IRELAND COMMUNITY REPORT-PART FOUR

KEY FINDINGS FOR THE 514 RESPONDENTS NOT BORN IN THE REPUBLIC OF IRELAND

Community Report Part 4 published for World AIDS Day 2020 (‘Global Solidarity and Shared Responsibility’) presents key findings on the 514 men who indicated they were not born in the Republic of Ireland (ROI).

Much appreciation and thanks to these and the 2083 men who completed EMIS-2017 Ireland in 25 languages. The Ireland main and community reports can be found at www.gayhealthnetwork.ie/research and the main EMIS-2017, national and community reports at www.emis2017.eu

WHERE YOU WERE BORN

- 64% EUROPE
- 16% SOUTH AMERICA
- 9% ASIA
- 8% NORTH AMERICA (AND CARIBBEAN)
- 3% AFRICA
- 1% OCEANIA

WHY YOU CAME TO ROI

- 54% TO WORK (HIGHER AMONG NON-UK BORN; 63%)
- 29% TO STUDY (HIGHER AMONG NON-UK BORN; 35%)
- 19% BROUGHT AS A CHILD (HIGHER AMONG UK BORN; 50%)
- 15% TO LIVE MORE OPENLY AS GAY, BISEXUAL, OR TRANS (HIGHER AMONG NON-UK BORN; 18%)
- 11% TO BE WITH PARTNER
- 1% TO SEEK ASYLUM OR AS A REFUGEE

THE TOP 10 PLACES

- 26% UK
- 12% BRAZIL
- 6% POLAND
- 5% GERMANY
- 5% ITALY
- 5% USA
- 4% SPAIN
- 3% FRANCE
- 2% SOUTH AFRICA
- 2% VENEZUELA

THE TOP LANGUAGES USED TO COMPLETE SURVEY

- 70% ENGLISH
- 7% PORTUGUESE
- 6% SPANISH
- 3% ITALIAN
- 3% FRENCH
- 2% POLISH

YOUR AGE

- 17% 17 - 24
- 55% 25 - 39
- 21% 40 - 54
- 7% 55+

HOW MANY YEARS LIVING IN ROI

- 15% <1 YEAR
- 33% 1 - 5
- 14% 6 - 10
- 12% 11 - 15
- 26% 16+

(1-10 YEARS HIGHER AMONG NON-UK BORN; 76%) (11+ YEARS HIGHER AMONG UK BORN; 75%)

WHERE YOU LIVE

- 67% DUBLIN
- 8% CORK
- 6% GALWAY
- 2% LIMERICK
- 17% OTHER 22 COUNTIES

YOUR SEXUAL IDENTITY

- 84% GAY
- 10% BISEXUAL
- 1% STRAIGHT
- 5% NO TERM

(AGED 17-39 HIGHER AMONG NON-UK BORN) (AGED 40+ HIGHER AMONG UK-BORN)

YOUR OUTNESS

- 66% WERE OUT TO MORE THAN HALF OF THE PEOPLE YOU KNEW
## Living with HIV

- **9%** of you were living with HIV (Top five: Brazil, Hungary, UK, France, Spain)
- **Were having your HIV monitored regularly**
- **97%**
- **Were on anti-retroviral treatment**
- **97%**
- **Of the men on ART had undetectable viral load**
- **100%**

## Ways you met-up for sex with your last non-steady sex partner

- **70%** Smartphone / Internet
- **7%** Backroom of bar or gay sex club
- **10%** Gay saunas
- **4%** Gay community centre, organisation, or social group
- **9%** Gay café, bar, disco or night club
- **4%** Private sex party / cruising / porn cinema

## Sex with men in the previous year

- **75%** Of the men who had a steady male partner had condomless anal intercourse
- **55%** Of the men who had sex with a non-steady male partner had condomless anal intercourse
- **40%** Of you who had sex (anal intercourse) with a non-steady male partner said you always used condoms
- **43%** Of you who had sex with a non-steady male partner had condomless anal intercourse with 2 or more non-steady male partners
- **26%** Of you had condomless anal intercourse because you did not have a condom
- **28%** Of you had condomless anal sex with a non-steady partner of unknown HIV status

## Your relationships

- **57%** Single
- **37%** Steady relationship
- **6%** Other types of relationship/s

## STI diagnosis in previous year

- **21%** Had gonorrhoea
- **9%** Had chlamydia
- **6%** Had syphilis

## Prevention strategies

- **82%** Of you had seen HIV & STI information specifically aimed at MSM in the previous year
- **51%** Of you who had accessed condoms in previous year, got them free (from clinics, bars, saunas or community organisation)

## Testing

- **85%** Of you have ever tested for HIV
- **78%** Of you have ever tested for STIs
- **39%** Of you had a full STI screen in last 12 months (HIV, blood test, anal & throat swab, urine)

## Hepatitis B vaccine

- **65%** Of you have completed the full course

## Sexual health knowledge

- **35%** Of you did not know that a person with HIV who is on effective treatment (called 'undetectable viral load') cannot pass their virus to someone else during sex (= untransmittable)

## Awareness and knowledge of PrEP, PEP, Hepatitis and other STIs was similar or higher compared to all survey respondents
Presented here are some of the stress factors and influences on our sexual health and wellbeing. If you are concerned or affected by any of the issues please contact your local health provider or HIV treatment, substance use or LGBT+ services listed at www.man2man.ie

<table>
<thead>
<tr>
<th>Your Minority Status</th>
<th>Internal Minority Stress</th>
</tr>
</thead>
<tbody>
<tr>
<td>12% of you were struggling financially</td>
<td>OF YOU WERE NOT OUT OR ONLY OUT TO A FEW PEOPLE OR TO LESS THAN HALF OF THE PEOPLE YOU KNEW</td>
</tr>
<tr>
<td>34% were neither comfortable nor struggling</td>
<td>34% of you indicated a red flag* for depression</td>
</tr>
<tr>
<td>4% of you were unemployed</td>
<td>9% of you indicated a red flag* for anxiety</td>
</tr>
<tr>
<td>29% of you consider yourself as a member of an ethnic or racial minority (higher among non-UK born; 36%)</td>
<td>7% of you indicated a red flag* for depression</td>
</tr>
</tbody>
</table>

| External Minority Stress in the Previous Year              |
|-----------------------------------------------------------|------------------------------------------------------------------------------------------|
| 3% of you were physically assaulted                        | OF YOU WERE NOT OUT OR ONLY OUT TO A FEW PEOPLE OR TO LESS THAN HALF OF THE PEOPLE YOU KNEW |
| 22% were verbally insulted                                 | 34% of you indicated a red flag* for depression                                           |
| 32% were stared at or intimidated                          | 9% of you indicated a red flag* for anxiety                                              |

| Sexual Health & Wellbeing Outcomes                         |
|-----------------------------------------------------------|------------------------------------------------------------------------------------------|
| 21% of you indicated that you were unhappy with your sex life | OF YOU WERE NOT OUT OR ONLY OUT TO A FEW PEOPLE OR TO LESS THAN HALF OF THE PEOPLE YOU KNEW |
| 15% indicated the sex you have isn’t “always as safe as you want it to be” | 9% of you indicated a red flag* for anxiety                                              |
| 12% did not “find it easy to say ‘no’ to sex you don’t want” | 7% of you indicated a red flag* for depression                                           |
| 43% did not know / or were not sure where to get the HIV test (of the 79 men who never tested for HIV) | 21% thought about ‘hurting yourself’ or thought ‘I would be better off dead’ within the previous two weeks of undertaking the survey |
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**DRUG USE IN THE PREVIOUS YEAR**

- **63%** had used any recreational drugs in the previous year (anything other than alcohol, tobacco, or erectile dysfunction)
- **48%** used poppers
- **18%** used cocaine
- **37%** used cannabis
- **21%** used erectile dysfunction drugs
- **19%** used ecstasy pills
- **14%** used ecstasy crystal/powder
- **10%** used GHB/GBL (liquid ecstasy)
- **12%** were worried about their recreational drug use

**CHEMSEX USE IN THE PREVIOUS YEAR**

- **15%** of you had used one or more of these stimulant drugs to make sex more intense or last longer (ecstasy/MDMA, cocaine, amphetamine, crystal meth, mephedrone and ketamine)

**INJECTING**

- **3%** had ever injected drugs to get high
- **3%** had ever injected anabolic steroids

**ALCOHOL & TOBACCO USE IN THE PREVIOUS YEAR**

- **95%** of you consumed alcohol
- **24%** indicated a possible alcohol dependency
- **46%** of you consumed tobacco products

**SUBSTANCE USE SERVICES IN THE PREVIOUS YEAR**

- **3%** of all respondents had consulted a health professional about their drug use
- **2%** of all respondents had consulted a health professional about their alcohol use

www.man2man.ie For information in English, French, Portuguese and Spanish about HIV, STIs & sexual health; Drugs and Alcohol; where to get Tested, Vaccinated; Condoms; PEP and PrEP; and Support.

This Community Report was produced by: Mick Quinlan (Coordination) and Daniel McCartney ( Researcher) for GHN in conjunction with the EMIS-2017 Ireland Communications Team and Steering Committee, November 2020.