

### Personal questionnaire (SOCRATES M-SO-F)

INSTRUCTIONS: Please read the following statements carefully. Each one describes a way that you might (or might not) feel about your loved one's drug use. For each statement, circle one number from 1 to 5, to indicate how much you agree or disagree with it right now. Please circle one and only one number for every statement.

	Strongly Disagree e	Disagre e	Undecided or Unsure	Agree	Strongly Agree
1. I really want her to make some changes in her use of drugs.	1	2	3	4	5
2. I am uncertain whether she uses drugs too much.	1	2	3	4	5
3. She definitely has some problems related to drugs.	1	2	3	4	5
4. I am ready to do whatever it takes to help her change her use of drugs.	1	2	3	4	5
5. There is nothing I can do to help her change her use of drugs.	1	2	3	4	5
6. Sometimes I wonder if she is an addict.	1	2	3	4	5
7. I really want to do something about her use of drugs.	1	2	3	4	5
8. I've already been trying to do something about her drug use.	1	2	3	4	5
9. Her problems with drugs are serious.	1	2	3	4	5
10. Sometimes I wonder if her drug use is hurting other people.	1	2	3	4	5
11. I definitely need to do something about her drug use.	1	2	3	4	5
12. I am actively doing things now to help her cut down or stop using drugs.	1	2	3	4	5
13. I think she needs to be coming to a program to get some help.	1	2	3	4	5
14. I question whether using drugs is good for her.	1	2	3	4	5
15. If she doesn't change her drug use soon, the problems are going to get worse.	1	2	3	4	5

	Strongly Disagree	Disagree	Undecided or Unsure	Agree	Strongly Agree
16. I have already been trying to get her to change her drug use, and I am here to get some more help.	1	2	3	4	5
17. I know that she has a drug problem.	1	2	3	4	5
18. I am uncertain whether she uses drugs too much.	1	2	3	4	5
19. It is definitely time for me to do something about the problems I have been having because of her drug use.	1	2	3	4	5
20. I have started to carry out a plan to help her cut down or stop using drugs.	1	2	3	4	5
21. She is fairly normal in her use of drugs.	1	2	3	4	5
22. Sometimes I wonder if she is in control of her drug use.	1	2	3	4	5
23. She is a drug addict.	1	2	3	4	5
24. I am working hard to make change happen.	1	2	3	4	5
25. She has had more trouble because of drugs than most people do.	1	2	3	4	5
26. I don't think she has "a problem" with drugs, but there are times when I wonder if she uses drugs too much.	1	2	3	4	5
27. She has a drug problem.	1	2	3	4	5
28. I know that her drug use has caused problems, and I am trying to do something about it.	1	2	3	4	5
29. My problems are at least partly due to her drug use.	1	2	3	4	5
30. I don't know whether or not I should do anything about her drug use.	1	2	3	4	5
31. Her drug use is causing a lot of harm.	1	2	3	4	5

overcoming her drug problem.

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## SOCRATES Scoring Form - All 32-Item Versions ( 7ASO and 7DSO)

Transfer the client's answers from questionnaire (see note below):

P Scale	C Scale	D Scale	A Scale
1* _____	2 _____	3 _____	4 _____
5 _____	6 _____	7 _____	8 _____
9* _____	10 _____	11 _____	12 _____
13* _____	14 _____	15 _____	16 _____
—			
17* _____	18 _____	19 _____	20 _____
—			
21 _____	22 _____	23 _____	24 _____
25* _____	26 _____	27 _____	28 _____
—			
29* _____	30 _____	31 _____	32 _____
—			
TOTALS P _____	C _____	D _____	A _____

Possible score range = 8 - 40 on each of the four scales

### IMPORTANT SCORING NOTE

For items 1, 9, 13, 17, 25, and 29 (all marked with \* reverse the direction of scoring before recording the raw score.

If the client circled:

5

4

3

2

1

You record above:

1

2

3

4

5

For all other items (not marked with \*) simply transfer the answer that the client circled.