

National Suicide Research Foundation

Annual Report





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of the National Suicide Research Foundation: www.nsrf.ie

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NSRF

EXAMINE

INTERVENE

TRANSLATE



Introduction

Who We Are

The National Suicide Research Foundation is an independent, multi-disciplinary research unit which investigates the causes of suicide, self-harm and related mental health and social factors in Ireland. The unit has a long-standing link with the Department of Epidemiology and Public Health in University College Cork and is located in the Western Gateway Building in University College Cork as part of the National Population Health Sciences Centre.

The members of the research team come from a broad range of disciplines, including psychology, psychiatry, medicine, sociology, epidemiology, public health, biostatistics and health services research.

What We Do

The National Suicide Research Foundation undertakes research into varying topics relating to suicide and self-harm and, accordingly, provides the knowledge base for suicide prevention, intervention and postvention strategies.

We also provide training and positive mental health promotional programmes to a variety of audiences.

Our Aims

1. **To Examine:** By monitoring trends, risk factors and protective factors associated with suicide and self-harm.
2. **To Intervene:** By applying evidence-based interventions at a local, national and international level.
3. **To Translate:** By translating and disseminating research in order to inform and impact on policy and practice.

The Outcome

A solid evidence base for:

- Policy development and intervention regarding the prevention of suicide.
- The management of patients presenting to Emergency Departments with deliberate self-harm.

Foreword

This Annual Report serves a dual purpose. It contains the Members' Report and Financial Statements for the year ended December 31st 2014, as tabled at the Annual General Meeting of the Board of Members held on September 15th 2015, and additionally contains a summary report on the research and associated activities undertaken by the team at the National Suicide Research Foundation (NSRF) in 2014/2015.

The NSRF is a Limited Company Number 224676 and has been granted Charitable Status by the Office of the Revenue Commissioners - CHY 11351.

The NSRF is in receipt of funding from the Health Service Executive's National Office for Suicide Prevention for its core research activities as well as the running of the National Self Harm Registry Ireland. Additionally, it has a long track record in obtaining grant funding from agencies such as the European Commission and the Health Research Board of Ireland. A breakdown of the Income and Expenditure 2014, in respect of the different tranches of funding, is contained in the Financial Statements 2014.

In accordance with the Companies Acts 1963 to 2013, the Financial Statements 2014 have been prepared by independent auditors Hickey & Associates, Cork. They have been approved by the members of the Executive Committee and have been submitted to the Companies Registration Office. The turnover in 2014 was €1,317,110 and the net surplus for the year after taxation was €69,420. The NSRF employed thirty seven people during 2014. Costs in respect of salaries and pensions amounted to €897,343 and social security costs were €89,060. The total liability to the Revenue Commissioners in respect of 2014 PAYE/PRSI/USC was €301,830. We are grateful to Ms Shelley Meenehan of Hickey & Associates for her sterling work on the audit of the NSRF accounts.

The NSRF was established by the late Dr Michael J Kelleher in November 1994. The mission then, and now, is to provide

a nationally and internationally recognised body of reliable knowledge from a multi-disciplinary perspective on the risk and protective factors associated with suicidal behaviour with an ultimate aim of providing a solid evidence base for policy development and intervention in the prevention of suicide and the management of patients presenting with deliberate self harm. The NSRF relocated to the Western Gateway Building in University College Cork in 2012 following Professor Ivan J Perry's successful bid for a capital grant to the Higher Education Authority under the Programme for Research in Third Level Institutions, to establish the National Population Health Sciences Centre.

In terms of the number of studies being conducted by NSRF staff members, and the number of publications and presentations/lectures, there has been a further increase since 2013. NSRF staff members have also received an increasing number of requests to serve on national and international advisory panels and steering committees, which reflects the importance of the specialist expertise provided by NSRF staff. In 2014, the NSRF, together with the Central Statistics Office, initiated the CSO Suicide Mortality Statistics Liaison Group involving relevant stakeholders in Ireland.

In 2014 and 2015, NSRF staff members were successful recipients of national and international research awards, including major HRB and EU grants, such as the HRB General Research Awards, Research Leadership Awards, and EU Marie Curie, and Consumer, Health, Agriculture and Food (CHA-FA) awards. In this regard, the NSRF made a significant contribution to the recent Research Quality Review of the Department of Epidemiology and Public Health, University College Cork, which received the highest possible rating. The NSRF contributed in particular to the critical mass of peer review publications and awarded research grant applications.

Following a selection procedure in UCC, Professor Arensman and the NSRF were successful in the 2015 funding programme of the Health Research Board - Research Leadership Award in





connection with the 5-year research programme: “*Individual and Area Level Determinants of Self-Harm and Suicide in Ireland: Enhancing Prediction, Risk Assessment and Management of Self-Harm by Health Services*”. The HRB will provide €1.4 million in funding for the research programme.

NSRF staff members contributed intensively to the development of the new National Strategy to Reduce Suicide, 2015-2020, *Connecting for Life*, in particular by contributing to four steering and working groups, and by providing numerous evidence briefs on a wide range of topics related to suicide and self-harm. The data from the National Self-Harm Registry Ireland will form a key component of the Strategy’s Outcomes Framework to monitor progress and to examine the impact of implemented actions over the next five years. In this context, the NSRF has prepared a proposal to lead the development of a national research agenda supporting the strategic goals and actions of *Connecting for Life*.

In 2014 and 2015, the NSRF strengthened its links with the World Health Organisation (WHO). Members of the NSRF contributed to the WHO Report: *Preventing Suicide: A Global Imperative*, and to the launch of this report at the WHO Headquarters in Geneva on 5th September 2014. The NSRF has also been successful in an application to become a WHO Collaborating Centre in Surveillance and Research in Suicide Prevention.

In 2015, Professor Arensman was re-elected President of the International Association for Suicide Prevention (IASP), which has members in more than 60 countries and is in official relations with WHO.

We would like to thank the members of the NSRF team for their dedication and hard work in 2014 and look forward to continuing to work together in efforts to provide the strong research base necessary to underpin efforts in addressing the significant public health issue that is suicide.



Eileen Williamson

Executive Director
Company Secretary



Professor Ella Arensman

Director of Research, National Suicide Research Foundation,
Adjunct Professor, Department of Epidemiology and Public Health.
President, International Association of Suicide Prevention



2014 AT A GLANCE



Research Overview

18

Peer-reviewed papers

90

Presentations
Workshops
Trainings

Personnel

16

Board Members

37

Staff Members

5

Volunteers

Public Engagement

70

Attendees at
our Information
Evening

Over **1600**
Likes on
Facebook

531 Twitter followers
179 LinkedIn followers

Financial Statements

1.3 Million

Cost of running
NSRF in 2014

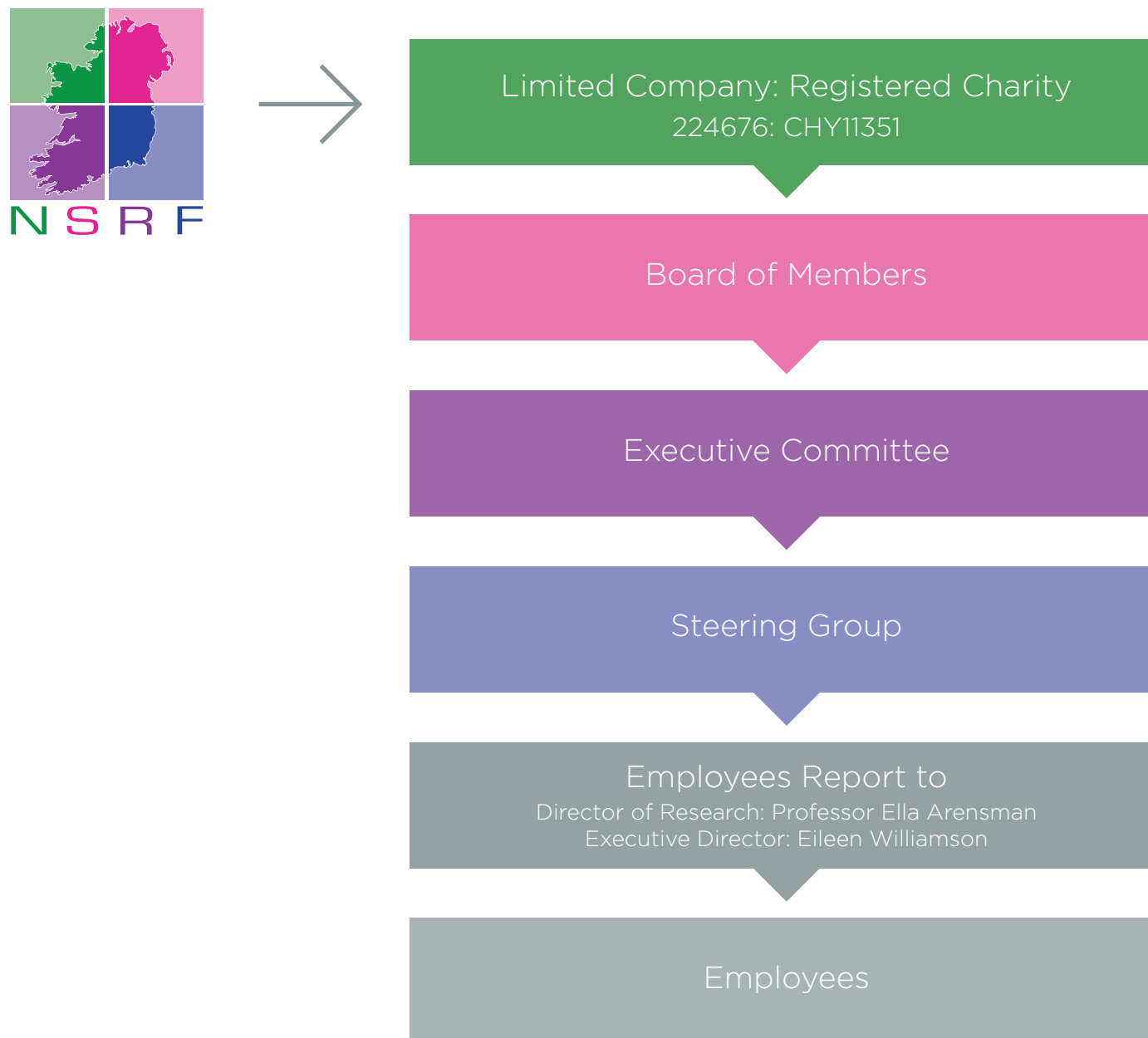
€986,403

Cost in respect
of salaries,
pensions and
social security



THE TEAM





Board of Members

Professor Ella Arensman

Director of Research, National Suicide Research Foundation

Adjunct Professor, Department of Epidemiology & Public Health, University College Cork

President of the International Association of Suicide Prevention

Mrs Patricia Behan

Founder of Suicide Aware Ireland

Bishop John Buckley

Catholic Bishop of Cork & Ross

Professor Patricia Casey

Professor of Psychiatry at University College Dublin

Consultant Psychiatrist at the Mater Misericordiae University Hospital

Bishop Paul Colton

Anglican Church of Ireland
Bishop of Cork, Cloyne and Ross

Dr Paul Corcoran

Senior Lecturer in Perinatal Epidemiology at the National Perinatal Epidemiology Centre (NPEC), Department of Obstetrics & Gynecology and Department of Epidemiology & Public Health, University College Cork

Mr Dave Drohan

South Regional Director, Resilience Ireland
Former General Manager HSE South

Mr Bertie Kelleher

Retired Principal
Colaiste an Spiorad Naomh, Cork

Dr Margaret Kelleher

General Practitioner Cork
Medical Director National Suicide Research Foundation

Mr Patrick Madden

Former CEO
Mercy University Hospital Cork
Former Programme Manager
Mental Health HSE South

Mr Barry McGale

Suicide Liaison Officer at Western Health & Social Care Trust Derry Northern Ireland

Mr Tom O'Dwyer

Self Employed Consultant
Former Programme Manager
Community Care HSE South

Mr Mike O'Sullivan

CEO Nano Nagle Place Cork

Professor Ivan J Perry

Professor/Head of the Department of Epidemiology & Public Health
University College Cork
Principal Investigator HRB Centre for Health & Diet Research

Eileen Williamson

Executive Director
National Suicide Research Foundation
Company Secretary

Executive Committee

Mr Dave Drohan

South Regional Director Resilience Ireland
Former General Manager HSE South

Dr Margaret Kelleher

General Practitioner Cork
Medical Director National Suicide Research Foundation

Mr Patrick Madden

Former CEO Mercy University Hospital Cork
Former Programme Manager for Mental Health HSE South

Mr Barry McGale

Suicide Liaison Officer at Western Health & Social Care Trust Derry Northern Ireland

Mr Mike O'Sullivan

CEO Nano Nagle Place Cork

Professor Ivan J. Perry

Professor/Head Department of Epidemiology & Public Health University College Cork
Principal Investigator HRB Centre for Health & Diet Research

Steering Group

Professor Ella Arensman

Director of Research National Suicide Research Foundation

Adjunct Professor Department of Epidemiology & Public Health University College Cork

President of the International Association of Suicide Prevention

Eileen Williamson

Executive Director National Suicide Research Foundation
Company Secretary National Suicide Research Foundation

STEERING GROUP MAIN TASKS AND OBJECTIVES

- a) Strategic planning and decision making on research and related activities of the NSRF
- b) Management, training and supervision of all research projects and staff working with the NSRF
- c) Acquisition of funding for core research projects and pursuing developmental funding for research innovation
- d) Ensuring dissemination of the outcomes of the NSRF's research projects in high quality reports and peer review papers, and its impact on policy and practice
- e) Ensuring multidisciplinary and interdisciplinary collaboration with relevant agencies and stakeholders at national and international level

Post-Doctoral Team

Dr Colette Corry
Dr Eve Griffin
Dr Mary Joyce
Dr Celine Larkin
Dr Elaine McMahon

Personnel

Professor Ella Arensman
 Director of Research

Marco Bennardi
 MARATONE Student Marie Curie Funded Project

Dr Paul Corcoran
 Senior Statistician

Dr Colette Corry
 Research Officer Donegal Project

Caroline Daly
 Northern Ireland Self Harm Registry Coordinator
 Research Officer International Association for Suicide Prevention
 PhD student

Rebecca Dennehy
 SPHeRE HRB Scholar

Christina Dillon
 Data Manager, National Self Harm Registry Ireland

Hugh Duane
 NOSP Information Officer

Aislinne Freeman
 Placement from University of Leipzig

Dr Eve Griffin
 Senior Researcher
 Manager, National Self Harm Registry Ireland

Justina Hurly
 Research Officer

Gillian Karwig
 Research Officer, PREDI-NU Project

Dr Celine Larkin
 Project Co-ordinator SSIS-ACE Project

Sara Leitao
 Research Officer SSIS ACE Project

Dr Elaine McMahon
 Research Fellow HRB ICE Programme

Jacklyn McCarthy
 Research Officer SSIS ACE Project

Niall McTernan
 Research Officer

Emilie Mullins
 Research Officer SSIS ACE Project

Emer O'Callaghan
 Research Support Officer
 Finance/Marketing

Gretta O'Connell
 Research Officer Evaluation of Erris Social Prescribing Project

Irene O'Farrell
 HRB PhD Scholar in Health Services Research

Grace O'Regan
 Research Officer

Ailbhe Spillane
 SPHeRE HRB Scholar

Amanda Wall
 Statistician, National Registry for Self Harm Ireland

Brian Waters
 Research Support Officer Technical

Eileen Williamson
 Executive Director

National Dialectical Behaviour Therapy (DBT) Project

Mary Joyce
 Project Co-ordinator

Catalina Suarez
 Research Officer

Louise Dunne
 Administrator

Siobhan O'Connor
 Research Officer

Mareike Weihrauch
 Research Officer

Conall Gillespie
 Research Officer

Data Registration Officers, National Self Harm Registry Ireland

The Data Registration Officers (DROs) collect data based on self-harm presentations to emergency departments in hospitals throughout the Republic of Ireland. The following are our DROs and their respective hospitals:

HSE WEST REGION

Ailish Melia

Sligo General Hospital

Catherine Murphy

University Hospital Limerick

Ennis Hospital

Nenagh Hospital

St John's Hospital, Limerick

Mary Nix

Mayo General Hospital, Castlebar

Portiuncula Hospital, Ballinasloe

University College Hospital, Galway

Eileen Quinn

Letterkenny General Hospital

HSE SOUTH REGION

Tricia Shannon

Waterford Regional Hospital

Wexford General Hospital

St Luke's Hospital, Kilkenny

St Joseph's Hospital, Clonmel

Karen Twomey

Kerry General Hospital, Tralee

Una Walsh & Ursula Burke

Bantry General Hospital

Cork University Hospital

Mallow General Hospital

Mercy University Hospital, Cork

HSE DUBLIN/MIDLANDS REGION

Liisa Aula

St Columcille's Hospital, Loughlinstown

St Vincent's University Hospital

St Michael's Hospital, Dun Laoghaire

Edel McCarra

Our Lady's Children's Hospital Crumlin,
Dublin

Diarmuid O'Connor

Midlands Regional Hospital, Mullingar

Naas General Hospital

Midlands Regional Hospital, Portlaoise

Midlands Regional Hospital, Tullamore

The Adelaide and Meath Hospital, Dublin,
Incorporating The National Children's
Hospital, Tallaght

Laura Shehan and James Buckley

St James' Hospital

HSE DUBLIN/NORTH EAST REGION

Agnieszka Biedrycka

Mater Misericordiae University Hospital,
Dublin

Alan Boon and Grace Boon

Beaumont Hospital

Connolly Hospital, Blanchardstown

Temple Street Hospital

Rita Cullivan

Cavan General Hospital

Our Lady of Lourdes, Drogheda

Our Lady's Hospital, Navan

Memberships and advisory positions

Professor Ella Arensman		Research Working Group for the National Implementation of Dialectical Behaviour Therapy		Member
The International Association for Suicide Prevention (IASP)	President	Archives of General Psychiatry	Reviewer	
European Alliance Against Depression	Vice-President	British Medical Journal	Reviewer	
EuroSafe Task Force on Suicide and Deliberate Self Harm	Coordinator	British Journal of Psychiatry	Reviewer	
World Health Organisation	Advisor	BMC Public Health	Reviewer	
European Regions Enforcing Actions Against Suicide (EUREGENAS)	Advisor	Crisis	Reviewer	
IASP Special Interest Group - Clusters and Contagion in Suicidal Behaviour	Co-Chair	International Journal of Injury Control and Safety Promotion	Reviewer	
CSO Liaison Group on Suicide Mortality Statistics	Co-Chair and Member	Irish Journal of Medical Science	Reviewer	
Research Advisory Group for the National Strategy to Reduce Suicide 2015-2020, Connecting for Life	Vice-Chair and Member	Irish Medical Journal	Reviewer	
Crisis, The Journal Of Crisis Intervention and Suicide Prevention	Co-Editor and Reviewer	Journal of Affective Disorders	Reviewer	
Strategic Planning Oversight Group for the National Strategy to Reduce Suicide 2015-2020, Connecting for Life	Member	Journal of Epidemiology and Community Health	Reviewer	
Steering Group of the Northern Ireland Registry of Self-Harm	Member	Journal of Traumatic Stress	Reviewer	
Graduate Studies Board Committee, Department of Epidemiology and Public Health, University College Cork, Ireland	Member	Lancet	Reviewer	
Member of the Programme Steering Group for the UK study on suicide and self-harm funded by the National Institute for Health Research, UK	Member	Psychological Medicine	Reviewer	
National Advisory Panel of the National Office for Suicide Prevention - Ireland	Member	Social Psychiatry and Psychiatric Epidemiology	Reviewer	
Review Panel for the evaluation of the Irish National Strategy for Action on Suicide Prevention - Reach Out (2005-2014)	Member	Social Science & Medicine	Reviewer	
National Steering Group of the Mental Health Awareness Campaign - Ireland	Member	Suicidology Online	Reviewer	
National Working Group on Suicidal Behaviour initiated by the Irish College of Psychiatry	Member	Health Research Board, Ireland	Reviewer	
National Steering Group for the Implementation of the Suicide Crisis Assessment Nurse (SCAN) programme	Member	Department of Health, UK	Reviewer	
National Steering Group for the Implementation of the National Suicide Bereavement Liaison Service	Member	Department of Health - Research & Development, Northern Ireland	Reviewer	
Steering Group for the National Implementation of Dialectical Behaviour Therapy	Member	Scottish Executive Health Department	Reviewer	
		Netherlands Foundation for Scientific Research	Reviewer	
Dr Eve Griffin		Dr Paul Corcoran		
Northern Ireland Registry of Self Harm Regional Steering Group	Member	Steering Group of the Northern Ireland Western Health Board Registry of Deliberate Self Harm - Northern Ireland	Member	
Special Interest Group - Child Injury Prevention	Member	IASP Task Force on National System for Certifying Suicide Deaths	Chair	
European Injury Data Base (IDB)	National Data Administrator	WHO Consultation Group on Registering Suicide and Attempted Suicide in the Eastern Mediterranean Region	Member	
International Association for Suicide Prevention	Member	International Working Group of the WHO World Suicide Report	Member	
Royal Academy of Medicine in Ireland (RAMI)	Member	Graduate Studies Board Committee, Department of Epidemiology and Public Health, University College Cork	Member	
Psychopharmacology	Reviewer			
Irish Medical Journal	Reviewer			
Dr Margaret Kelleher				
Irish Association of Suicidology.	Director			
International Academy for Suicide Research	Member			
Ms Eileen Williamson				
European Commission's Working Party on Accidents and Injuries National Data Administrator for Ireland	Member			
Northern Ireland Registry of Self Harm Regional Steering Group	Member			
Implementation Group Reach Out National Strategy for Action on Suicidal Behaviour 2005-2014	Member			
Writing Group for the National Strategy to Reduce Suicide 2015 - 2020, Connecting for Life	Member			
Communications Group for the National Strategy to Reduce Suicide 2015 - 2020, Connecting for Life	Member			
Steering Group for the National Implementation of Dialectical Behavioural Therapy	Member			
Research Working Group for the National Implementation of Dialectical Behavioural Therapy	Member			
Association for Child and Adolescent Mental Health Special Interest Group	Member			
International Association for Suicide Prevention	Member			
CSO Liaison Group on Suicide Mortality Statistics	Co-Chair and Member			
International Journal of Injury Control and Safety Promotion	Reviewer			
Irish Journal of Psychological Medicine	Reviewer			

A blurred photograph of a busy city street with many pedestrians crossing a crosswalk. The image has a soft, out-of-focus quality, emphasizing movement and a sense of a crowded public space. Overlaid on this image are three colored rectangles: a solid green one at the top, and a purple and blue stacked one below it, both partially obscuring the text.

RESEARCH OVERVIEW

National Suicide Research Foundation Research Strategy

GENERAL OBJECTIVE:

To produce a nationally and internationally recognised body of reliable knowledge from a multidisciplinary perspective on the risk and protective factors associated with suicidal behaviour.

OUTCOME:

A solid evidence base for policy development and intervention in the prevention of suicide and the management of patients presenting with self-harm.



Priorities are in line with Reach Out – National Strategy for Action on Suicide Prevention 2005-2014, Connecting for Life Ireland National Strategy to Reduce Suicide 2015-2020 and Vision for Change – Mental Health Framework

I.

Research projects addressing the extent of self-harm and suicide, patterns, risk and protective factors: 14 studies

II.

Efficacy of intervention and prevention programmes for self-harm and suicide, and attitudes towards suicidal behaviour and its prevention: 8 studies

I. Research projects addressing the extent of self-harm and suicide: Patterns, risk and protective factors

(some studies will be ongoing into 2015/2016)

Self-harm

- 1) National Self-Harm Registry Ireland: Monitoring of all hospital treated DSH cases since 2002
- 2) Comparative research project on DSH patients involved in self-cutting and those with intentional overdoses
- 3) Improving assessment and aftercare of self-harm patients presenting to Hospital Emergency Departments (HSE South)
- 4) The association between intentional and unintentional injuries
- 5) Self Harm Registry Northern Ireland (NSRF is key collaborator)
- 6) In-depth analyses and dissemination of the data from the studies: Saving and Empowering Young Lives in Europe (SEYLE) and Child and Adolescent Self-harm in Europe (CASE) in collaboration with national and international researchers
- 7) The interaction between psychological vulnerability and the impact of social contagion associated with self-harm (part of MARATONE)

Suicide

- 8) Implementation of a Suicide Support and Information System: A pilot study in the Cork region a) Improved facilitation of support to those bereaved by suicide, b) Identification of risk factors associated with suicide, c) Identification of emerging suicide clusters - Dissemination
- 9) Risk and protective factors in relation to suicide among people who resided in industrial schools as children - Dissemination
- 10) Improved prediction of suicide risk through linking self harm and suicide mortality data.
- 11) Accuracy of recording systems of suicide and other external causes of death
- 12) Psychosocial, psychiatric and work related factors with suicide: a case-control study (SSIS-ACE)
- 13) Research into a potential suicide cluster among people who died by suicide and who were in contact with the Donegal Mental Health services at time of death
- 14) Psychological and physical outcomes in suicide survivors

II. Efficacy of intervention and prevention programmes for deliberate self-harm and suicide, and attitudes towards suicidal behaviour and its prevention

(Some studies will be ongoing into 2015/2016)

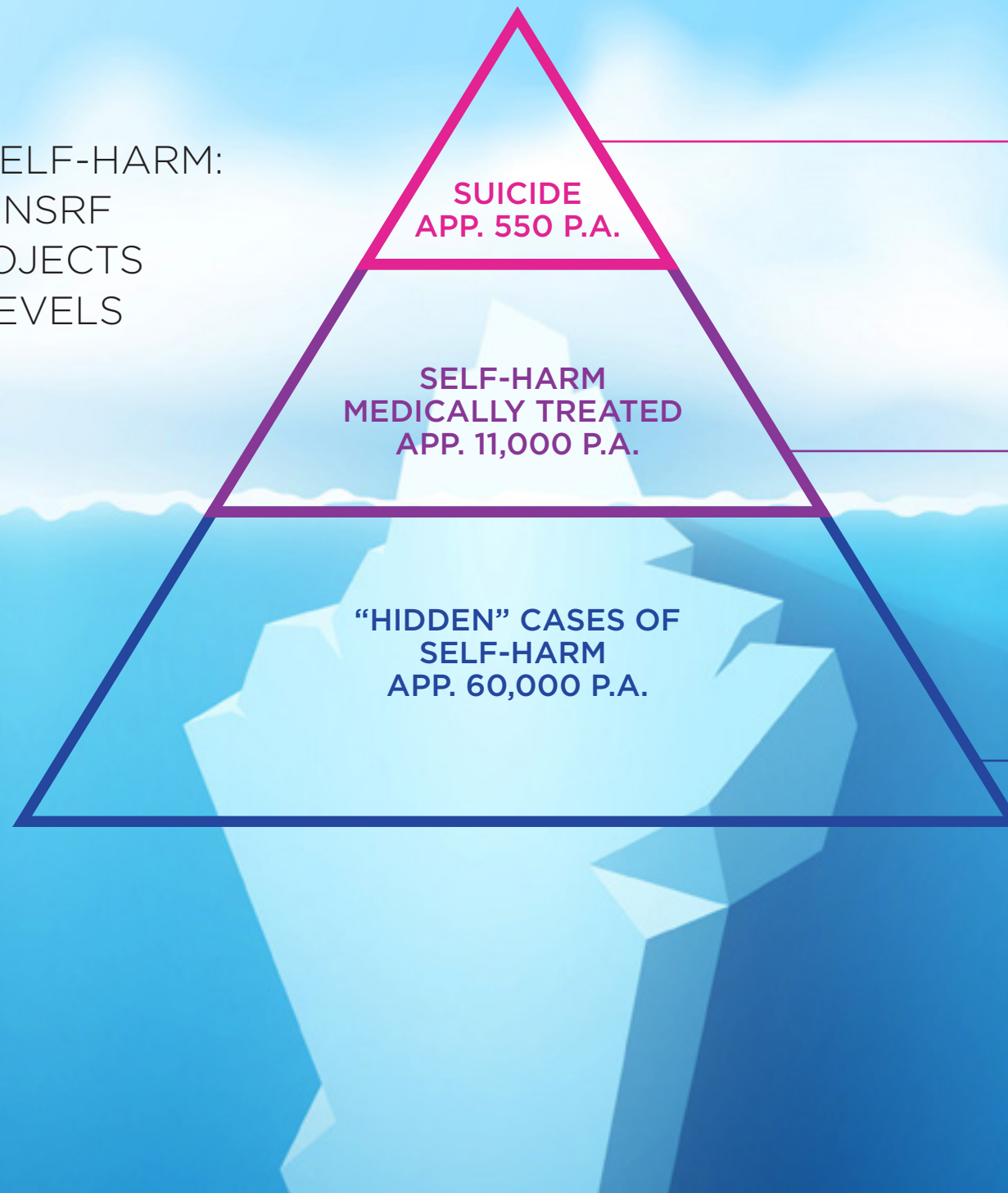
Efficacy of intervention programmes for self harm patients

- 1) Five level community based intervention project for depression and suicidal behaviour: Project in Limerick prior to implementation at national level (OSPI) - Dissemination
- 2) Optimised "Mind Yourself": a brief problem-solving intervention programme for adolescents and adults
- 3) Training of Emergency Department and Mental Health Care staff in increasing Awareness of Self Harm and Suicide
- 4) Acceptability and efficacy of an internet-based guided self-management intervention for young people and adults with mild to moderate depression (PREDI-NU) - To be implemented and evaluated among health professionals
- 5) Implementation and evaluation of the national roll out of Dialectical Behaviour Therapy training
- 6) Evaluation of a social prescribing intervention in collaboration with the Erris Primary Care Team, HSE West
- 7) Implementation and evaluation of the SCAN Nurse project

Attitudes towards suicidal behaviour and its prevention

- 8) Attitudes towards suicide and its prevention among policy, health care and community-based professionals including politicians, coroners, GPs, nurses, pharmacists, Gardai etc.

SUICIDE AND SELF-HARM:
PRIORITIES OF NSRF
RESEARCH PROJECTS
AT MULTIPLE LEVELS



- Facilitation of bereavement support
- Accuracy of suicide statistics
- Suicide awareness and risk identification
- Identification of - and responding to - emerging suicide clusters

- Self-harm awareness and identification of risk of repeated self-harm
- Assessment and aftercare of self-harm patients
- Implementation of effective treatments for self-harm patients (e.g. CBT, DBT)

- Depression/self-harm/suicide awareness training
- Mental health promotion
- Screening for self-harm/suicide risk
- Internet-based guided self-management programmes for mild to moderate depression
- Facilitation of access to services/interventions



SURVEILLANCE SYSTEMS

The National Self-Harm Registry Ireland

The National Self-Harm Registry Ireland is a national system of population monitoring for the occurrence of self-harm. The Registry collects data based on persons presenting to hospital emergency departments as a result of an episode of self-harm, as defined by the Registry. As of 2006 the Registry has obtained full coverage of all general and paediatric hospital emergency departments in the Republic of Ireland.

The Registry aims:

- To establish the extent and nature of hospital-treated self-harm in Ireland.
- To monitor trends over time and by area.
- To contribute to policy and development in the area of suicidal behaviour.
- To help the progress of research and prevention.

Personnel Involved: Prof. Ivan Perry (NSRF; Epidemiology and Public Health, University College Cork); Prof. Ella Arensman; Dr. Paul Corcoran (NSRF; Cork University Maternity Hospital); Ms. Eileen Williamson.

Registry Manager: Dr. Eve Griffin.

Data Manager: Ms. Christina Dillon.

Data Registration Officers: Ms. Una Walsh; Ms. Ursula Burke; Ms. Liisa Aula; Mr. Alan Boon; Ms. Grace Boon; Ms. Catherine Murphy; Mr. James Buckley; Ms. Rita Cullivan; Ms. Mary Nix; Mr. Diarmud O'Connor; Ms. Eileen Quinn; Ms. Karen Twomey; Ms. Tricia Shannon; Ms. Agnieszka Biedrycka; Ms. Ailish Melia; Ms. Laura Shehan; Ms. Edel McCarra.

Specific objectives 2015:

- Expand the scope of the Registry data items to include data on psychosocial and psychiatric assessment in at least 12 hospitals.
- Research into predictors of short-term and long-term risk of repeated self-harm and suicide among self-harm patients with a history of multiple acts of self-harm (i.e. major repeaters) and those engaging in highly lethal acts of self-harm.
- Research into method escalation among people who engage in repeated acts of self-harm – PhD research conducted by Caroline Daly (In collaboration with School of Pharmacy and Centre for Suicide Prevention, University of Manchester).
- On-going linkage of data from the National Self-Harm Registry Ireland with suicide mortality data at national level.
- On-going identification of emerging clusters of self-harm using geo-spatial analyses.

Northern Ireland Registry of Self-Harm

The Northern Ireland Registry of Self Harm is managed by the Public Health Agency in Northern Ireland. The Registry was introduced in the Western Trust Area in 2007 as part of the Protect Life – Suicide Prevention Strategy, using comparable standard operating procedures to that of the National Self Harm Registry Ireland. The Registry has been implemented across all Health and Social Care Trusts in Northern Ireland since April 2012.

As part of the operation of this Registry, the National Suicide Research Foundation provides the following services:

- Statistical analysis and independent verification of data from the NI Registry.
- Contribution to quarterly and annual reporting of data from the Registry.
- Preparation of a series of comparative journal papers.

Suicide Support & Information System (SSIS)

The SSIS is an innovative system that was developed to provide access to support for those bereaved by suicide, while also, collecting information on risk factors associated with suicide and deaths classified as open verdicts.

The SSIS aims:

- To improve the support available to people bereaved by suicide.
- To identify and better understand the causes of suicide.
- To identify and improve the response to clusters of suicide and extended suicide e.g. (filicide-suicide and familicide).
- To better define the incidence and pattern of suicide in Ireland.
- To identify persons who present for medical treatment following deliberate self-harm and who subsequently die by suicide.

Personnel Involved: Lead Principal Investigator: Prof. Ella Arensman; Dr Celine Larkin; Ms. Jacklyn McCarthy; Ms. Eileen Williamson; Prof. Ivan Perry (NSRF; Epidemiology and Public Health, University College Cork).

Specific objectives 2015:

- Following successful implementation of the SSIS Psychological Autopsy Model in the Donegal Mental Health Services, exploration of national implementation of the SSIS Psychological Autopsy Model in mental health services in Ireland at national level.
- Exploration of SSIS data collection at national level in conjunction with the National Drug-related Deaths Index from the HRB.
- On-going analysis and dissemination of SSIS data for the purpose of papers for peer review journals, with emphasis on specific priorities, including:
 - Risk factors associated with suicide among young adults and middle aged men in Ireland;
 - Risk factors associated with suicide in specific occupational groups;
 - Alcohol in suicides and self-harm: Findings from the Suicide Support and Information System and the National Self-Harm Registry Ireland.
- On-going analysis of emerging suicide and self-harm clusters using geo-spatial analyses, and identification of suicide risk profiles associated with suicide clustering and contagion (In collaboration with the National Centre for Geocomputation, Maynooth University and the Department of Geography, Swansea University, Cardiff).

STUDIES

HEALTH RESEARCH AWARDS: PSYCHOSOCIAL, PSYCHIATRIC AND WORK-RELATED RISK FACTORS ASSOCIATED WITH SUICIDE IN IRELAND: A CASE-CONTROL STUDY (SSIS-ACE)

Study Aim:

This study aims to improve the knowledge base on specific psychosocial, psychiatric and work-related risk factors associated with suicide in Ireland and also to gain insight into specific protective factors that prevent suicidal behaviour. Using the psychological autopsy method and standardised measures, multiple sources of information are accessed to compare risk and protective factors across suicide cases, high-risk self-harm patients and general practice patient controls.

Personnel Involved:

Principal Investigator: Prof. Ella Arensman; Dr. Birgit Greiner (Epidemiology and Public Health, University College Cork); Ms. Eileen Williamson; Prof. Ivan Perry (NSRF; Epidemiology and Public Health, University College Cork); Prof. Colin Bradley (General Practice, University College Cork); Dr. Paul Corcoran (NSRF; Cork University Maternity Hospital); Dr. Carmel McAuliffe; Dr. Eugene Cassidy (Cork University Hospital).

Study Co-ordinator: Dr. Celine Larkin.

Research Officers: Ms. Jacklyn McCarthy; Ms. Sara Leita; Ms. Emilie Mullins; Ms. Gretta O'Connell.

PhD Scholar SPHeRE: Ms. Ailbhe Spillane

Specific objectives 2015:

- On-going recruitment and data collection.
- Capacity building: Training of research support officers who will be engaging in interviews and interview transcription.
- Engagement with stakeholders: examination of aggregated data to inform on-going suicide prevention activities by collaborators.
- Initial data analysis and interim report.
- On-going data analysis and preparation of papers for international peer-review journals/scientific conference presentations.

STUDY OF UNTIMELY SUDDEN DEATHS AND PEOPLE WHO TOOK THEIR LIVES WHILE IN THE CARE OF THE MENTAL HEALTH SERVICES (SSIS-PAM)

Study Aim:

This study aims to identify common risk factors, relationships, contagion effects and common patterns in access to mental health services associated with premature deaths, involving a potential cluster of 29 people.

Personnel Involved:

Principal Investigator: Prof. Ella Arensman; Ms. Eileen Williamson.

Postdoctoral Researcher: Dr. Colette Corry.

Specific objectives for 2015:

- Completion and presentation of interim report.
- Final data analysis and report writing:
 - 1) Internal Report;
 - 2) Executive Summary/Evidence Brief
 - 3) Paper for peer review journal
- Proposal for further implementation of the SSIS Psychological Autopsy Model in mental health services at national level.
- Implementation of study recommendations in collaboration with the Donegal Mental Health Service.

PATTERNS IN THE USE OF DRUGS USED IN INTENTIONAL DRUG OVERDOSE (IDO): USING SURVEILLANCE REGISTRY DATA FROM THE REPUBLIC OF IRELAND (ROI) AND NORTHERN IRELAND (NI)

PhD Scholar: Caroline Daly-3 Years (2015-2018)

Supervisors: Prof. Ella Arensman; Dr. Eve Griffin, Professor Ivan Perry
In collaboration with official advisors Professor Darren Ashcroft and Dr Roger Webb of the University of Manchester.

Study Aim:

The purpose of this research is to examine the patterns in use of drugs involved in intentional drug overdose (IDO) in Ireland and to determine the factors which affect this.

Objective 1: IDO remains the most common method of self-harm in Ireland and the UK, accounting for 65-85% of all Emergency Department self-harm presentations. In the ROI and NI the category of 'Other drugs' are the second most frequently used in overdose, following minor tranquillisers. In 2012 and 2013 "Other drugs" were taken in more than one quarter (27%) of all ROI intentional overdose acts, the highest ever recorded since the initiation of the Registry, with little or no gender differences in intake. In previous calendar years, in NI 'Other drugs' were taken in 23% of IDO acts. Despite the extensive prevalence of these drugs in intentional overdose acts, we currently do not know what types of drugs are represented within this category.

Objective 1, to be carried out in 2015, will examine in fine detail the drugs involved in IDO. This will involve exploring of drug classification systems and the appropriate application of a selected system to the applicable datasets in the ROI and NI.

Objective 2 and 3 will involve the mapping of frequently used drugs and also examine patterns of switching within and between methods of self-harm among persons who engage in IDO.

HEALTH RESEARCH BOARD (HRB) INTERDISCIPLINARY CAPACITY ENHANCEMENT (ICE)

Study Aim:

This study involves using existing large scale data-sets to address important questions in the area of youth suicidal behaviour.

Personnel Involved: Lead Principal Investigator: Prof. Mary Cannon (Royal College of Surgeons in Ireland).

Other Investigators: Dr. Paul Corcoran (NSRF; Cork University Maternity Hospital); Dr. Helen Keeley (Child and Adolescent Mental Health Services); Mr Derek Chambers (Inspire Ireland); Dr. Mary Clarke (Royal College of Surgeons in Ireland); Prof. Pat McGorry (Orygen Centre Melbourne), Ms. Eileen Williamson.

Postdoctoral Research Fellow: Dr. Elaine McMahon.

Specific objectives 2015:

- Co-coordination of the data collection for the Horizons study with Helen Coughlan (Royal College of Surgeons in Ireland) Dublin.

HORIZONS

The HORIZONS study will examine longitudinal risk and protective factors for mental ill-health among young people in Ireland. Data will be collected from up to 1,112 eighteen to nineteen year olds from the Cork and Kerry regions of Ireland. The HORIZONS study will draw from an existing population-based cohort of young people who previously took part in the Saving and Empowering Young Lives in Europe (SEYLE) study (Wasserman, et al, 2010; Wasserman et al, 2015). The SEYLE study was a pan-European randomised control trial of mental health promotion interventions with 13-14 year old adolescents.

Personnel involved: Prof. Mary Cannon (PI, Royal College of Surgeons in Ireland), Ms. Helen Coughlan (Royal College of Surgeons in Ireland), Dr. Lee-Ann Burke (University College Cork), Mr. Derek Chambers (Inspire Ireland), Dr. Mary Clarke (Royal College of Surgeons in Ireland), Dr. Paul Corcoran (NSRF; Cork University Maternity Hospital); Dr. Helen Keeley (Child and Adolescent Mental Health Services), Dr. Elaine McMahon, Ms. Eileen Williamson, Ms. Grace O'Regan.

Objectives 2015:

- Data collection via a follow-up survey among a cohort of adolescents aged 13-14 years.

EU-MARIE CURIE: MENTAL HEALTH TRAINING THROUGH RESEARCH NETWORK IN EUROPE (MARATONE)

Study Aim:

To identify risk factors for long-term repetition of self-harm among children, adolescents and young adults presenting to hospital emergency departments in Ireland.

Personnel Involved: Supervisor: Prof. Ella Arensman.

Co-Supervisors: Dr. Elaine McMahon; Ms. Eileen Williamson.

Postdoctoral Researcher: Mr. Marco Bennardi.

Specific objectives 2015:

- To compare suicide among young people and adults in Ireland in terms of method characteristics, toxicological analysis, and substance abuse histories (paper for peer review journal).
- To identify age group (10-14, 15-19, 20-24, 25-29) similarities and differences in repetition of self-harm;
- To identify the relation between self-harm method and switching method over time among four age groups (10-14, 15-19, 20-24, 25-29);
- To identify the relation between recommended next care (following a hospital presentation) and repetition of self-harm accounting by self-harm method at the first presentation across four age groups (10-14, 15-19, 20-24, 25-29).

EVALUATION OF A SOCIAL PRESCRIBING INTERVENTION

Study Aim:

This study aims to evaluate the implementation and outcomes of the Erris social prescribing project by investigating changes among participants in relation to their mental health, behaviour, lifestyle and help-seeking behaviour before and after the intervention.

Personnel Involved: Principal Investigator and Supervisor:
Prof. Ella Arensman.
Research Officer: Ms. Gretta O'Connell.

Specific objectives 2015:

- Completion of data collection.
- Completion of data analysis of Interim and Final Report.
- Seminar on the outcomes of the evaluation of the Social Prescribing programme, with representatives implementing social prescribing in other regions.

IMPLEMENTATION AND EVALUATION OF THE NATIONAL ROLL OUT OF DIALECTICAL BEHAVIOUR THERAPY (DBT) TRAINING

The National Dialectical Behaviour Therapy (DBT) Project was established in 2013. This project is a multi-year project which aims to train DBT teams across Ireland and carry out an extensive evaluation of the implementation of this national roll-out.

Study Aim:

- Co-ordinate and support the administration of a national roll-out of DBT and allied intervention programmes in Mental Health Services across Ireland
- Increase the complement of therapists on existing DBT teams in Ireland
- Ensure continued research focusing on the effectiveness, economic benefits and implementation process of DBT
- Ensure service users meaningful involvement in DBT and allied intervention programmes

Clinical Leads/ Principal Investigators: Mr. Daniel Flynn (Mental Health Service, Cork South) and Dr. Mary Kells (North Lee Mental Health Services).

Project Co-ordinator: Dr. Mary Joyce.

Project Administrator: Ms. Louise Dunne.

Research Officers: Ms. Catalina Suarez; Ms. Siobhan O'Connor; Ms. Mareike Weihrauch; Mr. Conall Gillespie.

Specific objectives for 2015:

- Support recently trained DBT teams to implement the DBT programme in their service.
- Complement existing teams by training additional team members as appropriate.
- Support existing DBT teams to implement DBT allied interventions (e.g., Family Connections, DBT Group Skills) in their service.
- Co-ordinate data collection and research support for existing DBT teams and newly trained DBT teams.
- Carry out a pilot study on the effectiveness of DBT in an Intellectual Disability Service.
- Implement a pilot study which investigates the effectiveness of a DBT-skills informed intervention for secondary school students in Ireland.
- Prepare and disseminate interim reports for teams who have completed the first implementation of the DBT programme in their services.

EMERGENCY HEALTHCARE STAFF TRAINING IN THE ASSESSMENT AND MANAGEMENT OF DELIBERATE SELF-HARM: IMPLEMENTATION AND EVALUATION

Study Aim:

This study aims to improve the quality of care for all patients who present to hospital emergency departments following self-harm using onsite emergency care staff trainings and the systematic roll-out of an electronic self-harm assessment and information system.

Personnel Involved: Principal investigators: Prof. Ella Arensman; Dr. Eugene Cassidy (Cork University Hospital).

Project Co-ordinator: Ms. Caroline Daly.

Database Developers: Ms. Siobhan O Connor; Dr. Paul Corcoran (NSRF; Cork University Maternity Hospital).

Programme Trainers: Ms. Elaine Healy; Ms. Rose Lynch; Ms. Angela Geary; Ms. Sylvia Quinlan; Ms. Alison McCarthy (Cork University Hospital and Cork University Maternity Hospital).

Specific objectives 2015:

- Presentation on outcomes of report at conference in Belfast, 27th February 2015.
- Train-The-Trainer programme for 2nd group of nurses: 23rd April 2015, Dublin.
- Follow up on interest expressed by Public Health Agency to implement training programme in the hospital setting in Northern Ireland.
- Publication of training evaluation report.
- Preparation of paper based on evaluation outcomes for peer-review journal.
- Enhance electronic self-harm assessment database in collaboration with Dr. Eugene Cassidy and Cork University Hospital.

LINKING THE NATIONAL SELF-HARM REGISTRY IRELAND DATA FROM THE SSIS AND THE CSO

Study Aim:

This study aims to facilitate the linking of the National Self-Harm Registry Ireland data with the Central Statistics Office suicide mortality data according to a stepped approach. The linkage of the National Self Harm Registry Ireland data (all self-harm cases from 2007 to 2010) with the CSO mortality data (all deaths due to external cause from 2007 to 2011) has been completed. This will be expanded by including the 2012 and 2013 suicide mortality and all-cause mortality data, and to examine this specifically for major repeaters of self-harm and patients engaging in highly lethal acts of self-harm.

Personnel Involved: Supervisors: Prof. Ivan Perry (NSRF; Epidemiology and Public Health, University College Cork); Dr. Paul Corcoran (NSRF; Cork University Maternity Hospital).

PhD Scholar: Ms. Irene O Farrell.

Specific objectives 2015:

- On-going linkage of data from the National Registry of Self-Harm Ireland with suicide mortality data at national level.

CUTTING AND INTENTIONAL OVERDOSE: EXPLORING PSYCHOLOGICAL AND CLINICAL DIFFERENCES USING A MIXED METHODS APPROACH – A PROSPECTIVE STUDY

Study Aim:

This study compares patients presenting with self-cutting with those who present with other forms of self-harm according to demographics, psychological characteristics and outcomes.

Personnel Involved: Supervisors: Prof. Ella Arensman; Dr. Zelda Di Blasi (Applied Psychology, University College Cork).
PhD Scholar: Dr. Celine Larkin.

Specific objectives 2015:

- Completion of analyses of qualitative interviews with self-harm patients at index self-harm episode and 3-months follow-up.

A STUDY OF THE FACTORS THAT INFLUENCE THE DETERMINATION OF SUICIDE IN IRELAND

Study Aim:

This study aims to test the hypothesis that due to the obligation on coroners to satisfy the legal test of beyond reasonable doubt, a significant number of suicides are classified as death due to misadventure, undetermined, accidental or are given open verdicts.

The specific questions which the research seeks to address are:

1. Would the use of a balance of probabilities approach by coroners instead of being bound to satisfy the beyond reasonable doubt legal test make a difference to Irish suicide mortality data?
2. What factors explain the differences associated with verdicts of suicide and open or misadventure verdicts?
3. What is the impact on suicide statistics of coroners and Gardai's decision-making?
4. Is there potential for the use of an operational set of criteria to aid coroners and Gardai in their decision making

Personnel Involved: Supervisors: Dr. Claire Edwards (Applied Social Studies, University College Cork); Dr. Caitriona Ni Laoire (Applied Social Studies, University College Cork); Prof. Ella Arensman; Dr. Paul Corcoran (NSRF; Cork University Maternity Hospital).
Doctoral Researcher: Ms. Eileen Williamson.

Specific objectives 2015:

- On-going enhancement of the screening instrument (originally developed by Rosenberg et al, 1988) with advice from international colleagues.
- Complete data collection of the application of the enhanced instrument to cases that had been given open verdicts in the year 2013.
- Match verdicts with statistical classification assigned by the CSO.
- Interviews with coroners and Gardai.
- On-going development, in collaboration with the Coroner's Society and NOSP, of an operational set of criteria or guidance document to standardise the collection of evidence and aid coroners and Gardai in their decision making.

IMPLEMENTATION AND EVALUATION OF THE SCAN NURSE PROJECT

Study Aim:

This study involves the implementation and evaluation of the national roll out of the SCAN Nurse service including the development of a monitoring system for the recording of self-harm acts and suicidal ideation presenting to GP practices. This project will also involve the NSRF team conducting evidence-based advanced workshops on depression and suicidal behaviour for GP's involved in the project.

Personnel Involved: Scientific Advisor: Prof. Ella Arensman.

Specific objectives for 2015:

- Completion of proposal for data monitoring and evaluation of the SCAN implementation.

MENTAL AND PHYSICAL HEALTH OUTCOMES OF BEREAVEMENT FOLLOWING SUICIDE

Study Aim:

This study aims to examine the impact of bereavement following suicide and complicated grief on mental and physical health outcomes.

Personnel Involved: Principal Investigator: Prof. Ella Arensman.
PhD Researcher: Ms. Laura O'Connell.

Specific objectives for 2015:

- Based on the research outcomes, preparation of a paper for submission to a peer-review journal.

PREVENTING DEPRESSION AND IMPROVING AWARENESS THROUGH NETWORKING IN THE EU (PREDI-NU)

Study Aim:

This study aims to improve the care for people with depression and reduce suicidality using information and communication technologies.

Personnel Involved: Principal investigators: Prof. Ella Arensman.
Project co-ordinator: Ms. Gillian Karwig; Dr. Celine Larkin; Mr. Brian Waters.

Advisory Panel Members: Mr. Daniel Flynn (North Lee Mental Health); Mr Derek Chambers (Inspire Ireland); Dr. Colin Bradley (University College Cork).

Specific objectives 2015:

- On-going implementation with trained GPs and mental health professionals in the Cork region;
 - Approximately 2 patients per week.
- Preparation and submission of papers based on the outcomes of the PREDI-NU project to peer-review journals.
- Completion of e-learning programme to expand implementation of the iFightDepression programme in Ireland.
- In order to achieve continuity and sustainability, further funding applications will be prepared.

OPTIMISING SUICIDE PREVENTION PROGRAMMES AND THEIR IMPLEMENTATION IN EUROPE (OSPI-EUROPE)

Study Aim:

This multi-level European study aims to provide EU member states with an evidence-based suicide prevention concept, concrete materials and instruments for running and evaluating interventions.

Personnel Involved: Principal investigator: Prof. Ella Arensman.
Project co-ordinators: Dr. Celine Larkin.

Specific objectives 2015:

- On-going data analysis, reporting and dissemination of papers in peer-review journals.
- Based on the outcomes of the multi-level intervention programme, continue to support further implementation of this approach.

ENHANCING ASSESSMENT AND SELF-MANAGEMENT OF DEPRESSION AMONG THE AGEING POPULATION: PREPARATION OF AN INTERVENTION STUDY, WHICH WILL BE SUBMITTED AS AN APPLICATION FOR FUNDING UNDER THE EUROPEAN COMMISSION'S HORIZON 2020 PROGRAMME

Objectives:

- To enhance assessment of depression among older people, aged 60 years and older.
- To adjust the iFightDepression self-management programme for older people with mild to moderate depression.
- To conduct a randomised controlled trial to examine the effectiveness of a guided internet-based self-management programme for mild to moderate depression among older people with co-morbid physical health problems.

Personnel involved: Prof. Ulrich Hegerl (Germany); Prof. Airi Varnik (Estonia); Prof. Ella Arensman (Ireland); Prof. Ricardo Gusmao (Portugal); Prof. Margaret Maxwell (Scotland); Prof. Chantal van Audenhove (Belgium); Prof. Victor Perez (Spain).

- Proposal for the intervention study was completed and submitted to the EC's Horizon 2020 programme in October 2014: Multi-Faceted Intervention Programme for Depression and Comorbidities in Older Adults (MIND-Age), involving researchers and clinicians in 16 European countries.
- The proposal was reviewed and rated as 8.0 (threshold: 8.5).
- In 2015 further funding sources will be explored for this proposal.

AN INVESTIGATION OF CYBERBULLYING IN IRELAND: LOGGING INTO YOUNG PEOPLE'S EXPERIENCES AND BEHAVIOURS

Study Aim:

The overall aim of this research is to conceptualise cyberbullying in an adolescent population to inform the development of a behaviour change intervention.

Objectives:

- To systematically review and synthesise the qualitative literature related to adolescents perceptions of cyberbullying.
- To explore adolescents perceptions and lived experience of cyberbullying.
- To develop and implement an intervention to address cyberbullying in a school-based adolescent population.

Personnel Involved: Supervisor: Prof. Ella Arensman; Co-Supervisor: Dr. Paul Corcoran. Advisor: Dr. Elsa Droog. SPHeRE PhD Scholar: Ms. Rebecca Dennehy.

Specific objectives 2015:

- Conduct a systematic review and synthesis of the qualitative literature related to the adolescent experience of cyberbullying.
- Preparing qualitative study of the perspectives of Irish adolescents on the prevalence, nature, causes, consequences and prevention of cyberbullying behaviours including obtaining ethical approval.

THE SOCIETAL AND INDIVIDUAL IMPACT OF SUICIDAL BEHAVIOUR IN IRELAND: A QUANTITATIVE AND QUALITATIVE STUDY

Study Aim:

The aim of the research is to investigate the overall impact of suicidal behaviour on the individual and society in the Irish context.

Objectives:

- Examine the years of life lost (YLL) due to suicide in Ireland and compare this to other causes of death.
- Systematically review the physical and psycho-somatic health outcomes following suicide bereavement.
- Examine the lived experience of people bereaved by suicide.
- Examine the lived experience of family members of people who engage in high-risk suicidal behaviour.
- Compare the wellbeing scores of family members bereaved by suicide to those of family members of people who engage in high-risk suicidal behaviour.

Personnel Involved: Supervisor: Prof. Ella Arensman; Co-Supervisors: Dr. Paul Corcoran, Dr. Celine Larkin. SPHeRE PhD Scholar: Ms. Ailbhe Spillane

Specific Objectives 2015:

- Systematic review of the impact of suicide bereavement on mortality and/or physical and psycho-somatic health outcomes among people who are suicide bereaved compared to non-suicide bereaved individuals.
- Preparing qualitative study of the lived experience of people bereaved by suicide, and how this has impacted on both mental and physical health outcomes.



PUBLICATIONS

Peer Review Papers/Book Chapters/Reports/Briefings

PAPERS PUBLISHED - 2014		
TITLE	AUTHOR	JOURNAL
Severity of hospital-treated self-cutting and risk of future self-harm a national registry study.	Larkin C, Corcoran P, Perry IJ, Arensman E.	Journal of Mental Health, 23(3):115-119.
Risk factors for repetition of self-harm: A systematic review of prospective hospital-based studies.	Larkin C, Di Blasi Z, Arensman E.	PLoS One, 9(1):e84282.
A newly identified group of adolescents at "invisible" risk for psychopathology and suicidal behavior: findings from the SEYLE study.	Carli V, Hoven C, Wasserman C, Chiesa F, Guffanti G, Sarchiapone M, Apter A, Balazs J, Brunner R, Corcoran P, Cosman D, Haring C, Iosue M, Kaess M, Kahn J P, Keeley H, Postuvan V, Saiz P, Varnik A, Wasserman D.	World Psychiatry, 13(1):78-86.
How to adjust media recommendations on reporting suicidal behaviour to new media developments.	Maloney J, Pfuhlmann B, Arensman E, Coffey C, Gusmão R, Poštuvan V, Scheerder G, Sisask M, Van der Feltz-Cornelis C.M, Hegerl U, Schmidtke A.	Archives of Suicide Research, 18(2):156-169.
Group problem solving skills training for deliberate self-harm: A randomised controlled trial.	McAuliffe C, McLeavey B, Fitzgerald T, Corcoran P, Carroll B, Ryan L, O'Keeffe B, Fitzgerald E, Hickey P, O'Regan M, Mulqueen J, Arensman E.	British Journal of Psychiatry, 204(5):383-390.
The iceberg of suicide and self-harm in Irish adolescents: A population-based study.	McMahon E, Keeley H, Cannon M, Arensman E, Perry IJ, Clarke M, Chambers D, Corcoran P.	Social Psychiatry and Psychiatric Epidemiology, 49(12):1929-1935.
Characteristics of hospital-treated intentional drug overdose in Ireland and Northern Ireland.	Griffin E, Corcoran P, Cassidy L, O'Carroll A, Perry IJ, Bonner B.	BMJ Open. 4(7):e005557.
Effectiveness of community facilitator training in improving knowledge, attitudes, and confidence in relation to depression and suicidal behaviour: Results of the OSPI-Europe intervention in four European countries.	Coppens E, Van Audenhove C, Iddi S, Arensman E, Gottlieb K, Koburger N, Coffey C, Gusmão R, Quintão S, Costa S, Székely A, Hegerl U.	Journal of Affective Disorders, 165:142-50.
Characteristics of small areas with high rates of hospital-treated self-harm: Deprived fragmented and urban or just close to hospital? A national registry study.	O'Farrell I, Corcoran P, Perry IJ.	Journal of Epidemiology and Community Health, 69(2):162-7.
Victimisation and Psychosocial Difficulties Associated with Sexual Orientation Concerns.	Cotter P, Corcoran P, McCarthy J, O'Suilleabháin F, Carli V, Hoven CW, Wasserman C, Sarchiapone M, Wasserman D, Keeley H	Irish Medical Journal. 107(10):310.
Factors associated with hospitalization after suicide spectrum behaviours: Results from a multicentre study in Spain.	Jimenez-Trevino L, Saiz P.A., Corcoran P, Burón P, García-Portilla M.P., Chinea E.R., Navio M, Fernández V, Jimenez-Arriero M.A., Gracia R, Bobes J	Archives of Suicide Research. 19(1):17-34.
Risk-behaviour screening for identifying adolescents with mental health problems in Europe.	Kaess M, Brunner R, Parzer P, Carli V, Apter A, Balazs JA, Bobes J, Coman HG, Cosman D, Cotter P, Durkee T, Farkas L, Feldman D, Haring C, Iosue M, Kahn JP, Keeley H, Podlogar T, Postuvan V, Resch F, Saiz PA, Sisask M, Tubiana A, Varnik P, Sarchiapone M, Hoven CW, Wasserman D.	Published 2014. European Child & Adolescent Psychiatry. 23(7):611-620.
Hours of sleep in adolescents and its association with anxiety, emotional concerns, and suicidal ideation.	Sarchiapone M, Mandelli L, Carli V, Iosue M, Wasserman C, Hadlaczky G, Hoven CW, Apter A, Balazs J, Bobes J, Brunner R, Corcoran P, Cosman D, Haring C, Kaess M, Keeley H, Keresztesy A, Kahn JP, Postuvan V, Mars U, Saiz PA, Varnik P, Sisask M, Wasserman D.	Sleep Medicine. 15(2):248-254.
Life-time prevalence and psychosocial correlates of adolescent direct self-injurious behaviour: A comparative study of findings in 11 European Countries.	Brunner R, Kaess M, Parzer P, Fischer G, Carli V, Hoven, CW, Wasserman C, Sarchiapone M, Resch F, Apter A, Balazs J, Barzilay S, Bobes J, Corcoran P, Cosmanm D, Haring C, Iosue M, Kahn JP, Keeley H, Meszaros G, Nemes B, Podlogar T, Postuvan V, Saiz PA, Sisask M, Tubiana A, Varnik A, Wasserman D.	Journal of Child Psychology and Psychiatry. 55(4):337-348.
Characteristics of deaths by suicide in Northern Ireland from 2005 to 2011 and use of health services prior to death.	O'Neill S, Corry CV, Murphy S, Brady S, Bunting BP.	Journal of Affective Disorders, 168:466-71.
Patterns of suicidal ideation and behavior in Northern Ireland and associations with conflict related trauma.	O'Neill S, Ferry F, Murphy S, Corry C, Bolton D, Devine B, Ennis E, Bunting B.	PLoS One. 9(3):e91532.
Caregiving, Family Burden and Medication Adherence.	Ennis E, Corry C.	Journal of Medical Psychology, 03(01):70-78.
Patterns of suicidal ideation and behavior in Northern Ireland and associations with conflict related trauma.	O'Neill S, Ferry F, Murphy S, Corry C, Bolton D, Devine B, Ennis E, Bunting B.	PLoS One, 9(3):e91532.

PAPERS PUBLISHED - 2015

TITLE	AUTHOR	JOURNAL
Hospital-treated deliberate self-harm in the Western area of Northern Ireland.	Corcoran P, Griffin E, O'Carroll A, Cassidy L, Bonner B.	Crisis: The Journal of Crisis Intervention and Suicide Prevention. 12:1-8.
Help-seeking behaviour following school-based screening for current suicidality among European adolescents.	Cotter P, Kaess M, Corcoran P, Parzer P, Brunner R, Keeley H, Carli V, Wasserman C, Hoven CW, Sarchiapone M, Apter A, Balazs J, Bobes J, Cosman D, Haring C, Kahn JP, Resch F, Postuvan V, Varnik A, Wasserman D.	Social Psychiatry and Psychiatric Epidemiology. 50(6):973-82.
School-based suicide prevention programmes: The SEYLE cluster-randomised, controlled trial.	Wasserman D, Hoven C W, Wasserman C, Wall M, Eisenberg R, Hadlaczky G, Kelleher I, Sarchiapone M, Apter A, Balazs J, Bobes J, Brunner R, Corcoran P, Cosman D, Guillemin F, Haring C, Iosue M, Kaess M, Kahn J P, Keeley H, Musa G J, Nemes B, Postuvan V, Saiz P, Reiter-Theil S, Varnik A, Varnik P, Carli, V	The Lancet. 385(9977):1536-44
Impact of the economic recession on suicide and self-harm in Ireland.	Corcoran P, Griffin E, Arensman E, Fitzgerald T, Perry IJ	International Journal of Epidemiology. 44(3):969-77.
Depression awareness and self-management through the internet: An internationally standardised approach.	Arensman E, Koburger N, Larkin C, Karwig G, Coffey C, Maxwell M, Harris F, Rummel-Kluge C, van Audehove C, Sisask M, Alexandrova-Karamanova A, Perez V, Purebl G, Cebria A, Palao D, Costa S, Mark L, Tóth MD, Gecheva M, Ibelshäuser A, Gusmão R, Hegerl U.	JMIR Research Protocols. 4 (3):e99.
Deliberate self-harm: A systematic review of the efficacy of psychosocial and pharmacological treatments in preventing repetition.	Hawton K, Witt KG, Taylor Salisbury TL, Arensman E, Gunnell D, Hazell P, Townsend E, van Heeringen K.	The Cochrane Library 2015. 7:CD011777.
What Are Reasons for the Large Gender Differences in the Lethality of Suicidal Acts? An Epidemiological Analysis in Four European Countries.	Mergl R, Koburger N, Heinrichs K, Székely A, Tóth MD, Coyne J, Quintão S, Arensman E, Coffey C, Maxwell M, Várník A, van Audehove C, McDaid D, Sarchiapone M, Schmidtke A, Genz A, Gusmão R, Hegerl U.	PLoS One. 10(7):e0129062.
Suicide in Northern Ireland: an analysis of gender differences in methods, prior suicidal behaviour, and communications, substance use, occupational status and events prior to death.	O'Neill S, Colette C, McFeeters D, Murphy S, Bunting B.	Crisis: The Journal of Crisis Intervention and Suicide Prevention. (In press)

BOOK CHAPTERS - 2014

TITLE	AUTHOR	JOURNAL
Suicide Clustering and Contagion of Suicidal Behaviour	Arensman E, McAuliffe C	In: Kumar U (Ed.). (2014). Suicidal Behaviour - Underlying Dynamics. Routledge.

PUBLISHED REPORTS - 2014

TITLE	AUTHOR
2013 Annual Report of the National Registry of Deliberate Self-Harm	Griffin E, Arensman E, Corcoran P, Wall A, Williamson E, Perry IJ; National Suicide Research Foundation.
The Potential of Evidence-Based eHealth Resources towards Improving the Care for People with Depression and Preventing Suicidal Behaviour - Policy Report.	Karwig G, Arensman E, Hegerl U, Koburger N, Purebl G; PREDI-NU Consortium: Preventing Depression and Improving Awareness through Networking in the EU.
Self-Harm Quarterly Data: Quarter 1 2013/2014	Public Health Agency, NSRF

PUBLISHED REPORTS - 2015

TITLE	AUTHOR
Evaluation of the Hope Social Prescribing Project Final Report 2015	Arensman E, O'Connell G.
Evaluation of the Hope Social Prescribing Project Draft Report	Arensman E, O'Connell G.
Northern Ireland Registry of Self-Harm, Annual Report, 2013/14	Public Health Agency, NSRF.
Assembly Question-Self Harm in Northern Ireland Response	Public Health Agency, NSRF.
Self-Harm Quarterly Data: Quarter 2 2013/2014	Public Health Agency, NSRF.
Self-Harm Quarterly Data: Quarter 3 2013/2014	Public Health Agency, NSRF.
Self-Harm Quarterly Data: Quarter 4 2013/2014	Public Health Agency, NSRF.
Standard Operating Procedure Update	Public Health Agency, NSRF.
Northern Ireland Registry of Self-Harm. Western Area, 6-Year Report, including Supplement 1 on Repeat Self-harm	Public Health Agency, NSRF.
Supplement 2: Recommended Next Care Following Hospital Treated Self-Harm in the Western Area of Northern Ireland, 2007-2012	Public Health Agency, NSRF.

BRIEFING DOCUMENTS - 2014

TITLE	AUTHOR	DATE
Briefing: Periodic report trends in self-harm and suicide.	Arensman E, Griffin E.	15th February
Briefing: Risk and protective factors associated with suicidal behaviour in the Irish context.	Arensman E, Spillane A.	13th March
Briefing: Media reporting of suicide and impact of implementing guidelines.	Arensman E.	20th March
Briefing: The impact of the economic recession on suicide and self-harm in Ireland.	Arensman E, Griffin E.	27th March
Briefing: Mental and physical health outcomes associated with suicide bereavement.	Arensman E, O'Connell L, Spillane A.	2nd May
Briefing: Mental health difficulties and suicidal behaviour among gay, lesbian, bisexual and transgender people.	Arensman E.	4th May
Briefing: International and national epidemiology of suicidal behaviour.	Arensman E, Griffin E.	15th May
Briefing: Suicide and suicide prevention: An evidence brief for the inter-country meeting on implementation of the Global Mental Health Action Plan in the WHO Eastern Mediterranean Region.	Arensman E, Barnaby L.	21st June
Briefing: Trends in suicide and self-harm by county.	Arensman E, Wall A.	12th June
Briefing: Contact with psychiatric services prior to death by suicide.	Arensman E.	7th July
Briefing: Summary review of intervention and prevention programmes for self-harm and suicide.	Arensman E, Surgenor P, Flynn D, Spillane A.	8th July
Briefing: Media reporting of suicide.	Arensman E.	14th August
Briefing: Update of trends in suicide and self-harm in Ireland.	Arensman E, Griffin E, Wall A.	20th August
Briefing: Murder- suicide and media reporting.	Arensman E.	5th September
Briefing: Self-harm and suicide among homeless people.	Arensman E, Ni Mhuircheartaigh E, Corcoran P.	2nd November

BRIEFING DOCUMENTS - 2015

TITLE	AUTHOR	DATE
Briefing: Murder-suicide and media reporting	Arensman E.	5th January
Briefing: Self-Harm Among Prisoners Briefing Document	Public Health Agency, NSRF.	November
Briefing: Understanding the Impact of the Economic Recession and Austerity on Suicide and Self-harm in Ireland: Examining trends over time.	Arensman E, Corcoran P.	10th March
Briefing: The relationship between self-harm presentations to general hospital and bank holidays.	Arensman E, O'Regan G.	21st June
Briefing: Mental and Health and Suicide in the Traveller Community.	Arensman E, Dennehy R.	2nd July

Scientific Presentations

JANUARY 2014

- **Arensman E.** Suicide clustering and contagion: Early identification and responding. Keynote lecture, The Challenges of Tackling Self-Harm in School Age Children and Young People Conference, University of Nottingham, 24th January 2014.

MARCH 2014

- **Suarez C,** Flynn D, Kells M, Joyce M. The national dialectical behaviour therapy project. Health and Social Care Professional Conference, Dublin, 28th February 2014.
- **Bennardi M,** Arensman E. Self-harm thoughts and behaviour in adolescents: the influence of psychological and social factors. 1st Early Stage Research MARATONE Conference: Human Rights and Ethics in Mental Health, Nottwil, Switzerland, 27th March 2014.

JUNE 2014

- **Arensman E.** Suicide clusters: What can we learn? Keynote lecture, 6th IASP Asia Pacific Regional Conference, French Polynesia, 11-14th June 2014.
- **Larkin C,** McAuliffe C, Corcoran P, Williamson E, Perry IJ, Arensman E. Psychosocial, psychiatric and work-related risk factors associated with suicide in Ireland: The SSIS-ACE case-control study. UCC College of Medicine and Health Conference, Cork, 18th June 2014.
- **McCarthy J,** Wall A, Corcoran P, McAuliffe C, Arensman E. Risk factors associated with suicide among men: Comparison between men aged under 40 years of age and those who are older. UCC College of Medicine and Health Conference, University College Cork, 18th June 2014.
- **Arensman E,** Hegerl U, Karwig G, Larkin C and PREDI-NU consortium. Lecture improving the care of people with depression and preventing suicidal behaviour – presentation of the iFightDepression programme, Launch Seminar University College Cork, 25th June 2014.

AUGUST 2014

- **Arensman E.** Clustering and contagion of suicide and self-harm: Bridging the gaps in research and prevention. Keynote lecture, 15th European Symposium on Suicide and Suicidal Behaviour, Tallinn, Estonia, 27th August 2014.
- **Arensman E,** Coffey C, Griffin E, Larkin C and the OSPI Consortium. Effectiveness of depression and suicidal behaviour awareness training among police officers: optimising suicide prevention programmes and their implementation in Europe. 15th European Symposium on Suicide and Suicidal Behaviour, Tallinn, Estonia, 30th August 2014.

- **Arensman E.** Improving suicide prevention and depression care through community-based multilevel intervention programmes and e-mental health. 15th European Symposium on Suicide and Suicidal Behaviour, Tallinn, Estonia, 29th August 2014.
- **Arensman E,** Hegerl U, Karwig G, Larkin C and PREDI-NU consortium. E-self-management – improving the care of people with depression and preventing suicidal behaviour. 15th European Symposium on Suicide and Suicidal Behaviour, Tallinn, Estonia, 28th August 2014.
- **Williamson E.** A review of the recording practices of suicide mortality data. 15th European Symposium on Suicide & Suicidal Behaviour, Tallinn, Estonia, 29th August 2014.
- **Williamson E,** Wall A, McAuliffe C, Corcoran P, McCarthy J, Duggan A, Spillane A, Perry IJ, Arensman E. A comparison of suicide with other external causes of death. 15th European Symposium on Suicide & Suicidal Behaviour, Tallinn, Estonia, 29th August 2014.
- **Karwig G,** Arensman E, Larkin C, Maxwell M, Gusmao R, van Audenhove C, Ibelshaeuser A, Székely A, Todorova I, Värnik A, Värnik P, Perez V, Witte D, Hegerl U. iFightDepression: Improving awareness and enhancing the capacity for self-management of depression with the use of an internet-based programme in europe. 15th European Symposium on Suicide & Suicidal Behaviour, Tallinn, Estonia, 28th August 2014.
- **Larkin C,** Wall A, McAuliffe C, Corcoran P, Williamson E, McCarthy J, Duggan A, Perry IJ, Arensman E. Alcohol intoxication at time of suicide: Findings from the Suicide Support and Information System (SSIS) in Ireland. 15th European Symposium on Suicide & Suicidal Behaviour, Tallinn, Estonia, 29th August 2014.
- **Larkin C,** Arensman E, van Audenhove C, Scheerder G, Gusmao R, Costa S, Koburger N, Székely A, Maxwell M, Harris F, Postuvan V, Värnik A, Ibelshauser A, van der Feltz-Cornelis C, Hegerl U. Self-reported exposure to depression in eight European regions: Associations with mental health problems, stigma and help-seeking. 15th European Symposium on Suicide & Suicidal Behaviour, Tallinn, Estonia, 29th August 2014.
- **Griffin E,** Daly C, Wall A, Corcoran P, Perry IJ, Arensman E. Aftercare for self-harm patients following presentations to Irish emergency departments, 2004-2012. 15th European Symposium on Suicide & Suicidal Behaviour, Tallinn, Estonia, 29th August 2014.
- **Griffin E,** Arensman E, Corcoran P, Perry IJ. Frequent repeaters of self-harm: Findings from the Irish National Registry of Deliberate Self-Harm. 15th European Symposium on Suicide & Suicidal Behaviour, Tallinn, Estonia, 28th August 2014.

- **Arensman E**, Wall A, McAuliffe C, Corcoran P, Williamson E, McCarthy J, Duggan A, Perry IJ. Early identification of clustering of suicide and self-harm: Benefits of national information systems. 15th European Symposium on Suicide & Suicidal Behaviour, Tallinn, Estonia, 29th August 2014.
- **Joyce M**. The national implementation of dialectical behaviour therapy in Ireland. 15th European Symposium on Suicide and Suicidal Behaviour, Tallinn, Estonia. 30th August 2014.
- **Suarez C**. The national implementation of dialectical behaviour therapy in Ireland. 15th European Symposium on Suicide and Suicidal Behaviour, Tallinn, Estonia. 30th August 2014.

SEPTEMBER 2014

- **Arensman E**, Larkin C, McCarthy J, Leitão S, Greiner B, Williamson E. Psychosocial, psychiatric and work-related risk factors associated with suicide in Ireland: a case-control study (SSIS-ACE). Responding to Suicidal Crisis – Research, Policy and Practice in Ireland Conference, jointly organised by Samaritans Cork and the National Suicide Research Foundation, Cork, 11th Sept 2014.
- **Larkin C**. Psychosocial, psychiatric and work-related risk factors associated with suicide in Ireland: a case-control study (SSIS-ACE) – Arm 1. Responding to Suicidal Crisis – Research, Policy and Practice in Ireland Conference, jointly organised by Samaritans Cork and the National Suicide Research Foundation, Cork, 11th Sept 2014.
- **McCarthy J**. Psychosocial, psychiatric and work-related risk factors associated with suicide in Ireland: case-control study (SSIS-ACE), – Arm 2. Responding to Suicidal Crisis – Research, Policy and Practice in Ireland Conference, jointly organised by Samaritans Cork and the National Suicide Research Foundation, Cork, 11th Sept 2014.
- **Leitao S**. Psychosocial, psychiatric and work-related risk factors associated with suicide in Ireland: a case-control study (SSIS-ACE), – Arm 3, Responding to Suicidal Crisis – Research, Policy and Practice in Ireland Conference, jointly organised by Samaritans Cork and the National Suicide Research Foundation, Cork, 11th Sept 2014.
- **Arensman E**, Hegerl U, Karwig G, Larkin C, Coffey C & PREDI-NU Consortium. Plenary lecture: iFightDepression: Improving the care of people with depression and suicidal behaviour via e-self-management. Technology and Wellbeing Conference, Dublin, 25th September 2014.
- **Karwig G**, Arensman E. Feasibility of the iFightDepression programme: Outcomes of an Independent Evaluation. Technology and Wellbeing Conference, Dublin, 25th September 2014.

OCTOBER 2014

- **Griffin E**, Arensman E, Corcoran P, Perry IJ. The epidemiology of hospital-treated self-harm in Irish children and adolescents: Findings from a national registry. ACAMHS Conference, Cork, 10th October 2014.
- **Bennardi M**. Suicide among young people and adults in Ireland: how do they compare? ACAMHS Conference, Cork, 10th October 2014.
- **Suarez C**. Evaluating the effectiveness of dialectical behaviour therapy in a community based adolescent sample. ACAMHS Conference, Cork, 10th October 2014.
- **Joyce M**, Suarez C, Flynn D, Kells M, O'Connor S. Evaluating the effectiveness of dialectical behaviour therapy in a community based adolescent sample. Poster Presentation. 3rd International Congress on Borderline Personality Disorder and Allied Disorders (ESSPD), Rome, Italy, 16 – 18th October 2014.
- **Suarez C**, Joyce M, Flynn D, Kells M, O'Connor S. Evaluating the effectiveness of dialectical behaviour therapy in a community based adolescent sample. 3rd International Congress on Borderline Personality Disorder and Allied Disorders (ESSPD), Rome, Italy, 16 – 18th October 2014.

NOVEMBER 2014

- **Larkin C**, Wall A, McAuliffe C, Corcoran P, Williamson E, McCarthy J, Duggan A, Perry IJ, Arensman E. Self-harm among completed suicides in Cork: Findings from the Suicide Support and Information System (SSIS). 44th Annual Psychological Society of Ireland Annual Conference, Kilkenny, 15th November 2014.
- **Larkin C**, Wall A, McAuliffe C, Corcoran P, Williamson E, McCarthy J, Duggan A, Perry IJ, Arensman E. Self-harm among people who died by suicide in Cork: Findings from the Suicide Support and Information System (SSIS). Symposium: Deliberate Self-Harm and Suicidality in Ireland Identifying Trends and Intervention Strategies. 44th Annual Psychological Society of Ireland Annual Conference, Kilkenny, 15th November 2014.
- **Joyce M**. The national implementation of dialectical behaviour therapy in Ireland. 44th Annual Psychological Society of Ireland Conference, Kilkenny, 15th November 2014.
- **Arensman E**, Griffin E, Corcoran P, Perry IJ. Patterns of repeated self-harm in Irish hospital emergency departments: outcomes of the Irish national registry of self-harm. 44th Annual Psychological Society of Ireland Annual Conference, Kilkenny, 15th November 2014.

- **Arensman E**, McAuliffe C, O'Connell L, Larkin C, Daly C, Corcoran P, Fitzgerald T. Predicting self-harm and suicide: have we progressed in the state-trait debate? 44th Annual Psychological Society of Ireland Annual Conference, Kilkenny, 15th November 2014.
- **Griffin E**, Corcoran, P, Perry, IJ, Arensman, E. Aftercare for self-harm patients following presentations to Irish emergency departments, 2004-2012. Jacqueline Horgan Bronze Medal Prize Meeting organised by the Royal Academy of Medicine Ireland, Dublin, 19th November 2014.
- **Larkin C**, Corcoran P, Perry IJ, Arensman E. Severity of hospital-treated self-cutting and risk of future self-harm: A national registry study. Jacqueline Horgan Bronze Medal Prize Meeting organised by the Royal Academy of Medicine Ireland, Dublin, 19th November 2014.

DECEMBER 2014

- **Joyce M**. Evaluating the effectiveness of dialectical behaviour therapy in an Irish community-based adolescent sample. Society for Dialectical Behaviour Therapy Conference, London, England, 11th December 2014.
- **Bennardi M**. Suicide among young people and adolescents: How do they compare? New horizons in medical research. UCC College of Medicine and Health Conference, University College Cork, 11th December 2014.

Invited Lectures

JANUARY 2014

- **Arensman E**. Self-harm in Ireland: Trends, risk factors and implications for intervention and prevention. Self-Harm and Dialectical Behaviour Therapy Conference, University College Cork, 17th January 2014.
- **Arensman E**. Masterclass: Research into suicide and self-harm. Department of Epidemiology and Public Health, University College Cork, 23rd January 2014.
- **Arensman E**, Hegerl U, Koburger N, Larkin C. Presentations: Implementation and dissemination. PREDI-NU project meeting, Barcelona, 27-28th January 2014.
- **Larkin C**, Arensman E. Presentation: Implementation of the iFightDepression programme in Ireland. PREDI-NU project meeting, Barcelona, 27-28th January 2014.
- **Griffin E**. Sustainability of injury data collection after mid 2014 in Ireland. 4th Meeting of JAMIE associated and collaborating partners, Vienna, 30th and 31st January 2014.

FEBRUARY 2014

- **Arensman E**. Suicide and deliberate self-harm in Ireland, part 1. Postgraduate Diploma in Palliative Care in Marymount Hospice, Cork, 14th February 2014.
- **Larkin C**. Suicide and deliberate self-harm in Ireland, part 2. Postgraduate Diploma in Palliative Care in Marymount Hospice, Cork, 14th February 2014.
- **Arensman E**. Challenging phone calls in the workplace: Listening, understanding and responding to people at risk of suicide, part 1. Workshop for Staff of the Revenue Commissioners Office, Cork, 17th February 2014.
- **McCarthy J**. Challenging Phone Calls in the Workplace: Listening, understanding and responding to people at risk of suicide, part 2. Workshop for Staff of the Revenue Commissioners Office, Cork, 17th February 2014.
- **Larkin C**, Arensman E, Hegerl U, PREDI-NU Consortium. Self-management strategies for mild to moderate depression the internet-based iFightDepression tool. Department of Epidemiology & Public Health Lunchtime seminar, University College Cork, 18th February 2014.
- **Arensman E**. The impact of media reporting on suicide. Samaritans Launch-Seminar: New Media Guidelines for Reporting Suicide, Dublin, 20th February 2014.

MARCH 2014

- **Arensman E**. The impact of media reporting on suicide. Samaritans Launch-Seminar: New Media Guidelines for Reporting Suicide, Belfast, 6th March 2014.
- **Arensman E**. Risk factors associated with suicide among men in the middle years in Ireland. Webinar Suicide Prevention and Resource Centre, US, 11th March 2014.
- **Arensman E**. Trends and risk factors associated with suicide in Ireland. "Understanding and minding your mental health". GROW Information Evening, Silver Springs Hotel, Cork, 18th March 2014.
- **Griffin E**. Self-harm: Early identification and effective treatments. "Understanding and minding your mental health". GROW Information Evening, Silver Springs Hotel, Cork, 18th March 2014.
- **Arensman E**. Suicide and suicide prevention in Ireland. Oireachtas Committee on the high levels of suicide in Ireland. Dublin, 20th March 2014.
- **Griffin E**. Hospital-treated self-harm: Findings from the National Registry of Deliberate Self-harm. St. James's Hospital Liaison Team Meeting, Dublin, 21st March 2014.
- **Arensman E**. Dissemination and impact of the PREDI-NU consortium. Final Conference of the PREDI-NU consortium in the European Parliament, Brussels, 31st March 2014.

APRIL 2014

- **Arensman E**, Hegerl U and the PREDI-NU consortium. The development and implementation of the iFightDepression programme. Final Conference of the PREDI-NU consortium in the European Parliament, Brussels, 1st April 2014.
- **Karwig G**, Larkin C. and the PREDI-NU consortium. The development and implementation of the iFightDepression programme. Final Conference of the PREDI-NU consortium in the European Parliament, Brussels, 1st April 2014.
- **Griffin E**. Self-Harm in Ireland: An update from the National Registry of Deliberate Self Harm. Self-Harm: Recent Trends, Assessment and Intervention. NSRF Information Evening, River Lee Hotel, Cork, 14th April 2014.
- **Arensman E**. Suicide and self-harm: Have we progressed in the state-trait debate? Lecture for the School of Applied Psychology, University College Cork, 16th April 2014.
- **Arensman E**. Suicide and self-harm in Ireland. Lecture for UCC GP Training programme, University College Cork, 30th April 2014.
- **Arensman E**. Evidence-based suicide prevention programmes. Mayo Alliance for Suicide Prevention, Castlebar, 7th May 2014.

MAY 2014

- **Griffin E**. Hospital-treated self-harm in Ireland National Registry of Deliberate Self-Harm. Masters in Public Health, Department of Epidemiology and Public Health, University College Cork, 2nd May 2014.

JUNE 2014

- **Larkin C**, Arensman E, Greiner B, McCarthy J, Leitao S, Williamson E. Psychosocial, psychiatric and work-related risk factors associated with suicide in Ireland: The SSIS-ACE case-control study. "Lives less known": Resilience and inclusion in mental health Centre for Recovery and Social Inclusion, Cork, 11th June 2014.
- **Arensman E**. Improving awareness and skills related to depression and suicidal behaviour: Train-The Trainer Programme (8 hours). 6th Asia Pacific Regional Conference, French Polynesia, 11-14th June 2014.
- **Joyce M**, Kells M, Dunne L. The national dialectical behaviour therapy project. National DBT Project Orientation Meeting, Cork, 20th June 2014.
- **Arensman E**, Karwig G. Guided self-management of depression: The iFightDepression programme. Workshop for GPs and Mental Health Professionals, University College Cork, 25th June 2014.

- **McCarthy J**, Larkin C. Listening, understanding and responding to people at risk of suicide. Presentation to staff at Revenue Commissioners, Limerick, 26th June 2014.
- **Larkin C**, McCarthy J. Listening, understanding and responding to people at risk of suicide. Presentation to staff at Revenue Commissioners, Limerick, 26th June 2014.

JULY 2014

- **Arensman E**, Corry C, Williamson E. The Suicide Support and Information System: recent outcomes and implementation in Donegal. Presentation for the Donegal Mental health Service, Letterkenny, 11th July 2014.

SEPTEMBER 2014

- **Arensman E**. Presentation iFightDepression programme part 1. Student Health Centre, University College Cork, 2nd September 2014.
- **Karwig G**. Presentation iFightDepression programme, part 2. Student Health Centre, University College Cork, 2nd September 2014.
- **Arensman E**, Fleischmann A, Scott V. Outcomes of the IASP-WHO Global Survey on Suicide and Suicide Prevention. Launch Seminar of the WHO Report: Suicide Prevention: A Global Imperative, Geneva, 5th September 2014.
- **Arensman E**. Suicide and self-harm among gay, lesbian and transgender people. Seminar of the Anglican Church of Ireland Diocese of Cork, 6th September 2014.
- **Arensman E**, Larkin C. Best practice guidelines for responding to emerging suicide clusters. Responding to Suicidal Crisis – Research, Policy and Practice in Ireland Conference, Cork, 11th Sept 2014.
- **Arensman E**. Lecture on the outcomes of the IASP-WHO Global Survey on Suicide and Suicide Prevention. WHO Inter-country Meeting on Mental Health in the Eastern Mediterranean Region, Cairo, Egypt, 16th September 2014.
- **Arensman E**. Lecture: Trends and risk factors associated with suicide in Ireland: Seminar: How should we respond to a suicide crisis? Dublin, 26th September 2014.

OCTOBER 2014

- **McCarthy J**. Psychosocial, psychiatric and work-related risk factors associated with suicide in Ireland: A case-control study (SSIS-ACE). Data Registration Officers meeting, Cork, 15th October 2014.
- **Arensman E**. Mental health promotion: Evidence based and best practice interventions. Lecture on Mental Health Promotion, SPHERE, University College Cork, 22nd October 2014.

NOVEMBER 2014

- **Larkin C**, McAuliffe C, Corcoran P, Williamson E, Perry IJ, Arensman E. Methodological issues in using multiple sources in psychological autopsy: A review and findings from the Suicide Support and Information System (SSIS). 21st British Isles Workshop on Research on Suicide and Deliberate Self Harm, Oxford, 11th November 2014.
- **Arensman E**, McCarthy J, Larkin C, Leitão S. Psychosocial, psychiatric and work-related risk factors associated with suicide in Ireland: A case-control study (SSIS-ACE). Cork University Hospital Research Group, 20th November 2014.
- **McCarthy J**, Arensman E, Larkin C, Leitão S. Psychosocial, psychiatric and work-related risk factors associated with suicide in Ireland: A case-control study (SSIS-ACE). Cork University Hospital Research Group, 20th November 2014.
- **Larkin C**. "Major Depressive Disorder (MDD)". For BSc EH1009: Determinants of Health, UCC, Cork, 26th November 2014.

DECEMBER 2014

- **McCarthy J**, Larkin C. Listening, understanding and responding to people at risk of suicide. Presentation to staff at Marymount Hospice, Cork, 2nd December 2014.
- **Larkin C**, McCarthy J. Listening, understanding and responding to people at risk of suicide. Presentation to staff at Marymount Hospice, Cork, 2nd December 2014.
- **Arensman E**, Cassidy E. Increasing awareness of Suicide and Self-Harm among emergency Healthcare staff: Train the Trainer Programme, University College Cork, 11th December 2014.

Chairing

- **Arensman E**. Co-Chair: Intervention and support programmes for people bereaved by suicide: EUREGENAS Conference, European Parliament, Brussels, 21st January 2014.
- **Arensman E**. Panel member Forum Discussion - The Impact of Media Reporting on Suicide. Samaritans Launch-Seminar: New Media Guidelines for Reporting Suicide, Dublin, 20th February 2014.
- **Arensman E**. Chair: Master class: Suicide Prevention: Implementation and Evaluation. National Office for Suicide Prevention, Stewart's Hospital, Dublin, 21st February 2014.
- **Arensman E**. Panel Member Forum Discussion. The Impact of Media Reporting on Suicide. Samaritans Launch-Seminar: New Media Guidelines for Reporting Suicide, Belfast, 6th March 2014.

- **Arensman E**. Hegerl U, Koburger N, Karwig G. Co-Chair – Final Project Meeting PREDI-NU project, Brussels, 31st March 2014.
- **Arensman E**. Chair. The development and implementation of the iFightDepression programme. Final Conference of the PREDI-NU consortium in the European Parliament, Brussels, 1st April 2014.
- **Arensman E**. Discussion panel member. The development and implementation of the iFightDepression programme. Final Conference of the PREDI-NU consortium in the European Parliament, Brussels, 1st April 2014.
- **Williamson E**. Chair. The development and implementation of the iFightDepression programme. Final Conference of the PREDI-NU consortium in the European Parliament, Brussels, 1st April 2014.
- **Williamson E**. Co-Chair. Self-Harm: Recent Trends, Assessment and Intervention. NSRF Information Evening, River Lee Hotel, Cork, 14th April 2014.
- **Arensman E**. Co-Chair. Self-Harm: Recent Trends, Assessment and Intervention. NSRF Information Evening, River Lee Hotel, Cork, 14th April 2014.
- **Arensman E**. Chair: National Suicide Prevention Programmes. 6th Asia Pacific Regional Conference, French Polynesia, 11-14th June 2014.
- **Arensman E**, Co-Chair Symposium: The recession and suicide: impacts and responses. Tallinn, Estonia, 28th August 2014.
- **Arensman E**, Co-Chair Symposium: Clustering and Contagion of Suicide and Self-harm: Methodological, Clinical and Cultural Issues. Tallinn, Estonia, 29th August 2014.
- **Arensman E**. Chair: Lunch with Experts session. ESSB15, Tallinn, 29th August 2014.
- **Williamson E**. Chair: Suicide Prevention Training. ESSB15, Tallinn, 30th August 2014.
- **Arensman E**. Facilitator. Session: National Suicide Prevention Programmes: n mhGAP Forum, WHO Geneva, 4th September 2014.
- **Arensman E**. Panel member, Press Conference - WHO Report: Suicide Prevention: A Global Imperative, WHO - United Nations, Geneva, 4th September 2014.
- **Williamson E**. Chair. Responding to Suicidal Crisis – Research, Policy and Practice in Ireland Conference, jointly organised by Samaritans and National Suicide Research Foundation, Cork, 11th Sept 2014.
- **Arensman E**. Advisor and Facilitator for the development of a Framework for Mental Health, WHO Inter-country meeting of the WHO Eastern Mediterranean Region, Cairo, Egypt, 15-17th September 2014.
- **Williamson E**. Chair. The Association of Child and Adolescent Mental Health (ACAMH) Conference - Transitions & Youth Mental Health, Cork County Hall, 10th October 2014.
- **Arensman E**. Chair, Regional Needs to European Solutions. Euregenas. Final Conference – European Regions Enforcing Actions Against Suicide, Brussels, 25th November, 2014.



Irish Healthcare Centre Awards, March 7th, Dublin.
(l-r) Louise Dunne, Daniel Flynn, Catalina Suarez, Dr. Mary Kells,
Dr. Mary Joyce, Professor Ella Arensman and Eileen Williamson

Awards and Academic Achievements

Dunne L, Flynn D, Suarez C, Kells M, Joyce M, Arensman E, Williamson E.
National Dialectical Behavioural Therapy (DBT) Project. Winner of Research
Team of the Year Award at The Irish Healthcare Centre Awards, March 7th,
Dublin.

Dunne L, Flynn D, Suarez C, Kells M, Joyce M, Arensman E, Williamson E.
National Dialectical Behavioural Therapy (DBT) Project. Shortlisted for the
Department Initiative of the Year Award at the Irish Healthcare Centre Awards,
March 7th, Dublin.

McCarthy J. Winner. Poster presentation at School of Medicine and Health
Conference in UCC. Risk factors associated with suicide among men in Ireland:
Comparison between men aged under 40 years of age versus those who are
older. UCC College of Medicine and Health Conference, University College Cork,
18th June 2014.

Linda O'Keeffe: PhD Viva-Voce. Monitoring behaviours and experiences before,
during and after pregnancy in Ireland. Department of Epidemiology and Public
Health, University College Cork and National Perinatal Epidemiology Centre,
University College Cork. Internal Examiner: Professor Ella Arensman, 23rd
October 2014.

Griffin E. Shortlisted for the Jacqueline Horgan Bronze Medal Prize. Title of
Presentation: Aftercare for self-harm patients following presentations to Irish
emergency departments, 2004-2012. 19th November 2014.

Larkin C. Shortlisted for the Jacqueline Horgan Bronze Medal Prize. Title of
Presentation: Severity of hospital-treated self-cutting and risk of future self-
harm: A national registry study. 19th November 2014.

A blurred, black and white photograph of a crowd of people, likely at a public event or protest, serves as the background for the slide. The motion blur gives a sense of activity and movement.A solid green rectangular block positioned above the title text.

PUBLIC ENGAGEMENT

A solid rectangular block divided horizontally into two equal parts: the top half is purple and the bottom half is blue.

Who We Work With

National Office for Suicide Prevention	Suicide Aware
Department of Health	3Ts
Department of Health Northern Ireland – Public Health Agency	Irish Association of Suicidology
Central Statistics Office	Kerry Suicide Prevention Forum
Department of Health UK	Royal College of Surgeons Ireland
World Health Organisation	Cycle Against Suicide
European Commission	The Association for Child and Adult Mental Health Special Interest Group
International Association for Suicide Prevention	PREDI-NU Consortium
Samaritans	Eurosafe
Health Research Board	Shine
Mental Health Directorate	GROW
Mental Health Commission	MOJO Programme
Universities in Ireland and internationally	KFV – Austrian Road Safety Board
Suicide Resource Officers	Samaritans
Donegal Mental Health Services	Irish College of General Practitioners
HSE South – National DBT Implementation Team	Irish Friends of the Suicide Bereaved
HSE South East	Psychological Society of Ireland
Family Centre Castlebar	Institute of Public Health
Chief State Solicitor's office	International Association for Suicide Prevention
Pieta House	Department of Justice
Console	Department of Education
Inspire Ireland	Department of Children
Headline	Secondary Schools
Limerick Working Group on Reducing Suicidal Behaviour by Drowning	Higher Education
Suicide or Survive	Hospital Emergency Departments
Men's Health Forum	Health Information and Quality Authority

Who Benefits from Our Research

Self-harm patients
 People at high-risk of suicide
 People bereaved by suicide
 Adolescents
 Researchers
 Suicide Resource officers
 GPs
 Health and Mental Health professionals
 Coroners
 Gardai
 Emergency healthcare staff
 Professionals and volunteers working in community based settings
 Professionals in policy development and implementation
 General population
 Media Professionals
 Clergy
 Pharmacists



E-Self Management of Depression Launch Seminar

The National Suicide Research Foundation held a free Seminar on the 25th June for the iFightDepression free, internet-based, self-management programme for mild to moderate depression. This system aims to help individuals to self-manage their symptoms and promotes recovery, with guidance from their GP or mental health professional. The seminar included presentations and discussion of current and future programmes of mental health care as well as panel discussion and an open Q&A session. The seminar was held to raise awareness of and promote the wide use of iFightDepression self-management tool.

Information Evening

The NSRF held a public Information Evening on April 14th entitled "Self-Harm: Recent Trends, Assessment and Intervention". The evening included presentations from Dr. Eve Griffin (NSRF), Rose Lynch for the Crisis Nurse Service for Deliberate Self-Harm (Emergency Department, CUH) and from Marguerite Kiely from Pieta House. A Q&A session and Panel Discussion was held, with Finola O'Callaghan from GROW and Dr. Mary Joyce from the National DBT Project. Attendees appreciated receiving information from all perspectives, with real-life, human approach.

Responding to Suicidal Crisis – Research, Policy and Practice in Ireland

The National Suicide Research Foundation (NSRF) and Cork Samaritans co-hosted a free event on Thursday, September 11th. The seminar included research as well as a practice session, and covered several topics such as life-events, mental health and work-related factors associated with suicidal crisis, monitoring real-time incidence of self-harm and suicide and evidence-based approaches to responding to crisis.

The seminar also marked the launch of SSIS-ACE, a case-control study aimed at identifying psycho-social, psychiatric and work-related factors associated with suicide in Ireland. The study will focus on three groups of people; those who have died by suicide, those presenting with a near-fatal episode of self-harm and general practice patients. Diverse stakeholders from general practice, liaison psychiatry and the coroner service are facilitating the rollout of the SSIS-ACE study. This project is being conducted by the NSRF and the Department of Epidemiology and Public Health, UCC.





ACAMH SIG Conference

Friday, October 10th marked World Mental Health Day. A one-day research conference on Youth Mental Health was co-hosted by the Association for Child and Adolescent Mental Health (ACAMH) Special Interest Group (SIG) in Youth Mental Health, the Inspire Ireland Foundation and the National Suicide Research Foundation. The conference brought together leading researchers, practitioners, young people and service users from Ireland and the UK to showcase the latest research and practice in the field of youth mental health. The conference was extremely well attended and included a varied number of speakers and poster presentations, all acknowledging the day's theme of "Transitions and Youth Mental Health".

"For new models of mental health care to work, every one of us involved in youth mental health needs to contribute to the conversation about how to create better and more responsive mental health services in Ireland. The co-hosting of the conference by the Inspire Ireland Foundation and the National Suicide Research Foundation reflects the commitment among many organisations to work together to address mental health issues affecting Irish young people." Eileen Williamson, NSRF Executive Director.

World Suicide Prevention Day

Professor Ella Arensman, NSRF Director of Research and International Association for Suicide Prevention President, introduced World Suicide Prevention Day, September 10th 2014, and its theme, "Suicide Prevention: One World Connected", which reflected that connections are important at several levels to enhance strategies to prevent suicide worldwide.

Professor Arensman spoke of the symbolic activity "Cycle Around the Globe" which promotes World Suicide Prevention Day each year since 2003. The Cycle Around the Globe challenge is to collectively cycle the circumference of the globe, 40,075 km or 24,900 miles, and to have participants cycling on every continent. The NSRF hosted a Cycle Around the Globe event on September 11th which contributed to the total distance reached, which amounted to almost four times the circumference of the planet or a total of 121,963.3 miles or 196,282 kilometers.



Social Media and Website

The NSRF is continuing to enhance its profile, to engage with the general public and to promote the organisation to a wider audience. We want to communicate to members of the public who we are, what we do and why we do it. Social media is an integral part of the NSRF's communications strategy. Social media networks allow the NSRF to disseminate research findings quickly and effectively to other researchers and professionals, as well as to the general public.

Twitter is a fast paced outlet for both the NSRF and its followers to keep up to date with current news and events in the mental health sector. Hashtags are now becoming more popular to update delegates and support networking during conferences. Covering these conferences live on social media allows those not in attendance to follow and participate in discussions online. The NSRF's Facebook page has grown throughout 2014, now with over 1,600 likes. Communication and engagement for this page, and its posts, has a significant outreach.

The NSRF website continues to be a strong resource of information for both professionals and non-professionals. It provides readily available statistics, facts and figures on a 24 hour basis for people across the globe.

FINANCIAL STATEMENTS

Company Registration No. 224676 (Ireland)

SUICIDE RESEARCH FOUNDATION LIMITED (COMPANY LIMITED BY GUARANTEE) MEMBERS REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2014

COMPANY INFORMATION

Members

Pat Madden
Bishop John Buckley
Patricia Casey
Bishop Paul Colton
Dave Drohan
Tom O'Dwyer
Paul Corcoran
Ella Arensman
Margaret Kelleher
Ivan J. Perry
Bertie Kelleher
Michael O'Sullivan
Barry McGale
Patricia Behan

Directors

Margaret Kelleher
Ivan J. Perry
Pat Madden

Secretary

Eileen Williamson

Company number

224676

Registered Office

1 Perrott Avenue, College Road, Cork.

Auditors

Hickey & Associates
Lough Lee House, Western Road, Cork.

Business address

Room 4.36 Western Gateway Building, Cork.

Bankers

Allied Irish Banks plc, 66 South Mall, Cork.

Solicitors

CCK Law Firm
66 Fitzwilliam Square, Dublin 2.

CONTENTS

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Independent auditors' report	50
Income & expenditure account	51
Balance sheet	54
Cash flow statement	55
Notes to the cash flow statement	56
Notes to the financial statements	57

MEMBERS REPORT FOR THE YEAR ENDED 31 DECEMBER 2014

The Members present their report and financial statements for the year ended 31 December 2014.

Principal activities and review of the business

The principal activity of the company continued to be the research into suicide and incidents of deliberate self harm in Ireland, and the recording for research purposes of all reported incidents of suicide and deliberate self-harm, in order to encourage the prevention of suicide.

The company has made a profit for the year in the amount of €69,420 (2013: €9,344). The members are satisfied with the results of the company in view of the prevailing economic conditions.

The principal risks to the company are that there could be core funding cuts over the next number of years and whether the company will continue to be awarded contracts for additional research projects over and above the core research funding. The members are of the opinion that they have taken all necessary steps to reduce costs as much as possible to ensure the continuity of the company into the future, and these will be kept under review in 2015 to ensure the company's viability going forward.

Results and dividends

The results for the year are set out on pages 51, 52 & 53.

The company has no share capital, and thus has not paid or declared any dividends in the 2014 year.

Post balance sheet events

No matters or circumstances have arisen since the end of the financial year which significantly affected or may significantly affect the operations of the company, the results of those operations or the state of the affairs of the company in the financial period subsequent to the financial year ended 31 December 2014.

Future developments

The company has no future developments planned at this point in time.

Members

The following members have held office since the 1st January 2014:

Patrick Madden	Bishop John Buckley
Patricia Casey	Bishop Paul Colton
Dave Drohan	Tom O'Dwyer
Paul Corcoran	Ella Arensman
Margaret Kelleher	Ivan J. Perry
Bertie Kelleher	Michael O'Sullivan
Barry McGale	Patricia Behan
Helen Keeley	
(Resigned 15 June 2014)	

An Executive Committee made up of the following persons was formed from Company Members:

Margaret Kelleher	Ivan J. Perry
Patrick Madden	Dave Drohan
Michael O'Sullivan	Barry McGale

Members interests

The members have no beneficial interest in the company as there is no issued share capital, and the company is limited by guarantee.

MEMBERS REPORT FOR THE YEAR ENDED 31 DECEMBER 2014

Books of account

The company's members are aware of their responsibilities, under section 202 of the Companies Act 1990 to maintain proper books of account and are discharging their responsibility by:

1. Employing qualified and experienced staff, and
2. Ensuring that sufficient company resources are available for the task, and
3. Liaising with the company's auditors.

The books of account are held at the company's business premises, Room 4.36 Western Gateway Building, University College Cork, Cork.

Taxation status

The company was not a close company as defined by Section 430 Taxes Consolidation Act 1997 and this position has not changed since the end of the financial year.

Auditors

In accordance with the Companies Act 2014, section 383 (2), Hickey & Associates continue in office as auditors of the company.

Statement of Members responsibilities

Company law requires the Members to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that period. In preparing those financial statements, the Members are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

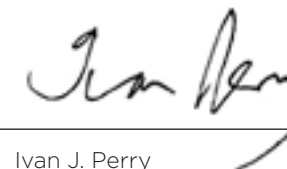
The members confirm that they have complied with the above in the preparation of the financial statements.

The Members are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the financial statements comply with the Companies Acts 1963 to 2013. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

By order of the board



Pat Madden
Director



Ivan J. Perry
Director

Date: 21 April 2015

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF SUICIDE RESEARCH FOUNDATION LIMITED

We have audited the financial statements of Suicide Research Foundation Limited for the year ended 31 December 2014 set out on pages 51 to 63. The financial reporting framework that has been applied in their preparation is Irish law and the accounting standards issued by the Financial Reporting Council and promulgated by the Institute of Chartered Accountants in Ireland (Generally Accepted Accounting Practice in Ireland).

This report is made solely to the company's members, as a body, in accordance with Section 193 of the Companies Act, 1990. Our work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our work, for this report, or for the opinions we have formed.

Respective responsibilities of the members and auditors

As explained more fully in the Members Report set out on pages 48 & 49, the members are responsible for the preparation of the financial statements giving a true and fair view. Our responsibility is to audit and express an opinion on the financial statements in accordance with Irish law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's Ethical Standards for Auditors.

Scope of the audit of the financial statements

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of: whether the accounting policies are appropriate to the company's circumstances and have been consistently applied and adequately disclosed; the reasonableness of significant accounting estimates made by the members; and the overall presentation of the financial statements. In addition, we read all the financial and non-financial information in the Members Report to identify material inconsistencies with the audited financial statements, and to identify any information that is apparently materially inconsistent with, the

knowledge acquired by us in the course of performing the audit. If we become aware of any apparent material misstatements or inconsistencies we consider the implications for our report.

Opinion on financial statements

In our opinion the financial statements:

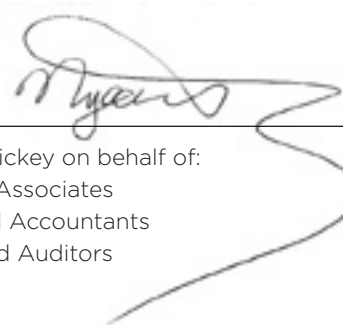
- give a true and fair view, in accordance with Generally Accepted Accounting Practice in Ireland, of the state of the company's affairs as at 31 December 2014 and of its profit for the year then ended ; and
- have been properly prepared in accordance with the requirements of the Companies Acts, 1963 to 2013.

Matters on which we are required to report by the Companies Acts 1963 to 2013

- We have obtained all the information and explanations which we consider necessary for the purposes of our audit.
- In our opinion proper books of account have been kept by the company.
- The financial statements are in agreement with the books of account.
- In our opinion, the information given in the Members Report is consistent with the financial statements.

Matters on which we are required to report by exception

We have nothing to report in respect of the provisions in the Companies Acts 1963 to 2013 which requires us to report to you if, in our opinion, the disclosures of directors' remuneration and transactions specified by law are not made.



Nigel L. Hickey on behalf of:
Hickey & Associates
Chartered Accountants
Registered Auditors

29 April 2015
Lough Lee House,
Western Road,
Cork.

INCOME & EXPENDITURE ACCOUNT

FOR THE YEAR ENDED
31 DECEMBER 2014

	Notes		2014 €		2013 €
Turnover	2		1,317,110		1,077,967
Foundation Foundation costs		300,000 (262,000)	38,000	350,181 (339,251)	10,930
Registry Registry costs		536,000 (535,789)	211	518,000 (543,215)	(25,215)
HRB ICE funding Funding receivable Expenses		16,734 (16,734)	-	33,888 (33,888)	-
HRB SSIS ACE Funding Funding receivable Expenses		96,570 (96,570)	-	- -	-
IASP funding Funding receivable Expenses		2,230 (2,230)	-	- -	-
Donegal Study Funding receivable Expenses		35,732 (35,732)	-	- -	-
MARATONE funding Funding receivable Expenses		61,919 (61,919)	-	27,958 (27,958)	-
IAS Award Funding receivable Expenses		1,576 (1,576)	-	- -	-
JAMIE Project Funding receivable Expenses		7,388 (7,388)	-	1,811 (1,811)	-
PREDI-NU Project Funding receivable Expenses		64,361 (64,361)	-	37,290 (37,290)	-
Endeavour DBT Project Funding receivable Expenses		114,643 (114,643)	-	55,556 (55,556)	-

**INCOME &
EXPENDITURE
ACCOUNT**
FOR THE YEAR ENDED
31 DECEMBER 2014
(continued)

	Notes		31 December 2014 €		31 December 2013 €
ERRIS Social Prescribing Funding receivable Expenses		9,295 (9,295)	-	3,713 (3,713)	-
HSE NOSP Information Officer Funding receivable Expenses		25,204 (25,204)	-	- -	-
Mind Yourself Cork Funding receivable Expenses		- -	-	1,681 (1,483)	198
SEYLE funding Funding receivable Expenses		- -	-	500 (500)	-
OSPI funding Funding receivable Expenses		- -	-	21,492 (435)	21,057
Fundraising Funding receivable Expenses		- -	-	897 (551)	346
DSH Assessment Project Funding receivable Expenses		- -	-	(23,877)	(23,877)
Private donations -			820		-
Northern Ireland Statistical Consultancy Funding receivable Expenses		24,700 -	24,700	25,000 -	25,000
NI Maternity Cover Funding receivable Expenses		19,939 (16,083)	3,856	- -	-
Operating surplus	3		67,587		8,439

INCOME & EXPENDITURE ACCOUNT

FOR THE YEAR ENDED
31 DECEMBER 2014

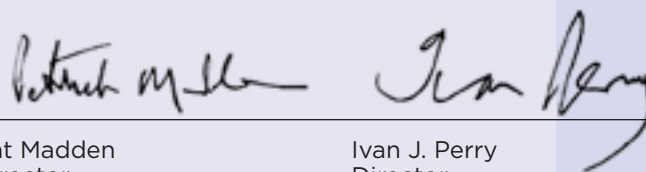
(continued)

	Notes	31 December 2014 €	31 December 2013 €
Interest received	4	2,496	1,458
Bank interest & charges	5	(663)	(553)
Excess of income on ordinary activities before taxation		69,420	9,344
Taxation	6	-	-
Net surplus for the year after taxation	10	69,420	9,344

The income & expenditure account has been prepared on the basis that all operations are continuing operations.

There are no recognised gains and losses other than those passing through the income & expenditure account.

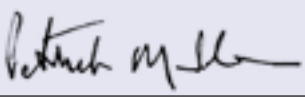
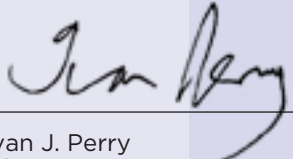
Approved by the members on 21 April 2015



Pat Madden
Director

Ivan J. Perry
Director

BALANCE SHEETAS AT
31 DECEMBER 2014

	Notes	€	2014 €	€	2013 €
Fixed assets					
Tangible assets	7		12,553		14,320
Current assets					
Debtors	8	126,805		83,637	
Cash at bank and in hand		169,423		469,883	
		<u>296,228</u>		<u>553,520</u>	
Creditors: amounts falling due within one year	9	<u>(161,272)</u>		<u>(489,751)</u>	
Net current assets			134,956		63,769
Total assets less current liabilities			<u>147,509</u>		<u>78,089</u>
Reserves					
Income & expenditure account	10		147,509		78,089
Accumulated funds	11		<u>147,509</u>		<u>78,089</u>
Approved by the members and authorised for issue on 21 April 2015					
 					
Pat Madden Director	Ivan J. Perry Director				

CASH FLOW STATEMENT

FOR THE YEAR ENDED
31 DECEMBER 2014

	€	2014 €	€	2013 €
Net cash (outflow)/inflow from operating activities (Note 1)		(299,281)		424,515
Returns on investments and servicing of finance				
Interest received	2,496		1,458	
Interest & similar charges paid	(663)		(553)	
Net cash inflow/(outflow) for returns on investments and servicing of finance		1,833		905
Capital expenditure		(3,012)		(2,779)
Payments to acquire tangible assets	(3,012)		(3,379)	
Receipts from sales of tangible assets	-		600	
Net cash (outflow)/inflow before management of liquid resources and financing		(300,460)		422,641
(Decrease)/increase in cash in the year (Note 2)		(300,460)		422,641

NOTES TO THE CASH FLOW STATEMENT

FOR THE YEAR ENDED
31 DECEMBER 2014

1. Reconciliation of operating profit to net cash (outflow)/inflow from operating activities			2014 €	2013 €
Operating profit			67,587	8,439
Depreciation of tangible assets			4,779	4,250
Loss on disposal of tangible assets			-	1,399
Increase in debtors			(43,168)	(2,343)
(Decrease)/increase in creditors within 1 year			(328,479)	412,770
Net cash (outflow)/inflow from operating activities			(299,281)	424,515
2. Analysis of net funds	1 January 2014	Cash flow	Other non-cash changes	31 December 2014
Net cash:	€	€	€	€
Cash at bank and in hand	469,883	(300,460)	-	169,423
Net funds	469,883	(300,460)	-	169,423
3. Reconciliation of net cash flow to movement in net funds			2014 €	2013 €
(Decrease)/increase in cash in the year			(300,460)	422,641
Movement in net funds in the year			(300,460)	422,641
Opening net funds			469,883	47,242
Closing net funds			169,423	469,883

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2014

1. Accounting policies

1.1 Accounting convention

The financial statements are prepared under the historical cost convention on a going concern basis.

1.2 Compliance with accounting standards

The financial statements are prepared in accordance with applicable law and the accounting standards issued by the Financial Reporting Council and promulgated by the Institute of Chartered Accountants in Ireland (Generally Accepted Accounting Practice in Ireland), which have been applied consistently (except as otherwise stated).

1.3 Turnover

Grants and other funding are credited to the income & expenditure account in the period in which they are received, or when the relative expenditure takes place, whichever is the later.

1.4 Tangible fixed assets and depreciation

Tangible fixed assets are stated at historical cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

Furniture, fittings & computer equipment
20% Straight line basis

1.5 Pension contributions

The company contributes to various defined contribution pension plans for the benefit of its employees and members. The cost to the company of the contributions payable are charged to the profit and loss account in the year they are payable. The pension plans are held in the names of the individual employees/members and thus the assets held in those plans are not included in the company's assets.

1.6 Deferred taxation

Deferred taxation is provided at appropriate rates on all timing differences using the liability method only to the extent that, in the opinion of the directors, there is a reasonable probability that a liability or asset will arise in the foreseeable future.

1.7 Foreign currency translation

Monetary assets and liabilities denominated in foreign currencies are translated into euro at the rates of exchange ruling at the dates of payments or receipts. Transactions in foreign currencies are recorded at the rate ruling at the date of the transaction payment or receipt. Consequently there are no differences in foreign currency translations between the rates ruling at the dates of the transactions and the dates of payment or receipt.

1.8 Government grants

Revenue grants are credited to the income & expenditure account in the period in which they are received, or when the relative expenditure takes place, whichever is the later.

Grants towards capital expenditure are credited to a deferred capital expenditure accrual when they are received, and related capital expenditure debited against the accrual in the period in which it is expended.

1.9 Taxation

The current tax charge is recognised in the income & expenditure account for the period as appropriate, is based on the profit for the year, and is calculated with reference to the tax rates ruling at the balance sheet date.

**NOTES TO THE
FINANCIAL
STATEMENTS**
FOR THE YEAR ENDED
31 DECEMBER 2014
(continued)

2. Turnover

The total turnover of the company for the year has been derived from its principal activity mainly undertaken in the Republic of Ireland, and comprises mainly grant income.

3. Excess of income over expenditure

Excess of income over expenditure is stated after charging:

Depreciation of tangible assets

Write down of value of tangible assets

Operating lease rentals

- Leased premises

Auditors' remuneration

**2014
€**

**2013
€**

4,779

4,250

-

1,399

5,000

27,500

7,038

6,000

4. Other interest receivable and similar income

**2014
€**

**2013
€**

Bank interest

2,496

1,458

5. Interest payable & similar charges

**2014
€**

**2013
€**

Bank charges

663

553

**NOTES TO THE
FINANCIAL
STATEMENTS**
FOR THE YEAR ENDED
31 DECEMBER 2014
(continued)

6. Taxation		2014 €	2013 €
Current tax charge		-	-
Factors affecting the tax charge for the year			
Profit on ordinary activities before taxation		69,420	9,344
Profit on ordinary activities before taxation multiplied by standard rate of Irish corporation tax of 12.50% (2013: 12.50%)		8,678	1,168
Effects of: Other tax adjustments		(8,678)	(1,168)
		(8,678)	(1,168)
Current tax charge		-	-
The Company is registered as a charity and as such their activities are exempt from corporation tax, thus no provision for corporation tax has been made in these Financial Statements and no losses are carried forward.			
No provision for deferred taxation has been made in these financial statements as there is no corporation tax liability.			

**NOTES TO THE
FINANCIAL
STATEMENTS**
FOR THE YEAR ENDED
31 DECEMBER 2014
(continued)

7. Tangible fixed assets**Cost**

At 1 January 2014

Additions

At 31 December 2014

Depreciation

At 1 January 2014

Charge for the year

At 31 December 2014

Net book value

At 31 December 2014

At 31 December 2013

Furniture,
fittings &
computer
equipment
€

21,251

3,012

24,263

6,931

4,779

11,710

12,553

14,320

8. Debtors**2014**
€**2013**
€

Interest accrued

111

928

Sundry debtors and accrued income

126,694

82,709

126,805

83,637

**9. Creditors: amounts falling due
within one year****2014**
€**2013**
€

Other creditors

28,508

20,729

Accruals and deferred income

132,764

469,022

161,272

489,751

Included in other creditors are amounts
relating to taxation, as follows:
P.A.Y.E. control account

28,508

20,729

**NOTES TO THE
FINANCIAL
STATEMENTS**
FOR THE YEAR ENDED
31 DECEMBER 2014
(continued)

**10. Statement of movements on
income & expenditure account**

Balance at 1 January 2014

Surplus for the year

Balance at 31 December 2014

**Income &
expenditure
account
€**

78,089

69,420

147,509

**11. Reconciliation of movements
in accumulated funds**

Surplus for the financial year

Opening accumulated funds

Closing accumulated funds

**2014
€**

69,420

78,089

147,509

**2013
€**

9,344

68,745

78,089

12. Contingent liabilities

The company's solicitors are in the process of drawing up a rental lease agreement for the lease of the company's business premises. They estimate that the costs in this regard will amount to between €1,000 and €2,000.

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED
31 DECEMBER 2014
(continued)

13. Employees

Number of employees

The average monthly number of employees (excluding the 3 directors) during the year was:

	2014 Number	2013 Number
Foundation	15	10
Registry	15	16
	<u>30</u>	<u>26</u>

Employment costs

	2014 €	2013 €
Wages and salaries	878,969	736,870
Social security costs	89,060	69,649
Company pension costs	18,374	21,245
	<u>986,403</u>	<u>827,764</u>

14. Members' interests and guarantees

The members have no beneficial interest in the company, as the company was incorporated, without share capital, as a company limited by guarantee. According to the Memorandum & Articles of Association each member is limited by guarantee to a maximum of €1.27.

15. Related party transactions

The following transactions took place the company and related parties of the company during the year ended 31 December 2014:

Rent paid to Margaret Kelleher, a director of the company, in respect of offices premises at Edencurragh, 1 Perrott Avenue, Cork - €Nil (2013: €27,500).

16. Post balance sheet events

No matters or circumstances have arisen since the end of the financial year which significantly affected or may significantly affect the operations of the company, the results of those operations or the state of the affairs of the company in the financial period subsequent to the financial year ended 31 December 2014.

**NOTES TO THE
FINANCIAL
STATEMENTS**
FOR THE YEAR ENDED
31 DECEMBER 2014
(continued)

17. Financial commitments

At 31 December 2014 the company was committed to making the following payments under non-cancellable operating leases in the year to 31 December 2015:

Operating leases which expire:

Within one year

Between two and five years

2014
€

20,000

75,000

95,000

**Land and
buildings**

2013
€

5,000

95,000

100,000

18. Approval of financial statements

The Members approved the financial statements on 21 April 2015.

FOUNDATION DETAILED INCOME & EXPENDITURE ACCOUNT

FOR THE YEAR ENDED
31 DECEMBER 2014

	€	2014 €	€	2013 €
Foundation income		300,000		350,181
HSE - NOSP	300,000		318,000	
Lectures, fees, etc.	-		32,181	
Foundation Costs				
Salaries & wages	192,035		252,098	
Pension costs	11,107		13,256	
Light, heat & power	124		180	
Postage, printing, advertising & stationery	5,148		5,988	
Travel costs	2,174		6,186	
Meetings & conferences	11,539		3,832	
Fees, training & subscriptions	8,114		15,538	
Accountancy fees	3,000		3,519	
Audit fees	3,519		3,000	
Telephones	4,331		3,734	
Computer running costs	13,993		13,475	
Insurance	2,689		2,668	
Repairs & maintenance	125		713	
Sundry expenses	1,602		1,314	
Rent & rates	2,500	(262,000)	13,750	(339,251)
Surplus		38,000		10,930
HRB ICE funding		-		-
Funding receivable	16,734		33,888	
Salaries & wages	(14,443)		(29,856)	
Travel costs	-		(410)	
Stationery & printing	-		(25)	
Fees & subscriptions	-		(350)	
Meetings & conferences	-		(856)	
Pension costs	(2,291)		(2,391)	
HRB SSIS ACE funding		-		-
Funding receivable	96,570		-	
Salaries & wages	(85,298)		-	
Travel costs	(901)		-	
Telephone	(808)		-	
Stationery & printing	(1,980)		-	
Honoraria	(407)		-	
Meetings & conferences	(2,777)		-	
Computer running costs	(582)		-	
Computers	(3,817)		-	
IASP funding		-		-
Funding receivable	2,230		-	
Salaries & wages	(2,230)		-	

FOUNDATION DETAILED INCOME & EXPENDITURE ACCOUNT

FOR THE YEAR ENDED
31 DECEMBER 2014

(continued)

	€	2014 €	€	2013 €
Donegal Study		-		-
Funding receivable	35,732			
Salaries & wages	(27,748)		-	
Travel costs	(3,231)		-	
Stationery & supplies	(303)		-	
Meetings & conferences	(1,393)		-	
Pension costs	(2,004)		-	
Computers	(1,053)		-	
MARATONE funding		-		-
Funding receivable	61,919		27,958	
Salaries & wages	(51,128)		(24,844)	
Travel costs	(838)		(2,511)	
Stationery, printing & postage	(40)		(8)	
Fees & subscriptions	(1,972)		(290)	
Meetings & conferences	(7,941)		(305)	
IAS Award		-		-
Funding receivable	1,576		-	
Travel costs	(73)		-	
Fees & subscriptions	(343)		-	
Meetings & conferences	(191)		-	
IAS Award	(969)		-	
JAMIE Project		-		-
Funding receivable	7,388		1,811	
Salaries & wages	(6,696)		-	
Travel costs	(190)		(727)	
Meeting & conferences	(502)		(1,084)	
PREDI-NU Project		-		-
Funding receivable	64,361		37,290	
Salaries & wages	(52,120)		(32,961)	
Travel costs	(1,825)		(1,029)	
Telephone	-		(53)	
Stationery & supplies	(1,894)		(36)	
Fees & subscriptions	(2,772)		(100)	
Meetings & conferences	(5,320)		(3,111)	
Computer	(430)		-	
Endeavour DBT Project		-		-
Funding receivable	114,643		55,556	
Salaries & wages	(90,293)		(49,984)	
Travel costs	(9,061)		(1,531)	
Stationery & supplies	(232)		-	
Fees & subscriptions	(10,000)		(3,500)	
Meetings & conferences	(5,057)		(541)	

FOUNDATION DETAILED INCOME & EXPENDITURE ACCOUNT

FOR THE YEAR ENDED
31 DECEMBER 2014

(continued)

	€	2014 €	€	2013 €
ERRIS Social Prescribing Funding receivable	9,295	-	3,713	-
Salaries & wages	(7,887)		(2,984)	
Travel costs	(860)		(507)	
Stationery, printing & postage	(126)		(40)	
Fees & subscriptions	-		(182)	
Meetings & conferences	(422)		-	
HSE NOSP Information Officer Funding receivable	25,204	-	-	-
Salaries & wages	(24,289)		-	
Fees & subscriptions	(915)		-	
Mind Yourself Cork Funding receivable	-	-	1,681	198
Travel costs	-		(1,004)	
Stationery, printing & postage	-		(75)	
Meetings & conferences	-		(404)	
SEYLE funding Funding receivable	-	-	500	-
Fees & subscriptions	-		(500)	
OSPI funding Funding receivable	-	-	21,492	21,057
Travel costs	-		(314)	
Stationery, printing & postage	-		(121)	
Fundraising Funding receivable	-	-	897	346
Other costs	-		(551)	
DSH Assessment Project Funding receivable	-	-	-	(23,877)
Salaries & wages	-		(22,795)	
Stationery, printing & postage	-		(51)	
Fees & subscriptions	-		(1,000)	
Meetings & conferences	-		(31)	
Private donations		820		-
Foundation surplus		38,820		8,654

REGISTRY DETAILED INCOME & EXPENDITURE ACCOUNT

FOR THE YEAR ENDED
31 DECEMBER 2014

	€	2014 €	€	2013 €
Registry Income				
HSE - NOSP		536,000		518,000
Registry Costs				
Salaries & wages	401,512		390,995	
Pension costs	2,972		5,598	
Data collectors	4,234		8,267	
Data collection travel costs	33,501		37,154	
Fees, training & subscriptions	10,633		12,638	
Fees to HRB Scholar	30,000		30,000	
Rent & rates	2,500		13,750	
Insurance	2,689		2,668	
Light, heat & power	124		180	
Repairs & maintenance	125		375	
Postage, printing, advertising & stationery	8,907		6,982	
Telephones	2,384		2,340	
Travel costs	2,252		(444)	
Meetings & conferences	4,952		3,953	
Accountancy fees	3,000		3,519	
Audit fees	3,519		3,000	
Computer running costs	17,168		15,913	
Sundry expenses	538		678	
Depreciation	4,779		4,250	
Write down of value of tangible assets	-		1,399	
		(535,789)		(543,215)
Surplus/(deficit)		211		(25,215)
Northern Ireland Statistical Consultancy		24,700		25,000
Funding receivable	24,700		25,000	
Northern Ireland Maternity Cover		3,856		-
Funding receivable	19,939		-	
Salaries & wages	(12,349)		-	
Travel costs	(919)		-	
Stationery & supplies	(60)		-	
Fees & subscriptions	(1,039)		-	
Meetings & conferences	(1,716)		-	
Registry surplus/(deficit)		28,767		(215)
Net excess income over expenditure for the year		67,587		8,439





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