

ANNUAL REPORT 2019



Mental
Health
Reform

COALITION FOR



MENTAL HEALTH REFORM'S VISION

An Ireland where everyone can access the support they need in their community to achieve their best possible mental health.

OUR MISSION

To be the unifying voice that drives progressive reform of mental health services and supports in Ireland.

OUR COLLECTIVE GOALS FOR IRELAND'S MENTAL HEALTH SYSTEM

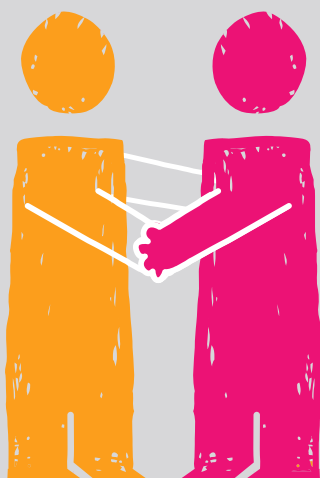
| Policy/Law | Services (Access/ Quality) | Social and economic rights |
|--|---|--|
| <ul style="list-style-type: none">* Political priority* Adequate funding* Legal reform* Refreshed national mental health policy | <ul style="list-style-type: none">* 24/7* Holistic* Recovery-orientated* Advocacy supports* Adequate staffing* Positive role of NGOs* Carers support* A mental health information system | <ul style="list-style-type: none">* Good quality housing* Adequate income* Good quality employment opportunities |

ANNUAL REPORT 2019



Mental
Health
Reform

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OUR MEMBERS

Governing members

- | | | |
|---|---|---|
| * 3Ts (Turn the Tide of Suicide) | * Exchange House | * Merchants Quay Ireland |
| * AHEAD | * Finglas Addiction Support Team (FAST) | * MyMind |
| * AkiDwA | * First Fortnight | * Pavee Point – Traveller and Roma Centre |
| * Alcohol Action Ireland | * Focus Ireland | * Peter McVerry Trust |
| * The Alzheimer Society of Ireland | * Gateway Mental Health Association | * Pieta |
| * Amnesty International Ireland | * GROW | * The Rehab Group |
| * Barnardos | * HADD-ADHD Ireland | * Respond! Housing Association |
| * Bodywhys | * Hail – Housing Association of Integrated Living | * Samaritans |
| * Cairde | * Helplink Support Services | * Shine |
| * Children’s Rights Alliance | * Huntington’s Disease Association of Ireland | * Slí Eile Housing Association |
| * Chime | * Inclusion Ireland | * Smashing Times Theatre and Film Company |
| * Cork Mental Health Foundation | * Irish Advocacy Network | * SpunOut |
| * Disability Federation of Ireland | * Irish National Council of ADHD Support Groups | * Suicide or Survive |
| * Donegal Mental Health Advocacy Services | * Irish Penal Reform Trust | * Threshold Training Network |
| * Dual Diagnosis Ireland | * Irish Society for the Prevention of Cruelty to Children (ISPCC) | * Transformative Recovery College |
| * Dublin Simon Community | * Jigsaw | * Union of Students in Ireland |
| * Dyspraxia/ DCD Ireland | * Mental Health Ireland | * Traveller Counselling Service |



Associate members

- * The Association for Psychoanalysis and Psychotherapy in Ireland
- * Association of Occupational Therapists of Ireland
- * BelongTo
- * Bloomfield Health Services
- * Clan Therapy
- * Cork Counselling Services
- * Depaul Ireland
- * Dyslexia Association of Ireland
- * European Association of Professional Hypnotherapists
- * Irish Association for Counselling & Psychotherapy
- * Irish Association for Infant Mental Health
- * Irish Association of Social Workers
- * Irish Association of Speech and Language Therapists
- * Irish Council for Psychotherapy
- * Irish Foster Care Association
- * Irish Institute of Mental Health Nursing
- * Irish Online Counselling & Psychotherapy Service
- * Irish Refugee Council
- * Irish Society of Chartered Physiotherapists
- * National Association for Pastoral Counselling and Psychotherapy
- * Psychological Society of Ireland
- * St. John of God Hospital
- * St. Patrick's University Hospital
- * turn2me.org



FOREWORD BY THE CHAIRPERSON

Prof. Agnes Higgins
Chairperson
Mental Health Reform



I am delighted to welcome you to Mental Health Reform's (MHR) annual report for 2019. This has been a busy year for the coalition, as we continue to advocate for better mental health supports for everyone in Ireland.

A key highlight of 2019 was undoubtedly the publication of the My Voice Matters reports. Findings from these in-depth consultations clearly indicated that people using mental health services and their families, carers, supporters, are not yet routinely experiencing the modern, recovery-oriented mental health services, as envisaged more than 13 years ago in the national mental health policy, A Vision for Change.



In addition to coordinating the sector's input into the refresh of the national mental health policy, A Vision for Change, MHR contributed to a number of key actions taken by government including:

- ✱ Progression of legislation to reform the Mental Health Act, 2001;
- ✱ An increase of €39M for mental health services in budget 2020;
- ✱ The continued roll-out of evidence based supported employment and the roll-out of 7-day mental health services for adults.

During 2019, MHR continuing to provide expertise and leadership in the important and emerging area of eMental Health and established its first regional office in Limerick City. MHR's support base was further strengthened in 2019, with 4 new organisations joining as members and an increase in social media support by up to 80% across some platforms.



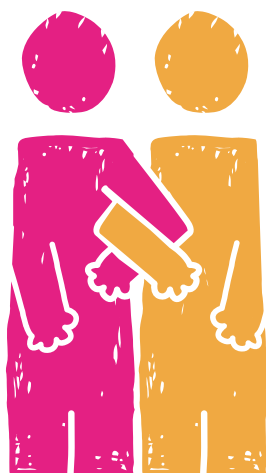


..The progress we made in 2019 shows the power the coalition has when working together as a strong, collective voice..

While reflecting on our year it is also important to thank those who made these achievements possible. I would like to thank the Board of Directors and the wonderful Mental Health Reform staff for their continued commitment and hard work. I would particularly like to thank our funders including the HSE, Pobal, Sláintecare and the Irish Human Rights and Equality Commission. We are also grateful for donations received from the Giving Circle, Mental Health Ireland, St. John of Gods, St. Patricks Mental Health Services, the Association of Secondary Teachers Ireland (ASTI) and the Irish National Teachers Association (INTO). Their recognition of the valuable role that Mental Health Reform can make to reform the Country's mental health system is appreciated.

Finally, a sincere thanks to our member organisations, our Grassroots Forum members and those who participated in advisory groups. Thanks also to those who campaigned with MHR or supported campaigns, to those who shared their stories, signed petitions, tweeted about mental health, and raised funds. MHR's contribution and impact has rested upon each of your efforts, be they input into policy positions, research, campaigns or fundraising work.

The progress we made in 2019 shows the power the coalition has when working together as a strong, collective voice, grounding contributions in high quality evidence, as well as in the wisdom and experience of our member organisations. While the mental health movement's voice is getting stronger and this is a glimpse of a few of the activities of 2019, there is still much work to be done; therefore, our focus for 2020 will be on driving forward further change.



A WORD FROM THE NEW CEO

Fiona Coyle
CEO
Mental Health Reform



I was delighted in early 2020 to join Mental Health Reform as its new CEO. As can be clearly seen in this report I am lucky to be joining a fantastic team of staff, members and volunteers already working together to drive progressive reform of Ireland's mental health system.

As this 2019 report goes to print I am conscious that in 2020 we are in the midst of unprecedented and challenging times. COVID-19 is placing a significant burden on people's mental health and wellbeing and this will continue well into the future. The pandemic has exposed the underdevelopment of many aspects of our mental health system and to respond to increasing need we have seen a move towards online services. The pandemic has undoubtedly altered the context in which we work and as a movement we must continue to work collectively to emphasise the relevance of our shared agenda. We must make our collective voice louder than ever. The role of connector and convener is one Mental Health Reform is privileged to play. I look forward to working with the staff, the board, membership and supporters to ensure that we continue to advance mental health reform in Ireland.

Ní neart go cur le chéile,

A handwritten signature in black ink, appearing to read 'Fiona Coyle'.

Fiona Coyle



..The pandemic has undoubtedly altered the context in which we work and as a movement we must continue to work collectively to emphasise the relevance of our shared agenda...



2019 IN NUMBERS



new
member
organisations

4

presentations to
Joint Oireachtas
Committees



80%
increase



in social media support
across some platforms

16

letters to
Government
Ministers

39M
increase



for mental health
services in budget 2020

roll-out of
7 day



mental health services
for adults



#MVM

major reports

published

38



meetings with individual
elected representatives

COORDINATION AND POLICY DEVELOPMENT



Throughout 2019, Mental Health Reform continued to coordinate the views of our member organisations to provide consensus-based positions to Government and its agencies. In our advice, we were also guided by the coalition's Grassroots Forum, consisting of people who have used the services and family/carer/supporter nominees from our member organisations. Key highlights from 2019 include:

Contributed to the review and updating of Ireland's mental health policy

For several years MHR has been campaigning for a review of Ireland's mental health policy. In 2017, the government appointed an Oversight Group tasked with reviewing the national mental health policy A Vision for Change (AVFC). MHR's CEO participated in this group ensuring that the coalition's recommendations were voiced.

Ensured the sectors voice was represented

In 2019 MHR provided a collective joint voice for the sector and ensured the sector's interests were represented in the following; the Individual Placement and Support (IPS) National Roll-Out Advisory Committee, the Comprehensive Employment Strategy for People with Disabilities Implementation Group, the Department of Employment Affairs and Social Protection Disability Forum, the National Housing Strategy for People with Disabilities Implementation Monitoring Group, the Housing Subgroup and the Advancing Recovery in Ireland NGO engagement group.

Coordinated positions on key topics

Mental Health Reform made several policy submissions, including submissions to

The European Committee for the Prevention of Torture and Inhuman or Degrading Treatment or Punishment;

To the Garda Inspectorate on the Treatment of Persons in the Custody of the Garda Síochána;

To the European Commission on the European Disability Strategy 2010-2020;

The Seanad Public Consultation on Travellers Towards a more equitable Ireland post recognition;

The Public Consultation Review of the Implementation of the National Action Plan for Social Inclusion 2007-2017;

The national consultation on a framework for adult bereavement care;

The National Women's Council of Ireland on a policy paper for the improvement of women's mental health;







The Irish Human Rights and Equality Commission on deinstitutionalisation in mental health settings.



Representing the sector in the media

MHR featured prominently in the public media in 2019 with over 45 broadcast/print media appearances including headlining the RTE 6:01 news. We also performed well on social media, increasing our output and growing an ever-engaging audience:

Social media summary:

| | |
|---|--|
|  | Twitter (11%) |
|  | Facebook (25%) |
|  | LinkedIn (274%) |
|  | Instagram (86%). |
|  | Our website users also increased by 120% in 2019. |
|  | Throughout the year, we reached 2.5 million people on Twitter through our online campaigns. |

Members and Advisory group meetings

In 2019 MHR continued to provide a space for members to connect and share experiences.

Mental Health Reform facilitated two coalition meetings in 2019, firstly on March 13th and then on July 10th. These meetings gave members an opportunity to give feedback on the coalition's work and help collectively shape the future direction. MHR also conducted several regional consultations through our new regional office in Limerick. Two consultations were held for members on the 10th and 17th of September. Members had the opportunity to raise specific concerns about mental health services in the mid-west as well as share information and ideas on working in this area.

Mental Health Reform's Grassroots Forum - which is comprised of people who have used mental health services, family members and supporters - contributed to various policy positions during the year. The Forum, which met on 3 occasions in 2019, also advised on the coalition's pre-budget submission and on the research findings of MHR's national consultation on people's experiences of the mental health services in Ireland.

RESEARCH AND INNOVATION



MHR continued its research and innovation work throughout 2019, identifying key areas of need and bringing new knowledge and insights to the sector, especially in the area of e-mental health.

Launch of #MyVoiceMatters

MHR published the findings from its My Voice Matters (MVM) national consultation on people's experiences of the mental health services in Ireland. The launch event was held in the Mansion House on 13th March and guest speakers included HSE Assistant National Director for Mental Health Jim Ryan, Chief Executive of the Mental Health Commission John Farrelly as well as a number of people with experience of mental health difficulties. The launch was covered widely across Irish media. The findings from the service user and family member, carer, supporter surveys were disseminated widely throughout 2019, including to all members of the Oireachtas, the Department of Health, HSE, Mental Health Commission and universities, among other key stakeholders. This work was supported with HSE funding under Mental Health Reform's Service Level Agreement.

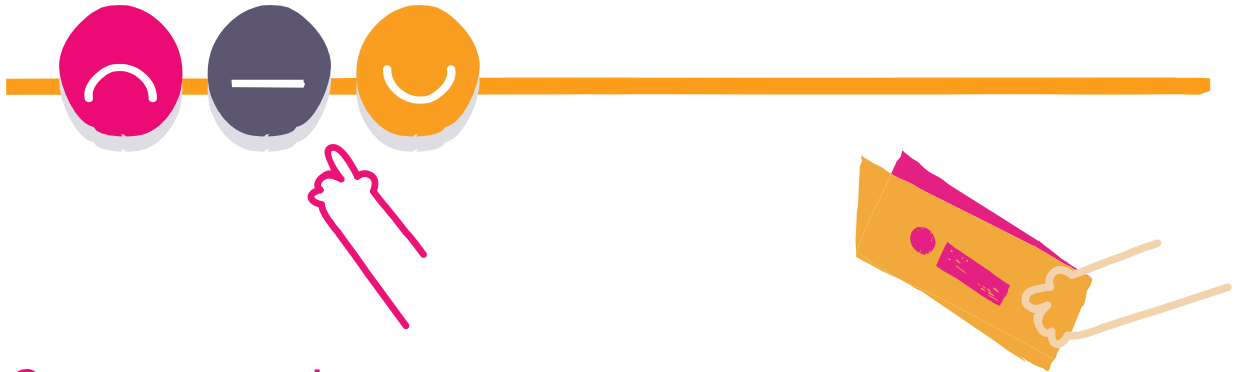


Kate Mitchell, John Farrelly, Shari McDaid, Jim Ryan and Pádraig Ó'Féich.



Launch at The Mansion House.





Ongoing research

Cultural Competency research project

The Cultural Competency project is an action based research project that will pilot training on cultural competency in one community mental health service in Ireland. Cultural competency can be broadly defined as care and services that are respectful of, and responsive to, the cultural and linguistic needs of all individuals. The purpose of this project is to promote cultural competency and ensure that the needs of ethnic minority groups are being met in the delivery of mental health services. The project has been substantially commenced including the establishment of a project steering committee, development of the research proposal and methodology, commitment from one Community Mental Health Team (CMHT) to work in partnership with MHR, submission of an ethical approval application and development of all supporting documentation such as interview schedules and information and consent sheets.

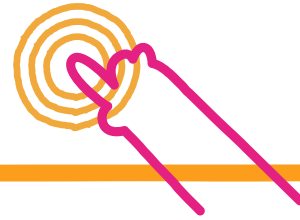
Prisons project

This project will involve the mapping of mental health services and supports available to people in prisons across Ireland. This project has been substantially commenced, including the establishment of a research steering committee, development of a research proposal and methodology, a secure commitment from the Director General of the Irish Prison Service (IPS) on their participation in the project, granting of ethical approval from the IPS undertake the research and development of the survey instrument for mapping purposes.

Dual Diagnosis research project

In 2019, MHR also commenced research in the area of dual diagnosis (addiction and mental health). The research will take a broad look at the Irish model of dual diagnosis service delivery with a view to consulting with services users with dual diagnosis to develop an understanding of their particular recovery needs and preferences.





EMEN Project

Digital technology in mental healthcare



The e-Mental Health Innovation and Transnational Implementation Platform North West Europe (eMEN project) is an EU-funded eMental Health project aiming to improve mental health in Europe through increased use of eMental Health interventions. With a focus on digital technology in mental healthcare, the eMEN project continued during the year, funded by Interreg with co-financing from the HSE. Key results in 2019 included

- Supported the development of two innovative eMental Health products' being developed by the HSE- 'eWELL' and 'Pesky gNATS'. This work included contributing to the overall planning for implementation and evaluation, quality assurance approaches to both developers and contributed to HSE training and implementation activities.
- Provided support for three other e-Mental Health small and medium enterprises (SMEs): Turn2Me, Wellola and Videodoc.
- Delivered a learning seminar on eMental health for HSE psychology managers and senior staff from around the country. The seminar introduced and discussed the potential of eMental health to their services. Over 35 HSE staff participated in the event. eMEN conducted

a survey on attitudes and opinions towards on piece of emental health technology, eWell, amongst senior psychologists. This was then prepared as a report for HSE development and clinical governance teams on these, and for input to the overall programme evaluation for HSE.

- Co-organised, with Union of Students in Ireland (USI), a seminar on Technology and Student Mental Health at the Technical University Dublin. The event was attended by over 90 participants. Irish and international speakers, discussed topics included current and future potential of eMental Health in student mental health services and eMental Health student lead initiatives.
- The eMEN team presented at various conferences and events in Ireland and internationally:
 - Trinity Health and Education International Research Conference in Dublin- an overview of recent developments in the eMEN project and the eMental Health field more generally.
 - Thomas More University in Antwerp during International Days. The presentations covered overview of the state-of-the-art in eMental health including Irish and eMEN project examples and discussed the challenges and opportunities for mental health services and the psychology profession.
 - Presentation at European Congress of Psychiatry in Warsaw.



Above: e-Mental Health seminar. Below, from the left: Derek Richards (Silver Cloud), Shari McDaid (Mental Health Reform), Damien McClean (USI welfare officer), Aimée-Louise Carton (KeepAppy).



ADVOCACY ACCOUNTABILITY

During 2019, the coalition continued to advocate across the political spectrum and facilitate public support for reform of mental health services. MHR's profile increased during the year, with widespread coverage of our campaigns on out-of-hours mental health services and on legislative reform.

Reform of Ireland's mental health law



Throughout 2019, MHR continued to campaign for urgent reform of Ireland's mental health law, including the Mental Health Act, 2001, to ensure that people's rights are adequately protected when they go to hospital for mental health care and treatment. Our campaign included supporting people to share their experience of accessing mental healthcare in hospital, providing information to politicians and the public about the need for reform of the law, supporting legislative amendments to the law and engaging with the media about the need for urgent reform.

In July 2019, MHR's voice and the voices of thousands of supporters were heard when the Department of Health sent draft legislation to update the Mental Health Act, 2001, in full, to the Mental Health Commission for its review. This action followed over two years of active campaigning by MHR to reform the 2001 Act in full. In October, in collaboration with Mental Health Ireland, MHR held a seminar on human rights law and practice. This was attended by over 100 people, including TDs, Senators, mental health professionals, people with experience of mental health services as well as family, friends and carers.

MHR also supported the progression of the Assisted Decision Making (Capacity) (Amendment) Bill 2019 which was introduced in the Seanad and has passed second stage. The Bill aims to address a specific exclusion whereby people who are detained for mental health treatment do not have a right to legally binding advance healthcare directives.



Image from #ReformMHAct campaign.



24/7

Between 20th March and 3rd April, MHR ran a public campaign on the need for 'out of hours' community mental health services for children and young people. The campaign had an organic reach of 250,000 and created over 1.2M impressions across all platforms. The public support was highlighted, through our Twitter poll where 94% of people agreed there was an urgent need for extended hours in mental health services.



94% of people agreed there was an urgent need for extended hours in mental health services.

Capacity Building

MHR, with the support of the Irish Human Rights and Equality Commission, continued to deliver our Speak Out on Mental Health training during 2019, with the aim of supporting people with experience of mental health difficulties, family members, friends and carers, to advocate for better mental health services. The project, commencing at the end of 2019 and into the start of 2020, delivered four modules for nearly 70 people with the aim of building people's skills and confidence in public speaking, working with journalists, narrative story-telling and using social media and other online platforms.

Pre-budget campaign

In an effort to influence increased investment in mental health services, MHR ran a pre-budget campaign calling for additional development funding of €50M. The campaign engaged with Oireachtas members and with the general public to highlight ongoing gaps in mental health services and the need for significant improvement in services through enhanced investment. The pre-budget campaign had a reach of 750,000 people.



MHRs Mental Health Act seminar.



Local Activism project in the Mid-West

In 2019, MHR initiated a local community activism programme, as part of its broader remit to drive progressive reform of mental health services and supports at a national level. For the purposes of piloting this programme, MHR appointed a community development officer, based in Limerick City, to promote and facilitate community activism in Community Healthcare Organisation (CHO) area 3. This area comprises of Limerick, Clare and North Tipperary and has a population of over 385,000.



Mental Health Reform and Jigsaw event - Limerick

The development of a regionally based programme allowed MHR to reach out into local communities and respond to the increasing need for local activism. During the year, MHR and our supporters started campaigning for change by meeting with the HSE management team, local Councillors, TDs and Senators to set out our agenda for change and to call for action on urgently needed improvements to mental health services.

So far, MHR have trained and supported 40 community activists to engage with media and other key stakeholders in this region. We have supported collaboration in the area of mental health by holding events for our member organisations and local concerned citizens. MHR has held a community event with over 100 participants to discuss child and youth mental health supports. Overall, the profile of MHR has been established in the region and a local activist network has been initiated.

Advocacy and accountability roundup



Engagement with political influencers and decision-makers on a wide range of mental health issues included:

| | |
|----|---|
| 16 | letters to Government Ministers |
| 38 | meetings with individual elected representatives |
| 8 | meetings with the Minister of State for Mental Health |
| 1 | meeting with the Minister of State for European Affairs |
| 1 | meeting with the Minister for Employment Affairs and Social Protection. |
| 4 | presentations to Joint Oireachtas Committees |



Top Left: Kate Mitchell, Top Right: MHRs members meeting 2019, Bottom: Prof. Agnes Higgins, Pádraig Love, Shai McDaid and Laurence Malone.

FUNDING / FUNDRAISING



MHR's activities were possible due to the continued support of core funders including the Health Service Executive (HSE), Interreg and Pobal. Funding was also secured through the Sláintecare Integration Grant and the Irish Human Rights and Equality Grant Scheme. Donations were received from the Giving Circle, Mental Health Ireland, St. John of Gods, St. Patricks Mental Health Services, the Association of Secondary Teachers Ireland (ASTI) and the Irish National Teachers Association (INTO).

Fundraising and donations

In 2019, MHR was successful in campaigns on issues such as funding of mental health services, 24/7 availability of crisis services to adults, and extending the hours of services for children and young people across the country. MHR could not have achieved this alone.

MHR's campaign work does not get any State funding and relies on the contributions of its wonderful supporters'. In 2019, supporters of MHR made its voice louder in our calls to improve Ireland's mental health services and supports. Through our dedicated supporters, MHR got closer to making the vision of an Ireland where everyone can achieve their best possible mental health, become a reality.

In 2019, we received €26,560 from fantastic supporters and donors. Membership fees also supported our campaigning work. On behalf of all the staff, volunteers and Board of Mental Health Reform, thank you for your incredible generosity and support.

In particular, MHR would like to thank our Volunteers.

During 2019, MHR continued to benefit from the commitment of its volunteer Board. Individual volunteers also participated in a number of MHR activities, including fundraising bag packs for the purpose of supporting the organisation's advocacy and campaigns work. Some volunteers also organised their own fundraising initiatives, such as the 'Walk of Hope' and 'Running for Reform' whereby one individual took on the incredible challenge of running 6 marathons in 6 months. At the end of 2019, MHR hosted a 'supporter appreciation' evening. The event was held in the Mansion House and the Lord Mayor spoke and acknowledged his gratitude for the hard work of MHR's supporters. Thanks was expressed by MHR's CEO to all supporters and volunteers and updates were provided on the positive impact made due to their support.

Thank you!

The support of our donors, funders and volunteers help make our work possible. Every euro you have donated, every bag you have packed, every kilometre you have hiked, every race you have cycled, every marathon you have ran, every cake you have baked and every moment you have given has all been a part of improving mental health services in Ireland.

100 volunteers gave 300 hours

Special thanks to...

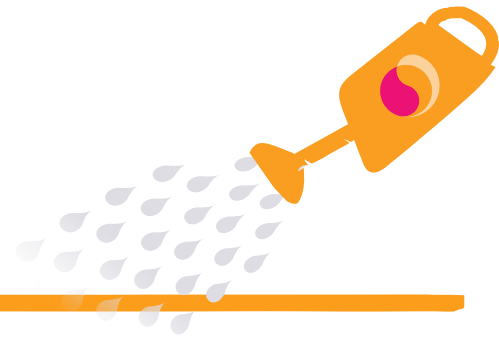
- * Steven Webster for running 6 marathons in 6 months as part of "Running for Reform"
- * Lisa and Julie Douglas for completing the 62KM hike in the Vallée de la Thur in just 19 hours.

* Blackrock Further Education Institute, Laugh Out Loud, toBE, the Walk of HOPE, the Stephen Murray Memorial, Team Mental Health Reform in the Vhi Women's Mini Marathon, Lynsey Anne Core's Christmas Window Painting,

Team Mental Health Reform in the Great Dublin Bike Ride, all those who donated at our many bag packs, all those who held a Facebook Birthday Fundraiser.



GOVERNANCE



MHR continued to operate in accordance with good governance guidance for charities and to fulfil its statutory and regulatory obligations. We are grateful for the guidance and stewardship of our Board throughout the year.

Our Board for 2019 were:

Mark Byrne

Oliver Coleman Duffy

(resigned 31 July 2019)

Conor Daly

Robert McCafferty

(appointed 7 October 2019)

Anne Ellis

Agnes Higgins *(Chair)*

Áine Hynes

(resigned 31 July 2019)

Mark Kennedy

Michele Kerrigan

Pádraig Love

Laurence Malone

(Expert Director (Finance))

David Keegan

(appointed 23 July 2019)

Elizabeth Cogan

(appointed 7 October 2019)

(Expert Director (Legal))

Ali Rochford

Lochlann Scott

The Board of Directors met six times in 2019. The Board of Directors continued to oversee the organisation's compliance with its statutory and regulatory obligations, including the Charities Act 2009, the Companies Act 2014 and the Lobbying Act 2015. In addition, the organisation is compliant with the Code of Practice for Good Governance of Community, Voluntary and Charitable Organisations in Ireland and has signed up to the Statement of Guiding Principles for Fundraising, published by the Irish Charities Tax Reform Group (now Charities Institute Ireland). The Board of Directors is continuing to oversee implementation of the Charities Governance Code with a view to complete implementation in 2020. During 2019, MHR registered its Directors on the Register of Beneficial Owners (RBO) website.

In 2019, the Board of Directors reviewed and updated the organisation's Financial Procedures Manual, developed a lone working policy and increased staff annual leave entitlements for staff working in the organisation more than 2 years. The organisation reviewed and updated its Safety Statement, risk assessment and health & safety assessment.

In November, the Board considered and approved the operational plan for 2020 which set out the organisation's programme of work in line with the Strategic Plan 2018-2020.

The financial controls for the organisation, as set out in the Financial Procedures Manual, was updated again in 2019 and was approved by the Board. The administration of the organisation's finances operated during the year in line with the Financial Procedures Manual. The Finance and Audit Committee and the Fundraising Committee also both met on six occasions.



AUDITED ACCOUNTS

2019



AUDITED ACCOUNTS

STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME & EXPENDITURE ACCOUNT) AS AT 31 DECEMBER 2019

| | | Restricted funds 2019 | Unrestricted funds 2019 | Total funds 2019 | Total funds 2018 |
|------------------------------------|------|-----------------------------|-------------------------------|------------------------|------------------------|
| | NOTE | € | € | € | € |
| Income from: | | | | | |
| Donations & Membership | | - | 27,207 | 27,207 | 28,527 |
| Charitable Activities | | | | | |
| Statutory and philanthropic grants | | 560,112 | 7,700 | 567,812 | 809,596 |
| Other Activities | | - | 21,029 | 21,029 | 5,704 |
| Investments | | - | 22 | 22 | 8 |
| Total Incoming Resources | 4 | 560,112 | 55,958 | 616,070 | 843,835 |
| Expenditure on: | | | | | |
| Raising funds, Events & campaigns | | 4 | 2,099 | 2,103 | 2,093 |
| Charitable Activities | | 560,475 | 74,144 | 634,619 | 676,055 |
| Total Resources Expended | | 560,479 | 76,243 | 636,722 | 678,148 |
| Net Income/(expenditure) | | (367) | (20,285) | (20,652) | 165,687 |
| Transfer between funds | | - | - | - | - |
| Net movement in funds | | (367) | (20,285) | (20,652) | 165,687 |
| Reconciliation of funds | | | | | |
| Total funds brought forward | | (7,584) | 215,611 | 208,027 | 42,340 |
| Total funds carried forward | | (7,951) | 195,326 | 187,375 | 208,027 |

The financial statements were approved and authorised for issue by the board on the 26th May 2020 and are signed on their behalf by Agnes Higgins and Laurence Malone, Directors.

AUDITED ACCOUNTS

Basis of preparation of financial statements

The Financial statements have been prepared in accordance with accounting standards generally accepted in Ireland and Irish Statute comprising the Companies Act 2014, and the Charities SORP (FRS102). Accounting Standards generally accepted in Ireland in preparing financial statements giving a true and fair view are those published by Chartered Accountants Ireland and issued by the Financial Reporting Council. 2018 are the first set of financial statements in which the company has applied the Charities SORP (FRS102).

Income

The income shown in the income and expenditure account represents grants from funders, donations, payments for research services, deposit interest, training and membership income invoiced during the period. Income not applied or expended in the period is deferred to future accounting periods.

BALANCE SHEET AS AT 31 DECEMBER 2019

| | | | 2019 | 2018 |
|--|------|-----------|-----------|---------|
| | NOTE | | € | € |
| Current assets | | | | |
| Debtors: amounts falling due within one year | 8 | 41,439 | 66,133 | |
| Cash at bank and in hand | 9 | 272,184 | 254,788 | |
| | | 313,623 | 320,921 | |
| Creditors: amounts falling due within one year | 10 | (126,248) | (112,894) | |
| Net current assets | | | 187,375 | 208,027 |
| Total assets less current liabilities | | | 187,375 | 208,027 |
| Net assets | | | 187,375 | 208,027 |
| Capital and reserves | | | | |
| Reserves | | | 187,375 | 208,027 |
| Members' funds | | | 187,375 | 208,027 |

AUDITED ACCOUNTS

STATEMENT OF CHANGES IN FUNDS FOR THE YEAR ENDED 31 DECEMBER 2019

| | Income and expenditure account | Total funds |
|--|--------------------------------------|----------------|
| | € | € |
| At 1 January 2018 | 42,340 | 42,340 |
| Comprehensive income for the year | | |
| Surplus for the year | 165,687 | 165,687 |
| | <hr/> | <hr/> |
| At 1 January 2019 | 208,027 | 208,027 |
| Comprehensive income for the year | | |
| Deficit for the year | (20,652) | (20,652) |
| | <hr/> | <hr/> |
| Total comprehensive income for the year | (20,652) | (20,652) |
| | <hr/> | <hr/> |
| At 31 December 2019 | 187,375 | 187,375 |

The financial statements were approved and authorised for issue by the board on the 26th May 2020 and are signed on their behalf by Agnes Higgins and Laurence Malone, Directors.

AUDITED ACCOUNTS

STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 31 DECEMBER 2019

| | 2019 | 2018 |
|---|--------------------|--------------------|
| | € | € |
| Cash flows from operating activities | | |
| Deficit for the financial year | (20,652) | 165,687 |
| Adjustments for: | | |
| Interest received | (22) | (8) |
| Decrease in debtors | 24,694 | 121,405 |
| Increase/(decrease) in creditors | 13,354 | (203,606) |
| Net cash generated from operating activities | 17,374 | 83,478 |
| Cash flows from investing activities | | |
| Interest received | 22 | 8 |
| Net cash from investing activities | 22 | 8 |
| Net increase in cash and cash equivalents | 17,396 | 83,486 |
| Cash and cash equivalents at beginning of year | 254,788 | 171,302 |
| Cash and cash equivalents at the end of year | 272,184 | 254,788 |
| Cash and cash equivalents at the end of year comprise: | | |
| Cash at bank and in hand | 272,184 | 254,788 |
| | 272,184 | 254,788 |

AUDITED ACCOUNTS

We have audited the financial statements of Mental Health Reform (the 'Company') for the year ended 31 December 2018, which comprise the Balance Sheet, the Statement of Cash Flows, the Statement of Changes in Funds and the notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is Irish law and Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

In our opinion the financial statements:

- ✱ give a true and fair view of the assets, liabilities and financial position of the Company as at 31 December 2018 and of its profit for the year then ended;
- ✱ have been properly prepared in accordance with Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'; and
- ✱ have been properly prepared in accordance with the requirements of the Companies Act 2014.

Responsibilities of directors for the financial statements

The Directors are responsible for preparing the Directors' Report and the financial statements in accordance with Irish law and regulations. Under company law, the Directors must not approve the financial statements unless they are satisfied, they give a true and fair view of the assets, liabilities and financial position of the Company as at the financial year end date, of the profit or loss for

that financial year and otherwise comply with the Companies Act 2014.

The Directors are responsible for ensuring that the Company keeps or causes to be kept adequate accounting records which correctly explain and record the transactions of the Company, enable at any time the assets, liabilities, financial position and profit or loss of the Company to be determined with reasonable accuracy, enable them to ensure that the financial statements and Directors' Report comply with the Companies Act 2014 and enable the financial statements to be audited. They are also responsible for safeguarding the assets of the Company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Matters on which we are required to report by exception

Based on the knowledge and understanding of the Company and its environment obtained in the course of the audit, we have not identified any material misstatements in the Directors' Report.

The Companies Act 2014 requires us to report to you if, in our opinion, the disclosures of directors' remuneration and transactions required by sections 305 to 312 of the Act are not made. We have nothing to report in this regard.

Timothy F. Carthy

for and on behalf of Duignan Carthy O'Neill Limited
Chartered Accountants Registered Auditors
84 Northumberland Road, Ballsbridge, Dublin 4.

AUDITED ACCOUNTS

| | | | |
|------------------------------|--|-------------------------|---|
| Directors: | Mark Byrne Oliver Coleman Duffy Conor Daly Anne Ellis Agnes Higgins Áine Hynes Mark Kennedy Michele Kerrigan Pádraig Love Laurence Malone (appointed 21.06.18) Ali Rochford Lochlann Scott | Bankers: | Bank of Ireland 34 College Green Dublin 2 KBC Bank Ireland Plc Sandwith Street Dublin 2 Ulster Bank P.O. Box 145 33 College Green Dublin 2 |
| Company secretary: | Michele Kerrigan | Chief Executive: | Shari McDaid |
| Registered number: | 506850 | | |
| Registered office: | Coleraine House Coleraine Street Dublin 7 | | |
| Independent auditors: | Duignan Carthy O'Neill Limited Chartered Accountants & Registered Auditors 84 Northumberland Rd, Ballsbridge Dublin 4 | | |



ABOUT MENTAL HEALTH REFORM

Mental Health Reform is the national coalition promoting improved mental health services and the social inclusion of people with mental health difficulties.

MENTAL HEALTH REFORM WORKS TO

- ✱ Coordinate the views of our member organisations, develop policy and represent the sector to Government and its agencies;
- ✱ Conduct quality research to identify unmet need and good practice solutions and to support innovation in the way services are provided;
- ✱ Monitor progress on Government commitments and hold the Government and its agencies to account.

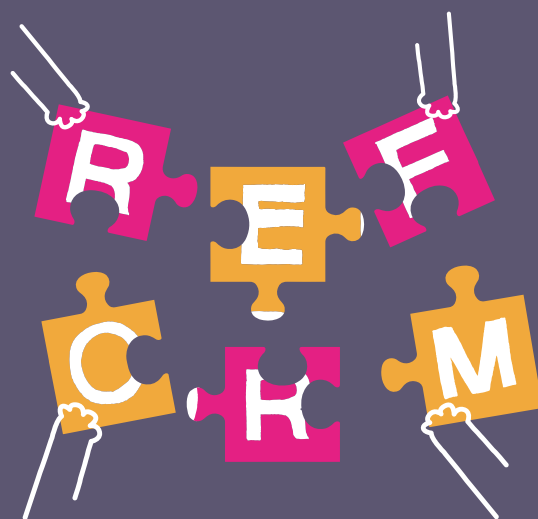
www.mentalhealthreform.ie



Mental Health Reform
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