

Aislinn

ADOLESCENT ADDICTION CENTRE



Annual Report 2011

The background of the page is a photograph of a hallway. On the left, there is a wall covered with numerous framed certificates and awards. To the right, a staircase with a white wooden balustrade and a yellow handrail leads upwards. The floor is covered with a red carpet. The overall lighting is warm and the scene appears to be a professional or institutional setting.

MISSION STATEMENT

Aislinn is a Drug Free Residential Treatment Centre that believes in the priceless potential of young people.

Our purpose is to provide quality treatment for persons between the ages of 15-21 years and to assist families by offering an Addiction Awareness Programme.

We believe in a skilled professional team approach to individualised care, respecting dignity while fostering self-worth and supporting the emotional, mental, social, recreational and spiritual development of each individual.

We serve one another by recognising each person's unique gifts, quality of performance and their need for constant updating, support and personal growth.

As a non profit-making organisation our success will be demonstrated through continuing care, financial integrity and community wellbeing.

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The Way Forward for Aislinn:

Change is at the heart of what we do. When residents come to Aislinn or referred to us, it's because they are on a quest for change. They want to change their lives. They want to transform their dependence on alcohol, drugs, and gambling, and the destructive impact it has had on their families and communities.

Aislinn provides the opportunity, supports and the enabling environment where that kind of change can take root and flourish. But, if Aislinn wants to continue nourishing this change, we too have to be responsive to change. We too need to seize the opportunities, build in the supports and create the enabling environment where we can champion best practice.

I believe over the past few years we have succeeded in maintaining the only and unique Adolescent Residential Centre in this country, while at the same time expanding our programme to cater for the growing needs of our adolescent community. Despite financial cutbacks, we have succeeded with the support of the HSE to open our detoxification programme. We also have succeeded in running our Respite Family Programme with reduced funding during the past year. We have helped and supported over 218 young people during the past two years in their plight of addiction. Therefore 200 families have also sought our support and guidance during this time.

We wish to thank our funders, Health Service Executive, Probation Service, Private Insurers, and anyone who has helped and supported us over the past few years. We recognise that we will need to raise more funds in the coming year to enable us to deliver and expand our services.

All this good work would not be possible without the help of our clients and their families, all our staff and volunteers, my fellow board members and all our funders, thank you.

John McDermott,
Chairperson

They want to transform their dependence on alcohol, drugs, and gambling, and the destructive impact it has had on their families and communities.

GENERAL MANAGER'S ADDRESS

During 2010/2011 Aislinn Adolescent Addiction Treatment Centre experienced challenging times and changing times. We were challenged to respond to: more young people and their families using our services, increasing demand to provide a detoxification unit, and struggling to secure adequate funding to ensure everyone's needs were met. We responded to these challenges against a backdrop of change - our economic climate was at all time low, and there was huge tightening of state funding. While this changing environment will bring further challenges, we have started preparing to ensure that Aislinn will be able to meet these new challenges in the coming years.

The commitment, hard work and dedication of our staff have been crucial in 2010/2011 and we will continue to invest in our team by providing quality training for the future. In acknowledging the proud achievements of our front line clinical staff, we must also recognise the hard work of our management, administrative, catering, maintenance, and support team, along with the contribution of all the other full and part-time staff who worked with us in 2010/2011, including those who have moved on. Their flexibility and commitment at this time of tightening budgets, has been greatly appreciated.

Equally many of the changes that have taken place during the past two years could not have happened without the co-operation, understanding, and commitment of our volunteers past and present who give so freely of their time. Aislinn has mobilised significant voluntary effort in the work we do. We had over 200 active volunteers, great backing and moral support from many organisations, businesses, and people around Ireland. Almost €90,000 has been raised in voluntary donations. We cannot thank you enough for all your practical and financial help and look forward to your continuing support in the coming years.

As an Organisation we will continue to put in place structures to ensure that our participants have a continuum of care and a greater voice in society and within Aislinn.

During 2010/2011 we saw significant improvements in the quality of services provided in our Residential and Family Programme services. We have introduced a new Living in Recovery programme once weekly for all residents who have completed treatment, we have a number of out-patient sessions on a weekly basis and our Family Programme is now extended to run at weekends. During 2011 we saw the opening of our four bedded detoxification unit to cater for those adolescents on their first step of recovery. This enables the resident to begin the important rehabilitation process earlier, while still remaining under the guidance and care of the medical team.

HIGHLIGHTS OF 2010/2011

- Action plan launched – with its commitments to best practice in the delivery of rehabilitation services, and to implementing change.
- We established a new programme “Living in Recovery”.
- Six week sibling therapeutic group.
- An increase in the number of families availing of our therapeutic respite family programme.
- We established a dedicated integration and aftercare team as a major component of the rehabilitation process.

- We opened a new detoxification programme on a pilot project basis.
- Two staff members were awarded a degree in Psychotherapy
- We briefed the Joint Committee on Health and Children on the issues of illegal/problem drug abuse from a youth perspective.
- Involved in the local SPHE programme in schools around Co. Kilkenny.
- Fundraising strategy put in place.

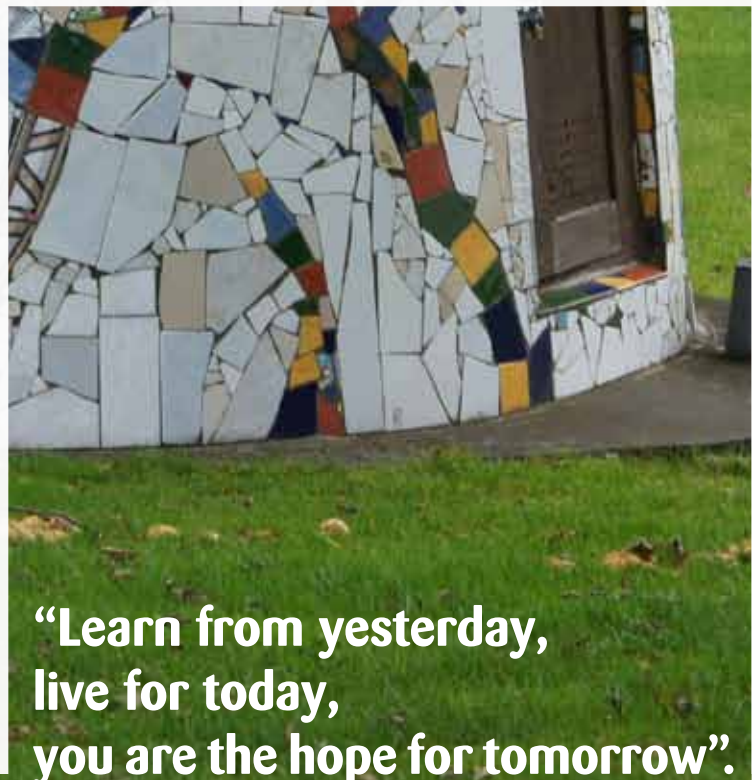
A changing economy, a growing population, and increasing demands on state funding will present us with our biggest challenges. It will not be easy to secure ongoing and consistent funding so that we can continue to offer the services and supports that are clearly needed. As we move forward during 2012 it is our wish that we will continue to offer a unique, respectful, and effective service to many young people and their families whose lives have been destroyed with the misuse of alcohol and drugs.

Priorities in 2012 will include:

- On-going training and up skilling of all staff
- Working towards having our detoxification unit opened full-time.
- The continued need to increase staffing levels in the area of aftercare.
- Securing continuum care facilities- namely half-way house.
- Continue to review and enhance what we do so that we can ensure we offer the best standard of service and support to those who require it, and that Aislinn will be maintained at the forefront of Adolescent and Family Addiction Services in Ireland

“Learn from yesterday, live for today, you are the hope for tomorrow”.

Breda Cahill,
General Manager.



**“Learn from yesterday,
live for today,
you are the hope for tomorrow”.**

CLINICAL MANAGER'S ADDRESS

The Aislinn Treatment Centre holds an excellent reputation and is a leader in the field of Adolescent Addiction Treatment since its foundation in 1998.

We are a unique treatment facility in terms of our focus on the family as a central component in the treatment and recovery of those addicted, focusing on providing help, support, and education for family and loved ones, to repair fractured relationships, thus providing a very supportive environment for recovery.

For thirteen years the Aislinn Treatment Centre has been at the forefront of maintaining a high standard of excellence in the treatment of young people with addiction issues and continues to innovate to meet the new complex demands of the current population of individuals and their families who encounter and live with addiction.

During 2010 to 2011 two hundred and ten individuals and their families have benefited from the Aislinn Treatment Centre Services.

2010 saw the achievement of Accreditation status with CHKS Standards, the U.K. leading provider of Healthcare Intelligence and Quality Improvement Services.

Our Multi-Disciplinary team of highly skilled professionals consists of: Addiction Counsellors, Psychotherapist, Nurses, G.P., Consultant Psychiatrist, Art Therapist, Psychodrama Therapist and Recreational Therapist. The commitment of our front line staff has been crucial to our achievements for 2010 / 2011. Their flexibility and commitment particularly at a time of tightening budgets has been greatly appreciated. I would like to take this opportunity to thank them personally for their hard work and dedication and state clearly as an organisation we will continue to work to increase the range of services and staffing. For our clients we will continue to invest in our workforce by providing quality training into the future.

Major Achievements

La Nua - Pre-admission Unit

The Aislinn Treatment Centre witnessed a significant trend in the presentation of clients presenting for assessment to the six week residential programme. It became apparent that there was an urgent need for in-patient detoxification beds to cater for the age group (15-21) looking to access residential treatment. In partnership with the Health Services Executive, the Aislinn Treatment Centre opened a two year pilot project Medical Lead Pre-Admission Unit on the grounds of the Aislinn Centre. This additional Service has had its effect on our Services and is reflected on the very positive outcomes for those who availed of detox with us in 2011. To date 22 individuals have successfully completed the programme.

If you or a loved one is suffering from alcohol, drug or gambling addiction, it is vital to seek help from professionals who work in this field. In spite of good intentions, each attempted effort to stop taking drugs without professional help will always be thwarted by the drug itself. Our detoxification programme is managed by experienced fully competent and qualified staff.

Detoxification is a step on the road to recovery and ongoing sobriety and essentially means eliminating harmful toxins from the body which has been created from addiction to perilous substances.

This is a valuable service for adolescents seeking recovery from all corners of this Island and beyond.

Aftercare Services

Aftercare Services was reviewed during 2010 / 2011. This comprehensive and inclusive review of Aftercare gave us a clear understanding as to which way our Aftercare Services should be directed to ensure Continued Quality Service.

During 2011 we commenced holding a group called "Living in Recovery" and this group meets once weekly. The target group attending this Service is those that have completed treatment. It is an addition to help the adolescent get through the difficult moments in their first weeks of recovery.

Additional Services

During 2010 we introduced the 12 step recovery group.

Supervision: ongoing supervision is provided for all the clinical team.

Achieved Accreditation Status

This was achieved during 2010 and every effort has been carried out to continue to deliver the high standard of care to all clients and their families under the policy procedures agreed by CHKS Standards.

**Raymond Mc Kenna,
Clinical Manager.**

Croi Nua, Therapeutic Residential Respite Programme

Croi Nua developed out of a desire expressed by persons looking for assistance who are living & dealing with chemical abuse, grief, stress's/strains and other issues that are affecting them in their present day lifestyle. The impact on family/friends during the processes of addiction, grief & stress. Feelings of powerlessness, hopelessness guilt, anger, depression and shame are among a range of emotional responses to these crises. Croi Nua offers an opportunity for a person to look at their current situation in order to heal, learn new coping skills which helps alleviate some of the stresses associated with their issues. This time is a gift to oneself, for healing, personal growth and spiritual renewal in a safe, nurturing, and supportive environment. Caring for another is a wonderful gift, however we can become lost and our reserves depleted. To truly give our best we need to take care of ourselves.

A sponge to wipe away the past,

A rose to sweeten the present,

A kiss to greet the future

There has been much discussion in 2011 around feedback relating to individuals engaging in the Croi Nua Services. Much emphasis is on family and its health as a unit. Family health is of paramount importance to adolescents seeking recovery.

During 2011 there was an increase in the number of Aislinn clients and families entering into the Family Respite Programme. Our interagency work truly shows the value of services working together in supporting families. We look forward to building on these relationships and developing relationships with the North West and West Family Support Groups, also with individuals into 2012 and beyond. Aislinn sees the benefit to the individual and the family unit when the Residential Programme is complete. Coping skills are gained, education is encouraged, and a greater understanding of addiction is learnt. Their confidence as a parent returns and they can begin to rebuild their family. Family Services are provided by a Professional Accredited Multidisciplinary Team who has vast knowledge and understanding of addiction and its effects on the entire family. This is what allows us to offer families the time out in an educational, therapeutic, holistic, and nurturing environment, which empowers learning and change for each family so they can reclaim what addiction has taken from them.

This year we introduced a sibling therapeutic group

running for six weeks. We learnt from this the deep effect that addiction has on siblings. Due to the needs of this group we had to extend the group support to four months and we gained so much positive feedback from all involved.

When working with adolescents it continues to be vital that the family is supported in everyway to help block the flow of illegal drugs that is destroying a lot of our young people in today's world.

Let us never underestimate the value of family to the core of our society, let us recognize their potential and empower them to reach that potential. Let us fight to have the family recognized as a service user in their own right. Above all let us fight for the right of our children to live free of addiction in a Country that has failed them dismally by not stopping the flow of drugs. Let us learn that Family are the Greatest Asset in Treating Addiction in Young People who are addicted.

Croi Nua wants to thank our many friends, supporters and volunteers who have helped us throughout the year. We want to thank our clients who allowed us the privilege of walking part of their journey with them "Dia Dhuit"

Geraldine Hartnett,
Family Services "Croi Nua" Manager.

CORE VALUES



RESPECT

TEAM
WORK

QUALITY
SERVICE

ACCOUNTABILITY

UNIQUENESS OF
EACH INDIVIDUAL

I am writing to tell the story of my own personal hell and how Aislinn gave me a second chance. My drug use started when I was 14 years old. I started smoking hash, it was a turbulent year for me as it was the year my granny, who I was very close to, died. Also I developed a knee injury which led to me not being able to play hurling, which was a major part of my life up to then. I also had the Junior Cert coming up and felt pressure to do well as I came from a family of high achievers, so I opted out and took the easy way instead. I saw hash as an escape from all my problems.

I was adopted from birth and always felt ashamed about this and never spoke about it.

I also held a lot of anger over it. When I smoked, nothing bothered me, I was numb and didn't have to deal with pain or anger but addiction started to take hold almost instantly. As the time went on I was smoking more heavily and frequently and could not afford the amount I was smoking and so I started dealing. I moved onto weed and started to take other drugs such as ecstasy and cocaine because the weed wasn't enough. I never tried to quit before I came to Aislinn. When I thought about the future I could only see myself taking drugs, my dreams and aspirations went out the window. I lacked any motivation, except for more drugs. I first came to Aislinn in mid-November and went into the detox unit after I had a very bad episode; I overdosed on alcohol, ecstasy and valium. The staff at Aislinn were very obliging and took me in only in a matter of days. When I came in I was a bit overwhelmed. It all happened so quickly, but there was a certain safety and comfort there but there was still a part of me that did not want to be there. After

my two weeks detox I went back home making agreements I would not use but within five days of leaving I relapsed and started using again. I felt a lot of guilt and anger over this but it made me realise I was an addict and might have been just what I needed. I came back to the house at the start of the New Year and felt hopeful and a bit anxious. I started treatment but still had a lot of emotional baggage around my adoption, relationships with my family and other incidents in my life which the staff at Aislinn made me look at. All the staff in Aislinn were extremely helpful and put huge effort into my recovery which at the start I was not willing to do myself. However, as the weeks went on I started to step into treatment. I realised the effect I had on the people around me and how I was destroying my family and myself.

My attitude and behaviour changed for the better and I'm finally starting to think clearly. I only have a few days left in treatment and am going to miss the house greatly. I have made friends I will never forget and now the future has so many possibilities, thanks to Aislinn. It wasn't an easy 6 weeks but nothing good in life come easy. My only regret is not coming in sooner to Aislinn. I would just like to think the staff as they are extremely talented at what they do. I am a little bit anxious about leaving and not having the security and care I have in the house and I hope when you are reading this I am clean and sober.

Yours sincerely,
Aaron

“I overdosed on alcohol, ecstasy and valium.”



TIME

- Take time to think – it is the source of power
- Take time to read – it is the foundation of wisdom
- Take time to play – it is the secret of staying young
- Take time to be quiet – it is the opportunity to seek God
- Take time to be aware - it is the opportunity to help others
- Take time to love and be loved – it is God's greatest gift
- Take time to laugh - it is the music of the soul
- Take time to be friendly – it is the road to happiness
- Take time to dream – it is what the future is made of
- Take time to pray – it is the greatest power on earth

There is a time for everything

WHAT WE DO:

The Aislinn Adolescent Addiction Rehabilitation service provides access to treatment by initial contact and assessment provided by our Assessment/Admission Addiction Counsellor. In consultation with client and family the assessment officer considers if Aislinn is the most appropriate place for rehabilitation at this time. If so, the client is offered a six-week residential programme with the opportunity of entering our two year aftercare programme. The client may also require some time in our detoxification unit prior to entering the residential programme.

UNIQUE DETOXIFICATION PROGRAMME:

Detoxification can be a daunting prospect. Detoxification is not a cure; it is the first step on the journey. Our integrated programme is designed to move clients from detoxification into rehabilitation in a safe and efficient manner. Our unique facility provides a non-judgmental, and comfortable non-institutional setting. Clients are medically supervised by a Consultant psychiatrist and a local GP and have twenty-four hour nursing care.

When the adolescent enters our six week treatment programme our goal is to ensure that he/she who seek recovery will find it, and the stigma of addiction will be overcome.

THERAPIES USED:

The following therapies are incorporated into the client's treatment:

- One to One counselling
- Group Therapy
- Medical/Nursing services
- Education
- Social Skills
- Brief Therapy
- Crisis Intervention
- Interagency conferences
- Psychiatric Consultation
- Mediation
- Family Support/Conferences
- Art Therapy
- Life Skills
- Rational Therapy
- Preparation for re-integration to family

In addition to the above the programme is facilitated by a skilled multi-disciplinary team, headed by our General Manager, Treatment Manager, and Manager of the family Services Programme. The team consists of professional Addiction Counsellors/therapists, Nurses, Nurse Assistants, Consultant Psychiatrist, Administrative, Catering, Maintenance and relief personnel. Sessional staff includes Art Therapist, Recreational teacher, Psychodramas, and literacy teacher.

AFTERCARE:

Aislinn is aware of the difficulties facing a young person and their family when they leave the security of the centre. Fear and mistrust enters their lives, this is where our aftercare support helps them to develop and rebuild relationships. Our aftercare groups meet once weekly and are facilitated by trained facilitators. Venues for aftercare are Aislinn, Cork, Limerick, and Dublin.

FAMILY RESIDENTIAL PROGRAMME – CROI NUA:

This five day residential respite programme offers professionals and family members the time and assistance to help them cope in dealing with life issues, enables them to identify necessary lifestyle changes and helps them to begin to develop new coping skills and to translate these changes into action.

The objective of the programme is to offer a peaceful and tranquil residential setting to all who have experienced the effects of a person's abuse of chemicals and for those who continue to live with the distress of a family member's abuse. We also run weekend residential groups for those who find it difficult to attend during the week.

A CLIENT'S STORY

My life of addiction started at the age of 9 when my mother committed suicide. This is not the age I started using or drinking at but it is the age in which the problems which fuelled my addiction started. I moved county and felt the need to fit in. It started with one puff of a cigarette which moved on to smoking everyday.

This brought me to my first experimentation with alcohol. I found drink to be amazing, it stopped my hurts, make me the person I wanted to be and at last I fitted in. Abusing alcohol at a young age changed my circle of friends. Those new friends smoked weed and hash, which I was reluctant to try because I always thought drugs were bad, but due to sheer curiosity and peer pressure I had my first joint. From the first time I got high I fell in love with the feeling of it. It was a lot easier and faster to get high than it was to get drunk. I started smoking head shop products and started having very noticeable problems at home and in school. I had started robbing money from home to fund my addiction and was acting up in school or just not going. From head shop smoke I moved into head shop powders and pills; always seeking new and better high's, always trying to justify it with my painful life and self pitying attitude. This made it easier to move into real, harder drugs like COC, speed, mdma, ecstasy, morpheme, valium, ketamine and acid etc. I left home then at 15, already in full addiction and left school shortly after. Again my circle of friends changed and I started dealing and robbing to fund my addiction. I found myself being recognised by the Guards and not long after moving back home. When I moved back home I became a functional addict. Still doing the same things, still with the same people, just hiding it well. This only lasted for so long until I started slipping in school again and eventually got into thousands of debt. To get myself out of this debt I started dealing again but could not make money fast enough and a debt collector came for me and tried to

end my life but luckily I escaped with a broken nose and a small stab wound in my arm and cuts and bruises, but most importantly I escaped with my life. I was dealing more than ever and using harder drugs a lot more after and eventually I got caught by the Guards and my house got searched.

This was the straw that broke the camel's back for my dad so he kicked me out. Yet again I dropped out of school and used and dealt a lot more, so naturally life just got worse than before. I could not spend more than 5 minutes of any given day sober or clean.

Life got bad for a while, days without food, robbing random people, fighting with people, friends, when I was strung out or just angry, until one day I rang my father and begged for help.

That's when I came to Aislinn. When I came in at first I left as much of the old me as I could at the gates, but all my pain and anger followed me in, along with defence mechanisms and most importantly the emotional barrier I set-up through 6 years of using and alcoholism. My first 3 weeks went OK but were fairly unproductive due to the fact that I was giving only 40% of myself to the treatment. Then I did my step one. This changed me completely. I began to slowly but surely immerse myself fully into treatment, and things started working out. I can feel myself dealing with things a lot better, past and present, expressing my emotions constructively and appropriately, and I'm finally becoming happy in myself and with myself. I have four days left and I've never been happier. Aislinn works and it saved my life, and thanks to Aislinn, the counsellors, my peers and all other supports Aislinn has to offer I can finally say I'm 17, I'm happy, I have my whole life ahead of me, and more importantly I look forward to a good happy RECOVERY.

**“luckily I escaped with a broken nose
and a small stab wound in my arm
and cuts and bruises”**



FINANCIAL STATEMENT 2011:

Aislinn is a Registered Charity governed by Trustees and a Board of Management. Aislinn receives its funding from a number of statutory agencies, namely the Health Service Executive, and Probation Service. Alongside this we also have Private Health Insurance, i.e. V.H.I., Quinn Healthcare, and Aviva. Each year Aislinn has to fundraise to help maintain young people in our recovery programme and our Family Respite Programme. Aislinn's ambition is to be a sustainable organisation which attracts resources, and our goal is to raise our profile, increase our fundraising income and expand our existing services.

2012 will continue to see growth in our services and continuing delivery of our treatment programme. It will be a very difficult year for us with the downturn in the global economy, but we are confident together with the statutory agencies, private insurers, fundraising events, volunteers, dedicated staff, partners and members of the public, our high quality services will continue to be delivered.

Company Registration No. 310418 (Eire)

**AISLINN ADOLESCENT ADDICTION TREATMENT CENTRE
LIMITED**

**A COMPANY LIMITED BY GUARANTEE NOT HAVING A SHARE
CAPITAL)**

**DIRECTORS' REPORT AND
FINANCIAL STATEMENTS**

FOR THE YEAR ENDED 31 DECEMBER 2011

**AISLINN ADOLESCENT ADDICTION TREATMENT CENTRE LIMITED
A COMPANY LIMITED BY GUARANTEE NOT HAVING A SHARE
CAPITAL)
COMPANY INFORMATION**

Directors	John McDermott Cyril D'Arcy Sr. Eileen Fahy Phelim O'Connell Dr. Ronan Fawcitt Ann Keogh Sr. Nora Lombard Mary Goode Sr. Veronica Mangan
Secretary	Breda Cahill
Company number	310418
Registered office	Ballyragget Co. Kilkenny
Auditors	O' Neill Foley Patrick's Court Patrick Street Kilkenny
Business address	Kilkenny Road Ballyragget Co. Kilkenny
Bankers	Bank of Ireland Durrow Co. Laois
Solicitors	Mary Molloy 2 Rose Inn Street Kilkenny

AISLINN ADOLESCENT ADDICTION TREATMENT CENTRE LIMITED
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CAPITAL)

DETAILED TRADING AND PROFIT AND LOSS ACCOUNT

FOR THE YEAR ENDED 31 DECEMBER 2011

	2011	2010
Turnover		
Croí nua	55,562	49,878
Croí Nua - Grants	4,000	37,703
VHI	288,982	258,428
Bupa	93,955	54,954
Probation & welfare	285,000	300,000
Rent receivable	800	750
Treatment	212,696	197,114
Aftercare	13,289	16,174
Screening.	17,172	23,300
Books	3,776	2,640
Laundry	167	416
Donations	21,819	28,466
Fundraising	55,855	12,263
Government grants amortised	24,900	24,900
Court donations	18,790	14,345
Hse grant	451,284	448,202
Preadmission	2,968	3,587
Accreditation	-	20,000
Detox grant	69,378	-
Cocaine initiative grant	-	13,982
	<u>1,620,393</u>	<u>1,507,102</u>
Croí Nua expenses	16,481	21,183
Administrative expenses	<u>1,686,546</u>	<u>1,597,125</u>
	(1,703,027)	(1,618,308)
Operating loss	(82,634)	(111,206)
Other interest receivable and similar income		
Bank interest received	<u>25,185</u>	<u>24,816</u>
Loss before taxation	3.55% <u>(57,449)</u>	5.73% <u>(86,390)</u>

AISLINN ADOLESCENT ADDICTION TREATMENT CENTRE LIMITED
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SCHEDULE OF CROI NUA EXPENSES AND ADMINISTRATIVE EXPENSES

FOR THE YEAR ENDED 31 DECEMBER 2011

	2011	2010
	€	€
Croi Nua expenses		
Staff training	500	1,050
Books & videos	-	60
Food/catering	130	599
Light and heat	2,713	2,480
Repairs and maintenance	327	5,985
Printing, post & stationery	826	1,966
Travelling expenses	1,499	182
Consultancy	7,488	6,030
Bank charges	2	131
Sundry expenses - allowable	2,996	2,700
	<u>16,481</u>	<u>21,183</u>
Administrative expenses		
Wages and salaries (excl. N.I.)	1,079,290	967,454
Administration	68,311	68,838
Consultancy fees	20,585	49,805
Employer's N.I. contributions	105,127	94,303
Staff pension costs	53,266	46,469
Rates	5,116	-
Insurance	13,010	23,466
Medical expenses	9,483	6,307
Aftercare	15,528	16,656
Light and heat	41,586	33,071
Cleaning	2,750	874
Repairs and maintenance	39,922	40,321
Printing, postage and stationery	21,047	21,464
Advertising	8,147	6,723
Books & videos	2,007	5,593
Recreational equipment	749	60
Telephone	16,029	16,140
Health accreditation	-	22,995
Travelling expenses	22,378	17,774
Accountancy	-	850
Audit fees	4,235	4,218
Other non-audit fees	-	520
Bank charges	1,161	1,578
Bad and doubtful debts	23,052	8,062
Discounts allowed	125	-
Food/catering	59,644	60,808
Staff training	9,477	9,126
Sundry expenses - allowable	6,953	8,629
Subscriptions - allowable	1,876	4,964

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CAPITAL)

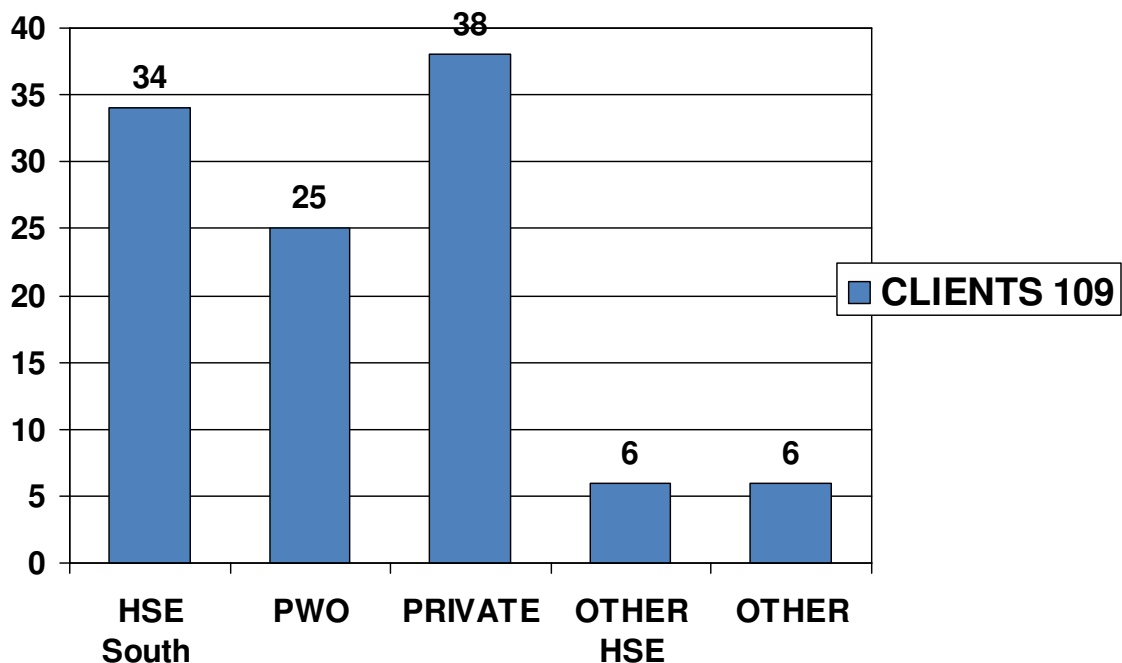
SCHEDULE OF CROI NUA EXPENSES AND ADMINISTRATIVE EXPENSES
(CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2011

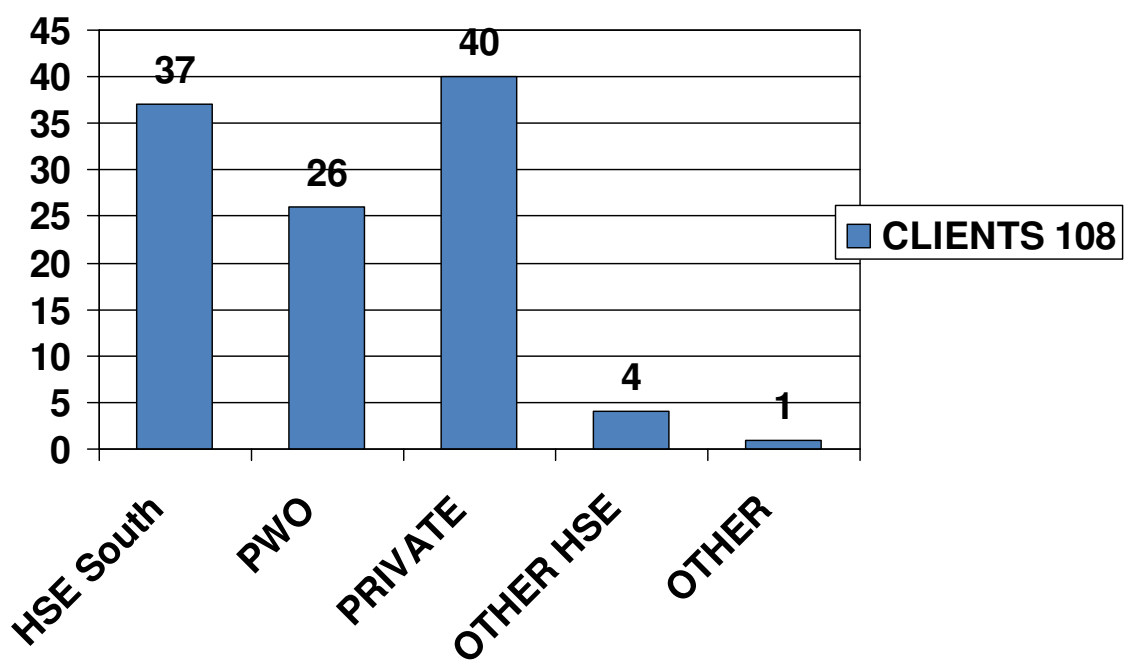
	2011	2010
Amortisation on leasehold property	33,408	33,408
Depreciation on plant and machinery	4,485	4,485
Depreciation on FF & E	17,799	22,164
	<u>1,686,546</u>	<u>1,597,125</u>

Aislinn Geographical Admissions

2010

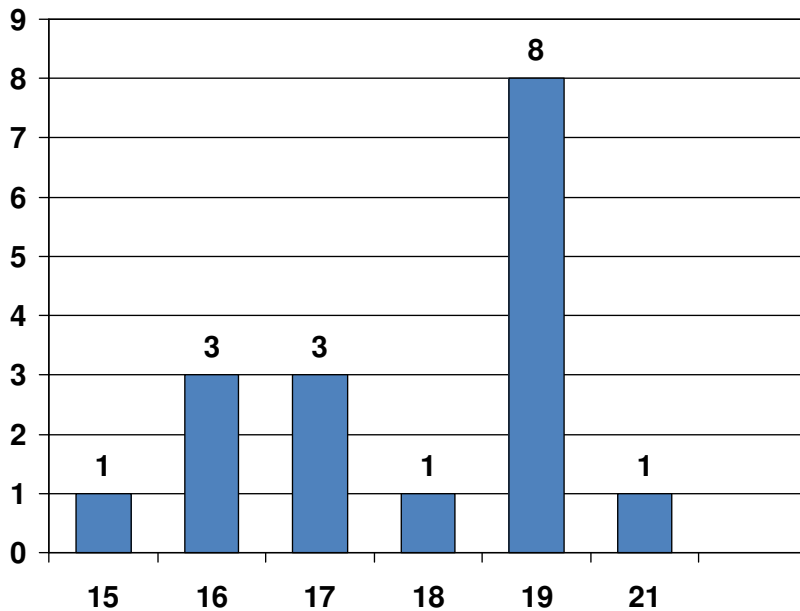


2011



Aislinn Age Profile 2011

Females Admitted = 17

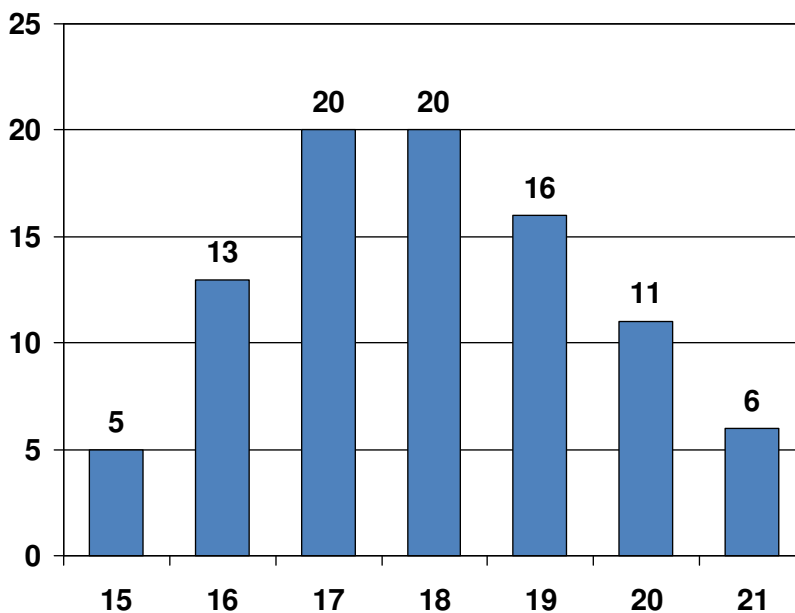


Female 17

Age	No
15	1
16	3
17	3
18	1
19	8
21	1

Aislinn Age Profile 2011

Males Admitted = 91



Males 91

Age	No
15	5
16	13
17	20
18	20
19	16
20	11
21	6

Geographical Admissions

Geographical Admissions 2010 Clients 109



Geographical Admissions 2011

Clients 108



Celebrate You:

You are worth celebrating,
You are worth everything,
You are unique.

In all the whole world,
There is only one you,
There is only one person,
With your talents, your experience, your gifts,
No one can take your place!

It doesn't matter your age, or your shape,
What matters is now,
It doesn't matter what you have been,
Or the wrong you've done,
Or the mistakes you've made,
The people you've hurt,
You are forgiven,
You are accepted,
You're okay.

You're loved in spite of everything,
So love yourself and nourish the seeds within you,
Celebrate you,
Begin now,
Start anew,
Give yourself a new birth,
Today.

Aislinn

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