



Programme 2004-2005 programme

Effective Interventions Unit



SCOTTISH EXECUTIVE

Scottish Executive Effective Interventions Unit

Remit

The Unit was set up in June 2000 to:

- Identify what is effective – and cost effective – practice in prevention, treatment, rehabilitation and availability and in addressing the needs of both the individual and the community.
- Disseminate effective practice based on sound evidence and evaluation to policy makers, DATs and practitioners.
- Support DATs and agencies to deliver effective practice by developing good practice guidelines, evaluation tools, criteria for funding, models of service; and by contributing to the implementation of effective practice through the DAT corporate planning cycle.

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Scottish Executive Effective Interventions Unit Dissemination Policy

1. We will aim to disseminate the right material, to the right audience, in the right format, at the right time.

2. The unit will have an active dissemination style. It will be outward looking and interactive. Documents published or sent out by the unit will be easily accessible and written in plain language.

3. All materials produced by the unit will be free of charge.

4. Material to be disseminated includes:

- Research and its findings
- Reports
- Project descriptions and evaluations
- Models of services
- Evaluation tools and frameworks for practitioners, managers and commissioners.

5. Dissemination methods will be varied, and will be selected to reflect the required message, and the needs of the target audience.

These methods are:

- Web-based – using the ISD website ‘Drug misuse in Scotland’ which can be found at: <http://www.drugmisuse.isdscotland.org/eiu/eiu.htm>
- Published documents – which will be written in plain language, and designed to turn policy into practice.
- Drug Action Team channels – recognising the central role of Drug Action Teams in developing effective practice.
- Events – recognising that face-to-face communication can help develop effective practice.
- Indirect dissemination – recognising that the Unit may not always be best placed to communicate directly with some sections of its audience.

6. This initial policy statement will be evaluated at six-monthly intervals to ensure that the Unit is reaching its key audiences and that its output continues to be relevant and to add value to the work of those in the field.

Effective Interventions Unit

Programme 2004-2005

What is in the programme?

- The Unit's Approach
- Progress in 2003-04
- Programme for 2004-05

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Further copies are available from:

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INTRODUCTION

In this fourth Effective Interventions Unit programme, we will continue to identify, disseminate and support the implementation of the effective practice as identified in our reviews, research reports and guides. In 2004-05, we will be giving more attention to support for implementation.

Over the last year, we have been testing out in a limited way how we might offer facilitation and support to DAATs, partner agencies and service providers to help them apply the evidence in our documents in their own local circumstances. The external evaluation of the Unit's impact carried out by Clear Plan UK and the Unit's informal review showed that there is a demand for the EIU to offer a greater level of support. The forthcoming Treatment and Rehabilitation Review is likely to suggest an enhanced role for EIU in facilitating and supporting effective practice. The Unit, will, therefore, devote more time and staff resources to developing the facilitation and support role, in partnership with DAATs and agencies at local level, in 2004-05.

The external evaluation and the informal review also sought views on the possible extension of the EIU remit to alcohol. There was a strong consensus that there is a need for a similar function in the alcohol field to identify what is effective practice and that it would be sensible and cost-effective for the EIU to extend its current approach and methodology to cover alcohol.

In order to develop the Unit's role in these ways, it seems likely that the Unit will need flexibility in recruiting staff, developing new skills and adopting new ways of working. For this reason, in the coming year, the Unit will be working with colleagues in the Executive and other agencies to consider options for its structure and location. We will publish information on progress through our web pages.

This Programme Document sets out:

- the EIU's approach to its work
- progress on the commitments made in the Programme for 2003-04
- plans for the period April 2004 to March 2005.

The Unit Team

The Unit Team continues to be a mix of civil servants, researchers and secondees. This brings to the Unit a mix of knowledge and skills.

In 2003-04, two members of the Unit team moved on: Sandra Muir and Nick Bland.

Sandra Muir left the Unit in April 2003. She provided general administrative support with a combination of enthusiasm and efficiency. She also provided a helpful point of contact for callers to the Unit.

In January 2004, Nick Bland, Principal Researcher, moved to a promoted post in the Office of the Chief Researcher. Nick played a key role in getting the research Programme up and running, including the research on the policing of low-level drug markets and the evaluation of the Lloyds TSB Partnership Drugs Initiative Projects. He was also instrumental in the development of the Unit's model of evidence gathering.

We would like to thank Sandra and Nick for their commitment to the Unit and their contribution over the last 3 years.

In 2003, new members of team were:

Dawn Griesbach, Senior Researcher, who came on secondment from ISD in April.

Vered Hopkins, who joined us in May from Fife Drug and Alcohol Action Team, to take forward the update of our work on employability and provided support for work on needs assessment and evaluation. Vered will leave the Unit in May 2004. Her knowledge and experience, together with her commitment and enthusiasm have made a major contribution to work of the Unit in the last year.

David McCue, who joined us in September on secondment from the Scottish Prison Service, to take forward the further development of Integrated Care and, in particular, the series of Integrated Care Pathway Guides and the development of local workshops.

Emma Harvey, who joined us in April, as the Unit manager responsible for the smooth running of the organisation and administration including publications and seminars.

Joanne Hutchison, who joined the Unit in July, provides general administrative support.

Isla Wallace, from Edinburgh University, came to EIU for 3 months to assist with scoping the options for further research on the effectiveness of psycho-social interventions.

Laura Turney joined the EIU as Principal Researcher in April 2004.

The Team members for 2004-05 are:

| | |
|-------------------------|---|
| Patricia Russell | Head of Unit |
| Laura Turney | Principal Research Officer |
| Sam Coope | Senior Research Officer |
| Dawn Griesbach | Senior Research Officer (secondment -from April 2003) Secondment |
| David McCue | Secondment (Integrated Care) |
| Isabel McNab | Young People |
| Linsey Duff (Part-time) | Senior Information Support Officer(EIU/ISD) |
| Emma Harvey | Unit Manager |
| Chris Rich | Publications, web pages |
| Karin O'Brien | Finance and Marketing |
| Joanne Hutchison | Administrative support |

Once again we also want to thank all of those who have been involved with our work either through membership of reference groups and working groups or attending our events. We look forward to working with them in the coming year.

Patricia Russell
April 2004

THE UNIT'S APPROACH

The Unit has built on its original model to adopt a range of approaches to evidence gathering. That model incorporated:

- Reviewing research and evaluation evidence
- A mapping of current provision (if appropriate)
- Qualitative studies to elicit views and experiences of service providers and service users
- Identification of key principles and elements of effective practice
- Active dissemination using a mix of internet publication, published material and seminars around Scotland.

In the past 3 years, this model was the basis of our reviews and guides on employability (Moving On), young people with problem drug use, integrated care and family support. In addition, we consult with a range of people from agencies and services who deal with people with drug misuse problems and draw on the knowledge and experience of our Reference Groups and working groups.

While we continue to use the elements of that model, we are now developing our research and evidence gathering through a variety of other methods: for example, telephone surveys, seminars with key professionals, interviews and visits to services.

Facilitation and support

In the last year, we have had the opportunity to run joint, local seminars with West Dunbartonshire Council on young people and Midlothian DAAT on integrated care. These seminars were designed to explore how the EIU evidence base could be applied to their local circumstances and have provided useful lessons to build on for future events.

The Unit now plans to put more effort into collaborating with DAATs and local partners to organise local seminars or workshops tailored to local needs and circumstances. We have already begun this process for **information sharing** which is core to the development of integrated care. We developed our proposals for the information sharing workshops with a working group drawn from DAATs and other key players and we are now following the same process for **integrated care**. Plans for **employability** workshops are in the early stages.

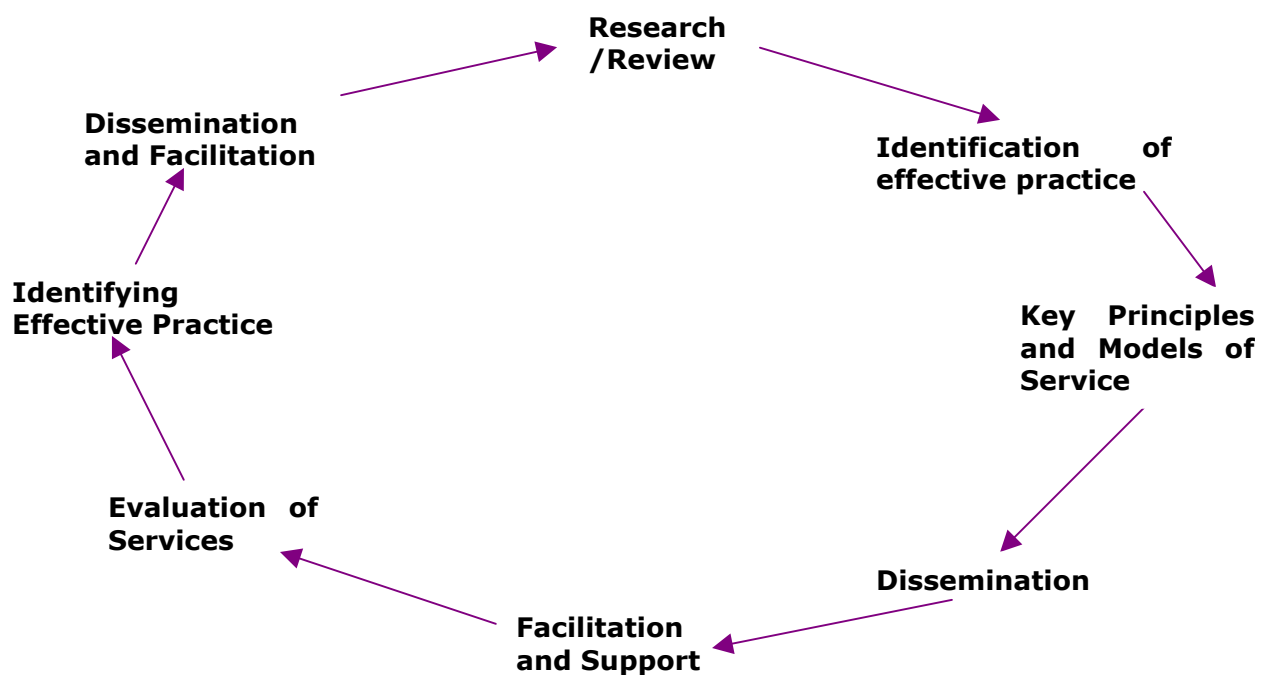
We are also keen to explore the possibilities of facilitation with local teams or groups who have a specific remit e.g. to develop an employability action plan, carry out a needs assessment or a system of care co-ordination. In this context, EIU could provide a neutral and objective person to reflect on the current evidence of effective practice and facilitate discussions about the way ahead on key topics and issues.

To discuss local workshops or other types of facilitation and support, contact us at EIU@scotland.gsi.gov.uk or 0131 244 5058.

Support for evaluation

To date, we have made less progress on support for the evaluation of pilots or innovative services to test out new approaches to service design and delivery. We are engaged with the evaluation of the Community Addiction Teams in Glasgow and with the pilot psychostimulant service in Aberdeen. In the coming year we will explore further opportunities in support of the action arising from the Treatment and Rehabilitation Review. **More recently, we have supported 2 DAATs in the design of evaluations of services. We would be interested in doing more of this kind of activity.**

On this basis we have adapted our model



Methods of Working

We continue to work in an open way and to engage with a wide range of people from a range of agencies and service providers developing and disseminating our work. In 2003-04 we held 8 events attended by 375 people. We have again used Reference Groups and smaller working groups drawn from Drug Action Teams, health and social care professionals, drug services, employability services, researchers, managers and practitioners. This year we have used a new technique of telephone interviews carried out by team members to inform our work on information sharing and needs assessment. We commissioned SDF to carry out a focus group study to gather views of service users about advocacy. We also carried out a series of visits to services. We have published 16 guides, reviews and research reports. Details are set out in Appendices **A to C**.

SUMMARY OF EIU PROGRAMME 2004-2005

| Topic | Progress | Plans |
|-------------------------|---|--|
| Outcomes and Evaluation | <p>Published Evaluation Guides on Intensive Interventions for Young People (October 2003), and Family Support (April 2004)</p> <p>Co-funded feasibility study for national evaluation service</p> | <p>Thematic Evaluation Guides as appropriate</p> <p>Continued participation in development of new evaluation service for voluntary and community groups</p> |
| Research | <p>Injecting Practices report published (March 2004)</p> <p>The remaining projects funded under the 2001 research competition continued. 1 report published</p> <p>Continuation of national evaluations of SPS Transitional Care Initiative and Lloyds TSB Foundation PDI funded projects</p> <p>Commissioned 3 studies: provision of co-morbidity services; drug injection preparation practices; national investigation into drug deaths: and 2 evaluations; an HCV prevention peer education programme and the impact of the Lord Advocate's Guidance.</p> <p>Co-funding of Glasgow CAT evaluation</p> <p>Further work on local drug markets in 3 case study areas</p> <p>Review of literature on effectiveness of residential rehabilitation and detoxification services</p> <p>Continued support for the evaluation of pilot psychostimulant service in Aberdeen</p> <p>Ongoing organisation of meetings of advisory group for the Robertson Trust funded Research Programme and support for dissemination of early briefing reports. Composition of the advisory group reviewed</p> <p>Review and consultation on research programme</p> | <p>Publish new Drug Misuse Research Programme for 2004 -07 in June 2004</p> <p>Publish 9 research reports (details on p 13):</p> <p>Interim report of Lloyds TSB PDI evaluation (April 2004)</p> <p>Report on review on reducing the impact of local drug markets (April 2004)</p> <p>Interim findings from the Prison Transitional Care evaluation (April, June and November 2004)</p> <p>A review of residential detoxification and rehabilitation services for drug users in Scotland (June 2004)</p> <p>The role of substance misuse nurses in Scotland (July 2004)</p> <p>Evaluation of C-Level peer education intervention (October 2004)</p> <p>Evaluation of intervention on neo-natal abstinence syndrome (October 2004)</p> <p>National Investigation into drug-related deaths (December 2004)</p> <p>Evaluation of the impact of Lord Advocate's Guidance on needle and syringe exchange (February 2005)</p> <p>Co-morbidity services in Scotland (March 2005)</p> <p>Continue evaluations of SPS Transitional Care and Lloyds TSB Foundation PDI projects</p> <p>Commission or co-fund 5 studies: external evaluation of Aberdeen pilot psychostimulant service (June 2004); counselling and other psychosocial intervention; residential rehabilitation; effectiveness of buprenorphine; qualitative work on impact of drug markets</p> <p>Scope further research on drug markets and impact on families (including children)</p> <p>Ongoing support for Robertson Trust research</p> |
| Dissemination | <p>8 events including 2 local seminars</p> <p>External evaluation of impact of EIU (January 2004)</p> <p>Dissemination policy reviewed</p> <p>Web pages developed</p> | <p>Second dissemination event on HCV prevention in June 2004 and workshops on information sharing, needs assessment, advocacy and ICP Guides</p> <p>Continue to develop web pages</p> |

| | | |
|---|--|---|
| Facilitation and support | | Offer more locally tailored workshops and other types of facilitation and support e.g. employability workshop in Edinburgh in May 2004 |
| Prevention and Education | Commissioned evaluation of a pilot intervention among retailers in Fife to prevent sale of volatile substances | Explore further work on VSA |
| Treatment and Care Services for young people (encompasses the topic of work on vulnerable young people) | Published Evaluation Guide (October 2003) Extensive consultation on assessment for young people Continuation of evaluation of Lloyds TSB Foundation PDI projects | Publish interim report from evaluation of Lloyds TSB Foundation PDI (April 2004) Publish Guide to assessment for young people by August 2004 Map services for young carers |
| Family Support | Produced Evaluation Guide (due April 2004) | Produce Evaluation Guide tailored to Family Support Groups in collaboration with SDF |
| Arrest Referral | Contributed to monitoring framework | Justice Department and Social Research taking forward policy developments and evaluation |
| Integrated Care | Published 4 Integrated Care pathways Guides and Guide to Needs assessment (January 2004) Commissioned workshops on information sharing and ran first 3 workshops Took forward work on advocacy First local seminar. Set up working group to develop framework for local seminars Supported CAT evaluation | Publish 5 ICP Guides by December 2004 and hold workshops in autumn. Publish Guide to advocacy in June 2004 Offer local workshops on information sharing and integrated care Publish document on the development of integrated care in rural and remote areas in December 2004 |
| Treatment Reviews | Reviewed literature on effectiveness of residential rehabilitation and detoxification services Commissioned National Investigation into Drug Deaths in December 2003 | Publish review of residential services in Scotland (June 2004) Commission or co-fund studies on counselling and other psychosocial interventions; effectiveness of residential rehabilitation; and the effectiveness of buprenorphine |
| Hepatitis C | Commissioned evaluations of peer education project and of impact of change to Lord Advocate's guidance Published report of Injecting Practices study (February 2004) and held dissemination seminar (March 2004). Commissioned second laboratory phase of this study | Second dissemination seminar on Injecting Practices in June 2004 Publish report of HCV peer education evaluation in October 2004 Publish report of evaluation of Lord Advocate's Guidance in February 2005 |
| SPS Transitional Care | Continued management of SPS Transitional Care programme | Publish interim findings in April, June and November 2004 |
| Training and Employment | Published Moving On Update (October 2004) | Offer locally based workshops |
| Psychostimulants | Continued support for pilot psychostimulant service in Aberdeen | Commission evaluation of pilot psychostimulant service in Aberdeen in June 2004 |
| Co-morbidity | Commissioned study on health and social care provision in November 2003 | Publish research on service provision in March 2005 |
| Availability | Completed review of research evidence on policing of drug markets and started work on case studies | Publish research review in April 2004 Commission qualitative work in May 2004 |

A. IDENTIFYING AND PROMOTING EFFECTIVE PRACTICE

A1. OUTCOMES AND EVALUATION

Since the EIU's establishment, we have devoted considerable time and resources to promoting the understanding and use of evaluation among service commissioners, planners and providers. We have done this through the series of evaluation guides and then through the funding of workshops run by the consultants, Partners in Evaluation, in all DAAT areas. While the feedback on both guides and the workshops has been positive, our external evaluation has shown that our work has made little or no impact on practice in the field. In 2004-05, we will continue our involvement with the proposal for a national evaluation service and consider other ways to support evaluation practice.

Progress in April 2003-March 2004

- We produced two thematic evaluation guides to support the evaluation of specific services. These were 'Intensive Interventions with Young People', developed in collaboration with the Lloyds TSB Partnership Drugs Initiative (PDI) Programme Manager (**November 2003**), and 'Supporting the Families and Carers of Drug Users' (**April 2004**).
- In partnership with the Executive's Voluntary Issues Unit, Lloyds TSB Partnership Drugs Initiative, the Communities Fund and other charitable organisations, we co-funded and supported a study to determine the feasibility of establishing a national evaluation service for the voluntary sector. We are now part of the Implementation Group.

Plans for April 2004-March 2005

- We will collaborate with Scottish Drugs Forum to produce an Evaluation Guide tailored to the needs of Family Support Groups. We will continue to develop thematic evaluation guides as appropriate.
- We will continue to work with partners to support the ongoing work to develop a national evaluation service.
- We will offer support for the design of service evaluations.

A2. RESEARCH

- In the past year, we have continued to commission major projects from the Drugs Misuse Research Programme. These are described in detail below. The first three years of the Drugs Misuse Research Programme are now at an end. We have been consulting with interested parties in the Executive and across a wide range of agencies to develop the content of the Programme for 2004-07. The new Programme will be published in **June 2004**.

Progress in April 2003-March 2004

- We continued our programme of research on the prevention of transmission of **Hepatitis C**. We commissioned an evaluation of a Hepatitis C peer education project called C-Level (**May 2003**). We also commissioned an evaluation of the impact of changes in the Lord Advocate's Guidance on the number of needles and syringes that can be issued at one time (**October 2003**). We published 'Examining the Injecting Practices of Injecting Drug Users in Scotland' (**February 2004**). Following the completion of the Injecting Practices study, we commissioned the second phase of

this work: a laboratory based study of safety, risks and outcomes from the use of different forms of injecting paraphernalia among injecting drug users. We held an event to disseminate the results of the Injecting Practices study in **March 2004**.

- We also published the final report of one of the studies funded under the research competition run in Autumn 2001: 'Measuring staff attitudes to people with drug problems' (**August 2003**).
- We continued to manage the major evaluations of the Scottish Prison Service's Transitional Care programme and selected young people's projects funded by the Lloyds TSB Foundation Partnership Drugs Initiative.
- We commissioned research on the provision of services for people with co-existing mental health and substance misuse problems in **November 2003**.
- We undertook a review of the literature on the effectiveness of residential rehabilitation and detoxification services for drug users. The findings were used to inform the review of treatment and rehabilitation services being undertaken by the Scottish Executive Substance Misuse Division.
- We commenced further work on local drug markets in three case study areas in Scotland, which is currently ongoing. So far, this has involved interviewing police officers and drug service providers.
- We commissioned in **December 2003**, a National Investigation into Drug-related Deaths which will aim to make recommendations for policy and practice to reduce the incidence of drug-related deaths in future.
- We carried out interviews with drug workers and specialist counselling staff in a small number of agencies across Scotland to inform our future research on psycho-social interventions for drug misuse.
- We continue to support the Robertson Trust Research Programme being conducted by the Centre for Drugs Misuse Research at Glasgow University through a Scottish Executive Advisory Group. The main project under this programme, Drug Outcomes Research in Scotland (DORIS), is a longitudinal study following up a large cohort of drug users over a period of years. The second round of follow-up interviews with this cohort has recently been completed.
- We continue to contribute to the three year funding given by the Scottish Executive to help support the Edinburgh Study of Youth Transitions and Crime conducted by Edinburgh University. This will continue to provide specific reports on findings related to the development of substance misuse among this cohort of young people. Forthcoming reports include a report on the 'relationship and interdependence between the use of alcohol, tobacco and other drugs'.
- We continue to maintain links with other UK research funders to ensure that the research programme is informed by and contributes to the developing UK-wide drugs research evidence base. We contribute to the UK Research and Information Working Group (RIWG) which brings together researchers from UK and Irish government departments and devolved administrations. We also contribute to advisory groups for specific research studies funded by the Information and Statistics Division, NHS Scotland.

Plans for April 2004-March 2005

- We will publish the interim research report of the evaluation of Lloyds TSB PDI projects in **April 2004**. The report 'Working with Young People' gives profiles of 17 projects. The next phase of the evaluation will be a longer-term evaluation of a small number of case study projects. The evaluation will include both process and outcome elements.
- We will publish 'Reducing the impact of local drug markets: A research review' in **April 2004**. We will commission further work on drug markets including the interviewing of drug users and members of the wider community in case study areas.
- Other reports due to be published in 2004-05 are:
 - Interim findings from the Prison Transitional Care evaluation (**April, June and November 2004**)
 - A review of residential detoxification and rehabilitation services for drug users in Scotland (**June 2004**)
 - An exploration of the role of substance misuse nurses in Scotland (**July 2004**)
 - Evaluation of C-Level peer education intervention (**October 2004**)
 - Evaluation of new intervention for Neo-natal Abstinence Syndrome and visual impairment in infants of substance misusing mothers (**November 2004**)
 - National Investigation into drug-related deaths (**December 2004**)
 - Evaluation of the impact of the change in the Lord Advocate's Guidance on needle and syringe exchange (**February 2005**)
 - Research into service provision for people with co-morbid mental health and substance use problems in Scotland (**March 2005**)
- Many of the long-term research studies we have commissioned, such as the evaluations of Prison Transitional Care programme and the Lloyds TSB Foundation Partnership Drugs Initiative, and research competition projects, will continue throughout 2004-05.
- We will hold a second dissemination seminar on the research relating to Hepatitis C prevention in **June 2004**.
- We will continue to support the monitoring and evaluation of the pilot psychostimulant service set up in Aberdeen (the 'Incite' project). The pilot service is now operating and an external evaluation will be commissioned in **June 2004**.
- We will continue to provide support to the process evaluation of new Community Addiction Teams in Glasgow which integrate health and social work addiction services. The evaluation is due to finish in **February 2005**.
- The study of the safety, risks and outcomes from the use of injecting paraphernalia, funded through the research competition in August 2001, will report in **February 2006**.

- We will commission or co-fund further research on
 - counselling and other psycho-social interventions
 - the effectiveness and cost-effectiveness of residential rehabilitation
 - effectiveness of buprenorphine.
- We will scope requirements for future research into
 - drug markets
 - families affected by problem drug use (in particular, drug misusing parents and their children)
- The Robertson Trust Research Programme will be ongoing over **2004-06**. The Scottish Executive has agreed to contribute to the future funding of this work.
- This ongoing and planned research is also discussed in the following sections under the appropriate thematic headings and a full summary of all this work is at **Appendices D -F**.

A3. DISSEMINATION

Progress in April 2004 to March 2005

- We have continued to disseminate our publications to a wide audience - DAATs, NHS Boards and Trusts, Local Authorities, including Social Work and Education Departments, drug services in the statutory and voluntary sectors, agencies in the education, training and employment sectors, Prisons, Police, Social Inclusion Partnerships, research bodies and UK bodies.
- The external evaluation of the impact of the EIU (**January 2004**), showed that the Unit's work is well-regarded for its quality and accessibility. Our outputs are used in a variety of ways including as learning tools, catalysts for reviews of practice, as the basis for multi-agency reviews and as design templates. The evaluation offers a number of ideas for increasing the impact of EIU outputs and, in particular, it supports the idea of facilitation and support
- In collaboration with ISD, we have continued to develop the web pages. In **August 2003**, we added a page about our seminars including copies of presentations where available and the feedback. New research web pages were added to the site in **January 2004**. Between October and November 2003, we put on a pop-up questionnaire concerning the possible use of CD Roms for our publications. The outcome was that there was not enough interest at the moment. The web pages had an average of 9500 hits per month last year.
- We held 8 seminars and consultation workshops, including 2 local, joint workshops, in the course of last year
- Members of the EIU team have reviewed the Unit's dissemination policy with a view to heightening awareness of our work in areas where there has been a lower level of engagement. We also explored ways of developing the use of the display stand and the publications material. The display material has been updated and revamped.

Plans for April 2004-March 2005

- We will continue to seek opportunities to take the EIU stand and publications to local events to ensure that our material is available to as wide an audience as possible. We are keen to hear from any agency who would like to have stand available at local events. The contact is EIU@scotland.gsi.gov.uk or 0131 244 5117.
- We will continue to develop the web pages and we would welcome comments and suggestions.
- We will continue to hold seminars and workshops during 2004-05. Topics are likely to include injecting practices, needs assessment, Integrated Care Pathways Guides and advocacy. In addition we will be seeking opportunities to collaborate on locally based workshops.

SUMMARY OF WORK ON IDENTIFYING AND PROMOTING EFFECTIVE PRACTICE

| Topic | Progress | Plans |
|--------------------------|--|---|
| Outcomes and Evaluation | <p>Published Evaluation Guides on Intensive Interventions for Young People (October 2003), and Family Support (April 2004)</p> <p>Co-funded feasibility study for national evaluation service</p> | <p>Thematic Evaluation Guides as appropriate</p> <p>Continued participation in development of new evaluation service for voluntary and community groups</p> |
| Research | <p>Injecting Practices report published (March 2004)</p> <p>The remaining projects funded under the 2001 research competition continued. 1 report published</p> <p>Continuation of national evaluations of SPS Transitional Care Initiative and Lloyds TSB Foundation PDI funded projects</p> <p>Commissioned 3 studies: provision of co-morbidity services; drug injection preparation practices; national investigation into drug deaths; and 2 evaluations; an HCV prevention peer education programme and the impact of the Lord Advocate's Guidance</p> <p>Co-funding of Glasgow CAT evaluation</p> <p>Further work on local drug markets in 3 case study areas</p> <p>Review of literature on effectiveness of residential rehabilitation and detoxification services</p> <p>Continued support for the evaluation of pilot psychostimulant service in Aberdeen</p> <p>Ongoing organisation of meetings of advisory group for the Robertson Trust funded Research Programme and support for dissemination of early briefing reports. Composition of the advisory group reviewed</p> <p>Review and consultation on research programme</p> | <p>Publish new Drug Misuse Research Programme for 2004-07 in June 2004</p> <p>Publish 9 research reports (details on p 13):</p> <p>Interim report of Lloyds TSB PDI evaluation (April 2004)</p> <p>Report on review on reducing the impact of local drug markets (April 2004)</p> <p>Interim findings from the Prison Transitional Care evaluation (April, June and November 2004)</p> <p>A review of residential detoxification and rehabilitation services for drug users in Scotland (June 2004)</p> <p>The role of substance misuse nurses in Scotland (July 2004)</p> <p>Evaluation of C-Level peer education intervention (October 2004)</p> <p>Evaluation of intervention on neo-natal abstinence syndrome (October 2004)</p> <p>National Investigation into drug-related deaths (December 2004)</p> <p>Evaluation of the impact of Lord Advocate's Guidance on needle and syringe exchange (February 2005)</p> <p>Co-morbidity services in Scotland (March 2005)</p> <p>Continue evaluations of SPS Transitional Care and Lloyds TSB Foundation PDI projects</p> <p>Commission or co-fund 5 studies: external evaluation of Aberdeen pilot psychostimulant service (June 2004); counselling and other psychosocial intervention; residential rehabilitation; effectiveness of buprenorphine; qualitative work on impact of drug markets</p> <p>Scope further research on drug markets and impact on families (including children)</p> <p>Ongoing support for Robertson Trust research</p> |
| Dissemination | <p>8 events including 2 local seminars</p> <p>External evaluation of impact of EIU (January 2004)</p> <p>Dissemination policy reviewed</p> | <p>Second dissemination event on HCV prevention in June 2004 and workshops on information sharing, needs assessment, advocacy and ICP Guides</p> <p>Continue to develop web pages</p> |
| Facilitation and Support | | <p>Offer more locally tailored workshops and other types of facilitation and support e.g. employability workshop in Edinburgh in May 2004</p> |

B. YOUNG PEOPLE

B1. PREVENTION AND EDUCATION

Progress in April 2004-March 2005

- The Scottish Executive Education Department has commissioned an evaluation of the effectiveness of drug education in Scottish schools. The purpose of the research is to examine how drug education is currently delivered, how practice reflects what is shown to be effective in the literature, and to consider the views of young people on its value and impact on them. The report is due by **December 2004**.
- On behalf of the Substance Misuse Division, we commissioned and managed an evaluation of a pilot intervention among retailers in Fife to prevent Volatile Substance Abuse (VSA). The aim of the intervention — which involved the distribution of leaflets, a poster and other materials — was to raise awareness among retailers of the legislation which prohibits the sale of solvent products to young people under 18. The encouraging results from the Fife evaluation will lead to the intervention being rolled out to retailers across Scotland.

Plans for April 2004- March 2005

- We will explore the potential for developing work on effective approaches to VSA prevention in the light of recent concerns about its increasing prevalence.

B2. TREATMENT AND CARE SERVICES FOR UNDER 16s

Progress in April 2004-March 2005

- In partnership with Nicola Richards, the then Programme Manager for the Lloyds TSB Foundation Partnership Drugs Initiative (PDI), we produced an Evaluation Guide for Intensive Interventions with Young People (**November 2003**).
- We have consulted extensively through a series of visits and consultation workshops on the development of effective assessment for young people. This exercise has also involved liaison with other parts of the Executive who are taking forward work on assessment of children and young people including ecare pilot projects and child protection policies. We have also benefited from the advice and support of the Young People's Assessment Reference Group. From this evidence gathering, we have identified a number of other issues and ideas for future work.
- The evaluation of projects working with vulnerable young people funded by the Lloyds TSB PDI continued.

Plans for April 2004-March 2005

- We will publish the interim research report of the evaluation of Lloyds TSB PDI projects in **April 2004**. The report 'Working with Young People' gives profiles of 17 projects. The next phase of the evaluation will be a longer-term evaluation of a small number of case study projects. The evaluation will include both process and outcome elements.
- We will consider the possibility of co-funding research on family therapy.
- We will publish a guide to assessment for young people with, or at risk of developing, problematic substance misuse by **August 2004**.

- In the course of our extensive consultations in support of our work on assessment, we have become aware of the number of children and young people who are caring for a drug using parent or relative. In collaboration with other Scottish Executive Divisions, we will undertake a mapping of what services currently exist for children and young people caring for drug using parents. This is likely to cover the extent of the problem, location, referral criteria and the level and pattern of use of such services.

SUMMARY OF WORK ON YOUNG PEOPLE

| Topic | Progress | Plans |
|---|---|---|
| Prevention and Education | Commissioned evaluation of a pilot intervention among retailers in Fife to prevent sale of volatile substances | Explore further work on VSA |
| Treatment and Care Services for young people (encompasses the topic of work on vulnerable young people) | <p>Published Evaluation Guide (October 2003).</p> <p>Extensive consultation on assessment for young people</p> <p>Continuation of evaluation of Lloyds TSB Foundation PDI projects</p> | <p>Publish interim report from evaluation of Lloyds TSB Foundation PDI (April 2004)</p> <p>Publish Guide to assessment for young people by August 2004</p> <p>Map services for young carers</p> |

C. COMMUNITIES

C1. FAMILY SUPPORT

Progress in April 2003-2004

- We produced an Evaluation Guide on Supporting the Families and Carers of Drug Users to be published in **April 2004**.

Plans for April 2004-March 2005

- We will collaborate with Scottish Drugs Forum to produce a guide on evaluation designed to help family support groups understand the importance of evaluation and how they might apply basic evaluation techniques to their activities.

C2. ARREST REFERRAL

Progress in April 2002-March 2003

- Following the allocation of funding by the Justice Department to a number of arrest referral schemes, EIU contributed to the development of a national Arrest Referral monitoring framework co-ordinated by ISD.

Plans for April 2004 March 2005

- We will continue to take opportunities to support the development of the evidence base for effective Arrest Referral schemes.

C3. TRAINING AND EMPLOYMENT

- Programmes to improve training and employment for drug users have a potential impact on the wider community. Details of our work on this topic are set out under **Section D Treatment and Rehabilitation**.

C4. POLICING LOCAL-LOW LEVEL DRUG DEALING

- Local low-level drug dealing has a significant impact on the communities in which it takes place. The research to evaluate police action against drug dealing (see description under **Section E Availability** for more detail) will include a focus on how drug dealing affects the communities in which it takes place, and whether and how police work reduces this impact on communities.

SUMMARY OF WORK ON COMMUNITIES

| Topic | Progress | Plans |
|-----------------|--|--|
| Family Support | Produced Evaluation Guide (due April 2004) | Produce Evaluation Guide tailored to Family Support Groups in collaboration with SDF |
| Arrest Referral | Contributed to monitoring framework | Justice Department and Social Research taking forward policy developments and evaluation |

D. TREATMENT AND REHABILITATION

D1. INTEGRATED CARE

Progress in April 2003-March 2004

- We have continued to produce Integrated Care Pathway Guides with the support of a Working Groups drawn from health, social work, and the voluntary sector. In **July 2003** we published 'Developing Integrated Care Pathways' (Guide 2); in **January 2004**, 'Implementing Integrated Care Pathways' (Guide 3). Guide 4, 'Analysis and Review' will be published in **April 2004**.
- In **January 2004**, we published 'A Practical Guide to Needs Assessment for Drug Users' which sets out the rationale for the strategic process of needs assessment, identifies the key components and provides a step-by-step guide. The guide was developed following a telephone survey of DAATs and a review of the literature on needs assessment. A working group drawn from key agencies supported this work.
- We have taken forward evidence gathering to support the development of a Guide to Advocacy for Drug Users. In the course of **2003-04**, we reviewed research and policy documents on the principles and practice of **advocacy**, carried out a survey of advocacy services, held a consultation seminar and commissioned Scottish Drugs Forum to conduct a focus group study with service users.
- We took forward our commitment to support the development of **information sharing**. We set up a short-life working group and carried out a DAAT telephone survey to find out more about local information sharing developments and support needs. The EIU has now commissioned an external consultant to provide facilitation support, in the form of workshops, to all DAATs who wish them. Workshops will be tailored to meet local needs, recognising that areas are at different stages of development. The first 3 workshops were held in **March 2004** in Dumfries and Galloway, Fife and Highland. The EIU is also working with DAATs to encourage publication of local information sharing materials on the DAAT pages of the Drug Misuse Information Scotland website, to assist the exchange of practice examples between areas.
- In conjunction with Greater Glasgow NHS Board, Greater Glasgow Primary Care NHS Trust and Glasgow City Council, we continued to support the evaluation of the working of two new integrated Community Addiction Teams.
- We agreed with the Joint Future Unit and the DAT Association to promote and support the development of integrated care, both at strategic and operational level, by offering joint, local workshops tailored to local needs and circumstances. We have organised one workshop in Midlothian (**February 2004**) which has provided useful lessons for the future. We have set up a working group from NHS, social work and the voluntary sector to help us devise the framework, content and format for the workshops.
- We engaged in preliminary discussions with DAATs about the issues that impact on the development of integrated care in rural and remote areas.

Plans for April 2004-March 2005

- We will continue to promote and support the implementation of integrated care.
- We will publish 4 Integrated Care Pathway Guides: Community Detoxification (**June 2004**); Care of People with Drug problems in Psychiatric Settings (**August**

2004); Drug Misuse in Pregnancy (**October 2004**); and Care of People with Drug Problems in Acute Medical and Surgical Settings (**December 2004**). We will collaborate with the Joint Future Unit on an ICP Guide to Single Shared Assessment (**October 2004**). In the autumn, we will hold 3 seminars on Integrated Care Pathways.

- We will publish a Guide to Advocacy for Drug Users in **June 2004**.
- We will offer local workshops to DAATs and partner agencies on integrated care, in partnership with the Joint Future Unit and the DAT Association.
- We will evaluate the first 3 information sharing workshops to inform the design of the subsequent workshops to be held throughout the year.
- We also plan to hold regional seminars on needs assessment, Integrated Care Pathways and advocacy. However, in line with our focus on facilitation and support **we would also be willing to collaborate with DAATS and other local agencies on running local events**.
- We will examine the issues in developing integrated care in rural and remote areas and produce a document on effective approaches to the commissioning, managing and delivery of drug services in rural and remote areas by **December 2004**.

D2. EFFECTIVENESS OF TREATMENT

Progress in April 2003-March 2004

- We undertook a review of the literature on the effectiveness of residential rehabilitation and detoxification services for drug users, and the findings were used to inform the review of treatment and rehabilitation services undertaken by the Scottish Executive Substance Misuse Division.
- At the request of the Deputy Justice Minister, we commissioned a National Investigation into Drug-related Deaths (**December 2003**). This Investigation will undertake a detailed examination of the social and clinical circumstances surrounding all drug-related deaths in Scotland in 2003.

Plans for April 2004-March 2005

- We will publish a review of residential detoxification and rehabilitation services for drug users in Scotland (**June 2004**).
- In the course of the year we will commission or co-fund further research on
 - counselling and other psycho-social interventions
 - effectiveness of residential rehabilitation
 - the effectiveness of buprenorphine
- We will publish the findings from the National Investigation into Drug-related Deaths (**December 2004**), and a report comparing the circumstances of Scottish drug-related deaths with drug-related deaths in London in the same period (**March 2005**).

D3. HEPATITIS C

Progress in April 2003 – March 2004

- We commissioned an evaluation of a Hepatitis C peer education project called C-Level (**May 2003**). The aim of the evaluation is to explore the views of staff, clients and funders of the C-Level project, to describe the nature and range of services offered by the project, and to examine the experience of recruiting, training, and supporting the peer educators.
- We commissioned (**October 2003**) an evaluation of the impact of changes in the Lord Advocate's Guidance on the number of needles and syringes that can be issued at one time.
- We published the report of the research on Examining the Injecting Practices of Injecting Drug Users (**February 2004**) and held a dissemination seminar in **March 2004**.
- We commissioned the second phase of the injecting practices research in **November 2003**. This is a laboratory based study of safety, risks and outcomes from the use of different forms of injecting paraphernalia among injecting drug users. This study is due to be completed in (**February 2006**).

Plans for April 2004 – March 2005

- We will publish
 - report of the C-Level evaluation **October 2004**
 - report of evaluation of Lord Advocate's Guidance in **February 2005**.

D4. SPS TRANSITIONAL CARE

Progress in April 2003 – March 2004

- We continued to manage the evaluation of the Scottish Prison Service's Transitional Care programme.

Plans for April 2004 – March 2005

- We will publish interim findings from the SPS Transitional Care evaluation (**April, June and November 2004**).

D5. TRAINING AND EMPLOYMENT

Progress in April 2003- March 2004

- We published the Moving On Update in **October 2003**. The Update reflects more recent developments in employability provision and examines the importance of the role of employers and the requirements of local labour markets. We developed the Update with the support of a working group.

Plans for April 2003-March 2004

- We plan to develop and offer locally based workshops on the development of employability provision for drug users. The workshops will also reflect recent developments in the Healthy Working Lives strategy being developed by Substance Misuse Division as part of the implementation of the Health Improvement Challenge.

D6. PSYCHOSTIMULANTS

Progress in April 2003- March 2004

- We have continued to support the development of the pilot service for psychostimulant drug users in Aberdeen. Development of the pilot service (the 'Incite' project) has been informed by needs assessment work conducted by the pilot project staff, in partnership with EIU, and the service began operating in **March 2004**.

Plans for April 2004 –March 2005

- We will support the on-going monitoring and evaluation of the pilot psychostimulant service in Aberdeen (the 'Incite' project). An external evaluation of the service will be commissioned in **June 2004**.

D7. CO-MORBIDITY

Progress in April 2003- March 2004

- We conducted an in-house review of existing literature. We also supported the work of the SACAM/SACDM Multi-Mental Health Working Group.
- We commissioned a study on the provision of health & social care services for people with co-existing mental health and substance use problems in Scotland in **November 2003**.

Plans for April 2004 –March 2005

- The study on existing service provision in Scotland for people in this client group is due to be published in **March 2005**. This may lead to further research.

SUMMARY OF WORK ON TREATMENT AND REHABILITATION

| Topic | Progress | Plan |
|-------------------------|---|---|
| Integrated Care | <p>Published 4 Integrated Care pathways Guides and Guide to Needs assessment (January 2004)</p> <p>Commissioned workshops on information sharing and ran first 3 workshops</p> <p>Took forward work on advocacy</p> <p>First local seminar. Set up working group to develop framework for local seminars</p> <p>Supported CAT evaluation</p> | <p>Publish 5 ICP Guides by December 2004 and hold workshops in autumn</p> <p>Publish Guide to advocacy in June 2004</p> <p>Offer local workshops on information sharing and integrated care</p> <p>Publish document on the development of integrated care in rural and remote areas in December 2004</p> |
| Treatment Reviews | <p>Reviewed literature on effectiveness of residential rehabilitation and detoxification services</p> <p>Commissioned National Investigation into Drug Deaths in December 2003</p> | <p>Publish review of residential services in Scotland (June 2004)</p> <p>Commission or co-fund studies on counselling and other psychosocial interventions; effectiveness of residential rehabilitation; and the effectiveness of buprenorphine</p> |
| Hepatitis C | <p>Commissioned evaluations of peer education project and of impact of change to Lord Advocate's guidance</p> <p>Published report of Injecting Practices study (February 2004) and held dissemination seminar (March 2004). Commissioned second laboratory phase of this study</p> | <p>Second dissemination seminar on Injecting Practices in June 2004</p> <p>Publish report of HCV peer education evaluation in October 2004</p> <p>Publish report of evaluation of Lord Advocate's Guidance in February 2005</p> |
| SPS Transitional Care | Continued management of SPS Transitional Care programme | Publish interim findings in April, June and November 2004 |
| Training and Employment | Published Moving On Update (October 2004) | Offer locally based workshops |
| Psychostimulants | Continued support for pilot psychostimulant service in Aberdeen | Commission evaluation of pilot psychostimulant service in Aberdeen in June 2004 |
| Co-morbidity | Commissioned study on health and social care provision in November 2003 | Publish research on service provision in March 2005 |

E AVAILABILITY

Progress in April 2003 - March 2004

- We undertook a review of existing research evidence on the policing of local low-level dealing. This also drew on early findings from EIU visits to Scottish police forces.
- We also commenced work on a more detailed study of drug markets in three 'case study' areas. So far this has included interviews with a range of police officers and local drug service providers in the case study areas. This study will also be informed by interviews with drug users and members of the wider community, in the case study areas.

Plans for April 2004 –March 2005

- A review of existing research evidence on the policing of local low-level dealing, 'Reducing the impact of local drug markets', drawing also on early findings from our force visits, will be published in **April 2004**.
- We will continue with our case study research, which will include the completion of in-house work with the police and local service providers. It will also include the commissioning of qualitative work with drug users and the wider community, in **May 2004**. We hope to publish a report drawing all of these strands of the case study research by **summer 2005**.

SUMMARY OF WORK ON AVAILABILITY

| Topic | Progress | Plan |
|--------------|--|--|
| Availability | Completed review of research evidence on policing of drug markets and started work on case studies | Publish research review in April 2004 Commission qualitative work in May 2004 |

Appendix A

EFFECTIVE INTERVENTIONS UNIT EVENTS APRIL 2003 – MARCH 2004

2 Consultation Seminars on Young People Assessment – September/November 2003

- Stirling
- Bishopton

West Dunbartonshire Young People Event (Joint Event with West Dunbartonshire Council) – September 2003

- Dumbarton

Consultation Seminar with DAATs – November 2003

- Edinburgh

Consultation Seminar on Advocacy for Drug Users – November 2003

- Dundee

'Integrating Drug Services in Midlothian' Seminar (Joint Event with Midlothian Drug & Alcohol Action Team) – February 2004

- Dalkeith

Research Programme Consultation Event – March 2004

- Edinburgh

Research Dissemination Seminar – March 2004

- Glasgow

Appendix B

EFFECTIVE INTERVENTIONS UNIT REFERENCE GROUPS in 2003 - 2004

Robertson Trust Advisory Group:

Pam Whittle, Chair, Scottish Executive
Sir Lachlan Maclean, Robertson Trust
Neil Hunter, Glasgow City Council
Prof. Michael Gossop, National Addiction Centre
Tom Leckie, Scottish Executive
Prof. Neil McKeganey, CDMR, Glasgow University
Dave Liddell, Scottish Drugs Forum
Jim Carroll, Chairman, ANSA
Dr Ian Pullen, Scottish Executive
Patricia Russell, Effective Interventions Unit
Lesley Graham, Information Statistics Division
Brian Kidd, Forth Valley Substance Action Team
Grahame Cronkshaw, Addictions Manager
Christine Bond, Grampian NHS Board

Integrated Care Pathways Group:

Alan Fisher, Lothian University Hospitals NHS Trust
David Greenwell, Lomond & Argyll NHS Trust
Bill Rogerson, West Dumbartonshire Council
Andy Rome, Effective Interventions Unit
Patricia Russell, Effective Interventions Unit
Davie McCue, Effective Interventions Unit
Rosina Weightman, Primary Care Facilitation Team
Lynn Williams, Stratas Limited
Karen Norrie, Scottish Prison Service
Liz Taylor, Joint Future Unit, Scottish Executive

Moving On Update Working Group:

Ian Connolly, Jobcentre Plus
Jon Gray, Access to Industry, Edinburgh
Emma Harvey, Effective Interventions Unit
Phil Hogben, Scottish Drugs Forum
Vered Hopkins, Effective Interventions Unit
Abigail Kinsella, Careers Scotland
Linda Kirk, Progress2work
Dave Liddell, Scottish Drugs Forum
Kesi Mahendran, Enterprise, Transport & Lifelong Learning Dept., Scottish Executive
Phil Martin, Progress2work
Mike McCarron, Glasgow DAAT
Bernadette McDonald, Beattie Implementation Team, Scottish Executive
Sandra McIntyre, Scottish Enterprise New Futures Fund
Evelyn McKenzie, Next Steps Fife
Karen Moore, Scottish Business in the Community
Patricia Russell, Effective Interventions Unit
Anne Shiels, Chair, Employability Task Group Lanarkshire
Helen Torrence, Next Steps Fife

Prison Transitional Care Research Advisory Group:

Nick Bland, Effective Interventions Unit (until January 2004)
Dawn Griesbach, Effective Interventions Unit
Karen Norrie, Scottish Prison service
Jim Carnie, Scottish Prison Service
Anne D'Mello, Cranstoun
Gill McIvor, Stirling University
Lorraine Murray, TNS Social Research
Colin Cook, Substance Misuse Division, Scottish Executive
Joe Brown, Public Health Division, Scottish Executive
Gerry Hart, Social Work Services Inspectorate, Scottish Executive
Jackie Knox, Community Justice Services Division, Scottish Executive
Patricia Russell, Effective Interventions Unit
Sharon Grant, Community Justice Services Division, Scottish Executive
Jackie Knox, Community Justice Services Division, Scottish Executive
Tom Leckie, Social Work Services Inspectorate, Scottish Executive
Rhoda MacRae, Stirling University
Chris Rich, Effective Interventions Unit

National Investigation into Drug Related Deaths Steering Group

Dawn Griesbach, Effective Interventions Unit
Nick Bland, Effective Interventions Unit (until January 2004)
Professor Anthony Busuttil, University of Edinburgh Medical School
Colin Campbell, Scottish Drug Enforcement Agency
Oliver Harding, Forth Valley NHS Board
Graham Jackson, General Register Office for Scotland
Allison Murray, Glasgow City Council- Social Work Services
Karen Norrie, Scottish Prison Service
Ian Pullen, Senior Medical Officer (Mental Health), Scottish Executive
Molly Robertson, Substance Misuse Division, Scottish Executive
Caroline Round, Information and Statistics Division
David Spiers, Procurator Fiscal
Dr Edwin R. van Teilingen, University of Aberdeen
Rab Wight, Glasgow City Council, Social Work Services

Lloyds TSB PDI Group

Nick Bland, Effective Interventions Unit (until January 2004)
Nicky Richards, Lloyds TSB Foundation for Scotland
Isabel McNab, Effective Interventions Unit
Vijay Patel, Children and Families Division, Scottish Executive
Tom Leckie, Social Work Services Inspectorate, Scottish Executive
Neil McKeganey, Centre for Drug Misuse Research, University of Glasgow
John Curtice, National Centre for Social Research
Gordon Hay, Centre for Drug Misuse Research, University of Glasgow
Susan MacAskill, Centre for Social Marketing, University of Strathclyde
Linda McKie, Glasgow Caledonian University
Sally Haw, NHS Health Scotland
Steven Marwick, New Opportunities Fund
Joy Barlow, STRADA

Information Sharing Reference Group

Peter Ashe - ISD Scotland (formerly Joint Future Unit)
John Carnochan - Lanarkshire ADAT
Linsey Duff - Effective Interventions Unit
Emma Harvey - Effective Interventions Unit
Vered Hopkins - Effective Interventions Unit
Marion Logan - Forth Valley SAT
Stevie Lydon - Argyll and Clyde ADAT
Ian Smillie - Perth and Kinross SMAT
Chris Denmark - Edinburgh City ADAT

Integrated Care Working Group

Stevie Lydon, Argyll & Clyde ADAT
April Adam, Fife Intensive Rehabilitation & Substance Misuse Team
Duncan Mackay, North Lanarkshire Council
Emma Harvey, Effective Interventions Unit
Gail Crawford, Dundee Council
Grahame Cronkshaw, NHS Grampian
Ian Turnbull, Angus DAAT
Jim Parker, Dumfries & Galloway ADAT
Liam Wells, Association of Drug Action Teams
Neil Hunter, Glasgow City Council Addiction Services
Patricia Russell, Effective Interventions Unit
Davie McCue, Effective Interventions Unit

Needs Assessment Reference Group

Patricia Russell, Effective Interventions Unit
Dawn Griesbach, Effective Interventions Unit
Vered Hopkins, Effective Interventions Unit
Alex Baldacchino, Fife NHS Addiction Services
Mark Connelly, Lanarkshire Alcohol & Drug Action Team
Suzy Calder, Highland Drug and Alcohol Action Team (HDAAT)
Jane Jay, Glasgow Drug Problem Service
Fiona Lang, Centre for Change and Innovation, Scottish Executive (seconded from Lothian Primary Care Trust)
Marion Logan, Forth Valley Substance Misuse Action Team
Senga MacDonald, Drugs Action
Allison Murray, Social Work Services
Julie Murray, Borders NHS Board
Stephen Pavis, Information and Statistics Division
Deborah Zador, Community Alcohol and Drug Service

Young People Assessment Reference Group

Nick Bland, Effective Interventions Unit (until January 2004)
Jim Chalmers, ISD Scotland
Ray de Souza, City of Edinburgh Council
Linsey Duff, Effective Interventions Unit
Lloyd Girling, Perth Connect
Julie Anne Jamieson, Careers Scotland
Sandy Jamieson, Includem

Abigail Kinsella, Careers Scotland
Tom Leckie, Social Work Services Inspectorate, Scottish Executive
Isabel McNab, Effective Interventions Unit
Gemma McNeill, Glasgow City Council
Graham McPhie, Aberlour Childcare Trust
Margaret Murphy, Fairbridge in Scotland
Vijay Patel, Children and Families Division, Scottish Executive
Nicola Richards, Lloyds TSB Foundation for Scotland (until December 2003)
Rachel Sunderland, Lloyds TSB Foundation for Scotland (from February 2004)
Gillian Turner, Rushes Young People Drug and Alcohol Service

Appendix C

EFFECTIVE INTERVENTIONS UNIT - PUBLICATIONS LIST

- Consultation Workshops Report (November 2000, available on web only)
- Initial Guidance on Shared Care (January 2001)
- Scottish Executive Drug Misuse Research Programme 2001-2004 (February 2001)
- Dissemination policy (April 2001)
- Initial Guidance on Shared Care Arrangements: Consultation Workshops Report (May 2001)
- Evaluation Guide 1: Definitions and Common Concepts (June 2001)
- Evaluation Guide 2: Planning an Evaluation (July 2001)
- Evaluation Guide 3: Designing an Evaluation (August 2001)
- Evaluation Guide 4: Implementing an Evaluation (September 2001)
- Moving On: Education, Training and Employment for Recovering Drug Users (October 2001)
- Evaluation Guide 5: Reporting and Dissemination (October 2001)
- Evaluation Guide 6: Designing an Economic Evaluation (November 2001)
- Effective Engagement: A Guide to Principles and Practice (January 2002)
- Evaluation Guide 7: Using Assessment Data for Evaluation (February 2002)
- Arrest Referral: A Guide to Principles and Practice (March 2002)
- Arrest Referral: A Guide to Principles and Practice - Summary (March 2002)
- Evaluation Guide 8: Evaluating Outreach Services (March 2002)
- Evaluation Guide 9: Evaluating Employability Programmes (April 2002)
- Hepatitis C: Risks and Prevention Strategies in Injecting Drug Users: Research Review (April 2002)
- Hepatitis C: Risks and Prevention Strategies in Injecting Drug Users: Research Review - Summary (April 2002)
- Evaluation Guide 10: Evaluating Community Engagement (June 2002)
- Drug Treatment Services for Young People: A Research Review (June 2002)

- Drug Treatment Services for Young People: A Research Review -Summary (June 2002)
- Drug Treatment Services for Young People: A Systematic Review of Effectiveness and the Legal Framework (June 2002)
- Drug Treatment Services for Young People: A Systematic Review of Effectiveness and the Legal Framework - Summary (June 2002)
- A Survey of NHS Services for Opiate Dependants in Scotland (July 2002, available on web only)
- A Survey of NHS Services for Opiate Dependants in Scotland - Summary (July 2002)
- The Effectiveness of Treatment for Opiate Dependant Drug Users: An International Systematic Review of the Evidence (July 2002)
- The Effectiveness of Treatment for Opiate Dependant Drug Users: An International Systematic Review of the Evidence - Summary (July 2002)
- Integrated Care For Drug Users : Principles and Practice (September 2002)
- Psychostimulants : A Practical Guide (October 2002)
- Supporting Families and Carers of Drug Users: A Review (November 2002)
- Supporting Families and Carers of Drug Users: A Review - Summary (November 2002)
- Support for the Families of Drug Users : A Review of the Literature (November 2002)
- Support for the Families of Drug Users: A Review of the Literature - Summary (November 2002)
- The Life Skills Training drug education programme - A review of research (December 2002)
- The Life Skills Training drug education programme - A review of research - Summary (December 2002)
- Services for Young People with Problematic Drug Misuse - A Guide to Principles and Practice (January 2003)
- Services for Young People with Problematic Drug Misuse - A Guide to Principles and Practice - Summary (January 2003)
- Evaluation of Greater Glasgow Pharmacy Needle Exchange Scheme 1997-2002 (March 2003, available on web only).
- Evaluation of Greater Glasgow Pharmacy Needle Exchange Scheme 1997-2002 - Summary (March 2003)
- Evaluation of the provision of single use citric acid sachets to injecting drug users (March 2003, available on web only)

- Evaluation of the provision of single use citric acid sachets to injecting drug users - Summary (March 2003)
- A Guide to Working in Partnership: Employability provision for drug users (March 2003)
- Evaluation Guide 11: Evaluating Arrest Referral Schemes (March 2003)
- Integrated Care Pathways Guide 1: Definitions and Concepts (March 2003)
- Effective Interventions Unit Programme 2003-2004 (April 2003)
- Effective Interventions Unit Programme 2003-2004 - Summary (April 2003)
- Integrated Care for Drug Users: Digest of tools used in the assessment process & core data sets (May 2003)
- Integrated Care Pathways Guide 2: Developing Integrated Care Pathways (July 2003)
- Measuring staff attitudes to people with drug problems: The development of a tool (August 2003)
- Moving on: Update, Employability and Employment for Recovering Drug Users (October 2003)
- Moving on: Update, Employability and Employment for Recovering Drug Users - Summary (October 2003)
- Evaluation Guide 12: Intensive interventions with young people (January 2004)
- Integrated Care Pathways Guide 3: Implementing Integrated Care Pathways (January 2004)
- Needs Assessment: A Practical Guide to Assessing Local Needs for Services for Drug Users (January 2004)
- Needs Assessment Guide Summary (January 2004)
- Examining the injecting practices of injecting drug users in Scotland (February 2004)
- Examining the injecting practices of injecting drug users in Scotland – Summary (February 2004)

Appendix D: Drugs Misuse Research Programme commissioned projects 2003- 2004

| Title | Lead researcher | Timescale |
|---|---|-----------------------------------|
| Evaluation of an instrument to measure attitudes of mental health professionals to drug users | Prof.Hazel Watson, Glasgow Caledonian University | Published |
| Examining the injection preparation practices of injecting drug users in Scotland | Prof. Avril Taylor, Paisley University | Published |
| An exploration of the role of substance misuse nurses in Scotland | Dr Catriona Matheson, University of Aberdeen | January 2002 – July 2004 |
| Evaluation of new intervention for Neonatal Abstinence Syndrome and visual impairment in infants of substance misusing mothers | Dr Elizabeth Myerscough, Royal Aberdeen Children’s Hospital | February 2002- November 2004 |
| Evaluation of the Scottish Prison Service Transitional Care Arrangements | Professor Gill McIvor, University of Stirling | May 2002 – February 2006 |
| The Provision of Health and Social Care Services for People with Co-Existing Mental Health and Substance Use Problems across Scotland | Dr Alex Baldacchino and Claire Louise Hodges, University of Dundee | November 2003 – November 2004 |
| Evaluation of Lloyds TSB Foundation for Scotland Partnership Drugs Initiative | Professor Neil McKeganey, University of Glasgow | November 2002 – June 2005 |
| Evaluation of the C-Level HCV peer education intervention | Professor Neil McKeganey, University of Glasgow | April 2003 – September 2004 |
| Evaluation of the Lord Advocate’s guidance on the distribution of sterile needles and syringes to injecting drug users | Professor Avril Taylor School of Health, Nursing and Midwifery, University of Paisley | September 2003 – February 2005 |
| Evaluation of the first year of operation of the North and North East Community Addiction Teams (CATs) in Glasgow | Gail Gilchrist, Greater Glasgow NHS Board | July 2003 – February 2005 |
| Safety, risks and outcomes from the use of injecting paraphernalia | Dr Jenny Scott, Bath University | November 2003 – February 2006 |
| National Investigation into Drug-related Deaths in Scotland, 2003 | Dr Deborah Zador, Forth Valley Community Alcohol & Drug Services and University of Dundee | December 2003 – March 2005 |

Appendix E: Other Scottish-funded Drugs Misuse Research

| Projects | Funders | Timing |
|--|---|--------------------------------|
| Evaluation of Pilot Drug Court in Glasgow | Scottish Executive Justice Department | 2001-2004 |
| Evaluation of Pilot Drug Court in Fife | Scottish Executive Justice Department | 2002-2005 |
| Systematic follow-up of eligible individuals drawn from 1996 Glasgow cohort of methadone users | CSO | Due to complete September 2004 |
| Estimating the National and Local Prevalence of Problem Drug Misuse in Scotland | ISD | June 2003 – May 2004 |
| A Feasibility Study of Supervised Administration of Buprenorphine in Community Pharmacies | CSO | Reported April 2004 |
| Robertson Trust Drug Misuse Research Programme: <ul style="list-style-type: none"> • Drug Outcomes Research in Scotland (DORIS) • The avoidance of drug misuse • Reviewing the evidence of effectiveness in drug prevention | Robertson Trust | 2001-2005 |
| Evaluation of the effectiveness of current drug education in Scottish schools | Scottish Executive Education Department | Due to complete October 2005 |
| Drug Treatment & Testing Orders: A Reconviction Study | Scottish Executive Justice Department | Due to complete June 2004 |
| Evaluation of the Time Out Centre (218): a specialist facility for women offenders in Glasgow | Scottish Executive Justice Department | Due to complete October 2005 |

Appendix F: Drugs Misuse Research Programme research topics to be commissioned or considered during 2004-2005

| Research topics | Start dates | |
|--|--------------------|-----------|
| External evaluation of Aberdeen pilot psychostimulant service | June 2004 | June 2004 |
| Counselling and other psychosocial interventions | To be agreed | |
| The effectiveness and cost-effectiveness of residential rehabilitation | TBA | |
| Effectiveness of buprenorphine | TBA | |
| Qualitative work on impact of low-level drugs markets | May 2004 | |

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