# National Drugs Library

Directory of courses and training programmes on drug misuse in Ireland

2022



# Directory of courses and training programmes on drug misuse in Ireland 2022

**Health Research Board** 

#### Compiled by:

Mary Dunne HRB National Drugs Library

#### Published by:

Health Research Board An Bord Taighde Sláinte 67-72 Lower Mount Street Dublin 2

**t** +353 1 2345000 **e** drugslibrary@hrb.ie

© Health Research Board 2022

#### Copies of this publication can be obtained by contacting:

**t** +353 1 2345175 **e** drugslibrary@hrb.ie

An electronic copy is available at www.drugsandalcohol.ie

For up-to-date information on courses please see our online directory at www.drugsandalcohol.ie/courses/

#### Introduction

This Directory contains information about courses and training programmes on drug misuse for individuals and agencies interested in developing their knowledge, skills and capacity in this field.

There is a wide variety of training available, ranging from single sessions to courses lasting up to three years. Although some courses do not refer directly to drugs or addiction, they may be of interest to those working in this area. Obviously, the depth of coverage of the issues varies considerably, according to the length of the course and the level at which it is aimed. There are also variations in the training methods and in the underlying principles and approaches to issues in drug misuse. A number of courses are offered by multiple providers, so information on a single course may be provided more than once. This enables local providers to give details which may be of interest to those in their area. Information in the Directory has been supplied by a range of sources and this is reflected in the different writing styles and content.

Courses are aimed at diverse target groups. Some courses are open to anyone in the community who is interested in the issue; others are aimed at those whose work brings them into contact with drug-related issues; and some are aimed at specific groups. The majority of courses listed here do not stipulate formal educational attainments as entry requirements, although a number of more advanced courses do require participants to have some previous knowledge and understanding of relevant issues.

The Directory does not assess or provide information about the quality or relevance of any of the courses listed. Neither the inclusion nor the omission of any course, or the details of any course, should be taken as indicative of any view or opinion of that course held by the staff of the HRB National Drugs Library, the Health Research Board or any other agency.

Information for this publication was taken from our online Directory, and therefore provides a 'snap-shot' of courses available at one particular time. Inevitably, some agencies providing courses and training in drug misuse were overlooked, and new courses are continually being developed. Please consult our website, <a href="www.drugsandalcohol.ie/courses">www.drugsandalcohol.ie/courses</a>, for the most up-to-date information.

Course co-ordinators who wish to provide updated information or new courses should contact drugslibrary@hrb.ie

### **Contents**

Οl	JRSES	10
Α	- Basic level courses	11
	A01 - STRENGTHENING FAMILIES PROGRAMME	12
	A02 - DEVELOPMENT OF POLICIES AND PROCEDURES FOR WORKPLACE DRUGS	
	AND ALCOHOL	14
	A03 - DUN LAOGHAIRE-RATHDOWN DRUG AND ALCOHOL TRAINING COURSES	15
	A05 - BRIEF INTERVENTIONS FOR SMOKING CESSATION	17
	A06 - UNDERSTANDING AND RESPONDING TO SELF-INJURY: A	
	HARM-REDUCATION APPROACH	18
	A07 - PARENT TO PARENT PROGRAMME	19
	A08 - INTRODUCTION TO ADDICTION STUDIES	20
	A09 - UNDERSTANDING HARM REDUCTION	21
	A10 - UNDERSTANDING SAFER INJECTING TECHNIQUES	22
	A11 - WOMEN AND SUBSTANCE USE	23
	A12 - 5xweek GROUP WORK TRAINING	25
	A13 - MOTIVATIONAL INTERVIEWING HELPING PEOPLE TO WORK TOWARDS	
	CHANGE	27
	A14 - REHABILITATION, EDUCATION & TRAINING PROGRAMME	28
	A15 - FAMILY COMMUNICATIONS: COPING WITH FAMILY LIFE AND	
	COMMUNICATION WITH TEENAGERS - TRAINING FOR TRAINERS	29
	A16 - POSITIVE PARENTING FOR CHANGING FAMILIES	31
	A17 - DUBLIN NORTH EAST TASK FORCE COURSES	32
	A18 - COMMUNITY ADDICTION COURSE	33
	A19 - ASIST (Applied Suicide Intervention Skills Training)	34
	A21 - MOTIVATIONAL INTERVIEWING: THE ESSENTIALS	35
В	- Certificate (NFQ 5 level) courses	36
	A20 - SAOR SCREENING AND BRIEF INTERVENTION FOR PROBLEM ALCOHOL &	
	SUBSTANCE USE. ONE-DAY COURSE.	37
	B01 - SUBSTANCE USE ISSUES IN YOUTH AND COMMUNITY WORK	38
	B04 - SEXUAL HEALTH AND DRUG AWARENESS: TRAINING FOR TRAINERS	
	PROGRAMME	40

	B06 - CERTIFICATE IN ADDICTION STUDIES	41
	B07 - PROFESSIONAL CERTIFICATE IN THE THERAPEUTIC USE OF MINDFULNESS	43
	B08 - PRACTITIONERS CERTIFICATE IN COGNITIVE BEHAVIOURAL THERAPY	45
	B09 - CERTIFICATE IN COUNSELLING AND PSYCHOTHERAPUETIC STUDIES	47
	B12 - PROFESSIONAL CERTIFICATE IN COGNITIVE BEHAVIOUR THERAPY	49
	B14 - MINDOUT: MENTAL HEALTH PROMOTION PROGRAMME FOR OUT OF	
	SCHOOL SETTINGS.	50
	B15 - APPLIED SOCIAL STUDIES - WITH COUNSELLING & ADDICTION STUDIES	51
	B16 - APPLIED SOCIAL STUDIES - YOUNG ADULTS	52
	B17 - LEVEL 5 DIPLOMA IN SUBSTANCE MISUSE THEORY & INTERVENTIONS	53
	B18 - STRENGTHENING FAMILIES PROGRAMME	55
	B19 - ADDICTION STUDIES	56
	B20 - COMMUNITY ADDICTION STUDIES	58
	B21 - COMMUNITY ADDICTION STUDIES COURSE QQI Award (Minor) Level 5	59
С	- Courses leading to a professional or academic qualification (NFQ level 6 and	
hi	igher)	60
	C01 - ADDICTION STUDIES CERTIFICATE	61
	C02 - HIGHER CERTIFICATE IN ADDICTION STUDIES (Level 7)	63
	C03 - KEYWORKING AND CARE PLANNING	64
	C04 - DIPLOMA IN COMMUNITY DRUG AND ALCOHOL WORK	66
	C05 - DIPLOMA IN ADDICTION STUDIES	68
	C06 - DIPLOMA IN DRUG AND ALCOHOL STUDIES	69
	C07 - DIPLOMA IN ADDICTION STUDIES	71
	C08 - DIPLOMA IN INTEGRATIVE SUPERVISION	73
	C09 - SUBSTANCE MISUSE AND ADDICTION STUDIES DIPLOMA	75
	C10 - HIGHER DIPLOMA IN SOCIAL POLICY	77
	C11 - FOUNDATION DEGREE IN RESPONDING TO ALCOHOL AND DRUG MISUSE	79
	C12 - BACHELOR OF ARTS IN APPLIED ADDICTION STUDIES AND COMMUNITY	
	DEVELOPMENT	81
	C13 - B.A. (HONS) IN COUNSELLING & PSYCHOTHERAPY WITH ADDICTION	
	STUDIES	83
	C14 - M.A. IN ADDICTION COUNSELLING	85
	C15 - CERTIFICATE IN FOUNDATIONAL SKILLS & COMPETENCE IN COUNSELLING	
	& PSYCHOTHERAPY	87

C16 - CERTIFICATE IN SUPPORTING POSITIVE PARENTING	89
C17 - B.A. (HONS) IN COUNSELLING & PSYCHOTHERAPY WITH YOUTH S	TUDIES 91
C18 - M.A. IN COUNSELLING & PSYCHOTHERAPY (COGNITIVE BEHAVIOL	JRAL
MODALITIES)	93
C19 - MSc ADDICTION RECOVERY	95
C20 - MASTER OF ARTS (TAUGHT) IN ADDICTION STUDIES	97
C21 - MASTERS IN CHILD & ADOLESCENT COUNSELLING & PSYCHOTHE	RAPY 99
C22 - MSC ADDICTION COUNSELLING & PSYCHOTHERAPY	101
C23 - MA IN ADVANCED FACILITATION SKILLS FOR PROMOTING HEALTH	I AND
WELL BEING	103
C24 - MASTER OF SCIENCE / POSTGRADUATE DIPLOMA IN THERAPEUTI	IC
INTERVENTIONS FOR ALCOHOL & OTHER DRUGS	105
C25 - CHILDREN & FAMILIES HIDDEN HARM	107
C26 - POSTGRADUATE RESEARCH IN DRUG AND ALCOHOL MISUSE	108
C27 - MASTER OF PUBLIC POLICY	109
C28 - CERTIFICATE IN HOMELESS PREVENTION AND INTERVENTION	111
C29 - BA (HONOURS) IN COUNSELLING WITH ADDICTION	113
C30 - BA (HONOURS) IN COUNSELLING WITH ADDICTION. ONE YEAR ADI	D-ON 114
D - Courses for young people	115
D02 - PEER DRUG PREVENTION EDUCATION	116
E - In-service or on-site training	117
E01 - PCI IN-SERVICE TRAINING PROGRAMME	118
F - Distance learning or online courses	119
F01 - QUALITY CHAMPIONS TRAINING	120
F02 - CERTIFICATE IN APPLIED ADDICTION STUDIES & COMMUNITY	
DEVELOPMENT	122
F03 - PROFESSIONAL CERTIFICATE IN WOMEN AND SUBSTANCE USE	123
F04 - DRUG AND ALCOHOL COUNSELLING	125
F05 - ONLINE POSTGRADUATE DIPLOMA IN SOCIAL POLICY AND PRACT	ICE. 126
F06 - ONLINE FOUNDATION COURSE IN SUBSTANCE MISUSE	128
F07 - ALCOHOL & DRUG ABUSE	129
F08 - IDENTIFYING AND RESPONDING TO DRUG AND ALCOHOL ADDICTI	ON IN
NURSING, MIDWIFERY AND ALLIED HEALTHCARE PRACTICE	130
F09 - REMOTE LEARNING - GRIEF, LOSS AND ADJUSTMENT	132

REG	BIONS	183
PROVIDERS		
	F28 - KEYWORKING, CARE PLANNING and CASE MANAGEMENT	164
	SUPPORTING PEOPLE WHO ARE ALCOHOL DEPENDENT AND THEIR FAMILIES	163
	F28 - ALCOHOL RELATED BRAIN INJURY SHORT COURSE FOR PROFESSIONALS	
	F27 - INSIGHT: DRUG AND ALCOHOL FAMILY SUPPORT PROGRAM	161
	F26 - SAOR: SCREENING & BRIEF INTERVENTIONS FOR ALCOHOL USE	159
	F25 - PUTTING THE PIECES TOGETHER	157
	F24 - COMMUNITY REINFORCEMENT APPROACH (CRA)	155
	F23 - REMOTE LEARNING: AN OVERVIEW OF DUAL DIAGNOSIS	154
	PSYCHOTHERAPY	152
	F22 - REMOTE LEARNING: AN INTRODUCTION TO PSYCHODYNAMICS	
	F21 - REMOTE LEARNING – MENTAL HEALTH AWARENESS IN THE WORKPLACE	150
	F20 - REMOTE LEARNING: COMPLEX TRAUMA	149
	F19 - REMOTE LEARNING: TRAUMA INFORMED PRACTICE	148
	MANAGEMENT	146
	F18 - REMOTE LEARNING: KEY WORKING, CARE PLANNING AND CASE	
	F17 - REMOTE LEARNING: AN INTRODUCTION TO MOTIVATIONAL INTERVIEWING	144
	F16 - REMOTE LEARNING: HIDDEN SHAME	143
	F15 - REMOTE LEARNING: IMPROVING PROFESSIONAL BOUNDARIES	141
	F14 - REMOTE LEARNING: DRUG & ALCOHOL AWARENESS	139
	(DBT)	137
	F13 - REMOTE LEARNING - ADVANCED DIALECTICAL BEHAVIOURAL THERAPY	
	THERAPY	135
	F12 - REMOTE LEARNING: AN INTRODUCTION TO DIALECTICAL BEHAVIOUR	133
	F10 - REMOTE LEARNING: AN INTRODUCTION TO SOLUTION FOCUSED BRIEF THERAPY	133
	E10 - REMOTE LEARNING: AN INTRODUCTION TO SOLUTION FOCUSED BRIEF	

# **COURSES**



Short or basic level courses providing information and/or raising awareness of substance misuse among a general target audience, or developing skills of those working in this field.

#### STRENGTHENING FAMILIES PROGRAMME

#### **Course Provider**

Le Cheile

#### **Address**

24 Tivoli Terrace South, Dun Laoghaire Co. Dublin

#### Web address

http://www.lecheile.ie

# Contact Person(s) Le Cheile Mentoring Project

01 214 4350 info@lecheile.ie

#### Course aims and objectives

Strengthening Families **Programme** (SFP 12-16 yrs) is a 14 session family skills training programme for families. SFP has been proved to help build communication skills, family and behaviour management and have fun in the process! It is is designed to give parents and their children the opportunity to learn new, healthy communication skills that create positive relationships within families. These new skills also assist and reduce the risk of young people getting involved in adverse behaviours.

SFP skills are not special skills for deficient families; SFP skills are for all families, but presented in a way to make them accessible to high stress families. All groups are run by facilitators who have trained in SFP and have experience of working with children and families in the community.

#### **Course content**

- The group meet for two and a half hours once a week
- On the evening, three classes are run: parent skills training, teen skills training and family life skills training.
- Families meet for the first half hour for a community dinner to meet with group leaders and other families in the group.
- After dinner, for the first hour families separate into two groups for parents/caregivers and for teens.

In the second hour, families will join together to discuss and practice skills as a whole group

In the parents group, parents will learn new skills to increase better behaviours in their teens through:

- Attention
- Rewards
- Clear communication
- Substance use education
- Problem solving
- Limit setting

In the teen group, skills are present on how to:

- Communicate positively
- Understand feelings
- Cope with criticism
- Manage stress
- Develop social skills
- · Learn problem solving
- Deal with peer pressure
- Understand the consequences of substance abuse
- How short term consequences affect long term dreams and goals.

#### Benefits for families

- · Increased family quality time
- Learn better communication skills
- Coping with anger and criticism
- Stress management
- Coping peer pressure
- Helps to prevent substance abuse, conduct disorders and depression in teens
- · Improve parenting skills and family relationships
- Incentives for attendance, positive participation, homework completion and graduation.

#### Weekly family support

Through the running of the programme, families will link in on a weekly basis with their Link Person or Referral Agent in order to receive support and guidance around the content of the programme for that week.

A Link Person is a professional that will offer to

say in contact with the referred family to cover any material with them, to check their understanding of the programme and try to address any difficulties that are arising within the programme. Referral Agents can and have in the past also acted in this capacity.

**Target group** 

The Strengthening Families Programme is a 14 week family skills programme for the entire family.

**Entry requirement** 

Families. There is childcare available for children aged 4-11 years, and transport can be provided to families who may find it difficult to travel to the programme. There is a meal provided every night for all the family to enjoy before the session starts.

Selection procedure

Families may be referred by a 'referral agent' e.g. a probation officer.

For more information about the programme, for both families and referrers visit

www.lecheile.ie/category/what-we-do/strengthening-families-programme/

Qualification

n.a.

**Assessment** 

n.a.

Accreditation

n.a.

Course background

This programme was developed by Dr. Karol L. Kumpfer and associates at the University of Utah in 1982.

Course start date

Contact your local Le Cheile Mentoring Project Co-ordinator

**Course location** 

Various locations, see co-ordinators webpage

**Application** 

A wide variety of professionals from the community are involved in running the programme, including youth workers, health

promotion works, volunteers, counsellors, social workers and community Garda.

#### Cost

n.a.

# DEVELOPMENT OF POLICIES AND PROCEDURES FOR WORKPLACE DRUGS AND ALCOHOL

#### **Course Provider**

**EAP Institute** 

#### **Address**

143 Barrack Street, Waterford

#### Web address

http://www.eapinstitute.com

#### Contact Person(s)

#### Anita Furlong

Conference Administrator 051 855 733 anita@eapinstitute.com

#### Course aims and objectives

The objective of the training programme is to develop the following:

- Policies and Procedures for responding to workplace intoxicants (defined as drugs and alcohol).
- Conducting intoxicant risk assessment and control measures.
- Managing reasonable suspicion for managers and supervisors (when an employee reports for or is on duty under the influence of an intoxicant).
- Health surveillance for intoxicants, employee information, employee support services and employee assistance programmes.
- Procedures for intoxicant testing.

#### Course content

Over the past number of years the EAP Institute has developed a prominent position in the provision of consulting and training for companies who wish to comply with Section 13(1) b of the Safety, Health and Welfare at Work Act 2005. This section of the Act requires that, where a manager or supervisor has reasonable suspicion that an employee reports for or is on duty is under the influence of an intoxicant (defined as drugs and alcohol or any combination of drugs or alcohol) they may be removed from their place of work.

Employers are required to provide reasonable accommodation when employees are removed from their place of work. This requires an objective assessment, to determine if the employee is suffering from a disability and afforded, when appropriate, the opportunity for treatment and rehabilitation.

#### **Target group**

**Employers** 

#### **Entry requirement**

n.a.

#### Selection procedure

For further information about the course, visit the website

- www.eapinstitute.com/trainingenquiry.php

#### Qualification

n.a.

#### **Assessment**

n.a.

#### Accreditation

n.a.

#### Course background

n.a.

#### Course start date

Contact EAP for future dates. Drugs and alcohol at work – managing reasonable suspicion seminar, Dublin 18 Sept 2019 and Cork 14 November 2019.

#### **Course location**

Various locations

#### **Application**

1. Book on line at www.eapinstitute.com 2. By Tel: 051 855733 3. By Fax: 051 879626 4. By Post: Complete the registration form and send with payment

#### Cost

Contact EAP

# DUN LAOGHAIRE-RATHDOWN DRUG AND ALCOHOL TRAINING COURSES

#### **Course Provider**

Southside Community Training Network

#### **Address**

The Old Post Office, 7 Rock Hill, Main Street, Blackrock, Co. Dublin

#### Web address

http://southsidepartnership.ie/events/

# Contact Person(s) Sandra Campbell

01 209 0610 sandra.campbell@sspship.ie

#### Course aims and objectives

Southside Community Training Network (SCTN) focuses on building community capacity through the provision of quality, affordable training courses to individuals and groups working within Dún Laoghaire-Rathdown.

#### **Course content**

The SCTN have organised the following training courses in the past:

Alcohol and its effects on our community
Designed to entertain, provoke and educate this
workshop will invite those attending to explore the
world of a 12 year old girl to cope with the worries
and fears of living in a world where alcohol abuse
is the norm. The workshop will start off with a
short 30 minute play

Community addiction studies course (a one module course at FETAC level 5)

The purpose of this course is to enable participants to learn about drugs and their effects, develop an understanding of addiction, examine their own attitudes, become more effective in their personal responses and develop the skills and knowledge to become more effective in responding to drug misuse in their own communities.

Drug awareness training course
This course is suitable for those 18 years and over who are interested in learning about drugs and their effects, both on the individuals who use them and the wider community. The course runs for six consecutive weeks and a Certificate of Attendance will be given to participants on completion.

Motivational Interviewing (Introduction course)

Participants will acquire a solid base of MI theory, explore MI spirit, investigate opening strategies, intervention traps, explore resistance, develop and integrate skills and techniques to progress competency. This workshop will benefit any professionals working with people where behaviour change would be favourable.

Managing organisations in the community sector National College of Ireland and Citywide Drugs Crisis Campaign, have offered this part-time work-based course. It has been developed for front line managers of community based drug projects who wish to develop their knowledge to successfully manage and lead in this complex and challenging environment.

#### Parachute programme

A one-day training event for the delivery of Drug Misuse Prevention through play for 5-12 year olds. The programme is divided into three age appropriate modules which are based on the use of play to explore the ideas of: self esteem, staying safe, being healthy, being aware of drugs

Two day training in drug prevention & education.

- Quality standards in substance use education
  The Manual was developed by the Drug
  Education Workers Forum as a way of
  standardising substance use education within the
  community, voluntary and statutory sector.
  Standards within substance use education may
  include educational programmes, policies and
  guidelines..
- Putting the pieces together: a drug & alcohol resource for trainers

The aim of the Manual is to provide a practical approach to working with young people (in an out of school setting), parents and communities

affected by drug use. The objectives are to increase knowledge and understanding, challenge attitudes, develop skills in delivering substance use education, and give an introduction into the use of brief interventions.

#### **Target group**

SCTN courses are open to all those living or working within Dún Laoghaire-Rathdown. Priority will be given to those who work within areas and communities of disadvantage.

#### **Entry requirement**

n.a.

#### Selection procedure

Visit the website for details about upcoming courses

https://dlrdrugtaskforce.ie/programmes-and-projects.html or contact Dun Laoghaire Rathdown Local Drugs and Alcohol Taskforce at dlralcoholanddrugs@gmail.com or 01 7060125

#### Qualification

Not applicable

#### **Assessment**

n.a.

#### Accreditation

n.a.

#### Course background

We organise training based on the needs of the organisations with which we work. Since we work with a diversity of organisations, our calender is diverse. Courses are often on issues related to childcare, accounting, grant-writing, web work and health and safety, as well as around topics, like substance abuse or domestic violence.

#### Course start date

Contact SCTN or see website for details.

#### **Course location**

All of our training will take place within the local community (Dun Laoghaire/Rathdown) to facilitate easy access. If a group has an interest in any particular course, we will make every effort to accommodate their request.

#### **Application**

Contact SCTN

#### Cost

Dun Laoghaire Rathdown Task Force provide some education bursaries for recovering drug users resident in their area. Please see http://dlrdrugtaskforce.ie/ for details.

#### BRIEF INTERVENTIONS FOR SMOKING CESSATION

#### **Course Provider**

Health Service Executive

#### **Address**

Health Promotion Service, 1st floor, Unit 4, Nexus Building, Blanchardstown Corporate Park, Dublin 15

#### Web address

# Contact Person(s) Fiona Walsh Maher

021 4921641 fiona.walsh4@hse.ie

#### Course aims and objectives

The programme aims to up-skill participants in using the evidence based Brief Intervention Framework with all tobacco users.

#### **Course content**

Course content:

- The health effects of tobacco and the benefits of quitting
- Raising the issue of tobacco use with patients
- Principles of a motivational approach to enhance client centred practice
- Coping with withdrawal symptoms
- Nicotine replacement therapy
- · Smoking cessation services and supports

#### **Target group**

Any healthcare professional in a position to raise the issue of smoking use within their professional role and to support positive behaviour change such as nurses, midwives, allied health professionals, pharmacists etc.

#### **Entry requirement**

This course is for Health Professionals only.

#### Selection procedure

Contact Fiona Walsh Maher. See website for more details: <a href="https://www.hse.ie/bitobacco">www.hse.ie/bitobacco</a>

#### Qualification

n.a.

#### **Assessment**

n.a.

#### Accreditation

Category 1 approval 6CEU's for registered nurses and midwives and 5.5 external credits for registered doctors/ consultants

#### Course background

n.a.

#### Course start date

Contact course coordinator

#### Course location

Cork and Kerry. Can also be delivered on-site or at agreed locations on demand.

#### **Application**

Please contact Fiona Walsh Maher Tel: 021 4921641 or Email: fiona.walsh4@hse.ie to request an application form or for link to Online booking as applications can now be made online.

#### Cost

n.a.

# UNDERSTANDING AND RESPONDING TO SELF-INJURY: A HARM-REDUCATION APPROACH

#### **Course Provider**

School of Social Work and Social Policy, Trinity College Dublin

#### **Address**

School of Social Work and Social Policy, Room 3063, Arts Building, University of Dublin, Trinity College, Dublin 2

#### Web address

http://www.tcd.ie/swsp/

#### Contact Person(s)

#### Kay Inckle

Executive Officer 01 8962991 kinckle@tcd.ie

#### Course aims and objectives

This eight-week certified and IASW accredited training course is based on a holistic and harm-reduction approach to self-injury and is the first of its kind to be run in Ireland.

The course provides an in-depth programme and draws on the latest research and developments in the field. It takes a broad, holistic and critical view, enabling participants to understand and apply best-practice responses suited to their particular setting and to work intensively on knowledge, skills, practice and policy development for their field. The course is based on a group learning and participant-centred approach and participants leave the course highly resourced in terms of their own practice and also as leaders and developers of innovative responses in their field.

#### Course content

The course includes modules on:

- Self-injury: definitions, problems, positions
- Embodiment, well-being and the functions of self-injury
- An in-depth, life-course approach to self-injury
- · Active listening and facilitating recovery
- · Critical mental health
- Harm-reduction
- Creative interventions
- Policy development

#### **Target group**

Those with an interest in this area.

#### **Entry requirement**

Previous educational and work experience in a related field is desirable.

#### Selection procedure

For more information on the course visit

www.tcd.ie/courses/preview/esc/az/course.php

#### Qualification

Certificate

#### **Assessment**

There are total of 52 teaching hours and two assignments. Full attendance and completion of assignments in mandatory for certification.

#### Accreditation

The course is credited with a certificate from the School of Social Work and Social Policy, TCD. It has also been assessed by the IASW and awarded 12 CPD points.

#### Course background

See website for more details.

#### Course start date

The course runs bi-annually commencing the first week of October and the second week of March each year.

#### **Course location**

Trinity College Dublin

#### **Application**

For a registration form contact Dr Kay Inckle, kinckle@tcd.ie, 01 896 2991, or by post to the School of Social Work and Social Policy.

#### Cost

€650 for the eight weeks

#### PARENT TO PARENT PROGRAMME

#### **Course Provider**

Community Outreach Drug and Alcohol Project – Cork City Partnership

#### **Address**

Cork City Partnership Ltd. Level 1, Heron House Blackpool Retail Park Blackpool Cork City Telephone: 021–4302310

#### Web address

http://www.corkcitypartnership.ie

#### Contact Person(s)

#### Jacqueline Daly

Community Development / Drug & Alcohol Worker 087 1962030 jdaly@partnershipcork.ie

#### Mella Magee

Community Development / Drug & Alcohol Worker 087 1962022 mmagee@partnershipcork.ie

#### Course aims and objectives

The course is designed for those who would like to increase their knowledge and train as parents / carers to be a barrier between children (aged 7-13) and the influence of today's so called "toxic culture".

#### **Course content**

The training delivers 16 hours of video based workshops, generally over four weeks.

- 1: "Toxic culture" explores the culture that young people are exposed to and "Put yourself in the way", how to get involved in your young person's life.
- 2: "Awareness is your best friend" concentrates on listening to your intuition as a parent and "Remember the difference" adolescence is a middle ground between childhood and adulthood.
- 3: "Expect and inspect" and "Never cry alone". focus on sharing the bad times as well as the good times with your teenager and this aims to help them deal with feelings rather than masking them through the use of alcohol and drugs.
- 4: "Traps to avoid" explores seven traps for parents that they should avoid: wealth without work, love without limits, adulthood without childhood, education without character, entertainment without conscience, freedom without vision. The session also looks at "Building a family vision": working with your children to help them reach their goals and dreams.

#### Target group

Parents or carers living in Cork city community.

#### **Entry requirement**

Applicants must be over 18 and parents / carers.

#### Selection procedure

Groups of parents and those working with them can apply for training to the Community Project. Parents can also self-refer.

#### See

http://corkcitypartnership.ie/community-outreachand-drug-awareness-programme/

#### Qualification

Certificate on completion of 16 hours training.

#### **Assessment**

Full attendance is requested

#### Accreditation

n.a.

#### Course background

This course is a response to the needs of local community groups.

#### Course start date

By arrangement

#### **Course location**

Community settings in Cork city

#### **Application**

Details and form from co-ordinators

#### Cost

n.a.

#### INTRODUCTION TO ADDICTION STUDIES

#### **Course Provider**

Urrus/The Ballymun Youth Action Project

#### **Address**

Horizons Centre, Balcurris Road, Ballymun, Dublin 11

#### Web address

http://www.byap.ie

#### Contact Person(s)

Gabrielle Gilligan

Administrative Assistant 01 846 7980 / 01 842 5726 urrus@byap.ie

#### Course aims and objectives

Run over four-sessions the course is for those wishing to gain a good basic understanding of substance use and related issues.

#### **Course content**

Course content:

- Drug/Alcohol information
- Signs and symptoms
- Process of addiction
- Addiction and family
- Treatment approaches/Making referrals
- · Addiction and family
- Treatment approaches and making referrals

#### **Target group**

This workshop is aimed at those who wish to find out more about drugs and addiction related issues. The training will deal with a number of areas and give participants a good basic understanding of drugs and related issues. This course is for those who wish to refresh their knowledge about drugs and gain further information.

#### **Entry requirement**

Prospective students need to be available to engage in learning and study on the days indicated for each programme. It is essential that students have computer and internet access to engage with course learning.

#### Selection procedure

For more information on the course, see the URRUS

website <a href="http://byap.ie/services/urrus/training-2020">http://byap.ie/services/urrus/training-2020</a> or <a href="http://www.byap.ie/urrus/addiction-training">http://www.byap.ie/urrus/addiction-training</a>

#### Qualification

Certification of completion

#### **Assessment**

n.a.

#### Accreditation

URRUS/Ballymun Youth Action Project

#### Course background

This workshop is run 2-4 times a year.

#### Course start date

23 February, 2, 9, & 16 March 2021, 10am-1pm. Contact URRUS for future dates.

#### **Course location**

Online.

#### **Application**

Booking form is available from URRUS/BYAP (See website URL)

#### Cost

Category 1 - €40.00 (non refundable €10 booking deposit). Category 2 - Living or working in the Ballymun Local Drug Task Force area - €5 registration fee.

#### UNDERSTANDING HARM REDUCTION

#### **Course Provider**

Urrus/The Ballymun Youth Action Project

#### **Address**

Horizons Centre, Balcurris Road, Ballymun, Dublin 11

#### Web address

http://www.byap.ie

#### Not Active

This course is no longer active, but might be in the future contact the Course Administrator for more information.

#### Course aims and objectives

This one-day workshop will introduce harm reduction and outline the health issues experienced through substance misuse. The training will provide participants with an understanding and appreciation of the key issues pertaining to theory and practice of harm reduction/minimisation; and an overview of the major health issues which are initiated and /or exacerbated by substance misuse.

#### **Course content**

Content includes:

- Definition of harm reduction
- Principles & practice of harm reduction
- Development of services
- Current harm reduction service provision
- Drug toxicity
- Blood viruses (HIV, Hep. C, etc.)
- Fungal and bacterial infections
- Vein damage, associated with IV use
- Lung and other organ damage
- Overdose and universal precautions

#### **Target group**

Workers and volunteers in the drugs field

#### **Entry requirement**

Prospective students need to be available to engage in learning and study on the days indicated for each programme. It is essential that students have computer and internet access to engage with course learning.

#### Contact Person(s)

Gabrielle Gilligan

Administrative Assistant 01 846 7980 / 01 842 5726 urrus@byap.ie

#### Selection procedure

Contact URRUS. For more details see <a href="http://byap.ie/services/urrus/training-2020">http://byap.ie/services/urrus/training-2020</a>

#### Qualification

Not applicable

#### **Assessment**

n.a.

#### Accreditation

Addiction Counsellors of Ireland - 4 CPD Credits

#### Course background

URRÚS (Irish for "strength" or "confidence") was founded in 1996, by the Ballymun Youth Action Project, to provide training in relation to drug misuse.

#### Course start date

12 April 2021, 10am-5pm. Contact URRUS for future dates.

#### Course location

Online

#### **Application**

Contact URRUS or see website for booking form

#### Cost

€80.

#### **UNDERSTANDING SAFER INJECTING TECHNIQUES**

#### **Course Provider**

Urrus/The Ballymun Youth Action Project

#### **Address**

Horizons Centre, Balcurris Road, Ballymun, Dublin 11

#### Web address

http://www.byap.ie

#### Contact Person(s)

Gabrielle Gilligan

Administrative Assistant 01 846 7980 / 01 842 5726 urrus@byap.ie

#### Course aims and objectives

This half-day workshop is designed for persons working or volunteering in the drugs field and who wish to enhance their professional understanding of safer injecting practice.

#### Course content

Content includes:

- Different types of hypodermic injecting (e.g., intramuscular/intravenous).
- Differences between Veins and Arteries.
- Vein, artery and neural damage associated with needle use.
- Vectors of infection.
- Demo and practice of safer injecting technique as a harm reduction strategy.
- Best practice and ethics in assessing and advising service users on injecting.

#### Target group

Those working or volunteering in the drugs field.

#### **Entry requirement**

n.a.

#### Selection procedure

Contact URRUS.

http://www.byap.ie/services/urrus/addiction-training

#### Qualification

n.a.

#### **Assessment**

n.a.

#### Accreditation

Addiction Counsellors of Ireland - 4 CPD Credits

#### Course background

Urrús (the Irish word for strength / confidence) was founded in 1996 by BYAP to provide training in relation to drug misuse. We have developed a range of training modules on drug misuse, addiction and community responses, and are continually developing new modules in response to emerging needs.

#### Course start date

Contact URRUS for upcoming start dates.

#### **Course location**

Ballymun, Dublin

#### **Application**

**Contact URRUS** 

#### Cost

Contact URRUS

#### **WOMEN AND SUBSTANCE USE**

#### **Course Provider**

Urrus/The Ballymun Youth Action Project

#### **Address**

Horizons Centre, Balcurris Road, Ballymun, Dublin 11

#### Web address

http://www.byap.ie

#### Contact Person(s)

Gabrielle Gilligan

Administrative Assistant 01 846 7980 / 01 842 5726 urrus@byap.ie

#### **Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

#### Course aims and objectives

This training will enable participants to: -

- Gain a greater understanding of gender differences and substance use.
- Increase their knowledge of the impact of substance use on women's lives.
- Understand the impact substance use has on the developing foetus during pregnancy.
- Identify the effects of parental substance use on the physical and mental health of the infant.
- Develop a greater understanding of treatment options available for substance using women and pregnant women.
- Be more aware of the barriers that women might experience when accessing treatment for substance use.

#### **Course content**

- Impact of substance use on women.
- Pregnancy and substance use considerations for the mother's health.
- Pregnancy and substance use the implications for the health of the foetus.
- Effect of maternal substance use on early childhood development.
- Accessing treatment Options and barriers.

Tutors: - Laura O'Reilly, URRÚS Training Centre Co-ordinator and Vera Hughes, *Infant/Parent Support Co-ordinator*, Ballymun Youth Action Project.

#### **Target group**

This training is for workers in the addiction field, particularly those who work with women, and who would like to acquire a better understanding of

how substance use affects women, pregnant women, the foetus and infant.

#### **Entry requirement**

n.a.

#### Selection procedure

Contact URRUS. See website for further details

www.byap.ie/services/urrus/addiction-training

#### Qualification

n.a.

#### Assessment

The training will be delivered through a mix of inputs, presentations, case studies and discussion.

#### Accreditation

Addiction Counsellors of Ireland - 6 CPD Credits.

#### Course background

URRÚS (Irish for "strength" or "confidence") was founded in 1996, by the Ballymun Youth Action Project, to provide training in relation to drug misuse. Most of our work is with adults, parents and professionals working in the area or with those who through their work encounter addiction issues.

#### Course start date

Contact URRUS for upcoming start dates.

#### **Course location**

Ballymun, Dublin 11

#### **Application**

Telephone 01 8467980 or email urrus@byap.ie

#### Cost

€80. Booking deposit €10 (non-refundable). or category 2 - Ballymun Local Drugs Task Force area resident/working - €5 (non-refundable).

#### **5×week GROUP WORK TRAINING**

#### **Course Provider**

Peter Kelly: Addiction Training, Therapy & Supervision

#### **Address**

The Carmelite Center, 56 Aungier St, Dublin 2

#### Web address

#### Contact Person(s)

Peter Kelly

Facilitator 085-743-8629

kellygerpeter@gmail.com

#### **Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

#### Course aims and objectives

- Give participants a theoretical and practical understanding of group processes from interpersonal and relational perspectives and their linkages to addiction contexts
- Explore the efficacy of group work as a treatment modality and vehicle for change in addiction settings
- Reflect on the preconditions that facilitate the group work modality as an effective treatment approach
- Provide an understanding and experience of the conscious and unconscious, here-and-now processes at work in groups, and how these influence group behaviour and dynamics
- Develop an awareness of the role of authority and power in groups in terms of the dynamics between group members and facilitators (transference and transparency) and how these get 'played out' in group interactions via managing conflict/hostility in groups
- Facilitate a learning experience whereby participants can integrate the theoretical, application, and process aspects of group work both from conscious and unconscious perspectives, but also from within the overall framework of addiction and its mechanisms
- Reflect on the utility of group psychoeducation techniques i.e. RT/REBT in helping clients to use the group process to manage addiction symptoms

#### **Course content**

This training programme is an opportunity for individuals to gain an understanding of both conscious and unconscious processes and dynamics that permeate all groups. It will offer

participants opportunities to reflect on their own experiences of and in groups and on their professional practice.

#### **Target group**

This training is for anyone with a serious interest in the area of group work and who interacts on either a paid or voluntary capacity with people in a variety of professional settings.

#### **Entry requirement**

An interest in the area.

#### Selection procedure

n.a.

#### Qualification

Certificates of Attendance are awarded by Peter Kelly Addiction Training & Therapy.

#### Assessment

n.a.

#### Accreditation

CPD points are available for all workshops

#### Course background

Mr Peter Kelly MSc Psychoanalytic Psychotherapy, Advanced Diploma in Supervision, BpH (Philosophy), Dip Social Studies, M.I. trainer, Reality Therapy Certified has been involved in the provision of both drug counselling and drug education for the past twenty years. His clinical background is psychoanalytic psychotherapy and he is an accredited member of both the A.C.I. (Addiction Counsellors of Ireland) and the Association of Psychoanalytic Psychotherapy Ireland (A.P.P.I.). Peter is also trained in Motivational Approaches to problem drug use, and his areas of interest include both the role of the unconscious in

addiction and how people manage and overcome addictive cycles.

#### **Course start date**

5th November 2021—3rd December 2021, 10am—1pm.

#### **Course location**

The Carmelite Center, 56 Aungier St, Dublin 2. This course will hopefully go ahead on a face-to-face basis subject to coronavirus status and protocols.

#### **Application**

Contact Peter kelly for application forms. Closing Date: 16 October 2021.

#### Cost

€250.00. €50.00 non-refundable to secure your place on the programme, €200.00 on first day of the event

# MOTIVATIONAL INTERVIEWING HELPING PEOPLE TO WORK TOWARDS CHANGE

#### **Course Provider**

Peter Kelly: Addiction Training, Therapy & Supervision

#### **Address**

The Carmelite Center, 56 Aungier St, Dublin 2

#### Web address

#### **Contact Person(s)**

Peter Kelly

Facilitator 085-743-8629

kellygerpeter@gmail.com

#### **Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

#### Course aims and objectives

The training is for anyone with a serious interest in the area of substance use and who interacts in either a paid or voluntary capacity with people who have addiction issues.

#### **Course content**

The training will include learning in key skills such as reflective listening, developing discrepancy, rolling with resistance, managing ambivalence, and promoting client self-efficacy.

#### **Target group**

This 15-hour workshop is aimed at those working in both the addiction field and wider social care contexts i.e. homelessness, residential care, youth work, and social care wishing to expand their skill and knowledge base in the area of addiction counselling through the application of motivational interviewing.

#### **Entry requirement**

This training is for anyone who interacts on either a paid or a voluntary capacity in the area of problem drug use /addiction and has an interest in both the conscious and unconscious factors that underpin human motivation and the capacity for change.

#### Selection procedure

For more information contact Peter Kelly.

#### Qualification

n.a.

#### **Assessment**

n.a.

#### Accreditation

n.a.

#### Course background

Mr Peter Kelly MSc Psychoanalytic Psychotherapy, Advanced Diploma in Supervision, BpH (Philosophy), Dip Social Studies, M.I. trainer, Reality Therapy Certified has been involved in the provision of both drug counselling and drug education for the past twenty years. His clinical background is psychoanalytic psychotherapy and he is an accredited member of both the A.C.I. (Addiction Counsellors of Ireland) and the Association of Psychoanalytic Psychotherapy Ireland (A.P.P.I.). Peter is also trained in Motivational Approaches to problem drug use, and his areas of interest include both the role of the unconscious in addiction and how people manage and overcome addictive cycles.

#### Course start date

30 September 2021—2 December 2021, 6pm—9pm

#### Course location

The Carmelite Center, 56 Aungier St, Dublin 2. This course will hopefully go ahead on a face-to-face basis subject to coronavirus status and protocols.

#### Application

Course application forms can be requested from Peter Kelly. Closing Date: 9 September 2021

#### Cost

Cost: €500

# A14 REHABILITATION, EDUCATION & TRAINING PROGRAMME

#### **Course Provider**

Addiction Response Crumlin

#### **Address**

101 Cashel Road, Crumlin, Dublin 12

#### Web address

http://www.addictionresponsecrumlin.ie

# Contact Person(s) Education Team

01 411 3222

info@addictionresponsecrumlin.ie

#### Course aims and objectives

Teach Tearmann, runs morning and afternoon programmes in Rehabilitation, Education and Training.

#### **Course content**

The service provides group support, structured activities, relapse prevention, etc.

#### **Target group**

People in recovery from Dublin 12.

#### **Entry requirement**

The programmes are available to individuals from the Dublin 12 area only.

Participants must be at least 3 months stable on methadone i.e. giving clean samples that is, a sample without any cocaine, heroin, benzos, hash traces, etc. Participants must present with a letter from their medical team confirming 3 months clean samples.

#### Selection procedure

Individuals wishing to access this programme will be asked to furnish a letter from the medical service stating that they are suitable for this programme and have been stable on their medication for 3 months.

Individuals can be referred by the team of ARC to the programme.

Contact Teach Tearmann to make an appointment for an assessment:
Teach Tearmann - 160a Sunshine Industrial Estate, Crumlin, Dublin 12; 01-4113222
roselynch@addictionresponsecrumlin .ie or joekearney@addictionresponsecrumlin.ie

The team also run 'Phoenix programme' a

stabilisation progression route into the main programme.

See the website for details http://addictionresponsecrumlin.ie/

#### Qualification

Not applicable

#### **Assessment**

n.a.

#### Accreditation

n.a.

#### Course background

See website for more information.

#### Course start date

Programmes run from Monday to Friday. There are two programmes: 9.15am-1.15pm and 1.30pm-5.30pm daily.

#### **Course location**

Teach Tearmann, Dublin 12

#### **Application**

Contact Teach Tearmann to make an appointment for an assessment:

#### Cost

All service users are entitled to a FAS allowance as the programme is a special Community Enterprise Scheme. Although there is an induction period during which service users do not receive any payment, they can still claim the social welfare payments.

# FAMILY COMMUNICATIONS: COPING WITH FAMILY LIFE AND COMMUNICATION WITH TEENAGERS - TRAINING FOR TRAINERS

#### **Course Provider**

One Family

#### **Address**

2 Lower Pembroke Street, Dublin 2

#### Web address

http://www.onefamily.ie

#### Contact Person(s)

#### Paula Lonergan

Training & Consultancy Manager 01 6629212 training@onefamily.ie

#### **Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

#### Course aims and objectives

This Professional Development programme prepares trainers and people who work with parents, children and/or families to design and deliver One Family's Family Communications programme to groups or in one-to-one work. The emphasis is towards those parenting alone, sharing parenting, and parenting through family change such as separation. The comprehensive manual includes 15 modules, all of which give a step-by-step guide and handouts for facilitating each session.

#### Course content

After taking part in this course, you will be able to:

- plan, design and deliver a 6 to 12 week Family communications: Coping with family life and communication with teenagers programme
- understand the theory behind the related manual
- understand and coach parents in the principles of clear and direct communication in the home for problem-solving
- support parents in implementing and managing changes in the home
- support parents in parenting teenagers
- resource parents in creating a positive environment at home
- understand family diversity today
- support parents in parenting when they are: separating or divorcing, sharing-parenting, parenting in a multicultural society
- resource parents to re-build family life after a crisis
- support one-parent and separated families to encourage family pride and a strong family

#### identity

#### **Target group**

All those who are interested in delivering family strengthening courses and those who work with parents and their children such as project workers, family support workers, social workers and so on.

#### **Entry requirement**

n.a

#### Selection procedure

**Contact One Family** 

https://onefamily.ie/education-training/for-professionals/family-communications-training/

#### Qualification

n.a.

#### **Assessment**

n.a.

#### Accreditation

n.a.

#### Course background

See website for details

#### Course start date

21 – 23 June. Contact One Family for further dates.

#### **Course location**

**Dublin** 

#### **Application**

Contact One Family

#### Cost

€400. All materials provided, including Family Communications Trainers Manual. Light lunch & refreshments included in cost.

#### POSITIVE PARENTING FOR CHANGING FAMILIES

#### **Course Provider**

One Family

#### **Address**

2 Lower Pembroke Street, Dublin 2

#### Web address

http://www.onefamily.ie

#### Contact Person(s)

#### Paula Lonergan

Training & Consultancy Manager 01 6629212 training@onefamily.ie

#### **Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

#### Course aims and objectives

After taking part in this training you will be able to:

- design and deliver a ten-week Positive
   Parenting for Changing Families programme
- understand the theory behind the Positive Parenting for Changing Families manual
- be familiar with a range of approaches for managing difficult behaviour in children while raising self-esteem
- support parents in implementing these approaches
- support parents to develop strong relationships with their children
- know the provisions of the UN Convention on the Rights of the Child
- support parents in parenting when they are: separating or divorcing, sharing parenting, parenting in a multicultural society, parenting alone
- support parents to talk to their children about their family situations, and
- support families to parent through difficult times

#### **Course content**

This 3-day intensive training, prepares professionals to deliver the programme to groups or in one-to-one sessions with parents. Redeveloped and redesigned from our flagship pre-existing Positive Parenting course and with a trainer's manual containing 15 highly practical sessions which focus on the realities of parenting in diverse and changing families, this programme addresses the real challenges for parents today from a strengths-based and positive approach.

#### **Target group**

Professionals working with familiies.

#### **Entry requirement**

n.a.

#### Selection procedure

See course website:

https://onefamily.ie/education-training/for-professionals/positive-parenting-training/

#### Qualification

n.a.

#### **Assessment**

n.a.

#### Accreditation

One Family accredited

#### Course background

We can develop this course to suit your needs by providing additional modules.

#### Course start date

Three day course. Dates to be confirmed. Contact One Family for future dates.

#### **Course location**

One Family, 8 Coke Lane, Smithfield, Dublin 7.

#### **Application**

Register or make a booking enquiry by completing online form. For additional information, contact Paula Lonergan by email or call 01 6629212.

#### Cost

€400

#### **DUBLIN NORTH EAST TASK FORCE COURSES**

#### **Course Provider**

Dublin North East Drugs and Alcohol Task Force

#### **Address**

The Mornington Centre, 44A Malahide Road, Artane Roundabout, Artane, Dublin 5.

#### Web address

http://www.dnetaskforce.ie/

# Contact Person(s) Training co-ordinator

01 846 5070 reception@dnetaskforce.ie

#### Course aims and objectives

The Task Force offers training and education opportunities for service users, families of service users and staff working in community based drugs targeted services within the Task Force area. The range of courses on offer is dependent on funding available to the Task Force.

#### **Course content**

- We help with the development and delivery of Drugs Awareness Programmes in local schools and youth projects.
- We provide drugs education and awareness programmes for parents on a range of issues.
- We offer support to parents and, where necessary, provide information on useful services and agencies offering counselling, family therapy and other supports.
- We work in partnership with community drug programmes, teachers and Home School Community Liaison Officers in the area.
- We continue to deliver substance use programmes as a support to the Walk Tall and Social Personal and Health Education programmes at primary and post-primary levels.
- In conjunction with relevant agencies, we continue to support schools with the development, implementation and review of school substance use policies.
- We offer information and training on substance use and related issues to community and youth workers that are based in the catchment area.
- We act as an information resource in the Dublin North East region providing high quality and up to date information on drugs and other relevant issues.

Courses include: Diploma in addiction studies and Strengthening families programme

#### **Target group**

Those living or working in the Dublin North East region.

#### **Entry requirement**

Not applicable

#### Selection procedure

Contact the education team. See website for more details

http://www.dnetaskforce.ie/training.aspx

#### Qualification

Not appllicable

#### **Assessment**

n.a.

#### Accreditation

n.a.

#### Course background

See website for more information.

#### Course start date

Contact the education team for dates of courses

#### **Course location**

The Mornington Centre, 44A Malahide Road, Artane, Dublin 5

#### **Application**

See online

#### Cost

Contact the education team

#### **COMMUNITY ADDICTION COURSE**

#### **Course Provider**

Croi Nua Counselling and Psychotherapy

#### **Address**

The Orchard, Banshane, Midleton, Co. Cork

#### Web address

http://eastcorkcounselling.com/

#### Contact Person(s)

#### Pat Coughlan

Counsellor, Psychotherapist, Career and Life Coach 087 286 8590 pcoughlan7@eircom.net

#### Course aims and objectives

The purpose of this course is to enable people to:

- Learn about drugs and their effects.
- Develop an understanding of addiction
- Examine their own attitudes.
- Become more effective in their personal responses.
- Explore the effects of drug misuse on the family.
- Develop the skills and knowledge to become more effective in responding to drug misuse in their own communities.

#### Course content

- Introduction
- Drug use, misuse and abuse
- Drugs as participants encounter them. Signs and symptoms
- Drugs used in particular communities and their effects.
- Attitudes
- Pharmaceutical information on drugs
- The process of addiction
- The effects of addiction on families
- Interventions at one to one level
- Intervention and listening skills role play.
- Referral and treatment programmes

#### **Target group**

Community members who feel they would like to be more effective when it comes to drug/alcohol issues.

#### **Entry requirement**

There are no educational requirements to be part of this course, only a willingness to learn.

#### Selection procedure

Contact Croi Nua.

http://eastcorkcounselling.com/croi-nua-community-addiction-course/

#### Qualification

n.a.

#### **Assessment**

n.a.

#### Accreditation

n.a.

#### Course background

See website

#### Course start date

Contact Croi Nua for future dates.

#### Course location

Midelton, Cork

#### **Application**

Contact Pat Coughlan.

#### Cost

€320. Light lunch provided.

#### **ASIST (Applied Suicide Intervention Skills Training)**

#### **Course Provider**

National Youth Council of Ireland

#### **Address**

3 Montague Street Dublin 2 Ireland

#### Web address

http://www.youth.ie/training

#### Contact Person(s)

Training Administrator

Training Administrator 01-478 4122 training@nyci.ie

#### Course aims and objectives

This is a two day intensive, interactive workshop where participants develop their skills through simulations and role-playing in order to become more ready, willing and able to help people at risk of suicide.

#### Course content

Learning outcomes:

- •To recognise that caregivers and persons at risk are affected by personal and societal attitudes about suicide.
- •To learn how to discuss suicide with a person at risk in a direct manner.
- •To be able to identify risk alerts and develop safe plans related to them.
- •To demonstrate the skills required to intervene when a person is at risk of suicide.
- •To become familiar with the types of resources available to a person at risk of suicide, including themselves.
- •To make a commitment to improving community resources.

This training is available on demand or tailored to need.

#### Target group

This course is designed for all caregivers which includes professionals, paraprofessionals and lay people. It is suitable for mental health professionals, nurses, physicans, teachers, counsellors, youth workers, police and correctional staff, school support staff, clergy and community volunteers.

#### **Entry requirement**

n.a.

#### Selection procedure

For more details about the course, visit the website

http://www.youth.ie/nyci/ASIST-Applied-Suicide-Intervention-Skills-Training

#### Qualification

n.a.

#### Assessment

n.a.

#### Accreditation

n.a.

#### Course background

Courses have been run for a number of years.

#### Course start date

This two day workshop is available on demand. Contact NYCI for details.

#### Course location

Various locations

#### Application

Obtain an application form by downloading from the website, or by contacting NYCI's Training Administrator on 01 478 4122 or e-mail training@nyci.ie.

#### Cost

Contact NYCI for details.

#### MOTIVATIONAL INTERVIEWING: THE ESSENTIALS

#### **Course Provider**

National Institute for Prevention and Cardiovascular Health

#### **Address**

Croí Heart and Stroke Centre, Moyola Lane, Newcastle, Galway.

#### Web address

https://nipc.ie/education/

#### Contact Person(s)

Marketing & Events Coordinator

091 893 398 info@nipc.ie

#### Course aims and objectives

Would you like to learn more about how best to enable your patients' in making important and, often, difficult lifestyle changes? This expert delivered short course in motivational interviewing (MI) aims to equip participants to confidently and successfully support patients in complex lifestyle behaviour change.

#### **Course content**

This 2-day skills-based and practically-focused course is designed for all health care professions and is delivered by Claudia Salazar, a highly experienced and accomplished certified trainer (Motivational Interviewing Network of Trainers).

The first day of this course encompasses the essentials and is delivered in a live online session. Day two follows in-person and focuses on the "How-To" practical skills training.

#### Target group

All health care professions

#### **Entry requirement**

Please only register if you can attend **both** training dates AND you can attend the **in-person training** at Croí, Heart and Stroke Centre in Galway.

#### Selection procedure

Course application form is on the NIPC website

https://nipc.ie/motivational-interviewing-standard/. See terms and conditions:

- Full pre-payment is required at booking.
- Cancellations up to 10 working days in advance of the course date will incur a 25% administration charge.

 Cancellations thereafter or non-attendance is non-refundable and non-transferable

#### Qualification

n.a.

#### **Assessment**

n.a.

#### Accreditation

n.a.

#### Course background

See course provider website for further details on their courses

#### Course start date

14 & 20 May 2022

#### **Course location**

Day 1: online – motivational interviewing: core principles & skills Day 2: face to face at Croi House, Galway – motivational interviewing: skills in practice

#### **Application**

See application form on NIPC website

#### Cost

€200

# B

Longer courses providing information, raising awareness and developing skills among those whose work brings them into contact with substance misuse. Around NFQ (National framework of qualitications) level 5.

# **A20**

# SAOR SCREENING AND BRIEF INTERVENTION FOR PROBLEM ALCOHOL & SUBSTANCE USE. ONE-DAY COURSE.

#### **Course Provider**

Health Service Executive

#### **Address**

Health Promotion Service, 1st floor, Unit 4, Nexus Building, Blanchardstown Corporate Park, Dublin 15

Web address

# Contact Person(s)

# Course aims and objectives SAOR Training

The aim of SAOR training is to enable you to have a short helpful conversation with someone about their alcohol or other drug use using the SAOR Screening and Brief Intervention model. The training, based on the 2nd edition of SAOR (2017), is delivered using a blended learning approach. Participants complete a short eLearning module on HSELand in advance of a 1-day skills practice workshop.

#### Course content

On completion of this course, participants should be able to:

- Apply the theory from the SAOR online module to their practice
- Identify opportunities to conduct a brief intervention
- Demonstrate appropriate brief intervention skills using the SAOR model
- Identify appropriate alcohol and other drugs care pathways

## Target group

Staff who have occasion to ask people about their drug and alcohol use in a diverse range of settings including: acute care settings, mental health services, community based drugs services, child and family services, homeless agencies, family support, employment support, vocational training, criminal justice, probation, primary care services, third level colleges and sporting organisations.

#### Entry requirement

Please see website.

## Selection procedure

Places will be allocated on a first come, first served basis for each completed application.

### See website for booking form:

https://www.hse.ie/eng/about/who/primarycare/socialinclusion/addiction/national-addiction-training/alcohol-and-substance-use-saor/

#### Qualification

n.a.

#### **Assessment**

n.a.

#### Accreditation

### Course background

See HSE website for SAOR resources

#### Course start date

One day course arranged by HSE as required.

#### **Course location**

Online

#### **Application**

See online form and send to socialinclusion@hse.ie.

#### Cost

# SUBSTANCE USE ISSUES IN YOUTH AND COMMUNITY WORK

#### **Course Provider**

Community Outreach Drug and Alcohol Project – Cork City Partnership

#### **Address**

Cork City Partnership Ltd. Level 1, Heron House Blackpool Retail Park Blackpool Cork City Telephone: 021–4302310

#### Web address

http://www.corkcitypartnership.ie

#### **Contact Person(s)**

# Jacqueline Daly

Community Development / Drug & Alcohol Worker 087 1962030 jdaly@partnershipcork.ie

# Course aims and objectives

This course is designed to promote good practice among those who work (paid / voluntary) with young people and communities. It provides a critical perspective on some of the issues including community development and drug / alcohol issues which can affect young people and communities and encourages the development of coherent responses at individual and organisational level. The two components should promote the ability of learners to work safely and effectively in youth and / or community work settings. The programme also aims to provide the participants with the necessary knowledge and skills in sourcing and / or resourcing applicable supports systems, both within and outside their communities.

#### **Course content**

#### 1. Understanding Community Development

- The purpose of this component is to equip the learner with the knowledge, skill and ability to engage with the key ideas which underpin community development in Ireland. It will also outline the potential of community development to contribute to social change in relation to a range of issues e.g. poverty, equality, attitudes to substance misuse, immigration etc. This component will also look at some current challenges to community development's role as a process of social change in favour of the most marginalised.

## 2. Substance use issues for youth work

# **Target group**

n.a.

#### **Entry requirement**

Applicants must:

- Be aged 21 or over,
- · Send in relevant application form,
- Attend a pre-entry information session,
- · Attend an interview in Cork City Partnership,
- Have Leaving Certificate or its equivalent and /or relevant life and work experiences (recognised prior learning),

Applicants are expected to be active participants in the community in either a voluntary or work capacity.

In order to gain employment or volunteer in this sector Garda Vetting is mandatory.

#### Selection procedure

Interviews will be held. For more information see:

http://corkcitypartnership.ie/community-outreachand-drug-awareness-programme/education-training-codaap/

#### Qualification

Graduates will receive a QQI /FETAC Level 5 Combined Component Award.

#### **Assessment**

A variety of continuous assessment models will be employed and at least 80% attendance at the course is essential.

#### Accreditation

NFQ

# **Course background**

n.a.

# **Course start date**

This course will be offered on a part time basis over the academic year (Sept/Oct— April/May), Tuesday evening: 7.00 — 10.00 pm

# **Course location**

Cork College of Commerce, Morrison's Island Cork City

# **Application**

Contact Jacqueline Daly on 021 4302310 / 087 1962030 or jdaly@partnershipcork.ie for application form.

# Cost

€125. Subject to change.

# SEXUAL HEALTH AND DRUG AWARENESS: TRAINING FOR TRAINERS PROGRAMME

#### **Course Provider**

HIV Ireland

#### **Address**

70 Eccles Street, Dublin 7

#### Web address

http://www.hivireland.ie

#### **Contact Person(s)**

#### Susan Donlon

Prevention Education & Training Co-ordinator 01 873 3799 susan.donlon@hivireland.ie

## Course aims and objectives

Funded by the North Inner City Drugs Task Force (NICDTF), the primary aim of the programme is to provide youth and community workers with the information, resources, and skills necessary to work with the client group in their care in relation to sexual health and drug and alcohol use.

#### Course content

The programme is delivered one day a week, for 8 weeks.

Week 1: Sexual health and HIV & AIDS

Week 2: Sexually transmitted iInfections (STIs),

condom use, and contraception

Week 3: Hepatitis and sexuality

Week 4: Cultural issues and sexual health, and

presentation skills

Week 5: Drugs and alcohol awareness

Week 6: Interventions with clients: An introduction

to motivational iInterviewing

Week 7: Policies, best practice and legal issues,

and information recap

Week 8: Participant presentations

#### **Target group**

Youth and community workers in the north inner city area

#### **Entry requirement**

Ideally, candidates should be trained trainers and working in the youth and community sectors, in particular with vulnerable at-risk groups.

#### Selection procedure

Candidates from the north inner city will be assessed for entry before others will be considered. The maximum number of participants on each course is 12.

For HIV Ireland training webpage see

# http://www.hivireland.ie/what-we-do/training/

#### Qualification

NFQ Level 5 Component Certificate in Sexual Health and Drug Awareness Training

#### **Assessment**

Learner record, short assignment, and a skills demonstration presentation

#### Accreditation

NFQ

#### Course background

n.a.

## Course start date

No dates are currently scheduled. Contact HIV Ireland for future dates and other courses.

#### **Course location**

Eccles Street, Dublin 1

#### **Application**

Contact

#### Cost

To be confirmed

# **CERTIFICATE IN ADDICTION STUDIES**

#### **Course Provider**

Peter Kelly: Addiction Training, Therapy & Supervision

#### **Address**

The Carmelite Center, 56 Aungier St, Dublin 2

Web address

#### Contact Person(s)

Peter Kelly

Facilitator 085-743-8629

kellygerpeter@gmail.com

## Course aims and objectives

- Give participants a theoretical and practical understanding of group processes from interpersonal and relational perspectives and their linkages to addiction contexts
- Explore the efficacy of group work as a treatment modality and vehicle for change in addiction settings
- Reflect on the preconditions that facilitate the group work modality as an effective treatment approach.
- Be able to take people through a helping intervention at a one-to-one level, and the ability to reflect on skills and competencies learned in terms of listening reflectively, developing discrepancy, rolling with resistance, managing ambivalence, responding to change talk, and working towards a plan.
- Have an appreciation of psychodynamic perspectives and be able to reflect on the role of unconscious processes in addiction.
- Develop an understanding of process addictions particularly addiction to gambling and be able to reflect on treatment interventions and strategies.
- Have developed an understanding of both the recreational and dependent aspects of cocaine use and its effects and explore interventions from both abstinent and primary health care perspectives.
- Have developed an understanding of heroin both as a drug in terms of its biochemical action and effects, and its pharmacological properties. Have an understanding of primary health care interventions in terms of safe injecting practice and the importance of being

- familiar with the rudiments of intravenous opiate use.
- An understanding of the different categories of drugs and their effects, from sedatives/depressants to stimulants, to hallucinogens, and their utility in terms of routes of admission, tolerance, and withdrawals
- An exploration of N.P.S. (New Psychoactive Substances) and their derivatives, in terms of effect, legal status, and toxicity.

#### Course content

The programme is designed to equip students with the necessary skills, knowledge and theory to respond more effectively to the issues of drug use and addiction.

#### Target group

The course is for anyone with a serious interest in the area of substance use and who interacts in either a paid or voluntary capacity with people who may have addiction problems.

#### **Entry requirement**

For further information please contact Peter Kelly at 085-743-8629, or via emai at kellygerpeter@gmail.com

#### Selection procedure

n.a.

#### Qualification

Certificate in Addiction Studies. CPD points are available for all workshops.

#### **Assessment**

As per curricula

#### **Accreditation**

Certificate of Attendance are awarded by Peter Kelly Addiction Training & Therapy.

# Course background

Mr Peter Kelly MSc Psychoanalytic Psychotherapy, Advanced Diploma in Supervision, BpH (Philosophy), Dip Social Studies, M.I. trainer, Reality Therapy Certified has been involved in the provision of both drug counselling and drug education for the past twenty years. His clinical background is psychoanalytic psychotherapy and he is an accredited member of both the A.C.I. (Addiction Counsellors of Ireland) and the Association of Psychoanalytic Psychotherapy Ireland (A.P.P.I.). Peter is also trained in Motivational Approaches to problem drug use, and his areas of interest include both the role of the unconscious in addiction and how people manage and overcome addictive cycles.

#### **Course start date**

Contact Peter Kelly for future dates.

#### **Course location**

Dublin

## **Application**

Please request application form from Peter kelly.

#### Cost

€500.00, €50.00 non-refundable to secure your place on the programme.

# PROFESSIONAL CERTIFICATE IN THE THERAPEUTIC USE OF MINDFULNESS

#### **Course Provider**

**IICP Education and Training** 

#### **Address**

Killinarden Enterprise Park, Killinarden, Tallaght, Dublin 24

#### Web address

http://www.iicp.ie

# Contact Person(s)

Marcella Finnerty

Course Director 01 260 0805 / 086 260 9989 marcella@iicp.ie

#### **Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

# Course aims and objectives

Mindfulness is increasingly recognised as a valuable intervention in counselling internationally. In the field of medicine, more Irish doctors now recommend mindfulness to patients. Millions of people around the world practice mindfulness to enhance their experience of living. Put simply, mindfulness involves continually returning your awareness to your present-moment stream of experience in a non-judgmental way. This very simple approach, though at odds with our normal way of thinking, can be very helpful to people suffering loss, anxiety, stress, depression and other aspects of the human condition.

#### **Course content**

#### **Course content**

- Definitions and purpose of mindfulness.
- Exploration of the use of mindfulness with clients.
- Exploration of the use of mindfulness in your own life.
- Consideration of the scope and limitations of mindfulness as a therapeutic tool.
- Opportunities to role-play in triads as therapist, client and observer using participants' own case work.
- Opportunities to practice mindfulness during the course days and guidelines for practice at other times.
- An introduction to the basics of Buddhist psychology from which mindfulness emerged.
- Understanding how Buddhist psychology

'fits' with Cognitive Behavioural Therapy and other Western approaches.

## **Target group**

This course is intended for therapists, mental health practitioners and for those professionals who would like to add mindfulness to the range of clinical interventions available to them.

Additionally, it is ideal for those who would like to use mindfulness in their own lives. Participants will gain a rewarding life skill and a valuable tool for intervention.

## **Entry requirement**

No entry requirements

#### Selection procedure

For course information see <a href="https://www.iicp.ie/cpdcourses/mindfulness/">https://www.iicp.ie/cpdcourses/mindfulness/</a>

#### Qualification

Certificate of completion and transcript of course content and hours for continuing professional development (CPD).

#### **Assessment**

Attendance at all training days is necessary to qualify for the award of the Certificate.

# Accreditation

Institute of Integrative Counselling and Psychotherapy (IICP Education and Training)

#### Course background

This course has been organised in response to requests from trainees and professionals who wish to learn more about mindfulness.

#### Course start date

?Fri 07, 14 & 21 June 2019, OR ?Mon 07, 14, & 21 Oct 2019, This course runs a number of times a year.

# **Course location**

Killinarden Enterprise Park, Dublin 24; Silver Springs Hotel, Cork; Eglantine Avenue Belfast

# **Application**

Application form available from contact persons or IICP website listed above.

#### Cost

€295.00.

# PRACTITIONERS CERTIFICATE IN COGNITIVE BEHAVIOURAL THERAPY

#### **Course Provider**

**IICP Education and Training** 

#### **Address**

Killinarden Enterprise Park, Killinarden, Tallaght, Dublin 24

#### Web address

http://www.iicp.ie

#### Contact Person(s)

Marcella Finnerty

Course Director 01 260 0805 / 086 260 9989 marcella@iicp.ie

# Course aims and objectives

The aim of the course is to equip participants with the necessary theoretical and clinical understanding of the CBT approach to counselling. The course content can be broken into four broad areas.

- Theory
- Assessment of presenting problems
- Disputation of irrational beliefs
- Homework

#### **Course content**

#### Section one:

Participants will learn the history of CBT with emphasis on Beck's Cognitive Therapy and Ellis' Rational Emotive Behavioural Therapy.

Participants will gain an understanding of the psychology behind the CBT model and it's clinical application in today's climate. Difference in counsellor style will form an integral part of this phase of training. The importance of the counsellor as educator will be discussed. Ellis' ABC Model will be explored in detail and participants will learn how to explain the model to clients in a variety of ways.

#### Section two:

Assessment of a problem will be explored in the second phase of training. The different classifications of irrational beliefs will be explained and discussed. (inferences, evaluations etc). Trainees will learn how to identify rational and irrational beliefs and will clearly understand the difference between healthy and unhealthy emotions. The impact of thinking on emotional disturbance will be further discussed and explored. At this stage of training, Participants will begin to apply the ABC model to some of the presenting problems they identify.

#### Section three:

At this stage of training, Participants will be taught the different types of disputation in CBT. They will learn how to dispute irrational beliefs at a logical, empirical and pragmatic level. They will be taught how to assist their client's in disputing their irrational thoughts and beliefs. The integration of Alternative Rational Beliefs will be introduced to students and they will be given opportunity to practice these skills in class through triad work and round robins.

#### Section four:

The role of homework will be explored in detail in this section. Having identified the need to develop and strengthen rational beliefs, trainees will be given the skills required to help their clients achieve same. Students will learn how to develop both written and behavioural assignments to address the identified issues. These homework assignments will focus on both disputing the irrational beliefs and consolidating the rational beliefs. Effective planning strategies will also be explored.

## Target group

Professional or personal interest in the area of Cognitive Behavioural Therapy.

#### **Entry requirement**

No entry requirements.

#### Selection procedure

See the course website for further details <a href="https://www.iicp.ie/cpdcourses/cbt/">https://www.iicp.ie/cpdcourses/cbt/</a>

#### Qualification

IICP Certificate of Attendance and Participation. CPD: 30 hours

#### **Assessment**

n.a.

#### Accreditation

Institute of Integrative Counselling and Psychotherapy (IICP Education and Training)

# Course background

This course has been organised in response to those seeking professional training and qualifications in Cognitive Behavioural Therapy

#### Course start date

Four full teaching days starting Sunday 22 September 2019. This course runs a number of times a year.

# **Course location**

Killinarden Enterprise Park, Dublin 24

# **Application**

Application form from contacts or online.

#### Cost

€495.00 (€421 for IICP Students/Alumni and VCS Counsellors)

# CERTIFICATE IN COUNSELLING AND PSYCHOTHERAPUETIC STUDIES

#### **Course Provider**

**IICP Education and Training** 

#### **Address**

Killinarden Enterprise Park, Killinarden, Tallaght, Dublin 24

#### Web address

http://www.iicp.ie

#### Contact Person(s)

Marcella Finnerty

Course Director 01 260 0805 / 086 260 9989 marcella@iicp.ie

# Course aims and objectives

This is an introductory course for those who are seeking to develop their awareness and understanding in the field of counselling and psychotherapy. This course also serves as a foundation course for those seeking entry onto a diploma course in counselling and psychotherapy.

#### Programme aims:

- To introduce learners to a practical cutting-edge approach to mental health care and counselling;
- To encourage psychological wellbeing within the programme and empower and encourage support networks;
- To provide a warm and challenging environment where students can learn and grow;
- To enable learners to begin to develop a clear and transparent understanding of counselling and psychotherapy that is congruent with the principles associated with bone fide helping professionals; and
- Encourage learners to view this course in the context of lifelong learning and personal as well as professional development.

### **Course content**

The programme is highly interactive and taught through role-play, lectures, group work and audio/video presentations. Participants will have the opportunity to produce and participate in individual written assignments, group projects and group work.

#### Module:

1. Introduction to counselling and psychotherapy: This module aims to give the learner a broad introduction to the field of counselling and psychotherapy and the main approaches therein. Learners will have the opportunity to explore various definitions in

counselling and psychotherapy, understand the historical developments, appreciate how the need for therapy has evolved at a societal level and understand how theories aid a therapist in understanding human behaviour, emotions, unconscious factors, motivation and making sense and meaning of life experiences. Learners will also be given an overview of the models of Choice Theory and Reality Therapy, Person Centred Counselling and Multicultural approaches.

- 2. Introduction to counselling skills: This module aims to introduce the learner to the basic and intermediate skills of counselling. Learners will be coached in a range of key skills that will facilitate effective listening within the helping relationship. Learners will explore the characteristics of an effective listener, understand the core conditions of empathy, congruence and unconditional positive regard within the helping relationship and become increasingly aware of listening blocks. Learners will have the opportunity to practice listening skills with peer learners throughout this module.
- 3. Introduction to personal development: This module aims to enable learners to increase their levels of self awareness of their own personal development within the context of becoming a helper. Learners will explore their levels of self-awareness and how this relates to becoming an effective helper in the caring profession. Accurate and sensitive self-awareness underpins any type of helping relationship, as the main instrument for becoming a helper/therapist is the person themselves.

# **Target group**

This programme is suitable for those seeking to pursue their awareness and development in the field of counselling and/or who work in the helping/caring professions.

# **Entry requirement**

- Applicants should be able to articulate their interest in the therapeutic field and their reasons for pursuing this course of study; and
- Produce evidence of prior educational attainment (see application form for further details)

Entry onto the certificate programme is through application and interview. Selection procedures will apply.

# Selection procedure

See the course webpage at <a href="https://www.iicp.ie/courses/certificate/">https://www.iicp.ie/courses/certificate/</a>

#### Qualification

QQI Minor Certificate in Integrative Counselling and Psychotherapeutic Studies (NFQ Level 6)

#### **Assessment**

Assessments will include practical work, individual and group projects and written assignments.

#### **Accreditation**

Institute of Integrative Counselling and Psychotherapy

#### Course background

Course was developed in response to requests from those seeking to pursue a foundation course in counselling and/or those who wished to develop their understanding of counselling for their personal and/or professional development.

#### Course start date

Summer 2019: Starting Friday 14 June, 6.00pm–10.00pm - delivered over three weekends. ?Autumn 2019: Starting Sunday 06 October, 9.30am–4.30pm - three full training days (Sundays) and fourteen evening sessions (Thursdays) See website for future dates.

#### **Course location**

Killinarden Enterprise Park, Dublin 24

# **Application**

Application form available from contact persons or IICP website listed above.

#### Cost

€1,300 (inclusive of QQI registration fee of €50.)

# PROFESSIONAL CERTIFICATE IN COGNITIVE BEHAVIOUR THERAPY

#### **Course Provider**

PCI College

#### **Address**

Corrig House, Old Naas Road, Clondalkin, Dublin 22

#### Web address

http://www.pcicollege.ie

#### Contact Person(s)

### Kelley Farrell

Enquiries 01 464 2268 info@pcicollege.ie

# Course aims and objectives

You will learn to observe, assess, evaluate, and formulate treatment using the client's environmental influencers as well as their thoughts, moods and emotions, and behaviour. The approaches presented are usable, up-to-date and strongly evidence-based.

#### **Course content**

Course content:

Day 1: Foundation level theory and practice

Day 2: Behavioural & cognitive strategies in CBT

Day 3: Depression - a cognitive behavioural approach

Day 4: Anxiety - a cognitive behavioural approach

Day 5: Integration/assessment day

Workshops can be taken individually, or combined to make up the requirements for the Certificate Course. There is no time limit to complete the course.

#### Target group

For helping professionals (with therapeutic experience) who want to gain the knowledge and skills necessary to incorporate CBT into their practice.

#### **Entry requirement**

Applicants will ideally have a professional qualification in counselling, psychotherapy, or similar – accreditation is not necessary. Students currently in training will be considered, on the understanding that the certificate qualification cannot be used until they have qualified.

Additional requirements (before integration day): 20 hours of work with clients using CBT & 3 sessions with a qualified supervisor to review your client work.

# Selection procedure

For more information please visit <a href="http://www.pcicollege.ie/cpd-course/cognitive-behaviour-therapy">http://www.pcicollege.ie/cpd-course/cognitive-behaviour-therapy</a>

#### Qualification

Participants must attend all days for a certificate in cognitive behaviour therapy.

#### Assessment

As per syllabus. Additional Course Requirements: (Before Integration Day): 20 hours of work with clients using CBT and 3 sessions with a qualified supervisor to review your client work

#### Accreditation

PCI College

#### Course background

See website for more details.

#### Course start date

30 hour programme over 5 days. Next start date to be confirmed. Please call 01-464 2268 or email info@pcicollege.ie to add your name to the Waiting List.

#### **Course location**

Dublin. This course can also be provided as in-service training for government bodies, professional groups or community organisations.

#### **Application**

Application forms by email or online.

#### Cost

Fees (full course): €780. If you have completed the PCI College Advanced Diploma in CBT, you are entitled to an exemption of day 1 & day 2 - course cost €570.

# MINDOUT: MENTAL HEALTH PROMOTION PROGRAMME FOR OUT OF SCHOOL SETTINGS.

#### **Course Provider**

National Youth Council of Ireland

#### **Address**

3 Montague Street Dublin 2 Ireland

#### Web address

http://www.youth.ie/training

#### Contact Person(s)

Training Administrator

Training Administrator 01-478 4122 training@nyci.ie

# Course aims and objectives

The training is based on the resource MindOut which has been developed by Health Promotion HSE West and NUI Galway. MindOut is a twelve-session mental health programme which takes a positive approach to the promotion of emotional and mental health among young people. The emphasis is on giving time to young people to explore what challenges their mental health and looking at the ways they cope ranging from personal coping skills to informal networks of support to professional or voluntary support services. All participants will receive a copy of the MindOut resource pack and Good Habits of Mind support pack.

#### **Course content**

Training for the resource is carried out over three days. Following training day one and two participants begin to implement the programme. Participants then return 6 weeks later for day three which includes a review, self-care for the tutors and organisational issues.

#### Learning content:

- Expressing feelings
- Gender differences in coping behaviour
- Dealing with rejection and depression
- Seeking help
- · Coping strategies and resilience
- The importance of social support
- Positive self-talk

#### **Target group**

Designed for anyone working with young people in a youth work, out-of-school or non-formal education setting.

#### **Entry requirement**

n.a.

# Selection procedure

For more course information visit

http://www.youth.ie/nyci/Mindout-Mental-Health-Promotion-Programme-Out-School-Settings

#### Qualification

n.a.

#### **Assessment**

n.a.

### Accreditation

n.a.

#### Course background

n.a.

#### Course start date

Contact NYCI for future dates.

#### **Course location**

Various locations

# **Application**

Obtain an application form online or by contacting NYCI's Training Administrator on 01 4784122 or e-mail training@nyci.ie

#### Cost

Free of charge.

# APPLIED SOCIAL STUDIES - WITH COUNSELLING & ADDICTION STUDIES

#### **Course Provider**

Liberties College

#### **Address**

Liberties College, Bull Alley Street, Patrick Street, Dublin 8

#### Web address

http://www.libertiescollege.ie

## Contact Person(s)

#### Brid Milliken

Department Head: Counselling and General Information 01 454 0044 info@liberties.cdvec.ie

## Course aims and objectives

This is a one-year full-time course suited to mature students returning to education. This is an access course for those who are new to the study of addictions and counselling.

The course will focus on:

- Studies in drug and alcohol dependency and addictive behaviours
- Introduction to common therapeutic interventions such as motivational interviewing and brief solution-focused therapy
- Introduction to counselling skills

#### **Course content**

Principal areas of study:

- Psychology
- Intercultural studies
- Social studies
- Communications or English literature
- Work experience

Personal development and experiential learning

- Personal effectiveness
- Safety and health at work
- Substance use
- Counselling skills
- Word processing

#### **Target group**

Mature students with relevant experience and interest in working with people (supported by appropriate references).

# **Entry requirement**

Training is of value in a wide range of settings, such as An Garda Siochana, nursing, youth work, the prison service, social services, information services or the voluntary sector. Garda vetting is required for work experience.

# Selection procedure

For more information visit course website

http://www.libertiescollege.ie/courses/applied-social-studies-with-counselling-addiction-studies/ or (full time courses)

http://libertiescollege.ie/index.php -

#### Qualification

QQ Level 5 Applied Social Studies SM2181

#### **Assessment**

Project work and continuous assessment

#### Accreditation

QQ Level 5

#### Course background

This is a one-year full-time programme.

#### Course start date

September each year.

#### **Course location**

Liberties College, Bull Alley Street, Dublin 8

## **Application**

Application form available online

#### Cost

Contact the college for details. Optional workshops incur additional costs

# **APPLIED SOCIAL STUDIES - YOUNG ADULTS**

#### **Course Provider**

Liberties College

#### **Address**

Liberties College, Bull Alley Street, Patrick Street, Dublin 8

#### Web address

http://www.libertiescollege.ie

# Contact Person(s)

#### Brid Milliken

Department Head: Counselling and General Information 01 454 0044 info@liberties.cdvec.ie

# Course aims and objectives

Applied Social Studies – young adults - This is a broad academic introduction to social studies and social care. As an access programme this course caters particularly to those who wish to progress to Higher Education or further professional training.

#### Course content

Principal areas of study

- Social Studies
- Psychology
- Intercultural Studies
- Communications
- Work Expierence
- Equality and Disability
- English Literature / Working With Groups/ Personal Effectiveness
- Word Processing
- Human Growth and Development
- Substance Use

#### **Target group**

Those with an interest in this area.

#### **Entry requirement**

**General College Entry Requirements** 

# Selection procedure

For more information see application form

http://www.libertiescollege.ie/courses/applied-social-studies-young-adults/ or Liberties College website http://www.libertiescollege.ie/

#### Qualification

QQI Level 5 Applied Social Studies & Occupational First Aid Certificate

#### **Assessment**

Project and continuous assessment

#### Accreditation

Liberties College

# Course background

There is also a course for mature students. http://www.libertiescollege.ie/courses/applied-social-studies-mature-students/

#### Course start date

September, full time over one year.

#### Course location

Liberties College, Dublin

#### **Application**

Please return the application form (see website link above) to Brid Miliken, Liberties College, Bull Alley, D8

#### Cost

Apply to Liberties College.

# B17 LEVEL 5 DIPLOMA IN SUBSTANCE MISUSE THEORY & INTERVENTIONS

#### **Course Provider**

**HURT (Have Your Tomorrows)** 

#### **Address**

14 Clarendon Street, Derry. BT48 7ET, Northern Ireland.

#### Web address

https://hurtni.org.uk/

# Contact Person(s)

## Dessie Kyle

Centre Manager (0044) 028 7136 9696. https://hurtni.org.uk/contact/

# Course aims and objectives

As a result of the course candidates will be able to demonstrate:

 A multi-theoretical approach to working with substance misuse issues

#### **Course content**

Candidates will undertake modules in the following areas:

- Context and trends in Substance Misuse
- Models of Treatment (including Pharmacological) and Intervention
- Assessment Tools/Psychometrics
- The Therapeutic relationship and its impact on substance misuse interventions
- Ethics
- Working with Trauma
- Impact of substance misuse on the family

#### Target group

This course is for individuals who want to gain specialist counselling knowledge and skills to work with individuals with substance misuse issues. It is aimed at those who are working in the drug/alcohol field.

# **Entry requirement**

n.a.

# Selection procedure

For more information about the course, visit the website

https://hurtni.org.uk/substance-misuse-theory-interventions/

#### Qualification

Diploma

#### **Assessment**

Course Requirements (to be completed during the course)

- A minimum of 60 formally contracted counselling hours (one-to one)
- Supervision Log
- Supervisor's Report
- Enhanced Access NI Check
- Assignments
- Completed Portfolio
- 90% attendance

#### Accreditation

Accredited by both the Counselling & Psychotherapy Central Awarding Body (CPCAB) and the National Counselling Society (NCS) (pending approval)

#### Course background

The course is the first of its kind in Northern Ireland.

#### **About HURT**

- We are a community based addiction treatment centre with premises in Derry & Strabane
- We offer support to individuals and families affected by substance misuse through a holistic care plan
- We deliver community based preventative/education initiatives on substance misuse issues
- For more information: <a href="https://hurtni.org.uk">https://hurtni.org.uk</a>

### Course start date

The course will be delivered over 20 days (10 weekends). contact HURT for future dates.

# **Course location**

Derry

# **Application**

If you are interested in applying for the course or would like any more information on other courses offered by HURT, please contact Dessie Kyle, Centre Manager, HURT on 02871 369696 or dessie@hurtni.org.uk

# Cost

**Contact HURT** 

# STRENGTHENING FAMILIES PROGRAMME

#### **Course Provider**

Blanchardstown Local Drugs and Alcohol Task Force

#### **Address**

2nd Floor, Parkside, Main Street, Mulhuddart, Dublin 15

#### Web address

https://blanchardstowndrugstaskforce.ie/

#### Contact Person(s)

#### Ciara Jubani

Community Development Worker 01 824 9590 / 685 4405 ciara@bldtf.ie

# Course aims and objectives

SFP involves not just parents or children alone, but the whole family. It is a 14 week skills enhancing programme. It is an inter-agency initiative, delivered by a range of community, statutory and voluntary local services in Blanchardstown which is managed and funded by Blanchardstown Local Drugs Task Force.

#### **Course content**

The SFP curriculum includes three courses (Parent skills training, Teen skills training and Family life skills training) that involves the whole family in three classes run on the same night once a week for 14 weeks.

#### Target group

The Strengthening Families Program (Kumpfer & DeMarsh, 1989; Kumpfer, DeMarsh, & Child, 1989) is an evidence-based 14-week family skills training program for parents and their teenagers (Age 12-16) in three classes run on the same night once a week.

Crèche facilities and child care is provided for younger children in family (aged 1-5yrs) and youth group is provided for children aged 6-11yrs.

#### **Entry requirement**

Referrals can come from many different sources: self-referral, schools, School completion Programmes, Youthreach, Social Workers, JLOs, Family services, Youth services, Child & Family Services, Garda Youth Diversion Projects, Community Mental Health Centres, Housing Projects, Drug Treatment Centres, Community Drug Teams, Probation, Rehabilitation Projects and other local agencies

## Selection procedure

Catchment Area: Dublin 15. See website for more details

http://sfpcouncilireland.ie/national-council/membe rs/blanchardstown-local-drugs-and-alcohol-task-f orce/ or general training

at http://sfpcouncilireland.ie/trainings/

#### Qualification

n.a.

#### Assessment

n.a.

#### Accreditation

n.a.

#### Course background

SFP is a family based Programme which aims to improve parenting and family functioning by strengthening the family

Strong families reduce risk for many adverse behaviors in children & teens; substance abuse, teen pregnancy, school failure, aggression and delinquency.

#### Course start date

Contact Blanchardstown LDATF for details of upcoming courses.

## **Course location**

Blanchardstown, Dublin

#### **Application**

Contact Blanchardstown LDATF

#### Cost

Free of charge

# **ADDICTION STUDIES**

#### **Course Provider**

CMI: Communications & Management Institute

#### **Address**

Office 1: Unit 14A, Cashel Business Centre,

Cashel Rd, Dublin 12

Office 2: Regus House, Harcourt rd, Dublin 2

#### Web address

http://www.cmi-ireland.com

# Contact Person(s)

#### **Graham Moore**

Admissions 01 492 7070 info@cmi-ireland.com

#### **Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

## Course aims and objectives

You will gain a thorough understanding of drug misuse and its effects on Irish society. You will acquire critical awareness of the causes of addiction; models of treatment of addiction; and learn to identify patterns of drug abuse by examining historical trends in Irish society.

This course helps to identify strategies appropriate to the various stages of the addiction process. Analysis of community and local level responses, and of media representation of addiction and how it affects attitudes in society will help you develop a broader view of this complex area.

#### **Course content**

- 1. Drugs and their effects
- 2. The impact of addiction on the family and the community.
- 3. The services available in response to addiction
- 4. Community responses
- 5. The nature and practice of intervention
- 6. The media presentation of addiction
- 7 Application of psychological theory & behavioural interventions
- 8. The participant's own personal learning

### **Target group**

This course is relevant to anyone interested in working with persons with different types of addiction. Ideally suited for care workers, community workers, social workers, charity volunteers, agency workers, or indeed anyone, who wishes to work in this challenging area.

#### **Entry requirement**

n.a.

#### Selection procedure

For more information see the course website - http://cmi-ireland.com/addiction-studies-courses

#### Qualification

Community Addiction Studies Level 5 Minor Award 5N1834 Further Education and Training

#### **Assessment**

Course work consists of practical home assignments and a project. Practical guidance will be offered throughout the course by experienced lecturers. Participants will maintain a personal log/journal of their personal learning experiences during the course.

#### Accreditation

Awarding Body: QQI - Quality and Qualifications Ireland

#### Course background

See course website.

#### Course start date

Tuesday, 8 October to December 2019, 18:30-21:30 for ten weeks. This course is offered three times per year from in Dublin and Nationwide.

#### **Course location**

Dublin

## **Application**

Course fees are payable before commencement. Submit your details to 'Book a course' on the CMI's website by the deadline date.

# Cost

€750

# **COMMUNITY ADDICTION STUDIES**

#### **Course Provider**

Waterford College of Further Education

#### **Address**

Parnell Street, Waterford

#### Web address

http://www.wcfe.ie/jcms/

## Contact Person(s)

# Philip Deegan

Director of Adult Education 051 874053 pdeegan@wcfe.ie

# Course aims and objectives

This course will benefit those with an interest in the care, diagnosis and treatment of addiction. The course is a springboard to higher education courses in Social Studies, Health Care, Community Studies, Counselling and Psychology, Psychotherapy and Addiction Counselling.

#### **Course content**

Work experience placement in a related vocational area is an integral part of this course. Students must obtain one day per week work experience for the academic year. There will also be one week of block placement in the first and second terms.

#### Target group

Progression: The full QQI Level 5 Certificate facilities entry, on a competitive basis, to a range of third level institutions nationwide. Further details are available from the relevant institutions. Progression to Advanced Social Care in WCFE is also possible, specific progression pathways to WIT are agreed.

# **Entry requirement**

Minimum entry requirements:

- Leaving Certificate/Leaving Certificate Applied or equivalent
- Successful completion of interview
- Applications from mature students will be considered
- Applicants will be required to undertake Garda Vetting
- Written references

#### Selection procedure

See course website

http://www.wcfe.ie/jcms/full-time-courses/74-socia l-care/446-community-addiction-studies.html

#### Qualification

QQI Level 5 - Social and Vocational Integration (5M2181)

#### **Assessment**

n.a.

#### Accreditation

QQI

## Course background

For more information visit <a href="http://www.wcfe.ie/jcms/full-time-courses/74-socia">http://www.wcfe.ie/jcms/full-time-courses/74-socia</a> <a href="learner-learne

#### Course start date

One year course. Contact WCFE for details.

#### Course location

Waterford

# **Application**

Check website for details.

#### Cost

No tuition fees. But other fees include: Occupational First Aid €90; Patient and Manual Handling €50; MAPA €25; Textbooks approx €100. ? Hepatitis B Injections [through your GP or medical centre]

# **COMMUNITY ADDICTION STUDIES COURSE QQI Award (Minor) Level 5**

#### **Course Provider**

Urrus/The Ballymun Youth Action Project

#### **Address**

Horizons Centre, Balcurris Road, Ballymun, Dublin 11

#### Web address

http://www.byap.ie

# Contact Person(s)

Gabrielle Gilligan

Administrative Assistant 01 846 7980 / 01 842 5726 urrus@byap.ie

## Course aims and objectives

The purpose of the Community Addiction Studies Course is to enable people to:

- Learn about drugs and their effects
- Develop an understanding of addiction
- Examine their own attitudes
- Become more effective in their personal responses
- Explore the effects of drug mis-use on the family
- Develop the skills and knowledge to become more effective in responding to drug misuse in their own communities

#### **Course content**

- Pharmaceutical information on drugs & their effects
- Process of addiction
- How addiction effects individuals, families, communities
- Social analysis
- Media analysis
- Personal development
- How individuals and communities can respond
- Field visits to drugs services

#### **Target group**

Community members who feel they would like to be more effective when it comes to drug/alcohol issues. There are no education requirements to be part of this course, only a willingness to learn.

# **Entry requirement**

Prospective students need to be available to engage in learning and study on the days indicated for each programme. It is essential that students have computer and internet access to engage with the learning.

# Selection procedure

Application committee selects participants based on written application and interview. See webpage:

http://www.byap.ie/urrus/addiction-training or course

page

https://byap.ie/services/urrus/september-2021

#### Qualification

QQI Award (Minor) Level 5.

#### **Assessment**

Assessment is carried out throughout the course.

#### Accreditation

**QQI** Award

#### Course background

n.a.

#### Course start date

September. This course runs over ten weeks (one-day each week) or over 20 weeks (one evening each week).

#### **Course location**

Ballymun, Dublin

# **Application**

Contact URRUS. Ph. 01 8467980. email urrus@byap.ie or see website www.byap.ie.

## Cost

€200. Category 2 - Ballymun Local Drugs Task Force Area - €70

C

Courses leading to a professional or academic qualification (at NFQ level 6 or higher) in the field of substance misuse or related areas.

# **C01**

# **ADDICTION STUDIES CERTIFICATE**

#### **Course Provider**

**NUI Maynooth** 

#### **Address**

Department of Adult and Community Education, NUI Maynooth, Co Kildare

#### Web address

http://adulteducation.nuim.ie

# Contact Person(s)

Administrator

n.a. 01 708 6062 Adcomed@nuim.ie

# Course aims and objectives

- 1. To provide participants with a broad view of key theoretical framework and practical debates which arise in relation to substance misuse and dependence
- 2. To enable participants develop basic helping and intervention skills in the field of drug and alcohol misuse
- 3. To enhance participants' knowledge of social and community issues relevant to substance misuse and dependence
- 4. To heighten participants' awareness in relation to personal, organisational and vocational issues which may arise in the course of their work within the field of substance misuse.

#### **Course content**

Module 1: Group work & facilitation

skills/reflective learning

Module 2: Substance misuse and dependence

Module 3: Drug & alcohol misuse in contemporary Ireland

Module 4: Approaches to prevention treatment & rehabilitation

### **Target group**

The course is aimed at people aged 21 and over.

# **Entry requirement**

Participants must be 21 years of age or over. It is preferable that applicants have:

- Experience of working in a community setting.
- Experience of working with alcohol and/or drug-related problems.
- Openness to reflect on one's own practice attitudes and beliefs.
- Commitment to learning in a group setting.

Applicants must submit a short essay describing their reasons for applying.

For more information see

www.nuim.ie/study-maynooth/undergraduate-stud ies/courses/certificate-addiction-studies#tabs-ove rview

## Selection procedure

On the basis of a written application and essay.

The Certificate in Addiction Studies is available in the following locations:

Bluebell/Inchicore Start Date: 2 October 2019

Wednesdays 6.00-9.00

Cork College of Commerce Start Date: 2 October 2019 Wednesdays 6.00-9.30

Maynooth University Start Date: 1 October 2019

Tuesdays 7.00-10.00

The certificate course constitutes part one of the NUI Diploma in Addiction Studies (Level 8)
Programme and students who successfully complete this course may apply for progression to the level 8 Diploma in Addiction Studies. PLEASE NOTE: The certificate course is also available in Cork and Dublin (Bluebell/Inchicore) as well as on the NUI Maynooth campus. For further information please contact Kay Loughlin on 01 708 6062 or e-mail <a href="mailto:kay.loughlin@mu.ie">kay.loughlin@mu.ie</a> Apply Here and enter the location of your choice. See our brochure <a href="mailto:NUI Certificate in Addiction Studies 2019">NUI Certificate in Addiction Studies 2019</a>

#### Qualification

Certificate in Addiction Studies

#### Assessment

85% minimum attendance.

Participation in class.

Completion of relevant assignments/projects.

#### Accreditation

National University of Ireland. NFQ Level 7

# Course background

This course has been running in various locations for a number of years.

#### **Course start date**

October until end of May each year. This course is 100 hours and may involve 3 - 4 Saturdays throughout the year.

# **Course location**

NUI Maynooth and other locations nationwide. Please refer to the Continuing Education Brochure for further details. Telephone 01 7084500 or visit the website.

# **Application**

Apply to College.

### Cost

€950

# C02 HIGHER CERTIFICATE IN ADDICTION STUDIES (Level 7)

#### **Course Provider**

Clondalkin Drug & Alcohol Task Force & NUI Maynooth

#### **Address**

A1 Weatherwell Business Park, Clondalkin Dublin 22.

#### Web address

https://www.clondalkindrugstaskforce.ie/cdtf-training/

# Contact Person(s)

Course co-ordinator

01 457 9445 / 086 858 1787 rehabilitation@cdatf.ie

# Course aims and objectives

This is a University level 7 Certificate course leading to a level 8 Diploma in Addiction Studies.

#### Course content

#### Modules:

- Theoretical Perspectives on Addiction
- Drug and Alcohol Misuse in Contemporary Ireland
- Approaches to Prevention, Treatment and Rehabilitation
- Group Work & Reflective Learning

# **Target group**

Those with an interest in the course content.

#### **Entry requirement**

Students must attend a class of 3 hours per week. Applicants must be over 21 years of age.

#### Selection procedure

Contact the Clondalkin training team for further details

https://www.clondalkindrugstaskforce.ie/cdtf-training/

#### Qualification

Certificate

### **Assessment**

As per course curriculum

## Accreditation

Maynooth University

#### Course background

#### Course start date

September to May, Tuesday mornings

#### **Course location**

Clondalkin, Dublin

# **Application**

Contact the Clondalkin DATF for an application form.

#### Cost

The course costs €600 (normal cost is €1100) – flexible payment plans are in place.

# **C**03

# **KEYWORKING AND CARE PLANNING**

#### **Course Provider**

Urrus/The Ballymun Youth Action Project

#### **Address**

Horizons Centre, Balcurris Road, Ballymun, Dublin 11

#### Web address

http://www.byap.ie

#### **Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

# Course aims and objectives

This programme is offered in response to the emerging skills, knowledge and practice needs of new and existing keyworkers in the drug and alcohol, homeless and broader social care sector. This Urrús programme will give learners the opportunity to understand the systems of key working, care planning and case management within the National Drug Rehabilitation Framework. The programme runs over twelve weeks, one-day a week (10am-5pm) and will start February. It is essential that students have computer, internet access and email to engage with the course learning.

#### **Course content**

Content includes:

- Key Working systems and processes
- Care Planning policy and practice
- Case Management framework and communications
- Professional Boundaries understanding and techniques
- Confidentiality and Case Notes guidelines and application
- Reflective and Professional Practice theories and practice

#### Target group

This training is for those who wish to develop and enhance their skills in the keyworking role. It will also be of interest to anyone already working / volunteering in a care setting.

#### Contact Person(s)

Gabrielle Gilligan

Administrative Assistant 01 846 7980 / 01 842 5726 urrus@byap.ie

## **Entry requirement**

These programmes will be delivered online via zoom. Prospective students need to be available to engage in learning and study on the days indicated for each programme. It is essential that students have computer and internet access to engage with the course learning.

# Selection procedure

See website for futher training details and application form

http://byap.ie/services/urrus/training-2020 or
 http://www.byap.ie/services/urrus/addiction-training

#### Qualification

QQI Award (Minor) Level 6

#### **Assessment**

As per course schedule

#### Accreditation

QQI Award (Minor) Level 6 – 30 Credits. On successful completion of the programme learners will receive a component certificate in Person Centred Planning (6N2206) and in Boundary Management (6N2207).

#### Course background

n.a.

#### Course start date

25 February 2021. Contact URRUS for future start dates.

#### Course location

Online

# **Application**

Booking form is available from URRUS website.

# Cost

€595

# **C04**

# DIPLOMA IN COMMUNITY DRUG AND ALCOHOL WORK

#### **Course Provider**

Urrus and University College Dublin

#### **Address**

Horizons Centre, Balcurris Road, Ballymun, Dublin 11

#### Web address

http://www.byap.ie/services/urrus/diploma-in-community-drugs-work

#### **Contact Person(s)**

#### Laura O'Reilly

Training Centre Co-ordinator 01 846 7980 / 01 842 5726 urrus@byap.ie

# Course aims and objectives

This comprehensive and professional course is run by URRÚS in partnership with University College Dublin and intended to provide participants with a range of skills and knowledge both academic and practical which will enhance their effectiveness in responding to the complex issue of drug and alcohol misuse within a community environment. This one year intensive programme leading to a NFQ Level 7 Diploma is based on community development principles and uses adult learning approaches in its delivery. The programme is accepted as part fulfilment of the educational requirements for membership of Addiction Counsellors of Ireland and offers a progression pathway to B.Soc Science with UCD.

#### **Course content**

The modules covered during the course are:

- Nature and Context of Addiction
- Community and Group Work Theory and Practice
- Understanding Prevention and Support in a Community Setting
- Introduction to Irish Social Policy / Drug and Alcohol Policy
- Introduction to Counselling
- Reflective Practice
- Approaches to Treatment and Rehabilitation
- Motivational Interviewing
- Professional Work Practice
- Community Research Methods

#### **Target group**

People who wish to return to education and enhance their skills and knowledge in the area of addiction and enter the mainstream university system.

# **Entry requirement**

The Diploma is designed to provide a progression route for those who have already completed the Community Addiction Studies Course© or equivalent. Participants must have the capacity to complete a course at NUI Diploma Level 7, however this capacity is understood in the light of the principles of Adult Education. Participants must be over the age of 21.

## Selection procedure

Initially by application and then by interview.

For further information and application form please contact urrus@byap.ie or call 01-8467980. Or

see

www.byap.ie/services/urrus/diploma-in-community-drugs-work

#### Qualification

Level 7 Diploma – Diploma in Community Drug and Alcohol Work.

# **Assessment**

Assessment methods used include: written assignments; practical skill assessments; exams; presentations; and a learning journal.
Assessment is carried out throughout the course as individual modules are completed.

#### Accreditation

Remove The Diploma Course is accepted as part fulfillment of the Education Requirements for accredited membership of the ACI.

# Course background

The Diploma Course was developed in response to the need for a progression route for people who have participated in the Community Addiction Studies Course©; and also it provides a

much needed source of further training to those already involved in the drugs/addiction area, whether this be in the community, voluntary or statutory sector.

#### **Course start date**

One-year course, from September to May. It is delivered one day each week on Tuesdays (10am-5pm), plus three Thursdays (6:30pm-9:30pm) and seven Saturdays (10am-5pm), over the academic year.

#### **Course location**

URRUS Training Centre, Horizons Centre, Balcurris Rd, Ballymun, Dublin 11, and NUI University College Dublin, Belfield Campus, Dublin

# **Application**

Application can be made by application form only, please note closing date for application is June. Contact urrus@byap.ie or phone 01 8467980

#### Cost

€2,300 course fee is non-refundable, and is due in full at registration. Payment options available. An administration fee of €25 is required with your completed application.

# **C**05

# **DIPLOMA IN ADDICTION STUDIES**

#### **Course Provider**

**DBS School of Arts** 

#### **Address**

Dublin Business School, 13/14 Aungier Street, Dublin 2

#### Web address

http://www.dbs.ie

# Contact Person(s) Administrator

01 417 7500 admissions@dbs.ie

## Course aims and objectives

#### Aims:

- To investigate several areas of addiction, including theory, treatment, addictive behaviour and its impact on the individual, the family and the wider community
- To provide a grounding in the study of addiction and cover most of the major associated themes
- To provide some theoretical knowledge for people who are working or interested in the area, to deepen their understanding and knowledge

#### **Course content**

- Theoretical models of addiction
- Types of addiction, addictive behaviours, including self harming and eating disorders
- Pharmacology
- Treatment methods and models of treatment
- Harm reduction, health promotion, HIV/AIDS and hepatitis
- Gender issues
- Criminal behaviour associated with drug misuse
- Impact of addiction on family, family adjustment and co-dependency
- Impact of addiction on wider community
- Contemporary social policy and social issues

#### **Target group**

The course provides a comprehensive introduction to the field of addiction studies. It is relevant for anyone involved in addiction service provision or for anyone interested in working in this area. It also informs anyone who encounters the challenges of dealing with addiction in their work or personal lives.

#### **Entry requirement**

Applicants must be aged 18 years or over.

# Selection procedure

By application.

For more information about the course, visit the course website at

http://www.dbs.ie/Addiction-Studies/Evening-Diploma.htm

#### Qualification

Diploma in Addiction Studies

#### **Assessment**

Written assignment (100%).

#### Accreditation

**Dublin Business School** 

#### Course background

This course was first offered in 2003 and runs in October and February each academic year.

#### Course start date

This course may be run twice a year. Spring and Autumn. 1 evening per week, 6.15 pm-9.30 pm for 10 weeks

#### Course location

Dublin Business School, 13/14 Aungier Street, Dublin 2

## **Application**

For further information please contact the Admissions Office on 01 417 7500 or visit our website www.dbs.ie

#### Cost

€1.325

# **C**06

# **DIPLOMA IN DRUG AND ALCOHOL STUDIES**

#### **Course Provider**

University of Limerick / HSE Addiction Services

#### **Address**

Delivered at: University of Limerick Campus / Bridge House, Cherry Orchard, Ballyfermot, Dublin.

#### Web address

http://www.ul.ie/cpe/node/207

#### Contact Person(s)

#### Dr Petra Elftorp

Course Director/Limerick Co-ordinator n.a.

Petra.Elftorp@ul.ie

#### Aoibhinn King

Dublin Co-ordinator (087) 9074515 aoibhinn.king@hse.ie

#### Esther Wolfe

Dublin Co-ordinator (087) 9092730 esther.wolfe@hse.ie

# Course aims and objectives

This one-year, part-time programme is offered and designed to meet the need for educational progression routes in the area of Drugs and Alcohol. It also aims to support actions in National Drug and Alcohol policy that call for increased training opportunities for individuals working in the field. The programme is intended for individuals actively engaged in management of drug and alcohol misuse and dependency or those working with groups at risk for drug and alcohol misuse. In catering to the current needs, this programme is now delivered **online**.

#### The programme aims to:

- develop personal and professional growth of individuals working in community, voluntary, statutory and non-statutory organisations who are actively engaged in responding to drug and alcohol issues, across the spectrum from prevention and education to treatment and rehabilitation.
- build upon existing knowledge and skills among participants, with a focus on developing theoretical and evidence-based knowledge together with a range of practical skills to enable them to respond effectively and appropriately to drugs and alcohol issues in their work setting.
- enhance the principles and values underpinning lifelong and adult learning among individuals.

#### **Course content**

#### **Autumn semester**

- EN3051 Experiential Group Work and Group Processes in the Context of Drug and Alcohol Studies
- EN3061 Substance Use: Theoretical Foundations
- EN3071 Models of Intervention: Theory & Practice 1
- EN3081 Research & Reflective Practice 1

# **Spring semester**

- EN3052 Substance Use: Community, Social and Policy Perspectives
- EN3062 Substances and Mental Health
- EN3072 Models of Intervention: Theory & Practice 2
- EN 3082 Research & Reflective Practice 2

#### Target group

The course is intended for individuals actively engaged in management of drug and alcohol misuse and dependency or those working with groups at risk for drug and alcohol misuse.

Typical applicants also include health professionals, social care professionals, teachers, guidance counsellors, youth and child care workers, prison officers, Gardai, probation officers and community workers among others.

## **Entry requirement**

- Certificate in Addiction Studies, or a related area, or equivalent academic qualification
- At least two years experience of working in the area of drug and alcohol or a related field
- Successful completion of interview
- You are required to complete a 300-500 word exercise as part of the application.

# Selection procedure

Applicants can now apply online. Please refer to our website for application guidelines and supports.

Course

website:

https://www.ul.ie/gps/drug-alcohol-studies-diploma-online

#### Qualification

Diploma in Drug and Alcohol Studies, NFQ 7

#### **Assessment**

Assessment will use a variety of methods, including written assignments, oral presentations, case study, project work, and reflective portfolio.

#### Accreditation

University of Limerick: Level 7 HETAC National Framework of Qualifications

### Course background

The programme was developed by the University of Limerick in partnership with the Health Service Executive (West-Limerick, West-Donegal and Dublin Mid-Leinster areas), Educational Training Boards (former Vocational Education Committees) (Limerick and County Donegal), the Mid-West and North West Regional Drug and Alcohol Task Forces and the North West Alcohol Forum.

#### Course start date

September each year.

#### **Course location**

Virtual instruction for 2021/2022.

#### **Application**

Prospective applicants will be required to complete an online application form via the website.

#### Cost

Course fees EU: €1644. Further information on fees available from the university webpage.

# **C07**

# **DIPLOMA IN ADDICTION STUDIES**

#### **Course Provider**

City Colleges

#### **Address**

Wicklow House, 84-88 South Great George's Street, Dublin 2

#### Web address

http://www.citycolleges.ie

# Contact Person(s) Administrator

1850 252740 or (01) 4160034 info@citycolleges.ie

# Course aims and objectives

The module in addiction studies gives a comprehensive overview of current thinking and practice in the area of addictive behaviours and substance use/abuse. It focuses on the historical evolution of the various conceptualisations of addiction, the underlying causes attributed to the development and maintenance of addictive behaviours, models for understanding patterns of addiction and the treatments of addiction associated with those models. It further addresses the impact of addictive behaviours on society in terms of health, culture and criminality, paying particular attention to the Irish context.

#### **Course content**

**Week 1:** Meaning and Nature. Multiple conceptions of addiction in current practice, reflecting more than substance-related issues. Addiction and Psychiatry

**Week 2:** Current neuro-biological, psychological, sociological and cultural understanding of the causes of addiction. Overview of different theoretical positions in conceptualising addiction (i.e. Medical, Religious, Psychological etc.)

Week 3: Focus on disease models of addiction

**Week 4:** Understanding addiction from a psychoanalytic perspective

Week 5: The bio-psycho-social model

**Week 6:** Overview of treatments of addiction: Psychotherapeutic, Pharmacological, etc

**Week 7:** Focus on conditioning models of treatment: Behaviourism, contingency management; cognitive-behavioural models of

treatment: Self –regulation, relapse prevention; Emotion-regulation and mindfulness-based models of treatment

**Week 8:** Stages of change in the treatment of Addiction

**Week 9:** Addictive behaviours from the perspective of family systems theory

**Week 10:** Impact of addictive behaviours on society: health, culture and criminality – the Irish context

#### Target group

The module would be of interest to practitioners in a wide variety of disciplines (Psychology, Social Care, etc.) who may wish to deepen their knowledge of current thinking in addiction studies, to those who may be considering future study in the area of addictive behaviours and wish to gain a more comprehensive understanding of the area, and indeed, anyone who wishes to learn more about this pervasive and disabling condition.

#### **Entry requirement**

For more information please contact us on: 1850 25 27 40, 01 4160034 or email <a href="mailto:info@citycolleges.ie">info@citycolleges.ie</a>

#### Selection procedure

Apply online

https://citycolleges.ie/course/addiction-studies-diploma/

#### Qualification

Diploma

#### **Assessment**

pass grade on the written assignment will be required for awarding of the Diploma in Addiction Studies. A fail grade will result in a Certificate of Attendance for the course but without the Diploma being awarded. Students must attend at least 8 of the 10 evenings to graduate with either the Diploma or Certificate of Attendance unless a serious and verifiable reason for further absence is provided. Similarly, the Project must be handed in on the due date unless a sound reason for lateness is provided. In such instances, an extension may be awarded at the discretion of the lecturer.

#### Accreditation

City Colleges and Institute of Commercial Management

# Course background

**Dr. Finian Fallon** holds a Doctorate in Psychotherapy from DCU. In addition to providing a range of counselling services, his past work experience includes providing therapy for clients with PTSD, survivors of childhood abuse and survivors of torture. He has a number of published academic works to his credit, including presenting at the BACP research conference. He is interested in developing research that provides practical clinical benefits, to bring together the science and art of psychotherapy.

### Course start date

10 weeks, one evening per week from 6.30 to 9.30pm. Contact the course provider for upcoming dates.

#### **Course location**

Dublin

# **Application**

Apply online

#### Cost

Course fee: classroom-based €995 (€1,095 in instalments), online course €895 (€995 in instalments). Non-EU students: €1,295. A fee of £76 will be payable to The Institute of Commercial Management on successful completion of this course.

# **DIPLOMA IN INTEGRATIVE SUPERVISION**

#### **Course Provider**

**IICP Education and Training** 

#### **Address**

**Not Active** 

information.

Killinarden Enterprise Park, Killinarden, Tallaght, Dublin 24

This course is no longer active, but might be in the

future contact the Course Administrator for more

#### Web address

http://www.iicp.ie

# Target group

This course will be of interest to professionals who work in an integrative manner. It will be of particular interest to counsellors, psychotherapists, guidance counsellors, psychologists, healthcare professionals, probation officers, social services personnel, managers, and all who supervise the work of others in the helping professions.

# Course aims and objectives

Supervision in some form is viewed as a key component of many professions in the provision of support to practitioners, enhancement of ongoing learning, and, to a greater or lesser degree, it offers some protection to the public. This course is intended for people from a variety of disciplines who are intending, beginning or already practising supervisors. It is designed to enable individuals to extend their understanding and knowledge of supervision, incorporating theoretical input with opportunities for group discussion and experiential exercises.

#### **Course content**

- Definitions and purpose of supervision.
- Models of the supervisory process will be explored including those of Page and Wosket and Hawkins and Shohet.
- Learning styles.
- Consideration of the training development and supervisory needs of supervisors.
- Opportunities to role-play in triads as supervisor, supervisee and observer, using participants' own case work.
- Exploration of transference, counter-transference and the parallel process.
- Reflection on the similarities and differences of supervision in a one-to-one, group or organisational context.
- Consideration of multicultural, ethical and professional issues

# **Entry requirement**

No entry requirements.

Contact Person(s)

01 260 0805 / 086 260 9989

Marcella Finnerty
Course Director

marcella@iicp.ie

# Selection procedure

See the course website for details <a href="https://www.iicp.ie/cpdcourses/supervision/">https://www.iicp.ie/cpdcourses/supervision/</a>

#### Qualification

IICP Professional Diploma in Integrative Supervision This course has meets the supervision accreditation criteria for IACP/IAHIP

#### **Assessment**

Attendance at all training days is necessary to qualify for the award.

#### Accreditation

Institute of Integrative Counselling and Psychotherapy

### Course background

This course has been organised in response to those seeking professional training and qualifications in therapeutic supervision.

#### Course start date

Friday 07 June 2019, 9.00am to 5.00pm. 13 teaching days.

# **Course location**

Killinarden Enterprise Park, Dublin 24

# **Application**

Application form from contacts or online.

#### Cost

€1,950 – Places are limited and allocated on a first come first served basis following interview.

# C09 SUBSTANCE MISUSE AND ADDICTION STUDIES DIPLOMA

**Course Provider** 

University College Cork

**Address** 

UCC, Cork

Web address

http://www.ucc.ie/study/ace/

## **Contact Person(s)**

Gwen Roche

Programme Administrator 021 4904703 gwen.roche@ucc.ie

# Course aims and objectives

This exciting part-time diploma course invites students to engage with one of the most important contemporary issues of societal concern. The course will provide students with an introduction to the knowledge, skills and values required to equip health and social care professionals and volunteers to loosen the grip that substance misuse and addiction has on the health and well-being of individuals, families, communities and the health, social care and criminal justice resources of the state. Students will be provided with an understanding of how history, culture, addiction theory and policy inform and shape societal discourse, service provision and practice. They will receive grounding in the theoretical knowledge, models of addiction treatment, and the practical helping skills and values that underpin ethical practice in the field. Teaching on the Diploma will draw on contributions from a variety of academic and practice disciplines from both UCC and the HSE in the areas of social science, law, public health and epidemiology, to counselling, nursing, psychology and medicine.

#### Course content

Year 1 modules (30 Credits)

- SS1834 Understanding drugs in a social context (5 Credits)
- SS1835 The role of drug and alcohol policy (5 Credits)
- SS1836 Theories of addiction and practical models of intervention (5 Credits)
- SS1837 Diverse client presentations (5 Credits)
- SS1838 Basic intervention skills (5 Credits)
- SS1839 Substance misuse prevention with young people and families (5 Credits)

Year 2 modules (30 Credits)

- SS2828 Facilitating change in one-to-one and group settings (5 Credits)
- SS2829 Introduction to motivational interviewing (5 Credits)
- SS2830 An introduction to working with dual diagnosis (5 Credits)
- SS2831 Relapse management (5 Credits)
- SS2832 Practice placement initial assessment of client need, comprehensive assessment of client need, care-planning and working with other professionals and settings (10 Credits)

## **Target group**

The Diploma in Substance Misuse and Addiction Studies will equip students with the baseline knowledge, skills and values necessary to work or volunteer in an area that can be very rewarding but challenging at the same time. The course will provide an introduction to the knowledge, skills and values required to equip health and social care professionals and volunteers to loosen the grip that substance misuse and addiction has on the health and well-being of individuals, families, communities and the health, social care and criminal justice resources of the state. Students on this programme will gain hands-on experience through agency visits as well as completing a placement in a recognised treatment, rehabilitation or harm reduction setting in Year 2.

### **Entry requirement**

- Be at least 23 years of age by 1 January of the year of application
- Submit a detailed application form prior to the closing date which will request applicants to present a supplemental

statement indicating their reasons for applying for the course, who will support them, and the expected benefits to them personally and to their work or volunteering role

- Applicants will be asked to include any employment or volunteering activities that may be relevant to this course as well as details of any other academic or professional training that they may have undertaken
- Applicants will also be asked to provide the names and details of two persons who are willing to act as Referees.
- Applicants must satisfy Garda Vetting requirements

Applicants who are successfully shortlisted will be invited for Interview.

At interview, each applicant will be invited to: 1) discuss their application form; 2) outline their experience in the area of addiction; 3) demonstrate a level of interest in working or volunteering with those affected by substance misuse; 4) identify the potential application of the learning from the programme; 5) demonstrate their ability to cope with the academic demands of the programme; 6) demonstrate a level of self-awareness, maturity and stability, an ability to cope with emotional demands of the programme and an ability to be open and to reflect on oneself and one's life experiences and communicate that to the interviewers.

Applicants that disclose a personal recovery process are required to be 2-years post-treatment before applying for the programme. English Language Requirement: All applicants whose first language is not English must have attained IELTS Level 6.5 with no minimum individual sections 5.5 or the equivalent TOEFL score.

### Selection procedure

See website for further course details <a href="https://www.ucc.ie/en/ace-dsmas/">https://www.ucc.ie/en/ace-dsmas/</a>

### Qualification

Diploma at NFQ level 6/7

#### Assessment

Students on the Diploma in Substance Misuse and Addiction Studies will engage in a range of diverse and interesting assignments which demonstrate that the expected learning outcomes of various modules have been achieved. There are no end of year examinations on this course. Assignments will consist of written essays, reflective journals/portfolios, presentations, case study role-plays and real-play examples of practice, and group projects. Students will also have the opportunity to visit some relevant addiction treatment settings. In Year 2, students will be Garda vetted and will complete 150 hours of placement in a recognised treatment, rehabilitation or harm reduction setting. Students on placement will be supported and supervised by an experienced practitioner.

#### Accreditation

UCC. Students interested in pursuing professional accreditation with the Addiction Counsellors of Ireland will be required to engage in 50 hours of personal therapy and 100 hours of practice supervised by an accredited practice supervisor during training. This will entail additional costs for those students.

# Course background

The programme is jointly co-ordinated and delivered by UCC and the Health Service Executive (HSE) Cork Kerry Community Healthcare Addiction Services.

#### Course start date

September 2019.

#### **Course location**

UCC Campus.

## **Application**

Closing date - 30 August 2019.

## Cost

€990 per year.

# HIGHER DIPLOMA IN SOCIAL POLICY

#### **Course Provider**

UCD School of Applied Social Science

#### **Address**

University College Dublin, Belfield. Dublin 4

#### Web address

http://www.ucd.ie/appsocsc/

# Contact Person(s) Ms Catherine Baulch

01 716 8419 Catherine.baulch@ucd.ie

# Course aims and objectives

This Higher Diploma is a transition course providing a foundation in social policy for graduates of other disciplines. The course is designed to enable people to have the opportunity to pursue further training and careers in social work or social policy. Successful completion of the programme to good honours standard confers eligibility to apply for programmes such as the MSocSc (Social Work) and the research degree in social policy. There may, in addition, be non-academic entry requirements for these programmes which must also be met. Please consult the school website for more detailed information on entry requirements for particular programmes. The Higher Diploma in Social Policy is not of itself a professional qualification.

#### Course content

This Higher Diploma provides a selection of modules from the BSocSc undergraduate Social Policy programme which students cover in a single year. Students attend classes with Level 1, 2 and 3 undergraduates.

There are a number of core modules which all Higher Diploma students must take, in addition to the optional modules which they choose. Students who wish to apply for the Master of Social Science (Social Work) programme are strongly advised to take optional modules in 'Introduction to social work' and 'Social work in practice'.

Core modules for previous years include the following:

- \* Comparative social policy
- \* Gender and social policy analysis

- \* Family, demography and social policy
- \* Theories and concepts
- \* Contemporary Irish social policy
- \* Exploring contemporary social policy

Optional modules for previous years included the following:

- \* Introduction to social work
- \* Social work in practice
- \* Policy making, implementation and evaluation
- \* Sustainable development, community development
- \* Alcohol and drug policy
- \* Development of social policy
- \* Housing and social cohesion
- \* Crime, social services and the justice system
- \* Economics of social policy
- \* Sexual and reproductive health research

Students will be given full details of the current core modules and optional modules at the beginning of the academic year. Detailed module outlines and booklists for individual modules will be made available by individual lecturers.

### Target group

Graduates wishing to pursue further training and careers in social work and social policy.

### Entry requirement

Applicants to the HDip programme who intend to apply for the MSocSc(Social Work) should note that they will be expected to have a minimum of 420 hours relevant paid or voluntary work experience by the closing date for applications to the Masters programme, in addition to the academic requirements . (Placements do not count towards these but may be drawn upon at interview should you be shortlisted).

Applicants with fewer hours may still be

considered at the discretion of the school.

# Selection procedure

The minimum standard for entry is a NFQ level 8 degree in any subject. However, students are normally expected to have achieved a minimum grade of 2.2 (second class honours, grade 2). If the degree grade is given as a GPA, the standard for entry is the GPA equivalent of a second class honours, grade 2 in the institution which awarded the degree. This may vary between institutions. For degrees awarded by UCD it is a GPA of 2.48. Applicants whose degree was awarded outside Ireland should contact the school office to check the equivalency of their qualifications.

Click for further details

https://sisweb.ucd.ie/usis/!W\_HU\_MENU.P\_PUB LISH?p\_tag=PROG&MAJR=W050

#### Qualification

Higher Diploma in Social Policy (HDipSP)

#### **Assessment**

Submission of written work throughout the year, in addition to examinations.

#### Accreditation

University College Dublin

### Course background

n.a.

#### Course start date

September each year. A full-time course lasting one academic year.

### **Course location**

**UCD** Dublin

#### **Application**

The course will be held only if a sufficient number of suitably qualified candidates apply. Once the course has filled, applicants may be placed on a waiting list or advised to re-apply the following year.

# Cost

EU fee per year - €6475; non-EU fee per year - €12,800. Successful applicants will be required to pay a non-refundable deposit of €500 upon acceptance of a place.

# FOUNDATION DEGREE IN RESPONDING TO ALCOHOL AND DRUG MISUSE

#### **Course Provider**

North West Regional College

#### **Address**

Strand Road, Derry BT48 7AL

#### Web address

http://www.nwrc.ac.uk/

# Contact Person(s)

# Susan McGrory

Course Director
028 71 276519
susan.mcgrory@nwrc.ac.uk

## Course aims and objectives

This academic level 5 course is for those working in a variety of settings supporting individuals who misuse alcohol and/or drugs. The course is taught part time, one day each week during term time, over 3 academic years. There is an exit award possible after 18 months.

The course also aims to help students develop an under-standing of personal, professional, ethical and legal issues that may affect practice and to foster personal and professional development in terms of reflective practice, self-awareness. The diversity of modules is aimed at enhancing the student's depth and breadth of knowledge and skills, enabling him/her to provide effective and evidence-based support.

#### Course content

The modules covered include:

- The impact of substance misuse on health and wellbeing
- Recognition of drug & alcohol use
- Legal and ethical issues in drugs and alcohol
- Screening, assessment and support planning
- Introduction to interventions
- Harm reduction strategies
- Evidence based practice
- Motivational interviewing
- Work based learning
- Hidden harm
- Mental health, drugs & alcohol use

# **Target group**

This academic level 5 (UK) Level 7 (Ireland) course is aimed at staff working in a variety of settings supporting individuals who misuse alcohol and/or drugs, including housing,

homelessness, working with young people and families and other health and social care settings.

The course would also support those who wish to work in this sector, and has placement of 240 hours for those not already employed in a relevant occupation.

# **Entry requirement**

Applicants must satisfy Ulster University's general entry requirements as set out in the Prospectus or demonstrate their ability to undertake the course through the accreditation of prior experiential learning (APEL). See Prospectus entry.

Applicants must normally:

(a) Have attained a Pass in one subject at GCE 'A' Level and Grades A - C in four other subjects at GCSE Level or equivalent or an equivalent standard in an approved professional or other qualification

and

(b) Provide evidence of competence in written and spoken English; (GCSE Grade C or equivalent. Satisfactory ACCESSNI Enhanced Disclosure must be completed at commencement of the course. Please see College website for qualification equivalencies

#### Selection procedure

Interview. See website for more details <a href="http://www.nwrc.ac.uk/part-time-how-to-apply">http://www.nwrc.ac.uk/part-time-how-to-apply</a>

#### Qualification

Foundation Degree in Responding to Alcohol and Drug Misuse (validated by Ulster University)

#### **Assessment**

Assessment is through a variety of methods including; essays, reports, presentations, exams

### **Accreditation**

Validated by Ulster University

# Course background

Students who successfully complete the Foundation Degree may be eligible to apply for entry to the final year of the BSc Hons Health and Wellbeing, or BSc Hons Applied Health Studies programmes at Ulster University

### **Course start date**

September

# **Course location**

North west Regional College, Strand Road Campus, Derry

# **Application**

See college website http://www.nwrc.ac.uk/part-time-how-to-apply/ or email contact person as above for more information

### Cost

See prospectus for up to date fees (£740 for full fee in 2019)

# BACHELOR OF ARTS IN APPLIED ADDICTION STUDIES AND COMMUNITY DEVELOPMENT

#### **Course Provider**

An Cosan

#### **Address**

Kiltalown Village Centre, Jobstown, Tallaght, Dublin 24

#### Web address

http://www.ancosan.ie

## Contact Person(s)

#### Eithne Dunne

Education Co-ordinator 01 462 8488 e.dunne@ancosan.com

# Course aims and objectives

This programme aims to develop an understanding and analysis of theories and practices of addiction studies and community development. It will support the professional development of people who are employed in the field of addiction studies and community development, people who work in the community in a voluntary capacity and people with an interest in addiction studies and community development.

#### Course content

Year 1

Learning to learn at third level Introduction to community development The nature and context of addiction Group work and facilitation skills Social analysis Drug prevention, education and awareness

#### Year 2

Approaches to treatment and rehabilitation Community development and practical approaches

Understanding and managing conflict in a community development context

Reflective practice: knowledge, skills and attitude Social policy

Introduction to counselling and motivational interviewing

#### Year 3

Community development and technology Research methods and practice Project cycle management in the community and voluntary sector Community education and transformational change

Drugs and crime in a global context Community drug work and leadership in practice

# **Target group**

People who are employed in the field of addiction studies and community development; people who work in the community in a voluntary capacity; and people with an interest in addiction studies and community development.

Past students of the two year part time UCD Diploma in Community Drugs Work, or equivalent.

# **Entry requirement**

Applicants should have completed the Leaving Certificate or a Certificate at Level 5 of the National Framework of Qualifications in addiction studies and community development or a related area. Other applicants will be considered on a case-by-case basis in accordance with the Institute of Technology Carlow policy on recognition of prior learning.

#### Selection procedure

Applications are treated on a case-by-case basis. Applicants may be required to attend for an interview. See website

http://www.ancosan.ie/higher-education.php

#### Qualification

Bachelor of Arts in Applied Addiction Studies and Community Development (awarded by the Institute of Technology Carlow).

#### Assessment

A variety of assessment methods such as reflective journals, presentations, research projects and portfolios, written examination and assignments are used on the programme.

#### Accreditation

NFQ Level 7 (180 ECTS)

# Course background

This BA was new in 2012.

# **Course start date**

The programme runs from September to June and operates on a three-year cycle.

# **Course location**

Tallaght, Dublin

# **Application**

For further information or to express your interest in the programme contact Eithne Dunne at An Cosán.

### Cost

€2,000 per year (subject to change). Phased payment options are available.

# B.A. (HONS) IN COUNSELLING & PSYCHOTHERAPY WITH ADDICTION STUDIES

#### **Course Provider**

Irish College of Humanities and Applied Sciences (ICHAS)

#### **Address**

Walton House, Lonsdale Road, National Technology Park, Castletroy, Limerick

#### Web address

http://www.ichas.ie/

# Contact Person(s) Administration offices

061 216 288 info@ichas.ie

# Course aims and objectives

This course has been designed for individuals who wish to become competent professional practitioners in counselling related fields with a specific focus on addiction studies. The syllabus covers a diverse combination of theory and competence development. It centers on areas such as understanding mental health, the theoretical evolution of addiction, substance and non-substance addictions, addiction intervention and recovery approaches.

It is taught using a combination of classroom-based and skill-based learning that allows the learner to avail of blended learning to access classes in person or using on-line facilities to allow for a better work/life/study balance while equipping the learner with the confidence, skills, and competencies to work in the addiction area of Counselling & Psychotherapy. While much of the course can be accessed online, in certain modules, mainly Skills Based, attendance is a mandatory requirement.

#### **Course content**

The course covers a range of subjects which when taken together provide a syllabus designed to develop competent professional practitioners. The subjects covered are designed to be both practical and theoretical. See the <u>course website</u> for list of modules.

Having a student-centered approach that offers mentoring and placement support is a cornerstone of this course. Therefore, during work-based learning, each student will be required to undertake 200 hours of Direct client work under strict Clinical Supervision arrangements.

## **Target group**

The programme is highly interactive and is designed for learners who wish to begin their educational and learning journey in the fields of Counselling and Psychotherapy specifically to work in addiction settings. It is specially designed for those who aspire to develop professional's competence to work with diverse and marginalised groups of people or individuals with complex needs.

# **Entry requirement**

The knowledge, skills, and competence required to successfully participate in and complete the Level 8 Programme are outlined below:

All applicants must be over 18 years of age and are required to undergo Garda Vetting Applicants will be required to have basic IT literacy, skills, and competence For non-native speakers of English, a C score in the Common European Framework of Reference for Languages (CEFRL) or equivalent International English Language Testing System IELTS score of 6.0 is required

See website for information on CAO applicants and mature students.

### Selection procedure

**Apply** 

via

https://ichas.ie/course/b-a-hons-in-counselling-ps ychotherapy-with-addiction-studies/

# Qualification

NFQ Level 8 - B.A. (Hons) in Counselling & Psychotherapy with Addiction Studies

#### Assessment

The modules will be assessed using a range of assessment approaches including continuous assessment, project work, practical exercises and terminal assessments.

#### Accreditation

QQI – Quality and Qualifications Ireland. It is recognised towards requirements for professional accreditation with both the Association for Professional Counselling & Psychotherapy (APCP) and the National Association for Professional Counselling & Psychotherapy (NAPCP) and is awaiting recognition from Addiction Counsellors Ireland (ACI).

# Course background

The B.A. (Hons) in Counselling & Addiction Studies Course is a 1-year add-on programme to our Level 7 programme at ICHAS or equivalent Level 7 qualification in a related field of study. This programme was recently revised and validated by Quality and Qualification Ireland (QQI) in 2015. The course is highly interactive and it has been designed specifically for those who want to study to become competent professional practitioners in counselling and addiction related areas.

#### Course start date

September: 1 Year. (One year add-on programme to BA). This course is offered on a full time or part time basis.

## **Course location**

Available in Limerick & Dublin.

#### **Application**

Please contact our Administration Office on 061 216288, or apply online

#### Cost

€3,825 per annum. The fees for the programme are €3,825 per annum (this includes a 2% PEL levy of €75). In addition, students who opt for monthly instalments will incur an extra annual fee of €100 to avail of this facility. Fees for international students are under review.

# M.A. IN ADDICTION COUNSELLING

#### **Course Provider**

Irish College of Humanities and Applied Sciences (ICHAS)

#### **Address**

Walton House, Lonsdale Road, National Technology Park, Castletroy, Limerick

#### Web address

http://www.ichas.ie/

# Contact Person(s) Administration offices

061 216 288 info@ichas.ie

# Course aims and objectives

This Masters programme in Addiction Counselling is designed for graduates in health and human sciences as well as disciplines such as nursing, social care, social work, psychology and programmes in cognate areas. It is suitable for graduates who wish to expand their knowledge and understanding of the human condition and the contribution of advanced level addiction counselling practice using a variety of approaches that focus on the person's perceptions of his or her present circumstances and assists the person in identifying his or her own answers to problems or obstacles in life.

#### **Course content**

This programme will provide students with both theoretical and practical opportunities for working in addiction counselling within a variety of contexts in the statutory, community and voluntary sector. The programme has been designed to facilitate students who wish to become professionally accredited by Addiction Counsellors Ireland to meet their pre-accreditation criteria.

The opportunities embedded within the programme for the development and demonstration of critical thinking skills and theoretical knowledge transfer should mean that graduates of the MA in Addiction Counselling will be prepared to lead, plan, educate, consult, manage, design, evaluate and advocate effectively in the contexts in which they are working.

Please go to the structure section on the <u>course</u> <u>website</u> for an overview of the content covered in this programme.

### Target group

The M.A in Addiction Counselling is designed for practitioners who hold a Level 8 degree in health or human science areas and who wish to specialise in Addiction Counselling. It is attractive to professionals who, for example, work with diverse and marginalised groups of people with addiction difficulties or are experiencing social exclusion because of the consequences of addiction. The primary focus of this programme is for working with individuals and groups but also at community and policy levels as leaders in their field.

# **Entry requirement**

This programme is designed for graduates in health and human sciences and in particular graduates of Counselling or addiction related programmes as well as, nursing, social care, social work, psychology and programmes in cognate areas who wish to expand their knowledge and understanding of the human condition.

The knowledge, skills and competence required to successfully participate in and complete this Level 9 Programme will normally require applicants to have successfully achieved a Level 2:2 award in a relevant Human Science Level 8 degree.

Please see further information at <a href="https://ichas.ie/course/m-a-in-addiction-counsellin">https://ichas.ie/course/m-a-in-addiction-counsellin</a>

g/#1561038318198-6e904f52-5dc3

### Selection procedure

Apply online via

# https://ichas.ie/course/m-a-in-addiction-counselling/

#### Qualification

NFQ Level 9 - Master of Arts in Addiction Counselling

# **Assessment**

Assessments

#### Accreditation

QQI – Quality and Qualifications Ireland. The programme has been designed to facilitate students who wish to become professionally accredited by Addiction Counsellors Ireland to meet their pre-accreditation criteria.

## Course background

The ICHAS also has a B.A. (Hons) in Counselling & Psychotherapy with Addiction Studies.

#### Course start date

September: Part time over 2 years.

#### **Course location**

Available in Limerick and Dublin campuses.

# **Application**

Please contact our Administration Office on 061 216288, or apply online.

#### Cost

The tuition fees for the programme are €7,200 (this includes a 2% PEL levy of €144). In addition, students who opt for monthly instalments will incur an extra fee of €100 to avail of this facility. All fees are fully protected under our Protection of Enrolled Learners' Policy. Fees for international studients are being updated.

# CERTIFICATE IN FOUNDATIONAL SKILLS & COMPETENCE IN COUNSELLING & PSYCHOTHERAPY

#### **Course Provider**

Irish College of Humanities and Applied Sciences (ICHAS)

#### **Address**

Walton House, Lonsdale Road, National Technology Park, Castletroy, Limerick

#### Web address

http://www.ichas.ie/

# Contact Person(s) Administration offices

061 216 288 info@ichas.ie

# Course aims and objectives

t serves as an excellent introduction to the area of counselling and teaches general counselling skills that will benefit people in both their personal and professional lives. This programme is suitable for those who wish to study both Counselling and Psychotherapy at a foundational level, either to support existing roles or as a point of initial discovery as to whether or not a Major Award might be something that they wish to pursue.

### **Course content**

The overall aims of the Certificate in Foundational Skills & Competence in Counselling & Psychotherapy are to:

- Provide quality assured undergraduate Minor Award in Counselling and Psychotherapy related skills and competence for students who seek to develop foundational level knowledge and competence in counselling related skills
- Commence an educational journey with a view to subsequent study in programmes that would lead to eligibility for professional accreditation.
- Provide a programme that, through interdisciplinary and transdisciplinary engagement, models best evidence-informed skills in the fields of Counselling which is well informed by psychotherapeutic theories.
- Demonstrate heightened awareness of theoretical and applied practices in Counselling related fields.
- Enable students to employ foundational counselling competencies by creating and modelling learning opportunities where learners can participate successfully

- within the context of their own strengths and abilities.
- Provide opportunities to engage in personal reflection to enhance knowledge and greater awareness of the competencies required for professional practice.
- Provide access routes to major awards in Higher Education in counselling related areas.

# **Target group**

The Programme is designed for learners who wish to learn fundamental skills and competencies in counselling & psychotherapy practice. The certificate is an ideal introduction to the world of counselling and psychotherapy, offering participants the opportunity to explore this growing profession in Ireland.

### **Entry requirement**

The knowledge, skills, and competence required to successfully participate in and complete the Programme are outlined below:

- All applicants must be over 18 years of age.
- Applicants will be required to have basic IT literacy, skills, and competence,
- For non-native speakers of English, a C score in the Common European Framework of Reference for Languages (CEFRL) or an equivalent IELTS score of 6.0 is required.

# Selection procedure

See the course website for further details

https://ichas.ie/course/certificate-in-foundational-skills-competence-in-counselling-psychotherapy/#1

### 561038318198-6e904f52-5dc3

### Qualification

Certificate in Foundational Skills & Competence in Counselling & Psychotherapy – QQI Level 6 (20 ECTS)

#### **Assessment**

Assessment

#### Accreditation

**ICHAS** 

# Course background

- Utilises "Blended Learning"
- Benchmarked against European Association of Counselling Training Standards (2015)
- Designed for learners who wish to develop their counselling and psychotherapy skills for both personal and professional development.
- Successful completion of this programme means the participant will have completed 20 ECTS on the National Framework of Qualifications.

# Course start date

September 2021 for 12 weeks

#### **Course location**

Available at Dublin and Limerick campuses.

## **Application**

Please contact our administration office on 061 216288, or apply online.

### Cost

Course fees are €1,250 which is payable in full in advance of course commencement. Payment can be made by PayPal or EFT.

# CERTIFICATE IN SUPPORTING POSITIVE PARENTING

#### **Course Provider**

Irish College of Humanities and Applied Sciences (ICHAS)

#### Address

Walton House, Lonsdale Road, National Technology Park, Castletroy, Limerick

#### Web address

http://www.ichas.ie/

# Contact Person(s) Administration offices

061 216 288 info@ichas.ie

# Course aims and objectives

The programme is designed as an Embedded Minor award within the Principal Programme titled the Bachelors of Arts (Hons) in Counselling & Psychotherapy and is designed for learners who wish to develop knowledge and competence appropriate to enhance parenting competence and knowledge of the impact of trauma in developmental and parenting contexts for both personal and professional development.

#### **Course content**

The programme will be delivered with an emphasis on experiential and inter-communicational modes of learning. It will facilitate graduates with opportunities to develop their knowledge, skills and attitudes of positive parenting to prepare them for working with parents in a range of professional contexts.

The programme will afford learners opportunities to develop knowledge of relevant theoretical and conceptual competencies required for engagement in supporting positive parenting.

#### **Target group**

It is anticipated that the programme will be attractive to learners from a range of disciplines including psychotherapy, social care, nursing, teaching, early childhood education and care, social work or other relevant areas who wish to explore the meaning of trauma and its influence on development and parenting.

## **Entry requirement**

- All applicants must be over 18 years of age.
- Applicants will be required to have a BA Degree in Counselling and Psychotherapy at Level 7.

- Applicants will be required to have basic IT literacy, skills, and competence,
- For non-native speakers of English, a C score in the Common European
   Framework of Reference for Languages
   (CEFRL) or an equivalent IELTS score of 6.0 is required.

# Selection procedure

For more details see the course website at

https://ichas.ie/course/certificate-in-supporting-positive-parenting/

#### Qualification

Certificate in Supporting Positive Parenting – QQI Level 8 (15 ECTS)

#### **Assessment**

See syllablus.

#### Accreditation

**ICHAS** 

### Course background

n.a.

#### Course start date

September 2021

#### Course location

Available at Dublin and Limerick campuses

#### **Application**

Please contact the ICHAS administration office on 061 216288, or apply online.

#### Cost

Course fees are €900 which is payable in full in advance of course commencement. Payment can

be made by PayPal or EFT.

# B.A. (HONS) IN COUNSELLING & PSYCHOTHERAPY WITH YOUTH STUDIES

#### **Course Provider**

Irish College of Humanities and Applied Sciences (ICHAS)

#### **Address**

Walton House, Lonsdale Road, National Technology Park, Castletroy, Limerick

#### Web address

http://www.ichas.ie/

# Contact Person(s) Administration offices

061 216 288 info@ichas.ie

# Course aims and objectives

This new Honours BA programme is an exciting and innovative programme, designed to support students wishing to study towards becoming professional practitioners in Counselling related areas of practice and specifically in Youth based settings. Completion of the programme leads to an academic award at Level 8 on the National Framework of Qualifications awarded by QQI.

Where successful graduates wish to pursue professional accreditation for practice, they must seek such accreditation from the relevant body in accordance with the guidelines of that particular body. The programme will contribute to the requirements for professional accreditation with relevant professional accrediting bodies in the fields of Counselling and Psychotherapy in Ireland. Completion of this programme supports graduates on their journey towards professional accreditation until CORU finalises its Regulatory standards.

#### Course content

The syllabus covers a diverse combination of theory and competence development. It focuses on areas such as understanding mental health and issues directly affecting young people such as education, health, inequality, racism, suicide and addiction. It is taught using a combination of classroom-based and skill-based learning that allows the learner to avail of blended learning to access classes in person or using on-line facilities to allow for a better work/life/study balance while equipping the learner with the confidence, skills and competencies to work in the addiction area of Counselling & Psychotherapy. While much of the course can be accessed online, in certain modules, mainly Skills Based, attendance is a

mandatory requirement.

Having a student-centred approach that offers mentoring and placement support is a cornerstone of this course. Therefore, during work-based learning, each student will be required to undertake 200 hours of direct client work under strict Clinical Supervision arrangements. All students are supported with Personal Development Modules in the early stages of the programme and are required to engage in a minimum of 50 Hours of Personal Psychotherapeutic Experience (or equivalent) across the programme. PPE may commence from the Second Semester of Stage 2 of the programme and will continue until Programme Completion. Further information on Placements is available on the ICHAS website.

#### Target group

This course has been designed for individuals who wish to become competent professional practitioners in counselling related fields with a specific focus on Youth Studies. It focuses on the skills, knowledge and approach necessary to work within the youth context, with emphasis placed on the link between theory and practice.

## **Entry requirement**

A minimum of a 2.2 level 8 degree (or its equivalent) in a related discipline. Applicants with relevant experience will also be considered through APL/RPL. Applicants are also required to complete a short interview. See full list of requirements

at

https://ichas.ie/course/b-a-hons-in-counselling-ps ychotherapy-with-youth-studies/

# Selection procedure

The knowledge, skills, and competence required to successfully participate in and complete the Level 8 Programme are outlined below:

 All applicants must be over 18 years of age and are required to undergo Garda Vetting

- Applicants will be required to have basic IT literacy, skills, and competence
- For non-native speakers of English, a C score in the Common European Framework of Reference for Languages (CEFR) or equivalent International English Language Testing System IELTS score of 6.0 is required.

For more information visit the course website at <a href="http://ichas.ie/courses/m-counselling-psychothera">http://ichas.ie/courses/m-counselling-psychothera</a> py/

#### Qualification

NFQ Level 8 – B.A. (Hons) in Counselling & Psychotherapy with Youth Studies

#### **Assessment**

Assessment

#### Accreditation

QQI - Quality and Qualifications Ireland

## Course background

The ICHAS also provides an M.A. in Adolescent Studies and M.A. in Childhood Studies

#### Course start date

September.

#### **Course location**

Available at Dublin and Limerick campuses. For information on blended learning see the course website.

### **Application**

Please contact our Administration Office on 061 216288, or apply online.

#### Cost

The fees for the programme are €3,825 per annum (this includes a 2% PEL levy of €75). In addition, students who opt for monthly instalments will incur an extra annual fee of €100 to avail of this facility. All fees are fully protected

under our Protection of Enrolled Learners' Policy. Fees for international students are under review.

# M.A. IN COUNSELLING & PSYCHOTHERAPY (COGNITIVE BEHAVIOURAL MODALITIES)

#### **Course Provider**

Irish College of Humanities and Applied Sciences (ICHAS)

#### Address

Walton House, Lonsdale Road, National Technology Park, Castletroy, Limerick

#### Web address

http://www.ichas.ie/

# Contact Person(s) Administration offices

061 216 288 info@ichas.ie

# Course aims and objectives

This Masters programme in Counselling and Psychotherapy (Cognitive Behavioural Modalities) is designed for graduates in health and human sciences and in particular graduates of Counselling and psychotherapy related programmes as well as disciplines such as, nursing, social care, social work, psychology and programmes in cognate areas who wish to expand their knowledge and understanding of the human condition and the contribution of advanced level counselling and psychotherapy practices incorporating CBT approaches.

#### **Course content**

This programme will provide students with both theoretical and practical opportunities for working in addiction counselling within a variety of contexts in the statutory, community and voluntary sector. The programme has been designed to facilitate students who wish to become professionally accredited by Addiction Counsellors Ireland to meet their pre-accreditation criteria.

The opportunities embedded within the programme for the development and demonstration of critical thinking skills and theoretical knowledge transfer should mean that graduates of the MA in Addiction Counselling will be prepared to lead, plan, educate, consult, manage, design, evaluate and advocate effectively in the contexts in which they are working.

Please go to the structure section on the <u>course</u> <u>website</u> for an overview of the content covered in this programme.

### Target group

This programme is for people who have a desire to be leaders and agents for change; recognising the special contribution of professional counsellors and psychotherapists using a range of scientifically established paradigms and approaches can make to individuals, their families and communities in supporting individual recovery, wellbeing and also at policy and preventative levels in terms of public health models, thus enriching the lives of individuals and communities.

#### **Entry requirement**

This programme is designed for graduates in health and human sciences and in particular graduates of Counselling related programmes as well as, nursing, social care, social work, psychology and programmes in cognate areas who wish to expand their knowledge and understanding of the human condition. The knowledge, skills and competence required to successfully participate in and complete this Level 9 Programme will normally require applicants to have successfully achieved a Level 2:2 award in a relevant Human Science Level 8 degree.

See full list of requirements

https://ichas.ie/course/m-a-in-counselling-psychotherapy-cognitive-behavioural-modalities/

## Selection procedure

By application and interview.

#### Qualification

NFQ Level 9 - M.A. in Counselling & Psychotherapy (Cognitive Behavioural Modalities)

#### **Assessment**

Assessment.

#### Accreditation

QQI – Quality and Qualifications Ireland. This programme facilitates graduates of programmes in cognate areas who wish to study towards and meet professional Counselling and Psychotherapy Accreditation requirements of the EAP in relation to Psychotherapy accreditation.

## Course background

The ICHAS also provide related courses - M.A. in Counselling & Psychotherapy (Psychodynamic Modalities); M.A. in Counselling & Psychotherapy (Integrative Modalities); M.A. in Counselling & Psychotherapy (Person Centred Modalities) and M.A. in Counselling & Psychotherapy (Family Therapy)

#### Course start date

September. Part time over 2 Years

#### **Course location**

Available at Dublin and Limerick campuses

# **Application**

Please contact our administration office on 061 216288, or apply online.

#### Cost

The tuition fees for the programme are €7,200 (this includes a 2% PEL levy of €144). In addition, students who opt for monthly instalments will incur an extra fee of €100 to avail of this facility. Fees for international studies are under review.

# **MSc ADDICTION RECOVERY**

#### **Course Provider**

School of Medicine, Trinity College Dublin

#### **Address**

College Green Dublin 2, Ireland

#### Web address

https://www.tcd.ie/medicine

## Contact Person(s)

Joe Barry

Course Director 01 8961087 joebarry@tcd.ie

# Course aims and objectives

- 1. To bring the core theory of Addiction Recovery (AR) to health and social care students and to support the application of the AR model in the health and social care domains of practice.
- 2. To critically appraise and analyse the factors impeding implementation of an Addiction Recovery model in a variety of settings.
- 3. To foster multi-disciplinary learning in an academic setting where the multi-disciplinary and multi-organisational backgrounds of the students will be developed as a source of learning.

#### **Course content**

The course comprises 90 ECTS credits in total. There are 12 taught modules, which might be altered depending on the staff availability: Current and historical approaches to the theory and treatment of addiction, Basic concepts and policy in recovery: Research methodology 1, Research methodology 2, Substance addiction psychopharmacology, Neurobiology of addiction, Social policies and social context of addiction recovery, Theory, Techniques and interventions, Clinical application of evidenced based intervention, Mental health and supervised clinical application 1, Mental health and supervised clinical application 2 (emphasis on adolescent populations), and Implementation strategies. There is also a dissertation module.

Visit the course website

# **Target group**

The MSc is designed for addiction recovery practitioners working across the addiction and support services.

# **Entry requirement**

This course will be of interest to those who have responsibility for delivery and implementation of Addiction Services. The aim of this interdisciplinary course is to provide high-quality training for health and social care practitioners in the theoretical and practical aspects of Addiction Recovery. The Masters in Science in Addiction Recovery will have a strong component of action learning in the workplace. The course will also provide students with an opportunity to critically explore and evaluate emerging field of Addiction Recovery. Graduates of this course will be expected to promote and develop excellence in Addiction Recovery.

The entry requirement for the course is at graduate level. Prospective students will be graduates in a health or social care-related discipline with at least 3 years' professional experience.

Other applications may be considered in exceptional circumstances based on workplace experience. In the case of applicants with no professional experience, a submission may be considered by the course committee where the student can secure placement for the duration of the course and the course committee are satisfied that the student will adequately benefit from completing the course. Applications for admission to the course will be made online. Short-listed applicants may be interviewed.

## Selection procedure

The closing date for applications for entry to the course will be the end of June of the year of admission; however, late applications will be considered in the event of places not being filled. See <u>course website</u> for more course details.

# Qualification

MSc

#### **Assessment**

As per curriculum

#### Accreditation

**TCD** 

# Course background

The course is offered by the Department of Public Health & Primary Care at the School of Medicine, Trinity College Dublin with a range of teaching from leading experts from across Trinity College as well as leading clinicians the Health Service Executive. The course is a fusion between Public Health, Psychiatry, Psychology and Neuroscience. It is the first course of its kind in Ireland.

#### Course start date

September. The course runs one-year full-time. Course attendance comprises three-day blocks each month (Tuesday to Thursday) to facilitate work release. Each course attendance day consists of six hours of lecture sessions, workshops or tutorials.

#### **Course location**

Trinity College Dublin

### **Application**

Applications for this course should be made online. For more information contact Dr. Jo-Hanna Ivers jivers@tcd.ie or Professor Joe Barry joebarry@tcd.ie

#### Cost

Contact course providers.

# **MASTER OF ARTS (TAUGHT) IN ADDICTION STUDIES**

#### **Course Provider**

**DBS School of Arts** 

#### **Address**

Dublin Business School, 13/14 Aungier Street, Dublin 2

#### Web address

http://www.dbs.ie

# Contact Person(s) Administrator

01 417 7500 admissions@dbs.ie

# Course aims and objectives

#### Aims:

- To formally explore addictions from a variety of academic and scientific perspectives; including social, cultural, psychological, anthropological, and psychoanalytic perspectives
- To evaluate how these perspectives interact and how they differ from each other
- To critically inform policy making in relation to addictions, as well as the management of addiction services and the treatment of addictions

#### **Course content**

#### Semester 1:

- Basic concepts in psychoanalysis
- Approaches to the theory & treatment of addiction
- Transference issues in addiction treatment
- Research methodology 1

#### Semester 2:

- Cultural issues in the study of addiction
- Social policies & social context of addiction
- Research methodology 2
- Integrative tutorials
- Clinical visits

#### Semester 3:

- Clinical visits
- Research project

# **Target group**

This programme is designed for students with a background in psychology, psychoanalysis, anthropology, sociology, or a cognate discipline who wish to acquire a postgraduate qualification in the area of Addiction. It is also very suitable for applicants with a clinical training in health or social care who wish to apply a knowledge of the theory and approaches to addiction to their

clinical work. In addition, the course provides an exciting and thought-provoking foundation for students who may wish to subsequently pursue training in the counselling or psychotherapy of addiction.

The full-time day programme is one year in duration & contains three twelve week semesters. The course has four key components:

- An academic programme of lectures
- A weekly seminar with emphasis on research
- Clinical visits to addiction treatment centres
- A period of research for an extended thesis

# **Entry requirement**

To be considered for admission, applicants must:

- Hold a minimum Second Class Honours (2:2) Degree in any humanities or social science discipline from a recognised third level institution, or equivalent qualification.
- Be a graduate of any non-cognate discipline & hold a qualification in a conversion style programme such as a Postgraduate Higher Diploma in Psychoanalytic Studies, or
- Have an equivalent professional qualification.

In addition, applicants whose first language is not English must:

 Hold an IELTS socre of a minimum 6.0 or equivalent

### Selection procedure

For more information about the course, see the course website at

http://www.dbs.ie/Addiction-Studies-MA.htm

## Qualification

Master of Arts

#### **Assessment**

Assessment is by examination, project and presentation work and continuous assessment

#### **Accreditation**

**HETAC Level 9** 

# Course background

This course was first offered in 1999 and is repeated annually.

### **Course start date**

Full time, for 26 weeks, from October to May; clinical visits and thesis work continuing until August. Also offered part-time over 2 years.

# **Course location**

Dublin Business School, Dublin

# **Application**

For further information please contact the Admissions Office on 01 4177500 or visit our website www.dbs.ie

### Cost

The course fees for the next academic year are €8,700 for one year, and €4,350 for two years for EU students.

# MASTERS IN CHILD & ADOLESCENT COUNSELLING & PSYCHOTHERAPY

#### **Course Provider**

PCI College

#### **Address**

Corrig House, Old Naas Road, Clondalkin, Dublin 22

#### Web address

http://www.pcicollege.ie

#### Contact Person(s)

### Kelley Farrell

Enquiries 01 464 2268 info@pcicollege.ie

# Course aims and objectives

This course is designed for students who wish to gain specialist training and a Level 9 Masters qualification in counselling & psychotherapy for teenagers and children under 18.

It will provide you with the theoretical background and practical skills to work with children and adolescents in a therapeutic setting, with particular emphasis on working through creative approaches.

This course is pending validation by Middlesex University

#### **Course content**

Exploring creative media such as art, sandplay, therapeutic storytelling, drama, music and other approaches, this course places significant emphasis on experiential learning and the acquisition of key skills for work with young clients. It draws on established and current theory in counselling and psychotherapy, up to date approaches in child and adolescent mental health, lifespan development, family systems and trauma.

Students will also engage in clinical placement work of 100 hours over the duration of the course to put into practice the skills and knowledge gained in the programme. Individual clinical supervision will be required and personal therapy is required for students.

# **Target group**

The course is suitable for counsellors/psychotherapists, social workers, guidance counsellors, psychologists, youth workers, teachers and other related disciplines that work therapeutically with those under 18.

# Entry requirement

Year One: Students entering the MA course must hold a relevant honours degree (Level 8 or equivalent; Final grade 2.2 or above). Students who do not meet this criteria may be eligible to enter the course on the basis of prior learning and experience in the area.

Year Two: Students who hold a Postgraduate Certificate in Child and Adolescent Counselling & Psychotherapy (PCI College or equivalent) may apply for entry to Year 2 of the course. Students entering the course at Year 2 must hold a relevant honours degree (Level 8 or equivalent; Final grade 2.2 or above). Students who do not meet this criteria may be eligible to enter the course on the basis of prior learning and experience in the area.

# Selection procedure

For further course information visit www.pcicollege.ie/counselling-courses/child-adol escent-counselling-psychotherapy

#### Qualification

Middlesex University MA in Child and Adolescent Counselling & Psychotherapy (pending validation)

#### **Assessment**

Written and practical assignments

#### Accreditation

Middlesex University

### Course background

This course has been run for a number of years.

#### Course start date

5th October 2019 (Dublin West) & 12th October 2019 (Limerick) Two years, part-time.

### **Course location**

Clondalkin, Dublin and Limerick.

# **Application**

Entry is by application form and interview. Please contact Lynn or Declan at 01-4642268 or enquiries@pcicollege.ie with any queries and to add your name to the waiting list. Application Deadline: 26th August 2019.

# Cost

Year 1: €3,670 + Middlesex University Registration Fee €1,200, Year 2: €4,250

# **MSC ADDICTION COUNSELLING & PSYCHOTHERAPY**

#### **Course Provider**

PCI College

#### **Address**

Corrig House, Old Naas Road, Clondalkin, Dublin 22

#### Web address

http://www.pcicollege.ie

# **Contact Person(s)**

Kelley Farrell

Enquiries 01 464 2268 info@pcicollege.ie

# Course aims and objectives

There is a growing awareness of the widespread harm caused by addiction to individuals, families and society at large and an evolving shift of reliance from a medically based model of treatment to engaging in Talking Therapies. In an experiential and participative environment, this course offers students the opportunity to acquire key skills and theoretical knowledge to effectively engage with the addiction recovery process.

#### **Course content**

Each module is 30 hours duration

Year 1 modules: 60 credits (equivalent to 30 ECTS credits)

- Theories of addictive behaviour: history & current situation
- Generic & specific therapy skills for addiction
- Drugs of abuse: biological, psychological & social aspects
- The motivational interviewing approach

Year 2 modules: 60 credits (equivalent to 30 ECTS credits)

- Behavioural addictions: gambling, sex etc.
- The CBT approach to working with addiction
- The family dimension in addiction
- Dual diagnosis: common mental health problems in addiction

MSc component: 60 credits (equivalent to 30 ECTS credits)

• Case study & dissertation

Additional course requirements:

- 100 hours clinical placement / client work\*
- 20 sessions with a qualified supervisor to review client work
- 20 hours personal therapy 10 of these hours must be completed before commencing client work.

# **Target group**

This course is intended for Professionals currently or considering working within addiction services in professions including

Counsellors/Psychotherapists, doctors, nurses, youth workers, social carers, social workers, psychologists etc. who wish to solidify and enhance their qualifications and to gain contemporary theoretical knowledge and practical skills to work therapeutically with those affected by addiction.

### **Entry requirement**

Applicants are required to hold a relevant honours degree (Level 7 NFQ or equivalent; Final grade 2.2 or above).

Applicants who do not meet these criteria may be eligible to enter the course on the basis of prior learning and experience in the area. Students applying on the basis of prior learning must provide evidence of their knowledge, skill and ability to pursue this programme of study. This should be in the form of a career portfolio outlining and demonstrating your career path as is relevant to this course (including transcripts of

any relevant results, statements of prior learning based on systematic reflection) and be must be submitted with your application.

Applicants should ideally have access to opportunities for client work in their current role and be able to apply theoretical principles and practice in their current workplace.

# Selection procedure

There are a limited number of places available (18). Selection is based on application and interview. Please see course website for selection procedure

http://www.pcicollege.ie/postgraduate-addiction-counselling

### Qualification

MSc Addiction Counselling & Psychotherapy

#### **Assessment**

Written and practical assignments.

#### Accreditation

Validated by Middlesex University

# Course background

PCI runs a number of courses.

### **Course start date**

11 October 2019.

#### **Course location**

Clondalkin, Dublin

# **Application**

Application form available by email or on website, details above.

#### Cost

Year 1: €3,670\* + Middlesex University Registration Fee €1,200\*\* (€3,150 for PCI College Graduates + MU Registration Fee €1,200\*\*). Year 2: €4,250

# MA IN ADVANCED FACILITATION SKILLS FOR PROMOTING HEALTH AND WELL BEING

#### **Course Provider**

Waterford Institute of Technology

#### **Address**

Department of Health, Sport and Exercise Science, School of Health Sciences, WIT, Cork Road, Waterford

#### Web address

http://www.wit.ie

#### **Contact Person(s)**

# Course aims and objectives

The Master of Arts in Advanced Facilitation Skills for Promoting Health and Well Being is an innovative practice orientated programme, the only one of its kind nationally. It is designed to enhance personal growth and development to advance knowledge, skills, attitudes and competencies required for effective facilitation for promoting health and well-being with groups, individuals and key populations.

#### **Course content**

The MA in Advanced Facilitation Skills for Promoting Health and Well Being has a strong focus on personal development and the acquisition of facilitation skills to an advanced level both in practice and within a wider theoretical perspective. Experiential learning is the methodology used throughout the course which supports students to develop their skills through the medium of the group process [max 16], reflective practice, practical experience and research. A student who accumulates 60 credits in Semesters 1 and 2 and who does not wish to complete the MA may, at the discretion of the programme board, be awarded a Postgraduate Diploma in Advanced Facilitation Skills for Promoting Health and Well Being.

### **Target group**

This programme is for all people whose core work involves communication with others; it is an invaluable asset to many professionals such as Community, Social and Youth Workers, Teachers, Health Professionals, those in positions of management and those working with marginalised groups. The programme provides an opportunity for individuals to acquire the knowledge and skill set to support them to deliver

on the priorities identified in 'Healthy Ireland' which is the national framework for action to improve the health and wellbeing of the people of Ireland.

# **Entry requirement**

- Applicants should hold a qualification at NFQ Level 8 Honours (2.2) degree or equivalent.
- Applicants who do not hold the standard qualifying NFQ Level 8 Qualification criteria, but have relevant work experience and study may be considered for admission to the programme under the Institute's Recognition of Prior Learning (RPL) process and subject to an interview.
- Normally applicants are subject to a pre-entry interview in order to be considered for a place on the programme.
- Applicants whose primary language is not English must submit evidence of competency in English. Please see our website for more details www.wit.ie/englishrequirements

### Selection procedure

Applications for this programme are made online by going to www.pac.ie (code WD591). Course website

#### Qualification

MA In Advanced Facilitation Skills for Promoting Health and Well Being

#### **Assessment**

As per course requirements

#### Accreditation

Waterford IT

# Course background

This Masters was formerly known as the MA in Social Personal and Health Education and has been reconfigured.

#### Course start date

January 2020

### **Course location**

Waterford and Dublin

# **Application**

Applications for this programme are made online Admissions queries contact Graduate Admissions T: +353 (0)51 302670 E: pgadmissions@wit.ie

### Cost

For information on fees please visit the website at www.wit.ie/pgfees Please note there is a nominal fee of approximately €115 for residential weekends paid directly to the venue for food and board. In the final semester there are one to one meetings which can be negotiated between the student and staff member.

# MASTER OF SCIENCE / POSTGRADUATE DIPLOMA IN THERAPEUTIC INTERVENTIONS FOR ALCOHOL & OTHER DRUGS

#### **Course Provider**

Letterkenny IT and Alcohol Forum

#### **Address**

Letterkenny Institute of Technology, Port Road, Letterkenny, Donegal

#### Web address

https://www.lyit.ie

#### Contact Person(s)

#### Louise McBride

Head of Department of Nursing and Health Studies 074 9186303

Louise.McBride@lyit.ie or Sheila.Giblin@lyit.ie

# Course aims and objectives

The aim of the programme is to enable students to effectively deal with drugs and alcohol issues and to utilise recovery methods, using the best evidence and interventions by extending theoretical knowledge and practical skills, to alleviate these issues.

#### **Course content**

This programme will commence with an introductory module, Theoretical Foundations in Alcohol and Other Drugs, to ensure that all students, regardless of professional or academic background, have a basic understanding of the core concepts that underpin clinical, evidenced based and public health aspects of, alcohol and other specialist areas of drug and alcohol which results in harm to the individual, family and community. It will provide an opportunity for graduates to enhance their knowledge base, employment and career prospects with the inclusion of work based assessments to enhance their skills sets in a wide ranging Alcohol and Drug related service provision by embedding evidence informed practice in local organisations.

- · Advanced research methods
- Theoretical foundations in alcohol & other drugs
- Alcohol and other drug use: interventions practice & skills 1
- Children and families: hidden harm
- Alcohol, drugs and mental health: recovery approaches
- Alcohol and other drugs use: interventions practice & skills 2
- Research dissertation

# **Target group**

The programme will take cognisance that student learners will come from a variety of practice /professional backgrounds. This programme of study in Alcohol and Other Drugs has been designed to provide postgraduate education focusing on recent advances in the conceptualisation of substance use and addiction, and its effective prevention and treatment. Students will focus on theoretical advances and evidenced informed skills that will be contextualised within National policy, strategy, intervention and treatment. Emphasis will be placed upon facilitating the transfer of knowledge and skills to the workplace or students own professional development and career goals.

# **Entry requirement**

The minimum entry requirements are a Level 8 Honours Degree in a relevant discipline such as Health and Social Care, Nursing, Social Work, Youth Work, Psychology, medicine etc. Applicants may be required to undertake an interview. Applicants who do not hold the above entry requirements may be considered using the LYIT RPL process.

#### Selection procedure

For more details about the course see the website

https://www.lyit.ie/full-timecourses/nursinghealthst udies/lyntiadm/

#### Qualification

Master of Science or Postgraduate Diploma in Therapeutic Interventions for Alcohol & Other Drugs

#### Assessment

Assessment of work and research dissertation

### **Accreditation**

LYIT, under Delegated Authority from QQI

# Course background

This course began in 2017.

# **Course start date**

September. PG - 1.5 year part-time; MSc - 2 years part-time

# **Course location**

Letterkenny IT

# **Application**

Download the application form from the course website

#### Cost

The programme commences in September and the fee for the Master of Science is currently €5,000. The fee for Non-EU students is €10,000. Tax relief is available on fees paid – up to €5,000 at the standard rate.

# **CHILDREN & FAMILIES HIDDEN HARM**

#### **Course Provider**

Letterkenny IT and Alcohol Forum

#### **Address**

Letterkenny Institute of Technology, Port Road, Letterkenny, Donegal

#### Web address

https://www.lyit.ie

# Contact Person(s)

#### Louise McBride

Head of Department of Nursing and Health Studies 074 9186303

Louise.McBride@lyit.ie or Sheila.Giblin@lyit.ie

# Course aims and objectives

This module combines theory, practical application and practice based theory from local, national & International guest speakers/lecturers. It is a response to the current impetus within Community, Education, justice, Health, Social Work and Social Care sectors to enable them to work confidently with young people and their families whose lives are challenged by someone's alcohol or other drug use.

#### Course content

One semester block delivery. The course combines theory and practical application. Delivered by tutors from the Master of Science in Therapeutic Interventions for Alcohol and other Drugs.

#### **Target group**

Minimum requirement: Level 8 (Hons) Degree in a relevant discipline and preferably working directly or indirectly with individuals, families and children within the Community, Education, Justice, Health and Social Work and Social Care sector

### **Entry requirement**

For more details see the Letterkenny IT website page:

https://www.lyit.ie/CourseDetails/D203/LL NCFH H C/Children&FamiliesHiddenHarm

#### Selection procedure

Contact the college.

#### Qualification

Level 9 Certificate

#### **Assessment**

As per curriculum.

#### Accreditation

10 credit module.

## Course background

Follow up programmes elsewhere include: Master of Science in Therapeutic Interventions for Alcohol and other Drugs at LYIT

#### Course start date

Spring 2021

#### **Course location**

Letterkenny IT

# **Application**

See LYIT website. For further information contact Department Administration: +353 (0)74 9186310 / +353(0)74 9186308.

#### Cost

EU Fees: €550..00

# POSTGRADUATE RESEARCH IN DRUG AND ALCOHOL MISUSE

#### **Course Provider**

Waterford Institute of Technology

#### **Address**

Department of Health, Sport and Exercise Science, School of Health Sciences, WIT, Cork Road, Waterford

#### Web address

http://www.wit.ie

# Contact Person(s)

Niamh Murphy

Lecturer 051 302 000 nmurphy@wit.ie

# Course aims and objectives

Postgraduate research in the substance misuse field

#### **Course content**

Course involves submission of thesis and completion of WIT postgraduate training courses

# **Target group**

Those actively involved in the substance misuse field

# **Entry requirement**

2.2 Honours Degree

# Selection procedure

Subject to approval by head of department and review group.

For more information on research in WIT see the website

https://www.wit.ie/research/institutes\_and\_centre s/centre for health behaviour research

# Qualification

Masters

#### Assessment

WIT/HETAC & External examiner

#### Accreditation

WIT/HETAC

# Course background

Postgraduate qualification by research

# **Course start date**

September or January

#### Course location

Supervised at WIT

## **Application**

Directly to WIT admissions office

#### Cost

Standard postgraduate fees apply

## **C27**

## **MASTER OF PUBLIC POLICY**

#### **Course Provider**

UCD College of Human Sciences Graduate School

#### **Address**

UCD, Belfield, Dublin 4

#### Web address

http://www.ucd.ie/humansciences/graduateschool/

## Contact Person(s) Administrator

01 716 8643 mpp@ucd.ie

## Course aims and objectives

The Master of Public Policy is a 90-credit programme. When starting the course, students will choose one of eight streams. Students must take four core modules (10 credits each), one dissertation design module (5 credits/half term), and 2-4 option modules (20 credits in total). Students also submit a thesis worth 25 credits that will be written during the summer term.

Optional specialist streams which enable you to examine the policy fields which interest you in-depth include the *Community Drugs and Health Policy* Stream.

#### **Course content**

You will develop an understanding of the political, ethical, social and economic factors which influence policy-making along with the challenges associated with effective policy implementation and regulation. You will also learn to systematically analyse public policies, and acquire skills in policy research and evaluation. In addition, you will have the opportunity to examine a number of policy fields in depth.

## **Target group**

This programme is suitable for graduates who plan to pursue a career in the public or non-profit sectors, policy analysis or consulting and for those already working in these sectors, who want to develop their policy analysis, research and evaluation skills.

## **Entry requirement**

Each application is considered on its individual merits. The applicants should have earned an undergraduate degree in a relevant subject such as political science, international relations, social science, sociology, geography, economics, global studies, public policy, EU studies, law/international law etc. with at least Upper Second Class Honours, or its equivalent (an overall GPA of 3.0 (B) or higher in the American system). Relevant professional experience will also be taken into account.

Note that meet the requirements do not guarantee admission. Applicants in their final year of undergraduate study may be admitted conditional on satisfactory completion of their undergraduate degree.

## Selection procedure

Visit

http://www.ucd.ie/socscilaw/publicpolicy/masterof publicpolicy/

#### Qualification

Master in Public Policy

## Assessment

Over the summer, students complete a thesis of approximately 10,000 words.

#### Accreditation

UCD

## Course background

For details

visit:

http://www.ucd.ie/socscilaw/publicpolicy/masterof publicpolicy/

There is an opportunity to undertake the MA (Public Policy and Management) at the City University of Hong Kong subsequent to MA-Public Policy completion. There is an option of the <u>Graduate Diploma in Public Policy</u> without a dissertation.

There is a possiblity of progressing to the PhD in Public Policy or the Graduate Diploma in Public

Policy.

## **Course start date**

September to April each year.

## **Course location**

Belfield, Dublin 4

## **Application**

Visit the website or contact UCD. There is no particular deadline for submission of applications.

## Cost

Full time (one year): EU Fee €6,240.00; Non- EU fee €17,500.00. Part time (two years):EU Fee €4,060.00 per year; Non- EU fee €8,700.00 per year (subject to change)

# C28 CERTIFICATE IN HOMELESS PREVENTION AND INTERVENTION

#### **Course Provider**

Dublin Region Homeless Executive / Dublin City University

#### **Address**

Block 1, Floor 2, Dublin City Council, Civic Offices, Fishamble Street, Christchurch, Dublin 8

#### Web address

https://www.homelessdublin.ie/our-work/training

## Contact Person(s) Training co-ordinator

01 2226863 drhetraining@dublincity.ie

## Course aims and objectives

If you currently work with people experiencing or at risk of homelessness, this course will help you develop your skills in the assessment and prevention of homelessness, and of support interventions in this area. This Certificate will help you enhance your existing attributes and skills so that you can make a greater impact on a critical issue our communities. You'll examine issues of homelessness in society and the personal contexts and complex needs of people and families experiencing homelessness.

#### **Course content**

This course involves the study of homelessness in society and the personal contexts and complex needs of people and families experiencing homelessness. The programme aims to help practitioners in homeless related services to develop knowledge and skills in the prevention of homelessness and in the use of effective, supportive interventions with people encountering homelessness.

Module 1: NS459 Assessment and support planning: process and practice Module 2: NS460 Socio-economic needs of people experiencing homelessness Module 3: NS461 Health, illness, addiction and homelessness

Visit the course website for more information

https://www.dcu.ie/courses/undergraduate/snhs/homeless-prevention-and-intervention.shtml

## **Target group**

This course may suit you if your current role involves working with people experiencing / at risk of homelessness and if you wish to develop your skills in assessment and support interventions in this area. You should have educational attainment at Leaving Cert level or equivalent and be in a position to engage in online learning (i.e. have access to and ability to use basic computer programmes).

## **Entry requirement**

Sectoral line manager/organisation nominates a potential candidate.

#### Selection procedure

The application process is as follows:

 Download application form via the Dublin City University

website

https://www.dcu.ie/courses/undergraduate/snhs/homeless-prevention-and-intervention.shtml

- 2. Complete application in full
- 3. Print, sign and date the form and post, along with a passport photograph to: Admissions, Registry, DCU, Collins Avenue, Dublin 9.

The Dublin Region Homeless Executive (DRHE) provides annual training options for statutory and state funded homeless services. Funding support towards programme fees is provided by the DRHE for successful applicants who work with DRHE funded organisations/services. See <a href="https://www.homelessdublin.ie/our-work/training">https://www.homelessdublin.ie/our-work/training</a>

## Qualification

Certificate in Homeless Prevention and Intervention

#### **Assessment**

Contact provider for more information

#### Accreditation

**Dublin City University** 

## Course background

The three existing key workers/case managers modules, which to date were classified as 'stand alone' modules have now been formally approved by Dublin City University as a Certificate Programme.

## Course start date

Annually in September. The Certificate consists of three modules delivered part-time over 18 months. It involves two-day blocks every four to five weeks during semester.

#### **Course location**

Dublin

## **Application**

All applications must be made directly to DCU. The application form is available online.

## Cost

The cost of the certificate programme per student is €2,037 in total and is inclusive of a €37 university application fee (subject to change)

## **C29**

## **BA (HONOURS) IN COUNSELLING WITH ADDICTION**

#### **Course Provider**

Cuan Mhuire and IT Tralee

#### **Address**

Tralee, Co Kerry

#### Web address

http://www.ittralee.ie/en/

## Contact Person(s) Admissions Officer

066 7145638 admissions@ittralee.ie

## Course aims and objectives

This four year course is a collaborative programme between the Insitute of Technology Tralee and Cuan Mhuire/Galilee House of Studies.

The purpose of this programme is to provide systematic training in counselling theory and practice at a level that prepares participants to counsel in a variety of settings and to use various counselling approaches.

#### **Course content**

The programme will be delivered by a team of experienced practising addiction counsellors and third level academic staff in Galilee House of Studies, Athy, Co. Kildare (Year 1 and Year 2) and the Institute of Technology Tralee, Co. Kerry (Year 3), with practice placement undertaken in Cuan Mhuire's residential centres or other relevant clinical sites across Ireland (Year 4).

#### Target group

Those interested in counselling.

## **Entry requirement**

Applicants must: Be over 23 years of age on the 1st of January on the year of entry. AND Hold a Leaving Certificate or equivalent with a minimum of 2 x H5 and 4 x 06/H7. OR • Hold a full QQI (level 5) award with a minimum of 3 distinctions. OR • Have completed a recognition of prior learning (RPL) process with the college (applicants, who hold other qualifications and/or experience, may be considered for a place on this undergraduate programme).

## Selection procedure

Visit course website or <a href="http://www.ittralee.ie/en/">http://www.ittralee.ie/en/</a>

#### Qualification

Ba (Honours) in Counselling with Addiction

#### Assessment

See course description.

#### Accreditation

NFQ level 8. Graduates will also be accredited with the Irish Association for Counselling and Psychotherapy (IACP), Addiction Counsellors of Ireland (ACI) and the National Association of Pastrol Counselling and Psychotherapy (NAPCP).

## Course background

Cuan Mhuire is Ireland's largest multi-site provider of residential detoxification and treatment for those suffering from addiction. Galilee House of Studies is an established provider of a higher education undergraduate diploma programme in counselling located in Athy, Co. Kildare.

#### Course start date

September

#### Course location

Athy Co Kildare and Tralee, Co Kerry

## **Application**

Apply to IT Tralee.

#### Cost

Tuition fees are covered by the Free Fees Initiative, see www.studentfi nance.ie. • Students who are eligible for the free fees scheme are required to pay a student contribution charge of €3,000 (2016/17). • Students will be required to pay for additional personal supervision and counselling fees during the programme.

## C30

# BA (HONOURS) IN COUNSELLING WITH ADDICTION. ONE YEAR ADD-ON

#### **Course Provider**

Cuan Mhuire and IT Tralee

#### **Address**

Tralee, Co Kerry

#### Web address

http://www.ittralee.ie/en/

## Contact Person(s) Admissions Officer

066 7145638 admissions@ittralee.ie

## Course aims and objectives

Graduates of counselling and psychotherapy programmes, completing studies in 2019 will be regulated under CORU, and all of the relevant Irish professional bodies will require practitioners in counselling to hold, as a minimum entry qualification, a NFQ Level 8 (Honours) Degree in counselling.

This one year programme has been specifically designed to facilitate holders of an NFQ Level 7 qualification in counselling to upskill and bring their qualifications into line with the upcoming changes in regulation.

#### **Course content**

#### The first semester

- Research methods
- Psychodynamic perspectives
- Motivational interviewing
- Clinical supervision

#### The second semester

- Dissertation
- Advanced addiction studies

## **Target group**

Counsellors with a NFQ Level 7 qualification in counselling.

## **Entry requirement**

Applicants must be 23 years of age on 01 January on the year of entry AND hold an NFQ Level 7 in Counselling (or equivalent) AND are accredited as counsellors with the IACP or ACI or NAPCP.

See <u>course website</u> for further requirements or <u>http://www.ittralee.ie/en/</u>

## Selection procedure

See requirements.

#### Qualification

Ba (Honours) in Counselling with Addiction

#### **Assessment**

As per course description

#### Accreditation

IT Tralee.

## Course background

This is a collaborative programme between the Insitute of Technology Tralee and Cuan Mhuire/Galilee House of Studies in Athy, Co. Kildare.

#### Course start date

September. Part time.

#### **Course location**

Athy, Co Kildare

## Application

Apply to IT Tralee.

#### Cost

Tuition fees are covered by the Free Fees Initiative, see www.studentfinance.ie. • Note, students who are eligible for the free fees scheme are required to pay a student contribution charge of €3,000 (2016/17).

D

Courses on substance misuse for young people

## **D02**

## PEER DRUG PREVENTION EDUCATION

#### **Course Provider**

Peer Drug Prevention Education Group

#### **Address**

Blanchardstown Youth Service, Main Street, Blanchardstown, Dublin 15

#### Web address

n.a.

## Contact Person(s) Brian Fitzsimons

01 821 2012 brian.fitzsimons@foroige.ie

## Course aims and objectives

Enables young people to become peer educators in relation to drug preventaion for other young people in the area.

#### **Course content**

Peer education

## **Target group**

Young people in the Blanchardstown area.

## **Entry requirement**

Under 18 years of age.

## Selection procedure

Not applicable

## Qualification

n.a.

#### **Assessment**

n.a.

#### Accreditation

n.a.

## Course background

These clubs are run by Foroige. See Foroige website for details of their training <a href="https://www.foroige.ie/our-work/drug-education-programme">https://www.foroige.ie/our-work/drug-education-programme</a>

## Course start date

Ongoing

#### **Course location**

Blanchardstown, Dublin

## **Application**

Contact the education group

## Cost

n.a.



In-service or on-site training for professionals and other vocational groups working in the field of substance misuse or related areas

## **E01**

## PCI IN-SERVICE TRAINING PROGRAMME

#### **Course Provider**

PCI College

#### **Address**

Corrig House, Old Naas Road, Clondalkin, Dublin 22

#### Web address

http://www.pcicollege.ie

## Contact Person(s)

## Kelley Farrell

Enquiries 01 464 2268 info@pcicollege.ie

## Course aims and objectives

PCI College provide tailor-made training programmes designed to the specific needs of clients in the health and helping professions and also to community, voluntary and commercial organisation.

For course information visit <a href="http://www.pcicollege.ie/page/art/293/0">http://www.pcicollege.ie/page/art/293/0</a>

#### **Course content**

Training and awareness programmes can be provided on workplace related issues including:

- Mental health & well being
- Boosting confidence
- Managing stress
- · Dealing with employee grief
- Critical incident stress management
- · Coaching and mentoring
- Mediation

Courses can be provided for government bodies, professional groups or community organisations:

- Foundation in counselling & psychotherapy
- Dip & BSc in counselling & psychotherapy
- Dip & BSc in addiction counselling
- Adv Dip in supervision
- Adv Dip in supervision for coaches
- Dip in suicide studies
- Prof Cert in cognitive behaviour therapy
- Prof Cert in addictive behaviours
- Cert in brief therapy
- Cert in advanced psychodynamics
- Cert in group therapy
- Cert in art therapy
- Cert in sexual abuse & dysfunction
- Cert in substance addictions
- Cert in workplace counselling
- Cert in conflict management
- Cert in pastoral/spiritual counselling

- Cert in drug abuse in Ireland
- Cert in sexual addictions
- · Cert in dual diagnosis

## **Target group**

Interested organisations.

## **Entry requirement**

n.a.

#### Selection procedure

n.a.

#### Qualification

See course details

#### **Assessment**

See course details

## **Accreditation**

See course details

## Course background

In service training has been provided for a number of years.

#### Course start date

Training courses are offered 7 days a week, anywhere in the Ireland, we will meet your requirements.

## **Course location**

In client organization

## **Application**

See PCI website for details.

#### Cost

Contact PCI



Distance learning or online courses, where participants may study from home.

## **QUALITY CHAMPIONS TRAINING**

#### **Course Provider**

drugs.ie

**Address** 

HSE, Dublin

Web address

http://www.drugs.ie/

## Contact Person(s)

Nichola Corrigan

National Social Inclusion Office 01 6201675 quality@drugs.ie

## Course aims and objectives

The overall aim of the Quality Champions
Training is to provide key persons in
organisations with the skills to become a quality
champion in their service. Training is delivered
through an interactive eLearning platform. After
completing the training, participants should be
able to:

- Champion and lead a drive to improve quality in their organisation
- Objectively and accurately assess the sources of policy and practice in their organisation, and what these policies are
- Identify gaps between what their assessment reveals, and what is required of the organisation with reference to agreed quality standards
- Put in place a plan to ensure those gaps are filled, including the provision of a robust review mechanism

#### **Course content**

The course has five sessions each containing a series of specific learning modules:

Session 1: Introduction to Quality

- 1. The aim of the training
- 2. QuADS Quality in Alcohol and Drug Services
- 3. The importance of quality
- 4. Barriers to change
- 5. Introduction to policy basics
- 6. Introduction to policy service user confidentiality policy
- 7. Introduction to policy quality assurance policy
- 8. Session 1 assessment

Session 2: Organisation Review and Mapping

- 1. Review and assess
- 2. Obligations
- 3. Essential and important policies
- 4. Identifying the gaps
- 5. Session 2 assessment

Session 3: Consultation

- 1. Role and responsibility of the stakeholder
- 2. Consultation part one
- 3. Consultation part two
- 4. Session 3 assessment

Session 4: Policy Writing

- 1. Components of a policy
- 2. Researching a policy
- 3. Adapting a policy
- 4. Writing a policy
- 5. Session 4 assessment

Session 5: Implementation and Policy Review

- 1. Pre-implementation
- 2. Policy implementation strategy
- 3. Indicators, barriers and monitoring
- 4. Reviewing a policy

## Target group

Those who wish to become quality champions in their drug or alcohol organisation.

#### **Entry requirement**

Content is delivered through Moodle - a Virtual Learning Environment (VLE) software system and is delivered as a series of multimedia based learning modules over five sessions. You will need a computer or laptop with internet access, and basic computer skills. The training is the equivalent of approximately a half day training. However, as the training is modular based, users can complete the training on a module by module basis.

## Selection procedure

Course website:

http://www.drugs.ie/resources/national\_standards for\_safer\_better\_healthcare2/elearning\_portal/c hampions\_training/

## Qualification

n.a.

## **Assessment**

n.a.

## **Accreditation**

n.a.

## Course background

This course was developed in 2014.

## **Course start date**

On-going

## **Course location**

Online course

## **Application**

If you would like to sign up for Quality Champions Training please email a request to Catalina Vieru at quality@drugs.ie

## Cost

n.a.

# CERTIFICATE IN APPLIED ADDICTION STUDIES & COMMUNITY DEVELOPMENT

#### **Course Provider**

An Cosan

#### **Address**

Kiltalown Village Centre, Jobstown, Tallaght, Dublin 24

#### Web address

http://www.ancosan.ie

#### Contact Person(s)

#### Eithne Dunne

Education Co-ordinator 01 462 8488 e.dunne@ancosan.com

## Course aims and objectives

This interdisciplinary 1 year blended online certificate programme aims to develop knowledge, skills and competencies in the theory and practice of applied addiction studies and community development. The purpose of the programme is to build the capacity of community drugs workers and those working and volunteering in the wider community within an addiction context.

#### Course content

Stage 1 / 60 ECTS

- Learning to learn at third level (QQI Level 6)
- Introduction to community development (QQI Level 6)
- The nature and context of addiction (QQI Level
   6)
- Group work and facilitation skills (QQI Level 6)
- Social analysis (QQI Level 6)
- Drug prevention, education & awareness (QQI Level 6)

## **Target group**

VCC is working in partnership with IT Carlow to develop a blended online Bachelor of Arts in Applied Addiction Studies and Community Development (QQI Level 7). Learners who complete Stage 1 at Level 6 of the NFQ (60 credits) are eligible to exit the programme with a "Certificate in Applied Addiction Studies and Community Development" (Minor Award Level 6) or to progress to Higher Certificate and BA awards.

#### **Entry requirement**

Progression pathways are open to An Cosán VCC learners.

## Selection procedure

See course website for more details http://ancosanvcc.com/certificate-in-applied-addic tion-studies-community-development-ggi-level-6/

#### Qualification

Certificate, at NFQ QQI level 6

#### **Assessment**

As per syllabus.

#### Accreditation

An Cosan and IT Carlow

## Course background

An Cosan also run a Certificate in Applied Addiction Studies & Community Development in Dublin.

#### Course start date

September

#### **Course location**

Blended learning course via An Cosan Virtual Community College

#### **Application**

See website

#### Cost

Contact an Cosan

# PROFESSIONAL CERTIFICATE IN WOMEN AND SUBSTANCE USE

#### **Course Provider**

Urrus and University College Dublin

#### **Address**

Horizons Centre, Balcurris Road, Ballymun, Dublin 11

#### Web address

http://www.byap.ie/services/urrus/diploma-in-community-drugs-work

#### **Contact Person(s)**

#### Dr Sarah Morton

Director of the Community Partnership Drugs Programme n.a.

sarah.morton@ucd.ie

## Course aims and objectives

Increasingly issues in relation to women's substance use, have emerged especially in relation to trauma histories, domestic violence, maternal roles and impact on family, children, yet there has been little educational response to develop practitioner and policy maker knowledge, awareness and skills to address these issues effectively.

#### **Course content**

Women's problematic substance use is explored in the context of the inter-related and sometimes unique factors that may impact on women's substance use trajectories, with a particular focus on effective intervention, and innovation in practice and policy responses. The role and impact of intimate partner violence, sex working, trauma histories and pregnancy and mothering on women's substance use are considered and explored. The development and provision of innovative responses and interventions are presented, together with the implications for drug and social policy.

This Professional Certificate comprises of one 10 credit module SPOL 40850 Women and Substance Use.

## **Target group**

This programme provides key workers, social care workers, addiction counsellors and those in related policy and health fields with the knowledge and expertise to respond to the complexity of women and substance use.

This Professional Certificate should offer career enhancement by developing students' knowledge and expertise in regard to the complex health and social issues that surround women and substance use.

## **Entry requirement**

This course has been designed for those working or seeking to work within the fields of substance use intervention, social care, social work nursing, health and related field who wish to deepen their knowledge and expertise in relation to this complex social issue.

## Selection procedure

For more information about the course see website:

http://www.ucd.ie/socialpolicyworkjustice/study/ou treachandprofessionaldevelopment/professionalc ertificateinwomenandsubstanceuse/

#### Qualification

Professional Certificate (level 9 nfq, credits 10)

#### **Assessment**

As per course curriculum

#### Accreditation

University College Dublin

## Course background

New in 2018

## **Course start date**

September, for four months.

## **Course location**

Online course

## **Application**

See website, or contact Sarah Morton, 01 7168582

## Cost

Tuition fee information is available on the UCD Fees website.

## DRUG AND ALCOHOL COUNSELLING

#### **Course Provider**

College of Management and IT (CMIT)

#### **Address**

Southern Cross Business Park, Bray, Co. Wicklow

#### Web address

http://www.cmit.ie/

## Contact Person(s) Administrator

01 286 5783 or 01 276 5015 info@cmit.ie

## Course aims and objectives

The course will enable learners to:

- 1. obtain a better understanding about drugs and alcohol misuse,
- 2. obtain knowledge about the different types of drugs available and their side effects and use,
- 3. obtain a better understanding why people take drugs.
- 4. gain a better understanding about why people use alcohol,
- 5. find out what treatment is available in your area and how to access it,
- 6. find out how to set up a drug or alcohol abuse treatment programme in your area, and to
- 7. understand the principles of drug and alcohol misuse counselling.

#### **Course content**

Students receive a course manual, assignments and study-guide plus tutor support. The course documentation is detailed and easy to read. Your tutor and student support team will support you throughout the duration of the course.

- Unit 1: Introduction
- Unit 2: The a-z of drugs- effects, risks & the law
- Unit 3: Alcohol abuse
- Unit 4: Why people use drugs and alcohol
- Unit 5: Drug and alcohol prevention and awareness
- Unit 6: The basics of counselling
- Unit 7: Traditional counselling styles
- Unit 8: Counselling for alcohol problems
- Unit 9: Counselling for substance misuse

## **Target group**

- •People considering a career in counselling.
- •Parents, teachers and youth workers.
- •People who wish to gain an introductory qualification in drug and alcohol counselling and wish to study at their own pace.

## **Entry requirement**

None

#### Selection procedure

For further course information visit <a href="http://www.cmit.ie/courses-psychology-health-dist-ance-learning/drug-and-alcohol-counselling-dista-nce-learning.html">http://www.cmit.ie/courses-psychology-health-dist-ance-learning/drug-and-alcohol-counselling-dista-nce-learning.html</a>

## Qualification

NCFE Award Certificate in Drug and Alcohol Counselling

#### **Assessment**

This course is assessed through tutor marked assignments. There is no exam

#### Accreditation

Successful learners will receive a level 3 NCFE Award Certificate in Drug and Alcohol Counselling. (i.e. equivalent to level 3 on the National Qualifications Framework for England, Wales and Northern Ireland.)

#### Course background

See course website for more information.

#### Course start date

Students can start at any time of year, and have 6 months to work at their own pace.

## **Course location**

Home

#### **Application**

Book online

#### Cost

€395. There is a €60 fee payable for administration, moderation and certification.

# F05 ONLINE POSTGRADUATE DIPLOMA IN SOCIAL POLICY AND PRACTICE.

#### **Course Provider**

School of Social Work and Social Policy, Trinity College Dublin

#### **Address**

School of Social Work and Social Policy, Room 3063, Arts Building, University of Dublin, Trinity College, Dublin 2

#### Web address

http://www.tcd.ie/swsp/

#### Contact Person(s)

Louise O'Brien

Course Administrator 01 8963593 obriel10@tcd.ie

## Course aims and objectives

This level 9 academic postgraduate course, delivered online, aims to provide graduates from all disciplines with the opportunity to develop their understanding of the role that social policies play in developing functioning and just societies. A second year leading to a M.Sc. in Social Policy and Practice is available to eligible candidates who have completed the Postgraduate Diploma.

#### Course content

This programme will give students an understanding of the role of social policy in engaging with some of the 'wicked problems' that contemporary societies face. These are complex interdependent problems such as responses to crime and poverty, policy issues which are often resistant to the solutions put in place by governments. Students will be exposed to the arguments for developing policy interventions in areas such as social security, health and housing, and the challenges of implementing and changing policy in these areas.

This course provides students with a stimulating online learning experience by creating a structured yet flexible learning approach. The place of study is flexible as online delivery allows students to engage in learning activities at home or in the workplace and there is no requirement to attend at the Trinity campus in Dublin. Students will have access to weekly materials using a virtual learning environment and the opportunity to engage with other students and lecturers using discussion boards.

Students will take seven core modules totalling 60 ECTS. Modules cover subjects such as

contemporary debates in social policy, the family and society, criminology, disability studies and social work.

## Target group

The programme has particular appeal to graduates who wish to pursue a Masters programme in social work, social studies and social policy but who do not have an undergraduate qualification in these fields. This online Postgraduate Diploma can act as a conversion course for such graduates and enhance their application for specialised programme such as a Master in Social Work. The programme will also appeal to applicants from outside Ireland, in particular North America, who wish to study in Ireland's leading university with expertise in Irish, EU and global social policy.

## **Entry requirement**

The programme is open to graduates from all disciplines who are interested in converting to the field of applied social studies. Successful applicants will hold a level 8 degree in any subject at a minimum of Upper Second Class Honours degree (2.2).

## Selection procedure

For information about the course, see <a href="http://www.tcd.ie/swsp/postgraduate/Social-Policy">http://www.tcd.ie/swsp/postgraduate/Social-Policy</a> -Practice/

#### Qualification

The Postgraduate Diploma in Social Policy and Practice is a level 9 postgraduate diploma offered as a one year online programme.

## **Assessment**

As per course syllabus.

## **Accreditation**

Trinity College Dublin

## Course background

This course was run for the first time in 2014

## **Course start date**

September

## **Course location**

Online

## **Application**

For further information contact: Laura Cusack, Course Administrator, Icusack@tcd.ie, 01-896 2001

#### Cost

EU students: €5,000, Non-EU students: €10,000,

Application fee: €35 (to be paid online)

# F06 ONLINE FOUNDATION COURSE IN SUBSTANCE MISUSE

#### **Course Provider**

Irish College of General Practitioners

#### **Address**

4/5 Lincoln Place, Dublin 2, Ireland

#### Web address

http://www.icgp.ie/go/courses/e\_learning

## Contact Person(s)

Yvette Dalton

01 676 3705 yvette.dalton@icgp.ie

## Course aims and objectives

This course offers an introduction to managing issues related to alcohol misuse, misuse of prescription and over-the-counter medications as well as illicit drug use in primary care.

Substance misuse related issues are common, presenting in up to 15% of primary care consultations. This course aims to provide a practical framework for the detection and management of substance misuse problems in general practice.

#### **Course content**

The online learning programme consists of 11 interactive video presentations, each presentation ranging in duration from 6 to 20 minutes. The participant is required to view all 11 topics in sequence and achieve 80% in the MCQ assessment to successfully complete the course. You may repeat the assessment if you wish.

**Completion time:** It takes approximately three hours in total to complete all modules and the MCQ Quiz. Please note that you may log in and out of this training at your convenience and as often as you like.

Links to all guidelines and assessment tools are provided.

## **Target group**

The course is primarily aimed at GPs and GP registrars. If you do not fall under this of category of applicant then you must register your interest by completing the online booking form.

## **Entry requirement**

For general practitioners

## Selection procedure

For more information, visit the <u>course website</u> on the ICGP website

https://www.icgp.ie/go/courses/substance\_misuse\_/substance\_misuse\_training

#### Qualification

5 CPD credits for external CPD & 1 GMS study leave session.

#### **Assessment**

In order to satisfactorily complete the programme a GP is required to view over 75% in the Multiple Choice Questions (MCQ) module.

#### **Accreditation**

ICGP.

## Course background

For information about the short course on substance misuse

see

https://www.icgp-education.ie/mod/page/view.php?id=4563

## Course start date

Each GP will have online access for 21 days from the date of their enrolment. To complete all modules and the MCQ Quiz will take approximately 3 hours in total.

#### **Course location**

Online course

## Application

Aoife McBride, email: substancemisuse@icgp.ie

## Cost

ICGP members and GP registrars – No cost •
 Non-member: €100 application fee

## **ALCOHOL & DRUG ABUSE**

#### **Course Provider**

Irish Training & Educational Centre

#### **Address**

Unit 9, Leopardstown Business Centre, Ballyogan Road, Leopardstown, Dublin 18.

#### Web address

http://www.irishtraining.ie/

## Contact Person(s) Course administrator

01 2061832 info@irishtraining.ie

## Course aims and objectives

The premise of this course is that prevention is the only true hope of solving our country's problems in these areas. Parents, teachers and counsellors are in the best positions to affect children's knowledge and attitudes to the abuse of alcohol and other drugs.

#### Course content

Distance learning course of 6 modules.

This course covers these broad topics:

1. What every parent, teacher and counsellor should know

Drug classifications.

Adolescents & drug abuse.

Drugs & the brain.

Alcoholism - a disease.

2. Drug abuse prevention.

Role of parents, teachers, counsellors.

Tell-tale signs of drug abuse.

- 3. Treatment effects & understanding them. Effects of alcohol on young women. Drugs & AIDS.
- 4. Pharmacology, alcohol, drugs of abuse, depressants, opoids, cocaine, nicotine, stimulants, cannabinoids, phencyclidine, inhalants, anabolic steroids & hallucinogens.

Your personally appointed tutor will provide you with expert guidance and tuition throughout your studies.

## **Target group**

Parents, teachers and counsellors.

#### **Entry requirement**

n.a.

## Selection procedure

Apply online

http://www.irishtraining.ie/general/alcohol\_and\_dr ug\_abuse.html

#### Qualification

When you have completed this course you may take a final examination. Full details are sent near the end of the course. The examination costs €65 and is taken at home. If you receive 70% or more you will receive an ITEC Diploma.

#### **Assessment**

Optional examination.

#### Accreditation

**ITEC** 

#### Course background

n.a.

#### Course start date

At a time of your choosing.

## **Course location**

Online course.

#### **Application**

Apply through the ITEC website.

#### Cost

€307 (subject to change0.

# IDENTIFYING AND RESPONDING TO DRUG AND ALCOHOL ADDICTION IN NURSING, MIDWIFERY AND ALLIED HEALTHCARE PRACTICE

#### **Course Provider**

Trinity College Dublin on Future Learn

#### **Address**

Virtual platform.

#### Web address

https://www.futurelearn.com/subjects/psychology-and-mental-health-courses

## **Contact Person(s)**

practicalities of implementing a change in policy or practice

## Course aims and objectives

On this course, you'll receive an overview of approaches to addiction treatment, from detoxification to harm reduction and addiction recovery. Learning from real life examples, you'll hear from experienced practitioners around the globe and be introduced to addiction assessment tools. You'll also learn how to conduct screening and brief interventions, and administer naloxone in the case of an overdose.

This course focuses on approaches to drug and alcohol addiction treatment for nurses and other healthcare professionals. It is suitable for those with some knowledge, as well as those with no prior knowledge or qualifications in addiction.

#### **Course content**

What topics will you cover?

- Overview of the approaches to addiction treatment, from detoxification to harm reduction and recovery
- The health and wellbeing of the person who uses substances, assessment, screening and brief interventions
- Family members and people who use substances from pregnancy to adolescents to grandparents and inter-generational substance use
- The practicalities of working in specific services from advising expectant mothers to managing medication misuse among older people and administering naloxone during overdose
- Enhancing your service provision, identifying client needs and implementing the Healthy Addiction Treatment (HAT) recovery model in nursing and other services
- The role of leadership and the

## **Target group**

This addiction treatment course is aimed at nurses, midwives, and allied health and social care professionals. No prior experience or qualifications in addiction are required. The course aims to widen understanding of addiction recovery in the sector.

## **Entry requirement**

No prior experience or qualifications in addiction are required. The course aims to widen understanding of addiction recovery in the sector.

## Selection procedure

Not applicable. For information on the course, see the

website

https://www.futurelearn.com/courses/identifying-and-responding-to-drug-and-alcohol-addiction

#### Qualification

You may pay to receive a certificate of achievement if you wish.

## **Assessment**

n.a.

## **Accreditation**

n.a.

## Course background

This course is delivered by global experts in addiction from Trinity College Dublin, practising addiction nurse and midwife experts, and harm reduction specialists. Your course creators are pioneers of a new Healthy Addiction Treatment (HAT) recovery model, and you'll learn more about HAT during the course. The intention of this course is to improve knowledge of addiction

treatment approaches in healthcare, and in the longer term, create more addiction specialists.

## **Course start date**

6 Sep 2021. Start online as required. 3 week course, 2 hours study per week.

## **Course location**

Online course

## **Application**

See website

## Cost

Free, you may pay €39 for a certificate.

# F09 REMOTE LEARNING - GRIEF, LOSS AND ADJUSTMENT

#### **Course Provider**

The Learning Curve Institute

#### **Address**

Rushbrook, Clogher, Westport, Co Mayo

#### Web address

http://www.thelearningcurve.ie

#### Contact Person(s)

#### Administrator

Administrator 098 25530 info@thelearningcurve.ie

## Course aims and objectives

This NEW one day online workshop, delivered by clinical Psychologist <u>Dr. Kevin Fehin</u>, will cover the dynamics of grief, loss and adjustment as applicable to bereavement, relationship break up and various kinds of loss adjustments that are experienced by children and adults.

Therapeutic interventions will be explored and the key characteristic of a therapeutic relationship tailored to best facilitate people going through loss.

Participants will be introduced to the psychological dynamics involved in loss and adjustment experienced by children and adults and how best to intervene and develop therapeutic relationships that best maximise successful outcomes.

#### Course content

Participants will receive an emailed copy of the presentation, other supporting documents and links to relevant literature by email which will enable them to develop their understanding of Grief, Loss and adjustment - theory and therapeutic interventions. In each session participants will have the opportunity to observe and participate in role-plays and discussions via Zoom.

## **Target group**

Suitable for: Psychologists, Counsellors, Psychotherapists, Nurse Practitioners, Youth Workers, Social Care Workers

## **Entry requirement**

No specific entry requirements.

## Selection procedure

For more information about the course visith ttps://www.thelearningcurve.ie/online-learning/new-remote-learning-grief-loss-and-adjustment-theory-and-therapeutic-interventions-with-dr-kevin-fehin

#### Qualification

Participants will receive a Certificate of Completion in "Grief, Loss and adjustment - theory and therapeutic interventions" from The Learning Curve Institute.

#### **Assessment**

n.a.

#### Accreditation

Members of The Psychological Society of Ireland can earn Learning Credits on completion of this workshop and other accreditation is pending.

## Course background

The Learning Curve Institute will distribute a unique pre-course questionnaire to each participant in order to ensure the training meets the needs of everyone and is tailored to the appropriate level while also covering specific situations or scenarios as highlighted by the group. The Learning Curve Institute also offers a bespoke post course support system whereby learners are provided with the contact details of the trainer and are free to contact them with any questions they may have.

#### Course start date

06 April 2022 (Wed), 09.30 - 16.30 (CET-1)

#### **Course location**

Online

### **Application**

Please contact The Learning Curve Institute on 098 25530 or at info@thelearningcurve.ie for further information or book online.

#### Cost

€125

# REMOTE LEARNING: AN INTRODUCTION TO SOLUTION FOCUSED BRIEF THERAPY

#### **Course Provider**

The Learning Curve Institute

#### **Address**

Rushbrook, Clogher, Westport, Co Mayo

#### Web address

http://www.thelearningcurve.ie

#### Contact Person(s)

#### Administrator

Administrator 098 25530 info@thelearningcurve.ie

## Course aims and objectives

This Solution Focused Brief Therapy training workshop is designed and delivered by SFBT expert Dr. Seán Foy, Head of Addiction and

Counselling at The Learning Curve Institute. To read more about Seán <u>click here</u>. Seán has recently published a book on the subject of Solution Focused Brief Therapy combined with Harm Reduction entitled 'Solution Focused Harm Reduction: Working effectively with

people who misuse substances'. Click here to see more.

The aim of this two day workshop is to introduce the theory and practice of Solution Focused Brief Therapy. The objective of the two days is to provide the theory of Solution Focused Brief Therapy and the space to practise the skills associated with Solution Focused Brief Therapy.

Learning outcomes

- To equip participants with the tools to develop and build on their own counselling skills
- 2. To build on and expand existing knowledge, in relation to Solution Focused Brief Therapy within the group
- 3. To enhance confidence in participants use of Solution Focused Brief Therapy skills
- 4. To become familiar with the theory of Solution Focused Brief Therapy
- To provide space and time for participants to become familiar with Solution Focused Brief Therapy and use of its core skills

#### Course content

This Solution Focused brief
Therapy workshop (SFBT) will be delivered live
by The Learning Curve Institute over

four mornings. SFBT is a short-term goal-focused therapeutic approach which helps clients change by constructing solutions rather than dwelling on problems. Elements of the desired solution often are already present in the person's life, and become the basis for ongoing change. The workshop is designed and delivered by SFBT expert Dr. Seán Foy, Head of Addiction and Counselling at The Learning Curve Institute.

## **Target group**

The course is ideal for anyone working in addiction, counselling, human resources or in the community/voluntary sector.

## **Entry requirement**

None

## Selection procedure

None. For more information and booking see

https://www.thelearningcurve.ie/online-learning/remote-learning-an-introduction-to-solution-focused-brief-therapy

#### Qualification

All attendees will receive a Certificate of Completion in An Introduction to Solution Focused Brief Therapy from The Learning Curve Institute.

#### **Assessment**

See course details.

#### Accreditation

Members of The Psychological Society of Ireland and The Addiction Counsellors of Ireland can earn learning credits/CPD points from attending this workshop.

## Course background

The workshop is designed and delivered by SFBT expert Dr. Seán Foy, Head of Addiction and Counselling at The Learning Curve Institute. Seán has published a book on the subject of Solution Focused Brief Therapy combined with Harm Reduction entitled 'Solution Focused Harm Reduction: Working effectively with people who misuse

substances':

https://www.amazon.co.uk/Solution-Focused-Harm-Reduction-effectively/dp/3319723340

#### Course start date

13 & 14 January 2022, 9.30 – 16.30 (GMT+1) each day

## **Course location**

Remote learning

## **Application**

Book online at the URL above.

## Cost

€245

## **REMOTE LEARNING: AN INTRODUCTION TO** DIALECTICAL BEHAVIOUR THERAPY

#### **Course Provider**

The Learning Curve Institute

#### Address

Rushbrook, Clogher, Westport, Co Mayo

#### Web address

http://www.thelearningcurve.ie

## Contact Person(s)

#### Administrator

Administrator 098 25530 info@thelearningcurve.ie

## Course aims and objectives

DBT was founded in 1993 by Marsha Linehan, initially known as CBT for Borderline disorder. DBT consists of a series of skills and techniques for working with personality disorders and other areas. Many people want to familiarise themselves with these skills without necessarily becoming a DBT therapist exclusively, and the introduction course is ideal if you are thinking of taking of taking the first step in becoming a DBT therapist or if you would like to have a better understanding of the concept before referring clients or employees to a DBT service.

#### Learning outcomes:

- Gaining an understanding of DBT.
- The ability to create validating environments.
- The ability to validate other people in an easy way.
- The ability to give people different perspectives in a fast way.
- The ability to help people to solve problems rather than dwell on them.
- The ability to respond to very severe behaviours in a caring way without reinforcing the severe behaviour.
- The ability to help people to bring some sense of order and predictability to emotions.
- The ability to help people tolerating distress.

therapeutic environment.

- The use of Metaphors,
- Problem solving strategy.
- Contingency management.
- Emotion-regulation.
- Interpersonal effectiveness.
- Mindfulness
- · Distress tolerance.
- Walking the Middle Path.
- The role of the face to face sessions and group sessions.

## **Target group**

Suitable for:

- Professionals who see clients in 1 to 1 sessions and wish to add DBT techniques to their set of skills.
   People or teams working in inpatient or community settings.
   Mental healthypsychatric nurses, social workers, occupational therapists, clinical psychologists, psychiatrists, probation officers, people working in HR or Occupational Health departments.
   Carers for people with mental health issues.

## **Entry requirement**

No specific entry requirements

#### **Course content**

This workshop will be delivered live using the free Zoom remote conferencing platform: The course will allow you to interact with your trainer and other participants in a virtual classroom where, in addition to the workshop content, there will be time built in for live discussions, question & answer sessions and skills practice. You can access the course wherever you have an internet connection; on a desktop, table to even a smartphone.

 Validation, the implication of invalidating environments for a child, and for the adult. Using validating responses in the

## Selection procedure

See course website for more details:

https://www.thelearningcurve.ie/online-learning/re mote-learning-an-introduction-to-dialectical-behav iour-therapy-2

## Qualification

All participants will receive a Certificate of Completion in An Introduction to Dialectical Behaviour Therapy from The Learning Curve Institute.

#### **Assessment**

None

#### **Accreditation**

Members of The Psychological Society of Ireland and The Addiction Counsellors of Ireland can earn learning credits/CPD points from attending this workshop.

## Course background

The Learning Curve Institute offers a unique post course support system whereby students are provided with the contact details of the lecturer and are free to contact him/her with any questions they may have or that they would like the lecturer to help them with.

## **Course start date**

26 January 2022 or 16 February 2022 or 30 March 2022 09.30 - 16.30 (CET-1) each day.

#### **Course location**

Remote learning

## **Application**

See course website.

#### Cost

€125

## **REMOTE LEARNING - ADVANCED DIALECTICAL** F13 **BEHAVIOURAL THERAPY (DBT)**

#### **Course Provider**

The Learning Curve Institute

#### **Address**

Rushbrook, Clogher, Westport, Co Mayo

#### Web address

http://www.thelearningcurve.ie

## Contact Person(s)

#### Administrator

Administrator 098 25530 info@thelearningcurve.ie

## Course aims and objectives

The aim of this training programme is to enable participants to:

- Learn DBT techniques used in practice.
- Learn how DBT skills are taught in groups.
- Understand, in the non-therapeutic environment, when to refer people to DBT and have an understanding what can be expected during treatment.

The Learning Curve Institute will distribute a unique pre-course questionnaire to each participant in order to ensure the training meets the needs of everyone and is tailored to the appropriate level while also covering specific situations or scenarios as highlighted by the group. The Learning Curve Institute also offers a bespoke post course support system whereby particpants are provided with the contact details of the trainer and are free to contact them with any questions they may have.

#### Course content

Course content

- History and background.
- Biological Theory of emotional and behavioural dysregulation.
- Guidelines for skills training.
- Skills Training Assumptions.
- Mindfulness Skills.
- Interpersonal Effectiveness Skills.
- Walking the Middle Path.
- Emotion Regulation Skills.
- Distress Tolerance Skills.
- Analysing behaviour, Chain Analysis, Missing-Links Analysis.
- Validation and validating techniques.
- Problem solving techniques and DBT

techniques used in one to one sessions.

## Target group

Note: Participants are required to provide evidence of having completed an introductory course in DBT in order to join this workshop

- Professionals who see clients in one to one sessions and wish to add DBT techniques to their set of skills or want to use full DBT with their clients where applicable.
  People or teams working in inpatient or community settings.
  Mental health/psychiatric nurses, social workers, occupational therapists, clinical psychologists, psychiatrists, probation officers, people working in HR or Occupational Health departments.
  Carers for people with mental health issues.

## **Entry requirement**

Participants are required to provide evidence of having completed an introductory course in DBT in order to join this workshop.

## Selection procedure

For more information on this course, visit the website

https://www.thelearningcurve.ie/online-learning/re mote-learning-advanced-dialectical-behavioural-t herapy-dbt-workshop

#### Qualification

Participants will each receive a Certificate of Completion in "Advanced Dialectical Behavioural Therapy" from The Learning Curve Institute.

#### Assessment

n.a.

## Accreditation

Members of The Addiction Counsellors of Ireland can earn Learning CPD points from attending this workshop and there is other accreditation pending.

## Course background

See the website for more information.

## Course start date

01 and 08 June 2022, 09.30 - 16.30 (GMT+1) each day

## **Course location**

Remote learning

## **Application**

Contact The Learning Curve Institute on 098 25530 or info@thelearningcurve.ie

## Cost

€245

## REMOTE LEARNING: DRUG & ALCOHOL AWARENESS

#### **Course Provider**

The Learning Curve Institute

#### **Address**

Rushbrook, Clogher, Westport, Co Mayo

#### Web address

http://www.thelearningcurve.ie

## **Contact Person(s)**

#### Administrator

Administrator 098 25530 info@thelearningcurve.ie

## Course aims and objectives

The course covers a range of areas to provide participants with a good basic knowledge of drugs and alcohol and related issues.

Participants in this course will:

- be provided with information on a range of drugs and their effects.
- The impact of addiction on family members will be covered and support services available
- Treatment options (both residential and community) available for people who misuse substances
- The evidence base for different treatments and current thinking on treatments and addiction

## **Course content**

This six week course covers a range of areas to provide participants with a good basic knowledge of drugs, alcohol and related issues. It is a one-of-a-kind online course that enables participants to work at their own pace, but also gives the opportunity to connect with the expertise of the course authors Clinical Psychologist Dr. Sean Foy or Senior Trainer in Addiction Studies Liam O'Loughlin through weekly live interactive sessions on Wednesdays 19.00 - 20.00 (CET-1) plus there is a question & answer forum. The time commitment would be a total of 16 hours to complete and fully engage in the programme. Participants will be provided the opportunity to learn about different types of drugs and their effects. The course will also explore the areas of Tolerance, Dependence and Withdrawal. Cannabis and alcohol have a module each to reflect their prevalence in society. The impact of addiction on family members is explored as well as treatment options for a person with a

substance misuse issue. The content is especially tailored to youth care workers, nurses, social workers and counsellors.

#### Target group

Anyone who is interested in learning more about drugs and addiction, including nurses, social workers, HR Depts, counsellors, youth care workers and individuals.

## **Entry requirement**

A total of 16 hours should be allocated to complete and fully participate in the course: 10 hours made up of online learning which is a combination of directed and self-directed learning and 6 hours of interactive discussion.

## Selection procedure

See The Learning Curve website for more course details

https://www.thelearningcurve.ie/online-learning/online-drug-and-alcohol-awareness-course

#### Qualification

All participants who complete the course and contribute to the forum will receive an electronic Certificate of Completion in Drug and Alcohol Awareness from The Learning Curve Institute.

#### Assessment

Participants will be encouraged to pose questions to trainers throughout the course using the open forum and there is the option of a weekly interactive session. In order to achieve a certificate in the course participants will be expected to contribute with a question or a comment in a minimum of four out of the six of the course modules

## **Accreditation**

Members of The Addiction Counsellors of Ireland can earn CPD points from completing this course

## Course background

Dr. Foy has over 25 years experience of working in the addiction field. He holds qualifications in clinical psychology, social work and psychotherapy. He is a published author and regularly lectures on addiction and mental health both here in Ireland and abroad. Liam O'Loughlin has been working in services for people affected by addiction for 25 years plus and is a subject expert on the negative effects of problematic drug and alcohol use on those around the drinker and/or drug user. He holds a Masters in Drug and Alcohol Policy from Trinity College Dublin.

#### Course start date

28 February to 11 April 2022. The course will be accessible online to participants from 17.00 (CET-1) on 28 February until 17.00 (CET-1) on 11 April plus six live interactive sessions on each Wednesday evening 19.00 - 20.00 (optional)

## **Course location**

Online.

## **Application**

Contact The Learning Curve

## Cost

€245.00

#### REMOTE LEARNING: IMPROVING PROFESSIONAL F15 **BOUNDARIES**

#### **Course Provider**

The Learning Curve Institute

#### **Address**

Rushbrook, Clogher, Westport, Co Mayo

#### Web address

http://www.thelearningcurve.ie

## Contact Person(s)

#### Administrator

Administrator 098 25530 info@thelearningcurve.ie

## Course aims and objectives

This 1 day training workshop will be delivered live over two mornings. The programme will teach participants how to maintain appropriate boundaries in the workplace and give clear cut advice on grey areas. The workshop is designed to provide an overview of boundaries and the many ways in which they can be encountered and managed. There is a strong emphasis on practical examples of boundary issues and how to avoid crossing them and methods of best practice in relation to boundaries offered throughout the training. The programme is highly interactive with some group exercises and scenarios and is aimed at participants who wish to underpin and strengthen their existing knowledge around boundaries.

#### Course content

Participants will receive links to supporting documentation and a copy of the presentation slides by email which will help them to develop their understanding of boundaries appropriate to this level. Over the two half days, learners will have the opportunity to discuss and explore issues relating to boundaries and the ways in which they have encountered this as an issue in their work. There will be the opportunity over the training to allow participants to experience "real" situations and scenarios to transfer the theory of the course into practice.

- Participative: The participants will be asked to contribute to the training both in the large group and also in smaller ones. There will be a number of exercises throughout the training that are designed for the group to be split up into
- ones. There will be a laminush of exercises intrognous me araming man are designed to the gloup to be spin up in smaller groups.

  2. Experiential: The training will allow participants to contribute by using examples of anonymous clients that they have worked with or are currently working with in relation to managing boundaries.

  3. Theory into practice: The training will allow some role? plays that will encourage participants to put the theory of managing boundaries into practice.

  4. Information giving: A copy of the presentation and information on relevant reading that will be emailed to each negations.

- participant.

  5. Worker led: The training will be flexible to the needs of the group.

## Target group

This training would be suitable for: Any profession where managing boundaries are important including Managers, Supervisors, Psychologists, Counsellors, Psychotherapists, HR Professionals, Nurse Practitioners, Youth Workers and Social Care Workers.

## **Entry requirement**

None

## Selection procedure

See the course website for further

https://www.thelearningcurve.ie/online-learning/re mote-learning-improving-professional-boundaries

#### Qualification

Attendees will each receive a Certificate of Completion in "Managing Professional Boundaries" from The Learning Curve Institute

#### **Assessment**

n a

#### Accreditation

Members of The Addiction Counsellors of Ireland can earn CPD points from attending this workshop and there is other accreditation pending.

#### Course background

The Learning Curve Institute will distribute a unique pre-course questionnaire to each participant in order to ensure the training meets the needs of everyone in the room and is tailored to the appropriate level while also covering specific situations or scenarios as highlighted by the group.

The Learning Curve Institute also offers a bespoke post course support system whereby students are provided with the contact details of the lecturer and are free to contact him/her with any questions they may have or that they would like the lecturer to help them with.

#### Course start date

13 April 2022 (Wed), 09.30 - 16.30 (CET-1)

#### Course location

Online

## Application

Contact The Learning Curve

## Cost

€125

## REMOTE LEARNING: HIDDEN SHAME

#### **Course Provider**

The Learning Curve Institute

#### **Address**

Rushbrook, Clogher, Westport, Co Mayo

#### Web address

http://www.thelearningcurve.ie

#### Contact Person(s)

#### **Administrator**

Administrator 098 25530 info@thelearningcurve.ie

## Course aims and objectives

Shame is often overlooked in the therapeutic process both within clients and therapists alike, and is frequently present in m presentations from trauma, complex abuse, addictions, compulsions, mood disorders and sexual behaviour.

The aim is to give participants a more in-depth understanding and overview of Shame and how to determine its effects.

#### **Course content**

The workshop will use both an analyticial and skills based guide to help therapists from all orientations to identify what elicits, evokes and triggers shame and how a shame focused intervention is formulated and structured.

## Target group

Suitable for: Psychologists, Counsellors, Psychotherapists, Nurse Practitioners, Youth Workers, Social Care Workers

#### **Entry requirement**

There is no entry requirement

## Selection procedure

Click here for more information:

https://www.thelearningcurve.ie/online-learning/remote-learning-hidden-shame-workshop

#### Qualification

All attendees will receive a Certificate of Completion in "Hidden Shame" from The Learning Curve Institute.

#### **Assessment**

none.

#### Accreditation

Members of The Addiction Counsellors of Ireland can earn CPD points from attending this workshop and there is other accreditation pending.

## Course background

Presented by Kevin Fehin, Senior Clinical Psychologist and Psychotherapist. Among other qualifications he holds a Masters in Psychoanalytic Studies.

#### Course start date

11 May 2022, 09.30 - 16.30 (CET-1)

#### **Course location**

Online

## **Application**

Please contact The Learning Curve Institute on 098 25530 or info@thelearningcurve.ie for more information.

#### Cost

€125

# REMOTE LEARNING: AN INTRODUCTION TO MOTIVATIONAL INTERVIEWING

#### **Course Provider**

The Learning Curve Institute

#### **Address**

Rushbrook, Clogher, Westport, Co Mayo

#### Web address

http://www.thelearningcurve.ie

#### **Contact Person(s)**

#### **Administrator**

Administrator 098 25530 info@thelearningcurve.ie

## Course aims and objectives

Would you or your colleagues benefit from tools to help individuals who are 'stuck' or are resistant to change? This Motivational Interviewing workshop will show you how this approach can bring about behavioural changes by assisting individuals to explore and resolve doubt and indecision. It is especially helpful with individuals who are less motivated and are experiencing restore to change

The workshops will be delivered live using Zoom.

## **Course content**

Participants will receive a copy of the presentation, other supporting documents and links to relevant literature by email which will enable them to develop their understanding of Motivational Interviewing appropriate to this level. In each session participants will have the opportunity to observe and practice Motivational Interviewing through role-plays and scenarios provided by the trainer via Zoom.

Learning outcomes

- 1. To equip participants with the tools to be enable them to develop and build on their own counselling skills.
- 2. To build on and expand existing knowledge in relation to Motivational Interviewing within the group.
- 3. To enhance confidence in attendees' use of Motivational Interviewing skills.
- 4. To become familiar with the general principles of Motivational Interviewing:
- ? Express empathy
- ? Develop discrepancy ? Roll with resistance
- ? Support self-efficacy ? Avoid arguments.
- 5. To provide space and time for participants to become familiar with Motivational Interviewing and use the following core skills:
  - Listening
  - Use of Open-ended questions? Affirming
  - Reflective Listening
  - Summarising
  - Eliciting change talk

## **Target group**

The course is ideal for anyone working in addiction, counselling, human resources or in the community/voluntary sector who would like to up-skill and be trained in Motivational Interviewing from one of Ireland's leading specialist trainers in mental health, addiction and best practice in the workplace.

## Entry requirement

None

## Selection procedure

See the course website for further details

https://www.thelearningcurve.ie/online-learning/remote-learning-an-introduction-to-motivational-interviewing

#### Qualification

n.a.

#### **Assessment**

n a

#### Accreditation

Members of The Psychological Society of Ireland and The Addiction Counsellors of Ireland can earn learning credits/CPD points from attending this workshop

## Course background

The Learning Curve Institute will distribute a unique pre-course questionnaire to each participant in order to ensure the training meets the needs of everyone in the room and is tailored to the appropriate level while also covering specific situations or scenarios as highlighted by the group. The Learning Curve Institute also offers a bespoke post course support system whereby participants are provided with the contact details of the Trainer and are free to contact them with any questions they may have.

#### Course start date

24 and 25 February 2022, 09.30 – 16.30 (CET -1) each day

#### **Course location**

Online

## Application

Contact The Learning Curve

## Cost

€245

# REMOTE LEARNING: KEY WORKING, CARE PLANNING AND CASE MANAGEMENT

#### **Course Provider**

The Learning Curve Institute

#### **Address**

Rushbrook, Clogher, Westport, Co Mayo

#### Web address

http://www.thelearningcurve.ie

## Contact Person(s)

#### Administrator

Administrator 098 25530 info@thelearningcurve.ie

## Course aims and objectives

This programme is designed to provide an overview of key working and case management. Key working is the simple process of working with clients to achieve their goals and part of this process is effective case management, in essence the two go hand in hand. There will be examples of best practice and practical examples given to develop theory into practice. Above all this programme is a practical application of relevant theory in relation to key working and case management.

This workshop will be delivered live on Zoom: The course will allow you to interact with your trainer and other participants in a virtual classroom where, in addition to the workshop content, there will be time built in for live discussions, question & answer sessions and skills practice. You can access the course wherever you have an internet connection; on a desktop, tablet or even a smartphone.

## Programme aims:

- Enable participants to formulate a care plan with a complex client.
- Identify and, where appropriate, fill gaps in services with clients.
- Provide information to participants in relation to assessment, care planning and support for clients.
- Cover best practice in relation to recording of information.

## **Course content**

Participants will receive an emailed copy of the presentation, other supporting documents and links to relevant literature by email which will enable them to develop their understanding of Key Working and Case Management appropriate

to this level. In each session participants will have the opportunity to observe and participate in role-plays and discussions on key working and case management via Zoom.

## **Target group**

Those working in health-related or social services.

## **Entry requirement**

There are no specific entry requirements for this training programme.

## Selection procedure

Click here for more information click on this link to the course

#### website:

https://www.thelearningcurve.ie/online-learning/remote-learning-key-working-care-planning-case-management

## Qualification

All participants will receive a Certificate of Completion in Key Working, Care Planning and Case Management from The Learning Curve Institute.

## **Assessment**

n.a.

## **Accreditation**

This workshop is eligible for CPD points from The Addiction Counsellors of Ireland.

## Course background

The Learning Curve Institute was contracted by The HSE to deliver training on these topics as part of The National Addiction Training Programme and therefore possesses in depth knowledge of both the content and the training delivery.

## **Course start date**

03 and 04 March 2022 Thurs, Fri), 09.30 - 16.30 (CET-1) each day

## **Course location**

Online

## **Application**

Please see website or email info@thelearningcurve.ie or call 098 25530 for more information.

## Cost

€245

## REMOTE LEARNING: TRAUMA INFORMED PRACTICE

#### **Course Provider**

The Learning Curve Institute

#### **Address**

Rushbrook, Clogher, Westport, Co Mayo

#### Web address

http://www.thelearningcurve.ie

## Contact Person(s)

## Administrator

Administrator 098 25530 info@thelearningcurve.ie

## Course aims and objectives

The purpose of this two day remote training is to start a conversation about how trauma and adversity affects and has affected those who use the services we provide and the appropriate responses we can implement and offer; to reflect on how others' trauma experiences may affect those of up providing services – vicarious trauma and; to examine how we, as professionals, volunteers and

peer workers, can embrace a trauma informed approach, including self-care, within our practice.

## **Course content**

This workshop will be delivered live on Zoom: The course will allow you to interact with your trainer and other participants in a virtual classroom where, in addition to the workshop content, there will be time built in for live discussions, question & answer sessions and skills practice. You can access the course wherever you have an internet connection; on a desktop, tablet or even a smartphone.

#### Content:

- Introduction & Focus
- Trauma Informed Care & Trauma Informed Principles
- Conversation about language, counselling models and practice
- Vicarious Trauma, Self-care and Post-traumatic Growth and Resilience
- Addiction and Trauma

## Target group

Participants should have some work experience. Suitable for: Therapists and Counsellors (please note: this is not designed for experienced therapists) and those working in Social Care, Youth and Family Care, Nursing Practitioners, Addiction Services and Homeless Agencies.

## **Entry requirement**

See target group.

## Selection procedure

The Learning Curve Institute will distribute a unique pre-course questionnaire to each participant in order to ensure the training meets

the needs of everyone in the room and is tailored to the appropriate level while also covering specific situations or scenarios as highlighted by the group. See course website for more details

https://www.thelearningcurve.ie/online-learning/remote-learning-trauma-informed-practice-workshop

## Qualification

All attendees will receive a Certificate of Completion in "Trauma Informed Practice" from The Learning Curve Institute.

#### **Assessment**

See course description.

## Accreditation

Members of The Addiction Counsellors of Ireland can earn CPD points from attending this workshop and there is other accreditation pending.

## Course background

Where appropriate, The Learning Curve Institute will also distribute a unique pre-course questionnaire to each attendee in order to ensure the training meets the needs of everyone in the room and is tailored to a suitable level while also covering specific situations or scenarios as highlighted by the group.

The Learning Curve Institute also offers a bespoke post course support system whereby participants are provided with the contact details of the lecturer and are free to contact him/her with any questions they may have

## Course start date

19 and 20 May 2022 (Thurs, Fri) | 09.30 - 16.30 (CET-1) each day.

## **Course location**

Online

## **Application**

Book online. Please see the website, or contact The Learning Curve Institute on 098 25530 or info@thelearningcurve.ie for more information.

## Cost

€245

## REMOTE LEARNING: COMPLEX TRAUMA

#### **Course Provider**

The Learning Curve Institute

#### **Address**

Rushbrook, Clogher, Westport, Co Mayo

#### Web address

http://www.thelearningcurve.ie

## Contact Person(s)

#### Administrator

Administrator 098 25530 info@thelearningcurve.ie

## Course aims and objectives

Presented online by Kevin Fehin, Senior Clinical Psychologist and Psychotherapist

This workshop will explore how developmental trauma may manifest in adult presentations and provide appropriate interventions to engage with complex trauma. This workshop is open to individuals. The training can also be delivered as in-house training to groups of employees.

The aim of the training is to assist practitioners in identifying signs and symptoms of complex trauma and how it has been appropriated by the adult personality. The workshop will also focus on the hidden aspects of trauma that nonetheless exert influence over the personality. Finally the workshop will address the key therapeutic issues involved in complex trauma such as trust, safely, avoidance, shame and regression, together with the most effective therapeutic strategies for developing a specific therapeutic relationship tailored

to the presentation of complex trauma

## Course content

This workshop will be delivered live on Zoom: The course will allow you to interact with your trainer and other participants in a virtual classroom where, in addition to the workshop content, there will be time built in for live discussions, question & answer sessions and

ce. You can access the course wherever you have an internet connection; on a desktop, tablet or even a smartphone

## Content:

- Types of developmental trauma
  The chronic effect of trauma on development
  The adult manifestation of childhood trauma
  Interventions

Participants will receive an emailed copy of the presentation, other supporting documents and links to relevant literature by email which will enable them to develop their understanding of Complex Trauma appropriate to this level.

## Target group

Suitable for those working in psychology, psychotherapy or counselling.

## **Entry requirement**

Where appropriate, The Learning Curve Institute will also distribute a unique pre-course questionnaire to each attendee in order to ensure the training meets the needs of everyone in the room and is tailored to a suitable level while also covering specific situations or scenarios as highlighted by the group.

#### **Assessment**

n.a.

#### Accreditation

Members of The Psychological Society of Ireland and The Addiction Counsellors of Ireland can earn learning credits/CPD points from attending this workshop.

## Course background

Presented by Kevin Fehin, Senior Clinical Psychologist and Psychotherapist. Among other qualifications he holds a Masters in Psychoanalytic Studies.

## Course start date

09 February 2022 (Wed), 09.30 - 16.30 (CET-1)

## Course location

Online

## **Application**

Visit the course website or contact the Learning Curve

#### Cost

€125

## Selection procedure

See the course website for more details:

https://www.thelearningcurve.ie/online-learning/re mote-learning-complex-trauma-workshop

## Qualification

All attendees will receive a certificate from The Learning Curve Institute on Complex Trauma.

# REMOTE LEARNING – MENTAL HEALTH AWARENESS IN THE WORKPLACE

#### **Course Provider**

The Learning Curve Institute

#### **Address**

Rushbrook, Clogher, Westport, Co Mayo

## Web address

http://www.thelearningcurve.ie

## Contact Person(s)

#### Administrator

Administrator 098 25530 info@thelearningcurve.ie

## **Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

## Course aims and objectives

This workshop will present an overview of common mental health problems and enable participants to discuss and reflect on the common misconceptions regarding mental health difficulties. It aims to promote positive mental health and self-care in the workplace which has benefits for all.

The programme will enhance the skills of participants in supporting those who are experiencing a mental health difficulty and aims to strengthen participants' confidence in having conversations in the workplace concerning mental health, while recognising the boundaries of their role. It will include advice on how and when to signpost colleagues to mental health professionals when their intervention is required.

Aims

- 1. Have an awareness of how to recognise instances of mental health difficulties and stress among employees or colleagues.
- Have strategies to be able to respond sensitively to the co-worker or employee and cope in situations where they have recognised stress and/or a mental health issue.
- Have an understanding of how to support employees or colleagues who may be experiencing difficulties related to stress and/or mental health and employees returning to work after a mental-health-related absence.
- 4. Have been given the tools in order to have meaningful and appropriate conversations

around mental health issues at work

5.

Learning outcomes:

- To build on and expand existing knowledge in relation to key working and case management within the group.
- To enhance confidence in participants in relation to their understanding of key working and case management.
- To allow space and time for participants to look at their own practice in relation to key working and case management and to develop best practice.

#### **Course content**

Participants will be provided with a copy of the presentation and links to relevant literature to enable them to develop their understanding of Key Working and Case Management appropriate to this level. In each session attendees will have the opportunity to observe and participate in role-plays and discussions on key working and case management.

## **Target group**

Workers in the drugs area.

## **Entry requirement**

No specific entry requirements

## Selection procedure

For more information or to book, see the website

https://www.thelearningcurve.ie/online-learning/remote-learning-mental-health-awareness-in-the-workplace

## Qualification

All attendees will receive a Certificate of Completion in Key Working, Care Planning and Case Management from The Learning Curve Institute.

#### Assessment

See course description

#### Accreditation

Eligible for CPD credits from The Addiction Counsellors of Ireland

## Course background

Awareness of the symptoms and characteristics of common mental health problems.

The experience of mental illness.

Particular mental health issues and common mental health problems in the workplace.

Engaging with the person experiencing mental health problems and signposting to suitable support services.

The mental health system in Ireland.

Making a referral under the Mental Health Act 2001.

Engaging with the mental health services.

Participants will receive handouts and relevant literature to enable them to develop their understanding of mental health issues in the workplace with clients or colleagues.

During the workshop participants will have the opportunity to discuss the effects of mental ill-health and how it impacts on the workplace and develop better understandings around assisting/supporting those affected by mental health issues.

## Course start date

No dates at present.

## **Course location**

Online

## **Application**

Contact the Learning Curve. See website for course details.

## Cost

€125

# REMOTE LEARNING: AN INTRODUCTION TO PSYCHODYNAMICS PSYCHOTHERAPY

#### **Course Provider**

The Learning Curve Institute

#### **Address**

Rushbrook, Clogher, Westport, Co Mayo

#### Web address

http://www.thelearningcurve.ie

## Contact Person(s)

#### Administrator

Administrator 098 25530 info@thelearningcurve.ie

## Course aims and objectives

This new one day workshop delivered online by Dr. Kevin Fehin aims to provide an introduction to the ideas and concepts involved in psychodynamic psychotherapy, including transference and countertransference. It will explore attitudes, values and beliefs about human nature from a psychodynamic perspective and provide an understanding of psychopathology and presenting symptoms from this viewpoint.

Some of the applications of psychodynamic thinking both within and outside the clinical setting are introduced. There will also be opportunities for thinking about the place of psychodynamic ideas in working with mental health.

#### **Course content**

This workshop will be delivered live on Zoom: The course will allow you to interact with your trainer and other participants in a virtual classroom where, in addition to the workshop content, there will be time built in for live discussions, question & answer sessions and

## Programme content

- Beginnings and the nature of psychodynamic counselling
- Theory from Freud and Klein, linked to concepts in psychodynamic counselling
- Attachment Theory, stages of development
- Winnicott object relations 'facilitating environment'
- Bion the concept of 'Containment'
- The setting in counselling
- Boundaries
- Active listening
- The therapeutic relationship
- Unconscious communication/processes:

#### **Dreams**

 Working with 'defences' using the concept of Malan and the triangle of insight.

## **Target group**

Suitable for: Qualified mental health professionals and those nearing the end of their training or those with an interest in psychotherapy.

## **Entry requirement**

Not applicable

## Selection procedure

For more information see the course webpage:

https://www.thelearningcurve.ie/online-learning/new-remote-learning-an-introduction-to-psychodynamic-psychotherapy

#### Qualification

All participants will receive a Certificate of Completion in 'An Introduction to Psychodynamics' from The Learning Curve Institute.

#### **Assessment**

n.a.

#### Accreditation

This workshop is eligible for CPD points from The Addiction Counsellors of Ireland with other accredition pending.

## Course background

The Learning Curve Institute will distribute a unique pre-course questionnaire to each participant in order to ensure the training meets the needs of everyone and is tailored to the appropriate level while also covering specific situations or scenarios as highlighted by the group.

The Learning Curve Institute offers a unique post course support system where participants are provided with the contact details of the trainer and are free to contact them with any questions they may have.

## Course start date

No dates at present.

## **Course location**

Online

## **Application**

See the course website or contact The Learning Curve

## Cost

€125.00

# F23 REMOTE LEARNING: AN OVERVIEW OF DUAL DIAGNOSIS

#### **Course Provider**

The Learning Curve Institute

#### **Address**

Rushbrook, Clogher, Westport, Co Mayo

#### Web address

http://www.thelearningcurve.ie

## Contact Person(s)

#### Administrator

Administrator 098 25530 info@thelearningcurve.ie

## Course aims and objectives

This one day course on Dual Diagnosis will be delivered live online by subject expert Dr. Seán Foy, using Zoom. The training sets out to provide a clear overview of Dual Diagnosis Disorders and its implications for treatment and practice. Seán has specialised in the areas of Addiction and Mental Health over the last 25 years and continues to be heavily involved in this area in his work as a clinical psychologist. He has recently delivered a briefing on Dual Diagnosis to the Oireachtas Group on Drug Policy Reform.

'Dual Diagnosis' is the term used when a person suffers from both a drug and/or alcohol issue and a mental health issue. Traditionally there has been much debate as regards the best way to treat clients and service users who have a dual diagnosis. This debate has resulted in clients being treated (in some cases) in two separate services. The American Medical Association states that up to 37% of alcohol abusers and 53% of drug abusers have at least one mental health diagnosis.

#### **Course content**

The aim of this workshop is to provide an overview of Dual Diagnosis. There will be space and time allowed for the development of discussion around dual diagnosis and the knowledge and experience of the group members is valued. There will be "real" scenarios taken from the group and then worked with by the group. This is done to enhance the learning experience and to make the connection between theory and practice. There will be a strong emphasis on knowing the interface between, addiction work and psychiatry and the opportunity to explore the limits of one's own competencies when working with clients or service users who have a dual diagnosis.

## **Target group**

Suitable for anyone working in mental health or addiction services including nurses, social workers, project workers psychologists, counsellors.

## **Entry requirement**

Interest in the subject.

## Selection procedure

For more information see the course

webpage https://www.thelearningcurve.ie/online-learning/remote-learning-an-overview-of-dual-diagnosis

#### Qualification

n.a.

#### **Assessment**

n.a.

## Accreditation

n.a.

## Course background

## Course start date

No dates at present

#### **Course location**

Online, via zoom

## **Application**

Apply to The Learning Curve

## Cost

€125.00

## **COMMUNITY REINFORCEMENT APPROACH (CRA)**

#### **Course Provider**

Western Regional Drugs and Alcohol Task Force

#### **Address**

Unit 6, Galway Technology Park, Parkmore, Galway

#### Web address

http://www.wrdatf.ie/

## Contact Person(s) Western Regional Drugs Task Force

091 480056 training@wrdtf.ie

## Course aims and objectives

Community Reinforcement Approach Family Training (CRAFT) is an evidence-based treatment programme for family members of people who alcohol and drugs.. CRAFT is designed to increase the chances of the substance user entering into treatment as well as improving the lives of the family members. CRAFT grew out of the understanding that although individuals who need help with substance use problems are often don't want to avail of treatment, their family members are typically highly motivated to get help for them. However, families often have not been given the appropriate tools to support them in helping a loved one into treatment.

Participants will focus on improving their own well-being while also feel empowered to use their new-learned skills and techniques to increase their loved one's likelihood to enter treatment.

#### Course content

This is a 7 week course, held for an hour (11-12 noon) every Tuesday from March 1st.

It will empower the participants with tools and skills that have been proven to be beneficial in increasing the chances of a person who uses substances engaging in treatment (counselling, support, rehabilitation, etc). Skills include communication, problem solving skills and reinforcement of positive behaviour, while also looking at ways of improving the well-being of the participant.

## Target group

Family members of people who use substances, who are wanting to increase the chances of their loved one entering into treatment, while also improving their own well-being. If there is a

history of, or current ongoing violence or control within the relationship, please contact Maria Powers (0876955557) before registering for this course. This is to optimise the safety of participants.

## **Entry requirement**

See target group. Training is for those living in the west of Ireland, though we will accept trainees from outside.

## Selection procedure

See the WRDTF training calendar for booking form <a href="https://www.wrdtf.ie/training-calendar.php">www.wrdtf.ie/training-calendar.php</a> or the course

page:

https://www.wrdatf.ie/training-details.php?ID=279

#### Qualification

n.a.

## **Assessment**

n.a.

## Accreditation

n.a.

## Course background

The WRDTF education team provide a wide range of training and education programmes for those living in the west of Ireland.

## Course start date

1, 8, 15, 22 29 March, 5 & 12 April 2022. 7 weeks (1 hour per week, 11 am to 12 pm)

## **Course location**

Online

## **Application**

Complete booking form in the WRDTF training calendar and return to WRDTF or email: Training@wrdtf.ie

## Cost

n.a.

## **PUTTING THE PIECES TOGETHER**

#### **Course Provider**

Western Regional Drugs and Alcohol Task Force

#### **Address**

Unit 6, Galway Technology Park, Parkmore, Galway

#### Web address

http://www.wrdatf.ie/

## Contact Person(s) Western Regional Drugs Task Force

091 480056 training@wrdtf.ie

#### **Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

## Course aims and objectives

Putting the Pieces Together is a training manual that was developed by the WRDATF to harness an integrated approach to working with young people, parents and communities on the subject of drugs and alcohol.

This blended learning programme will train people in the use and content of the manual. It aims is to act as a guide and a resource for persons working with young people of mixed abilities in an out-of-school setting. This blended learning course which includes 4 zoom sessions and approximately 6 hours self directed learning where all the materials including zoom link are provided on a learning management system. On completion of all elements of the course, participants will receive a copy of the manual via the post.

## **Course content**

This course is a blended learning course where participants attend 4 online zoom session and also complete a number of modules online. A short introduction and further information on the delivery and content of the course will be given in advance of the course.

## The course aims:

- To explore and challenge attitudes in relation to substance use
- To enhance knowledge and understanding of substance use

- To explore how drugs affect the brain and elicit their effects
- To develop skills in delivering drugs and alcohol education
- To develop an understanding of Best Practice in substance use education
- To develop skills in relation to talking to young people about substance use
- To give an introduction into the use of brief interventions
- To develop an understanding of how to use the resource Putting the Pieces Together
- To develop an awareness of services available locally and nationally

## **Target group**

Individuals who intend to complete Putting the Pieces Together awareness/prevention courses with young people within organisations and groups in out-of-school settings (either online or in-person)

## **Entry requirement**

Training is for those living in the West of Ireland, though we will accept trainees from outside.

## Selection procedure

See the website (training calendar) for booking form <a href="https://www.wrdatf.ie/training.php">https://www.wrdatf.ie/training.php</a> or the course

page

https://www.wrdatf.ie/training-details.php?ID=277

#### Qualification

A Certificate of Attendance on completion.

## **Assessment**

n.a.

## **Accreditation**

n.a.

## Course background

The WRDTF education team provide a wide range of training and education programmes for those living in the west of Ireland.

## **Course start date**

19, 26 January and 2 & 9 February 2022 (4 zoom sessions, total 12 hours)

## **Course location**

Online.

## **Application**

Complete the general booking form, which can be found in the WRDTF training calendar.

## Cost

n.a.

# SAOR: SCREENING & BRIEF INTERVENTIONS FOR ALCOHOL USE

#### **Course Provider**

Western Regional Drugs and Alcohol Task Force

#### **Address**

Unit 6, Galway Technology Park, Parkmore, Galway

#### Web address

http://www.wrdatf.ie/

# Contact Person(s) Western Regional Drugs Task Force

091 480056 training@wrdtf.ie

#### **Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

## Course aims and objectives

SAOR Screening and Brief Intervention for Problem Alcohol and Substance Use (2017) is a step-by-step guide for practice developed in response to problem alcohol and other drug use. A brief intervention for alcohol use is a short, helpful conversation that focuses on assessing, and if necessary, assists a person to consider and alter their alcohol consumption. Brief interventions have shown to be effective in initiating change in alcohol consumption for people with mild to moderate alcohol-related problems and in helping people with more significant difficulties to access specialised alcohol treatment services. The SAOR model can be used in a wide variety of settings, including community, statutory, voluntary, justice and education services. By following this model, many professionals and volunteers have been given the confidence and competence to screen for problem alcohol and drug use and either engage in a brief intervention or refer to specialist services if necessary.

SAOR training is delivered in a 90 minute eLearning module followed by 2 half day skills based workshops delivered live online.

## **Course content**

The Course includes:

- Evidence for the effectiveness of SBI Alcohol and drug-related presentations to health and social care settings
- Contemporary models of SBI for problem alcohol and drug use

- Overview of the SAOR model of intervention for problem alcohol and drug use
- Establishing a supportive working relationship with the service users
- Asking about alcohol and drug use and screening for alcohol and drug-related problems
- Delivering a structured brief intervention based upon the SAOR model
- Developing appropriate care pathways for service users and arranging appropriate follow up
- Accessing useful links and reference materials for further reading and research

## **Target group**

Staff who have occasion to ask people about their alcohol use. This could include workers from social care, family support, employment support, vocational training, criminal justice, probation, education, housing support and general health care services.

## **Entry requirement**

This training is for those with an interest in SAOR.

## Selection procedure

See the WRDATF website for more information and booking form (see training calendar) <a href="www.wrdatf.ie/training-calendars.php">www.wrdatf.ie/training-calendars.php</a> or directly

at

https://www.wrdatf.ie/training-details.php?ID=278

## Qualification

Participants will receive a certificate of attendance when they complete the online elearning module and the online zoom training. Both elements muct be included to receive a certificate.

## **Assessment**

n.a.

## **Accreditation**

n.a.

## Course background

The WRDATF have a panel of SAOR trainers in the Western Region and trainers will vary depending on availablitly.

## **Course start date**

15 & 16 February 2022, 10am to 12.30pm. Contact WRDATF for upcoming dates.

## **Course location**

Online, via Zoom

## **Application**

Complete the general booking form, which can be found in the WRDATF training calendar or email: training@wrdtf.ie

## Cost

Free

# F27 INSIGHT: DRUG AND ALCOHOL FAMILY SUPPORT PROGRAM

#### **Course Provider**

Western Regional Drugs and Alcohol Task Force

#### **Address**

Unit 6, Galway Technology Park, Parkmore, Galway

#### Web address

http://www.wrdatf.ie/

# Contact Person(s) Western Regional Drugs Task Force

091 480056 training@wrdtf.ie

#### **Not Active**

This course is no longer active, but might be in the future contact the Course Administrator for more information.

## Course aims and objectives

This online program aims to help families with practical strategies about how to talk to loved ones about their substance use, better respond to and manage challenging behaviours and practice self-care. Information on where to access additional help and support is provided.

This is an evidence based program which aims to 1) Provide family members with facts around addiction and substances, how substances effect the body, the cycle of addiction and how families can support their loved ones in making changes in regards to their drug use

- 2) Provide strategies to help family members talk about drug use, set boundaries, develop safety plans and work on self care. We will also explore managing challenging behaviours and keeping family members safe and functioning during difficult times.
- 3) The program will provide family members with skills and knowledge to navigate the drug treatment system and obtain the best possible outcomes for loved ones. We will explore some of the barriers to seeking help and how to overcome these. All participants are given information about other supports that they can avail of.

## **Course content**

Topics covered:

- Understanding Addiction
- Addiction and Mental Health
- Family Dynamics
- Boundaries and Safety
- Communicate with confidence

Recovery for the family

## **Target group**

This programme is designed specifically for family members who are concerned about a loved one's alcohol or drug use.

(If you are a professional working in the region and interested in finding out more about Drug & Alcohol Family Support please contact training@wrdatf.ie)

## **Entry requirement**

To be family members who are concerned about a loved one's alcohol or drug use.

## Selection procedure

See WRDATF website booking form (training calendar) <a href="https://www.wrdatf.ie/training-calendars.php">www.wrdatf.ie/training-calendars.php</a> or

https://www.wrdatf.ie/training-details.php?ID=275

## Qualification

n.a.

## **Assessment**

n.a.

## Accreditation

n.a.

## Course background

Trainer is Maria Powers, WRDATF Family Support Worker. The WRDATF education team provide a wide range of training and education programmes for those living in the west of Ireland.

## Course start date

January 18, 25, February 1, 8, 15 & 22 2022. Sessions will last no more than 1 hour and will run online Tuesday evenings 7.30-8.30pm.

## **Course location**

Online course, via Zoom

## **Application**

Book online

## Cost

Free

# ALCOHOL RELATED BRAIN INJURY SHORT COURSE FOR PROFESSIONALS SUPPORTING PEOPLE WHO ARE ALCOHOL DEPENDENT AND THEIR FAMILIES

#### **Course Provider**

Western Regional Drugs and Alcohol Task Force

#### **Address**

Unit 6, Galway Technology Park, Parkmore, Galway

#### Web address

http://www.wrdatf.ie/

## Contact Person(s) Western Regional Drugs Task Force

091 480056 training@wrdtf.ie

## Course aims and objectives

It is estimated that 35% of people who are alcohol dependent will have some form of Alcohol-related Brain Injury (ARBI). ARBI is an umbrella term that encompasses a number of conditions including cognitive dysfunction, peripheral neuropathy, liver encephalopathy, and the more commonly associated conditions of Wernickie's Encephalopathy and Korsakoff's Amnesic Syndrome. The onset of these conditions can be insidious, with symptoms being difficult to detect. ARBI is preventable and it is treatable.

This course will explore:

- What is ARBI?
- What are the impacts of ARBI on the individual, their family, and the services they come in contact with?
- Adaptations that can be made in providing person-centred treatment to people at risk of ARBI

This course also involves training in the use of a validated screening tool, developed by ARBIAS, in detecting the possible presence of an acquired brain injury within your client group going forward.

## **Course content**

This course offers insight into the complexity that is Alcohol-related Brain Injury and demonstrates, through interactive discussion and presentation of underpinning research and case studies, how your service can support people at risk of these conditions.

## Target group

Anyone who is striving to support people who use alcohol in a harmful way, or supporting family members/carers of people who misuse alcohol.

## **Entry requirement**

This training is for those living in the West of Ireland, though we will accept trainees from outside the west.

## Selection procedure

See the WRDATF website for more information and booking form (see training calendar) <a href="www.wrdatf.ie/training-calendars.php">www.wrdatf.ie/training-calendars.php</a> or the course

page:

https://www.wrdatf.ie/training-details.php?ID=276

#### Qualification

n.a.

#### **Assessment**

n.a.

## **Accreditation**

n.a.

## Course background

The WRDATF education team provide a wide range of training and education programmes for those living in the west of Ireland.

#### Course start date

1, 8, 15, 22 February & 1 March

## **Course location**

Online

## **Application**

Complete the general booking form, which can be found in the WRDATF training calendar or email: training@wrdtf.ie

#### Cost

n.a.

# F28 KEYWORKING, CARE PLANNING and CASE MANAGEMENT

#### **Course Provider**

Urrus/The Ballymun Youth Action Project

#### **Address**

Horizons Centre, Balcurris Road, Ballymun, Dublin 11

#### Web address

http://www.byap.ie

## Contact Person(s)

Gabrielle Gilligan

Administrative Assistant 01 846 7980 / 01 842 5726 urrus@byap.ie

## Course aims and objectives

This programme is offered in response to the emerging skills, knowledge and practice needs of new and existing keyworkers in the drug and alcohol, homeless and broader social care sector. Urrús Keyworking, Care Planning and Case Management programme will give learners the opportunity to understand the systems of key working, care planning and case management within the National Drug Rehabilitation Framework.

#### Course content

Contents will include:

- Key Working systems and processes.
- Care Planning policy and practice.
- Case Management framework and communications.
- Professional Boundaries understanding and techniques
- Confidentiality and Case Notes guidelines and application
- Reflective and Professional Practice theories and practice

## **Target group**

This training is for new or existing keyworkers, support workers and other practitioners in the drug and alcohol field and in the broader social care field. Applicants must have at least one level 5 module in addiction or in a related care sector field and be available to attend the programme as described.

## **Entry requirement**

It is essential that students have computer, internet access and email to engage with the course learning.

## Selection procedure

Applicants are required to complete an application form and attend an interview. Shortlisting may apply. For more information on the course, see the URRUS website <a href="http://www.byap.ie/urrus">http://www.byap.ie/urrus</a>

## Qualification

The programme offers a progression pathway to the Level 7 Diploma in Community Drug and Alcohol Work delivered in partnership by Urrús and University College Dublin.

#### **Assessment**

The assessment approaches used in the programme include written assignments and learning journals. Assessment is carried out throughout the course, as individual modules are completed.

#### Accreditation

URRÚS is registered with QQI (Quality and Qualifications Ireland). On successful completion of the programme learners will receive a component certificate in Person Centred Planning (6N2206) QQI Level 6 and Boundary Management (6N2207) QQI Level 6. The programme is accredited as QQI Award (Minor) Level 6 - Further Education and Training.

## Course background

URRÚS (Irish for "strength" or "confidence") was founded in 1996, by the Ballymun Youth Action Project, to provide training in relation to drug misuse.

#### Course start date

The programme runs over twelve weeks, one-day a week (10am-5pm) and will start Thursday 9th September.

## **Course location**

Online course

## **Application**

Booking form is available from URRUS. Closing date for completed applications is Friday 20th August. Interviews will be held shortly after closing date. If you have any further questions please contact the office – 01 8467980 / urrus@byap.ie

## Cost

Category 1 - €50.00. Booking deposit €10 (non-refundable). Category 2 - Living/working in the Ballymun Local Drug Task Force Area €5 Registration fee (non-refundable).

# **PROVIDERS**

## **Addiction Response Crumlin**

## 101 Cashel Road, Crumlin, Dublin 12

web: http://www.addictionresponsecrumlin.ie

Contact Person(s): Education Team

01 411 3222

info@addictionresponsecrumlin.ie

Course		Page
A14	REHABILITATION, EDUCATION & TRAINING PROGRAMME	28

## An Cosan

## Kiltalown Village Centre, Jobstown, Tallaght, Dublin 24

web: http://www.ancosan.ie

Contact Person(s):

Eithne Dunne Fiona Colclough

Education Co-ordinator Education and Training Co-ordinator

e.dunne@ancosan.com f.colclough@ancosan.com

Course		Page
C12	BACHELOR OF ARTS IN APPLIED ADDICTION STUDIES AND COMMUNITY DEVELOPMENT	81
F02	CERTIFICATE IN APPLIED ADDICTION STUDIES & COMMUNITY DEVELOPMENT	122

## Blanchardstown Local Drugs and Alcohol Task Force

## 2nd Floor, Parkside, Main Street, Mulhuddart, Dublin 15

web: https://blanchardstowndrugstaskforce.ie/

Contact Person(s):

## Ciara Jubani

Community Development Worker

01 824 9590 / 685 4405

ciara@bldtf.ie

Course		Page
B18	STRENGTHENING FAMILIES PROGRAMME	55

## **City Colleges**

## Wicklow House, 84-88 South Great George's Street, Dublin 2

web: http://www.citycolleges.ie

Contact Person(s):

Administrator

1850 252740 or (01) 4160034

info@citycolleges.ie

Course		Page
C07	DIPLOMA IN ADDICTION STUDIES	71

## Clondalkin Drug & Alcohol Task Force & NUI Maynooth

## A1 Weatherwell Business Park, Clondalkin Dublin 22.

web: https://www.clondalkindrugstaskforce.ie/cdtf-training/

Contact Person(s):

Course co-ordinator

01 457 9445 / 086 858 1787 rehabilitation@cdatf.ie

Course		Page
C02	HIGHER CERTIFICATE IN ADDICTION STUDIES (Level 7)	63

## **CMI: Communications & Management Institute**

Office 1: Unit 14A, Cashel Business Centre, Cashel Rd, Dublin 12 Office 2: Regus House, Harcourt rd, Dublin 2

web: http://www.cmi-ireland.com

Contact Person(s):

**Graham Moore** 

Admissions

01 492 7070

info@cmi-ireland.com

Course		Page
B19	ADDICTION STUDIES	56

## **College of Management and IT (CMIT)**

## Southern Cross Business Park, Bray, Co. Wicklow

web: http://www.cmit.ie/ Contact Person(s):

Administrator

01 286 5783 or 01 276 5015

info@cmit.ie

Course		Page
F04	DRUG AND ALCOHOL COUNSELLING	125

## Community Outreach Drug and Alcohol Project – Cork City Partnership

Cork City Partnership Ltd. Level 1, Heron House Blackpool Retail Park Blackpool Cork City Telephone: 021–4302310 web: http://www.corkcitypartnership.ie

Contact Person(s):

Jacqueline Daly Mella Magee

Community Development / Drug & Alcohol Worker Community Development / Drug & Alcohol Worker

087 1962030 087 1962022

jdaly@partnershipcork.ie mmagee@partnershipcork.ie

Course		Page
A07	PARENT TO PARENT PROGRAMME	19
B01	SUBSTANCE USE ISSUES IN YOUTH AND COMMUNITY WORK	38

## **Croi Nua Counselling and Psychotherapy**

## The Orchard, Banshane, Midleton, Co. Cork

web: http://eastcorkcounselling.com/

Contact Person(s):

Pat Coughlan

Counsellor, Psychotherapist, Career and Life Coach

087 286 8590

pcoughlan7@eircom.net

Course		Page
A18	COMMUNITY ADDICTION COURSE	33

## **Cuan Mhuire and IT Tralee**

## Tralee, Co Kerry

web: http://www.ittralee.ie/en/

Contact Person(s): Admissions Officer

066 7145638

admissions@ittralee.ie

Course		Page
C29	BA (HONOURS) IN COUNSELLING WITH ADDICTION	113
C30	BA (HONOURS) IN COUNSELLING WITH ADDICTION. ONE YEAR ADD-ON	114

## **DBS School of Arts**

## Dublin Business School, 13/14 Aungier Street, Dublin 2

web: http://www.dbs.ie Contact Person(s):

Administrator Louise Carey

Admissions Manager

01 417 7500 01 417 7500

admissions@dbs.ie Louise.Carey@dbs.ie

Course		Page
C05	DIPLOMA IN ADDICTION STUDIES	68
C20	MASTER OF ARTS (TAUGHT) IN ADDICTION STUDIES	97

## drugs.ie

## HSE, Dublin

web: http://www.drugs.ie/

Contact Person(s):

Dermot Murphy Nichola Corrigan

Team Leader National Social Inclusion Office

Course		Page
F01	QUALITY CHAMPIONS TRAINING	120

## **Dublin North East Drugs and Alcohol Task Force**

The Mornington Centre, 44A Malahide Road, Artane Roundabout, Artane, Dublin 5.

web: http://www.dnetaskforce.ie/

Contact Person(s):

Training co-ordinator

01 846 5070

reception@dnetaskforce.ie

Course		Page
A17	DUBLIN NORTH EAST TASK FORCE COURSES	32

## **Dublin Region Homeless Executive / Dublin City University**

Block 1, Floor 2, Dublin City Council, Civic Offices, Fishamble Street, Christchurch, Dublin 8.

web: https://www.homelessdublin.ie/our-work/training

Contact Person(s):

Training co-ordinator

01 2226863

drhetraining@dublincity.ie

Course		Page
C28	CERTIFICATE IN HOMELESS PREVENTION AND INTERVENTION	111

## **EAP Institute**

## 143 Barrack Street, Waterford

web: http://www.eapinstitute.com

Contact Person(s):

Anita Furlong

Conference Administrator

051 855 733

anita@eapinstitute.com

Course		Page
A02	DEVELOPMENT OF POLICIES AND PROCEDURES FOR WORKPLACE DRUGS AND ALCOHOL	14

## **Health Service Executive**

Health Promotion Service, 1st floor, Unit 4, Nexus Building, Blanchardstown Corporate Park, Dublin 15 web.

Contact Person(s):

Anne Marie Kavanagh Fiona Walsh Maher Marwin Jagoe

n.a. 021 4921641

annemarie.kavanagh@hse.ie fiona.walsh4@hse.ie marwin.jagoe@hse.ie

Course		Page
A05	BRIEF INTERVENTIONS FOR SMOKING CESSATION	17
A20	SAOR SCREENING AND BRIEF INTERVENTION FOR PROBLEM ALCOHOL & SUBSTANCE USE. ONE-DAY COURSE.	37

## **HIV Ireland**

## 70 Eccles Street, Dublin 7

web: http://www.hivireland.ie

Contact Person(s):

## Susan Donlon

Prevention Education & Training Co-ordinator

01 873 3799

susan.donlon@hivireland.ie

Course		Page
B04	SEXUAL HEALTH AND DRUG AWARENESS: TRAINING FOR TRAINERS PROGRAMME	40

## **HURT (Have Your Tomorrows)**

14 Clarendon Street, Derry. BT48 7ET, Northern Ireland.

web: https://hurtni.org.uk/

Contact Person(s):

## Dessie Kyle

Centre Manager

(0044) 028 7136 9696.

https://hurtni.org.uk/contact/

Course		Page
B17	LEVEL 5 DIPLOMA IN SUBSTANCE MISUSE THEORY & INTERVENTIONS	53

## **IICP Education and Training**

## Killinarden Enterprise Park, Killinarden, Tallaght, Dublin 24

web: http://www.iicp.ie Contact Person(s):

Marcella Finnerty
Course Director
01 260 0805 / 086 260 9989

Norah Byrne Course Co-ordinator

marcella@iicp.ie norah@iicp.ie

Course		Page
B07	PROFESSIONAL CERTIFICATE IN THE THERAPEUTIC USE OF MINDFULNESS	43
B08	PRACTITIONERS CERTIFICATE IN COGNITIVE BEHAVIOURAL THERAPY	45
B09	CERTIFICATE IN COUNSELLING AND PSYCHOTHERAPUETIC STUDIES	47
C08	DIPLOMA IN INTEGRATIVE SUPERVISION	73

## Irish College of General Practitioners

## 4/5 Lincoln Place, Dublin 2, Ireland

web: http://www.icgp.ie/go/courses/e\_learning

Contact Person(s):

Yvette Dalton

01 676 3705

yvette.dalton@icgp.ie

Course		Page
F06	ONLINE FOUNDATION COURSE IN SUBSTANCE MISUSE	128

## Irish College of Humanities and Applied Sciences (ICHAS)

## Walton House, Lonsdale Road, National Technology Park, Castletroy, Limerick

web: http://www.ichas.ie/

Contact Person(s):

## Administration offices

061 216 288 info@ichas.ie

Course		Page
C13	B.A. (HONS) IN COUNSELLING & PSYCHOTHERAPY WITH ADDICTION STUDIES	83
C14	M.A. IN ADDICTION COUNSELLING	85
C15	CERTIFICATE IN FOUNDATIONAL SKILLS & COMPETENCE IN COUNSELLING & PSYCHOTHERAPY	87
C16	CERTIFICATE IN SUPPORTING POSITIVE PARENTING	89
C17	B.A. (HONS) IN COUNSELLING & PSYCHOTHERAPY WITH YOUTH STUDIES	91

## **Irish Training & Educational Centre**

## Unit 9, Leopardstown Business Centre, Ballyogan Road, Leopardstown, Dublin 18.

web: http://www.irishtraining.ie/

Contact Person(s):

Course administrator

01 2061832

info@irishtraining.ie

Course		Page
F07	ALCOHOL & DRUG ABUSE	129

## Le Cheile

## 24 Tivoli Terrace South, Dun Laoghaire Co. Dublin

web: http://www.lecheile.ie

Contact Person(s):

Le Cheile Mentoring Project

01 214 4350 info@lecheile.ie

Course		Page
A01	STRENGTHENING FAMILIES PROGRAMME	12

## **Letterkenny IT and Alcohol Forum**

## Letterkenny Institute of Technology, Port Road, Letterkenny, Donegal

web: https://www.lyit.ie

Contact Person(s):

Louise McBride

Head of Department of Nursing and Health Studies

074 9186303

Louise.McBride@lyit.ie or Sheila.Giblin@lyit.ie

Course		Page
C24	MASTER OF SCIENCE / POSTGRADUATE DIPLOMA IN THERAPEUTIC INTERVENTIONS FOR ALCOHOL & OTHER DRUGS	105
C25	CHILDREN & FAMILIES HIDDEN HARM	107

## **Liberties College**

## Liberties College, Bull Alley Street, Patrick Street, Dublin 8

web: http://www.libertiescollege.ie

Contact Person(s):

## Brid Milliken

Department Head: Counselling and General Information

01 454 0044

info@liberties.cdvec.ie

Course		Page
B15	APPLIED SOCIAL STUDIES - WITH COUNSELLING & ADDICTION STUDIES	51
B16	APPLIED SOCIAL STUDIES - YOUNG ADULTS	52

## **National Institute for Prevention and Cardiovascular Health**

Croí Heart and Stroke Centre, Moyola Lane, Newcastle, Galway.

web: https://nipc.ie/education/

Contact Person(s):

Marketing & Events Coordinator

091 893 398 info@nipc.ie

Course		Page
A21	MOTIVATIONAL INTERVIEWING: THE ESSENTIALS	35

## **National Youth Council of Ireland**

## 3 Montague Street Dublin 2 Ireland

web: http://www.youth.ie/training

Contact Person(s):

## Training Administrator

Training Administrator

01-478 4122

training@nyci.ie

Course		Page
A19	ASIST (Applied Suicide Intervention Skills Training)	34
B14	MINDOUT: MENTAL HEALTH PROMOTION PROGRAMME FOR OUT OF SCHOOL SETTINGS.	50

## **North West Regional College**

## Strand Road, Derry BT48 7AL

web: http://www.nwrc.ac.uk/

Contact Person(s):

## Susan McGrory

Course Director 028 71 276519

susan.mcgrory@nwrc.ac.uk

Course		Page
C11	FOUNDATION DEGREE IN RESPONDING TO ALCOHOL AND DRUG MISUSE	79

## **NUI Maynooth**

## Department of Adult and Community Education, NUI Maynooth, Co Kildare

web: http://adulteducation.nuim.ie

Contact Person(s):

#### Administrator

n.a.

01 708 6062

Adcomed@nuim.ie

Course		Page
C01	ADDICTION STUDIES CERTIFICATE	61

## **One Family**

## 2 Lower Pembroke Street, Dublin 2

web: http://www.onefamily.ie

Contact Person(s):

## Paula Lonergan

Training & Consultancy Manager

01 6629212

training@onefamily.ie

Course		Page
A15	FAMILY COMMUNICATIONS: COPING WITH FAMILY LIFE AND COMMUNICATION WITH TEENAGERS - TRAINING FOR TRAINERS	29
A16	POSITIVE PARENTING FOR CHANGING FAMILIES	31

## **PCI College**

## Corrig House, Old Naas Road, Clondalkin, Dublin 22

web: http://www.pcicollege.ie

Contact Person(s):

## Kelley Farrell

**Enquiries** 

01 464 2268

info@pcicollege.ie

Course		Page
B12	PROFESSIONAL CERTIFICATE IN COGNITIVE BEHAVIOUR THERAPY	49
C21	MASTERS IN CHILD & ADOLESCENT COUNSELLING & PSYCHOTHERAPY	99
C22	MSC ADDICTION COUNSELLING & PSYCHOTHERAPY	101
E01	PCI IN-SERVICE TRAINING PROGRAMME	118

## **Peer Drug Prevention Education Group**

## Blanchardstown Youth Service, Main Street, Blanchardstown, Dublin 15

web: n.a.

Contact Person(s):

## Brian Fitzsimons

01 821 2012

brian.fitzsimons@foroige.ie

Course		Page
D02	PEER DRUG PREVENTION EDUCATION	116

## Peter Kelly: Addiction Training, Therapy & Supervision

The Carmelite Center, 56 Aungier St, Dublin 2

web:

Contact Person(s):

## Peter Kelly

Facilitator

085-743-8629

kellygerpeter@gmail.com

Course		Page
A12	5xweek GROUP WORK TRAINING	25
A13	MOTIVATIONAL INTERVIEWING HELPING PEOPLE TO WORK TOWARDS CHANGE	27
B06	CERTIFICATE IN ADDICTION STUDIES	41

## **School of Medicine, Trinity College Dublin**

## College Green Dublin 2, Ireland

web: https://www.tcd.ie/medicine

Contact Person(s):

Joe Barry

Course Director 01 8961087 joebarry@tcd.ie

Course		Page
C19	MSc ADDICTION RECOVERY	95

## School of Social Work and Social Policy, Trinity College Dublin

School of Social Work and Social Policy, Room 3063, Arts Building, University of Dublin, Trinity College, Dublin 2

web: http://www.tcd.ie/swsp/

Contact Person(s):

Louise O'BrienKay InckleCourse AdministratorExecutive Officer01 896359301 8962991obriel10@tcd.iekinckle@tcd.ie

Course		Page
A06	UNDERSTANDING AND RESPONDING TO SELF-INJURY: A HARM-REDUCATION APPROACH	18
F05	ONLINE POSTGRADUATE DIPLOMA IN SOCIAL POLICY AND PRACTICE.	126

## **Southside Community Training Network**

The Old Post Office, 7 Rock Hill, Main Street, Blackrock, Co. Dublin

web: http://southsidepartnership.ie/events/

Contact Person(s):

Sandra Campbell

01 209 0610

sandra.campbell@sspship.ie

Course		Page
A03	DUN LAOGHAIRE-RATHDOWN DRUG AND ALCOHOL TRAINING COURSES	15

## **The Learning Curve Institute**

## Rushbrook, Clogher, Westport, Co Mayo

web: http://www.thelearningcurve.ie

Contact Person(s):

## Administrator

Administrator

098 25530

info@thelearningcurve.ie

Course		Page
F09	REMOTE LEARNING - GRIEF, LOSS AND ADJUSTMENT	132
F10	REMOTE LEARNING: AN INTRODUCTION TO SOLUTION FOCUSED BRIEF THERAPY	133
F12	REMOTE LEARNING: AN INTRODUCTION TO DIALECTICAL BEHAVIOUR THERAPY	135
F13	REMOTE LEARNING - ADVANCED DIALECTICAL BEHAVIOURAL THERAPY (DBT)	137
F14	REMOTE LEARNING: DRUG & ALCOHOL AWARENESS	139
F15	REMOTE LEARNING: IMPROVING PROFESSIONAL BOUNDARIES	141
F16	REMOTE LEARNING: HIDDEN SHAME	143
F17	REMOTE LEARNING: AN INTRODUCTION TO MOTIVATIONAL INTERVIEWING	144
F18	REMOTE LEARNING: KEY WORKING, CARE PLANNING AND CASE MANAGEMENT	146
F19	REMOTE LEARNING: TRAUMA INFORMED PRACTICE	148
F20	REMOTE LEARNING: COMPLEX TRAUMA	149
F21	REMOTE LEARNING – MENTAL HEALTH AWARENESS IN THE WORKPLACE	150
F22	REMOTE LEARNING: AN INTRODUCTION TO PSYCHODYNAMICS PSYCHOTHERAPY	152
F23	REMOTE LEARNING: AN OVERVIEW OF DUAL DIAGNOSIS	154

## **Trinity College Dublin on Future Learn**

## Virtual platform.

web: https://www.futurelearn.com/subjects/psychology-and-mental-health-courses Contact Person(s):

Course		Page
F08	IDENTIFYING AND RESPONDING TO DRUG AND ALCOHOL ADDICTION	130
	IN NURSING, MIDWIFERY AND ALLIED HEALTHCARE PRACTICE	

## **UCD College of Human Sciences Graduate School**

## UCD, Belfield, Dublin 4

web: http://www.ucd.ie/humansciences/graduateschool/

Contact Person(s):

## Administrator

01 716 8643 mpp@ucd.ie

Course		Page
C27	MASTER OF PUBLIC POLICY	109

## **UCD School of Applied Social Science**

## University College Dublin, Belfield, Dublin 4

web: http://www.ucd.ie/appsocsc/

Contact Person(s):

## Ms Catherine Baulch

01 716 8419

Catherine.baulch@ucd.ie

Course		Page
C10	HIGHER DIPLOMA IN SOCIAL POLICY	77

## **University College Cork**

## UCC, Cork

web: http://www.ucc.ie/study/ace/

Contact Person(s):

## Gwen Roche

Programme Administrator

021 4904703 gwen.roche@ucc.ie

Course		Page
C09	SUBSTANCE MISUSE AND ADDICTION STUDIES DIPLOMA	75

#### **University of Limerick / HSE Addiction Services**

Delivered at: University of Limerick Campus / Bridge House, Cherry Orchard, Ballyfermot, Dublin.

web: http://www.ul.ie/cpe/node/207

Contact Person(s):

**Dr Petra Elftorp**Course Director/Limerick Co-ordinator

Petra.Elftorp@ul.ie

Aoibhinn King
Dublin Co-ordinator
(087) 9074515
aoibhinn.king@hse.ie

Esther Wolfe
Dublin Co-ordinator
(087) 9092730
esther.wolfe@hse.ie

Course		Page
C06	DIPLOMA IN DRUG AND ALCOHOL STUDIES	69

#### **Urrus and University College Dublin**

#### Horizons Centre, Balcurris Road, Ballymun, Dublin 11

web: http://www.byap.ie/services/urrus/diploma-in-community-drugs-work

Contact Person(s):

Laura O'Reilly Dr Sarah Morton

Training Centre Co-ordinator Director of the Community Partnership Drugs Programme

01 846 7980 / 01 842 5726 n

urrus@byap.ie sarah.morton@ucd.ie

Course		Page
C04	DIPLOMA IN COMMUNITY DRUG AND ALCOHOL WORK	66
F03	PROFESSIONAL CERTIFICATE IN WOMEN AND SUBSTANCE USE	123

### **Urrus/The Ballymun Youth Action Project**

Horizons Centre, Balcurris Road, Ballymun, Dublin 11

web: http://www.byap.ie Contact Person(s):

Gabrielle Gilligan

Administrative Assistant 01 846 7980 / 01 842 5726

urrus@byap.ie

Course		Page
A08	INTRODUCTION TO ADDICTION STUDIES	20
A09	UNDERSTANDING HARM REDUCTION	21
A10	UNDERSTANDING SAFER INJECTING TECHNIQUES	22
A11	WOMEN AND SUBSTANCE USE	23
B21	COMMUNITY ADDICTION STUDIES COURSE QQI Award (Minor) Level 5	59
C03	KEYWORKING AND CARE PLANNING	64
F28	KEYWORKING, CARE PLANNING and CASE MANAGEMENT	164

## **Waterford College of Further Education**

#### Parnell Street, Waterford

web: http://www.wcfe.ie/jcms/

Contact Person(s):

#### Philip Deegan

Director of Adult Education

051 874053

pdeegan@wcfe.ie

Course		Page
B20	COMMUNITY ADDICTION STUDIES	58

#### Waterford Institute of Technology

Department of Health, Sport and Exercise Science, School of Health Sciences, WIT, Cork Road, Waterford

web: http://www.wit.ie
Contact Person(s):

Niamh Murphy Graduate Admissions

Lecturer

051 302 000 +353 (0)51 302670 nmurphy@wit.ie pgadmissions@wit.ie

Course		Page
C23	MA IN ADVANCED FACILITATION SKILLS FOR PROMOTING HEALTH AND WELL BEING	103
C26	POSTGRADUATE RESEARCH IN DRUG AND ALCOHOL MISUSE	108

#### **Western Regional Drugs and Alcohol Task Force**

#### Unit 6, Galway Technology Park, Parkmore, Galway

web: http://www.wrdatf.ie/

Contact Person(s):

Western Regional Drugs Task Force Gary Kyne Gillian Conway

Drug Education Support Worker

091 480056 091 480 044 091 480056 or 086 7814779

training@wrdtf.ie info@wrdtf.ie training@wrdtf.ie

Course		Page
F24	COMMUNITY REINFORCEMENT APPROACH (CRA)	155
F25	PUTTING THE PIECES TOGETHER	157
F26	SAOR: SCREENING & BRIEF INTERVENTIONS FOR ALCOHOL USE	159
F27	INSIGHT: DRUG AND ALCOHOL FAMILY SUPPORT PROGRAM	161
F28	ALCOHOL RELATED BRAIN INJURY SHORT COURSE FOR PROFESSIONALS SUPPORTING PEOPLE WHO ARE ALCOHOL DEPENDENT AND THEIR FAMILIES	163

# **REGIONS**

## Connacht

Course		Page
A01	STRENGTHENING FAMILIES PROGRAMME	12
A02	DEVELOPMENT OF POLICIES AND PROCEDURES FOR WORKPLACE DRUGS AND ALCOHOL	14
A09	UNDERSTANDING HARM REDUCTION	21
A19	ASIST (Applied Suicide Intervention Skills Training)	34
A20	SAOR SCREENING AND BRIEF INTERVENTION FOR PROBLEM ALCOHOL & SUBSTANCE USE. ONE-DAY COURSE.	37
A21	MOTIVATIONAL INTERVIEWING: THE ESSENTIALS	35
C01	ADDICTION STUDIES CERTIFICATE	61
C03	KEYWORKING AND CARE PLANNING	64
C06	DIPLOMA IN DRUG AND ALCOHOL STUDIES	69
C13	B.A. (HONS) IN COUNSELLING & PSYCHOTHERAPY WITH ADDICTION STUDIES	83
C14	M.A. IN ADDICTION COUNSELLING	85
C15	CERTIFICATE IN FOUNDATIONAL SKILLS & COMPETENCE IN COUNSELLING & PSYCHOTHERAPY	87
C16	CERTIFICATE IN SUPPORTING POSITIVE PARENTING	89
C17	B.A. (HONS) IN COUNSELLING & PSYCHOTHERAPY WITH YOUTH STUDIES	91
C18	M.A. IN COUNSELLING & PSYCHOTHERAPY (COGNITIVE BEHAVIOURAL MODALITIES)	93
C21	MASTERS IN CHILD & ADOLESCENT COUNSELLING & PSYCHOTHERAPY	99
C23	MA IN ADVANCED FACILITATION SKILLS FOR PROMOTING HEALTH AND WELL BEING	103
C24	MASTER OF SCIENCE / POSTGRADUATE DIPLOMA IN THERAPEUTIC INTERVENTIONS FOR ALCOHOL & OTHER DRUGS	105
E01	PCI IN-SERVICE TRAINING PROGRAMME	118
F01	QUALITY CHAMPIONS TRAINING	120
F02	CERTIFICATE IN APPLIED ADDICTION STUDIES & COMMUNITY DEVELOPMENT	122
F03	PROFESSIONAL CERTIFICATE IN WOMEN AND SUBSTANCE USE	123
F04	DRUG AND ALCOHOL COUNSELLING	125
F05	ONLINE POSTGRADUATE DIPLOMA IN SOCIAL POLICY AND PRACTICE.	126
F06	ONLINE FOUNDATION COURSE IN SUBSTANCE MISUSE	128
F07	ALCOHOL & DRUG ABUSE	129

F08	IDENTIFYING AND RESPONDING TO DRUG AND ALCOHOL ADDICTION IN NURSING, MIDWIFERY AND ALLIED HEALTHCARE PRACTICE	130
F09	REMOTE LEARNING - GRIEF, LOSS AND ADJUSTMENT	132
F10	REMOTE LEARNING: AN INTRODUCTION TO SOLUTION FOCUSED BRIEF THERAPY	133
F12	REMOTE LEARNING: AN INTRODUCTION TO DIALECTICAL BEHAVIOUR THERAPY	135
F13	REMOTE LEARNING - ADVANCED DIALECTICAL BEHAVIOURAL THERAPY (DBT)	137
F14	REMOTE LEARNING: DRUG & ALCOHOL AWARENESS	139
F15	REMOTE LEARNING: IMPROVING PROFESSIONAL BOUNDARIES	141
F16	REMOTE LEARNING: HIDDEN SHAME	143
F17	REMOTE LEARNING: AN INTRODUCTION TO MOTIVATIONAL INTERVIEWING	144
F18	REMOTE LEARNING: KEY WORKING, CARE PLANNING AND CASE MANAGEMENT	146
F19	REMOTE LEARNING: TRAUMA INFORMED PRACTICE	148
F20	REMOTE LEARNING: COMPLEX TRAUMA	149
F21	REMOTE LEARNING – MENTAL HEALTH AWARENESS IN THE WORKPLACE	150
F22	REMOTE LEARNING: AN INTRODUCTION TO PSYCHODYNAMICS PSYCHOTHERAPY	152
F23	REMOTE LEARNING: AN OVERVIEW OF DUAL DIAGNOSIS	154
F24	COMMUNITY REINFORCEMENT APPROACH (CRA)	155
F25	PUTTING THE PIECES TOGETHER	157
F26	SAOR: SCREENING & BRIEF INTERVENTIONS FOR ALCOHOL USE	159
F27	INSIGHT: DRUG AND ALCOHOL FAMILY SUPPORT PROGRAM	161
F28	KEYWORKING, CARE PLANNING and CASE MANAGEMENT	164
F28	ALCOHOL RELATED BRAIN INJURY SHORT COURSE FOR PROFESSIONALS SUPPORTING PEOPLE WHO ARE ALCOHOL DEPENDENT AND THEIR FAMILIES	163

## Dublin

Course		Page
A01	STRENGTHENING FAMILIES PROGRAMME	12
A02	DEVELOPMENT OF POLICIES AND PROCEDURES FOR WORKPLACE DRUGS AND ALCOHOL	14
A03	DUN LAOGHAIRE-RATHDOWN DRUG AND ALCOHOL TRAINING COURSES	15

A06	UNDERSTANDING AND RESPONDING TO SELF-INJURY: A HARM-REDUCATION APPROACH	18
A08	INTRODUCTION TO ADDICTION STUDIES	20
A09	UNDERSTANDING HARM REDUCTION	21
A10	UNDERSTANDING SAFER INJECTING TECHNIQUES	22
A11	WOMEN AND SUBSTANCE USE	23
A12	5×week GROUP WORK TRAINING	25
A13	MOTIVATIONAL INTERVIEWING HELPING PEOPLE TO WORK TOWARDS CHANGE	27
A14	REHABILITATION, EDUCATION & TRAINING PROGRAMME	28
A15	FAMILY COMMUNICATIONS: COPING WITH FAMILY LIFE AND COMMUNICATION WITH TEENAGERS - TRAINING FOR TRAINERS	29
A16	POSITIVE PARENTING FOR CHANGING FAMILIES	31
A17	DUBLIN NORTH EAST TASK FORCE COURSES	32
A19	ASIST (Applied Suicide Intervention Skills Training)	34
A20	SAOR SCREENING AND BRIEF INTERVENTION FOR PROBLEM ALCOHOL & SUBSTANCE USE. ONE-DAY COURSE.	37
B04	SEXUAL HEALTH AND DRUG AWARENESS: TRAINING FOR TRAINERS PROGRAMME	40
B06	CERTIFICATE IN ADDICTION STUDIES	41
B07	PROFESSIONAL CERTIFICATE IN THE THERAPEUTIC USE OF MINDFULNESS	43
B08	PRACTITIONERS CERTIFICATE IN COGNITIVE BEHAVIOURAL THERAPY	45
B09	CERTIFICATE IN COUNSELLING AND PSYCHOTHERAPUETIC STUDIES	47
B12	PROFESSIONAL CERTIFICATE IN COGNITIVE BEHAVIOUR THERAPY	49
B14	MINDOUT: MENTAL HEALTH PROMOTION PROGRAMME FOR OUT OF SCHOOL SETTINGS.	50
B15	APPLIED SOCIAL STUDIES - WITH COUNSELLING & ADDICTION STUDIES	51
B16	APPLIED SOCIAL STUDIES - YOUNG ADULTS	52
B18	STRENGTHENING FAMILIES PROGRAMME	55
B19	ADDICTION STUDIES	56
B21	COMMUNITY ADDICTION STUDIES COURSE QQI Award (Minor) Level 5	59
C01	ADDICTION STUDIES CERTIFICATE	61
C02	HIGHER CERTIFICATE IN ADDICTION STUDIES (Level 7)	63
C03	KEYWORKING AND CARE PLANNING	64
C04	DIPLOMA IN COMMUNITY DRUG AND ALCOHOL WORK	66
C05	DIPLOMA IN ADDICTION STUDIES	68
C06	DIPLOMA IN DRUG AND ALCOHOL STUDIES	69

C07	DIPLOMA IN ADDICTION STUDIES	/1
C08	DIPLOMA IN INTEGRATIVE SUPERVISION	73
C10	HIGHER DIPLOMA IN SOCIAL POLICY	77
C13	B.A. (HONS) IN COUNSELLING & PSYCHOTHERAPY WITH ADDICTION STUDIES	83
C14	M.A. IN ADDICTION COUNSELLING	85
C15	CERTIFICATE IN FOUNDATIONAL SKILLS & COMPETENCE IN COUNSELLING & PSYCHOTHERAPY	87
C16	CERTIFICATE IN SUPPORTING POSITIVE PARENTING	89
C17	B.A. (HONS) IN COUNSELLING & PSYCHOTHERAPY WITH YOUTH STUDIES	91
C18	M.A. IN COUNSELLING & PSYCHOTHERAPY (COGNITIVE BEHAVIOURAL MODALITIES)	93
C19	MSc ADDICTION RECOVERY	95
C20	MASTER OF ARTS (TAUGHT) IN ADDICTION STUDIES	97
C21	MASTERS IN CHILD & ADOLESCENT COUNSELLING & PSYCHOTHERAPY	99
C22	MSC ADDICTION COUNSELLING & PSYCHOTHERAPY	101
C23	MA IN ADVANCED FACILITATION SKILLS FOR PROMOTING HEALTH AND WELL BEING	103
C27	MASTER OF PUBLIC POLICY	109
C28	CERTIFICATE IN HOMELESS PREVENTION AND INTERVENTION	111
D02	PEER DRUG PREVENTION EDUCATION	116
E01	PCI IN-SERVICE TRAINING PROGRAMME	118
F01	QUALITY CHAMPIONS TRAINING	120
F02	CERTIFICATE IN APPLIED ADDICTION STUDIES & COMMUNITY DEVELOPMENT	122
F03	PROFESSIONAL CERTIFICATE IN WOMEN AND SUBSTANCE USE	123
F04	DRUG AND ALCOHOL COUNSELLING	125
F05	ONLINE POSTGRADUATE DIPLOMA IN SOCIAL POLICY AND PRACTICE.	126
F06	ONLINE FOUNDATION COURSE IN SUBSTANCE MISUSE	128
F07	ALCOHOL & DRUG ABUSE	129
F08	IDENTIFYING AND RESPONDING TO DRUG AND ALCOHOL ADDICTION IN NURSING, MIDWIFERY AND ALLIED HEALTHCARE PRACTICE	130
F09	REMOTE LEARNING - GRIEF, LOSS AND ADJUSTMENT	132
F10	REMOTE LEARNING: AN INTRODUCTION TO SOLUTION FOCUSED BRIEF THERAPY	133
F12	REMOTE LEARNING: AN INTRODUCTION TO DIALECTICAL BEHAVIOUR THERAPY	135

F13	REMOTE LEARNING - ADVANCED DIALECTICAL BEHAVIOURAL THERAPY (DBT)	137
F14	REMOTE LEARNING: DRUG & ALCOHOL AWARENESS	139
F15	REMOTE LEARNING: IMPROVING PROFESSIONAL BOUNDARIES	141
F16	REMOTE LEARNING: HIDDEN SHAME	143
F17	REMOTE LEARNING: AN INTRODUCTION TO MOTIVATIONAL INTERVIEWING	144
F18	REMOTE LEARNING: KEY WORKING, CARE PLANNING AND CASE MANAGEMENT	146
F19	REMOTE LEARNING: TRAUMA INFORMED PRACTICE	148
F20	REMOTE LEARNING: COMPLEX TRAUMA	149
F21	REMOTE LEARNING – MENTAL HEALTH AWARENESS IN THE WORKPLACE	150
F22	REMOTE LEARNING: AN INTRODUCTION TO PSYCHODYNAMICS PSYCHOTHERAPY	152
F23	REMOTE LEARNING: AN OVERVIEW OF DUAL DIAGNOSIS	154
F24	COMMUNITY REINFORCEMENT APPROACH (CRA)	155
F26	SAOR: SCREENING & BRIEF INTERVENTIONS FOR ALCOHOL USE	159
F27	INSIGHT: DRUG AND ALCOHOL FAMILY SUPPORT PROGRAM	161
F28	KEYWORKING, CARE PLANNING and CASE MANAGEMENT	164
F28	ALCOHOL RELATED BRAIN INJURY SHORT COURSE FOR PROFESSIONALS SUPPORTING PEOPLE WHO ARE ALCOHOL DEPENDENT AND THEIR FAMILIES	163

## Leinster The province of Leinster

Course		Page
A01	STRENGTHENING FAMILIES PROGRAMME	12
A02	DEVELOPMENT OF POLICIES AND PROCEDURES FOR WORKPLACE DRUGS AND ALCOHOL	14
A09	UNDERSTANDING HARM REDUCTION	21
A19	ASIST (Applied Suicide Intervention Skills Training)	34
A20	SAOR SCREENING AND BRIEF INTERVENTION FOR PROBLEM ALCOHOL & SUBSTANCE USE. ONE-DAY COURSE.	37
B14	MINDOUT: MENTAL HEALTH PROMOTION PROGRAMME FOR OUT OF SCHOOL SETTINGS.	50
C01	ADDICTION STUDIES CERTIFICATE	61
C02	HIGHER CERTIFICATE IN ADDICTION STUDIES (Level 7)	63
C03	KEYWORKING AND CARE PLANNING	64

C06	DIPLOMA IN DRUG AND ALCOHOL STUDIES	69
C12	BACHELOR OF ARTS IN APPLIED ADDICTION STUDIES AND COMMUNITY DEVELOPMENT	81
C13	B.A. (HONS) IN COUNSELLING & PSYCHOTHERAPY WITH ADDICTION STUDIES	83
C14	M.A. IN ADDICTION COUNSELLING	85
C15	CERTIFICATE IN FOUNDATIONAL SKILLS & COMPETENCE IN COUNSELLING & PSYCHOTHERAPY	87
C16	CERTIFICATE IN SUPPORTING POSITIVE PARENTING	89
C17	B.A. (HONS) IN COUNSELLING & PSYCHOTHERAPY WITH YOUTH STUDIES	91
C18	M.A. IN COUNSELLING & PSYCHOTHERAPY (COGNITIVE BEHAVIOURAL MODALITIES)	93
C29	BA (HONOURS) IN COUNSELLING WITH ADDICTION	113
C30	BA (HONOURS) IN COUNSELLING WITH ADDICTION. ONE YEAR ADD-ON	114
E01	PCI IN-SERVICE TRAINING PROGRAMME	118
F01	QUALITY CHAMPIONS TRAINING	120
F02	CERTIFICATE IN APPLIED ADDICTION STUDIES & COMMUNITY DEVELOPMENT	122
F03	PROFESSIONAL CERTIFICATE IN WOMEN AND SUBSTANCE USE	123
F04	DRUG AND ALCOHOL COUNSELLING	125
F05	ONLINE POSTGRADUATE DIPLOMA IN SOCIAL POLICY AND PRACTICE.	126
F06	ONLINE FOUNDATION COURSE IN SUBSTANCE MISUSE	128
F07	ALCOHOL & DRUG ABUSE	129
F08	IDENTIFYING AND RESPONDING TO DRUG AND ALCOHOL ADDICTION IN NURSING, MIDWIFERY AND ALLIED HEALTHCARE PRACTICE	130
F09	REMOTE LEARNING - GRIEF, LOSS AND ADJUSTMENT	132
F10	REMOTE LEARNING: AN INTRODUCTION TO SOLUTION FOCUSED BRIEF THERAPY	133
F12	REMOTE LEARNING: AN INTRODUCTION TO DIALECTICAL BEHAVIOUR THERAPY	135
F13	REMOTE LEARNING - ADVANCED DIALECTICAL BEHAVIOURAL THERAPY (DBT)	137
F14	REMOTE LEARNING: DRUG & ALCOHOL AWARENESS	139
F15	REMOTE LEARNING: IMPROVING PROFESSIONAL BOUNDARIES	141
F16	REMOTE LEARNING: HIDDEN SHAME	143
F17	REMOTE LEARNING: AN INTRODUCTION TO MOTIVATIONAL INTERVIEWING	144
F18	REMOTE LEARNING: KEY WORKING, CARE PLANNING AND CASE MANAGEMENT	146

F19	REMOTE LEARNING: TRAUMA INFORMED PRACTICE	148
F20	REMOTE LEARNING: COMPLEX TRAUMA	149
F21	REMOTE LEARNING – MENTAL HEALTH AWARENESS IN THE WORKPLACE	150
F22	REMOTE LEARNING: AN INTRODUCTION TO PSYCHODYNAMICS PSYCHOTHERAPY	152
F23	REMOTE LEARNING: AN OVERVIEW OF DUAL DIAGNOSIS	154
F24	COMMUNITY REINFORCEMENT APPROACH (CRA)	155
F26	SAOR: SCREENING & BRIEF INTERVENTIONS FOR ALCOHOL USE	159
F27	INSIGHT: DRUG AND ALCOHOL FAMILY SUPPORT PROGRAM	161
F28	KEYWORKING, CARE PLANNING and CASE MANAGEMENT	164
F28	ALCOHOL RELATED BRAIN INJURY SHORT COURSE FOR PROFESSIONALS SUPPORTING PEOPLE WHO ARE ALCOHOL DEPENDENT AND THEIR FAMILIES	163

## Munster

Course		Page
A01	STRENGTHENING FAMILIES PROGRAMME	12
A02	DEVELOPMENT OF POLICIES AND PROCEDURES FOR WORKPLACE DRUGS AND ALCOHOL	14
A05	BRIEF INTERVENTIONS FOR SMOKING CESSATION	17
A07	PARENT TO PARENT PROGRAMME	19
A09	UNDERSTANDING HARM REDUCTION	21
A18	COMMUNITY ADDICTION COURSE	33
A19	ASIST (Applied Suicide Intervention Skills Training)	34
A20	SAOR SCREENING AND BRIEF INTERVENTION FOR PROBLEM ALCOHOL & SUBSTANCE USE. ONE-DAY COURSE.	37
B01	SUBSTANCE USE ISSUES IN YOUTH AND COMMUNITY WORK	38
B07	PROFESSIONAL CERTIFICATE IN THE THERAPEUTIC USE OF MINDFULNESS	43
B14	MINDOUT: MENTAL HEALTH PROMOTION PROGRAMME FOR OUT OF SCHOOL SETTINGS.	50
B20	COMMUNITY ADDICTION STUDIES	58
C01	ADDICTION STUDIES CERTIFICATE	61
C03	KEYWORKING AND CARE PLANNING	64
C06	DIPLOMA IN DRUG AND ALCOHOL STUDIES	69
C09	SUBSTANCE MISUSE AND ADDICTION STUDIES DIPLOMA	75
C13	B.A. (HONS) IN COUNSELLING & PSYCHOTHERAPY WITH ADDICTION STUDIES	83

C14	M.A. IN ADDICTION COUNSELLING	85
C15	CERTIFICATE IN FOUNDATIONAL SKILLS & COMPETENCE IN COUNSELLING & PSYCHOTHERAPY	87
C16	CERTIFICATE IN SUPPORTING POSITIVE PARENTING	89
C17	B.A. (HONS) IN COUNSELLING & PSYCHOTHERAPY WITH YOUTH STUDIES	91
C18	M.A. IN COUNSELLING & PSYCHOTHERAPY (COGNITIVE BEHAVIOURAL MODALITIES)	93
C21	MASTERS IN CHILD & ADOLESCENT COUNSELLING & PSYCHOTHERAPY	99
C23	MA IN ADVANCED FACILITATION SKILLS FOR PROMOTING HEALTH AND WELL BEING	103
C26	POSTGRADUATE RESEARCH IN DRUG AND ALCOHOL MISUSE	108
C29	BA (HONOURS) IN COUNSELLING WITH ADDICTION	113
E01	PCI IN-SERVICE TRAINING PROGRAMME	118
F01	QUALITY CHAMPIONS TRAINING	120
F02	CERTIFICATE IN APPLIED ADDICTION STUDIES & COMMUNITY DEVELOPMENT	122
F03	PROFESSIONAL CERTIFICATE IN WOMEN AND SUBSTANCE USE	123
F04	DRUG AND ALCOHOL COUNSELLING	125
F05	ONLINE POSTGRADUATE DIPLOMA IN SOCIAL POLICY AND PRACTICE.	126
F06	ONLINE FOUNDATION COURSE IN SUBSTANCE MISUSE	128
F07	ALCOHOL & DRUG ABUSE	129
F08	IDENTIFYING AND RESPONDING TO DRUG AND ALCOHOL ADDICTION IN NURSING, MIDWIFERY AND ALLIED HEALTHCARE PRACTICE	130
F09	REMOTE LEARNING - GRIEF, LOSS AND ADJUSTMENT	132
F10	REMOTE LEARNING: AN INTRODUCTION TO SOLUTION FOCUSED BRIEF THERAPY	133
F12	REMOTE LEARNING: AN INTRODUCTION TO DIALECTICAL BEHAVIOUR THERAPY	135
F13	REMOTE LEARNING - ADVANCED DIALECTICAL BEHAVIOURAL THERAPY (DBT)	137
F14	REMOTE LEARNING: DRUG & ALCOHOL AWARENESS	139
F15	REMOTE LEARNING: IMPROVING PROFESSIONAL BOUNDARIES	141
F16	REMOTE LEARNING: HIDDEN SHAME	143
F17	REMOTE LEARNING: AN INTRODUCTION TO MOTIVATIONAL INTERVIEWING	144
F18	REMOTE LEARNING: KEY WORKING, CARE PLANNING AND CASE MANAGEMENT	146
F19	REMOTE LEARNING: TRAUMA INFORMED PRACTICE	148

F20	REMOTE LEARNING: COMPLEX TRAUMA	149
F21	REMOTE LEARNING – MENTAL HEALTH AWARENESS IN THE WORKPLACE	150
F22	REMOTE LEARNING: AN INTRODUCTION TO PSYCHODYNAMICS PSYCHOTHERAPY	152
F23	REMOTE LEARNING: AN OVERVIEW OF DUAL DIAGNOSIS	154
F24	COMMUNITY REINFORCEMENT APPROACH (CRA)	155
F26	SAOR: SCREENING & BRIEF INTERVENTIONS FOR ALCOHOL USE	159
F27	INSIGHT: DRUG AND ALCOHOL FAMILY SUPPORT PROGRAM	161
F28	KEYWORKING, CARE PLANNING and CASE MANAGEMENT	164
F28	ALCOHOL RELATED BRAIN INJURY SHORT COURSE FOR PROFESSIONALS SUPPORTING PEOPLE WHO ARE ALCOHOL DEPENDENT AND THEIR FAMILIES	163

## Ulster

Course		Page
A09	UNDERSTANDING HARM REDUCTION	21
A19	ASIST (Applied Suicide Intervention Skills Training)	34
B07	PROFESSIONAL CERTIFICATE IN THE THERAPEUTIC USE OF MINDFULNESS	43
B17	LEVEL 5 DIPLOMA IN SUBSTANCE MISUSE THEORY & INTERVENTIONS	53
C03	KEYWORKING AND CARE PLANNING	64
C11	FOUNDATION DEGREE IN RESPONDING TO ALCOHOL AND DRUG MISUSE	79
C24	MASTER OF SCIENCE / POSTGRADUATE DIPLOMA IN THERAPEUTIC INTERVENTIONS FOR ALCOHOL & OTHER DRUGS	105
C25	CHILDREN & FAMILIES HIDDEN HARM	107
E01	PCI IN-SERVICE TRAINING PROGRAMME	118
F01	QUALITY CHAMPIONS TRAINING	120
F02	CERTIFICATE IN APPLIED ADDICTION STUDIES & COMMUNITY DEVELOPMENT	122
F03	PROFESSIONAL CERTIFICATE IN WOMEN AND SUBSTANCE USE	123
F04	DRUG AND ALCOHOL COUNSELLING	125
F05	ONLINE POSTGRADUATE DIPLOMA IN SOCIAL POLICY AND PRACTICE.	126
F06	ONLINE FOUNDATION COURSE IN SUBSTANCE MISUSE	128
F07	ALCOHOL & DRUG ABUSE	129
F08	IDENTIFYING AND RESPONDING TO DRUG AND ALCOHOL ADDICTION IN NURSING, MIDWIFERY AND ALLIED HEALTHCARE PRACTICE	130

F09	REMOTE LEARNING - GRIEF, LOSS AND ADJUSTMENT	132
F10	REMOTE LEARNING: AN INTRODUCTION TO SOLUTION FOCUSED BRIEF THERAPY	133
F12	REMOTE LEARNING: AN INTRODUCTION TO DIALECTICAL BEHAVIOUR THERAPY	135
F13	REMOTE LEARNING - ADVANCED DIALECTICAL BEHAVIOURAL THERAPY (DBT)	137
F14	REMOTE LEARNING: DRUG & ALCOHOL AWARENESS	139
F15	REMOTE LEARNING: IMPROVING PROFESSIONAL BOUNDARIES	141
F16	REMOTE LEARNING: HIDDEN SHAME	143
F17	REMOTE LEARNING: AN INTRODUCTION TO MOTIVATIONAL INTERVIEWING	144
F18	REMOTE LEARNING: KEY WORKING, CARE PLANNING AND CASE MANAGEMENT	146
F19	REMOTE LEARNING: TRAUMA INFORMED PRACTICE	148
F20	REMOTE LEARNING: COMPLEX TRAUMA	149
F21	REMOTE LEARNING – MENTAL HEALTH AWARENESS IN THE WORKPLACE	150
F22	REMOTE LEARNING: AN INTRODUCTION TO PSYCHODYNAMICS PSYCHOTHERAPY	152
F23	REMOTE LEARNING: AN OVERVIEW OF DUAL DIAGNOSIS	154
F24	COMMUNITY REINFORCEMENT APPROACH (CRA)	155
F26	SAOR: SCREENING & BRIEF INTERVENTIONS FOR ALCOHOL USE	159
F27	INSIGHT: DRUG AND ALCOHOL FAMILY SUPPORT PROGRAM	161
F28	KEYWORKING, CARE PLANNING and CASE MANAGEMENT	164
F28	ALCOHOL RELATED BRAIN INJURY SHORT COURSE FOR PROFESSIONALS SUPPORTING PEOPLE WHO ARE ALCOHOL DEPENDENT AND THEIR FAMILIES	163



## **HRB National Drugs Library**

Health Research Board Grattan House, 67-72 Lower Mount Street Dublin 2 Ireland

t + 353 1 2345175e drugslibrary@hrb.iew www.drugsandalcohol.ie