



Directory of Services for Alcohol and Drug Abuse in Cork City 2007 / 2008

This Directory is funded by
Cork Local Drugs Task Force
through The Health Service Executive, South



Comhair Chathair Chorcaí Teo
Cork City Partnership Ltd.

Foreword

I am delighted as Chairperson of Cork Local Drugs Task Force to be associated with the publication of this fifth edition of the 'Directory of Drug and Alcohol Related Services in Cork City'.

We are currently evaluating our interim funded projects. This is an important time in terms of reviewing what work and planning has been done to date and what needs to be done. The implementation of our own local Action Plan continues with projects reviewing their focus to take into account emerging trends.

I would like to take this opportunity, once again, to thank all of you who are involved in the delivery of services to individuals, families and communities. Your dedication and commitment makes a difference.

Finally, I would like to congratulate those involved with the Community Outreach Drugs Awareness Project in providing us with up to date information so that we can keep in touch and work together. Well done!



Clr. Jim Corr
Chairperson

Cork Local Drugs Task Force

Cork Local Drugs Task Force,
Community Care Offices,
St. Finbarr's Hospital,
Douglas Road, Cork.

Tel: 021 4923135

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Comhar Chathair Chorcaí Teo

Comhar Chathair Chorcaí Teo is funded by the Cork Local Drugs Task Force through the Health Services Executive, South to implement the Community Outreach Drugs Awareness Project. This project acknowledges the need for a collective community response to the issue of drug prevention.


The objective of the project is to encourage and support community involvement in drug prevention strategies at local level and citywide through a range of approaches including education & training, awareness raising, information sharing and capacity building.

In its Local Development Social Inclusion Plan 2000 – 2006, Comhar Chathair Chorcaí Teo has stated its commitment to the maintenance of an up to date directory of drug and alcohol related services as an important awareness raising action in this regard.

This Directory demonstrates the significant development of drug and alcohol services in Cork City as a result of the action plans of the Cork Local Drugs Task Force. It also demonstrates the level of community involvement and the commitment of communities in tackling the drug problem and this is to be commended.

It is my hope that this Directory will contribute to the development of a collective response between communities and also that it will serve to support the work being done by groups citywide in tackling the drugs issue.

Congratulations to all the groups and projects listed in this Directory.



John O' Callaghan
Chairman

Comhar Chathair Chorcaí Teo

Co-ordination of Drug & Alcohol Services

Contact Information:

Mr. Willie Collins

Co-ordinator of Services for Substance & Alcohol Abuse

Community Services Offices

St. Finbarr's Hospital, Douglas Road, Cork

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Fax: 021-4923137

Email: Willie.Collins@mailp.hse.ie

Role of the Co-ordinator

The role of the Co-ordinator is to co-ordinate the planning and evaluation of services for persons involved with drug and alcohol misuse whether provided by the Board or the voluntary sector and to liaise closely with all service providers. The Co-ordinator does not provide any treatment of Drug and Alcohol misuse directly to the public but is involved in:

- Determining needs within the community
- Developing recommendations and services in the prevention and treatment of drug and alcohol misuse.

Currently treatment services are established in Co. Kerry, West Cork, North and East Cork and additional services in Cork City at Arbour House and a North City location.

As the Co-ordinator does not provide services directly to the public there is no access arrangement. However, considerable contact is maintained through liaison work with voluntary groups, the Local Drugs Task Force and the Southern Regional Task Force.

Cork Local Drugs Task Force

Contact Information:

Mr David Lane

Co-ordinator Cork Local Drugs Task Force

Community Care Offices

St. Finbarr's Hospital, Douglas Road, Cork

Tel: 021-4923135

Fax: 021-4923137

Email: David.Lane1@mailp.hse.ie

Website: www.corkldf.ie

Role of the Co-ordinator

- Profiles all existing or planned services or resources available in the Task Force area to address the drugs issue;
- Facilitates multi-sectoral collaboration through increased participation in the Task Force;
- Supports the Task Force in reviewing emerging needs and prioritising responses;
- Disseminates information on local drugs issues, the Task Force plans, services and other responses;
- Establishes mechanisms for monitoring and evaluating the Task Force plans, which are consistent with the overall aims and objectives of the National Drugs Strategy;
- Ensures a proper evaluation framework is put in place for Task Force funded projects, so as to ensure their effective delivery, based on agreed objectives as outlined in the local area plan.



Cork Local Drugs Task Force
services for Alcohol and Drug Abuse in Cork City
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Visit our website at
www.corkldtf.ie

For all the
latest info
on jobs,
services
and
events



Southern Regional Drugs Task Force

Contact Information

Mr Chris Black

Coordinator Southern Regional Drugs Task Force

Community Services Offices

St Finbarr's Hospital

Douglas Road

Cork

Tel: 021-4923135

Fax: 021-4923137

Email: chris.black@mailp.hse.ie

Role of the Co-ordinator

- To work across Counties Cork & Kerry (excluding Cork City) and deliver a Strategic Plan, developed by the Southern Regional Drugs Task Force, under the National Drugs Strategy.
- To develop community based responses to Drug & Alcohol misuse
- To provide support to existing services working in the field of drugs & alcohol
- To provide up to date information to the Southern Regional Drugs Task Force, in order that a cohesive response be developed to issues as they arise.
- To work towards improvement in service provision for those who are experiencing issues related to drugs and alcohol misuse.
- To provide feedback from time to time to the National Drugs Strategy Team on policy issues.
- To ensure that a real partnership approach is developed in response to drug and alcohol misuse.

Contents

Section 1 - Education Prevention and Information

Ballincollig Youth Initiative	9
Ballyphehane Action for Youth	9
Carragaline Youth Initiative	10
Cork City Partnership Ltd.	10
Cork Simon Youth Homeless Drug Prevention Project	10
Club Cork Health Promotion Dept	11
Douglas DAYS	11
Dublin Hill / Ballyvolane Initiative for Youth	12
FADA, Farranree Alcohol and Drugs Awareness	12
Glanmire Youth Project	12
Glen Neighbourhood Youth Project	13
Greenmount Youth Initiative	13
Gurranbraher Youth Development Centre	14
Hillgrove Outreach Project	14
Knocknaheeny Youth Project	14
Mallow Drugs Project	15
Mayfield Youth 2000	15
Mayfield Youth 2000 – Phase 2	15
Togher Link-Up Ltd.	16
Yew Tree Project	16
YMCA	16

Section 2 - Community Counselling Services

Health Service Executive, Southern Area	17
YMCA	17

Section 3 - Treatment & Rehabilitation

• Anchor Treatment Centre	18
• Arbour House	18
• Matt Talbot Adolescent Services	18
• Outreach Pre-treatment Service	19
• Tabor Lodge	19

Section 4 - After Care Services

Fellowship House	20
Renewal	21

Section 5 - Support Services

The Bridge Recovery Group	22
Cork Alliance Centre	22
Churchfield Community Trust	23
The Dillons Cross Project	23
The Grattan Project	24
H.O.P.E. Project	24
Post Release Services	24
The Samaritans	24
The Sexual Health Centre	25
Stop Drugs Now	25
Teen Parents Support Programme	25

Section 6 - Support Groups

Alcoholics Anonymous	26
Al Anon / Al Ateen	26
Gamblers Anonymous	26
Narcotics Anonymous	27
Nar Anon	27
H.A.D.D. Child Family, Family Support Group	28
Parents Aware Ballincollig	28
T.R.A.F.I.C.	28

Section 7 - Residential Facilities

Cork Foyer	29
Cork Simon Community	29
Good Shepherd Services	30
- Edel House	30
- Riverview	30
- Bruac Day Centre	30
- Aftercare	31
St. Helens Care Association	31
St. Vincent de Paul	31
Threshold	31
Wells Springs	32

Section 8 - Training

Cork City Partnership Ltd.	33
Cork Education Support Centre	33
Cork Institute of Technology	34
The Social and Health Education Project	34
Health Promotion Department	34
Peer Education Programme	35

Section 9 - Publications

Cork Youth Information Centre	36
Living Solutions / Hazelden Europe	36
University College Cork	36

Section 10 - Associated Services

Asylum Seeker Outreach Service	37
C.C.T.U.	37
Glen Young Adults Project	37
G.U.M. Clinic(Genito-Urinary Medicine)	38
L.I.N.C. Lesbians in Cork Ltd.	38
NeCodra New Communities Drug Awareness	39
Northside Community Health Initiative(NICHE)	39
Southern Gay Men's Project	40
Youth Health Service	40

SECTION 1

EDUCATION, PREVENTION & INFORMATION SERVICES

ORGANISATION

Ballincollig Youth Initiative

Youth House, Station Road
Ballincollig, Co. Cork



CONTACT

Clare McCarthy

Tel: 021 4810373

Mobile: 087 2844426

SERVICES PROVIDED

- Outreach, referral and support services to parents, families and young people living in Ballincollig
- One to one support and group activities with young people, helping to promote a healthy lifestyle
- Drug and alcohol education and awareness programmes for schools and youth groups in the local community
- Parents support group

ORGANISATION

Ballyphehane Action for Youth

21a Pouladuff Rd
Cork



CONTACT

Youth worker:

Noelle Murphy

Telephone: 021 4502112

Mobile: 086 3872041

SERVICES PROVIDED

- Provides confidential, friendly impartial support advice and information to young people (14 – 18years) who are currently using or at risk of using drugs. This service is free of charge and can be contacted by self referral / concerned parents / guardians / family members or other relevant agencies.
- One to one guidance / support for young people and parents
- Information / advice
- Educational and self developmental group work
- Referral to other appropriate relevant agencies

ORGANISATION

Carragaline Youth Initiative

Carragaline Community Complex
Carragaline
Co. Cork



CONTACT

Deirdre Nagle

Tel: 021 4919635
Mobile: 086 3837390
Email : carragalineyouthinitiative@eircom.net

SERVICES PROVIDED

- Community based resource providing activities and programmes for 12 -19 year olds
- Managed by Foróige in partnership with a local advisory committee

ORGANISATION

Cork City Partnership Ltd.,

Sunbeam Industrial Park,
Millfield,
Mallow Road,
Cork.



CONTACT

Project Promoter:

Ann O Sullivan

Community Development Workers:

Aoife Ni Chonchuir

Mella Magee

Tel : 021 4302310

Fax: 021 4302081

Email:

anichonchuir@partnershipcork.ie

mmagee@partnershipcork.ie

SERVICES PROVIDED

Cork City Partnership implements the Community Outreach Drugs Awareness Project. This project

aims to support communities to develop drug prevention strategies at local level. It aims to support communities through the following measures:

- Education and Training Courses- short-term and accredited
- Seminars and Workshops both local and citywide
- Facilitates Networking of community groups to promote good practice
- Technical assistance to community groups to prepare local strategies, funding applications etc.
- Community Drugs Library

ORGANISATION

Cork Simon's Youth Homeless Drug Prevention Project

Cork Simon Day Centre
Andersons Quay
Cork



CONTACT

Project Worker:

Jane Coakley

Mobile: 087 6185907

Fax: 021 4278732

Email:

daycentre@corksimoncommunity.ie

SERVICES PROVIDED

Targets young homeless people (26 or younger) with the aims of:

- Preventing young people from falling into the cycle of homelessness
- Providing early intervention, that will empower and enable young people to address their drug and other related issues.
- Providing support, advice and information to young people who are homeless and currently using or at risk of using drugs.

ORGANISATION

Club Cork

Health Promotion Department,
HSE South,
Eye, Ear and Throat Hospital,
Western Road, Cork



CONTACT

Senior Health Promotion Officer:

Sandra Coughlan

Health Promotion Officer:

Sharon McGillycuddy

Tel: 021 4921670

Fax: 021 4921655

E-mail: hpd@mailp.hse.ie

SERVICES PROVIDED

The Club Cork Alcohol and Drugs Awareness programme, developed by the Health Promotion Department) in partnership with An Garda Síochána and local publicans aims to increase awareness and inform those working in the pub/club environment about the negative effects of drug and alcohol misuse and to explore / identify possible solutions to deal with such issues effectively. This training programme will be developed in both County Cork and County Kerry in 2007 through funding from the Southern Regional Drugs Task Force.

For further information please contact the Health Promotion Department.

ORGANISATION

DAYS Project

(Douglas Area Youth Services)

Block B5,
Donnybrook Commercial Centre,
Donnybrook, Douglas, Cork.



CONTACT

Project Co-ordinator:

Catherine Fitzgerald

Mobile (087) 9150511

A community – based drug project, which is committed to addressing the drug / alcohol problem in the Douglas area.

SERVICES PROVIDED

- One to one support to young people who are actively involved in substance mis-use
- Support and information for young people, parents on drugs / alcohol living in Douglas.
- Assessment service and makes appropriate referral to other relevant services

ORGANISATION

Dublin Hill / Ballyvolane Initiative for Youth

Unit 5, College Shopping Centre

Dublin Hill, Cork

A Garda Síochána promoted project, administered by Ogra Chorcaí and managed in association with local interests.



CONTACT

Youth Workers:

Stephen Connolly

Mobile 086 3668049

Andrew Fiddow

Mobile 087 1209001

Tel: 021 4212887

Email:

andrew_fidow@yahoo.com /

ograchorcailtd@eircom.net

SERVICES PROVIDED

- The project provides two workers to work with at "risk" young people in the Dublin Hill/ Ballyvolane area, through leisure based, educational and self developmental activities.
- Provides the people living in the area with paid professional youth workers and provides a knowledge resource around drug, alcohol and solvent abuse issues
- Provides individual and family support for those with substance mis-use and alcohol problems, as well as relapse prevention programmes within a community setting.

ORGANISATION

FADA,

Farranree Alcohol and Drugs Awareness,

Farranree Community Resource Centre,

Pophams Road, Farranree,

Cork.



CONTACT

Outreach Worker:

Jane Hogan

Mobile Number: 086 3561613

Development Worker:

Tracey Dunne

Mobile Number: 086 1591507

Tel : 021 4212328

Fax: 021 4212329

email: fadaproject@eircom.net

SERVICES PROVIDED

- Provides outreach, referral, support, information and education services to parents, families and young people living in the Farranree area of Cork City.

ORGANISATION

Glanmire Youth Project

G.A.A. Pavillion

Sallybrook, Glanmire,

Co. Cork



CONTACT

Youth worker:

Tel: 021 4823881

SERVICES PROVIDED

- Education and Prevention on drug and alcohol issues
- Family support
- Workshops in schools for children and their parents
- Referral to other relevant agencies

ORGANISATION

Glen Neighbourhood Youth Project,

49 - 54 Comeragh Park,
The Glen, Cork.



CONTACT

Lisa Sheehan

Mobile No : (085) 7845672

Tel: 021 4559505

Fax: 021 4506147

Email: lisasheehan@yahoo.com

SERVICES PROVIDED

- Provides outreach, referral and support services to young people, their families and the community living in the Glen and surrounding districts.

ORGANISATION

Greenmount Youth Initiative,

118 / 119 Barrack Street,
Cork City.



CONTACT

Youth Worker:

Ruairi O'Laoire

Telephone 021 4847874

Orgra Chorcaí

Telephone 021 4502112

SERVICES PROVIDED

Target Group – 12 to 18 years

Provides:

Service for young people (12 to 18 years of age) not engaged in structured sport or youth provision in Greenmount and surrounding areas.

- Support and information for young people, parents and other interested groups.
- Educational and preventative drug / alcohol awareness for 16 to 18 year olds in Greenmount and surrounding areas.

ORGANISATION

Gurranabraher Youth Development Centre

11B Gurranabraher Road,
Gurranabraher,
Cork.



SERVICES PROVIDED

U4EA Arts Program designed to introduce young people to the arts and allows them access to different mediums.

Community Outreach Project provides:

- Outreach, referral and support services for young people (15-25) and parents
- Provides programs in consultation with young people (15-25) with a drug or alcohol related issue focus.
- Peer Education

CONTACT

Project Co-ordinator

Eleanor O' Sullivan

U4EA Arts Co-ordinator

Sylvia Mathews

Community Outreach Worker

Pat O'Connell

Tel: 021 4391778

Mobile: 087 6294784

Fax: 021 4399204

Email: gcydc@eircom.net

ORGANISATION

Hillgrove Outreach Project

Hillgrove Lane Off Campus Centre,
Gerald Griffin Street,
Cork City.



SERVICE PROVIDED

- Outreach, referral and follow through support services to parents, families and young people living in the Shandon / Blackpool area
- One to one and group work for young persons presenting with drug and / or alcohol mis-use or abuse issues
- Liaise with the existing support services, agencies and projects in the Shandon / Blackpool area.

CONTACT

Project Co-ordinator:

Barry Corkery

Tel: 021 4210774

Fax: 021 4212225

Mobile: 087 7966020

Email:

hillgrove.outreach@corkldtf.ie

ORGANISATION

Knocknaheeny Youth Project

Hollyhill Shopping Centre,
Knocknaheeny,
Cork.



SERVICES PROVIDED

Provides:

- Outreach, referral and support services to parents, families and young people living in Knocknaheeny.

CONTACT

Celine Hurley

Tel: 021 4303902

Fax: 021 4399550

Mobile: 087 1224794

Email:

celinehurley@eircom.net

- Confidential one to one support
- Group activities with young people raising awareness of drug and alcohol issues
- Personal development
- Delivering drug awareness workshops within the wider community
- Making appropriate referrals to other relevant agencies

ORGANISATION

Mallow Drugs Project,

Mallow Community Youth Centre,
New Road, Mallow,
Co. Cork.



CONTACT

Catherine Buckley

Mobile: 086 8031 109

Tel: 022 53526/53527

Fax: 022 53456

SERVICES PROVIDED

The project offers support for young people, their families, volunteers & members of the community through one to one sessions, home visits, group work, group leisure activities, training, work experience, information, referral and building effective networks.

ORGANISATION

Mayfield Youth 2000,

Kerrigan Tyrell Youth Centre,
Mayfield,
Cork.



CONTACT

Deirdre Dennigan

Tel: 021 4551903

Email

orgrachorcaítd@eircom.net

PROVIDES:

- A drugs information and resource base within the Mayfield area
- Support and information for young people, parents and other interested groups.
- Programmes which are educational and preventative.

ORGANISATION

Mayfield Youth 2000 – Phase 2

20, Lotamore Park,
Lotamore,
Mayfield, Cork.



CONTACT

Martina O’Keeffe

Landline: 021 4530898

Mobile: 086 3682061

Email: lotamore@hotmail.com

SERVICES PROVIDED

Provides:

- A drugs information and resource base within the Lotamore area.
- Support and information for young people, parents and other interested groups.
- Programmes which are educational and preventative.

ORGANISATION

Togher Link – Up Ltd.

13 Tramore Road,
Togher,
Cork.



CONTACT

Project Co-ordinator:
Alison Kilty
Mobile: 086 8240140
Tel: 021 4323839
Fax: 021 4323839
Email: togherlinkup@eircom.net
Website: www.link-up.org

SERVICES PROVIDED

- Provides the community with a range of drug / alcohol support services through an intervention approach, where support is available on a one to one basis
- Prevention and Education initiatives are carried out through the mediums of schools and out of school settings

ORGANISATION

Yew Tree Project,

22 Lakeland's Crescent
Mahon, Cork.



CONTACT

Youth Worker
Tel: 021 4350445
Mobile: 086 3801698

SERVICES PROVIDED

- Provides outreach, referral and support services to young people, their parent's and families living in the Mahon and Blackrock area.
- Makes appropriate referral to relevant agencies

ORGANISATION

YMCA

11-12 Marlboro Street, (opp Clancy's)
Cork.



CONTACT

Isla Jeffers
Joy Cantwell
Tel: 021 4270187 /
021 4273056

SERVICES PROVIDED

Heart and Soul

Heart and Soul is a holistic Health Education programme for schools and youth groups. The nine available sessions cover concepts of health in its broadest form i.e. physical, mental, emotional, social, spiritual and societal health, with individual sessions focusing in on each e.g. stress, body image, relationships etc

D.I.O.N. PROJECT

SERVICES PROVIDED

An Independent Living skills programme covering areas such as:

- Budgeting and finance
- Loneliness and Support
- Tenancy rights
- Health and Hygiene
- Career Guidance Issues
- Information



CONTACT

John Russell
Tel: 021 4270187

SECTION 2

COMMUNITY COUNSELLING SERVICES

ORGANISATION

Community Counselling Service,

10, Church Street,
(Off Shandon Street), Cork.



CONTACT

Counsellor on Duty

Tel: 021 4212382

Fax: 021 4212387

Website: mailp.hse.ie

ACCESS TO SERVICES

The Community and Counselling and Advisory service accepts referrals from various sources: Clients and family members, G.P's, Probation Services, Social Services and Hospital Services, People are seen on an appointment basis only and the service is free to all.

Please note that this is not an emergency service.

SERVICES PROVIDED

The services meet with the following groups:

- People who have concerns about their own alcohol or drug mis-use
- People who have concerns about a family member's alcohol or drug mis-use

Following consultation / assessment a treatment plan is devised with the client, which depending on their needs may indicate a brief intervention, one to one counselling, relapse prevention, non – residential / residential treatment programme, concerned persons programme or other intervention.

ORGANISATION

YMCA

11-12 Marlboro Street, (opp Clancy's)
Cork.



CONTACT

Isla Jeffers

Susan Franklin

Tel: 021 4270187/

021 4273056

SERVICES PROVIDED

The Youth Counselling Service offers a counselling service for 15-28 year olds for personal issues which may put them at risk of alcohol or drug misuse.

SECTION 3 TREATMENT & REHABILITATION

ORGANISATION

Anchor Treatment Centre Limited

Spa Glen
Mallow
Co Cork



CONTACT

Counsellor on Duty

Tel : 022 42559
Fax : 022 43843
Email:
anchorcentre@eircom.net

SERVICES PROVIDED

- Assessment and problem diagnosis
- Ten – Week Treatment Programme for persons with dependency on alcohol / drugs / gambling
- Ten – Week Family Programme for concerned persons
- Continuing Care Programme following completion of the above programmes
- Individual Counselling

ORGANISATION

Arbour House & Community Counselling Services

HSE, South
Addiction Treatment Centre,
St. Finbarr's Hospital,
Douglas Road, Cork.



CONTACT

The Administrator

Tel: 021 4968933
Fax: 021 4320391
Email:
addictiontreatment@mailp.hse.ie

SERVICES PROVIDED

- Consultation and assessment
- Treatment Programmes for adults who are addicted to drugs or alcohol, or both, on an out patient basis
- Treatment programme for young people who are addicted to drugs, alcohol or both on an outpatient basis.
- Family Programmes

ORGANISATION

Matt Talbot Adolescent Services,

Cara Lodge, Ahiohill
Enniskane, Co. Cork



CONTACT

Staff On Duty

Tel: 023 39459
Fax: 023 39590
Email: caralodge@eircom.net

SERVICES PROVIDED

Tier 4 service.

- Residential treatment for adolescent boys between the ages of 14 – 18 years with serious substance misuse and collated psycho – social challenging behaviour
- A highly structured and diverse treatment programme focused on youth development and rehabilitation

ORGANISATION

Matt Talbot Adolescent Services

Outreach Pre-Treatment Service,
Rockview, Trabeg Lawn
Douglas, Cork



CONTACT

Staff On Duty

Tel: 021 4896400
Fax: 021 4896419
Email: mtas@eircom.net

SERVICES PROVIDED

Tier 3 Service

- Referral
- Assessment
- Pre – Residential Programme
- Aftercare
- Engagement
- Treatment
- Family Programme

ORGANISATION

Tabor Lodge

Addiction Treatment Centre
Ballindeasig,
Belgooly,
Co. Cork.



CONTACT

Staff on duty

Tel: 021 4887110
Fax: 021 4887377
Email :
taborlodge@eircom.net

SERVICES PROVIDED

- A 28 day residential treatment programme for people with addictions to alcohol / drugs / gambling / food / spending
- Aftercare programme for both patient and concerned person/s
- Assessment and problem diagnosis
- Family Programme
- Intervention Support
- Seminars for employers and employees

SECTION 4

AFTER CARE SERVICES

ORGANISATION

Fellowship House,

Spur Hill,
Togher,
Cork.



CONTACT

Counsellor on Duty

Tel: 021 4545894

Fax: 021 4344471

Email: fellowship@eircom.net

SERVICES PROVIDED

Fellowship House provides a residential supportive environment for addicted men in early recovery. It also provides a monthly in-house meeting for men who have completed the programme.

The aim is to facilitate the development of a contented healthy sobriety, enabling a transition to independent living, accommodation and re-integration into the workplace.

ADMISSION CRITERIA

- Diagnosis of addiction and have completed a primary treatment programme.
- Willingness to participate in a work/training programme on a part-time basis
- Be 18 yrs of age or older
- Be free of alcohol/drugs for at least 72 hours prior to admission

THREE MONTH PROGRAMME

- The programme at Fellowship House includes individual and group counselling
- Provides education on personal development and relapse prevention
- Its emphasis is on personal responsibility, peer support, health care, participation in a Twelve Step Group and lifestyle changes
- Residents participate in a FAS funded training programme at North-side Community Enterprises for 20 hrs per week
- Residents are encouraged to develop health and recreational skills
- Family participation is welcomed
- Residents are encouraged and supported in securing suitable 'move on' accommodation

ORGANISATION

Renewal – Women’s Residence

Shanakiel,
Blarney Road, (Near Calvary)
Cork.



CONTACT

Staff On Duty

Tel: 021 4300844

Fax: 021 4391395

Email: renewal@eircom.net

SERVICES PROVIDED

The primary mission of Renewal is to provide a residential supportive environment for addicted women in early recovery. The programme at Renewal emphasises personal responsibility, peer support, participation in a Twelve Step Programme and life style changes.

ADMISSION CRITERIA

- Diagnosis of addiction and have participated in a primary treatment programme.
- Age 18 or older
- Free of alcohol and drugs for 72 hours prior to admission
- Willingness to obtain employment or voluntary work
- Willingness to participate in the programme of recovery

Other services provided include:

- Group Therapy
- One to One Counselling
- Personal Development and Health care
- Development of Sober support system
- Learning sober recreational skills
- Relapse Prevention
- Monthly aftercare meetings

SECTION 5

SUPPORT SERVICES

ORGANISATION

The Bridge Recovery Group Ltd.,

Room 21,
South Parish Community Centre,
Sawmill Street,
Cork.



CONTACT

Sharon O'Connell

Tel: 021 4313411

Tel: 021 4313411

Fax: 021 4313574

Email:

bridgerecoverygroup@eircom.net

SERVICES PROVIDED

Provides a recovery programme to people of any age recovering from the misuse of alcohol and/or drugs.

Services include:

- Day-care
- One to One and group counselling
- Schools – peer led drugs and alcohol education and awareness programme with young people in schools.
- Ongoing support
- Meditation
- Painting and Decorating for the Elderly

ORGANISATION

Cork Alliance Centre

Robert Scott House
6 St Patrick's Quay
Cork



CONTACT 3

Sheila Connolly

Tel: 021 4557878

Fax: 021 4557880

Email:

corkalliancecentre@eircom.net

SERVICES PROVIDED

The Cork Alliance Centre is an integrated resource centre that focuses on the development of a range of services to support prisoners and former prisoners to make a "fresh start", both in terms of reducing offending behaviour and increasing positive participation in their personal, family and community life.

Fundamental to the programme is that access to the centre is voluntary on the part of the former prisoner. The centre is a vital intermediary link and holding point where the client is challenged on their behaviour and supported in their choices towards positive and effective change. The programme process is that of working with former prisoners and linking them into the relevant services in a personal support system.

ORGANISATION

Churchfield Community Trust

109 Knockfree Avenue
Churchfield, Cork.



CONTACT 3

Eileen O'Brien

Tel: 021 4210348

SERVICES PROVIDED

A Community Based Project for young men when they leave prison. Support is also given to clients who are referred through the Probation and Welfare Service. Training offered in Work and Enterprise skills with a particular focus on Woodwork, Painting and Horticulture. The following courses are available:

- Computer Skills
- Mechanics
- Metal Work
- Handcrafts
- Cookery
- Literacy
- Sports and Leisure Activities

Personal development is a key component in our programme as this is a crucial time for these young men to make significant changes in their lives.

We encourage all clients to seek help with their addictions/dependency on drugs and/or alcohol and support them through the recovery process through our links with agencies and treatment centres

One to One Counselling, Group Work, Massage and Meditation are all part of our programme

ORGANISATION

The Dillons Cross Project

The Glen Resource Centre,
The Glen, Cork.



CONTACT 4

Eibhlin Davitt

Mobile: 087 8530895

Fax: 021 4503279

SERVICES PROVIDED

Training and information for female relatives and partners through the following services:

- 30 week programmes for women
- Women's Health
- Communication Skills (FETAC)
- Work Preparation
- Mentoring
- Assertiveness & Stress Management
- Individual and group counselling
- Childcare, Parenting courses and Crafts (FETAC)
- Access to CE schemes and further education

ORGANISATION

The Grattan Project,

Grattan House,
Grattan Street, Cork.



CONTACT 6

Cal McCarthy

Tel: 4272396

Fax 021 4272404

Email corkips@eircom.net

SERVICES PROVIDED

Provides one to one and group counselling to clients of the Probation & Welfare service, Cork Prison and ex-offenders experiencing alcohol and drug related problems.

ORGANISATION

H.O.P.E. Project,

Northside Community Enterprises,
Sunbeam Industrial Park,
Millfield, Mallow Road,
Cork.



CONTACT 5

Pam Lorenz

Des O'Brien

John Clarke

Tel: 021 4909979

SERVICES PROVIDED

Support services for juvenile offenders and their families through:

- Training Courses in woodwork skills/Work Preparation, literacy, numeracy and guitar
- Linkages with community agencies

ORGANISATION

Post Release Services

Cork Prison,
Rathmore Road, Cork.



CONTACT 7

Frances Russell

Co-ordinator of Post Release

Tel: 021 4518814

Fax: 021 4503279

SERVICES PROVIDED

- Co-ordinator is responsible for giving information, advice, and liaising with statutory/education/training services. A mentoring role in relation to the above is also available.
- Provides outreach, support, training and information for ex-prisoners and their families.

ORGANISATION

The Samaritans

Coach Street, Cork.



CONTACT 8

Volunteer / Confidential

Tel: 1850 609090

Website: www.samaritans.org

SERVICES PROVIDED

- 24 – hours a day confidential, emotional support for people who are experiencing feelings of distress or despair, including those which may lead to suicide
- Talks to community and interest groups about emotional health promotion, the value of listening and the signs and symptoms of suicide.

ORGANISATION

The Sexual Health Centre

16, Peter's Street
Cork



CONTACT

Deirdre Seery

Tel: 021 4275837

Fax: 021 4274370

Helpline: 021 4274370

Email:

info@sexualhealthcentre.com

Website: www.sexualhealthcentre.com

SERVICES PROVIDED

- Training and support for young people on sexual health and drugs, so that they can act as peer educators
- Free Pregnancy Testing, Post Abortion Counselling and Post Medical Check-up in a safe, respectful and supportive environment in which to explore options and discuss feelings
- Personal Support, Education and Counselling to people with HIV and their significant other in a safe and welcoming environment
- Skills based Sexual Health workshops for Schools, Youth and Community Groups and Professional Training in Cork and Kerry so as to promote positive sexual health.

ORGANISATION

Stop Drugs Now (SDN)

1, Dunbar Street, Cork.



CONTACT 9

Volunteer / Confidential

Tel: 086 8153334

SERVICES PROVIDED

- Provides 24 hour telephone and face to face support and provides assessment, advisory and referral service to individuals and families affected by drugs and alcohol.

ORGANISATION

Teen Parents Support Programme (TPSP)

24, Dunbar Street, Cork.



CONTACT 9

Teresea McElhinney

Tel. 021 4966780

email: tpspcork@eircom.net.

SERVICES PROVIDED (Opening Hours: 9.30am - 4.30pm)

- A drop in resource centre for young mums and dads, before and after the baby is born.
- Providing support during pregnancy until the baby is 2 years old on issues such as ante-natal support, baby care and self-care, education, housing, benefits and entitlements, meeting other young parents.
- Links and referrals to other support services in the person's local area

SECTION 6

SUPPORT GROUPS

ORGANISATION

Alcoholics Anonymous (AA)

P.O. Box 137

Colso, Industrial Park,
Cork.

Monday – Sunday (8pm to 10pm)



CONTACT

AA Member

021 4500481

SERVICES PROVIDED

- Self help support group for people with alcohol related problems.

ORGANISATION

Al Anon / Al Ateen

P/O Box 55

Togher Industrial Park, Cork.



CONTACT

Group Member

Tel: 021 4311899

To speak with a member, weekdays (10:30am – 2:30pm) and all week-end: (01) 8732699

Website: Information and Meetings: www.al-anonuk.org.uk

For Worldwide Al-Anon: www.al-anon.org

SERVICES PROVIDED

- Al Anon is a self help group that offers support for families and friends of people with alcohol related problems
- Meetings daily

ORGANISATION

Gamblers Anonymous,

Room 6, Dominican Centre
Popes Quay, Cork.



CONTACT

Group Member

Tel: 087 - 7400065

Website:

www.gamanon.org.uk

SERVICES PROVIDED

- Meetings on Tuesday nights in Room 6 Dominican Centre, Popes Quay, Cork
- Self help group for those who are or have been affected by a gambling problem

ORGANISATION

Narcotics Anonymous (NA)

P.O.Box 89
Colso, Togher Industrial Park
Togher, Cork.



CONTACT

**Member of
Narcotics Anonymous**
Tel: 021 4278411
Monday-Friday (8pm-10pm)
Mobile: 087 1368120
Monday-Friday (6 pm-9pm)

SERVICES PROVIDED

- Self help support group for people who are addicted to substances.

Meeting Times

Mon.	8.15	St. Finbarr's Cathedral Hall, Dean St., Cork.
Tues	6.15	North Cathedral Presbytery, Chapel St., Cork
Tues	8.00	Friary, Holy Trinity Church, Fr. Mathew Quay, Cork
Wed.	1.00	Solas Building, Western Road, Cork
Wed.	8.00	Mount Carmel Hospital, Clonakilty
Wed.	8.00	GF Psychiatric Unit, Cork University Hospital, Cork
Thurs.	8.00	La Verna St. Francis Friary, Grattan St, Cork (newcomer's meeting)
Thurs.	8.00	Community Hall, Cobh, Cork
Fri.	8.00	YMCA, 11-12 Marlboro St., Cork.
Sat.	3.00	Dominican Centre, Popes Quay, Cork
Sat.	8.00	St. Finbarr's Cathedral Hall, Dean St. Cork.(step study meeting)
Sun	8.00	YMCA, 11-12 Marlboro St., Cork.

ORGANISATION

Nar Anon

St. Francis Church
Liberty Street, Cork



CONTACT

**Member of
Nar Anon**
Tel: 086 1755122
(7.00pm - 10.00pm)

SERVICES PROVIDED

- Self help support group for families and friends of people who are addicted to narcotics.

Meeting Times

Monday: 8.00 p.m. at Presentation Convent Greenmount (off Barrack St) Cork

Saturday 11.00a.m. at St Francis Church, Liberty St., Cork

New Members welcome

ORGANISATION

HADD Child & Family Support Group

Bessborough Estate

Blackrock

Cork



CONTACT

Co-ordinator

Joe Jeffers

Tel: 021 4515032

Fax: 021 4515062

SERVICES PROVIDED

Working for families living with A.D.H.D

- Parents Support Group
- Supports for Children and Families
- One to One Meetings with Parents
- Parent to Parent listening service
- Awareness and Information Meeting
- Referrals to Counselling Services
- Networking to improve services

ORGANISATION

Parents Aware Ballincollig (PAB)

c/o Ballincollig Family Resource Centre

134 Castlepark

Ballincollig

Co Cork



CONTACT

Marie O Connell

Tel: 087 6929378

Family Centre Co-ordinator

Tel: 021 4876295

SERVICES PROVIDED

- Supporting parents experiencing difficulties in a confidential setting
- Friendly supportive listening service
- Information and Referral to other services
- One to One Support
- Peer Group Support

ORGANISATION

T.R.A.F.I.C.

(Trust Related Action for Individual Confidence)

C/o We the People,

Unit 5, Hollyhill Shopping Centre,

Knocknaheeny, Cork.



CONTACT

Virgie Fitzgerald

Tel: 021 4399866

Email:

wethepeople@eircom.net

SERVICES PROVIDED

- Information and support group for people affected by drugs and alcohol living in the Knocknaheeny / Hollyhill area of the city. The group meets twice a month and offers confidential information and support. One to one support is also available.

SECTION 7 RESIDENTIAL FACILITIES



ORGANISATION

Cork Foyer

Assumption Road
Blackpool
Cork

SERVICES PROVIDED

Cork Foyer, a Cork City Council project, offers safe and secure, supported accommodation for young adults aged between 18 - 25 that are homeless or at risk of becoming homeless. Cork Foyer has 18 single, fully furnished en-suite rooms with shared kitchen facilities, including 3 adapted rooms for wheelchair users. The Foyer is equipped with an IT suite and a conference room, designed to ensure training and education remain at the heart of the project.

Cork Foyer offers:

- Furnished en-suite accommodation with shared kitchens.
- Staff support with a range of personal support issues.
- Assistance with move on accommodation.
- Advice and guidance, access to training and employment opportunities.
- Internal & external training & development opportunities.
- Fully furnished computer suite and training room.
- Resident participation opportunities through organised events or via the Resident Committee.
- A safe and secure environment to live, which is staffed 24 hours a day, 365 days of the year.

ORGANISATION

Cork Simon Community

P.O. Box 76,
Togher, Cork.



SERVICES PROVIDED

- 24 hour direct access Emergency Shelter
- Three long term residential houses
- Soup run 365 nights per year

CONTACT

Foyer Manager:

Barry Waddingham

Deputy Manager:

Christine O Reilly

Tel: 021 42 88 524

Fax: 021 42 88 536

Email:

christine_oreilly@corkcity.ie

CONTACT

Day Centre Manager:

Sandra Cogan

Phone 021 4278731

Email: daycentre.manager@
corksimoncommunity.ie

Website www.corksimon.ie

- A Food Run (Collects non-perishable foods)
- A Community Employment Scheme
- A weekly Social Club
- Youth Homeless Drug Prevention Project
- Street Outreach Team
- Day Centre
- Settlement Team with access to transitional flats and move on accommodation

ORGANISATION

Good Shepherd Services,

St. Euphrasia's
Sunday's Well, Cork.



CONTACT

Sr. Jane Murphy

Tel: 021 4309505
Fax: 021 4305250
Email: gsscork@eircom.net

SERVICES PROVIDED

Good Shepherd Services care for the needs of homeless girls, women and children in Cork through the following initiatives:

EDEL HOUSE

- Provides emergency residential accommodation and support to women and children who are homeless.



CONTACT

Ann Fitzgerald

Edel House Residential Centre,
Grattan Street,
Tel: 021 4274240
Fax: 021 4274160

RIVERVIEW

- Residential centre offering medium term care (6 months) to girls 15 – 18 years who are out of home
- Emergency beds for girls 14 – 17 years



CONTACT

Elizabeth Lowe Riverview,

3, North Mall, Cork.
Tel: 021 4304205
Fax: 021 4304205

BRUAC DAY CENTRE

- FÁS Training Centre for early school leavers, 15-21 year old women who are homeless



CONTACT

Charlotte O'Donovan Bruac Day Centre,

Henry Street, Cork.
Tel: 021 4273890
Fax: 021 4222977

AFTERCARE

- Good Shepherd Services aftercare team assists people who are homeless to move out of homelessness into sustainable housing. The service works in partnership with other agencies, both statutory and voluntary



CONTACT

Linda Mulcahy

Outreach Service

Tel: 021 4274240

Fax: 021 – 490755

ORGANISATION

St. Helen's Care Association

"Little Sisters" Convent.

Missionaries of Charity, Blarney, Cork.



CONTACT

Sr. Cleopha

Tel: 021 4381687

SERVICES PROVIDED

Hostel for homeless men.

ORGANISATION

St. Vincent de Paul

Ozanam House

2 Tuckey Street, Cork.



CONTACT

Padraig McCarthy

Tel: 021- 4270444

Fax: 021 4270644

E-mail svpcork@indigo.ie

SERVICES PROVIDED

The Society has 90 branches (Conferences) in the region and has 1100 members. The Society offers many services including:

- Weekly home, hospital and prison visits
- Hostels for men and Sheltered Housing
- Support for the Travelling Community
- Debt Advice
- Student Tuition

ORGANISATION

Threshold Ltd.

22, South Mall,

Cork



CONTACT

Margaret O' Neill

Tel: 021 427 88 48

Fax: 021 480 51 11

E-mail: threshold@eircom.net

Website: www.threshold.ie

SERVICES PROVIDED

- Provides free information, advice and advocacy services for people with housing problems.
- Provides an accommodation seeking service for homeless persons, or those at risk of being homeless.

ORGANISATION

Wells Springs,

Wandesford Quay, Cork.



CONTACT

Audrey Mulvihill

Tel: 021 4318953

Fax: 021 4321193

Email:

wellsprings@eircom.net

SERVICES PROVIDED

- Residential service for young women between the ages of 16 and 23. The service provides accommodation and support for those who are out of home, or require further assistance to make the transition from residential or foster care to independent living.
- An Outreach Service is offered to those who have moved on to live in the community.

SECTION 8 TRAINING

ORGANISATION

Cork City Partnership

Sunbeam Industrial Park,
Millfield,
Mallow Road, Cork.

And

Centre for Adult & Continuing Education,
University College Cork.



CONTACT

Project Promoter:

Ann O' Sullivan,

Community Development Worker:

Aoife Ni Chonchuir

Tel : 021 4302310

Fax: 021 4302081

Email:

anichonchuir@partnershipcork.ie

Mairtin O' Fathaigh,

Centre for Adult & Continuing
Education, UCC

Dr. Ronnie Swain,

Dept. of Applied Psychology, UCC

SERVICES PROVIDED

- Cork City Partnership implements the Community Outreach Drugs Awareness Project through funding from the Health Services Executive, South.

This project in partnership with University

College Cork provides two accredited courses namely the Certificate in Non-Formal Guidance and the Diploma in Community Based Guidance and Support Studies

- The Certificate in Non-Formal Guidance is a one year part-time adult education course. The course is a response to the needs expressed by the local community groups working with at risk young people so that they may develop more skills and approach their work in an increasingly confident manner.
- The Diploma in Community Based Guidance and Support Studies was developed as a progression route for graduates of the Certificate in Non-Formal Guidance or its equivalent. This course includes a full module on drug prevention issues.

ORGANISATION

Cork Education Support Centre

The Rectory
Western Road, Cork.



CONTACT

James Mulcahy

Telephone: 021 – 4255600

Fax: 021 – 4254245

Email: ioc@eircom.net

Website: www.cesc.ie

SERVICES PROVIDED

- Working with primary teachers to introduce the "WALK TALL" substance misuse prevention programme.

ORGANISATION

Cork Institute of Technology,

Counselling Studies,
Rossa Avenue,
Bishopstown,
Cork.



CONTACT

Gus Murray

Tel : 021 4326100

SERVICES PROVIDED

- Counselling Studies

ORGANISATION

The Social & Health Education Project

The Bessborough Centre
Off Skehard Rd
Blackrock
Cork



CONTACT

Paul Doherty

Tel: 021 4536600

Fax: 021 4536619

Email:

socialandhealth@eircom.net

Website:www.socialandhealth.com

SERVICES PROVIDED

Training and Development

- Training in personal and social health and development
- Training in group facilitation
- Training in personal development tutoring
- Training in community advocacy
- Training in organisational development mentoring
- Organisational development consultation

Therapeutic Support

- One-to-one, group and family counselling (Coisceim Counselling Programme)
- Psychotherapist – supported training
- Facilitation of support groups
- Advocacy services for older people (Cork Older People's Advocacy Service)

ORGANISATION

Health Promotion Department,

Health Service Executive, South,
Eye, Ear and Throat Hospital,
Western Road,
Cork.



CONTACT

Senior Health Promotion Officer

Sandra Coughlan

Tel: 021 4921641

Fax: 021 4921655

Email: hpd@shb.ie

SERVICES PROVIDED

The following supports are offered in the context of the Health Promotion Schools initiative:

- Support for primary and post primary schools on developing a policy on Alcohol, Tobacco and Drug Use
- Drug awareness training provided to the school community
- Resources leaflets and posters on Alcohol, Tobacco and other drugs, as well as on a range of other health related issues.

ORGANISATION

Peer Education Programme

The Sexual Health Centre
16, Peters Street
Cork



CONTACT

Anne Marie Rogan,
Tina Carr

Tel: 021 4275837

Fax: 021 4274370

Email:

peer@sexualhealthcentre.com

Website:

www.sexualhealthcentre.com

SERVICES PROVIDED

- Peer Education provides young people with skills and training in order that they can inform their peers on drugs and sexual health issues that affect them.
- The Sexual Health Centre provides accredited training for young people so that participants meet appropriate standards and gain a qualification for training and work undertaken. The Peer Education model has been shown to be very effective in relation to the promotion of harm reduction messages, in both formal and informal settings.

SECTION 9 PUBLICATIONS

ORGANISATION

Cork Youth Information Centre,

11-12 Marlboro Street, Cork.



CONTACT

Edel Stout

Tel: 021 4270187/ 4273056

Website:

www.youthinformation.ie

SERVICES PROVIDED

- Caters to age range 15 – 25 years of age
- Provides comprehensive and user friendly information service specialising in such issues as education and training, employment rights, health and social services, travel and summer work abroad
- Produces a credit card sized guide of useful addresses for young people entitled "No, you are not alone!" Available online at www.youthinformation.ie/cork
- C.V. service (nominal charge)
- Internet access (nominal charge)
- Drop in centre
- Open Mon – Fri 9.30 a.m. - 5.30 p.m.

ORGANISATION

Living Solutions/

Hazelden Distributor Europe,

25 D Southside Industrial Estate

Pouladuff, Cork. (site address)

P.O.Box. 616, Cork (postal address)



CONTACT

Paula Fitzpatrick

Tel: 021 4314300

Fax: 021 4961269

Email livhaz@indigo.ie

Website:

www.livingsolutions.ie

SERVICES PROVIDED

We have a database of one million plus, books, DVD's videos, cd's and audio tapes on addiction, drug and alcohol abuse, self help and spirituality issues. We will be pleased to search for that book you always wanted

ORGANISATION

UCC – Dept. of Applied Social Studies,

Donovan's Road, Cork.



CONTACT

Elizabeth Kiely

Tel: 021 4902830

Fax: 021 4903443

Email: e.kiely@ucc.ie

Website:

www.ucc.ie/acad/appsoc/

SERVICES PROVIDED

- Two publications co-written with Elizabeth Egan, entitled 'Harm Reduction, An Information & Resource Booklet' and 'Drug Education, A Social and Evaluative Study' (2000)
- The latter study was published by the Cork Local Drugs Task Force and is available from the Cork Local Drugs Task Force.

SECTION 10

ASSOCIATED SERVICES

ORGANISATION

Asylum Seekers Outreach Service

Cork City Partnership
Subeam Industrial Park
Milfield, Cork.



CONTACT

Sorina Selaru

Tel: (021) 4302310
/ 087 9209478

Email:
sselaru@partnershipcork.ie

SERVICES PROVIDED

- Provides accurate information to asylum seekers at different stages of the asylum determination process
- Assists Asylum Seekers in interfacing with various service providers (state agencies, public and community and voluntary organisations) on issues relevant to them.

Outreach Clinics are provided in the following venues:

Centre for the Unemployed

Monday 2.00 – 4.30 pm
(13 North Main Street)

Kinsale Road Accommodation Centre

Tuesday 9.00 am – 5.00 pm

Clinics are also held at Cois Tine, St. Marys, Popes Quay, Cork

ORGANISATION

C.C.T.U.

13 North Main Street
Cork



CONTACT

Advice officer on duty

Tel: 021 4275876
Fax: 021 4279661

Email: cctu@eircom.net
Website: www.cctu.ie

SERVICES PROVIDED

- Community based project which provides people with advice and support in a confidential setting regarding referral, counselling and treatment on alcohol and drug related issues

ORGANISATION

Glen Young Adults Project,

19, Comeragh Park,
The Glen, Cork.



CONTACT

Youth Worker

Tel: 021 4506495

SERVICES PROVIDED

- The aim of the Glen Young Adults Project is to involve and engage sixteen to twenty one year olds considered at risk of involvement in alcohol / drugs misuse, crime or other forms of anti-social behaviour in relevant and effective youth work activities.
- The project runs a number of groups and also provides one to one support sessions with young people.

ORGANISATION

G.U.M. Clinic (Genito –Urinary Medicine)

Outpatients Dept.,
South Infirmary/Victoria Hospital Complex,
Old Blackrock Road,
Cork.



CONTACT

Danny Quealey

Tel: 021 4966844

Fax: 021 4320667

SERVICES PROVIDED

- Free and confidential service offering diagnosis and treatment of sexually transmitted infections, health advice, HIV testing and contact tracing also offered.
- Appointment system only.

ORGANISATION

LINC (LESBIANS IN CORK Ltd)

11A White St.,
Off Douglas St.,
Cork



CONTACT

Tel: 021 4800600

Email: info@linc.ie

Website: www.linc.ie

Confidential Helpline (Happy Out): Tel: 021 4318318 *Thursday: 8pm – 9pm*

Drop in Service: *12noon – 3pm on Tuesday, Thursday: 8pm – 10pm*

Linc is a voluntary community based organisation in Cork. Linc's overall aim is to provide a safe and accessible resource centre for the benefit of women who identify as lesbian and bi-sexual.

SERVICES PROVIDED

- One – to one support
- Education and Training
- Awareness around Sexual Orientation
- Access to peer support services
- Equality and diversity training

ORGANISATION**NeCoDrA -
New Communities Drugs Awareness**

c/o Community Outreach Drug Awareness Project
Cork City Partnership
Sunbeam Industrial Estate
Mallow Road
Millfield
Cork

**CONTACT**

Chairperson:
Lambert Olupot
Mobile: 085 141 7344
Secretary:
Mella Magee
Cork City Partnership
Tel.: 021 430 2310
Cork City Partnership
Fax. 021 430 2081
Email: necodra@hotmail.com

SERVICES PROVIDED

NeCoDrA, which is an abbreviation of New Communities Drugs Awareness, is a new community led drug and alcohol awareness group based in Cork.

NeCoDrA aims to encourage and support ethnic minority involvement in drug and alcohol prevention strategies in Cork City.

NeCoDrA aims to build up expertise and expand awareness within new communities of drug and alcohol prevention strategies through the following measures:

- Information sharing at open monthly meetings held in city centre venue(s)
- Linking local and ethnic minority communities through involvement in drug prevention and awareness strategies
- Supporting the building up of expertise on drug and alcohol issues within ethnic minority communities through education and training
- Linking with and making recommendations to service providers
- Raising awareness of drug and alcohol problems and support services available in ethnic minority communities
- Targeting ethnic minority families with children to achieve long term prevention

ORGANISATION**Northside Community Health Initiative
(NICHE),**

C/o The Family Centre,
Harbour View Road,
Knocknaheeny,
Cork.

**CONTACT**

Margaret Curtin
Tel: 021 4300135
Email: nchi@iol.ie

SERVICES PROVIDED

The focus of NICHE is on addressing community and individual health and well being issues using a community development approach.

Community Health Workers provide support to those wishing to become involved in the project. Current activities include:

- Monday morning Drop-In for women (including massage) 9.30a.m. - 12.30p.m.
- Wednesday Evening Drop-In for women (including massage) 7.00p.m. - 9.00p.m.
- Thursday evenings for men 7.00p.m. - 9.00p.m.
- Alternative therapies
- Various supported physical activities e.g. swimming, aqua-aerobics and Tai Chi
- Blood Pressure and Cholesterol checks
- Support to young mothers
- Health Related Information

ORGANISATION

Southern Gay Men's Project

8 South Main Street,
Cork.



SERVICES PROVIDED

● The Southern Gay Men's Health project provides information, support and education on issues relating to sexual health, lifestyle and sexuality. Other services include, one-to-one counselling, support, drop-in, prevention, outreach, helpline, referral, addiction services and a variety of support and self-awareness groups.

Office Hours: 9am - 5.30pm, Mon to Fri

Drop in Centre / Café Opening Hours: 10am – 10pm – Monday – Saturday
12pm – 6pm - Sunday

ORGANISATION

Youth Health Service

73 Shandon Street, Cork.
(Across the Bridge from the Gate Cinema)



OPENING TIMES

Monday	8.00am - 11.00am / 2.30pm - 5.30pm
Tuesday	8.30am - 5.30pm
Wednesday	8.30am - 5.30pm
Thursday	12.30pm - 7.30pm
Friday	9.00am - 5.30pm

CONTACT

Outreach Worker / Trainer

Moss Naughton

Tel: 021 4278470

Fax: 021 4278745

Helpline: 021 4271087

Website:

www.gayhealthproject.com

*Our site is the most comprehensive
Gay/Bisexual men's site in Ireland*

CONTACT

Project Co-ordinator:

Martin Grogan

Youth Development Officer:

Liam Doocey

Tel: 021 4220490/1

Fax: 021 4220498

Email: yhs@mailp.hse.ie

SERVICES PROVIDED

YHS is a free service especially for 17 – 25 year olds offering specific health services to young people. Yhs offers a health service dedicated to young people, not just in what it offers, but also in how it offers it.

YHS includes

- Crisis Pregnancy Counselling *
- Family Planning Clinic *
- Sexually Transmitted Infection Clinic
- Drug/Alcohol Counselling/Support
- Dedicated Youth Officer
- Health Promotion Information/Support
- Professional Training & Support

YHS is a Health Service Executive, South led service in partnership with Ogra Chorcaí and Cork City Development Board and supported by the Crisis Pregnancy Agency.

YHS are available to listen and support young people under 17 years old.

Index Alphabetical - Citywide

AI Anon / AI Ateen
Alcoholics Anonymous
Anchor Treatment Centre
Arbour House
Asylum Seekers Outreach Service
Ballincollig Youth Initiative
Ballyphehane Action for Youth
Bridge Recovery Group
C.C.T.U.
Carragaline Youth Initiative
Churchfield Community Trust
Club Cork Health Promotion Dept
Cork Alliance Centre
Cork City Partnership Ltd.
Cork Education Support Centre
Cork Foyer
Cork Institute of Technology
Cork Simon Community
Cork Simon Youth Homeless Drug Prevention Project
Cork Youth Information Centre
Douglas DAYS
Dillons Cross Project
Dublin Hill/Ballyvolane Initiative for Youth
Edel House
FADA, Farranree Alcohol and Drugs Awareness
Fellowship House
G.U.M. Clinic(Genito-Urinary Medicine)
Gamblers Anonymous
Glanmire Youth Project
Glen Neighbourhood Youth Project
Glen Young Adults Project
Good Shepherd Services
Grattan Project
Greenmount Youth Initiative
Gurranbraher Youth Development Centre
H.A.D.D. Child & Family Support Group
Health Promotion Department

Hearth
Hillgrove Outreach Project
H.O.P.E. Project
Knocknaheeny Youth Project
L.I.N.C. Lesbians in Cork Ltd
Living Solutions / Hazelden Europe
Matt Talbot Adolescent Services
Mayfield Youth 2000
Mayfield Youth 2000 – Phase 2
Nar Anon
Narcotics Anonymous
NeCodra - New Communities Drug Awareness
Northside Community Health Initiative (NICHE)
Parents Aware Ballincollig (PAB)
Peer Education Programme
Post Release Services
Renewal
Riverview
The Samaritans
Southern Gay Mens Project
St. Helens Care Association
St. Vincent de Paul
Stop Drugs Now
Tabor Lodge
The Sexual Health Centre
The Social & Health Education Project
Teen Parents Support Group
T.R.A.F.I.C.
Threshold
Togher Link-Up Ltd.
University College Cork
Wellsprings
YMCA - Dion Project
YMCA - Youth Counselling Service
YMCA - Cork Youth Information Centre
Yew Tree Project
Youth Health Service

Index by Geographic Area

Ballincollig

- Ballincollig Youth Initiative 9
 Parents Aware Ballincollig 28

Ballyphehane

- Ballyphehane Action for Youth. 9

Blackpool

- Hillgrove Outreach Project 14
 Cork Foyer 29

Carragaline

- Carragaline Youth Initiative 10

Churchfield

- Churchfield Community Trust 23

Douglas

- Douglas DAYS. 11

Dublin Hill / Ballyvolane

- Dublin Hill/Ballyvolane Initiative for Youth 12

Farranree

- FADA, Farranree Alcohol and Drugs Awareness 12

Glanmire

- Glanmire Youth Project. 12

The Glen

- Glen Neighbourhood Youth Project 13
 Glen Young Adults Project 37

Greenmount

- Greenmount Youth Initiative 13

Gurrabraher

- Gurrabraher Youth Development Centre 14

Knocknaheeny

- Knocknaheeny Youth Project. 14
 T.R.A.F.I.C. 28

Mahon

- Yew Tree Project 16

Mallow

- Mallow Drugs Project. 15
 Anchor Treatment Centre. 18

Mayfield

- Mayfield Youth 2000 15
 Mayfield Youth 2000 – Phase 2 . . 15

Togher

- Togher Link Up Ltd. 16

List of useful directory's.

If your directory is not included in this space - please use form on Page 47 to add your directory to future editions of this publication

Name of directory	Contents	Published by & Available From
Directory of Services 2004	Treatment Services Substance & Alcohol Misuse Southern Health Board Area	S.H.B. Co- ordination of Drug & Alcohol Services Office, St. Finbars Hospital, Douglas Road, Cork
Working for Work	Exploring welfare, work, educa- tion and training options for unemployed people	Irish National Organisation of the Unemployed,
The Green Book	A Directory of Statutory Community & Voluntary Sector Services in Cork.	N.D.P. Dept. Of Social Community & Family Affairs
Mayfield Community Directory	A Directory of Services for the Mayfield Area	Newbury House, Family Center, Old Youghal Road, Mayfield.
A Newcomer's Guide to Cork City	Over view of key information needed for living in Cork	www.corkcity.ie/newcomersguide also available from Dept. of Social & Family Affairs
Cork Queer Diary and Directory 2005	Directory of organisations, helplines, bars & clubs across Ireland	Cork Gay Community Development Project, 8 South Main St. Cork
The Glen Directory of Services & Activities 2003	A Directory of Service in the Glen Area	Glen Leadership & Equality Network, Glen Resource & Sports Centre, The Glen.
Cork Womens Directory of Services	A Directory of Services for Women	Cork City Partnership, Sunbeam Industrial Park, Millfield, Cork.
About Cork	Disability Access Guide to Cork City Centre. (also available in audio & braille)	Dept. of Community & Enterprise, Cork City Council, Floor 2, Norwich Union House, South Mall, Cork. www.corkcity.ie
Gurrabraher/ Churchfield Directory of Services	A Directory of Services in the Gurrabraher/Churchfield Area	Cork City Partnership
Child & Family Directory	A Directory of National Services for children & families	National Children's Resource Centre, Barnados, Christchurch Sq., Dublin 8

If you feel your organisation or directory ought to be included in this directory please fill in this form and return it to:

Aoife Ni Chonchuir,
Cork City Partnership Ltd
Sunbeam Industrial Park
Millfield, Mallow Rd, Cork

Please write in BLOCK CAPITALS for clarity:

Name of organisation: _____

Address: _____

Phone: _____

Fax: _____

Mobile: _____

Email: _____

Website: _____

Brief (2 or 3 lines) description of organisation/nature of work _____

Services Provided: _____

Any other relevant information: _____

Any suggestions you feel may be of use for future editions of this directory: _____

If you have any queries regarding eligibility or need any further details about this directory please contact Aoife at Cork City Partnership phone 021 4302310 / email:anichonchuir@partnershipcork.ie / Fax (021) 4302081



Directory of Services for
Alcohol and Drug Abuse in Cork City