## Head Shop Products: Promoting Harm Reduction

Tony Duffin - Director Ana Liffey Drug Project



### Purpose and content of the presentation:

With a focus on Head Shops, the purpose and content of the presentation is

- To set the context the Ana Liffey works in.
- To share Ana Liffey's recent experience.
- To inform you of what Ana Liffey is doing as an active member of the North Inner City Drugs Task Force - Treatment & Rehabilitation Network.



NICDTF - Treatment & Rehabilitation Network

## Ana Liffey...

"During the early-1980s, drug policy and service provision in Dublin struggled to adapt to what became known as the 'opiate epidemic', the first wave of injecting heroin use in a city previously accustomed to much less risky drug use. This adaptation was not helped by the lack of formal drug policy-making structures or by the assumption that the only legitimate health and social service interventions were those which had abstinence as their goal. It was against this background that Frank Brady S.J. and Mara de Lacy set up the Ana Liffey Drug Project in 1982, a project which introduced the concepts of 'user friendliness', 'low-threshold', 'outreach' and 'peer education' work."

(Dr Shane Butler, Addiction Research Centre, Trinity College Dublin)



NICDTF - Treatment & Rehabilitation Network

# Setting the scene in North Inner City Dublin...

- North Inner City Dublin has a unique profile:
  - High density of licensed and off licence alcohol premises in a small area.
  - High density of Headshops within a small area.
  - High density of Methadone clinics in a small area.
  - A high level of poverty within a small area.
  - A high level of illicit drug seizures within a small area.



NICDTF - Treatment & Rehabilitation Network

# Working with people experiencing problem drug use...

- Mid 2009 we started to notice a shift towards the use of head shop products among a group of I.V. drug users.
- Their product of choice to inject was 'Snow' which they explained was better than cocaine; although the come down was heavy.
- People, within this cohort, began injecting the product straight away... more bangs for your buck!
- People told us that the drug lasted longer i.e. they would take one hit and they would get effects lasting, reportedly, up to 24 hours.

# One medical professional's experience:

"Over the past 3 months I have become increasingly aware of abuse of a substance sold as bath salts in 'head' or 'hemp' shops. Patients describe an effect similar to 'ecstasy' or cocaine. I understand that there are 3 substances called 'snow', 'blow' and 'vanilla sky'. The former, 'snow' appears to be the most popular. They also report that it prolongs the effect of heroin and defers the withdrawal phase of heroin use. They report either snorting or injecting. Injection appears to be associated with significant local tissue damage as a disproportionate number of patients have attributed marked local inflammation or DVT to use of this substance.

This abuse is very common in certain populations. I saw 20 drug users at a hostel for homeless persons this morning and over half reported use of 'snow' within in the past month."

(December 7th 2009 Member of Safetynet Primary Care for Homeless People.)

## "Use your head" Harm reduction leaflet

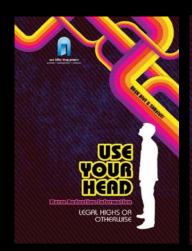
- The purpose of the leaflet is to get generic harm reduction information to the customers of Headshops.
- The leaflet will be available in as many Headshops as possible.
- The leaflet will be made available to community, voluntary and statutory drug services.

### "Use your head" Harm reduction leaflet

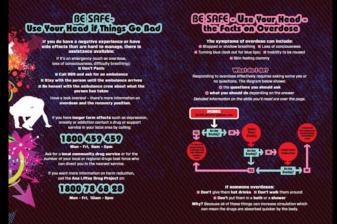
#### The process...

- Generic Harm Reduction information brought together by the Team at Ana Liffey.
- Given to the Peer Support Group for input.
  - Feedback taken and text adapted.
- Given to two Local Youth Projects for input.
  - Feedback taken and text adapted.
- Text given to Graphic Designer for high end graphic design.
- Peer Support Group and Youth Projects to comment on design.
  - Feedback taken and design adapted.
- Content and design signed off on and sent to printers.
- Leaflet put out to Headshops and make available to drug services via Local and Regional Drug Task Forces.

## "Use your head" Harm reduction leaflet:



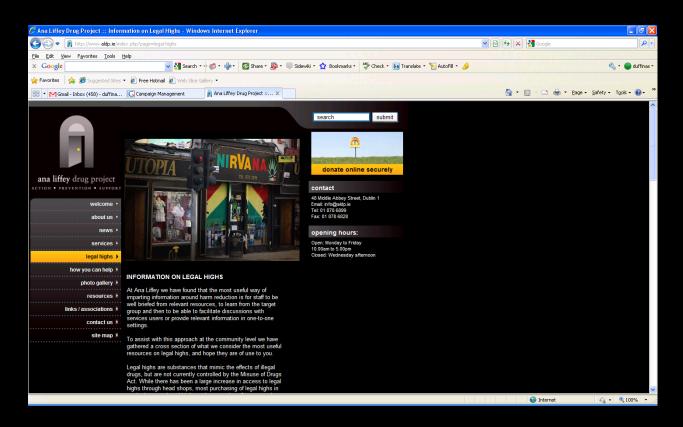








## "legal highs" web page:



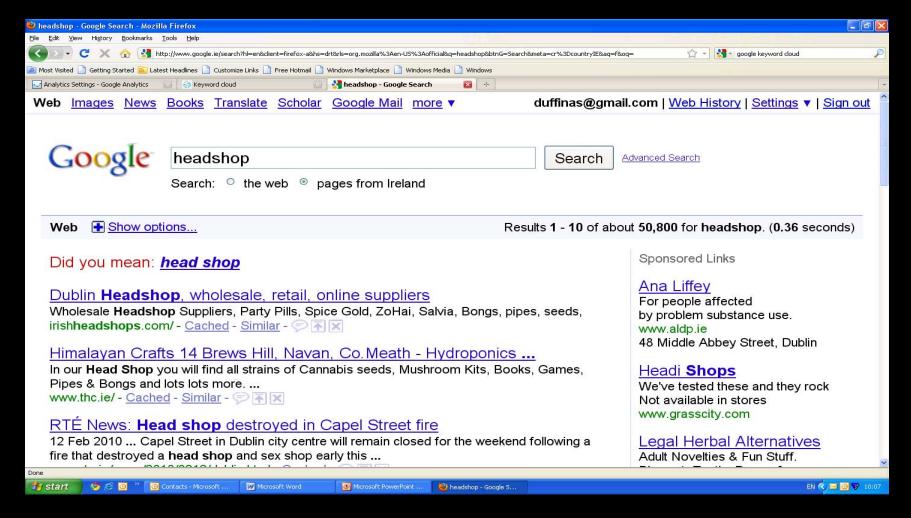
http://www.aldp.ie/index.php?page=legal-highs

## Online sales of Headshop products...Google Adwords Campaign

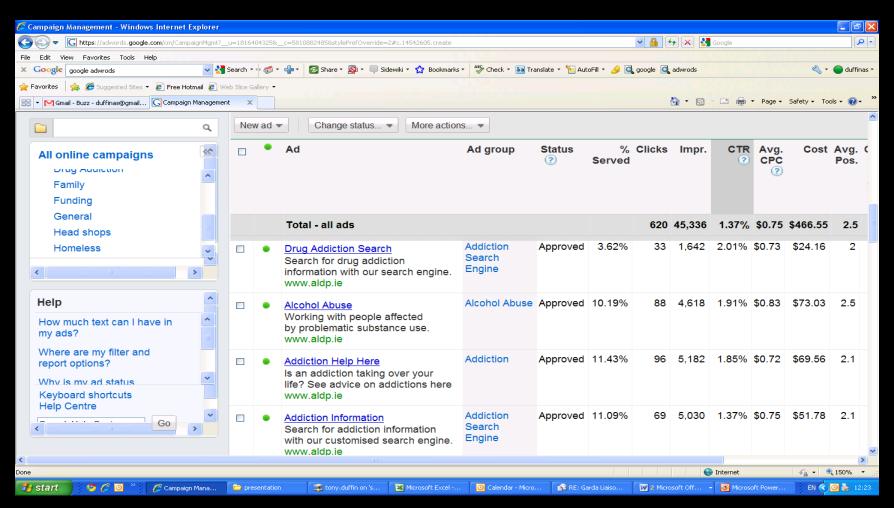
#### A keyword cloud from one Headshop website:

"head shop free delivery legal weed smart shop party pills legal highs head shop skip to head shop search site search europe's largest head shop chain free delivery worldwide over only my account my wishlist my cart checkout log in your language english spanish category navigation new products smoke xxx incenses bestsellers bath salts bestsellers legal highs bestsellers kratom salvia sex smoking papers smoking papers ocb papers rizla papers zig zag papers rips brand quintessential tips other brands gauzes and spoons grinders plastic wood metal vaporisers wholesale smoke xxx g buy now add to wishlist add to compare vanilla sky g out of stock add to wishlist add to compare smoke xxxx g buy now add to wishlist add to compare lime fantasy capsules buy now add to wishlist add to compare shisha charcoal pieces out of stock add to wishlist add to compare spice gold g out of stock add to wishlist add to compare wild cat g buy now add to wishlist add to compare white ice resin g buy now add to wishlist add to compare smoke xxx joint buy now add to wishlist add to compare raging bull capsules buy now add to wishlist add to compare snow g buy now add to wishlist add to compare recharge g buy now add to wishlist add to compare king bbb g buy now add to wishlist add to compare magic g buy now add to wishlist add to compare flake g buy now add to wishlist add to compare hurricane charlie g buy now add to wishlist add to compare are you looking for cannabis seeds or grow equipment check out our other sites customer service for internet orders only please use the shop locator if you want to call one of our shops head shop locator wholesale info frequently asked questions delivery times terms and conditions downloads privacy policy returns policy info nirvana is europe's largest head shop chain and is based in dublin ireland head shops are also known as smart shops smoke shops and head stores tel site map search terms advanced search contact us"

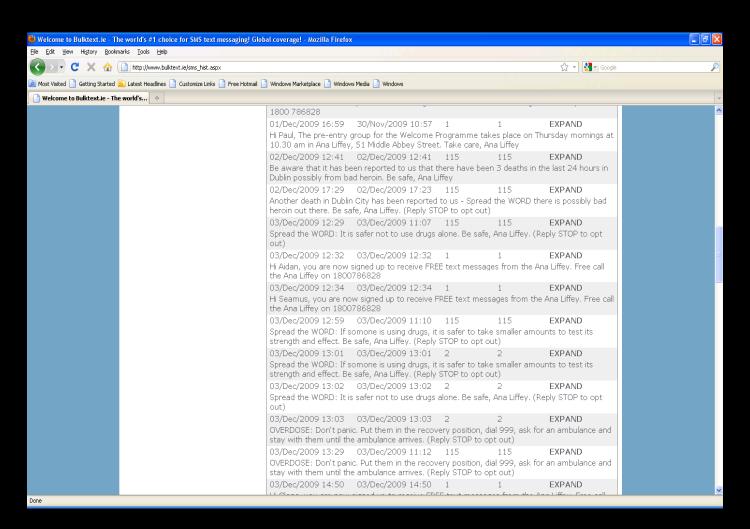
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'Duck, Dive & Survive' - SMS Service for people experiencing problem substance use...



## Finally...

### Resources available:

- http://www.aldp.ie/index.php?page=legalhighs
- Email <u>info@aldp.ie</u> to register for SMS service.
- Email <u>info@aldp.ie</u> to request copies of "Use Your Head" leaflet.