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**Drinking, Smoking and Illicit Drug Use
Amongst 15 & 16 Year Old School
Students in Northern Ireland**

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Summary

This report describes the main findings from a survey of self-reported alcohol, tobacco and illicit drug use amongst a representative sample of 15-16 year old students in secondary schools in Northern Ireland. Data collection took place between March and June 1999. Information was elicited from a total of 723 students from 71 schools. Students completed a standardised questionnaire under exam conditions.

The results indicated that the overwhelming majority (approximately 90%) of respondents had at some time consumed alcohol, that two thirds had at some time smoked cigarettes and that nearly 40% of boys and 30% of girls had used some form of illicit drug, mainly cannabis or volatile solvents.

Over 35% of girls and nearly 29% of boys had smoked cigarettes within the past 30 days. More than 20 % of both girls and boys were daily smokers. This must be regarded as being a very serious health issue. It is emphasised that many of those surveyed were below the legal age of tobacco purchase.

Nearly 70% of boys and 65.5% of girls had consumed alcohol in the past 30 days. Fifty one per cent of boys and 46% of girls had also reportedly experienced intoxication during this period. A substantial proportion of those who were drinkers reported consuming alcohol in licensed premises or in the potentially risky open-air settings.

A substantial proportion of respondents, 47.2% of boys and 40.5% of girls, had experienced at least one adverse consequence due to their drinking.

Levels of factual knowledge about alcohol were low, with fewer than a quarter of those surveyed being able to answer more than three out of six basic questions correctly.

As noted above, substantial minorities of either gender had at some time used illicit drugs, mainly cannabis or volatile solvents. Approximately 40% of boys and 30% of girls had at some time used drugs. Almost all of the reported drug use related to limited use of cannabis and to volatile glues and solvents. Few of those surveyed were either frequent cannabis users or had tried any other form of drug. Apart from cannabis, the most widely used substances were volatile solvents/inhalants, which had been used by 27.7% of boys and 23.4% of girls and ecstasy (MDMA), which

had been used by 6.5% of boys and 6.3% of girls. Less than one per cent of those surveyed reported ever having injected drugs. Moreover, the self-reported use of heroin and cocaine (mostly on very few occasions) was in the region of 2-3% for both girls and boys. A more substantial group of those surveyed, 16% of girls and 8.8% of boys, had reportedly used combinations of “alcohol and pills”. Over ten per cent of boys and 6.4% of girls reported having experienced some form of adverse effect from their drug use.

There were few differences in legal or illicit drug experience related to school management type. Even so, boys attending Catholic managed schools were less frequent drinkers and had experienced intoxication less often than other boys. Girls attending Catholic managed schools were less frequent recent drinkers. Boys and girls attending Catholic managed schools were less likely to have used volatile solvents than other teenagers.

Truancy from school was associated with heavier and more problematic drinking and illicit drug use and heavier tobacco use.

Family structure was also associated with patterns of smoking, drinking and illicit drug use. Teenagers living with both parents were significantly less likely than others to be heavy users of the above substances.

Low self-esteem amongst girls, but not boys, was associated with heavier use of cigarettes, alcohol, intoxication and having both alcohol and drug-related problems.

Depressed mood was associated with greater inhalant/solvent use amongst boys and with heavier tobacco, alcohol and illicit drug use and related problems amongst girls.

‘Anomie’ (broadly a disinclination to accept Society’s rules coupled with a belief that life is chaotic and unstable) was associated with alcohol and drug problems amongst boys and with tobacco, alcohol and drug use and related problems amongst girls.

Friendship contacts and support networks, strikingly, were not associated with patterns of tobacco, alcohol or illicit drug use.

The level of smoking amongst boys, but not girls, was higher than that in the rest of the UK. Northern Ireland teenagers were more likely than their counterparts in the rest of the UK to be non-drinkers. Girls in

Northern Ireland were less likely than other UK girls to have experienced intoxication. In contrast, the level amongst boys was similar to that of boys in other parts of the UK. Boys in Northern Ireland reported levels of illicit drug use very similar to those amongst boys in England and Wales, but lower than that amongst boys in Scotland. The level of drug use amongst girls in Northern Ireland was a little lower than that amongst girls elsewhere in the UK. The notable exception to this pattern related to the use of volatile solvents. This was more commonplace amongst teenagers in Northern Ireland than amongst their peers in England, Scotland and Wales.

The results of this 1999 survey were compared with the 1995 ESPAD study. This revealed that there had been a rise in the proportion of boys consuming five or more drinks in a row. There had also been a significant increase in illicit drug use amongst girls.

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Introduction

The use of alcohol, tobacco and illicit drugs by the young has long fostered both public and political concern. Two main reasons have prompted this unease. Firstly, the young are perceived as being inexperienced and therefore potentially vulnerable. Secondly, it has long been clear that teenagers and other young adults have relatively high rates of both illicit drug use and periodic heavy drinking. It has been evident during the past thirty years that illicit drug use amongst young people has risen steadily, both in the UK and in many other countries. Moreover, evidence from England and Scotland has shown alcohol consumption among teenagers to be increasing steadily. Further, in spite of several decades of health promotion, a substantial number of young people continue to smoke tobacco (Goddard 1997a,b, Goddard and Higgins 1999a,b, Plant 1975, Plant 1987, Plant, Peck and Samuel 1985, McGregor 1989, Plant and Plant 1992). Many authors have reported that young people who drink heavily are more likely than others to smoke, to use illicit drugs and to engage in other risk-taking or hazardous behaviours, such as unprotected sex (Jessor and Jessor 1977, Plant and Plant op cit).

It is evident that patterns of drinking and smoking vary in different parts of the UK. Loretto (1994), for example, has noted:

“Available evidence suggests that drinking habits in Northern Ireland are markedly different from those in Britain.” (p. 143)

This author, comparing the drinking patterns of young people aged 11-12 and 14-16 in Northern Ireland and Scotland, found notable differences:

“Northern Irish teenagers were less likely than their counterparts in the Scottish study group to have consumed an alcoholic drink. However, the findings also showed that the young drinkers in the Northern Ireland group were more likely than their Scottish peers to be heavy drinkers and to consume alcohol in contexts associated with possible dangers, i.e. drinking in uncontrolled settings”. (p. 143)

Loretto’s findings were consistent with other evidence indicating that adults in Northern Ireland are more likely than adults in Britain to abstain from drinking alcohol. In addition, when adults in Northern Ireland do consume alcohol, they appear to be more likely to drink heavily. These

conclusions, Loretto noted, are supported by several authors (Harbison and Haire 1982, Office of Population Censuses and Surveys 1986, Duffy 1988, Craig 1989, Policy Planning and Research Unit 1989). The 'polarised' pattern of drinking evident amongst young people and adults in Northern Ireland has strong similarities to that in young people from the Western Isles of Scotland (Anderson and Plant 1996).

The 1995 ESPAD Survey

International interest in, and concerns about, the use of alcohol, tobacco and illicit drugs by young people prompted a major European research initiative. The venture was co-ordinated by researchers from the Swedish Council for Information on Alcohol and Other Drugs. Following several planning meetings, a survey of teenage drinking, smoking and illicit drug use was carried out in the collaborating countries. It was called the European School Survey Project on Alcohol & Other Drugs (ESPAD) and involved the UK and 22 other countries. The latter were: Croatia, Cyprus, the Czech Republic, Denmark, Estonia, the Faro Islands, Finland, Hungary, Iceland, the Republic of Ireland, Italy, Latvia, Lithuania, Malta, Norway, Poland, Portugal, the Slovak Republic, Slovenia, Sweden, Turkey (Istanbul only) and Ukraine. The study sampled over 50,000 school students aged 15 to 16 years. It was notable, since all participating countries used a common 'core' questionnaire and standardised methods. This investigation was by far the biggest and most detailed international study of its type ever carried out. The methodology and results of the 1995 survey have been described and discussed in detail elsewhere (Davidson et al. 2000, Hibell et al. 1997, Miller 1997, Miller and Plant 1996, 1999a,b, Morgan et al. 1999, Plant 1998a,b, 1999a,b,c).

This study, the first ever UK-wide exercise of its type, showed that UK teenagers reported very high levels of alcohol use. Only Denmark exceeded the UK rate for lifetime use of alcoholic beverages 40 times or more. Only Denmark and Sweden exceeded the UK rate of students intoxicated 10 times or more in the previous year. In general, the heaviest use of tobacco was in the Republic of Ireland, Finland and the Faro Islands, with the UK not far behind. The UK teenagers reported the highest levels of illicit drug use amongst any of the 23 survey countries. This last level was also above those indicated by comparable US surveys. Altogether, 42% of UK boys and 40% of UK girls reported illicit drug use at some time, most commonly cannabis. The corresponding proportions in the second highest country, the Republic of Ireland, were 42% and 32%. Levels of drug use in the other 21 countries ranged from 3-26% amongst boys and from 2-19% amongst girls (Hibell et al. op cit.).

This study confirmed earlier evidence cited above suggesting variations between the different parts of the UK in patterns of youthful drinking, smoking and drug use. The UK study elicited information from a representative sample of 7,722 students from state and private secondary schools. Results were that the highest level of ever consuming alcohol amongst girls was in Wales (100%), while the lowest was in Northern Ireland (85%). The proportions of girls ever intoxicated were: Wales (80.5%), Scotland (79.7%), England (79.1%) and Northern Ireland (62.1%). Amongst boys the proportions ever consuming alcohol were: Wales (98.3%), Scotland (96.8%), Northern Ireland (94.3%) and England (93.9%). The proportions of boys ever intoxicated were: Wales (86.6%), Scotland (80.5%), Northern Ireland (78.4%) and England (76.5%).

Tobacco use amongst girls in Northern Ireland was markedly lower than in other parts of the UK. In Northern Ireland, 62.6% of girls had ever smoked, compared with between 70.4% and 72.1% in England, Scotland and Wales. Boys in Northern Ireland had a slightly lower level of lifetime smoking (60.0%) than those elsewhere in the UK (62.8-63.5%).

There were major differences in illicit drug use amongst teenagers in different parts of the UK. Just over half the Scottish girls (50.1%) had at some time used an illicit drug. Amongst the rest, notably in Northern Ireland, lower levels of use were reported: England (39.6%), Wales (32.1%) and Northern Ireland (18.4%). Drug use was highest among Scottish boys (59.9%), but lowest in Wales (35%). The proportions amongst boys in England and Northern Ireland were 43.5% and 37.8% respectively. Overall, girls in Northern Ireland showed the lowest UK levels of alcohol consumption and illicit drug use. Boys in Northern Ireland had lower levels of alcohol use than their peers in Scotland and Wales, but not those in England. On illicit drug use, they came lower than boys in England and Scotland. Rates of tobacco use were lower in Northern Ireland than elsewhere in the UK. In addition levels of teenage lifetime tobacco smoking and illicit drug use were lower in Northern Ireland than in the Republic of Ireland. Girls in Northern Ireland were much less likely than their peers in the Irish Republic to have used drugs (18.4% and 32% respectively) and to have consumed alcohol or been intoxicated. In contrast, boys in Northern Ireland reported higher levels of lifetime alcohol use and intoxication than did those in the Irish Republic.

The Present Study

The 1995 study generated massive amounts of original national and international information. The latter attracted considerable positive interest, both within the UK and overseas. In view of the obvious value of the original study, a second survey was carried out. Like the first, it was co-ordinated by the Swedish Council for Information on Alcohol and Other Drugs and conducted in association with the Pompidou Group of the Council of Europe. At the time of writing, it appears that approximately 30 countries took part in the new exercise (Hibell 1999). The objectives of the new exercise were as follows:

Aims

- 1) To describe international variations in the use of alcohol, tobacco and illicit drugs among European school students aged 15-16.
- 2) To provide a picture of national patterns of alcohol, tobacco and illicit drug use among school students aged 15-16.
- 3) To examine possible changes in patterns of alcohol, tobacco and illicit drug use amongst 15-16 year old students between 1995 and 1999.

Design and Methods

The methods of the UK study have been described by Plant and Miller (2000). To summarise, the subjects of this investigation were school students born in 1983. These individuals were aged 15 or 16 during the year of study, 1999. A random sample of both state and private secondary schools in England, Northern Ireland, Scotland and Wales was selected. This gave equal weight to England, Northern Ireland and Scotland, but included a smaller sample of schools from Wales. Within each country, lists of schools were sampled with probability proportional to school size. Members of the research team contacted the head teachers of the selected schools initially by letter, and in most cases, by several telephone calls. Participating head teachers appointed a member of staff to act as 'local organiser'. The latter completed a form detailing all classes within his/her school that included students aged 15 or 16. One of these classes was then randomly chosen for inclusion. Survey information was collected from the students in the selected classes by the standardised questionnaire presented in Appendix 1. This instrument was a modified

and shortened version of that used in the UK part of the 1995 ESPAD survey (Miller and Plant op cit.), and was successfully piloted with mixed ability students in Edinburgh during February 1999. This confirmed that almost all students were able to complete the questionnaire within 20-30 minutes. Before the main fieldwork commenced, students in the selected classes were provided with an explanatory letter from one of the authors (M.P.). This gave parents the opportunity to exempt their children from the study. This method of 'opting out' or 'passive consent' had previously been used in other similar studies (Plant, Peck and Samuel 1985, Anderson and Plant 1996, Miller and Plant 1996).

The survey was carried out between March and June 1999. Students were informed that they had been selected to form part of a random, representative sample and that their participation in the study was anonymous. Questionnaires were completed under 'exam conditions' supervised by the local organiser. Once filled in, each questionnaire was sealed in a plain envelope before being collected thus assuring anonymity. Local organisers mailed all of the sealed envelopes back to the research team's Edinburgh office. The team then checked all completed questionnaires. Those related to students not born in 1983 and a few which were obviously frivolous were discarded.

Results

A total of 83 Northern Ireland schools were approached of which 71(85.5%) participated. This level of response was markedly higher than that in other parts of the UK. The latter ranged from 63.7% - 73.5%. A total of 723 students in Northern Ireland completed valid questionnaires. A few internal non-responses to the questionnaire cause the totals presented below to vary between items. Analyses were performed using the Statistical Package for the Social Sciences (SPSS) version 9.0.0 and the PcCarp package from the University of Iowa (Fuller et al. 1989). The latter program adjusts for the effects of clustering between schools and provides a test for proportions similar to chi-square. The statistic provided is the F-ratio, but the degrees of freedom are non-intuitive.

Demographic Characteristics of the Sample

Table 1 sets out some demographic and other characteristics of the sample. These seem unexceptional except in two respects. Compared to the proportions in the population, there are somewhat high proportions of girls and of pupils attending Catholic Managed schools. Both these slight distortions appear to have arisen because of the sampling method used and the high number of single-sex schools in the Province, particularly those which are Catholic managed schools. In the main analyses the genders are separated and the effects of school management type are examined.

Table 1. The Sample

Gender	
Boys	311 (43.0%)
Girls	412 (57.0%)
Parental education	
Neither parent completed secondary school	57 (8.3%)
Either parent completed secondary school	413 (60.1%)
Either parent completed university or college	217 (31.6%)
Family structure	
Neither natural parent present in the household	11 (1.5%)
Natural parent and stepparent in the household	44 (6.1%)
One natural parent but no partner in the household	87 (12.1%)
Both natural parents in the household	579 (80.3%)
School management type	
Catholic Managed	373 (51.6%)
Other managed	350 (48.4%)
Leisure time	
Numbers of pupils who, at least once per month:	
Ride around on a motorcycle or moped for fun	73 (10.2%)
Play computer games	546 (75.8%)
Participate in sports or exercise	662 (91.9%)
Read books for enjoyment	357 (49.5%)
Go out in the evening (discos, parties, etc.)	660 (91.4%)
Have a hobby	520 (72.5%)
Play on slot machines to win money	180 (24.9%)
TV and video watching on an average weekday	
None	11 (1.5%)
Half an hour or less	41 (5.7%)
About one hour	107 (15.0%)
About two hours	190 (26.6%)
About three hours	161 (22.5%)
About four hours	93 (13.0%)
Five hours or more	111 (15.5%)
Numbers of perceived really good friends	
None	15 (2.2%)
One	20 (2.9%)
Two	51 (7.3%)
Three	73 (10.5%)
Four	92 (13.2%)
Five	100 (14.4%)
Six to ten	168 (24.1%)
More than ten	177 (25.4%)

As shown by Table 1, approximately a fifth of those surveyed were not being raised in homes containing by both parents. Moreover, a small minority of students reported having no good friends. Most respondents reported engaging in a variety of leisure activities.

Tobacco and Alcohol Use

Tables 2a, 2b, 3a and 3b set out the findings on several variables relating to cigarette and alcohol consumption.

Table 2a. Cigarette and Alcohol consumption among boys

	Never	1-2 times	3-5	6-9	10-19	20-39	40+
Lifetime:							
Cigarettes	99 32.1%	55 17.9%	27 8.8%	11 3.6%	28 9.1%	9 2.9%	79 25.6%
Any alcohol	26 8.9%	14 4.8%	22 7.5%	19 6.5%	47 16.0%	49 16.7%	116 39.6%
Intoxication	71 23.4%	40 13.2%	32 10.5%	29 9.5%	36 11.8%	28 9.2%	68 22.4%
	Never	<1 per day	1-5	6-10	11-20	21+	
Past 30 days: Cigarettes smoked per day	218 71.2%	25 8.1%	26 8.5%	22 7.2%	10 3.3%	5 1.6%	
	Never	1-2 times	3-5	6-9	10-19	20-39	40+
Past 30 days: Any alcohol	88 29.3%	79 26.3%	69 23.0%	29 9.7%	25 8.3%	5 1.7%	5 1.7%
Beer	107 34.9%	73 23.8%	80 26.1%	19 6.2%	14 4.6%	11 3.6%	2 1.0%
Wine	233 79.8%	39 13.4%	13 4.5%	5 1.7%	1 0.3%	1 0.3%	0 0.0%
Spirits	129 42.3%	87 28.5%	47 15.4%	23 7.5%	10 3.3%	7 2.3%	2 0.7%
Intoxication	148 49.0%	81 26.8%	45 14.9%	18 6.0%	6 2.0%	4 1.3%	0 0.0%
5+ drinks in a row	122 39.2%	89 28.6%	60 19.3%	19 6.1%	21* 6.8%	-----	----
Age at first use:	Never	11 years old or less	12 years old	13 years old	14 years old	15 years old	16 years old
Smoked a first cigarette	98 31.5%	71 22.8%	58 18.6%	43 13.8%	24 7.7%	16 5.1%	1 0.3%
Smoked cigarettes daily	206 66.9%	15 4.9%	14 4.5%	28 9.1%	30 9.7%	14 4.5%	1 0.3%
Drank at least one glass of beer	40 12.9%	92 29.6%	55 17.7%	56 18.0%	45 14.5%	21 6.8%	2 0.6%
Drank at least one glass of wine	102 33.0%	92 29.8%	37 12.0%	34 11.0%	27 8.7%	16 5.2%	1 0.3%
Drank at least one glass of spirits	76 24.8%	35 11.4%	47 15.3%	53 17.3%	49 16.0%	42 13.7%	5 1.6%
First intoxication	72 23.2%	25 8.1%	40 12.9%	57 18.4%	59 19.0%	49 15.8%	8 2.6%

*Last category is 10+

Table 2b. Cigarette and Alcohol consumption among girls

	Never	1-2 times	3-5	6-9	10-19	20-39	40+
Lifetime:							
Cigarettes	140 34.1%	65 15.9%	36 8.8%	15 3.7%	26 6.3%	22 5.4%	106 25.9%
Any alcohol	42 10.6%	40 10.1	46 11.6	44 11.1	60 15.2	66 16.7	97 24.6
Intoxication	127 31.8%	60 15.0%	37 9.3%	38 9.5%	53 13.3%	42 10.5%	43 10.8%
	Never	<1 per day	1-5	6-10	11-20	21+	
Past 30 days:							
Cigarettes smoked per day	265 64.5%	48 11.7%	54 13.1%	33 8.0%	9 2.2%	2 0.5%	
	Never	1-2 times	3-5	6-9	10-19	20-39	40+
Past 30 days:							
Any alcohol	133 33.5	130 32.7	74 18.6	37 9.3	19 4.8	4 1.0	0 0.0
Beer	238 60.9	91 23.3	37 9.5	15 3.8	10 2.6	0 0.0	0 0.0
Wine	275 71.8	84 21.9	16 4.2	4 1.0	4 1.0	0 0.0	0 0.0
Spirits	165 40.8	101 25.0	67 16.6	44 10.9	22 5.4	4 1.0	1 0.2
Intoxication	214 53.9%	119 30.0%	40 10.1%	14 3.5%	8 2.0%	2 0.5%	0 0.0%
5+ drinks in a row	220 53.7%	99 24.1%	63 15.4%	17 4.1%	11* 2.7%	---	---
Age at first use:	Never	11 years old or less	12 years old	13 years old	14 years old	15 years old	16 years old
Smoked a first cigarette	139 33.8%	78 19.0%	69 16.8%	58 14.1%	49 11.9%	18 4.4%	0 0.0%
Smoked cigarettes daily	256 63.2%	13 3.2%	23 5.7%	48 11.9%	33 8.1%	29 7.2%	3 0.7%
Drank at least one glass of beer	120 29.3%	80 19.6%	61 14.9%	73 17.8%	50 12.2%	24 5.9%	1 0.2%
Drank at least one glass of wine	124 30.1%	81 19.7%	56 13.6%	65 15.8%	48 11.7%	31 7.5%	5 1.2%
Drank at least one glass of spirits	110 27.0%	16 3.9%	38 9.3%	94 23.0%	80 19.6%	69 16.9%	1 0.2%
First intoxication	134 32.8%	24 5.9%	26 6.4%	64 15.6%	88 21.5%	71 17.4%	2 0.5%

*Last category is 10+

Table 3a. The last drinking occasion - boys.

Quantity consumed							
Beer	None	< 1 can	1-2 cans	3-4 cans	5 + cans		
	93 20.0%	23 7.4%	40 12.9%	51 16.5%	103 33.2%		
Cider	None	< 1 can	1-2 cans	3-4 cans	5 + cans		
	238 77.1%	31 10.0%	28 9.1%	6 1.9%	6 1.9%		
Alcopops	None	< 1 can	1-2 cans	3-4 cans	5 + cans		
	222 71.8%	21 6.8%	33 10.7%	19 6.1%	14 4.5%		
Wine	None	<1 glass	1-2 glasses	Half a bottle	One + bottles		
	252 81.2%	16 5.2%	25 8.1%	6 1.9%	11 3.5%		
Spirits	None	<1 single measure	1-2 single measures	3-5 single measures	6+ single measures		
	147 47.7%	25 8.1%	54 17.5%	48 15.6%	34 11.0%		
Drinking places* on last occasion							
	Does not drink	Home	Someone else's home	Open area	Bar or Pub	Disco	Other
	29 9.3%	51 16.5%	81 26.1%	67 21.6%	66 21.3%	59 19.0%	27 8.7%

*Can be more than one

There were few surprises. Two-thirds of the sample had tried cigarettes at some time and over 20% said they smoked daily in the past 30 days. About 90% had tried alcohol and over 70% reported having experienced intoxication at least once. More than half of the boys and 46% of the girls reported having been intoxicated in the previous 30 days. Among boys, beer was the drink most frequently mentioned during the past 30 days, while, among girls, the main preference was for spirits. Girls also seemed more likely than boys to drink wine. Most smokers had tried their first cigarette by age 13 and drinkers had been intoxicated for the first time by age 14. On the last drinking occasion, beer was at least part of the total consumption for 80% of the boys. Spirits were also in evidence, being drunk on that occasion by over half of both sexes. 'Alcopops' (fruit-flavoured alcoholic drinks; NB MacCall (1998)) were not very popular among the boys but had been consumed by just over half

the girls. The most common drinking place for both sexes was home or someone else's home.

However, substantial proportions of drinking took place in discos and in open spaces such as parks or streets. It should be noted that none of the respondents were legally old enough to purchase alcohol or to consume it in licensed discos or bars. Moreover, parks and streets may be regarded as being potentially less controlled and more dangerous than indoor settings (Plant and Plant op cit., Anderson and Plant op cit).

Table 3b. The last drinking occasion – girls.

Quantity consumed							
Beer	None	< 1 can	1-2 cans	3-4 cans	5 + cans		
	269 65.5%	39 9.5%	39 9.5%	31 7.5%	33 8.0%		
Cider	None	< 1 can	1-2 cans	3-4 cans	5 + cans		
	339 82.9%	22 5.4%	34 8.3%	9 2.2%	5 1.2%		
Alcopops	None	< 1 can	1-2 cans	3-4 cans	5 + cans		
	207 50.3%	36 8.7%	76 18.4%	44 10.7%	49 11.9%		
Wine	None	<1 glass	1-2 glasses	Half a bottle	One + bottles		
	301 73.4%	41 10.0%	40 9.8%	13 3.2%	15 3.7%		
Spirits	None	<1 single measure	1-2 single measures	3-5 single measures	6+ single measures		
	190 46.2%	40 9.7%	68 16.5%	79 19.2%	34 8.3%		
Drinking places* on last occasion							
	Does not drink	Home	Someone else's home	Open area	Bar or Pub	Disco	Other
	44 10.8%	56 13.8%	90 22.1%	73 17.9%	89 21.9%	110 27.0%	30 7.4%

*Can be more than one

Other Measures

Pupils were asked to indicate how drunk they were they had last experienced intoxication. The *drunkenness* scale¹ ranged from 1, 'somewhat merry only' to 10, 'heavily intoxicated unable to stand on my feet'. On this scale the boys scored on average 6.10, (SE 0.10) and the girls 5.17, (SE 0.14).

There were also two scales² measuring the perceived positive and negative effects of alcohol consumption. The *positive effects* scale had five items such as 'feel relaxed' and 'feel happy', while the *negative effects* scale had six items such as 'feel sick'. Total scores on both scales

¹ See appendix question 19

² See appendix question 17

were recoded into five categories and the findings (table 4) indicate that the majority of both sexes see many positive effects from alcohol consumption and also some negative effects. There is no significant relationship between the positive and negative perceptions for either sex (boys, $r=0.055$, NS, girls, $r=0.061$, NS).

Table 4. Positive and negative perceptions of the effects of alcohol

Positive perceptions³	5	6-10	11-15	16-20	20-25
Boys	3 1.0%	4 1.3%	33 10.9%	117 38.7%	145 48.0%
Girls	3 0.7%	6 1.5%	46 11.3%	158 38.7%	195 47.8%
Negative perceptions⁴	6	7-12	13-18	19-24	25-30
Boys	9 3.0%	65 21.6%	131 43.5%	79 26.2%	17 5.6%
Girls	6 1.5%	98 24.0%	181 44.4%	96 23.5%	27 6.6%

Another scale of 14 items reflected *problems experienced* such as quarrels or arguments due to alcohol use⁵. Each item was scored 0 or 1 and the range is from 0 to 14. Table 5 shows the distributions.

Table 5. Problems experienced due to alcohol

Number of problems	None	1-2	3-5	6+
Boys	159 52.8%	60 19.9%	61 20.3%	21 7.0%
Girls	235 59.5%	75 19.0%	64 16.2%	21 5.3%

The majority of both sexes experience no such problems but more than 20% have experienced three or more.

Other items concerned various perceptions of alcohol and cigarettes. These covered *how easy they would be to obtain, the extent of subjects'*

³ High scores mean positive perceptions

⁴ High scores mean negative perceptions

⁵ See appendix, question 36

disapproval, perceptions of risk, and estimates of friends' and elder siblings use. The findings on all these are set out in Table 6.

Table 6. Alcohol and tobacco – how easy to obtain, disapproval levels, perceived risks, usage among friends and elder siblings.

Ease of obtaining alcohol and cigarettes	BOYS			GIRLS		
	Fairly difficult to impossible	Very or fairly easy	Don't know	Fairly difficult to impossible	Very or fairly easy	Don't know
Cigarettes	7 (2.3%)	301 (97.1%)	2 (0.6%)	13 (3.2%)	394 (95.6%)	5 (1.2%)
Beer	27 (8.7%)	282 (91.0%)	1 (0.3%)	48 (11.7%)	356 (86.4%)	8 (1.9%)
Wine	30 (9.7%)	273 (88.1%)	7 (2.3%)	55 (13.3%)	343 (83.3%)	14 (3.4%)
Spirits	37 (11.9%)	268 (86.5%)	5 (1.6%)	66 (16.1%)	329 (80.4%)	14 (3.4%)
Disapproval of alcohol and cigarette use	Disapprove or strongly disapprove	Don't disapprove	Don't know	Disapprove or strongly disapprove	Don't disapprove	Don't know
Smoking cigarettes occasionally	116 (37.5%)	181 (58.6%)	12 (3.9%)	129 (31.55)	265 (64.6%)	16 (3.9%)
Smoking 10 or more cigarettes/ day	167 (53.9%)	133 (42.9%)	10 (3.2%)	223 (54.5%)	161 (39.4%)	25 (6.1%)
Drinking one or two alcoholic drinks	9 (2.9%)	293 (94.8%)	7 (2.3%)	10 (2.4%)	394 (96.1%)	6 (1.5%)
One or two drinks several times/ week	77 (24.9%)	224 (72.5%)	8 (2.6%)	121 (29.7%)	267 (65.4%)	20 (4.9%)
Getting drunk once a week	111 (36.0%)	185 (60.1%)	12 (3.9%)	165 (40.3%)	220 (53.8%)	24 (5.9%)
Perceived risks of tobacco and cigarettes	Moderate or great risk	No or slight risk	Don't know	Moderate or great risk	No or slight risk	Don't know
Smoking cigarettes occasionally	187 (60.3%)	121 (39.0%)	2 (0.6%)	234 (57.2%)	171 (41.8%)	4 (1.0%)
Smoking one or more packs a day	288 (92.6%)	22 (7.1%)	1 (0.3%)	389 (94.9%)	18 (4.4%)	3 (0.7%)
One or two drinks nearly every day	167 (53.9%)	139 (44.8%)	4 (1.3%)	308 (75.1%)	100 (24.4%)	2 (0.5%)
Four or five drinks nearly every day	261 (85.0%)	44 (14.3%)	2 (0.7%)	380 (93.1%)	26 (6.4%)	2 (0.5%)
Five or more drinks each weekend	132 (42.4%)	177 (56.9%)	2 (0.6%)	239 (58.4%)	159 (38.9%)	11 (2.7%)
Estimated cigarette and tobacco use among friends	None, few or some friends	Most or all friends	Don't know	None, few or some friends	Most or all friends	Don't know
Smoke cigarettes	212 (68.4%)	98 (31.6%)	---	258 (62.6%)	154 (37.4%)	---
Drink alcohol	73 (23.5%)	237 (76.5%)	---	104 (25.2%)	308 (74.8%)	---
Get drunk at least once a week	189 (61.2%)	120 (38.8%)	---	262 (64.1%)	147 (35.9%)	---
Elder brothers and sisters	Never	Seldom, sometimes or often	Don't know or have none	Never	Seldom, sometimes or often	Don't know or have none
Smoke cigarettes	122 (39.5%)	118 (32.2%)	69 (22.3%)	136 (33.2%)	156 (38.0%)	118 (28.8%)
Drink alcohol	46 (14.9%)	199 (64.4%)	64 (20.7%)	40 (9.8%)	261 (63.7%)	109 (26.6%)
Get drunk	62 (20.1%)	184 (59.5%)	63 (20.4%)	62 (15.1%)	235 (57.3%)	113 (27.6%)

Cigarettes and alcohol were regarded as being easy to obtain, and disapproval levels for their use were quite low. Usage levels were high among friends and elder siblings but there was considerable awareness of the risks.

Finally, each student completed a six item⁶ quiz (Table 7) about their knowledge of alcohol. Each item was scored as ‘true’ or ‘false’. Only 24% of boys and 21% of girls gave more than three correct answers.

Table 7. Knowledge of the effects of alcohol.

Number of items correct	0	1	2	3	4	5	6
Boys	8 2.6%	29 9.3%	78 25.1%	102 32.8%	56 18.0%	16 5.1%	3 1.0%
Girls	14 3.6%	60 15.2%	106 26.9%	130 33.0%	63 16.0%	18 4.6%	3 0.8%

Illicit Drugs

Tables 8a and 8b show some findings on the lifetime use of illicit drugs. Approximately 40% of boys and 30% of girls had at sometime in their lives tried at least one illicit illegal substance. Cannabis was by far the most common, having reportedly been used by 38.3% of boys and 29.8% of girls. Most of this use seems to have been brief experimentation and only 13.2% of boys and 4.6% of girls said they had used it 20 times or more. Use of other illicit drugs was infrequent, the next most common for boys being ‘magic mushrooms’, used by 11%, and for girls ecstasy (MDMA), used by 6.3%. Volatile solvent use, however, was reported by nearly 28% of boys and 24% of girls.

⁶ See the appendix, question X3. Originally there were seven items but the item ‘it is safe to drive after one or two drinks’ was dropped, since this really assesses opinion, rather than fact.

Table 8a. Lifetime use of illicit drugs – boys.

	Never	1-2 times	3-5	6-9	10-19	20-39	40+
Any illicit drug	188 60.5%	30 9.6%	17 5.5%	14 4.5%	18 5.8%	14 4.5%	30 9.6%
Any illicit drug except cannabis	268 86.2%	14 4.5%	14 4.5%	4 1.3%	9 2.9%	1 0.3%	1 0.3%
Cannabis	192 61.7%	32 10.3%	14 4.5%	15 4.8%	17 5.5%	14 4.5%	27 8.7%
Amphetamines	289 93.8%	13 4.2%	5 1.6%	1 0.3%	0 0.0%	0 0.0%	0 0.0%
LSD	287 92.9%	15 4.9%	2 0.6%	4 1.3%	1 0.3%	0 0.0%	0 0.0%
Crack	305 98.7%	2 0.6%	0 0.0%	1 0.3%	0 0.0%	0 0.0%	1 0.3%
Cocaine	303 98.1%	4 1.3%	0 0.0%	2 0.6%	0 0.0%	0 0.0%	0 0.0%
Ecstasy	286 93.5%	15 4.9%	1 0.3%	2 0.6%	2 0.6%	0 0.0%	0 0.0%
Heroin	302 97.1%	3 1.0%	2 0.6%	0 0.0%	2 0.6%	0 0.0%	0 0.0%
Tranquillisers	288 93.5%	13 4.2%	3 1.0%	1 0.3%	0 0.0%	3 1.0%	0 0.0%
Magic mushrooms	275 89.0%	18 5.8%	8 2.6%	2 0.6%	5 1.6%	0 0.0%	1 0.3%
Anabolic steroids	300 97.7%	5 1.6%	0 0.0%	1 0.3%	0 0.0%	0 0.0%	1 0.3%
Inhalants	225 72.3%	49 15.8%	13 4.2%	6 1.9%	5 1.6%	5 1.6%	8 2.6%
Any drug by injection	306 99.4%	1 0.3%	0 0.0%	1 0.3%	0 0.0%	0 0.0%	0 0.0%
Alcohol + pills	279 91.2%	18 5.9%	4 1.3%	0 0.0%	2 0.6%	1 0.3%	2 0.6%
Alcohol + cannabis	220 71.2%	31 10.0%	24 7.8%	7 2.3%	10 3.2%	6 1.9%	11 3.6%

Table 8b. Lifetime use of illicit drugs – girls.

	Never	1-2 times	3-5	6-9	10-19	20-39	40+
Any illicit drug	286 69.4%	39 9.5%	30 7.3%	12 2.9%	23 5.6%	10 2.4%	12 2.9%
Any illicit drug except cannabis	367 89.1%	14 3.4%	14 3.4%	5 1.2%	8 1.9%	3 0.7%	1 0.2%
Cannabis	288 70.2%	50 12.2%	19 4.6%	14 3.4%	20 4.9%	12 2.9%	7 1.7%
Amphetamines	394 95.6%	11 2.7%	2 0.5%	5 1.2%	0 0.0%	0 0.0%	0 0.0%
LSD	395 95.9%	12 2.9%	4 1.0%	1 0.2%	0 0.0%	0 0.0%	0 0.0%
Crack	409 99.5%	1 0.2%	0 0.0%	1 0.2%	0 0.0%	0 0.0%	1 0.2%
Cocaine	403 98.1%	5 1.2%	1 0.2%	0 0.0%	1 0.2%	1 0.2%	0 0.0%
Ecstasy	384 93.7%	15 3.7%	3 0.7%	4 1.0%	3 0.7%	1 0.2%	0 0.0%
Heroin	399 97.6%	5 1.2%	2 0.5%	1 0.2%	2 0.5%	0 0.0%	0 0.0%
Tranquillisers	397 96.4%	10 2.4%	3 0.7%	2 0.5%	0 0.0%	0 0.0%	0 0.0%
Magic mushrooms	390 94.9%	15 3.6%	4 1.0%	1 0.2%	1 0.2%	0 0.0%	0 0.0%
Anabolic steroids	407 99.0%	4 1.0%	0 0.0%	0 0.05	0 0.0%	0 0.0%	0 0.0%
Inhalants	314 76.6%	42 10.2%	22 5.4%	12 2.9%	12 2.9%	7 1.7%	1 0.2%
Any drug by injection	408 99.3%	1 0.2%	0 0.0%	1 0.2%	1 0.2%	0 0.0%	0 0.0%
Alcohol + pills	342 84.0%	40 9.8%	18 4.4%	5 1.2%	1 0.2%	0 0.0%	1 0.2%
Alcohol + cannabis	330 80.1%	32 7.8%	23 5.6%	16 3.9%	5 1.2%	4 1.0%	2 0.5%

Table 9 indicates (as for alcohol) the number of *experienced problems* due to drug use. These are fewer than for alcohol, and are reported by only 10.6% of boys and 5.3% of girls.

Table 9. Problems experienced due to illicit drugs.

Number of problems	None	1-2	3-5	6+
Boys	269 89.4%	21 7.0%	8 2.7%	3 1.0%
Girls	374 94.7%	15 3.8%	5 1.3%	1 1.3%

Table 10 sets down some other variables concerning illicit drugs. Nearly half of those surveyed indicated that it would be have been very easy or fairly easy to obtain cannabis. A high proportion believed the same was true for volatile solvents. For other illicit drugs the difficulties were perceived to be somewhat greater. However, more than 30% of both sexes reported that it would have been easy to obtain ecstasy or magic mushrooms. Even for other illicit drugs, the figures were always above 10%. Nonetheless, disapproval levels for trying illicit drugs were high. Even for cannabis, among boys, nearly 53% disapproved or strongly disapproved of trying it once or twice. For other drugs disapproval levels were much higher. Perceived risks followed a similar pattern, being somewhat less for cannabis than for other drugs. In general, use of illegal substances among peers and elder siblings was perceived to be low.

Table 10. Illicit substances – how easy to obtain, disapproval levels, perceived risks, usage among friends and elder siblings.

Ease of obtaining illicit drugs	BOYS			GIRLS		
	Fairly difficult to impossible	Very or fairly easy	Don't know	Fairly difficult to impossible	Very or fairly easy	Don't know
Cannabis	113 (36.5%)	162 (52.3%)	35 (11.3%)	174 (42.3%)	183 (44.5%)	54 (13.1%)
LSD	171 (55.2%)	78 (25.2%)	61 (19.7%)	243 (59.0%)	89 (21.6%)	80 (19.4%)
Amphetamines	172 (55.5%)	53 (17.1%)	85 (27.4%)	241 (58.5%)	74 (18.0%)	97 (23.5%)
Tranquillisers	173 (55.8%)	56 (18.1%)	81 (26.1%)	233 (56.6%)	97 (23.5%)	82 (19.9%)
Crack	188 (60.6%)	49 (15.8%)	73 (23.5%)	246 (60.0%)	83 (20.2%)	81 (19.8%)
Cocaine	187 (60.3%)	52 (16.8%)	71 (22.9%)	245 (59.8%)	85 (20.7%)	80 (19.5%)
Ecstasy	147 (47.4%)	106 (34.2%)	57 (18.4%)	196 (47.7%)	151 (36.7%)	64 (15.6%)
Heroin	187 (60.5%)	49 (15.9%)	73 (23.6%)	252(61.5%)	81 (19.8%)	77 (18.8%)
Magic Mushrooms	136 (43.9%)	116 (37.4%)	58 (18.7%)	188 (45.9%)	97 (23.7%)	70 (17.1%)
Inhalants	86 (27.8%)	170 (55.0%)	53 (17.2%)	105 (25.6%)	258 (62.9%)	47 (11.5%)
Anabolic steroids	169 (54.7%)	41 (13.3%)	99 (32.0%)	224 (54.6%)	64 (15.6%)	122 (29.8%)
Disapproval of illicit drug use	Disapprove or strongly disapprove	Don't disapprove	Don't know	Disapprove or strongly disapprove	Don't disapprove	Don't know
Trying cannabis once or twice	164 (52.9%)	135 (43.5%)	11 (3.5%)	266 (65.0%)	125 (30.6%)	18 (4.4%)
Smoking cannabis occasionally	190 (61.5%)	107 (34.6%)	12 (3.9%)	302 (73.7%)	93 (22.7%)	15 (3.7%)
Smoking cannabis regularly	221 (71.8%)	75 (24.4%)	12 (3.9%)	344 (84.1%)	53 (13.0%)	12 (2.9%)
Trying LSD once or twice	251 (81.2%)	39 (12.6%)	19 (6.1%)	362 (88.3%)	36 (8.8%)	12 (2.9%)
Trying heroin once or twice	274 (88.7%)	23 (7.4%)	12 (3.9%)	385 (94.1%)	14 (3.4%)	10 (2.4%)
Trying tranquillisers once or twice	257 (82.9%)	33 (10.6%)	20 (6.5%)	363 (88.8%)	30 (7.3%)	16 (3.9%)
Trying amphetamines once or twice	256 (82.6%)	31 (10.0%)	23 (7.4%)	364 (89.0%)	29 (7.1%)	16 (3.9%)
Trying crack once or twice	267 (86.1%)	29 (9.4%)	14 (4.5%)	374 (91.2%)	24 (5.9%)	12 (2.9%)
Trying cocaine once or twice	269 (86.8%)	28 (9.0%)	13 (4.2%)	377 (92.0%)	21 (5.1%)	12 (2.9%)
Trying ecstasy once or twice	258 (83.5%)	39 (12.6%)	12 (3.9%)	359 (87.6%)	41 (10.0%)	10 (2.4%)
Trying inhalants once or twice	255 (82.3%)	41 (13.2%)	14 (4.5%)	350 (85.4%)	45 (11.0%)	15 (3.7%)
Perceived risks of illicit drugs	Moderate or great risk	No or slight risk	Don't know	Moderate or great risk	No or slight risk	Don't know
Trying cannabis once or twice	132 (43.0%)	165 (53.7%)	10 (3.3%)	246 (60.1%)	150 (36.7%)	13 (3.2%)
Smoking cannabis occasionally	188 (60.5%)	112 (36.0%)	11 (3.5%)	312 (76.5%)	83 (20.3%)	13 (3.2%)
Smoking cannabis regularly	244 (78.7%)	54 (17.4%)	12 (3.9%)	363(88.5%)	38 (9.3%)	9 (2.2%)
Trying LSD once or twice	242 (77.8%)	48 (15.4%)	21 (6.8%)	343 (83.7%)	50 (12.2%)	17 (4.1%)
Taking LSD regularly	276 (88.7%)	14 (4.5%)	21 (6.8%)	385 (93.9%)	9 (2.2%)	16 (3.9%)
Trying amphetamines once or twice	233 (74.9%)	38 (12.2%)	40 (12.9%)	330 (80.7%)	40 (9.8%)	39(9.5%)
Taking amphetamines regularly	264 (84.9%)	10 (3.2%)	37(11.9%)	371 (90.7%)	8 (2.0%)	30 (7.3%)
Trying cocaine/crack once or twice	261 (83.9%)	29 (9.3%)	21 (6.8%)	363 (88.5%)	31 (7.6%)	16 (3.9%)
Taking cocaine or crack regularly	284 (91.3%)	7 (2.3%)	20 (6.4%)	390 (95.1%)	8 (2.0%)	12 (2.9%)
Trying ecstasy once or twice	275 (88.4%)	22 (7.1%)	14 (4.5%)	377 (92.0%)	24 (5.9%)	9 (2.2%)
Taking ecstasy regularly	291 (94.6%)	6 (1.9%)	14 (4.5%)	398 (97.1%)	5 (1.2%)	7 (1.7%)
Trying inhalants once or twice	244 (78.5%)	48 (15.4%)	19 (6.1%)	338 (82.4%)	58 (14.1%)	14 (3.4%)
Taking inhalants regularly	286 (92.0%)	9 (2.9%)	16 (5.1%)	391 (95.4%)	7 (1.7%)	12 (2.9%)
Estimated illicit drug use among friends	None or few friends	Some, most or all friends	Don't know	None or few friends	Some, most or all friends	Don't know
Smoke cannabis	261 (84.2%)	49 (15.8%)	---	376 (91.9%)	33 (8.1%)	---
Take LSD	302 (98.1%)	6 (1.9%)	---	408 (99.8%)	1 (0.2%)	---
Take amphetamines	301 (99.0%)	3 (1.0%)	---	406 (99.5%)	2 (0.5%)	---
Take tranquillisers	302 (98.7%)	4 (1.3%)	---	408 (100%)	0 (0.0%)	---
Take cocaine or crack	304 (99.7%)	1 (0.3%)	---	406 (99.8%)	1 (0.2%)	---
Take ecstasy	301 (98.0%)	6 (2.0%)	---	397 (97.3%)	11 (2.7%)	---
Take heroin	304 (99.3%)	2 (0.7%)	---	410 (100%)	0 (0.0%)	---
Take inhalants	300 (98.4%)	5 (1.6%)	---	399 (8.0%)	8 (2.0%)	---
Take magic mushrooms	297 (96.7%)	10 (3.3%)	---	404 (99.0%)	4 (1.0%)	---
Take alcohol together with pills	296 (97.4%)	8 (2.6%)	---	395 (96.8%)	13 (3.2%)	---
Take anabolic steroids	304 (99.0%)	3 (1.0%)	---	407 (99.8%)	1 (0.2%)	---
Elder brothers and sisters	Never	Seldom, sometimes or often	Don't know or have none	Never	Seldom, sometimes or often	Don't know or have none
Smoke cannabis	175 (57.0%)	50 (16.3%)	82 (26.7%)	222 (54.5%)	55 (13.5%)	130 (31.9%)
Take tranquillisers	224 (72.7%)	6 (1.9%)	78 (25.3%)	275 (67.1%)	9 (2.2%)	126 (30.7%)
Take ecstasy	212 (68.8%)	18 (5.8%)	78 (25.3%)	263 (64.1%)	19 (4.6%)	128 (31.1%)

Among those pupils who ever used illicit drugs, the drug of first use was overwhelmingly cannabis (in boys 78.3%, in girls 80.1%). Most commonly it was shared round a group of friends (boys 34.6%, girls 38.4%) or given to the pupil by a friend (in boys 38.8%, in girls 40.7%). Only 14.0% of boys and 8.5% of girls paid for their first illicit drug. The main reason given for the first use was curiosity (69.2% in boys, 77.6% in girls). Other reasons given included wanting to feel high (25.8% in boys, 16.1% in girls) and having nothing to do (12.0% in boys, 6.3% in girls).

Associations Between Aspects of Alcohol, Tobacco and Illicit Drug Use and Some Other Key Variables.

School management type In tables 11a and b the samples of boys and girls were divided according to school management type . Boys attending Catholic managed schools were somewhat less frequent drinkers ($F=5.6$, $P<0.01$) and reported less intoxication ($F=3.3$, $P<0.05$) than other boys. These effects were not significant among the girls, but girls attending Catholic managed schools were less likely to have consumed five or more drinks in a row in the past 30 days ($F=5.3$, $P<0.01$). For both sexes inhalant use was less among pupils attending Catholic managed schools (boys: $F=3.5$, $P<0.05$, girls: $F=6.1$, $P<0.05$). There were no other significant differences in the variables tested.

Table 11a. Tobacco, alcohol, illicit drugs and school management type – boys

	Catholic managed schools			Other managed schools		
	Never	1-39 times	40+ times	Never	1-39 times	40+ times
Smoked cigarettes	55 35.0%	65 41.4%	37 23.6%	44 29.1%	65 43.0%	42 27.8%
Used alcohol	19 12.6%	82 54.3%	50 33.1%	7 4.9%	69 48.6%	66 46.5%
Been drunk	43 27.7%	85 54.8%	27 17.4%	28 18.8%	80 53.7%	41 27.5%
Used cannabis	99 63.1%	47 29.9%	11 7.0%	93 60.4%	45 29.2%	16 10.4%
Used any illicit drug except cannabis	139 88.5%	18 11.5%	0 0.0%	129 83.8%	24 15.6%	1 0.6%
Used inhalants	119 75.8%	32 20.4%	6 3.8%	106 68.8%	46 29.9%	2 1.3%
	Never	1-5 times	6+ times	Never	1-5 times	6+ times
Taken 5+ drinks in a row in the past 30 days	68 43.3%	73 46.5%	16 10.2%	54 35.1%	76 49.4%	24 15.6%
	No	Yes		No	Yes	
Ever experienced problems due to alcohol or drugs	80 51.0%	77 49.0%	---	82 53.2%	72 46.8%	---

Table 11b. Tobacco, alcohol, illicit drugs and school management type – girls

	Catholic managed schools			Other managed schools		
	Never	1-39 times	40+ times	Never	1-39 times	40+ times
Smoked cigarettes	72 33.5%	84 39.1%	59 27.4%	68 34.9%	80 41.05%	47 24.1%
Used alcohol	27 13.2%	133 64.9%	45 22.0%	15 7.9%	123 64.7%	52 27.4%
Been drunk	64 30.6%	121 57.9%	24 11.5%	63 33.0%	109 57.1%	19 9.9%
Used cannabis	153 71.2%	59 27.4%	3 1.4%	135 69.2%	56 28.7%	4 2.1%
Used any illicit drug except cannabis	198 91.7%	18 8.3%	0 0.0%	169 86.2%	26 13.3%	1 0.5%
Used inhalants	173 80.5%	41 19.1%	1 0.5%	141 72.3%	54 27.7%	0 0.0%
	Never	1-5 times	6+ times	Never	1-5 times	6+ times
Taken 5+ drinks in a row in the past 30 days	113 52.6%	93 43.35%	9 4.2%	107 54.9%	69 35.4%	19 9.7%
	No	Yes		No	Yes	
Ever experienced problems due to alcohol or drugs	125 57.9%	91 42.1%	---	125 63.8%	71 36.2%	---

Playing Truant from School Students who played truant from school within the last 30 days were significantly more likely to have indulged in ‘deviant behaviour’ (heavier use of psychoactive drugs and or experience of related problems) (tables 12a and b). The results are significant in both sexes for all the variables tested (cigarette use boys: $F=3.2$, $P<0.05$, girls $F=10.8$, $P<0.01$; alcohol use boys: $F=5.5$, $P<0.01$, girls: $F=6.8$, $P<0.01$; intoxication boys: $F=12.5$, $P<0.01$, girls: $F=9.0$, $P<0.01$; cannabis boys: $F=3.8$, $P<0.01$, girls: $F=6.9$, $P<0.01$; inhalants boys: $F=3.0$, $P<0.05$, girls: $F=12.2$, $P<0.01$; other illicit drug boys: $F=4.4$, $P<0.01$, girls: $F=7.3$, $P<0.01$; five or more drinks in a row boys: $F=3.5$, $P<0.05$, girls: $F=7.0$, $P<0.01$; problems due to alcohol or drugs boys: $F=8.6$, $P<0.01$, girls: $F=7.7$, $P<0.01$).

Table 12a. Tobacco, alcohol, illicit drugs and playing truant from school – boys

	Did not play truant in the past 30 days			Played truant at least once in the past 30 days		
	Never	1-39 times	40+ times	Never	1-39 times	40+ times
Smoked cigarettes	80 36.5%	92 42.0%	47 21.5%	9 21.4%	18 42.9%	15 35.7%
Used alcohol	22 10.4%	117 55.5%	72 34.1%	2 4.8%	16 38.1%	24 57.1%
Been drunk	60 27.6%	121 55.8%	36 16.6%	6 14.3%	14 33.3%	22 52.4%
Used cannabis	148 67.0%	59 26.7%	14 6.3%	19 45.2%	15 35.7%	8 19.0%
Used any illicit drug except cannabis	197 89.1%	23 10.4%	1 0.5%	30 71.4%	12 28.6%	0 0.0%
Used inhalants	170 76.9%	47 21.3%	4 1.8%	26 61.9%	13 31.0%	3 7.1%
	Never	1-5 times	6+ times	Never	1-5 times	6+ times
Taken 5+ drinks in a row in the past 30 days	96 43.4%	105 47.5%	20 9.0%	13 31.0%	19 45.2%	10 23.8%
	No	Yes		No	Yes	
Ever experienced problems due to alcohol or drugs	129 58.4%	92 41.6%	---	13 31.0%	29 69.0%	---

Table 12b. Tobacco, alcohol, illicit drugs and playing truant from school –girls

	Did not play truant in the past 30 days			Played truant at least once in the past 30 days		
	Never	1-39 times	40+ times	Never	1-39 times	40+ times
Smoked cigarettes	116 39.1%	120 40.4%	61 20.5%	7 14.9%	14 29.8%	26 55.3%
Used alcohol	35 12.2%	199 69.1%	54 18.8%	1 2.1%	23 48.9%	23 48.9%
Been drunk	111 38.1%	157 54.0%	23 7.9%	1 2.1%	36 76.6%	10 21.3%
Used cannabis	226 76.1%	66 22.2%	5 1.7%	18 38.3%	27 57.4%	2 4.3%
Used any illicit drug except cannabis	273 91.3%	26 8.7%	0 0.0%	34 72.3%	12 25.5%	1 2.1%
Used inhalants	245 82.2%	53 17.8%	0 0.0%	27 57.4%	19 40.4%	1 2.1%
	Never	1-5 times	6+ times	Never	1-5 times	6+ times
Taken 5+ drinks in a row in the past 30 days	178 59.7%	107 35.9%	13 4.4%	13 27.7%	28 59.6%	6 12.8%
	No	Yes		No	Yes	
Ever experienced problems due to alcohol or drugs	195 65.2%	104 34.8%	---	18 38.3%	29 61.7%	---

Family Structure In tables 13a and b the samples are categorised into those living with both natural parents and those with some other living arrangement. Living arrangement seemed to have a greater effect on the girls than the boys. Girls who lived in intact families were less frequent than other girls in their use of cigarettes ($F=6.3$, $P<0.01$), alcohol ($F=4.5$, $P<0.01$), cannabis ($F=11.9$, $P<0.01$), inhalants ($F=7.5$, $P<0.01$) and drugs other than cannabis ($F=7.3$, $P<0.01$). They had less often been intoxicated ($F=8.1$, $P<0.01$) and were less likely to have consumed five or more drinks in a row in the past 30 days ($F=10.5$, $P<0.01$). For boys, the results are in the same direction but were significant only for cannabis use ($F=7.9$, $P<0.01$) and drugs other than cannabis ($F=4.3$, $P<0.05$). Differences related to the numbers of problems experienced were not significant, either for female students or for males.

Table 13a. Tobacco, alcohol, illicit drugs and family structure – boys

	Living with both natural parents			Other living arrangement		
	Never	1-39 times	40+ times	Never	1-39 times	40+ times
Smoked cigarettes	82 31.7%	114 44.0%	63 24.3%	17 34.7%	16 32.7%	16 32.7%
Used alcohol	22 9.0%	130 53.3%	92 37.7%	4 8.2%	21 42.9%	24 49.0%
Been drunk	62 24.0%	143 55.4%	53 20.5%	9 19.6%	22 47.8%	15 32.6%
Used cannabis	172 65.6%	73 27.9%	17 6.5%	20 40.8%	19 38.8%	10 20.4%
Used any illicit drug except cannabis	231 88.2%	30 11.5%	1 0.4%	37 75.5%	12 24.5%	0 0.0%
Used inhalants	194 74.0%	62 23.7%	6 2.3%	31 63.3%	16 32.7%	2 4.1%
	Never	1-5 times	6+ times	Never	1-5 times	6+ times
Taken 5+ drinks in a row in the past 30 days	104 39.7%	125 47.7%	33 12.6%	18 36.7%	24 49.0%	7 14.3%
	No	Yes		No	Yes	
Ever experienced problems due to alcohol or drugs	139 53.1%	123 46.9%	---	23 46.9%	26 53.1%	---

Table 13b. Tobacco, alcohol, illicit drugs and family structure – girls

	Living with both natural parents			Other living arrangement		
	Never	1-39 times	40+ times	Never	1-39 times	40+ times
Smoked cigarettes	115 36.5%	130 41.3%	70 22.2%	25 26.9%	34 36.6%	34 36.6%
Used alcohol	38 12.4%	192 62.7%	76 24.8%	4 4.6%	62 71.3%	21 24.1%
Been drunk	110 35.3%	167 53.5%	35 11.2%	17 19.8%	61 70.9%	8 9.3%
Used cannabis	238 75.3%	72 22.8%	6 1.9%	50 54.3%	41 44.6%	1 1.1%
Used any illicit drug except cannabis	289 91.2%	27 8.5%	1 0.3%	77 82.8%	16 17.2%	0 0.0%
Used inhalants	251 79.2%	66 20.8%	0 0.0%	62 68.1%	28 30.8%	1 1.1%
	Never	1-5 times	6+ times	Never	1-5 times	6+ times
Taken 5+ drinks in a row in the past 30 days	184 58.2%	111 35.1%	21 6.6%	35 38.0%	50 54.3%	7 7.6%
	No	Yes		No	Yes	
Ever experienced problems due to alcohol or drugs	196 61.8%	121 38.2%	---	53 57.0%	40 43.0%	---

Self Esteem The questionnaire included the Rosenberg self esteem scale (appendix question C1 (Rosenberg, 1965)). This is a well-known instrument, which has been widely used in studies related to young people. Scores were dichotomised at the mid scale point into high and low self esteem and the findings are set out in tables 14a and b. Among the boys there are no significant differences. For the girls frequencies of smoking cigarettes ($F=4.8$, $P<0.05$), consuming alcohol ($F=4.6$, $P<0.05$), being intoxicated ($F=4.0$, $P<0.05$) and having problems due to alcohol or drugs ($F=8.4$, $P<0.01$) were all associated with lower self esteem.

Table 14a. Tobacco, alcohol, illicit drugs and self esteem – boys

	High self-esteem			Low self-esteem		
	Never	1-39 times	40+ times	Never	1-39 times	40+ times
Smoked cigarettes	85 33.3%	109 42.7%	61 23.9%	14 29.8%	18 38.3%	15 31.9%
Used alcohol	22 9.1%	126 52.1%	94 38.8%	4 8.9%	22 48.9%	19 42.2%
Been drunk	60 23.8%	135 53.6%	57 22.6%	10 21.7%	27 58.7%	9 19.6%
Used cannabis	162 62.8%	72 27.9%	24 9.3%	28 59.6%	16 34.0%	3 6.4%
Used any illicit drug except cannabis	221 85.7%	36 14.0%	1 0.4%	41 87.2%	6 12.8%	0 0.0%
Used inhalants	191 74.0%	62 24.0%	5 1.9%	31 66.0%	13 27.7%	3 6.4%
	Never	1-5 times	6+ times	Never	1-5 times	6+ times
Taken 5+ drinks in a row in the past 30 days	97 37.6%	127 49.2%	34 13.2%	21 44.7%	22 46.8%	4 8.5%
	No	Yes		No	Yes	
Ever experienced problems due to alcohol or drugs	134 51.9%	124 48.1%	---	25 53.2%	22 46.8%	---

Table 14b. Tobacco, alcohol, illicit drugs and self esteem – girls

	High self-esteem			Low self-esteem		
	Never	1-39 times	40+ times	Never	1-39 times	40+ times
Smoked cigarettes	94 39.3%	84 35.1%	61 25.5%	42 26.1%	77 47.8%	42 26.1%
Used alcohol	32 13.7%	148 63.5%	53 22.7%	10 6.6%	100 65.8%	42 27.6%
Been drunk	84 35.9%	127 54.3%	23 9.8%	40 25.6%	97 62.2%	19 12.2%
Used cannabis	169 71.0%	63 26.5%	6 2.5%	113 69.8%	48 29.6%	1 0.6%
Used any illicit drug except cannabis	217 90.4%	22 9.2%	1 0.4%	142 87.7%	20 12.3%	0 0.0%
Used inhalants	188 79.0%	50 21.0%	0 0.0%	118 72.8%	43 26.5%	1 0.6%
	Never	1-5 times	6+ times	Never	1-5 times	6+ times
Taken 5+ drinks in a row in the past 30 days	135 56.7%	89 37.4%	14 5.9%	77 47.5%	71 43.8%	14 8.6%
	No	Yes		No	Yes	
Ever experienced problems due to alcohol or drugs	156 65.0%	84 35.0%	---	87 53.7%	75 46.3%	---

Depressed mood Depressed mood during the past seven days was measured using the six item depressive symptoms scale (appendix questions C2: Hibbell and Andersson 1998) dichotomised at the median. Tables 15a and b show the findings. For the boys, the only significant result related to inhalants, where greater use was associated with depressed mood ($F=4.1$, $P<0.05$). For the girls ‘deviant behaviour’ as defined above, was significantly associated with depressed mood for all the tested variables (cigarettes: $F=10.3$, alcohol: $F=16.9$, $P<0.01$, intoxication: $F=17.6$, cannabis: $F=8.8$, inhalants $F=48.0$, other illicit drugs: $F=10.5$, five or more drinks in a row: $F=11.9$ and problems experienced $F=39.2$, all $P<0.01$).

Table 15a. Tobacco, alcohol, illicit drugs and depressed mood – boys

	Little depressed mood			Some depressed mood		
	Never	1-39 times	40+ times	Never	1-39 times	40+ times
Smoked cigarettes	69 33.2%	91 43.8%	48 23.1%	29 31.2%	36 38.7%	28 30.1%
Used alcohol	18 9.0%	105 52.5%	77 38.5%	7 8.0%	43 49.4%	37 42.5%
Been drunk	51 24.8%	111 53.9%	44 21.4%	18 19.8%	51 56.0%	22 24.2%
Used cannabis	137 65.2%	56 26.7%	17 8.1%	52 55.3%	32 34.0%	10 10.6%
Used any illicit drug except cannabis	185 88.1%	25 11.9%	0 0.0%	76 80.9%	17 18.1%	1 0.3%
Used inhalants	163 77.6%	42 20.0%	5 2.4%	59 62.8%	32 34.0%	3 3.2%
	Never	1-5 times	6+ times	Never	1-5 times	6+ times
Taken 5+ drinks in a row in the past 30 days	82 39.0%	99 47.1%	29 13.8%	35 37.2%	50 53.2%	9 9.6%
	No	Yes		No	Yes	
Ever experienced problems due to alcohol or drugs	115 54.8%	95 45.2%	---	44 46.8%	50 53.2%	---

Table 15b. Tobacco, alcohol, illicit drugs and depressed mood – girls

	Little depressed mood			Some depressed mood		
	Never	1-39 times	40+ times	Never	1-39 times	40+ times
Smoked cigarettes	73 44.0%	61 36.7%	32 19.3%	65 27.4%	100 42.2%	72 30.4%
Used alcohol	29 18.1%	106 66.3%	25 15.6%	13 5.7%	144 63.2%	71 31.1%
Been drunk	73 45.1%	80 49.4%	9 5.6%	52 22.5%	146 63.2%	33 14.3%
Used cannabis	132 80.0%	31 18.8%	2 1.2%	152 63.9%	81 34.0%	5 2.1%
Used any illicit drug except cannabis	157 94.6%	9 5.4%	0 0.0%	205 85.8%	33 13.8%	1 0.4%
Used inhalants	145 88.4%	19 11.6%	0 0.0%	164 68.6%	74 31.0%	1 0.4%
	Never	1-5 times	6+ times	Never	1-5 times	6+ times
Taken 5+ drinks in a row in the past 30 days	105 64.0%	54 32.9%	5 3.0%	110 46.0%	106 44.4%	23 9.6%
	No	Yes		No	Yes	
Ever experienced problems due to alcohol or drugs	125 75.3%	41 24.7%	---	120 50.2%	119 49.8%	---

Exteriority and constraint. Tables 16a and b show the results on the Bjarnasson anomie scale of exteriority and constraint (appendix questions C3, Bjarnasson, 1995). There are six items, which broadly reflect the extent to which subjects feel constrained by rules and believe that the circumstances of their lives will be unchanging. Once again items were summed and the scores divided at the median. For boys, the only significant result is for problems experienced ($F=6.8$, $P<0.05$) with more problems being reported by those who consider life to be unconstrained and unstable. However, once again there were strong effects among the girls (cigarettes: $F=28.8$, alcohol: $F=10.7$, intoxication: $F=22.5$, cannabis: $F=27.6$, inhalants: $F=24.3$, other drugs: $F=21.2$, five or more drinks in a row: $F=27.1$ and problems experienced : $F=29.5$, all $P<0.01$).

Table 16a. Tobacco, alcohol, illicit drugs and anomie – boys

	Life constrained and stable			Life unconstrained and unstable		
	Never	1-39 times	40+ times	Never	1-39 times	40+ times
Smoked cigarettes	47 32.2%	60 41.1%	39 26.7%	48 32.4%	65 43.9%	35 23.6%
Used alcohol	13 9.4%	79 56.8%	47 33.8%	10 7.1%	68 48.2%	63 44.7%
Been drunk	42 29.0%	72 49.7%	31 21.4%	27 18.5%	85 58.2%	34 23.3%
Used cannabis	92 63.0%	45 30.8%	9 6.2%	95 62.9%	40 26.5%	16 10.6%
Used any illicit drug except cannabis	130 89.0%	16 11.0%	0 0.0%	126 83.4%	24 15.9%	1 0.7%
Used inhalants	109 74.7%	36 24.7%	1 0.7%	109 72.2%	36 23.8%	6 4.0%
	Never	1-5 times	6+ times	Never	1-5 times	6+ times
Taken 5+ drinks in a row in the past 30 days	63 43.2%	69 47.3%	14 9.6%	51 33.8%	77 51.0%	23 15.2%
	No	Yes		No	Yes	
Ever experienced problems due to alcohol or drugs	85 58.2%	61 41.8%	---	70 46.4%	81 53.6%	---

Table 16b. Tobacco, alcohol, illicit drugs and anomie – girls

	Life constrained and stable			Life unconstrained and unstable		
	Never	1-39 times	40+ times	Never	1-39 times	40+ times
Smoked cigarettes	103 49.3%	71 34.0%	35 16.7%	34 17.7%	89 46.4%	69 35.9%
Used alcohol	31 15.1%	141 68.8%	33 16.1%	11 6.1%	108 59.7%	62 34.3%
Been drunk	92 44.9%	102 49.8%	11 5.4%	33 17.7%	123 66.1%	30 16.1%
Used cannabis	174 83.3%	33 15.8%	2 1.0%	109 56.8%	78 40.6%	5 2.6%
Used any illicit drug except cannabis	199 95.2%	9 4.3%	1 0.5%	161 83.0%	33 17.0%	0 0.0%
Used inhalants	177 85.1%	31 14.9%	0 0.0%	131 67.9%	61 31.6%	1 0.5%
	Never	1-5 times	6+ times	Never	1-5 times	6+ times
Taken 5+ drinks in a row in the past 30 days	139 67.1%	61 29.5%	7 3.4%	75 38.7%	98 50.5%	21 10.8%
	No	Yes		No	Yes	
Ever experienced problems due to alcohol or drugs	151 72.2%	58 27.8%	---	93 47.9%	101 52.1%	---

Friends The sample was divided according to the numbers of really good friends reported by the subjects (tables 17a and b). There were no significant differences for either sex on any of the variables.

Table 17a. Tobacco, alcohol, illicit drugs and really good friends – boys

	0 – 3 good friends			4 – 5 good friends			6 or more good friends		
	Never	1-39 times	40+ times	Never	1-39 times	40+ times	Never	1-39 times	40+ times
Smoked cigarettes	13 26.0%	20 40.0%	17 34.0%	27 35.1%	30 39.0%	20 26.0%	59 32.6%	80 44.2%	42 23.2%
Used alcohol	5 10.9%	26 56.5%	15 32.6%	6 8.0%	41 54.7%	28 37.3%	15 8.7%	84 48.8%	73 42.4%
Been drunk	14 29.2%	15 19.5%	10 20.8%	15 19.5%	48 62.3%	14 18.2%	42 23.5%	93 52.0%	44 24.6%
Used cannabis	29 56.9%	19 37.3%	3 5.9%	50 64.1%	24 30.8%	4 5.1%	113 62.1%	49 26.9%	20 11.0%
Used any illicit drug except cannabis	43 84.3%	7 13.7%	1 2.0%	68 87.2%	10 12.8%	0 0.0%	157 86.3%	25 13.7%	0 0.0%
Used inhalants	40 78.4%	8 15.7%	3 5.9%	56 71.8%	20 25.6%	2 2.6%	129 70.9%	50 27.5%	3 1.6%
	Never	1-5 times	6+ times	Never	1-5 times	6+ times	Never	1-5 times	6+ times
Taken 5+ drinks in a row in the past 30 days	24 47.1%	21 41.2%	6 11.8%	30 38.5%	39 50.0%	9 11.5%	68 37.4%	89 48.9%	25 13.7%
	No	Yes		No	Yes		No	Yes	
Ever experienced problems due to alcohol or drugs	32 62.7%	19 37.3%	---	36 46.2%	42 53.8%	---	94 51.6%	88 48.4%	---

Table 17b. Tobacco, alcohol, illicit drugs and really good friends – girls

	0 – 3 good friends			4 – 5 good friends			6 or more good friends		
	Never	1-39 times	40+ times	Never	1-39 times	40+ times	Never	1-39 times	40+ times
Smoked cigarettes	35 32.7%	46 43.0%	26 24.3%	35 30.7%	50 43.9%	29 25.4%	70 37.0%	68 36.0%	51 27.0%
Used alcohol	10 9.9%	68 67.3%	23 22.8%	16 14.5%	70 63.6%	24 21.8%	16 8.7%	118 64.1%	50 27.2%
Been drunk	31 31.0%	56 56.0%	13 13.0%	34 30.4%	71 63.4%	7 6.3%	62 33.0%	103 54.8%	23 12.2%
Used cannabis	78 72.2%	28 25.9%	2 1.9%	85 75.2%	27 23.9%	1 0.9%	125 66.1%	60 31.7%	4 2.1%
Used any illicit drug except cannabis	98 90.7%	9 8.3%	1 0.9%	103 90.4%	11 9.6%	0 0.0%	166 87.4%	24 12.6%	0 0.0%
Used inhalants	80 74.8%	27 25.25	0 0.0%	89 78.1%	24 21.1%	1 0.9%	145 76.7%	44 23.3%	---
	Never	1-5 times	6+ times	Never	1-5 times	6+ times	Never	1-5 times	6+ times
Taken 5+ drinks in a row in the past 30 days	58 54.2%	42 39.3%	7 6.5%	63 55.3%	47 41.2%	4 3.5%	99 52.4%	73 38.6%	17 9.0%
	No	Yes		No	Yes		No	Yes	
Ever experienced problems due to alcohol or drugs	63 58.3%	45 41.7%	---	66 57.9%	48 42.1%	---	121 63.7%	69 36.3%	---

Comparisons with Other Areas of the UK

Tables 18 a and b compare the findings in Northern Ireland on the variables selected in the previous section with 1999 survey findings related to other parts of the UK (Plant and Miller 2000). For both boys and girls, Northern Irish students show the highest use of solvents (boys: $F=5.7$, $P<0.01$, girls: $F=3.9$, $P<0.01$). On the other hand, for boys, use of illicit drugs and cannabis was highest in Scotland (illicit drugs: $F=3.0$, $P<0.05$, cannabis: $F=2.6$, $P<0.05$). For girls the results were in the same direction but non-significant. For cigarette smoking ($F=3.9$, $P<0.01$) and for five or more drinks in a row ($F=5.8$, $P<0.01$) there were significant region by sex interactions. In both cases the Northern Ireland girls showed rather low usage and the Northern Ireland boys high usage.

Table 18a. Regional comparisons - boys

	Northern Ireland		England		Scotland		Wales	
	Never	Ever	Never	Ever	Never	Ever	Never	Ever
Smoked cigarettes	99 32.1%	209 67.9%	137 41.0%	197 59.0%	190 37.3%	319 62.7%	57 47.1%	64 52.9%
Used alcohol	26 8.9%	267 91.1%	19 5.9%	304 94.1%	23 4.7%	468 95.3%	6 5.1%	112 94.9%
Been drunk	71 23.4%	233 76.6%	73 22.3%	254 77.7%	114 22.9%	383 77.1%	25 20.8%	95 79.2%
Used cannabis	192 61.7%	119 38.3%	204 61.6%	127 38.4%	279 54.7%	231 45.3%	89 73.0%	33 27.0%
Used any illicit drug except cannabis	268 86.2%	43 13.8%	296 88.1%	40 11.9%	423 82.8%	88 17.2%	107 87.7%	15 12.3%
Used inhalants	225 72.3%	86 27.7%	292 87.2%	43 12.8%	441 86.3%	70 13.7%	101 83.5%	20 16.5%
Taken 5+ drinks in a row in the past 30 days	122 39.2%	189 60.8%	143 32.6%	193 57.4%	242 47.6%	266 52.4%	53 43.4%	69 56.6%
Experienced problems due to alcohol or drugs	162 52.1%	149 47.9%	205 61.0%	131 39.0%	302 59.1%	209 40.9%	75 61.5%	47 38.5%

Table 18b. Regional comparisons - girls

	Northern Ireland		England		Scotland		Wales	
	Never	Ever	Never	Ever	Never	Ever	Never	Ever
Smoked cigarettes	140 34.1%	270 65.9%	92 29.0%	225 71.0%	159 30.8%	358 69.2%	31 29.0%	76 71.0%
Used alcohol	42 10.6%	353 89.4%	18 6.0%	283 94.0%	20 4.0%	474 96.0%	5 4.9%	98 95.1%
Been drunk	127 31.8%	273 68.3%	84 26.6%	232 73.4%	113 22.4%	392 77.6%	21 19.6%	86 80.4%
Used cannabis	288 70.2%	122 29.8%	219 68.7%	100 31.3%	326 63.4%	188 36.6%	71 65.7%	37 34.3%
Used any illicit drug except cannabis	367 89.1%	45 10.9%	285 89.3%	34 10.7%	446 85.4%	76 14.6%	93 86.1%	15 13.9%
Used inhalants	314 76.6%	96 23.4%	269 84.6%	49 15.4%	420 80.5%	102 19.5%	81 77.1%	24 22.9%
Taken 5+ drinks in a row in the past 30 days	220 53.7%	190 46.3%	144 45.1%	175 54.9%	226 43.5%	294 56.5%	42 39.3%	65 60.7%
Experienced problems due to alcohol or drugs	183 57.4%	136 42.6%	183 57.4%	136 42.6%	275 52.7%	247 47.3%	54 50.0%	54 50.0%

Comparisons with the 1995 ESPAD Survey

Table 19 compares the results of the current survey with that carried out four years previously, in the Spring/early Summer of 1995 (Miller and Plant 1996). For boys there has been a significant rise in the proportion consuming five or more drinks in a row (difference in proportions=0.078, pooled standard error=0.0374, Z=2.09, P<0.05). For girls there has been a sharp rise in the consumption of illicit drugs (cannabis: Z=6.7, P<0.01, any illicit drug: Z=3.0, P<0.01). There were no other significant changes.

Table 19. Comparisons between the surveys in 1999 and 1995.

	Boys		Girls	
	1995	1999	1995	1999
Smoked cigarettes	121/202 60.0%	209/308 67.9%	203/324 62.6%	270/410 65.9%
Used alcohol	178/189 94.3%	267/293 91.1%	263/309 85.0%	353/395 89.4%
Been drunk	150/191 78.4%	233/304 76.6%	197/317 62.1%	273/400 68.3%
Used cannabis	69/198 34.9%	119/311 38.3%	52/325 15.9%	122/410 29.8%
Used any illicit drug including cannabis	76/202 37.8%	123/311 39.5%	60/328 18.4%	126/412 30.6%
Used inhalants	55/197 28.0%	86/311 27.7%	83/325 25.6%	96/410 23.4%
Taken 5+ drinks in a row in the past 30 days	105/198 53.0%	189/311 60.8%	128/325 39.5%	190/410 46.3%

Conclusions and Discussion

The findings above are based on a 1999 survey of 723 pupils from 71 Northern Ireland schools. This represents response rates of 85.5% for the schools approached and 86.7% overall for the students approached within the schools. The non-participants were made up of 1.1% whose parents refused to agree to their sons or daughters taking part, 8.5% who were ill, 2.5% who were absent from school with permission and 1.3% who were absent without permission. The last group of non-participants may well have shown high rates of deviance and substance abuse but they represent a small proportion. Thus overall estimates should be little affected. The questionnaire used appears to show adequate reliability and validity. For instance, in Northern Ireland, the highest number of missing answers to any question was 6.6% for wine consumption in the past 30 days. However, as the missing value rate for being drunk in the past 30 days was only 3.3% it seems probable that missing values represent forgetting exact amounts rather than concealment of alcohol consumption. Only 0.7% of students claimed to have used the non-existent drug relevin. This was included as in 1995, as a measure of dubious reporting. Internal consistency reliabilities between questions admitting of similar interpretations are good. Finally the results for the whole UK are consistent with the 1995 survey and with other evidence (Goddard, 1996,1997) that the highest rates of substance use were evident in Scotland. As noted above the sample appears to have slightly over-represented girls and those attending Catholic managed schools. However, the sexes have been kept separate throughout this report and school management type, as reported above, appears to have had only slight effects on a few variables.

Turning to the substantive findings, the overall rates of cigarette smoking are of a similar level to those in the whole UK but are nonetheless a cause for concern. No fewer than 20.7% of the boys and 23.8% of the girls reported smoking at least one cigarette per day during the last 30 days. Yet there appeared to be a high level of awareness of the risks of doing this, with over half the students in both sexes saying that smoking cigarettes even occasionally poses moderate or great risks. The proportion of boys who have ever smoked was a little higher in Northern Ireland than in the rest of the UK while that for girls was lower. There appear to have been no significant changes in lifetime smoking since 1995.

On alcohol consumption there are several points of interest. It is disquieting that, among the boys, the proportion drinking five or more drinks in a row at least once in the past 30 days seems to have risen

significantly since 1995 (Table 18) to reach 60.8%. This is numerically the highest figure for any part of the UK and the risks of consuming one or two drinks nearly every day are seen by both sexes to be greater than those for drinking five or more drinks each weekend. The figures concerning drinking places on the last drinking occasion (tables 3a and b) suggest that most drinking may take place in relatively safe environments such as at home or someone else's home. However, a substantial proportion (21.6% among boys and 17.9% among girls) reported their last drinking occasion as having been at least partly in an open place such as a park, street, beach or school playground. As noted above, such outdoor settings may be potentially risky. Both boys and girls perceived, in general, that the immediate effects of alcohol may be both positive and negative. For most students the positive effects outweighed the negative. However, factual knowledge of amounts of alcohol in various beverages and of some of the immediate effects was clearly rather poor (Table 6). Only 56.9% of boys and 54.4% of girls were able to answer three or more questions correctly out of six on this topic. Finally, large proportions of these teenagers (47.2% of boys and 40.5% of girls) indicated that they had already experienced at least one adverse consequence due to drinking. The problems about which enquiry was made (see appendix, question 36) included quarrels, fights, accidents, hospitalisation, trouble with the police, sexual encounters, being a victim of crime and relationship problems.

The most striking finding concerning illicit drugs is clearly the marked rise in illicit usage among the girls (Table 18). According to the 1995 survey, drug use in Northern Ireland girls was extremely low relative to the rest of the UK. In 1999 the proportion of girls who had reportedly tried cannabis was 29.8% and was approaching that in the rest of the UK. This constituted an increase of nearly 14% compared with 1995. There was no such rise among the boys. The Northern Ireland girls are the only group within the UK to have provided evidence of such an increase. Otherwise levels of use of nearly all illicit substances seem to have fallen significantly since 1995, the only major exception being heroin, the use of which continued to be rare. The rise in drug use amongst girls was mainly attributable to an increase in those who had at some time used cannabis. Even so, there had also been an increase in the use of amphetamines, ecstasy (MDMA), steroids and heroin by girls. It should be emphasised that the level of illicit drug use amongst Northern Ireland girls in 1995 was much lower than that amongst girls in other parts of the UK or in the Republic of Ireland. The apparent change between 1995 and 1999, though it may be viewed as alarming, may simply indicate that Northern Ireland girls have moved more into line with their peers in other

parts of the UK as well as the Republic of Ireland. In spite of the apparent increase, levels of drug use amongst Northern Ireland girls were still lower than that amongst girls in other parts of the UK. In fact, it remained the case that, despite the rising levels of use among Northern Irish girls, use of both cannabis and illicit drugs in general was highest in Scotland (Plant and Miller 2000).

Fortunately, most of the illegal substance use appears to represent limited experimentation. Thus, in the Northern Ireland sample, 38.3% of boys and 29.8% of girls said they had tried cannabis, but only 8.7% of boys and 1.7% of girls reported using it more than 40 times in their lifetime. In 1995 Northern Irish teenagers were the heaviest lifetime users of volatile substances compared to the rest of the UK. This remained true in the present survey with the Northern Ireland rates being significantly higher in both sexes.

Turning to the correlates of substance use, for the variables tested, school management type was only associated with a few variables. Boys attending Catholic managed schools were less frequent drinkers and had experienced intoxication less often than other boys. Girls attending Catholic managed schools were less likely to be frequent recent drinkers. Girls and boys attending Catholic managed schools were less likely than other teenagers to have used volatile solvents.

Truancy from school, was associated with heavier and more problematic drinking and illicit drug use and with heavier tobacco use. For the other correlates tested associations are far more in evidence among the girls than among the boys. This is particularly marked for low self esteem, depression, anomie and family structure. Of 27 tests carried out for these correlates, 26 were significant beyond the 0.01 level for the girls and only two at the 0.05 level for the boys. This may suggest that some girls were using alcohol, tobacco and illicit substances at least partly as a form of self-medication for depressed mood and feelings of isolation. This is most likely to be the direction of causation in the case of family structure, where living with a step-parent or a single parent (possibly an indication of poverty or personal crisis) might well lead to depressed mood and elevated psychoactive substance use. Otherwise it is, of course, possible that the depression and feelings of isolation might follow the drug use.

In summary, levels of substance use among teenagers in Northern Ireland were broadly comparable to elsewhere in the UK but illicit drug use was lower than that found in Scotland. Levels of illicit drug use appeared to have risen sharply since 1995 among girls in Northern Ireland. The UK

rates of teenage drug use were among the highest in Europe in 1995 and may well remain so in 1999 despite having declined. There is still much to be done in finding effective means of preventing the process which, in a minority of students, develops from casual experimentation with illicit substances into heavy and dependent.

Some of the results have obvious policy implications. The most serious risk indicated by this study relates to the high level of daily smoking reported by this group of teenagers. Smoking is currently associated with 120,000 premature deaths in the UK annually (Raw 1999). This figure should be compared with approximately 1,200 deaths associated with illicit drugs and 30,000 associated with alcohol. This survey makes it clear that substantial numbers of young people were gaining access to cigarettes illegally while under age. Steps could usefully be taken to warn young people of the great health dangers associated with smoking and to ensure that access to cigarettes through shops and other sources is curbed.

It was apparent that levels of basic factual knowledge about alcohol were very low. Health promotion has been identified as being important in relation to smoking, drinking and illicit drug use (NB President of the Council 1998, McMahon et al. 1999). There is as yet, no proven way to prevent young people from experimenting with illicit drugs or drinking to intoxication. Even so, health promotion has been able to raise levels of knowledge and to modify attitudes (Plant and Plant 1999). Problems associated with tobacco, alcohol and illicit drugs are not the sole preserve of teenagers or other young people. It should therefore be emphasised that young people should not be the only focus, either of health promotion or other policy initiatives. As noted by several authors, public policy to curb levels of harmful use of both legal and illicit drugs should involve a variety of measures targeted, both the whole community and those groups which are at particular risk (McMahon et al. op cit., O'Hare et al. 1992, Plant, Single and Stockwell 1997, Erickson et al. 1997).

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Appendix: The ESPAD 1999 UK Questionnaire

Strictly Confidential

**European School Survey Project
on Alcohol & Drug Use
(ESPAD) 1999**

**Alcohol & Health Research Centre
City Hospital
Greenbank Drive
Edinburgh EH10 5SB**

Country code 1-3.....
School code 4-6.....
Class code 7-8.....
Date 9-12.....
Individual code 13-16.....

STUDENT QUESTIONNAIRE

Before you start, please read this:

This questionnaire is part of an international study on alcohol, tobacco and drug use amongst students your age. The survey is being carried out this year from Greenland in the West to Russia in the East. This project was initiated by the Swedish Council for Information on Alcohol and Other Drugs and it is supported by Pompidou Group of the Council of Europe.

In the UK the survey is being carried out by the Alcohol & Health Research Centre. The results will be presented in a national report and international comparison of the results from all participating countries will also be made. The report will not include any results on single schools.

Your school has been randomly selected to take part in this study. Your school is one of 225 included in this survey in the UK.

This is an anonymous questionnaire. It will not contain your name or other information which might identify you. When you have finished the questionnaire, please put it in one of the brown envelopes provided and seal it yourself. Do not write your name on that either. The envelopes will be collected by a member of your school staff after completion. If the study is to be successful, it is important that you answer each question as thoughtfully and frankly as possible. Remember. Your answers are completely confidential.

This study is voluntary. If there is any question that you find objectionable for any reason, just leave it blank.

This is not a test. There are no right and wrong answers. If you do not find an answer that fits exactly, mark the one that comes closest. Please mark the appropriate answer to each question by making an “X” in the box. We hope that you will find the questionnaire interesting. If you have a problem, please raise your hand.

Thank you in advance for your participation. Please begin.

BEFORE BEGINNING BE SURE TO READ THE INSTRUCTIONS ON THE COVER.

OFFICE USE

Please mark your answer to each question by an **“X”** in the appropriate box .

The first questions ask for some background information about yourself and the kinds of things you might do.

1. What is your sex?

Male
1

Female
2

17.....

2. When were you born?

Month
1

Year
2

18 - 21.....

**3. How often (if at all) do you do each of the following?
(Mark one box for each line)**

	Never	A few times a year	Once or twice a month	At least once a week	Almost Every day	
a) Ride around on a moped or motorcycle just for fun.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	22.....
b) Play computer games.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	23.....
c) Actively participate in sports, athletics or other exercise.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	24.....
d) Read books for enjoyment, (do not count school books).....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	25.....
e) Go out in the evening (to a disco, café, party etc.).....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	26.....
f) Other hobbies (play an instrument, sing, draw, write etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	27.....
g) Play on slot machines (where you may win money).....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	28.....
	1	2	3	4	5	

During the LAST 30 DAYS how many whole days of school have you missed?

	None	1 day	2 days	3-4 days	5-6 days	7 days or more	
a) Because of illness.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	29.....
b) Because you skipped or 'cut'	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	30.....
c) For other reasons	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	31.....
	1	2	3	4	5	6	

The next major section of this questionnaire deals with cigarettes, alcohol and various other drugs. There is a lot of talk these days about these subjects, but very little accurate information. Therefore, we still have a lot to learn about the actual experiences and attitudes of people your age.

We hope that you can answer all the questions, but if you find one which you feel you cannot answer honestly, we would prefer that you leave it blank.

Your answers will not be made known to anyone, they will never be connected with your name or your class.

The following questions are about cigarette smoking

4. On how many occasions (if any) during your lifetime have you smoked cigarettes?

OFFICE USE

Number of occasions

0	1-2	3-5	6-9	10-19	20-39	40 or more	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	32.....
1	2	3	4	5	6	7	

5. How frequently have you smoked cigarettes during the past 30 days?

- 1 Not at all
- 2 Less than 1 cigarette per week
- 3 Less than 1 cigarette per day
- 4 1-5 cigarettes per day
- 5 6-10 cigarettes per day
- 6 11-20 cigarettes per day
- 7 More than 20 cigarettes per day

33.....

The next questions are about alcoholic beverages including beer wine and spirits

6. On how many occasions (if any) have you had any alcoholic beverage to drink? (Mark one box for each line).

		Number of occasions							
		0	1-2	3-5	6-9	10-19	20-39	40 or more	
a)	In your lifetime.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	34.....
b)	During the last 12 months..	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	35.....
c)	During the last 30 days.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	36.....
		1	2	3	4	5	6	7	

8. Do you think you will be drinking alcohol when you are twenty-five?

- 1 No
- 2 Yes
- 3 I don't know

37.....

9. Think back over the LAST 30 DAYS. On how many occasions (if any) have you had any of the following to drink? (Mark one box for each line).

	0	1-2	3-5	6-9	10-19	20-39	40 or more	
a) Beer (Do not include low alcohol beer).....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	38.....
b) Wine.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	39.....
c) Spirits (whisky, brandy, gin, vodka etc. Include spirits mixed with soft drinks).....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	40.....
	1	2	3	4	5	6	7	

10. The last time you had an alcoholic drink, did you drink any beer/lager /stout? If so, how much? (Do not include low alcohol beer 2.25 % alcohol or less)

1	<input type="checkbox"/>	I never drink beer	
2	<input type="checkbox"/>	I did not drink beer on my last drinking occasion	
3	<input type="checkbox"/>	Less than a regular bottle or can	
4	<input type="checkbox"/>	1-2 regular bottles or cans	
5	<input type="checkbox"/>	3-4 regular bottles or cans	
6	<input type="checkbox"/>	5 or more regular bottles or cans	41.....

11. The last time you had an alcoholic drink, did you drink any cider? If so, how much? (Do not include low alcohol cider)

1	<input type="checkbox"/>	I never drink cider	
2	<input type="checkbox"/>	I did not drink cider on my last drinking occasion	
3	<input type="checkbox"/>	Less than a regular bottle or can	
4	<input type="checkbox"/>	1-2 regular bottles or cans	
5	<input type="checkbox"/>	3-4 regular bottles or cans	
6	<input type="checkbox"/>	5 or more regular bottles or cans	42.....

12. The last time you had an alcoholic drink, did you drink any alcopops? If so, how much?

1	<input type="checkbox"/>	I never drink alcopops	
2	<input type="checkbox"/>	I did not drink alcopops on my last drinking occasion	
3	<input type="checkbox"/>	Less than a regular bottle or can	
4	<input type="checkbox"/>	1-2 regular bottles or cans	
5	<input type="checkbox"/>	3-4 regular bottles or cans	
6	<input type="checkbox"/>	5 or more regular bottles or cans	43.....

13. The last time you had an alcoholic drink, did you drink any wine? If so, how much (include wine mixed with other beverages)?

- 1 I never drink wine
- 2 I did not drink wine on my last drinking occasion
- 3 Less than a glass
- 4 1-2 glasses
- 5 Half a bottle
- 6 A bottle or more

44.....

14. The last time you had an alcoholic drink, did you drink any spirits? If so, how much (include spirits mixed with other beverages)?

- 1 I never drink spirits
- 2 I did not drink spirits on my last drinking occasion
- 3 Less than one single measure
- 4 1-2 single measures
- 5 3-5 single measures
- 6 6 single measures or more

45.....

15. Think of the last day on which you drank alcohol. Where were you when you drank? (Mark all that apply).

- 1 I never drink alcohol
- 1 At home
- 1 At someone else's home
- 1 Out on the street, in a park, beach or other open area
- 1 In a bar or a pub
- 1 In a disco
- 1 Other places (please describe).....

46.....

47.....

48.....

49.....

50.....

51.....

52.....

16. Think back over the LAST 30 DAYS. How many times (if any) have you had five or more drinks in a row? (A drink is a glass of wine, a bottle or can of beer a single measure of spirits or a mixed drink).

- 1 None
- 2 1
- 3 2
- 4 3-5
- 5 6-9
- 6 10 or more times

53.....

17. How likely is it that each of the following things would happen to you personally if you drink alcohol? (Mark one box for each line)

OFFICE USE

		Very likely	Likely	Unsure	Unlikely	Very unlikely	
a)	Feel relaxed.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	54.....
b)	Get into trouble with police.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	55.....
c)	Harm my health.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	56.....
d)	Feel happy.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	57.....
e)	Forget my problems.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	58.....
f)	Not be able to stop drinking.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	59.....
g)	Get a hangover.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	60.....
h)	Feel more friendly and outgoing.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	61.....
i)	Do something I would regret.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	62.....
j)	Have a lot of fun.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	63.....
k)	Feel sick.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	64.....
		1	2	3	4	5	

18. On how many occasions (if any) have you been drunk from drinking alcoholic beverages? (Mark one box for each line)

		0	Number of occasions			10-19	20-39	40 or more	
			1-2	3-5	6-9				
a)	In your lifetime	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	65.....
b)	During the last 12 months	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	66.....
c)	During the last 30 days	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	67.....
		1	2	3	4	5	6	7	

19. Please indicate on this scale from 1 to 10 how drunk you think you were the last time you were drunk.

Somewhat merry only											Heavily intoxicated, unable to stand on my feet	
	1	2	3	4	5	6	7	8	9	10		
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
11	<input type="checkbox"/>	I have never been drunk										68-69.....

20. How many drinks do you usually need to get drunk? (A drink is a glass of wine, a bottle or can of beer, a single measure of spirits or a mixed drink).

- 1 I never drink alcohol
- 2 I have never been drunk
- 3 1-2 drinks
- 4 3-4 drinks
- 5 5-6 drinks
- 6 7-8 drinks
- 7 9-10 drinks
- 8 11-12 drinks
- 9 13 drinks or more

70.....

The next questions are about other drugs

21. Have you ever heard of any of the following drugs? (Mark one box for each line)

		Yes	No	
a)	Tranquillizers (e.g. valium, librium, ativan, mogadon, temazepam: jellies or eggs).....	<input type="checkbox"/>	<input type="checkbox"/>	71.....
b)	Cannabis (marijuana, hashish, blow, pot, dope, grass).....	<input type="checkbox"/>	<input type="checkbox"/>	72.....
c)	LSD (acid, tabs).....	<input type="checkbox"/>	<input type="checkbox"/>	73.....
d)	Amphetamines (pep pills, speed).....	<input type="checkbox"/>	<input type="checkbox"/>	74.....
e)	Crack.....	<input type="checkbox"/>	<input type="checkbox"/>	75.....
f)	Cocaine.....	<input type="checkbox"/>	<input type="checkbox"/>	76.....
g)	Relevin.....	<input type="checkbox"/>	<input type="checkbox"/>	77.....
h)	Heroin (Smack).....	<input type="checkbox"/>	<input type="checkbox"/>	78.....
i)	Ecstasy (E).....	<input type="checkbox"/>	<input type="checkbox"/>	79.....
j)	Methadone.....	<input type="checkbox"/>	<input type="checkbox"/>	80.....
k)	Magic mushrooms.....	<input type="checkbox"/>	<input type="checkbox"/>	81.....
		1	2	

22. Have you ever wanted to try any of the drugs mentioned in question 21?

- 1 Yes
- 2 No

82.....

23. On how many occasions (if any) have you ever used cannabis (marijuana, hashish, blow, pot, dope, grass)? (Mark one box for each line)

		Number of occasions							
		0	1-2	3-5	6-9	10-19	20-39	40 or more	
a)	In your lifetime.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	83.....
b)	During the last 12 months..	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	84.....
c)	During the last 30 days.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	85.....
		1	2	3	4	5	6	7	

24. On how many occasions (if any) have you ever sniffed a substance (e.g. glue aerosols etc.) to get high? (Mark one box for each line)

		Number of occasions							
		0	1-2	3-5	6-9	10-19	20-39	40 or more	
a)	In your lifetime.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	86.....
b)	During the last 12 months..	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	87.....
c)	During the last 30 days.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	88.....
		1	2	3	4	5	6	7	

Tranquillizers and sedatives like valium, librium, ativan, mogadon and temazepam are sometimes prescribed by doctors to help people to calm down, get to sleep or relax. Pharmacies are not supposed to sell them without a prescription.

25. Have you ever taken tranquillizers or sedatives because a doctor told you to take them?

1	<input type="checkbox"/>	No, never		89.....
2	<input type="checkbox"/>	Yes, but for less than three weeks		
3	<input type="checkbox"/>	Yes, for three weeks or more		

26. On how many occasions in your lifetime (if any) have you used any of the following drugs? (Mark one box for each line)

OFFICE USE

		Number of occasions							
		0	1-2	3-5	6-9	10-19	20-39	40 or more	
a)	Tranquillizers or sedatives (without a doctor's prescription).....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	90.....
b)	Amphetamines (pep pills, speed).....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	91.....
c)	LSD or other hallucinogen	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	92.....
d)	Crack.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	93.....
e)	Cocaine.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	94.....
f)	Relevin.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	95.....
g)	Heroin (smack, by smoking).....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	96.....
h)	Heroin (other than by smoking).....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	97.....
i)	Ecstasy (E).....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	98.....
j)	Magic mushrooms.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	99.....
k)	Drugs by injection with a needle (like heroin, cocaine or amphetamine)..	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	100.....
l)	Alcohol together with pills	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	101.....
m)	Alcohol and cannabis at the same time.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	102.....
n)	Anabolic steroids.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	103.....
		1	2	3	4	5	6	7	

**27. When (if ever) did you first do each of the following things?
(Mark one box for each line)**

OFFICE USE

	Never	11 years old or less	12 years old	13 years old	14 years old	15 years old	16 years old	
a) Drink beer (at least one glass).....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	104.....
b) Drink wine (at least one glass).....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	105.....
c) Drink spirits (at least one glass).....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	106.....
d) Get drunk on alcohol.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	107.....
e) Smoke your first cigarette..	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	108.....
f) Smoke cigarettes daily.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	109.....
g) Try amphetamines.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	110.....
h) Try tranquilizers or sedatives without a doctor's prescription.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	111.....
i) Try cannabis.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	112.....
j) Try LSD or other hallucinogen.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	113.....
k) Try crack.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	114.....
l) Try cocaine.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	115.....
m) Try re Levin.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	116.....
n) Try ecstasy.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	117.....
o) Try heroin.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	118.....
p) Try 'magic mushrooms'...	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	119.....
q) Try inhalants (glue etc.) to get high.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	120.....
r) Try alcohol together with pills.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	RECORD 2 1.....
s) Try anabolic steroids.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	2.....
	1	2	3	4	5	6	7	

We want to find out how people begin to take drugs. We want you to think back to the very first occasion (if any) on which you took any of them and tell us about it. (Let us say again that any information you choose to give us about this will be very strictly confidential to the researchers. Your name is not on this questionnaire and nobody will attempt to find it out.)

28. What was the first drug (if any) that you ever tried?

- 01 I have never tried any of the substances listed below
- 02 Tranquillizers or sedatives without a doctor's prescription
- 03 Cannabis
- 04 LSD
- 05 Amphetamines
- 06 Crack
- 07 Cocaine
- 08 Relevin
- 09 Heroin
- 10 Ecstasy
- 11 'Magic mushrooms'
- 12 I don't know what it was

3-4.....

29. How did you get this substance?

- 01 I have never used any of the substances listed in question 28
- 02 Given to me by an older brother or sister
- 03 Given to me by a friend, boy or girl, older than me
- 04 Given to me by a friend of my own age or younger
- 05 Given to me by someone I heard about but did not know personally
- 06 Given to me by a stranger
- 07 It was shared round a group of friends
- 08 Bought from a friend
- 09 Bought from someone I heard about but did not know personally
- 10 Bought from a stranger
- 11 Given to me by one of my parents
- 12 Took it at home without my parent's permission
- 13 None of these (please describe briefly how you got it).....
.....

5-6.....

30. Why did you try this drug? (Mark all reasons that apply)

OFFICE USE

- | | | | |
|---|--------------------------|---------------------------------------------------------------|---------|
| 1 | <input type="checkbox"/> | I have never used any of the substances listed in question 28 | 7..... |
| 1 | <input type="checkbox"/> | I wanted to feel high | 8..... |
| 1 | <input type="checkbox"/> | I did not want to stand out from the group | 9..... |
| 1 | <input type="checkbox"/> | I had nothing to do | 10..... |
| 1 | <input type="checkbox"/> | I was curious | 11..... |
| 1 | <input type="checkbox"/> | I wanted to forget my problems | 12..... |
| 1 | <input type="checkbox"/> | Other reasons (please specify)..... | 13..... |
| 1 | <input type="checkbox"/> | I don't remember | 14..... |

31. In which of the following places do you think you could easily buy cannabis if you wanted to? (Mark all that apply)

- | | | | |
|---|--------------------------|------------------------------------|---------|
| 1 | <input type="checkbox"/> | I don't know of any such place | 15..... |
| 1 | <input type="checkbox"/> | Street, park etc. | 16..... |
| 1 | <input type="checkbox"/> | School | 17..... |
| 1 | <input type="checkbox"/> | Disco, bar etc. | 18..... |
| 1 | <input type="checkbox"/> | House of a dealer | 19..... |
| 1 | <input type="checkbox"/> | Other places (please specify)..... | 20..... |

32. Individuals differ in whether or not they disapprove of people doing certain things. DO YOU DISAPPROVE of people doing each of the following? (Mark one box for each line)

OFFICE USE

	Don't dis-approve	Dis-approve	Strongly dis-approve	Don't know	
a) Smoking cigarettes occasionally.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	21.....
b) Smoking 10 or more cigarettes a day.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	22.....
c) Drinking one or two alcoholic drinks a few times a year (beer, wine, spirits).....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	23.....
d) Having one or two drinks several times a week.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	24.....
e) Getting drunk once a week.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	25.....
f) Trying cannabis once or twice.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	26.....
g) Smoking cannabis occasionally.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	27.....
h) Smoking cannabis regularly.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	28.....
i) Trying LSD or other hallucinogen once or twice.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	29.....
j) Trying heroin once or twice.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	30.....
k) Trying tranquillizers or sedatives (without a doctor's prescription) once or twice.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	31.....
l) Trying amphetamines once or twice.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	32.....
m) Trying crack once or twice.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	33.....
n) Trying cocaine once or twice.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	34.....
o) Trying ecstasy once or twice.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	35.....
p) Trying inhalants (glue etc.) once or twice.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	36.....
	1	2	3	4	

33. How much do you think people risk harming themselves (physically or in other ways) if they..... (Mark one box for each line)

OFFICE USE

	No risk	Slight risk	Moderate risk	Great risk	Don't know	
a) Smoke cigarettes occasionally.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	37.....
b) Smoke one or more packs of cigarettes per day.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	38.....
c) Have one or two drinks nearly every day	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	39.....
d) Have four or five drinks nearly every day	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	40.....
e) Have five or more drinks each weekend	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	41.....
f) Try cannabis once or twice.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	42.....
g) Smoke cannabis occasionally.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	43.....
h) Smoke cannabis regularly.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	44.....
i) Try LSD once or twice.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	45.....
j) Take LSD regularly.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	46.....
k) Try amphetamines once or twice.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	47.....
l) Take amphetamines regularly.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	48.....
m) Try cocaine or crack once or twice.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	49.....
n) Take cocaine or crack regularly.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	50.....
o) Try ecstasy once or twice.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	51.....
p) Take ecstasy regularly.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	52.....
q) Try inhalants once or twice.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	53.....
r) Take inhalants regularly.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	54.....
	1	2	3	4	5	

34. How difficult do you think it would be to get each of the following if you wanted to? (Mark one box for each line)

OFFICE USE

	Impossible	Very difficult	Fairly difficult	Fairly easy	Very easy	Don't know	
a) Cigarettes.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	55.....
b) Beer.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	56.....
c) Wine.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	57.....
d) Spirits.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	58.....
e) Cannabis.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	59.....
f) LSD or other hallucinogen	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	60.....
g) Amphetamines.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	61.....
h) Tranquillizers or sedatives	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	62.....
i) Crack.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	63.....
j) Cocaine.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	64.....
k) Ecstasy.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	65.....
l) Heroin.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	66.....
m) 'Magic mushrooms'.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	67.....
n) Inhalants.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	68.....
o) Anabolic steroids.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	69.....
	1	2	3	4	5	6	

35. How many of your friends would you estimate ... (Mark one box per line)

	None	A few	Some	Most	All	
a) Smoke cigarettes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	70.....
b) Drink alcoholic beverages (beer, wine, spirits)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	71.....
c) Get drunk at least once a week.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	72.....
d) Smoke cannabis.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	73.....
e) Take LSD or other hallucinogen.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	74.....
f) Take amphetamines.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	75.....
g) Take tranquillizers or sedatives (without a doctor's prescription).....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	76.....
h) Take cocaine or crack.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	77.....
i) Take ecstasy.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	78.....
j) Take heroin.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	79.....
k) Take inhalants.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	80.....
l) Take 'magic mushrooms'.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	81.....
m) Take alcohol together with pills.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	82.....
n) Take anabolic steroids.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	83.....
	1	2	3	4	5	

36. Have you ever had any of the following problems? (Mark all that apply)

OFFICE USE

	Never	Yes because of my alcohol use	Yes because of my drug use	Yes for other reasons	
a) Quarrel or argument.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	84.....
b) Scuffle or fight.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	85.....
c) Accident or injury.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	86.....
d) Loss of money or other valuable items.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	87.....
e) Damage to objects or clothing.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	88.....
f) Problems in your relationship with your parents	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	89.....
g) Problems in your relationship with your friends	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	90.....
h) Problems in your relationship with your teachers	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	91.....
i) Poor performance at school or work.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	92.....
j) Being the victim of robbery or theft.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	93.....
k) Trouble with the police.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	94.....
l) Hospitalised or admitted to hospital casualty.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	95.....
m) Engaged in sex you regretted the next day.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	96.....
n) Engaged in unprotected sex.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	97.....
	1	2	3	4	

37. Do any of your older brothers or sisters.....(Mark one box for each line)

	Never	Seldom	Some-times	Often	Don't know	Don't have any older brothers or sisters	
a) Smoke cigarettes.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	98.....
b) Drink alcoholic beverages (beer, wine or spirits).....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	99.....
c) Get drunk.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	100.....
d) Smoke cannabis.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	101.....
e) Take tranquillizers or sedatives (without a doctor's prescription)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	102.....
f) Take ecstasy.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	103.....
	1	2	3	4	5	6	

The next questions ask about your parents. If you were brought up mostly by foster parents, stepparents, or others answer for them. For example, if you have both a step father and a natural father, answer for the one that was the most important in bringing you up.

37. What is the highest level of schooling your father completed?

OFFICE USE

- 1 Completed primary school or less
- 2 Some secondary school
- 3 Completed secondary school
- 4 Some college or university
- 5 Completed college or university
- 6 Don't know or does not apply

104.....

38. What is the highest level of schooling your mother completed?

- 1 Completed primary school or less
- 2 Some secondary school
- 3 Completed secondary school
- 4 Some college or university
- 5 Completed college or university
- 6 Don't know or does not apply

105.....

39. How well off is your family compared to other families in your country?

- 1 Very much better off
- 2 Much better off
- 3 Better off
- 4 About the same
- 5 Less well off
- 6 Much less well off
- 7 Very much less well off

106.....

**40. Which of the following people live in the same household with you?
(Mark all that apply)**

- 1 I live alone
- 1 Father
- 1 Step father
- 1 Mother
- 1 Step mother
- 1 Brother(s)
- 1 Sister(s)
- 1 Grandparent(s)
- 1 Other relative(s)
- 1 Non-relative(s)

107.....

108.....

109.....

110.....

111.....

112.....

113.....

114.....

115.....

116.....

42. How satisfied are you usually with.....

OFFICE USE

	Very satisfied	Satisfied	Neither satisfied nor dissatisfied	Not so satisfied	Not at all satisfied	
a) Your relationship to your mother...	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	117.....
b) Your relationship to your father.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	118.....
c) Your relationship to your friends...	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	119.....
	1	2	3	4	5	

43. Do your parents know where you spend Saturday evenings?

1	<input type="checkbox"/>	Always	
2	<input type="checkbox"/>	Quite often	
3	<input type="checkbox"/>	Sometimes	
4	<input type="checkbox"/>	Not usually	120.....

44. If you had ever used cannabis, do you think you would have said so in this questionnaire?

1	<input type="checkbox"/>	I have said that I used it	
2	<input type="checkbox"/>	Definitely yes	
3	<input type="checkbox"/>	Probably yes	RECORD 3
4	<input type="checkbox"/>	Probably not	
5	<input type="checkbox"/>	Definitely not	1.....

45. If you had ever used heroin, do you think you would have said so in this questionnaire?

1	<input type="checkbox"/>	I have said that I used it	
2	<input type="checkbox"/>	Definitely yes	
3	<input type="checkbox"/>	Probably yes	
4	<input type="checkbox"/>	Probably not	
5	<input type="checkbox"/>	Definitely not	2.....

The next section includes questions about your parents' thoughts about alcohol and drug use

A1 If you wanted to smoke (or already do), do you think your father and mother would allow you to do so?

OFFICE USE

	Would allow (allows) me to smoke	Would not (does not) allow smoking at home	Would not (does not) allow smoking at all	Don't know	
a) Father.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	3.....
b) Mother.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	4.....
	1	2	3	4	

A2 If you wanted to drink (or already do), do you think your father and mother would allow you to do so?

	Would allow (allows) me to drink	Would only allow (allows only) on special occasions	Would (does) not allow me to drink at all	Don't know	
a) Father.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	5.....
b) Mother.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	6.....
	1	2	3	4	

A3 How do you think your parents would react if you did the following things?

	They would not allow it	They would discourage it	They would not mind	They would approve of it	Don't know	
a) Get drunk.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	7.....
b) Use cannabis.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	8.....
c) Use ecstasy.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	9.....
d) Play on a slot machine..	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	10.....
	1	2	3	4	5	

A4 How satisfied are you usually with.... (Mark one box for each line)

	Very satisfied	Satisfied	Neither satisfied nor dissatisfied	Not so satisfied	Not at all satisfied	
a) the financial situation of your family	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	11.....
b) your health?.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	12.....
c) yourself?.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	13.....
	1	2	3	4	5	

**A5 How often do the following statements apply to you?
(Mark one box for each line)**

OFFICE USE

	Almost always	Often	Some- times	Seldom	Almost never	
a) My parents set definite rules about what I can do at home.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	14.....
b) My parents set definite rules about what I can do outside the home.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	15.....
c) My parents know who I am with in the evenings.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	16.....
d) My parents know where I am in the evenings.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	17.....
e) I can easily get warmth and caring from my mother and/or my father.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	18.....
f) I can easily get mental support from my mother and/or my father.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	19.....
g) I can easily borrow money from my mother and/or my father.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	20.....
h) I can easily get money as a gift from my mother and/or my father.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	21.....
i) I can easily get warmth and caring from my best friend.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	22.....
j) I can easily get mental support from my best friend.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	23.....
	1	2	3	4	5	

A6 How much money do you usually spend per week on your personal needs and where do you get it from?

	£	
Paid job	24 – 26.....
Parents or other relatives	27 – 29.....
Other sources	30 – 32.....

The following questions are about yourself and things you might do

**B1 What chores are you expected to perform at home?
(Mark all that apply)**

OFFICE USE

- | | | | |
|---|--------------------------|------------------------------------------------------------|---------|
| 1 | <input type="checkbox"/> | To do my school homework well | 33..... |
| 1 | <input type="checkbox"/> | To do shopping | 34..... |
| 1 | <input type="checkbox"/> | To take care of younger sisters/brothers | 35..... |
| 1 | <input type="checkbox"/> | To take care of pets | 36..... |
| 1 | <input type="checkbox"/> | To cook | 37..... |
| 1 | <input type="checkbox"/> | To clean the house/flat | 38..... |
| 1 | <input type="checkbox"/> | To do laundry | 39..... |
| 1 | <input type="checkbox"/> | To wash dishes | 40..... |
| 1 | <input type="checkbox"/> | To work on the land or garden or take care of farm animals | 41..... |
| 1 | <input type="checkbox"/> | To care for older family members | 42..... |
| 1 | <input type="checkbox"/> | To earn money | 43..... |
| 1 | <input type="checkbox"/> | To do sport | 44..... |
| 1 | <input type="checkbox"/> | To take out the rubbish | 45..... |
| 1 | <input type="checkbox"/> | I don't have any of these obligations | 46..... |

B2 How much TV or videos do you estimate that you watch on an average weekday?

- | | | | |
|---|--------------------------|----------------------|--|
| 1 | <input type="checkbox"/> | None | |
| 2 | <input type="checkbox"/> | Half an hour or less | |
| 3 | <input type="checkbox"/> | About one hour | |
| 4 | <input type="checkbox"/> | About two hours | |
| 5 | <input type="checkbox"/> | About three hours | |
| 6 | <input type="checkbox"/> | About four hours | |
| 7 | <input type="checkbox"/> | Five hours or more | |

B3 How good do you think you are at school work compared to other people your age?

- | | | | |
|---|--------------------------|-----------------------------------------------|--|
| 1 | <input type="checkbox"/> | Excellent, I am probably one of the very best | |
| 2 | <input type="checkbox"/> | Well above average | |
| 3 | <input type="checkbox"/> | Above average | |
| 4 | <input type="checkbox"/> | Average | |
| 5 | <input type="checkbox"/> | Below average | |
| 6 | <input type="checkbox"/> | Well below average | |
| 7 | <input type="checkbox"/> | Poor, I am probably one of the worst | |

The following section is about what you think of yourself

C1 Below is a list of statements dealing with your general feelings about yourself. (Mark one box for each line indicating if you agree or disagree).

OFFICE USE

	Strongly agree	Agree	Disagree	Strongly disagree	
a) On the whole, I am satisfied with myself.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	49.....
b) At times I think I am no good at all.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	50.....
c) I feel that I have a number of good qualities.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	51.....
d) I am able to do things as well as most other people.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	52.....
e) I feel I do not have much to be proud of.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	53.....
f) I certainly feel useless at times.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	54.....
g) I feel that I am a person of worth, at least on an equal plane with others.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	55.....
h) I wish I could have more respect for myself.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	56.....
i) All in all, I am inclined to feel that I am a failure	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	57.....
j) I take a positive attitude towards myself.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	58.....
	1	2	3	4	

C2 During the LAST 7 DAYS how often.....(Mark one box for each line)

	Rarely or never	Sometimes	Several times	Most of the time	
a) have you lost your appetite, you did not want to eat ?.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	59.....
b) have you had difficulty in concentrating on what you want to do?.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	60.....
c) have you felt depressed?.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	61.....
d) have you felt that you had to put great effort and pressure to do the things you had to do?...	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	62.....
e) have you felt sad?.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	63.....
f) Could you not do your work(at home, at work, at school)?.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	64.....
	1	2	3	4	

**C3 How much do you agree or disagree with the following statements?
(Mark one box for each line)**

OFFICE USE

	Totally agree	Rather agree	Don't know	Rather disagree	Totally disagree	
a) You can break most rules if they don't seem to apply.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	65.....
b) I follow whatever rules I want to follow...	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	66.....
c) In fact, there are very few rules absolute in life.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	67.....
d) It is difficult to trust anything, because everything changes.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	68.....
e) In fact, nobody knows what is expected of him/her in life.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	69.....
f) You can never be certain of anything in life	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	70.....
	1	2	3	4	5	

The following questions concern behaviours which may be against some social rules or the law. We hope that you will answer all of them. However, if you come across one which you cannot answer honestly, we prefer that you leave it unanswered. Remember your answers are anonymous.

**C4 During the LAST 12 MONTHS how often have you
(Mark one box for each line)**

	Not at all	Once	Twice	3-4 times	5 or more times	
a) hit one of your teachers.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	71.....
b) got mixed into a fight at school or work	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	72.....
c) taken part in a fight where a group of your friends were against another group	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	73.....
d) hurt somebody badly enough for them to need bandages or a doctor.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	74.....
e) used any kind of weapon to get something from somebody.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	75.....
f) taken something not belonging to you worth over £6.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	76.....
g) taken something from a shop without paying for it	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	77.....
h) set fire to somebody else's property on purpose.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	78.....
i) damaged school property on purpose...	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	79.....
j) Got into trouble with the police for something you did.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	80.....
	1	2	3	4	5	

And finally.....

X1 What is your religious affiliation? (Mark one box)

OFFICE USE

Roman Catholic	<input type="checkbox"/>	1	Protestant		Other	
			Presbyterian	<input type="checkbox"/>	Jewish	<input type="checkbox"/>
			Anglican	<input type="checkbox"/>	Moslem	<input type="checkbox"/>
			Methodist	<input type="checkbox"/>	Hindu	<input type="checkbox"/>
			Jehovah's witness	<input type="checkbox"/>	Buddhist	<input type="checkbox"/>
			Free Presbyterian	<input type="checkbox"/>	Other	<input type="checkbox"/>
			Mormon	<input type="checkbox"/>	None	<input type="checkbox"/>
			Baptist	<input type="checkbox"/>		
			Other Protestant	<input type="checkbox"/>		

81.....

X2 How important would you say each of the following reasons are for not drinking alcohol? (Mark one box for each line)

	Very important	Rather important	Not very important	Unimportant	Don't know	
a) Drinking is bad for one's health.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	82.....
b) Drinking costs too much.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	83.....
c) Religious reasons.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	84.....
d) Not to lose control in an unpleasant way.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	85.....
e) Hard to stop drinking once you start	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	86.....
f) Parent's disapproval of drinking.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	87.....
g) Drinking makes you put on weight	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	88.....
h) Drinking may have destroyed somebody that you know well.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	89.....
i) Alcohol tastes horrible.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	90.....
j) Drinking may cause negative effects, e.g. hangovers, dizziness and vomiting.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	91.....
k) Drinking is likely to lead to crime and violence.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	92.....
l) Drinking might be against one's principles.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	93.....
m) Drinking is likely to lead to serious accidents.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	94.....
n) Drinking is likely to be bad for family life.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	95.....
	1	2	3	4	5	

X3 Here is a short quiz about alcohol. Read the following statements and indicate whether you think each one is true or false. If you are not very sure, tick Don't Know.

OFFICE USE

	True	False	Don't know	
a) Alcohol makes you more alert.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	96.....
b) A single whisky (as measured in a pub) contains more alcohol than a pint of beer.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	97.....
c) Eating along with drinking will slow down the effects of alcohol.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	98.....
d) All beers contain roughly the same amount of alcohol.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	99.....
e) A glass of table wine contains much more alcohol than half a pint of cider.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	100.....
f) It is safe to drive after one or two drinks.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	101.....
g) A glass of table wine contains roughly the same amount of alcohol as half a pint of beer.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	102.....
	1	2	3	

X4 How many really good friends do you feel you have?

None	<input type="checkbox"/>	
1	<input type="checkbox"/>	
2	<input type="checkbox"/>	
3	<input type="checkbox"/>	
4	<input type="checkbox"/>	
5	<input type="checkbox"/>	
6 - 10	<input type="checkbox"/>	
More than 10	<input type="checkbox"/>	103.....

Thank you very much for your help. That is everything. Now please could you check over any questions you may have intended to go back to and then seal your questionnaire into the brown envelope provided.

