

This questionnaire arises from the project Standardizing Measurement of Alcohol Related Troubles (SMART) which has received funding from the European Union, in the framework of the Public Health Programme.

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QUESTIONNAIRE

STANDARDIZING MEASUREMENT OF ALCOHOL RELATED TROUBLES

(FINAL)

F – Frequency of drinking

F_1. How often did you drink beer, wine, spirits (e.g. vodka, gin, whisky, brandy) or any other alcoholic beverage, even in small amounts, for example a glass of beer, wine or spirits, in the past 12 months?
(SHOW CARD 1)

- 1) Every day
 - 2) 5 – 6 times a week
 - 3) 3 – 4 times a week
 - 4) 1 – 2 times a week
 - 5) 2 – 3 times a month
 - 6) Once a month
 - 7) 6 – 11 times a year
 - 8) 2 – 5 times a year
 - 9) Once a year
 - 10) I did not drink last 12 months, but I drank earlier
 - 11) I never drank in my life
- go to
UP_1

BSQF – Beverage specific quantity frequency method

Now I would like to ask you how often you drank particular alcoholic beverages over the past 12 months and how much you drank on average on a day when you drank.

(SHOW CARD 1)

BSQF_1. How often did you drink beer over the past 12 months?

- 1) Every day
 - 2) 5 – 6 times a week
 - 3) 3 – 4 times a week
 - 4) 1 – 2 times a week
 - 5) 2 – 3 times a month
 - 6) Once a month
 - 7) 6 – 11 times a year
 - 8) 2 – 5 times a year
 - 9) Once a year
 - 10) I did not drink last 12 months, but I drank earlier
 - 11) I never drank in my life
- _____ } go to BSQF_3.

BSQF_2. How much did you drink on average on a day when you drank beer over the past 12 months?

.....

.....

National team should define and print here the unit of reporting e.g. the unit of reporting e.g. a pint of beer or half a liter bottle

BSQF_3. How often did you drink wine over the past 12 months?

- 1) Every day
 - 2) 5 – 6 times a week
 - 3) 3 – 4 times a week
 - 4) 1 – 2 times a week
 - 5) 2 – 3 times a month
 - 6) Once a month
 - 7) 6 – 11 times a year
 - 8) 2 – 5 times a year
 - 9) Once a year
 - 10) I did not drink last 12 months, but I drank earlier
 - 11) I never drank in my life
- _____ } go to BSQF_5.

BSQF_4. How much did you drink on average on a day when you drank wine over the past 12 months?

.....

.....

National team should define and print here the unit of reporting e.g. 150 milliliter glass

BSQF_5. How often did you drink spirits (e.g. vodka, gin, whisky, brandy) over the past 12 months?

- 1) Every day
 - 2) 5 – 6 times a week
 - 3) 3 – 4 times a week
 - 4) 1 – 2 times a week
 - 5) 2 – 3 times a month
 - 6) Once a month
 - 7) 6 – 11 times a year
 - 8) 2 – 5 times a year
 - 9) Once a year
 - 10) I did not drink last 12 months, but I drank earlier
 - 11) I never drank in my life
- _____ } go to BSQF_7.

BSQF_6. How much did you drink on average on a day when you drank spirits over the past 12 months?

.....

.....

National team should define and print here the unit of reporting e.g. 30 milliliter glass

OPTIONAL FOR COUNTRY-SPECIFIC BEVERAGE

BSQF_7. How often did you drink ... over the past 12 months?

- 1) Every day
- 2) 5 – 6 times a week
- 3) 3 – 4 times a week
- 4) 1 – 2 times a week
- 5) 2 – 3 times a month
- 6) Once a month
- 7) 6 – 11 times a year
- 8) 2 – 5 times a year
- 9) Once a year
- 10) I did not drink last 12 months, but I drank earlier
- 11) I never drank in my life

National team should determine and print here a fourth alcoholic beverage which is country-specific and whose share in recorded sales in terms of volume exceeds 5%

go to CD_1.

BSQF_8. How much did you drink on average on a day when you drank spirits over the past 12 months?

National team should define and print here the unit of reporting e.g. 30 milliliter glass

CD – Context of drinking

When you drink [<i>name of a beverage</i>] do you usually drink	Beer			Wine			Spirits		
CD_1 With a meal or at some other time? <i>(one answer only for each beverage)</i>									
a) drink with a meal	1			1			1		
b) drink at some other time	2			2			2		
c) not applicable (NA) - don't drink this beverage	0			0			0		
CD_2. Where? (SHOW CARD 2) <i>(one answer only for each beverage)</i>									
a) at home	1			1			1		
b) in a restaurant	2			2			2		
c) in a pub, bar, etc	3			3			3		
d) outdoors	5			5			5		
e) other (please describe)	6			6			6		
f) not applicable (NA) - don't drink this beverage	0			0			0		
CD_3. With whom?	Yes	No	NA	Yes	No	NA	Yes	No	NA
a) Alone	1	2	0	1	2	0	1	2	0
b) Family	1	2	0	1	2	0	1	2	0
c) Friends	1	2	0	1	2	0	1	2	0
d) Strangers	1	2	0	1	2	0	1	2	0

RSOD – Risky Single Occasion Drinking or Binge drinking

RSOD_1. How often in the past 12 months, have you had six drinks or more on one occasion, which is? (SHOW CARD 3)

- 1) Every day
- 2) 5 – 6 times a week
- 3) 3 – 4 times a week
- 4) 1 – 2 times a week
- 5) 2 – 3 times a month
- 6) Once a month
- 7) 6 – 11 times a year
- 8) 2 – 5 times a year
- 9) Once a year
- 10) Never in the past 12 months → go to DR_1

National team should enter here amounts of beer, wine, and spirits which are equivalent of 60 grams of pure alcohol. For example: six 250 ml. glasses of beer (1.5 liter) or six 100 ml. glasses of wine (0.6 liter) or six 30 ml. glasses of spirits (180 ml.)

RSOD_2. During what time period (hours), would you usually drink six drinks (defined as above) on one occasion? (SHOW CARD 4)
Please tick to the nearest hour

- 1) Less than 1 hour
- 2) 1-2 hours
- 3) 3-4 hours
- 4) 5-6 hours
- 5) 7-8 hours
- 6) 9 or more hours

RSOD_3. Of the above occasions how often in the past 12 months, have you had twelve drinks or more on one occasion, which is? (SHOW CARD 3)

- 1) Every day
- 2) 5 – 6 times a week
- 3) 3 – 4 times a week
- 4) 1 – 2 times a week
- 5) 2 – 3 times a month
- 6) Once a month
- 7) 6 – 11 times a year
- 8) 2 – 5 times a year
- 9) Once a year
- 10) Never in the past 12 months → go to RSOD_5

National team should enter here amounts of beer, wine, and spirits which are equivalent of 120 grams of pure alcohol. For example: twelve 250 ml. glasses of beer (3 liters) or twelve 100 ml. glasses of wine (1.2 liter) or twelve 30 ml. glasses of spirits (360 ml.)

RSOD_4. During what time period (hours), would you usually drink twelve drinks (defined as above) on one occasion? (SHOW CARD 4)
Please tick to the nearest hour

- 1) Less than 1 hour
- 2) 1-2 hours
- 3) 3-4 hours
- 4) 5-6 hours
- 5) 7-8 hours
- 6) 9 or more hours

OPTIONAL

RSOD_5. When you drink six drinks or more do you usually drink:

RSOD_5A. beer, wine or spirits or their combinations (SHOW CARD 5) (one answer only)	
a) beer only	1
b) wine only	2
c) spirits only	3
d) combination of different alcoholic beverages (at least two)	4
e) not applicable - don't drink six drinks or more	0
RSOD_5B. With a meal or at some other time? (one answer only)	
a) drink with a meal	1
b) drink at some other time	2
c) not applicable - don't drink six drinks or more	0
RSOD_5C. Where? (SHOW CARD 6) (one answer only)	
a) at home	1
b) in a restaurant	2
c) in a pub, bar, etc	3
d) outdoors	5
e) other (please describe)	6
f) not applicable - don't drink six drinks or more	0
RSOD_5D. With whom ?	Yes No NA
a) Alone	1 2 0
b) Family	1 2 0
c) Friends	1 2 0
d) Strangers	1 2 0

DR – Drunkenness - OPTIONAL

DR_1. How often in the past 12 months did you drink enough to feel intoxicated or drunk – either you felt unsteady on your feet, or your vision was blurred, or your speech was slurred? (SHOW CARD 3)

- 1) Every day
- 2) 5 – 6 times a week
- 3) 3 – 4 times a week
- 4) 1 – 2 times a week
- 5) 2 – 3 times a month
- 6) Once a month
- 7) 6 – 11 times a year
- 8) 2 – 5 times a year
- 9) Once a year
- 10) Never in the past 12 months

DR_2. How many drinks usually makes you feel intoxicated or drunk?

NUMBER OF DRINKS (*One drink is*)

National team should enter here amounts of beer, wine, and spirits which are equivalent of 10 grams of pure alcohol. For example: one 250 ml. glass of beer or one 100 ml. glass of wine or one 30 ml. glass of spirits

ASC - Adverse social consequences of own alcohol use

How many times <u>during the past 12 months</u> :	No, never	Yes, once	Yes, more than once
ASC_1. Have you felt your drinking harmed your home-life or marriage?	0	1	2
ASC_2. Have you felt that your drinking harmed your friendships or social life?	0	1	2
ASC_3. Have you felt that your drinking harmed your health?	0	1	2
ASC_4. Have you felt your drinking harmed your work or studies? (like missing work/school, not doing your work/studies well or losing your job/ dropping out of school)	0	1	2
ASC_5. Have you felt that your drinking harmed your finances?	0	1	2
ASC_6. Have you got into a fight when you've been drinking or right after drinking?	0	1	2
ASC_7. Have you been arrested or stopped by the police because of drunk driving or drunken behaviour?	0	1	2

RAPS

During the past 12 months:

	Yes	No
RAPS_1. Have you had a feeling of guilt or remorse after drinking?	1	2
RAPS_2. Have you had a friend or family member tell you about things you said or did while you were drinking that you did not remember?	1	2
RAPS_3. Have you failed to do what was normally expected from you because of drinking?	1	2
RAPS_4. Do you sometimes take a drink in the morning when you first get up?	1	2

DSM- IV Dependence - OPTIONAL

The next questions are about problems you may have had because of drinking during the past 12 months.

	No	Yes
DSM_1. During the past 12 months, did you need to drink a larger amount of alcohol to get an effect, or did you find that you could no longer get a “buzz” or a high on the amount you used to drink?	1	2
DSM_2. Did you have times during the past 12 months when you stopped, cut down, or went without drinking and then experienced withdrawal symptoms like fatigue, headaches, diarrhoea, the shakes, or emotional problems?	1	2
DSM_3. Did you have times during the past 12 months when you took a drink to keep from having problems like these?	1	2
DSM_4. Did you have times during the past 12 months when you started drinking even though you promised yourself you wouldn’t, or when you drank a lot more than you intended?	1	2
DSM_5. Were there ever times during the past 12 months when you drank more frequently or for more days in a row than you intended?	1	2
DSM_6. Did you have times during the past 12 months when you started drinking and became drunk when you didn’t want to?	1	2
DSM_7. Were there times during the past 12 months when you tried to stop or cut down on your drinking and found that you were not able to do so?	1	2
DSM_8. Did you have periods during the past 12 months of several days or more when you spent so much time drinking or recovering from the effects of alcohol that you had little time for anything else?	1	2
DSM_9. Did you have a time during the past 12 months when you gave up or greatly reduced important activities because of your drinking – like sports, work, or seeing friends and family?	1	2
DSM_10. During the past 12 months, did you continue to drink when you knew you had a serious physical or emotional problem that might have been caused by or made worse by drinking?	1	2

UP – Unrecorded purchasing

UP_1. During the past 12 months, have you traveled to another country?

- 1) yes 2) no → go to the question UP_8.

UP_2. How many times did you bring spirits (e.g. vodka, gin, whisky, brandy) back with you from abroad during the past 12 months? (SHOW CARD 7)

- 1) once
2) 2 times
3) 3 - 5 times
4) 6 - 9 times
5) 10 - 19 times
6) 20 - 39 times
7) 40 times or more
0) I've not brought with me back spirits last 12 months → go to UP_4

UP_3. How much spirits did you bring back with you from abroad in total during the past 12 months?

Please put number of liters

UP_4. How many times did you bring wine back with you from abroad during the past 12 months? (SHOW CARD 7)

- 1) once
2) 2 times
3) 3 - 5 times
4) 6 - 9 times
5) 10 - 19 times
6) 20 - 39 times
7) 40 times or more
0) I've not brought with me back wine last 12 months → go to UP_6

UP_5. How much wine did you bring back with you from abroad in total during the past 12 months?

Please put number of liters

UP_6. How many times did you bring beer back with you from abroad during the past 12 months? (SHOW CARD 7)

- 1) once
2) 2 times
3) 3 - 5 times
4) 6 - 9 times
5) 10 - 19 times
6) 20 - 39 times
7) 40 times or more
0) I've not brought with me back beer last 12 months → go to UP_8

UP_7. How much beer did you bring back with you from abroad in total during the past 12 months?

Please put number of liters

How many times did you acquire particular alcoholic beverages outside of regular market (e.g. home made, smuggled, purchased directly from farmers or other producers and produced by yourself) over the past 12 months? How much such particular alcohol beverages did you acquire? (SHOW CARD 5)

UP_8. How many times did you acquire spirits (e.g. vodka, gin, whisky, brandy) outside of the regular market during the past 12 months? (SHOW CARD 7)

- 1) once
- 2) 2 times
- 3) 3 – 5 times
- 4) 6 – 9 times
- 5) 10 - 19 times
- 6) 20 - 39 times
- 7) 40 times or more
- 0) I've not acquired spirit outside of regular market during past 12 months → go to UP_10

UP_9. How much spirits in total did you acquire outside of the regular market during the past 12 months?

Please put number of liters

UP_10. How many times did you acquire wine outside of the regular market during the past 12 months? (SHOW CARD 7)

- 1) once
- 2) 2 times
- 3) 3 – 5 times
- 4) 6 – 9 times
- 5) 10 - 19 times
- 6) 20 - 39 times
- 7) 40 times or more
- 0) I've not acquired wine outside of regular market during past 12 months → go to UP_12

UP_11. How much wine in total did you acquire outside of the regular market during the past 12 months?

Please put number of liters

UP_12. How many times did you acquire beer outside of the regular market during the past 12 months? (SHOW CARD 7)

- 1) once
- 2) 2 times
- 3) 3 – 5 times
- 4) 6 – 9 times
- 5) 10 - 19 times
- 6) 20 - 39 times
- 7) 40 times or more
- 0) I've not acquired beer outside of regular market during past 12 months → go to UP_14.

UP_13. How much beer in total did you acquire outside of the regular market during the past 12 months?

Please put number of liters

OPTIONAL FOR COUNTRY-SPECIFIC BEVERAGES

UP_14. How many times did you acquire outside of the regular market during the past 12 months? (SHOW CARD 7)

- 1) once
- 2) 2 times
- 3) 3 – 5 times
- 4) 6 – 9 times
- 5) 10 - 19 times
- 6) 20 - 39 times
- 7) 40 times or more
- 0) I've not acquired outside of regular market during past 12 months → go to HD_1.

National team could determine and print here a fourth alcoholic beverage which is unrecorded and country-specific

UP_15. How much in total did you acquire outside of the regular market during the past 12 months?

Please put number of liters

HD – Heavy drinkers in your life

The following questions are related to people you may know whom you consider to be fairly heavy drinkers or someone who drinks a lot sometimes.

	No	Yes, please specify (put the number of persons)
HD_1. Thinking about the last 12 months, do you know some people who you consider to be fairly heavy drinkers or someone who drinks a lot sometimes?	0 → go to COM_1
HD_2. Did their drinking negatively affect you in some way in the last 12 months?	0 → go to COM_1

HD_3. What are relationships to you of people whose drinking negatively affected you in some way in the past 12 months ?

	Yes	No	Not applicable
a) Household member	1	2	0
b) Family member not in household	1	2	0
c) Co-worker	1	2	0
d) Friend	1	2	0
e) Others known to you, please specify	1	2	0

HD_3A. How much these person/persons' drinking affected you negatively in the past 12 months? Were you affected a lot or just a little?

- 1) affected a lot
- 2) affected a little

OPTIONAL

This section relates to co-workers (paid workers or volunteers) who you consider to be fairly heavy drinkers or someone who drinks a lot sometimes (for respondents who select answer "yes" for question HD_3 point c).

HD_4. Because of your co-worker(s) drinking, how many times in the past 12 months

		No	Yes, please specify (put the number of times)
HD_4a	Has your productivity at work been reduced?	0
HD_4b	Have you had to work extra hours?	0
HD_4c	Were you involved in an accident or a close call at work?	0

COM – Impact of others drinking

Because of someone else’s drinking, how many times in the past 12 months have you. . . .

	No	Yes, please specify (put the number of times)
COM_1. Been kept awake at night or disturbed?	0	
COM_2. Been verbally abused?	0	
COM_3. Been physically abused?	0	
COM_4. Been involved in a serious argument?	0	
COM_5. Felt unsafe in public places, including public transportation?	0	
COM_6. Gone out of your way to avoid drunk people or places where drinkers are known to hang out?	0	
COM_7. Been annoyed by people vomiting, urinating or littering when they have been drinking?	0	
COM_8. Experienced trouble because of drinkers at a licensed venue?	0	
COM_9. Been involved in a traffic accident because of someone’s drinking?	0	

AP – Attitudes to alcohol policy

I will read you out some statements on attitudes to alcohol policy. For each statement tell me if you strongly agree, somewhat agree, somewhat disagree or strongly disagree: (*SHOW CARD 8*)

	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree	Don’t know
AP_1. Advertising of alcohol should be restricted	1	2	3	4	9
AP_2. The blood alcohol limit for drivers should be kept as low as possible	1	2	3	4	9
AP_3. Breath testing of drivers should be widely enforced all year round	1	2	3	4	9
AP_4. Number of alcohol outlets should be decreased if people drink too much	1	2	3	4	9
AP_5. Alcohol taxes should be increased if people drink too much	1	2	3	4	9
AP_6. Alcohol is commodity like any other and does not require any special restrictions	1	2	3	4	9
AP_7. People are responsible enough to protect themselves from alcohol-related harm caused by their drinking	1	2	3	4	9
AP_8. Public authorities have the responsibility to act to keep people from being harmed by their own drinking	1	2	3	4	9