# 2024 | Alcohol treatment demand in Ireland



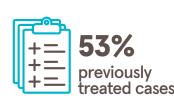
**HRB StatLink Series 27** 

#### **Alcohol treatment demand**

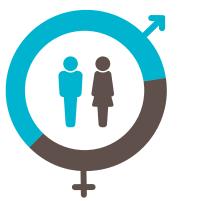
#### Total number of cases treated

# **8,745**





### Breakdown by gender



#### Characteristics \_\_\_\_\_



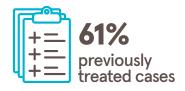




# Alcohol dependent \_\_\_\_\_

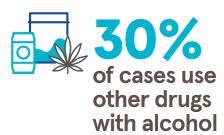
56% All cases





#### Polydrug use \_\_\_\_\_

#### Drugs most commonly used with alcohol \_\_\_\_\_









## Polydrug problem drug by age





20-49 years cocaine



Gender

**Female** 





median age



54% alcohol dependent



14 standard drinks in a day



22% polydrug use



5% homeless

Male





median age



57% alcohol dependent



16 standard drinks in a day



34% polydrug use



10% homeless

The HSE low risk drinking guidelines for females is up to 11 standard drinks in a week and up to 17 standard drinks in a week for males with drinks spaced out over the week, with two to three alcohol free days per week.

https://www2.hse.ie/living-well/alcohol/health/improve-your-health/weekly-low-risk-alcohol-guidelines/