

Personal Drug Use Questionnaire (SOCRATES 7DS)

INSTRUCTIONS: Please read the following statements carefully. Each one describes a way that you might (or might not) feel about your drug use. For each statement, circle one number from 1 to 5, to indicate how much you agree or disagree with it right now. Please circle one and only one number for every statement.

	Strongly Disagree	Disagree	Undecided or Unsure	Agree	Strongly Agree
1. I really want to make changes in my use of drugs.	1	2	3	4	5
2. Sometimes I wonder if I am an addict.	1	2	3	4	5
3. If I don't change my drug use soon, my problems are going to get worse.	1	2	3	4	5
4. I have already started making some changes in my use of drugs.	1	2	3	4	5
5. I was using drugs too much at one time, but I've managed to change that.	1	2	3	4	5
6. The only reason I'm here is that somebody made me come.	1	2	3	4	5
7. Sometimes I wonder if my drug use is hurting other people.	1	2	3	4	5
8. I have a drug problem.	1	2	3	4	5
9. I'm not just thinking about changing my drug use, I'm already doing something about it.	1	2	3	4	5
10. I have already changed my drug use, and I am looking for ways to keep from slipping back to my old pattern.	1	2	3	4	5
11. I have serious problems with drugs.	1	2	3	4	5
12. Sometimes I wonder if I am in control of my drug use.	1	2	3	4	5

	Strongly Disagree	Disagree	Undecided or Unsure	Agree	Strongly Agree
13. My drug use is causing a lot of harm.	1	2	3	4	5
14. I am actively doing things now to cut down or stop my use of drugs.	1	2	3	4	5
15. I want help to keep from going back to the drug problems that I had before.	1	2	3	4	5
16. I know that I have a drug problem.	1	2	3	4	5
17. There are times when I wonder if I use drugs too much.	1	2	3	4	5
18. I am a drug addict.	1	2	3	4	5
19. I am working hard to change my drug use	1	2	3	4	5
20. I have made some changes in my drug use, and I want some help to keep going.	1	2	3	4	5

SOCRATES Profile Sheet (20-Item Version 7AS)

INSTRUCTIONS: From the SOCRATES Scoring Form (20-Item Version) transfer the total scale scores into the empty boxes at the bottom of the Profile Sheet. Then for each scale, CIRCLE the same value above it to determine the decile range.

DECILE SCORES	Precontemp. (Not Ready)	Contempl. (Unsure)	Determination (Ready)	Action (Trying)	Maintenance (Holding)
100	10-20	20			20
90 Very High	9	19		20	19
80	8	18	20	18-19	18
70 High	7	17	19	17	17
60	6	16	18		16
50 Medium		15	17	16	15
40	5	14	16		14
30 Low		13	15	15	12
20		11-12	1	13-14	11-12
10 Very Low	4	4-10	4-13	4-12	8-10

These Interpretive ranges are based on a sample of 1,674 adult men and women presenting for treatment at five outpatient Project MATCH clinics in Albuquerque (NM), Buffalo (NY), Farmington (CT), Milwaukee (WI), and West Haven (CT). Individual scores are therefore being ranked as low, medium, or high relative to people already presenting for outpatient treatment.