

McMaster Family Functioning Scale

Please **circle** the number (1 - 4) which best indicates how much you agree or disagree with the 12 statements below concerning your partner or family. **Circle** only **1** number per question.

	Strongly Agree	Agree	Disagree	Strongly Disagree
1. Planning family activities is difficult because we misunderstand each other.	1	2	3	4
2. In times of crisis we can turn to each other for support.	1	2	3	4
3. We cannot talk to each other about the sadness we feel.	1	2	3	4
4. Individuals are accepted for what they are.	1	2	3	4
5. We avoid discussing our fears and concerns.	1	2	3	4
6. We can express feelings to each other.	1	2	3	4
7. There are lots of bad feelings in the family.	1	2	3	4
8. We feel accepted for what we are.	1	2	3	4
9. Making decisions is a problem in our family.	1	2	3	4

10. We are able to make decisions about how to solve problems.	1	2	3	4
11. We do not get along well with each other.	1	2	3	4
12. We confide in each other	1	2	3	4

Scoring

All odd items are reverse scored. To reverse score an item subtract the score for that item from 5. For example, if the answer to question 1 is given as 2 the reverse score would be 3 (5 - 2). Once the odd items have been reverse scored the participant's family functioning score is simply the sum of the 12 items.

Note: This is only one section of the McMaster Family Functioning Scales.