

Drug & Alcohol Services

North County Dublin



NORTH DUBLIN
Regional Drug & Alcohol Task Force



Feidhmeannacht na Seirbhíse Sláinte
Health Service Executive



North Dublin Community Care Service

SÁMH
YOUTH COUNSELLING
(NORTH DUBLIN)


**2020 North Dublin
Alcohol & Drug
Service Directory**

COOLMINE
OVERCOMING ADDICTION, SUPPORTING RECOVERY

cross care

Fingal Families





This directory of services is brought to you by the
North Dublin Addiction Continuum Network
and will be updated regularly.

Please contact brid@dublinrdtf.ie
if you wish to include or amend details
for the next revision.

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CATCHMENT AREAS:

The towns covered in North County Dublin include:



- Swords**
- Malahide**
- Portmarnock**
- Balbriggan**
- Skerries**
- Donabate/Portrane**
- Lusk**
- Rush**
- Oldtown**
- Naul**
- Ballyboughal**
- Garristown**
- St Margarets**
- Balrothery**
- Balscadden**
- Kilsallaghan**
- Kinsealy**
- Cloghran**

*The towns in pale orange are covered by North Dublin Regional Drug Task Force
 **The areas in grey are where there is a Local Drug Task Force with local services

Since early 2020 many services can be offered remotely by e-platform and will continue to provide this option. Please check with each service if this suits your needs better

For more details on services in your area please contact your relevant Task Force:

Drug and Alcohol Task Force	Contact Details
North Dublin Regional Drug and Alcohol Task Force	01 2233493
Ballymun Local Drug and Alcohol Task Force	01 8832142
Blanchardstown Local Drug and Alcohol Task Force	01 8249590
Dublin North East Local Drugs and Alcohol Task Force	01 8465070
Finglas Cabra Local Drug and Alcohol Task force	01 8307440
North Inner City Local Drug and Alcohol Task Force	01 8366592

NTH DUBLIN COMMUNITY CARE SERVICE (RDATAF)

Phone No: 01 813 1786
Email: info@ndublincare.ie
Website: www.ndublinrdtf.ie

SERVICES DESIGNED FOR:

- Individuals over 18
- Living in the North County Dublin area
- Experiencing problems and looking for support related to their own drug and/or alcohol use.

CONTACT PERSON FOR REFERRALS:

Contact any member of the team.

REFERRAL INFORMATION (WHAT IS THE PROCESS):

Referrals are via the referral form (can be completed over the phone if required)
Self-referrals, referrals from family members, referrals from other professionals are accepted. Consent to contact required for all referrals.

CONDITIONS OF ACCEPTANCE:

- Aged 18 or over.
- Living in North Dublin RDATAF's area
- Motivated and wish to make changes in relation to their drug and/or alcohol use.
- Willing and have ability to engage in structured goal orientated service.

DESCRIPTION OF SERVICE:

It is a free & confidential community-based support service in North County Dublin for people experiencing problems with drugs/alcohol. The service's philosophy is based on holistic needs of service users. The CCS provides structured, individualised and goal/task orientated evidence-based drug & alcohol interventions.

The CCS provides support through an integrated care model so that all services working with the person join together in a unified response.

AIMS OF PROJECT:

To provide a community based support for adults wishing to address their drug and/or alcohol use.

SERVICES/PROGRAMS PROVIDED:

- Formal assessment of needs in relation to substance use
- One to One key working & Development of structured care plan.
- Addiction Counselling
- Brief intervention including harm reduction & risk management strategies.
- Case management where appropriate.
- Group work (eg: SMART Recovery, Relapse Prevention) Holistic therapies.
- Inter-agency referrals & ongoing shared care where complex needs are identified.



DRUGS (DO YOU SUPPORT PEOPLE WITH ALL ADDICTIONS):

Support in relation to any substance use including alcohol

MENTAL HEALTH SUPPORTS PROVIDED BY SERVICE:

Support to access appropriate supports.

TREATMENT/INTERVENTION MODEL(S):

Interagency shared care, key working & Case Management. Evidence-based approaches (CBT, MI, CRA, harm reduction, Brief interventions, SMART recovery, Mindfulness based relapse prevention).

OPENING TIMES AND LOCATIONS:

Mon-Fri 9am-5pm usually with some evening groups and sessions available

LENGTH OF TREATMENT (IF APPLICABLE):

Time limited structured interventions.

PAYMENT:

All services are free of charge to the public

This service is provided by the North Dublin Regional Drug & Alcohol Task Force

STAFFING IN SERVICE (NAME AND POSITION IF POSSIBLE):

Barbara O'Neill (Client service Manager). Case Workers: Catherine Meleady, Aine McDonough, Lar Murphy, Garret Redmond. Addiction Counsellor: Peter Brazel. Administrators: Karen Reid, Stephen Boland

CAPACITY OF SERVICE:

95 approx.

CURRENT WAITING TIME



SOCIAL INCLUSION CASE WORKER (COOLMINE)

Address: Coolmine Head Office, Unit 7 Ringwood Centre, Damastown, Mulhuddart, D.15.
Phone No: 087 366 1499 (project is mobile and based on need).
Email: seamusokane@coolminetc.ie

SERVICES DESIGNED FOR:

People aged 18+ who are members of the Traveller Community who are struggling with alcohol or other substances, in the (North Dublin/Fingal) area.

CONTACT PERSON FOR REFERRALS:

Seamus O'Kane (Shay)

REFERRAL INFORMATION (WHAT IS THE PROCESS):

Phone 087 366 1499

CONDITIONS OF ACCEPTANCE:

Very open service as long as the client is a member of the target group outlined above.

DESCRIPTION OF SERVICE:

- One to one assessment, key working , care planning
- Addiction stabilisation/recovery.
- One to one support, onward referrals, integrated case management using a 'whole of life' approach to stabilisation/recovery including housing, education, family relationships.

AIMS OF PROJECT:

To provide flexible one to one addiction support for the target group. In addition, to actively facilitate a pathway into mainstream services (not exclusively addiction services) for clients of the target group.

SERVICES/PROGRAMS PROVIDED:

See above.

DRUGS (DO YOU SUPPORT PEOPLE WITH ALL ADDICTIONS):

Alcohol, drug use and addictive behaviours such as gambling.

MENTAL HEALTH SUPPORTS PROVIDED BY SERVICE:

The service is open to clients with mental health needs and will elicit support from qualified agencies in this regard.

TREATMENT/INTERVENTION MODEL(S):

Brief Intervention, Community Reinforcement Approach, Motivational Interviewing.



OPENING TIMES AND LOCATIONS:

Monday to Friday. Outreach Worker is flexible but hours are normally 9am to 5pm.

LENGTH OF TREATMENT (IF APPLICABLE):

n/a

PAYMENT:

All services are free of charge.

This service is funded by the North Dublin Regional Drug & Alcohol Task Force

STAFFING IN SERVICE (NAME AND POSITION IF POSSIBLE):

Seamas O’Kane, Social inclusion Case Worker

CAPACITY OF SERVICE:

Not limited presently.

CURRENT WAITING TIME:

No waiting list.



DRUG & ALCOHOL PROGRAMME ADULTS (CROSSCARE)

Address: Red House, Clonliffe Road, Drumcondra, Dublin 9
Phone No: (01) 836 0911 ext 201
Email: gkelly@crosscare.ie or susan@crosscare.ie
Website: www.crosscare.ie

SERVICES DESIGNED FOR:

Over 18, male and females from all North County Dublin.

CONTACT PERSON FOR REFERRALS:

Susan O'Neill

REFERRAL INFORMATION (WHAT IS THE PROCESS):

Self or agency referrals: Individuals then given an initial assessment appointment.

CONDITIONS OF ACCEPTANCE:

- Individuals with severe mental health difficulties signposted to mental health services.
- Individuals must be able to engage in appointments so if turning up while affected or on heavy meds then referral may not be appropriate.

DESCRIPTION OF SERVICE:

Counselling for people with substance misuse or addiction or a family members substance misuse or addiction. Up to six sessions usually provided but a potential for a further six sessions.

AIMS OF PROJECT:

Crosscare Drug and Alcohol Programme (DAP) aims to inform and support those directly or indirectly affected by addiction, to make informed choices and access relevant support and treatment.

SERVICES/PROGRAMS PROVIDED:

One to one counselling sessions.

DRUGS (DO YOU SUPPORT PEOPLE WITH ALL ADDICTIONS):

Yes all addictions supported including gambling.

MENTAL HEALTH SUPPORTS PROVIDED BY SERVICE:

Onward referrals to mental health services.

TREATMENT/INTERVENTION MODEL(S):

Short-term solution focused work.



OPENING TIMES AND LOCATIONS:

Balbriggan (Wed) // Drumcondra (Mon-Fri).

LENGTH OF TREATMENT (IF APPLICABLE):

Usually 6 sessions but potential to offer up to 18

PAYMENT:

All services are free of charge.

STAFFING IN SERVICE (NAME AND POSITION IF POSSIBLE):

Gerard Kelly Manager
Volunteers x 14 (post accreditation)

CAPACITY OF SERVICE:

700 counselling hours per annum.

CURRENT WAITING TIME (AS OF MARCH 2019):

3 weeks.



SWORDS YOUTH SUIT (Substance Use Inclusion Team) Crosscare DAP

Address: Crosscare Swords Youth Service, 17 The Rear Main Street,
Swords, Co. Dublin.
Phone No: 01 840 5100
Fax: 01 890 3879
Email: pclarke@crosscare.ie or uscully@crosscare.ie
Website: www.crosscare.ie/index.php/drug-alcohol-counselling

SERVICES DESIGNED FOR:

12-25 year olds of all genders who live in North Fingal.

CONTACT PERSON(S) FOR REFERRALS:

Una Scully Substance Misuse Counsellor (086 0142077)
Paddy Clarke Youth Case Worker (086 7802399)

REFERRAL INFORMATION (WHAT IS THE PROCESS):

A client may refer themselves individually. Clients may be referred from external services, by family members or via Crosscare itself. Once referred clients engage in an assessment where it is deemed if they are suitable for any of our services.

CONDITIONS OF ACCEPTANCE:

Any young person aged 12-24 living in North Fingal who is experiencing issues with drugs and/or alcohol.

AIMS OF PROJECT:

Crosscare Drug and Alcohol Programme (DAP) aims to inform and support Young People affected by substance use, to make informed choices, reduce harm, access evidence based treatment and rehabilitation supports

SERVICES OFFERED:

- Screening and assessment for substance use
- ACRA (Adolescent Community Reinforcement Approach)
- Young Persons' Support Programme
- Strong Programme
- Youth Substance use Counselling
- Case management, key working and care planning
- Information and advice.

DRUGS (DO YOU SUPPORT PEOPLE WITH ALL ADDICTIONS):

Yes

MENTAL HEALTH SUPPORTS PROVIDED BY SERVICE:

Assessments are conducted, if a young person requires mental health support we can link them in with our counsellors or refer to appropriate services.



TREATMENT/INTERVENTION MODEL(S):

We use evidence based approaches and logic model programmes to support young people in relation to substance use.

OPENING TIMES AND LOCATIONS:

Monday-Friday, 9am-5pm. Swords Youth Service. Programmes can also be delivered off site on request and with approval.

LENGTH OF TREATMENT (IF APPLICABLE):

No time limit for Youth Addiction Worker. Counselling is for Initial 6 weeks (one session per week, reviewed at 6 weeks). If referred to a specific programme this will vary.

PAYMENT:

All services are free of charge to the public
This service is funded by the North Dublin Regional Drug & Alcohol Task Force

STAFFING IN SERVICE (NAME AND POSITION IF POSSIBLE):

Gerard Kelly	Manager
Susan O'Neill	Counselling Coordinator
Una Scully	Youth Substance Misuse Counsellor
Paddy Clarke	Youth Case Worker

CAPACITY OF SERVICE:

Open ended.

CURRENT WAITING TIME (AS OF MARCH 2019):

1 week



BALBRIGGAN YOUTH SUIT (Substance Use Inclusion Team) Crosscare DAP

Address: Linen Court, Harbour Mill, Mill Street, Balbriggan, Co Dublin
 Phone No: See contact person for referrals
 Fax: N/A
 Email: melissa @Crosscare.ie
 gillian @Crosscare.ie
 Website: www.crosscare.ie

SERVICES DESIGNED FOR:

Young people up to the age of 25 experiencing problematic substance use.
 Catchment areas include Balbriggan, Skerries, Rush, Lusk, Garristown & Naul.

CONTACT PERSON FOR REFERRALS:

Gillian Lee (Case Worker) 086 8859102
 Melissa McKenna (Youth Substance Use Counsellor) 086 8859098

REFERRAL INFORMATION (WHAT IS THE PROCESS):

Complete referral form, staff will contact referee or parent depending who is on referral form.

CONDITIONS OF ACCEPTANCE:

Young people must be living in the catchment area and need support with substance use.

DESCRIPTION OF SERVICE (WHAT ISSUES DO YOU SUPPORT):

Its provides drug and alcohol support service targeted at young people aged 12-24 who are experiencing problems with their substance use

AIMS OF PROJECT:

The primary aim is to provide a support service for young people experiencing problematic substance misuse.

SERVICES/PROGRAMS PROVIDED:

Screening, Assessment, Addiction Counselling, One to One support (ACRA, MI etc.), evidence-based programmes, key working, care planning & case management

DRUGS (DO YOU SUPPORT PEOPLE WITH ALL ADDICTIONS):

Yes.

MENTAL HEALTH SUPPORTS PROVIDED BY SERVICE:

Support young people through their individual's sessions and support to ongoing appropriate services.

TREATMENT/INTERVENTION MODEL(S):

Screening (AUDIT, DUDIT, CUDIT), ACRA, MI, Brief Intervention programme, 5 step, young people support programme and SMART



OPENING TIMES AND LOCATIONS:

Monday to Friday 10am – 9pm

LENGTH OF TREATMENT (IF APPLICABLE):

N/A

PAYMENT:

All services are free of charge to the public

This service is funded by the North Dublin Regional Drug & Alcohol Task Force

STAFFING IN SERVICE (NAME AND POSITION IF POSSIBLE):

Gilian Lee	Youth Case Worker
Melissa Mckenna	Youth Substance Misuse Counsellor
Gerry Kelly	Manager

CAPACITY OF SERVICE:

Approximately 60 young people

CURRENT WAITING TIME (AS OF AUGUST 2019):

None



HSE ADDICTION SERVICE COUNSELLING (NTH COUNTY DUBLIN)

Address: Primary Health Care Centre, Balbriggan
Phone: 086 854 3755
Email: caroline.quinn1@hse.ie

SERVICES DESIGNED FOR:

The services of the counselling discipline are available to all adult service users. However a service user's motivation and capacity to engage in this treatment modality may fluctuate with time and circumstances.

CONTACT PERSON FOR REFERRALS:

Caroline Quinn.

REFERRAL INFORMATION:

Professionals in other HSE, State or community agencies can refer a service user to counselling as follows:

- By completion of counselling referral form.
- By writing a clinical summary stating reasons for referral & purpose of counselling.

SERVICE USER CAN SELF REFER AS FOLLOWS:

- By completion of counselling referral form/talking directly to counsellor.

CONDITIONS OF ACCEPTANCE:

Individuals must be able to engage in appointments so if turning up while affected or on heavy meds then referral may not be appropriate.

CRITERIA TO BE CONSIDERED BY REFERRAL AGENTS ARE:

- Evidence of current or previous primary opiate/opioid/cocaine addiction associated or not with: Secondary polydrug abuse in combination with opiate/opioid /cocaine, diagnosis of viral illness, mental illness, confirmed pregnancy, behavioural or personality disorder, bereavement issues, sexual abuse history.
- Service User currently in recovery (history of primary opiate/opioid/cocaine addiction or poly drug abuse combinations) requiring relapse prevention or recovery maintenance therapy.
- Willingness to engage with a multidisciplinary contract for addiction treatment (availing of urinalysis when necessary, attending for appointments, managing behaviour, etc.), of which counselling therapy is a part.

DESCRIPTION OF SERVICE:

HSE Addiction Counselling offers one to one counselling, group work, systemic family therapy and couple therapy. The counsellor provides a therapeutic relationship, which respects the service user values, personal resources and capacity for self-determination, towards effecting positive changes in his/her life appropriate to his/her individual needs.

AIMS OF PROJECT:



SERVICES PROVIDED:

One to one counselling, group work, systemic family therapy and couple therapy

DRUGS (DO YOU SUPPORT PEOPLE WITH ALL ADDICTIONS):

Opiate/opioid/cocaine addiction or poly drug use combinations are supported.

MENTAL HEALTH SUPPORTS PROVIDED BY SERVICE:

Support provided to people with an addiction and mental illness, behavioural or personality disorder, bereavement issues, sexual abuse history.

TREATMENT/INTERVENTION MODEL:

Humanistic and Integrative Psychotherapy, Systemic Family Therapy, Motivation Interview, Cognitive Behavioural Coping Skills, Management of Crisis Situations, Relapse prevention, Mindfulness and Psychodynamic Therapy.

OPENING TIMES AND LOCATIONS:

Balbriggan: Tuesday/Wednesday 9am-5pm
Swords: Thursday/Friday 9am-5pm

LENGTH OF TREATMENT (IF APPLICABLE):

n/a

PAYMENT:

All services are free of charge.

STAFFING:

Kathy O'Flaherty Senior Counsellor
Caroline Quinn Counsellor

CAPACITY OF SERVICE:

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CURRENT WAITING TIME

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HSE ADDICTION SERVICE SATELLITE CLINICS

Address: Swords Health Centre, Bridge Street, Swords, Co Dublin.
Donabate Health Centre, St Patricks Tce, Donabate, Co Dublin.
Phone No: 087 642 7548 (Aine) 086 605 7181 (John)
Fax: N/A
Email: N/A
Website: N/A

SERVICES DESIGNED FOR:

Clients who are assessed and deemed dependent on drugs.

CONTACT PERSON FOR REFERRALS:

Aine Hall or John Kelly.

REFERRAL INFORMATION:

Self-referrals and clients can attend at the times outlined below.

Swords: Tuesday and Thursday 5pm-615pm.

Donabate: Wednesday 5pm- 6 15pm.

Referrals taken from all Healthcare providers, Probation, Gardaí, Voluntary organisations.

CONDITIONS OF ACCEPTANCE:

- Comprehensive Assessment and deemed suitable by the clinical team (nurse/doctor)
- Over 18 years of age.
- Live in the catchment area
- 3 urine samples taken for full drug screen.

DESCRIPTION OF SERVICE:

- The HSE Addiction Services of Dublin North City & County aims to meet the needs of the community in relation to drug and alcohol addiction.
- We provide a range of interventions enabling you to progress through your treatment journey with a view to recovery.
- We seek to assist Service Users in enhancing the quality of their lives by providing a range of accessible, preventative, therapeutic and rehabilitative services, both in the community and in residential care settings.

AIMS OF PROJECT:

Our aim is to deliver the highest quality of care to help service users as they move through their treatment journey towards recovery.

We will be compassionate, professional, treat everyone equally and work with our service users to help them recover.

SERVICES PROVIDED:

- Methadone maintenance and detoxification.
- Suboxone treatment.
- Health education.
- Viral screen testing.



- Hep B vaccination.
- Hepatitis C education & referral to specialist services.
- Referral to Drug Liaison midwife for pregnant service users.

DRUGS (DO YOU SUPPORT PEOPLE WITH ALL ADDICTIONS):

All Drugs except alcohol.

MENTAL HEALTH SUPPORTS PROVIDED BY SERVICE:

Referral to addiction psychiatrist or community mental health services if required.

TREATMENT/INTERVENTION MODEL:

- Methadone Maintenance/Detoxification Treatment
- Suboxone Treatment.

OPENING TIMES AND LOCATIONS:

Swords: Tues and Thurs, 5pm to 6.15pm. Donabate: Wed, 5pm to 6.15pm.

LENGTH OF TREATMENT (IF APPLICABLE):

Not applicable.

PAYMENT:

All services are free of charge.

STAFFING:

Staffing can change. There are GPs, Nursing and General Assistants

CAPACITY OF SERVICE:

Not applicable

CURRENT WAITING TIME

HSE OUTREACH (NORTH COUNTY DUBLIN)

Address: "Beldale View" Drugs Treatment Centre, Old Belcamp Lane, Darndale, Dublin 17
Phone No: 086 605 7181
Email: john.kelly2@hse.ie

SERVICES DESIGNED FOR:

All drug and alcohol users of all ages residing in North County Dublin.

CONTACT PERSON FOR REFERRALS:

John Kelly

REFERRAL INFORMATION:

- Self-referral directly to John Kelly. Alternatively, referrals can come from:
- Peer and family
- GP
- Community
- Via the National helpline (1800 459 459)
- Referral from Community Drug Projects
- Garda referrals

CONDITIONS FOR REFERRAL:

Active drug use and/or alcohol misuse. Priority may be given depending on what people are using and how they are using it. Risky behaviour is prioritised.

DESCRIPTION OF SERVICE:

- Promote awareness of HIV/Drugs/Sexual Health through education, information and support to communities & individuals who are at risk/not currently in contact with services.
- Provide harm reduction / education service to drug users and the community and to encourage active drug users to engage with treatment services.
- Home visits and/or off site meetings can be arranged and appropriate onward referral made if required.

AIMS OF OUTREACH SERVICE:

- To provide harm reduction services to individuals by establishing and staffing harm reduction / health Promotion clinics incorporating needle exchange in local communities.
- Client advocacy.
- To provide information, education and community workshops on drug awareness, e.g. safer injecting techniques, and general health promotion.
- To provide referrals to services/agencies as appropriate.
- Community development

SERVICES/PROGRAMS PROVIDED:

- Health Promotion/Harm Reduction
- Needle exchange (referral to local services)
- Sexual health information
- Crisis intervention
- Home visits



- Contact tracing where necessary
- Educational programmes
- To follow up on clients whom have disengaged due to chaotic substance use

DRUGS (DO YOU SUPPORT PEOPLE WITH ALL ADDICTIONS):

Yes all drug addictions including alcohol

MENTAL HEALTH SUPPORTS PROVIDED BY SERVICE:

Referral to Counselling/Psychiatry services.

TREATMENT/INTERVENTION MODEL(S):

- Crisis intervention
- Motivational interviewing
- Brief interventions

OPENING TIMES AND LOCATIONS:

Monday to Friday 9.00am – 5.00pm.

LENGTH OF TREATMENT:

Dependent on service user's needs.

PAYMENT:

All services are free of charge.

STAFFING IN SERVICE (NAME AND POSITION IF POSSIBLE):

Caitriona Brady Manager
John Kelly Outreach Worker

CAPACITY OF SERVICE:

Not applicable.

CURRENT WAITING TIME (AS OF MARCH 2019):

None. Contact made within 3 working days.



SUBSTANCE ABUSE SERVICE SPECIFIC TO YOUTH (SASSY)

Address: Balbriggan Primary Care Centre
Phone No: 01 856 6837 (24 hour message service only)
Mobile: 087 3435826 (Anne marie Bourke)
Email: sassy@hse.ie

SERVICES DESIGNED FOR:

Male & Females, under 18 years, & living in North Dublin City and County.

CONTACT PERSON FOR REFERRALS:

Any member of SASSY team

REFERRAL INFORMATION:

A referral form is completed, and either emailed or posted.

CONDITIONS OF ACCEPTANCE:

- Under 18 years
- Living in North Dublin
- Problematic drug/alcohol use

DESCRIPTION OF SERVICE:

SASSY is a specialist service providing support to young people resident in North Dublin city or county whose drug/alcohol is having a negative impact on their daily lives.

AIMS OF PROJECT:

- 1) To encourage abstinence from drugs;
- 2) To promote reduction in drug use;
- 3) To encourage re-engagement in activities such as education etc.

SERVICES PROVIDED:

- One to one counselling
- Family Therapy
- Psychiatric Assessment

DRUGS (DO YOU SUPPORT PEOPLE WITH ALL ADDICTIONS?):

All drugs including alcohol. However, if a young person is using heroin an onward referral to an opiate substitution service may be appropriate.

MENTAL HEALTH SUPPORTS PROVIDED BY SERVICE?

Young people attend counselling sessions, and where required, psychiatric assessments can also be carried out.

TREATMENT/INTERVENTION MODEL:

Number of models used such as Motivational Interviewing, Psycho Education, Cognitive



Behavioural Therapy, Rational Emotive Behavioural Therapy, Adolescent Community Reinforcement Approach.

OPENING TIMES:

Monday to Friday 9am to 5pm

LENGTH OF TREATMENT (IF APPLICABLE):

Varies depending on the needs of the young person.

PAYMENT:

All services are free of charge.

STAFFING:

1 Consultant Psychiatrist.
4 Counsellors.

CAPACITY OF SERVICE:

n/a

APPROXIMATE WAITING TIME

2 weeks



FINGAL FAMILIES (RDATAF)

Address: 32/33 Main Street, Malahide, Co Dublin.
 Phone No: 086 793 5644
 Email: siobhan@ndublinrdtf.ie or katie@ndublinrdtf.ie
 Website: www.ndublinrdtf.ie

SERVICES DESIGNED FOR:

Family members and individuals concerned by another person's drug or alcohol use. Services range for all ages across the spectrum from under 18's to adults- age appropriate supports are provided. Services are provided across all of North County Dublin.

CONTACT PERSON FOR REFERRALS:

Siobhan Maher.

REFERRAL INFORMATION (WHAT IS THE PROCESS):

Referrals are accepted from individuals or agencies. If an agency is making a referral then it should come on the Family Support Referral Form.

CONDITIONS OF ACCEPTANCE:

The primary target group is individuals affected by drug or alcohol use in their relationships. An exception to this is the Triple P Parenting Program which is open to all parents/guardians of children between the ages of 2-12.

DESCRIPTION OF SERVICE:

Fingal Families is a free, confidential and non-judgemental service for all concerned by substance use in their relationships.

AIMS OF PROJECT:

- To reduce stress and strain for family members in North County Dublin affected by substance misuse.
- To link individuals into other supports services they may require.
- To strengthen the parent/child relationship (as a preventative measure) and to strengthen the family unit.

SERVICES/PROGRAMS PROVIDED:

Information on substance misuse/Brief Advice and Support/Assessment

Family members are listened to and given accurate information on drugs and alcohol use and their effects on the family. If family members would like to get more support, an assessment for a support plan is then carried out to ensure the most relevant and appropriate support are offered.

AFINET-UK 5 Step Method

5 Step Method is an evidence based intervention for family members living with substance misuse. This can be offered on a One to One basis or in a group setting.



Triple P Parenting Groups

An evidence based parenting program that doesn't tell you how to be a parent but gives you a toolkit of new skills and ideas.

STRONG Program

A programme using creative mediums to support children between the age of 7-11 years that are living with problematic drug or alcohol use in the home.

NSFN Young Person Support Program

A ten week activity based programme specifically designed to support 12-17 year olds living with a drug or alcohol using relative.

Under 18 Support and Counselling

Support and counselling for children under the age of 18 years. This is an adolescent friendly service with an aim to enable young people and their parents or carers to deal with difficulties within the context of the family.

Family Counselling

Counselling and support for individuals and families, including family mediation and couples therapy.

Peer Led Family Support Groups

These Peer led Groups bring together family members who are concerned by another person's drug or alcohol use, to talk through issues with others in the same situation and support each other.

Drug-related Intimidation Reporting Programme

This programme has been established by the Garda National Drug and Organised Crime Unit and the National Family Support Network specifically to respond to the needs of the drug user and family members who are experiencing drug related intimidation.

Substance Misuse Related Bereavement Support

Support for family members who have lost a loved one through drug or alcohol use or related causes.

Signposting/Referral to Other Services

Referrals can be made for family members that need further specialist support such as:

- Supporting the person using substances to access drug/alcohol treatment services.
- Non Violence Resistance Programme (support for parents experiencing child to parent violence).

TREATMENT/INTERVENTION MODEL(S):

Holistic approach utilising evidence informed approaches (such as MI, 5 Step, CRAFT, Brief Interventions, CBT, Triple P).

OPENING TIMES AND LOCATIONS:

calls can be taken during office hours and services are offered 5 days a week including evenings where appropriate. Most groups take place in evenings.





LENGTH OF TREATMENT (IF APPLICABLE):

Varies depending on the needs of the individual.

PAYMENT:

Free of charge to the public

This service is provided by the North Dublin Regional Drug & Alcohol Task Force

STAFFING IN SERVICE:

Siobhan Maher, Family Support Specialist,

Katie Murphy: Family Support Worker (part time)

Jenny McGovern (admin support).

CAPACITY OF SERVICE:

N/A

CURRENT WAITING TIME (AS OF MARCH 2019):

Aim to see people as quickly as possible. A short waiting time of 1-2 weeks may occur from time to time



SUPPORT -SERVICE USER & FAMILY MEMBER ENGAGEMENT PROJECT (RDATF)

Address: RDATF, 33-34 main Street, Malahide Co Dublin
 Phone No: 01 2233493 (24 hour message service only)
 Mobile: 086 0363881
 Email: joe@ndublinrdtf.ie

SERVICES DESIGNED FOR:

Users of substance use services and associated family support services in North County Dublin and across CHO-9 .

CONTACT PERSON FOR REFERRALS:

Joe Buckley (SUPPORT Coordinator) SUPPORT – Service Users Programme to Optimise Recovery & Treatment)

REFERRAL INFORMATION:

Please email or phone.

CONDITIONS OF ACCEPTANCE:

- Using a substance use service
- using a family support service which focusses on familial drug/alcohol use
- Living in North Dublin

DESCRIPTION OF SERVICE:

This is a service provided by the North Dublin Regional DATF specifically to ensure that users of substance use services and family support services have their voices heard in the shaping, planning and delivery of the services aimed to support them. its primary focus is to provide a forum for meaningful participation of service users in their own care

AIMS OF PROJECT:

- 1) To provide a forum for users of substance use services to have a say in the delivery of the services set up to support them
- 2) To provide a forum for users of family support services who have been impacted by familial substance use to have a say in the services that support them and their family members
- 3) To promote active service user engagement in the planning, delivery and evaluation of services

SERVICES PROVIDED:

- One to one information
- Support to services with establishing service user engagement
- Support to service user representatives from services
- Surveys, consultations and other mechanisms to illicit service users and family members feedback in relation to substance use services

DRUGS (DO YOU SUPPORT PEOPLE WITH ALL ADDICTIONS?):

All drugs including alcohol..



MENTAL HEALTH SUPPORTS PROVIDED BY SERVICE?

No this service is an engagement service however, information can be provided on how to access supports if requests are received

TREATMENT/INTERVENTION MODEL:

Co production, active participation, community development, advocacy .

OPENING TIMES:

Monday to Friday 9am to 5pm – evening meetings are accomodated

LENGTH OF TREATMENT (IF APPLICABLE):

This is not a treatment programme

PAYMENT:

All services are free of charge.

STAFFING:

1 x SUPPORT coordinator – the work is also supported by Service user representatives in each of the services who are peer facilitators.

CAPACITY OF SERVICE:

n/a

APPROXIMATE WAITING TIME

none

Acknowledgements

This directory would not be possible without the input and participation of the members of the North Dublin Addiction Continuum Network. It is important to acknowledge all of the staff in our partner services for the important supports they provide across North County Dublin. The interventions they provide have a lasting and meaningful impact on young people, adults and families who are impacted by alcohol and/or drug use in our communities

If you would like more information about this directory or the Task Force, please contact the North Dublin Regional Drug & Alcohol Task Force at 01-2233493 or brid@ndublinrdtf.ie

For other information about services please call the HSE confidential freephone helpline on 1800 459 459 from Monday to Friday between 9:30 am and 5:30 pm or Email at any time on helpline@hse.ie

If you or anyone you know who lives in North County Dublin and would like to get involved or support our SÁMH groups (Substance Abuse and Mental Health) groups please contact us in the office at 01-2233493. SAMHS are community based partnerships aimed at supporting local communities with information, advice, signposting and health promotion in relation to substance use and mental health.

Community support provided by Task Force



SÁMH
(SUBSTANCE ABUSE &
MENTAL HEALTH) GROUPS

Capacity building, information,
signposting, community engagement,
Planet Youth Programme,
health promotion
Community engagement
01-2233493
brid@ndublinrdtf.ie

Membership of the North Dublin Addiction Continuum Network

- **Chair of group: Brid Walsh, Regional DATF Coordinator, North Dublin**
- **HSE Counselling in the Addiction Service (Kathy O’Flaherty, Senior Counsellor & Caroline Quinn, Counsellor),**
- **HSE Addiction Nursing (Aine Hall, Assistant Director of Nursing),**
- **HSE Addiction Outreach (Caitriona Brady, Senior Outreach Worker & John Kelly: Outreach Worker)**
- **HSE Clinics (Dr Hugh Gallagher, GP Coordinator)**
- **Coolmine TC (Javier De las Heras, Day Services Manager)**
- **Crosscare (Gerry Kelly, Drug & Alcohol Programme Manager)**
- **North Dublin RDATE Frontline Services (Barbara O’Neill, Client Service Coordinator, Community Care Service,)**
- **North Dublin RDATE Families (Siobhan Maher, Family Support Specialist, Fingal Families)**
- **HSE SASSY- specialist substance use counselling for young people (Stefano Donati: Senior Counsellor and Anne Marie Bourke, Counsellor)**
- **Probation Service (James Kelly, Senior Probation Officer, Nth Dublin)**
- **Service user Engagement: Joe Buckley; SUPPORT Coordinator**
- **HSE Social Inclusion Management team: Brian Kirwan**

Frontline staff of each of the agencies may be invited from time to time to share their experience and new members are always welcome subject to ratification by the Network



NOTES

A series of horizontal dotted lines for taking notes.



The North Dublin Regional Drug & Alcohol Task Force operates an inclusive and partnership approach to working within the communities of North County Dublin to reduce the harm caused by alcohol and other drugs to adults, children, families and the wider community.



NORTH DUBLIN
Regional Drug & Alcohol Task Force



North Dublin Regional Drug & Alcohol Task Force
(Registered charity no 20204652)

Administrative base: **33-34 Main Street, Malahide, Co Dublin, K36 EE72**
Contact: **brid@ndublinrdtf.ie** • Web: **www.ndublinrdtf.ie**