

# ANNUAL REPORT 2018



Mental  
Health  
Reform



CAMPAIGNING  
FOR CHANGE

# MENTAL HEALTH REFORM'S VISION

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An Ireland where everyone can access the support they need in their community to achieve their best possible mental health.

## OUR MISSION

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To be the unifying voice that drives progressive reform of mental health services and supports in Ireland.

## OUR COLLECTIVE GOALS FOR IRELAND'S MENTAL HEALTH SYSTEM

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### Policy/Law

- \* Political priority
- \* Adequate funding
- \* Legal reform
- \* Refreshed national mental health policy

### Services (Access/ Quality)

- \* 24/7
- \* Holistic
- \* Recovery-orientated
- \* Advocacy supports
- \* Adequate staffing
- \* Positive role of NGOs
- \* Carers support
- \* A mental health information system

### Social and economic rights

- \* Good quality housing
- \* Adequate income
- \* Good quality employment opportunities

# ANNUAL REPORT 2018



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# FOREWORD

Shari McDaid  
Executive Director  
Mental Health Reform



I am delighted to welcome you to Mental Health Reform’s annual report for 2018. This has been a busy year for the coalition, as we continue to advocate for better mental health supports for everyone in Ireland.

Mental Health Reform was further strengthened in 2018 with 10 new organisations joining as members. At the end of 2018, Mental Health Reform had a membership of 73 organisations. Our supporter base has continued to grow steadily. In 2018, our social media support grew by up to 15% across some platforms. We have also branched out in new and emerging platforms to give everybody access to our communications and campaigns. This additional support has had a very tangible impact on the success of our collective advocacy.

Once again, the coalition engaged very actively with the Government, the HSE and other state agencies throughout the year as well as coordinating our coalition of members and publishing high quality research to inform the development of Ireland’s mental health system.

## In 2018 this work has included:

Coordinating the sector’s input into the refresh of the national mental health policy, A Vision for Change.

Participating in the Individual Placement and Support national roll-out advisory committee, the Comprehensive Employment Strategy Implementation Group, and the Advancing Recovery in Ireland NGO engagement group

Making seven policy submissions to Government and its agencies

Carrying out the largest most in-depth consultation of people’s experience of mental health services ever undertaken in Ireland

Hosting an international seminar entitled eMental Health: The Next Big Thing in Psychological Practice

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Publishing three major reports including the Steps into Work evaluation report on the Integrating Employment and Mental Health Supports project, the research report Public Attitudes to Investment in Mental Health Services, and the eMental Health: State-of-the-Art & Opportunities for Ireland report

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## The impact of our work was realised in actions by the Government in 2018, including:

**Commitment to national coverage of 7-day services for adults.**

**Passage and enactment of the Mental Health (Amendment) Act 2018.**

**The largest ever single-year commitment to additional development funding for mental health services (€55M).**

**The national roll-out of evidence based supported employment.**

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Our achievements in 2018 show the power the coalition has when we work together as a strong, collective voice for a better mental health system in Ireland, grounding our contributions in high quality evidence of good, cost-effective solutions, as well as in the wisdom and experience of each of our member organisations. We are focused now on driving further change in 2019.

During the year the MHR team expanded with the appointment of staff in three new roles: Finance & Operations Manager, Administrative & Information Assistant and Digital Communications and Development Officer. These three new posts have increased our capacity to achieve our mission, strengthening our ability to fulfil our governance responsibilities as well as continue to engage effectively in communicating with our members, the media and other key stakeholders.

On behalf of the MHR team, I would like to thank our Board of Directors for their continued commitment and guidance, and all of our member organisations, our Grassroots Forum members and those who have guided us through participation in advisory groups, for their contributions to MHR's work. Our impact has rested upon each of your efforts, be they input into policy positions, submissions or research, or support for the coalition's campaigns.

I would particularly like to thank our funders including the HSE, Community Foundation for Ireland, Genio, Pobal (Statutory Scheme for National Organisations), EU-Interreg, St. Stephens' Green Trust, and other grant funders and major donors. Their recognition of the valuable role that Mental Health Reform can make to reforming the country's mental health system is appreciated. Our sincere thanks also go to those who campaigned with us in 2018, to those who shared their stories, signed petitions, tweeted about mental health, and raised funds for our work.

## CHAIRPERSON'S MESSAGE

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*Prof. Agnes Higgins  
Chairperson  
Mental Health Reform*



Mental Health Reform has taken advantage of solid foundational work undertaken in previous years to drive forward key areas of the coalition's agenda in 2018, successfully achieving significant legislative and policy changes as well as increased investment in mental health services.

The coalition's active engagement in the early stages of the establishment of the minority Government has been one important aspect of this progress. In developing very strong relationships across the Oireachtas, MHR has worked to build consensus for coalition policy positions. This consensus along with other environmental factors has demonstrably helped to ease the passage of legislation and policy.

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Our support of the Joint Oireachtas Committee on the Future of Mental Healthcare throughout their deliberations in 2018 is one important example of this. The Committee's work throughout 2018 brought a sustained political focus to the area of mental health, which provided an ideal opportunity for the coalition to regularly provide information on our policy positions and those of our member organisations. Our engagement is evident by the representation of the coalition's views throughout the final report of the Joint Committee.

Similarly, the swift passage of the Mental Health (Amendment) Act 2018 as well as the progression of other important Bills to amend the Mental Health Act, 2001, demonstrates the coalition's influence in continuing to highlight for Oireachtas members the important and urgent need for progressive reform of our mental health laws.

Public participation and engagement has been another key environmental factor to the progress of the coalition this year. It is important to acknowledge that the 2018 referendum to repeal the 8th Amendment of the Constitution created an environment of active citizenship and public debate across the country, with a significant focus on the area of mental health. This environment certainly had an impact on the work of the coalition and was advantageous, resulting in increased engagement and involvement across all areas of our work.

The resignation of the Director General of the HSE in 2018 as well as the continued absence of a dedicated National Director for mental health has posed real challenges to the overall governance and accountability of mental health services throughout this period. It has been a key aspect of our work to advocate for the urgent restoration of this National Director

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**“ In developing very strong relationships across the Oireachtas, MHR has worked to build consensus for coalition policy positions. ”**



post to provide clear national leadership and accountability for mental health within the HSE.

In conclusion, I would like to extend a sincere thanks to all our Board members for their strong stewardship through this period. In 2018, we bid farewell to Board member Tanya Ward. We thank Tanya for her service on the Board and wish her well for the future. We thank all of these past Directors for their service on the Board and wish them well for the future.

In 2018 we welcomed Laurence Malone onto the Board. His strong contribution has already been felt and we look forward to his continued active participation in the life of MHR. Their strong contribution has already been felt and we look forward to their continued active participation in the life of MHR.

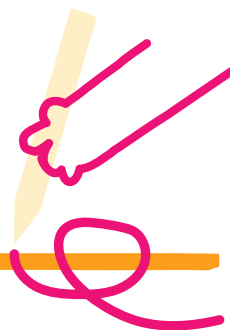
Finally, I would like to acknowledge the commitment, professionalism and achievements of MHR's small but hard-working team. It has been a hugely productive year.

**Congratulations to all!!**



# COORDINATION & POLICY DEVELOPMENT

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Throughout 2018, Mental Health Reform continued to coordinate the views of our member organisations to provide consensus positions to Government and its agencies. In our advice, we were also guided by the coalition's Grassroots Forum, consisting of service users and family/carer nominees from our member organisations.

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## Review of A Vision for Change

In line with our objective for a refreshed national mental health policy that reflects the coalition's recommendations, MHR has worked closely with the Oversight Group on Review of A Vision for Change throughout 2018. This has involved not only Mental Health Reform's Executive Director, Shari McDaid, participating as a member of the Oversight Group, but also the coordination of members' views through our submission to the Oversight Group and at the Department of Health consultative meetings.

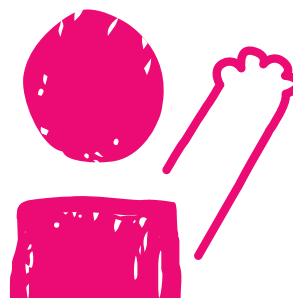
On the 20th June, Mental Health Reform assisted the Department of Health in facilitating a half day consultation with the NGO sector on the review of A Vision for Change. The aim of the consultation was to provide an overview of 1) the work of the Oversight Group on review of A Vision For Change 2) provide information on the approach taken and 3) the proposed framework to underpin the revised policy. The consultation focused largely on gathering feedback from representatives of the NGO sector on the proposed values, principles and domains of the revised policy. The feedback from the consultation was considered by the Oversight Group in its ongoing review process.

It is anticipated that the feedback will be reflected in the report of the Oversight Group, due to be published later in 2019. Over 50 individuals attended the consultation with representation from over 25 of MHR's member groups.

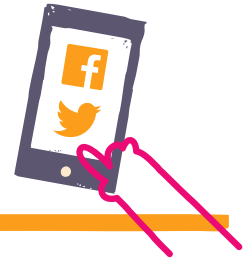
Participants were invited to a second consultative meeting organised by the Department of Health on 5th December.

The coalition also collated and submitted feedback from MHR membership to the Oversight Group on the review of A Vision for Change.

Members also met with Hugh Kane, Chair of the A Vision for Change Oversight Group, on 7th February (38 attendees), where each member had the opportunity to ask questions of the Chair and put forward their own particular recommendations.







## Representing the sector

Staff of Mental Health Reform represented the mental health sector on the HSE's Advancing Recovery in Ireland Steering Committee, the IPS National Rollout Steering Group, the Service Reform Fund Implementation Group, and the Comprehensive Employment Strategy Implementation Group.

Mental Health Reform also supported the Homeless Adults Speak Out on Mental Health group to make a submission on the issue of mental health and homelessness to the Joint Committee on the Future of Mental Healthcare.

### MHR made the following submissions in 2018:

Submission on CAMHS Standard Operating Procedures

Submission to the Oireachtas Committee on the Future of Mental Health Care in Ireland

Submission on Deprivation of Liberty Safeguards

Submission on the codes of practice for advance healthcare directives

Submission to the consultation on the role of the voluntary sector in the provision of health and personal social services

Pre-budget submission

Submission on draft national standards on adult safeguarding

## Representing the sector in the media

MHR featured prominently in the public media in 2018. MHR had in total 75 broadcast/print media appearances which included headlining the RTE 6:01 news.

We also performed well on social media, increasing our output and growing an ever-engaging audience:

### Social media summary:



Facebook Followers:  
**6,900, +9%**



Twitter Followers:  
**19,000, +12%**



LinkedIn Followers:  
**354, +111%**



Instagram Followers:  
**201** (new in late 2018)



Website Users:  
**7,282** (no baseline in 2017)



Newsletter Subscribers:  
**9,079** (-2% from 2017 due to DP/ GDPR & Data Cleaning)

## Members and Advisory group meetings

Mental Health Reform members met twice in 2018 as a whole coalition. The coalition met first on the 7th February with Hugh Kane, Chair of the A Vision for Change Oversight Group, where members received an update on the work of the Group (38 members attended). The coalition met again at the Annual General Meeting on the 5th July where members met with Minister of State for Mental Health and Older People, Jim Daly, TD (34 attendees). When meeting with Minister Daly, members had the chance to ask questions of the Minister about the current and future delivery of mental health services.

During the year Mental Health Reform met directly with twenty-two member organisations and other NGOs to discuss particular issues and opportunities for collaboration.

The Mental Health Reform Grassroots Forum - which is comprised of people who have used mental health services, family members and supporters - contributed to various policy positions during the year. The Forum, which met on three occasions in 2018, also advised on the coalition's pre-budget submission, its submission on deprivation of liberty safeguards, and on the research findings of MHR's national consultation on people's experiences of the mental health services in Ireland.





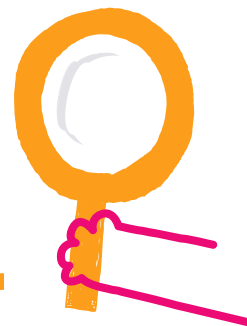
*Hugh Kane, Chair of the Oversight group on Review of A Vision for Change*



*Hugh Kane with MHR members*

# RESEARCH & INNOVATION

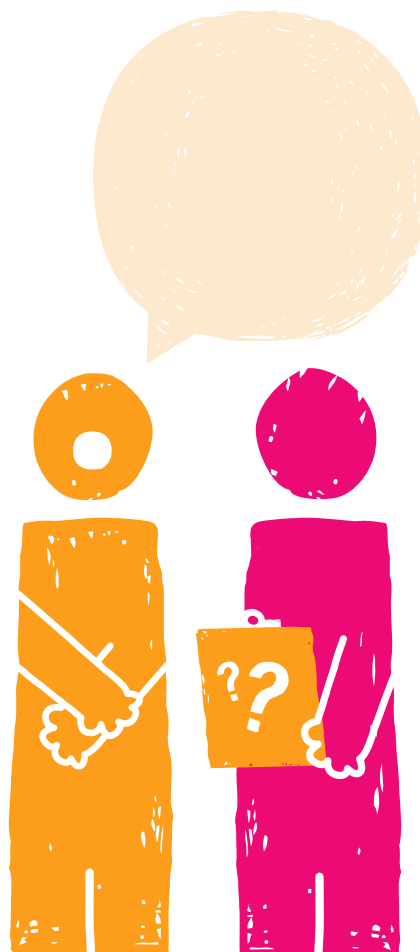
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## National Consultation #MyVoiceMatters

Supported with HSE funding under Mental Health Reform's Service Level Agreement, the My Voice Matters national consultation on people's experience of mental health services was a major focus for the research team in 2018. This project aimed to achieve the objective that the HSE's services reflect the views of mental health service users (SU) and their families/friends/carers/supporters (FFCS).

In 2018, data collection on the national consultation continued. By April 2018, more than 1,500 responses had been received on the service user survey and almost 800 responses on the family, friends and carers/supporter survey. Once data collection was complete, the data was cleaned and analysed, including a content analysis of the qualitative data. A preliminary report of the findings was produced and a presentation of the findings was delivered to key decision-makers, including HSE Mental Health, the Oversight Group on the development of a new mental health policy and the College of Psychiatrists of Ireland. By the end of 2018, two draft reports (one for the SU survey and one for the FFCS survey) were complete, and had undergone a number of reviews by external researchers. The reports were also presented to MHR's Grassroots Forum to ensure that the findings were readable.

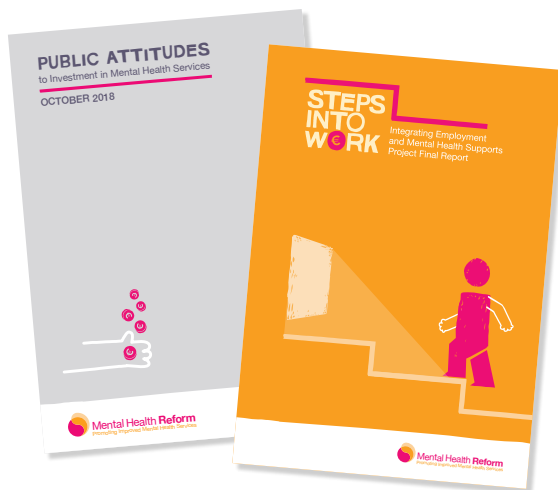




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## **Integrating Employment and Mental Health Supports (IEMHS) #StepsIntoWork**

The Steps into Work report was launched on 8th February by the Minister for Employment Affairs and Social Protection, Regina Doherty, TD. This 2-year pilot of evidence-based supported employment was part of MHR's objective to gain implementation of evidence-based supported employment for people with mental health difficulties in Ireland. The pilot successfully demonstrated the Individual Placement and Support that could work effectively in Ireland. Partly as a result of this project, the HSE and Dept. of Employment Affairs and Social Protection decided to roll out a national three-year pilot of the Individual Placement and Support model starting in 2019. Mental Health Reform's work on this project was funded by Genio.



## **Public Attitudes to Investment in Mental Health Services**

In October 2018, Mental Health Reform launched a report on public attitudes to investment in mental health services in Ireland. The topic of public attitudes to investment in mental health services is particularly important in the context of increasing demand on mental health services, the continued low level of investment in mental health services and the high economic burden resulting from mental health difficulties, which impacts on all sections of public services.

Commissioned by MHR and carried out by Ipsos MRBI, the survey found that the public are willing to invest more in mental healthcare when compared to other related healthcare programmes. The research provides a clear evidence base for the value that people in Ireland place on having better mental health services. The report also found that 84% of respondents thought that the health service places too little focus on mental health currently, the highest proportion of six health problems measured.



## Digital technology in mental healthcare

With a focus on digital technology in mental healthcare, the eMEN project continued during the year, funded by Interreg with co-financing from the HSE.

### Mental Health Reform's role in the eMEN project during the year included:

Continued engagement and support of two products' development ('eWELL' and 'Pesky gNATS'); contributing to the overall planning for implementation and evaluation of 'eWELL' as part of the HSE's Assistant Psychologists in Primary Care programme; eMEN provided information on quality assurance approaches to both developers and contributed to HSE training and implementation activities. eMen team also engaged with and provided support for three other SMEs: Turn2Me, Wellola and Videodoc.

Launch of the 'eMental Health: State-of-the-Art & Opportunities for Ireland' report, produced by Kevin Cullen of the Work Research Centre research consultancy, by the Minister of State for Mental Health and Older People, Jim Daly, TD on the 16th May in the Science Gallery. The event was attended by over 50 participants, including the HSE, researchers, service users, e-health technology developers and NGOs advocating for improvements in services and supports for people with mental health difficulties.

In September MHR submitted their recommendations on eMental Health to the Oversight Group that is working on the refresh of A Vision for Change

In October, the eMEN seminar - eMental Health: The Next Big Thing in Psychological Practice?, was held in the Hilton Charlemont Hotel on the 9th October. The seminar, organised jointly with the Psychological Society of Ireland, hosted 14 speakers, including the Minister of State for Mental Health and Older People, Jim Daly, T.D and over 100 participants with the majority being mental health professionals.

Towards the end of the year, MHR commissioned WRC to carry out a follow-on ecosystem analysis of the marketplace for eMental Health. This work will be completed in 2019.

The Irish eMEN team also presented at the eMEN seminar in Berlin on 29th November.

MHR also contributed substantial input to plans for a long term eMEN transnational platform.





Minister Regina Doherty, Dr Shari McDaid,  
Professor Agnes Higgins



Kevin Cullen, Shari McDaid, Kieran O'Leary, Ipsos MRBI



Kieran O Leary, Kate Mitchell, Shari McDaid



eMental Health and Technology Conference



## ACCOUNTABILITY & ADVOCACY

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During 2018, the coalition continued to advocate across the political spectrum and facilitate public support for reform of mental health services. We continued to provide an authoritative voice for improvement in mental health services on national TV, radio and in the print media. MHR's profile increased during the year, with widespread coverage of our campaigns on out-of-hours mental health services and on legislative reform.

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### Reform of the Mental Health Act, 2001

Throughout 2018, MHR continued to campaign for urgent reform of Ireland's Mental Health Act, 2001, to ensure that people's rights are adequately protected when they go to hospital for mental health treatment. Our campaign included supporting people to share their experience of accessing mental healthcare in hospital, providing information to politicians and the public about the need for reform of the Act, supporting legislative amendments to the Act and engaging with the media about the need for urgent reform.

As part of this campaign MHR supported the progression of important legislative amendments to the Mental Health Act that were in line with the coalition's positions. MHR fully supported the Mental Health (Amendment) Act 2018, introduced by James Browne, TD. The amendment has made certain small but very important changes to the Mental Health Act, 2001, in line with MHR's priorities. This included introducing a definition of a 'voluntary patient' to include only people who have capacity to make their own decisions (with support if required) and who give their consent to admission to hospital.

In 2018 MHR also supported in principle the Mental Health Parity Bill 2017 which seeks to establish parity of esteem between mental health and physical health, and the Mental Health (Capacity to Consent To Treatment) Bill 2018 which seeks to empower young people 16/17 years old to make decisions about their own mental healthcare. MHR will continue to support the principle of these Bills as they make their way through the Oireachtas.

To ensure the progression of good quality mental health legislation, particularly in relation to reform of the Mental Health Act, 2001, MHR wrote to 6 senior Oireachtas members in the opposition parties on 8 occasions. We also met with the Minister for Mental Health and Older People.

In addition to support legislation through the provision of information to Oireachtas members and the public, MHR also called on members and supporters to get involved in advocating for an update to our mental health law. Our members and supporters got involved in our campaign by attending debates on amendments to the Mental Health Act, tweeting about their own experiences, contacting their local TDs and attending our briefing sessions.

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**SPEAK  
OUT!**



## 24/7 Crisis Mental Health Services #InOurHourOfNeed

MHR continued our campaign for 24/7 crisis mental health services for everybody in 2018. In January, as part of the First Fortnight festival, we hosted a World Café event looking at innovative solutions to out-of-hours services. Following the World Café there was a panel discussion hosted by Nikki Hayes, radio presenter and mental health activist, with Dr. Pat Gibbons (HSE Kildare), Brian Higgins (Pieta House) and Majella Darcy (Dublin Simon). There was very active engagement during the event and many new solutions were put forward.

Following the announcement by Minister of Mental Health and Older People that 7/7 services would be rolled out for adults across the country, alongside a 24-hour phone line for mental health, MHR monitored the roll out, and called on the HSE to also roll out 7/7 services for CAMHS.

## Employment and Social Protection

In the area of employment and reform of the social welfare system for people with mental health difficulties, Mental Health Reform wrote once and met once with the Minister for Employment and Social Protection to discuss the ways in which the social welfare system could be improved for people with mental health difficulties.

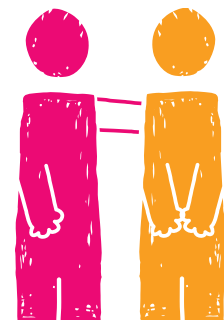
## Homeless Adults Speak Out on Mental Health

Mental Health Reform, with the support of the St Stephen's Green Trust, continued its work with the Homeless Adults Speak Out on Mental Health group. This project supported Dublin Simon Community clients to advocate for better mental health services for people in the homeless community. A total of 3 training sessions were held in 2018 for this group. The group received social media training, advocacy training and public speaking training.

Group members have also participated on the HSE's homeless mental health advisory group.

## Capacity Building

Mental Health Reform again organised the Individual Stories initiative - a training and self-development workshop for people with experience of mental health difficulties. Twenty-seven people participated in the training to enable them to build their skills in communicating their own personal experience of mental health difficulties to different audiences and to the media. This project was funded by a grant from the ESB Energy for Generations Fund. Following completion of this training, MHR supported 5 participants to engage with the media to tell their own personal story.





MHR supporters attending an Oireachtas debate



Shari McDaid and James Browne, TD



Minister Helen McEntee and Shari McDaid



*Briefing for supporters of MHR's  
Mental Health Act campaign*



*Ray Burke; MHR, David Keegan; First Fortnight, Majella Darcy; Dublin Simon, Susan Quirke;  
A Lust for Life, Brian Higgins; Pieta House, DJ Niki Hayes, Shari McDaid; MHR, Dr. Pat Gibbons; HSE*



*MHR supporters at training day*



*Ray Burke, Ceann Comhairle  
Seán Ó Fearghail, Shari McDaid*

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## Accountability & Advocacy roundup



Engagement with political influencers and decision-makers included:

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9

letters to  
Government  
Ministers

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1

meeting with  
the Minister for  
Employment Affairs  
and Social Protection.

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27

meetings with  
Oireachtas members

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15

briefing notes  
submitted to  
the Oireachtas  
Committee on the  
Future of Mental  
Healthcare during  
the course of their  
deliberations.

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6

meetings with the  
Minister of State  
for Mental Health  
and Older People

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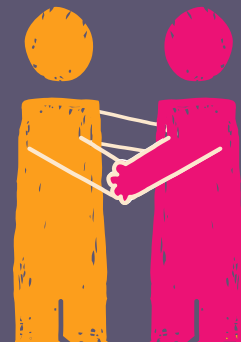
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meeting with  
the Minister  
of State for  
European Affairs

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To discuss important legislative change in this area and to encourage investment in mental health services and supports MHR contacted:

- \* Minister for Health, Mental Health and Older People
- \* Minister for European Affairs
- \* Minister for Children and Youth Affairs
- \* Ceann Comhairle





# GOVERNANCE



MHR continued to operate in accordance with good governance guidance for charities and to fulfil its statutory and regulatory obligations.

During 2018, the Board of Directors approved a new strategic plan for 2018-2020. This plan set out our priority activities to be focused on three areas of work: coordination and policy development, research and innovation, and accountability and advocacy.

## The Strategic Plan set MHR's objectives in terms of:

- \* Policy and law reform
- \* Access to quality services
- \* Social and economic rights of people with mental health difficulties



The Board of Directors met six times in 2018. The Finance and Audit Committee and the Fundraising Committee also both met on six occasions.

The Board of Directors continued to oversee the organisation's compliance with its statutory and regulatory obligations, including the Charities Act 2009, the Companies Act 2014 and the Lobbying Act 2015. In addition, the organisation is compliant with the Code of Practice for Good Governance of Community, Voluntary and Charitable Organisations in Ireland and has signed up to the Statement of Guiding Principles for Fundraising, published by the Irish Charities Tax Reform Group (now Charities Institute Ireland).

In 2018, the Board of Directors reviewed and updated the organisation's Financial Procedures Manual and policies on complaints, enquiries, social media, fundraising, and volunteers. The Board also approved a new policy on conflicts of interest. The organisation considered its requirements under the GDPR and began organising fulfilment of the regulations. The organisation reviewed and updated its Safety Statement and carried out a health & safety assessment.

In December, the Board considered and approved the operational plan for 2019 which set out the organisation's programme of work in line with the Strategic Plan 2018-2020.

The organisation also conducted a benchmarking of the organisation's salaries against similar NGOs. The results of this exercise showed that salaries were broadly in line with the market.

The financial controls for the organisation are set out in the Financial Procedures Manual which has been approved by the Board. The administration of the organisation's finances operated during the year in line with the Financial Procedures Manual.

## FUNDING / FUNDRAISING

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MHR's activities were possible due to the continued support of core funders including the Health Service Executive, Pobal, the One Foundation, and the Hospital Saturday Fund, and project funding from the Community Foundation for Ireland, the EU (Interreg), the Department of Health National Lottery fund, the HSE National Lottery fund, the ESB Energy for Generations fund, and the St. Stephens' Green Trust.

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The core funding we have received has sustained our role as the coordinating voice for the mental health sector, advising Government and its agencies and building the capacity of the sector in areas of policy development and research. Project funding from the ESB Energy for Generations Fund provided for media training to 27 people to increase their advocacy skills. Funding from the St. Stephens' Green Trust enabled us to support 19 people with experience of homelessness to learn how to self-advocate. A major grant from the Community Foundation for Ireland allowed us to initiate a regional community activism project. Funding from the Department of Health National Lottery fund allowed us to publish research on public attitudes to investment in mental health services, and funding from the HSE enabled us to carry out a national consultation on people's experience of mental health services. A donation through the Ireland Funds supported MHR's public advocacy and allowed us to build our fundraising capacity.

### Fundraising and donations:

In 2018, MHR was successful in campaigns on issues such as funding of mental health services, 24/7 availability of crisis services to adults, and extending the hours of services for children and young people across the country.

MHR could not have achieved this alone. MHR's campaign work does not get any State funding and relies on our wonderful supporters' contributions to the cause. In 2018, supporters of MHR made our voice louder in our calls to improve Ireland's mental health services and supports. Through our dedicated supporters, MHR got closer to making the vision of an Ireland where everyone can achieve their best possible mental health, become a reality.

In 2018, we received €14,396 from fantastic supporters and donors. Membership fees also supported our campaigning work. On behalf of all the staff, volunteers and Board of Mental Health Reform, thank you for your incredible generosity and support. In particular, MHR would like to thank:

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- \* The students and staff in Blackrock Further Education Institute
  - \* The Unitarian Church, St. Stephen's Green
  - \* The Walk of HOPE team
  - \* The Mighty Mile team
  - \* The Murray family
  - \* All those who bought our "Holiday eCards"
  - \* All those who support MHR monthly through direct debit
  - \* All those who donated to the 24/7 CAMHS campaign
  - \* All those who donated through tax-back giving



**THANK YOU**



*BFEI Students following fundraising day*



Walk of HOPE members



BFEI 24/7 campaign photography



BFEI 24/7 campaign photography



BFEI 24/7 campaign photography



# AUDITED ACCOUNTS

2018

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# AUDITED ACCOUNTS

## STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME & EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 DECEMBER 2018

		Restricted funds	Unrestricted funds	Total funds	Total funds
		2018	2018	2018	2017
	NOTE	€	€	€	€
<b>Income from:</b>					
Donations & Membership		-	28,527	28,527	29,201
<i>Charitable Activities:</i>					
Statutory and philanthropic grants		630,997	178,599	809,596	538,506
Other Activities		-	5,704	5,704	5,368
Investments		-	8	8	208
Total Incoming Resources	4	630,997	212,838	843,835	573,283
<b>Expenditure on:</b>					
Raising funds, Events & campaigns		-	2,093	2,093	1,155
Charitable Activities		632,222	43,833	676,055	553,670
Total Resources Expended		632,222	45,926	678,148	554,825
Net Income/(expenditure)		(1,225)	166,912	165,687	18,458
Transfer between funds		-	-	-	-
Net movement in funds		(1,225)	166,912	165,687	18,458
Reconciliation of funds					
Total funds brought forward		(6,359)	48,699	42,340	23,882
Total funds carried forward		(7,584)	215,611	208,027	42,340

All activities relate to continuing operations. There are no other recognised gains or losses other than those listed above and the net income for the financial year

# AUDITED ACCOUNTS

## Basis of preparation of financial statements

The Financial statements have been prepared in accordance with accounting standards generally accepted in Ireland and Irish Statute comprising the Companies Act 2014, and the Charities SORP (FRS102). Accounting Standards generally accepted in Ireland in preparing financial statements giving a true and fair view are those published by Chartered Accountants Ireland and issued by the Financial Reporting Council. 2018 are the first set of financial statements in which the company has applied the Charities SORP (FRS102).

## Income

The income shown in the income and expenditure account represents grants from funders, donations, payments for research services, deposit interest, training and membership income invoiced during the period. Income not applied or expended in the period is deferred to future accounting periods.

## BALANCE SHEET AS AT 31 DECEMBER 2018

		2018	2017
		€	€
<b>Current assets</b>			
Debtors: amounts falling due within one year	66,133	187,538	
Cash at bank and in hand	254,788	171,302	
	320,921	358,840	
Creditors: amounts falling due within one year	(112,894)	(316,500)	
<b>Net current assets</b>		208,027	42,340
<b>Total assets less current liabilities</b>		208,027	42,340
<b>Net assets</b>		208,027	42,340
<b>Capital and reserves</b>		208,027	42,340
<b>Members' funds</b>		208,027	42,340

# AUDITED ACCOUNTS

## STATEMENT OF CHANGES IN FUNDS FOR THE YEAR ENDED 31 DECEMBER 2018

	<b>Income and expenditure account</b>	<b>Total funds</b>
	€	€
<b>At 1 January 2017</b>	23,882	23,882
<b>Comprehensive income for the year</b>		
Surplus for the year	18,458	18,458
<b>At 1 January 2018</b>	42,340	42,340
<b>Comprehensive income for the year</b>		
Surplus for the year	165,687	165,687
<b>Total comprehensive income for the year</b>	165,687	165,687
<b>At 31 December 2018</b>	<b>208,027</b>	<b>208,027</b>

Note: During 2018, the Board of Mental Health Reform recognised a grant from the One Foundation of €178,599 in income which had previously been treated as deferred income on the Balance Sheet. Mental Health Reform has adopted this revised treatment as part of the move to use the Charities SORP (FRS 102) for the preparation of Financial Statements.

# AUDITED ACCOUNTS

## STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 31 DECEMBER 2018

	2018 €	2017 €
<b>Cash flows from operating activities</b>		
Surplus for the financial year	165,687	18,458
<b>Adjustments for:</b>		
Interest received	(8)	(208)
(Increase) in debtors	121,405	(22,056)
(Decrease)/increase in creditors	(203,606)	(42,149)
<b>Net cash generated from operating activities</b>	83,478	(45,955)
<b>Cash flows from investing activities</b>		
Interest received	8	208
<b>Net cash from investing activities</b>	8	208
<b>Net (decrease) in cash and cash equivalents</b>	83,486	(45,747)
Cash and cash equivalents at beginning of year	171,302	217,049
<b>Cash and cash equivalents at the end of year</b>	254,788	171,302
<b>Cash and cash equivalents at the end of year comprise:</b>		
Cash at bank and in hand	254,788	171,302
	<b>254,788</b>	<b>171,302</b>

# AUDITED ACCOUNTS

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We have audited the financial statements of Mental Health Reform (the 'Company') for the year ended 31 December 2018, which comprise the Balance Sheet, the Statement of Cash Flows, the Statement of Changes in Funds and the notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is Irish law and Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

In our opinion the financial statements:

- ✘ give a true and fair view of the assets, liabilities and financial position of the Company as at 31 December 2018 and of its profit for the year then ended;
- ✘ have been properly prepared in accordance with Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'; and
- ✘ have been properly prepared in accordance with the requirements of the Companies Act 2014.

## **Responsibilities of directors for the financial statements**

The Directors are responsible for preparing the Directors' Report and the financial statements in accordance with Irish law and regulations. Under company law, the Directors must not approve the financial statements unless they are satisfied, they give a true and fair view of the assets, liabilities and financial position of the Company as at the financial year end date, of the profit or loss for that financial

year and otherwise comply with the Companies Act 2014.

The Directors are responsible for ensuring that the Company keeps or causes to be kept adequate accounting records which correctly explain and record the transactions of the Company, enable at any time the assets, liabilities, financial position and profit or loss of the Company to be determined with reasonable accuracy, enable them to ensure that the financial statements and Directors' Report comply with the Companies Act 2014 and enable the financial statements to be audited. They are also responsible for safeguarding the assets of the Company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

## **Matters on which we are required to report by exception**

Based on the knowledge and understanding of the Company and its environment obtained in the course of the audit, we have not identified any material misstatements in the Directors' Report.

The Companies Act 2014 requires us to report to you if, in our opinion, the disclosures of directors' remuneration and transactions required by sections 305 to 312 of the Act are not made. We have nothing to report in this regard.

*Timothy F. Carthy*

for and on behalf of Duignan Carthy O'Neill Limited  
Chartered Accountants Registered Auditors  
84 Northumberland Road Ballsbridge, Dublin 4.

# AUDITED ACCOUNTS

<b>Directors:</b>	Mark Byrne Oliver Coleman Duffy Conor Daly Anne Ellis Agnes Higgins Áine Hynes Mark Kennedy Michele Kerrigan Pádraig Love Laurence Malone (appointed 21.06.18) Ali Rochford Lochlann Scott	<b>Bankers:</b>	<b>Bank of Ireland</b> 34 College Green Dublin 2  <b>KBC Bank Ireland Plc</b> Sandwith Street Dublin 2  <b>Ulster Bank</b> P.O. Box 145 33 College Green Dublin 2
<b>Company secretary:</b>	Michele Kerrigan	<b>Chief Executive:</b>	Shari McDaid
<b>Registered number:</b>	506850		
<b>Registered office:</b>	Coleraine House Coleraine Street Dublin 7		
<b>Independent auditors:</b>	Duignan Carthy O'Neill Limited Chartered Accountants & Registered Auditors 84 Northumberland Rd, Ballsbridge Dublin 4		

## 2018 IN NUMBERS

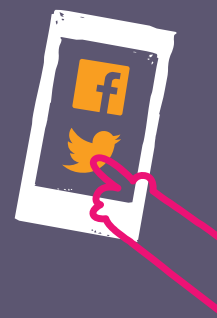
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**10** new member organisations



**3** major reports published

**15%** increase in social network

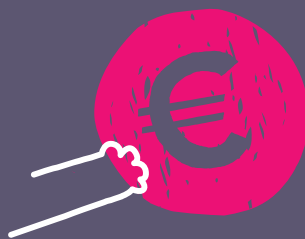




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**Submissions  
to Government**

on behalf of our  
73 members:



**55M** Largest single  
year commitment  
by Government to mental health

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**48<sup>th</sup>**

**Private  
Members  
Bill**

enacted in  
the history  
of the state

- Mental Health (Amendment) Act 2018 -

# NOTES

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## ABOUT MENTAL HEALTH REFORM

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Mental Health Reform is the national coalition promoting improved mental health services and the social inclusion of people with mental health difficulties.

## MENTAL HEALTH REFORM WORKS TO

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- \* Coordinate the views of our member organisations, develop policy and represent the sector to Government and its agencies;
- \* Conduct quality research to identify unmet need and good practice solutions and to support innovation in the way services are provided;
- \* Monitor progress on Government commitments and hold the Government and its agencies to account.



Mental Health Reform  
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CHY: 19958  
REG NO: 506850

[mentalhealthreform.ie](http://mentalhealthreform.ie)  
f mentalhealthreform  
t @MHReform  
i @MHReform

# CAMPAIGNING FOR CHANGE



**Mental  
Health  
Reform**

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