knowledge, skills and values required to equip health and social care professionals and volunteers to loosen the grip that substance misuse and addiction has on the health and well-being of individuals, families, communities and the health, social care and criminal justice resources of the state. Students on this programme will gain hands-on experience through agency visits as well as completing a placement in a recognised treatment, rehabilitation or harm reduction setting in Year 2.

Entry requirement
- Be at least 23 years of age by 1 January of the year of application
- Submit a detailed application form prior to the closing date which will request applicants to present a supplemental
statement indicating their reasons for applying for the course, who will support them, and the expected benefits to them personally and to their work or volunteering role

- Applicants will be asked to include any employment or volunteering activities that may be relevant to this course as well as details of any other academic or professional training that they may have undertaken
- Applicants will also be asked to provide the names and details of two persons who are willing to act as Referees.
- Applicants must satisfy Garda Vetting requirements

Applicants who are successfully shortlisted will be invited for Interview.

At interview, each applicant will be invited to: 1) discuss their application form; 2) outline their experience in the area of addiction; 3) demonstrate a level of interest in working or volunteering with those affected by substance misuse; 4) identify the potential application of the learning from the programme; 5) demonstrate their ability to cope with the academic demands of the programme; 6) demonstrate a level of self-awareness, maturity and stability, an ability to cope with emotional demands of the programme and an ability to be open and to reflect on oneself and one’s life experiences and communicate that to the interviewers.

Applicants that disclose a personal recovery process are required to be 2-years post-treatment before applying for the programme. English Language Requirement: All applicants whose first language is not English must have attained IELTS Level 6.5 with no minimum individual sections 5.5 or the equivalent TOEFL score.

Selection procedure
See website for further course details
https://www.ucc.ie/en/ace-dsmas/

Qualification
Diploma at NFQ level 6/7

Assessment
Students on the Diploma in Substance Misuse and Addiction Studies will engage in a range of diverse and interesting assignments which demonstrate that the expected learning outcomes of various modules have been achieved. There are no end of year examinations on this course. Assignments will consist of written essays, reflective journals/portfolios, presentations, case study role-plays and real-play examples of practice, and group projects. Students will also have the opportunity to visit some relevant addiction treatment settings. In Year 2, students will be Garda vetted and will complete 150 hours of placement in a recognised treatment, rehabilitation or harm reduction setting. Students on placement will be supported and supervised by an experienced practitioner.

Accreditation
UCC. Students interested in pursuing professional accreditation with the Addiction Counsellors of Ireland will be required to engage in 50 hours of personal therapy and 100 hours of practice supervised by an accredited practice supervisor during training. This will entail additional costs for those students.

Course background
The programme is jointly co-ordinated and delivered by UCC and the Health Service Executive (HSE) Cork Kerry Community Healthcare Addiction Services.

Course start date
September 2019.

Course location
UCC Campus.

Application
Closing date - 30 August 2019.

Cost
€990 per year.
Course aims and objectives
This Higher Diploma is a transition course providing a foundation in social policy for graduates of other disciplines. The course is designed to enable people to have the opportunity to pursue further training and careers in social work or social policy. Successful completion of the programme to good honours standard confers eligibility to apply for programmes such as the MSoSc (Social Work) and the research degree in social policy. There may, in addition, be non-academic entry requirements for these programmes which must also be met. Please consult the school website for more detailed information on entry requirements for particular programmes. The Higher Diploma in Social Policy is not of itself a professional qualification.

Course content
This Higher Diploma provides a selection of modules from the BSoSc undergraduate Social Policy programme which students cover in a single year. Students attend classes with Level 1, 2 and 3 undergraduates.

There are a number of core modules which all Higher Diploma students must take, in addition to the optional modules which they choose. Students who wish to apply for the Master of Social Science (Social Work) programme are strongly advised to take optional modules in ‘Introduction to social work’ and ‘Social work in practice’.

Core modules for previous years include the following:
* Comparative social policy
* Gender and social policy analysis

Optional modules for previous years included the following:
* Introduction to social work
* Social work in practice
* Policy making, implementation and evaluation
* Sustainable development, community development
* Alcohol and drug policy
* Development of social policy
* Housing and social cohesion
* Crime, social services and the justice system
* Economics of social policy
* Sexual and reproductive health research

Students will be given full details of the current core modules and optional modules at the beginning of the academic year. Detailed module outlines and booklists for individual modules will be made available by individual lecturers.

Target group
Graduates wishing to pursue further training and careers in social work and social policy.

Entry requirement
Applicants to the HDip programme who intend to apply for the MSoSc(Social Work) should note that they will be expected to have a minimum of 420 hours relevant paid or voluntary work experience by the closing date for applications to the Masters programme, in addition to the academic requirements. (Placements do not count towards these but may be drawn upon at interview should you be shortlisted). Applicants with fewer hours may still be
considered at the discretion of the school.

**Selection procedure**
The minimum standard for entry is a NFQ level 8 degree in any subject. However, students are normally expected to have achieved a minimum grade of 2.2 (second class honours, grade 2). If the degree grade is given as a GPA, the standard for entry is the GPA equivalent of a second class honours, grade 2 in the institution which awarded the degree. This may vary between institutions. For degrees awarded by UCD it is a GPA of 2.48. Applicants whose degree was awarded outside Ireland should contact the school office to check the equivalency of their qualifications.

Click for further details
https://sisweb.ucd.ie/usis/IW_HU_MENU.P_PUBLISH?p_tag=PROG&MAJR=W050

**Qualification**
Higher Diploma in Social Policy (HDipSP)

**Assessment**
Submission of written work throughout the year, in addition to examinations.

**Accreditation**
University College Dublin

**Course background**
n.a.

**Course start date**
September each year. A full-time course lasting one academic year.

**Course location**
UCD Dublin

**Application**
The course will be held only if a sufficient number of suitably qualified candidates apply. Once the course has filled, applicants may be placed on a waiting list or advised to re-apply the following year.

**Cost**
EU fee per year - €6475; non-EU fee per year - €12,800. Successful applicants will be required to pay a non-refundable deposit of €500 upon acceptance of a place.
Course aims and objectives
This academic level 5 course is for those working in a variety of settings supporting individuals who misuse alcohol and/or drugs. The course is taught part-time, one day each week during term time, over 3 academic years. There is an exit award possible after 18 months.

The course also aims to help students develop an understanding of personal, professional, ethical and legal issues that may affect practice and to foster personal and professional development in terms of reflective practice, self-awareness. The diversity of modules is aimed at enhancing the student’s depth and breadth of knowledge and skills, enabling him/her to provide effective and evidence-based support.

Course content
The modules covered include:

- The impact of substance misuse on health and wellbeing
- Recognition of drug & alcohol use
- Legal and ethical issues in drugs and alcohol
- Screening, assessment and support planning
- Introduction to interventions
- Harm reduction strategies
- Evidence based practice
- Motivational interviewing
- Work based learning
- Hidden harm
- Mental health, drugs & alcohol use

Target group
This academic level 5 (UK) Level 7 (Ireland) course is aimed at staff working in a variety of settings supporting individuals who misuse alcohol and/or drugs, including housing, homelessness, working with young people and families and other health and social care settings.

The course would also support those who wish to work in this sector, and has placement of 240 hours for those not already employed in a relevant occupation.

Entry requirement
Applicants must satisfy Ulster University's general entry requirements as set out in the Prospectus or demonstrate their ability to undertake the course through the accreditation of prior experiential learning (APEL). See Prospectus entry.

Applicants must normally:

(a) Have attained a Pass in one subject at GCE ‘A’ Level and Grades A - C in four other subjects at GCSE Level or equivalent or an equivalent standard in an approved professional or other qualification

and

(b) Provide evidence of competence in written and spoken English; (GCSE Grade C or equivalent. Satisfactory ACCESSNI Enhanced Disclosure must be completed at commencement of the course. Please see College website for qualification equivalencies

Selection procedure
Interview. See website for more details
http://www.nwrc.ac.uk/part-time-how-to-apply

Qualification
Foundation Degree in Responding to Alcohol and Drug Misuse (validated by Ulster University)
Assessment
Assessment is through a variety of methods including; essays, reports, presentations, exams

Accreditation
Validated by Ulster University

Course background
Students who successfully complete the Foundation Degree may be eligible to apply for entry to the final year of the BSc Hons Health and Wellbeing, or BSc Hons Applied Health Studies programmes at Ulster University

Course start date
September

Course location
North west Regional College, Strand Road Campus, Derry

Application
See college website http://www.nwrc.ac.uk/part-time-how-to-apply/ or email contact person as above for more information

Cost
See prospectus for up to date fees (£740 for full fee in 2019)
Course aims and objectives
This programme aims to develop an understanding and analysis of theories and practices of addiction studies and community development. It will support the professional development of people who are employed in the field of addiction studies and community development, people who work in the community in a voluntary capacity and people with an interest in addiction studies and community development.

Course content

Year 1
Learning to learn at third level
Introduction to community development
The nature and context of addiction
Group work and facilitation skills
Social analysis
Drug prevention, education and awareness

Year 2
Approaches to treatment and rehabilitation
Community development and practical approaches
Understanding and managing conflict in a community development context
Reflective practice: knowledge, skills and attitude
Social policy
Introduction to counselling and motivational interviewing

Year 3
Community development and technology
Research methods and practice
Project cycle management in the community and voluntary sector
Community education and transformational change
Drugs and crime in a global context
Community drug work and leadership in practice

Target group
People who are employed in the field of addiction studies and community development; people who work in the community in a voluntary capacity; and people with an interest in addiction studies and community development.

Past students of the two year part time UCD Diploma in Community Drugs Work, or equivalent.

Entry requirement
Applicants should have completed the Leaving Certificate or a Certificate at Level 5 of the National Framework of Qualifications in addiction studies and community development or a related area. Other applicants will be considered on a case-by-case basis in accordance with the Institute of Technology Carlow policy on recognition of prior learning.

Selection procedure
Applications are treated on a case-by-case basis. Applicants may be required to attend for an interview. See website http://www.ancosan.ie/higher-education.php

Qualification
Bachelor of Arts in Applied Addiction Studies and Community Development (awarded by the Institute of Technology Carlow).

Assessment
A variety of assessment methods such as reflective journals, presentations, research projects and portfolios, written examination and assignments are used on the programme.

Accreditation
NFQ Level 7 (180 ECTS)
Course background
This BA was new in 2012.

Course start date
The programme runs from September to June and operates on a three-year cycle.

Course location
Tallaght, Dublin

Application
For further information or to express your interest in the programme contact Eithne Dunne at An Cosán.

Cost
€2,000 per year (subject to change). Phased payment options are available.
Course Provider
Irish College of Humanities and Applied Sciences (ICHAS)

Address
Walton House, Lonsdale Road, National Technology Park, Castletroy, Limerick

Web address
http://www.ichas.ie/

Contact Person(s)
Administration offices
061 216 288
info@ichas.ie

Course aims and objectives
Delivered over 3 years, it combines a range of comprehensive theory and practical skills development. Each year consists of two 12-week terms. The course will commence in September and can be taken on a full time or part-time basis. The programme is taught using a combination of classroom based and blended learning techniques. This allows the learner to access classes in person or using on-line facilities. In certain modules attendance may be a requirement.

Course content
Year 1
- Ethics & professional issues
- Counselling & psychotherapeutic skills & practices 1
- Theoretical perspectives in counselling & psychotherapy
- Human development
- Research and inquiry for counselling & psychotherapy
- Theoretical perspectives in therapeutic engagement in practice
- The mental health continuum
- Introduction to personal development

Year 2
- Counselling & psychotherapeutic skills & practices 2
- Group facilitation
- Cultural issues in professional practice
- Theory of psychological & psychometric assessment
- Simulated experiential learning
- Theoretical aspects of addiction
- Bio-physiological aspects of addiction
- Personal development & self caring practices

Year 3
- Elective
- Bereavement, loss & grief
- Application of psychological and psychometric assessment
- Prevention & health promotion approaches in addiction
- Family & systems theory
- Intervention modalities in addiction
- Theory/practice integration
- Facilitating personal development

Target group
Those who are interested in pursuing a degree in Counselling Skills and Addiction Studies.

Entry requirement
To join the B.A in Counselling Skills & Addiction Studies, applicants must meet the following requirements;
• Be over 18 years of age.
• Complete and submit the completed application form and provide all requested information.
• For non-CAO, complete an interview process, which is designed to explore your reasons for taking the programme and to ensure that it is suitable for your needs. ICHAS is committed to ensuring that the programme you are on is right for you.
• Complete the Garda vetting procedure.
• English language proficiency certificates (e.g. IELTS of 6 or equivalent) if applicable. Please see http://ichas.ie/prospective-students/international-applicants/
If you are under 23 years of age and applying for the fulltime programme you have to apply through the CAO website on www.cao.ie. Normally this requires applicants to have successfully completed the Leaving Certificate programme and to have obtained a minimum of 250 points. A minimum grade of D1 in English is stipulated.

Please see further information at http://ichas.ie/courses/b-counselling-skills-addiction-studies/

**Selection procedure**

Apply via http://ichas.ie/courses/b-counselling-skills-addiction-studies/

**Qualification**

NFQ Level 7 - B.A in Counselling Skills & Addiction Studies

**Assessment**

The modules above will be assessed using a range of assessment approaches including continuous assessment, project work, practical exercises and terminal assessments.

**Accreditation**

QQI – Quality and Qualifications Ireland

**Course background**

Addiction affects areas of our society at many levels and its effects on individuals, families and society in general can be devastating. Career opportunities in this area has grown in Ireland in the last few years. Trained professionals are required as part of the National Strategy to help improve addiction services and support those who are striving towards recovery. The decision by Government to proceed with statutory regulation of counselling and psychotherapy will also enhance future employment prospects for graduates. The B.A in Counselling Skills & Addiction Studies meets the new national standards for Counselling and Psychotherapy. The programme is validated by Quality and Qualification Ireland (QQI) at level 7 on the National Framework of Qualifications.

**Course start date**

September: 1 Year Headstart Modules available from January.

**Course location**

Full-time in Limerick & Dublin. Part-time Nationwide (Blended)

**Application**

Please contact our Administration Office on 061 216288, or apply online at http://ichas.net/ichas-application-form-courses/

**Cost**

€3,819 p/a. Students can pay in instalments and all fees are fully protected under our Protection of Enrolled Learners’ Policy. Academic Administration fees are charged separately and are €300. See further info at www.ichas.ie
C14  B.A (Hons) IN COUNSELLING SKILLS AND ADDICTION STUDIES

Course Provider
Irish College of Humanities and Applied Sciences (ICHAS)

Contact Person(s)
Administration offices

Address
Walton House, Lonsdale Road, National Technology Park, Castletroy, Limerick

Web address
http://www.ichas.ie/

Course aims and objectives
The B.A. (Hons) in Counselling & Addiction Studies Course is a 1-year add-on programme to our Level 7 programme at ICHAS or equivalent Level 7 qualification in a related field of study. This programme was recently revised and validated by Quality and Qualification Ireland (QQI) in 2015. The course is highly interactive and it has been designed specifically for those who want to study to become competent professional practitioners in counselling and addiction related areas.

Course content
The course covers a range of subjects which when taken together provide a syllabus designed to develop competent professional practitioners. The subjects covered are designed to be both practical and theoretical:

- Psychopathology
- Principles & Practice of Group Therapy
- Contemporary Discourses in Counselling & Addiction Studies
- Managing Process and Behavioural Addictions
- Advanced Counselling & Psychotherapeutic Skills
- Final Year Project
- Applied Practice
- Elective Module

Total Number of Credits  60

Target group
Those who are interested in continuing their studies and growing their expertise in Counselling Skills and Addiction Studies.

Entry requirement
To join the B.A (Hons) in Counselling and Addiction Studies, applicants must meet the following requirements:

- Hold a Level 7 or equivalent qualification in a related area of study
- Be over 18 years of age.
- Complete and submit the completed application form and provide all requested information.
- For non- CAO, complete an interview process, which is designed to explore your reasons for taking the programme and to ensure that it is suitable for your needs. ICHAS is committed to ensuring that the programme you are on is right for you.
- Complete the Garda vetting procedure.

English language proficiency certificates (e.g. IELTS of 6.0 or equivalent) if applicable. Please see http://ichas.ie/prospective-students/international-applicants/

If you are under 23 years of age and applying for the fulltime programme you have to apply through the CAO website on www.cao.ie. Normally this requires applicants to have successfully completed the Leaving Certificate programme and to have obtained a minimum of 250 points. A minimum grade of D1 in English is stipulated.

Selection procedure
Apply via http://ichas.ie/courses/b-hons-counselling-addiction
Qualification
NFQ Level 8 - B.A. (Hons) in Counselling & Addiction Studies

Assessment
The modules will be assessed using a range of assessment approaches including continuous assessment, project work, practical exercises and terminal assessments. ICHAS has always, and will continue to work closely with students to employ a range of assessment activities, and support students to achieve their best in each type of assessment activity. We recognise that many students may not have studied in a long time and we have developed systems and individual approaches to support students as they adapt to higher education.

Accreditation
QQI – Quality and Qualifications Ireland

Course background
The B.A. (Hons) in Counselling & Addiction Studies Course is a 1-year add-on programme to our Level 7 programme at ICHAS or equivalent Level 7 qualification in a related field of study. This programme was recently revised and validated by Quality and Qualification Ireland (QQI) in 2015. The course is highly interactive and it has been designed specifically for those who want to study to become competent professional practitioners in counselling and addiction related areas.

Course start date
September: 1 Year. (One year add-on programme to BA).

Course location
Full-time in Limerick & Dublin. Part-time Nationwide (Blended)

Application
Please contact our Administration Office on 061 216288, or apply online at http://ichas.net/ichas-application-form-courses/

Cost
€3,819 p/a. Students can pay in instalments and all fees are fully protected under our Protection of Enrolled Learners’ Policy. Academic

Administration fees are charged separately and are €300 p/a.
Course aims and objectives
This four year course is a collaborative programme between the Institute of Technology Tralee and Cuan Mhuire/Galilee House of Studies.

The purpose of this programme is to provide systematic training in counselling theory and practice at a level that prepares participants to counsel in a variety of settings and to use various counselling approaches.

Course content
The programme will be delivered by a team of experienced practising addiction counsellors and third level academic staff in Galilee House of Studies, Athy, Co. Kildare (Year 1 and Year 2) and the Institute of Technology Tralee, Co. Kerry (Year 3), with practice placement undertaken in Cuan Mhuire’s residential centres or other relevant clinical sites across Ireland (Year 4).

Target group
Those interested in counselling.

Entry requirement
Applicants must: Be over 23 years of age on the 1st of January on the year of entry. AND Hold a Leaving Certificate or equivalent with a minimum of 2 x H5 and 4 x 06/H7. OR • Hold a full QQI (level 5) award with a minimum of 3 distinctions. OR • Have completed a recognition of prior learning (RPL) process with the college (applicants, who hold other qualifications and/or experience, may be considered for a place on this undergraduate programme).

Selection procedure
Visit course website or http://www.ittralee.ie/en/

Qualification
Ba (Honours) in Counselling with Addiction

Assessment
See course description.

Accreditation
NFQ level 8. Graduates will also be accredited with the Irish Association for Counselling and Psychotherapy (IACP), Addiction Counsellors of Ireland (ACI) and the National Association of Pastoral Counselling and Psychotherapy (NAPCP).

Course background
Cuan Mhuire is Ireland’s largest multi-site provider of residential detoxification and treatment for those suffering from addiction. Galilee House of Studies is an established provider of a higher education undergraduate diploma programme in counselling located in Athy, Co. Kildare.

Course start date
September

Course location
Athy Co Kildare and Tralee, Co Kerry

Application
Apply to IT Tralee.

Cost
Tuition fees are covered by the Free Fees Initiative, see www.studentfinance.ie. • Students who are eligible for the free fees scheme are required to pay a student contribution charge of €3,000 (2016/17). • Students will be required to pay for additional personal supervision and counselling fees during the programme.
Course Provider
Cuan Mhuire and IT Tralee

Address
Tralee, Co Kerry

Web address
http://www.ittralee.ie/en/

Course aims and objectives
Graduates of counselling and psychotherapy programmes, completing studies in 2019 will be regulated under CORU, and all of the relevant Irish professional bodies will require practitioners in counselling to hold, as a minimum entry qualification, a NFQ Level 8 (Honours) Degree in counselling.

This one year programme has been specifically designed to facilitate holders of an NFQ Level 7 qualification in counselling to upskill and bring their qualifications into line with the upcoming changes in regulation.

Course content
The first semester
• Research methods
• Psychodynamic perspectives
• Motivational interviewing
• Clinical supervision

The second semester
• Dissertation
• Advanced addiction studies

Target group
Counsellors with a NFQ Level 7 qualification in counselling.

Entry requirement
Applicants must be 23 years of age on 01 January on the year of entry AND hold an NFQ Level 7 in Counselling (or equivalent) AND are accredited as counsellors with the IACP or ACI or NAPCP.

See course website for further requirements or http://www.ittralee.ie/en/

Selection procedure
See requirements.

Qualification
Ba (Honours) in Counselling with Addiction

Assessment
As per course description

Accreditation
IT Tralee.

Course background
This is a collaborative programme between the Institute of Technology Tralee and Cuan Mhuire/Galilee House of Studies in Athy, Co. Kildare.

Course start date
September. Part time.

Course location
Athy, Co Kildare

Application
Apply to IT Tralee.

Cost
Tuition fees are covered by the Free Fees Initiative, see www.studentfinance.ie. • Note, students who are eligible for the free fees scheme are required to pay a student contribution charge of €3,000 (2016/17).
C17 MASTERS DEGREE IN COGNITIVE BEHAVIOURAL THERAPY

Course Provider
Irish College of Humanities and Applied Sciences (ICHAS)

Contact Person(s)
Administration offices

Address
Walton House, Lonsdale Road, National Technology Park, Castletroy, Limerick

Web address
http://www.ichas.ie/

Course aims and objectives
As part of this Masters programme, you will study the fundamental theories of cognitive behavioural therapy as well as advanced cognitive behavioural skills. There is also a module specifically supporting you to understand psychopathology. In addition you will study evidence based practice and research methods and design.

All of these modules are designed to support you to apply all these elements of learning during the 200 hours of client work you are required to engage with in a practicum module as well as in the completion of a dissertation. The programme combines both theory and practical skills in a way that supports the academic and professional development of the learner.

Course content
The Programme is divided into Modules each of which has Educational Credits (ECTS) associated with them. Each Module may also be taken on a stand alone basis. It is also important to note that students who complete 60 ECTS and who wish to exit the programme without completing their Dissertation may be awarded a Postgraduate Diploma in Counselling and Psychotherapy.

The course covers a range of subjects which are structured to develop competent professional practitioners. The subjects covered are designed to be both practical and theoretical:

- Fundamentals of Cognitive Behavioural Approaches
- Cognitive & Behavioural Approaches in Therapeutic Interventions
- Advanced Cognitive Behavioural Skills
- Innovations in CBT Practice
- Understanding Psychopathology
- Evidence Based Practice & Research
- Research Methods and Design
- Elective Module
- Practicum
- Dissertation

Total credits 90

Target group
The course is suitable for those who have completed a Level 8 programme in the fields of counselling, psychology, psychotherapy, health and social care or who have relevant professional practice.

Entry requirement
A minimum of a 2.2 Level 8 degree (or its equivalent) in a related discipline. Applicants with relevant experience will also be considered through APL/RPL. Applicants are also required to complete a short interview. See full list of requirements at http://ichas.ie/courses/m-cognitive-behavioural-therapy/

Selection procedure
By application and interview. For more information visit the course website at http://ichas.ie/courses/m-cognitive-behavioural-therapy/

Qualification
NFQ Level 9 - Masters in Cognitive Behavioural Therapy
Assessment
The programme has been designed to enable learners to demonstrate their academic and reflective learning in appropriate ways. The assessment strategy accommodates different learning styles and therefore the programme assesses learners using a range of practical assignments, essays, learning journals, examinations, reflective exercises and projects. The completion of a research based dissertation is a central part of the Masters programme and each student is supported by an academic supervisor for the entire period of their dissertation.

Accreditation
QQI – Quality and Qualifications Ireland

Course background
Mental health interventions and appropriately qualified individuals trained to oversee those interventions continue to grow in importance in Ireland. Cognitive Behavioural Therapy is generally seen as one of the best psychotherapeutic approaches to support and treat individuals to cope with a range of mental health issues. This Master’s in Cognitive Behavioural Therapy is regarded as one of the most innovative programmes of its kind in Ireland. The programme sets out to develop professional practitioners who can work individually in professional practice or as part of multi-disciplinary team in a range of settings using CBT approaches.

Course start date
September. Duration: 1 Year (all modules) or 2 Years (Year 1: Taught Modules; Year 2: Dissertation & Practicum). Headstart Modules available from January. Please see website for more details

Course location
Nationwide (Blended)

Application
Please contact our Administration Office on 061 216288, or apply online at http://ichas.net/ichas-application-form-courses/

Cost
Tuition fees for the Full -Time programme are €7,950 (completed over 1 year) or €8,950 where the programme is taken on a Part time basis
Course Provider
Irish College of Humanities and Applied Sciences (ICHAS)

Address
Walton House, Lonsdale Road, National Technology Park, Castletroy, Limerick

Web address
http://www.ichas.ie/

Contact Person(s)
Administration offices
061 216 288
info@ichas.ie

Course aims and objectives
This M.A in Counselling and Psychotherapy is a specialist programme which enables learners to develop the skills, knowledge, attitude and approach necessary to work as a professional counsellor or psychotherapist in a range of settings. Graduates will be complex consumers of evidence based practice. Higher order practice in counselling and psychotherapy is largely dependent on the capacity of practitioners to integrate theory and practice in a reflective manner and the development of reflective competencies is central to this programme.

As part of this Masters programme, you will study the fundamental theories of counselling and psychotherapy as well as psychotherapeutic skills and engagement. There is also a module specifically supporting you to understand psychopathology. In addition you will study evidence based practice and research methods and design.

All of these modules are designed to support you to apply all these elements of learning during the 200 hours of client work you are required to engage with in a practicum module as well as in the completion of a dissertation. The programme combines both theory and practical skills in a way that supports the academic and professional development of the learner.

Course content
The Programme is divided into Modules each of which has Educational Credits (ECTS) associated with them. Each Module may also be taken on a stand alone basis. It is also important to note that students who complete 60 ECTS and who wish to exit the programme without completing their dissertation may be awarded a Postgraduate Diploma in Counselling and Psychotherapy.

The course covers a range of subjects which are structured to develop competent professional practitioners. The subjects covered are designed to be both practical and theoretical:

- Principles and theories of counselling and psychotherapy
- Counselling & psychotherapeutic practice
- Psychotherapeutic skills & engagement
- Integrative approaches to psychotherapeutic practice
- Understanding psychopathology
- Evidence based practice & research
- Research methods and design
- Elective module
- Practicum
- Dissertation

Total credits 90

Target group
The course is suitable for those who have completed a level 8 programme in the fields of counselling, psychology, psychotherapy, health and social care or who have relevant professional practice.

Entry requirement
A minimum of a 2.2 level 8 degree (or its equivalent) in a related discipline. Applicants with relevant experience will also be considered through APL/RPL. Applicants are also required to complete a short interview. See full list of requirements at http://ichas.ie/courses/m-counselling-psychotherapy/
Selection procedure
By application and interview. For more information visit the course website at http://ichas.ie/courses/m-counselling-psychotherapy/

Qualification
NFQ Level 9 – Masters in Counselling and Psychotherapy

Assessment
The programme has been designed to enable learners to demonstrate their academic and reflective learning in appropriate ways. The assessment strategy accommodates different learning styles and therefore the programme assesses learners using a range of practical assignments, essays, learning journals, examinations, reflective exercises and projects. The completion of a research based dissertation is a central part of the Masters programme and each student is supported by an academic supervisor for the entire period of their dissertation.

Accreditation
QQI – Quality and Qualifications Ireland

Course background
The M.A. in Counselling and Psychotherapy is one of the most innovative programmes of its kind in Ireland. The programme is designed for those who have a broad range of undergraduate or professional qualifications and training in health, social and human science disciplines and the programme supports the development of reflective professional practitioners who can demonstrate the type of higher order competence expected of practitioners who are qualified at Masters level. Graduates will have demonstrated that they have the proven capacity to work autonomously in professional practice or as part of a multi-disciplinary team in a range of settings using Counselling and Psychotherapeutic approaches. It is one of the first programmes in Ireland to have been formally confirmed to meet the new award standards in Counselling and Psychotherapy.

Cost
Tuition fees for the Full-time programme are €6,165 (completed over 1 year) or €7,165 where the programme is taken on a part-time basis (completed over 2 years). Students can pay in instalments and all fees are fully protected under our Protection of Enrolled Learners’ Policy. See http://ichas.ie/courses/m-counselling-psychotherapy/ for further information

Course location
Nationwide (Blended)

Application
Please contact our Administration Office on 061 216288, or apply online at http://ichas.net/ichas-application-form-courses/

Course start date
September. 1 Year (all modules) or 2 Years (Year 1: Taught Modules; Year 2: Dissertation & Practicum). Headstart Modules available from January.
Course aims and objectives

1. To bring the core theory of Addiction Recovery (AR) to health and social care students and to support the application of the AR model in the health and social care domains of practice.

2. To critically appraise and analyse the factors impeding implementation of an Addiction Recovery model in a variety of settings.

3. To foster multi-disciplinary learning in an academic setting where the multi-disciplinary and multi-organisational backgrounds of the students will be developed as a source of learning.

Course content

The course comprises 90 ECTS credits in total. There are 12 taught modules, which might be altered depending on the staff availability: Current and historical approaches to the theory and treatment of addiction, Basic concepts and policy in recovery: Research methodology 1, Research methodology 2, Substance addiction psychopharmacology, Neurobiology of addiction, Social policies and social context of addiction recovery, Theory, Techniques and interventions, Clinical application of evidenced based intervention, Mental health and supervised clinical application 1, Mental health and supervised clinical application 2 (emphasis on adolescent populations), and Implementation strategies. There is also a dissertation module.

Visit the course website.

Target group

The MSc is designed for addiction recovery practitioners working across the addiction and support services.

Entry requirement

This course will be of interest to those who have responsibility for delivery and implementation of Addiction Services. The aim of this interdisciplinary course is to provide high-quality training for health and social care practitioners in the theoretical and practical aspects of Addiction Recovery. The Masters in Science in Addiction Recovery will have a strong component of action learning in the workplace. The course will also provide students with an opportunity to critically explore and evaluate emerging field of Addiction Recovery. Graduates of this course will be expected to promote and develop excellence in Addiction Recovery.

The entry requirement for the course is at graduate level. Prospective students will be graduates in a health or social care-related discipline with at least 3 years’ professional experience.

Other applications may be considered in exceptional circumstances based on workplace experience. In the case of applicants with no professional experience, a submission may be considered by the course committee where the student can secure placement for the duration of the course and the course committee are satisfied that the student will adequately benefit from completing the course. Applications for admission to the course will be made online. Short-listed applicants may be interviewed.
Selection procedure
The closing date for applications for entry to the course will be the end of June of the year of admission; however, late applications will be considered in the event of places not being filled. See course website for more course details.

Qualification
MSc

Assessment
As per curriculum

Accreditation
TCD

Course background
The course is offered by the Department of Public Health & Primary Care at the School of Medicine, Trinity College Dublin with a range of teaching from leading experts from across Trinity College as well as leading clinicians the Health Service Executive. The course is a fusion between Public Health, Psychiatry, Psychology and Neuroscience. It is the first course of its kind in Ireland.

Course start date
September. The course runs one-year full-time. Course attendance comprises three-day blocks each month (Tuesday to Thursday) to facilitate work release. Each course attendance day consists of six hours of lecture sessions, workshops or tutorials.

Course location
Trinity College Dublin

Application
Applications for this course should be made online. For more information contact Dr. Jo-Hanna Ivers jivers@tcd.ie or Professor Joe Barry joebarry@tcd.ie

Cost
Contact course providers.
**Course aims and objectives**

**Aims:**
- To formally explore addictions from a variety of academic and scientific perspectives; including social, cultural, psychological, anthropological, and psychoanalytic perspectives
- To evaluate how these perspectives interact and how they differ from each other
- To critically inform policy making in relation to addictions, as well as the management of addiction services and the treatment of addictions

**Course content**

**Semester 1:**
- Basic concepts in psychoanalysis
- Approaches to the theory & treatment of addiction
- Transference issues in addiction treatment
- Research methodology 1

**Semester 2:**
- Cultural issues in the study of addiction
- Social policies & social context of addiction
- Research methodology 2
- Integrative tutorials
- Clinical visits

**Semester 3:**
- Clinical visits
- Research project

**Target group**

This programme is designed for students with a background in psychology, psychoanalysis, anthropology, sociology, or a cognate discipline who wish to acquire a postgraduate qualification in the area of Addiction. It is also very suitable for applicants with a clinical training in health or social care who wish to apply a knowledge of the theory and approaches to addiction to their clinical work. In addition, the course provides an exciting and thought-provoking foundation for students who may wish to subsequently pursue training in the counselling or psychotherapy of addiction.

The full-time day programme is one year in duration & contains three twelve week semesters. The course has four key components:
- An academic programme of lectures
- A weekly seminar with emphasis on research
- Clinical visits to addiction treatment centres
- A period of research for an extended thesis

**Entry requirement**

To be considered for admission, applicants must:
- Hold a minimum Second Class Honours (2:2) Degree in any humanities or social science discipline from a recognised third level institution, or equivalent qualification,
- Be a graduate of any non-cognate discipline & hold a qualification in a conversion style programme such as a Postgraduate Higher Diploma in Psychoanalytic Studies, or
- Have an equivalent professional qualification.

In addition, applicants whose first language is not English must:
- Hold an IELTS score of a minimum 6.0 or equivalent

**Selection procedure**

For more information about the course, see the course website at [http://www.dbs.ie/Addiction-Studies-MA.htm](http://www.dbs.ie/Addiction-Studies-MA.htm)

**Qualification**

Master of Arts
Assessment
Assessment is by examination, project and presentation work and continuous assessment

Accreditation
HETAC Level 9

Course background
This course was first offered in 1999 and is repeated annually.

Course start date
Full time, for 26 weeks, from October to May; clinical visits and thesis work continuing until August. Also offered part-time over 2 years.

Course location
Dublin Business School, Dublin

Application
For further information please contact the Admissions Office on 01 4177500 or visit our website www.dbs.ie

Cost
The course fees for the next academic year are €8,700 for one year, and €4,350 for two years for EU students.
Course aims and objectives
This course is designed for students who wish to gain specialist training and a Level 9 Masters qualification in counselling & psychotherapy for teenagers and children under 18.

It will provide you with the theoretical background and practical skills to work with children and adolescents in a therapeutic setting, with particular emphasis on working through creative approaches.

This course is pending validation by Middlesex University

Course content
Exploring creative media such as art, sandplay, therapeutic storytelling, drama, music and other approaches, this course places significant emphasis on experiential learning and the acquisition of key skills for work with young clients. It draws on established and current theory in counselling and psychotherapy, up to date approaches in child and adolescent mental health, lifespan development, family systems and trauma.

Students will also engage in clinical placement work of 100 hours over the duration of the course to put into practice the skills and knowledge gained in the programme. Individual clinical supervision will be required and personal therapy is required for students.

Target group
The course is suitable for counsellors/psychotherapists, social workers, guidance counsellors, psychologists, youth workers, teachers and other related disciplines that work therapeutically with those under 18.

Entry requirement
Year One: Students entering the MA course must hold a relevant honours degree (Level 8 or equivalent; Final grade 2.2 or above). Students who do not meet this criteria may be eligible to enter the course on the basis of prior learning and experience in the area.

Year Two: Students who hold a Postgraduate Certificate in Child and Adolescent Counselling & Psychotherapy (PCI College or equivalent) may apply for entry to Year 2 of the course. Students entering the course at Year 2 must hold a relevant honours degree (Level 8 or equivalent; Final grade 2.2 or above). Students who do not meet this criteria may be eligible to enter the course on the basis of prior learning and experience in the area.

Selection procedure
For further course information visit www.pcicollege.ie/counselling-courses/child-adolescent-counselling-psychotherapy

Qualification
Middlesex University MA in Child and Adolescent Counselling & Psychotherapy (pending validation)

Assessment
Written and practical assignments

Accreditation
Middlesex University

Course background
This course has been run for a number of years.

Course start date
5th October 2019 (Dublin West) & 12th October 2019 (Limerick) Two years, part-time.
**Course location**
Clondalkin, Dublin and Limerick.

**Application**
Entry is by application form and interview. Please contact Lynn or Declan at 01-4642268 or enquiries@pcicollege.ie with any queries and to add your name to the waiting list. Application Deadline: 26th August 2019.

**Cost**
Year 1: €3,670 + Middlesex University Registration Fee €1,200, Year 2: €4,250
Course aims and objectives
There is a growing awareness of the widespread harm caused by addiction to individuals, families and society at large and an evolving shift of reliance from a medically based model of treatment to engaging in Talking Therapies. In an experiential and participative environment, this course offers students the opportunity to acquire key skills and theoretical knowledge to effectively engage with the addiction recovery process.

Course content
Each module is 30 hours duration

Year 1 modules: 60 credits (equivalent to 30 ECTS credits)
- Theories of addictive behaviour: history & current situation
- Generic & specific therapy skills for addiction
- Drugs of abuse: biological, psychological & social aspects
- The motivational interviewing approach

Year 2 modules: 60 credits (equivalent to 30 ECTS credits)
- Behavioural addictions: gambling, sex etc.
- The CBT approach to working with addiction
- The family dimension in addiction
- Dual diagnosis: common mental health problems in addiction

MSc component: 60 credits (equivalent to 30 ECTS credits)
- Case study & dissertation

Additional course requirements:
- 100 hours clinical placement / client work*
- 20 sessions with a qualified supervisor to review client work
- 20 hours personal therapy - 10 of these hours must be completed before commencing client work.

Target group
This course is intended for Professionals currently or considering working within addiction services in professions including Counsellors/Psychotherapists, doctors, nurses, youth workers, social carers, social workers, psychologists etc. who wish to solidify and enhance their qualifications and to gain contemporary theoretical knowledge and practical skills to work therapeutically with those affected by addiction.

Entry requirement
Applicants are required to hold a relevant honours degree (Level 7 NFQ or equivalent; Final grade 2.2 or above).

Applicants who do not meet these criteria may be eligible to enter the course on the basis of prior learning and experience in the area. Students applying on the basis of prior learning must provide evidence of their knowledge, skill and ability to pursue this programme of study. This should be in the form of a career portfolio outlining and demonstrating your career path as is relevant to this course (including transcripts of
any relevant results, statements of prior learning based on systematic reflection) and be must be submitted with your application.

Applicants should ideally have access to opportunities for client work in their current role and be able to apply theoretical principles and practice in their current workplace.

**Selection procedure**
There are a limited number of places available (18). Selection is based on application and interview. Please see course website for selection procedure [http://www.pcicollege.ie/postgraduate-addiction-counselling](http://www.pcicollege.ie/postgraduate-addiction-counselling)

**Qualification**
MSc Addiction Counselling & Psychotherapy

**Assessment**
Written and practical assignments.

**Accreditation**
Validated by Middlesex University

**Course background**
PCI runs a number of courses.

**Course start date**
11 October 2019.

**Course location**
Clondalkin, Dublin

**Application**
Application form available by email or on website, details above.

**Cost**
Year 1: €3,670* + Middlesex University Registration Fee €1,200** (€3,150 for PCI College Graduates + MU Registration Fee €1,200**). Year 2: €4,250
Course aims and objectives
The Master of Arts in Advanced Facilitation Skills for Promoting Health and Well Being is an innovative practice orientated programme, the only one of its kind nationally. It is designed to enhance personal growth and development to advance knowledge, skills, attitudes and competencies required for effective facilitation for promoting health and well-being with groups, individuals and key populations.

Course content
The MA in Advanced Facilitation Skills for Promoting Health and Well Being has a strong focus on personal development and the acquisition of facilitation skills to an advanced level both in practice and within a wider theoretical perspective. Experiential learning is the methodology used throughout the course which supports students to develop their skills through the medium of the group process [max 16], reflective practice, practical experience and research. A student who accumulates 60 credits in Semesters 1 and 2 and who does not wish to complete the MA may, at the discretion of the programme board, be awarded a Postgraduate Diploma in Advanced Facilitation Skills for Promoting Health and Well Being.

Target group
This programme is for all people whose core work involves communication with others; it is an invaluable asset to many professionals such as Community, Social and Youth Workers, Teachers, Health Professionals, those in positions of management and those working with marginalised groups. The programme provides an opportunity for individuals to acquire the knowledge and skill set to support them to deliver on the priorities identified in ‘Healthy Ireland’ which is the national framework for action to improve the health and wellbeing of the people of Ireland.

Entry requirement
- Applicants should hold a qualification at NFQ Level 8 Honours (2.2) degree or equivalent.
- Applicants who do not hold the standard qualifying NFQ Level 8 Qualification criteria, but have relevant work experience and study may be considered for admission to the programme under the Institute’s Recognition of Prior Learning (RPL) process and subject to an interview.
- Normally applicants are subject to a pre-entry interview in order to be considered for a place on the programme.
- Applicants whose primary language is not English must submit evidence of competency in English. Please see our website for more details [www.wit.ie/englishrequirements](http://www.wit.ie/englishrequirements).

Selection procedure
Applications for this programme are made online by going to [www.pac.ie](http://www.pac.ie) (code WD591). [Course website](http://www.wit.ie)

Qualification
MA In Advanced Facilitation Skills for Promoting Health and Well Being

Assessment
As per course requirements

Accreditation
Waterford IT
Course background
This Masters was formerly known as the MA in Social Personal and Health Education and has been reconfigured.

Course start date
January 2020

Course location
Waterford and Dublin

Application
Applications for this programme are made online Admissions queries contact Graduate Admissions T: +353 (0)51 302670 E: pgadmissions@wit.ie

Cost
For information on fees please visit the website at www.wit.ie/pgfees Please note there is a nominal fee of approximately €115 for residential weekends paid directly to the venue for food and board. In the final semester there are one to one meetings which can be negotiated between the student and staff member.
Course aims and objectives
The aim of the programme is to enable students to effectively deal with drugs and alcohol issues and to utilise recovery methods, using the best evidence and interventions by extending theoretical knowledge and practical skills, to alleviate these issues.

Course content
This programme will commence with an introductory module, Theoretical Foundations in Alcohol and Other Drugs, to ensure that all students, regardless of professional or academic background, have a basic understanding of the core concepts that underpin clinical, evidenced based and public health aspects of, alcohol and other specialist areas of drug and alcohol which results in harm to the individual, family and community. It will provide an opportunity for graduates to enhance their knowledge base, employment and career prospects with the inclusion of work based assessments to enhance their skills sets in a wide ranging Alcohol and Drug related service provision by embedding evidence informed practice in local organisations.

- Advanced research methods
- Theoretical foundations in alcohol & other drugs
- Alcohol and other drug use: interventions practice & skills 1
- Children and families: hidden harm
- Alcohol, drugs and mental health: recovery approaches
- Alcohol and other drugs use: interventions practice & skills 2
- Research dissertation

Target group
The programme will take cognisance that student learners will come from a variety of practice /professional backgrounds. This programme of study in Alcohol and Other Drugs has been designed to provide postgraduate education focusing on recent advances in the conceptualisation of substance use and addiction, and its effective prevention and treatment. Students will focus on theoretical advances and evidenced informed skills that will be contextualised within National policy, strategy, intervention and treatment. Emphasis will be placed upon facilitating the transfer of knowledge and skills to the workplace or students own professional development and career goals.

Entry requirement
The minimum entry requirements are a Level 8 Honours Degree in a relevant discipline such as Health and Social Care, Nursing, Social Work, Youth Work, Psychology, medicine etc. Applicants may be required to undertake an interview. Applicants who do not hold the above entry requirements may be considered using the LYIT RPL process.

Selection procedure
For more details about the course see the website
https://www.lyit.ie/full-timecourses/nursinghealthstudies/lyntiadm/

Qualification
Master of Science or Postgraduate Diploma in Therapeutic Interventions for Alcohol & Other Drugs

Assessment
Assessment of work and research dissertation
Accreditation
LYIT, under Delegated Authority from QQI

Course background
This course began in 2017.

Course start date
September. PG – 1.5 year part-time; MSc – 2 years part-time

Course location
Letterkenny IT

Application
Download the application form from the course website

Cost
The programme commences in September and the fee for the Master of Science is currently €5,000. The fee for Non-EU students is €10,000. Tax relief is available on fees paid – up to €5,000 at the standard rate.
Course aims and objectives
The Master of Public Policy is a 90-credit programme. When starting the course, students will choose one of eight streams. Students must take four core modules (10 credits each), one dissertation design module (5 credits/half term), and 2-4 option modules (20 credits in total). Students also submit a thesis worth 25 credits that will be written during the summer term.

Optional specialist streams which enable you to examine the policy fields which interest you in-depth include the Community Drugs and Health Policy Stream.

Course content
You will develop an understanding of the political, ethical, social and economic factors which influence policy-making along with the challenges associated with effective policy implementation and regulation. You will also learn to systematically analyse public policies, and acquire skills in policy research and evaluation. In addition, you will have the opportunity to examine a number of policy fields in depth.

Target group
This programme is suitable for graduates who plan to pursue a career in the public or non-profit sectors, policy analysis or consulting and for those already working in these sectors, who want to develop their policy analysis, research and evaluation skills.

Entry requirement
Each application is considered on its individual merits. The applicants should have earned an undergraduate degree in a relevant subject such as political science, international relations, social science, sociology, geography, economics, global studies, public policy, EU studies, law/international law etc. with at least Upper Second Class Honours, or its equivalent (an overall GPA of 3.0 (B) or higher in the American system). Relevant professional experience will also be taken into account. Note that meet the requirements do not guarantee admission. Applicants in their final year of undergraduate study may be admitted conditional on satisfactory completion of their undergraduate degree.

Selection procedure
Visit http://www.ucd.ie/socscilaw/publicpolicy/masterofpublicpolicy/

Qualification
Master in Public Policy

Assessment
Over the summer, students complete a thesis of approximately 10,000 words.

Accreditation
UCD

Course background
For details visit: http://www.ucd.ie/socscilaw/publicpolicy/masterofpublicpolicy/

There is an opportunity to undertake the MA (Public Policy and Management) at the City University of Hong Kong subsequent to MA-Public Policy completion. There is an option of the Graduate Diploma in Public Policy without a dissertation. There is a possibility of progressing to the PhD in Public Policy or the Graduate Diploma in Public Policy.
Policy.

Course start date
September to April each year.

Course location
Belfield, Dublin 4

Application
Visit the website or contact UCD. There is no particular deadline for submission of applications.

Cost
Full time (one year): EU Fee €6,240.00; Non-EU fee €17,500.00. Part time (two years): EU Fee €4,060.00 per year; Non-EU fee €8,700.00 per year (subject to change)
### C26 POSTGRADUATE RESEARCH IN DRUG AND ALCOHOL MISUSE

<table>
<thead>
<tr>
<th><strong>Course Provider</strong></th>
<th>Waterford Institute of Technology</th>
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<tbody>
<tr>
<td><strong>Address</strong></td>
<td>Department of Health, Sport and Exercise Science, School of Health Sciences, WIT, Cork Road, Waterford</td>
</tr>
<tr>
<td><strong>Web address</strong></td>
<td><a href="http://www.wit.ie">http://www.wit.ie</a></td>
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<tr>
<th><strong>Contact Person(s)</strong></th>
<th>Niamh Murphy</th>
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<tr>
<td><strong>Lecturer</strong></td>
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<tr>
<td><strong>051 302 000</strong></td>
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<tr>
<td><strong><a href="mailto:nmurphy@wit.ie">nmurphy@wit.ie</a></strong></td>
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#### Course aims and objectives
Postgraduate research in the substance misuse field

#### Course content
Course involves submission of thesis and completion of WIT postgraduate training courses

#### Target group
Those actively involved in the substance misuse field

#### Entry requirement
2.2 Honours Degree

#### Selection procedure
Subject to approval by head of department and review group.

For more information on research in WIT see the website [https://www.wit.ie/research/institutes_and_centres/centre_for_health_behaviour_research](https://www.wit.ie/research/institutes_and_centres/centre_for_health_behaviour_research)

#### Qualification
Masters

#### Assessment
WIT/HETAC & External examiner

#### Accreditation
WIT/HETAC

#### Course background
Postgraduate qualification by research

#### Course start date
September or January

#### Course location
Supervised at WIT

#### Application
Directly to WIT admissions office

#### Cost
Standard postgraduate fees apply
Courses on substance misuse for young people
Course Provider
Peer Drug Prevention Education Group

Address
Blanchardstown Youth Service, Main Street,
Blanchardstown, Dublin 15

Web address
n.a.

Contact Person(s)
Brian Fitzsimons

01 821 2012
brian.fitzsimons@foroige.ie

Course aims and objectives
Enables young people to become peer educators in relation to drug prevention for other young people in the area.

Course content
Peer education

Target group
Young people in the Blanchardstown area.

Entry requirement
Under 18 years of age.

Selection procedure
Not applicable

Qualification
n.a.

Assessment
n.a.

Accreditation
n.a.

Course background
These clubs are run by Foroige. See Foroige website for details of their training
https://www.foroige.ie/our-work/drug-education-programme

Course start date
Ongoing

Course location
Blanchardstown, Dublin

Application
Contact the education group

Cost
n.a.
In-service or on-site training for professionals and other vocational groups working in the field of substance misuse or related areas
Course Provider
PCI College
Address
Corrig House, Old Naas Road, Clondalkin, Dublin 22
Web address
http://www.pcicollege.ie

Contact Person(s)
Kelley Farrell
Enquiries
01 464 2268
info@pcicollege.ie

Course aims and objectives
PCI College provide tailor-made training programmes designed to the specific needs of clients in the health and helping professions and also to community, voluntary and commercial organisation.

For course information visit
http://www.pcicollege.ie/page/art/293/0

Course content
Training and awareness programmes can be provided on workplace related issues including:

- Mental health & well being
- Boosting confidence
- Managing stress
- Dealing with employee grief
- Critical incident stress management
- Coaching and mentoring
- Mediation

Courses can be provided for government bodies, professional groups or community organisations:

- Foundation in counselling & psychotherapy
- Dip & BSc in counselling & psychotherapy
- Dip & BSc in addiction counselling
- Adv Dip in supervision
- Adv Dip in supervision for coaches
- Dip in suicide studies
- Prof Cert in cognitive behaviour therapy
- Prof Cert in addictive behaviours
- Cert in brief therapy
- Cert in advanced psychodynamics
- Cert in group therapy
- Cert in art therapy
- Cert in sexual abuse & dysfunction
- Cert in substance addictions
- Cert in workplace counselling
- Cert in conflict management
- Cert in pastoral/spiritual counselling

- Cert in drug abuse in Ireland
- Cert in sexual addictions
- Cert in dual diagnosis

Target group
Interested organisations.

Entry requirement
n.a.

Selection procedure
n.a.

Qualification
See course details

Assessment
See course details

Accreditation
See course details

Course background
In service training has been provided for a number of years.

Course start date
Training courses are offered 7 days a week, anywhere in Ireland, we will meet your requirements.

Course location
In client organization

Application
See PCI website for details.

Cost
Contact PCI
Course Provider
Community Awareness of Drugs

Address
31 Central Hotel Chambers, Dame Court, D2

Web address
http://www.cadaboutdrugs.ie

Contact Person(s)
Training co-ordinator

01 878-3656
info@cadaboutdrugs.ie

Course aims and objectives
CAD designs tailored training workshops for agencies and community groups to enhance awareness and explore attitudes around drug and alcohol misuse.

Course content
CAD’s Tailored Training programmes are designed to accommodate staff and volunteers with varying degrees of knowledge and diverse attitudes around drug and alcohol use. A tailored drug education and prevention programme provides participants with an opportunity to extend their knowledge and explore their attitudes around drug use. This training can incorporate personal development / assertiveness and motivational skills.

Topics covered on the 8 week course include rights, ways of behaviour, saying no, recognising and dealing with anger, listening skills, problem solving and acknowledging qualities in oneself. Issues around cigarettes, alcohol and medicines in the home are explored along with basic information on illegal drugs including head shop products available on the internet.

CAD also provides a tailored programme for the National Learning Network. Individuals who are distanced from education and employment participate in the 8 week programme to learn about the importance of making positive decisions with regard to alcohol and drugs. There is a significant assertiveness element to the training. The continued success of this important programme is as a result of participant engagement and consistent positive feedback.

Target group
We deliver multi session training and single sessions on site for staff, volunteers and vulnerable young people based on the drug situation at local level and the particular needs of the participant group.

Entry requirement
None

Selection procedure
See http://www.cadaboutdrugs.ie/?page_id=2693

Qualification
n.a.

Assessment
n.a.

Accreditation
n.a.

Course background
In recent years, CAD has been asked to provide many drug prevention education courses directly tailored to participants needs. CAD was recognised as an experienced and well respected drug prevention education organisation across the voluntary, community and statutory sector.

Course start date
Contact CAD

Course location
Dublin

Application
Contact the CAD Office.

Cost
Details from CAD.
Distance learning or online courses, where participants may study from home.
Course aims and objectives
The overall aim of the Quality Champions Training is to provide key persons in organisations with the skills to become a quality champion in their service. Training is delivered through an interactive eLearning platform. After completing the training, participants should be able to:
• Champion and lead a drive to improve quality in their organisation
• Objectively and accurately assess the sources of policy and practice in their organisation, and what these policies are
• Identify gaps between what their assessment reveals, and what is required of the organisation with reference to agreed quality standards
• Put in place a plan to ensure those gaps are filled, including the provision of a robust review mechanism

Course content
The course has five sessions each containing a series of specific learning modules:

Session 1: Introduction to Quality
1. The aim of the training
2. QuADS - Quality in Alcohol and Drug Services
3. The importance of quality
4. Barriers to change
5. Introduction to policy - basics
6. Introduction to policy - service user confidentiality policy
7. Introduction to policy - quality assurance policy
8. Session 1 assessment

Session 2: Organisation Review and Mapping
1. Review and assess
2. Obligations
3. Essential and important policies
4. Identifying the gaps
5. Session 2 assessment

Session 3: Consultation
1. Role and responsibility of the stakeholder
2. Consultation part one
3. Consultation part two
4. Session 3 assessment

Session 4: Policy Writing
1. Components of a policy
2. Researching a policy
3. Adapting a policy
4. Writing a policy
5. Session 4 assessment

Session 5: Implementation and Policy Review
1. Pre-implementation
2. Policy implementation strategy
3. Indicators, barriers and monitoring
4. Reviewing a policy

Target group
Those who wish to become quality champions in their drug or alcohol organisation.

Entry requirement
Content is delivered through Moodle - a Virtual Learning Environment (VLE) software system and is delivered as a series of multimedia based learning modules over five sessions. You will need a computer or laptop with internet access, and basic computer skills. The training is the equivalent of approximately a half day training. However, as the training is modular based, users can complete the training on a module by module basis.

Selection procedure
Course website:
http://www.drugs.ie/resources/national_standards_for_safer_better_healthcare2/elearning_portal/champions_training/
Qualification
n.a.

Assessment
n.a.

Accreditation
n.a.

Course background
This course was developed in 2014.

Course start date
On-going

Course location
Online course

Application
If you would like to sign up for Quality Champions Training please email a request to Catalina Vieru at quality@drugs.ie

Cost
n.a.
**Course Provider**
An Cosan

**Address**
Kiltalown Village Centre, Jobstown, Tallaght, Dublin 24

**Web address**
http://www.ancosan.ie

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**Course aims and objectives**
This interdisciplinary 1 year blended online certificate programme aims to develop knowledge, skills and competencies in the theory and practice of applied addiction studies and community development. The purpose of the programme is to build the capacity of community drugs workers and those working and volunteering in the wider community within an addiction context.

**Course content**
Stage 1 / 60 ECTS

- Learning to learn at third level (QQI Level 6)
- Introduction to community development (QQI Level 6)
- The nature and context of addiction (QQI Level 6)
- Group work and facilitation skills (QQI Level 6)
- Social analysis (QQI Level 6)
- Drug prevention, education & awareness (QQI Level 6)

**Target group**
VCC is working in partnership with IT Carlow to develop a blended online Bachelor of Arts in Applied Addiction Studies and Community Development (QQI Level 7). Learners who complete Stage 1 at Level 6 of the NFQ (60 credits) are eligible to exit the programme with a “Certificate in Applied Addiction Studies and Community Development” (Minor Award Level 6) or to progress to Higher Certificate and BA awards.

**Entry requirement**
Progression pathways are open to An Cosán VCC learners.

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**Contact Person(s)**
**Eithne Dunne**
Education Co-ordinator
01 462 8488
e.dunne@ancosan.com

**Selection procedure**
See course website for more details

**Qualification**
Certificate. at NFQ QQI level 6

**Assessment**
As per syllabus.

**Accreditation**
An Cosan and IT Carlow

**Course background**
An Cosan also run a Certificate in Applied Addiction Studies & Community Development in Dublin.

**Course start date**
September

**Course location**
Blended learning course via An Cosan Virtual Community College

**Application**
See website

**Cost**
Contact an Cosan
**Course Provider**
Urrus and University College Dublin

**Address**
Horizons Centre, Balcouris Road, Ballymun, Dublin 11

**Web address**
http://www.byap.ie/services/urrus/diploma-in-community-drugs-work

**Contact Person(s)**
Dr Sarah Morton  
Director of the Community Partnership Drugs Programme
n.a.  
sarah.morton@ucd.ie

### Course aims and objectives

Increasingly issues in relation to women’s substance use, have emerged especially in relation to trauma histories, domestic violence, maternal roles and impact on family, children, yet there has been little educational response to develop practitioner and policy maker knowledge, awareness and skills to address these issues effectively.

### Course content

Women’s problematic substance use is explored in the context of the inter-related and sometimes unique factors that may impact on women’s substance use trajectories, with a particular focus on effective intervention, and innovation in practice and policy responses. The role and impact of intimate partner violence, sex working, trauma histories and pregnancy and mothering on women’s substance use are considered and explored. The development and provision of innovative responses and interventions are presented, together with the implications for drug and social policy.

This Professional Certificate comprises of one 10 credit module SPOL 40850 Women and Substance Use.

### Target group

This programme provides key workers, social care workers, addiction counsellors and those in related policy and health fields with the knowledge and expertise to respond to the complexity of women and substance use.

This Professional Certificate should offer career enhancement by developing students’ knowledge and expertise in regard to the complex health and social issues that surround women and substance use.

### Entry requirement

This course has been designed for those working or seeking to work within the fields of substance use intervention, social care, social work nursing, health and related field who wish to deepen their knowledge and expertise in relation to this complex social issue.

### Selection procedure

For more information about the course see website:
http://www.ucd.ie/socialpolicyworkjustice/study/outreachandprofessionaldevelopment/professionalcertificateinwomenandsubstanceuse/

### Qualification

Professional Certificate (level 9 nfq, credits 10)

### Assessment

As per course curriculum

### Accreditation

University College Dublin

### Course background

New in 2018
Course start date
September, for four months.

Course location
Online course

Application
See website, or contact Sarah Morton, 01 7168582

Cost
Tuition fee information is available on the UCD Fees website.
Course aims and objectives
The course will enable learners to:
1. obtain a better understanding about drugs and alcohol misuse,
2. obtain knowledge about the different types of drugs available and their side effects and use,
3. obtain a better understanding why people take drugs,
4. gain a better understanding about why people use alcohol,
5. find out what treatment is available in your area and how to access it,
6. find out how to set up a drug or alcohol abuse treatment programme in your area, and to
7. understand the principles of drug and alcohol misuse counselling.

Course content
Students receive a course manual, assignments and study-guide plus tutor support. The course documentation is detailed and easy to read. Your tutor and student support team will support you throughout the duration of the course.

Unit 1: Introduction
Unit 2: The a-z of drugs- effects, risks & the law
Unit 3: Alcohol abuse
Unit 4: Why people use drugs and alcohol
Unit 5: Drug and alcohol prevention and awareness
Unit 6: The basics of counselling
Unit 7: Traditional counselling styles
Unit 8: Counselling for alcohol problems
Unit 9: Counselling for substance misuse

Target group
• People considering a career in counselling.
• Parents, teachers and youth workers.
• People who wish to gain an introductory qualification in drug and alcohol counselling and wish to study at their own pace.

Entry requirement
None

Selection procedure
For further course information visit http://www.cmit.ie/courses-psychology-health-distance-learning/drug-and-alcohol-counselling-distance-learning.html

Qualification
NCFE Award Certificate in Drug and Alcohol Counselling

Assessment
This course is assessed through tutor marked assignments. There is no exam

Accreditation
Successful learners will receive a level 3 NCFE Award Certificate in Drug and Alcohol Counselling. (i.e. equivalent to level 3 on the National Qualifications Framework for England, Wales and Northern Ireland.)

Course background
See course website for more information.

Course start date
Students can start at any time of year, and have 6 months to work at their own pace.

Course location
Home

Application
Book online

Cost
€395. There is a €60 fee payable for administration, moderation and certification.
Course aims and objectives
This level 9 academic postgraduate course, delivered online, aims to provide graduates from all disciplines with the opportunity to develop their understanding of the role that social policies play in developing functioning and just societies. A second year leading to a M.Sc. in Social Policy and Practice is available to eligible candidates who have completed the Postgraduate Diploma.

Course content
This programme will give students an understanding of the role of social policy in engaging with some of the ‘wicked problems’ that contemporary societies face. These are complex interdependent problems such as responses to crime and poverty, policy issues which are often resistant to the solutions put in place by governments. Students will be exposed to the arguments for developing policy interventions in areas such as social security, health and housing, and the challenges of implementing and changing policy in these areas. This course provides students with a stimulating online learning experience by creating a structured yet flexible learning approach. The place of study is flexible as online delivery allows students to engage in learning activities at home or in the workplace and there is no requirement to attend at the Trinity campus in Dublin. Students will have access to weekly materials using a virtual learning environment and the opportunity to engage with other students and lecturers using discussion boards.

Students will take seven core modules totalling 60 ECTS. Modules cover subjects such as contemporary debates in social policy, the family and society, criminology, disability studies and social work.

Target group
The programme has particular appeal to graduates who wish to pursue a Masters programme in social work, social studies and social policy but who do not have an undergraduate qualification in these fields. This online Postgraduate Diploma can act as a conversion course for such graduates and enhance their application for specialised programme such as a Master in Social Work. The programme will also appeal to applicants from outside Ireland, in particular North America, who wish to study in Ireland’s leading university with expertise in Irish, EU and global social policy.

Entry requirement
The programme is open to graduates from all disciplines who are interested in converting to the field of applied social studies. Successful applicants will hold a level 8 degree in any subject at a minimum of Upper Second Class Honours degree (2.2).

Selection procedure
For information about the course, see http://www.tcd.ie/swsp/postgraduate/Social-Policy-Practice/

Qualification
The Postgraduate Diploma in Social Policy and Practice is a level 9 postgraduate diploma offered as a one year online programme.
Assessment
As per course syllabus.

Accreditation
Trinity College Dublin

Course background
This course was run for the first time in 2014

Course start date
September

Course location
Online

Application
For further information contact: Laura Cusack, Course Administrator, lcusack@tcd.ie, 01-896 2001

Cost
EU students: €5,000, Non-EU students: €10,000, Application fee: €35 (to be paid online)
Course Provider
Irish College of General Practitioners

Address
4/5 Lincoln Place, Dublin 2, Ireland

Web address
http://www.icgp.ie/go/courses/e_learning

Contact Person(s)
Yvette Dalton
01 676 3705
yvette.dalton@icgp.ie

Course aims and objectives
This course offers an introduction to managing issues related to alcohol misuse, misuse of prescription and over-the-counter medications as well as illicit drug use in primary care.

Substance misuse related issues are common, presenting in up to 15% of primary care consultations. This course aims to provide a practical framework for the detection and management of substance misuse problems in general practice.

Course content
The online learning programme consists of 11 interactive video presentations, each presentation ranging in duration from 6 to 20 minutes. The participant is required to view all 11 topics in sequence and achieve 80% in the MCQ assessment to successfully complete the course. You may repeat the assessment if you wish.

Completion time: It takes approximately three hours in total to complete all modules and the MCQ Quiz. Please note that you may log in and out of this training at your convenience and as often as you like.

Links to all guidelines and assessment tools are provided.

Target group
The course is primarily aimed at GPs and GP registrars. If you do not fall under this of category of applicant then you must register your interest by completing the online booking form.

Entry requirement
For general practitioners

Selection procedure
For more information, visit the course website on the ICGP website
https://www.icgp.ie/go/courses/substance_misuse/substance_misuse_training

Qualification
5 CPD credits for external CPD & 1 GMS study leave session.

Assessment
In order to satisfactorily complete the programme a GP is required to view over 75% in the Multiple Choice Questions (MCQ) module.

Accreditation
ICGP.

Course background
For information about the short course on substance misuse see

Course start date
Each GP will have online access for 21 days from the date of their enrolment. To complete all modules and the MCQ Quiz will take approximately 3 hours in total.

Course location
Online course

Application
Aoife McBride, email: substancemisuse@icgp.ie

Cost
• ICGP members and GP registrars – No cost • Non-member: €100 application fee
Course aims and objectives
The premise of this course is that prevention is the only true hope of solving our country’s problems in these areas. Parents, teachers and counsellors are in the best positions to affect children’s knowledge and attitudes to the abuse of alcohol and other drugs.

Course content
Distance learning course of 6 modules.

This course covers these broad topics:
1. What every parent, teacher and counsellor should know
   Drug classifications.
   Adolescents & drug abuse.
   Drugs & the brain.
   Alcoholism - a disease.
2. Drug abuse prevention.
   Role of parents, teachers, counsellors.
   Tell-tale signs of drug abuse.
3. Treatment effects & understanding them.
   Effects of alcohol on young women.
   Drugs & AIDS.
4. Pharmacology, alcohol, drugs of abuse, depressants, opioids, cocaine, nicotine, stimulants, cannabinoids, phencyclidine, inhalants, anabolic steroids & hallucinogens.

Your personally appointed tutor will provide you with expert guidance and tuition throughout your studies.

Target group
Parents, teachers and counsellors.

Entry requirement
n.a.

Selection procedure
Apply online
http://www.irishtraining.ie/general/alcohol_and_drug_abuse.html

Qualification
When you have completed this course you may take a final examination. Full details are sent near the end of the course. The examination costs €65 and is taken at home. If you receive 70% or more you will receive an ITEC Diploma.

Assessment
Optional examination.

Accreditation
ITEC

Course background
n.a.

Course start date
At a time of your choosing.

Course location
Online course.

Application
Apply through the ITEC website.

Cost
€307 (subject to change0.
Course aims and objectives

The course is designed to provide an overview of key working and case management. Key working is the simple process of working with clients to achieve their goals and part of this process is effective case management, in essence the two go hand in hand.

There will be examples of best practice in relation to key working and case management and practical examples given to develop theory into practice. Above all this programme is a practical application of relevant theory in relation to key working and case management.

Learning outcomes:

- To build on and expand existing knowledge in relation to key working and case management within the group.
- To enhance confidence in participants in relation to their understanding of key working and case management.
- To allow space and time for participants to look at their own practice in relation to key working and case management and to develop best practice.

Course content

This workshop will be delivered live using the free Zoom remote conferencing platform. The course will allow you to interact with your trainer and other participants in a virtual classroom where, in addition to the workshop content, there will be time built in for live discussions, question & answer sessions and skills practice. You can access the course wherever you have an internet connection on a desktop, tablet or even a smartphone.

Participants will receive a copy of the presentation, other supporting documents and links to relevant literature by email which will enable them to develop their understanding of Key Working and Case Management appropriate to this level. In each session participants will have the opportunity to observe and participate in role-plays and discussions on key working and case management via Zoom.

Target group

Workers in the drugs area.

Entry requirement

No specific entry requirements

Selection procedure

For more information or to book, see the website [https://www.thelearningcurve.ie/e-learning/remote-learning-key-working-care-planning-case-management](https://www.thelearningcurve.ie/e-learning/remote-learning-key-working-care-planning-case-management)

Qualification

All attendees will receive a Certificate of Completion in Key Working, Care Planning and Case Management from The Learning Curve Institute.

Assessment

See course description

Accreditation

The Learning Curve Institute. This workshop is eligible for CPD points from The Addiction Counsellors of Ireland.

Course background

This programme is designed to provide an overview of key working, care planning and case management. Key working is the simple process of working with clients to achieve their goals and part of this process is effective case management, in essence the two go hand in hand.

There will be examples of best practice in relation to key working and case management and practical examples given to develop theory into practice. Above all this programme is a practical application of relevant theory in relation to key working and case management.

The Learning Curve Institute was contracted by The HSE to deliver training on these topics as part of The National Addiction Training Programme in 2011/2012 and therefore possesses in depth knowledge of both the content and the training delivery. The last course in Dublin in December sold out very quickly so early booking is advisable.

Courses are also run as requested in house to groups where these two subjects can also be split into separate 2 day modules on each subject should this be required. In order to maximise learning groups will be limited to a maximum of 16 students per course.
Course start date
07 & 08 May 2020, 09.30am – 04.30pm.

Course location
Remote learning.

Application
Contact the Learning Curve. See website for course details.

Cost
€245
Course aims and objectives
Solution Focused brief Therapy workshop (SFBT) is a short-term goal-focused therapeutic approach which helps clients change by constructing solutions rather than dwelling on problems. This new SFBT Overview workshop is designed and delivered by SFBT expert Dr. Seán Foy, Head of Addiction and Counseling at The Learning Curve Institute. To read more about Seán, click here. Seán has recently published a book on the subject of Solution Focused Brief Therapy combined with Harm Reduction entitled 'Solution Focused Harm Reduction: Working effectively with people who misuse substances'. Click here to see more.

Course content
This course will be delivered live by Dr. Seán using the free Zoom remote conferencing platform. The course will allow you to interact with Dr. Seán and other participants in a virtual classroom, where, in addition to the workshop content, there will be time built in for live discussions, question & answer sessions and skills practice. You can access the course wherever you have an internet connection, on a desktop, tablet or even a smartphone.

Learning outcomes:
1. To build on and expand existing knowledge, in relation to Solution Focused Brief Therapy within the group
2. To enhance confidence in participants' use of Solution Focused Brief Therapy skills
3. To become familiar with the theory of Solution Focused Brief Therapy

Target group
The course is ideal for any person involved with youth, community work or work in the caring or social professions as well as in education, Human Resources and Mediation. It is aimed at people who want to learn the theory and practice of Solution Focused Brief Therapy and the workshop will provide the space and time for participants to become familiar with SFBT and the use of its core skills from one of Ireland’s leading trainers in the field.

Entry requirement
In order to maximize learning groups will be limited to a maximum of 20 students per course.

Selection procedure
For more information and booking see https://www.thelearningcurve.ie/e-learning/remote-learning-an-overview-of-solution-focused-brief-therapy

Qualification
All participants will receive a Certificate of Completion in An Overview of Solution Focused Brief Therapy from The Learning Curve Institute.

Assessment
n.a.

Accreditation
Members of The Psychological Society of Ireland can receive learning credits for completing this workshop and other accreditation is pending.

Course background
Solution-Focused Brief Therapy (SFBT) is a short-term goal-focused therapeutic approach which helps clients change by constructing solutions rather than dwelling on problems. Elements of the desired solution often are already present in the client’s life, and become the basis for ongoing change. The therapist intervenes only to the extent necessary, with treatment usually lasting for less than six sessions. SFBT was developed by Steve de Shazer, Insoo Kim Berg, and the team at the Brief Family Therapy Center of Milwaukee, Wisconsin, in the mid-1980’s.

The SFBT workshop is designed and delivered by Sean Foy, Head of Addiction and Counseling at The Learning Curve Institute. An intermediate course www.thelearningcurve.ie/intermediate-level-solution-focused-brief-therapy and advanced course are also offered
www.thelarningcurve.ie/advanced-level-solution-focused-brief-therapy

Course start date
New dates will be announced shortly. Please check the website.

Course location
Remote training Workshops and in house training courses on SFBT can also be run as requested for groups of staff or organizations.

Application
Book online at the URL above.

Cost
€125
Course Provider
The Learning Curve Institute

Address
Rushbrook, Clogher, Westport, Co Mayo

Web address
http://www.thelearningcurve.ie

Course aims and objectives
This Solution Focused Brief Therapy training workshop is designed and delivered by SFBT expert Dr. Seán Foy, Head of Addiction and Counselling at The Learning Curve Institute. To read more about Seán click here. Seán has recently published a book on the subject of Solution Focused Brief Therapy combined with Harm Reduction entitled ‘Solution Focused Harm Reduction: Working effectively with people who misuse substances’. Click here to see more.

The aim of this two day workshop is to introduce the theory and practice of Solution Focused Brief Therapy. The objective of the two days is to provide the theory of Solution Focused Brief Therapy and the space to practise the skills associated with Solution Focused Brief Therapy.

Learning outcomes:
1. To equip participants with the tools to develop and build on their own counselling skills
2. To build on and expand existing knowledge, in relation to Solution Focused Brief Therapy within the group
3. To enhance confidence in participants use of Solution Focused Brief Therapy skills
4. To become familiar with the theory of Solution Focused Brief Therapy
5. To provide space and time for participants to become familiar with Solution Focused Brief Therapy and use of its core skills

Course content
The workshop will be delivered live by Seán using the free Zoom remote conferencing platform. The course will allow you to interact with the trainer and other participants in a virtual classroom where, in addition to the workshop content, there will be time built in for live discussions, question & answer sessions and skills practice. You can access the course wherever you have an internet connection; on a desktop, tablet or even a smartphone. This workshop is open to individuals and can also be delivered as in-house training to groups of employees.

Participants will receive a copy of the presentation, other supporting documents and links to relevant literature by email which will enable them to develop their understanding of Solution Focused Brief Therapy appropriate to this level. In each session participants will have the opportunity to observe and participate in role-plays and discussions on Solution Focused Brief Therapy via Zoom.

Target group
The course is ideal for anyone working in addiction, counselling, human resources or in the community/voluntary sector.

Entry requirement
None

Selection procedure
None. For more information and booking see https://www.thelearningcurve.ie/e-learning/remote-learning-an-introduction-to-solution-focused-brief-therapy

Qualification
All attendees will receive a Certificate of Completion in An Introduction to Solution Focused Brief Therapy from The Learning Curve Institute.

Assessment
See course details.

Accreditation
Members of The Psychological Society of Ireland and The Addiction Counsellors of Ireland can receive learning credits/CPD points for completing this workshop.

Course background
n.a.

Course start date
27 & 28 May 2020, 9.30am- 4.30pm. Contact the Learning Curve for future dates.

Course location
Remote learning

Application
Book online at the URL above.

Cost
€225
During a crisis, people may experience a wide range of emotions. These can interfere with cooperation and impact how we respond as managers. Presented by Dr. David Leahy, Senior Clinical Psychologist, this mini workshop, delivered remotely, will provide some psychological perspectives on managing and communicating effectively during this Covid-19 Crisis.

This Remote Learning Mini workshop is delivered live by Dr. Leahy using the free Zoom remote conferencing platform. You can access the course wherever you have an internet connection; on a desktop, tablet or even a smartphone.

The way in which we process and utilise information in a crisis, and the mental state that arises, is likely to have a significant bearing on how we function in the work environment. In this workshop, the psychological principles underpinning these reactions will be considered, as a means of positively impacting how we can communicate with and manage others more effectively in the context of the Covid-19 pandemic. The ultimate aim being to help alleviate some of the challenges associated with working in a crisis situation.

The course content includes:

- Consider how we process information during a crisis
- Develop an understanding of the mental states that arise in a crisis
- Recommended actions based on this understanding – with particular emphasis on communication
- Caring for Self
- Important role of self-care and self-compassion
- Further areas for development

Target group

Suitable for: managers, supervisors, HR departments

Entry requirement

None

Selection procedure

Please see the course website for further details


Qualification

n.a.

Assessment

n.a.

Accreditation

n.a.

Course background

New course in 2020

Course start date

1 May 2020, 9.30 - 11.00

Cost

€125. This workshop is offered FREE OF CHARGE to registered Irish charities (two places per charity) and the HSE. Please contact us directly: anne@thelearningcurve.ie
Course aims and objectives
Good relapse prevention work is key amongst addiction professionals. This programme is designed to meet the needs of those working within the addiction field in relation to this area by following a specific model of relapse prevention and covering some practical applications of the model. The model used is that of Marlatt and Gordon.

The Relapse Prevention model proposed by Marlatt and Gordon would suggest that two issues come into play when looking at Relapse Prevention, namely immediate determinants (e.g., high risk situations, coping skills, outcome expectancies, and the abstinence violation effect) and covert antecedents (e.g., lifestyle factors and urges and cravings) can all contribute to relapse.

The training will be delivered using the free Zoom remote conferencing platform. The course will allow you to interact with the trainer and other participants in a virtual classroom where, in addition to the workshop content, there will be time built in for live discussions, question & answer sessions and skills practice. You can access the course wherever you have an internet connection; on a desktop, tablet or even a smartphone.

Course content
Participants will receive a copy of the presentation, other supporting documents and links to relevant literature by email which will enable them to develop their understanding of Relapse prevention appropriate to this level. In each session participants will have the opportunity to observe and participate in role-plays and discussions on Relapse prevention via Zoom.

Learning outcomes:

- To build on and expand existing knowledge, within the scope of an overview, in relation to Relapse Prevention within the group.
- To enhance confidence in participants use of Relapse Prevention strategies.
- To allow space and time for participants to explore scenarios where Relapse Prevention techniques can be applied.

Target group
Those interested in relapse prevention

Entry requirement
None

Selection procedure
See the course website for further details
https://www.thelearningcurve.ie/e-learning/remote-elearning-an-overview-of-relapse-prevention

Qualification
All participants will receive a Certificate of Completion in An Overview of Relapse Prevention from The Learning Curve Institute.
## Course aims and objectives

Developed by Miller and Rollnick, Motivational Interviewing is a client-centred approach that elicits behavioural changes by assisting individuals to explore and resolve ambivalence. This approach is especially helpful with individuals who are less motivated. Research has shown Motivational Interviewing to be helpful with a wide range of client groups and issues. This two day eLearning course will equip participants with a sound understanding of Motivational Interviewing theory and skills. This workshop is open to individuals and can also be delivered as in-house training to groups of employees. The workshops will be delivered live using the free Zoom remote conferencing platform. The course will allow you to interact with your trainer and other participants in this virtual classroom where, in addition to the workshop content there will be live discussions, question & answer sessions and skills practice. You can access the course wherever you have an internet connection; on a desktop, tablet or even a smartphone.

### Course content

Participants will receive a copy of the presentation, other supporting documents and links to relevant literature by email which will enable them to develop their understanding of Motivational Interviewing appropriate to this level. In each session participants will have the opportunity to observe and practice Motivational Interviewing through role-plays and scenarios provided by the trainer via Zoom.

### Learning outcomes:

1. To equip participants with the tools to be enable them to develop and build on their own counselling skills.

2. To build on and expand existing knowledge in relation to Motivational Interviewing within the group.

3. To enhance confidence in attendees' use of Motivational Interviewing skills.

4. To become familiar with the general principles of Motivational Interviewing:
   - Express empathy
   - Develop discrepancy
   - Roll with resistance
   - Support self-efficacy
   - Avoid arguments.

5. To provide space and time for participants to become familiar with Motivational Interviewing and use the following core skills:
   - Listening
   - Use of Open-ended questions
   - Affirming
   - Reflective Listening
   - Summarising
   - Eliciting change talk

### Target group

Suitable For: Therapists, Counsellors, Those working in the sectors of Social Care, Education and Training, Youth and Family Care, Human Resources, Mediation, Employment Services.

### Entry requirement

None

### Selection procedure

See the course website for further details [https://www.thelearningcurve.ie/e-learning/remote-learning-an-introduction-to-motivational-interviewing](https://www.thelearningcurve.ie/e-learning/remote-learning-an-introduction-to-motivational-interviewing)

### Qualification

All attendees will receive a Certificate of Completion in An Introduction to Motivational Interviewing from The Learning Curve Institute.

### Assessment

n.a.

### Accreditation

This eLearning workshop is approved by The Nursing and Midwifery Board of Ireland for Continuing Education Units. Members of The Psychological Society of Ireland and The Addiction Counsellors of Ireland can receive learning credits/CPD points for completing this workshop.

### Course background

The Learning Curve Institute will distribute a unique pre-course questionnaire to each participant in order to ensure the training meets the needs of everyone in the room and is tailored to the appropriate level while also covering specific situations or scenarios as highlighted by the group.

The Learning Curve Institute also offers a bespoke post course support system whereby participants are provided with the contact details of the Trainer and are free to contact them with any questions they may have.

### Course start date

25 and 26 May 2020, 9.30 to 16.30 each day

### Course location

Remote learning
Application
Contact The Learning Curve

Cost
€245
**Course aims and objectives**

DBT was founded in 1993 by Marsha Linehan, initially known as CBT for Borderline disorder. DBT consists of a range of skills and techniques for working with personality disorders and other areas. Many people want to familiarise themselves with these skills without necessarily becoming a DBT therapist exclusively, and the introduction course is ideal if you are thinking of taking the first step in becoming a DBT therapist or if you would like to have a better understanding of the concepts before referring clients or employees to a DBT service.

Learning outcomes:

- Gaining an understanding of DBT.
- The ability to create validating environments.
- The ability to validate other people in an easy way.
- The ability to give people different perspectives in a fast way.
- The ability to help people to solve problems rather than dwell on them.
- The ability to respond to very severe behaviours in a caring way without reinforcing the severe behaviour.
- The ability to help people to bring some sense of order and predictability to emotions.
- The ability to help people tolerating distress.

**Course content**

This course will be delivered live using the free Zoom remote conferencing platform. The course will allow you to interact with your trainer and other participants in a virtual classroom where, in addition to the workshop content, there will be time built in for live discussions, question and answer sessions and skills practice. You can access the course whenever you have an internet connection on a desktop, tablet or even a smartphone.

Content:

- Validation, the implication of invalidating environments for a child, and for the adult.
- Using validating responses in the therapeutic environment.
- The use of Metaphors.
- Problem solving strategy.
- Contingency management.
- Emotion-regulation.
- Interpersonal effectiveness.
- Mindfulness.
- Distress tolerance.
- Walking the Middle Path.
- The role of the face to face sessions and group sessions.

**Target group**

Suitable for:

- Professionals who see clients in 1 to 1 sessions and wish to add DBT techniques to their set of skills.
- People or teams working in inpatient or community settings.
- Mental health/primary care nurses, social workers, occupational therapists, clinical psychologists, psychiatrists, counsellors and other mental health professionals.
- People working in community, health or voluntary sectors.
- For those working in schools or other educational settings.
- Carers for people with mental health issues.

**Entry requirement**

No specific entry requirements

**Selection procedure**

See course website for more details:

https://www.thelearningcurve.ie/e-learning/remote-learning-an-introduction-to-dialectical-behaviour-therapy-1

**Qualification**

All participants will receive a Certificate of Completion in An Introduction to Dialectical Behaviour Therapy from The Learning Curve
Institute.

**Assessment**
None

**Accreditation**
Members of The Psychological Society of Ireland can receive learning credits for completing this workshop and there is other accreditation for CPD points pending.

**Course background**
The Learning Curve Institute offers a unique post course support system whereby students are provided with the contact details of the lecturer and are free to contact him/her with any questions they may have or that they would like the lecturer to help them with.

**Course start date**
New dates will be announced shortly. Please check the website link.

**Course location**
Remote learning

**Application**
See course website.

**Cost**
€125
PROVIDERS
### Addiction Response Crumlin

**101 Cashel Road, Crumlin, Dublin 12**  
web: http://www.addictionresponsecrumlin.ie  

Contact Person(s):  
*Education Team*  

01 411 3222  
info@addictionresponsecrumlin.ie

<table>
<thead>
<tr>
<th>Course</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>A55</td>
<td>REHABILITATION, EDUCATION &amp; TRAINING PROGRAMME</td>
</tr>
</tbody>
</table>

### An Cosan

*Kiltalown Village Centre, Jobstown, Tallaght, Dublin 24*  
web: http://www.ancosan.ie  

Contact Person(s):  
*Eithne Dunne*  
*Fiona Colclough*  

*Education Co-ordinator*  
*Education and Training Co-ordinator*  

01 462 8488  
e.dunne@ancosan.com  
01 462 8488  
f.colclough@ancosan.com

<table>
<thead>
<tr>
<th>Course</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>C12</td>
<td>BACHELOR OF ARTS IN APPLIED ADDICTION STUDIES AND COMMUNITY DEVELOPMENT</td>
</tr>
<tr>
<td>F02</td>
<td>CERTIFICATE IN APPLIED ADDICTION STUDIES &amp; COMMUNITY DEVELOPMENT</td>
</tr>
</tbody>
</table>

### Blanchardstown Local Drugs and Alcohol Task Force

*2nd Floor, Parkside, Main Street, Mulhuddart, Dublin 15*  
web: https://blanchardstowndrugstaskforce.ie/  

Contact Person(s):  
*Ciara Jubani*  
*Community Development Worker*  

01 824 9590 / 685 4405  
ciara@bldtt.ie

<table>
<thead>
<tr>
<th>Course</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>B18</td>
<td>STRENGTHENING FAMILIES PROGRAMME</td>
</tr>
<tr>
<td>Course</td>
<td>Page</td>
</tr>
<tr>
<td>--------</td>
<td>------</td>
</tr>
<tr>
<td>C07 DIPLOMA IN ADDICTION STUDIES</td>
<td>91</td>
</tr>
</tbody>
</table>

**Clondalkin Drug & Alcohol Task Force & NUI Maynooth**

*A1 Weatherwell Business Park, Clondalkin Dublin 22.*

web: [https://www.clondalkindrugtaskforce.ie/cdtf-training/](https://www.clondalkindrugtaskforce.ie/cdtf-training/)

Contact Person(s):

*Course co-ordinator*

01 457 9445 / 086 858 1787
rehabilitation@cdatf.ie

<table>
<thead>
<tr>
<th>Course</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>C02 HIGHER CERTIFICATE IN ADDICTION STUDIES (Level 7)</td>
<td>83</td>
</tr>
</tbody>
</table>

**CMI: Communications & Management Institute**

*Office 1: Unit 14A, Cashel Business Centre, Cashel Rd, Dublin 12 Office 2: Regus House, Harcourt rd, Dublin 2*

web: [http://www.cmi-ireland.com](http://www.cmi-ireland.com)

Contact Person(s):

*Graham Moore Admissions*

01 492 7070
info@cmi-ireland.com

<table>
<thead>
<tr>
<th>Course</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>B19 ADDICTION STUDIES</td>
<td>76</td>
</tr>
</tbody>
</table>
**College of Management and IT (CMIT)**

*Southern Cross Business Park, Bray, Co. Wicklow*

web: http://www.cmit.ie/

Contact Person(s):

*Administrator*

01 286 5783 or 01 276 5015

info@cmit.ie

<table>
<thead>
<tr>
<th>Course</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>F04</td>
<td></td>
</tr>
<tr>
<td><strong>DRUG AND ALCOHOL COUNSELLING</strong></td>
<td>139</td>
</tr>
</tbody>
</table>

**Community Awareness of Drugs**

*31 Central Hotel Chambers, Dame Court, D2*

web: http://www.cadaboutdrugs.ie

Contact Person(s):

*Training co-ordinator*

01 878-3656

info@cadaboutdrugs.ie

<table>
<thead>
<tr>
<th>Course</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>A02</td>
<td></td>
</tr>
<tr>
<td><strong>THE CAD EDUCATION DAY</strong></td>
<td>14</td>
</tr>
<tr>
<td>A03</td>
<td></td>
</tr>
<tr>
<td><strong>FAMILY FOCUS TUTOR TRAINING PROGRAMME</strong></td>
<td>15</td>
</tr>
<tr>
<td>A04</td>
<td></td>
</tr>
<tr>
<td><strong>THE CAD ‘FAMILY FOCUS’ SIX-SESSION DRUG EDUCATION PROGRAMME</strong></td>
<td>16</td>
</tr>
<tr>
<td>E02</td>
<td></td>
</tr>
<tr>
<td><strong>CAD TAILORED TRAINING</strong></td>
<td>132</td>
</tr>
</tbody>
</table>

**Community Outreach Drug and Alcohol Project – Cork City Partnership**

*Cork City Partnership Ltd. Level 1, Heron House Blackpool Retail Park Blackpool Cork City Telephone: 021–4302310*

web: http://www.corkcitypartnership.ie

Contact Person(s):

*Jacqueline Daly*  
Community Development / Drug & Alcohol Worker  
087 1962030  
jdaly@partnershipcork.ie

*Mella Magee*  
Community Development / Drug & Alcohol Worker  
087 1962022  
magee@partnershipcork.ie

<table>
<thead>
<tr>
<th>Course</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>A16</td>
<td></td>
</tr>
<tr>
<td><strong>PARENT TO PARENT PROGRAMME</strong></td>
<td>23</td>
</tr>
<tr>
<td>B01</td>
<td></td>
</tr>
<tr>
<td><strong>SUBSTANCE USE ISSUES IN YOUTH AND COMMUNITY WORK</strong></td>
<td>56</td>
</tr>
</tbody>
</table>
Croi Nua Counselling and Psychotherapy
The Orchard, Banshane, Midleton, Co. Cork
web: http://eastcorkcounselling.com/
Contact Person(s):
Pat Coughlan
Counsellor, Psychotherapist, Career and Life Coach
087 286 8590
pcoughlan7@eircom.net

Cuan Mhuire and IT Tralee
Tralee, Co Kerry
web: http://www.ittralee.ie/en/
Contact Person(s):
Admissions Officer
066 7145638
admissions@ittralee.ie

DBS School of Arts
Dublin Business School, 13/14 Aungier Street, Dublin 2
web: http://www.dbs.ie
Contact Person(s):
Administrator
Louise Carey
Admissions Manager
01 417 7500
01 417 7500
admissions@dbs.ie
Louise.Carey@dbs.ie

<table>
<thead>
<tr>
<th>Course</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>A46 COMMUNITY ADDICTION COURSE</td>
<td>41</td>
</tr>
<tr>
<td>C15 BA (HONOURS) IN COUNSELLING WITH ADDICTION</td>
<td>107</td>
</tr>
<tr>
<td>C16 BA (HONOURS) IN COUNSELLING WITH ADDICTION. ONE YEAR ADD-ON</td>
<td>108</td>
</tr>
<tr>
<td>C05 DIPLOMA IN ADDICTION STUDIES</td>
<td>88</td>
</tr>
<tr>
<td>C20 MASTER OF ARTS (TAUGHT) IN ADDICTION STUDIES</td>
<td>115</td>
</tr>
<tr>
<td>Course</td>
<td>Course Title</td>
</tr>
<tr>
<td>--------</td>
<td>--------------</td>
</tr>
<tr>
<td>F01</td>
<td>QUALITY CHAMPIONS TRAINING</td>
</tr>
<tr>
<td>A47</td>
<td>DUBLIN NORTH EAST TASK FORCE COURSES</td>
</tr>
<tr>
<td>C03</td>
<td>CERTIFICATE IN HOMELESS PREVENTION AND INTERVENTION</td>
</tr>
</tbody>
</table>
## EAP Institute

**143 Barrack Street, Waterford**

web: http://www.eapinstitute.com

Contact Person(s):

**Anita Furlong**  
Conference Administrator  
051 855 733  
anita@eapinstitute.com

<table>
<thead>
<tr>
<th>Course</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>A07</td>
<td>DEVELOPMENT OF POLICIES AND PROCEDURES FOR WORKPLACE DRUGS AND ALCOHOL</td>
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## Health Service Executive

**Health Promotion Service, 1st floor, Unit 4, Nexus Building, Blanchardstown Corporate Park, Dublin 15**

web:

Contact Person(s):

**Anne Marie Kavanagh**  
**Fiona Walsh Maher**  
**Marwin Jagoe**

n.a.  
annemarie.kavanagh@hse.ie  
021 4921641  
fiona.walsh4@hse.ie  
-  
marwin.jagoe@hse.ie

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<th>Page</th>
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<td>SAOR SCREENING AND BRIEF INTERVENTION FOR PROBLEM ALCOHOL &amp; SUBSTANCE USE. ONE-DAY COURSE.</td>
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## HIV Ireland

**70 Eccles Street, Dublin 7**

web: http://www.hivireland.ie

Contact Person(s):

**Susan Donlon**  
Prevention Education & Training Co-ordinator  
01 873 3799  
susan.donlon@hivireland.ie

<table>
<thead>
<tr>
<th>Course</th>
<th>Page</th>
</tr>
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<tr>
<td>B04</td>
<td>SEXUAL HEALTH AND DRUG AWARENESS: TRAINING FOR TRAINERS PROGRAMME</td>
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### HURT (Have Your Tomorrows)

**14 Clarendon Street, Derry. BT48 7ET, Northern Ireland.**

web: https://hurtni.org.uk/

Contact Person(s):

*Dessie Kyle*

Centre Manager

(0044) 028 7136 9696.

https://hurtni.org.uk/contact/

<table>
<thead>
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<th>Page</th>
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<td>B17</td>
<td>LEVEL 5 DIPLOMA IN SUBSTANCE MISUSE THEORY &amp; INTERVENTIONS</td>
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### IICP Education and Training

**Killinarden Enterprise Park, Killinarden, Tallaght, Dublin 24**

web: http://www.iicp.ie

Contact Person(s):

*Marcella Finnerty*

Course Director

01 260 0805 / 086 260 9989

marcella@iicp.ie

*Norah Byrne*

Course Co-ordinator

01 466 4205 / 087 910 3332

norah@iicp.ie

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<th>Page</th>
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<td>C08</td>
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### Irish College of General Practitioners

**4/5 Lincoln Place, Dublin 2, Ireland**

web: http://www.icgp.ie/go/courses/e_learning

Contact Person(s):

*Yvette Dalton*

01 676 3705

yvette.dalton@icgp.ie

<table>
<thead>
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<th>Page</th>
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<td>F06</td>
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### Irish College of Humanities and Applied Sciences (ICHAS)

**Walton House, Lonsdale Road, National Technology Park, Castletroy, Limerick**

web: [http://www.ichas.ie/](http://www.ichas.ie/)

Contact Person(s):

*Administration offices*

061 216 288
info@ichas.ie

<table>
<thead>
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<th>Page</th>
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### Irish Hospice Foundation

**Bereavement Education & Resource Centre**

Morrison Chambers (4th floor)
32 Nassau street
Dublin 2

web: [http://hospicefoundation.ie](http://hospicefoundation.ie)

Contact Person(s):

*Education Team*

01 679 3188
info@bereaved.ie

<table>
<thead>
<tr>
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<th>Page</th>
</tr>
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### Irish Training & Educational Centre

**Unit 9, Leopardstown Business Centre, Ballyogan Road, Leopardstown, Dublin 18.**

web: [http://www.irishtraining.ie/](http://www.irishtraining.ie/)

Contact Person(s):

*Course administrator*

01 2061832
info@irishtraining.ie

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<thead>
<tr>
<th>Course</th>
<th>Page</th>
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### Le Cheile

**24 Tivoli Terrace South, Dun Laoghaire Co. Dublin**  
web: http://www.lecheile.ie  
Contact Person(s):  
**Le Cheile Mentoring Project**

01 214 4350  
info@lecheile.ie

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### Letterkenny IT and Alcohol Forum

**Letterkenny Institute of Technology, Port Road, Letterkenny, Donegal**  
web: https://www.lyit.ie  
Contact Person(s):  
**Louise McBride**  
Head of Department of Nursing and Health Studies  
074 9186303  
Louise.McBride@lyit.ie or Sheila.Giblin@lyit.ie

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### Liberties College

**Liberties College, Bull Alley Street, Patrick Street, Dublin 8**  
web: http://www.libertiescollege.ie  
Contact Person(s):  
**Brid Milliken**  
Department Head: Counselling and General Information  
01 454 0044  
info@liberties.cdvec.ie

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<th>Page</th>
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<td>71</td>
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<th>Page</th>
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<td>72</td>
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**National Youth Council of Ireland**  
**3 Montague StreetDublin 2Ireland**  
web: http://www.youth.ie/training  
Contact Person(s):  
**Training Administrator**  
Training Administrator  
01-478 4122  
training@nyci.ie

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**North West Regional College**  
**Strand Road, Derry BT48 7AL**  
web: http://www.nwrc.ac.uk/  
Contact Person(s):  
**Susan McGrory**  
Course Director  
028 71 276519  
susan.mcgrory@nwrc.ac.uk

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**NUI Maynooth**  
**Department of Adult and Community Education, NUI Maynooth, Co Kildare**  
web: http://adulteducation.nuim.ie  
Contact Person(s):  
**Administrator**  
n.a.  
01 708 6062  
Adcomed@nuim.ie

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<thead>
<tr>
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<th>Page</th>
</tr>
</thead>
<tbody>
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### One Family

**2 Lower Pembroke Street, Dublin 2**  
web: http://www.onefamily.ie  
Contact Person(s):  
**Paula Lonergan**  
Training & Consultancy Manager  
01 6629212  
training@onefamily.ie

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<td>FAMILY COMMUNICATIONS: COPING WITH FAMILY LIFE AND COMMUNICATION WITH TEENAGERS - TRAINING FOR TRAINERS</td>
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### PCI College

**Corrig House, Old Naas Road, Clondalkin, Dublin 22**  
web: http://www.pcicollege.ie  
Contact Person(s):  
**Kelley Farrell**  
Enquiries  
01 464 2268  
info@pcicollege.ie

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<td>MASTERS IN CHILD &amp; ADOLESCENT COUNSELLING &amp; PSYCHOTHERAPY</td>
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### Peer Drug Prevention Education Group

**Blanchardstown Youth Service, Main Street, Blanchardstown, Dublin 15**  
web: n.a.  
Contact Person(s):  
**Brian Fitzsimons**  
01 821 2012  
brian.fitzsimons@foroige.ie

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<td>D02</td>
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### Peter Kelly: Addiction Training, Therapy & Supervision

**The Carmelite Center, 56 Aungier St, Dublin 2**

web:

Contact Person(s):

**Peter Kelly**  
Facilitator  
085-743-8629  
kellygerpeter@gmail.com

<table>
<thead>
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### School of Medicine, Trinity College Dublin

**College GreenDublin 2, Ireland**

web: https://www.tcd.ie/medicine

Contact Person(s):

**Joe Barry**  
Course Director  
01 8961087  
joebarry@tcd.ie

<table>
<thead>
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### School of Social Work and Social Policy, Trinity College Dublin

**School of Social Work and Social Policy, Room 3063, Arts Building, University of Dublin, Trinity College, Dublin 2**

web: http://www.tcd.ie/swsp/

Contact Person(s):

**Louise O’Brien**  
Course Administrator  
01 8963593  
obriel10@tcd.ie

**Kay Inckle**  
Executive Officer  
01 8962991  
kinckle@tcd.ie

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### Southside Community Training Network

*The Old Post Office, 7 Rock Hill, Main Street, Blackrock, Co. Dublin*

web: http://southsidepartnership.ie/events/

Contact Person(s):

*Sandra Campbell*

01 209 0610
sandra.campbell@sspship.ie

<table>
<thead>
<tr>
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</thead>
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<tr>
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<td>DUN LAOGHAIRE-RATHDOWN DRUG AND ALCOHOL TRAINING COURSES</td>
<td>18</td>
</tr>
</tbody>
</table>

### The Learning Curve Institute

*Rushbrook, Clogher, Westport, Co Mayo*

web: http://www.thelearningcurve.ie

Contact Person(s):

*Administrator*

*Administrator*

098 25530
info@thelearningcurve.ie

<table>
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<td>F08</td>
<td>REMOTE LEARNING: KEYWORKING, CARE PLANNING AND CASE MANAGEMENT</td>
<td>144</td>
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<td>REMOTE LEARNING: AN OVERVIEW OF SOLUTION FOCUSED BRIEF THERAPY (SFBT)</td>
<td>146</td>
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<td>148</td>
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<td>REMOTE LEARNING: MANAGING &amp; COMMUNICATING IN THE COVID-19 CRISIS: PSYCHOLOGICAL PERSPECTIVES</td>
<td>149</td>
</tr>
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<td>4</td>
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<td>150</td>
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<td>151</td>
</tr>
<tr>
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<td>153</td>
</tr>
</tbody>
</table>
## UCD College of Human Sciences Graduate School

**UCD, Belfield, Dublin 4**  
web: http://www.ucd.ie/humansciences/graduateschool/  
Contact Person(s):  
*Administrator*  
01 716 8643  
mpp@ucd.ie

<table>
<thead>
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## UCD School of Applied Social Science

**University College Dublin, Belfield, Dublin 4**  
web: http://www.ucd.ie/appsocsc/  
Contact Person(s):  
*Ms Catherine Baulch*  
01 716 8419  
Catherine.baulch@ucd.ie

<table>
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<th>Page</th>
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<tbody>
<tr>
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## University College Cork

**UCC, Cork**  
web: http://www.ucc.ie/study/ace/  
Contact Person(s):  
*Gwen Roche*  
Programme Administrator  
021 4904703  
gwen.roche@ucc.ie

<table>
<thead>
<tr>
<th>Course</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>C09</td>
<td>SUBSTANCE MISUSE AND ADDICTION STUDIES DIPLOMA</td>
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## University of Limerick / HSE Addiction Services

*Delivered at: University of Limerick Campus / Bridge House, Cherry Orchard, Ballyfermot, Dublin.*

web: [http://www.ul.ie/cpe/node/207](http://www.ul.ie/cpe/node/207)

Contact Person(s):

<table>
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<tr>
<th>Name</th>
<th>Role</th>
<th>Contact Information</th>
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<tbody>
<tr>
<td>Dr Sancha Power</td>
<td>Course Director/Limerick Co-ordinator</td>
<td>(087) 9914042 <a href="mailto:sancha.power@ul.ie">sancha.power@ul.ie</a></td>
</tr>
<tr>
<td>Aoibhinn King</td>
<td>Dublin Co-ordinator</td>
<td>(087) 9074515 <a href="mailto:aoibhinn.king@hse.ie">aoibhinn.king@hse.ie</a></td>
</tr>
<tr>
<td>Esther Wolfe</td>
<td>Dublin Co-ordinator</td>
<td>(087) 9092730 <a href="mailto:esther.wolfe@hse.ie">esther.wolfe@hse.ie</a></td>
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### Course Page

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<th>Page</th>
</tr>
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<tr>
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## Urrus and University College Dublin

*Horizons Centre, Balcurris Road, Ballymun, Dublin 11*


Contact Person(s):

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<th>Name</th>
<th>Role</th>
<th>Contact Information</th>
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<tbody>
<tr>
<td>Laura O'Reilly</td>
<td>Training Centre Co-ordinator</td>
<td>01 846 7980 / 01 842 5726 <a href="mailto:urrus@byap.ie">urrus@byap.ie</a></td>
</tr>
<tr>
<td>Dr Sarah Morton</td>
<td>Director of the Community Partnership Drugs Programme</td>
<td>n.a. <a href="mailto:sarah.morton@ucd.ie">sarah.morton@ucd.ie</a></td>
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### Course Page

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<td>86</td>
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<td>137</td>
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## Urrus/The Ballymun Youth Action Project

*Horizons Centre, Balcurris Road, Ballymun, Dublin 11*

web: [http://www.byap.ie](http://www.byap.ie)

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<tr>
<td>Gabrielle Gilligan</td>
<td>Administrative Assistant</td>
<td>01 846 7980 / 01 842 5726 <a href="mailto:urrus@byap.ie">urrus@byap.ie</a></td>
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<th>Page</th>
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<td>UNDERSTANDING SAFER INJECTING TECHNIQUES</td>
<td>26</td>
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<tr>
<td>A36</td>
<td>WOMEN AND SUBSTANCE USE</td>
<td>28</td>
</tr>
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<td>B21</td>
<td>COMMUNITY ADDICTION STUDIES COURSE QQI Award (Minor) Level 5</td>
<td>79</td>
</tr>
</tbody>
</table>
### Waterford College of Further Education

**Parnell Street, Waterford**

web: [http://www.wcfe.ie/jcms/](http://www.wcfe.ie/jcms/)

Contact Person(s):

**Philip Deegan**  
Director of Adult Education  
051 874053  
pdeegan@wcfe.ie

<table>
<thead>
<tr>
<th>Course</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>B20</td>
<td>COMMUNITY ADDICTION STUDIES</td>
</tr>
</tbody>
</table>

---

### Waterford Institute of Technology

**Department of Health, Sport and Exercise Science, School of Health Sciences, WIT, Cork Road, Waterford**

web: [http://www.wit.ie](http://www.wit.ie)

Contact Person(s):

**Niamh Murphy**  
Lecturer  
051 302 000  
nmurphy@wit.ie

**Graduate Admissions**  
+353 (0)51 302670  
pgadmissions@wit.ie

<table>
<thead>
<tr>
<th>Course</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>C23</td>
<td>MA IN ADVANCED FACILITATION SKILLS FOR PROMOTING HEALTH AND WELL BEING</td>
</tr>
<tr>
<td>C26</td>
<td>POSTGRADUATE RESEARCH IN DRUG AND ALCOHOL MISUSE</td>
</tr>
</tbody>
</table>

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### Western Regional Drugs and Alcohol Task Force

**Unit 6, Galway Technology Park, Parkmore, Galway**

web: [http://www.wrdatf.ie/](http://www.wrdatf.ie/)

Contact Person(s):

**Western Regional Drugs Task Force**  
091 480056  
training@wrdtf.ie

**Gary Kyne**  
091 480 044  
info@wrdtf.ie

**Gillian Conway**  
Drug Education Support Worker  
091 480056 or 086 7814779  
training@wrdtf.ie

<table>
<thead>
<tr>
<th>Course</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>A49</td>
<td>SAOR: SCREENING &amp; BRIEF INTERVENTIONS FOR ALCOHOL USE</td>
</tr>
<tr>
<td>A50</td>
<td>NEW PSYCHOACTIVE SUBSTANCES</td>
</tr>
<tr>
<td>A51</td>
<td>DRUG USE, PROBLEMATIC USE AND DEPENDENCE: HOW TO SUPPORT PEOPLE WITH DIFFERENT PROBLEMS.</td>
</tr>
<tr>
<td>A52</td>
<td>SOLUTION FOCUSED BRIEF THERAPY 2</td>
</tr>
</tbody>
</table>
REGIONS
<table>
<thead>
<tr>
<th>Course</th>
<th>Description</th>
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<tbody>
<tr>
<td>A01</td>
<td>STRENGTHENING FAMILIES PROGRAMME</td>
</tr>
<tr>
<td>A07</td>
<td>DEVELOPMENT OF POLICIES AND PROCEDURES FOR WORKPLACE DRUGS AND ALCOHOL</td>
</tr>
<tr>
<td>A09</td>
<td>ASIST (Applied Suicide Intervention Skills Training)</td>
</tr>
<tr>
<td>A49</td>
<td>SAOR: SCREENING &amp; BRIEF INTERVENTIONS FOR ALCOHOL USE</td>
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<td>NEW PSYCHOACTIVE SUBSTANCES</td>
</tr>
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<td>DRUG USE, PROBLEMATIC USE AND DEPENDENCE: HOW TO SUPPORT PEOPLE WITH DIFFERENT PROBLEMS.</td>
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<tr>
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<td>SOLUTION FOCUSED BRIEF THERAPY 2</td>
</tr>
<tr>
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<td>SAOR SCREENING AND BRIEF INTERVENTION FOR PROBLEM ALCOHOL &amp; SUBSTANCE USE. ONE-DAY COURSE.</td>
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<td>C01</td>
<td>ADDICTION STUDIES CERTIFICATE</td>
</tr>
<tr>
<td>C06</td>
<td>DIPLOMA IN DRUG AND ALCOHOL STUDIES</td>
</tr>
<tr>
<td>C13</td>
<td>BA DEGREE IN COUNSELLING SKILLS AND ADDICTION STUDIES</td>
</tr>
<tr>
<td>C14</td>
<td>B.A (Hons) IN COUNSELLING SKILLS AND ADDICTION STUDIES</td>
</tr>
<tr>
<td>C17</td>
<td>MASTERS DEGREE IN COGNITIVE BEHAVIOURAL THERAPY</td>
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<td>C18</td>
<td>MASTERS DEGREE IN COUNSELLING AND PSYCHOTHERAPY</td>
</tr>
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<td>C21</td>
<td>MASTERS IN CHILD &amp; ADOLESCENT COUNSELLING &amp; PSYCHOTHERAPY</td>
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<td>MA IN ADVANCED FACILITATION SKILLS FOR PROMOTING HEALTH AND WELL BEING</td>
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<td>MASTER OF SCIENCE / POSTGRADUATE DIPLOMA IN THERAPEUTIC INTERVENTIONS FOR ALCOHOL &amp; OTHER DRUGS</td>
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<td>E01</td>
<td>PCI IN-SERVICE TRAINING PROGRAMME</td>
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<td>F01</td>
<td>QUALITY CHAMPIONS TRAINING</td>
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<tr>
<td>F02</td>
<td>CERTIFICATE IN APPLIED ADDICTION STUDIES &amp; COMMUNITY DEVELOPMENT</td>
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<td>F03</td>
<td>PROFESSIONAL CERTIFICATE IN WOMEN AND SUBSTANCE USE</td>
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<td>F04</td>
<td>DRUG AND ALCOHOL COUNSELLING</td>
</tr>
<tr>
<td>F05</td>
<td>ONLINE POSTGRADUATE DIPLOMA IN SOCIAL POLICY AND PRACTICE.</td>
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<td>ONLINE FOUNDATION COURSE IN SUBSTANCE MISUSE</td>
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<td>F07</td>
<td>ALCOHOL &amp; DRUG ABUSE</td>
</tr>
<tr>
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<td>REMOTE LEARNING: KEYWORKING, CARE PLANNING AND CASE MANAGEMENT</td>
</tr>
<tr>
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<td>REMOTE LEARNING: AN OVERVIEW OF SOLUTION FOCUSED BRIEF THERAPY (SFBT)</td>
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</table>
### Dublin

<table>
<thead>
<tr>
<th>Course</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>A01</td>
<td>12</td>
</tr>
<tr>
<td>A02</td>
<td>14</td>
</tr>
<tr>
<td>A03</td>
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</tr>
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</table>

![Page 174](image)
<table>
<thead>
<tr>
<th>A47</th>
<th>DUBLIN NORTH EAST TASK FORCE COURSES</th>
</tr>
</thead>
<tbody>
<tr>
<td>A48</td>
<td>ADDICTION AND LOSS</td>
</tr>
<tr>
<td>A53</td>
<td>POSITIVE PARENTING FOR CHANGING FAMILIES</td>
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<tr>
<td>A54</td>
<td>FAMILY COMMUNICATIONS: COPING WITH FAMILY LIFE AND COMMUNICATION WITH TEENAGERS - TRAINING FOR TRAINEES</td>
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<td>A55</td>
<td>REHABILITATION, EDUCATION &amp; TRAINING PROGRAMME</td>
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<td>SEXUAL HEALTH AND DRUG AWARENESS: TRAINING FOR TRAINEES PROGRAMME</td>
</tr>
<tr>
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<tr>
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<td>CERTIFICATE IN ADDICTION STUDIES</td>
</tr>
<tr>
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<td>PROFESSIONAL CERTIFICATE IN THE THERAPEUTIC USE OF MINDFULNESS</td>
</tr>
<tr>
<td>B08</td>
<td>PRACTITIONERS CERTIFICATE IN COGNITIVE BEHAVIOURAL THERAPY</td>
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<td>CERTIFICATE IN COUNSELLING AND PSYCHOTHERAPY STUDEIS</td>
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<tr>
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</tr>
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<td>B14</td>
<td>MINDOUT: MENTAL HEALTH PROMOTION PROGRAMME FOR OUT OF SCHOOL SETTINGS.</td>
</tr>
<tr>
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<td>APPLIED SOCIAL STUDIES - WITH COUNSELLING &amp; ADDICTION STUDIES</td>
</tr>
<tr>
<td>B16</td>
<td>APPLIED SOCIAL STUDIES - YOUNG ADULTS</td>
</tr>
<tr>
<td>B18</td>
<td>STRENGTHENING FAMILIES PROGRAMME</td>
</tr>
<tr>
<td>B19</td>
<td>ADDICTION STUDIES</td>
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<tr>
<td>B21</td>
<td>COMMUNITY ADDICTION STUDIES COURSE QQI Award (Minor) Level 5</td>
</tr>
<tr>
<td>C01</td>
<td>ADDICTION STUDIES CERTIFICATE</td>
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<td>HIGHER CERTIFICATE IN ADDICTION STUDIES (Level 7)</td>
</tr>
<tr>
<td>C03</td>
<td>CERTIFICATE IN HOMELESS PREVENTION AND INTERVENTION</td>
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<td>DIPLOMA IN COMMUNITY DRUG AND ALCOHOL WORK</td>
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<tr>
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<td>DIPLOMA IN ADDICTION STUDIES</td>
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<td>DIPLOMA IN DRUG AND ALCOHOL STUDIES</td>
</tr>
<tr>
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<tr>
<td>C08</td>
<td>DIPLOMA IN INTEGRATIVE SUPERVIVISION</td>
</tr>
<tr>
<td>C10</td>
<td>HIGHER DIPLOMA IN SOCIAL POLICY</td>
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<tr>
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<td>BA DEGREE IN COUNSELLING SKILLS AND ADDICTION STUDIES</td>
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<td>B.A (Hons) IN COUNSELLING SKILLS AND ADDICTION STUDIES</td>
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<td>MASTERS DEGREE IN COGNITIVE BEHAVIOURAL THERAPY</td>
</tr>
<tr>
<td>C18</td>
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</tr>
<tr>
<td>C19</td>
<td>MSc ADDICTION RECOVERY</td>
</tr>
</tbody>
</table>
C20  MASTER OF ARTS (TAUGHT) IN ADDICTION STUDIES 115
C21  MASTERS IN CHILD & ADOLESCENT COUNSELLING & PSYCHOTHERAPY 117
C22  MSC ADDICTION COUNSELLING & PSYCHOTHERAPY 119
C23  MA IN ADVANCED FACILITATION SKILLS FOR PROMOTING HEALTH AND WELL BEING 121
C25  MASTER OF PUBLIC POLICY 125
D02  PEER DRUG PREVENTION EDUCATION 129
E01  PCI IN-SERVICE TRAINING PROGRAMME 131
E02  CAD TAILORED TRAINING 132
F01  QUALITY CHAMPIONS TRAINING 134
F02  CERTIFICATE IN APPLIED ADDICTION STUDIES & COMMUNITY DEVELOPMENT 136
F03  PROFESSIONAL CERTIFICATE IN WOMEN AND SUBSTANCE USE 137
F04  DRUG AND ALCOHOL COUNSELLING 139
F05  ONLINE POSTGRADUATE DIPLOMA IN SOCIAL POLICY AND PRACTICE 140
F06  ONLINE FOUNDATION COURSE IN SUBSTANCE MISUSE 142
F07  ALCOHOL & DRUG ABUSE 143
F08  REMOTE LEARNING: KEYWORKING, CARE PLANNING AND CASE MANAGEMENT 144
F09  REMOTE LEARNING: AN OVERVIEW OF SOLUTION FOCUSED BRIEF THERAPY (SFBT) 146
F10  REMOTE LEARNING: INTRODUCTION TO SOLUTION FOCUSED BRIEF THERAPY 148
F11  REMOTE LEARNING: MANAGING & COMMUNICATING IN THE COVID-19 CRISIS: PSYCHOLOGICAL PERSPECTIVES 149
F12  REMOTE LEARNING: MANAGING PROFESSIONAL BOUNDARIES 4
F13  REMOTE LEARNING: AN OVERVIEW OF RELAPSE PREVENTION 150
F14  REMOTE LEARNING: AN INTRODUCTION TO MOTIVATIONAL INTERVIEWING 151
F15  REMOTE LEARNING: AN INTRODUCTION TO DIALECTICAL BEHAVIOUR THERAPY 153

Leinster

The province of Leinster

Course                              Page
A01  STRENGTHENING FAMILIES PROGRAMME 12
A07  DEVELOPMENT OF POLICIES AND PROCEDURES FOR WORKPLACE DRUGS AND ALCOHOL 17
<table>
<thead>
<tr>
<th>Code</th>
<th>Description</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>A09</td>
<td>ASIST (Applied Suicide Intervention Skills Training)</td>
<td>20</td>
</tr>
<tr>
<td>B05</td>
<td>SAOR SCREENING AND BRIEF INTERVENTION FOR PROBLEM ALCOHOL &amp; SUBSTANCE USE. ONE-DAY COURSE.</td>
<td>59</td>
</tr>
<tr>
<td>B14</td>
<td>MINDOUT: MENTAL HEALTH PROMOTION PROGRAMME FOR OUT OF SCHOOL SETTINGS.</td>
<td>70</td>
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<tr>
<td>C01</td>
<td>ADDICTION STUDIES CERTIFICATE</td>
<td>81</td>
</tr>
<tr>
<td>C02</td>
<td>HIGHER CERTIFICATE IN ADDICTION STUDIES (Level 7)</td>
<td>83</td>
</tr>
<tr>
<td>C06</td>
<td>DIPLOMA IN DRUG AND ALCOHOL STUDIES</td>
<td>89</td>
</tr>
<tr>
<td>C12</td>
<td>BACHELOR OF ARTS IN APPLIED ADDICTION STUDIES AND COMMUNITY DEVELOPMENT</td>
<td>101</td>
</tr>
<tr>
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<td>B.A (Hons) IN COUNSELLING SKILLS AND ADDICTION STUDIES</td>
<td>105</td>
</tr>
<tr>
<td>C15</td>
<td>BA (HONOURS) IN COUNSELLING WITH ADDICTION</td>
<td>107</td>
</tr>
<tr>
<td>C16</td>
<td>BA (HONOURS) IN COUNSELLING WITH ADDICTION. ONE YEAR ADD-ON</td>
<td>108</td>
</tr>
<tr>
<td>C17</td>
<td>MASTERS DEGREE IN COGNITIVE BEHAVIOURAL THERAPY</td>
<td>109</td>
</tr>
<tr>
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<td>MASTERS DEGREE IN COUNSELLING AND PSYCHOTHERAPY</td>
<td>111</td>
</tr>
<tr>
<td>E01</td>
<td>PCI IN-SERVICE TRAINING PROGRAMME</td>
<td>131</td>
</tr>
<tr>
<td>F01</td>
<td>QUALITY CHAMPIONS TRAINING</td>
<td>134</td>
</tr>
<tr>
<td>F02</td>
<td>CERTIFICATE IN APPLIED ADDICTION STUDIES &amp; COMMUNITY DEVELOPMENT</td>
<td>136</td>
</tr>
<tr>
<td>F03</td>
<td>PROFESSIONAL CERTIFICATE IN WOMEN AND SUBSTANCE USE</td>
<td>137</td>
</tr>
<tr>
<td>F04</td>
<td>DRUG AND ALCOHOL COUNSELLING</td>
<td>139</td>
</tr>
<tr>
<td>F05</td>
<td>ONLINE POSTGRADUATE DIPLOMA IN SOCIAL POLICY AND PRACTICE.</td>
<td>140</td>
</tr>
<tr>
<td>F06</td>
<td>ONLINE FOUNDATION COURSE IN SUBSTANCE MISUSE</td>
<td>142</td>
</tr>
<tr>
<td>F07</td>
<td>ALCOHOL &amp; DRUG ABUSE</td>
<td>143</td>
</tr>
<tr>
<td>F08</td>
<td>REMOTE LEARNING: KEYWORKING, CARE PLANNING AND CASE MANAGEMENT</td>
<td>144</td>
</tr>
<tr>
<td>F09</td>
<td>REMOTE LEARNING: AN OVERVIEW OF SOLUTION FOCUSED BRIEF THERAPY (SFBT)</td>
<td>146</td>
</tr>
<tr>
<td>F10</td>
<td>REMOTE LEARNING: INTRODUCTION TO SOLUTION FOCUSED BRIEF THERAPY</td>
<td>148</td>
</tr>
<tr>
<td>F11</td>
<td>REMOTE LEARNING: MANAGING &amp; COMMUNICATING IN THE COVID-19 CRISIS: PSYCHOLOGICAL PERSPECTIVES</td>
<td>149</td>
</tr>
<tr>
<td>F12</td>
<td>REMOTE LEARNING: MANAGING PROFESSIONAL BOUNDARIES</td>
<td>4</td>
</tr>
<tr>
<td>F13</td>
<td>REMOTE LEARNING: AN OVERVIEW OF RELAPSE PREVENTION</td>
<td>150</td>
</tr>
<tr>
<td>F14</td>
<td>REMOTE LEARNING: AN INTRODUCTION TO MOTIVATIONAL INTERVIEWING</td>
<td>151</td>
</tr>
<tr>
<td>F15</td>
<td>REMOTE LEARNING: AN INTRODUCTION TO DIALECTICAL BEHAVIOUR THERAPY</td>
<td>153</td>
</tr>
<tr>
<td>Course</td>
<td>Description</td>
<td>Page</td>
</tr>
<tr>
<td>--------</td>
<td>------------------------------------------------------------------------------</td>
<td>------</td>
</tr>
<tr>
<td>A01</td>
<td>STRENGTHENING FAMILIES PROGRAMME</td>
<td>12</td>
</tr>
<tr>
<td>A07</td>
<td>DEVELOPMENT OF POLICIES AND PROCEDURES FOR WORKPLACE DRUGS AND ALCOHOL</td>
<td>17</td>
</tr>
<tr>
<td>A09</td>
<td>ASIST (Applied Suicide Intervention Skills Training)</td>
<td>20</td>
</tr>
<tr>
<td>A11</td>
<td>BRIEF INTERVENTIONS FOR SMOKING CESSATION</td>
<td>21</td>
</tr>
<tr>
<td>A16</td>
<td>PARENT TO PARENT PROGRAMME</td>
<td>23</td>
</tr>
<tr>
<td>A46</td>
<td>COMMUNITY ADDICTION COURSE</td>
<td>41</td>
</tr>
<tr>
<td>B01</td>
<td>SUBSTANCE USE ISSUES IN YOUTH AND COMMUNITY WORK</td>
<td>56</td>
</tr>
<tr>
<td>B05</td>
<td>SAOR SCREENING AND BRIEF INTERVENTION FOR PROBLEM ALCOHOL &amp; SUBSTANCE USE. ONE-DAY COURSE.</td>
<td>59</td>
</tr>
<tr>
<td>B07</td>
<td>PROFESSIONAL CERTIFICATE IN THE THERAPEUTIC USE OF MINDFULNESS</td>
<td>63</td>
</tr>
<tr>
<td>B14</td>
<td>MINDOUT: MENTAL HEALTH PROMOTION PROGRAMME FOR OUT OF SCHOOL SETTINGS.</td>
<td>70</td>
</tr>
<tr>
<td>B20</td>
<td>COMMUNITY ADDICTION STUDIES</td>
<td>78</td>
</tr>
<tr>
<td>C01</td>
<td>ADDICTION STUDIES CERTIFICATE</td>
<td>81</td>
</tr>
<tr>
<td>C06</td>
<td>DIPLOMA IN DRUG AND ALCOHOL STUDIES</td>
<td>89</td>
</tr>
<tr>
<td>C09</td>
<td>SUBSTANCE MISUSE AND ADDICTION STUDIES DIPLOMA</td>
<td>95</td>
</tr>
<tr>
<td>C13</td>
<td>BA DEGREE IN COUNSELLING SKILLS AND ADDICTION STUDIES</td>
<td>103</td>
</tr>
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<td>C14</td>
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<td>105</td>
</tr>
<tr>
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<td>BA (HONOURS) IN COUNSELLING WITH ADDICTION</td>
<td>107</td>
</tr>
<tr>
<td>C17</td>
<td>MASTERS DEGREE IN COGNITIVE BEHAVIOURAL THERAPY</td>
<td>109</td>
</tr>
<tr>
<td>C18</td>
<td>MASTERS DEGREE IN COUNSELLING AND PSYCHOTHERAPY</td>
<td>111</td>
</tr>
<tr>
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<td>MASTERS IN CHILD &amp; ADOLESCENT COUNSELLING &amp; PSYCHOTHERAPY</td>
<td>117</td>
</tr>
<tr>
<td>C23</td>
<td>MA IN ADVANCED FACILITATION SKILLS FOR PROMOTING HEALTH AND WELL BEING</td>
<td>121</td>
</tr>
<tr>
<td>C26</td>
<td>POSTGRADUATE RESEARCH IN DRUG AND ALCOHOL MISUSE</td>
<td>127</td>
</tr>
<tr>
<td>E01</td>
<td>PCI IN-SERVICE TRAINING PROGRAMME</td>
<td>131</td>
</tr>
<tr>
<td>F01</td>
<td>QUALITY CHAMPIONS TRAINING</td>
<td>134</td>
</tr>
<tr>
<td>F02</td>
<td>CERTIFICATE IN APPLIED ADDICTION STUDIES &amp; COMMUNITY DEVELOPMENT</td>
<td>136</td>
</tr>
<tr>
<td>F03</td>
<td>PROFESSIONAL CERTIFICATE IN WOMEN AND SUBSTANCE USE</td>
<td>137</td>
</tr>
<tr>
<td>F04</td>
<td>DRUG AND ALCOHOL COUNSELLING</td>
<td>139</td>
</tr>
<tr>
<td>F05</td>
<td>ONLINE POSTGRADUATE DIPLOMA IN SOCIAL POLICY AND PRACTICE.</td>
<td>140</td>
</tr>
<tr>
<td>Course</td>
<td>Page</td>
<td></td>
</tr>
<tr>
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<td>ASIST (Applied Suicide Intervention Skills Training)</td>
<td>20</td>
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<td>B07</td>
<td>PROFESSIONAL CERTIFICATE IN THE THERAPEUTIC USE OF MINDFULNESS</td>
<td>63</td>
</tr>
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<td>B17</td>
<td>LEVEL 5 DIPLOMA IN SUBSTANCE MISUSE THEORY &amp; INTERVENTIONS</td>
<td>73</td>
</tr>
<tr>
<td>C11</td>
<td>FOUNDATION DEGREE IN RESPONDING TO ALCOHOL AND DRUG MISUSE</td>
<td>99</td>
</tr>
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<td>C24</td>
<td>MASTER OF SCIENCE / POSTGRADUATE DIPLOMA IN THERAPEUTIC INTERVENTIONS FOR ALCOHOL &amp; OTHER DRUGS</td>
<td>123</td>
</tr>
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<td>E01</td>
<td>PCI IN-SERVICE TRAINING PROGRAMME</td>
<td>131</td>
</tr>
<tr>
<td>F01</td>
<td>QUALITY CHAMPIONS TRAINING</td>
<td>134</td>
</tr>
<tr>
<td>F02</td>
<td>CERTIFICATE IN APPLIED ADDICTION STUDIES &amp; COMMUNITY DEVELOPMENT</td>
<td>136</td>
</tr>
<tr>
<td>F03</td>
<td>PROFESSIONAL CERTIFICATE IN WOMEN AND SUBSTANCE USE</td>
<td>137</td>
</tr>
<tr>
<td>F04</td>
<td>DRUG AND ALCOHOL COUNSELLING</td>
<td>139</td>
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<td>ONLINE POSTGRADUATE DIPLOMA IN SOCIAL POLICY AND PRACTICE.</td>
<td>140</td>
</tr>
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<td>ONLINE FOUNDATION COURSE IN SUBSTANCE MISUSE</td>
<td>142</td>
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<tr>
<td>F07</td>
<td>ALCOHOL &amp; DRUG ABUSE</td>
<td>143</td>
</tr>
<tr>
<td>F08</td>
<td>REMOTE LEARNING: KEYWORKING, CARE PLANNING AND CASE MANAGEMENT</td>
<td>144</td>
</tr>
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<td>F09</td>
<td>REMOTE LEARNING: AN OVERVIEW OF SOLUTION FOCUSED BRIEF THERAPY (SFBT)</td>
<td>146</td>
</tr>
<tr>
<td>F10</td>
<td>REMOTE LEARNING: INTRODUCTION TO SOLUTION FOCUSED BRIEF THERAPY</td>
<td>148</td>
</tr>
<tr>
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<td>REMOTE LEARNING: MANAGING &amp; COMMUNICATING IN THE COVID-19 CRISIS: PSYCHOLOGICAL PERSPECTIVES</td>
<td>149</td>
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<td>REMOTE LEARNING: MANAGING PROFESSIONAL BOUNDARIES</td>
<td>4</td>
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<td>F13</td>
<td>REMOTE LEARNING: AN OVERVIEW OF RELAPSE PREVENTION</td>
<td>150</td>
</tr>
<tr>
<td>F14</td>
<td>REMOTE LEARNING: AN INTRODUCTION TO MOTIVATIONAL INTERVIEWING</td>
<td>151</td>
</tr>
<tr>
<td>F15</td>
<td>REMOTE LEARNING: AN INTRODUCTION TO DIALECTICAL BEHAVIOUR THERAPY</td>
<td>153</td>
</tr>
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