Community Report Part 3 published for World AIDS Day 2020, presents key findings on the 142 (7%) ‘Men Living with HIV’ who indicated they were diagnosed HIV Positive. Much appreciation and thanks to these and the 2083 men who completed EMIS-2017 Ireland in 25 languages. The Ireland main and community reports can be found at www.gayhealthnetwork.ie/research and the main EMIS-2017, national and community reports at www.emis2017.eu

**NUMBER OF YEARS DIAGNOSED HIV POSITIVE**

- 7% < 1 YEAR
- 34% 1 - 5 YEARS
- 42% 6 - 15 YEARS
- 17% 16+ YEARS

**YOUR AGE**

- 2% 17-24
- 47% 25-39
- 33% 40-54
- 18% 55+

**WHERE YOU WERE FIRST DIAGNOSED**

- 78% HOSPITAL/OUT-PATIENT CLINIC/INSTITUTE
- 19% COMMUNITY HEALTH SERVICE OR DROP-IN (NOT IN A HOSPITAL OR CLINIC)
- 3% ELSEWHERE

**WHERE YOU LIVE**

- 63% DUBLIN
- 8% CORK
- 3% GALWAY
- 2% LIMERICK
- 24% OTHER 22 COUNTIES

**WHERE YOU WERE BORN**

- 69% IRELAND
- 31% 18 OTHER COUNTRIES

**YOUR VIRAL STATUS**

- 96% UNDETECTABLE HIV
- 77% HEPATITIS A IMMUNE
- 77% HEPATITIS B IMMUNE
- 7% EVER DIAGNOSED WITH HEPATITIS C

**YOUR HIV TREATMENT**

- 99% OF YOU WERE HAVING YOUR HIV MONITORED
- 94% OF YOU WERE ON ANTI-RETROVIRAL TREATMENT (ART)
- 97% OF YOU ON ART HAVE SUPPRESSED VIRAL LOAD

**YOUR SEXUAL IDENTITY**

- 89% GAY
- 4% BISEXUAL
- 7% NO TERM

**YOUR OUTNESS**

- 79% WERE OUT TO MORE THAN HALF OF THE PEOPLE YOU KNEW

(TOP FIVE: BRAZIL, HUNGARY, UK, FRANCE, SPAIN)
**IRELAND COMMUNITY REPORT-PART THREE**

**KEY FINDINGS FOR THE 142 HIV DIAGNOSED RESPONDENTS IN IRELAND**

**YOUR RELATIONSHIPS**

- **57%** SINGLE
- **37%** STEADY RELATIONSHIP
- **6%** OTHER TYPES OF RELATIONSHIP/S

**STI DIAGNOSIS IN PREVIOUS YEAR**

- Of the 120 of you who had tested for STIs in previous year
  - **18%** HAD GONORRHOEA
  - **15%** HAD CHLAMYDIA
  - **13%** HAD SYPHILIS

**WAYS YOU MET-UP FOR SEX WITH YOUR LAST NON-STEADY SEX PARTNER**

- **68%** SMARTPHONE / INTERNET
- **10%** GAY SAUNA
- **9%** GAY CAFÉ, BAR, DISCO OR NIGHT CLUB
- **7%** BACKROOM OF BAR OR GAY SEX CLUB
- **4%** PRIVATE SEX PARTY
- **1%** PORN CINEMA

**OF THE 51 HIV+ MEN IN A STEADY RELATIONSHIP**

- **59%** HAVE A PARTNER WHO IS HIV NEGATIVE
- **41%** HAVE A PARTNER WHO IS ALSO LIVING WITH HIV

**OF THE HIV+ MEN WHO HAD SEX IN THE PREVIOUS YEAR**

- **25%** OF YOU HAD CONDOMLESS ANAL INTERCOURSE BECAUSE YOU DID NOT HAVE A CONDOM
- **59%** OF YOU HAD CONDOMLESS ANAL INTERCOURSE WITH 2 OR MORE NON-STEADY PARTNERS
- **56%** OF YOU WHO HAD ACCESS TO CONDOMS, GOT THEM FREE (FROM CLINICS, BARS, SAUNAS OR COMMUNITY ORGANISATION)
- **17%** OF YOU WERE CONSISTENT CONDOM USERS WHEN HAVING SEX WITH NON-STEADY MALE PARTNERS

**U=U KNOWLEDGE**
7% of you did not know that a person with HIV who is on effective treatment (called ‘UNDetectable viral load’) cannot pass their virus to someone else during sex (= UNTRANSMITTABLE).

*4% did not know this among all survey respondents (‘see Community Report Part One’). This highlights the need for continued promotion about U=U among all MSM and health providers.

**SEXUAL HEALTH KNOWLEDGE**

Your awareness and knowledge was higher than all survey respondents (‘see Community Report Part One’), but there is a need to increase knowledge of the following among men living with HIV:

**PREP: 71% DID NOT KNOW**
That if a ‘HIV NEGATIVE’ person KNOWS IN ADVANCE WHEN THEY WILL HAVE SEX, PREP NEEDS TO BE TAKEN AS A DOUBLE DOSE APPROX. 24 HOURS BEFORE SEX THEN AT BOTH 24 AND 48 HOURS AFTER THE DOUBLE DOSE.

**PEP: 33% DID NOT KNOW**
That PEP IS A ONE-MONTH COURSE OF ANTI-HIV DRUGS

**STIs: 18% DID NOT KNOW**
That most STIs can be passed on more easily than HIV

**HEPATITIS:**
- **28%** DID NOT KNOW That viruses are the most common cause of hepatitis
- **22%** DID NOT KNOW That hepatitis is an inflammation of the liver
Presented here are some of the stress factors and influences on our sexual health and wellbeing. If you are concerned or affected by any of the issues, please contact your local health provider or HIV treatment, substance use or LGBT+ services listed at www.man2man.ie

**YOUR MINORITY STATUS**
- 22% of you were struggling financially
- 35% were neither comfortable nor struggling
- 6% of you were unemployed
- 11% retired / long term sick / other
- 11% of you consider yourself as a member of an ethnic or racial minority

**EXTERNAL MINORITY STRESS IN THE PREVIOUS YEAR**
- 3% of you were physically assaulted
- 20% were verbally insulted
- 27% were stared at or intimidated

**INTERNAL MINORITY STRESS**
- 10% of you indicated a red flag* for anxiety
- 8% of you indicated a red flag* for depression

**SEXUAL HEALTH AND WELLBEING OUTCOMES**
- 29% of you indicated that you were unhappy with your sex life
- 26% indicated the sex you have isn’t “always as safe as you want it to be”
- 16% did not “find it easy to say ‘no’ to sex you don’t want”

**MENTAL HEALTH**
Chapter 4 of the main report provides further details on mental health issues

*NOTE: A ‘red flag’ indicates a need for further assessment and diagnosis by a health professional.
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<tr>
<th>Drug Use in Previous Year</th>
<th>Chemsex Use in the Previous Year</th>
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<tr>
<td>85% used any recreational drugs</td>
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<td>31% used Ecstasy pills</td>
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<td>70% used Poppers</td>
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<td>29% used sedatives/tranquilizers</td>
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<td>47% used erectile dysfunction drugs</td>
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<td>27% used Cocaine</td>
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<td>38% used Cannabis</td>
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<td>19% used GHB/GHL</td>
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<td>13% had ever injected drugs to get high</td>
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<td>3% had ever injected anabolic steroids (testosterone)</td>
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<td>Alcohol &amp; Tobacco Use in the Previous Year</td>
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<td>97% consumed alcohol</td>
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<td>28% indicated a possible alcohol dependency</td>
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<tr>
<td>46% consumed tobacco products</td>
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<td>Substance Use Services in the Previous Year</td>
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<td>13% were worried about their recreational drug use</td>
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<tr>
<td>4% of all respondents had consulted a health professional about their drug use</td>
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<tr>
<td>3% of all respondents had consulted a health professional about their alcohol use</td>
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www.man2man.ie For information in English, French, Portuguese and Spanish about HIV; STIs & sexual health; Drugs and Alcohol; where to get Tested, Vaccinated; Condoms; PEP and PrEP; and Support.

This Community Report was produced by: Mick Quinlan (Coordination) and Daniel McCartney (Researcher) for GHN in conjunction with the EMIS-2017 Ireland Communications Team and Steering Committee, November 2020.