



Tallaght Rehabilitation Project

2025

ANNUAL REPORT

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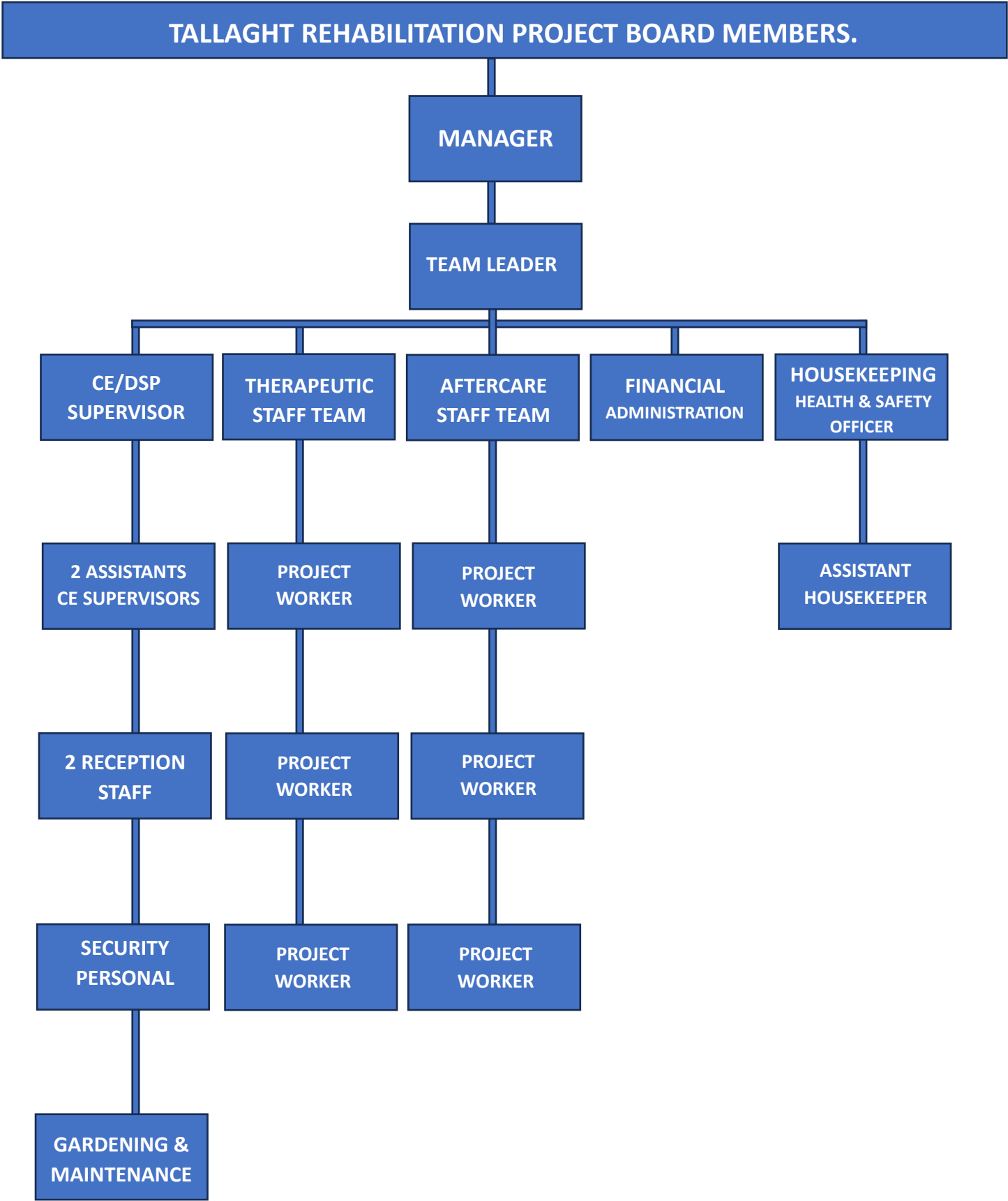
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A thank you to everyone who has supported the programme throughout the year.



TALLAGHT REHABILITATION PROJECT CLG

MISSION STATEMENT:

We believe in the advantage of rehabilitation within the community, as addiction does not happen in isolation. TRP provides a supportive and nurturing environment where participants are encouraged to work in a therapeutic process on their previous drug/alcohol use. TRP promotes a healthy lifestyle in a structured and safe way, through education and training. From this, participants are encouraged to make an informed choice to ultimately become and remain drug/alcohol free.

Values:

Tallaght Rehabilitation Project values and respects the rights and confidentiality of all our participants who engage in a recovery process that is, honest, dignified, supportive, compassionate, positive, and strives to meet the needs of our clients through evaluation and development.

Commitment and Vision:

The TRP organisation is committed to providing quality services for people who are in recovery from substance use. Our organisation and programmes strive to provide quality services that are evidence based and promote good governance TRP aims to become a leader in community therapeutic rehabilitation in the Dublin 24 area.

TRP is a company limited by guarantee, CHY Number – 13829

Introduction and Background:

Tallaght Rehabilitation Project CLG is a community-based rehabilitation day programme and aftercare service for people in recovery from substance use. We provide therapeutic and holistic recovery services for the Tallaght Wide area. TRP, Kiltalown House is based in West Tallaght, and we also cover the Whitechurch (Rathfarnham) areas in our service provision. Working from a therapeutic and holistic ethos, the programmes aim to provide opportunities to enable participants to actively address behavioural issues which underpin addiction problems and to develop and enhance life skills to facilitate personal growth and recovery. TRP was established in 1997 as a community response to the spiralling substance use problems in the Tallaght wide area.

TRP is supported and funded by Tallaght Drugs and Alcohol Task Force, The Department of Social Protection, The Health Service Executive and South Dublin County Council. According to the 2016 census, Tallaght at that time had a population of 76,119. This figure is still rising along with high unemployment, early school leaving, poverty and social deprivation. Initially Tallaght Rehabilitation Project was originally given a space in the local church of St. Thomas in Jobstown to provide rehabilitation for people in the Tallaght area who wanted to enter a recovery process. In July 2005 TRP moved into Kiltalown House which is ideal for the Day Programme and Aftercare services which we provide today.

MEET THE BOARD OF TALLAGHT REHABILITATION PROJECT Clg



Chairperson & Director
Seamus Massey



Secretary Joan Cleere Neville



Treasurer & Director
Mr. Frank Sage



Director
Mr. Patrick Doyle



Director
Fr. Val Martin



Director
Mr. Charles O'Connor



Board Member
Mr. Cathal King



Board Member
Ms. Louise Dunne



Board Member
Glenda Murphy Smullen's



Seamus Massey
Chair's Report 2025.

I am delighted to present this report to Tallaght Rehabilitation Project's Annual Review 2025.

This year has been another successful year for TRP. Throughout the year staff and management have regularly reviewed and re-evaluated all aspects of our strategic work plan on a regular basis. This has led to improvements in our performances, structures, programmes and schedules enabling us to better meet the needs of our clients.

Our therapeutic and holistic programmes and our aftercare programmes provide our clients with excellent opportunities to progress and become Substance free. When clients graduate, places are offered to those on the waiting list who will have completed an induction programme. We have a long waiting list at present.

16 clients took part in this year's Box Smart Programme. This is a great initiative. Congratulations to the 13 clients who successfully completed this challenging physical,

mental and dietary 14-week programme. Our thanks to coach/tutor Craig O'Brien and of course not forgetting Bill Stacy and the good people at the Brookfield Boxing Club.

Connecting communities through recovery cycling event took place again this year with cyclists from TRP (Tallaght) Brace (Ballymun) Tus Nua (Clondalkin) Ashley House (Coolmine) and Recovery Ireland taking part. The event concluded at Kiltalown House here in Tallaght, escorted by our local Gardaí. TRP staged our Family Day and Children's Sports day to coincide with this event. Our thanks to the Local Drug and Alcohol Task Forces, to the clients who participated and to the local Gardaí who ensured that all participants arrived safely.

Tallaght Drugs and Alcohol Task Force launched their activities to celebrate September, International Recovery Month at Kiltalown House. TRP's very successful "Celebrating Recovery" night took place in September to a full house at Tallaght Theatre on the Greenhills Road. Earlier in the day the show was performed for 4th Year Graduate students and staff of TU Dublin Tallaght which was followed by an excellent Q&A. Congratulations to all our clients and staff on hosting another successful show and a special mention to Elaine Ryan the Drama Tutor who done excellent work with the clients, to produce a fabulous all round show.

After six weeks of intense preparation 10 clients and 6 staff enjoyed the four-day residential stay at Ovoca Manor among the beautiful Wicklow hills. This four-day residential respite for clients is an essential component of our continuum of care. It combines fun and hard work. A big thank you to the staff members who give so generously of their time.

Our thanks to the HSE for the funding which enabled TRP to again host a very successful 12-week Cocaine programme.

I congratulate the hardworking, dedicated staff and management of TRP led by their passionate and committed leader, Pat Daly who ensures that TRP continues to be a very successful and effective organisation.

I thank my fellow voluntary Board member Charlie O'Connor, Frank Sage, Patrick Doyle, Louise Dunne, Joan Cleere, Fr. Val Martin and newest member Glenda Murphy for their oversight and their invaluable contribution.

I thank the volunteers from local colleges and students from TU Dublin, Tallaght on placement in Kiltalown House.

I thank TU Dublin, Tallaght for ongoing collaboration.

I thank all the local projects in the area who collaborate with TRP.

I thank all the statutory, community and voluntary agencies who work and collaborate with TRP.

I thank our main funders HSE, DSP and TDATF and our other funders and sponsors who make it all possible.

Lastly but most importantly I thank our clients. Thank you for putting your trust in TRP and for believing that recovery is possible and that you will become and remain drug and alcohol free.

Believe in your dreams.

Seamus Massey

Chair 2025



Staff and participants, with members of the stepping stone forest and the sponsors Guidewire.



Manager's Report

Pat Daly 2025

I would like to welcome you all to our annual review for 2025 and to also view the managers' report.

Every year at this time while doing my managers' report I like to sit back and reflect over the past year and think about all the great work and events that have occurred at Tallaght Rehabilitation Project, Kiltalown house, and once again it always gives me a sense of pride at all the positive and healthy effects and influence's our organization has had on all our clients, their families and the community as a whole.



Cian Barrett -Pat Daly (Manager) – Aaron Greene

One of the main reasons that keeps me highly motivated in the work I do here, is working with a great staff team and board, indeed, all these people past and present who I have the pleasure of working with here have been a huge part of shaping the project into what it is today, a vibrant, positive healthy environment for supporting people and their families in the community whose lives have been greatly affected by substance use and addiction.

There is no doubt that in 2025 the project was as busy as ever with a huge demand within the community for our services in 2025. This is why prioritizing funding and collaborating and working closely with our main funders, The HSE, The DSP,



TRP receiving their participation award.

and local drug and alcohol task force will always be a high priority for TRP CLG. I would like to take this opportunity to thank our funders and sponsors for all their ongoing support throughout 2025 and to thank Ann- Marie and Joan for their prudent attention to detail with all our funding streams. As per usual myself and the staff team came together and completed our yearly strategic work plan during 2025, and once again we were all very meticulous in focusing on the needs of our clients, staff and the general schedules, structures, and actions and tasks required to continue to deliver and improve the quality of services here at TRP.

Once again, All through 2025 we hosted many exciting events in collaboration with many other projects and agencies, Like the box smart initiative, The connecting communities through

recovery, the trip to TRP, and the TRP summer family fun day, and during international recovery month we facilitated our annual Drama piece in Tallaght Theatre, and a collaboration with Tallaght university 4th year social care students, where we facilitated a special matinee of the drama piece followed by a Q&A, in relation to recovery and services in the community.

We also embarked on our 4-day annual residential module to Avoca Manor with clients and staff, we then facilitated our annual Halloween party for clients and their families followed by our annual Christmas party and a special visit from Santa for all the children who attended on the day, I would like to say a big thank you to David Dillion who once again done an excellent job as Santa.

Regarding our day programme in house therapeutic structures, In 2025 we facilitated a very comprehensive schedule of modules, like relapse prevention, Group process, individual key working, personal development workshops, collaboration with the ETB, who provided level 3-word processing and level 3 personal effectiveness, we also had various organisations arrive on site to do presentations to our clients, like Saoirse, The HSE, Tallaght University, to mention but a few, and going forward we are happy to collaborate again with all our partners in 2026. All the in house and out activities I mention above can be viewed in more detail throughout the annual review or on our website.

I would like to also mention the excellent aftercare service we also provide here at TRP, Kiltalown House. The aftercare service is designed as a continuum of care for people who may have completed a day programme or residential treatment, or for people who are still in recovery a while and are just looking for support.

In 2025 the aftercare was as busy as ever with some excellent fun and social events and therapeutic schedules devised by the aftercare team, you can view all the services and events that the aftercare provided further on in this annual review.

As we move forward into 2026, my hope is that both the staff team and I will continue to improve and provide the quality services which TRP are now noted for, and by providing these services we can expand to facilitate and support more vulnerable people and families within the Tallaght wide community.

Once again, I would like to thank all the staff team here at TRP for their ongoing dedication and commitment to the excellent work that they do here at TRP, I would also like to thank the chair of our board here at TRP Seamus Massey, and indeed, all board members, who once again have been an excellent source of support to myself and the team.

I would also like to thank all the organisations and agencies that we collaborated with through 2025 and we hope to collaborate with you all again in 2026.

Thank you for taking the time to read this annual review and managers' report.

Pat Daly

Manager
TRP Services.





Financial Administrators Report 2025 By Ann-Marie Wall

Tallaght Rehabilitation Project Clg values efficient use of resources and aims to ensure that all expenditure utilises effective planning and decision making. Ensuring that the most economical options have been sourced.

TRP accounts are audited by Murphy/Mahony Ltd, Certified Public Accountants and Registered Auditors and submitted annually to the Companies Registrations Office (CRO).

Tallaght Rehabilitation Project Clg is compliant with the Charities Regulatory Authority Governance Code. TRP Clg Audited Accounts and Annual Reports are available to view on the TRP Website which can be found at www.tallaghtrehabproject.ie.



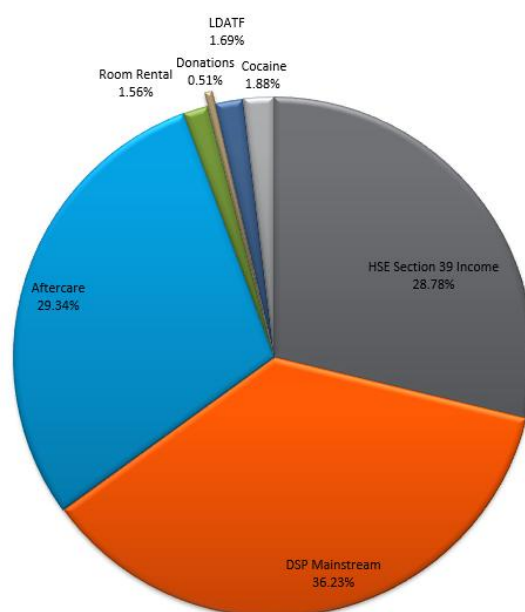
All funding received is strictly monitored and accounted for, being spent in accordance with relevant guidelines, achieving best practice in an open and transparent manner to ensure the best value for money.

Throughout 2025, TRP received donations from the Courts System, South Dublin County Council, Tallaght University Dublin, Tallaght Theatre Drama Piece and the TRP Choir performance at Christmas.

Kiltalown House Room Rental amounted to €7,904 and this was used to supplement statutory funding to maintain a quality service here at TRP.

Below is a breakdown of the grants TRP received in 2025 from the Department of Social Protection (both Mainstream and Community Employment), the HSE, LDATF Local Drugs and Alcohol Task Force.

**Tallaght Rehabilitation Project Clg year end 2025
Funding**





Team leaders report annual review 2025 Tracy O'Halloran

Hi, my name is Tracy O'Halloran, and I am the Team Leader at Tallaght Rehabilitation Project CLG. I am pleased to present the Team Leader's Report for the 2025 Annual Review.

In this report, I will outline the range of services we provide at TRP and highlight the work carried out across the year. I am privileged to lead a committed and well-functioning staff team whose dedication and professionalism contribute greatly to the quality of support we offer.

As we look ahead to the coming year, my focus is on continuing to strengthen our team, building on our collective skills, and ensuring that we consistently deliver high-quality, person-centred services to our clients.

I will also provide an overview of the various activities, workshops, and programme modules that were delivered throughout 2025, all of which play a key role in supporting recovery, personal development, and community engagement.

Box Smart Module

On the 25th of April, 9 clients — 3 males and 6 females — began the Box Smart initiative, successfully graduating on the 18th of July.

The physical component of this 12-week module not only enhances fitness levels and promotes health awareness, but also challenges negative self-image, fostering self-efficacy and improved self-esteem. These elements are crucial, as they provide a strong foundation that supports the therapeutic processes of positive change.

Witnessing this transformative journey throughout the Box Smart module is truly inspiring, as clients push through personal challenges, demonstrate commitment, and experience the rewards of a healthier lifestyle.

I would like to extend my sincere thanks to Craig for his skilled, supportive, and encouraging facilitation of the Box Smart programme.



Participants all ready to go with the Boxsmart

Horticulture Module

We delivered our Horticulture Module throughout both the summer and winter months, offering clients a meaningful opportunity to connect with nature. Participants engaged hands-on in sowing seeds, nurturing plant growth, and maintaining the gardens, ultimately enjoying the rewards of fresh, organic fruits and vegetables cultivated in our beautiful outdoor spaces.

The 2025 horticulture programme also served as a powerful metaphor for the recovery journey—highlighting patience, care, and gradual growth over time.

We would like to extend a special thank you to Joyce for her invaluable guidance and expert advice throughout the programme.



Participants enjoying the horticulture module

Annual Residential

In October 2025, we hosted our Annual Residential in the serene and picturesque setting of Ovoca Manor in County Wicklow. Over four days, seven participants engaged in a holistic and therapeutic programme designed to support deep personal reflection and growth.

This transformative experience focused on exploring everyone's Life Story, fostering acceptance, and empowering participants to envision and shape the next chapter of their recovery. It encouraged the development of a stronger sense of future self, identity, and connection to family. The residential setting provided a unique and supportive space for clients to process past trauma, grief, guilt, and shame, while also addressing core emotional needs such as love and belonging, freedom, personal power, and healthy enjoyment. This was a deeply impactful module that offered significant benefits to all who participated.



The residential group departing

Connecting Communities Through Recovery – Cycling Event and Family Day (Trip to TRP)

We were delighted to collaborate once again with YAP and Tus Nua for the third consecutive year in organising the Trip to TRP. This year, we were also pleased to welcome the involvement of Ashleigh House, Frontline, and the Recovery Academy, further strengthening the sense of community and shared purpose.

The event took place on 17th May 2025 and brought together advocates and participants in recovery for a powerful and symbolic cycling journey. The cycle began in Clondalkin, with the Tus Nua group joining participants from Ballymun before continuing together to Kiltalown House in Tallaght.

This shared journey reflected connection, resilience, and collective progress in recovery, while also providing an opportunity for participants and families to come together in a supportive and celebratory environment.

We extend our sincere thanks to An Garda Síochána for their invaluable support and for safely escorting the cyclists along the route.

This event also marked a special occasion, as it was combined with our annual participants' and children's Family Fun and Sports Day. It provided a fantastic opportunity to bring families, staff, and the wider community together—celebrating connection, inclusion, and recovery in a meaningful and enjoyable way.

We encourage everyone to check out the promotional video on the Tallaght Drugs and Alcohol Task Force website, which beautifully captures the energy and spirit of the day.

We are already looking forward to continuing this valued collaboration with Tus Nua, YAP, Ashleigh House, Frontline and Recovery Academy Ireland in the future.

Celebration of Recovery – Challenging Stigma Show

In 2025, we developed and delivered our annual play and drama piece centred on the theme of recovery, performed by TRP participants. This powerful production, created in collaboration with drama tutor Elaine Ryan, explored the journey of recovery while challenging stigma and highlighting the strength and resilience of those involved.

The performance was attended by an audience of family members, friends, community representatives, partner organisations, funders, and dignitaries from across the Tallaght community. It was a truly impactful and inspiring piece of work that showcased the voices and experiences of our participants in a meaningful and creative way.



The manager, staff and participants putting on a show.

Collaboration with TRP & Tallaght University

As part of this initiative, the drama piece was also performed as a matinee for 80 third- and fourth-year Social Care students at Tallaght University, at their request. This collaboration provided a valuable learning opportunity for students, offering real insight into substance use, recovery, and lived experience.

Following the performance, TRP facilitated an engaging Q&A workshop, focusing on substance use within the community and outlining the services and interventions available across the Dublin 24 area. This partnership proved highly beneficial for both organisations, strengthening connections between education and community-based practice.

Recovery Month

Recovery Month was officially launched on 1st September 2025 by the Tallaght Drugs and Alcohol Task Force, with TRP honoured to host this important event. Representatives from services across Tallaght were in attendance, and the Lord Mayor formally opened the launch, delivering an address that highlighted the significance of Recovery Month. This made for a truly collaborative and meaningful occasion.

Events such as this play a vital role in demonstrating that recovery is not only possible but achievable within our community. They help to raise awareness of the recovery journey while emphasising the importance of partnership, support, and collective effort.

We are especially proud that clients from TRP were central to this initiative, actively contributing to its success and overall impact.



Recovery month launch with staff and participants

Christmas Family Day

The TRP Annual Christmas Family Day took place at Kiltalown House on Thursday, 18th December 2025. The event brought together clients from both the Day Programme and Aftercare, along with their children and staff, for a warm and festive celebration of the Christmas season.

The atmosphere was filled with festive spirit, with seasonal decorations, music, and a variety of treats enjoyed by all. A key highlight of the day was Santa's Grotto, where children had the opportunity to meet Santa and his elves. They excitedly shared their Christmas wish lists and received gifts, creating a sense of joy and magic for everyone involved.

This special event provided a valuable opportunity for families to come together, celebrate, and create positive memories in a supportive and inclusive environment. Throughout 2025, TRP continued to provide a wide range of innovative and meaningful programmes that support recovery, connection, and personal growth. From therapeutic modules and creative expression to community events and family-focused initiatives, each activity contributed to strengthening individuals, families, and the wider community.

We remain committed to fostering recovery, reducing stigma, and building a supportive environment where individuals can thrive.



When Santy came to visit TRP.

Day Programme – End of Year Report 2025

Throughout 2025, the Day Programme at TRP continued to provide vital support to individuals seeking recovery and personal development. Over the course of the year, we received a total of 76 referrals from individuals interested in accessing the programme, comprising 43 males and 33 females. This demonstrates a sustained demand for structured, therapeutic support within the community.

From these referrals, 42 comprehensive assessments were completed to determine everyone's suitability and specific needs. Following this process, 27 participants progressed to engage in our structured three-week induction programme, facilitated by our dedicated therapeutic team. This induction phase plays a crucial role in supporting participants to build routine, develop engagement, and establish a strong foundation for their recovery journey.



Orientation

Due to the Day Programme operating at full capacity for much of the year, we identified a need to provide additional early-stage support for those awaiting entry. In response, an orientation programme was introduced in September 2025. This initiative supported approximately 6 to 7 individuals, attending three days per week, and provided an opportunity for participants to begin engaging with the service, develop structure, and receive initial support while awaiting a place in the full programme.

The impact of the Day Programme extends beyond the individual participants. In 2025, a total of 55 children were positively affected as a result of their parents or guardians engaging with the programme. This includes those who directly accessed the Day Programme, transitioned into our Aftercare Services, or were signposted to additional external supports. These outcomes highlight the wider social and familial benefits of the service, reinforcing the importance of early intervention and sustained support.

Overall, 2025 has been a year of continued growth, engagement, and positive outcomes within the Day Programme. The commitment of both participants and staff has contributed to a supportive and empowering environment, enabling individuals to make meaningful progress in their recovery journeys.

Aftercare Services

The Aftercare Service was delivered five evenings per week throughout 2025, with a strong emphasis on supporting recovery needs. This included fostering social inclusion, peer support, wellbeing and recreational activities, alongside opportunities for personal development.

Aftercare Referrals for 2025

In 2025, the Aftercare Service received a total of 55 referrals from individuals seeking to access support. The gender breakdown of referrals was relatively balanced, comprising 27 males and 28 females, indicating a consistent level of engagement across both groups.

Of those referred, 36 individuals progressed to a full assessment, reflecting a strong level of initial engagement with the service. Following assessment, 32 individuals were deemed suitable and accepted onto the aftercare programme, demonstrating a high conversion rate from assessment to programme entry.

A smaller number of referrals did not progress further: 8 individuals did not meet the criteria for the service, while 4 individuals withdrew during the referral process. Additionally, 5 individuals did not attend or could not be contacted, highlighting some of the ongoing challenges in maintaining engagement at the early stages of referral.

Overall, the referral and assessment figures for 2025 reflect a steady demand for the service, with a strong proportion of individuals successfully progressing into structured aftercare support.

Monday: Cocaine Initiative

The Cocaine Initiative programme commenced in September 2025 and delivered 13 sessions, with a total of 86 attendances from 9 clients. This structured 14-week psychosocial educational programme was designed to support individuals experiencing problematic dry sniffing cocaine use, with a focus on increasing engagement, enhancing understanding of addiction, developing coping strategies, and supporting sustained recovery.

A total of 14 referrals were received. Of these, 8 participants remained engaged throughout the programme, with 6 successfully completing and graduating in January 2026.

The programme combined psychoeducation, therapeutic group work, holistic interventions, and mindfulness-based approaches to address the complex and varied needs of participants.

Tuesday: Peer Support Groups (PSG):

Facilitated 41 group sessions, with 164 attendances from 23 individuals. These groups supported people transitioning from treatment into employment, education, and broader community reintegration.

Wednesday: Wellness Café:

Created a supportive and inclusive space for individuals in recovery, with 597 attendances from 74 participants.

Thursday: My Wellness My Recovery:

Delivered 45 mindfulness and holistic workshops, with 246 attendances from 45 individuals engaging in this programme.

Friday: Soul Siblings:

Facilitated 45 therapeutic group sessions alongside social and recreational activities, resulting in 158 attendances from 28 participants

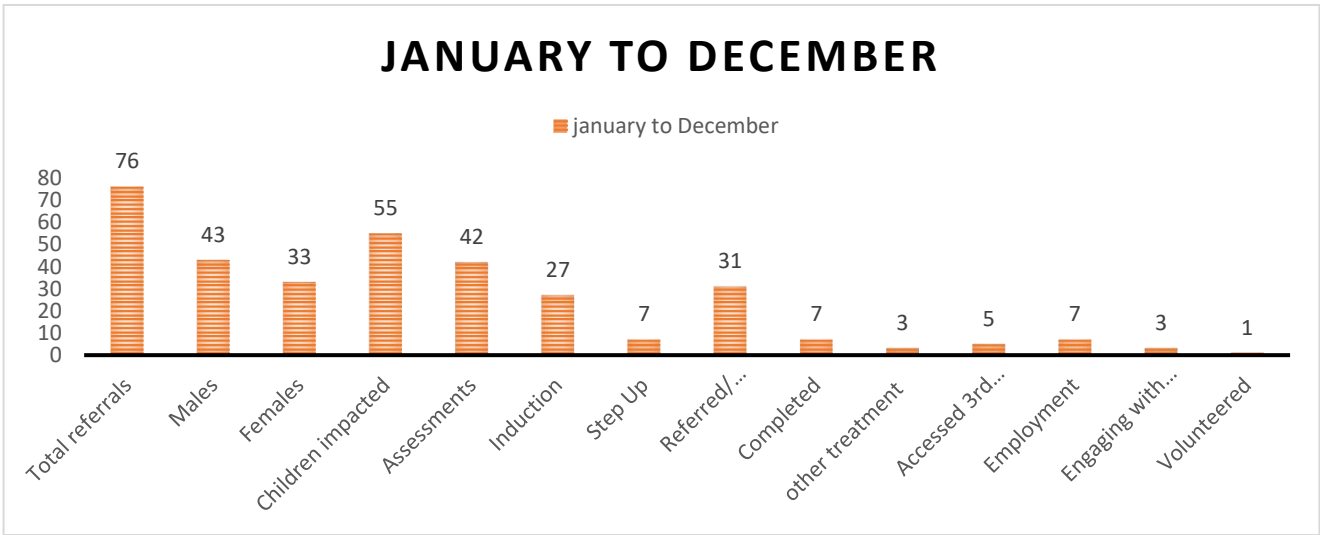
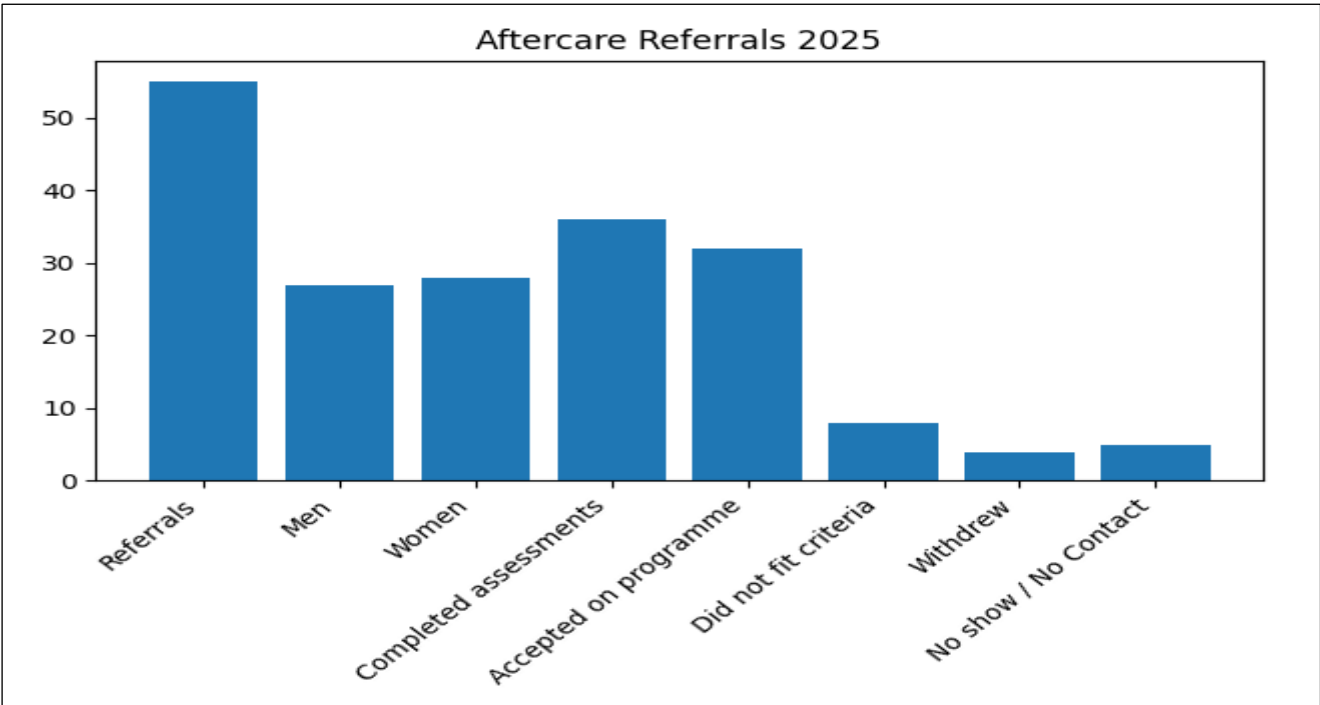
As we reflect on the impact of Aftercare Services in 2025, we extend our sincere gratitude to the dedicated Aftercare Team, whose commitment continues to foster a supportive and inclusive environment for all participants.

We would also like to acknowledge the peers who engage with Aftercare Services. Their courage in participating in programmes, accessing the supports needed for their ongoing recovery, and contributing through active involvement is truly inspiring.

It is through their engagement and contributions that the Aftercare space remains a meaningful and transformative environment for all who access the service.

It has been both an honour and a privilege to work alongside such a committed and passionate group throughout 2025. Together, we have achieved a great deal, and we look forward to building on this strong foundation as we move into 2026. We are also excited to continue working with our current participants while welcoming new individuals into our services in the year ahead.

Tracy O’Halloran
Team Leader



A further break down of aftercare services 2025.

Monday Social – 14 Groups – **122** Visits – 25 Episodes – Average of 9 people, started 04/09/2025.

Peer Support Group – 45 Groups – **236** Visits – 24 Episodes - Average of 5 people.

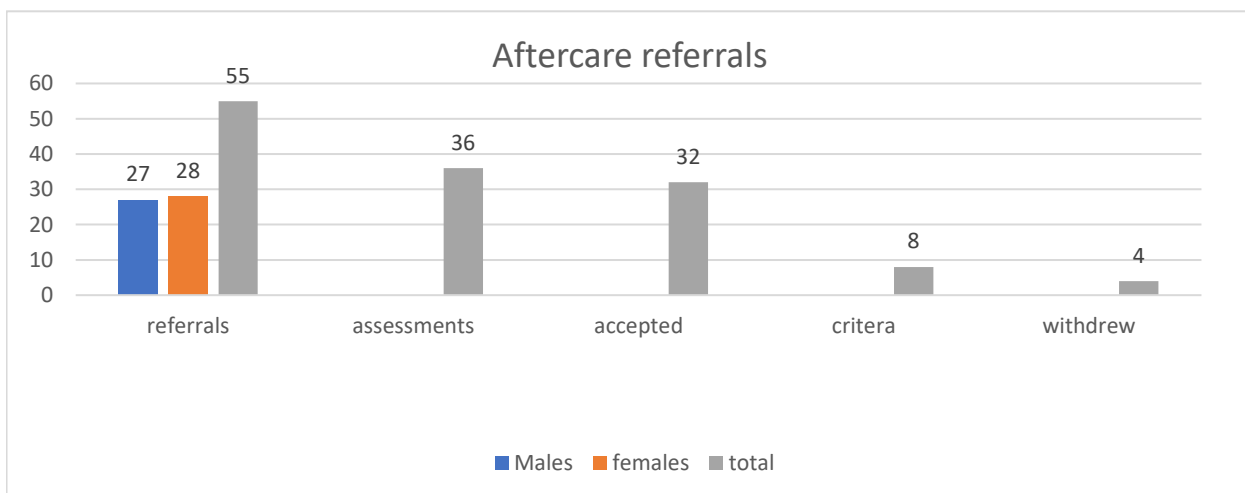
Wellness Café – 49 Groups – **901** Visits – 77 Episodes – Average of 20 people.

My Wellness My Recovery – 49 Groups – **353** Visits – 53 Episodes – Average of 7 people.

Soul Sisters – 46 Groups – **356** Visits – 26 Episodes – Average of 8 people.

Aftercare Referrals for 2025

We received 55 referrals from people wanting to access our aftercare service, of which 27 were males and 28 were females. 36 assessments were carried out, and 32 accepted into the aftercare.



Staff and members of the aftercare enjoying a BBQ.



Tallaght Rehabilitation Project CLG Prepared by: Evelyn McCall, Community Employment Supervisor

I am pleased to present the 2025 Annual Review for the Community Employment (CE) Department at Tallaght Rehabilitation Project CLG. This year has been one of continued growth, strong collaboration, and meaningful progress for our participants, our staff, and the wider community we serve.

Overview of the CE Department

Two supervisors now lead the CE department—myself and Patrick Ryan, who was promoted from an assistant supervisor in June 2025. Together, we oversee a scheme funded by the Department of Social Protection, which supports **twenty-one coded special category rehabilitation places** and **eight community employment support staff positions**. These roles span reception, gardening and maintenance, security, and housekeeping.

Our support staff play an essential role in helping individuals who have experienced long-term unemployment to upskill, gain confidence, and reintegrate into mainstream employment or further education. We are proud to have maintained seven support staff

throughout 2025 and into 2026, ensuring uninterrupted support for all participants.

Therapeutic Day Programme and Participant Support

Tallaght Rehabilitation Project continues to deliver a comprehensive therapeutic day programme tailored to the needs of our special category participants. In 2025, our commitment to high-quality therapeutic and educational support remained central to our work. CE supervisors collaborate closely with the therapeutic team to develop **Individual Learner Plans (ILPs)** for each participant. These plans identify training needs, set achievable SMART goals, and guide clients through their recovery and progression journey.

A key component of this process is the **twelve-week structured step-up programme**, designed for clients preparing to graduate from the day programme. This programme blends therapeutic sessions with practical, employment-focused modules such as:

- CV preparation
- Mock interviews
- Career guidance
- Job and college application support

Upon completion, clients are encouraged to join our peer support group and engage with TRP's extensive aftercare services. Our aftercare programme—available five evenings per week—offers wellness workshops, recovery cafés, and a range of supportive activities that help individuals maintain stability and connection.

Training, Education, and New Qualifications

The CE scheme continues to provide participants with opportunities to pursue training and education funded through the CE training/education budget. ILPs ensure that each participant's learning pathway is tailored to their goals and abilities.

In 2025, we strengthened our partnership with the **Dublin and Dún Laoghaire Education and Training Board (DDLETB)**, introducing a new accredited qualification: **QQI Personnel Effectiveness**. This addition means that participants completing the day programme now graduate with a recognised QQI award, significantly enhancing their employability. We look forward to continuing this collaboration into 2026.

Participant Outcomes

This year saw strong and encouraging outcomes for our special category clients:

- **8 participants** successfully completed and graduated from the day programme
- **6 participants** progressed into employment
- **2 participants** returned to further or higher education

These achievements reflect the dedication of our CE supervisors, the effectiveness of our practical training supports, and the commitment of our participants to their personal and professional development.

Student Placements and Volunteer Contributions

We remain committed to supporting the next generation of professionals through student placements. Throughout 2025, we welcomed students from a range of disciplines—including social care, addiction studies, psychology, and community work—providing them with valuable hands-on experience in a therapeutic and community-focused environment. Their presence enriches our organisation with fresh perspectives and enthusiasm.

Our volunteers also continue to be an invaluable part of TRP. Contributing across reception, therapeutic services, and holistic therapies, their generosity and dedication help us maintain a warm, supportive, and community-driven atmosphere. We are deeply grateful for their ongoing commitment.

Acknowledgements

We extend our sincere thanks to all our funders, sponsors, and community partners for their continued support throughout 2025. Your contributions enable us to deliver high-quality services and create meaningful opportunities for those engaged in our programmes. We look forward to building on this work together in 2026.

A monthly breakdown of the number of participants on the programme.

JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
13	14	15	17	15	12	8	15	14	18	20	19

Activity	Men	Women	Total
Accessed Individual Learner Plan with Community Employment Supervisor	19	17	36
Remained on the Programme	10	10	20
Completed the Programme	5	4	9
Engaged in Step Up Programme	1	1	2
Progressed to Employment or Education	5	3	8
Participated in Group Training	19	17	36
Participated in Individual Training	2	4	6
Accessed Financial Supports	2	4	6



Some staff and family members enjoying the family day



The participants and staff on the residential module 2025

Testimonial Aftercare Participant:

Hi, everything is brilliant today, I came up to TRP, late August 25, and a lovely girl Sarah gave me the phone number, and I was so blessed to get a place in the introduction, and aftercare, nothing but an abundance of recovery, and connections, in which I am truly great for and staff are so kind and honest, its an extended family, its one of my favourite places to go, and I have met extraordinary likeminded people whom are friends know, truly blessed, 7 and half months later, 💜 🧩 ? I love aftercare, Donna, Vanessa, all staff, 💜 it's a safe place for me

Warmest regards,

Testimonial Day Programme Graduate:

Iv been involved in TRP since 2022 since I got there iv found it very good it helped me so much Iv graduated from the day program (finally 🧩) and am in the Peer Support Group aftercare that gives me a space to talk about how I am getting on and I would be listening without it. I also go to aftercare on other evenings for the social aspect and keep connected with people and it's great to have a laugh and to relax with the mindfulness evenings.

Testimonial Day Programme Participant:

I started in TRP 9 months ago and came straight from a treatment centre directly into the day programme.

The support I received from both staff members and other course participants since the day I joined has been incredible.

The workshops provided have been very informative and useful but the thing that I get the most out of is the connection with others.

Coming from the isolation of addiction and into the day programme has dramatically improved my life and I look forward to going to TRP most days.

I can't speak higher of this programme and what it has done for me. In the coming months I will begin to prepare for the next phase of my own life by looking at courses to do and this will be all be done with the support of the staff members and my group.



Staff and participants at the start of the Box Smart module.



Pat with the Gardai, staff, and the cyclists of the connecting communities through recovery event



Pat, Charlie, Louise, and Glenda opening the day.



Just out having a good day and enjoying the beautiful sun



The cyclists arriving at Kiltown house.



The cyclists heading back home after a day of family filled fun and excitement.

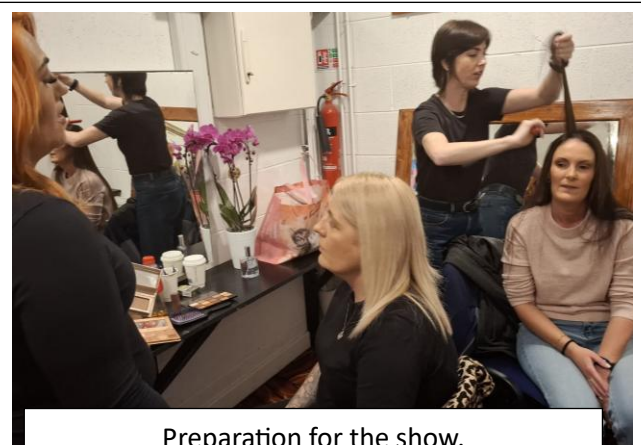




Participants prepping for a scene of the Drama play in Tallaght Theatre during the celebration of recovery.



The panel for the Q&A after the show



Preparation for the show.



It is a full house, Students of Tallaght Uni.



Its show time.



All ready for the residential module in the Ovoca Manor Wicklow



And away we go!



Winning the game



The evening meal

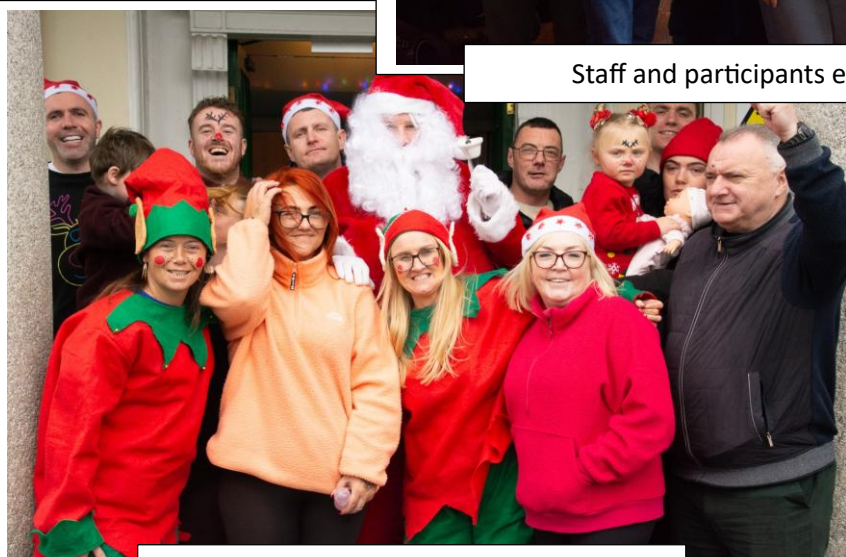
Some of the girls enjoying the festivities of the day



All I want for Christmas



Staff and participants enjoying the day



Santa has arrived



A couple of Santas little helpers.



Tallaght Rehabilitation Project CLG would like to acknowledge and thank the following for their support throughout 2025 and without whom Tallaght Rehabilitation Project would not thrive and grow.

- The TRP Voluntary Board of Directors
- The Health Service Executive
- The Department of Social Protection
- Tallaght Drugs and Alcohol Task Force
- TRP Volunteers
- South Dublin County Council
- South Dublin County Partnership
- Tallaght Theatre
- Social Care Students Technological University Tallaght
- Tallaght District Court
- Ovoca Manor, Avoca
- Brookfield Community Centre
- All our colleagues and other community projects we have collaborated with in 2025.

Tallaght Rehabilitation Project CLG would also like to acknowledge and thank the following friends of TRP in the corporate sector and the local area who donated to the TRP Events in 2025

- **The Storehouse Project for Hampers**
- **Amazon Ireland**