2016 statistics at a glance

Presentations: 11,485
Persons: 8,909

Rates:
206 per 100,000
1 in every 485 had a self-harm act

2016 was 10% higher than 2007

Rural: 155 per 100,000
Urban: 291 per 100,000

Ratio of 2:3 involved overdose
1 in every 3 involved alcohol
One-quarter involved self-cutting

Treatments:
71% received an assessment in the ED
76% received a follow-up recommendation after discharge
13% left the ED without being seen

Method:
Almost half of presentations were made between 7pm-3am

GEOGRAPHY:
Higher incidence of self-harm in urban areas

Time:
Monday, Tuesday and Sunday had the highest number of self-harm presentations

Method:
2 in every 3 involved overdose
1 in every 3 involved alcohol
One-quarter involved self-cutting

Method:
67% of presentations were made between 7pm-3am
43% of presentations were made outside of this period

Time:
Most self-harm acts were at 3am
7pm had the lowest number of self-harm acts

Method:
Higher incidence of self-harm in urban areas

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Monday, Tuesday and Sunday had the highest number of self-harm presentations

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