

WELCOME TO OUR
NEW NDTC STAFF

Doctors



Kieran Doherty



Anisha Bhagawan



Deepak Prashant Ponnosamy



Siobhan Sheehy



Katie Haugh



Hugh O' Marcaigh



Muhamad Sajid



Barbara Duffy



Gillian David Tuoyo



Jaoa Costa

Values in Action Newsletter

VOLUME 1, ISSUE 1

24TH JULY 2020

HSE NATIONAL DRUG TREATMENT CENTRE VIA

Welcome to the first HSE NDTC Values in Action newsletter and a big welcome to our new staff members.

The year of 2020 will always be remembered and never forgotten for Covid-19. The challenges faced by each staff member can not be underestimated but as essential workers we continue to work together since the pandemic emerged. At a recent 'Values in Action' meeting we discussed how we as an organisation communicate the VIA message while adhering to 'social distancing'. With this in



What are Values in Action (VIA)

Values in Action is about delivering better experiences to those who use our services, and creating better workplaces for our staff. As one Values in Action champion puts it, it's for ourselves and it's for our patients.

Every day thousands of health service staff across Ireland live our values of care, compassion, trust and learning. Sometimes this is very visible, sometimes less so. Values in Action is about building a culture in the health service that reflects our values, so that they are evident every day in every workplace. The health service has made two bold decisions; to translate our values into specific be-



haviours, and to start a movement to make sure that they are not just words, but become the core of our health service culture.

Values in Action is led by staff from across the health service, from all grades and disciplines, who are working together to create a grass-roots movement to spread the behaviours that reflect our values. Values in Action

is mobilising staff and empowering them to lead the changes that we need to truly build a better health service.

This is not something that we have done before. It's a new approach to building the kind of health service we all want from the inside out making the health service a better place for staff, patients and service users. It's going to take all of us from all grades, roles, disciplines and backgrounds working together to change our health service for the better.

Stay safe guidelines at work.

Coronavirus COVID-19



#holdfirm



Goodbye to our colleagues who departed in 2020

Seamas Noone
Ellen Martin
Mary Egan
Nejra Mesinovic

NCHD's continued



Laura Managan



Modh.Yusop



Darren Daly

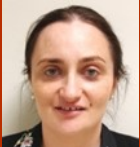
Nursing Team



Adam Gaine



Sorcha O'Beirne



Bernadette Carty

Pharmacy Team



Paul McAllister



Megan Lynch

Social Worker Team



Geraldine Humpries

Nine behaviours in twelve months

As we all know there are 12 months in a year but we only have 9 behaviours...

This month our first behaviour is 'Do an extra, kind thing'

August - 'Acknowledge the work of your colleagues'

September - 'Am I putting myself in other people's shoes?'

October - Halloween

November - 'Ask your colleagues how

you can help them'

December - 'Am I aware of my own stress and how I deal with it?'

January - 'Use my name and your name'

February - 'Valentines fever'

March - 'Challenge toxic attitudes and behaviours'

April - 'Am I aware that my actions can impact on how people feel?'

May - 'Keep people informed - explain the now and the next'

PERSONAL	WITH COLLEAGUES	WITH PATIENTS AND SERVICE USERS
Am I putting myself in other people's shoes?	Acknowledge the work of your colleagues	Use my name and your name
Am I aware that my actions can impact on how other people feel?	Ask your colleagues how you can help them	Keep people informed - explain the now and the next
Am I aware of my own stress and how I deal with it?	Challenge toxic attitudes and behaviours	Do an extra, kind thing

HSE NDTC Values in Action feedback

The values in action team discussed at our first meeting since the Covid-19 outbreak that it was time to ask staff for their feedback. We want to understand, how much Values in Action behaviours are part of the HSE NDTC culture and where you think the



If you would like to join the VIA committee, contact Deirdre at ddaly@dtcb.ie.

initiative is valuable to staff and (service users) and equally where you think there could be more improvements. Your feedback will be anonymous and is for all staff who work in the HSE National Drug Treatment Centre. A feedback sheet will be sent out shortly. Thank you!

Thought for the day!

Happiness can be found even in the darkest of times if only one remembers to turn on the light.

Goodbye to our NCHD colleagues who finished recently

Rama Amed, Sue Faye Sharifuddin, Brian Reilly, Maria Deely, Sujesh Navanthan, Chris Mohan, Jasminka Cindori, Imo Atai Eden, Jane Gilhooley & Ross Dougan

The Values in Action team thought for the year 2020, that we would aim to support and encourage 'DIVERSITY IN THE WORKPLACE',

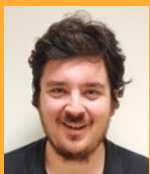
VALUES IN ACTION

Diversity in the workplace

refers to an organisation that intentionally employs a workforce comprised of individuals of varying gender, religion, race, age, ethnicity, sexual orientation, education, and other attributes.



The HSE NDTC will work together as an organisation to organise a number of events over the coming months to support and enhance 'DIVERSITY IN THE WORKPLACE'

Laboratory Team

Ronan Hastings



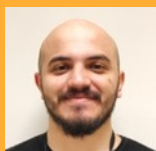
Aine Keenan

Security Team

Richard Dillon



Paddy Collins



Ertan Batmaz

Welcome to the new members of the HSE National Drug Treatment Centre Team

NCHD's
Nurses
Pharmacists
Social Worker,
Laboratory staff
Security staff.

HSE Name badges will be ordered for your shortly.

Steps to Health Challenge HSE Pulse Staff Survey

Steps to Health Challenge is back on the 14th of September until 18th of October. Registration will open on Monday 20th July.

Due to Covid-19 we all have to be mindful of social distancing, so this year teams will be smaller between 2 and 10 participants with a team coordinator.

If you would like to join one of our 3 teams, please contact Maura, mkehoe@dtcb.ie or ext 764.

Let's step it out.....

<https://twitter.com/hsesteps>

The HSE on behalf of health services are carrying out a research study to assess/learn about staff experience during Covid-19 in order to inform what process and practices worked well and the changes and innovations that can be maintained into the future.

Online survey from 16th of July until 31st of July & a Focus group in September.

<https://survey.euro.conformit.com/wix/8/p783074865548.aspx?TD=I>. Or

contact pmurray@dtcb.ie

Charity 2020

This year we would like to support one charity.

Over the last few years the HSE NDTCT has supported a number of charities through different events.

If you have a suggestion for a charity that we could support for 2020, please contact us at via@dtcb.ie

Thank you and do let us know your thoughts

"Anything that changes your values changes your behaviour"

George Sheehan

Clubs or groups or just chats

Lots of us have lots of interests outside of work! Now is your time to bring these ideas into work!

What about starting a group of like minded individuals.

These are some clubs or groups which might tickle your fancy

⇒

Book Club

⇒

Knitting or crochet group

⇒

Film club

⇒

Cooking group

⇒

Art/Arts club

⇒

Revive the photograph club

⇒

Language group

⇒

Singing group

⇒

Football group

⇒

Walking group

⇒

You may have other suggestions and please let us know!

via@dtcb.ie

Lets put our interests together, as a group, a club or just chats (social distancing style)

What's in store in our next edition

We are looking for stories and lots of stories

Stories about our everyday lives in the HSE NDTCT

Stories about who we are or what we have achieved in work

Stories about our lives outside of work

Stories which make people smile

SHARE YOUR STORY



The next edition issue date has not been finalised but hopefully we will have an update on the VIA Staff feedback and have chosen a charity for 2020.

Thank you on behalf of the VIA



team.