

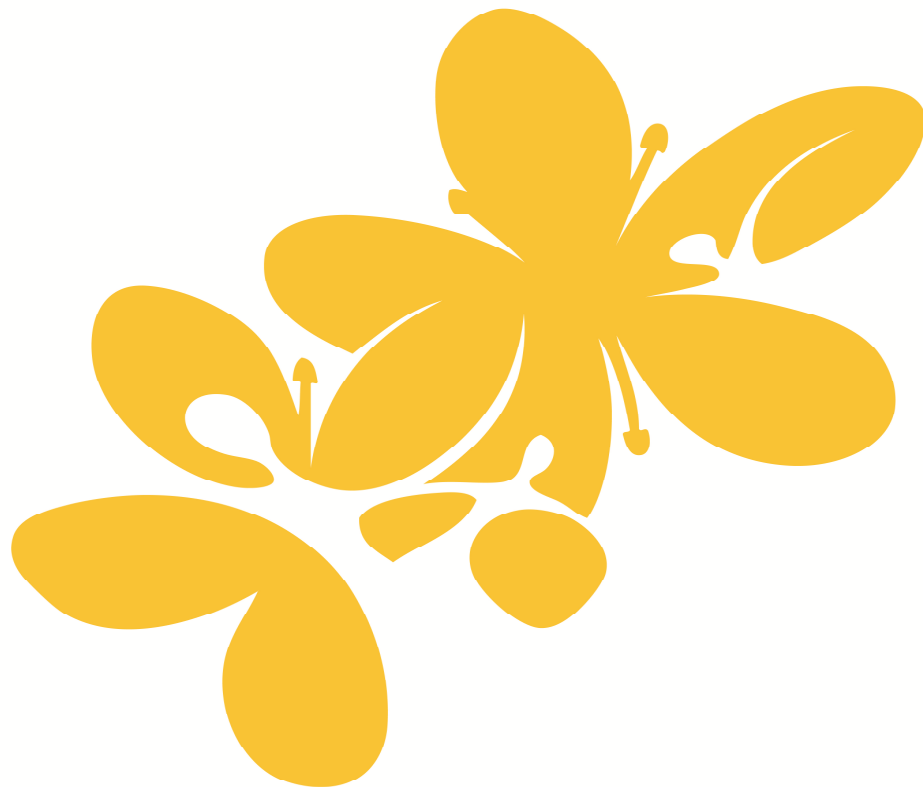
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# Annual Report

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2012

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A large, stylized yellow butterfly graphic is centered on the page. The butterfly has several large, rounded wings and a simple body with antennae. It is positioned behind the text, partially overlapping it.

## **Mission Statement**

*To work in partnership with statutory, voluntary and community sectors to significantly reduce the harm caused by substance misuse through a concerted focus on: Supply Reduction, Education, Prevention, Treatment, Rehabilitation and Research*

## Chairperson's address



As Chairperson of the Western Region Drugs Task Force it is my pleasure to present to you our annual report for 2012 and to review another significant year for the organisation. Keeping in mind our Mission Statement at all times, our board, staff and funded workers have worked tirelessly during the year to bring a top quality service to our clients throughout the region by embracing the five pillars of the National Drugs Strategy: Supply Reduction, Prevention, Treatment, Rehabilitation and Research. It has been a very active one for us and the past year has seen the WRDTF make substantial progress in a number of directions including:

- A very successful Drug and Alcohol Awareness Week in November
- The launch of the Festival Care Guide
- Ratification of the Operational Guidelines
- Publication of our first newsletter: TF News
- Development of the WRDTF Training Calendar

I would like to take this opportunity to thank the diligent work and commitment of:

All Task Force members and staff, funded workers, host organisations and the many voluntary and community groups throughout the region who interact with us during the year. It is only through their collective hard work and dedication that we will achieve our goals as outlined in the National Drug Strategy.

I would like to thank our channel of funding, the HSE and Department of Health who continue to fund our activities despite the many demands on resources. Without this funding, we could not provide such a high level of interaction with our stakeholders.

It is such great support that enables us to look forward to 2013 with confidence, meet the ongoing challenges and continue to develop the Task Force in the best interests of the communities that we serve.

Martin Lee

Chairperson

# Highlights of the Year

## WRDTF Drug and Alcohol Awareness Week

The Drug and Alcohol Awareness week was the first regional week to take place after the very successful Mayo Awareness event in 2011. It was held in Galway, Mayo and Roscommon from the 12<sup>th</sup> to the 18<sup>th</sup> November. There was a packed programme of activities and information events rolled out across many towns in the region. It was the first region-wide focus that put drugs and particularly alcohol under the spotlight.

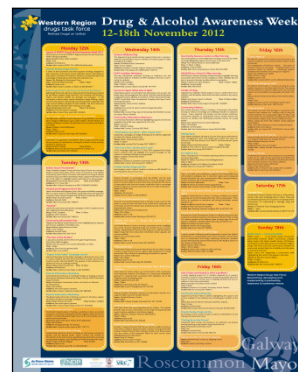
It was launched in Breaffy House, Castlebar, by Dara Calleary, Fianna Fáil TD for Mayo. Its purpose was to increase public awareness around drug and alcohol related issues in the region and highlight drug & alcohol support services to people in Mayo, Galway and Roscommon. It had a special focus on the many needs of families faced with drug or alcohol difficulties. Its aim was also to highlight alcohol as the most widely misused drug in the region.

Of the fifty-two events that took place, twenty-seven of those were from community and voluntary groups who were awarded small grants from the WRDTF. These ranged from coffee mornings to parent information evenings to flash mobs, art and sport. The first issue of our Newsletter *TF News* is devoted to the events of the week.

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*52 events took place throughout  
counties Mayo, Roscommon and Galway*

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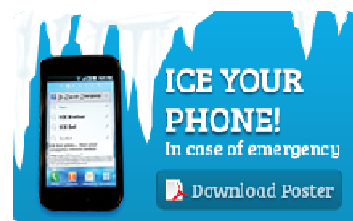


## ICE Campaign

Following on from the success of the ICE Campaign in 2011, it was rolled out again this year with a radio campaign beginning on November 1st.

This campaign 'In Case of Emergency' is to encourage people to store their next of kin's contact details in their mobile phone. An advertisement campaign in relation to it was run in the main papers of the three counties and also on Galway Bay FM.

A Facebook page was developed as part of the social media campaign. The information was also forwarded to An Garda Síochána for distribution and placed on their website, public notice boards, staff rooms and within the emergency services.



## **CRAFT**

Community Reinforcement and Family Training (CRAFT) was held in the Clayton Hotel on 27<sup>th</sup> and 28<sup>th</sup> of February. It was presented by Robert J. Meyers, PhD, from the University of Mexico, who created and developed the training. The CRAFT programme works to change a patient's environment in order to make a non-substance using lifestyle more rewarding than one focussed on the use of alcohol or other drugs. In the CRAFT model, concerned significant others (CSOs) are the focus of the therapy instead of the substance abuser. CSOs receive training to change their interactions with the substance-using person, reducing their enabling behaviours and improving their communication strategies.

The two-day training course was open to all front line workers in the region and was available only to those who worked directly with family members of people with addictions. It covered many aspects of community reinforcement and family training, including the scientific support for CRAFT and new uses.

It initially consisted of on-site training with Dr Meyers. The applicant had to be in a position to participate in a peer-led support group monthly to discuss how he/she was proceeding with the process of accreditation.

To become accredited the individual also had to be in a position to audio tape sessions with family members as part of the accreditation process. The finished tapes were sent to the US for assessment.

Already a number of participants have been accredited.

## **Drug Driving Campaign**

The Western Region Drugs Task Force in conjunction with the Road Safety authority (RSA) and An Garda Síochána, launched a campaign to highlight that driving under the influence of drugs is just as dangerous as driving under the influence of alcohol. 'It's also against the law,' said Noel Brett, Chief Executive of the RSA when it was launched in Ballina, Co. Mayo on November 19<sup>th</sup>



The clear message to drug drivers was, "Say goodbye to your licence and hello to An Garda Síochána". This banishes any notion that drug drivers are either competent or undetectable.

Radio interviews, over five radio stations in the three counties, highlighted the campaign and raised awareness.

Garda Commissioner for the West, Donal Ó Cualáin, said that driving under the influence of drink or drugs not only put the driver at risk but also innocent passengers and other road users.

Photo from left to right: Noel Brett, RSA; Martin Lee, Chairperson; Edith Geraghty, Managing director; Donal Ó Cualáin, Garda Commissioner for the West.

## **Drug and Alcohol Small Grants and Family Support Grants**

There were two rounds of the grants in May and November.

In May, the Admin/Finance sub-group reviewed a total of 41 applicants in relation to Small Grants. Of those, 16 were successful, which was a total of €13,035 granted.

Eleven organisations applied for the Family Support Grants. There were 7 successful applicants with a total of €11,900 granted.

In November, the Admin/Finance group reviewed and signed off on Round 2, 2012 Drug & Alcohol Small Grants and Family Support Grants.

There were 11 applications for the Family Support Grant and ten of those were successful. A total of €10,000 was paid out on this grant.

17 organisations applied for funding for the Small Grants. There were 11 successful applicants. A total of €10,000 was paid out on this grant.

See Appendices for list of successful applicants.

### **WRDTF Stand at the Volvo Ocean Race**

A stand was acquired in the Jigsaw tent at the Volvo Ocean race. The large footfall was an ideal opportunity to highlight the work of the WRDTF. The public and workers from other agencies stopped at the stand to enquire about the work of the organisation and avail of the literature outlining the many facets of the WRDTF. Parents and young people were particularly happy with the literature and fridge magnets on the Teenage Years.



Gary Kyne, office administrator, and Neil Wilson, Education Support Worker manning the WRDTF stand





# Overview of 2012

## **Prevention**

The Fancy Backpacking and Crime Stopper posters were distributed to schools and youth clubs in the three counties.

The launch of the Festival Care Booklet took place on 26<sup>th</sup> June in the Galway City Museum. It was launched by Mayor Terry O'Flaherty. As former representative on the Task Force Committee she was delighted to do the honours. (See highlights)

The National *Putting the Pieces Together* Training was held in Athlone

The Task Force supported attendance at the ADHD Conference which took place on the 5<sup>th</sup> October in the Sheraton Hotel Athlone. INCADDS ran a seminar titled 'Psychological thinking and treatment into making an invisible disability transparent' 'Fireworks in the Brain'.

The Drug and Alcohol Awareness Week took place from 12<sup>th</sup>-18<sup>th</sup> November with a packed programme of events throughout Galway Mayo and Roscommon. The launch was held in Breaffy House, Castlebar and guest speaker was Dara Calleary, Fianna Fáil TD for Mayo. (See highlights)

On 19<sup>th</sup> November the WRDTF in conjunction with the Road Safety Authority and An Garda Síochána launched a campaign, in Ballina, Co. Mayo, to highlight that driving under the influence of drugs is just as dangerous as driving under the influence of alcohol. The clear message to drug drivers was to 'Say goodbye to your licence and hello to An Garda Síochána.'

Numerous prevention education initiatives took place throughout the year including the continued roll out of the Parent Drug Education Multi-Agency Initiative.

Prevention/Education Sub-group meetings took place in 2012.

## **Treatment & Rehab**

Stephen Coyne, HSE Community Substance Misuse Counsellor presented information on diagnostic tools to identify ADHD and substance use at the WRDTF Meeting on the 22<sup>nd</sup> February

Community Reinforcement and Family Training (CRAFT) was held in the Clayton Hotel on February 27<sup>th</sup> and 28<sup>th</sup>. It was presented by Robert J. Meyers, PhD. (See highlights)

Brendan Murphy gave a presentation on the INDRIC model to WRDTF.

From the group trained in February in the Clayton, Olive Bane HSE West Drug Counsellor became the first person in the west of Ireland accredited with CRAFT Training.

Family Support grants were advertised and awarded to groups in the region.

## **Admin/Finance**

The Admin/Finance group reviewed both rounds of the Small Grants and Family Support Grants (See highlights for details.)

The Task Force AGM took place on the 5<sup>th</sup> July. The admin/group reviewed and signed off on the WRDTF Accounts for 2011. Pauline Busby resigned as Company secretary and was replaced by Edith Geraghty.

After months of negotiation the Chairperson and the office administrator successfully negotiated a reduced lease for the Task Force Offices.

The Admin group reviewed the 2012 Small Grants & Family Support Grants Application forms. A number of changes were made to the forms including making them colour coded.

Admin/Finance Sub-group meetings took place in 2012.

## **Research/Evaluation**

The Research Evaluation Sub-group worked on the proposal for research on Substance Use and ADHD, a joint project with INCADDS (Irish National Council for AD/HD Support Groups). A researcher was selected and the research will be carried out between January and September 2013.

Project Steering Committees for each of the funded posts took place on a quarterly basis throughout the year.

A tender document was developed and advertised for the Evaluation of Parents Drug Education Multi-agency Initiative. After a selection process, a researcher was chosen to complete this evaluation. The evaluation will be completed between January and April 2013 and will be overseen by the Research/ Evaluation sub-group.

Research/Evaluation sub-group meetings took place in 2012.

## **WRDTF Committee and Team**

The DPU carried out a review of all RDTFs which was to be completed by April 1<sup>st</sup>. The Task Force staff circulated a questionnaire to all Task Force representatives and asked them to answer the following three questions.

1. Drug use in your area.
2. Emerging trends in drug use.
3. Identify the main service gaps and major blockages to delivering a more effective drug service and successful outcome for problem drug users in your area.

This information was compiled and a report was sent to the DPU.

Conference call facilities came online in the meeting room at the Task Force offices and were used for a number of meetings.

The Service Level Agreements (SLAs) were sent to all host organisations for completion.

A staff information day took place on the 29<sup>th</sup> August in the Clayton. At the meeting everyone was thanked for their work throughout the year. Discussions took place around the upcoming 2012 Drug & Alcohol Awareness week, and the publication of a newsletter.

The WRDTF website was updated to incorporate the ICE Campaign. The campaign was rolled out on radio and posters from November 1<sup>st</sup> 2012 to January 31<sup>st</sup> 2013.

Bi-annual funding was released to the host agencies in January and July.

The First Task Force newsletter was launched on the 13<sup>th</sup> December.

On December 10<sup>th</sup> 2012 the Task Force received a 3% funding cut. The committee met on December 13<sup>th</sup> to review the cuts. A number of options were made available to the Task Force. The group agreed to cut the funding for the NUIG substance Misuse Counsellor.

In line with the DPU request, work on the operational guidelines began. A Task Force facilitation day to review the draft Guidelines was held in the Clayton Hotel on Tuesday 20<sup>th</sup> November 2012. The Guidelines were ratified by the Task Force on December 13<sup>th</sup>.

A WRDTF training calendar was developed and includes all trainings available from the Education Support Workers funded by the Task Force. The calendar will also include training delivered by some external agencies in conjunction with the WRDTF e.g. National Family Support Network. The calendar will be circulated widely in early 2013.

Working in partnership with the Galway Healthy Cities Alcohol Forum, members of TF staff have been engaged in the development of a 5-year strategy for Galway City. Wide consultation has taken place and the group receives support from alcohol specialist, Dr Ann Hope. This document fits well with the national and regional strategies and will be launched by Minister Alex White in early 2013.

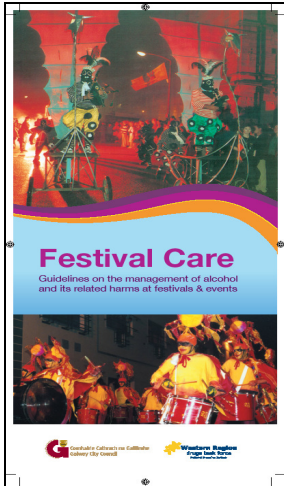
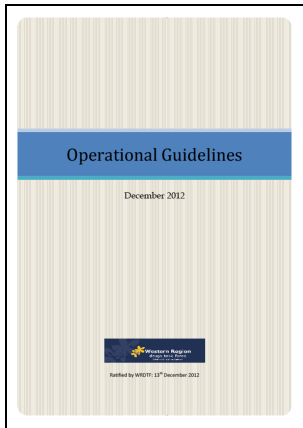
### **Directors, funded workers and staff of WRDTF at the Information Day, August 2012**



**Back Row from left:** Pat Conway, CLW, Gillian Conway, ESW, Patricia Mullins, Substance Misuse Counsellor for the Homeless, Neil Wilson, ESW; Liam O'Loughlin, CLW; Tara Hynes, NUIG Counsellor; Emmet Major, CLW; Gary Kyne, office administrator, WRDTF.

**Front Row from left:** Martin Lee, chairperson; Edith Geraghty, managing director; Geraldine Mills, project support; Fiona Walsh, HSE; Orla Walshe, project development worker.

# WRDTF Publications 2012



## Festival Care Guide: Guidelines on the management of alcohol and its related harms at festivals and events

In conjunction with Galway City Council, a Festival Care Guide was launched on 26<sup>th</sup> June in the Galway City Museum by Mayor Terry O’Flaherty prior to the Volvo Ocean Race. Based on the North West Alcohol Forum document, it is to be used as a support rather than a comprehensive festival plan. It aims to assist festival organisers or promoters to address the possible negative consequences that arise from alcohol misuse by offering guidance on the management of alcohol and its related harms at events. It also provides a communication plan for events that focuses on issues such as personal safety and information for parents. It includes information on Open Space Permits, licences for outdoor events, what to do in an emergency and checklist for festival organisers. The Task Force is in the process of rolling this out throughout the region.

## Operational Guidelines

Another large project which was completed this year was the Operational Guidelines document. In line with the directive from the DPU and referring to: the Local and Regional Drugs Task Forces Handbook, February 2011, the Template from the National Drugs Strategy Team (January 2005) and the minutes of the WRDTF Committee meetings, a draft document was drawn up.

The document contains objectives; terms of reference and composition of the Task Force; Task Force meetings; sub-groups; monitoring and evaluation of TF projects; funding and finances.

Before it was sent to the DPU, a facilitation day to ratify outstanding items of the draft was held in the Clayton Hotel on Tuesday 20<sup>th</sup> November 2012 at 10.00am.

The final document was ratified at the Task Force meeting on 13<sup>th</sup> December and forwarded to the DPU.

### **TF News**

It was decided that the Task Force would produce a newsletter that would inform the main funders, board, staff, funded workers and communities of activities within the WRDTF. Its aim is to keep representatives up-to-date on all funded projects, publications and services in the region. It will be published a number of times a year to highlight the initiatives/projects engaged in, or developed by the management, funded workers and staff of the WRDTF.

The first issue focused on the very successful Drug and Alcohol Awareness week, 2012. A total of fifty-two events were held in counties Galway, Mayo & Roscommon between the 12th and 18th of November. All events were mentioned in the issue and those that were highlighted included 'Success in Sport'; 'Teenage years'; 'Empowering the Community'; 'Sozzled' and Alcohol and Pregnancy Don't Mix.

## Task Force Representation 2012

<b>NAME</b>	<b>ORGANISATION</b>	<b>ROLE IN TASK FORCE</b>
<b>Mr Martin Lee</b>	Independent Chairperson	Cathaoirleach
<b>Mr Ger Kirby</b>	Drug Advisory Group (DAG)	Drug Advisory Group Liaison
<b>Ms Bridget Wing</b>	Service User Support Team	Service Users Representative
<b>Ms Edith Geraghty</b>	Co. Mayo Community Forum	Community Representative
<b>Ms Rose Kavanagh</b>	Galway City Community Forum	Community Representative
<b>Mr Dan Dowling</b>	Co Galway, Community Forum	Community Representative
<b>Ms Mary G. Duffy</b>	Co. Mayo Community Forum	Community Representative
<b>Mr Anthony Geraghty</b>	South Co. Roscommon Community Forum	Community Representative
<b>Cllr. Eugene McCormack</b>	Mayo County Council	Public Representative
<b>Cllr. John Cummins</b>	Roscommon County Council	Public Representative
<b>Cllr. Kevin Ryan</b>	Galway City Council	Public Representative
<b>Cllr. Tomás O' Curraoin</b>	Galway County Council	Public Representative
<b>Mr John Flannery</b>	AIDS West	Voluntary Representative
<b>Ms Mary Falvey</b>	Cuan Mhuire	Voluntary Representative
<b>Ms Gemma Carrabine</b>	Galway Simon Community	Voluntary Representative,
<b>Ms Michelle Reynolds</b>	Foróige	Voluntary Representative
<b>Mr Martin O'Connor</b>	COPE, Galway	Voluntary Representative
<b>Mr Brian O'Malley</b>	HSE Alcohol Services Mental Health	HSE Representative
<b>Mr Liam Hanrahan</b>	Galway City Council	Galway City Council Representative
<b>Ms Judy Minihan</b>	Customs & Excise	Customs & Excise Representative

<b>Ms Ursula Fernee</b>	The Probation Service	The Probation Services Representative
<b>Supt Gerry Roche</b>	An Garda Síochána	An Garda Síochána Representative
<b>Ms Eithne Nic Dhonnchadha</b>	County Galway VEC	VEC/Dept. of Education & Skills Representative
<b>Ms Fiona Walsh</b>	HSE Western Area Drugs Service	HSE West Representative
<b>Mr David Collins</b>	Traveller Health Unit	Traveller Representative
<b>Ms Linda Sice</b>	Roscommon Integrated Cultural Dev. Company	Regional Partnership Representative
<b>Ms Orla Walshe</b>	WRDTF Project Development Worker	Task Force Support Team
<b>Mr Gary Kyne</b>	WRDTF Administrator	Task Force Support Team

### **WRDTF Sub-groups**

#### **Prevention Education**

<b>NAME</b>	<b>ORGANISATION</b>	<b>ROLE IN SUB-GROUP</b>
<b>Ms Eithne Nic Dhonnchadha</b>	County Galway VEC	Regional VEC and Dept. of Education Representative
<b>Ms Rose Kavanagh</b>	Galway City Community Forum	Community Representative
<b>Det. Insp. Gerry Roche</b>	An Garda Síochána	An Garda Síochána Representative
<b>Mr Neil Wilson</b>	AIDS West	AIDS West Representative
<b>Garda Sandra Waldron</b>	An Garda Síochána	An Garda Síochána Representative
<b>Dan Dowling</b>	Co. Galway Community Forum	Community Representative
<b>Gillian Conway</b>	South West Mayo Integrated Development Company	South West Mayo Integrated Development Company
<b>Garda P J Noone</b>	An Garda Síochána	An Garda Síochána Representative

<b>Ms Orla Walshe</b>	WRDTF Project Development Worker	Task Force Support Team
<b>Mr Gary Kyne</b>	WRDTF Administrator	Task Force Support Team

**Treatment & Rehab:**

<b>NAME</b>	<b>ORGANISATION</b>	<b>ROLE IN SUB-GROUP</b>
<b>Dolores Duggan</b>	Hope House	Voluntary Representative
<b>Ms Fiona Walsh</b>	HSE Western Area Drug Service	HSE West Representative
<b>Mr Liam O' Loughlin</b>	Galway City VEC	Galway City VEC Representative
<b>Ms Tara Campbell</b>	NUIG	NUIG Representative
<b>Mr John Flannery</b>	AIDS West	Voluntary Representative
<b>Mr Gerard Harrison</b>	HSE West	HSE West Representative
<b>Ms Gemma Carrabine</b>	Galway Simon Community	Voluntary Representative
<b>Ms Mags Nash</b>	Bushypark Treatment Centre	Voluntary Representative,
<b>Ms Mary Falvey</b>	Cuan Mhuire	Voluntary Representative
<b>Brian O' Malley</b>	HSE West- Mental Health	HSE West Representative
<b>Ms Orla Walshe</b>	WRDTF Project Development Worker	Task Force Support Team
<b>Mr Gary Kyne</b>	WRDTF Administrator	Task Force Support Team

**Admin/Finance:**

<b>NAME</b>	<b>ORGANISATION</b>	<b>ROLE IN SUB-GROUP</b>
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<b>Mr Martin Lee</b>	WRDTF Chairperson	Cathaoirleach
<b>Det. Insp. Tom Fitzmaurice</b>	An Garda Síochána	An Garda Síochána Representative
<b>Ms Judy Minihan</b>	Customs & Excise	Customs & Excise Representative
<b>Mr Ger Kirby</b>	Drug Advisory Group Liaison	Drug Advisory Group Liaison
<b>Mr Con Moynihan</b>	HSE West	HSE (Channel of funding representative)
<b>Mr John Flannery</b>	AIDS West	Voluntary Representative
<b>Ms Edith Geraghty</b>	Co Mayo Community Forum	Managing Director Community Representative
<b>Ms Fiona Walsh</b>	HSE Western Area Drug Service	HSE West Representative
<b>Mr Gary Kyne</b>	WRDTF Administrator	Task Force Support Team

**Research/ Evaluation:**

<b>NAME</b>	<b>ORGANISATION</b>	<b>ROLE IN SUB-GROUP</b>
<b>Ms Gemma Carrabine</b>	Galway Simon Community	Voluntary Sector Representative,
<b>Ms Fiona Walsh</b>	HSE Western Area Drug Service	HSE West Representative
<b>Ms Michelle Reynolds</b>	Foróige	Voluntary Representative
<b>Dr Brian McGrath</b>	NUI Galway	Research Representative
<b>Ms Bridget Wing</b>	Galway Simon Community	Service User Representative
<b>Ms Orla Walshe</b>	WRDTF Project Development Worker	Task Force Support Team

## Appendices

## Appendix 1: WRDTF Small Grants Fund: Summary Table May 8<sup>th</sup> 2012

Grant available €20,000

Applicant	Project Detail	Location	Amount Approved
Cairdeas, Kilmovee Family Resource Centre	An open evening for parents on drug and alcohol awareness and a second evening for the Foroige Club on the same subject. Foroige night 40 young people age 12-16 plus 5 leaders and assistants.  Parents' night: 40 parents of young people.	Kilmovee, Ballaghderreen, Co. Mayo	€140
Youth Work Ireland, The Loughrea Project	(1) To Challenge young people's attitude towards drinking.(4 workshops 1.5 hrs each).( 2) Media Analysis on how the alcohol industry targets young people ( 4 workshops 1.5hrs each). To be delivered in local vocational school with20- 30 transition year students.	King Street, Loughrea, Co. Galway	€415
The Quad Youth Centre	A summer programme over 2 weeks to teach basic life skills to young people identified as at risk of early school leaving and who are engaged in under-age drinking. Budgeting ,cooking, filling out forms, coping mechanisms if things are difficult rather than dropping out of school or turning to alcohol/drugs	Circular Road, Roscommon	€1000
On the Road Again	The OTRA programme is designed to help people suffering from homeless, mental health and addiction issues to rehabilitate their lives by enrolling them in a structured running programme. It is a personal development and rehabilitation programme that capitalises on the benefits of fitness. A goal-orientated programme that develops discipline and motivation.	1 Bridgewater Court, Lower Fairhill Road, Galway	€1000
Centre For Sign Language Studies	Training Workshops using CSL trainers in partnership with WRDTF trainers to support deaf and hard of hearing people with information on drug use and its effects. A deaf facilitator to promote awareness training on the effects of drugs to the local deaf community. Compilation of content for this signed information DVD on drugs.	Tuam Road Retail Park, Tuam Rd. Galway City	€1000
Social Norms Marketing GMIT	To develop an ' Alcohol Social Norms Marketing Toolkit' based on the GMIT template to be offered as a resource to youth groups, communities, secondary	c/o South West Mayo Development Co.	€750

	schools etc.	Balla, Co. Mayo	
Project Match, Castlerea	To engage students of TY programme of Castlerea Community School in a variety of projects over 26 weeks it include: Drugs and Awareness sessions; Big Brother/Big Sister Project; WRDTF Parents Drug Education Initiative; Stress management/ Team Building, etc	The Old Mill, Castlerea, Co. Roscommon	€400
shOUT LGBT Youth Club	Using the practical tools of 'Mindfulness' and 'Putting the Pieces Together' and combining with a graffiti workshop and float building, participants will build a float for Pride parade in Galway, to build confidence 'to come out' Costumes and masks will be incorporated into the design to allow LGBT people to engage incognito if necessary. Work produced will carry WRDTF logo.	Youth Work Ireland, 41-43 Prospect Hill, Galway	€320
The Learning Curve Institute	To offer bursaries/free places to unemployed applicants who have a history of drug/alcohol abuse or direct experience of addiction so that they can take part in the FETAC Level F Minor Award in Drug and Alcohol Addiction.	Rushbrook, Clogher, Westport, Co. Mayo	€2000
The Galway Simon Community	To offer a series of relaxation techniques for stress management to substance misusers of homeless services in Galway city to help them to move towards positive change in their lives. 4 sessions per person for 10 participants.	Unit 18, Tuam Road Centre, Galway	€1000
Tacú FRC Ballinrobe, Youth Positive Mental Health Working Group	A pilot initiative to engage with TY students of Ballinrobe Community School to look at Attitudes towards Alcohol, Drug and Alcohol Awareness sessions, Stress management, WRDTF Parents Drug Education Initiative and address the problem of underage and binge drinking.	Tacú FRC, Credit Union House, Main Street, Ballinrobe, Co.Mayo	€400
Westside Youth Project	To offer Putting the Pieces Together Programme to the Art Group of the Westside Youth Project and combining it with activities such as creative writing, drama, circus, graffiti and eco-art delivered by professional facilitators. Programme to run for 8 weeks and participants will meet for 2 hours ,45 mins of PTPT break and 1hr art.	Corrach Buí Community Centre, Circular Road, Galway	€400
Ballinasloe Substance Misuse Response Group	Running costs of the BSMRG which have been dependent on the Small Grant Funding and Family support Grant to continue its services to include a volunteer-led 'Drop-in Information Service' and facilitator-led 'Family Support Group' and information stalls.	Canal House, Harbour Road, Ballinasloe, Galway	€1000
The Galway Simon Community	Complementary Therapy Programme that will be available to homeless people, domestic violence female service users and members of the Travelling community to include: massage, acupuncture, reflexology, shiatsu, to build self-esteem and empower	Unit 18, Tuam Road Centre, Galway	€1000

	clients to re-engage with society positively.		
YCC Team	To make an ad that focuses on the social impact of teenage drinking. It will focus on gossip in schools and use of social media sites which influence young people around drink. It will be uploaded onto FaceBook page and place in UTube to increase drug/alcohol awareness	Maple Youth Centre, Bowgate Street, Ballinrobe, Co.Mayo	€200
Galway Simon Community	To provide a dental service to people who are homeless and suffer from addictions as they experience very poor dental health because of their life style which impacts on their general health and self confidence, in addition to pain and suffering as a result of lack of treatment	18 Tuam Road Centre, Tuam Road, Galway	€2000
Total			€13,025

**Appendix 2: WRDTF Small Grants Fund: Summary Table November 20<sup>th</sup> 2012**  
**Grant available €10'000**

<b>Applicant</b>	<b>Project Detail</b>	<b>Location</b>	<b>Approved</b>
Clann Resource Centre	<p>Employ a local artist to work with a youth group over 4-6 week period so as to create a piece that would represent the groups views and interpretation of the issues currently facing young people with regards drug &amp; alcohol.</p> <p>Propose the creation of an action group within the community of Oughterard to guide and steer the design and implementation of a harm reduction strategy.</p> <p>An awareness campaign in relation to alcohol misuse will take place through the medium of art.</p>	Oughterard Co. Galway	€1500 for all 3 applications
COPE Galway Resettlement & TSS and towards Independence Project	The towards independence project is currently setting up a community garden that is being run by volunteers and residents of the project. We are targeting this group of men who are working towards independent living and re-integration into their communities.	12a Ruxton Court, Dominick Street & Bridge House, Dyke Road, Galway	1000
Galway Simon Community	Persons who are homeless and suffer from addictions experience very poor dental health because of their lifestyle, their diet and the type of treatment they access. The RGN for the homeless has identified the Castlawn dental clinic as a provider of dental treatment for people who are homeless. They have provided 69 interventions from the last small grant received. The money will be used to continue this work.	18 Tuam Road Centre, Tuam Road, Galway	2000
RAD Youth Cafe	<p>Set up a support group for young people, who are engaging in under age/ binge drinking or are living with drug or alcohol problems in the home or family life.</p> <p>The "Teen Wellness Group" aims to encourage the development of coping mechanisms and develop resilience for young people.</p>	Abbey Street, Roscommon	1000
Youth Work Ireland Galway, Treo Nua Project	Deliver 6 sessions of 'Putting the Pieces Together' combined with visual art workshops.	Treo Nua Project, Tuam, Co. Galway	400

Youth Work Ireland Galway	Re-print the "Teenage Years" leaflets and translate into Irish.	41-43 Prospect Hill, Galway	1000
Aids West	The proposal is to run our "Getting the edge" sports seminar which focused on achieving sporting success without resorting to performance enhancing substances.	Ozanam House, St. Augustine Street, Galway	500
Ballinasloe Substance Misuse Response Group	Support on going activities in raising awareness regarding drug and alcohol misuse and promoting positive alternatives in the town and surrounding area. The group will organise key note speakers to come to the workshops in order to focus on building resilience in young people.	Canal House, Harbour Road, Ballinasloe, Co. Galway	1000
Foroige The Quad Youth Centre	Plan to run an art competition where young people can illustrate their awareness of drug and alcohol misuse.	Circular Road, Co. Roscommon	500
Youth Work Ireland Galway, Tuam Project	Research indicates that underage drinking is very prevalent in Tuam. A programme is been developed aimed at potential alcohol misusers. Provide information on PTPT and provide an attractive alternative to drug use.	Bishops Street, Tuam, Co. Galway	400
Galway Simon Community	Report in relation to dental treatment		700
Total			10000

### Appendix 3: WRDTF Family Support Grant: Summary Table May 2012

Applicant	Project Detail	Location	Amount Approved
Castlebar Family Support Group	To provide self-care and wellness to help family members who are affected by, or living with, other members' substance misuse by offering training in Anger Management and Challenging Behaviour, Communication and Assertiveness, Suicide Awareness, Relaxation, Respite Weekend.	c/o NYP, Chapel Street, Castlebar Co. Mayo	€2000
Tuam Area Family Support Group	To cover facilitation, room rental and advertising costs to run the Tuam Area Family Support Group. It was set up to support families experiencing difficulties due to drug/alcohol use. The group is facilitated by a qualified addiction counsellor. It is totally dependent on grant funding to continue this service as it has no other funding.	c/o Youth Work Ireland, Tuam Community Support Centre, Bishop Centre, Tuam,, Co. Galway	€2000
Ballinasloe Area Family Support Group	To promote and run the Ballinasloe Area Family Support Group which supports families who are in need of it due to drug/alcohol issues. It needs continued funds for a qualified addiction counsellor, rent of premises, insurance and advertising.	c/o Canal House, Harbour Road, Ballinasloe, Co. Galway.	€2000
Cuan Mhuire Family Support Group	To establish a new family support group for the adult family members of those suffering from addiction. Grant will be used for facilitation costs, advertising, refreshments, etc. The group will meet on a weekly basis and it is intended to operate using the methodologies in the CRAFT process as 2 staff members have attended the WRDTF CRAFT Training/pursuing CRAFT accreditation.	Cuan Mhuire, Coolarne, Turloughmore, Co. Galway	€2000
Living with addiction Course, Ballina	To develop and deliver a Living with Addiction course in Ballina as an introduction to setting up a Family Support Group. This will be an 8 week course and include drug/alcohol education, stress management workshop, meditation, positive mental health, employment/training support.	South West Mayo Development company, Balla, Co. Mayo	€800
Roscommon Women's Network	To deliver a drug/alcohol education and awareness programme aimed at women who are living with addiction or living with or overcoming violence or abuse. It will include stress management techniques, relaxation, aromatherapy, art. Following the completion of the course, the aim is to set up a family support group. (Application mentions sample of case study attached. None received with application)	Unit 5, The Old Mill Castlerea, Co. Roscommon	€1100
Galway City Family Support	To continue the development of the group and to facilitate the personal development of the group	64 Dominick Street,	€2000



Group	<p>members, the Galway City FSG would like to continue their engagement of complementary therapists.</p> <p>They would also like to continue to address their own respite needs through continuing as they have been doing, to take time out for meals or similar events which so far have proven beneficial in helping to take time out for themselves.</p>	Galway	
			€11900

## Appendix 4: WRDTF Family Support Fund: November 2012

Grant available €10'000

Applicant	Project Detail	Location	Approved
Galway City Family Support Group	The money is required for education and training purposes. The group would like to do facilitation training and stress management. This training would up skill and empower group members towards the group becoming "Peer Led".	64 Dominick Street, Galway	1000
The Junction Garda Youth Diversion project	The purpose of the funding is to run a Teenage Wellness Group. Creative methodologies such as art (creation of a mural) and drama will be used as well as games.	Marina point, Ballinasloe, Co. Galway	450
Tuam Youth Service	The purpose of the funding is to run a Teenage Wellness Group. Creative methodologies such as art (creation of a mural) and drama will be used as well as games.	Bishop Street, Tuam, Co. Galway	250
Roscommon Traveller Health Programme	The project aim is to provide a space for drug and alcohol education and parenting skills for traveller women from the Ballaghaderreen area.	Ballaghaderreen, Co. Roscommon	2000
Ballinasloe Substance Misuse Response Group	The purpose of the funding is to develop and run two "living with someone's Drug and Alcohol Use" courses in Ballinasloe.	Canal House, Harbour Road, Ballinasloe	360
Castlebar Family Support Group	To develop and run a 'living with addiction' type course in conjunction with Castlebar Family Support group.	NYP, Chapel Street, Castlebar, Co. Mayo	600
Orla Walshe in conjunction with the Regional Family Support	The funding is being sought to run three family wellness respite days throughout 2013. The wellness respite days will consist of group workshops exploring self-care and coping mechanisms as well as some practical exercises and relaxation techniques.	c/o WRDTF, Unit 6, Galway Technology Park, Parkmore, Galway	1965
Galway City VEC	Develop a Family support group.	Island House, Galway	1125
Galway County VEC	Develop a family Support Group	Airgloney, Tuam, Co, Galway	1125
South West Mayo Dev. Company	Develop a family support group	Ball, Co Mayo	1125
Total			10000



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