Directory of Training Courses in Drug Misuse

Department of Tourism, Sport and Recreation
Directory of Training Courses in Drug Misuse

Department of Tourism, Sport and Recreation
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Introduction
INTRODUCTION

This Directory is one of the outcomes of a research project carried out on behalf of the Department of Tourism, Recreation and Sport, for the Assessment Committee of the Young People's Facilities and Services Fund and the National Drugs Strategy Team. The purpose of the project was to identify the current range of training courses available in the area of drug misuse, to indicate gaps and deficiencies in this provision and to explore the scope and potential for expanding and improving the provision to more effectively meet the needs identified.

The research was commissioned in the context of a very significant increase in the resources allocated by the Government to respond to the drug problem in Ireland. These measures include £10 million allocated under the National Drugs Initiative to support over two hundred community-based projects in the Local Drugs Task Force areas, and £35 million allocated to a wide range of local and national projects and programmes through the Young People's Facilities and Services Fund.

One of the immediate consequences of this increase in resources has been to increase the number of workers employed in the field of drug misuse, and other areas of work including youth work, which are closely associated with drugs work. This development has in turn stimulated the demand for training in drug misuse, and particularly for good quality, accredited training. Another consequence is that there now
exists the possibility of providing much more extensive training for groups such as parents, volunteers and community activists who are involved in local responses to the drug problem.

The Directory aims to provide information about the current availability of training in drug misuse, to the growing number of individuals and agencies interested in developing their skills and capacity in this field. It is intended to facilitate anyone wishing to access training in this area, either for themselves or for any individuals or groups with whom they are working. It lists a wide range of courses and provides basic details about these courses.

The information on each course is based primarily on the responses to a questionnaire sent to groups involved in providing training in drug misuse. In some cases information was obtained from publications and/or from interviews with the course organisers. Some training courses are offered by more than one organisation, or by the same organisation in a number of different locations. Where this is the case, the agency responsible for its development is generally listed as the main course provider.
There is a wide variety of training available, ranging from single sessions to courses lasting between one and three years. Obviously the depth of coverage of the issues varies considerably, according to the length of the course and the level at which it is aimed. There are also variations in the training methods and in the underlying principles and approaches to issues in drug misuse. The problem of drug misuse provokes different feelings, attitudes and beliefs, and these are reflected to some extent in the training courses listed here. Some courses provide a broad coverage of a variety of viewpoints, while others are clearly based in the context of a particular perspective.

Different courses are aimed at different target groups. Some courses are open to anyone in the community who is interested in the issue; others are aimed at those whose work brings them into contact with drug-related issues; and some are aimed at specific professional groups. The majority of the courses listed here do not stipulate formal educational attainments as entry requirements, although a number of the more advanced courses do require participants to have some previous knowledge and understanding of the issues.

While there is a wide range of courses available, not all of these are available throughout the country. In general, the Dublin area is best provided for, while the range of training available elsewhere is more limited, although there are indications that this is beginning to change. As illicit drug
misuse becomes more prevalent in areas outside Dublin, there will be an increasing need to provide access to training in drug misuse on a national basis.

The courses listed in the directory are organised into six categories, reflecting, as far as possible, their relevance to particular purposes. The categories also distinguish courses by duration: short courses are those of twenty hours duration or less; longer courses are over twenty hours. Within each category, courses are listed in alphabetical order, by the course title. The following categories are used:

A. Short courses aimed at providing basic information and/or raising awareness of drug misuse among a general target group.

B. Short courses aimed at providing information, raising awareness and developing skills among those whose paid or voluntary work brings them into contact with drug misuse.

C. Longer courses aimed at providing information, raising awareness and developing skills among those whose paid or voluntary work brings them into contact with drug misuse.

D. Courses leading to professional qualifications in the field of drug misuse.

E. In-service training for professionals and other vocational groups working in the field of drug misuse or related areas.

F. Courses in drug misuse aimed at young people.
It is intended that the categorisation of courses outlined above will be of assistance to users of the Directory in identifying courses, which may be appropriate to their needs. Those wishing to access training in this field for themselves or on behalf of others should, however, contact the course providers to assure themselves of the relevance of any course to their particular needs. It should also be noted, that in some cases the agencies listed may be able to develop training programmes, which are tailored to the specific needs of particular groups.

Where it is clear from the information provided, that a specific course has a particular application, or has particular limitations, this is indicated. The Directory does not aim, however, to assess the quality or relevance of any of the courses listed. Neither the inclusion nor the omission of any course, or any details of any course, should be taken as indicative of any view or opinion of that course held by the National Drugs Strategy Team, the Department of Tourism, Recreation and Sport or any other agency.

The information included in this Directory was gathered over a very short period of time. Inevitably some agencies providing training in drug misuse were overlooked, while others were unable to respond within the time-scale requested. The rapid development of provision within this field also means that new courses are continually being developed. It is therefore hoped
to update this Directory on a regular basis, and to include
details of any courses omitted or any new courses developed,
as information becomes available.

If you are unable to find a course to meet your needs listed
here, there are a number of useful sources which may be able
to help you. These include Health Boards, Local Drug Task
Forces and local or regional youth services. A list of contact
addresses and phone numbers for these agencies is included
as an appendix.
INDEX OF COURSES INCLUDED IN THE DIRECTORY

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<th>Course Title</th>
<th>Course Provider</th>
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</thead>
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<td>A1</td>
<td>Alcohol and Drug Abuse Awareness</td>
<td>Co. Monaghan VEC</td>
</tr>
<tr>
<td>A2</td>
<td>Alcohol and Drug Awareness Seminars</td>
<td>Monaghan Youth Federation</td>
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<tr>
<td>A3</td>
<td>Drugs and Addiction</td>
<td>Co. Offaly VEC</td>
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<tr>
<td>A4</td>
<td>Drug Education Awareness Programme</td>
<td>Tipperary Regional Youth Service</td>
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<tr>
<td>A5</td>
<td>Drug Awareness &amp; Education Programme</td>
<td>Midland Health Board Programme</td>
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<td>A6</td>
<td>Parenting for Prevention</td>
<td>Community Awareness of Drugs</td>
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<td>A7</td>
<td>Parent to Parent</td>
<td>Parent to Parent Programme</td>
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<tr>
<td>A8</td>
<td>Residential Training Weekend</td>
<td>Community Awareness of Drugs</td>
</tr>
<tr>
<td>B1</td>
<td>Adventure in the City</td>
<td>Drugs Awareness Programme Crosscare</td>
</tr>
<tr>
<td>B2</td>
<td>Basic Drug Awareness Course</td>
<td>City of Dublin Youth Service Board</td>
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<td>B3</td>
<td>Copping On</td>
<td>Copping On – National Crime Awareness Initiative</td>
</tr>
<tr>
<td>Course Number</td>
<td>Course Title</td>
<td>Course Provider</td>
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<td>---------------</td>
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<td>------------------------------------------------------</td>
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<tr>
<td>B4</td>
<td>Developing a Comprehensive Drugs Strategy for Youth Work Settings</td>
<td>National Youth Health Programme</td>
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<td>B5</td>
<td>Drug Questions, Local Answers</td>
<td>Health Promotion Unit</td>
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<td>B6</td>
<td>Drug Awareness for Voluntary Leaders</td>
<td>Irish Girl Guides</td>
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<td>B7</td>
<td>Five Day Drug Awareness Course</td>
<td>Drug Awareness Programme Crosscare</td>
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<td>B8</td>
<td>Foundation Level Training in Drugs and Addiction Education</td>
<td>Merchant’s Quay Project Drugs/HIV Service</td>
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<td>B9</td>
<td>Leadership Training for Prevention of Drug Problems</td>
<td>Drug Awareness Programme Crosscare</td>
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<tr>
<td>B10</td>
<td>Working with Clients: Motivational Interviewing and Brief Counselling Skills</td>
<td>Merchants Quay Project Drugs/HIV Service</td>
</tr>
<tr>
<td>C1</td>
<td>Addiction Studies Certificate</td>
<td>National University of Ireland Maynooth</td>
</tr>
<tr>
<td>C2</td>
<td>Certificate in Addiction Studies</td>
<td>Co. Tipperary (SR) VEC</td>
</tr>
<tr>
<td>Course Number</td>
<td>Course Title</td>
<td>Course Provider</td>
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<td>------------------------------------------------</td>
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<tr>
<td>C3</td>
<td>Certificate Course in Community Leadership and Substance Misuse Awareness</td>
<td>The Crew Network</td>
</tr>
<tr>
<td>C4</td>
<td>Certificate in Addiction Studies</td>
<td>Addiction Training Institute</td>
</tr>
<tr>
<td>C5</td>
<td>Certificate in Drugs Counselling and Intervention Skills</td>
<td>Merchant’s Quay Project Drugs/ HIV Service</td>
</tr>
<tr>
<td>C6</td>
<td>Community Addiction Studies Course</td>
<td>Urrús/ Ballymun Youth Action Project</td>
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<tr>
<td>C7</td>
<td>DICE-Drugs Information &amp; Community Education</td>
<td>Project West &amp; Finglas South Community Devpt Projects</td>
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<tr>
<td>C8</td>
<td>Drugs Response &amp; the Traveller Community</td>
<td>Pavee Point Travellers Centre</td>
</tr>
<tr>
<td>C9</td>
<td>Further Training in Community Drugs Work</td>
<td>Urrús/ Ballymun Youth Action Project</td>
</tr>
<tr>
<td>C10</td>
<td>Learning Together, Working Together</td>
<td>The Talbot Centre</td>
</tr>
<tr>
<td>C11</td>
<td>Social &amp; Health Education Facilitation Training</td>
<td>Cork Social &amp; Health Education Project</td>
</tr>
<tr>
<td>Course Number</td>
<td>Course Title</td>
<td>Course Provider</td>
</tr>
<tr>
<td>---------------</td>
<td>--------------------------------------------------</td>
<td>------------------------------------------------------</td>
</tr>
<tr>
<td>C12</td>
<td>Substance Abuse</td>
<td>City of Dublin Youth Service Board</td>
</tr>
<tr>
<td>C13</td>
<td>Training for Community Drug Workers</td>
<td>Community Response</td>
</tr>
<tr>
<td>D1</td>
<td>Diploma in Addiction Studies</td>
<td>Trinity College</td>
</tr>
<tr>
<td>D2</td>
<td>MSc in Drug and Alcohol Policy</td>
<td>Trinity College</td>
</tr>
<tr>
<td>D3</td>
<td>National Diploma/Degree in Community Drug Prevention Studies</td>
<td>Waterford Institute of Technology</td>
</tr>
<tr>
<td>E1</td>
<td>Drug Education and Awareness for Pharmacists</td>
<td>Pharmaceutical Society of Ireland</td>
</tr>
<tr>
<td>E2</td>
<td>Garda Training</td>
<td>Garda Siochana</td>
</tr>
<tr>
<td>E3</td>
<td>Probation and Welfare Service Training</td>
<td>Probation &amp; Welfare Service Staff Development Unit</td>
</tr>
<tr>
<td>E4</td>
<td>Social, Personal and Health Education</td>
<td>Mary Immaculate College</td>
</tr>
</tbody>
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<tr>
<th>Course Number</th>
<th>Course Title</th>
<th>Course Provider</th>
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</thead>
<tbody>
<tr>
<td><strong>E5</strong></td>
<td>Substance Abuse Prevention Programme</td>
<td>Substance Abuse Prevention Prevention Project</td>
</tr>
<tr>
<td><strong>F1</strong></td>
<td>Peer Leadership Training</td>
<td>Drug Awareness Programme Crosscare</td>
</tr>
<tr>
<td><strong>F2</strong></td>
<td>Peer Education Drug Awareness Programme</td>
<td>Ossory Youth</td>
</tr>
<tr>
<td><strong>F3</strong></td>
<td>Peer Support Training Programme</td>
<td>Ana Liffey Drug Project</td>
</tr>
<tr>
<td><strong>F4</strong></td>
<td>Teen Community Addiction Studies Course</td>
<td>Urrús/ Ballymun Youth Action Project</td>
</tr>
</tbody>
</table>
Section A
Details of Training Courses

The sessions or short courses listed in this section are aimed at providing basic information and raising awareness of drugs and drug misuse among a general target group. They range from single session programmes to short courses of up to twenty hours duration. They are typically intended for broadly defined target groups such as local communities or parents. They may also serve as a general introduction to the issues for professional and voluntary workers, although this is not their primary purpose. Some of the programmes listed here may have originally been designed for young people, but if they also have a wider application they are included here.
<table>
<thead>
<tr>
<th><strong>Course Provider:</strong></th>
<th><strong>Co. Monaghan Vocational Education Committee</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>VEC Administration Centre</td>
</tr>
<tr>
<td></td>
<td>Market Street</td>
</tr>
<tr>
<td></td>
<td>Monaghan</td>
</tr>
<tr>
<td><strong>Contact Person:</strong></td>
<td>Fiona McGrath</td>
</tr>
<tr>
<td><strong>Contact Numbers:</strong></td>
<td>Phone: 047-30888  Fax: 047-30889</td>
</tr>
<tr>
<td><strong>E-mail:</strong></td>
<td>N/a</td>
</tr>
<tr>
<td><strong>Course Aims:</strong></td>
<td>To provide the knowledge and strategies necessary to prevent teenage alcohol and drug abuse.</td>
</tr>
<tr>
<td><strong>Course Objectives:</strong></td>
<td>As above</td>
</tr>
<tr>
<td><strong>Target Group:</strong></td>
<td>Parents, teachers, gardaí, youth workers or anyone dealing with young people.</td>
</tr>
<tr>
<td><strong>Entry Requirements:</strong></td>
<td>None</td>
</tr>
<tr>
<td><strong>Course Content:</strong></td>
<td>Basic introductory course</td>
</tr>
<tr>
<td><strong>Training Methods:</strong></td>
<td>Group discussion, student participation</td>
</tr>
<tr>
<td><strong>Assessment:</strong></td>
<td>N/a</td>
</tr>
<tr>
<td><strong>Qualification:</strong></td>
<td>N/a</td>
</tr>
<tr>
<td><strong>Duration of Course:</strong></td>
<td>Five two-hour sessions</td>
</tr>
<tr>
<td>-------------------------</td>
<td>------------------------</td>
</tr>
<tr>
<td><strong>Location of Course:</strong></td>
<td>Schools and colleges in various centres throughout Co. Monaghan</td>
</tr>
<tr>
<td><strong>Cost of Course:</strong></td>
<td>£20 (£10 for unemployed and OAPs)</td>
</tr>
<tr>
<td><strong>Selection Procedure:</strong></td>
<td>Open to all. Students apply through VEC Adult Education programme</td>
</tr>
<tr>
<td><strong>Application:</strong></td>
<td>Co. Monaghan VEC provides this drug awareness course as part of its adult education programme. It is a basic introduction to the subject for the general public.</td>
</tr>
</tbody>
</table>
Course Provider: Monaghan Youth Federation

Community Enterprise Centre
Castleblayney
Co. Monaghan

Regional Youth Service for Co. Monaghan

Contact Person: Anne-Marie Murphy

Contact Numbers: Phone: 042-974 9412   Fax: 042-974 6914

E-mail: N/a

Course Aims: To assess people’s perception of the impact of alcohol and drugs in the community and to develop a community response to the problem locally.

Course Objectives: To assess the level of information young people and adults in the community have regarding alcohol and drugs within their community.
To provide young people and adults with accurate information.
To devise a community response aimed at counteracting the drug and alcohol culture.

Target Group: Parents and young people

Entry Requirements: None
ALCOHOL AND DRUG AWARENESS SEMINARS

Course Content: Information on drugs and drug-related issues

Training Methods: Seminar format

Assessment: N/a

Qualification: N/a

Duration of Course: Four two-hour sessions

Location of Course: Youth and community centres throughout Co. Monaghan

Cost of Course: None

Selection Procedure: N/a

Application: This short course is intended to provide accurate factual information on drug and alcohol misuse, either directly to young people or to adults who need accurate information to pass on to young people.
DRUGS AND ADDICTION

Course Provider: Co. Offaly Vocational Education Committee

Adult Education Centre
Woodchester House
O’Connor Square
Tullamore
Co. Offaly

The Co. Offaly VEC provides programmes in adult and further education, adult literacy, IT training and parent education in Co. Offaly.

Contact Person: Mairead Wrynn

Adult Education Organiser

Contact Numbers: Phone: 0506-51392 Fax: 0506-41702

E-mail: N/a

Course Aims: Preventative provision of information and creation of awareness symptoms/ signs of usage by family members.

Course Objectives: As above

Target Group: Parents

Entry Requirements: None
<table>
<thead>
<tr>
<th>Course Content:</th>
<th>Description of drugs</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Description of signs of usage</td>
</tr>
<tr>
<td></td>
<td>Preventative actions</td>
</tr>
<tr>
<td>Training Methods:</td>
<td>Theory, demonstration and discussion</td>
</tr>
<tr>
<td>Assessment:</td>
<td>N/a</td>
</tr>
<tr>
<td>Qualification:</td>
<td>N/a</td>
</tr>
<tr>
<td>Duration of Course:</td>
<td>One two-hour session</td>
</tr>
<tr>
<td>Location of Course:</td>
<td>The course is provided at various locations in Co. Offaly. It is publicised locally and through schools and offered in response to requests by local community groups.</td>
</tr>
<tr>
<td>Cost of Course:</td>
<td>None</td>
</tr>
<tr>
<td>Selection Procedure:</td>
<td>Self-selection</td>
</tr>
<tr>
<td>Application:</td>
<td>Short introduction for parents as part of Community Education programme.</td>
</tr>
</tbody>
</table>
**Course Provider:**

Tipperary Regional Youth Service

88 O’Brien Street
Tipperary Town
Co. Tipperary

TRYS is a local voluntary youth organisation whose mission is to provide safe environments in which to deliver youth work programmes, activities and events which assist young people in meeting the diversity of their developmental needs.

**Contact Person:**

Sinead O’Mahony

**Contact Numbers:**

Phone: 062-52604    Fax: 062-33406

**E-mail:**

tippyic@iol.ie

**Course Aims:**

The aim of the course is to provide a programme which will educate and promote informed choices amongst young people in relation to drug misuse.

**Course Objectives:**

To create a positive, safe environment in which young people can absorb, discuss and relate to drug information.

To deliver information that will promote choices.

To promote discussion of the highs and lows of drug misuse.

**Target Group:**

The programme is aimed at young people but has also been widely used with adult groups.
<table>
<thead>
<tr>
<th><strong>Entry Requirements:</strong></th>
<th>None, but each participant must be open to the programme and be willing to be involved.</th>
</tr>
</thead>
</table>
| **Course Content:**     | What is a drug?  
What is drug misuse?  
Who misuses drugs?  
Levels of drug misuse  
Terminology of drugs  
Discussion and description of different drugs  
Facts about drugs  
Role play  
Video (My best friend)  
Consequences of drug misuse |
| **Training Methods:**   | The programme facilitates the participation of all members of the group. Listening, questioning, discussion and involvement in role play, are all an integral part of the success of the programme. |
| **Assessment:**         | N/a |
| **Qualification:**      | No qualification, but a certificate of attendance is given to participants by TRYS |
| **Duration of Course:** | Three two-hour sessions |
| **Location of Course:** | The course is provided in schools, colleges, community centres etc. at various locations throughout Tipperary and East Limerick. |
Cost of Course: TRYS charge £180 per group to deliver the course. Agencies in need of the training, which cannot meet this charge will not be omitted.

Selection Procedure: The participants are selected by the agency utilising the programme. The number of participants ranges from six to thirty-five, with smaller groups considered more beneficial.

Application: This programme is primarily aimed at young people and has been delivered within the youth service and Youthreach. It has also been used with adult groups in the region, and included as part of the Community Youth Work Certificate course in UCC.

TRYS intend to appoint a full-time Drug Education Worker, which will facilitate the expansion of the programme. It is also hoped to train adult volunteers to deliver the programme.
Course Provider: Midland Health Board

Health Promotion Service
Department of Public Health
The Mall
William Street
Tullamore
Co. Offaly

Contact Person: Bill Ebbitt
Senior Health Education Officer

Contact Numbers: Phone: 0506-46748 Fax: 0506-46747

E-mail: ebbittw@indigo.ie

Course Aims:
To give accurate and clear information on drugs
To identify roles occupied by family members coping with problems
To outline stages of intervention
To look at alternative actions

Course Objectives: As above

Target Group: Anyone in the community who wishes to attend. In the last year courses have been provided for CE schemes, women’s groups, men’s groups, community development groups and training centres.
### Drug Awareness & Education Programme

<table>
<thead>
<tr>
<th><strong>Entry Requirements:</strong></th>
<th>None</th>
</tr>
</thead>
</table>
| **Course Content:**     | Substance misuse – the facts  
                          | Strategies for intervention  
                          | Introduction to other services  
                          | Personal development  
                          | Identifying local issues |
| **Training Methods:**    | Presentations, video, project work, role-play |
| **Assessment:**          | N/a |
| **Qualification:**       | N/a |
| **Duration of Course:**  | Six two-hour sessions held weekly. |
| **Location of Course:**  | Various locations throughout the region in community centres, parish halls, partnership offices, etc. |
| **Cost of Course:**      | None |
| **Selection Procedure:** | Participants access the course through local community groups. |
| **Application:**         | A general introduction to the issues in a positive health promotion context. Also provides access to a range of other services e.g. Community Alcohol and Drugs Service.  
                          | The Midland Health Board also provides and supports a wide range of other training and health promotion initiatives. |
**Course Provider:** Community Awareness of Drugs

31/31a Central Hotel Chambers  
Dame Court  
Dublin 2

CAD is a voluntary organisation and registered charity, which provides drug education programmes for parents and community workers.

**Contact Person:** Bernie McDonnell

**Contact Numbers:**  
Phone: 01-679 2681  
Fax: 01-679 7818

**E-mail:** N/a

**Course Aims:** To prevent drug misuse by providing parents with information and awareness to respond appropriately to drug issues in the family. To reduce the demand for drugs.

**Course Objectives:**  
To provide information on drugs and their effects  
To explore attitudes, beliefs and decisions about drug misuse  
To encourage participants to develop a family drug prevention strategy

**Target Group:** Parents and community workers

**Entry Requirements:** None
### PARENTING FOR PREVENTION (CAD)

<table>
<thead>
<tr>
<th><strong>Course Content:</strong></th>
<th>Covers both legal and illegal drugs with an emphasis on the “gateway” drugs such as alcohol, cannabis and ecstasy, and the signs and symptoms of early drug misuse.</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Training Methods:</strong></td>
<td>Presentations, guest speakers, discussion.</td>
</tr>
<tr>
<td><strong>Assessment:</strong></td>
<td>N/a</td>
</tr>
<tr>
<td><strong>Qualification:</strong></td>
<td>None</td>
</tr>
<tr>
<td><strong>Duration of Course:</strong></td>
<td>Six two and a half hour sessions. CAD can also provide a once-off presentation.</td>
</tr>
<tr>
<td><strong>Location of Course:</strong></td>
<td>Various locations, mainly in the Eastern Health Board region but occasionally can be provided outside this area. Venues are usually schools or community centres.</td>
</tr>
<tr>
<td><strong>Cost of Course:</strong></td>
<td>The usual charge for the six-week programme is £250 per group. Most groups can obtain funding to cover this charge.</td>
</tr>
<tr>
<td><strong>Selection Procedure:</strong></td>
<td>The group organising the course selects the participants.</td>
</tr>
<tr>
<td><strong>Application:</strong></td>
<td>This course provides an introduction to drug-related issues with an emphasis on the role of parents. CAD also provides a residential weekend training course for community workers.</td>
</tr>
</tbody>
</table>
Course Provider: Parent to Parent Programme

Coolmine House
19 Lord Edward Street
Dublin 2

The Parent to Parent Programme runs a range of services including workshops in Coolmine House and in local communities.

Contact Person: N/a

Contact Numbers: Phone: 01-671 6146 Fax: 01-679 4822
01-679 3765

E-mail: N/a

Course Aims: The course aims to provide parents with the knowledge and skills to help their children achieve a drug free passage into adulthood.

Course Objectives: As above

Target Group: Parents

Entry Requirements: None

Course Content: Information and concepts - “The me within”
Prevention
Six sessions based on the acronym P.A.R.E.N.T.
“Put yourself in the way”
“Awareness is your best friend”
“Remember the difference”
“Expect and inspect”
“Never cry alone”
“Take time for yourself”
Intervention – “When all else fails”

<table>
<thead>
<tr>
<th>Training Methods:</th>
<th>The programme is video-based but with time for questions, discussion and exchanging ideas. Exercises such as role-play are also used.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Assessment:</td>
<td>N/a</td>
</tr>
<tr>
<td>Qualification:</td>
<td>None</td>
</tr>
<tr>
<td>Duration of Course:</td>
<td>Eight sessions of two hours</td>
</tr>
<tr>
<td>Location of Course:</td>
<td>Various locations including homes and schools</td>
</tr>
<tr>
<td>Cost of Course:</td>
<td>£240 per group</td>
</tr>
<tr>
<td>Selection Procedure:</td>
<td>Self-selection</td>
</tr>
<tr>
<td>Application:</td>
<td>Parent awareness. This programme is closely associated with the Coolmine Therapeutic Community. The approach is “based on the conviction that Drugs, Alcohol and the Drug Culture's destruction of children can be stopped...by informed, trained, committed parents...and by them alone.”</td>
</tr>
</tbody>
</table>
**Course Provider:** Community Awareness of Drugs

31/31a Central Hotel Chambers
Dame Court
Dublin 2

CAD is a voluntary organisation and registered charity, which provides drug education programmes for parents and community workers.

**Contact Person:** Bernie McDonnell

**Contact Numbers:** Phone: 01-679 2681   Fax: 01-679 7818

**E-mail:** N/a

**Course Aims:** To provide community workers with an opportunity to access information on drugs, to develop an understanding of addiction and to learn about and practice presenting drug prevention information to others.

**Course Objectives:** To interest participants in the area of drug prevention and intervention.

**Target Group:** Voluntary and community workers

**Entry Requirements:** None
### RESIDENTIAL TRAINING WEEKEND (CAD)

| **Course Content:** | Drugs and addiction information  
|                     | Approaches to addiction  
|                     | Experiences of addiction  
|                     | Presentation skills |
| **Training Methods:** | Informal and participative. Emphasis on building skills. The weekend includes inputs from a number of experts in the field, including Des Corrigan of Trinity College, Coolmine and the Merchant's Quay Project, and contributions from families and young people in recovery. |
| **Assessment:** | Participants are given verbal feedback on their presentations. |
| **Qualification:** | N/a |
| **Duration of Course:** | One weekend. The course is held three times per year. |
| **Location of Course:** | Purcell House Conference Centre, All Hallows, Dublin 9. |
| **Cost of Course:** | £100 for members of private or statutory agencies, £75 for members of voluntary organisations. The fee includes accommodation and meals. Fees may be waived or discounted if necessary. |
| **Selection Procedure:** | None |
| **Application:** | This course is a foundation level course for voluntary and community workers who wish to increase their skills and awareness of drug related issues. |
Section B

Details of Training Courses

The short courses listed in this section are aimed at providing information, raising awareness and developing skills among those whose work brings them into contact with drug misuse. The courses are primarily aimed at those involved in paid or voluntary work in the drugs area or a related field, although some may also be of interest to a more general target group. These courses are generally of twenty hours duration or less. As such, they either provide a general overview of the area or provide more specific input on a particular topic. A number of these courses are related to specific training packs or programmes, and are aimed at enabling participants to use these resources effectively.
**Course Provider:**

**Drugs Awareness Programme, Crosscare**

Clonliffe College
Dublin 3

The DAP was founded in 1984 and provides training, facilitation and consultancy to enable groups and individuals to play an active part in the prevention of drug related problems. The DAP also provides counselling and support for people affected by drug related problems.

**Contact Person:**

Chris Murphy
Director

**Contact Numbers:**

Phone: 01-836 0911    Fax: 01-836 0745

**E-mail:**

drugprev@eircom.ie

**Course Aims:**

To train leaders to conduct role play games with young people, which teaches the young people the skills needed to avoid drug problems.

**Course Objectives:**

To train a team of helpers to assist as Game Masters in the game.
To familiarise leaders with the game content
To help them work as a team
To help them adapt the game to meet the needs of a particular youth group
| **Target Group:** | Professionals, voluntary and community workers and parents. Can be done with a group from the same agency, e.g. teachers, Youthreach, but works best with a mixed group of staff, community workers, parents, etc. |
| **Entry Requirements:** | Literacy and creativity |
| **Course Content:** | Leaders experience the game  
Philosophy of the game  
Preparation of section of the game  
Leaders conduct the game for each other  
Leaders prepare for working with youth  
Leaders conduct game for youth  
Reflection sessions at each stage |
| **Training Methods:** | Participative, as outlined above. Game manual is provided.  
Leaders work in teams of no more than six. |
| **Assessment:** | Leaders are assessed by supervision |
| **Qualification:** | Certificate recognising them as leaders (‘Games Masters’).  
The certificate is validated by the developers of the course, Arisco of Lisbon. |
<p>| <strong>Duration of Course:</strong> | Three or four sessions of five hours |
| <strong>Location of Course:</strong> | In schools, community centres, etc. within local communities. People usually apply as a group from a particular community. |</p>
<table>
<thead>
<tr>
<th><strong>Cost of Course:</strong></th>
<th>Payment is usually for whole course as a block grant rather than by individual participants. Fee is negotiable and varies according to location, transport costs, etc.</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Selection Procedure:</strong></td>
<td>Self-selection</td>
</tr>
<tr>
<td><strong>Application:</strong></td>
<td>This programme offers training in an innovative and creative way of working with young people at risk of involvement in drug misuse. The full pack has just been translated into English, and it is likely that more groups will experiment with this approach in the near future.</td>
</tr>
</tbody>
</table>
B2 BASIC DRUG AWARENESS COURSE

Course Provider: City of Dublin Youth Service Board

70 Morehampton Road
Donnybrook
Dublin 4

The City of Dublin Youth Service Board is a youth work support service provided by the City of Dublin VEC. Various supports are provided to a large number of youth clubs, community based youth projects and special youth projects.

Contact Person: Bill Blake

Contact Numbers: Phone: 01-668 3198    Fax: 01-668 3342

E-mail: bill.blake@cdysb.cdvec.ie

Course Aims: To familiarise youth leaders and youth workers with the nature and effects of currently available drugs. To look at the youth worker’s role in responding to drug misuse and the resources available.

Course Objectives: Vary according to the needs of the group

Target Group: Voluntary youth leaders and paid youth workers

Entry Requirements: Aged eighteen or over, basic literacy and actively involved in youth work on a paid or voluntary basis.
<table>
<thead>
<tr>
<th><strong>Course Content:</strong></th>
<th>Varies according to the needs of the group.</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Training Methods:</strong></td>
<td>Lectures, group discussion, video and role play.</td>
</tr>
<tr>
<td><strong>Assessment:</strong></td>
<td>N/a</td>
</tr>
<tr>
<td><strong>Qualification:</strong></td>
<td>N/a</td>
</tr>
<tr>
<td><strong>Duration of Course:</strong></td>
<td>Usually six to eight two hour sessions, but varies with needs of group.</td>
</tr>
<tr>
<td><strong>Location of Course:</strong></td>
<td>Usually in youth/community centres or schools.</td>
</tr>
<tr>
<td><strong>Cost of Course:</strong></td>
<td>None</td>
</tr>
<tr>
<td><strong>Selection Procedure:</strong></td>
<td>Courses are provided on request, usually through youth club or project.</td>
</tr>
<tr>
<td><strong>Application:</strong></td>
<td>The courses provided are directed at adults involved in youth work. They would provide a basic introduction to the subject, concentrating mainly on the preventative role of the youth worker/leader.</td>
</tr>
</tbody>
</table>
Copping On - National Crime Awareness Initiative

Centre for Adult Education
N.U.I., Maynooth,
Co. Kildare

Copping On is a national crime awareness initiative, funded by the Department of Education and Science and the Department of Justice, Equality and Law Reform. It provides training and support for locally based, multi-agency groups in the delivery of crime awareness/prevention with young people at risk.

Contact Person:
Marion Quinn

Contact Numbers:
Phone: 01-708 3468 Fax: 01-708 4721

E-mail: copping.on@may.ie

Course Aims:
To reduce the incidence of offending behaviour among young people.
To reduce harmful and damaging behaviour, such as bullying, alcohol and drug use.
To improve relations between young people and the Gardaí.
To provide young people with a framework within which to understand and critique the justice system and reflect upon their own experience of this system.
To develop and support a multi-agency approach to juvenile offending.
<table>
<thead>
<tr>
<th><strong>Course Objectives:</strong></th>
<th>To provide participants with:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Statistical information on juvenile offending.</td>
</tr>
<tr>
<td></td>
<td>An understanding of the legal system</td>
</tr>
<tr>
<td></td>
<td>A forum for networking</td>
</tr>
<tr>
<td></td>
<td>An understanding of the methodology and principles in preventative work with young people</td>
</tr>
<tr>
<td></td>
<td>Experience of using the resource pack</td>
</tr>
<tr>
<td></td>
<td>Awareness of issues for staff implementing the programme</td>
</tr>
<tr>
<td></td>
<td>Development and clarification of local policy</td>
</tr>
<tr>
<td></td>
<td>Opportunities for networking and inter-agency co-operation</td>
</tr>
<tr>
<td></td>
<td>An opportunity to enhance facilitation skills and share good practice</td>
</tr>
</tbody>
</table>

| **Target Group:** | Anyone working with young people at risk. Locally based, multi-agency groups representing organisations working with young people in difficulty |

| **Entry Requirements:** | Participants should preferably have some experience of group work |

<p>| <strong>Course Content:</strong> | Communications |
|                    | Relationships |
|                    | Drugs and Alcohol |
|                    | Right and Wrong |
|                    | Understanding the System |
|                    | Evaluations |
|                    | Guidelines for the Facilitator |
|                    | Prison visit |</p>
<table>
<thead>
<tr>
<th><strong>Training Methods:</strong></th>
<th>Training is experiential and participative. There is an emphasis on practising the delivery of group work activities.</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Assessment:</strong></td>
<td>N/a</td>
</tr>
<tr>
<td><strong>Qualification:</strong></td>
<td>N/a</td>
</tr>
<tr>
<td><strong>Duration of Course:</strong></td>
<td>Two day residential followed by prison visit and follow-up meeting</td>
</tr>
<tr>
<td><strong>Location of Course:</strong></td>
<td>The course can be provided at various venues throughout the country on request</td>
</tr>
<tr>
<td><strong>Cost of Course:</strong></td>
<td>£65 per participant, including accommodation and meals</td>
</tr>
<tr>
<td><strong>Selection Procedure:</strong></td>
<td>Local contacts usually identify potential participants from groups working with young people at risk. Anyone interested can contact the Copping On office.</td>
</tr>
<tr>
<td><strong>Application:</strong></td>
<td>The Copping On programme is an effective means of encouraging young people to consider drug and alcohol misuse in the context of crime and anti-social behaviour. It can be provided in a wide range of settings including youth projects, Youthreach centres and schools. The facilitator training is specifically intended to equip participants to deliver the Copping On programme. It is not intended to train participants specifically in drug misuse. It does, however, introduce some useful materials and approaches and would be beneficial to many practitioners working with young people at risk of involvement in drug misuse.</td>
</tr>
</tbody>
</table>
DEVELOPING A COMPREHENSIVE DRUGS STRATEGY FOR YOUTH WORK SETTINGS

Course Provider: National Youth Health Programme

c/o National Youth Council of Ireland
3 Montague Street
Dublin 2

The National Youth Health Programme is a joint project between the National Youth Council of Ireland, the Health Promotion Unit of the Department of Health and Children, and the Youth Affairs Section of the Department of Education and Science. The role of the NYHP is to deliver a broad-based health education/promotion programme to youth organisations.

Contact Person: Siobhan McGrory
Health Promotion Co-ordinator

Contact Numbers: Phone: 01-478 4122 Fax: 01-478 3974

E-mail: siobhan.mcgrory@nyci.ie

Course Aims: To train youth workers, community workers and volunteers in the development of a comprehensive drugs strategy for their specific work settings (mainly youth projects/organisations)

Course Objectives: To facilitate youth and community organisations to develop a comprehensive drugs strategy which will address the drugs issue at both programme and policy levels within their organisations.
DEVELOPING A COMPREHENSIVE DRUGS STRATEGY FOR YOUTH WORK SETTINGS

To explore the range of appropriate responses which organisations can make in dealing with the drugs issue at organisational level.
To examine current drugs educational approaches and apply them to the context of work within youth and community organisations.
To explore appropriate ways of managing drug related situations as they arise on a day to day basis within organisations.
To facilitate organisations in developing a framework for drawing up an organisational drugs policy.
To discuss general guidelines for good practice in addressing the drugs issue within youth and community organisations.

Target Group:
The training is specifically aimed at youth work personnel (paid or voluntary), but is likely to be beneficial for other groups including community workers and drugs workers.

Entry Requirements:
None, other than that participants are working with young people in a youth work setting.

Course Content:
Welcome and introductions
Expectations and concerns
Introduction to Youth Work Support Pack for Dealing with the Drugs Issue
Focus on why we do drugs work within organisations
Exploring personal attitudes about drugs and drug education
**DEVELOPING A COMPREHENSIVE DRUGS STRATEGY FOR YOUTH WORK SETTINGS**

The youth work approach to dealing with the drug issue  
The youth work response to drug use  
The levels of drug work within an organisation  
Pre-planned pro-active responses  
Managing drug related situations as they arise  
Drug education-planning a comprehensive programme  
Drug prevention-approaches to preventative education  
The harm reduction approach  
Planning a preventative drugs education programme for your organisation  
General guidelines for good practice  
Developing a drugs policy within your organisation - a framework

**Training Methods:**
Youth work methodologies, participative and creative approaches to group work, discussion groups and formal input.

**Assessment:**
N/a

**Qualification:**
N/a

**Duration of Course:**
Two days

**Location of Course:**
Various - as requested by group or advertised by NYHP.

**Cost of Course:**
£30-40 per person plus travel and accommodation if required.

**Selection Procedure:**
Based on requests, usually from organisations.
This course provides a good basis on which youth organisations can develop policies and practice. The programme clarifies the distinctive nature of the youth work response to drug misuse and also addresses important practical issues.

It would be useful for both new and established youth workers, although support within the organisation as a whole would be needed to develop policy and generalise good practice. The NYHP can provide the course throughout the youth service.
### Course Provider:

**Health Promotion Unit**

Department of Health and Children  
Hawkins House  
Dublin 2

The Health Promotion Unit is a unit within the Department of Health and Children responsible for the development of health promotion policy and programmes. The Health Promotion Unit has been involved as a partner in many of the initiatives and programmes in the field of drug misuse.

### Contact Person:

Owen Metcalf  
Chief Education Officer

### Contact Numbers:

Phone: 01-635 4100  
Fax: 01-635 4372

### E-mail:

N/a

### Course Aims:

The main aim of DQLA is to contribute to drug education and the prevention of drug related problems. It is a programme of inter-disciplinary training, which seeks to encourage community-based responses to local drug problems.

### Course Objectives:

To encourage participants to think of mood altering drugs in a broadly defined way.  
To help participants cope better with drug related problems they meet in their work/lives.  
To encourage local follow-up activity in relation to local drug problems.
<table>
<thead>
<tr>
<th><strong>Target Group:</strong></th>
<th>DQLA is mainly intended for professional or voluntary workers whose paid or unpaid work brings them into contact with drug related problems.</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Entry Requirements:</strong></td>
<td>None</td>
</tr>
</tbody>
</table>
| **Course Content:** | The course consists of five units:  
Who are we? What do we think?  
What can we learn about alcohol?  
What is our view of other drugs?  
How do we cope with drug-related problems?  
Can we find local answers to drug questions? |
| **Training Methods:** | Emphasises participation, sharing experience and expertise. Includes discussion, role play and video. |
| **Assessment:** | N/a |
| **Qualification:** | No qualification, but a certificate of attendance is issued. |
| **Duration of Course:** | Usually five two-hour sessions on a weekly basis, but can be delivered in a two day block. |
| **Location of Course:** | Various locations, nationally. |
| **Cost of Course:** | None |
Selection Procedure: Self-selection or nomination by local group or organisation. Relevant groups and organisations are usually invited to send representatives by the course facilitator.

Application: DQLA was originally developed in the mid-eighties by the Health Promotion Unit, which also provided training to selected individuals to facilitate the course. The course was revised and updated in 1996 and training for facilitators was again provided. Currently, the course is usually provided by Health Boards who have access to facilitators and also to a smaller number of people recognised to train facilitators.

The course has some value as a general introduction to drug related issues, but its primary importance is in promoting inter-agency co-operation. In this respect, the course could be seen as having pre-figured the current task force approach. Today, DQLA is probably of most value in areas, which do not have a Local Drugs Task Force, and the course appears to be most widely used in areas outside Dublin.
Course Provider: Irish Girl Guides

27 Pembroke Park
Donnybrook
Dublin 4

The Irish Girl Guides is a voluntary self-governing association for girls and women. The programme covers a wide range of topics and is designed to help girls become responsible, self-confident adults. Drug and AIDS/HIV awareness is included in the programme as an ongoing part of the programme for the girls.

Contact Person: Hazel Convery
Chief Commissioner

Contact Numbers: Phone: 01-668 3898  Fax: 01-660 2779

E-mail: trefoil@igg.iol.ie

Course Aims: To educate our voluntary leaders about drugs and their misuse.

Course Objectives: To train our leaders in methods of presenting drug awareness to their groups.
To help our leaders recognise children who may have a drug problem or are at risk.
To teach our leaders how to work with these children.
<table>
<thead>
<tr>
<th><strong>Target Group:</strong></th>
<th>Voluntary leaders with the Irish Girl Guides.</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Entry Requirements:</strong></td>
<td>None</td>
</tr>
</tbody>
</table>
| **Course Content:** | Knowledge of drugs  
| | Why children use drugs  
| | How to work with children at risk |
| **Training Methods:** | Inputs by experts on drug misuse and drug awareness,  
| | and from trained IGG leaders, and information handouts. |
| **Assessment:** | N/a |
| **Qualification:** | N/a |
| **Duration of Course:** | The course will consist of a national one day event held in February 2000, followed by seven local one day events and weekly unit meetings. A peer education programme will follow this training schedule. |
| **Location of Course:** | Various locations throughout 26 counties |
| **Cost of Course:** | None |
| **Selection Procedure:** | N/a |
| **Application:** | The training is specifically aimed at voluntary leaders in the Irish Girl Guides and members of the Irish Girl Guides, through the peer education programme. |
Course Provider: **Drugs Awareness Programme, Crosscare**

Clonliffe College
Dublin 3

The DAP was founded in 1984 and provides training, facilitation and consultancy to enable groups and individuals to play an active part in the prevention of drug related problems. The DAP also provides counselling and support for people affected by drug related problems.

Contact Person: Chris Murphy
Director

Contact Numbers: Phone: 01-836 0911  Fax: 01-836 0745

E-mail: drugprev@eircom.ie

Course Aims: This course aims to give participants an understanding and awareness of drug issues.

Course Objectives: To assess participants' needs. To provide information about drugs and their effects on individuals, families and communities. To examine attitudes to drugs and drug users. To provide information and skills to meet the participants' needs.

Target Group: Various. Includes professionals, voluntary and community workers and young people.
### Entry Requirements:
None. The course is needs based and it is therefore necessary that participants have similar needs.

### Course Content:
- Needs assessment and contract
- Drugs – family and individual effects
- Attitude awareness
- Other topics to meet needs of participants
- Understanding addiction
- How you can help
- Resources in the community

### Training Methods:
Participative activities including video, written work, attitude activities, discussion, evaluation. One to one support if required.

### Assessment:
N/a

### Qualification:
N/a

### Duration of Course:
Five to seven sessions of between one and a half hours and four hours, held either daily or weekly.

### Location of Course:
The course can be provided in a variety of locations within the Dublin region.

### Cost of Course:
Cost of the course is negotiable. It is usually paid for by a grant for the whole course rather than by individuals.
**Selection Procedure:**

Self-selection

**Application:**

The course is intended to enhance the role of participants as parents/employees/community leader etc. The particular application varies according to the needs and characteristics of the participating group. There is clearly a value in the opportunity to have a short course tailored to meet specific needs.
Course Provider: Merchant’s Quay Project Drugs/HIV Service

4 Merchant’s Quay
Dublin 8

The Merchant’s Quay Project provides a wide range of services to drug users and their families, and training to other agencies and community groups working with drug users.

Contact Person: Hilda Glennon
Training Administrator

Contact Numbers: Phone: 679 0044 ext 201 Fax: 677 1000

E-mail: N/a

Course Aims: The course serves as an introduction to the broad issues associated with drug use and addiction. It will prepare participants to interact with drug users and their issues whether they work at a paid or voluntary level.

Course Objectives: Objectives include changes in knowledge, attitudes and skills, including the following:

Greater understanding of the issues surrounding drug use.
Understanding and dealing with those with problematic drug use.
Know drug terminology and street names.
Increased knowledge of drug services and resources.
More confident around drug users.
Better at coping with feelings about drug users.
Able to identify problematic drug use.
Understand why people start taking drugs.
Listen effectively.
Deal constructively with conflict.
Make appropriate referrals.

**Target Group:**
All who are interested in developing their skills and knowledge regarding addiction and drug related issues.

**Entry Requirements:**
None.

**Course Content:**
Course content includes:
- Introduction
- Facts about drugs
- Gender and drugs
- Addiction/ dependency
- Methadone and its uses
- HIV/ safer sex
- Listening skills
- Giving advice
- Motivational interviewing
- The law and drugs

**Training Methods:**
A range of participative training methods

**Assessment:**
N/a

**Qualification:**
N/a

**Duration of Course:**
Wednesday mornings or afternoons for ten weeks
<table>
<thead>
<tr>
<th><strong>Location of Course:</strong></th>
<th>Merchant’s Quay Project</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Cost of Course:</strong></td>
<td>£180</td>
</tr>
<tr>
<td><strong>Selection Procedure:</strong></td>
<td>Phone Merchant’s Quay to enquire of dates. First come, first served.</td>
</tr>
<tr>
<td><strong>Application:</strong></td>
<td>The Merchant’s Quay Project aims to provide a high quality training service to agencies and community groups working with drug users. This course provides a good introduction to some of the issues for workers encountering drug-related issues.</td>
</tr>
</tbody>
</table>
LEADERSHIP TRAINING FOR PREVENTION OF DRUG PROBLEMS

Course Provider: 
Drugs Awareness Programme, Crosscare
Clonliffe College
Dublin 3

The DAP was founded in 1984 and provides training, facilitation and consultancy to enable groups and individuals to play an active part in the prevention of drug related problems. The DAP also provides counselling and support for people affected by drug related problems.

Contact Person: Chris Murphy
Director

Contact Numbers: Phone: 01-836 0911    Fax: 01-836 0745

E-mail: drugprev@eircom.ie

Course Aims: To train and empower people to carry out activities for prevention of drug related problems in their own families and communities.

Course Objectives: To carry out a needs assessment of participants.
To examine the needs and the resources in the local community.
To impart knowledge to participants about drugs, addiction, family effects and prevention.
To enable participants to reflect attitudes.
To teach skills for prevention and group skills.
**Target Group:**
The programme is available to both adult groups and youth groups (aged 18-21). Adults are mainly parents and/or voluntary or community workers.

**Entry Requirements:**
None

**Course Content:**
The course consists of three modules:

**Module 1: Basic Drugs Awareness**
- Knowledge of drugs
- Understanding addiction
- Effects of drug use on families
- Attitudes to drugs
- Needs assessment of participants
- Needs and resources in the community

**Module 2: Advanced Drug Awareness**
- Principles of prevention of drug problems
- Team and committee skills
- Presentation skills
- Resources for making presentations
- Other topics arising from needs assessment

**Module 3: Action**
The group is facilitated to prepare for activities such as a public meeting or seminar
<table>
<thead>
<tr>
<th>Training Methods:</th>
<th>Participative activities, inputs, video, discussion</th>
</tr>
</thead>
<tbody>
<tr>
<td>Assessment:</td>
<td>No formal assessment. If the group are to appear in public, they are helped to establish criteria and evaluate performances.</td>
</tr>
<tr>
<td>Qualification:</td>
<td>None. A certificate of completion is provided to those who attend regularly.</td>
</tr>
<tr>
<td>Duration of Course:</td>
<td>Module 1 - ten sessions of one and a half to two hours</td>
</tr>
<tr>
<td></td>
<td>Module 2 - ten sessions of one and a half to two hours</td>
</tr>
<tr>
<td></td>
<td>Module 3 - ongoing up to one year</td>
</tr>
<tr>
<td>Location of Course:</td>
<td>Usually community centres</td>
</tr>
<tr>
<td>Cost of Course:</td>
<td>No cost to participants, but funding is sought from the task force or health board responsible for the community where the course is delivered.</td>
</tr>
<tr>
<td>Selection Procedure:</td>
<td>Self-selection</td>
</tr>
<tr>
<td>Application:</td>
<td>This course is intended to equip individuals to become involved in drug prevention activities and to encourage the participants to undertake such activities as a group. The training is usually provided to groups which already exist, although sometimes new groups get together to participate in the training. The training is relevant to drug prevention activities in general, and particularly to enable participants to assist in the training of young peer leaders (see Peer Leadership Training, F1).</td>
</tr>
</tbody>
</table>
### Working with Clients: Motivational Interviewing and Brief Counselling Skills

**Course Provider:**
Merchant’s Quay Project Drugs/HIV Service

4 Merchant’s Quay
Dublin 8

The Merchant’s Quay Project provides a wide range of services to drug users and their families, and training to other agencies and community groups working with drug users.

**Contact Person:**
Hilda Glennon
Training Administrator

**Contact Numbers:**
Phone: 01-679 0044 (ext 201)  Fax: 01-677 1000

**E-mail:**
N/a

**Course Aims:**
This intensive course is designed for people who will interact and work directly with drug users and their issues. It will prepare participants in the use of motivational interviewing and brief counselling skills/intervention skills.

**Course Objectives:**
Participants will learn a sequenced and integrated set of strategies for developing skill in motivational counselling, with a particular focus on drug problems and addiction.

**Target Group:**
People who are involved in working directly with drug users and their issues.
**Entry Requirements:**
Participants are expected to have completed the Foundation Course in Drugs Education (or similar) and have direct experience of working with drug users/addiction. Basic knowledge of and experience in using active listening skills with drug users is a prerequisite for the course.

**Course Content:**
Course content includes:
- The rationale and background research
- The basic skills of motivational interviewing
- Reflective listening skills
- New methods for conducting brief intervention
- Methods for dealing with resistance

**Training Methods:**
A range of different techniques including demonstration, video and simulated clinical exercises. Handouts will be provided.

**Assessment:**
N/a

**Qualification:**
N/a

**Duration of Course:**
Twenty hours over three days.

**Location of Course:**
Merchant’s Quay Project

**Cost of Course:**
£220

**Selection Procedure:**
Phone Merchant’s Quay to enquire about dates.

**Application:**
This course provides a practical introduction to these techniques for anyone working with drug users.
Section C
Details of Training Courses

The courses in this section are longer courses, many of them up to one hundred hours in total. Given that they require a substantial investment of time and effort, it is assumed that they are mainly of interest to those with a significant degree of involvement with drug users and/or drug issues, on either a paid or voluntary basis. These courses do not generally qualify participants for any particular role in drugs work, and are certainly not counselling qualifications. In some cases, however, they are useful in beginning work in this area, including some paid work in community based drug projects. Many of these courses would also provide a substantial introduction to drug issues for professionals working in related fields.
ADDICTION STUDIES CERTIFICATE

Course Provider: Centre for Adult and Community Education
National University of Ireland
Maynooth
Co.Kildare

The Centre for Adult Education offers a range of courses leading to the award of an NUI Certificate. Courses are offered in Maynooth and in a number of outreach centres. This course has been developed in partnership with the Eastern Health Board.

Contact Person: Fintan Harrison
Continuing Education Co-ordinator

Contact Numbers: Phone: 01-708 3948 Fax: 01-708 4687

E-mail: fintan.harrison@may.ie

Course Aims: The course aims to provide participants with adequate knowledge and skills to respond positively to addiction related issues as they arise at work or in the community.

Course Objectives: See above

Target Group: Voluntary and community workers
Entry Requirements:

Experience of working in a community setting. Experience of working with alcohol or drug related problems.

Openness to reflect on one’s own practice, attitudes and beliefs.

Commitment to learning in a group setting.

Participants must be aged 23 years or over.

Course Content:

Includes:

- Introduction to basic concepts of substance misuse and addiction
- Definitions of addiction
- Detection of early signs and symptoms
- Theories of addiction
- Public policy
- Factual information on psycho-active substances
- Substance misuse prevention
- Treatment approaches (Ireland)
- Community perspectives
- Attitudes and prejudices
- Gender issues and addiction
- Family systems
- Viral illness
- Agency profiles
- Basic intervention and helping skills

Training Methods:

The teaching methods utilise Adult Education techniques, which involve active participation, critical debate and a focus on social action.

Assessment:

A minimum attendance of 85% is required
Written work: learning journal; essay; agency/service review
Creative group project
Continuous assessment based on participation and willingness to share in the process

Qualification: NUI Certificate in Addiction Studies

Duration of Course: One hundred hours, part-time over one year

Location of Course: NUI Maynooth

Cost of Course: £460

Selection Procedure: Applicants are required to submit a written application (300 words) stating why they wish to do the course and what they hope to gain from it.

Application: The course provides a wide-ranging introduction to drug misuse and addiction, with an emphasis on student participation. The course provides a useful background for people dealing with drug issues in their community. It may provide a progression path to further study as it counts towards the BA in Local and Community Studies. Progression to further study in drug misuse, however, is limited at present.

This course will be provided in 1999/2000 in Ballyfermot, Finglas, South Dublin, Wicklow, Clonmel, and to Eastern Health Board staff, as well as in Maynooth.
<table>
<thead>
<tr>
<th><strong>Course Provider:</strong></th>
<th>County Tipperary (South Riding) Vocational Education Committee</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>V.E.C. Offices</td>
</tr>
<tr>
<td></td>
<td>The Mall</td>
</tr>
<tr>
<td></td>
<td>Clonmel</td>
</tr>
<tr>
<td></td>
<td>Co. Tipperary</td>
</tr>
<tr>
<td><strong>Contact Person:</strong></td>
<td>Bob Keating</td>
</tr>
<tr>
<td></td>
<td>Adult Education Organiser</td>
</tr>
<tr>
<td><strong>Contact Numbers:</strong></td>
<td>Phone: 052-21067</td>
</tr>
<tr>
<td></td>
<td>Fax: 052-25951</td>
</tr>
<tr>
<td><strong>E-mail:</strong></td>
<td>N/a</td>
</tr>
<tr>
<td><strong>Course Aims:</strong></td>
<td>To provide participants with adequate knowledge to respond</td>
</tr>
<tr>
<td></td>
<td>positively to addiction related issues.</td>
</tr>
<tr>
<td><strong>Course Objectives:</strong></td>
<td>To enable adult participants to identify the various resources</td>
</tr>
<tr>
<td></td>
<td>for addressing addiction in the community.</td>
</tr>
<tr>
<td><strong>Target Group:</strong></td>
<td>Professional, voluntary and community workers and parents</td>
</tr>
<tr>
<td><strong>Entry Requirements:</strong></td>
<td>None</td>
</tr>
<tr>
<td><strong>Course Content:</strong></td>
<td>See Certificate in Addiction Studies (NUI Maynooth) (C1)</td>
</tr>
<tr>
<td><strong>Training Methods:</strong></td>
<td>As above</td>
</tr>
<tr>
<td><strong>Assessment:</strong></td>
<td>Eighty-five per cent attendance and submission of an</td>
</tr>
<tr>
<td></td>
<td>assignment to N.U.I. Maynooth.</td>
</tr>
<tr>
<td><strong>Qualification:</strong></td>
<td>Certificate in Addiction Studies</td>
</tr>
<tr>
<td><strong>Duration of Course:</strong></td>
<td>One hundred hours (fifty two-hour sessions) over two years. Sessions take place in the evening.</td>
</tr>
<tr>
<td>-------------------------</td>
<td>--------------------------------------------------------------------------------------------------</td>
</tr>
<tr>
<td><strong>Location of Course:</strong></td>
<td>The course caters for South Tipperary</td>
</tr>
<tr>
<td><strong>Cost of Course:</strong></td>
<td>£200</td>
</tr>
<tr>
<td><strong>Selection Procedure:</strong></td>
<td>Application to Adult Education Organiser (see above)</td>
</tr>
<tr>
<td><strong>Application:</strong></td>
<td>The course provides a wide-ranging introduction to drug misuse and addiction, with an emphasis on student participation. The course provides a useful background for people dealing with drug issues in their community.</td>
</tr>
</tbody>
</table>
The Crew Network is a non-profit organisation established in 1996 to address the problem of substance misuse in a person-centred way. Crew is an acronym from the words Care, Rehabilitation, Education and Work.

Contact Person: Aoife Davey
Course Co-ordinator

Contact Numbers: Phone: 01-629 3133/4 Fax: 01-629 3135

Course Aims: The personal development of participants
The exploration and development of their leadership skills
Enabling participants to acquire the skills to be competent in dealing with inquiries re substance misuse by providing information on agencies that can assist in the recovery of drug addicts and give support to their families.

Course Objectives: To enable participants to work in an informed skilled way in the community and to have a competency with regard to substance misuse.
CERTIFICATE COURSE IN
COMMUNITY LEADERSHIP AND
SUBSTANCE MISUSE AWARENESS

Target Group: Members of local communities

Entry Requirements: No educational qualifications are required but a keen interest and/or experience of community work is necessary. Applicants must be over 23.

Course Content: The course consists of eight modules:

- Introductory module
- Community studies module
- Group skills module
- Social analysis module
- Life-cycles module
- Addiction studies module
- Family studies module
- Study skills and project support module

Training Methods: The philosophy of the course is holistic, involving the integration of the interpersonal, emotional, physical, creative and intellectual skills of the participants. This personal development is considered a prerequisite to the development of leadership skills. The methods employed in the course include discussion, and group learning, combined with field work, case studies and lecture input.

Assessment: Continuous assessment based on work and participation throughout the year. It is necessary to complete the following to be awarded the certificate: learning journal; community development project; assignments; minimum of eighty-five per cent attendance; participation/ effectiveness in the field.
<table>
<thead>
<tr>
<th>Qualification:</th>
<th>Certificate in Community Leadership and Substance Misuse Awareness (NUI Maynooth). The course carries twenty credits towards a degree.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Duration of Course:</td>
<td>Two evenings (two to two and a half hours) each week from October to May. Total of two hundred and ten hours.</td>
</tr>
<tr>
<td>Location of Course:</td>
<td>To be confirmed</td>
</tr>
<tr>
<td>Cost of Course:</td>
<td>£1195 (a bursary fund from the Society of St. Vincent de Paul is available to assist some participants)</td>
</tr>
<tr>
<td>Selection Procedure:</td>
<td>Enquiries to Crew Network</td>
</tr>
<tr>
<td>Application:</td>
<td>The aim of this course is to facilitate the development and empowerment of communities through the strengthening of the local leadership base. The course offers a combination of studies, which would be particularly beneficial in strengthening local participation in community based drug projects. The course is due to run for the first time in October 1999.</td>
</tr>
<tr>
<td><strong>Course Provider:</strong></td>
<td>Addiction Training Institute</td>
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<tr>
<td>----------------------</td>
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</tr>
<tr>
<td>Exchequer Clinic</td>
<td></td>
</tr>
<tr>
<td>Central Chambers</td>
<td></td>
</tr>
<tr>
<td>7 Dame Court</td>
<td></td>
</tr>
<tr>
<td>Dublin 2</td>
<td></td>
</tr>
<tr>
<td><strong>Contact Person:</strong></td>
<td>John Crimmins or Jane McNicholas</td>
</tr>
<tr>
<td><strong>Contact Numbers:</strong></td>
<td>Phone: 01-296 4218   Fax: N/a</td>
</tr>
<tr>
<td><strong>E-mail:</strong></td>
<td><a href="mailto:ati@indigo.ie">ati@indigo.ie</a></td>
</tr>
<tr>
<td><strong>Course Aims:</strong></td>
<td>The course is intended to provide a resource of information and ideas for understanding addiction, rather than just be an accumulation of facts. The issues and impact of addiction are increasingly relevant in peoples' personal and professional lives, and having an insight into this area could be important and valuable in the workplace, in relationships, or in personal development.</td>
</tr>
<tr>
<td><strong>Course Objectives:</strong></td>
<td>As above</td>
</tr>
<tr>
<td><strong>Target Group:</strong></td>
<td>Anybody who will find it of interest or value</td>
</tr>
<tr>
<td><strong>Entry Requirements:</strong></td>
<td>None</td>
</tr>
<tr>
<td>--------------------------</td>
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</tr>
</tbody>
</table>
| **Course Content:**      | Information and impact of addiction  
Theories and therapies of addiction  
Skills and strategies in addressing addiction  
Awareness and attitudes |
| **Training Methods:**     | Home study |
| **Assessment:**          | Six assignment units |
| **Qualification:**       | Certificate in Addiction Studies awarded by Addiction Training Institute |
| **Duration of Course:**  | Six months |
| **Location of Course:**  | Correspondence course |
| **Cost of Course:**      | £250 or two instalments of £135 |
| **Selection Procedure:** | N/a |
| **Application:**         | May be of interest to people unable to attend a course.  
The Addiction Training Institute also offers a range of training courses in the field of addiction studies. |
<table>
<thead>
<tr>
<th><strong>Course Provider:</strong></th>
<th>Merchant’s Quay Project Drugs/HIV Service</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>4 Merchant’s Quay</strong></td>
<td><strong>Dublin 8</strong></td>
</tr>
<tr>
<td>The Merchant’s Quay Project provides a wide range of services to drug users and their families, and training to other agencies and community groups working with drug users.</td>
<td></td>
</tr>
<tr>
<td><strong>Contact Person:</strong></td>
<td>Hilda Glennon</td>
</tr>
<tr>
<td><strong>Hilda Glennon</strong></td>
<td>Training Administrator</td>
</tr>
<tr>
<td><strong>Contact Numbers:</strong></td>
<td>Phone: 01-679 0044 (ext 201) Fax: 01-677 1000</td>
</tr>
<tr>
<td><strong>E-mail:</strong></td>
<td>N/a</td>
</tr>
<tr>
<td><strong>Course Aims:</strong></td>
<td>To equip participants with the necessary tools to respond more effectively to the issues of drug misuse which they encounter through their paid or voluntary work. To explore the wide range of issues which accompany drug use and addiction.</td>
</tr>
<tr>
<td><strong>Course Objectives:</strong></td>
<td>As above</td>
</tr>
<tr>
<td><strong>Target Group:</strong></td>
<td>Those, whose paid or voluntary work requires them to respond effectively to issues of drug misuse.</td>
</tr>
</tbody>
</table>
Entry Requirements: Where students do not meet the normal entry requirements (of UCD), consideration will be given to their prior knowledge and experience in the area.

Course Content: The course consists of three modules, which include the following:

Theories and models of addiction:
- history of drug use
- psychoactive substances
- pharmacology
- media
- theories of addiction
- treatment models
- harm reduction

Intervention and brief therapy skills for working with drug users:
- wheel of change
- counselling approaches
- motivational interviewing
- brief interventions
- social learning & cognitive models
- practice of counselling and intervention skills
- group work
- conflict
- reality therapy
- brief rational emotive therapy
Policy and prevention:

- models for social policy responses
- fiscal and legal aspects
- development of helping services
- understanding communities
- facilitation and negotiation
- models of community response
- health promotion and community health
- social policy and co-ordinated programmes

**Training Methods:** A range of training methods

**Assessment:** Course work

**Qualification:** Certificate in Drugs Counselling and Intervention Skills validated by University College Dublin

**Duration of Course:** Part-time from September to May. Total of approximately 100 hours

**Location of Course:** Merchant’s Quay Project

**Cost of Course:** £1500

**Selection Procedure:** Initially by application form followed by interview.

**Application:** The Merchant’s Quay Project aims to provide a high quality training service to agencies and community groups working
with drug users. The project has been working with drug users and their families for ten years. This course provides a good introduction to the wide range of issues for anyone working in the field. It appears to be particularly strong on basic intervention and counselling skills.

The Merchant’s Quay training team is currently working with UCD on the development of a Diploma course.
**Course Provider:** Urrús/ Ballymun Youth Action Project

290 Balcurris Road
Ballymun
Dublin 11

The Ballymun Youth Action Project was set up in 1981, and was Ireland’s first community response to drug misuse. Urrús is a YAP initiative and has been responsible for the project’s training since 1996.

**Contact Person:** John Adams
Training Centre Co-ordinator

Dr. Mary Helen McCann
Director

**Contact Numbers:**
Phone: 01-842 5726  Fax: 01-842 5729

**E-mail:** jadams@aonad.iol.ie

**Course Aims:**
To gain a knowledge of the different drugs and their effects.
To raise awareness of the dynamics of addiction, its effects on individuals, families and communities.
To develop personally and to acquire the skills necessary to respond more effectively.
To challenge attitudes towards drugs and addiction.
To challenge attitudes towards communities affected by addiction.
C6 COMMUNITY ADDICTION STUDIES COURSE

To develop the concept of community by educating participants in the principles, theory and practice of community development
To examine community responses to drugs using the Ballymun YAP as an example
To examine ways of accessing knowledge from further afield

Course Objectives:
The objectives of the course are for participants to:
Gain knowledge of different drugs and their effects
Become familiar with the process of addiction
Identify the signs and symptoms of an alcohol/drug problem
Increase their ability to recognise the development of an alcohol/drug problem
Gain knowledge of how addiction affects individuals, families and communities
Acquire the skills to respond more effectively
Challenge attitudes towards drugs, addiction and communities affected by addiction
To share knowledge of the extent and nature of drug misuse in Dublin
To examine current initiatives being taken in Dublin to combat drug misuse and to analyse the effectiveness of these initiatives, their impact on various communities and the role communities are taking in these responses

Target Group:
The course is open to all, including professionals, community and voluntary workers, community members, parents and young people, stabilised drug users and people in recovery.
## Entry Requirements:
None

## Course Content:
The course consists of five compulsory units:
- Drugs and their effects
- The process of addiction
- Intervention strategies
- Community responses
- Personal development

## Training Methods:
Participative workshop style. Adult education and community development methodologies.

## Assessment:
Students are assessed in accordance with NCVA requirements

## Qualification:
One module – NCVA Level 2

## Duration of Course:
One hundred hours consisting of twenty three-hour sessions and one residential weekend

## Location of Course:
Various venues in Ballymun

## Cost of Course:
£100

## Selection Procedure:
Application form and informal interview
This course draws on the considerable experience and expertise in community based drugs work accumulated by the Youth Action Project. It provides a comprehensive introduction to drugs work, which would be of value to anyone dealing with these issues, especially in a community context.

Over four hundred people have taken this course since its inception in 1996. A number of participants have secured employment in a variety of organisations, since completing the course. The course has been successfully run in several areas throughout Dublin. Follow-up courses including ‘Further Training in Community Drugs Work’ and ‘Community Development’ have been piloted. Urrús has also developed the Teen Community Addiction Studies course.

Urrús can also provide training specifically designed to meet the needs of a particular group. Courses have been provided to a wide range of groups including: teachers, hostel workers, travellers, tenants associations, etc.
Course Provider: Project West CDP/ Finglas South CDP

Project West CDP and Finglas South CDP are Community Development Projects in Finglas. They jointly developed the DICE course in the summer of 1998 as a local response to drug addiction and its impact on the community.

Contact Person: Joan Duffy Patricia Burke
Co-ordinator Co-ordinator
Finglas South CDP Project West CDP

Contact Numbers:
Phone: 01-864 0285 Phone: 01-864 3847
Fax: 01-864 0202 Fax: 01-864 3851

E-mail: N/a prowest@indigo.ie

Course Aims: The course is a local response focussing on developing an awareness and understanding of addiction and how it can impact on a community.

Course Objectives: That participants:

- Learn about drugs and their effects
- Develop an understanding of addiction
- Examine their own attitudes
- Become more objective in their personal responses
- Develop the skills and knowledge to become more effective in responding to drug misuse in their own communities
### DICE (Drugs Information & Community Education)

<table>
<thead>
<tr>
<th><strong>Target Group:</strong></th>
<th>Community members who feel they would like to be more effective when it comes to drug/alcohol issues.</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Entry Requirements:</strong></td>
<td>None</td>
</tr>
</tbody>
</table>
| **Course Content:** | Drugs information Agency visits  
Process of addiction Interventions  
Wheel of change Harm reduction  
Family systems HIV/Hepatitis/Safer sex  
Community analysis |
| **Training Methods:** | The course uses an adult education approach and includes inputs from professional speakers and tutors. Group discussion and participation will have a positive impact on this course. |
| **Assessment:** | Assessment is based on a portfolio containing five assignments, one project, weekly log sheets, course notes and media clippings. |
| **Qualification:** | NUI Certificate |
| **Duration of Course:** | Twenty three-hour sessions weekly and one weekend residential. Total of one hundred hours. |
| **Location of Course:** | Colaiste Ide, Finglas |
| **Cost of Course:** | None |
Selection Procedure: Application to Co-ordinators (see above)

Application: This course provides a good introduction to drugs and addiction. There is an emphasis on understanding the impact of addiction on families and within the community. The course is relevant to personnel working at community level in a voluntary or paid capacity.

N.B. The DICE course is also offered by Blanchardstown Drug Task Force.
<table>
<thead>
<tr>
<th><strong>Course Provider:</strong></th>
<th><strong>Pavee Point Travellers Centre</strong></th>
</tr>
</thead>
</table>

Pavee Point is a national non-governmental organisation committed to the attainment of human rights for Irish Travellers. It is a partnership of Travellers and settled people involved in direct education and training work, policy development and development of materials.

<table>
<thead>
<tr>
<th><strong>Contact Person:</strong></th>
<th>Ms. Ronnie Fay</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th><strong>Contact Numbers:</strong></th>
<th>Phone: 01-878 0255   Fax: 01-874 2626</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th><strong>E-mail:</strong></th>
<th><a href="mailto:pavee@iol.ie">pavee@iol.ie</a></th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th><strong>Course Aims:</strong></th>
<th>To develop a Traveller specific focus to drug use among Travellers.</th>
</tr>
</thead>
</table>

| **Course Objectives:** | To raise awareness of drug issues and their impact within the Traveller community.  
To develop insights into drug issues  
To develop an understanding of services and policies |
|------------------------|-----------------------------------------------------------------------------------------------|

<table>
<thead>
<tr>
<th><strong>Target Group:</strong></th>
<th>Travellers, particularly young Travellers and Traveller women, and community workers who work directly with Travellers.</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th><strong>Entry Requirements:</strong></th>
<th>None for basic course. Requirement to work directly with Travellers for in-service courses.</th>
</tr>
</thead>
</table>
## Course Content:
- Policy context and overview
- Drug awareness
- Types and effects of drugs
- Prevalence and patterns of drug use
- Service provision
- Role of community development
- Traveller specific issues

## Training Methods:
Experiential learning, videos, inputs, guest speakers, project work, visits and placements in other projects.

## Assessment:
Weekly and monthly review sessions.

## Qualification:
N/a

## Duration of Course:
Not specified

## Location of Course:
Pavee Point

## Cost of Course:
None

## Selection Procedure:
Interview

## Application:
Pavee Point began piloting a response to drug issues within the Traveller community in 1998, which includes a training course for young Travellers and in-service training for youth and community workers working with Travellers. The in-service course will enable participants to undertake informal, preventative education and training and to develop responses in their own areas.
The Ballymun Youth Action Project was set up in 1981, and was Ireland's first community response to drug misuse. Urrús is a YAP initiative and has been responsible for the project’s training since 1996.

Contact Person:
John Adams
Training Centre Co-ordinator
Dr. Mary Helen McCann
Director

Contact Numbers:
Phone: 01-842 5726  Fax: 01-842 5729

E-mail:
jadams@aonad.iol.ie

Course Aims:
To increase the capacity of the learners in responding to the drugs issue in their own communities by highlighting the issues and effects of addiction on the individual, the family and the community.

To enable the learner to set achievable goals for work experience.

Preparing the learner to plan, deliver and evaluate a drugs education session within his or her own community.

To enable the learner to evaluate/review choices based on his/her experience, abilities and available options.
**Course Objectives:**
A course to skill local people in delivering drug awareness programmes in his/her community.

**Target Group:**
Graduates of the Community Addiction Studies Course

**Entry Requirements:**
Completion of Community Addiction Studies Course

**Course Content:**
- NCVA Module - Communications
  - Unit 1: Verbal Communications Skills: Speaking, Listening, Reading and Writing
  - Unit 2: Non-verbal Communications, Interactive Skills and Media Analysis
  - Unit 3: Introduction to New Information Technology and Computer Literacy
- NCVA Module - Work Experience
  - Unit 1: Planning and Preparation
  - Unit 2: Experience
  - Unit 3: Review and Evaluation
- Drugs and their effects (Refresher)
- How addiction effects individuals, families, communities
- How individuals and communities can respond
- Presentation Skills
- Needs Assessment
- Planning
- Education Theory and Best Practices
- Placement
- Programme Delivery
- Evaluation
<table>
<thead>
<tr>
<th>Training Methods:</th>
<th>Group facilitation, community development, work experience</th>
</tr>
</thead>
<tbody>
<tr>
<td>Assessment:</td>
<td>Students are assessed in accordance with NCVA requirements</td>
</tr>
<tr>
<td>Qualification:</td>
<td>Two modules of NCVA Level 2</td>
</tr>
<tr>
<td>Duration of Course:</td>
<td>Forty three-hour sessions plus residential weekend</td>
</tr>
<tr>
<td>Location of Course:</td>
<td>Urrús premises</td>
</tr>
<tr>
<td>Cost of Course:</td>
<td>£20</td>
</tr>
<tr>
<td>Selection Procedure:</td>
<td>All Ballymun CASC graduates are invited to apply</td>
</tr>
</tbody>
</table>
| Application:      | This course builds on the knowledge and skills developed on the CASC course. Participants have assisted in the training work of Urrús as well as obtaining employment in a variety of organisations. The course was piloted in 1997 but has not been run since then due to a lack of resources.
The Talbot Centre

29 Upper Buckingham Street
Dublin 1

The Talbot Centre was established in 1983, in response to increased levels of problem drug use in Dublin’s inner city. The project provides a range of services to young people using drugs, or at risk of using drugs, and their families. The main objective of the project is to empower young people considered at risk of, or already involved in problem drug use, to take control of their lives while remaining within their community.

Contact Person: Liam Roe
Project Leader

Contact Numbers: Phone: 01-836 3434/6746 Fax: 01-855 3910

E-mail: N/a

Course Aims: To ‘train the trainers’, i.e. professionals working with young people:

(a) to recognise and respond to substance abuse in their client group
(b) to develop a multi/ cross sectoral approach to substance 93 use
<table>
<thead>
<tr>
<th><strong>Course Objectives:</strong></th>
<th>To enable participants to recognise and respond to drug related problems in co-operation with colleagues from other agencies within their local network.</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Target Group:</strong></td>
<td>Professionals working with young people and families</td>
</tr>
<tr>
<td><strong>Entry Requirements:</strong></td>
<td>None</td>
</tr>
</tbody>
</table>
| **Course Content:**   | Making links  
|                       | Exploring attitudes  
|                       | Extending knowledge (including session on HIV, Hepatitis)  
|                       | Identifying skills  
|                       | Developing skills (one to one counselling, family systems)  
|                       | Building networks  
|                       | Evaluating experiences  |
| **Training Methods:** | Active participation by trainers and participants through use of exercises and problem-solving activities. The trainer is a facilitator, not the ‘drugs expert’. |
| **Assessment:**       | N/a |
| **Qualification:**    | N/a |
| **Duration of Course:** | Eight three-hour sessions on weekly basis. |
| **Location of Course:** | The course is held in a local youth drug project. The catchment area for the course is the North Inner City Local Drugs Task Force Area. |
Cost of Course: None

Selection Procedure: Local agencies are invited to apply by letter. First come basis, but may only accept one person from each agency.

Application: This course was developed by staff of the Talbot Centre in consultation with the Eastern Health Board, from a programme originally developed by East Sussex Drugs Advisory Council. The Talbot Centre hopes to extend provision of this course to include voluntary workers.

The course has included probation workers, social workers, public health nurses, community workers, CE trainers, hostel workers and others. There is a strong emphasis on inter-agency and inter-sectoral collaboration within the course, rather than on the provision of basic information about drugs.
The Cork Social and Health Education Project has been working in this field for twenty-five years. It is funded by the Southern Health Board and the Department of Social, Community and Family Affairs. The Project specialises in training adult facilitators/group workers to work with adolescent and adult groups on a variety of health and personal development issues including drugs and alcohol.

Frank Dorr
Director

Phone: 021-278 464     Fax: 021-278 467

To give people the personal development, the facilitation skills and the knowledge to work intensively with community groups on personal, behavioural, communication and lifestyle issues.

To provide opportunities for personal development in depth
To help develop awareness of social, economic, cultural and gender structures in the local, national and international world.
To develop the skills of experiential education design and facilitation
To develop the knowledge appropriate to special courses e.g. for parents, older people, women’s health groups, etc. This includes drug issues for appropriate groups.

**Target Group:**

The course is available to professionals, including teachers, guidance counsellors and youth workers, to community and voluntary workers and to parents.

**Entry Requirements:**

None

**Course Content:**

The course as a whole consists of several courses at different levels. These include the Foundation/Introductory course, two Intermediate courses and a range of specialised courses. Content includes:

- Personal development
- Managing feelings and emotions
- Communication
- Health education/promotion
- Life cycle issues
- Body awareness
- Stress
- AIDS
- Social/structural/justice awareness
- Practical education design
- Facilitation skills
- Tutor training incorporating knowledge relevant to specialist areas
- Exploration of attitudes and values
### Training Methods:
Mainly experiential group work with inputs and discussion

### Assessment:
Assessment is by self, peers and trainers, during and at the end of the course.

### Qualification:
Certificate of Competence (Cork Social & Health Education Project)

### Duration of Course:
The courses include evening sessions and weekends.
The total for each course is as follows:

<table>
<thead>
<tr>
<th>Course</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Introductory</td>
<td>140 hours</td>
</tr>
<tr>
<td>Intermediate 1</td>
<td>70 hours</td>
</tr>
<tr>
<td>Intermediate 2</td>
<td>150 hours</td>
</tr>
<tr>
<td>Specialised</td>
<td>60-80 hours</td>
</tr>
</tbody>
</table>

### Location of Course:
Various

### Cost of Course:
- Introductory: £340
- Intermediate 1: £250
- Intermediate 2: £450
- Specialised: £280 per course
Selection Procedure: Access is mainly open to introductory course, but interviews are sometimes held. Self and trainer selection thereafter. There is limited advertising of the course. Recruitment is mainly by word of mouth.

Application: This programme offers comprehensive training in facilitation skills and group work, relevant to practitioners in the field of drug misuse as well as specific input on drug and alcohol misuse. The training provides a basis for working as a trainer/facilitator in drug awareness and drug education, and other related fields.

The Cork Social and Health Education Project also provides the Family Communications and Self Esteem programme developed with the Health Promotion Unit.
Course Provider: City of Dublin Youth Service Board

70 Morehampton Road
Donnybrook
Dublin 4

The City of Dublin Youth Service Board is a youth work support service provided by the City of Dublin VEC. Various supports are provided to a large number of youth clubs, community based youth projects and special youth projects.

Contact Person: Bill Blake
Development Officer for Training

Contact Numbers: Phone: 01-668 3198  Fax: 01-668 3342

E-mail: bill.blake@cdysb.cdvec.ie

Course Aims: To familiarise youth leaders and youth workers with the nature and effects of currently available drugs. To understand their own role as workers and to be aware of the resources available.

Course Objectives: Participants will know about:

Types of drugs
Personal, social, health effects of drugs
Reasons for drug misuse
Concepts of addiction and abuse
<table>
<thead>
<tr>
<th><strong>Target Group:</strong></th>
<th>Youth leaders and youth workers</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Entry Requirements:</strong></td>
<td>Aged eighteen or over, basic literacy, active involvement in youth work on a paid or voluntary basis.</td>
</tr>
<tr>
<td><strong>Course Content:</strong></td>
<td>See objectives above</td>
</tr>
<tr>
<td><strong>Training Methods:</strong></td>
<td>Lecture, group discussion, video, role play</td>
</tr>
<tr>
<td><strong>Assessment:</strong></td>
<td>Assignments and participation</td>
</tr>
<tr>
<td><strong>Qualification:</strong></td>
<td>NCVA Level 2 (one module)</td>
</tr>
<tr>
<td><strong>Duration of Course:</strong></td>
<td>Twenty weeks</td>
</tr>
<tr>
<td><strong>Location of Course:</strong></td>
<td>Liberties Vocational School</td>
</tr>
<tr>
<td><strong>Cost of Course:</strong></td>
<td>Not specified</td>
</tr>
<tr>
<td><strong>Selection Procedure:</strong></td>
<td>Interview</td>
</tr>
<tr>
<td><strong>Application:</strong></td>
<td>The course has a youth work focus especially around the issue of the youth worker’s response, which would be seen as primarily educational.</td>
</tr>
</tbody>
</table>

Their values in relation to drugs and drug users

The role of the youth worker

Resources available

Rehabilitation

Therapeutic approaches
<table>
<thead>
<tr>
<th>Course Provider:</th>
<th>Community Response</th>
</tr>
</thead>
<tbody>
<tr>
<td>29 Blackpitts</td>
<td>Dublin 8</td>
</tr>
<tr>
<td></td>
<td>Community Response is a partnership project of statutory, voluntary and community interests concerned with problem drug use, drug related HIV and AIDS and drug related crime in the south inner city of Dublin.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Contact Person:</th>
<th>Therese O’Driscoll</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Adult Education Trainer</td>
</tr>
</tbody>
</table>

| Contact Numbers: | Phone: 01-454 9772   Fax: 01-454 7378 |

| E-mail: | N/a |

| Course Aims: | To train local people as Community Drug Workers so that they are in a position to take an informed active role, with recognised authority, in the development and delivery of drug services in a community development context. |

| Course Objectives: | To design and deliver comprehensive, accredited training To develop culturally relevant materials To highlight the connection between multiple disadvantage and problem drug use To promote the practice of good adult education approaches To promote the recognition that no one service/ discipline has the solution – partnership is required |
### Target Group:
Voluntary and community workers from communities affected by drug misuse.

### Entry Requirements:
None

### Course Content:
- Pharmacology of drugs
- Perspectives and policies on drug use
- Overview and critical analysis of addiction
- Practical training in harm reduction
- Research-based practice (needs based)
- Motivational interviewing
- Crisis intervention
- Assessment
- Organisational skills for the workplace
- Social mapping
- Group work
- Principles and practice of community development
- Social and cultural analysis
- Community health issues
- Placements and supervision

### Training Methods:
Principles and practice of adult education, person/ process centred training, psycho-social method, experiential learning, consultative and participative learning.

### Assessment:
Written work and video/audio tapes
<table>
<thead>
<tr>
<th>Qualification:</th>
<th>NCVA Level 2 in Addiction Studies, Work Placement and Communications</th>
</tr>
</thead>
<tbody>
<tr>
<td>Duration of Course:</td>
<td>Eighty three/ four-hour sessions, twice weekly.</td>
</tr>
<tr>
<td>Location of Course:</td>
<td>Community centre, south inner city</td>
</tr>
<tr>
<td>Cost of Course:</td>
<td>N/a</td>
</tr>
<tr>
<td>Selection Procedure:</td>
<td>Application and interview. Selection on the basis of involvement in/ commitment to local drug services.</td>
</tr>
<tr>
<td>Application:</td>
<td>This course is aimed at people from the communities in Dublin 8 and Dublin 12 most affected by the drug problem. It equips participants with the skills and knowledge to contribute to the development and delivery of local drug services in either a paid or voluntary capacity. The course has a strong community development perspective and an emphasis on harm reduction.</td>
</tr>
</tbody>
</table>
Section D
Details of Training Courses

This section includes courses leading to qualifications in the field of drug misuse, at diploma, degree or professional levels. The courses in this section require a very significant investment of time and effort. Their primary relevance is to those working or intending to work in the field of drug misuse in a professional capacity. The third level institutions involved in the provision of these courses may take a flexible approach to entry requirements, particularly to facilitate students from educationally disadvantaged communities. Nevertheless, it is generally necessary to demonstrate a high level of commitment to studying at this level, and to show significant prior experience in the field.
The Department of Social Studies in Trinity College has as its core disciplines, social work and social policy. The addictions studies course is one of a number of multidisciplinary programmes offered by the Department.

Contact Person: Marguerite Woods
Course Co-ordinator

Contact Numbers: Phone: 01-608 2878 Fax: 01-671 2262

E-mail: woodsma@tcd.ie

Course Aims: The course aims to educate, train and challenge through training in a wide range of approaches and perspectives. It also aspires to encourage students to think, reflect, assess and critically evaluate a range of interventions and services in the drugs and alcohol field.

Course Objectives: The course will seek to enable students:

To examine in depth the theoretical and practical aspects of problem drug use and problem drinking
To familiarise themselves with a range of treatment modalities
To be trained in the proficient use of at least one of the major counselling approaches in this field.
To develop an understanding of evaluative research
To examine public policy in relation to alcohol and drug problems.

**Target Group:**
Those already working in the alcohol and drugs field, those wishing to work in the field and those who work in a range of areas where they may come into contact with problem drug or alcohol users - probation officers, gardaí, public health nurses, psychiatric nurses, general nurses, community workers, volunteers - who wish to augment their knowledge and return to their workplaces with new learning and experience.

**Entry Requirements:**
Experience in the field. Candidates with serious literacy problems may be advised to address these prior to commencement.

**Course Content:**
Introduction to basic concepts
Addiction counselling and skills
Sociology
Psychology
Pharmacology
Microbiology
Introduction to social research
Agency profiles
Introduction to writing skills
Alcohol policy, drug policy and public health
Education and prevention
Presentation skills
Law
Drug use and HIV
Drug problems and the family doctor
Child care and juvenile justice
Drug using parents: the child care issues
Women and drugs
Transfer of learning and organisational resistance

Training Methods: Both didactic and experiential focused work
Assessment: Projects and essays, including a fieldwork placement report or practice study and a Major Final Report
Qualification: Diploma in Addiction studies
Duration of Course: Full-time, for twenty-six weeks, from October to May
Location of Course: Trinity College
Cost of Course: Approximately £2000
Selection Procedure: Application and interview
This course was established in 1983 and has been completed by over two hundred students since then. The annual intake to the course was doubled to twenty-four students in 1997/8.

Evaluation of the programme has found that this course is widely regarded as effective training for addiction counsellors, drug workers and other positions in the field. Many students of this course have made a significant contribution to the development of drug and alcohol services at home and abroad.
Course Provider:  
Department of Social Studies, Trinity College

Arts Building  
Trinity College  
Dublin 2

Contact Person:  
Shane Butler  
Course Co-ordinator

Contact Numbers:  
Phone: 01-608 2009  
Fax: N/a

E-mail:  
sbutler@tcd.ie

Course Aims:  
The course aims to offer its students a broad critical understanding of how society attempts to prevent or respond to problems associated with the use of licit and illicit drugs.

Course Objectives:  
To offer specific opportunities to develop research, management and policy-making skills in this area.

Target Group:  
Primarily those holding management or policy-making positions in any of the human service organisations which deal with drug and alcohol problems.

Entry Requirements:  
Current or recent experience of either direct service provision, administration or policy-making relevant to the addictions field and a recognised professional qualification in a relevant field or a non-professional degree of at least 2.2 standard. Candidates not satisfying the academic criteria may be considered by the Selection Committee.
Course Content: Course content will include six modules as follows:

- Alcohol & drugs - use and problem use
- National and international policy
- Research and evaluation
- Research seminars
- Therapeutic interventions into problem alcohol/drug use
- Service management

Training Methods: Lectures, seminars, research.

Assessment: A pass mark on all six modules is required as well as completion of a research project (17-20,000 words).

Qualification: MSc in Drug and Alcohol Policy

Duration of Course: Students attend for a three day block every month for two years, taking six modules of forty hours each.

Location of Course: Trinity College

Cost of Course: On application

Selection Procedure: Application to the Course Co-ordinator (see above)

Application: This is a new course, which commenced in 1998 and has an intake every two years. The course would clearly be of benefit to staff at senior levels in a wide range of organisations involved in responding to drug misuse.
Course Provider: Waterford Institute of Technology

Contact Person: Tony Barden
Drug Co-ordinator
South Eastern Health Board
St. Patrick’s Hospital
Waterford

Contact Numbers: Phone: 051-853035    Fax: 051-853037

E-mail: N/a

Course Aims: To provide an accredited third level programme, which will qualify candidates to work in the area of community drug prevention work.

Course Objectives: To explore the psychological base of drug abuse.
To reflect critically on different systems of philosophical, sociological, anthropological cultural and legal thought on the subject of addiction.

Target Group: People wishing to work in the field of drug misuse.

Entry Requirements: Previous experience of working in a drug area.
For school leavers, the Leaving Certificate.
Course Content:
The course content will include:

- Introductory certificate
- Communications and PR
- Drugs and the law
- Study skills and IT
- Pharmacology and biology
- Psychology of drug abuse
- Counselling skills
- Treatment and rehabilitation
- Group work and facilitation skills
- Sociology of the drug culture
- Research methodology
- Epidemiology
- European and comparative social policy
- Social analysis and social policy making
- Theory and practice of adult education

Training Methods:
Lectures, seminars, skill-based teaching, media and personal study

Assessment:
Continuous assessment, tutor assessment, placement

Qualification:
Depending on length of participation the course will lead to:

a. Introductory Certificate in Community Drug Prevention
b. Diploma in Community Drug Prevention
c. Degree in Community Drug Prevention
NATIONAL DIPLOMA/DEGREE IN COMMUNITY DRUG PREVENTION STUDIES

Duration of Course: Introductory course will be part-time (two mornings per week) from October to May. Diploma will take approximately two years part-time and the Degree approximately four years part-time.

Location of Course: Waterford Institute of Technology

Cost of Course: Introductory Certificate - €495
Degree - approximately €3,500 – €4,000

Selection Procedure: By application and interview

Application: This is a new course developed jointly by Waterford IT and the South Eastern Health Board. It is intended to meet the growing need for skilled drug workers in the region.
Section E
Details of Training Courses

The section includes training provided on an in-service basis, to professionals and other workers in the field of drug misuse or related areas. In general, entry to these training courses and programmes is limited to the specific group for whom it is intended. In some cases, however, other workers in closely linked fields may be able to access these courses.
DRUG EDUCATION AND AWARENESS FOR PHARMACISTS

Course Provider: Pharmaceutical Society of Ireland

37 Northumberland Road
Dublin 4

The Pharmaceutical Society of Ireland is the statutory body for the education, registration and professional practice for pharmacists.

Contact Person: Dermot McDermott
Inspector

Contact Numbers: Phone: 01-660 0551  Fax: 01-6681461

E-mail: pharmsoc@pharmaceuticalsociety.ie

Course Aims: To equip pharmacists with the necessary technical and communication skills to provide effective drug education and awareness programmes at local community level.

Course Objectives: To have a network of trained pharmacists to give presentations at local level, either on their own initiative or in partnership with other agencies (Department of Education’s SAPP or Garda programmes).

Target Group: Pharmacists

Entry Requirements: Participants must be qualified pharmacists
<table>
<thead>
<tr>
<th><strong>Course Content:</strong></th>
<th>Background to origins, uses, adverse effects and ancillary matters for all drug substances. Effective communication and presentation skills.</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Training Methods:</strong></td>
<td>Standard lecture format for technical material and interactive exchange with course facilitators for communication skills.</td>
</tr>
<tr>
<td><strong>Assessment:</strong></td>
<td>Facilitator feedback, peer group interaction and video demonstrations.</td>
</tr>
<tr>
<td><strong>Qualification:</strong></td>
<td>No formal qualification</td>
</tr>
<tr>
<td><strong>Duration of Course:</strong></td>
<td>Two days</td>
</tr>
<tr>
<td><strong>Location of Course:</strong></td>
<td>Andec Communications Ltd., Bray</td>
</tr>
<tr>
<td><strong>Cost of Course:</strong></td>
<td>N/a</td>
</tr>
<tr>
<td><strong>Selection Procedure:</strong></td>
<td>First come, first served basis, following advertisement in Pharmacy Journal</td>
</tr>
<tr>
<td><strong>Application:</strong></td>
<td>The purpose of the course is to enable pharmacists to give lectures/presentations to community groups, schools, etc.</td>
</tr>
<tr>
<td>Course Provider:</td>
<td>Garda Siochana</td>
</tr>
<tr>
<td>------------------</td>
<td>----------------</td>
</tr>
<tr>
<td>There are three main sections of the Garda Siochana involved in training activities. The Garda College, the Garda National Drugs Unit and the Garda Community Relations Section.</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Garda National Drugs Unit</th>
</tr>
</thead>
<tbody>
<tr>
<td>Garda Headquarters</td>
</tr>
<tr>
<td>Phoenix Park</td>
</tr>
<tr>
<td>Dublin 7</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Contact Person:</th>
<th>N/a</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Contact Numbers:</th>
<th>Phone: 01-666 9900   Fax: N/a</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>E-mail:</th>
<th>N/a</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Course Aims:</th>
<th>Various measures aimed at both supply reduction and demand reduction.</th>
</tr>
</thead>
</table>

| Course Objectives: | Vary according to the particular course in question. |

The Garda College is involved in training members of the Gardaí only. Training in a wide range of drug related issues is provided as part of various promotion courses as well as to student Gardaí and those entering specialist units.

The Garda National Drugs Unit provides specialised training in a range of police procedures related to reducing the
supply of drugs, including intelligence gathering, investigations, scene preservation, evidence gathering, presentation of evidence and court procedures.

The Community Relations Section of the Garda Siochana is involved in the Garda Schools Programme aimed at fifth class pupils in primary school, which includes information on tobacco, alcohol and solvents. Training is provided for Juvenile Liaison Officers in the use of drugs by young people in the community.

Training is also provided in relation to Neighbourhood Watch, Community Alert, Coastal Alert, all of which are relevant to supply reduction measures.

**Target Group:** Training measures are targeted at members of the Garda Siochana. An educational/advisory service is also available to the general public, school children and a range of other groups.

**Entry Requirements:** N/a

**Course Content:** Varies

**Training Methods:** Internally, a range of methods are used. The public presentations take the form of demonstrations and lectures. The Gardaí regard these events as an educational/advisory service, rather than as training.
<table>
<thead>
<tr>
<th>Assessment:</th>
<th>N/a</th>
</tr>
</thead>
<tbody>
<tr>
<td>Qualification:</td>
<td>Not applicable in relation to the public.</td>
</tr>
<tr>
<td>Duration of Course:</td>
<td>Varies for Gardaí. Public presentations are usually single sessions.</td>
</tr>
<tr>
<td>Location of Course:</td>
<td>Various</td>
</tr>
<tr>
<td>Cost of Course:</td>
<td>N/a</td>
</tr>
<tr>
<td>Selection Procedure:</td>
<td>Internal selection procedures for Garda training. Not applicable for public events.</td>
</tr>
<tr>
<td>Application:</td>
<td>Garda training is aimed at increasing the effectiveness of the Gardaí in responding to the drug problem at a number of levels. Garda presentations to the public or particular groups such as school children are intended to supplement the work of other agencies in providing drug awareness and education programmes, or training in drug misuse. The Gardaí consider their presentations to be of immense benefit to a wide range of groups, but are quite clear about the limitations of this type of input. The obvious point is that a talk by the Gardaí cannot be regarded in itself as an adequate response to the need for drug education in schools, youth groups or any other context.</td>
</tr>
</tbody>
</table>
IN-SERVICE TRAINING FOR THE PROBATION & WELFARE SERVICE

Course Provider: Probation & Welfare Service Staff Development Unit

Smithfield Chambers
Smithfield
Dublin 7

Contact Person: Sean Lowry
Assistant Principal Probation & Welfare Officer

Contact Numbers: Phone: 01-817 3600/ 3665 Fax: 01-8722737

E-mail: N/a

Course Aims: To supplement existing skills of staff to enable them to deal with drug users.

Course Objectives: To provide staff with requisite knowledge of drugs abused. To locate the place of drug work within Probation work. To identify and develop intervention skills. To identify and develop knowledge of drug related personal problems. To locate the work of the Probation and Welfare Service in this area, with other community agencies.

Target Group: Staff of the Probation and Welfare Service and Community Service supervisors.

Entry Requirements: N/a
Course Content:
Information about substances abused
Update on treatment methodology and approaches
Intervention skills training
Relapse management

The Staff Development Unit has also provided training in the following topics:

Motivational interviewing
Skills in working one to one with problem drug users
HIV/AIDS and Hepatitis, information and counselling skills
The work of the Local Drug Task Forces
Group work with problem drug users
Confidentiality in working with addicts and other agencies
Methadone
Probation and Welfare Service Policy in working with drug users
The Drugs Courts
Drugs legislation
An overview of drug services and approaches to treatment
Linkages between services and related probation issues

Assessment: N/a
Qualification: N/a
Duration of Course: One or two days
Location of Course: Smithfield Chambers
The Staff Development Unit runs a range of short courses designed to respond to specific issues relevant to staff in the Service. The Unit has very little scope to offer training to other groups due to its workload and has only provided one such course to date, to staff of Trinity House.
SOCIAL PERSONAL AND HEALTH EDUCATION

Course Provider: Mary Immaculate College

Mary Immaculate College
Limerick

Mary Immaculate College is a teacher training college for primary school teachers.

Contact Person: Carol O’Sullivan
Co-ordinator of Bí Folláin Primary School Programme

Contact Numbers: Phone: 061-204308  Fax: 061-313632

E-mail: carol.osullivan@mic.ul.ie

Course Aims: To equip student teachers with the skills and competencies to teach health related topics effectively at primary school level.

Course Objectives: As above

Target Group: Undergraduate student teachers

Entry Requirements: Required points in Leaving Certificate for entry to B.Ed.

Course Content: SPHE – how do we get there?
The concept of the ‘Health Promoting School’
Models of SPHE
Principles of SPHE
The new NCCA curriculum for primary schools
RSE and SPHE
Drug education and resources
Self-esteem
Bereavement education
The Walk Tall Programme
The Bí Folláin Programme
The Stay Safe Programme

Training Methods: Entirely conducted through workshop sessions with small groups. Students are given opportunities to facilitate groups where feasible.

Assessment: Participation and attendance, research project, presentation of research findings.

Qualification: One module of BEd degree

Duration of Course: Thirty two-hour sessions

Location of Course: In the college

Cost of Course: Included in degree fees

Selection Procedure: Students with a preference for this option apply

Application: This module ensures that newly qualified teachers are familiar with the principles, methods and content of SPHE, and are equipped to teach it at primary school level. At present this module can only cater for a minority of students (twenty-five per year).
The Substance Abuse Prevention Project, is funded by the Department of Education and Science, and the Department of Health and Children. Its steering committee includes representatives of the Mater Dei Counselling Service and the Marino Institute of Education. It provides training to post-primary school teachers to support them in the use of the resource pack, On My Own Two Feet, for students in post-primary schools.

Contact Person: Niamh McArdle
Administrator

Contact Numbers: Phone: 01-833 0101 Fax: 01-833 7219

E-mail: inhps@connect.ie

Course Aims: To train teachers in the use of participative teaching methods appropriate for the use of the materials from On My Own Two Feet in the classroom.

Course Objectives: That teachers would become familiar with the rationale for using teaching methods and materials for primary prevention of substance misuse, in the context of a broader personal development framework.
### Substance Abuse Prevention Programme

<table>
<thead>
<tr>
<th><strong>Target Group:</strong></th>
<th>Teachers in post-primary schools in Ireland</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Entry Requirements:</strong></td>
<td>N/a</td>
</tr>
</tbody>
</table>
| **Course Content:** | Identity and self-esteem  
Assertive communication  
Feelings  
Understanding Influences  
Decision-making  
Drug issues  
Group work  
School planning  
Personal development |
| **Training Methods:** | Participative methods are used throughout, interspersed with inputs on the theoretical background to the issue. |
| **Assessment:** | N/a |
| **Qualification:** | Certificate of attendance |
| **Duration of Course:** | Sixteen weekly sessions (twelve three-hour sessions and four five-hour sessions). |
| **Location of Course:** | Various locations nationally, usually in schools, colleges or teacher education centres |
| **Cost of Course:** | N/a |
Selection Procedure: Application forms are distributed to schools. All applicants with approval of their principal are accepted.

Application: Although it is mainly aimed at enabling teachers to use On My Own Two Feet effectively, the training has been undertaken by other workers, including Youthreach staff and youth workers on occasion. The National Youth Council of Ireland have recently delivered an adaptation of this training to youth workers.
Drug education programmes for children and young people are, in the main, outside the scope of this project, which is primarily concerned with training for those working or wishing to work in the field of drug misuse in either a paid or voluntary capacity. Many of the courses listed in this Directory are intended to equip adults with the skills to carry out education, prevention and intervention programmes with young people using or at risk of using drugs. The majority of programmes do not, however, prescribe the particular programmes, which should be provided to young people.

There are, however, a number of programmes which aim to equip young people themselves to play a role in responding to issues of drug misuse. These are programmes, which place a strong emphasis on peer education. In other words, young people learn about drug misuse in order to educate, or at least consciously influence, other young people. This is not to say of course that the participants in these programmes do not benefit themselves from increased awareness and understanding. Clearly they do. But this is not the only point or even the main point of such programmes. It is, therefore, appropriate to include some of these peer education programmes in this Directory.
Course Provider: Crosscare Drugs Awareness Programme

Clonliffe College
Dublin 3

The DAP was founded in 1984 and provides training, facilitation and consultancy, to enable groups and individuals to play an active part in the prevention of drug related problems. The DAP also provides counselling and support for people affected by drug related problems.

Contact Person: Chris Murphy
Director

Contact Numbers: Phone: 01-836 0911 Fax: 01-836 0745

E-mail: drugprev@eircom.ie

Course Aims: To train and empower young people to carry out activities for prevention of drug related problems in their own families and communities.

Course Objectives: To enable young adults (aged 18-21) to carry out seminars for their peers or for younger people.

Target Group: Young people in the relevant age group.

Application: This peer education programme represents a development of the ‘Youth to Youth’ project established in 1985. The current approach has a stronger community development perspective, aiming to develop skills and services at the local level. Further details are as for Leadership Training for Prevention of Drug Problems (B9).
F2

PEER EDUCATION DRUG AWARENESS PROGRAMME

Course Provider: Ossory Youth

Desart Hall
New Street
Kilkenny

Ossory Youth is a provider of informal educational and youth work supports in Kilkenny and South Laois, and is affiliated to the National Youth Federation. Through its various community youth projects, youth clubs, information services and special projects, it works annually with over 6000 people.

Contact Person: Martin Ryan
Development Officer

Contact Numbers: Phone: 056-61200 Fax: 056-52385

E-mail: oys@iol.ie

Course Aims: To provide training to transition year and pre-leaving cert. aged young people, to raise discussions around young peoples' lifestyles, influences, pressures and experiences through role-play, group work, etc.

Course Objectives: To involve young people in meaningful activities which support other young people in their community.

To provide young people with a quality training programme which covers personal development, confidence-building, leadership, and communication skills.
To provide an efficient and effective way of reaching young people who may not respond to adults delivering the same drug awareness information.

To provide young people with a pro-active way of learning about issues which will enable them to inform other young people.

**Target Group:**
Young people aged sixteen to eighteen.

**Entry Requirements:**
Applicants should be outgoing, enthusiastic, and interested in working with other young people to create an awareness of the negative effects of drugs.

**Course Content:**
- Introduction
- Aims of programme
- Drug information
- Personal values
- Peer education
- Group work
- Design of peer education workshop
- Role play
- Planning peer education workshop

**Training Methods:**
Experiential learning methods. Young people will explore their understanding of participation and empowerment and reflect on their own values. Various techniques such as painting, collage, role play, mime, and games are used to stimulate discussion. Atmosphere is informal.
<table>
<thead>
<tr>
<th><strong>Assessment:</strong></th>
<th>N/a</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Qualification:</strong></td>
<td>In-house certificate</td>
</tr>
<tr>
<td><strong>Duration of Course:</strong></td>
<td>The course consists of six weekend or full day sessions over a three month period</td>
</tr>
<tr>
<td><strong>Location of Course:</strong></td>
<td>Ossory Youth Centre and other venues in Kilkenny</td>
</tr>
<tr>
<td><strong>Cost of Course:</strong></td>
<td>None</td>
</tr>
<tr>
<td><strong>Selection Procedure:</strong></td>
<td>The programme is advertised throughout the Ossory region. All applicants are met and their suitability assessed.</td>
</tr>
<tr>
<td><strong>Application:</strong></td>
<td>The programme was developed from a set of recommendations arising out of a conference in 1996 organised by Ossory Youth. The programme aims to develop young people as educators of their peers. The course was not run in 1999 due to lack of resources.</td>
</tr>
</tbody>
</table>
**Course Provider:**

**Ana Liffey Drug Project**

The Ana Liffey Drug Project is a street agency working with illicit drug users in Dublin, which operates within a harm reduction ethos. The project has been active in drugs work for over seventeen years.

**Contact Person:**

Gary Broderick

**Contact Numbers:**

Phone: 01-878 6899   Fax: 01-878 6828

**E-mail:**

asterisk@iol.ie

**Course Aims:**

- To enhance harm reduction knowledge
- To enhance self-esteem and self-efficacy
- To empower our client group to help each other

**Course Objectives:**

To harness the skills already present in the client group to be used in peer harm reduction intervention

**Target Group:**

Drug users attending Ana Liffey or applying from other agencies

**Entry Requirements:**

None
**Course Content:**
Varies according to the skills and abilities of the group and current issues for drug users. All courses include:

- Pharmacology of drugs
- Safer injecting
- Safer sex
- Team building
- Hepatitis C and HIV
- Wheel of change
- Models of addiction
- Politics and policies of drug treatment
- Communication Skills
- Assertiveness
- Gender issues
- Art workshops

**Training Methods:**
An adult education style of presentation using group work, discussion, role play, and overhead projector/flipchart (if literacy levels are adequate)

**Assessment:**
Portfolio compiled during the course

**Qualification:**
To date a Certificate presented by the Ana Liffey Project has been presented, but current participants are presenting for assessment under the NCVA Personal Development module.

**Duration of Course:**
Twelve to fourteen weeks, with four two-hour sessions each week. Total of approximately one hundred hours.

**Location of Course:**
Ana Liffey premises

**Cost of Course:**
None
Selection Procedure: The course is advertised internally and through other drug agencies. Participants are selected by interview.

Application: The course is intended to develop and utilise the skills and knowledge of drug users as peer support workers within their own communities. The course also aims to demonstrate that drug users who are currently using have the capability to complete a course.
Course Provider: Urrús/ Ballymun Youth Action Project

290 Balcurris Road
Ballymun
Dublin 11

The Ballymun Youth Action Project was set up in 1981, and was Ireland’s first community response to drug misuse. Urrús is a YAP initiative and has been responsible for the project’s training since 1996.

Contact Person: John Adams 
Training Centre Co-ordinator

Dr. Mary Helen McCann 
Director

Contact Numbers: Phone: 01-842 5726 
Fax: 01-842 5729

E-mail: jadams@aonad.iol.ie

Course Aims: To increase the capacity of the learners in responding to the drugs issue in their own communities by highlighting the issues and the effects of addiction on the individual, the family and the community. Preparing the learner to deliver drugs educational sessions within his/her own community.

Course Objectives: As above

Target Group: Young people

Entry Requirements: None
| **Course Content:** | Identifying and Assessing Own Skills  
|                    | Needs Assessment  
|                    | Facilitation Skills  
|                    | Personal Skills  
|                    | Drugs information  
|                    | Working with groups  |
| **Training Methods:** | Participative workshops and individual work  |
| **Assessment:** | N/a  |
| **Qualification:** | Urrús certificate  |
| **Duration of Course:** | Fifteen to twenty three-hour sessions on a weekly basis  |
| **Location of Course:** | Urrús premises  |
| **Cost of Course:** | None  |
| **Selection Procedure:** | Application and informal interview. The course is advertised in local schools and youth organisations.  |
| **Application:** | The course raises the awareness of the young people themselves and also equips them for a role in peer education. |
The lists on the following pages give contact numbers and addresses for some of the main agencies involved in drug training and education. These are intended to supplement the addresses listed in the Directory for specific courses.

Although some of these organisations are also included in the Directory, they are not all providers of training courses. Most of them, however, should be able to assist with enquiries about training in drug misuse.

The Health Boards, Youth Organisations and Local Drugs Task Forces, in particular, should also be able to direct enquiries towards relevant regional, local and community-based services. This should be of assistance in accessing drug training and education provision, which has not been included in the Directory for whatever reason.
# APPENDIX: USEFUL ADDRESSES

## HEALTH BOARDS

<table>
<thead>
<tr>
<th>Organisation</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Eastern Health Board</td>
<td>Dr. Stevens Hospital, Dublin 8</td>
<td>(01) 6790 0700</td>
</tr>
<tr>
<td>Midland Health Board</td>
<td>Arden Road, Tullamore, Co. Offaly</td>
<td>(0506) 21868</td>
</tr>
<tr>
<td>Mid-Western Health Board</td>
<td>31-33 Catherine Street, Limerick</td>
<td>(061) 316655</td>
</tr>
<tr>
<td>North-Eastern Health Board</td>
<td>Navan Road, Kells, Co. Meath</td>
<td>(046) 40341</td>
</tr>
<tr>
<td>North-Western Health Board</td>
<td>Manorhamilton, Co.Leitrim</td>
<td>(072) 55123</td>
</tr>
<tr>
<td>South Eastern Health Board</td>
<td>Lacken, Dublin Road, Kilkenny</td>
<td>(056) 20400</td>
</tr>
<tr>
<td>Southern Health Board</td>
<td>Wilton Road, Cork</td>
<td>(021) 545011</td>
</tr>
<tr>
<td>Western Health Board</td>
<td>Merlin Park Regional Hospital, Galway</td>
<td>(091) 751131</td>
</tr>
</tbody>
</table>

## HEALTH PROMOTION AGENCIES

<table>
<thead>
<tr>
<th>Organisation</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Health Promotion Unit</td>
<td>Hawkins House, Dublin 2</td>
<td>(01) 635 4100</td>
</tr>
<tr>
<td>National Youth Health Programme</td>
<td>C/ o NYCI, 3 Montague St., Dublin 2</td>
<td>(01) 478 4122</td>
</tr>
<tr>
<td>Cork Social &amp; Health Education Project</td>
<td>4 Carriglee, Western Rd., Cork</td>
<td>(021) 278464</td>
</tr>
<tr>
<td>Organisation</td>
<td>Address</td>
<td>Phone</td>
</tr>
<tr>
<td>------------------------------------</td>
<td>--------------------------------------------------</td>
<td>-----------</td>
</tr>
<tr>
<td>Ana Liffey Project</td>
<td>13 Lower Abbey St., Dublin 1</td>
<td>(01) 878 6899</td>
</tr>
<tr>
<td>Ballymun Youth Action Project/ Urrús</td>
<td>290 Balcurris Road, Ballymun, Dublin 11</td>
<td>(01) 842 5726</td>
</tr>
<tr>
<td>Cairde</td>
<td>25 Mary’s Abbey, off Capel St., Dublin 7</td>
<td>(01) 873 0800</td>
</tr>
<tr>
<td>Carlow Drugs Initiative</td>
<td>The Old Schools, College St., Carlow</td>
<td>(0503) 40616</td>
</tr>
<tr>
<td>Citywide</td>
<td>175 North Strand Rd., Dublin 1</td>
<td>(01) 836 5090</td>
</tr>
<tr>
<td>Community Awareness of Drugs</td>
<td>31 Central Hotel Chambers, Dame Court, Dublin 2</td>
<td>(01) 679 2681</td>
</tr>
<tr>
<td>Community Response</td>
<td>29 Blackpitts, Dublin 8</td>
<td>(01) 454 9772</td>
</tr>
<tr>
<td>Crosscare Drug Awareness Programme</td>
<td>The Red House, Clonliffe College Drumcondra, Dublin 3</td>
<td>(01) 836 0011</td>
</tr>
<tr>
<td>Merchant’s Quay Project</td>
<td>4 Merchant’s Quay, Dublin 8</td>
<td>(01) 679 0044</td>
</tr>
<tr>
<td>Parent to Parent</td>
<td>Coolmine House, 19 Lord Edward Street, Dublin 2</td>
<td>(01) 671 6146</td>
</tr>
</tbody>
</table>
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<thead>
<tr>
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</tr>
</thead>
<tbody>
<tr>
<td>Substance Abuse Prevention Project</td>
<td>Marino Institute of Education, Griffith Avenue, Dublin 9</td>
<td>(01) 833 0101</td>
</tr>
<tr>
<td>Talbot Centre</td>
<td>29 Upper Buckingham St., Dublin 1</td>
<td>(01) 836 3434</td>
</tr>
<tr>
<td>Together Against Drugs</td>
<td>Coolmine House, 19, Lord Edward Street, Dublin 2</td>
<td>(01) 671 6146</td>
</tr>
<tr>
<td>Waterford Community Based Drug Initiative</td>
<td>3 St. Augustine St., Dungarvan, Co. Waterford</td>
<td>(058) 41698</td>
</tr>
</tbody>
</table>

### LOCAL DRUGS TASK FORCES

<table>
<thead>
<tr>
<th>Organisation</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ballyfermot Drugs Task Force</td>
<td>C/o Cherry Orchard Hospital, Dublin 10</td>
<td>(01) 620 6412</td>
</tr>
<tr>
<td>Ballymun Drugs Task Force</td>
<td>18 Thomas McDonagh Tower, Ballymun, Dublin 9</td>
<td>(01) 842 4630</td>
</tr>
<tr>
<td>Blanchardstown Drugs Task Force</td>
<td>James Connolly House, JCM Hospital, Blanchardstown, Dublin 15</td>
<td>(01) 822 0220</td>
</tr>
<tr>
<td>Bray Drugs Task Force</td>
<td>A Chairperson and Co-ordinator are being assigned to this newly-formed Taskforce</td>
<td></td>
</tr>
<tr>
<td>Clondalkin Drugs Task Force</td>
<td>Ulster Bank Buildings, Monastery Rd, Clondalkin, Dublin 22</td>
<td>(01) 457 9445</td>
</tr>
</tbody>
</table>
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<tr>
<th>Organisation</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Cork Drugs Task Force</td>
<td>Community Care Offices, St. Finbar’s Hospital, Douglas Rd., Cork</td>
<td>(021) 923131</td>
</tr>
<tr>
<td>Dublin 12 Drugs Task Force</td>
<td>C/o Cherry Orchard Hospital, Dublin 10</td>
<td>(01) 620 6422</td>
</tr>
<tr>
<td>Dublin North East Drugs Task Force</td>
<td>Coolock Development Centre, Bunratty Drive, Coolock, Dublin 17</td>
<td>(01) 867 0488</td>
</tr>
<tr>
<td>Dun Laoghaire/ Rathdown Drugs Task Force</td>
<td>Centenary House, 35, York Rd., Dun Laoghaire</td>
<td>(01) 280 3335</td>
</tr>
<tr>
<td>Finglas/ Cabra Drugs Task Force</td>
<td>C/o Eastern Health Board, 2nd Floor, Phibsboro Tower, Phibsboro, Dublin 7</td>
<td>(01) 882 0311</td>
</tr>
<tr>
<td>North Inner City Drugs Task Force</td>
<td>51 Amiens St., Dublin 1</td>
<td>(01) 836 6592</td>
</tr>
<tr>
<td>Canal Communities Drugs Task Force</td>
<td>C/o Cherry Orchard Hospital, Dublin 10</td>
<td>(01) 620 6413</td>
</tr>
<tr>
<td>South Inner City Drugs Task Force</td>
<td>C/o Cherry Orchard Hospital, Dublin 10</td>
<td>(01) 620 6438</td>
</tr>
<tr>
<td>Tallaght Drugs Task Force</td>
<td>C/o Cherry Orchard Hospital, Dublin 10</td>
<td>(01) 620 6414</td>
</tr>
</tbody>
</table>
## YOUTH ORGANISATIONS

<table>
<thead>
<tr>
<th>Organisation</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Catholic Youth Council</td>
<td>20 Arran Quay, Dublin 7</td>
<td>(01) 872 5055</td>
</tr>
<tr>
<td>City of Dublin Youth Service Board</td>
<td>70 Morehampton Road, Donnybrook, Dublin 4</td>
<td>(01) 668 3198</td>
</tr>
<tr>
<td>Foroige</td>
<td>Irish Farm Centre, Bluebell, Dublin 12</td>
<td>(01) 450 1166</td>
</tr>
<tr>
<td>National Youth Council of Ireland</td>
<td>3 Montague Street, Dublin 2</td>
<td>(01) 478 4122</td>
</tr>
<tr>
<td>National Youth Federation</td>
<td>20 Lower Dominick Street, Dublin 1</td>
<td>(01) 872 9933</td>
</tr>
<tr>
<td>Pavee Point</td>
<td>46 North Great Charles St., Dublin 1</td>
<td>(01) 878 0255</td>
</tr>
<tr>
<td>Travellers’ Youth Service Church</td>
<td>Exchange House, St. Catherine’s Church, Meath St., Dublin 8</td>
<td>(01) 454 6488</td>
</tr>
</tbody>
</table>

## OTHER ORGANISATIONS

<table>
<thead>
<tr>
<th>Organisation</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Garda National Drugs Unit</td>
<td>Garda Headquarters, Phoenix Park Dublin 7</td>
<td>(01) 666 9900</td>
</tr>
<tr>
<td>Probation &amp; Welfare Service</td>
<td>Smithfield Chambers, Smithfield, Dublin 7</td>
<td>(01) 817 3600</td>
</tr>
</tbody>
</table>