

European Facility Survey Questionnaire (EFSQ)

Authors:

Alessandro Pirona (EMCDDA), Martta Forsell (THL), Jérôme Antoine (WIV-ISP), Ioulia Bafi (EKTEPN / UMHRI), Anna Peterfi (Nemzeti Drog Fókuszpont), Vlastimil Necas (Czech National Monitoring Centre for Drugs and Addiction).

Contributors:

Charlotte Davies, Alexander Grabenhofer-Eggerth, Nadine van Gelder, Bruno Genetti, Bert Gren, Dagmar Hedrich, Wil Kuijpers, Suzi Lyons, Linda Montanari, Martin Steppan, Marcis Trapencieris, Sara Woods, Barbara Janikova, Viktor Mravcik, Airi Partanen, Ágnes Port, Artur Malczewski, Patricia Santa Olalla Peralta, Roland Simon.

Purpose of the European Facility Survey Questionnaire

The European Facility Survey Questionnaire (EFSQ) is a data collection instrument applicable in any European country or in any country worldwide interested in surveying facilities that provide interventions to drug users. Information about the characteristics, capacity, performance and quality of service provided to drug users within national or regional drug treatment systems is crucial for overall planning, assessing intervention needs and supporting investment decisions. Therefore, the aim of the EFSQ is to collect information from the facilities across drug treatment systems on their administrative characteristics (section A), client utilisation (section B), staffing and quality management (Section C), and core interventions (Section D) while accounting for their diversity.

The EFSQ was developed by the European Monitoring Centre for Drugs and Drug Addiction in collaboration with the National Focal Points (REITOX), World Health Organization and United Nations Office on Drugs and Crime.

In order to facilitate the surveying of facilities, a web-based version of the EFSQ is available at www.emcdda.europa.eu. The web-based version has been developed for use with the free, open source online survey package, LimeSurvey (https://www.limesurvey.org). The web-based version can also be used with other platforms for online surveying. For this purpose, an electronic version of the EFSQ in various electronic formats is available for download and adjustment for other online survey solutions. A manual that outlines the simple steps for carrying out a survey of any facility with the web-based EFSQ via LimeSurvey can also be downloaded.

Indications: This survey aims to collect information from one unit only. If your parent organisation or your facility runs several units that meet the criteria for the target unit (see definition of a 'unit' below), each distinct unit should complete this survey. If that proves difficult, indicate the type of unit (see Q3) according to the services the unit primarily provides (in relation to the number of clients serviced by this unit).

Definition of a 'unit': A unit is a separate, stand-alone organisational entity (a medical centre, a department, a programme, etc.) that has its own defined objectives, procedures, rules and scope of services and interventions, its own target group(s), and a team and manager (team leader). How exactly the unit is defined will depend on the parent organisation or the responsible manager and its organisational structure, but the unit should fall under one of the main provider types listed in Q3.

This survey is composed of five main sections:

Section A - Administrative information

The purpose of this section is to define the unit that will be the focus of this survey. The unit is defined by the modality type of services that it provides (outpatient/inpatient and subcategories), by its contact details and by its affiliation with larger organisations or institutions. *Ensure that details are correct and up to date.*

Section B - Target population and client information

The purpose of this section is to provide a general description of the populations for whom the unit provides services. The section begins with questions about the number of clients served by this unit. It then focuses on the types of patients with special needs that this unit provides services to. Note that you are invited to supply information on whether specific services that are not available at your unit are needed according to your professional observations and experience (e.g. services are not available despite a perceived need). Alternatively, the corresponding services may not be available and not be needed (not available, with no perceived need).

Section C – Staffing and quality management

The purpose of this section is to obtain comprehensive information on the number and diversity of professionals staffing the unit. This section is also geared towards assessing the overall stability of staff positions in the unit, in terms of the hired and volunteer staff members. Information obtained from this section will add a more complete understanding of the staff mix, in terms of number and professional diversity.

Section D - Unit services

The purpose of this section is to obtain a list of the type of medical, psychosocial, harm reduction and social services offered by this unit at intake or throughout the programme. Note that you are invited to give information on whether services that are not available at your unit are needed, according to your professional observations and experience (e.g. services are not available despite a perceived need). Alternatively, the corresponding services may not be available and may not be needed (not available, with no perceived need).

Section E- Glossary of terms used in the questionnaire

Section A – Administrative information

Q1a. Unit contact details

- a. Name (or title) of this unit
- b. Street and house number
- c. Postal code
- d. City/town
- e. Telephone number (public number)
- f. E-mail address
- g. Website
- h. Global positioning system (GPS) coordinates (1)

Q1b. Contact details of the person completing this survey

The contact details of the individual completing this survey are required in case further questions or a need for clarification arise following the survey.

- a. Name of person completing the survey
- b. E-mail address of this person

Q1c. Parent organisation (see glossary)

A **parent organisation** is the organisation that this unit belongs to, for example larger non-governmental organisation, religious community/church, enterprise, or public health structure that runs more than one unit. If your unit is self-contained, do not enter data here.

- a. Does this unit belong to a parent organisation?
- 1. Yes: go to Q1d
- 2. No: go to Q2

Q1d. Name (or title) and contact details of the parent organisation

- a. Name (or title) of the parent organisation
- b. Street and house number

⁽¹⁾ To determine the GPS coordinates of a facility with Google Maps:

a. Zoom Google Maps to the level that allows you to see the location you want to select.

b. Move the cursor to the spot corresponding to the desired location and right-click to display the pop-up menu. Then click 'What's here?'

c. A marker appears on the desired spot, and the coordinates of that spot appear in the Google Maps search text box (e.g. 46.232733, 6.134357). You can then copy the coordinates from the search text box and paste them wherever you need them.

- c. Postal code
- d. City/town
- e. Telephone number (public number)
- f. E-mail address
- g. Website
- h. GPS coordinates

Q2. Affiliation of this unit (tick all that apply)

This question refers to the entity that owns this unit and is responsible for the operation of this unit (regardless of the funding source).

- a. Public/government
- b. Non-government and not for profit (NGO)
- c. Non-government, for profit (private)
- d. Other (specify)

Q3. General unit type (tick only one; see glossary)

Select the type of unit this survey refers to. If the unit provides various services that may fall under the types listed below, indicate only <u>one type of unit according to the services the unit primarily provides</u> (in relation to the number of clients serviced yearly).

Type of treatment unit	Tick one that applies
Outpatient unit	
- Specialised outpatient treatment unit	
- Low-threshold unit	
- General mental healthcare unit	
- General (primary) healthcare unit	
- Other outpatient unit (specify)	
Inpatient units	
- Hospital-based residential treatment unit	
- Non-hospital-based residential treatment unit	
- Therapeutic community unit	
- Other inpatient unit (specify)	
Specialised social reintegration unit/aftercare unit	
Other (specify)	

Q4. Working days

Tick each day of the week that this unit is open to clients during the day time and night time.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Day time							
Night time							

Q5. Beds and occupancy (**for inpatient units only**). 'Bed' is a measure of sleeping capacity. Occupancy rates can be estimates

- a. Total number of beds available in this unit (N)
- b. Of these, total number of beds dedicated to patients with a substance use problem (N)
- c. Bed occupancy rate by patients with a substance use problem (including alcohol) during the last 12 months (%)
- d. Bed occupancy rate by patients with a primary illicit drug problem during the last12 months (%)

Section B – Target population and client information

Q6. This section requests data on the number of clients (total number of clients and number of clients by primary substance) that are being served by this unit during a **12-month period** (reference year)

6a. Indicate the 12-month period these data refer to (e.g. January 2015 to December 2015)

Start: Month	Year
Finish: Month _	Year

6b. How many individual clients (not relatives or accompanying individuals) did this unit provide services to during the reference year?

Total number of clients served by this unit:			

6c. Based on the total number of clients served by this unit during the reference year, what percentage (can be an estimate) of clients had the following primary problems? (Although one client may present several problems, indicate the problem that is predominant and for which the client sought help and/or the problem according to the professional's assessment)

Primary problem	Proportion of clients with this problem during the reference year (%)
1. Alcohol	%
2. Illicit drugs	%
3. Gambling	%
4. Misuse of pharmaceuticals, medicines	%
5. Other disorders/health problems	%
6. Total	100 %

6d. If your unit addresses the needs of people with a primary substance problem (as specified below), indicate the total number of <u>individual</u> clients by primary substance during the reference year

Primary substance problem	Total number of clients with this problem during the reference year (N)
Alcohol	
Heroin	
Opioids other than heroin	
Cannabis (including synthetic cannabinoids)	
Cocaine	
Stimulants other than cocaine (including synthetic cathinones and amphetamines)	
Volatile inhalants	
Hypnotics and sedatives	
Other	
Unknown	
Total	

Q7. How often does this unit provide services to the following specific groups of clients during the reporting year? Does this unit offer specially designed programmes/interventions exclusively for this group of clients?

Never: This unit never provides services to this target group.

Rarely: This unit provides services to this target group less than once per month.

Sometimes: This unit provides services to this target group 1 to 3 times per month.

Frequently: This unit provides services to this target group 1 to 2 times per week.

Always: This unit provides services to this target group every day or nearly every day.

Type of client group	How often does this	This unit offers specially
	unit provide services	designed programmes/
	to this subgroup?	interventions for this group
Children and adolescents	Never	Yes
	Rarely	No, no need
	Sometimes	No, despite perceived need
	Frequently	
	Always	
Clients with co-occurring mental and	Never	Yes
substance (alcohol and/or drug) disorders	Rarely	No, no need
	Sometimes	No, despite perceived need
	Frequently	
	Always	
Senior and older adults (> 50)	Never	Yes
	Rarely	No, no need
	Sometimes	No, despite perceived need
	Frequently	
	Always	
Women, pregnant women and	Never	Yes
postpartum women	Rarely	No, no need
	Sometimes	No, despite perceived need
	Frequently	
	Always	
Criminal justice clients (offenders	Never	Yes
referred by the criminal justice system but not currently serving a	Rarely	No, no need
sentence in prison)	Sometimes	No, despite perceived need
	Frequently	
	Always	
Sex workers	Never	Yes
	Rarely	No, no need

	Sometimes	No, despite perceived need
	Frequently	
	Always	
Ethnic and minority groups, migrants and refugees	Never	Yes
and relugees	Rarely	No, no need
	Sometimes	No, despite perceived need
	Frequently	
	Always	
Homeless people	Never	Yes
	Rarely	No, no need
	Sometimes	No, despite perceived need
	Frequently	
	Always	
Lesbian, gay, bisexual and	Never	Yes
transgender	Rarely	No, no need
	Sometimes	No, despite perceived need
	Frequently	
	Always	
Other (specify)	Never	Yes
	Rarely	No, no need
	Sometimes	No, despite perceived need
	Frequently	
	Always	

Section C - Staffing and quality management

Q8. With regard to staffing, specify in the table below:

- a. & b. The total number and the full-time equivalent (FTE) of paid employees during the reference year for each category of staff (including those working in the organisation that owns this unit and offering services in this unit)
- c. & d. The total number and the full-time equivalent of unpaid volunteers during the reference year for each category of staff (including those working in the organisation that owns this unit and offering services in this unit)

Full-time equivalent (FTE), is a unit to measure employed persons in a way that makes them comparable, even though they may work or study a different number of hours per week. The unit is obtained by comparing an employee's or student's average number of hours worked to the average number of hours of a full-time worker or student. A full-time person is therefore counted as one FTE, while a part-time worker/student gets a score in proportion to the hours he or she works. For example, a part-time worker employed for 20 hours a week where full-time work consists of 40 hours is counted as 0.5 FTE. For example, 2 full-time paid psychiatrists are counted as 2 FTE. Report '0' if the specified category is not available in your unit. Report '999' if the information is not available. For more information the definition of full on time equivalence, see http://ec.europa.eu/eurostat/statistics-explained/index.php/Glossary:FTE

Staff categories	Q8a: Total number of paid employees (by category)	Q8b: FTE of paid employees	Q8c: Total number of unpaid volunteers (by category)	Q8d: FTE of unpaid volunteers
1. Medical doctors specialised				
in addiction medicine or				
addiction psychiatry				
2. General psychiatrists				
3. Medical doctors not				
specialised in psychiatry or				
addiction medicine				
4. Addiction/psychiatric nurses				
5. General nurses				

6. Nursing assistants					
7. Pharmacists					
8. Psychologists					
9. Social workers					
10. Other professional					
therapists/rehabilitation					
specialists/educators/ trainers					
(with a degree)					
11. Other staff involved in					
service provision (including					
peers or ex-patients, lay					
health workers) (without a					
degree)					
12. Administrative					
personnel/staff accountant/					
housekeeping staff/					
maintenance and security					
staff/technicians					
<u>Total</u>					
Q8e. Does this unit possess a v	alid, state-recogr	nised accredita	tion, or has it un	dergone an	
audit/external evaluation to prov	ride treatment an	d other substa	nce-related servi	ces to	
clients?					
a. Yes					
b. No					
Q8f. If yes, list up to three titles of main accreditations this unit currently possesses or					
audits/external evaluations this unit underwent (include the year the accreditation was issued					
or the year that the audit/evalua	tion was carried	out)			

Q8g. Does this unit have internal quality assurance mechanisms? Tick the ones that are available in your unit

- a. Manual of procedures or programme guidelines
- b. Internal supervision of staff available and provided
- c. External supervision of staff available and provided
- d. Regular team meetings
- e. Client satisfaction feedback collected and documented
- f. Continuous learning and knowledge activities for staff
- g. Others (specify)

Section D – Unit services

 Q9a. Does this unit operate an opioid maintenance treatment programme (see glossary)? 1. Yes: go to 9b, 9c, 9d and 9f 2. No: go to question 10 Q9b. Does this unit prescribe and dispense opioid maintenance treatment (OMT)? 1. Prescribes opioid maintenance treatment medications (does not dispense): Yes - No 2. Dispenses (on-site pharmacy) opioid maintenance treatment medications Yes - No
Q9c. Question 9d requests data on the total number of clients in OMT who were prescribed
OMT by this unit (excluding clients in OMT that were prescribed elsewhere) during a 12-
month period (reference year)
Indicate the 12-month period (reference year) these data refer to (e.g. January
2015 to December 2015)
Start: Month Year
Finish: Month Year
Q9d. How many individuals at this unit were prescribed OMT by this unit (excluding clients in
OMT that were prescribed elsewhere)e during the reference year?
Total number of clients in OMT:
Q9e. Does this unit currently maintain a waiting list for opioid maintenance treatment?
a. Yes: go to Q9f
b. No: go to Q10
Q9f. How many clients are today (<u>during the last 24 hours</u>) on the waiting list to start opioid maintenance treatment?
Number of individual clients:

Q10. Does this unit operate a pharmacologically assisted management of withdrawal (detoxification) programme (see glossary)?

1. Yes

2. No

Q11a. Does this unit provide drug-related services to prisoners (either to inmates inside prisons or inmates transferred to this unit)?

1. Yes: go to 11b and 11c

2. No: go to question 12

Q11b.	How many prisons	did this unit provid	e services to	during the last	12 months?
	prisons (N)				

Q11c. How many prison inmates received drug-related services from this unit, either in prison or transferred to this unit, during the last 12 months?

Total number of prison inmates in prison to whom drug services were provided (N): ______

Total number of prison inmates transferred to this unit (N): _____

The next four questions (Q12 to Q16) request information on the services available and provided by this unit to clients during the **last 12 months**.

Never: This unit never provides this service.

Rarely: This unit provides this service less than once per month.

Sometimes: This unit provides this service 1 to 3 times per month.

Frequently: This unit provides this service 1 to 2 times per week.

Always: This unit provides this services every day or nearly every day.

Q12. How often did this unit provide the following medical services during the last 12 months?

	Never, not needed	Never despite perceived need	Rarel y	Sometimes	Frequently	Alway s
On-site HIV* diagnostic testing						

On-site HCV* diagnostic testing			
On-site HBV* diagnostic testing			
On-site HBV vaccination			
On-site HCV infection treatment			
On-site ART* treatment of HIV/AIDS*			

*HCV: hepatitis C virus; HBV: hepatitis B virus; HIV: human immunodeficiency virus; ART: antiretroviral therapy; AIDS: acquired immune deficiency syndrome;

Q13. How often did this unit provide the following services during the last 12 months?

	Never, not	Never despite	Rarel	Sometimes	Frequently	Alway
	needed	perceived need	У			S
Street outreach work						
Distribution of syringes and other drug injecting equipment						
Distribution of condoms and lubricant						
Distribution of information material on safer injecting and drug overdose prevention						
Distribution of information material targeted at recreational drug users and party-						

goers			

Q14. How often did this unit provide the following services during the last 12 months?

	Never, not needed	Never despite perceived need	Rarely	Sometimes	Frequently	Always
Brief psychosocial interventions						
Individual counselling/therapy (> 2 weeks)						
Group counselling/therapy (> 2 weeks)						
Family counselling/therapy (> 2 weeks)						
Case management						
Internet-based treatment						

Q15. How often did this unit provide the following social services during the last 12 months?

	Never, not needed	Never despite perceived need	Rarely	Sometimes	Frequently	Always
Employment support (e.g. work placement/ job insertion programmes)						
Housing support (e.g. half-way housing, shelter housing)						
Education and vocational training						

unit provide? (Open q		es not listed in the p	revious questions d	oes this
Q17. Does this unit ha	ave an established c	collaboration with the	e following institution	s to which
	Never, not needed	Never despite perceived need	Yes	
Health institutions (e.g. hospitals, general practitioner)				
Social services (e.g. housing/education service providers)				
Prison and probation services				
Other specialised drug and alcohol treatment services (outpatient or inpatient)				
Unemployment services (job centres)				
Other (specify)				

Q18. If you have any further comments regarding your facility or this questionnaire, provide them here

Section E – Glossary of terms used in the questionnaire

A **parent organisation** is the organisation that this unit belongs to, for example larger non-governmental organisations, religious communities/churches, enterprises, or public health structures that run more than one unit. If a parent organisation runs several units that meet the criteria for the target unit, each of those should fill out this survey.

Specialised outpatient treatment units comprise public or private, governmental or non-governmental units that specialise in and whose primary focus is the treatment of substance dependence on an outpatient basis.

The term 'low-threshold' (outpatient) describes an implementation setting that facilitates drug users' access to health and social services, in particular those that help to prevent and reduce health-related harm associated with drug use. To encourage drug users to enter into contact, the use of these services typically requires little bureaucracy, often no payment, and is not conditional upon being or becoming drug-free. They target current users, and 'hard-to-reach' and high-risk groups among drug users and experimental users.

General mental healthcare and general (primary) healthcare units (outpatient) comprise public or private, governmental or non-governmental outpatient facilities that provide outpatient healthcare services to the general population, including drug users. Among a range of other health and mental health services, these providers also offer drug treatment. However, the primary focus of these facilities <u>is not drug treatment provision</u>. This category includes general practitioners (medical doctors in private practice).

Hospital-based residential treatment units (inpatient; including psychiatric hospital, inpatient medical detoxification unit) are specialist medical, psychiatric and/or psychosocial treatment services that address drug dependency, carried out in hospitals (often psychiatric hospitals or psychiatric wards in general hospitals).

(Non-hospital-based) residential treatment units (inpatient) are treatment environments in which drug-dependent individuals live together and follow a programme of counselling or therapy in order to achieve social and psychological change. A range of theoretical approaches, including family, psychodynamic, cognitive behavioural therapy, medical or 12-step approaches may underpin residential treatment programmes.

Therapeutic community units (inpatient) are typically drug-free environments in which drug-dependent individuals live together in an organised and structured way in order to promote social and psychological change. The central philosophy is that residents are active participants in their own and each other's treatment and that responsibility for the daily running of the community is shared among residents and staff members.

Specialised social reintegration units primarily focus on social reintegration services (housing, education and employment related services) and are dedicated to vulnerable groups.

Drug treatment is defined as an activity/activities that directly targets people who have problems with their drug use and aims to achieve defined objectives with regard to the alleviation and/or elimination of these problems, provided by experienced or accredited professionals, in the framework of recognised medical, psychological or social assistance practice (treatment demand indicator (TDI) protocol 3.0).

'Primary substance' is the substance that causes the most problems for the client, as defined according to the client's request and/or the professional's assessment. Inclusion criteria: the primary drug is the drug that leads to the most serious problems (health, mental, social problems, etc.) for the client; the primary substance is the main reason the client has entered treatment; the primary drug may include any drug misused by the client but not those used in accordance with a medical prescription. The following substances are excluded from the primary substance: tobacco and substances used for medical purposes under a prescription.

Opioid maintenance treatment is the administration of thoroughly evaluated opioid agonists by experienced or accredited professionals, in the framework of recognised medical practice, for achieving defined treatment aims. OMT in this context excludes short-term pharmacologically assisted management of withdrawal (detoxification).

Pharmacologically assisted management of withdrawal (**detoxification**) is a time-limited, medically supervised intervention with medications to resolve withdrawal symptoms of substance-related problems.

Case management involves: monitoring, tracking and providing support to a client, throughout the course of his/her treatment (and after) by assessing the needs of the client and the client's family, when appropriate; arranging, coordinating, monitoring, evaluating and

advocating for a package of multiple external health and social resources to meet the specific client's complex needs; and advocating with those external resources in order to enhance the continuity, accessibility, accountability, and efficiency of those resources.