

Individual Protective Factors Index

Mark the box that best shows how you feel about the statement. For example, "YES!" Means you strongly agree, "yes" means you sort of agree, "no" means you sort of disagree, and "NO!" means you strongly disagree.

Child Name: _____ Date: _____

Self-Efficacy

1. Other people decide what happens to me. YES! yes no NO!
2. It is important to think before you act. YES! yes no NO!
3. If I study hard, I will get better grades. YES! yes no NO!
4. When I try to be nice, people notice. YES! yes no NO!
5. If you work hard, you will get what you want. YES! yes no NO!
6. To make a good decision, it is important to think. YES! yes no NO!
7. I am responsible for what happens to me. YES! yes no NO!

Self-Control

8. Sometimes you have to physically fight to get what you want. YES! yes no NO!
9. I get mad easy. YES! yes no NO!
10. I do whatever I feel like doing. YES! yes no NO!
11. When I am mad, I yell at people. YES! yes no NO!
12. Sometimes I break things on purpose. YES! yes no NO!
13. If I feel like it, I hit people. YES! yes no NO!

Phillips & Springer, 1992 found in:

Dahlberg LL, Toal SB, Swahn M, Behrens CB. Measuring Violence-Related Attitudes, Behaviors, and Influences Among Youths: A Compendium of Assessment Tools, 2nd ed., Atlanta, GA: Centers for Disease Control and Prevention, National Center for Injury Prevention and Control, 2005, pp. 131-132.
http://www.cdc.gov/ViolencePrevention/pub/measuring_violence.html