

# **Fostering and Promoting Evidence Based Substance Misuse Training - a HSE perspective**

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Training Programme**



**Theoretical and clinical knowledge means competent  
and skilled workers can better manage substance  
misuse interventions  
resulting in improved outcomes for clients  
and their families**





# Current Statistics

- **9,459 on methadone maintenance(March 2013)**
- **Twice as many deaths due to alcohol than to all other drugs combined**



# Drugs Programmes: Expenditure and Allocations

2012

246,392 mil. Euros

HSE

90.206 mil. Euros

- Substance abuse is one of the most prevalent health and social care problems in Irish society

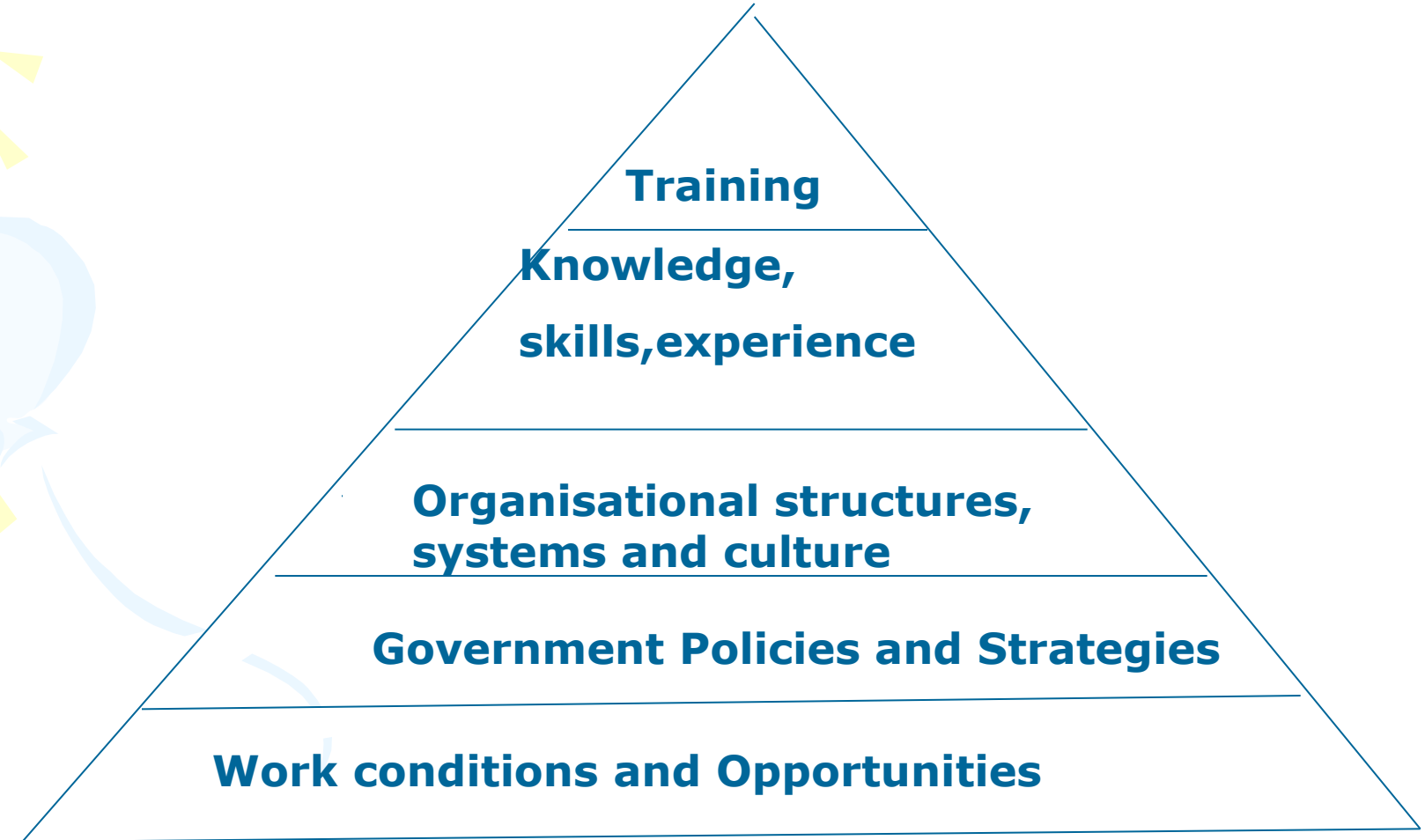
# Policy Context

- **National Drugs Strategy 2009 – 2016;**
- **Report of the Working Group on Drugs Rehabilitation 2001 – 2008;**
- **Healthy Ireland – A Framework for Improved Health and Wellbeing 2013 – 2025;**
- **National Substance Misuse Strategy ? – 2016.**
- **Guiding Framework for Education+Training /Screening BI**
- **HSE SI National Service Plan**
- **Drugs and Alcohol Task Forces**



# Workforce Development

Ref. AM.Roche; Drugs, Education, Prevention & Policy 2009





# **HSE Current Delivery of Education and Training**

## **Drug Education Officers -2 strands**

**1.3<sup>rd</sup> level accredited education and training programmes to public**

**2.Training specialists in specific topic areas**

- Patchy and not consistent throughout the country**



# National Addiction Training Programme\*

## **2013-2014 Priority Trainings:**

- 1. NDRF training- significant range**
- 2. Substance Misuse and Mental Health**
- 3. Risk assessment**
- 4. Hidden Harm policy development and training**
- 5. Screening and Brief Intervention for Substance Misuse**



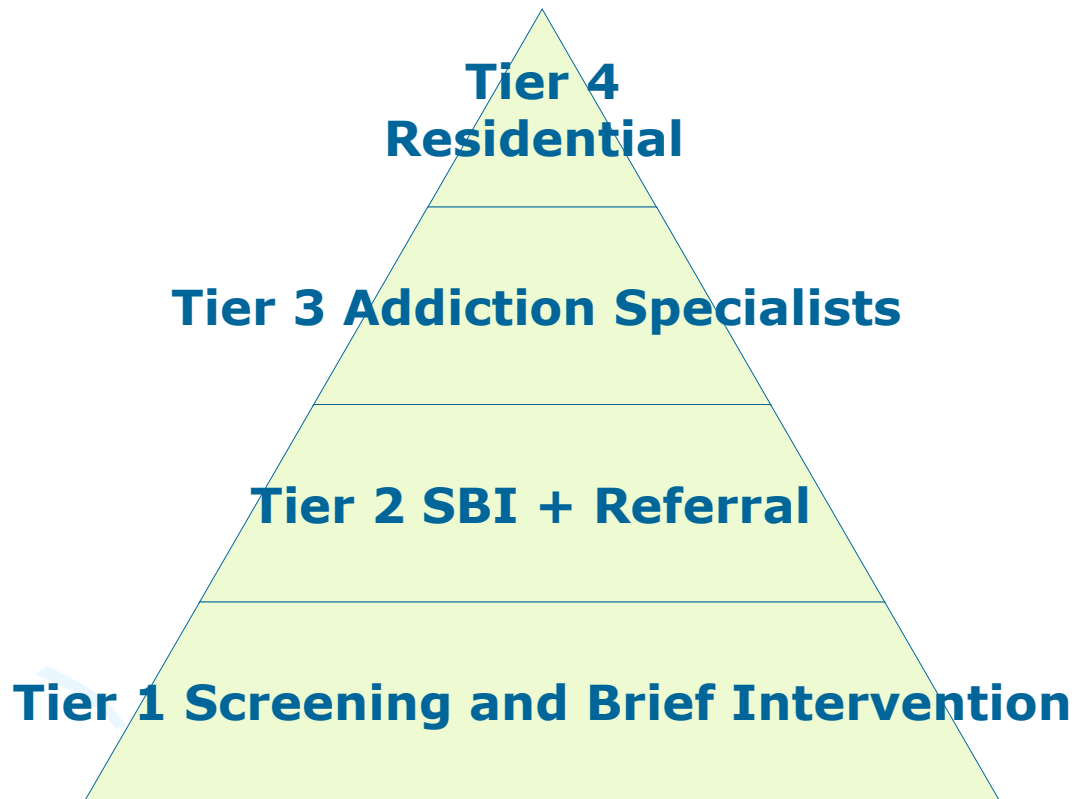
# National Drugs Rehabilitation Implementation Committee(NDRIC)

**Protocols;\***  
**Screening,**  
**Assessment**

**Policies + Standards\***

**Care Planning**  
**+Case management**

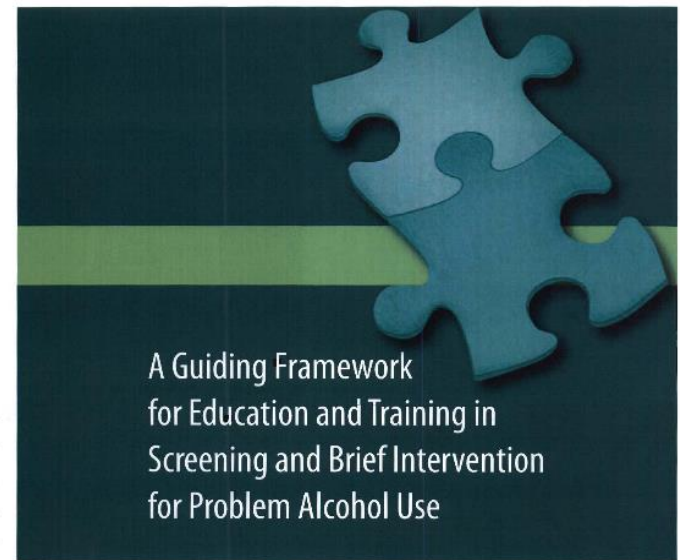
# Training based on competencies for each level of intervention



# Screening and Brief Intervention

- **2012-120 nurses**
- **Tier 1 +Tier 2**
- **Training for Trainers**
- **Primary Care**
- **On line tools,resources**
- **Drug& Alcohol Task Forces**

 Feidhmeannacht na Seirbhíse Sláinte  
Health Service Executive



For Nurses and Midwives in Acute, Primary and Community Care Settings

 Office of the  
**Nursing & Midwifery**  
Services Director

# Community Reinforcement Approach(ACRA+CRAFT)

- **2010 BDTF -4 days to 200 practitioners**
- **2011 comprehensive implementation structure established to support accreditation**
- **Submission of audio tapes of live client sessions**
- **100 accredited**
- **Diffused across Ireland**
- **1 accredited trainer+ a number of accredited supervisors**



# Vision for Services(NDRF)

- **Well-informed**
- **Skilledworkers**
- **Assessed outcomes**
- **Key working & care planning policies and systems are clear, comprehensive and efficient**
- **Same service standard provided to each service user**

# **Core Skills Interventions Basic to Advanced Levels**

- **Principles of SM Interventions/Harm Reduction**
- **Motivational Interviewing**
- **Counselling Skills Training**
- **Social Behaviour Network Therapy**
- **Community Reinforcement Approach**
- **Cognitive Behavioural Coping Skills**
- **Cognitive Behavioural Therapy**



# Core Trainings

- **What theoretical, clinical training?**
- **Rate your level of competency in the following:**
  - 1. Detection, assessment, intervention, referral**
  - 2. Management of the physical, mental, social, occupational, family consequences?**
  - 3. Is it part of your current job to deal with....or is role ambiguity an issue?**
  - 4. Do you feel you have sufficient support/resources to deal with.....**



# Key Messages

- **Development of national competency framework for addiction workforce**
- **Forecast training needs based on analysis of emerging trends of both substance (NDTRS) and treatment prevalence data sets**
- **Demonstrate leadership in promoting digital and social media as a pedagogical tool in future training design**
- **All commissioned training providers to meet criteria set down by the NATP**





# References

- ***Addiction Treatment Outcome Studies and their Implications for Practice***
- ***Proposed Competency Framework For Drug and Alcohol Services***

© ***James, J. O'Shea, M.A. December 2011***

***Copies available at***

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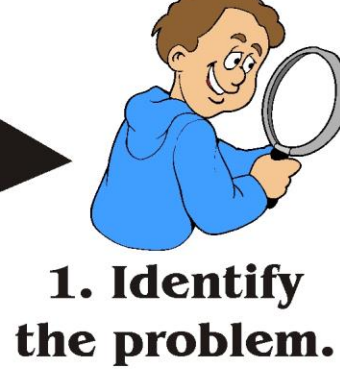
## 2 Models of Addiction Training Units

- **Leeds Addiction Training Unit**
- **STRADA**



# Recommendation

- **Skills Consortium “for the sector, by the sector” incl. all stakeholders .....to build capacity around evidenced based research, dissemination and training**
- **CPD accredited modules**
- **Research bodies to fund practice based research**



# The Problem Solving Loop

# Finally.....

- If we do not know where we are going, we may end up somewhere else and not know how we got there



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Thank you!



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