NATIONAL GUIDANCE & LOCAL IMPLEMENTATION August 2013



MEITHEAL - GRÚPA DAOINE AG OBAIR LE CHÉILE

A NATIONAL PRACTICE MODEL FOR ALL AGENCIES WORKING WITH CHILDREN, YOUNG PEOPLE AND THEIR FAMILIES



ACKNOWLEDGEMENTS

The Meitheal Model and supporting documentation are primarily informed by the experiences of the Identification of Need (ION)Project in Sligo Leitrim and the Limerick Assessment of Needs (LANS) Project in Limerick City. These initiatives, and the Meitheal in turn, are informed by the Scottish Government's National Practice Model and the UK Common Assessment Framework.

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INTRODUCTION

The Working Together for Children Initiative (2011) led by the Department of Children and Youth Affairs (DCYA) provides the mandate and impetus for more integrated working between relevant agencies to improve developmental outcomes for all children. The Child and Family Agency Act 2013 provides for the bringing together of a range of existing services to children and families into one agency. The Agencies functions will include maintaining and developing support services, including support services in local communities in order to support and promote the development, welfare and protection of children and to support and encourage the effective functioning of families. In so doing the Agency will promote enhanced inter-agency cooperation to ensure that services for children are co-ordinated and provide an integrated response to the needs of children and their families. The Act also provides that the principles of the best interests of the child and of participation are applied to the Agency's work.

In order to facilitate integrated working at the front line there is a need to develop a common approach to practice across all agencies that touch on the lives of children and families. A common approach to practice will help to ensure the participation of parents and children in all matters affecting them and promote inter-professional learning. Meitheal is an old Irish term that describes how neighbours would come together to assist in the saving of crops or other tasks. In this context Meitheal is a National Practice Model to ensure that the needs and strengths of children and their families are effectively identified and understood and responded to in a timely way so that children and families get the help and support needed to improve children's outcomes and realise their rights. The model is also intended to avoid duplication and particularly the need for families to repeatedly retell their story. This document envisages that in time, system-wide baseline and follow-up standardised measures will help demonstrate the effectiveness of multiagency working. The Meitheal Model is a key driver of the development of an area-based approach to prevention, partnership and family support through local area pathways as part of the National Service Delivery Framework of the Child and Family Agency. This document should be read in conjunction with the Guidance for the Implementation of an Area Based Approach to Prevention, Partnership and Family Support.

As a standardised approach, Meitheal aims to ensure that children and families receive support and help in an integrated and coordinated way that is easily accessible to them. It is normally targeted at those children with unmet additional needs which, if left unmet, place children at risk of poor outcomes. Meitheal can be utilised by all practitioners in different agencies so that they can communicate and work together more effectively to bring together the requisite range of expertise, knowledge and skill to meet these needs at the earliest opportunity. The Meitheal Model will be led and coordinated by the Child and Family Agency (The Agency) and will ensure families who do not require children and family social work intervention receive preventative support.

Multi-agency models of assessment and intervention have been trialled in two sites in Ireland: the Identification of Need process in Sligo/Leitrim and Donegal (ION) and the Limerick Assessment of Need System (LANS). These initiatives were themselves heavily influenced by the UK Common Assessment Framework (CAF), initially developed in North Lincolnshire and the My World Triangle developed by the Scottish Government. The Meitheal National Practice Model has been informed primarily by the ION and LANS projects, but also the work undertaken by the National Educational Welfare Board, One Child, One Plan, the Child Health Needs Assessment Framework process (Midlands); Women's Aid Early Identification of Domestic Violence Work with the Family Support Agency; the Mol on Óige initiative in Mayo and Roscommon and the Young People at Risk (YPAR) model and Inter Agency Working Agreement in Dublin City North.

Meitheal is quite simply a model of practice through which agencies change the nature of their existing work; In this model, a Lead Practitioner identifies a child's and their families' needs and stengths and then, if the identified needs require it, brings together a team around the child to deliver preventative support that is outcomes-focused, planned, documented and reviewed over time. The support offered should be planned in a highly participatory manner and directed by the child or young person and their family. Meitheal is both the overall name for the practice model and, specifically the Irish name that equates to the team-around-the-child concept. The principles underpinning the Meitheal Model are:

- Parents are made aware at the outset that child protection concerns in relation to their child or children will be referred to the Children and Families Social Work service in line with Children First Guidance, 2011.
- It is a voluntary process all aspects from the decision to enter this process, to the nature of information to be shared, outcomes desired, support delivered, agencies to be involved to the end point of the process – are led by the parents/ caregivers and child.
- A Meitheal meeting cannot take place without the involvement of at least one parent.
- The Meitheal Model looks at the whole child in an holistic manner, in the context of his or her family and environment. It takes into account strengths and resilience as well as difficulties and needs.
- It privileges the voices of the parent/ carer and child, recognising them as experts in their own situations and assisting them to identify their needs and ways of meeting them.
- The Meitheal model is aligned with the wider Child and Family Support Agency Service Delivery Framework.
- The Meitheal Model should be outcomesfocussed and should be implemented through a Lead Practitioner.



MAIN FORMS

Appendix 1 provides sample versions of the forms required to operate the Meitheal Model. The forms are designed to assist practitioners to identify and meet the needs and strengths of children and families. The forms included are:

- A Preventative Support Request Form
- A Strengths and Needs Record Form
- A Planning and Review Form
- A Closure and Feedback form

These forms are intended to help local areas set up the Meitheal Model and to ensure a degree of standardisation so that children and their families receive coherent and integrated support no matter where they live. The forms are also designed to encourage the participation of children and parents in the Meitheal Model. The forms are not designed to be overly prescriptive or to create a bureaucratic process, and should never become an obstacle to families receiving the support they need. Appendix 2 provides optional additional forms that are not essential but have been identified as beneficial. These are:

- An Outcomes Checklist¹
- A Translator Confidentiality Form

More supports to implementation will follow, including a Toolkit for Practitioners, guides for parents, children and young people and practitioners, as well as a national standardised training and development programme.

¹ The outcomes checklist also serves as a baseline and follow up measure of the child's situation relative to the 5 national outcomes. It has been adapted from the Outcomes Framework, Westmidlands Children's Commissioning Partnership, 2008, avaiable at http://www.londondevelopmentcentre.org/cms/site/docs/The_West_Midlands_Outcomes_Framework_ (April_2008)%5B1%5D.pdf

3.0

STEP-BY-STEP GUIDE

This section provides details of the Meitheal Model to be operated under the leadership of the Agency. It provides local areas with a three-stage approach, with the overall process broken down into a series of steps (see process diagram below). The guide is intended to inform all practitioners working with children and families about the model, and to guide a Lead Practitioner in carrying out their role. The stages and steps below begin when it is clear that a family does not reach the threshold necessary for social work intervention. However, if a child protection concern arises Children First Guidance and legislation must be followed. The step- by-step guide specifically focuses on the following areas:

Stage 1: Preparation

Step 1: Consider whether a Meitheal is necessary?

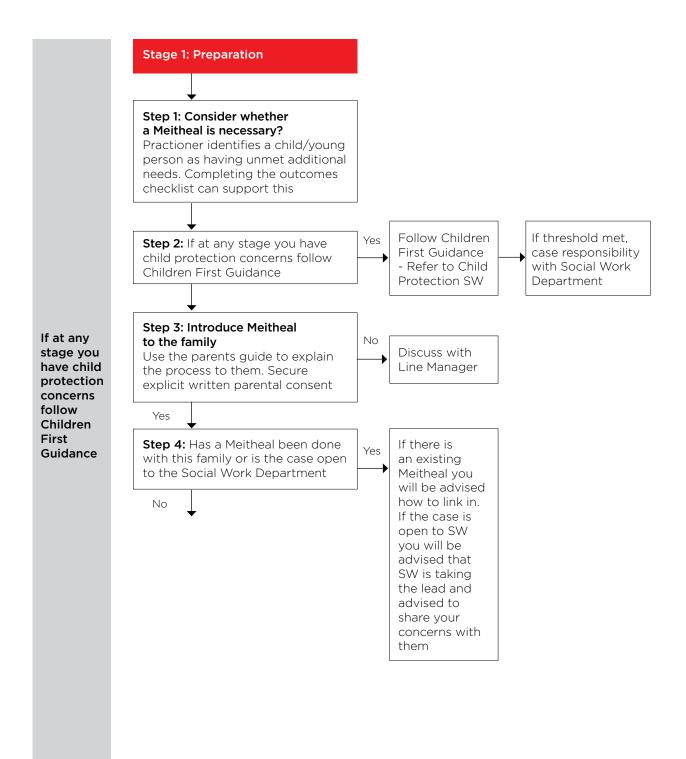
- Step 2: If at any stage you have child protection concerns follow Children First Guidance
- Step 3: Introduce the Meitheal Model to the family
- Step 4: Pre-Meitheal checks with CFSN Coordinator

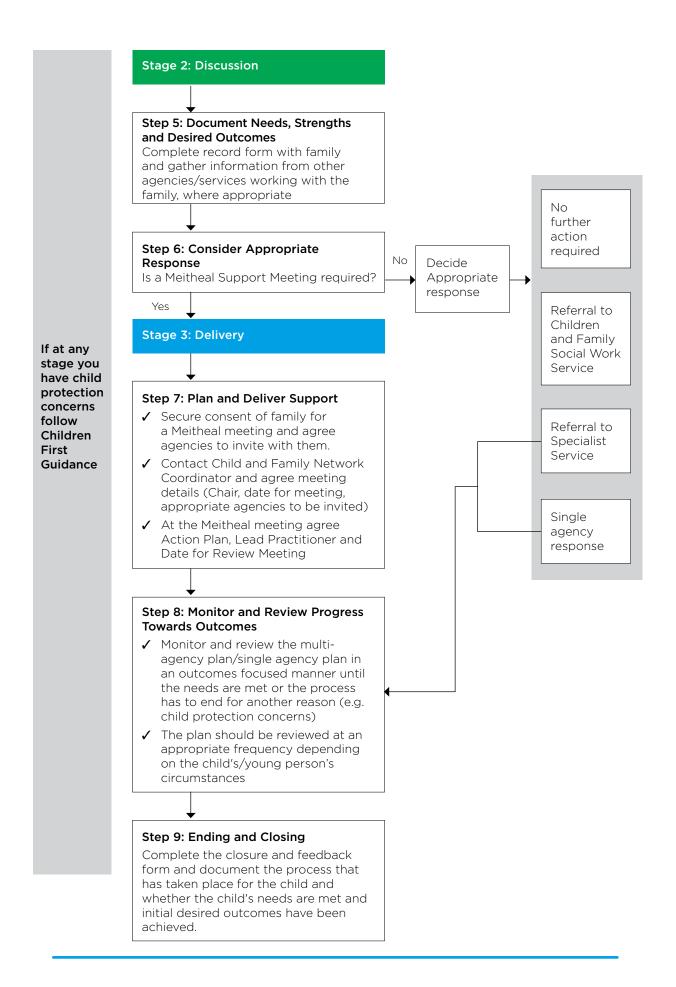
Stage 2: Discussion

Step 5: Identification of needs and strengths Step 6: Consider appropriate response

Stage 3: Delivery

Step 7: Plan and deliver support Step 8: Monitor and review progress Step 9: Ending and closing





1

STAGE 1 - PREPARATION

If at any stage during the operation of the Meitheal Model a practitioner has child protection concerns then the Children First Guidance, 2011 must be followed.

Step 1: Consider whether a Meitheal is necessary?

- Meitheal is about preventative support where children have unmet additional and/or complex needs that need to be responded to, but who do not require children and family social work intervention is not required.
- You do not need to undertake a Meitheal with every child you are working with – children who are progressing well or have needs that are already being responded to do not require a Meitheal.
- Similarly, you don't need to do a Meitheal where you have identified the child's needs and your service can meet them, or you know how to get the required help from another service, using established procedures.
- You might decide to undertake a Meitheal when you have concerns about how well the child is progressing; when their needs are unclear and/or broader than the remit of a single agency provider; where a range of services are involved but there is no clear overall plan for the child, or when the child/ family raises concerns with you in relation to the child's progress.
- When you are unsure whether a Meitheal is needed or not, the Outcomes Checklist can be used to help you make the decision. It also guides your conversation with parent(s) in explaining the reasons why you think a Meitheal would be of benefit to their child.
- It will also allow you to establish a baseline measure of where the child or young person is, relative to the 5 National Outcomes set out by the DCYA.

- This exercise can then be repeated when the Meitheal is being closed in order to assist with the measurement of progress towards outcomes.
- Additional guidance on how to complete the Outcomes checklist will be provided in the Meitheal toolkit and will be covered in Meitheal training.

Step 2: If at any stage you have child protection concerns follow Children First Guidance

- Keeping children safe is everyone's business. Children First, 2011 stipulates that society has a duty to care towards children and requires everyone working to be alert to the possibility of abuse.
- If at any stage you have child protection concerns follow Children First Guidance.
- Whether or not a referral under Children First is required is not always clear, and referrers are encouraged under Section 3.4.2 of Children First to consult Children and Family Services in relation to their concerns.

Step 3: Introduce Meitheal to the Family

- Use the Parent's Guide to introduce Meitheal to the parent(s). Explain that Meitheal is a Practice Model that it is used to identify their child's strengths and needs and recognises that parents want what is best for their child to grow, develop and be happy.
- If they are interested in Meitheal, you should explain about the checks that need to be undertaken and secure their consent for the checks to take place. It is essential to secure written parental consent for the checks and their engagement in the overall Meitheal Model before the Meitheal can proceed any further.
- Parental consent is secured in writing using the Meitheal Preventative Support Request Form.
- If the parent(s) do not consent to the Meitheal, you should have a discussion with your Line Manager to decide on the appropriate course of action to take - there may be scope to discuss the parents' fears/ concerns about Meitheal further with them and to overcome the barriers to their engagement.

Step 4: Pre- Meitheal checks with the CFSN Coordinator

- Once parental consent has been secured, the next step is to check with the Child and Family Network Coordinator to determine whether the Meitheal can proceed. You will need to provide the following details for the check to be undertaken: Child's name; address; gender; date of birth; parent's name.
- If an existing Meitheal is in place or has recently been in place for the child, the CFSN Coordinator will link you to the Lead Practitioner so that you can discuss how best to link with the Meitheal.
- The CFSN Coordinator will also check with the Child and Family Social Work Service to see if the case is open to that system. If the case is open to Social Work, you will be informed of this and advised not to proceed with the Meitheal, as it is important that families not be involved in parallel processes. The CFSN Coordinator will inform you of the Social Worker assigned to the case, so that you can make contact with them to discuss your concerns and/or input into the child's plan. It is likely there will still be a need for supportive interventions from community based services.

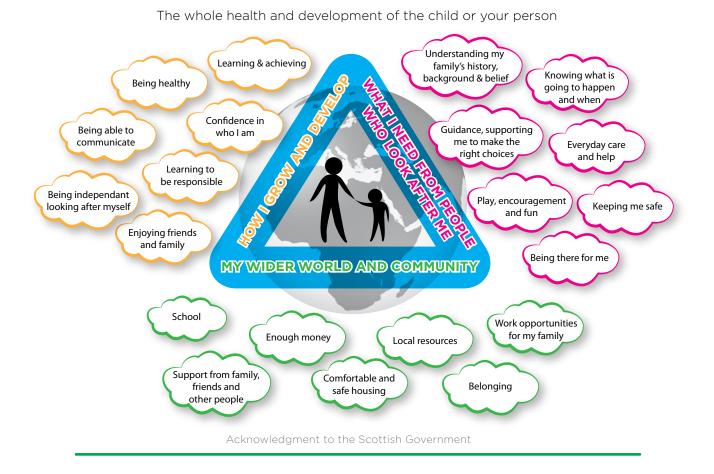
STAGE 2 - DISCUSSION

Step 5: Meitheal Strengths and Needs Record Form

- The Meitheal Strengths and Needs Record Form enables you to develop a snapshot picture of the child's life at a particular moment in time. It is a holistic framework and it collects information on the three domains of the My World Triangle (see diagram below).
- This information is collected through structured conversations/ discussions with the parent(s) that support them to tell their story and to identify any concerns they have in relation to their child.
- Information can also be collected, with parental consent, from key services

supporting the child/ family, as agreed in the Preventative Support Request Form.

- It is also important to collect the views of the child/young person, where possible.
- Once you have collected the information, you should then organise it and record it within the headings contained in the Meitheal Strengths and Needs Record Form.
- You should then provide a copy of the Draft Meitheal Strengths and Needs Record Form to the parent(s) and have a discussion with them to complete/ finalise it.
- Send a copy of the completed Meitheal Strengths and Needs Record Form to the Child and Family Network Coordinator.



MY WORLD TRIANGLE

Step 6: Consider Appropriate Response

- Once the Meitheal Strengths and Needs Record Form is finalised, you should then, in consultation with the parent(s), consider the appropriate response you need to take next.
- There are five possible responses, as follows:

Identified needs to be met by Lead Practitioner, working with other agencies as appropriate

2

Referral to Children & Family Social Work Service

(3)

Referral to single agency or specialist service

4

No further action required

Multi-agency response - call a Meitheal Support Meeting

- In some instances, more than one of the above responses may be required- for example, a multi-agency response and a referral to specialist service may be needed. In such an instance the specialist service can join the Meitheal for the period of time required to meet the child's needs.
- If a multi-agency response is required, discuss and agree with the parent(s) the appropriate services that should be included in the process.
- Record parental consent to include additional services and to share information with them on the Meitheal Strengths and Needs Record form. This can be done by naming the agency and having the parent initial and date their inclusion.

STAGE 3 - DELIVERY

Step 7: Plan and Deliver Support

The For multi-agency responses:

- CFSN Coordinator will work with you to secure a chair for the multi-agency meeting (if required).
- The purpose of the multi-agency meeting is to agree the following:

Action Plan – identify who is doing what, by when, and the outcomes to be achieved. The actions should be based on the identified strengths and needs of the child through the Meitheal Needs Record Form.

Lead Practitioner

Date for the next Review Meeting

- Parental expectations the Lead Practitioner should have ongoing contact with the family to ensure that the Plan remains relevant to the strengths and needs of the child and that the family, both child and parents, are supported as active participants in the Meitheal.
- A copy of the action plan must be sent to all the partners to the plan, including the parent(s) and the CFSN Coordinator, within 10 working days.

For single agency responses:

- Identify and implement your single agency response that will meet the child's identified needs.
- Maintain engagement with the child and family.

Step 8: Monitor and Review Progress

- Implement and review the action plan for the child/young person to check if their needs are being met and/or if changes oradditional actions are required.
- It is recommended that Review Meetings be organised based on the needs of the child and their action plan. In some instances, Review Meetings will take place every 4-6 weeks, while in others they will not need to be as frequent. It is recommended, however, that the child's action plan be reviewed at least every three months.
- All actions contained within the Action Plan should be reviewed and revised accordingly at each meeting.
- It is important to continue to identify who is responsible for specific actions and the timeframe for their delivery.
- Monitor and review progress towards outcomes in single agency responses in the same way you would a multi-agency intervention.

Step 9: Ending and Closing

- A key focus of the Meitheal Model is to identify and meet children's needs at the earliest opportunity possible. Throughout the supportive intervention, practitioners should aim to meet needs and plan for the family to be supported through universal service provision, therefore ending the need for Meitheal involvement.
- The Meitheal does not have a defined end stage, as this must be assessed in terms of the individual child and their situation. It should not, however, be allowed to drift indefinitely, and practitioners should consider the viability of continuing the Meitheal engagement beyond a year. Drift can be avoided by adopting an outcomes focused approach.
- A review of the supportive intervention should be undertaken when the Meitheal Action Plan has been in place for a year and the Meitheal has not yet been closed. This will help to clarify what progress has been made and to inform the decision on whether to close the Meitheal or not. Should the Meitheal continue, it will help to re-focus the work of the Meitheal on the desired outcomes for the child for a further time-limited period.
- It is important to focus on an exit plan for the Meitheal and to refer children and families to relevant universal services, as appropriate.
- Each Meitheal should have a closure and feedback stage, which is recorded on the Meitheal Closure and Feedback Form. This should document where progress towards an outcome has occurred and/ or explain if the initial desired outcomes changed or have not been achieved.

At all stages of the Meitheal:

- If you have any concerns about the child, you should follow Children First Guidance and your own organisation's Child Protection Policies and Procedures.
- Consult your own line manager or designated person for support with decision-making as required.
- Consult with the CFSN Coordinator for support with the Meitheal Model and with information sharing.
- If a fundamental change occurs, new strengths and needs should be considered to ensure the support offered remains appropriate.
- Completed Meitheal documentation should be circulated to all relevant partners, including parent(s) and the CFSN Coordinator within ten working days.

THE FOLLOWING KEY CONCEPTS ARE INTENDED TO ENSURE A COMMON UNDERSTANDING NATIONALLY OF THE CORE COMPONENTS OF THE MEITHEAL MODEL.

LEAD PRACTITIONER

The role of the Lead Practitioner in the Meitheal Model is: to invite the parent to initiate the Meitheal; to complete the Record Form with the family (with the active participation of the parent(s)/ carer(s) and, if appropriate, young person; to attend all Meitheal Support Meetings, and to act as a guide to the family throughout the supportive intervention. The Lead Practitioner should be the person:



With the most contact/envisaged contact

With the capacity to take on the role



Preferred by the family/young person

International research indicates that practitioners are sometimes reluctant to take on the mantle of Lead Practitioner. It is essential for the success of this Model that members of Child and Family Support Networks take on this vital leadership role.

4.2

MEITHEAL - TEAM AROUND THE CHILD/ YOUNG PERSON

The Team Around the Child/Young Person is, in effect, the Meitheal. It brings together parent(s) and a range of practitioners from the statutory and community and voluntary sectors to provide specific support and interventions to a specific child/young person and their family. The members of the Team Around the Child/Meitheal develop and deliver a tailored package of outcomes-focused interventions to meet the needs of the child/young person as identified through the Meitheal Strengths and Needs Record Form.

The Team Around the Child/Meitheal is not a multi-disciplinary team who work together all the time or a multi-agency group that discusses numerous families together. Rather, it is composed of a specifically selected group of practitioners who pop up and work together as needed to respond to the identified needs of a particular child/young person. It is a flexible team providing a tailored response.

Each practitioner involved in the Team Around the Child/Meitheal is responsible and accountable to their own agency for the services they deliver to children, young people and families through this process.

4.3

RECORDING, SHARING AND STORING MEITHEAL INFORMATION

Recording Meitheal Information:

The Meitheal forms provide a structure for recording information collected throughout the Meitheal supportive intervention.

Sharing Information through the Meitheal Model:

Information sharing is vital to the effective implementation of Meitheal, and parental consent is key to doing this in a safe manner. Transparency and accountability in information sharing is a critical aspect of the human rights based approach being applied in the Meitheal Practice Model. Sharing of information within the Meitheal process should take account of the eight golden rules of information sharing outlined below.

Storing Meitheal Information:

All information, whether held on hard copy or electronically, must be kept safe and secure. See Toolkit for more information on the safe sharing & storage of completed Meitheal forms and information.

Meitheal documents can be completed electronically **but should not be transferred electronically.** They should be sent by post to a named person, marked **private and confidential.**

Copies of all Meitheal documents must be provided to the CFSN Coordinator – this is to ensure quality assurance and management oversight. The original signed copy of the parental consent form must also be stored in the office of the CFSN Coordinator. The following **Eight Golden Rules for Information Sharing** were developed by South Dublin Children's Services Committee, Interagency Case Working Sub-Committee, adapted by the Limerick Assessment of Needs initiative and are adopted here for the Meitheal National Practice Model:

> Be open and honest with children and families from the outset about why, what, how and with whom information will or could be shared, and seek their agreement, unless it is unsafe or inappropriate to do so.



Always keep the safety and well-being of the child and of other children central to your considerations.



Always be clear about the purpose for which you have received the information and the purpose you are using it for – they should be the same.



Know the relevant policies in your agency in relation to confidentiality and information sharing and consult them as necessary. Seek advice if you are in any doubt, without disclosing the identity of the person. The Child protection and Welfare Practice Handbook² has a few pointers in relation to communication and information sharing between agencies:

- Always check that what you said is understood in the way you intended it.
- Always check that you understand information in the way it was intended.
- Do not make any assumptions.



Remember that the Data Protection Act is not a barrier for sharing information but provides a framework to ensure that personal information is shared appropriately. The Data Protection Commissioner has confirmed that there is no impediment in law to sharing information between agencies working in the best interests of children and families where there is consent for the sharing of such information. In fact, it is both legal and necessary to do so under the Child Care Act 1991 and The Children Act 2001 and is protected by the Protection for Persons Reporting Child Abuse Act 1998 where such information is provided for welfare issues to the relevant statutory body.



Aim to share with consent except where this is not appropriate. Wherever possible, respect the wishes of those who do not consent to you sharing their confidential information. You may still share information without consent if, in your judgement, that lack of consent can be overridden in the vital interest of the child. You will need to base your judgement on the facts of the case.

7

Necessary, proportionate, relevant, accurate, timely and secure. Ensure that the information you share is necessary and relevant for the purpose for which you are sharing it, is shared only with those people who need it, is accurate and up to date, is shared in a timely fashion and is shared securely.

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Keep a record of your decisions and the reasons for them – whether it is to share information or not. If you decide to share, then record what you have shared, with whom and for what purpose.

2 HSE (2011): Child Protection and Welfare Practice Handbook (p. 56)

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PARTICIPATION

The principle of participation is a basic principle of human rights, all individuals have the right to participate in and access information relating to the decision-making processes that affect their lives and well-being. In the context of the Meitheal, this applies both to parents and children and young people. The Agency Participation Strategy details the organisational commitment of the Agency and its partners to ensuring that children and young people participate in all matters affecting them. In relation to parents, it is intended that the application of the Meitheal Model forms a key aspect of the Agency approach to parenting support as set out in Investing in Families, Supporting Parents to Improve Outcomes for Children, 2013. Participation and partnership working are two of the key implementation principles of the Parenting Support Strategy. It is often challenging to translate a principle such as that of participation into practice. The Meitheal Model is intended to support practitioners to facilitate the participation of parents, children and young people. The Meitheal Toolkit and training will focus specifically on the practice skills required to support participation. The process of identifying strengths, needs and desired outcomes; of co-creating a support plan to achieve those outcomes; and of monitoring and reviewing that plan, present rich opportunity to encourage and facilitate the participation of parents, children and young people. For example the related practice of self-directed support planning can be introduced via the Meitheal Model.

"Self-Directed Support (SDS) is a term that describes the ways in which individuals and families can have informed choice about the way support is provided to them. It includes a range of options for exercising those choices. Through a co-production approach to agreeing individual outcomes, options are considered for ways in which available resources can be used so people can have greater levels of control over how their support needs are met, and by whom (Scottish Government, 2010)."³

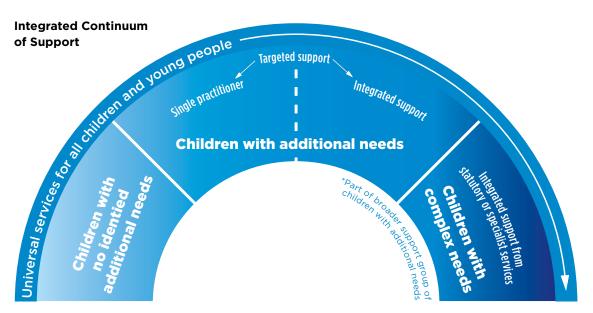
3 Self-Directed Support: A National Strategy for Scotland, 2010 available at http://www.scotland. gov.uk/Publications/2010/02/05133942/0

4.5

LINKS WITH CHILDREN AND FAMILIES SOCIAL WORK SERVICES

The Meitheal National Practice Model and Children and Family Social Work operate distinct processes of support within the overall support system for children and families. These processes should be coordinated and not operate in parallel; therefore, local procedures must be in place between the Meitheal Model and the Social Work Department to ensure there is no duplication.

It is intended that operating the Meitheal Model will help to prevent child abuse and neglect and so reduce referrals to Social Work Services. However, if a family is referred from the Meitheal Model and accepted to Social Work Services it is intended that the documentation from the Meitheal will assist in the Social Work Assessment and avoid the family having to retell their story. It is also likely that the practitioners and services involved in the Meitheal will continue their supportive intervention under the leadership of the Social Work Department. This can be seen like a smooth passing of the baton that retains continuity for families. This will assist in providing a continuum of support that families experience as seamless and integrated.



All requests for support through Meitheal must be checked with the Social Work Department to ensure they are currently not 'open' to Social Work. More detailed guidance on governing the relationship between Meitheal, The Educational Welfare Services 'One Child' and Social Work Departments will be provided in the Toolkit. It is essential that this relationship of partners is guided by a common concern for the well being and rights of children and by the principle of the best interest of the child. It is not intended that families are 'bounced' between the two distinct processes.

5 conclusion

This document has sought to introduce and describe the Meitheal – A National Practice Model for all agencies working with children, young people and their families. The implementation of this model requires a significant shift in culture and practice for many practitioners. However the desire and momentum for such change is common across many professions and organisations. Much of the work will be in the early stages of implementation as this new way of working is embedded. As stated, the Meitheal Toolkit and Training will be made available to support the implementation process.

Integrated working requires individuals to let go of some prior habits, associations and loyalties. However, it also has the potential to garner limited resources and bind previously disparate individuals and organisations around the common goal of improving outcomes and realising the rights of children, young people and their families.



APPENDIX

Preventative Support Request Form - Confidential

1 - CHILD / YOUNG PERSON									
Surname:		Name:	Sex: Date of birth:		th:				
			M F C	D	D	Μ	Μ	Υ	Υ
Address:	Number ,	/ Street / Townland:							
	Town:								
	County:								

2 - PARENTS /CARERS								
Surname		Name	Relationship to child / young person	Legal responsib Yes Yes Yes	No O No O No O	Contact telephone number		
Address:	Number / Street / Townland:							
	Town	:						
	Coun	ty:						

3 - REASON FOR REQUEST

4 - DESIRED OUTCOME - What do you want to be different for your child at the end of this process

Has a Pre-Meitheal Outcomes Checklist been carried out?		Y	′es 🔿	N	o ()	
If yes, please indicate the date this was carried out:	D	D	Μ	Μ	Υ	Υ

5 - LEAD PRACTITIONER DETAILS	
Name	Agency / Service
Address	Contact telephone numbers

6 - PARENTS REQUEST FOR SUPPORT AND CONSENT TO INFORMATION STORAGE

- 1. I confirm that a copy of the Meitheal Parents Guide has been provided and fully explained to me.
- 2. I request that a record form be completed with the support of the above Lead Practitioner.
- 3. I agree that the information used in this form may be stored for the purpose of providing services to the above child/ren, for whom I am the parent / carer, and to myself. I understand how this information may be used.
- 4. I agree that this information may be shared with the Child and Family Network Coordinator and the Children and Families Social Work service to ensure there is no duplication of service.
- 5. I understand that my child has the option of participating in this process.
- 6. I understand that if a concern arises about my child/ren being subject to abuse or neglect that a referral must be made to the Children and Family Social Work Service in line with the requirements of Children First legislation and Guidance.

Surname:	Name:	Relationship to child:	Signature:	Date:
Surname:	Name:	Relationship to child:	Signature:	Date:
Do both parents c	consent to this proc	Yes	No	

Please return to:

Child and Family Network Coordinator

(please include name, address and contact details of local CFSN Coordinator here)

For office use only		
Direct Access Request		
Date of receipt to CFSN Coordinator:		
Date SW query issued:		
Date of SW response:		
Outcome:	Open to SW: 🔿	Closed to SW: \bigcirc
Meitheal to proceed:	Yes 🔵	No
Diversion from Duty Intake Request		
Date of receipt to duty intake:		
Date diverted to Meitheal:		

Date of CFSN Cordinator response:		
Outcome:	No Meitheal in place: O	Meitheal to proceed: \bigcirc
Meitheal to proceed:	Yes 🔵	No 🔿



MEITHEAL STRENGTHS AND NEEDS RECORD FORM



Meitheal Strengths and Needs Record Form - Confidential

Commenced: D D	MMYEA	R Completed:	D M M Y E A R					
1 - CHILD / YOUNG P	ERSON							
Note: if the form is for an entire family, please fill in the details of the child you believe to be most in need of support and add details regarding other children throughout the document. If there are children with varying additional needs it may be necessary to complete a record per child.								
Surname:	name: Name: Sex: DoB:							
		M) F)	D D M M Y Y					
Address: Number	Address: Number / Street / Townland:							
Town:								
County:								
Ethnicity								
(Mark 'X' in relevant b	oox below)							
1. White Irish		5. Black other						
2. Irish Traveller		6. Chinese						
3. White other (please specify)		7. Other Asian						
4. Black African		8. Other (please specify)						
First Language								
Child:		Parents:						
Is a translator require	Is a translator required for this process? Yes No							
If yes, is the family already using a translator in accessing another service? (If so, please provide details)								

2 - REFERRAL DETAILS						
Lead Practitioner (name):						
Agency / Department:						
Job title:						
Contact details:						
Dates Record Form Commenced and Completed:						
Consent to a Meitheal was provided by: (mark 'X' in relevant box)	Mother	Fath	ner	Both	Other (specify)	
If one parent has not provided consent, is this parent to be invited to the Meitheal meeting?					j ?	

3 -	3 - PRINCIPAL CARERS / PARENTS										
	Surname	Name	Relationship to child / young person	ld / Legal responsibility							
	Address			Yes No							
			Contact tel. nos.	Status (please tick as appropriate):							
1				Living with child:	\bigcirc						
				Living separately: Actively parenting: Not involved in	0						
				child's parenting:	0						
				Deceased:	0						

	Surname	Name	Relationship to child / young person	Legal responsibility?	?
				Yes No No	
	Address		Contact tel. nos.	Status (please tick as appropriate):	:
2				Living with child:	\bigcirc
				Living separately:	\bigcirc
				Actively parenting:	\bigcirc
				Not involved in	
				child's parenting:	\bigcirc
				Deceased:	\bigcirc

4 - OTHER HOUSEHOLD MEMBERS (ADULTS AND CHILDREN)										
Surname	Name	Relationship	Where he/	Date of birth					Also subject	
		to child / young person	she lives	D	D	м	м	Y	Y	to Meitheal?
				D	D	Μ	м	Y	Y	Yes 🔿 No 🔿
				D	D	Μ	м	Y	Y	Yes 🔿 No 🔿
				D	D	Μ	м	Y	Y	Yes 🔿 No 🔿
				D	D	м	м	Y	Y	Yes 🔿 No 🔿
Other siblin	gs (not living	with child)								
					Also subject					
		to child/ young person	she lives	D	D	м	м	Y	Y	to Meitheal?
				D	D	М	М	Y	Y	Yes 🔿 No 🔿
				D	D	М	М	Y	Y	Yes 🔿 No 🔿
				D	D	М	м	Y	Y	Yes 🔿 No 🔿
				D	D	М	м	Y	Y	Yes 🔿 No 🔿
Additional I	nformation									
Please outli	ne any other	relevant informa	ation on the fan	nily s	truc	cture	9			

5 - REASON FOR Meitheal Request

6 - Agencies/organisations/services currently working with/supporting the child/young person & family

If there is / has been engagement with any of the following services, please provide details, including dates of assessments where appropriate and names of professionals involved. Where assessments have taken place, please indicate whether or not the findings and recommendations can be made available to the Meitheal.

Agency / service Please tick appropriate box($$)	Details (name, address and contact details of key person)
Adult Mental Health Services	
Child & Adolescent Mental Health Service	
Child Psychology	
Creche/Childcare Services	
Disability Services	
Drugs and Alcohol Services	
Educational Welfare Officer	
Family Resource Centre	
Family Support	
Gardai	
GP	
Home School Community Liaison Coordinator	
Juvenile Liaison Officer	
Housing Service, local authority	
Parent & Toddler Group	
Public Health Nurse	
Probation Services	
School/Training Centre	
Social Worker	
Sports Club(s)	
Youth Worker	
Other	

Note: For help on completing the following pages, please refer to the Meitheal Toolkit

Background details on the child / young person				
Has the child / young person ever undergone Please tick appropriate box($$)	e any of the following assessments?			
CAMHS (Child Psychiatry) Child & Family Services (Child Psychology) Disability 'Assessment of Need' Initial Assessment (Tusla Social Work) NEPS (Educational Assessment)	Occupational TherapyPhysiotherapySpeech & Language TherapyPrivate AssessmentOther			
If yes, please give details	If yes, please give details			
Are they presently receiving services from any of the	e above? Please tick appropriate box (√) Yes 📃 No 📃			
Are they presently waiting for services from any of t	he above? Please tick appropriate box (\checkmark) Yes \square No \square			
Has any other child / young person in the household	d ever received a service from any of the following?			
	cational Welfare Service strands (EWS)			
If yes, please provide additional information	If yes, please provide additional information			

SECTION 7 - IDENTIFCATION OF STRENGTHS AND NEEDS

7.1 - PHYSICAL AND MENTAL HEALTH - 'Being Healthy'

Factors to bear in mind:

- Physical and mental well-being
- Disabilities
- Growth and development (including development checks)
- Conditions and impairments affecting the child's development & health
- Immunisations
- Major accidents/illnesses
 Hospital admissions
 Substance misuse

- Diet / nourishment
- Exercise / activity / relaxation /
- Gross motor skills (games / sport, etc.)
- Fine motor skills (drawing, etc.)
- Vision and hearing
- Access to and use of dentist, GP, optician etc

Strengths:

- Fears / expression / questioning - Decision making - Games / stories / songs	SECTION 7.2 - EMOTIONAL AND SOCIAL DEVELOPMENT					
 Family and social relationships Knowledge of personal / family history Sense of belonging Experiences of discrimination due to race, religion, age or gender, sexuality, disability Socially confident and independent Positive separation from family Identity, self-image, self-esteem, feeling special / perceptions of self Ability to get on with others, including parents, siblings and friends Whether or not the child makes lasting significant relationships Feeling isolated and solitary Decision making Boundaries / rules knowing when to ask for help Development of self-care skills Social presentation: dress / hygiene / Risky behaviour / actual self-harm Phobias Changes to body / washing / dressing / feeding Psychological development Ability to cope with stress Motivation / positive attitudes Confidence Often unhappy Communication / language / conversation / expression / questioning Games / stories / songs 						
Strengths:	 Family and social relationships Knowledge of personal / family history Sense of belonging Experiences of discrimination due to race, religion, age or gender, sexuality, disability Socially confident and independent Positive separation from family Identity, self-image, self-esteem, feeling special / perceptions of self Ability to get on with others, including parents, siblings and friends Whether or not the child makes lasting significant relationships Feeling isolated and solitary Fears Decision making Ability to communicate 	 for help Development of self-care skills Social presentation: dress / hygiene / Risky behaviour / actual self-harm Phobias Changes to body / washing / dressing / feeding Psychological development Ability to cope with stress Motivation / positive attitudes Confidence Often unhappy Communication / language / conversation / expression / questioning 				

SECTION 7.3 - BEHAVIOURAL DEVELOPMEN	T - 'learning to be responsible'
 Factors to bear in mind: Responses (feelings and actions) to family and others Lifestyle Self-control Quality of early attachments Response to boundaries and authority Response to stress and change Easily distracted 	 Reckless or impulsive activity Behaviour with peers Substance misuse Anti-social behaviour Sexual behaviour Offending / violence / aggression Restless and overactive Attention span / concentration
Strengths:	- -
Needs / challenges:	

SECTION 7.4 - EDUCATION - 'Learning and Ac	chieving' / 'School'
 Factors to bear in mind: Whether or not education needs are being met in school Aspirations / ambition / pupil's confidence and view of progress / motivation/ perseverance Access and engagement Attendance and participation School / college / adult encouragement, interest and support 	 Special educational needs / access to appropriate resources Organising, making connections, being creative / exploring / experimenting Imaginative play and interaction Progress and achievement Play / skills Support with disruption to education
Strengths:	
Needs / challenges:	

SECTION 7.5 - PARENTS OR CARERS						
'being there for me' / 'keeping me safe' / 'everyday care and help' / 'guidance, supporting me to make the right choices' / 'knowing what is going to happen and when'						
 Factors to bear in mind: Basic care / safe housing / water / heating / sanitation facilities Provision of food, warmth, drink, shelter, appropriate clothing Frequency of house, school, employment moves Illness and bereavement Size and composition of household Absent parents, relationship breakdown Parental physical disability and mental health Abusive behaviour 	 Emotional warmth Stimulation Guidance and boundaries Encouraging self-control Modelling positive behaviour Effective and appropriate discipline Security / stability Avoiding over-protection Affectionate, stimulating family environment Praise and encouragement Secure attachments 					
Are there any factors adversely affecting you needs?	r (i.e., parent's) capacity to meet the child's					
- E.g., physical or mental illness; physical or i domestic violence; childhood abuse; histor						
Strengths:						

SECTION 7.6 - FAMILY AND NEIGHBOURHOOD

'understanding my family's history, background and belief' / 'support from family, friends and other people' / 'enough money' / 'comfortable and safe housing' / 'local resources' / work opportunities for my family' / 'belonging'

 Factors to bear in mind: Formal and informal support networks from extended family and others Family's social integration Wider caring and employment roles and responsibilities Building stable relations with family, peers and wider community Helping others / friendships Levels of association for negative relationships Significant events Child's relationship to siblings and other people in family home Employment, income 	 Facilities and services Availability of local resources Whether or not child is integrated or isolated in the community Sleeping arrangements Reason for homelessness Work and shifts / employment / income / benefits Day care Places of worship / transport / shops / leisure facilities Crime / unemployment ASB in the area Social networks Religion
Strengths:	

SECTION 8 - CHILD'S VIEWS

Please add the child's perspective, their views, thoughts, feelings, hopes and fears. Note: If the child's perspective is not included here, please indicate the reason(s) why. Include the three domains of the child's life.

SECTION 9 - SUMMARY OF IDENTIFIED STRENGTHS AND NEEDS

Strengths:

Needs / challenges:

SECTION 10 - DESIRED OUTCOMES

Please outline parents' initial thoughts on what they want the Meitheal to achieve for their family – focus on outcomes

SECTION 11 - MEETING IDENTIFIED NEEDS AND DIFFICULTIES

Please outline your init	tial thoughts on how identified needs and challenges may be met:
By parents, carers or immediate community:	
By statutory, voluntary or community services:	

SECT	SECTION 12 - NEXT STEPS (please mark 'X' in relevant box on right)			
1	Identified needs to be met by Lead Practitioner, working with other agencies as appropriate			
2	2 Multi-agency response - call a Meitheal support meeting			
3	3 Referral to Children & Family Social Work Service			
4	4 Referral to single agency or specialist service			
5	5 No further action required			
In all of the above cases, please send a copy of this completed form to the CFSN Coordinator.				

SECTION 13 - FAMILY AVAILABILITY

Please indicate times/days parents and children are unavailable to attend Meitheal meetings:

SECTION 14 - AGREEMENT

Agreement by parents / carers to information storage and sharing:

- I understand the information that is recorded in this Meitheal Strengths and Needs Record Form.
- I agree that my child will be involved in this Meitheal.
- I agree that this information be stored and used to provide services to myself and the child(ren) for whom I am the parent / carer and to the actions identified on this Meitheal Strengths and Needs Record Form.
- I agree that this information be shared with the following individuals / agencies for the above purposes only:

Name	Agency / Service
	L

I agree that this information, without personal identifying information, may be shared for research purposes, in order to improve services to children and families.

Signed:	Date:
---------	-------

If a concern arises about a child, then Children First Guidance and legislation must be followed.

Please return to:

Child and Family Network Coordinator (please include name, address and contact details of local CFSN Coordinator here)

Meitheal Planning and Review Form - Confidential

CHILD'S DETAILS										
Name:				DoB:		D	Μ	Μ	Υ	Υ
Child's address: (where child lives)					<u> </u>					

	MEETI						
Date:		Is this meeti (mark 'X' in re box)	ng? Ievant	Initial		Review	
Meeting Mer	nbers						
Role	Name			Ageno	cy/Relat	ionship to a	child
Chair							
Lead Practitioner							
Minute Taker							
Apologies							
Role	Name			Ageno	cy/Relat	ionship to a	child

DESIRED OUTCOMES				
Outcome	Indicator			
What do we want this process to achieve for this child? E.g., That the young person will continue in school and engage positively.	How will we know they it has been achieved? E.g., Fewer than 10 days absence in next school term. Qualitative Report from teacher and child on how the child is doing at school.			
	Outcome What do we want this process to achieve for this child? E.g., That the young person will continue in school and			

	REVIEW OF PREVIOUS ACTIONS / SUMMARY OF DISCUSSION				
	Previous actions	Review Comments /Outcomes			
1					
2					
3					
4					

Summary of discussion (Box below will expand automatically if typing. If using hard copy of form, please use separate sheet for this section.)

	ACTION PLAN				
Ple	**Please ensure that responsibility for each action is attributed to a named individual.				
No.	Action	Responsibility	Timeframe	Outcome to which action relates	

NEXT Meitheal MEETING		
Date:	Location:	

	FOR OFFICE USE ONLY			
Date minutes circulated:		Signature of chair:		

Meitheal Closure and Feedback Form

Section 1 provides a record	of the closure proc	of a Meitheal with a child/ young person. ess. Section 2 provides a closure outcomes supportive intervention delivered.		
SECTION 1 - MEITHEAL CLO	OSURE RECORD (I	PLEASE USE BLOCK CAPITALS)		
A. Details of the child or yo	oung person			
Surname		Child/young person's first name		
Date of birth/Estimated dat	e of delivery	D D M M Y E A R		
Contact telephone number	for the family			
Address				
Town		County		
B. Date of closure		D D M M Y E A R		
C. Reasons for closure	Please tick appro	opriate box		
Needs met/ Outcomes achieved	Child deceased	Support to be delivered by a single agency		
Moved out of the area	Referred to specialist service	Referral to and accepted byChildren and Family Social Work		
Withdrawal of parental consent	No further actions identified	Needs/outcomes partially but sufficiently met/achieved		
Other (If you ticked other,	please give details	below):		
If support is to be provided	by a single agency	, please give details:		
If the child has been referre Referral made by	ed to a service, plea	ase provide the following details: to Date		
D. Summary of Progress, O	utcomes and Outs	tanding Unmet Needs		
Progress				
Outcomes Achieved				
Outstanding Unmet Needs	(Complete Section	2 to support this)		
E. Signature				
Lead Practitioner Signature		Parent/ Carer Consent Signature		
Date D D M M	Y E A R	Date D D M M Y E A R		

SECTION 2 - OUTCOMES CHECKLIST

This Outcomes Checklist has two purposes. *Firstly* to help decide whether a Meitheal is required and *secondly* to assist with the measurement of progress towards desired outcomes.

Progress towards long-term outcomes - Tick the box as appropriate **Red - No progress** (0/3 positive indicators) **Amber - Some progress** (1 or 2 positive indicators) **Green - on target** (3/3 positive indicators)

1.	1. Healthy? (Physical, emotional, mental, sexual health. healthy lifestyle, parents/ carers and family promoting healthy choices)					
Po	ositive indicators	RED	AMBER	GREEN	Reasons for rating	
1						
2						
3						

2.	Supported in active learning? (Ready for, attending and enjoying school, pre-school etc, personal & social achievement & development with parents/ carers & family support)					
Positive indicators RED AMBER GREEN Reasons for rating					Reasons for rating	
1						
2						
3						

3.	Safe from harm - accidental & intentional/ secure in the immediate and wider physical environment? (Neglect, harm, exploitation, injury, bullying, discrimination, crime, antisocial behaviour, secure and stable care from parents/ carers & family)						
Pc	Positive indicators RED AMBER GREEN Reasons for rating						
1							
2							
3							

4.	 Economically secure? (Free from the negative impacts of poverty, appropriate housing, income & economic activity for parents/ carers & family) 						
Pc	ositive indicators	RED	AMBER	GREEN	Reasons for rating		
1							
2							
3							

5. Part of positive networks of family, friends, neighbours and community/included and
participating in society? (Making a positive contribution, positive & confident decisions,
behaviour & relationships in school, community, environment, with parents/ carers or
family support)Positive indicatorsREDAMBERGREENReasons for rating

P	ositive indicators	RED	AMBER	GREEN	Reasons for rating
1					
2					
3					

SECTION 3 - MEITHEAL FEEDBACK RECORD								
A. Practitioner F involved in th	eedback (please copy thi nis Meitheal)	s section and co	mplete for each p	ractitioner				
Name		Organisation						
	 Was progress made towards improving outcomes for the child/young person? 							
Comments:	Comments:							
2. Was Meithea for this child	l a good approach to imp ?	roving outcomes	5	Yes 🗌 No 🗌				
Comments:								
3. Did Meitheal other agencie	enable you to work in a n es?	nore integrated v	way with	Yes 🗌 No 🗌				
Comments:								
	enable you to provide a r of the child/ young perso		d response	Yes No				
Comments:								
Overall Commer	it:							
Please use the headings below to document any service gaps highlighted by this Meitheal that could inform yourArea Commissioning Plan.								
Type of service required by level of Hardiker Model	Outcome/s to be addressed by service Healthy Supported in active learning; Safe from harm; Economically secure; Part of positive networks.	Target group, if child give age range, if population grouping specify	Description of type of service required	Geographical area to be covered				

SECTION 3 - MEITHEAL FEEDBACK RECORD (continued)						
B. Parent/ Carer Feedback:						
 Was progress made towards improving out child/young person? 	comes for your	Yes 🗌 No 🗌				
Comments						
2. Do you think Meitheal led to your family be	ing supported effectively?	Yes No				
Comments						
3. Did you feel that you were involved in maki to your child?	Yes 🗌 No 🗌					
Comments						
4. Did you feel you were involved in making d to your child?	ecisions in relation	Yes 🗌 No 🗌				
Comments						
5. Were your views included in Meitheal docu	mentation?	Yes No				
Comments						
6. Would you know how to access support for in the future?	yourself as parent	Yes No				
Comments						
Overall Comments						
Please tell us about any service you feel should	l be developed in your local a	rea				
Description of type of service required	vered					

SECTION 3 - MEITHEAL FEEDBACK RECORD (continued)						
C. Child/Young person Feedback						
1. Do you think that things have got better for	r you? Yes 🗌 No 🗌]				
Comments						
2. Was Meitheal a good way of helping you?	Yes No					
Comments						
3. Were your views taken on board in the Meit	heal? Yes No]				
Comments						
Please tell us about any service you feel should	l be developed in your local area					
Description of type of service required	Geographical area to be covered					
	1					



APPENDIX

Meitheal Outcomes Checklist

Identifying details (PLEASE USE BLOCK CAPITALS)						
Surname:	Child/ young person's first name:					
Also known as:	Sex: Please tick appropriate box:					
	M F C					
Date of birth/ Estimated date of delivery:	Contact telephone number for the family:					
D D M M Y E A R						
Full Address: House or Apartment Name/ Num	ber					
Street:						
Town:	County:					

This Outcomes Checklist has two purposes. *Firstly* to help decide whether a Meitheal is required and *secondly* to assist with the measurement of progress towards desired outcomes.

Progress towards long-term outcomes - Tick the box as appropriate **Red - No progress** (0/3 positive indicators) **Amber - Some progress** (1 or 2 positive indicators) **Green - on target** (3/3 positive indicators)

1.	1. Healthy? (Physical, emotional, mental, sexual health. healthy lifestyle, parents/ carers and family promoting healthy choices)						
Pc	sitive indicators	RED	AMBER	GREEN	Reasons for rating		
1							
2							
3							

2.	• Supported in active learning? (Ready for, attending and enjoying school, pre-school etc, personal & social achievement & development with parents/ carers & family support)					
Positive indicators RED AMBER GREEN Reasons for rating						
1						
2						
3						

3.	3. Safe from harm - accidental & intentional/ secure in the immediate and wider physical environment? (Neglect, harm, exploitation, injury, bullying, discrimination, crime, antisocial behaviour, secure and stable care from parents/ carers & family)						
Po	ositive indicators	RED	AMBER	GREEN	Reasons for rating		
1							
2							
3							

4.	4. Economically secure? (Free from the negative impacts of poverty, appropriate housing, income & economic activity for parents/ carers & family)								
Positive indicators		RED	AMBER	GREEN	Reasons for rating				
1									
2									
3									

Г

5.	Part of positive networks of family, friends, neighbours and community/included and participating in society? (Making a positive contribution, positive & confident decisions, behaviour & relationships in school, community, environment, with parents/ carers or family support)								
Po	ositive indicators	RED	AMBER	GREEN	Reasons for rating				
1									
2									
3									

TRANSLATOR CONFIDENTIALITY AGREEMENT

This form must be completed for each Meitheal where a translator is required and applies to meetings, emails and translation of minutes or correspondence that may arise from the Meitheal

I, (print name) ______ agree to interpret for the Meitheal for (print name of young person/ family involved in the Meitheal)

- I hereby agree not to reveal the content of these discussions/ documents to anyone outside this process.
- I also agree to interpret accurately and faithfully, even if the statements made or queries raised are contrary to my own beliefs.

Signed (interpreter):

Address:

Signed (parent of young person):

Signed (Meitheal representative):

Date:

- This form must be completed each time an interpreter is used and submitted with the claim form.
- No claim for payment will be considered unless accompanied by this form.
- The interpreter is advised that the same confidentiality clause is applied to telephone conversations.



Document reference number	Family Support document 2	Document drafted by	Marie Crawley, ION, Sligo/Leitrim, Kirsten Simring, LANS, Limerick. Colin Harrison, ION, Sligo/Leitrim Fergal Landy, CFRC, NUIG Dr Aisling Gillen (the Agency)
Revision number	2	Document approved by	Mr Paul Harrison, Head of Policy & Strategy, the Agency
Approval date	1-07-2013	Responsibility for implementation	Area Managers, Regional Directors, all staff of the Agency and partner organisations
Revision date	4-04-2014	Responsibility for evaluation and audit	Area Managers, Regional Directors, National Specialist
		Pages	56