



2018

Annual Report

A woman with blonde hair, wearing a light blue short-sleeved uniform shirt and a white and blue checkered towel draped over her left shoulder, is smiling warmly at the camera. She is standing in a kitchen, with a stainless steel range hood and a control panel with a red emergency stop button visible behind her. The background shows a clean, professional kitchen environment.

How we
supported
4,333 people
in 2018.

Contents

Foreword.....	04
Mona Lemon - From Street to Home.....	06
Humble Beginnings.....	08
Vision Mission Values.....	09
2018; A Year in Review.....	10
Opening the Door.....	12
Accommodating a Growing Need.....	13
Pillars in the Community.....	14
Health & Homelessness.....	17
Housing those in Need.....	18
A Closed Door.....	20
Mike; A Single Man's Story.....	21
Our Finances.....	22
Good Governance.....	24
Our Supporter Promise.....	25
Team & Information.....	27

Foreword

It is no secret that the homeless crisis is deepening and 2018 was another challenging year, with figures continuing to rise. More men, women and children are now experiencing homelessness in our country. At the end of 2018 there were 9,753 people recorded as homeless in Ireland, a rise of 13% on the previous end of year total. [1]

In Northern Ireland a lack of Government has exacerbated the problem. In the absence of policy makers a lack of vision and funding has severely hindered progress within the homeless sector. However, Depaul continue to work side-by-side with partner agencies and Government officials to help those most in need.

In 2018 Depaul's 475 dedicated staff helped 4,333 men, women and children that are homeless or at risk of homelessness across the Republic of Ireland and Northern Ireland. With compassion and great care our staff worked across some 28 Depaul services

ensuring individuals, families and children were all given the support they needed.

As an organisation we pride ourselves on our values and that is reflected in the services we provide. We meet people where they are at in life and work from there. All the time believing in people's potential and putting our words into action. We strongly believe homelessness should only be a moment in someone's life, not their life story.

Unfortunately, for many that journey has remained incomplete. The lack of housing options in both the Republic of Ireland and Northern Ireland has prolonged people's experience of homelessness. This is reflected in an almost 18% drop in positive move-ons for Depaul service users in 2018. However, Depaul remains committed to finding housing solutions, particularly for what remains the largest group within the homeless population, single adults.

Our work with Depaul Housing Association is imperative in supporting

people out of homelessness. We believe this will bring new solutions to enable us to help people exit our services much quicker and they can begin to rebuild their lives. Housing First remains a key element to Depaul's work and we remain fully committed to this model. We believe it plays a central role in eliminating homelessness and that belief is reflected in Depaul's Housing First report which highlights the success of this model both in Belfast and Derry/Londonderry.

In 2018 we continued to support people in their communities. Providing vital in-reach support to help people at risk of homelessness and to ultimately help them maintain their tenancy. This is particularly evident in Northern Ireland where we saw a 39% increase in the number of floating support visits provided by Depaul teams.

During 2018 in the Republic of Ireland we advocated for an end to the use of one night only, emergency accommodation. We believe in order to support people

in the best way possible they need access to 24-hour accommodation and support plans to help them move out of homelessness as soon as they are ready. At the end of 2018 we were delighted to see this come to fruition when our Little Britain Street service transitioned from a one night only service to a supported temporary service offering 24-hour access to those most in need.

Traditionally Depaul's work in the Republic of Ireland has been centred in Dublin, with all of our services based in the capital. However, working alongside the Department of Justice and other partner agencies we have seen our work spread to other parts of the country.

Much of our work throughout 2018 relied and continues to rely on collaboration. We continue to maintain and build relationships with statutory partners and agencies across the island of Ireland. As the homeless crisis grows it is imperative that we do all we can, and we do it

together. Depaul believes working in collaboration is vitally important as we aim to end homelessness.

We would like to thank the public for their continued generosity in supporting Depaul's work. From the individual donors to the community and corporate supporters, without your kindness we could not support our service users in the way we do. We also wish to thank the hundreds of volunteers who lend their time and skills in helping our vital work.

Lastly we want to thank our service users. Your determination and resilience continues to inspire us and we will remain steadfast in our efforts to support you. At Depaul we aim to end homelessness and change lives and that is what we will continue to do.





A small white dog with long, fluffy fur is sitting on the left side of the image. The background is a warm, orange-toned photograph of a Christmas tree decorated with lights and ornaments. The text is overlaid on a semi-transparent orange rectangle.

Mona Lemon From Street to Home

“I know I couldn’t survive now. One more night on those streets and I’d be dead”, Mona.

For 20 years Mona survived on the streets, drinking to numb the pain and the cold. Trying to forget that she had lost her family.

“When I was first walking those streets I was drinking to die. I didn’t want to live because I had lost everything. I had lost my children and my Mum, I had nothing to live for”, Mona.

Luckily Mona found Depaul’s Stella Maris service, where she began to turn her life around. Stella Maris offered her safe accommodation and a personalised programme which allowed Mona to manage her alcohol dependency.

This unique service is based on harm reduction principles which gave Mona the tools she needed to move away from a life of dependency.

“Depaul came in to my life and gave me hope. They treated me like a human being”, Mona.

Today, through Depaul’s Housing First programme Mona is living independently. She has successfully sustained her tenancy for the past four years. This is often very difficult for people who have gone through what Mona has experienced.

But with the continued support of Depaul’s key-worker Allicia, she is looking positively to the future.

“When you think of what Mona has gone through and the prejudice she has faced she is such a laugh and very, very considerate towards others”, Allicia, Mona’s key-worker.

Humble Beginnings

Depaul grew from the need for the most vulnerable people in our society to feel included, understood and cared for with compassion. In 2002 Depaul was invited to meet this need at the behest of the Government and the Vincentian Family in Ireland. We started in the Republic of Ireland, opening services for those who found themselves marginalised and in need of the right support. Depaul continued to grow in 2005 when it opened its doors in Northern Ireland.

From our origins right up to our work today we endeavour to meet the needs of those with complex health and drug dependencies and who find it difficult to access more mainstream services. Along the way Depaul have become pioneers, developing innovative services for the most hard to reach people. All the while staying true to our values in everything we do.

Now, as we reflect on 2018, Depaul is a cross border charity providing 28 services across the island of Ireland. We continue to meet people where they are at in their lives. Providing vital

supports and care at their most difficult time.

Depaul is part of a wider global family, Depaul International. This group is spread across the globe and works with the most marginalised people in the UK, Ireland, France, Ukraine, Slovakia, Croatia and the USA. The Depaul group is inspired by the values of Saint Vincent de Paul, a major social reformer in 17th century France.

Our approach is tailored to the people, communities and issues in each of these countries. Wherever we work, we do so with common values and the same respect for each person we meet.

Globally, Depaul's work ranges from providing safe shelter, accommodation, food and health services to helping people receive the education, employment and social services they need. Our goal is to improve quality of life and help people find a place to call home.

Depaul works in five key pillar areas; these include:

- Prevention
- Families & Young People
- High Support Accommodation
- Health & Rehabilitation
- Housing

Vision

A society in which everyone has a place to call home and a stake in their community.

Mission

To end homelessness and change the lives of those affected by it.

Values

We celebrate the potential in people.

We put our words into action.

We aim to take a wider role in civil society.

We believe in rights & responsibilities.



**In 2018 we
worked with...**

4,333

**men, women
& children**

An increase of 9% on 2017.

we provided a total of **twenty eight** services

across the Republic of Ireland and Northern Ireland.

↑13%
increase

in the number of children we helped, rising from 779 in 2017 to 881 in 2018.



604

warm beds were provided in 2018 across our accommodation services.

↓18%
decrease

in the number of move-ons from our services, dropping from 774 in 2017 to 636 in 2018.

513
families

came through our doors looking for support.

15 

babies were born to women in our services.

601 

volunteers gave a helping hand to people who needed it most.

Opening the door

In 2018 Depaul helped **4,333 individuals, families and children**. From providing a **warm welcome** through our accommodation based services to meeting **those most in need** in their community. Depaul provided **604 warm beds** each night, ensuring people had a **safe place to rest**. We also provided over **330,000 hot meals** to keep people's strength up for the journey ahead.

Accommodating a growing need

Depaul continued to provide a range of accommodation based services in 2018. Providing shelter and support to individuals and families. In Northern Ireland our family based services in Belfast, Mater Dei and Cloverhill, supported 78 families. Within that, the number of children we supported grew by 17% to a total of 118. Providing much needed stability in what can often be a traumatic time in a child's life.

Our Stella Maris service gave long term support to 100 adults. This service provides vital care for people experiencing homelessness and with a history of acute alcohol dependency. In Dungannon our Castlehill service provided supported temporary accommodation to 68 individuals throughout the year.

In the Republic of Ireland the rate of homelessness continued to grow. By the end of 2018 there were 3,915 single adults experiencing homelessness [2].

Nationally average rental prices stood at €1,347 per month by the end of Q4 in 2018, a new high [3]. Rising rents and the precarious nature of tenant rights both North and South continued to leave individuals and families vulnerable to the threat of homelessness.

Depaul continued to meet the need for emergency services with its Brú Aimsir service supporting 1,864 men and women. At the same time Depaul kept the need for 24 hour access on the agenda. At the end of the year our Little Britain Street service transitioned from an emergency based service to a fully supported temporary service providing 89 beds.

Our unique Tus Nua service which provides accommodation and care for women leaving Dóchas prison and who are at risk of homelessness supported 43 women, while our Suaimhneas service supported 14 women who were exiting treatment services. Both these are run in

partnership with the Probation Service and the European Social Fund as well as the Health Service Executive.

In our Peter's Place service for young people we helped 64 vulnerable men and women. We provided them with accommodation to enable them to gain stability and certainty in their lives, at a time when they needed it most.

In 2018 we celebrated 10 year birthdays for two of our services, Cloverhill Family Service and Sundial House. Each service represents Depaul's commitment to providing much needed support and care over a long period of time. Over the course of 2018 we supported 3,008 men, women and children in our accommodation based services across the island of Ireland.

Pillars in the Community

In 2018 Depaul continued to work within communities and meet people and families where they were at. Along the way offering support and guidance to families and individuals at risk of homelessness. In Northern Ireland our family floating support service offers guidance and support to families at risk of homelessness. This service worked with 179 families and 404 children, helping them to maintain their new home having moved on from homeless services.

In Derry/Londonderry, although threatened by the uncertainty of funding, our Foyle Haven Day Centre remained a vital pillar in the community. Serving an extremely vulnerable group and helping 196 adults. In the background Depaul continued to source funding for this vital service and advocate for its future. Our Harm Reduction Floating Support team worked with individuals in the community providing one-to-one support for those with dependency issues and who are at risk of homelessness. Our tailored support helped 78 adults throughout 2018.

Overall our community based support saw a dramatic increase in the number of people we helped. We provided some 3,036 key working sessions and some 2,732 floating support visits.

In the Republic of Ireland our Ballymun Case Management Team continued to offer much needed support to people and families. The work is vital in helping individuals and families remain in their homes and offers tailored case management support for as long as it is required. We helped 109 adults and 157 children through this service.

Our Befriending service supported 32 adults ensuring they were not left feeling isolated and alone once they had moved out of homeless services and into their new homes. This voluntary operated service plays a key role in helping individuals with their transition in to independent living.





“People would say to me
‘do you ever fix anybody?’
and I’d say, I’m not there
to fix people. I’m just **there**
to support people and to
show them that **somebody**
cares about them”

Jess Sears, Depaul’s Clinical Nurse Manager.

Health & Homelessness

Experiencing dependency and homelessness can have a huge detrimental impact on an individual's health. In February 2018 Depaul released a report titled '*Premature ageing in the homeless population*'. This report was done in collaboration with residents in our Sundial House service. The report looked to gauge the true age of those who had previously been entrenched rough sleepers and who experienced alcohol dependency. It measured both the physical and cognitive abilities of residents in this long term accommodation unit.

Jess, Depaul's Health Nurse, "We're seeing the health problems that people would typically get in their 80's, suffered by people in their 50's. We are caring for a much younger, ageing population."

The study found an increased frailty in Sundial House residents. It found they have the physical age of someone 10 to 20 years older and they will have complex care needs as they get older.

Throughout 2018 Depaul strengthened its ties with other health agencies. We worked hard to refine our Inclusion Health Model to provide the best solutions and care for those most in need. We provided 1,307 nursing consultations and 1,226 direct GP consultations and 2,533 health interventions.

We continued to open doors and plot a navigation path through the health care system. Those experiencing homelessness and who have complex health care needs can often disengage with health services. At Depaul our Inclusion Health Model works in tandem with other agencies including St. James's Hospital and The Mater Misericordiae University Hospital. This collaboration helped to alleviate hospital admissions and ensure people experiencing homelessness are appropriately discharged when they leave. It also aims to increase the capacity to provide specialist health care within our services.

Depaul's Inclusion Health Model Initiative works in 5 key areas:

- Primary Care and Care Provision.
- Complex Care Management.
- Referral and Specialist Pathways.
- Resettlement and Advocacy.
- Homeless Health Peer Advocacy.

Throughout 2018 we continued our work with our Naloxone programme. This programme saves lives and enables our staff to spot the signs of an overdose and take action when required. The programme went even further when Depaul introduced a new Naloxone nasal spray. Again training all of our services staff on how to administer this life-saving antidote.

In 2018 we saw a sharp rise in the need to administer Naloxone in our services. Depaul staff administered this life-saving antidote 60 times.

Housing those in Need

Depaul continues to believe in Housing First as the model best suited to house those experiencing homelessness and who have dependency issues. By providing the right wrap around supports, to help maintain tenancies, people have been able to live independently in their community and thrive. In June Depaul launched a report titled *'Housing First; Leading the Way Together'*, highlighting the success of Depaul's work in Housing First in Northern Ireland to date.

The report showed that between 2015 and 2017, 115 adults were supported, with 87 placed in to permanent accommodation. In Belfast, 78% of service users sustained their placement for two years or more. While in Derry/Londonderry, 72% were still in accommodation after 12 months. In 2018 we continued to implement this vital service, helping 96 adults in Belfast and Derry/Londonderry.

Our Migrant Action Homeless Team continued to work and provide much needed support to families and single people who come from other countries. This work focused on resettling adults and children out of homelessness. This small team helped 28 families throughout 2018 including 87 adults and 39 children.

In 2018 Depaul worked hard to create the structures needed for Depaul Housing Association. This new and exciting development will help Depaul in its mission to end homelessness by sourcing and providing accommodation to Depaul service users, enabling them to move on from homelessness and to begin to rebuild their lives.



“We are passionate about making sure the **future stays bright** for the people that we work with. We’re always **adapting and developing** new ways to support our service users through and **out of homelessness**”

Dermot Murphy, Depaul's Senior Services Manager.

A Closed Door

Unfortunately, in 2018 we witnessed a huge drop in the number move-ons for Depaul service users. This drop was felt across both jurisdictions and represented a 18% decrease from the previous year. The lack of housing builds and housing options, coupled with ever increasing rental prices has severely hindered people's ability to move on once they were ready. Depaul continues to advocate for stronger tenancy rights which will help ease the flow of people presenting as homeless. In the future Depaul's Housing Association will work to increase the number of move-ons within our services. Ensuring that service users can leave homelessness behind when they are ready.

“Our ultimate goal is to see people living in their own communities. That is why Depaul have created a Housing Association which will offer service users with the greatest need a chance to move out of homelessness.”

David Carroll, Depaul CEO

Mike* – A Single Man's Story

For over 100 years Depaul's Back Lane hostel has served Dublin's men who are most in need. It has provided food, shelter and warmth to single men caught in the spiral of homelessness. Mike is one of those men.

He has been staying in Back Lane for over a year now having spent his younger years in care. In many ways Mike's story is one that is all too familiar. A teenager from a broken home, lost in the system, cast out in to adulthood without the necessary tools to survive.

Mike has spent years bouncing from service to service with little or no stability in his life. He is like the thousands of single men stuck in perpetual homelessness, bottom of the list, with little or no prospect of moving on.

Mike's mental health issues are not traditionally what we've come to expect within our services. However,

issues around mental health and well-being are a growing problem within the homelessness crisis.

"Homelessness does that to you, becoming homeless, asking yourself what's next? Where do I go from here?", asked Mike.

He has been working closely with his key-worker Brenda in Back Lane and receiving the vital support he requires.

"She is the best support I have had I in any of the places I've been. She's just there to support you, chat to you and help you", Mike.

Brenda explains how Mike is like so many others in Back Lane, ready to move out of homelessness but with nowhere to go.

"Mike is well able to live independently. We see that here with how well he looks after his room and how well he manages his money. He is a lovely soft guy with a big heart", Brenda.

Our Finances

Depaul has three key sources of funding:

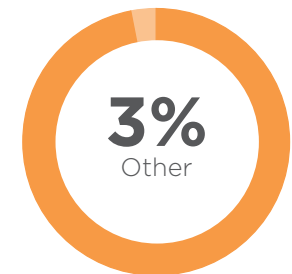
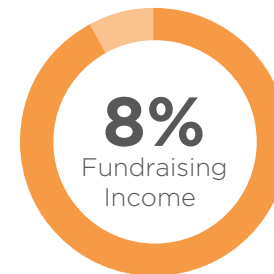
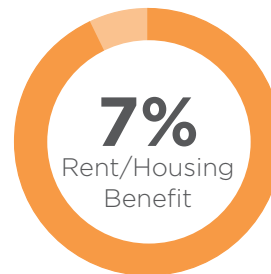
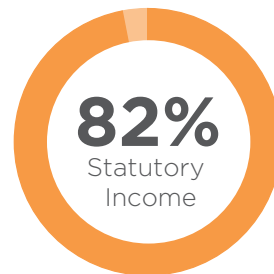
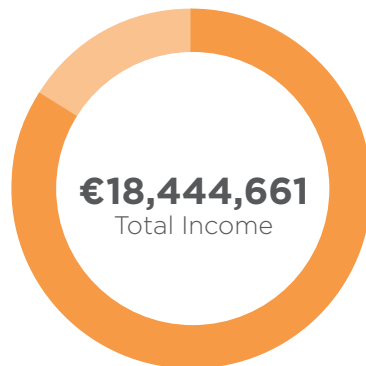
- Funding from Statutory Bodies
- Rental Income
- Fundraising and Grants

In the Republic of Ireland our main funders include the Dublin Region Homeless Executive, the Health Service Executive, the Probation Service and the European Social Fund.

Our main funders in Northern Ireland include the Northern Ireland Housing Executive and the Public Health Agency.

In 2018, the total income for Depaul Republic of Ireland (ROI) was €14,900,374, coming from statutory and voluntary sources, and total expenditure for the year was €14,886,893. The final year-end surplus for Depaul ROI was €13,481.

Income



In 2018, the total income for Depaul Northern Ireland (NI) was £3,181,884, coming from statutory and voluntary sources, and total expenditure for the year was £3,299,266. The final year-end deficit for Depaul NI was £117,382.

Our financial results demonstrate that Depaul in the Republic has continued to grow, with new services coming on stream in response to the deepening homeless crisis.

There have been significant challenges for Depaul NI in recent years due to a freeze in statutory funding since 2009 and further funding cuts which were introduced in 2017.

We continue to work to drive efficiencies in all aspects of our work whilst maintaining our commitment to high quality front line services. The financial environment continues to

be a challenging one with increasing demands to do more for the increasing numbers of people entering into homeless services.

The financial outcome for 2018 is contained in our Financial Statements at ie.depaulcharity.org/about-us/governance.

Expenditure



86c of every €1/£1 donated goes directly towards supporting our work in our homeless services.

Good Governance

Depaul believes in transparency and accountability. Depaul operates as one charity but is registered as two legal entities in the Republic of Ireland (ROI) and Northern Ireland (NI). We have registered charity status in both jurisdictions.

The charity's accounts and financial reports comply with the principles of the Statement of Recommended Practice, Accounting and Reporting by Charities (SORP).

Depaul is also subject to periodic and random audits by external organisations such as local authorities and other state agencies from which the charity receives funding. We have a number of service level agreements with several government departments, and we are required to make quarterly and annual returns for funding received.

Depaul's Board of Trustees have signed up to the new Charities Governance Code. Depaul is putting systems and processes in place to ensure it achieves its objectives and is managed in an effective, accountable and transparent way.

In addition, Depaul adheres to the Statement of Guiding Principles for Fundraising and is registered with the Charities Regulator Ireland as well as the Charity Commission for Northern Ireland.



A photograph of two people, a man and a woman, seen from behind, looking out a window. The man on the left is wearing a dark jacket with a 'JDSP' logo on the collar. The woman on the right is wearing a dark jacket. The background is a bright, out-of-focus view of a building and sky. The entire image is overlaid with a semi-transparent orange filter.

Our Supporter Promise

We are committed to maintaining the highest standard of financial integrity. We recognise that as a recipient of large amounts of public funds and private donations from organisations and individuals we have a duty to use our financial resources properly and effectively.

We do, and we always will.

We take the issue of transparency and accountability very seriously and are delighted to answer any questions you may have.



Team & Information

Board of Trustees

John Murphy	Appointed 12 April 2018
Frank Allen	Chair, Resigned 5 December 2018
Paul Stanley	Treasurer
Cormac O’Tighearnaigh	Resigned 5 December 2018
Sr. Goretti Butler	Resigned 8 September 2018
Fr. Paschal Scallan	
Michael Murphy	
Sr. Nuala Kelly	Resigned 21 February 2018
Larry McArdle	Resigned 21 February 2018
John Dominic Patrick Burke	
Paul White	
Mary Higgins	Resigned 12 April 2018
Patricia Blaney	Appointed 12 April 2018
Company Secretary	
Sr. Nuala Kelly	Resigned 21 February 2018
Laurence J Tuomey	Appointed 21 February 2018

CEO

Kerry Anthony, MBE

Executive Leadership Team

David Carroll	Director of Services, Housing & Development
Denis Mahony	Director of Finance & Risk
Mairéad McGinn	Director of Fundraising & Communications
Sarah Reeves	Director of Human Resources

Charity Details

Republic of Ireland Registered Office

Depaul
Holy Cross College, Clonliffe Road,
Dublin 3, D03 P2E7

Charity No. 20048938 / CHY 14753
Company No. 357828

Northern Ireland Registered Office Belfast

Depaul
449 Antrim Road,
Belfast, BT15 3BJ

Charity No. 102995 / XR87991
Company No. 054106

Auditor: Walsh O’Brien Harrett
Solicitor: Kilcullen Associates

References

- [1] Dept. Housing, Planning & Local Government, Homeless Report. <https://www.housing.gov.ie/housing/homelessness/homeless-report-december-2018> (accessed 17 June 2019).
- [2] Dept. Housing, Planning & Local Government, Homeless Report. <https://www.housing.gov.ie/housing/homelessness/homeless-report-december-2018> (accessed 17 June 2019).
- [3] Daft.ie.Q4 Rental report for ROI. <https://www.daft.ie/report/ronan-lyons-2018q4-rental> (accessed 28 May 2019).

Dublin Head Office

Holy Cross College
Clonliffe Road, Dublin 3
D03 P2E7

+353 1 4537111

depaul@depaulcharity.net

Belfast Office

449 Antrim Road
Belfast, BT15 3BJ

+44 28 9064 7755

depaulni@depaulcharity.net

ie.depaulcharity.org

DEPAUL

Homelessness has no place