

Demand for Addiction Services Continues to Grow Across Dublin and the East as Cocaine Remains a Major Challenge

- **Coolmine's latest report highlights increasing pressure on services and changing addiction trends across the region**

11 August 2026 – Demand for addiction treatment and recovery services across Dublin and the East continues to grow, according to [Coolmine Therapeutic Community's](#) latest regional report, with cocaine remaining one of the most common substances affecting those seeking support.

The Q2 2026 findings show increased activity across a number of services in the East, particularly within Integration and Aftercare, Pre-Entry and PACT, reflecting the continued need for accessible addiction treatment and long-term recovery supports throughout the region.

The report also highlights the changing profile of addiction in the East. Powder cocaine now accounts for 31% of presentations, while crack cocaine represents 12%, significantly higher than in other parts of the country. Alcohol continues to be another major driver of people accessing treatment services, demonstrating the increasingly complex nature of addiction across communities.

Anita Harris, Deputy Head of Services at Coolmine Therapeutic Community, said: *"The East continues to experience the highest demand for our services, reflecting both the scale and complexity of addiction across the region. We are seeing increasing numbers of people requiring support not only for alcohol dependency but also for cocaine use, which continues to evolve across our communities. Recovery requires long-term investment in people, families and communities. As demand continues to grow, it is vital that services remain accessible and responsive to emerging trends so that people can receive the support they need as early as possible."*

Anita Harris, added: *"The increase in activity across our East Region services demonstrates both the growing demand for treatment and the importance of having a range of supports available, from community outreach through to residential care and aftercare."*

She continued: *"The data also reminds us that addiction is becoming increasingly complex. Our services must continue to evolve to ensure every person can access the care that best meets their individual needs."*

Coolmine said it will continue to strengthen community-based treatment, outreach and recovery supports across Dublin and the East to meet growing demand. For more information or support, visit www.coolmine.ie.

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About Coolmine Therapeutic Community:

Coolmine believes everyone should have the opportunity to overcome addiction and lead a fulfilled, productive life. By addressing addiction as a root cause of social exclusion, Coolmine offers a holistic approach tackling both addiction dependence and the socio-economic barriers it creates. This empowers individuals to reconnect with families, rebuild their lives, and reintegrate into their communities. For more information or support, visit www.coolmine.ie.