

2016 statistics at a glance

Presentations

11,485

Persons

8,909



2007

2016

Rate in 2016
10% higher than 2007

RATES:

206
per 100,000

1 in every 485
had a self-harm act



Male: 20-24 year-olds
(516 per 100,000)

1 in every 194



Female: 15-19 year-olds
(763 per 100,000)

1 in every 131

PEAK
RATES
WERE
AMONG
YOUNG
PEOPLE

TIME:

Peak time



Midnight



7pm

3am

Almost **half** of presentations
were made between 7pm-3am



Monday, Tuesday and Sunday
had the highest number
of self-harm presentations

METHOD:

2 in every 3
involved **overdose**



1 in every 3
involved **alcohol**

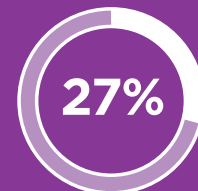


Men



Women

One-quarter
involved **self-cutting**



TREATMENT:



71%

received an assessment in the ED



76%

received a follow-up
recommendation after discharge



13%

left the ED without being seen

GEOGRAPHY:

291
per
100,000

155
per
100,000

Urban

Rural

Higher incidence of
self-harm in urban areas