

Context of Work

- National Recreation Policy (2007) Youth Cafés identified as a key need both by and for young people.
 - Wish to *hang-out* and *be* with your peers
 - Need for safe place...
- Office of Minister for Children and Youth Affairs funded two pieces of research:
- 1. Youth Cafés in Ireland A Best Practice Guide 2. Youth Café Toolkit - How to set-up and Run a Youth Café in Ireland

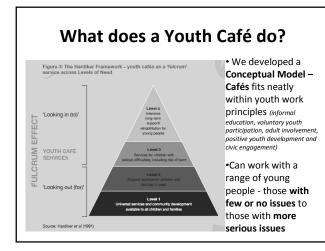
What is a Youth Café

What is a Youth Café?

- It is a safe, dedicated, quality meeting space for young people ranging in age from 10 to 25 years. It is determined by young people for young people, in partnership with adults.
- a relaxed meeting space, which is safe, friendly, inclusive and tolerant;
- a place for both sexes and for young people from all social and cultural backgrounds to engage in social interaction with their peers in a safe and supportive drug- and alcohol-free environment;
- a location for relaxation, recreation and entertainment, and, where appropriate, as a site for information, advice or even direct care/service provision;
- a place where young people can develop good quality relationships with their peers and with adults.

What is a Youth Café

- No-one model fits all areas and needs.
- Youth Cafés should not be seen as panacea for all youth issues
- Instead, one of a range of options available that compliments other provisions



What does a Youth Café do?

- In addition, we identified four underlying concepts:
 - Social Support Youth Cafés offer both formal support to the young person – and access to new informal networks. Café important hub.
 - Attachment Adolescence can be a challenging time – Youth Cafés offer for example, a secure base to explore talents, interact with peers and develop social skills.

What does a Youth Café do?

- Resilience Youth Café can act as a protective factor in enabling young person become or stay resilient.
- Civic Engagement Youth Cafés can connect resilience and civic engagement.
 For example, Young people engaging with their communities

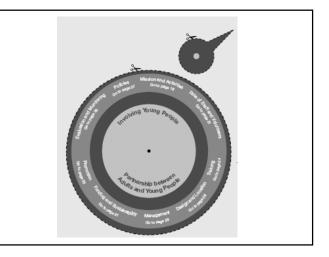
Recent Publications

1.Youth Cafés in Ireland - A Best Practice Guide

- Foundation document
 - Conceptual Model & Outcomes Focussed Framework
 - Guiding Principles for Youth Cafés
 - Operational Issues (management, funding, location, promotion etc)
 - Information, Monitoring and Evaluation Systems

Recent Publications

- **2. Youth Café Toolkit** How to set-up and Run a Youth Café in Ireland
- · Designed for:
 - Well-established Café enhance practice
 - Just be starting out get tips
 - Just thinking of one focus approach
- The Toolkit offers advice on 11 areas that are core to Youth Cafés (See Youth Café Wheel)



Using the Recent Publications Essential Eligibility Criteria for Strands 1 and 2 1. Café as a safe, quality space **Best Practice Guide** Toolkit •A safe and quality space - p.30 •No. 6 Design & Location •Building design and content – p.52 •Location – p.49 2. Café has a clear purpose **Best Practice Guide** Toolkit •Conceptual model and framework p.17 •A clear purpose – p.32 •No. 3 Mission •Regardless of Strand, check that application has addressed the issues identified as core for Youth Café development as outlined in Toolkit and Best Practice Guide

Acknowledgements

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 - staff in Youth Cafes,
 - representatives of Statutory, Community and Voluntary organisations
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