



# ANNUAL REPORT 2023

## Bray Community Addiction Team CLG

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Web: [www.bcat.ie](http://www.bcat.ie) / Email: [info@bcat.ie](mailto:info@bcat.ie) / Tel: 01 2764692

Address: 37 Beechwood Close, Boghall Road, Bray, Co. Wicklow &  
4B Dublin Road, Bray, Co. Wicklow



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# 1. COMPANY DETAILS

Bray Community Addiction Team CLG (BCAT) is an Irish company incorporated under the Companies Act 2014, on the 22<sup>nd</sup> February 2002. It is a company limited by guarantee and does not have any share capital. It is a registered company. BCAT is governed by a Constitution.

BCAT is governed by a voluntary Board of Directors, which consists of a minimum of five directors. The Directors, who are non-executive, represent a diverse range of relevant expertise within the areas of Governance, Addiction, Human Resource Management, Service Delivery and Finance. They meet six times per year. The Sub-Groups of the Board meet at least once a month and have responsibility for all the business of the organisation. The Directors do not receive any remuneration in respect of their services to the organisation and the Board delegates the day-to-day management of BCAT to the Manager.



Dublin Road



Boghall Road

Registered Office: 4B  
Dublin Road, Bray, Co.  
Wicklow

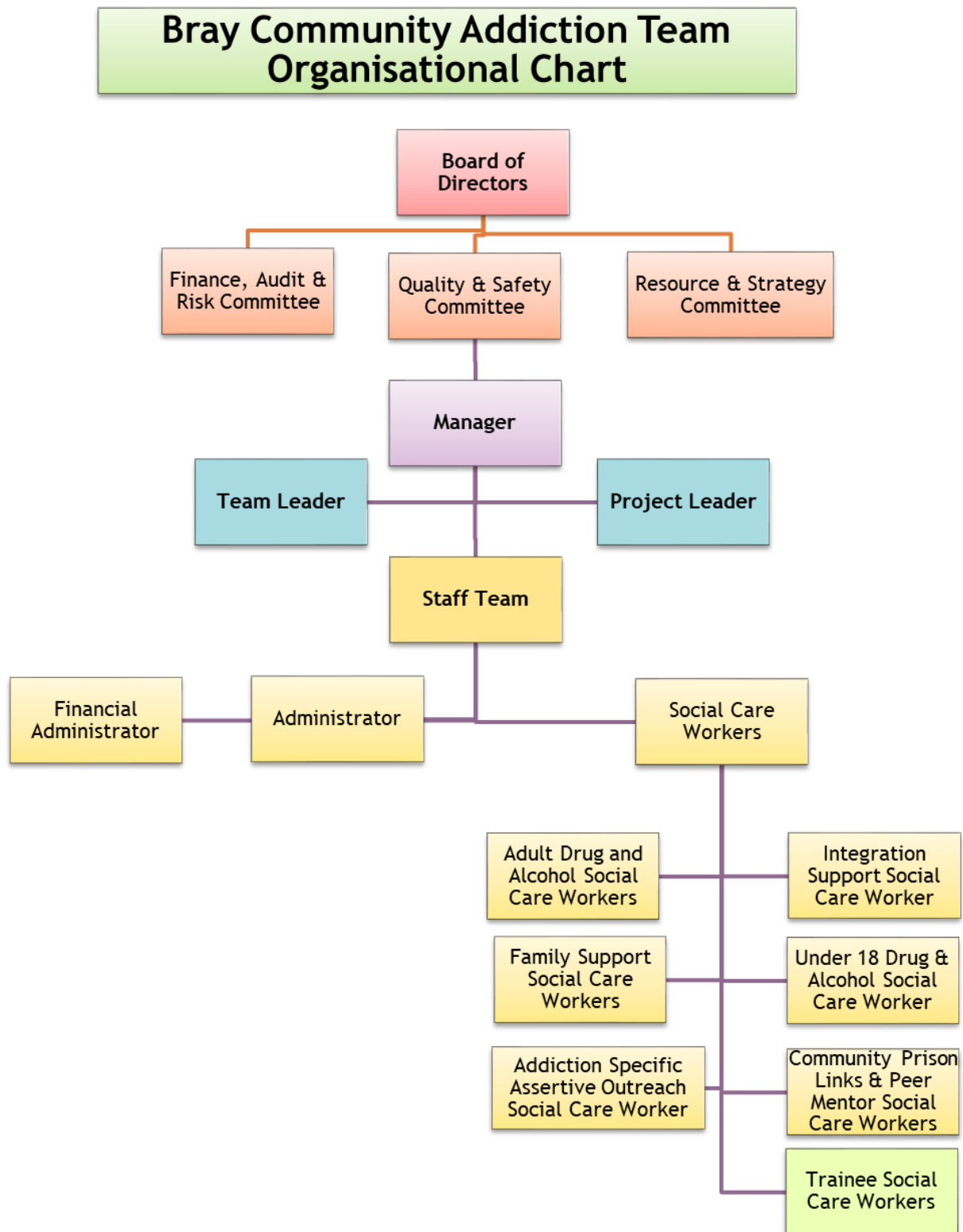
Company Registration  
Number (CRN): 353429

Registered Charity Number  
(RCN): 20076191

Solicitors: Dermot Sherlock  
Sherlock Law  
5F Nutgrove Office Park  
Rathfarnham  
Dublin 14

Bankers: Bank of Ireland  
Main Street  
Bray  
Co Wicklow

## 2. ORGANISATIONAL STRUCTURE

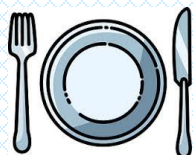


### 3. CHAIRPERSON'S FORWARD

#### BCAT 2023



**9,946**  
interventions to  
823 discrete  
clients



**2,309** meals for  
people who are  
homeless and  
hungry



**1,949**  
Interventions for  
Prison In Reach  
and Community  
Peer Support



**194**  
interventions  
with Addiction  
Specific  
Assertive  
Outreach Team



**91** Harm  
Reduction  
interventions  
which include  
needle exchange,  
harm reduction  
and injecting  
advice



**65** young people  
aged 18-24 and  
18 Under 18s  
supported by our  
team



**286** Adult Clients  
(over 24s)  
supported by our  
team



**50** SMART  
Meetings & 3  
interagency  
stabilisation  
programmes

As Chair of BCAT I am delighted to launch our Annual Report for 2023. The core focus has always been on our service users and in 2023, BCAT provided 9,946 interventions to 823 Service Users. This number excludes attendances at SMART meetings of which there were 50 together with 50 Bothar Nua meetings.

As in previous years, the primary funding in 2023 was from the HSE. In addition, the Department of Justice provided the much-needed funds for the Community Prison Links Service. In 2023, we also received once-off funding of just over €7,000 from Grants and Donations. This funding has allowed us to continue in our dedicated work to the adults and teenagers that we support daily. We would like to thank them and the Bray Local Drug and Alcohol Task Force for supporting us in such vital work.

Throughout 2023, BCAT remained committed to ensuring our compliance with the Charities Governance Code, National Financial Regulations, GDPR and all other statutory and legal requirements.

As always, the main challenge is recruiting and retaining quality staff with static or dwindling resources, alongside an ever-changing operational landscape. Every year brings new challenges and the changes in the types of addiction that our staff members encounter. There are challenges relating to use of new drugs, in particular, there has continued to be a significant rise in the use of crack cocaine in 2023.

I would like to sincerely thank the staff for their excellent work. Each and every staff member has excelled in their dedication, flexibility, selflessness and commitment to the Organisation and to our Service Users. Our Manager Elaine Forsyth has continued to manage our project to the highest standards with integrity, resilience, common sense and good humour.

I would also like to take this opportunity to thank all the Board members for their service and work in supporting the Manager and staff and ensuring that we achieve our strategic objectives.

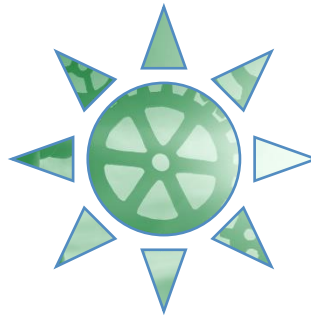
With thanks  
**Donal Quill, Chairperson**

## 4. BCAT'S VISION, MISSION AND VALUES



### Vision

We wish for a community-owned service, accepting, empowering and including people in the Bray Area who seek assistance in relation to substance use and/or addiction issues.



### Mission

We provide services to individuals, families and the wider community affected by substance use and addiction issues in a welcoming, confidential and non-judgmental environment.

We are here to advocate on behalf of service users and to influence policy and practice on a local and national level.



### Values

We value service users, their families and community partners, and each other.

We also value effective communication, creativity and innovation.

### Aims - what we do:

- Enable service users to identify their needs and to respond with appropriate services.
- Build and maintain collaborative working relationships with voluntary, community and statutory sectors.
- Raise awareness of BCAT within the community.
- Maintain models of best practice and to respond to changing needs through ongoing research, education, training and evaluation.
- Promote a positive working environment by recognising staff contribution.

### Objectives - it is our goal:

- To provide open-access low-threshold evidence-based services to people in Bray affected by drug and/or alcohol problems.
- To deliver evidence-based interventions to the target group in one-to-one and group settings.
- To provide outreach services to people with drug/alcohol problems.
- To provide addiction support to people in prison for drug/alcohol related crime & addiction/integration support upon release.
- To provide evidence-based interventions on a one-to-one and group setting to family members affected by their relative's drug/alcohol use.
- To raise awareness/educate the local community on drug/alcohol related issues.
- To work in partnership with local key stakeholders to improve outcomes for our mutual client group or any other external parties that will enable us to improve our quality and range of services.



## 5. MANAGER'S REPORT

Welcome to Bray Community Addiction Team's (BCAT) Annual Report 2023. This year BCAT continued to provide a range of services to individuals, families and the wider community affected by problematic drug or alcohol use in Bray, Co. Wicklow. As an organisation we are committed to the continuous development and improvement of BCAT including its buildings, staff, services and service users. We manage two buildings in Bray one in Dublin Road and one in Boghall Road where we have worked with 823 individuals offering 9,946 sessions, 50 SMART meetings, and co-facilitated three interagency stabilisation programmes, each programme lasting twelve weeks. In October 2023 BCAT welcomed a new Team Leader, Shawneen Doonan to the team, she has been a great support to both team and service users alike and we wish her the best of luck in her new role.

BCAT have had many achievements throughout 2023, for example:-

- ❖ We assumed responsibility for the Integration Support Worker position from Bray Area Partnership, this is a very welcome and busy addition to BCAT's services. Gavin Earls was appointed to this role in June 2023. He supports individuals that find themselves post residential, detoxification or on release from prison who may require support but do not want to attend a low threshold service. He also supports individuals who may be attending education/training and require additional needs due to problematic substance use. To further develop people's recovery skills, Gavin facilitates SMART meetings, Yoga and Finding Your Voice music groups.
- ❖ Keeping in line with the theme of Recovery, BCAT hosted a Recovery month in September. It involved participation from service users, our community partners, Circle of Friends and Board of Directors in various events such as Recovery Walk, Great Bake Off, and Sports Day. A fun and motivational month was had by all.
- ❖ As in past years Governance has played a major part in our work. We are compliant with the Charities Governance Code, reviewed and updated Employees Handbook and Contracts; Service Delivery Policies; Health & Safety Statements; payroll system, Strategic Plan and undertook a consultation process with service users to ensure what we were providing is what was needed.
- ❖ All staff received training and upskilling in Naloxone and stemming from this BCAT was chosen by the HSE Social Inclusion section to host a pilot Peer to Peer Programme (Circle). The training has been undertaken and the programme will be delivered in early 2024.
- ❖ It would be very difficult to provide our services without interagency supports and networking with both national and local fora. As a manager I sit on the National Voluntary Drug & Alcohol Sector, I also represent them at the Bray Local Drug & Alcohol Task Force. I am a member of Bray & Wicklow Homeless fora, the East Coast Stabilisation Programme Steering Group and I chair the Treatment & Rehabilitation Subgroup of the Bray Local Drug & Alcohol Task Force.
- ❖ In terms of giving back the community BCAT have hosted the Traveller Counselling service, Cocaine Anonymous and Circle of Friends family support peer group. In addition we support students in their development by providing work experience placements. In 2023, we were hosts to students from Primary Health Care Mental Health Services, Bray Institute of Further Education, Sallynoggin College of Further Education, Trinity College, and Global Experiences (Interns from USA).

- ❖ The focus of the Citizens' Assembly on Drugs Use in 2023 was on the '*legislative, policy and operational changes Ireland could make to significantly reduce the harmful impacts of illicit drugs on individuals, families, communities and wider Irish society*'. BCAT contributed a submission to the Citizens' Assembly, sharing the experiences of the service and recognising that addiction is a very complex issue that spans all areas of people's lives.

As well as achievement in 2023 BCAT has faced some major and minor challenges which are outlined below:-

- ❖ BCAT usually has a staff complement of 16. However, in 2023 we lost some experienced and valuable staff members due to retirement and resignations. Jenny Browne, Stephen Curran, Petra Eaglefield, Fergus Flanagan and Noel Waldron left the organisation in 2023. We wish them well in their new roles and endeavours. Their loss, as well as difficulties in recruitment, has been very challenging for BCAT and the services it provides.
- ❖ We also said good bye to Orla Butler (Bray Area Partnership) from the Board of Directors. Orla has been an enormous support to both the team and board. We wish her every success in her new role and are looking forward to her replacement from BAP.
- ❖ The emergence of Crack Cocaine in the area and Drug Debt Intimidation has brought huge difficulties and distress to service users and families alike. However, staff are flexible, willing and have the ability to provide a rapid response. The "can do" attitude of staff is to be highly recommended as to date there is no specific treatment response to this drug. The DRIVE programme for drug debt intimidation has been helpful but fear of retaliation is holding families back from engaging.

Sadly in 2023, five BCAT services users died from drug and/or alcohol related use, we would like to take a moment to remember them and their loved ones.

### Focus for 2024

Moving into 2024, BCAT will continue to provide its current services, while at the same time responding to emerging trends and developing new services as the need arises. The programmes below will be introduced in 2024:-

- ❖ Crack Cocaine Outreach Service.
- ❖ Naloxone Circle Peer Training.
- ❖ Stabilisation Programme.
- ❖ In the area of Governance, BCAT will continue to implement its Strategic Plan 2022 - 2025 and comply with all its legal and compliance responsibilities.

Finally, I wish to thank my colleagues, our volunteers, the Board of Directors, community stakeholders as well as our statutory funders, the Department of Health, the Department of Justice, the Health Service Executive and Bray Local Drug and Alcohol Task Force. In addition I want to say thank you to all our remarkable service users for attending and supporting our service, hopefully to improve their chosen outcomes.

*"I've always felt heard and supported from day 1."*



## 6. OUR APPROACH

### BCAT Power Model:

Person Centered

Open Access

Wraparound Services

Evidence Based Psychosocial Supports

Rational and Non-Judgmental

**We are Person Centered:-** our service users and their needs are at the centre of their care plan.

**We offer Open Access:-** service users can come at any stage in their addiction and they will be offered a service.

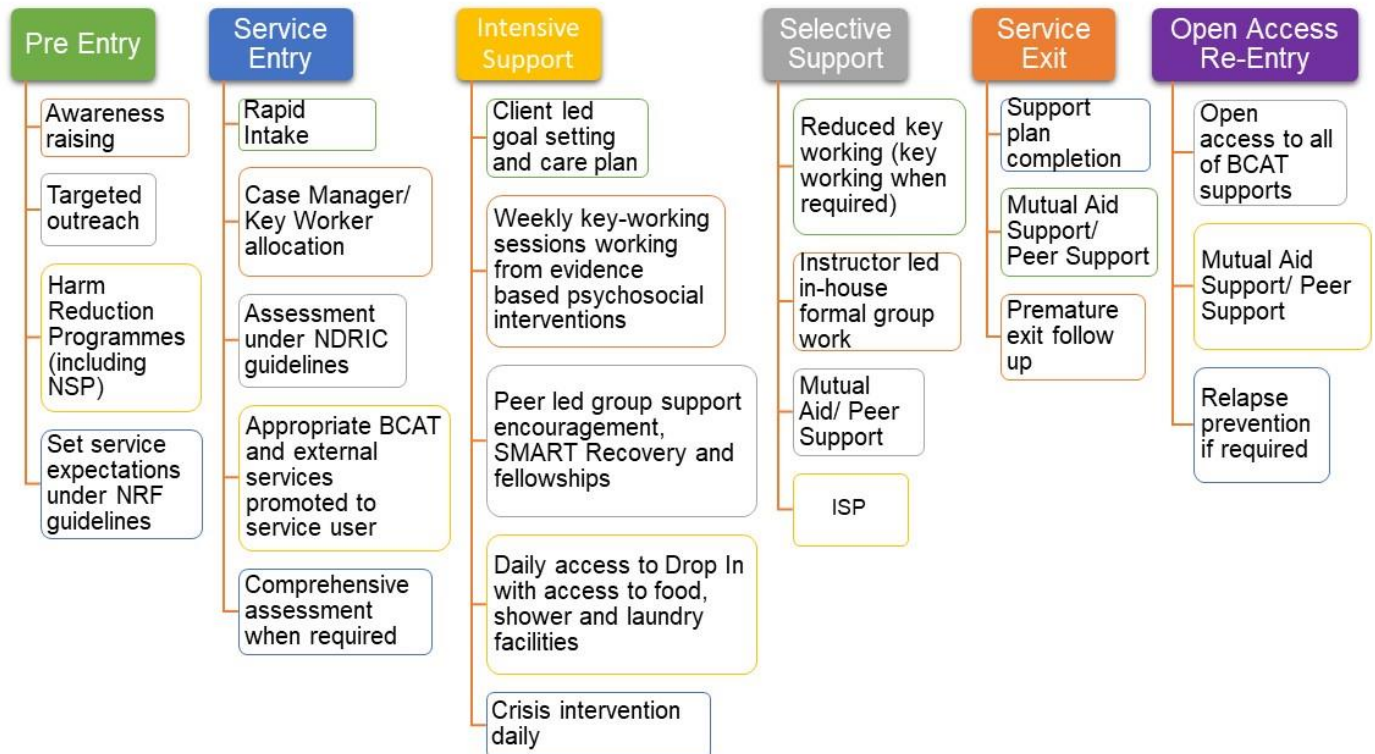
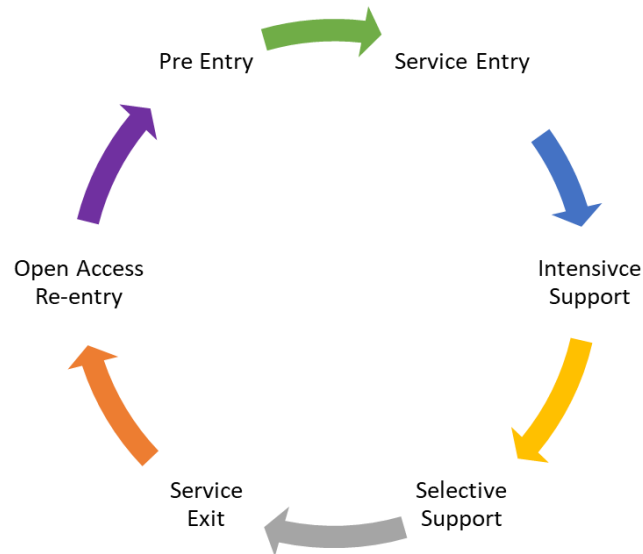
**We provide a Wraparound service:-** we look at all areas of the service user's life and can link them into other supports if required.

**We use Evidence Based Psychosocial interventions:-** we are trained and engage in continuous professional development to ensure we are providing the very best care.

The POWER model 6 stage pathway provides a framework to:

- develop and implement our services
- monitor the quality of our services
- set KPIs for service delivery
- ensure that our resources are targeted effectively
- achieve our strategic plan

## BCAT Power Model Staged Pathway



## 7. SERVICE PROVISION

In 2023, BCAT provided the following services to individuals presenting with a problem with drugs and/ or alcohol using evidence based approaches and interventions:-

### Low Threshold Services

- ❖ Drop In
- ❖ Harm Reduction Services
- ❖ Addiction Specific Assertive Outreach (Planned and Unplanned)

### One to One Support and Group Work

- ❖ Adults
  - SMART Recovery
  - Stabilisation Programme
- ❖ Under 18s & Under 24s
  - U18s Programme
  - U24s Programme
- ❖ Family Support
  - CRAFT Group
  - Peer Support - Circle of Friends
- ❖ Community Prison Links (CPL)
  - Prison In Reach
  - Community Support
  - Peer Support - Bothar Nua
- ❖ Music Group - Finding Your Voice
- ❖ Social Integration Programme (New in 2023)
- ❖ Recovery Month (New in 2023)
- ❖ Remembrance (New in 2023)

❖ 823 unique clients were supported across all services

❖ Key working with 18 unique clients under the age of 18

❖ Key working with 65 unique clients between the ages of 18-24

❖ Key working with 286 unique clients over the age of 24

## Low Threshold Services

### Drop in

Our Drop-in Service is a low threshold, open access, client centered service operating from both the Dublin Road and Boghall Road premises. In the Drop In, individuals can access food, shower and laundry facilities and get assistance from one of the social care workers on issues they may have on any given day. Drop In services include:-

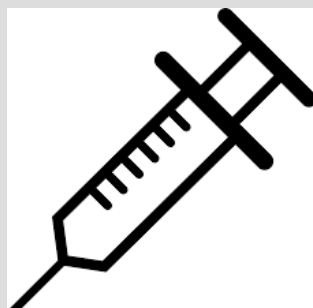
- ❖ Nutrition
- ❖ Laundry
- ❖ Showers (Dublin Road only)
- ❖ Phone Charging
- ❖ Computer access/ assistance
- ❖ Support to make phone calls or form filling/ literacy
- ❖ Facilitation of access to relevant services dealing with mental, emotional and physical health

The Drop In provides a safe, welcoming comfortable space and is open to all. Those who are experiencing homelessness and are hungry can get a hot meal and a shower. In 2023, a total of 2,401 interventions were made to 149 unique clients. A total of 2,309 meals were provided. We remodelled our 2 shower rooms in 2023 and our clients were able to avail of 652 showers throughout the year.



*“My milestones and progression has dramatically improved my mental health just by calling into the drop-in and feeling less homeless for a while.”*

## Harm Reduction Services



BCAT's Needle and Syringe Exchange Programme (NSP) is a free, open access confidential, harm reduction service for people who require drug paraphernalia. It aims to reduce the spread of blood borne viruses (BBV) by providing free, sterile drug paraphernalia and by disposing of used equipment safely. It is a busy service and is the only static service remaining in the Bray area. In 2023, a total of 49 individuals visited the NSP in BCAT with 91 total attendances.

Staff members provide individuals with harm reduction advice and information while using the needle exchange service including:-

- ❖ Safer injecting tips
- ❖ Overdose prevention advice and information
- ❖ Sexual health information and advice
- ❖ Advice and tips on preventing the contraction of blood borne virus'

Referrals are often made to other services in BCAT such as key working as well as referrals to external agencies.

The NSP is carried out in partnership with the HSE Addiction Services with stock and clinical governance being provided by them.



*"My preferences were taken care of and treatment has helped me cut down on everything including drug of choice."*

## Addiction Specific Assertive Outreach (Planned and Unplanned)



Outreach is:- “Meeting people where they are at”, to encourage them to make contact with services which they may be contemplating. BCAT’s Addiction Specific Outreach service develops and maintains links with service users experiencing addiction, homelessness and/or mental and physical health difficulties on an outreach and in-reach basis.

BCAT’s Outreach team maintains a regular street presence within the town of Bray three afternoons a week while promoting targeted harm reduction interventions. The team also engage with SafetyNet on a monthly basis to provide specialist health services for people in addiction or homelessness. In 2023, 44 unique clients were offered assistance with 194 interventions.

BCAT delivers interventions in a consistent and professional manner utilising evidence based approaches-such as Community Reinforcement Approach (CRA), Motivational Interviewing and Cognitive Behavioural Therapy (CBT) techniques.

❖ 8 Planned Street Outreach

❖ 8 Unplanned Street Outreach



❖ 44 individual people supported

❖ 194 interventions

❖ 44 planned 1:1s



# One-to-One Support and Group Work

## Adult Key Working

Key working is offered to encourage service users to identify their problems and to work towards a plan to resolve them, with each service user developing their own care plan objectives. In 2023, BCAT delivered 2,960 key working sessions with 286 individual adults. The Social Care Workers engaged in addiction specific interventions including harm reduction, health promotion and social integration using Motivational Interviewing (MI), Cognitive Behavioural Therapy (CBT) and Community Reinforcement Approach (CRA).

*"I felt that the keyworker was very good at listening to talk about worries as a service user I found it very helpful."*



SMART Recovery (*Self-Management and Recovery Training*) is the leading self-empowering addiction recovery support group. SMART recovery groups teach self-empowerment and self-reliance. There were 50 SMART Recovery sessions delivered in 2023. The SMART Recovery 4-point programme offers tools and techniques for addiction recovery such as:-

- ❖ Building and maintaining motivation
- ❖ Coping with urges
- ❖ Managing thoughts, feelings and behaviours
- ❖ Living a balanced life

*"Never felt unheard and my keyworker understood why because of personal problems that I couldn't make certain programs."*



The Stabilisation Programme has been running successfully since 2021. It is a cross-task force initiative between three neighbouring task forces (Bray Local Drugs and Alcohol Task Force (BLDATF), Dun Laoghaire Rathdown Local Drugs Task Force (DLR Task Force) and the East Coast Regional Drug and Alcohol Task Force (ECRDATF). The modules are:-

- ❖ Reduce the Use (*a cognitive behavioural manual for poly drug users who want to reduce or stop their drug use*)
- ❖ Pro-social Activity (fun social activities to encourage participation, inclusion, confidence which are health and education based)
- ❖ SMART Recovery

In 2023 the three-day-a-week programme was delivered in cycles of 12 week blocks in Dun Laoghaire (January-April), Wicklow (May-August) and Bray (September-December). A total of four participants graduated from the Bray group in 2023. There were also some Bray participants in the Wicklow and Dun Laoghaire group.

## Under 18s and Under 24s

Individuals aged between 12-24 that have a substance use issue can contact the Substance Use Under 18s support team (SUUST) for support on a one-to-one and/or group basis. In 2023 BCAT supported 18 individuals between the ages of 12-18 and 65 individuals between the ages of 18-24 with a total of 1,300 engagements. The Social Care Worker for the Under 18's programme and Under 24's programme undertakes the initial assessments and one-to-one appointments. The HSE, YODA (Youth Drug and Alcohol Service) provide clinical governance and monthly group supervision for this programme. The programme has received referrals from social workers, residential care homes, families, YoDA, YoDA East Coast, schools and the probation service.



BCAT's main model of support is ACRA (Adolescent Community Reinforcement Approach). ACRA is 12 weeks skills-based programme that teaches young people new ways of handling life's problems without using alcohol or drugs. It looks at multiple areas of their lives including self-care, problem solving, communication skills and goal setting and helps them to identify and build a network of community resources to remain sober. It incorporates individual face to face contact and additional care giver contact for under 18's.

### Under 18s:

- ❖ 18 individual people supported
- ❖ 179 engagements



### Under 24s:

- ❖ 65 individual people supported
- ❖ 1,121 engagements

## Family Support



Family support is a core part of service delivery and it aims to support the parents, care givers, children, siblings and partners of problem drug/alcohol users as service users and as people who can influence their loved one's drug/alcohol use to effect positive change in the home. BCAT provides both individual and group support to the target group. In 2023 we facilitated 1,043 family support sessions, supporting 110 unique family members.

### CRAFT

For those living with or have close contact with a loved one who is resistant to getting help for themselves, they can avail of the Community Reinforcement and Family Training Programme (CRAFT) on a one-to-one basis. CRAFT is a skills-based programme that impacts families in multiple areas of their lives, including:-

- ❖ Understanding your loved ones' triggers
- ❖ Positive communication strategies
- ❖ Positive reinforcement strategies
- ❖ Problem-solving
- ❖ Self-Care
- ❖ Domestic Violence precautions
- ❖ Getting your loved one to accept help

### Peer Support - Circle of Friends

BCAT also facilitates the Circle of Friends peer led group, comprised of family members, partners and friends of those in addiction. These meetings offer ongoing peer support with others who have experienced similar situations. In 2023, 26 meetings took place.

*"Our experience as a family was that the program was very helpful."*

*"We were confused and upset, but BCAT were very understanding"*

## Community Prison Links (CPL) (Prison In Reach and Community Peer Support)



BCAT employs a full time Community Prison Links Worker (CPL) and a part time Prison Links Peer Support Worker both roles are funded through the Department of Justice.

The role of the **Community Prison Links worker** is to work with people from the community who are in prison due to drug/alcohol related crime. The **Prison Links Peer Support worker's** role involves court accompaniment, advocacy and one-to-one work. They receive their referrals from the Prison Links Worker and the Courts. They also provide support for people leaving the prison system to reintegrate them back into the community; to facilitate them in accessing appropriate services and acts as a resource to other agencies working with people connected to the prison/justice system. The Community Prison Links worker facilitated 1,949 Community Prison Links key working sessions in 2023 with 96 unique clients (73 in prison and 64 aftercare with some attending both).

BCAT pioneered a peer-led support group (called **Bothar Nua**), for those about to enter the prison system and those recently released. Bothar Nua was initiated in 2022 and is still running successfully. It incorporates SMART Recovery. In 2023, 50 Bothar Nua meetings were held with an average attendance of 5 individuals per session. Attendees may also be referred to the Stabilisation Programme.



## Music Group – Finding Your Voice

The Music group has been running successfully for the last number of years on a weekly basis. In 2023, we ran a total of 50 sessions with each session being attended by up to 5 people. We call it 'Finding Your Voice' as people experiencing addiction often feel they have no voice or place to express it. BCAT's music group offers a safe place for our clients to learn, craft music, share and express themselves in a creative setting.

*"BCAT has brought me to express myself through my art."*

The sessions comprise of a mixture of learning guitar, rapping, song writing and music production. The clients and BCAT staff members collaboratively put together music and song over the course of 2023 and some of this was shared during the Recovery Month.

*"The music group really helped me to express myself with my lyrics in a fun and safe environment. It is a form of therapy for me."*



## New Developments

### Social Integration Programme (New in 2023)

The BCAT Social Integration Support worker supports individuals that find themselves post residential treatment, post detoxification, post release from prison, or may require integration support but do not wish to necessarily access low threshold or addiction services.

Support is offered to individuals that may be attending education and/ or training programmes and would require additional support due to problems associated with substance use/ addiction. BCAT's Social Integration Support Worker promotes the idea of recovery capital in all its forms; personal, family, community and social resources. The supports offered are varied and may involve: court work, interagency meetings, and often meetings outside of the service. The Social Integration Programme incorporates one-to-ones, SMART Recovery and holistic programmes (yoga, music group). A total of 29 individuals attended one-to-ones and other programme supports between June-December 2023.



*"I felt so understood and supported after residential treatment I didn't hesitate to continue receiving support as I integrated back into the community and reached out as I went back to education."*



## Recovery Month (New in 2023)



BCAT launched its inaugural Programme of free pro-social, community based events for Recovery Month in September 2023. The programme of events proved very popular and included:-

- ❖ Open day with barbeque and music
- ❖ Bake off
- ❖ Hill wall walk & guided meditation with picnic, joining other community development projects from the area
- ❖ Sports day
- ❖ Football tournament
- ❖ Closing ceremony including remembrance vigil
- ❖ Guest speakers throughout

The service users were assisted in building recovery capital and re-engaging in a positive way in their community through having fun social experiences. They also had the opportunity to celebrate their recovery journey, and foster hope for the future.

It also assisted BCAT in making its services more visible in the community while at the same time helping reduce the stigma attached to addiction as *recovery is for everyone: every person, every family, and every community.*



Recovery



Month



Fun

## Remembrance (New in 2023)

In memory of the staff, service users and ex-service users who have died since the inception of BCAT in 2002, BCAT's Tree of Remembrance was planted on BCAT's 20<sup>th</sup> Anniversary in 2022.

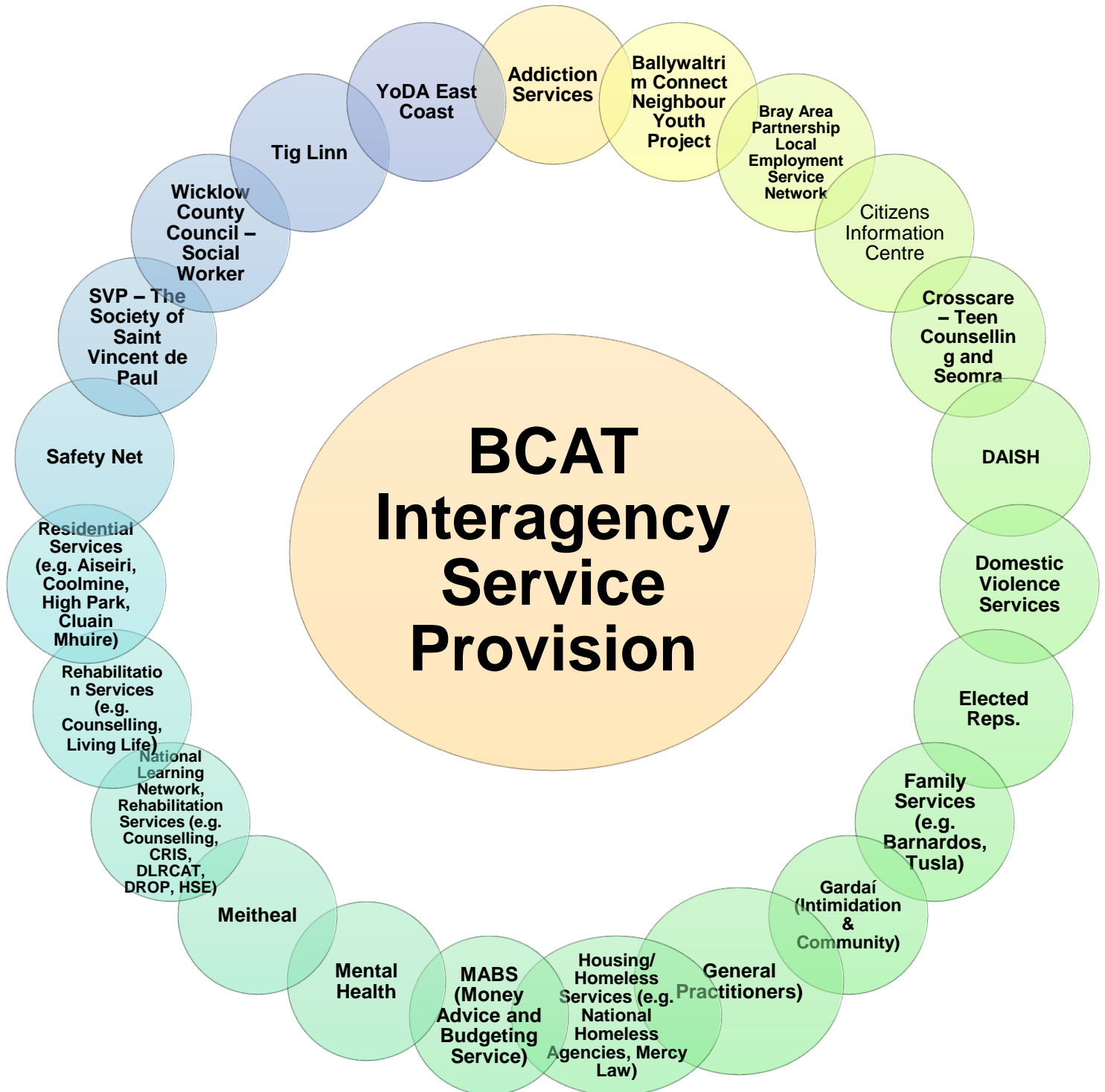
BCAT held its first Annual Remembrance Vigil in September 2023 as part of Recovery Month, fondly honouring those who have passed since 2002. Those present were invited to tie a purple ribbon to the tree as a token of memory for the person in their life who they wished to remember.



*"I found that I was met where I was at through my struggles."*

*"I always recommend BCAT to people like myself struggling with addiction."*

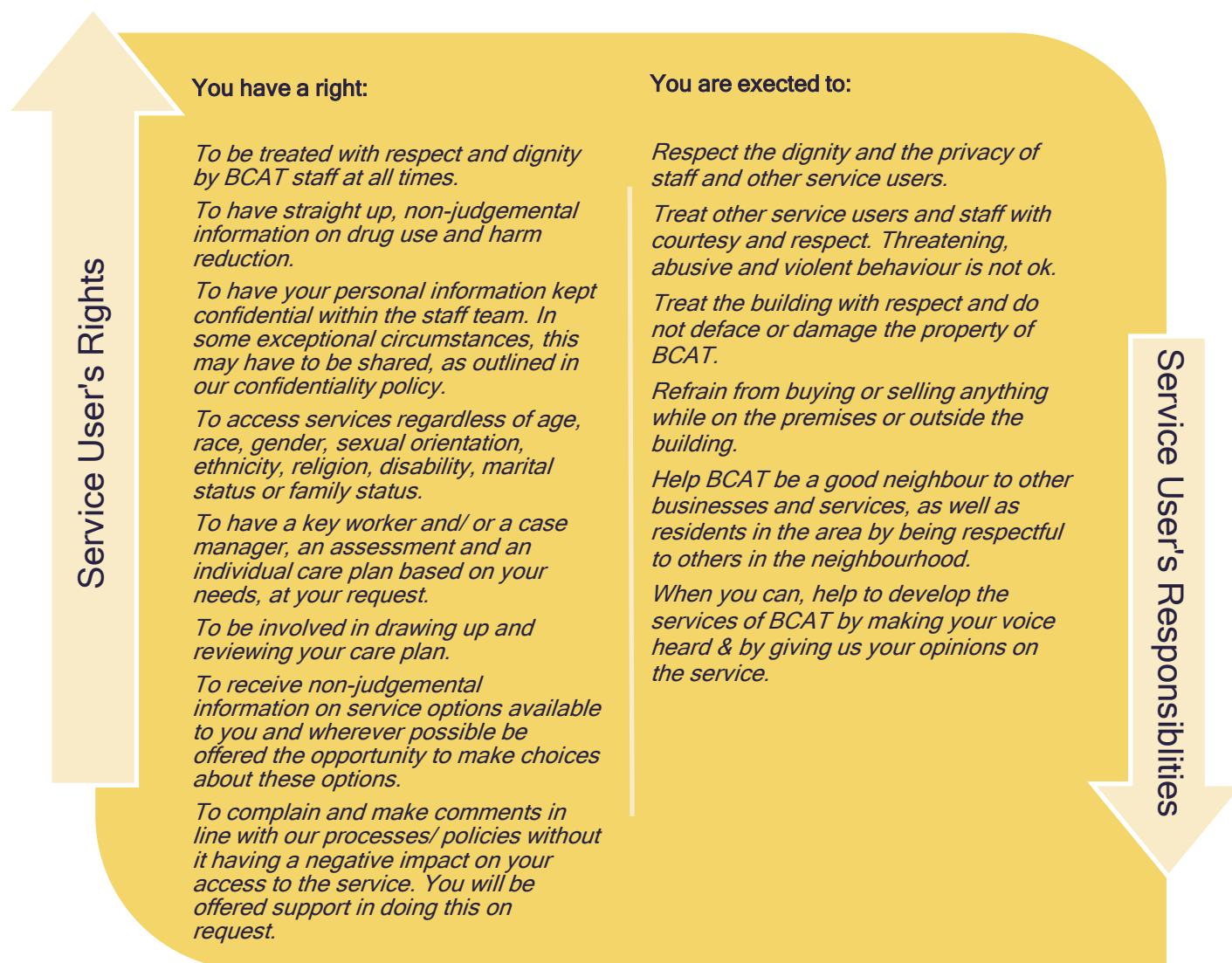
## 8. INTERAGENCY WORK



## 9. SERVICE USER INVOLVEMENT

### BCAT's Service User Charter of Rights and Responsibilities

One of the core values of BCAT is to support users in becoming aware of their rights and responsibilities when accessing the service. BCAT's Charter of Service User's Rights and Responsibilities underpins how we deliver all of our services and is built into our Strategic Plan 2022-2025:-



## Service User Involvement - Consultation

BCAT is committed to ensuring that there is a culture of involvement across our services. In December 2023 BCAT held a service user involvement and inclusion event, which took place over two evenings. The purpose of the event was part of a phased development of service user empowerment and the development of a culture of involvement. It is hoped that by holding such events, it will increase the likelihood that (1) service users will comply with treatment and care plans, and (2) that there will be an increase in effective partnerships of care between service users, family members and professionals. It is also hoped that the shared experience of service users can be promote services directly to other service users, and ease transition into and between services.

*"I would always recommend BCAT as it is a potential life saving intervention."*

The reports of the service user involvement and inclusion events reflect overwhelmingly positive experiences, showcasing BCAT's commitment to high standards of service provision. The likelihood of service users recommending BCAT to others was very high. However, these reports also illuminate areas for improvement and development. By addressing these opportunities, BCAT can further enhance its services, ensuring even greater inclusivity and satisfaction among service users.



# 10. ACKNOWLEDGMENTS

## Board of Directors 2023

Donal Quill	Director (Chairperson)
Mick Mason	Director (Treasurer)
Jim Smaul	Director (Company Secretary)
Dermot Martin	Director
Moses Sebalu	Director

## Our Staff Team (Staff Members 2023)

Elaine Forsyth	Manager
Dee Shields	Project Leader/Family Support
Shawneen Doonan	Team Leader
Sylvia Loughlin	Financial Administrator
Richie Winters	Data Administrator
Zoe Donnelly	Administrator
Louise Keegan	Community Prison Links Worker
Sarah Byrne	Community Prison Links Peer Support Worker
Jenny Browne	Social Care Worker (Family Support) (left 2023)
Pauline Coakley	Trainee Social Care Worker
Stephen Curran	Trainee Social Care Worker (left 2023)
Petra Eaglesfield	Social Care Worker (U 18s & U 24s) (left 2023)
Gavin Earls	Social Care Worker
Fergus Flanagan	Social Care Worker (left 2023)
Saoirse Gallagher	Trainee Social Care Worker
Darran Gormley	Social Care Worker (joined 2023)
Anthony Greene	Addiction Specific Assertive Outreach Worker (joined 2023)
Sinead O'Neill	Social Care Worker (Family Support)
Noel Waldron	Addiction Specific Assertive Outreach Worker (left 2023)

## Main Funders:



An Roinn Dlí agus Cirt  
Department of Justice



# 11. FINANCES & GOVERNANCE

## Thank You

BCAT is very grateful for the financial support we receive from the Department of Health, the Department of Justice, the Health Service Executive, Bray Local Drug and Alcohol Task Force and individuals, families and other grant funding. Without this support we would be unable to deliver our vital services to those most vulnerable marginalised members of our community. We extend our sincere thanks to our supporters.

## Governance

BCAT is committed to maintaining excellent and transparent standards in corporate governance. BCAT has rigorous and structured financial policies and procedures to ensure compliance with all financial governance and regulations. We are pleased to report that there were no issues arising from the external audit carried out by our auditors Ormsby & Rhodes for the financial year to December 2023.



## Get in Touch



37 Beechwood Close, Boghall Road,  
Bray, Co. Wicklow



@bcatbray

4B Dublin Road,  
Bray, Co. Wicklow



Bray  
Community  
Addiction Team



01 2764692



@AddictionBray



info@bcat.ie



Bray  
Community  
Addiction Team

[www.bcat.ie](http://www.bcat.ie)

# APPENDIX 1 – WORK INDICATORS

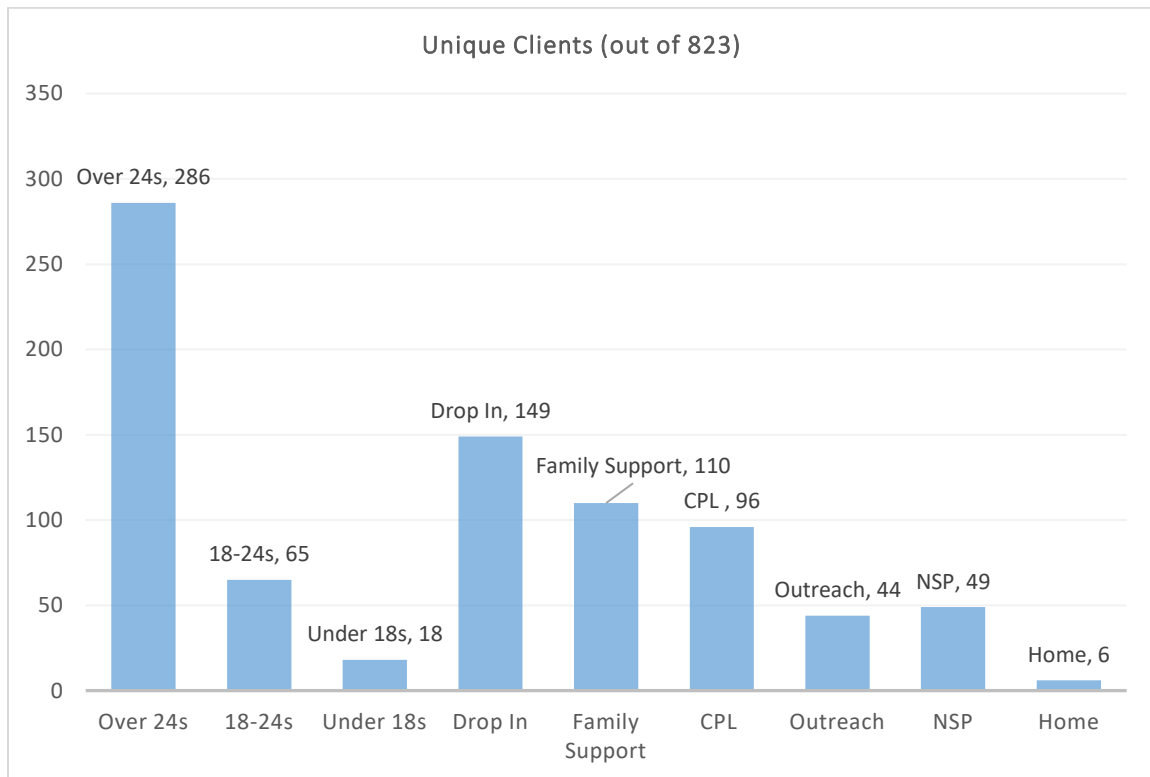


Fig. 1 Number of Unique Clients to Each Service

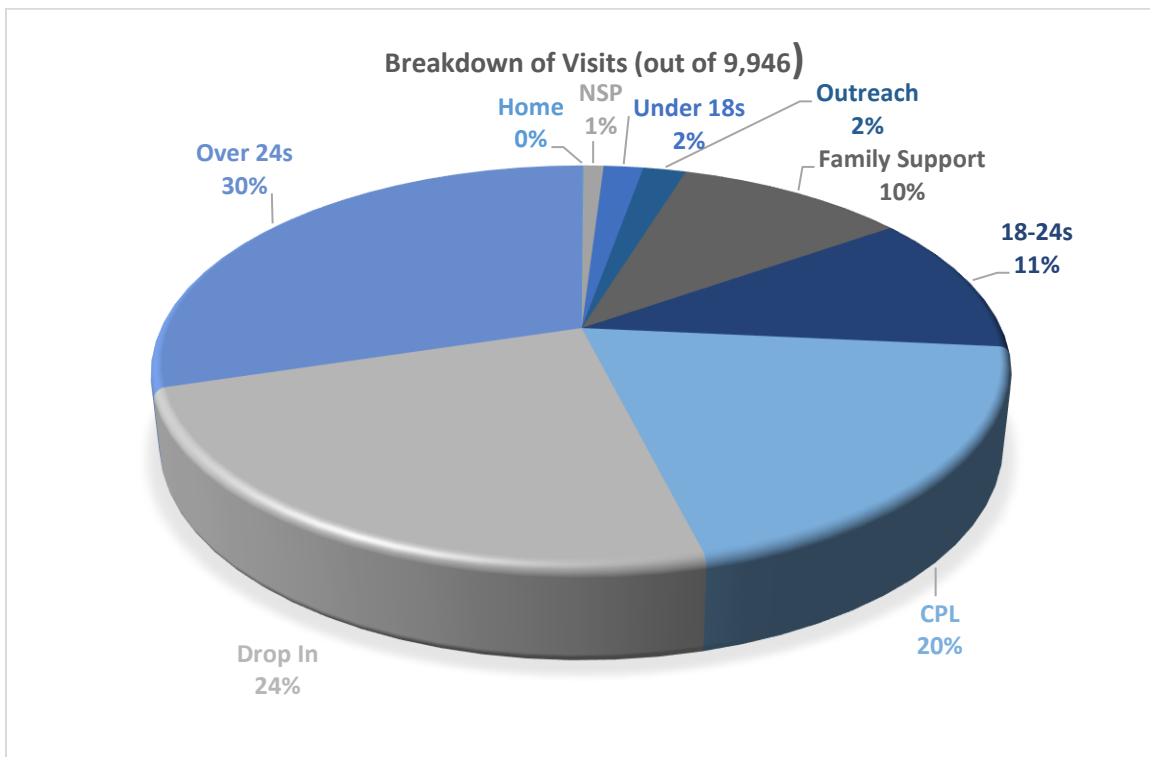


Fig. 2 Breakdown of Visits to the Service

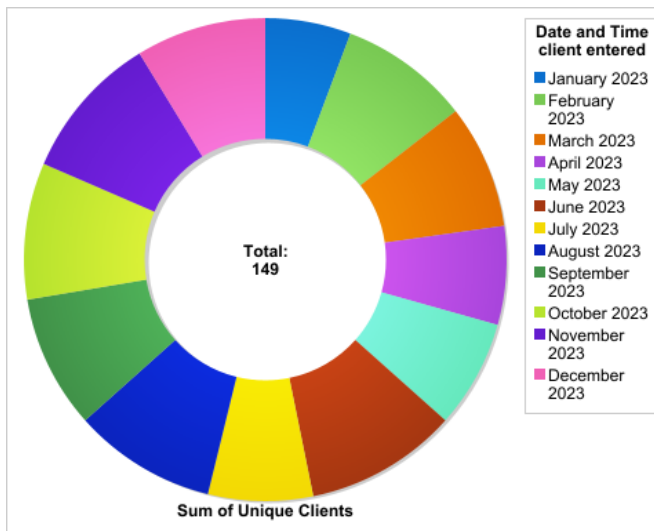


Fig. 3 DROP in unique clients by month

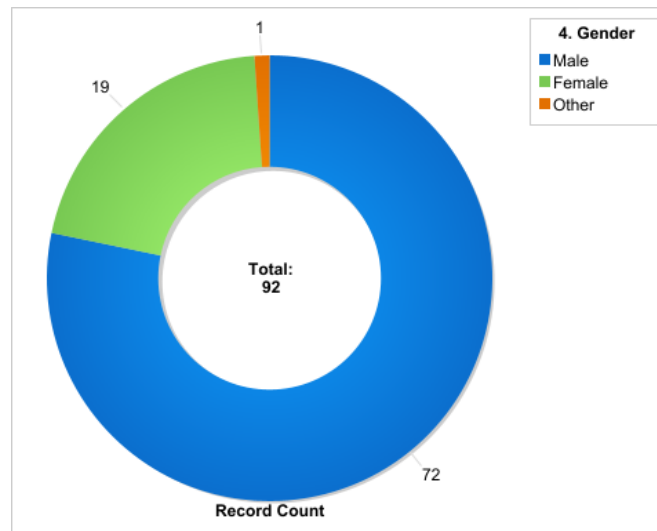


Fig. 4 Gender Harm Reduction Services

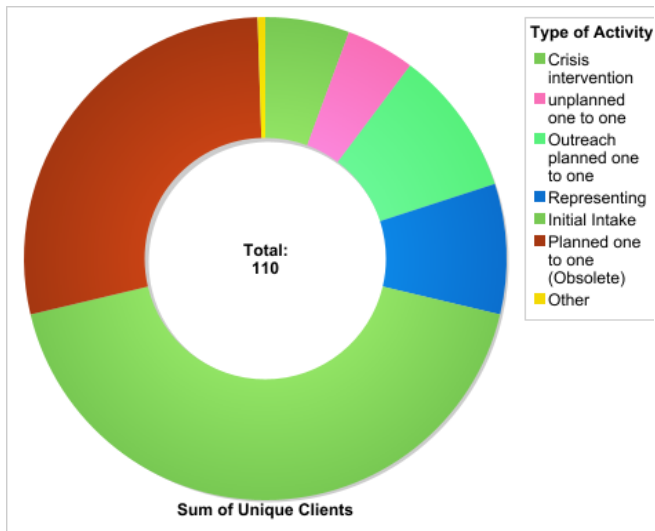


Fig. 5 Family Support Main Focus of Session

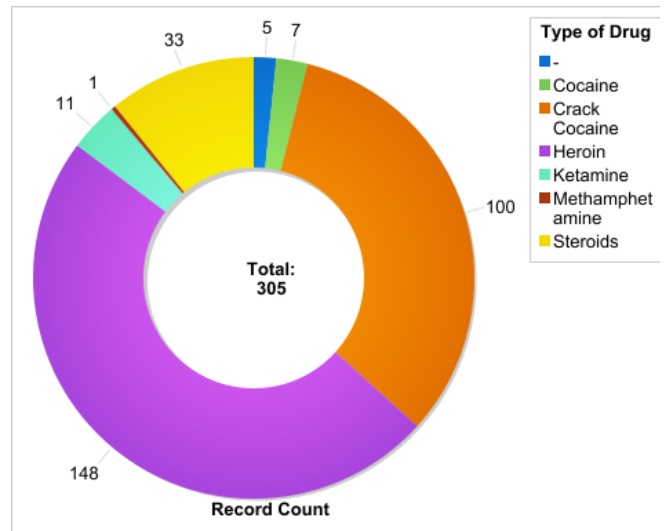


Fig. 6 Drug of Choice Reported

# APPENDIX 2 – FINANCIAL STATEMENTS 2023

- ❖ Independent Auditor's Report to Members
- ❖ Income & Expenditure
- ❖ Statement of Cash Flows
- ❖ Balance Sheet



# BRAY COMMUNITY ADDICTION TEAM CLG

## (A COMPANY BY GUARANTEE)

### INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF BRAY COMMUNITY ADDICTION TEAM CLG

#### OPINION

We have audited the financial statements of Bray Community Addiction Team CLG (the 'Company') for the year ended 31 December 2023 which comprise the Statement of Financial Activities, the Balance Sheet, the Statement of Cash Flows and the notes to the financial statements, including a summary of significant accounting policies set out in note 2. The financial reporting framework that has been applied in their preparation is Irish law and Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' (FRS 102) issued by the Financial Reporting Council and the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRS 102.

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 December 2023 and of its incoming resources and application of resources, including its income and expenditure for the year then ended;
- have been properly prepared in accordance with Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' issued by the Financial Reporting Council and the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRS 102; and
- have been prepared in accordance with the requirements of the Companies Act 2014.

#### BASIS FOR OPINION

We conducted our audit in accordance with International Standards on Auditing (Ireland) (ISAS (Ireland)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the Company in accordance with the ethical requirements that are relevant to our audit of financial statements in Ireland, including the Ethical Standard issued by the Irish Auditing and Accounting Supervisory Authority (IAASA), and we have fulfilled our other ethical responsibilities in accordance with these requirements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

#### CONCLUSIONS RELATING TO GOING CONCERN

In auditing the financial statements, we have concluded that the Directors' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the Directors with respect to going concern are described in the relevant sections of this report.

## **BRAY COMMUNITY ADDICTION TEAM CLG**

### **(A COMPANY LIMITED BY GUARANTEE)**

## **INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF BRAY COMMUNITY ADDICTION TEAM CLG (CONTINUED)**

### **OTHER INFORMATION**

The Directors are responsible for the other information. The other information comprises the information included in the management information, other than the financial statements and our Auditors' Report thereon. Our opinion on the financial statements does not cover the information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

### **OPINION ON OTHER MATTERS**

Based solely on the work undertaken in the course of the audit, we report that:

- in our opinion, the information given in the Directors' Report is consistent with the financial statements; and
- in our opinion, the Directors' Report has been prepared in accordance with the Companies Act 2014.

We have obtained all the information and explanations which we consider necessary for the purposes of our audit.

In our opinion the accounting records of the Company were sufficient to permit the financial statements to be readily and properly audited, and the financial statements are in agreement with the accounting records.

### **MATTERS ON WHICH WE ARE REQUIRED TO REPORT BY EXCEPTION**

Based on the knowledge and understanding of the Company and its environment obtained in the course of the audit, we have not identified material misstatements in the Directors' Report.

The Companies Act 2014 requires us to report to you if, in our opinion, the disclosures of directors' remuneration and transactions required by sections 305 to 312 of the Act are not made. We have nothing to report in this regard.



## BRAY COMMUNITY ADDICTION TEAM CLG (A COMPANY LIMITED BY GUARANTEE)

### INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF BRAY COMMUNITY ADDICTION TEAM CLG (CONTINUED)

#### RESPONSIBILITIES OF DIRECTORS FOR THE FINANCIAL STATEMENTS

As explained more fully in the Directors' responsibilities statement, the Directors (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Directors determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Directors are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Directors either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

#### AUDITORS' RESPONSIBILITIES FOR THE AUDIT OF THE FINANCIAL STATEMENTS

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditors' Report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAS (Ireland) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the IAASA's website at: [https://www.iaasa.ie/Publications/ISA 700 \(Ireland\)](https://www.iaasa.ie/Publications/ISA%20700%20(Ireland)). The description forms part of our Auditors' Report.

#### THE PURPOSE OF OUR AUDIT AND TO WHOM WE OWE OUR RESPONSIBILITIES

This report is made solely to the Company's Members as a body. Our audit has been undertaken so that we might state to the Company's Members as a body those matters we are required to state to them in an Auditors' Report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Company's Members as a body, for our audit work, for this report, or for the opinions we have formed.



Colm Duggan

for and on behalf of

Ormsby & Rhodes  
Chartered Accountants and Statutory Audit Firm  
9 Clare Street  
Dublin 2

15/4/24

**BRAY COMMUNITY ADDICTION TEAM CLG**  
**(A COMPANY LIMITED BY GUARANTEE)**

**STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT)**

FOR THE YEAR ENDED 31 DECEMBER 2023

		Unrestricted	Restricted	Total	Total
		funds	funds	funds	funds
		2023	2023	2023	2022
	Note				
<b>INCOME FROM:</b>					
Donations and legacies	4	8,428	12,150	20,578	14,926
Charitable activities	5		874,626	874,626	817,372
<b>TOTAL INCOME</b>		<b>8,428</b>	<b>886,776</b>	<b>895,204</b>	<b>832,298</b>
<b>EXPENDITURE ON:</b>					
Charitable activities	6		888,975	888,975	793,604
<b>TOTAL EXPENDITURE</b>			<b>888,975</b>	<b>888,975</b>	<b>793,604</b>
<b>NET INCOME/(EXPENDITURE)</b>		<b>8,428</b>	<b>(2,199)</b>	<b>6,229</b>	<b>38,694</b>
<b>NET MOVEMENT IN FUNDS</b>		<b>8,428</b>	<b>(2,199)</b>	<b>6,229</b>	<b>38,694</b>
<b>RECONCILIATION OF FUNDS:</b>					
Total funds brought forward		15,128	99,804	114,932	76,238
Net movement in funds		8,428	(2,199)	6,229	38,694
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b>23,556</b>	<b>97,605</b>	<b>121,161</b>	<b>114,932</b>

The Statement of Financial Activities includes all gains and losses recognised in the year.

The notes on ages 14 to 27 form part of these financial statements.

**BRAY COMMUNITY ADDICTION TEAM CLG**  
**(A COMPANY LIMITED BY GUARANTEE)**

**STATEMENT OF CASH FLOWS**

FOR THE YEAR ENDED 31 DECEMBER 2023

		2023	2022
<b>CASH FLOWS FROM OPERATING ACTIVITIES</b>			
Net cash used in operating activities	17	20,730	47,094
		<hr/>	<hr/>
<b>CASH FLOWS FROM INVESTING ACTIVITIES</b>			
Purchase of tangible fixed assets		(7,147)	(595)
		<hr/>	<hr/>
<b>NET CASH USED IN INVESTING ACTIVITIES</b>		(7,147)	(595)
		<hr/>	<hr/>
<b>CHANGE CASH AND CASH EQUIVALENTS IN THE YEAR</b>		13,583	46,499
Cash and cash equivalents at the beginning of the year		76,029	29,530
		<hr/>	<hr/>
<b>CASH AND CASH EQUIVALENTS AT THE END OF THE YEAR</b>	18	89,612	76,029
		<hr/>	<hr/>

The notes on pages 14 to 27 form part of these financial statements

BRAY COMMUNITY ADDICTION TEAM CLG  
(A COMPANY LIMITED BY GUARANTEE)  
REGISTERED NUMBER: 353429

**BALANCE SHEET**

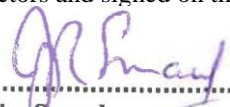
AS AT 31 DECEMBER 2023

		2023	2022
	Note		
ASSETS	FIXED		
Tangible assets	10	33,261	37,409
		<u>33,261</u>	<u>37,409</u>
CURRENT ASSETS			
Debtors	11	21,986	20,116
Cash at bank and in hand		89,612	76,029
		<u>111,598</u>	<u>96,145</u>
Creditors: amounts falling due within one year	12	(23,698)	(18,622)
		<u>87,900</u>	<u>77,523</u>
NET CURRENT ASSETS			
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>121,161</u>	<u>114,932</u>
TOTAL NET ASSETS		<u>121,161</u>	<u>114,932</u>
CHARITY FUNDS			
Restricted funds		97,605	99,804
Unrestricted funds	14	23,556	15,128
TOTAL FUNDS		<u>121,161</u>	<u>114,932</u>

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime. .

The financial statements were approved and authorised for issue by the Directors and signed on their behalf by:

  
.....  
Donal Quill Director

  
.....  
Jim Smaul  
Director

Date: 15/4/24

The notes on ages 14 to 27 form part of these financial statements.