# **Annual Report 2020**



### Tallaght Rehabilitation Project CLG Providing drug and alcohol rehabilitation within the local community

Providing drug and alcohol rehabilitation within the local community Kiltalown House Jobstown

Dublin 24



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#### Tallaght Rehabilitation Project CLG Mission Statement:

We believe in the advantage of rehabilitation within the community, as addiction does not happen in isolation. TRP provides a supportive and nurturing environment where participants are encouraged to work in a therapeutic process on their previous drug/alcohol use. TRP promotes a healthy lifestyle in a structured and safe way, through education and training. From this, participants are encouraged to make an informed choice to ultimately become and remain drug/alcohol free.

#### Values:

Tallaght Rehabilitation Project values and respects the rights and confidentially of all our participants to engage in a recovery process that is, honest, dignified, supportive, compassionate and positive and also strives to meet the needs of our clients through evaluation and development.

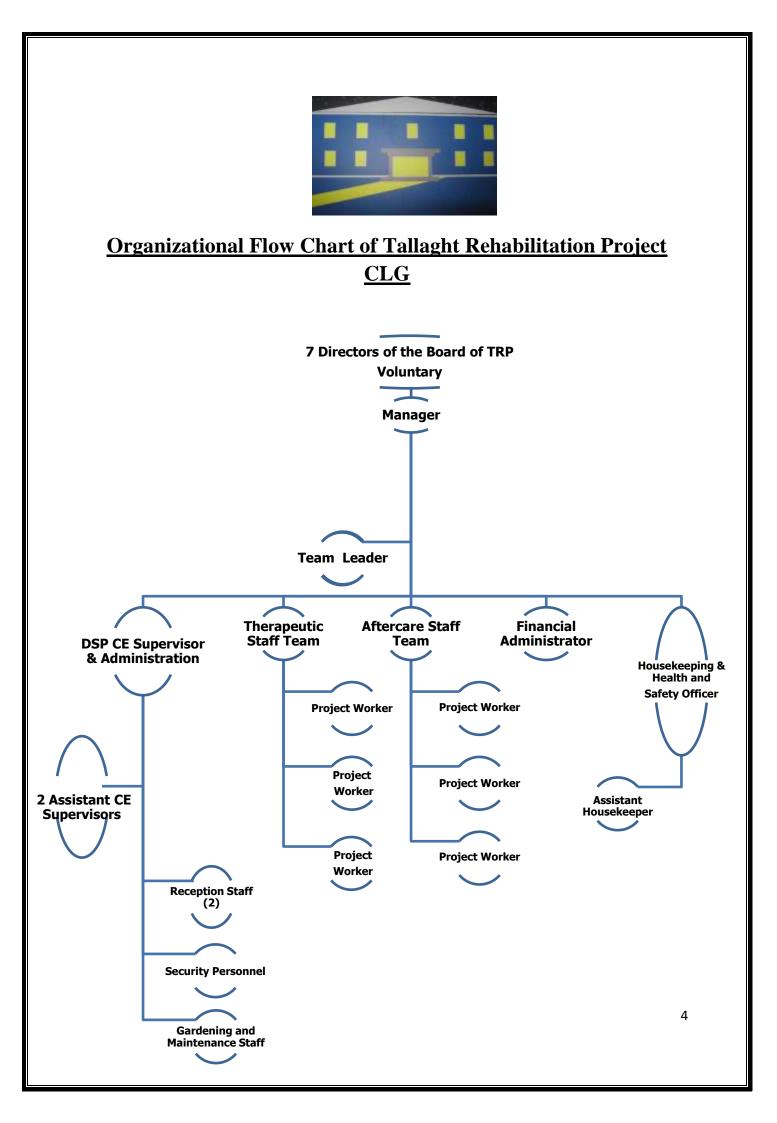
#### **Commitment and Vision**:

The TRP Organisation is committed to providing quality services for people who are in recovery from drug and alcohol addiction. Our Organisation and programmes strive to provide quality based services that are evidenced based and promote good governance in order to be a leader in community based therapeutic rehabilitation. TRP is a Company limited by guarantee, CHY Number .13829.

#### **Introduction and Background**

Tallaght Rehabilitation Project CLG is a community based rehabilitation day programme and aftercare Service for people in recovery from drugs, alcohol and cross addictions. We provide a service for the Tallaght Wide area, which is based in West Tallaght but also covers Whitechurch (Rathfarnham) in our service provision. Working from a therapeutic and holistic ethos, the programmes aims to provide opportunities to enable participants to actively address behavioural issues which underpin addiction problems and to develop and enhance life skills and facilitate personal growth and recovery.

TRP was established in 1997 as a community response to the spiralling drug problem in the Tallaght area. TRP is supported by Tallaght Drugs and Alcohol Task Force, The Department of Employment and Social Protection, The Health Service Executive and South Dublin County Council. According to the 2016 census, Tallaght had a population of 76,119. This figure is still rising along with high unemployment, early school leaving, poverty and social deprivation. Initially Tallaght Rehabilitation Project was originally given a space in the local church St. Thomas in Jobstown to provide rehabilitation for people in the Tallaght area who wanted to address addiction issues and enter into recovery process. In July 2005 TRP moved into Kiltalown House which is ideal for the Day Programme and Aftercare services which we provide.



# **Board Members of TRP:**



Chairperson & Director Seamus Massey



Board Director Cllr Cathal King



Director & Treasurer Father Valentine Martin



Board Director Cllr Charlie O'Connor



Board Director Frank Sage



Board Director Patrick Doyle



Secretary and Director Anne Marie Wall



The TRP Board of Directors, Manager and Financial Administrator attend the AGM at TRP.

### **Chairperson's Report 2020**



Due to the on-going Covid-19 pandemic, 2020 has been challenging and heart-breaking year for all of us. I write this report, however, with a sense of gratitude and optimism; gratitude for the endeavours and successes of TRP during this difficult year and optimism as we face 2021 with renewed belief, hope and confidence.

I congratulate the management and staff of TRP for their

extraordinary commitment and ingenuity in engaging effectively with our participants during the pandemic. I congratulate our participants for their willingness and dedication in adapting to the new reality of Covid-19 restrictions. During the early stages of the first lockdown contact continued between participants and their key workers. As protocols and safe practices were put in place in Kiltalown House group services and therapeutic sessions were able to take place in four pods with five participants and one staff member in each pod as part of the Day Programme. The Aftercare Programme was initially facilitated by Zoom. Later, some Aftercare programmes were able to take place in Kiltalown House. We look forward to reopening the very popular and successful Recovery Wellness Café on Wednesday nights, when it is safe to do so.

The Celebration and Recovery Garden, a place of serenity for participants and staff, was officially opened on 7<sup>th</sup> August by TRP's Financial Administrator, Joan Cleere Neville, who was the driving force behind this project, and chair Seamus Massey. The garden is dedicated to all those who pass through TRP and all who help and support them on their way.

Unfortunately many of our key annual events had to be postponed or cancelled due to Covid-19. The Box Smart started on 16<sup>th</sup> September but due to Covid it was postponed soon after until 2021. The Residential, such an important part of TRP's Programme of Recovery, was initially postponed to the autumn but eventually had to be cancelled. This year's edition of Celebration of Recovery through the Arts, which premiered so successfully in the Civic Theatre last year, had to be cancelled. Plans are in place to ensure that this very effective and successful event will take place next year. Awards Night scheduled for the first Friday of December also fell victim to Covid-19.

Early in the coming year seven of our participants who are on the Step-Up Programme will graduate. We are proud of their achievements and wish them continued success. Aftercare supports are in place. We can then take seven new participants from our waiting list onto the Day Programme. If we had more funding for the provision of extra staff we could facilitate more participants and reduce our waiting list.

Board meetings continued throughout the year as scheduled. At the beginning of lockdown meetings took place via Zoom. Later when it was safe to do so meetings took place in

Kiltalown House. I would like to take this opportunity to thank my fellow directors on the Board for their continued support and wise governance. They give generously of their time and expertise in a voluntary capacity to TRP.

I thank our funders, especially our main funders HSE, DEASP and LDATF, for supporting and funding TRP. All funding received, both statutory and voluntary, is accounted for in accordance with best practice and appropriate guidelines. Accounts are presented, discussed and approved at each Board meeting. They are audited annually by Denis Ryan and Associates Ltd. and are submitted on time to the Companies Office. Each year's audited accounts are posted on TRP Website: www.tallaghtrehabproject.ie

In conclusion, I would like to thank the management and staff, led by Pat Daly, for their extraordinary response to Covid-19 throughout the year providing the best possible service to our participants. I also want to thank our participants and congratulate them on their brave efforts to become and remain drug and alcohol free during these most difficult times.

I wish you and your families every success.

Seamus Massey.

Chair TRP.

# Manager's Report



Hi all,

I would like to welcome you once again to read and view the TRP annual review and this manager's report. Most years in our annual review my report will begin with focusing on our services, staff, clients, structures and initiatives.

strange and extraordinary year. With the onset of the Covid-19 pandemic back in March and the country going into unprecedented lockdowns that we had never experienced before, it sent us all into the unknown and there was a huge element of fear and insecurity nationally.

Up until March of 2020, TRP was on target with the planning and actioning of all our strategic goals within our work plan. Our day program and aftercare services were flourishing and at full steam ahead with many clients from the Tallaght wide community accessing our services. However, as March approached and with the Covid-19 virus becoming more and more prevalent globally I, the board and the staff team had to prepare for any changes that may have been required to our services. A detailed contingency plan and protocols were drafted that in the event of our programs been effected by Covid-19, we could still offer a significant element of support to all our clients and their families. At this point I would like to thank all of the board of TRP and the excellent staff team here at Kiltalown house for their support and assistance with our contingency plans and protocols. I would also to thank all our clients who trusted in what we were trying to do at that particular time.

Although TRP had to close its doors from the 13<sup>th</sup> of March to 26<sup>th</sup> of April, we had devised a comprehensive outreach program (Please view outreach statistics for 2020) which was actioned by our staff and they remained in touch with our clients offering support and guidance during this period of closure. We reopened our doors again on the 26<sup>th</sup> of April 2020. Unfortunately at this point, a lot of our day program and aftercare structures had to be greatly curtailed like for instance, our box smart initiative, the four day residential module, the soul sisters women's group, the aftercare peer support group, our social and wellness café, our family sports day and our planned celebration of recovery part two which was to be facilitated in the civic theatre in Tallaght. This is just a few of our initiatives that we had to suspend. Our family Christmas day was also different this year. We did have Santa visit and we followed Covid guidelines by inviting families up individually to see him.

The good news was that through our contingency plans we were again able to offer all our clients on site day programs and aftercare services such as: one to one key working, relapse prevention modules and group process pods. At present our structure is only at quarter capacity but our clients can still attend the facility at Kiltalown House to meet their keyworkers, meet their peers and sit in small separate pods to support each other in their recovery. All of our clients and their families have been very grateful for the fact that they can attend their programs again.

As previously mentioned, it has been a very tough year for us all in 2020. However, looking forward we are hopeful in the upcoming year of 2021, that we can get our structures and full initiatives back on track for the wellbeing of all our staff and clients.

I would like to take this opportunity to sincerely thank the staff team here at TRP for the amazing work and positive interventions over the past year. Their commitment professionalism, passion and sheer hard work in the delivery of services at this very difficult time, has been gratefully appreciated by myself and the board of TRP.

Even amongst all of the covid adversity, we still managed to keep our doors open and complete many other actions and tasks for the good of our clients. For instance we successfully completed several full reviews of our 2019/20 strategic work plans as well as the planning of our 2021 work plan. We made some really good networking links with other projects and we had positive continuation of interagency collaboration with other local treatment, rehabilitation and family support organisations within Tallaght and beyond.

We also maintained strong links with our funders; the Tallaght Drugs and Alcohol Task Force, the HSE, the DEASP. We also had good liaison with the Probation services.

Regarding our funding streams, our HSE section 39 has increased somewhat, this is partially because of the restoration of funding to some of our staff team which has been long overdue and very much welcomed. Our mainstream funding through the DEASP remained the same for 2020 but at present the Board of TRP are currently in negotiations with the DEASP to have this funding increased. Hopefully in 2021, we will see a positive result regarding these negotiations. Our task force funding also remained the same but TRP along with some of our other sister projects are actively in discussion with the task force at looking at ways that the task force may be able to assist with supporting some of the projects with much needed resources like training and education for our frontline staff and extra finances for more staffing hours.

As you can see from the above report, even with the Covid-19 it has been another busy and successful year for the TRP organisation. We hope to expand, evolve and develop our services in the immediate future; however our goal for the here and now is to fully focus on our clients, staff, current strategic work plan and to get the TRP Project back to delivering full compressive programs to the Tallaght wide community.

Finally, I would like to thank my board here at TRP who have been very supportive during this difficult time; I would like to also thank all of the other front line services in Tallaght for their continued support. I would like to thank our funders for all their assistance throughout the year.

Kind Regards,

Patrick Daly,

Manager TRP.



### **Financial Administrator's Report**

Tallaght Rehabilitation Project CLG values the cost-effective and efficient use of resources and aims to ensure that all expenditure utilises effective planning and decision making and ensures that the most economical options have been sourced.

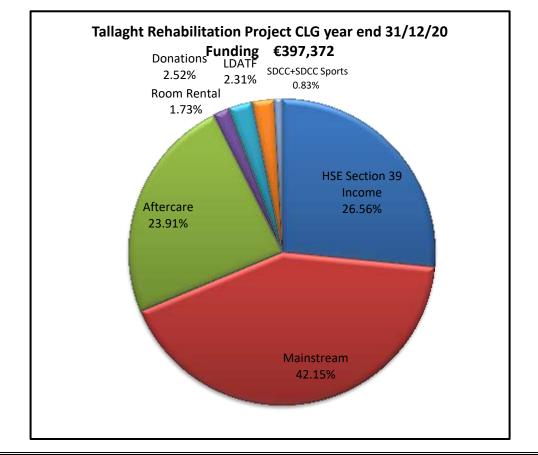
Below is a breakdown of the grants TRP received in 2020 from the DEASP, HSE, LDATF, South Dublin County Council and South Dublin County Sports Partnership. TRP received grants

and donations from the Bart Glebe Holdings, SDCC Community Enhancement Programme and some small private donations. Donations and funding generated from room rental is used to supplement statutory funding in order to maintain a quality service and a well-run facility with up to date Health & Safety Standards and Covid 19 Procedures.

All funding received by Tallaght Rehabilitation Project CLG is strictly monitored and accounted for and spent in accordance with relevant guidelines and best practice in an open and transparent manner to ensure best value for money. TRP accounts are audited by Denis Ryan and Associates Ltd, Certified Public Accountants and Registered Auditors and submitted on time to the Companies Office. Tallaght Rehabilitation Project CLG has signed up for the Charities Regulatory Authority Governance Code. TRP audited accounts and annual reports are available on the TRP Website: www.tallaghtrehabproject.ie.

The following criteria are strictly adhered to when managing resources.

- Consistent, smooth delivery of all services.
- Maintaining good corporate governance



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## **Team Leader's Report**



Hello, my name is Sonya Dillon and I am the Team leader here at Tallaght Rehabilitation Project.

Like everyone, we had a different year here at TRP in 2020. We kicked off the year with lots of plans for the day programme and aftercare service. We had planned on 27<sup>th</sup> April 2020 to host our yearly Celebration of Recovery In the Civic Theatre hosting many acts from the local Tallaght area, and the groups were working really hard on their drama piece (expression through the arts), but

on 13th March all our plans had to change. The management of TRP devised a number of contingency plans to support our clients, stakeholders and our staff through what was and still is a difficult time for the world.

TRP had to shut down the programme on 13<sup>th</sup> March 2020 due to Covid but we used many mechanisms such as remote support, Zoom and WhatsApp to support our waiting list, people on induction, our day programme clients and aftercare participants.

On 26<sup>th</sup> April 2020 the Management of TRP deemed it safe for us to open back up, we were able to facilitate one to one key-working and case management until June when we came back together as a team and implemented all the HSE guidelines and felt it was safe to carry out small group work.

We had our annual residential planned also this year when we had secured The Bobbio Centre in Co. Wicklow to carry out life stories and acceptance module with some of our senior peer group, but this also had to be cancelled, we still carried out the work in a different format in Kiltalown House where we ended with a beautiful art piece being compiled by the group and a meal, a very different residential from years previous but the group really benefited from this module. We also planned a winter residential in Avondale House but again 5 days before we were due to go more restrictions came into action due to Covid and this too had to be postponed.

We planned also this year to run our Box smart programme. We contacted Kickstart Fitness a local family run business in the heart of Brookfield. We met with the Kickstart team to draw up a healthy body healthy mind programme. We devised an 8 week module which consisted of both the physical programmes in the gym and the theoretical part focusing on nutrition. On 16<sup>th</sup> September 2020, we kicked off the programme but unfortunately 3 weeks into the module all the gyms were deemed unsafe to stay open and the Box smart Programme had to be postponed.

Our biggest aim in 2020 has been to support all of our clients on the day programme & aftercare programme. Our Aftercare service still remained open during this time. The members of this group are mostly working or in education and cannot access day programmes or any 9.00 - 5.00 support, so the team deemed it essential to get the group back

functioning. We have also had to put on hold some of the amazing initiatives at TRP this year like our Recovery Wellness Café. To give you some perspective, in 2019 we had 1,182 attendances to our Café each Wednesday Night. The Wellness Café is the only consistent Recovery Café available to people in recovery across Ireland, this was a hard decision to make but due to Covid it was taken out of our hands. We look forward to the time that the Café can re-open and we have live music nights, quiz nights, Holistic nights and our poet's corner. Our Brothers in Arms group was another initiative that had to be postponed but we are currently working in collaboration with St. Dominic's to re-run this group, and look forward to starting this group.

This year has been challenging and a lot of uncertainty for us all, but I need to tell you we have an amazing team here at TRP. This year more than any we have had to adapt to new ways of working, supporting people remotely, supporting each other, planning then changing plans and then planning again but we made it work. We hope that 2021 will be a little less harsh and kinder to people. We are building a recovery community for Tallaght that works.

Thank you for taking the time to read this and we wish you all health and happiness for 2021.

Team Leader,

Sonya Dillon.

### **DEASP CE Supervisor's Community Report**



The year 2020 was for the most part a very challenging year for our organisation and as we come to the end of the first quarter of 2021 not much has changed. However I would like to boast that as an organisation Tallaght Rehabilitation Project took the unprecedented challenges and adapted accordingly.

Covid 19 and subsequently Government restrictions meant TRP had to be inventive in how to continue to deliver a Therapeutic

Day Programme to the people in the local community, the management and staff worked closely together and came up with ways of doing this in a safe way for all concerned. Our goal was to keep TRP open above all else and I am delighted to say we achieved this.

In 2020 TRP was successful in employing two Assistant CE supervisors. This was due to increased numbers within our Special Category CE Day Programme services and filling these positions was a great resource for the organisation. Tallaght Rehabilitation Project facilitates a mainstream and special category CE scheme funded by the DEASP. The special category programme is facilitated by both the Therapeutic staff team and the CE department. We also offer placements to CE support workers from the Tallaght wide area; these places include receptionists, gardener/maintenance, security, housekeeper and trainee bookkeeper. TRP provide all training, supervision, guidance and encouragement for all our clients. We facilitate Individual Learning Plans for groups and on a one to one basis for all our special category clients and mainstream support workers. This helps to identify training and further education which is of benefit for future progression and to gain employment.

#### **Placements and Volunteers:**

During 2020 TRP facilitated 1 x 3<sup>rd</sup> level College Student. College placements are vital for students who are enrolled in Social Care/Addiction studies courses in local universities, colleges etc. TRP provides a unique and structured practice, and our team are always more than happy to share their expertise and knowledge to help train the students. Students have found TRP to be an invaluable training ground and get involved in all aspects of TRP programmes.

We also run a volunteer programme and are signed up with Volunteer Ireland.

- We had 3 volunteers in 2020
- We facilitate TUS placements and in 2020 we had places for 1 receptionist, 1 maintenance staff & 1 gardener on 12 month contracts.
- We thank all our Volunteers and Placements for their valuable contribution to TRP.
- In 2020 the participants of the Tallaght Rehabilitation Day Programme engaged in and completed a wide range of modules both therapeutic and educational on an individual basis and as part of a group.

As Supervisor of the CE programmes here in TRP I would like to thank all our funders and sponsors who engaged with TRP in 2020. We look forward to working with you all again in the future.

Evelyn McCall

Community Employment Supervisor

### **Volunteers and Placements**

#### A quote from a therapeutic volunteer from 2020:

"I currently volunteer at TRP Tallaght. I work full time in my own company and study part time in a degree course for Psychotherapy. I took the volunteers role at TRP last year and I really look forward each week to participating and engaging with the people that work there and also the people that attend. I was made very welcome from all of the warm staff. I was shown what to do and any questions I had or worries were answered and handled with care and consideration. It is a fabulous place, at the center of a community and gives so much back without question. I would certainly recommend TRP for anyone who would like to give back to the community. I have no doubt in my mind that I will take so much knowledge with me and will have met some truly amazing people along the way"

SD

#### A quote from a volunteer from 2020:

"I joined TRP in August 2020 as a Therapeutic Support volunteer. From the moment I arrived at Kiltalown House, I knew I wanted to be part of this organization. I found the staff to be welcoming and friendly and they supported me through my first few weeks. The participants allowed me to be part of their journey and I felt like I was making a difference in an environment that allowed people to grow and recognize their potential. It is my opinion that the management at TRP recognizes and rewards volunteers, as when an opportunity presented itself I progressed to a full time job in the CE/Admin department and I am very happy to be part of this organization".

MN

#### A quote from a participant who was part of the programme in 2020:

"I joined TRP in September 2019 as a client. I was broken and didn't know how to live anymore. I had no communication skills and could barely look people in the eye. The staff and the clients at TRP became like my family. They always caught me before I fell. As a woman and a mother in recovery there were a lot of barriers and blocks but I've overcome these with the awareness and tools I got from being at TRP.

I've got through challenges I never thought I could and stayed clean through them all. I'm moving on now a new person. My goal is to do recovery coaching and addiction studies. I want to give back and help people the way the staff at TRP helped me"

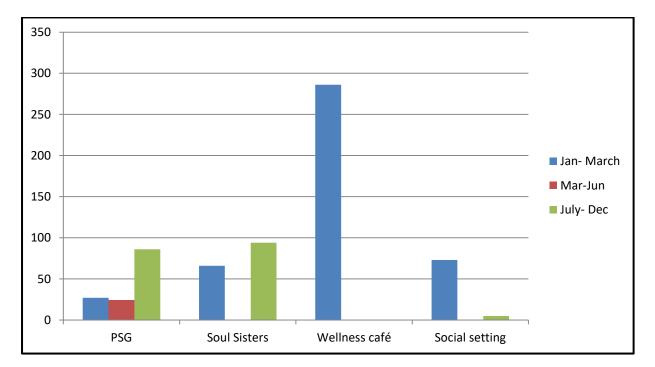
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#### A quote from LM who was a participant in TRP in 2020:

I eame to Tallaght Rehabilitation Project a lost and broken man! My substance abuse had taken me to a place full of fear, longlingss and despair. I was a man with no direction, or purpose. No confidence, No home, I had lost the ability to communicate with friends and family, and assumed I'd be a slave to nareoties for the rest of my days. I had no hope! I'm 6 months into my time with the Tallaght Rehabilitation Project, and although most would have described the last year of Covid restrictions as the worst. I do not! The staff and clients of TRP have helped me take back my life. Through their support and education, I have learned to be me again. I can interact with confidence; I'm brave enough to show real emotions and process real feelings. Through their workshops they have given me the tools to confidently pursue my goals. In short, I'm not scared anymore.

I'm only starting my journey but can say without doubt that I could not have gotten this far without the support and compassion shown to me by everyone involved in the Tallaght Rehabilitation Project. I'll be forever grateful to each and every member of TRP... LM.

# A Review of the TRP Aftercare Service



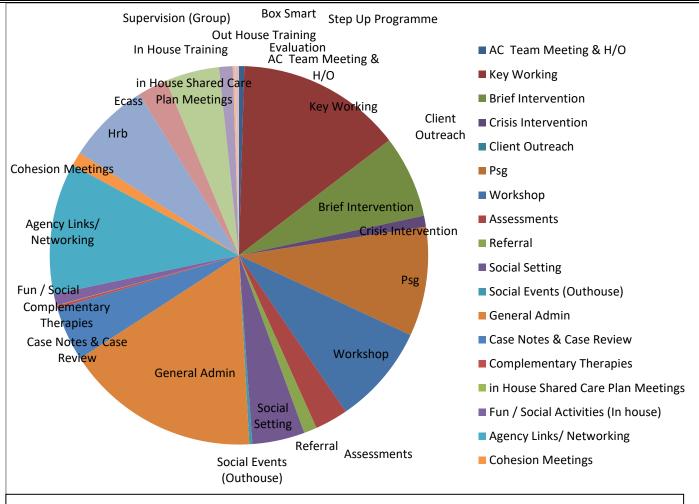
Below is a breakdown of numbers in attendance of each initiative in 2020:

•	Peer Support Group (PSG) January to December 2020	147
٠	Soul Sisters January to December 2020	160
•	Wellness Café January to December 2020	286
•	Social setting January to December 2020	73
•	Brief intervention January to December 2020	108 hours

From January to the 12<sup>th</sup> of March 2020, TRP's doors were open to all and 286 people availed of the Wellness café. Following advice from the government, TRP closed on the 13<sup>th</sup> of March and reopened on 27<sup>th</sup> of April 2020 at a reduced capacity. Please view structure below with curtailed aftercare services:

#### Structure for reopening of aftercare services from April 2020:

Tues	Wed	Thurs
Aftercare Peer Support	Referrals & Assessments For	One to One Keyworking and
Group	Programme Services	Care Planning For Clients

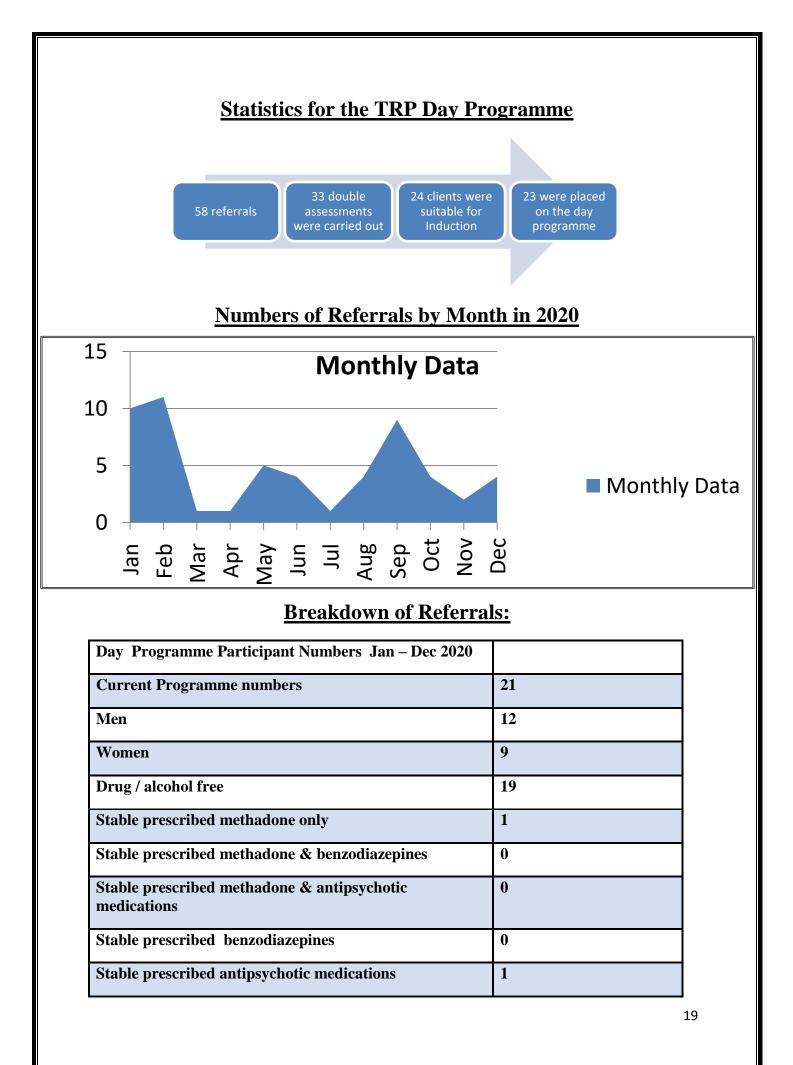


#### Graph: A breakdown of the tasks completed by the aftercare team throughout 2020 Reaction to Covid-19

2020 was a peculiar year for the Aftercare here at TRP. We had to close our doors for the first time Due to the Covid 19 pandemic and we were faced with a number of difficulties. For many of our clients, our services were their only means of support so it was important for us to reach out and offer assistance during this unprecedented time. One of the challenges that came up for us was trying to maintain morale and momentum within the group.

Our doors closed on the 13<sup>th</sup> of March 2020. On the 16<sup>th</sup> of March we started to contact the Peer Support Group (PSG) twice a week through remote support. On top of that, we decided to set up a WhatsApp group for both the PSG and Soul sisters so that the clients could support each other. In total, the Aftercare engaged in 1,182 hours of remote support throughout 2020.

When the restrictions eased up on the 26<sup>th</sup> of May 2020, we happily invited the PSG back up to Kiltalown House. The members of the PSG were delighted to be back up in the building and 4 new members joined us between May and June. With the increase of Covid-19 cases in the autumn of 2020, we introduced new social distancing regulations on the 29<sup>th</sup> of September as we divided the PSG into two pods with a facilitator in each pod. Fortunately we were able to run the PSG like this for the remainder of 2020 plus offering one to one support for those who could not attend.



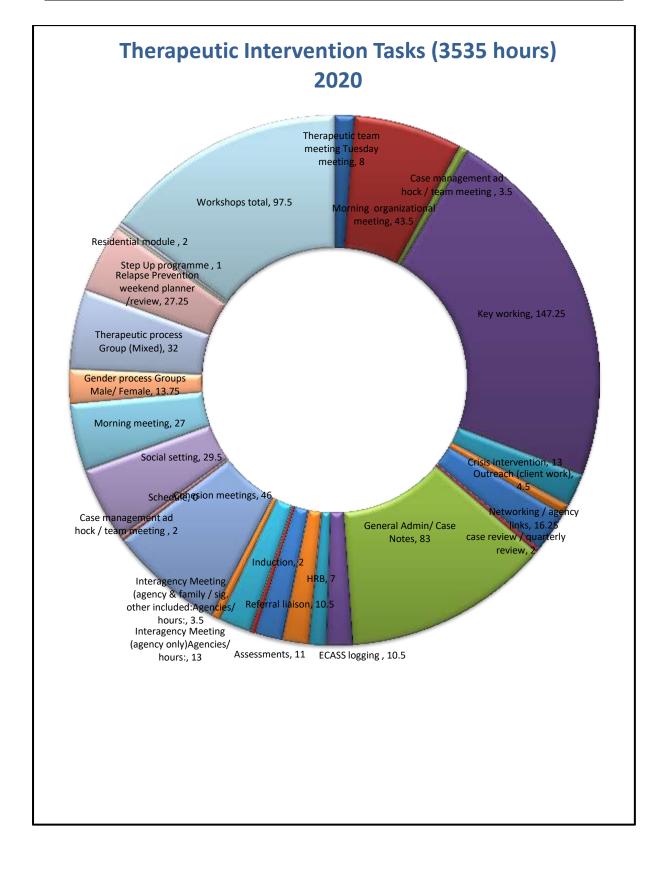
### TRP's collaboration with other agencies regarding referrals 2020

Below is a breakdown of agencies that TRP engaged with in 2020 for the benefit and care of people accessing TRP services.

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<b>Referral Sources 2020</b>		Total	58
Casadh Addiction Services	1	Chapelizod Aftercare House	1
Self-Referral/ Local GP's/ Hospital	10	CARP Treatment and Addiction Services	2
Coolmine Therapeutic Communities	3	Hamilton House Women's Recovery House	3
<b>Prison / Probation Services</b>	2	Tiglin Addiction Services	1
Soilse Treatment and Rehabilitation Services	1	Barnardo's Family and Child Services	1
Tallaght Wide Aftercare	2	The Lantern Treatment and Rehabilitation Services	2
Spellman Centre Addiction Services, Ringsend	1	Enfield Treatment and Rehabilitation Residential	17
St. Dominic's Stabilization Project	11	High Park Treatment and Rehabilitation Residential	1
Anna Liffey Addiction Services	1		

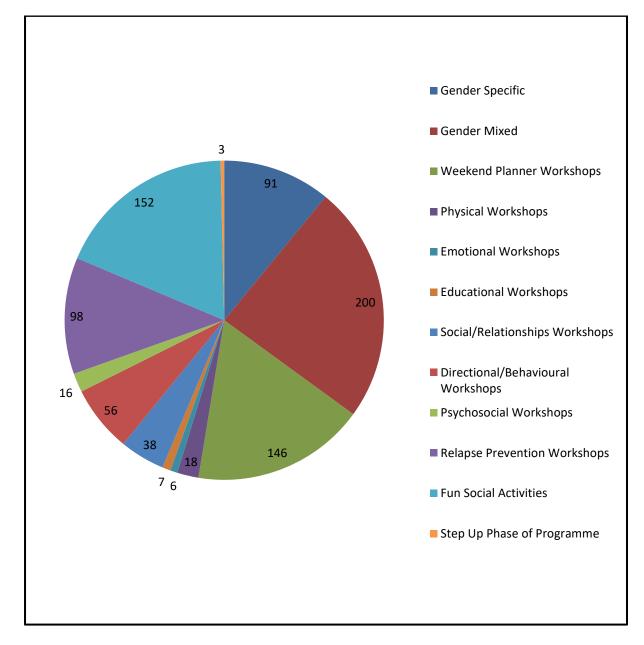
### **Referrals Made To Other Agencies:**

It is the TRP policy for all referrals to our programmes, that in the case of people being unsuitable for our services; adequate services will be sourced to meet their needs. This is facilitated in the mechanism of a three way meeting between the referral agency, TRP and the client. Some clients are referred back to the referral agency that they came from if they do not currently meet the TRP criteria. Progression pathways are sourced for the client to suitable services to meet the client's needs.



# **Therapeutic Day Programme and Aftercare Intervention Tasks**

# **Relapse Prevention and Therapeutic Workshop** <u>Facilitation Hours</u>



# **End of Year Completion Statistics**

- 24 people were inducted
- 23 people placed on the programme
- The team engaged in 61 hours (Induction)
- 5 clients commenced individual Step up and move on programmes where they graduated from the services.

# **Statistics For The CE Programme Numbers**

The average number for participants on the programme for 2020 is 16. See below for the break down per month.



### <u>Statistics for Participants of the Special Category Rehabilitation</u> <u>Community Employment Day Programme</u>

Activity	Total
Accessed individual learner programme	30
Remained on programme in Dec 2020	16
Completed Community Employment	2
Engaged in Step Up	1
Progressed into employment	2
Participated in individual training	1
Participated in voluntary work experience	1
Accessed financial supports	15

### Health & Safety Review 2020

Hi, Kim Kehoe here – Health & Safety/Covid Officer. Please view below Health and Safety report for 2020. As a result of the unprecedented times that we found ourselves in, it was paramount, that as an organisation and an essential service, that we adapted quickly and safely to Covid-19. As a result of Managerial meetings and various risk assessments the following Health and Safety procedures were initiated in TRP. We took on board all Government, Department of Health and NPHET directions and advice to implement a comprehensive contingency safety plan:

- 1. All staff were trained in Covid 19 protocols.
- 2. Two Covid officers are available at the front desk every morning to check temperatures and record necessary information.
- 3. There are specialized Covid 19 protection screens installed on our reception area.
- 4. There are temperature gauges and hand sanitizers installed all over the facility.
- 5. We purchased special sanitizing equipment for the offices to sanitize all departments at the end of business.
- 6. A Covid questionnaire was designed for staff, patrons and clients entering the facility.
- 7. We had new CCTV cameras installed in our reception area.

Just to note all these Health and Safety procedures are regularly reviewed by the Management team and the Health and Safety officer. TRP will continue throughout the pandemic to monitor the situation and adapt accordingly when necessary. As the Health and Safety officer I am proud as to what the organisation has achieved regarding our contingency and risk assessment plans and our overall response to Covid 19 has been a positive one.

Kind Regards,

Kim Keogh,

Health and Safety / Covid Officer.

# A Year of Photos 2020



A special moment in TRP, as Chairperson Seamus Massey launches the new Recovery Garden at Kiltalown House TRP, August 2020



The plaque marking the opening of the new Recovery Garden at TRP.



The Board of Directors in the new Recovery Garden, TRP.



A group staff photo in the new Recovery Garden in Kiltalown House.





Recovery month in TRP is always a big event and this was no different in September 2020.



A Group Photo From The TRP's Boxsmart Initiative 2020



Participants taking part in the TRP Boxsmart Initiative.



Participants preparing to take part in the TRP Boxsmart Initiative.

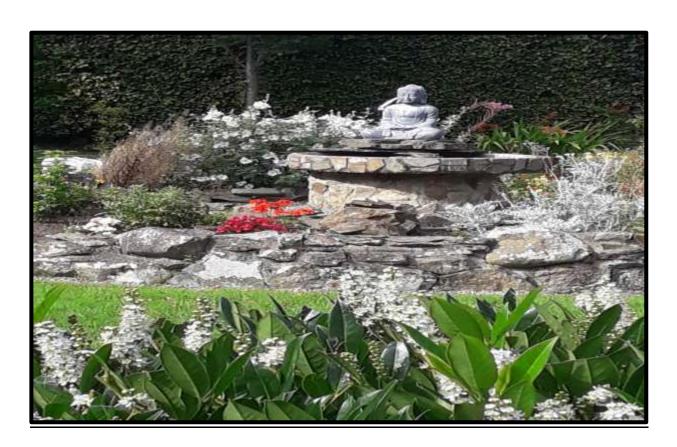


Santa came to TRP in December 2020. A fun day was had by all. The clients and their children got to meet him and take photos.









Summer 2020 in the main back garden of TRP.



An aerial view of the back gardens of Kiltalown House, 2020.



The Elm room in Kiltalown House being prepared for International Womens Day, 8<sup>th</sup> March 2020. Guest speakers were invited on the day.

### **Acknowledgements**



Tallaght Rehabilitation Project CLG would like to Acknowledge and thank the following people for their support throughout 2020 and without whom Tallaght Rehabilitation Project would not thrive and ow.

- The Irish Government
- The TRP Voluntary Board of Directors
- The Health Services Executive
- The Department of Employment and Social Protection
- Tallaght Drugs and Alcohol Task Force
- South Dublin County Council
- South Dublin County Sports Partnership
- South Dublin County Partnership
- The Recovery Academy
- The Civic Theatre, Tallaght
- Tallaght University Dublin
- TRP Volunteers
- Cliona and Tom O'Connor of Bart Glebe Holdings ULC

Tallaght Rehabilitation Project CLG would also like to acknowledge and thank the following friends of TRP in the corporate sector and the local area who donated to the TRP Events in 2020

- Barnardos for Christmas Gifts
- The Storehouse Project for the Family Christmas Hampers



# **Company Information**





www.facebook.com/TRPTallaght and Tallaght wide aftercare



#### @TRPDublin

TRP would like to take this opportunity to inform you of our new and improved website. We understand that in the modern era, there has been a change in how people gather information. We have taken steps to modernize our online presence by investing in a new website that is both more attractive and user friendly. Please find the link below:

### http://www.tallaghtrehabproject.ie/

CHY Number: 13829

Charities Regulator Number: 20044060

Registered Company Number: 292608

Tax Registration Number: 8292608U

Tallaght Rehabilitation Project CLG is kindly assisted and supported by the following Irish Government Agencies







