



Tallaght Rehabilitation Project

2023
ANNUAL REPORT

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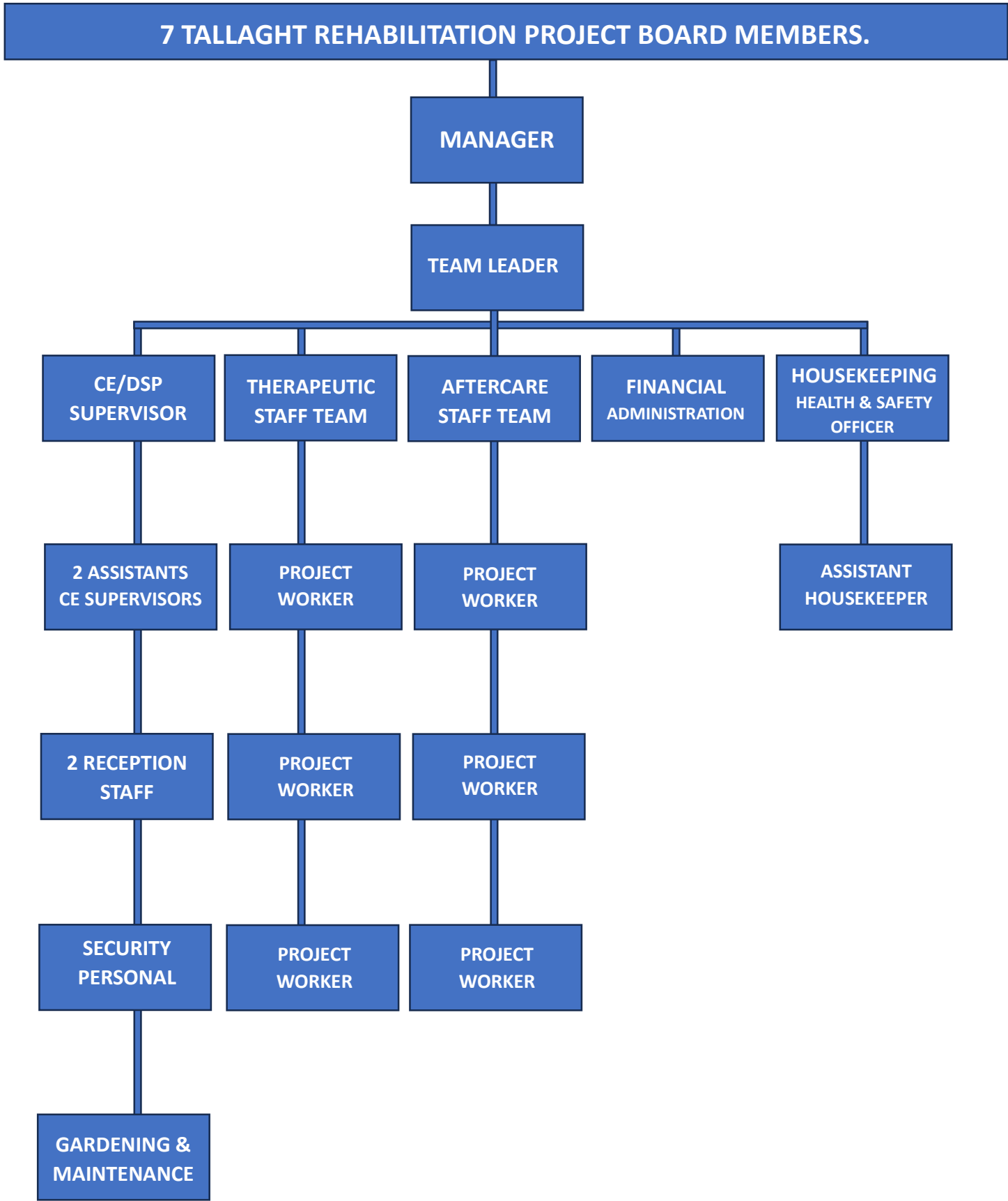
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A thank you to everyone who has supported the programme throughout the year.



TALLAGHT REHABILITATION PROJECT CLG MISSION STATEMENT:

We believe in the advantage of rehabilitation within the community, as addiction does not happen in isolation. TRP provides a supportive and nurturing environment where participants are encouraged to work in a therapeutic process on their previous drug/alcohol use. TRP promotes a healthy lifestyle in a structured and safe way, through education and training. From this, participants are encouraged to make an informed choice to ultimately become and remain drug/alcohol free.

Values:

Tallaght Rehabilitation Project values and respects the rights and confidentiality of all our participants who engage in a recovery process that is, honest, dignified, supportive, compassionate, positive, and strives to meet the needs of our clients through evaluation and development.

Commitment and Vision:

The TRP organisation is committed to providing quality services for people who are in recovery from drug and alcohol addiction. Our organisation and programmes strive to provide quality services that are evidence based and promote good governance to become a leader in community therapeutic rehabilitation.

TRP is a company limited by guarantee, CHY Number – 13829

Introduction and Background:

Tallaght Rehabilitation Project CLG is a community-based rehabilitation day programme and aftercare service for people in recovery from substance use. We provide a service for the Tallaght Wide area, which is based in West Tallaght but also covers Whitechurch (Rathfarnham) in our service provision. Working from a therapeutic and holistic ethos, the programmes aim to provide opportunities to enable participants to actively address behavioural issues which underpin addiction problems and to develop and enhance life skills and facilitate personal growth and recovery. TRP was established in 1997 as a community response to the spiralling addiction problem in the Tallaght wide area.

TRP is supported and funded by Tallaght Drugs and Alcohol Task Force, The Department of Employment and Social Protection, The Health Service Executive and South Dublin County Council. According to the 2016 census, Tallaght had a population of 76,119. This figure is still rising along with high unemployment, early school leaving, poverty and social deprivation. Initially Tallaght Rehabilitation Project was originally given a space in the local church St. Thomas in Jobstown to provide rehabilitation for people in the Tallaght area who wanted to enter a recovery process. In July 2005 TRP moved into Kiltalown House which is ideal for the Day Programme and Aftercare services which we provide.

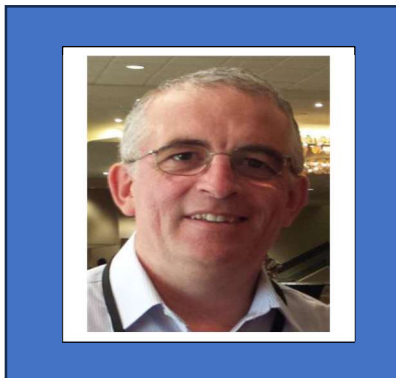
MEET THE BOARD OF TALLAGHT REHABILITATION PROJECT Clg



Chairperson & Director Seamus Massey



Secretary & Director
Mr. Patrick Doyle



Treasurer & Director
Mr. Frank Sage



Director
Fr. Val Martin



Director
Mr. Charles O'Connor



Board Member
Mr. Cathal King



Board Member
Ms. Louise Dunne



Chairpersons Report 2023

It is my privilege to present the chair's report for the TRP Annual Report 2023.

As chair of the board of TRP I frequently visit Kiltalown House. I see at first hand the mutual respect and the focussed dedication of management, staff, and clients. Together they provide a safe, respectful environment in which our clients can become drug and alcohol free.

TRP has operated at full capacity of 21 places throughout the year and our clients have engaged in a variety of TRP support initiatives, outlined below.

Our therapeutic and Holistic day programme and our Aftercare programmes each evening provide our clients with excellent opportunities to achieve their ambitions. These programmes

are delivered in an encouraging, positive environment by the team leader, Dawn, key workers, and staff. I want to acknowledge the dedicated work of management and staff led by passionate manager, Pat Daly.

We have six clients on the step-up programme. They have achieved drug and alcohol-free status and are ready to graduate. They will leave us in January when we have a graduation ceremony attended by clients and staff as we wish them every success as they move on. They are welcome to come to the Aftercare in the evening if they wish. TRP will always be there for them.

As our client's graduate, places then become available for those on the waiting list. Those on the waiting list are also supported to do an induction programme until a place becomes available.

The Box Smart Initiative took place again this year. 17 clients took part. Participation in this physical, mental, and dietary programme can be life changing. It was a privilege to present the clients with their certificates at the end of the 16-week programme.

After weeks of preparation, the four-day residential this year took place again in The Ovoca, Wicklow. 12 clients were supported by six staff members. The residential is an essential component of our continuum of care. The Ovoca again proved to be an excellent venue for the delivery of this initiative.

September, international recovery month, marked the return of our annual show "Celebrating Recovery and Challenging Stigma" at the Civic Theatre. This was a great success in front of a full house. The drama piece was particularly powerful. TRP has been invited to bring this drama piece to local colleges and TU Dublin in the coming year. Plans are well advanced for next year's

presentation of “Celebrating Recovery and Challenging Stigma”.

TRP took part in a new initiative in May “Connecting communities through recovery”. Clients from the three areas cycled from Ballymun to Clondalkin and on to Kiltalown House here in Tallaght. Our thanks to the local DATFs, to the Tallaght Gardaí and the clients who took part in this exciting new initiative.

The annual awards ceremony took place in December and was again attended by clients, management, and staff. It was an intimate and emotional occasion during which struggles were acknowledged and successes and achievements were celebrated.

We had our Service agreement meeting with members of the HSE in April. This was a comprehensive, fact-finding meeting as per usual. I was very pleased with the positive comments especially in relation to the governance and performance of TRP.

Accountability and transparency in financial matters is of the utmost importance. I thank Joan and Ann-Marie, our financial administrators, for the meticulous and transparent management of our accounts. They present up-to-date and accurate accounts at each board meeting.

I wish to thank my fellow board members for their wise governance, their attendance at meetings and their continued support of TRP throughout the year. They give freely of their time and expertise without any financial reward.

I also wish to thank the volunteers from the local colleges and TU Dublin students who

were on placement in Kiltalown House throughout the year.

Finally, I wish to address the most important people in our organisation, our clients. I admire your courage in coming to TRP in the first place and then embracing the programmes that will hopefully lead you to becoming drug and alcohol free. I congratulate you on your efforts and successes to date on your journey to full recovery.

TRP will always be there for you.

Let us celebrate recovery.

Seamus Massey.

Chair 2023.



Seamus with the group at their award ceremony 2023



The whole group in their Boxsmart 2023 attire.



Managers Report 2023

Hi, I would like to welcome you all to the TRP Annual review for 2023. I would like to take this opportunity to briefly reflect on the year gone by 2023 and mention all the tremendous work, events, Actions, and tasks throughout the year that we completed here at Tallaght Rehabilitation Project, Kiltalown House.

As the manager of TRP every year when I sit back and evaluate what we have done and achieved as an organisation I do be still amazed and very proud at the amount of work, effort, and passion that the team here put into the clients and the organisation, without such a fantastic team I have the immense pleasure of working with here at TRP the organisation would not have grown or developed the way it has over the years.

I am sure people will agree that Tallaght Rehabilitation Project CLG has become

recognised as a real leader in community based frontline rehabilitation and aftercare within the field we work in, and coming from all the hard work from the management, staff, and board, not only from 2023, but over all the years, lots of men and woman and their families have really benefited from our services, and the Tallaght Community as a whole has positively benefited from the work carried out by the TRP organisation. TRP will always commit to offering evidence-based therapies and modules to all our clients from the Dublin 24 area, which we will keep implementing into our programmes and structures to continually improve our organisation and the services we provide to our clients.

Funding and resources have always been a main priority for our organisation, in 2023 after much hard work and some good proposals our funding streams did improve to a degree, we received 25,000 euro permanent funding in mid-2023 which enabled us to reopen our popular aftercare services from 3 nights per week back to 5 nights per week, this money we received was a great boost for us all here and a real vote of confidence from our funders of the need and demand for aftercare services in the Tallaght community. We also began the third phase of our collaboration with Saint Dominics in relation to the dry sniffing cocaine group initiative. This group has been a great success for both the clients who have attended it and for both our organisations, we had 4 people who completed the whole module and graduated from the group in 2023. Both projects applied again in 2023 for funding to facilitate this well worth while intervention and going forward into 2024, we hope to work and collaborate again with our colleagues in Saint Dominics and the local task force and the HSE and hopefully get more permanent funding installed for the cocaine initiative.

Our ongoing partnerships and collaborations continued with many other statutory, voluntary, and community organisations throughout 2023, including The Tallaght Drugs and Alcohol Task Force, Saint Dominics, Wasp family support, CARP Project, JAAD, HSE, Bernardo's, just to name a few. We also successfully completed our Service Level Agreement governance meeting with the HSE, CHO7, where we negotiated continued funding for all our services. Again, having all our services evaluated by our mainstream funders only further enhanced and

reinforced the notion and understanding that our programmes are and were value for money and evidence based in 2023.

In October 2023 we finished off our yearly strategic work plan for that year and we began the planning forward of our work plan for 2024. Myself and the team here signed off on many completed actions and tasks from our strategic plan, including, the Boxsmart initiative, The Civic recovery show, which we sold out again, the annual 4 day residential with clients and staff, the summer family day, the Christmas family day, staff social outings, the connecting communities through recovery bike trip to TRP which included people who are in recovery from Ballymun (YAP), Clondalkin (Tus Nua) areas cycling to and connecting with Tallaght, in Kiltalown house. Celebration of international woman's day where we facilitated a speaking engagement with 3 guest woman speakers. We also collaborated during recovery month with Tallaght University where our participants facilitated a drama show with the theme of Cannabis presented to 60 social care students and 6 tutors.

I could go on here listing all the positive events that have occurred again during 2023, but I would be here all day doing this report, however if you go on to our social media pages or website all these events are listed and noted with videos, pictures, and stories.

Before I conclude this report, I would like to acknowledge the amazing work of our gifted and highly skilled staff team here in Tallaght Rehabilitation Project, Kiltalown House, who deliver excellent services and an excellent schedule and highly structured programme here five days a week year in and year out, including a very comprehensive evening aftercare service, and they always have the client's needs and interests at the centre of everything they do here. I would also like to thank Seamus Massey and the board here at

TRP for their ongoing support for myself and the team. The board are also a great resource for our organisation. TRP will always promote a very healthy positive environment for all the people who work here and especially for our participants, and I would like to take this final opportunity to thank all the clients who engaged with our services in 2023. I really hope that they felt the positive benefits of linking in with our programmes and structures.

Thank you for taking time to view this report and I look forward to another new year ahead here at TRP working with the team and all the clients who engage with us.

Pat Daly
Manager



All the staff with their Asist certification 2023



The Manager Pat Daly with Stephen Kenny former manager of the Irish Football team and Alan Edge the current mayor of Tallaght.



submitted on time to the Companies Office. Tallaght Rehabilitation Project Clg is compliant with the Charities Regulatory Authority Governance Code.

TRP audited accounts and annual reports are available on the TRP Website: www.tallaghtrehabproject.ie.

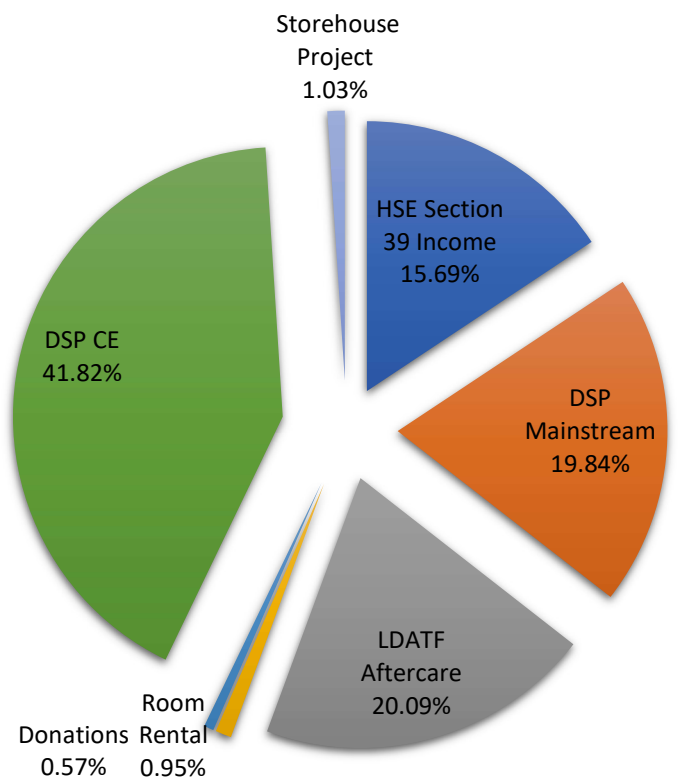
Tallaght Rehabilitation Project Clg
year end 31/12/23
Funding €873,040

Financial Administrators Report 2023

By Joan Cleere Neville & Ann Marie Wall

Tallaght Rehabilitation Project Clg values the economical and efficient use of resources and aims to ensure that all expenditure utilises effective planning and decision making and ensures that the most economical options have been sourced. Below is a breakdown of the grants TRP received in 2023 from the Department of Social Protection (both Mainstream and Community Employment), HSE, LDATF. TRP received donations from the following... Store House Project, Courts Poor Box, Personal Injuries Association, South Dublin County Council, Killinarden Anglers, Tallaght University and Emily Clarke. Kiltalown House room rental amounted to €8310, and this was used to supplement statutory funding to maintain a quality service.

All funding received by TRP is strictly monitored and accounted for and spent in accordance with relevant guidelines and best practice in an open and transparent manner to ensure best value for money. TRP accounts are audited by Murphy/Mahony Ltd, Certified Public Accountants and Registered Auditors and





Team Leader Annual Report 2023

“Hi, my name is Dawn Brown, I am the Team Leader here at Tallaght Rehabilitation Project, I am delighted to give you the 2023 Annual Report on our Aftercare Services and the Rehabilitation in the Community Day Program.”

Boxsmart

On the 14th of April 14 clients; 5 males, 9 females, commenced the Boxsmart initiative and graduated on the 23rd of June. The physical component of this module, which ran over 11 weeks, not only supports people’s fitness levels and health awareness but challenges negative self-image and builds self-efficacy and esteem. These processes are so important as they act as a strong foundation and help propel the therapeutic processes of positive changes, learning to implement effective coping skills and emotional regulation which greatly benefits the journey of recovery. It is an amazing transformative process seeing clients, push through, working hard, commit and enjoy the benefits of adopting a healthy lifestyle. I would like to thank Craig for his fantastic skilled and encouraging facilitation and the staff who co facilitated.



Horticulture Module

We also ran our Horticulture Module through the summer months. This module has taken clients into nature, getting their hands dirty sowing the seeds, maintaining, and nurturing their growth and reaping the rewards of fresh organic vegetables and fruits. The Horticulture Module is a beautiful metaphor which symbolizes the Recovery Process, it fosters maintenance, tunes people into their intuitive caring and nurturing side, builds relationships and bonding through working together, teaches us that with consistency, care, and perseverance, that which lies in the dark can surface grow and thrive. Thank you, Deidre, for all your wisdom and tutorship working with the clients from the Day Program, and we were all so grateful when staff and clients were invited to your Forest Bathing session, we all had a great day out amongst nature.



The Residential

In the Autumn we ran our Annual Residential in the beautiful setting of Ovoca Manor in Co Wicklow. Nine Day Program clients participated in a holistic and therapeutic experience during the 4 days. The focus was on their Life Story, the process of Acceptance, and its transformative experience which fosters the autonomy to move towards the creation of their next chapter in their recovery, their future self and family. In a respite setting allows the opportunity to not only process past traumas, grief, guilt, and shame but have the important needs of love and belonging, freedom, power and fun be met in healthy ways. In empowering our clients to engage in a deeper piece of work, the Residential Preparation Module is facilitated over four weeks prior. Together and through mixed media and psychoeducational workshops, such as Attachment Theory, Social Learning Theory, Erickson's Developmental theory, and Social Constructionist theory, we began the process of framing lived experiences. I would like to thank the clients for trusting and bringing courage to the process, and the staff for the provision of a nurturing and therapeutically informed facilitation.



Drama in Recovery & A Celebration of Recovery; Challenging Stigma

They say drama is the last thing to leave in the recovery process!!! This year like previous years we brought Drama to our schedule and as always it has yielded therapeutic changes.

Thank you to all the Participants and Staff who participated and co-facilitated alongside our Drama Tutor, Thomas Reilly. The Drama module that ran weekly from the summer right through to Recovery Month in September. From this special module our Day Program clients worked through barriers to confidence, esteem, and efficacy, challenged themselves and discovered new talents and expressions, along with aspects of themselves that had laid hidden.

We were delighted that this module came to life yet again on stage at the Civic Theatre on the 18th of September in their production of "A celebration of recovery-Challenging Stigma". The audience of family and friends of clients were joined by community members and projects, our funders, and dignitaries of Tallaght. Performances of various pieces of drama, poetry & music on the night brought us all together and raised awareness of addiction issues and Recovery itself. Some of the group looked after the sound and lightning, while others were helping backstage. Special thanks to Blue Hue and Patrick Ryan and Katie O' Reilly who captured the evenings positive impact and energy.

Events like this promotes positive and healthy changes, not only to individuals but to the community and environments around them, challenging others to open their minds, bringing awareness to the deep and complex struggles of addiction, the devastation of discrimination towards people in addiction and illuminating the importance of deconstructing these stereotypes and their potential barriers, so that people can feel more confident in seeking out and availing of Recovery based responses.

Highlighting the focus towards Recovery and the positive impacts on self, their families and friends, and the wider community health, means these issues are tackled, expressed, and celebrated.

Thank you to all who attended with us and thank you especially to those who stood on a stage and raised the flag of Recovery with their heads held high.

And for those who were in our hearts... It was a privilege for all the staff to be involved in your challenging and rewarding journey. Again, a thank you Thomas, you drew out the potential inner creativity of each individual and we look very much forward to working with you next year.

There was also a show performed for Social Care students on the 6th of December, requested by Tallaght University, along with TDAF. A panel was set up and there was a Q & A afterwards, thank you all for your support.



Cocaine Initiative

This was the first-year funding was sourced, through a joint proposal with St. Dominics, from the Department of Health via Tallaght Drugs and Alcohol Task Force. This secured the employment of a Cocaine Specific worker on the 12th of July. Alongside this a volunteer secured employment in September.

Identifying a gap in the Tallaght wide area both TRP and St Dominic's collaborated in supporting people struggling to access supports in the community around specific Cocaine use.

The Initiative to date runs a weekly group where addiction awareness, relapse prevention

workshops are delivered and a total of 68 hrs of one-to-one key working was facilitated.

The first round of the Initiative commenced in July with 4 people graduating in September.

We swiftly ran the second round in October with 18 referrals being assessed and prepped for the group we are looking forward to their graduation in February 2024, as to the continuing delivery of this initiative including identifying gaps and blocks for parents who cannot access the evening program, we are planning a day group in 2024.

Family Day/ Cycle Initiative

We were delighted to be part of an initiative with YAP and Tus Nua on 13th of May where advocates and participants of Recovery cycled from Clondalkin to Ballymun through the Phoenix Park and then onto Tallaght. A huge thank you to An-Garda Siochana for their participation and escorting the cyclists... check out promo video of the day!!! We combined our annual participants and children Family Day with this new event and look forward to working with TUS NUA and YAP next year.



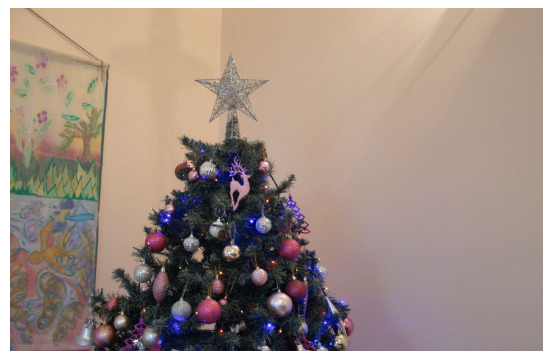
Recovery Month was launched on 1st of September by TDATE, we were honoured that the event was hosted here at Kiltalown House and that representatives from all the services in Tallaght attended. These events not only highlight that recovery is possible, bringing up awareness of recovery in our community but also that the clients here at TRP were part of this and contribute to these important endeavours. A special thank you to Mayor Alan Edge and all the staff and participants at TRP.



The Annual Recovery walk was held on 29th of September, we were delighted to have the Mayor Alan Edge perform the opening ceremony here at Kiltalown House along a special guest Stephen Kenny, ex Irish Football manager who opened the morning with a beautiful motivating speech. Representatives of services in the area, clients, and staff of TRP then walked to Mac Uilliam where there were events ran by Connect, Lorien, music and food. A fantastic energy and experience right in the middle of our community, again highlighting the positivity of brining awareness around issues of addiction and the ability to highlight Recovery is possible and in fact is present in our community.



Our Annual visit by Santy, and a special thank you to the Grinch that showed up, was held on 21st of December. It is always a wonderful day to get to know the client's children and more importantly, like the Summer Family Day or Celebration of Recovery Challenging Stigma show, let family members be involved and see where it is their loved ones go each day, or in the evening, the place and space they work, to experience the clients in a nurturing creative and positive environments and initiatives. Thank you to the financial team and subgroup who worked hard to provide a present for each child and lunch for all.



The Aftercare Service runs 5 evenings a week and reflects Recovery needs such as Social Inclusion, Peer Support, healthy initiatives and activities, Wellbeing and Holistic, Personal development, Recovery awareness workshops, one to one crisis intervention and care planning.

This year the Aftercare reopened its doors on Monday and Thursday evenings, since the Covid related closures in 2020. Our new Monday Social on the 4th of September ran 14 Groups, through fun activities on site we had 122 visits.

On Thursday 22nd June My Wellness My Recovery was launched and runs on a weekly basis and has seen 261 visits where people in recovery access a plethora of holistic and wellness through 27 diverse and successful experiential workshops and activities.

The Aftercare continues to provide specific Peer Support Groups and one to one prep sessions for those who have completed treatment and are bridging the gap into work, college and integrating back into society. Our PSG ran 41 of these groups whereby 324 people in Recovery could access a therapeutic space to process this movement from rehabilitation into the maintenance of their Recovery.

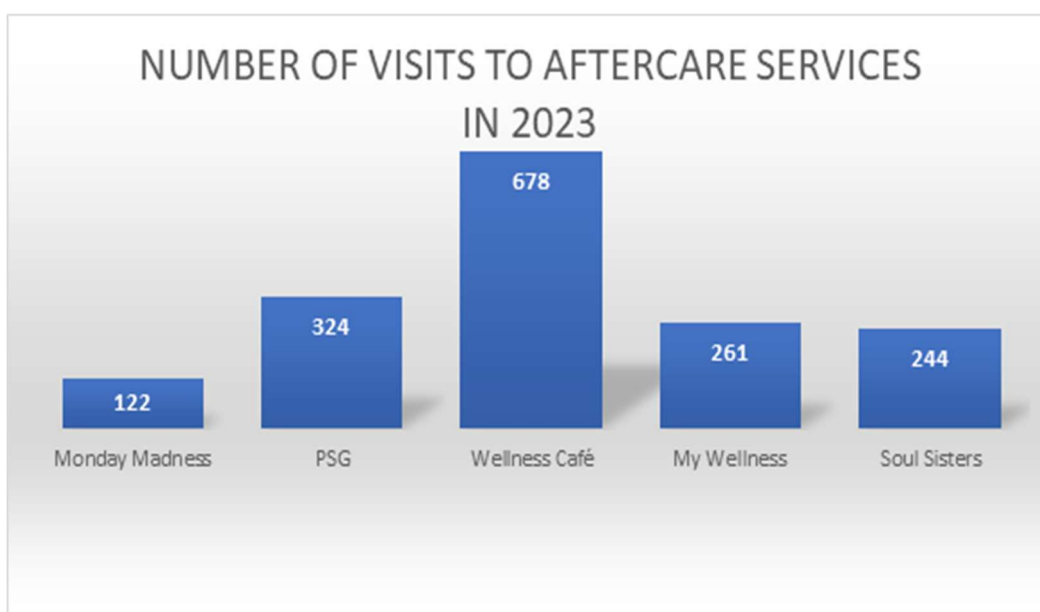
The Soul Sisters is a gender specific group, saw 244 women access the 47 Groups that ran.

Our Wellness café welcomed 678 people in recovery through our doors over the year.

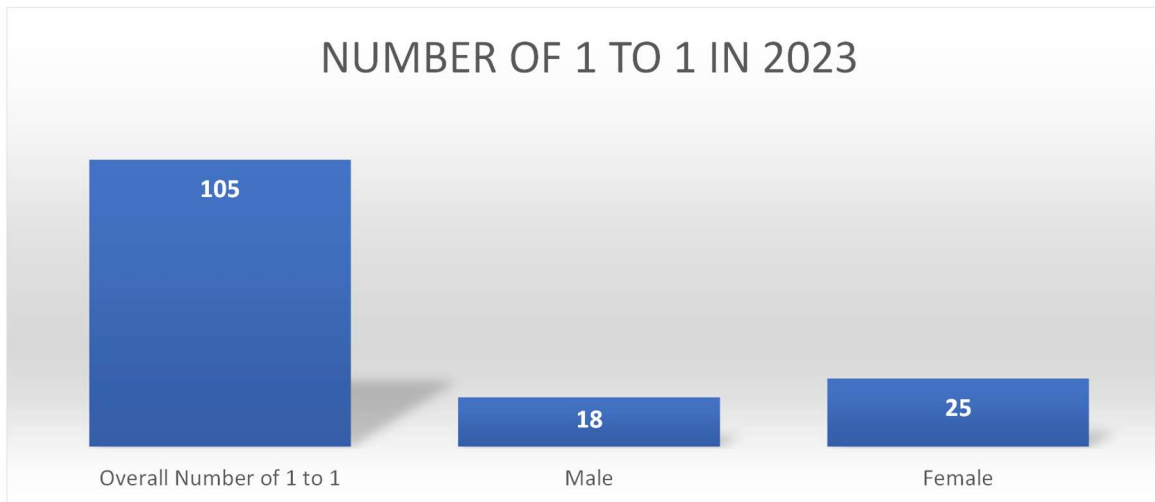
These stats remind us of the importance of Aftercare provision and the obvious need for these Recovery spaces.

I would like to express a huge thanks to The Aftercare Team who endeavour to create a welcoming, nurturing, and positive environment and work endlessly to provide a diversity in programmes and schedules Donna Doyle, Stacey O’Leary, Vannessa Dunne, Tanya Martin and Paddy Maxwell and Stephen Golding, and for processing the referrals and assessments for 2023...

And most importantly to all the peers of our Aftercare Services who take the leap of faith with us and participate, who look for what they need within our programmes and give it to themselves, and the role modelling they demonstrate for those coming in through our doors for the first time. The Aftercare space is a very special place because of what you bring and give back. We look forward to 2024 with each one of you and to new people and new journeys.



Aftercare one to one client contact for 2023.



A further break down of aftercare services 2023.

Monday Madness – 14 Groups – 122 Visits – 25 Episodes – Average of 9 people, started 04/09/2023.

Peer Support Group – 41 Groups – 324 Visits – 28 Episodes - Average of 8 people.

Wellness Café – 47 Groups – 678 Visits – 64 Episodes – Average of 14 people.

My Wellness My Recovery – 27 Groups – 261 Visits – 29 Episodes – Average of 10 people, started 22/06/2023.

Soul Sisters – 47 Groups – 244 Visits – 30 Episodes – Average of 5 people.

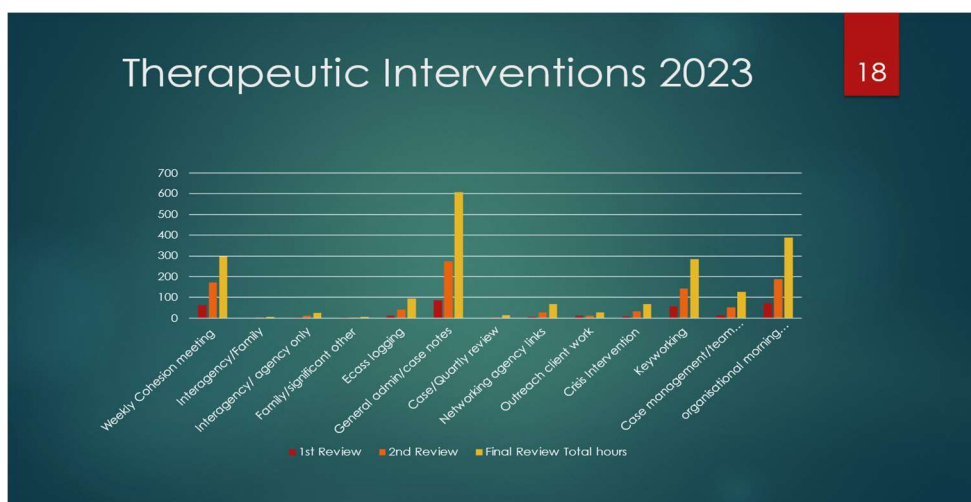
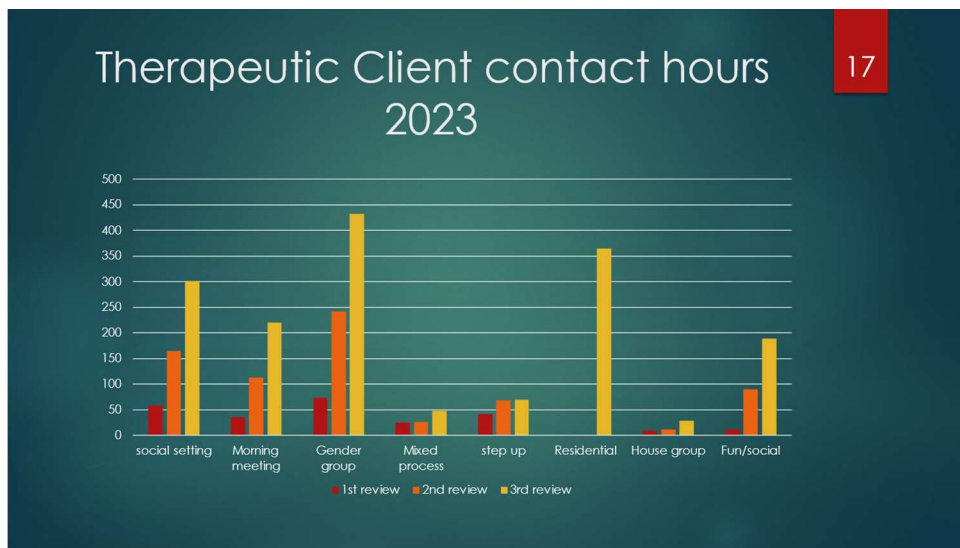
The Day Program Schedule

We continued throughout the year to provide a schedule daily. Our program runs Monday to Friday, participants work from 10 o'clock to 2 o'clock each day on their recovery.

Our workshops are devised and delivered by the staff focusing on Relapse Prevention Sessions and workshops, Addiction Awareness workshops and our Life Sphere template, which provides modules of clustered workshops which provide psycho-educational knowledge on aspects of the self that had been affected by addiction, that now, in recovery, people have the opportunity, to work through.

This is enhanced by one-to-one weekly key working, whereby clients continue to work through issues in goal orientated and solution focused way. Examples are Emotional Health, Mental health, family and relationships, the physical body, legal and financial and reconnecting with self through exposure to creative modules.

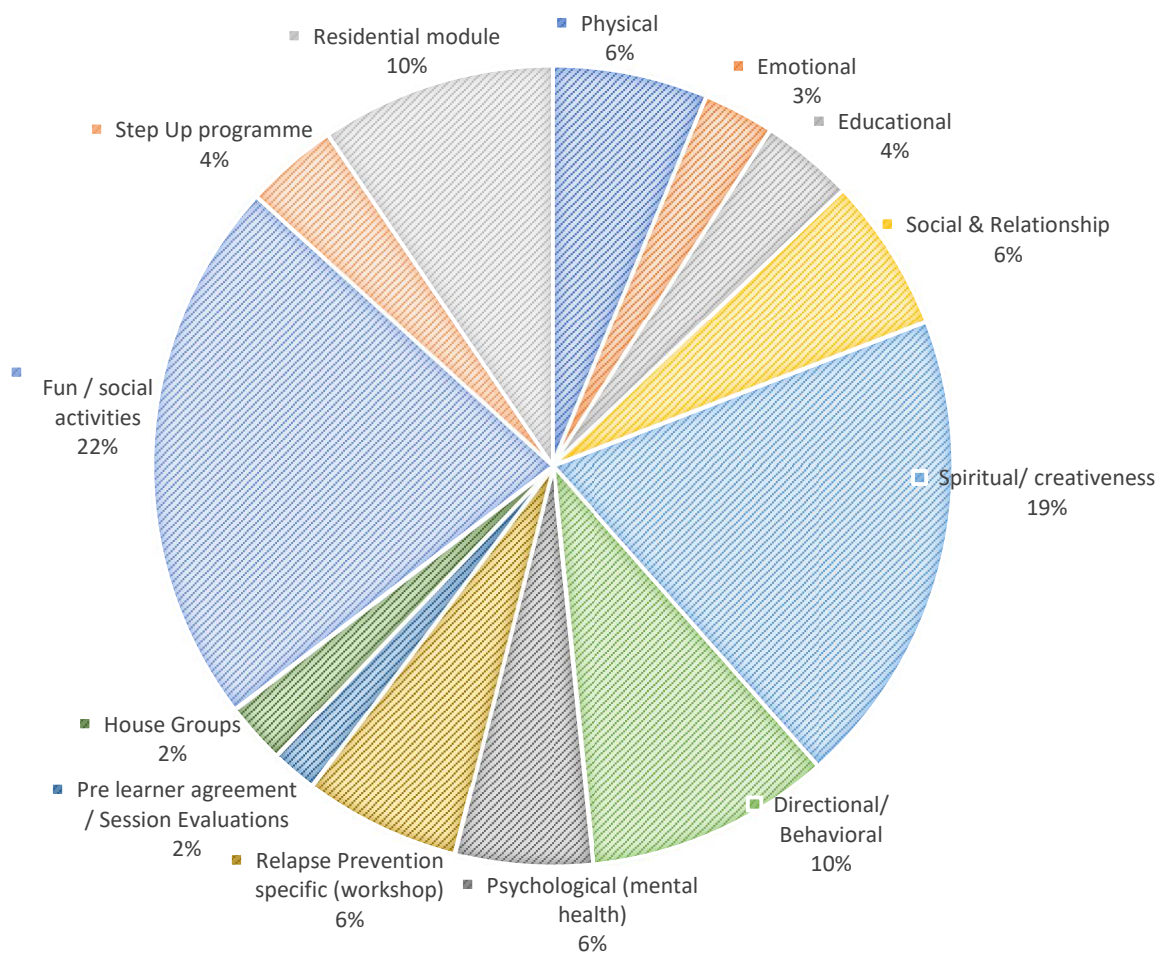
We celebrated these vast hours of work at the end of the year in our in-house Awards Ceremony held on the 11th of December, whereby our clients were presented with their completion of modules and achievement recognition.



Breakdown of Workshops 2023

TRP 1131 HOURS OF WORKSHOPS 2023

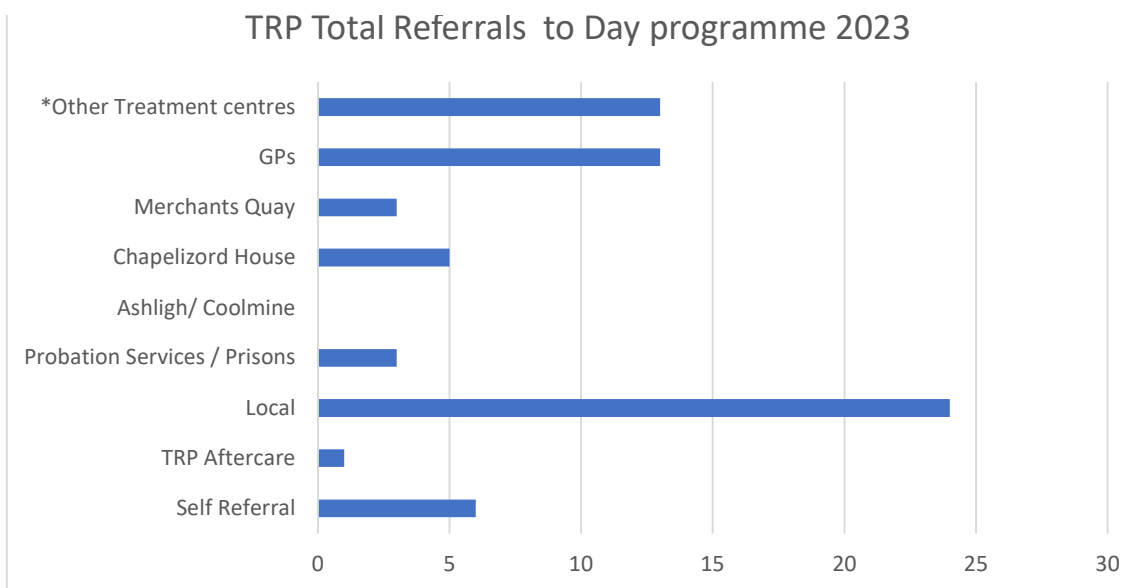
- Physical
- Educational
- Spiritual/ creativeness
- Financial
- Psychological (mental health)
- Pre learner agreement / Session Evaluations
- Fun / social activities
- Residential module
- Emotional
- Social & Relationship
- Directional/ Behavioral
- Legal
- Relapse Prevention specific (workshop)
- House Groups
- Step Up programme



Day Program; Referrals, Assessments, and Inductions

We received 70 referrals from people wanting to access our Day Program, of which 38 were males and 32 were females. 33 assessments were carried out, and 23 three -week inductions were facilitated by the therapeutic team.

93 children were positively impacted by parents accessing the day program, being referred to our aftercare or signposted onto to other services, while 10 were placed onto our Day program.



Total referrals _____	70	Disengaged/Referred on _____	23
Males _____	38	Completed the programme _____	10
Females _____	32	Other Treatment Needed _____	6
Number of children affected _____	93	Accessed 3 rd LVL education _____	10
Assessment Outcomes _____	33	Went to employment _____	12
Inductions Completed _____	23	Went as volunteer _____	3
Step Up _____	7	Accessed the Aftercare _____	3

“Thank you for taking the time to read my overview of highlights and achievements of the clients and our services throughout 2023.

I wish to thank the therapeutic staff: Carla Whealan, Tracey O’Halloran, Paddy Maxwell, Donna Doyle, Stephen Golding, Tanya Martin, Stacey O’Leary, Johnathan Ryan, Vanessa Dunne, and Jamie Hartnett, for their professionalism, energy, and passion toward their work. Also, to the CE department Evelyn, Patrick and Rebekah for their great work and support, the ILP sessions and work done with the clients and their input and strong involvement with staff and clients. Finally to the financial team Ann Marie and Joan Nevile, the manager Pat Daly, and the Board of Management for all your guidance and support. It has been a pleasure working with you all in 2023.

I look forward to a continuation of quality services in 2024.

Dawn Brown, Team Leader, Tallaght Rehabilitation Project CLG.”

Programme Participant Testimonial 2022 - Sarah

“I started TRP in July 2022. I heard about TRP in a NA meeting in Tallaght Village. So, I went to my community centre where there was a drug team working there. So, I had a meeting with one of the drug and alcohol counsellors and he referred me to TRP. I was a broken woman; I had no self-confidence. I was suicidal. I believed I was worthless. Through time and working with my keyworker I started to get my self-confidence back. I took part in a play we did in the Civic, my self-belief soared. I started to believe I could do anything if I put my mind to it with the support of staff. I went to Wicklow to do a three-day residential with TRP. It was the best experience of my life. I was able to deal with my past and trauma through therapy, the staff were amazing.

There is so many parts of TRP, they teach you your basic needs and I learned how to process everyday life. They also do a great holistic programme. I have learned horticulture, boxing, acting, first aid, and drug prevention. TRP gave me back my life and my family. TRP and the staff treat you like family. I always say it is my home away from home, a safe place, I feel like I am heard. I have now got my drivers permit; I am learning to drive. I always thought it was just a dream, but it is real and now I am so looking forward to the future thanks to TRP. “



DSP Community Employment Supervisor's Report 2023 By Evelyn McCall.

Hi, my name is Evelyn McCall I am the Community Employment Supervisor here in Tallaght Rehabilitation Project Clg. I am privileged to be writing this Annual Review report of our CE department for 2023. Since March/April 2023 we now have a fully staffed team of myself and two assistant CE supervisors. Patrick Ryan joined our team in March 2023 and Rebekah Hayden in April 2023.

The CE scheme is funded by the Department of Social Protection, the funding allows us to facilitate twenty-one coded special category rehabilitation places and eight community employment support staff. Support staff positions are paramount in the community as it supports people in long term unemployment to upskill and reintegrate back into mainstream employment or back to education. This is achieved through individual learner plans, (ILP) which facilitates and assists the individuals to identify training and educational courses which is funded from the CE training/educational fund. Positions available in TRP are receptionist's,

security, gardener maintenance, and housekeeping. During 2023 we had five of our eight available CE positions filled. There is no experience necessary to apply for these positions as they are supported with onsite training from the CE supervisors.

Tallaght Rehabilitation Project deliveries a very comprehensive therapeutic day programme to all our special category participants, and 2023 was no exception. The CE Supervisors consult with the therapeutic staff team to identify the educational/training needs of our special category clients through comprehensive individual learner plans. As clients progress in their recovery, structures are put in place through ILP for clients to progress into employment and or a return to education. As clients are ready to complete the day programme a 12-week structured step-up programme is developed to include therapeutic sessions and practical sessions devised by the CE supervisors.

These practical sessions include CV building, mock interviewing, career guidance, seeking and applying to colleges and or employment. This is all achieved using the SMART goal tools, making sure that goals are attainable and achievable. On completion of our step-up programme clients are encouraged as a continuum of care to attend our peer support group and to avail of TRP's comprehensive aftercare service which is open five nights per week and offers wellness workshops, recovery café and a range of activities to people in recovery.

In November 2023 five clients were identified to take part in our step-up programme and graduated in February 2024.

Our progression outcomes for 2023 were four males and three females went into education and three males, and two females accepted employment.

Placements Volunteers & Tus

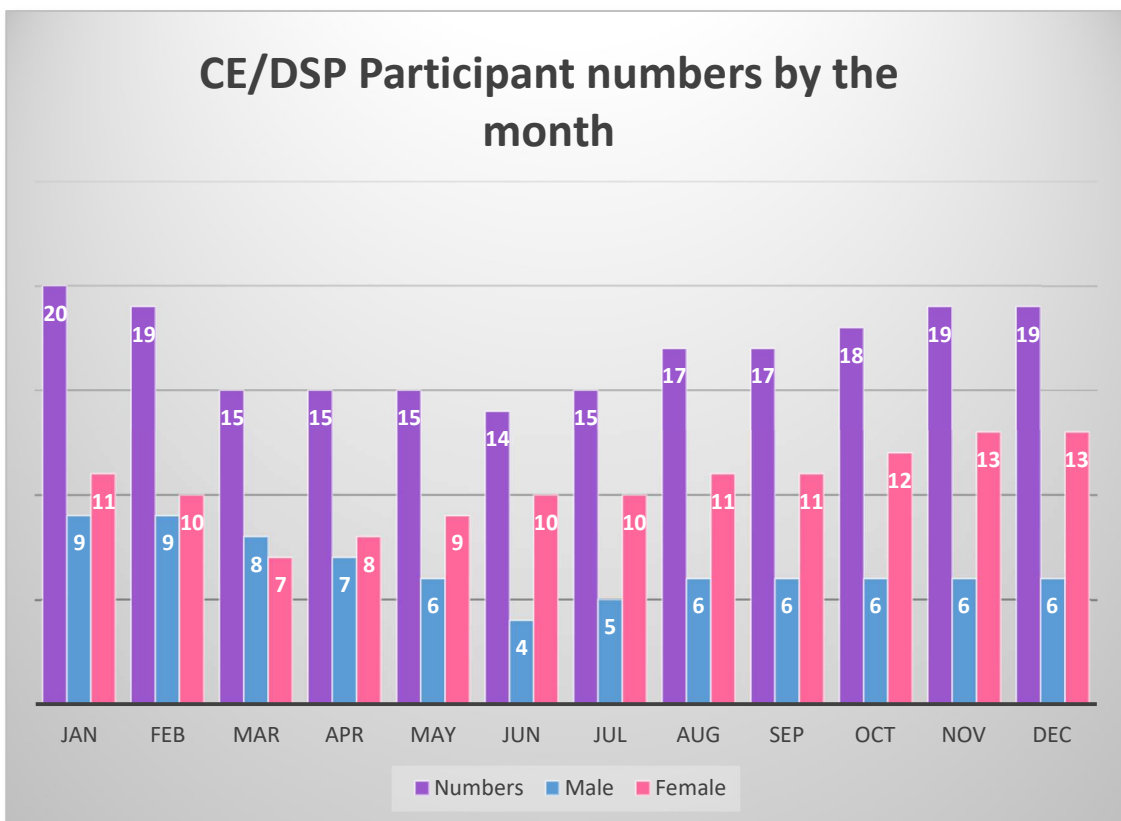
Tallaght Rehabilitation Project knows that placements for college students studying social care and other related courses is vital and have always supported this, in 2023 we facilitated five students, a student from Carlow College studying Professional Social care. A student from the liberties college studying addiction studies, a student from Inchicore College studying Psychology, a student from An Cosan studying Community and Addiction Studies and one student from Celbridge Community School on a transition year placement.

Volunteers are especially important to our organisation, during 2023 we were lucky enough to have approximately three volunteers working in areas such as reception, therapeutic, and holistic therapists.

I would also like to thank all our funders and sponsors who engaged with TRP in 2023. We look forward to collaborating with you all again in the future.

Thank you.

Evelyn McCall



Activity	Men	Women	Total
Accessed Individual Learner Programme with Community Employment Supervisor	17	25	42
Remained on the Programme	6	13	19
Completed the Programme	7	5	12
Engaged in Step Up Programme	4	2	6
Progressed to Employment	4	3	7
Participated in Group Training	14	23	37
Participated in Individual Training	6	4	10
Participated in Voluntary Work Experience	1	2	3
Accessed Financial Supports	6	5	11

A monthly breakdown of the number of participants on the programme.

JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
20	19	15	15	15	14	15	17	17	18	19	19



All the participants and Seamus Massey (left) at the 2023 awards

Programme participant 2023 - Roarke

“From the moment I started my induction at TRP I was made feel very welcome from all the staff and participants on the program which helped me settle in very quickly and got a great understanding of the program which helped me work on myself from the get-go.

The day of the civic was something I will cherish forever, it’s a whole day full of mix emotions with most of our loved ones coming to see us on a stage in front of 400 people, drug, and alcohol free. Having the opportunity to bring my mother and my best friend to come and see me on stage was huge for my recovery.

The residential is always talked about to be very daunting yet the most powerful event that happens within the program up in TRP. We were constantly re-assured to trust the process. We as a group were so much closer and very supportive to one another. It was truly amazing, the fun, connection and sense of belonging was like no other, it felt like home. The staff went above and beyond to make our process there to be one to remember and in the same breath helped us hugely on a therapeutic level. This was hands down the most rewarding segment in the program for me so far.

Recovery month was lovely to be a part of and having the day to spread the word about recovery and reduce the stigma. We did the Recovery Walk to Macuilliam and had food stalls which was great fun seeing everyone out on a day nice and all wearing ‘recovery is possible’ tops, trying to spread recovery is a positive way.

I had the privilege to dress up as Santa for the annual Christmas Day. I will cherish that so much; it was a wonderful experience. I am so glad I put myself forward for that role.

I like the after service as there is a variety of fun, relaxation, and insight into all areas of recovery.

Overall, Tallaght Rehabilitation Project has helped me more than I could ever have imagined, from the key working, workshops, social settings, process groups, our written weekend planners/reviews. I have a much better understanding of myself and what I want in my life moving forward.”

Cannabis – Conversations through drama – Peter and Ruth putting on the Cannabis play.



The Horticulture project 2023.



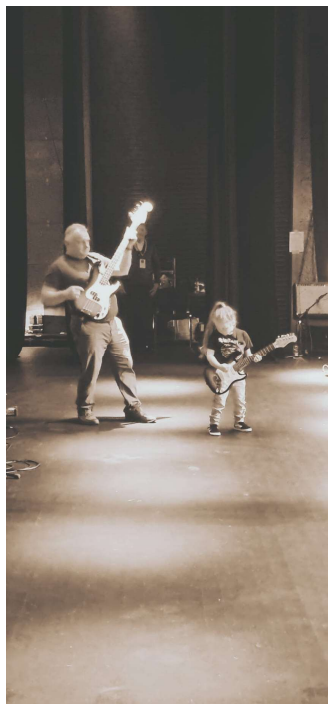
TRP Family fun day and Connecting Community's Through Cycling event.



TRP Box Smart Initiative 2023



TRP A Celebration of recovery through drama 2023.



TRP Residential to Ovoca house in Wicklow 2023.



Christmas at TRP 2023.



The staff proudly presented with their ASIST training certificates.



The staff proudly presented with their Safe Talk training certificates.





Tallaght Rehabilitation Project CLG would like to Acknowledge and thank the following for their support throughout 2023 and without whom Tallaght Rehabilitation Project would not thrive and grow.

- The TRP Voluntary Board of Directors
- The Irish Government
- The Health Services Executive
- The Department of Social Protection
- Tallaght Drugs and Alcohol Task Force
- TRP Volunteers
- South Dublin County Council
- South Dublin County Partnership
- The Civic Theatre Tallaght
- Tallaght University
- Courts Poor Box from Tallaght District Court
- Killinarden Angling Initiative
- Our colleagues in other front line community services

Tallaght Rehabilitation Project CLG would also like to acknowledge and thank the following friends of TRP in the corporate sector and the local area who donated to the TRP Events in 2023

- Domino's Pizza – for their generous support.
- *Cinelli's Takeaway Brookfield* – for their generous support.
- The Storehouse Project
- Amazon Ireland