Directory of courses and training programmes on drug misuse in Ireland 2009

Improving people’s health through research and information

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Directory of Courses and Training Programmes on Drug Misuse in Ireland 2009

Compiled by Mary Dunne,
National Documentation Centre on Drug Use

Health Research Board
This Directory contains information about courses and training programmes on drug misuse for individuals and agencies interested in developing their knowledge, skills and capacity in this field. This is the fourth edition of the Directory compiled by the National Documentation Centre on Drug Use.

Course details are primarily based on responses to a request for information from course co-ordinators, published in Drugnet Ireland. A large number of training institutes and organisations were also contacted directly. Information in the Directory has therefore been supplied by a range of sources and this is reflected in the different writing styles and content.

There is a wide variety of training available, ranging from single sessions to courses lasting up to three years. Although some courses do not refer directly to drugs or addiction, they may be of interest to those working in this area. Obviously, the depth of coverage of the issues varies considerably, according to the length of the course and the level at which it is aimed. There are also variations in the training methods and in the underlying principles and approaches to issues in drug misuse. A number of courses are offered by multiple providers, so information on a single course may be provided more than once. This enables local providers to give details which may be of interest to those in their area.

Different courses are aimed at different target groups. Some courses are open to anyone in the community who is interested in the issue; others are aimed at those whose work brings them into contact with drug-related issues; and some are aimed at specific groups. The majority of courses listed here do not stipulate formal educational attainments as entry requirements, although a number of more advanced courses do require participants to have some previous knowledge and understanding of relevant issues.

This year we requested drugs task forces to provide information on educational bursaries for people residing or working in their areas. A small number of task forces will be offering such funding support in 2009. Names and criteria are listed in the Drugs task force education bursaries section.

The Directory does not assess or provide information about the quality or relevance of any of the courses listed. Neither the inclusion nor the omission of any course, or the details of any course, should be taken as indicative of any view or opinion of that course held by the staff of the National Documentation Centre on Drug Use, the Health Research Board or any other agency.

The information was gathered over a short period of time. Inevitably, some agencies providing courses and training in drug misuse were overlooked, while others were unable to respond in time. New courses are continually being developed. We hope, therefore, to update this Directory annually. Please consult our website, www.hrb.ie/ndc, for the most up-to-date edition.

Course co-ordinators who wish to provide updated information or new courses for the next Directory may request an application form from mdunne@hrb.ie
Course index

List of courses

A  Short courses (less than 20 hours of course time) providing basic information and/or raising awareness of drug misuse among a general target audience, or developing skills of those working in the field of drug misuse

B  Longer courses providing information, raising awareness and developing skills among those whose paid or voluntary work brings them into contact with drug misuse

C  Courses leading to a professional or academic qualification (at diploma level or higher) in the field of drug misuse or related areas

D  Courses in drug misuse for young people

E  In-service or on-site training for professionals and other vocational groups working in the field of drug misuse or related areas

F  Distance learning or online courses, where participants may study from home

Course providers – listed alphabetically, and showing course names

Drugs task force education bursaries – funding support for specific regions

Resources – information about the NDC and useful links

Courses A23, 24, 25, B18 and D01 also have provision for in-service training.
Courses A10 and A25 can be provided in local school settings.
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Course aims and objectives
To provide parents and other adults with a common-sense approach to understanding a variety of drug-related issues

Course content
This single-session drug awareness presentation is delivered from a preventative perspective. The following questions are addressed:
• What is a drug?
• What is drug misuse?
• What do drugs look like?
• Why do people take drugs?
• Where do young people get drugs?
• How do you conduct a safety audit in the family home?
• How safe is your community?
• What are the risk and protective factors?
• How do you get along with teenagers?
• How does someone develop a dependency on drugs?
• Where can you go for help?

Target group
Adults – parents / guardians / carers and community workers

Entry requirement
n.a.

Selection procedure
n.a.

Qualification
n.a.

Assessment
n.a.

Accreditation
n.a.

Course start date
Initial one-session course run on demand.

Course background
For the past 25 years CAD has responded to the needs of parents and community workers by providing single-session talks/presentations. In some instances these talks lead to additional programmes being delivered.

Course location
Local community level

Application
Contact CAD Co-ordinating Office

Cost
Organisers make a donation to CAD (anything from €50 upwards, depending on location).
Course aims and objectives
To provide former participants with an opportunity to access information on drugs from Dr Des Corrigan, Chairman of the National Advisory Committee on Drugs. In addition, to up-skill on family-related matters from a variety of guest speakers and to listen to shared personal experiences on the topic of drug use and dependency.

Course content
Pharmacological update from Dr Des Corrigan. Family-related strategies are covered by family therapists / addiction counsellors, and shared personal experiences by Narcotics Anonymous / Coolmine Therapeutic Community, Merchants Quay Ireland or the Family Support Network.

Target group
Past participants of our ‘Parenting for prevention’ programme and invited guests.

Entry requirement
None

Selection procedure
None

Qualification
n.a.

Assessment
n.a.

Accreditation
n.a.

Course start date
Next ‘update day’ will be in 2010.

Course background
Our ‘update days’ have been held on six occasions since 1994. The 2008 update day co-incided with our 25th anniversary celebrations.

Course location
To be confirmed

Application
Contact the CAD Office.

Cost
€10 to secure a place
Course aims and objectives
To provide a wide range of new-to-post or community workers with an opportunity to: access information on drugs and their effects; explore family/community-related strategies; and listen to shared personal experiences.

Course content
Pharmacological update from Dr Des Corrigan. Family-related strategies are covered by a variety of family therapists / addiction counsellors, and shared personal experiences by Narcotics Anonymous / Coolmine Therapeutic Community, Merchants Quay Ireland or the Family Support Network.

Target group
New-to-post workers / community workers

Entry requirement
None

Selection procedure
None

Qualification
n.a.

Assessment
n.a.

Accreditation
n.a.

Course start date
7 March, 13 June and 10 October 2009

Course background
Our education events for new-to-post workers have been available since 1984. They are usually held three times a year.

Course location
Currently: All Hallows College, Gracepark Rd, Drumcondra, Dublin 7

Application
Contact the CAD Office.

Cost
€60
Course aims and objectives
To provide participants with an opportunity to: update information on drugs and their effects; explore attitudes and decisions about substance misuse; and develop a family-orientated drug prevention strategy.

Course content
Discussion topics include:
• Drug-use prevalence
• Drug prevention (broadly defined)
• Drugs and their effects
• Safety audit in the family home
• Parenting-related confidence building
• Active listening
• Health promotion
• Harm reduction
• The gateway theory
• The wheel of change
• Drug-related laws
• Mental health matters
• Sexual health matters
• Information sources
• Treatment options
• Risk and protective factors

Target group
Parents or guardians, other adults

Entry requirement
None

Selection procedure
None

Qualification
n.a.

Assessment
n.a.

Accreditation
n.a.

Course start date
Contact CAD office.

Course background
The course was launched during European Drug Prevention Week in October 1992. It was first offered in September 1993. Each tutor can run a maximum of three sessions a week, depending on demand.

Course location
Local community level – cross task-force basis – Leinster

Application
Contact CAD Office.

Cost
€380 per six-session programme, if there is no sponsorship available
Course provider
DAP Crosscare
[DAP = Drug & Alcohol Programme]

Address
DAP Crosscare
The Red House
Clonliffe College
Dublin 3

Course aims and objectives
Capacity-building for counsellors
To develop confidence and capability to address drug / alcohol issues in the context of general counselling

Course content
Dynamics of drug use and dependence
Counselling skills in context of drug use

Target group
Counsellors / others whose clients include people using drugs or family members of same

Entry requirement
Experience of appropriate clients (as above in 'Target group')

Selection procedure
None

Qualification
Certificate of attendance

Assessment
None

Accreditation
Not accredited

Course start date
By arrangement

Course background
Tutors are experience counsellors / workers in the field. DAP Crosscare has worked in this field for 25 years and this course draws on insights from this experience and best practice.

Course location
Dublin – Clonliffe or in the group’s locality

Application
Contact DAP to arrange dates and venue.

Cost
Donation to Crosscare – negotiable
**Course provider**
Dún Laoghaire Rathdown Local Drugs Task Force

**Address**
DROP
45 Upper Georges Street
Dún Laoghaire
Co Dublin

**Contact person**
Eamonn Gillen

**Job title**
Drug Education Officer

**Telephone**
01 280 3187

**Email**
eamonngillen28@gmail.com

**Web address**
www.dlrdrugtaskforce.ie

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**Course aims and objectives**
To enable people living or working in the community to become more effective when they encounter drug abuse or addiction.

**Course content**
Areas covered include:
- Signs and symptoms
- Process of addiction
- How addiction effects individuals, families and communities
- How individuals and communities can respond
- Attitudes, beliefs around drug use and abuse

**Target group**
People living in the Dún Laoghaire Rathdown area or working in a drug-related field in the area.

**Entry requirement**
n.a.

**Selection procedure**
Application

**Qualification**
n.a.

**Assessment**
Course work and attendance

**Accreditation**
n.a.

**Course start date**
By arrangement. A venue and at least 12 participants needed in order for course to run.

**Course background**
This course was first offered in 1998 and has been repeated annually.

**Course location**
Within the Dún Laoghaire Rathdown area

**Application**
Details from contact person listed above

**Cost**
Free to participants
DRUGS AND ALCOHOL AT WORK – COMPLYING WITH SECTION 13 OF THE SAFETY, HEALTH AND WELFARE AT WORK ACT 2005

Course provider
EAP Institute
[EAP = Employee Assistance Programme]

Address
143 Barrack Street
Waterford

Contact person
Anita Furlong

Job title
Conference Administrator

Telephone
051 855 733

Email
anita@eapinstitute.com

Web address
www.eapinstitute.com

Course aims and objectives
To outline the new duties of employers and employees in relation to workplace drugs and alcohol

Course content
Requirements of the Health, Safety & Welfare at Work Act 2005

Target group
Human resource managers, health and safety managers and employee-assistance professionals

Entry requirement
Currently working in business

Selection procedure
n.a.

Qualification
Professional Development Hours (PDHs), required for Certified Employee Assistance Professional International (CEAPI)

Assessment
A pre-course assessment will take place.

Accreditation
Employee Assistance Certification Committee

Course start date
A one-day course run on three dates at different venues, starting 22 January 2009

Course background

Course location
Waterford, 22 January 2009; Galway, 19 February 2009; and Portlaoise/Dublin, 12 March 2009

Application
By phone, email or post to contact person listed above

Cost
€350
Course aims and objectives

- Be confident in developing an alternative approach to drug awareness and misuse prevention through environmental education.
- Learn a variety of interactive education methodologies, including indoor and outdoor activities, motivational activities and life-skill development.
- Be able to facilitate personal development in young people through their engagement with the environment (practical project work).
- Be confident and able to use the ECO-CHOICES resource pack (included in training fee).

Course content

- Introducing environmental education as a resource for positive personal development
- Enhancing self-awareness and building of self-esteem activities
- Assertive communication / conflict resolution activities
- Drug education session development scenarios
- Discussion of an environmental action project (5-step plan)
- Open discussions
- Warm-up games & wind-down activities

Target group

- Community youth workers
- Teachers and youth leaders

Entry requirement

Participants do not need to have any prior experience or training.

Selection procedure

n.a.

Qualification

n.a.

Assessment

n.a.

Accreditation

n.a.
Course start date
- Tuesday, 10 March 2009, 10 am to 4 pm
- Tuesday, 20 October 2009, 10 am to 4 pm

Course background
This course was first run in 2006.

Course location
- Dublin City centre (scheduled day trainings)
- Training at other venues in Ireland can be provided on request to a minimum of 6 and maximum of 20 participants (special group fee applies; contact ECO-UNESCO for details).

Application
Details from contact person listed above

Cost
€80 – ECO-UNESCO members
€90 – community & voluntary sector
€100 – statutory and others
(includes ECO-CHOICES resource pack)
Course aims and objectives
Aim: Raise awareness of alcohol and drug use and related issues
Objectives:
• For participants to become familiar with the process of addiction
• To gain knowledge of different drugs and their effects
• To become familiar with early detection and intervention
• Information on treatment and support available

Course content
• Introduction to basic concepts of addiction
• Detection of early signs and symptoms
• Familiarisation with commonly used drugs and alcohol
• The family in addiction
• Treatment models
• Intervention skills
• Prevention with youth
• Role play, film and speakers

Target group
The course is open to anyone in the community.

Entry requirement
Aged 18 or over

Selection procedure
Telephone interview

Qualification
Certificate of attendance

Assessment
Group assessment at end of course

Accreditation
n.a.

Course start date
The course is 16 hours and can be structured as requested.

Course background
This course runs several times a year, or as requested by local groups.

Course location
HOPE office at 15 North Strand Road, Dublin 1

Application
Details from contact person listed above

Cost
Free for members of the community; a donation may be requested from professionals.
Course aims and objectives
Aim: Raise awareness of alcohol and drug use among young people
Objectives: For participants to gain a brief overview of the process of substance use, drugs and their effects, intervention, treatment and support available

Course content
Brief description of:
- Process of addiction
- Alcohol, cannabis and solvent use
- Signs and symptoms
- Prevention tips with youth
- Support and further information available

Target group
Members of the community

Entry requirement
Parent of school child/children

Selection procedure
None. Courses are run at the request of school principal, youth or community group.

Qualification
n.a.

Assessment
Feedback from group leader

Accreditation
n.a.

Course start date
Two-hour talk, daytime or evenings

Course background
This course was begun in 2005, and will be run as requested.

Course location
Local schools

Application
Details from contact person listed above

Cost
Free
Course aims and objectives
Holistic respite for those living with drug addiction or alcoholism, or who have been bereaved due to addiction

Course content
Participants can avail of shiatsu, reflexology, and acupuncture.

Target group
Parents, children or spouses of people in addiction

Entry requirement
As above

Selection procedure
Telephone HOPE for appointment.

Qualification
n.a.

Assessment
n.a.

Accreditation
n.a.

Course start date
Course runs every Tuesday, from 6 pm to 8 pm.

Course background
This course has been successfully run since 2004.

Course location
HOPE office at 15 North Strand Road, Dublin 1

Application
Details from contact person listed above

Cost
Free
Course aims and objectives
Aim: This is a parenting course with a focus on drug/alcohol prevention
Objectives: To combine parenting skills with education around drugs issues

Course content
• Parenting skills
• Introduction to basic concepts of addiction
• Familiarisation with commonly used drugs and alcohol
• The family in addiction
• Games, film and speakers

Target group
Parents, grandparents, those working with children

Entry requirement
Have children in your care, either professionally or personally

Selection procedure
Telephone interview

Qualification
n.a.

Assessment
Group

Accreditation
n.a.

Course start date
To be run three times in 2009

Course background
New to HOPE in 2009

Course location
HOPE office at 15 North Strand Road, or on site

Application
Details from contact person listed above

Cost
Free
Course aims and objectives
Art therapy combines traditional psychotherapeutic theories and techniques with an understanding of the psychological aspects of creativity. It is based on the belief that the creative process of art is both healing and life-enhancing. Participants will be introduced to the idea of art as therapy through visualisation and group work, and encouraged to analyse the benefits of using artwork and image-making in the therapeutic setting and in their own lives.

Course content
This weekend workshop focuses on experiencing the non-verbal approach to art-making by tapping into the imagination and expressing feelings and insights through play and creativity. All materials included.

Target group
Anyone interested in learning how to use the techniques of art therapy in their personal or professional lives, especially counsellors, therapists, facilitators and adult educators and those who work therapeutically in the caring professions or voluntary sectors.

Entry requirement
n.a.

Selection procedure
No prior knowledge or skills required.

Qualification
Certificate of attendance and participation. This course can be attended as part of ongoing Continuing Professional Development (CPD).

Assessment
Attendance at all training days is required for the award of Introduction to Art Therapy

Accreditation
Institute of Integrative Counselling and Psychotherapy (IICP Education and Training)

Course start date
One full weekend, from 9.30 am to 4.30 pm on 24 and 25 May 2009.

Course background
This course has been organised in response to those seeking training or involved in the delivery of training to adult learners.

Course location
Killinarden Enterprise Park, Dublin 24

Application
Application form available from contact persons or IICP website listed above.

Cost
€320
**Course aims and objectives**
This course is designed for trainees or professionals who are involved or would like to be involved in providing therapeutic services to children.

**Course content**
This practice-based seminar will cover the basics of therapeutic work with children, including child assessments, child protection issues, and a model for therapeutic change in children. Participants will have the opportunity to experience embodiment play, projective play and role play through activities such as sand play, creative visualisation, therapeutic stories, music, art, drama and clay.

**Target group**
Those who are currently involved or would like to be involved in working with children and adolescents in a therapeutic setting.

**Entry requirement**
See above.

**Selection procedure**
See above. Places are strictly limited and allocated on a first-come, first-served basis.

**Qualification**
Certificate of attendance and participation.

This course can be attended as part of ongoing Continuing Professional Development (CPD).

**Assessment**
Attendance at all training days is required to achieve the certificate award.

**Accreditation**
Institute of Integrative Counselling and Psychotherapy (IICP Education and Training)

**Course start date**
One full weekend, from 9.30 am to 4.30 pm on 7 and 8 March 2009.

**Course background**
This course has been organised in response to requests from trainees and professionals who wish to update their skills and knowledge base for providing therapeutic services for minors.

**Course location**
Killinarden Enterprise Park, Dublin 24

**Application**
Application form available from contact persons or IICP website listed above.

**Cost**
€350
Course aims and objectives
Everybody experiences loss and bereavement in the course of their lives. Loss can take many forms including death, unemployment, divorce, leaving home etc and mourning is a normal response to change.
Dealing with the bereaved involves the use of many important skills for all those in the helping professions as the ability to counsel people who have been bereaved, and/ or who have suffered a devastating loss, is of vital importance in today’s stressful world.

Course content
- Understanding bereavement, loss and grief
- Models for understanding bereavement, loss and grief
- Bereavement, loss and grief: therapeutic approaches and interventions
- Multicultural considerations
- Assessment strategies
- Family grief
- Anticipatory grief and complicated grief
- Special cases

Target group
Those interested in learning how to use the skills of bereavement therapy in their personal or professional lives, especially counsellors, therapists, facilitators and adult educators and those who work therapeutically in the caring professions or the voluntary sector.

Entry requirements
n.a.

Selection procedure
No prior knowledge or skills required

Qualification
Certificate of attendance and participation. This course can be attended as part of ongoing Continuing Professional Development (CPD).

Assessment
Attendance at all training days is required for the certificate award.

Accreditation
Institute of Integrative Counselling and Psychotherapy (IICP Education and Training)
Course start date
Dates will be scheduled for autumn 2009.

Course background
This course has been organised in response to those seeking training in bereavement counselling both professionally and personally and for those involved in the delivery of training to adult learners.

Course location
Killinarden Enterprise Park, Dublin 24

Application
Application form available from contact persons or IICP website listed above.

Cost
€320
Course aims and objectives
This course aims to increase participants’ knowledge, understanding and range of interventions for therapeutic work with those who are adjusting to long-term illness and terminal illness such as HIV/AIDS and Hepatitis C. Illness and terminal illness are life events which have an impact on more than the sufferer. The purpose of this workshop is to look at ways in which the issues that face those who have to come to terms with illness and terminal illness might be dealt with in a therapeutic way.

Course content
The course will explore the psychological issues involved as well as offering an understanding of coping styles and the psychological phases of dealing with illness. Additionally, the factors affecting each individual’s ability to deal effectively with the issues involved will be examined as well as the therapeutic considerations and interventions.

Target group
Those interested in learning how to use these skills either personally or professionally, especially counsellors, therapists, facilitators and adult educators and those who work therapeutically in the caring professions or the voluntary sector.

Entry requirement
n.a.

Selection procedure
No prior knowledge or skills required

Qualification
Certificate of attendance and participation. This course can be attended as part of ongoing Continuing Professional Development (CPD).

Assessment
Attendance at all training days is required for the certificate award.

Accreditation
Institute of Integrative Counselling and Psychotherapy (IICP Education and Training)

Course start date
Dates will be scheduled for autumn 2009.
Course background
This course has been organised in response to those seeking training in bereavement counselling both professionally and personally and for those involved in the delivery of training to adult learners.

Course location
Killinarden Enterprise Park, Dublin 24

Application
Application form available from contact persons or IICP website listed above.

Cost
€320
Course aims and objectives
This one-day workshop is designed for anyone who wishes to learn about ‘mindfulness’. Put simply, mindfulness involves returning your awareness to the present moment, in a non-judgemental way, whenever you notice your mind has wandered into the past, the future or into fantasy. This very simple approach, though at odds with our normal way of thinking, can be very helpful to people suffering loss, anxiety, stress, depression and other aspects of the human condition.

Course content
This one-day workshop will:
- Teach you mindfulness techniques that you can use straight away
- Show you how to introduce mindfulness to clients
- Review the research into mindfulness and counselling

Target group
For anyone interested in learning how to use the techniques of mindfulness in their personal or professional capacity in a therapeutic setting.

Entry requirement
None, but places are strictly limited and allocated on a first-come, first-served basis.

Selection procedure
See above

Qualification
Certificate of attendance and participation. This course can be attended as part of ongoing Continuing Professional Development (CPD).

Assessment:
N.a.

Accreditation
Institute of Integrative Counselling and Psychotherapy (IICP Education and Training)

Course start date
One full day, 9.30 am to 4.30 pm; dates will be advertised for summer and autumn 2009.

Course background:
This course has been organised in response to requests from trainees and professionals who wish to learn more about mindfulness.

Course location
Killinarden Enterprise Park, Dublin 24

Application
Application form available from contact persons or IICP website listed above.

Cost
€120
Motivational interviewing (MI) is a powerful and effective way of supporting people through the processes of change. This model draws on behavioural, cognitive and humanistic psychological skills and theories. As a way of being with clients, it is empowering, non-coercive and practical. MI is recommended in the following settings:

- Facilitating change in all stages of addictive behaviour
- Drug and alcohol dependency
- Relapse management
- Crisis intervention
- Working with cocaine users

On completion of this two-day basic MI course, participants will:

- Understand the key principles of motivational skills
- Know how to respond to different stages in the cycle of change
- Be aware of approaches that promote resistance in clients and techniques to reduce resistance
- Be able to demonstrate effective listening skills.
- Understand the concepts of simple and advanced empathy.
- Recognise the difference between open and closed questions and where each might be most appropriate.
- Have practised summarising and reflective listening.
- Be able to recognise resistance and support client’s willingness to change.
- Have developed skills in supporting self-motivating statements.
- Have devised action plans for role-specific application.
Target group
Those who work with individuals experiencing substance misuse problems in a community, clinical or counselling setting, or those involved in personal or business coaching.

Entry requirement
Suitable for those working in the helping/caring professions, with a particular emphasis on those working directly with individuals experiencing substance misuse problems.

Selection procedure
None, but places are strictly limited and allocated on a first-come, first-served basis.

Qualification
Certificate of attendance and participation. This course can be attended as part of ongoing Continuing Professional Development (CPD).

Assessment
Attendance at all training days is required to achieve the certificate award.

Accreditation
Institute of Integrative Counselling and Psychotherapy (IICP Education and Training)

Course start date
One full weekend, from 9.30 am to 4.30 pm; dates will be scheduled for autumn 2009.

Course background
This course was first organised in September 2006 in response to requests from professionals and trainees working in the field of addiction. Further courses were organised in November 2006 and 2007.
Course aims and objectives
To offer participants the opportunity to enhance their existing motivational interviewing (MI) skills; to learn additional MI techniques, and be able to practice them in a supervised setting.

Course content
• To teach participants to be able to identify clients stuck in ambivalence, and to introduce them to strategies to deal with this;
• To discuss the concept of resistance, and to learn techniques to handle and decrease resistance;
• To learn how to use MI strategies to move the client from ‘change talk’, to setting an action plan and maintaining a commitment to change.

The workshops will use a wide range of teaching and learning methods; these include lecture format, small and large group work, observation and role-play.
Course background
This course was first organised in September 2006 in response to requests from professionals and trainees working in the field of addiction. The first advanced course was held in February 2007.

Course location
Killinarden Enterprise Park, Dublin 24

Application
Application form available from contact persons or IICP website listed above.

Cost
€350
Course aims and objectives
The aim of this workshop is to increase participants’ awareness and understanding of positive psychology and to learn strategies for developing better mental health and increasing levels of happiness and wellbeing.

Course content
The course includes an introduction to positive psychology as well as:
- The characteristics of psychological health
- Stress management and wellbeing
- Learn how to recognise and value your own strengths and how to utilise and build on these to enhance your levels of effectiveness and wellbeing.
- Understand and appreciate the contribution that happiness makes to a wide variety of measurable outcomes.
- Assist others to identify their own strengths and help them to work on these

Target group
Counsellors, therapists, facilitators and adult educators, those who work therapeutically in the caring professions or the voluntary sector, and those who wish to enhance their personal development.

Entry requirement
n.a.

Selection procedure
No prior knowledge or skills required.

Qualification
Certificate of attendance and participation. This course can be attended as part of ongoing Continuing Professional Development (CPD).

Assessment
Attendance at all training days is required for the certificate award.

Accreditation
Institute of Integrative Counselling and Psychotherapy (IICP Education and Training)

Course start date
Autumn 2009; dates will be announced on the website.
Course background
This course has been organised in response to those seeking training for those involved in the delivery of training to adult learners.

Course location
Killinarden Enterprise Park, Dublin 24

Application
Application form available from contact persons or IICP website listed above.

Cost
€320
Course aims and objectives
Course objectives include:

- To introduce participants to the concept of project working
- To identify different roles and responsibilities of project workers
- To explore client’s motivation for presenting at various projects
- To explore the development of a care plan approach (needs identification, goal setting, advocacy/brokerage and tracking)
- To examine the rehabilitation process
- To introduce participants to basic attending and counselling skills
- To introduce participants to RT/CT
- To explore concept of connection and therapeutic relationships
- To introduce participants to cognitive behavioural coping skills and functional behavioural analysis. (as applicable to addiction/mental health settings/behavioural settings/childcare settings etc)
- To explore ethics and boundaries relating to project work
- To examine appropriate case note maintenance
- To discuss classifications of illicit substances commonly used in Ireland
- To identify the signs and symptoms of drug use
- To explore effects of dependency
- To introduce participants to validated psychometric measures relating to drug use
- To identify common psychological defence mechanisms in addiction and to explore ways of working with same

Course content
See above. The workshops will use a wide range of teaching and learning methods, including lecture format, small and large group work, observation and role-play.

Target group
Those who work with individuals experiencing substance misuse problems in a community, clinical or counselling setting.
Entry requirement
None, but places are strictly limited and allocated on a first-come, first-served basis.

Selection procedure
n.a.

Qualification
Certificate of attendance and participation.
This course can be attended as part of ongoing Continuing Professional Development (CPD).

Assessment
Attendance at all training days is required for the certificate award.

Accreditation
Institute of Integrative Counselling and Psychotherapy (IICP Education and Training)
Course tutors: Caitriona Kearns and Richard Brennan

Course start date
One full weekend, from 9.30 am to 4.30 pm on 4 and 5 April 2009

Course background
This course has been organised in response to those working in the area of addiction who wish acquire or update the necessary knowledge, skills and expertise.

Course location
Killinarden Enterprise Park, Dublin 24

Application
Application form available from contact persons or IICP website listed above.

Cost
€320
Course aims and objectives
See course content

Course content
Programme content will include:
• Identifying training needs
• Developing training plans
• Designing training programmes
• Addressing challenges presented in training
• Effective delivery of presentations and training events
• Evaluating training
At the end of this programme participants will:
• Identify where and when training is required
• Understand how adults learn
• Be aware of memory and how to improve recall
• Design and plan appropriate training to meet identified training needs
• Understand the importance of visual aids and use of a range of media

• Use visual and media aids effectively
• Recognise challenges within the training context and be able to address them
• Know how to develop skills in self-presentation and use of self in training
• Understand the elements of effective organisational training strategies
• Know how to evaluate training at different levels

Target group
Those involved in delivering training to adult learners and/or those who wish to learn more about the provision of training to adults

Entry requirement
See above.

Selection procedure
None, but places are strictly limited and allocated on a first-come, first-served basis.
Qualification
Certificate of attendance and participation.
This course can be attended as part of ongoing Continuing Professional Development (CPD).

Assessment
n.a.

Accreditation
Institute of Integrative Counselling and Psychotherapy (IICP Education and Training)

Course start date
Dates will be scheduled for autumn 2009.

Course background
This course has been organised in response to those seeking training for those involved in the delivery of training to adult learners.

Course location
Killinarden Enterprise Park, Dublin 24

Application
Application form available from contact persons or IICP website listed above.

Cost
€375
Course aims and objectives
This one-day workshop is designed to equip helping professionals with the knowledge and skills necessary to work competently with addiction from a cognitive behaviour therapy (CBT) approach.

Course content
Participants will learn to observe, assess, evaluate, and formulate treatment using the client's environmental influencers as well as their thoughts, moods and emotions, and behaviour. They will also learn to further evaluate the effectiveness of treatment in a CBT model.

Target group
Counsellors or helping professionals interested in continuing professional development.

Entry requirement
Counselling qualification or similar

Selection procedure
Completion of the application and fulfilment of the conditions

Assessment
85% attendance is required.

Accreditation
PCI College

Course start date
To be announced

Course background
Course has run annually since 2005.

Course location
Corrig House, Clondalkin, Dublin 22

Application
Application form available on website or by email as listed above.

Cost
€130 (in-service training cost on application)
Course aims and objectives
This one-day workshop is designed to equip helping professionals with further knowledge and skills necessary to work competently with addiction from a cognitive behaviour therapy (CBT) approach.

Course content
Participants will learn to observe, assess, evaluate, and formulate treatment using the client's environmental influencers as well as their thoughts, moods and emotions, and behaviour. They will also learn to further evaluate the effectiveness of treatment in a CBT model.

Target group
Counsellors or helping professionals interested in continuing professional development.

Entry requirement
Counselling qualification or similar

Selection procedure
Completion of the application and fulfilment of the conditions.

Qualification
Certificate of attendance

Assessment
85% attendance is required.

Accreditation
PCI College

Course start date
To be announced

Course background
This course was first run in 2007 and is run several times a year.

Course location
Corrig House, Clondalkin, Dublin 22

Application
Application form available on website or by email as listed above.

Cost
€130 (in-service training cost on application)
Course aims and objectives

Aims:
- To raise basic awareness in relation to alcohol and substance misuse
- To look at attitudes
- Explore tools for prevention
- Trust and consequences
- Importance of feelings and communication
- Sources of stress / importance of ‘healthy’ parents
- To build confidence in parenting
- To give skills and frameworks to work from, should issues arise
- Importance of family values and beliefs
- Understanding of addiction
- Support for parents / sources of information and help

Course content

Five 2.5-hour video/workshop based sessions delivered once a week for 5 weeks

Target group

All adults in community

Entry requirement

Aged over 18

Selection procedure

Self-selection

Qualification

Certificate to recognise participation in course

Assessment

Full attendance is requested where possible.

Accreditation

n.a.

Course start date

Variable; course consists of one session a week over 5 weeks, at pre-arranged venues.

Course background

Course has been delivered since 2001, usually between September and April.

Course location

Various locations in Co Meath, in schools and communities where there are interested participants

Course provider

South Meath Response (SMR) project

Address

The Maudlins Centre
Trim
Co Meath

Contact person

Cathy Whelan

Job title

Project Co-ordinator

Telephone

046 943 7245

Email

smrproject@eircom.net

Web address

http://community.meath.ie/smrrproject
Application
Application form and details of dates and venues available from contact person listed above.

Cost
€10 – €35 approximately; cost to cover materials
## Course aims
- To facilitate drug education training for voluntary youth leaders. Specifically in relation to activities which can be used in the club/project setting
- To provide follow up consultancy and support services for voluntary youth leaders working with young people

## Course objectives
That participants will:
- be aware of drug use trends locally and nationally
- be familiar with different types of drugs and their effects
- be able include drug information in their club/project activities
- understand best practice approaches in drug education
- be aware of drug services/resources available locally and nationally and how to access them

## Course content
- Attitudes
- Trends in drug use/misuse
- Drug types and effects
- Risk and protective factors
- Best practice in drug education
- Activities and resources
- Drug services

## Target group
Voluntary youth leaders

## Entry requirement
n.a.

## Selection procedure
n.a.

## Qualification
n.a.

## Assessment
n.a.

## Accreditation
n.a.

## Course start date
This one-day training will be run several times during 2009.
Course background
This training was first offered in 2006. It is advertised and run at various locations throughout the SWRDTF area (Kildare, West Wicklow & South & West Dublin).

Course location
Various venues in the SWRDTF area (Blessington, Maynooth, Lucan, Kildare Town, Naas, Newbridge, Athy etc.)

Application
Details of dates and venues available from contact person listed above.

Cost
Free
Course aims
- To raise awareness among parents about the issues and choices facing young people in relation to drug use/misuse in the context of their own communities
- To inform parents of the supports and services available in relation to drug use/misuse

Course objectives
- To inform participants of trends in drug use/misuse
- To allow participants to become familiar with different types of drugs and their effects
- To challenge attitudes to drug use/misuse/addiction
- To familiarise participants with school-based drug education programmes and policy

Course content
Session 1
- Attitudes to drug use
- Overview of school-based drug education programmes and policy

Session 2
- Current trends in drug use
- Risk and protective factors
- Drug categories – names, slang terms, types and general effects

Session 3
- Alcohol, tobacco and cannabis, effects, patterns of use, signs and symptoms

Session 4
- Hallucinogens, stimulants and opiates

Session 5
- Talking to your children about drugs
- Case studies

Session 6
- Services available locally, youth and drugs
- Service providers’ inputs (HSE, JLO etc.)

Target group
The programme is open to all parents.

Entry requirement
n.a.
Selection procedure
n.a.

Qualification
n.a.

Assessment
n.a.

Accreditation
n.a.

Course start date
This six-week programme will be run several times during 2009.

Course background
This programme was first offered in 2006. It is advertised and run at various locations throughout the SWRDTF area (Kildare, West Wicklow & South & West Dublin).

Course location
Various venues in the SWRDTF area (Blessington, Maynooth, Lucan, Kildare Town, Naas, Newbridge, Athy etc.)

Application
Details of dates and venues available from contact person listed above.

Cost
Free
Course aims and objectives
To enable workers gain an understanding of crack cocaine and explore appropriate interventions

Course content
• History of crack cocaine
• How it works – its properties; its effects
• How it is used
• Working with crack cocaine users – types of intervention; identifying ways of reducing the associated health risks

Target group
Workers in the drug field or social care area

Entry requirement
A good basic knowledge of drugs

Selection procedure
n.a.

Qualification
Certificate of completion

Assessment
n.a.

Accreditation
Urrús/Ballymun Youth Action Project

Course start date
Half-day workshop, 9 February 2009 2:00 pm – 4:45 pm.

Course background
This workshop is run 3–4 times a year.

Course location
Ballymun

Application
Booking form is available from Urrús.

Cost
€40
Course aims and objectives
To enable workers gain an understanding of crack cocaine and methamphetamine/crystal meth. Also to explore appropriate interventions

Course content
- History of crack cocaine and methamphetamine/crystal meth
- How these drugs work – their properties; their effects
- How these drugs are used
- Working with crack cocaine and methamphetamine/crystal meth users – types of intervention; identifying ways of reducing the associated health risks

Target group
Workers in the drug field or social care area

Entry requirement
A good basic knowledge of drugs

Selection procedure
n.a.

Qualification
Certificate of completion

Assessment
n.a.

Accreditation
Urrús/Ballymun Youth Action Project

Course start date
One-day workshop, 21 January 2009
10:00 am – 4:45 pm

Course background
This workshop is run 1–2 times a year.

Course location
Ballymun

Application
Booking form is available from Urrús.

Cost
€60
Course aims and objectives
To provide introductory information about drugs and alcohol

Course content
• Drugs information
• Alcohol misuse
• Trends and patterns
• Signs and symptoms
• Involving support agencies and making referrals

Target group
People who want to begin to learn about drugs and alcohol and their effects

Entry requirement
n.a.

Selection procedure
n.a.

Qualification
n.a.

Assessment
n.a.

Accreditation
n.a.

Course start date
One full day, 25 February or 7 April 2009
10:00 am – 4:30 pm

Course background
This information day is run 3–4 times a year.

Course location
Ballymun

Application
Booking form is available from Urrús.

Cost
€35
**Course aims and objectives**
This workshop will enable participants to:
- Understand the reasons for homelessness
- Explore the difficulties experienced by the above groups in accessing mainstream services
- Identify ways of linking people to appropriate services
- Look at advocacy and support skills.

**Course content**
- How and why people become homeless
- Determining the issues faced by people who are homeless-drug users
- Looking at the barriers encountered by homeless drug users seeking to access services
- Ways of assisting clients to prioritise needs
- How to support clients to access services
- Developing advocacy and support skills

**Target group**
Project workers and volunteers working with the homeless and drug users

**Entry requirement**
A good basic knowledge of drugs

**Selection procedure**
n.a.

**Qualification**
Certificate of completion

**Assessment**
n.a.

**Accreditation**
Urrús/Ballymun Youth Action Project

**Course start date**
Half-day workshop, 12 February 2009
10:00 am –1:00 pm

**Course background**
This workshop is run 2–4 times a year.

**Course location**
Ballymun

**Application**
Booking form is available from Urrús.

**Cost**
€40
Course aims and objectives
To provide a good basic understanding of drugs and related issues

Course content
• Drug and their effects
• Signs and symptoms
• Drug trends and patterns
• Stages in the process of addiction
• Progression to problematic use
• Addiction and family
• Treatment approaches and making referrals

Target group
People who want to refresh their knowledge about drugs and gain further information

Entry requirement
n.a.

Accreditation
Urrús/Ballymun Youth Action Project

Course start date
Two full days, 28 January and 4 February 2009 10:00 am – 4:45 pm or
Four half days, 5, 12, 19 and 26 March 2009 10:00 am – 1:00 pm

Course background
This workshop is run 2–4 times a year.

Course location
Ballymun

Application
Booking form is available from Urrús.

Cost
€40
Course aims and objectives
To enable workers gain an understanding of methamphetamine/crystal meth and to explore appropriate interventions

Course content
- History of methamphetamine/crystal meth
- How it works – its properties; its effects
- How this drug is used
- Working with methamphetamine/crystal meth users – types of intervention; identifying ways of reducing the associated health risks

Target group
Workers in the drug field or social care area

Entry requirement
A good basic knowledge of drugs

Selection procedure
n.a.

Qualification
Certificate of completion

Assessment
n.a.

Accreditation
Urrús/Ballymun Youth Action Project

Course start date
Half-day workshop, 24 February 2009
10:00 am – 1:00 pm

Course background
This workshop is run 1–2 times a year.

Course location
Ballymun

Application
Booking form is available from Urrús.

Cost
€40
Course aims and objectives

Aims:
- To challenge attitudes towards drugs, addiction and other drug-related problems
- To raise awareness of drug-related issues
- To raise awareness of the dynamics of addiction

Objectives:
- For participants to recognise their own attitudes and prejudices towards various drugs and drug users; and to recognise how this affects their work and daily lives.
- Gain knowledge of drugs and their effects
- Gain knowledge of drug-related issues
- For participants to have a clearer understanding of addiction

Course content
- Drug facts
- Attitudinal activities
- Risk-taking behaviour
- Signs and symptoms
- Potential drug-related scenarios in the workplace and in voluntary work
- In-depth look at alcohol-related issues
- Information on potential referral agencies
- Information on how to find further resources and information
- Cycle of change
- A chance to view the drugs

Target group
Parents, communities and voluntary organisations

Entry requirement
An interest in the subject

Selection procedure
n.a.

Qualification
n.a.

Assessment
n.a.

Accreditation
n.a.

Course start date
Various dates and times (daytime or evening). Course is 2 to 4 two-hour sessions (depending on the needs of the target audience).
Course background
These courses have been run throughout the city and county for 6 years. They can be held any day (Monday–Friday) during daytime or evenings.

Course location
Waterford city and county

Application
Details from contact person listed above

Cost
Free
Course aims and objectives
To challenge attitudes and enhance knowledge and understanding of substance use.

Course content
- To enhance parents’ knowledge and awareness of alcohol and substance use issues
- To challenge attitudes to alcohol and drug use
- To enhance the comfort and ability of parents to communicate openly with young people around all issues
- To highlight the link between substance use, sexual health and mental health
Also includes information on access to services locally and nationally, and what to do if a problem does arise

Target group
Parents of young people of all ages

Entry requirement
Open to all

Selection procedure
n.a.
Course aims and objectives

Knowledge
- A greater understanding of the theories of cognitive behaviour therapy (CBT)
- A better understanding of effective techniques and skills used in this approach
- Increased knowledge of case conceptualisation
- A better understanding of the therapeutic relationship in CBT

Skills
- Enhanced ability to listen effectively and work collaboratively
- Assess the suitability of CBT for the client
- Teach clients a process of evaluating their goals, thoughts, behaviours and emotions
- Teach clients to develop a diary of negative thoughts and alternatives

Course content
- CBT model and its development
- Rational emotive therapy
- Motivational enhancement therapy
- Solution-focused therapy
- Reality therapy
- Brief intervention therapy

Treatment
- Addiction
- Depression
- Phobias
- Eating disorders
- Anxiety / Panic

The work
- Assessment and suitability schema focused CBT
- Coping strategies: the 12 irrational beliefs
- Goal setting
- Modification of negative thinking and beliefs
- Modification of dysfunctional assumptions, rules and beliefs

Tools and techniques
- Systematic desensitisation/exposure
- Anxiety management training/ behaviour modification
- Training in problem solving
- Assertiveness training
- Thought stopping
**Target group**
All individuals who wish to gain a greater understanding of the theory and application of cognitive behaviour therapy

**Entry requirement**
None

**Selection procedure**
Application

**Qualification**
Certificate in cognitive behaviour therapy

**Assessment**
Minimum attendance 85%

**Accreditation**
In-house

**Course start date**
February 2009, 10 weeks, 1 evening per week

**Course background**
The CBT model is the fastest growing form of psychotherapy across the world. There is an ever-increasing demand for this approach as research has proven its effectiveness in the treatment of addiction, eating disorders and depression.

**Course location**
Athlone Institute of Technology

**Application**
Application form available from contact person or website listed above.

**Cost**
€495
Course aims and objectives
- To develop an understanding of the reflective relationship between theory and practice
- To provide an opportunity for critical reflection of how theories may inform working practice
- To develop the appropriate skills for facilitating / leading groups
- To enhance personal and professional problem solving skills
- To develop the ability to identify organizational dynamics pertinent to groups
- To identify specific ethical considerations in working with groups
- To develop an awareness of one’s own values and needs and the potential impact they have on the interventions likely to be made
- To evaluate how to assess and intervene in cases in which group participants pose a threat to themselves or others

Course content
- Stages of group development
- Group planning and development
- Leadership in groups
- Special considerations for working with different types of groups:
  - Task / Work groups
  - Psycho-educational groups
  - Counselling groups
  - Psychotherapy groups
- Models of group facilitation
- Systems theory and group work
- Psychodynamic theory and group work

Target group
Professionals who wish to gain a greater understanding of group facilitation skills

Entry requirement
None

Selection procedure
Application

Qualification
Diploma in therapeutic group work

Assessment
Minimum attendance 85%
Accreditation
In-house

Course start date
March 2009

Course background
There will be a strong emphasis on experiential work throughout the programme. A vital component of the training will involve student participation in a process group that will run for the duration of the course. The aim of the group will be to deepen students' capacity for self-reflection and awareness and to gain an insight into group dynamics in the 'here and now'. Students will be expected to reflect on their own process and to work with issues arising within the group setting.

Course location
38 Lower Leeson Street, Dublin 2

Application
Application form available from contact person or website listed above.

Cost
€2,950
Course aims
The course aims to provide a comprehensive overview of the key aspects of youth justice for those with a professional interest in, or responsibility for, the welfare and development of children and young people, while also providing the professional sectors concerned with relevant and up-to-date training and education at a time of significant developments in policy and provision.

Course objectives
By the end of the course the participants will have:

- Gained an understanding of the theoretical perspectives and research findings (psychological and sociological) on young people, their needs, lives and lifestyles and their position in contemporary society;
- Developed an appreciation of the differential circumstances and experiences of groups and categories of children and young people;
- Developed a critical awareness and understanding of the theoretical, conceptual and empirical background to the study of crime and justice, with particular reference to children and young people;
- Been provided with detailed information of the youth justice service and its relationship to other services for children and young people;
- Gained an understanding of the principles and practices of working with young people and adults in youth justice contexts; and
- Demonstrated competence in planning, executing and the evaluation of structured activities in an area related to youth justice.

Course content
Course modules:
M1: Children and young people in society
M2: Youth crime and justice
M3: The youth justice service and other youth services
M4: Working with young people and justice issues/Introduction to principles and practice
M5: Design and delivery of a youth justice activity/programme

Target group
The course is aimed at those working in the sphere of youth justice and/or those working...
with, or intending to work with, young people at risk of coming into contact with the criminal justice system.

Relevant employment experience includes but is not limited to:
Youth workers/voluntary youth leaders; members of An Garda Síochána; youth advocates; residential care workers; training centre/workshops staff.

Entry requirement
All participants are required to have either voluntary/employment experience (minimum of two years expected), or academic qualifications (Leaving Certificate / 3rd level qualification / FETAC qualification).

Participants should be able to demonstrate:
• An openness to reflect on their own practice, attitudes and beliefs
• An ability to work constructively and appropriately in group settings
• A commitment to learning in a group setting.

Selection procedure
Written application. Applicants may be asked to attend an informal interview to look in more depth at the course and its suitability to their work and experience.

Qualification
NUI Certificate in Youth Justice

Assessment
Five assignments comprising four essays (modules 1–4) and one report and presentation (module 5). A passing grade is 40% and requires a minimum attendance level of 80%. Participants will be required to complete and submit a learning journal throughout the duration of the course.

Accreditation
NUI Maynooth

Course start date
Next course runs from September 2009 to May 2010.

Course background
Youth Justice in Ireland has entered a new phase with the recent announcement of the establishment of a Youth Justice Service in the newly created office of the Minister for Children. Youth justice has become an issue of pressing concern for all those involved in services for children and young people. Practitioners in youth work, community work, formal education, education welfare, youth training services, social care, social work, probation and welfare services, legal services, policing and juvenile liaison services, prison and custodial services, have much to gain from an integrated programme covering the multi-faceted nature of youth justice.

It was with this in mind that the Department of Applied Social Studies at NUI Maynooth developed a certificate programme in youth justice, designed to be delivered in partnership with organisations directly involved in youth justice work and other youth services. Catholic Youth Care (CYC) operates regional youth services whose staff are engaged in crime prevention work and work with young offenders. Copping On is a national crime prevention initiative which is linked with the national crime prevention network, Breaking Through.

Course location
Clonliffe College, Drumcondra, Dublin 3
Application
Application form available online, or from contact numbers above.
If you wish to be added to our course database, please email your postal address to lcadwell@cyc.ie. You will then be notified by post of any developments in relation to the NUI Certificate in Youth Justice.

Cost
To be confirmed
Funded by the North Inner City Drugs Task Force (NICDTF), the primary aim of the programme is to provide youth workers with information and resources to work with young people in relation to sexual health and drug and alcohol use.

**Course content**
HIV, STIs, hepatitis, general sexual health, safer sex negotiations, sexuality, cultural issues and sexual health, drug and alcohol awareness, motivational interviewing, policies and procedures for working with young people

**Target group**
Youth workers in the north inner city area

**Entry requirement**
Ideally, candidates should be trained trainers and working in youth work or have experience of youth work.

**Selection procedure**
Candidates from the north inner city will be assessed for entry before others will be considered. The maximum number of participants on each course is 14.

**Qualification**
n.a.

**Assessment**
Learner record, short assignment, and a skills demonstration presentation

**Accreditation**
FETAC Level 5

**Course start date**
12 March 2009

**Course background**
n.a.

**Course location**
Dublin AIDS Alliance, 53 Parnell Square, D1

**Application**
Application form available from contact numbers above.

**Cost**
€150
Course aims and objectives
To enable people living or working in the community to become more effective when they encounter drug abuse or addiction.

Course content
Areas covered include:
• Pharmaceutical information on drugs and their effects
• Process of addiction
• How addiction effects individuals, families and communities
• How individuals and communities can respond
• Field trips to drug services
• Individual course work

Target group
People living in the Dún Laoghaire Rathdown area or working in a drug-related field in the area (or surrounding areas)

Entry requirement
n.a.

Selection procedure
Application and interview

Qualification
FETAC Level 5

Assessment
Individual course work and project

Accreditation
FETAC

Course start date
September/October 2009, 100 hours’ duration, including one residential weekend

Course background
This course was first offered in 1998 and has been repeated annually.

Course location
Within the Dún Laoghaire Rathdown area

Application
Details from contact person listed above

Cost
€ 300 last year, after subsidies
Course aims
• To provide a certified course in addiction to people involved in community-based activities in the area in a voluntary or statutory capacity
• To offer opportunities for participants to discuss and debate current drug and addiction issues with others from differing backgrounds in a learning environment

Course objectives
• To challenge attitudes, gain knowledge and raise awareness of addiction and its effects
• To offer networking and educational opportunities for participants to enhance their current and future work

Course content
• Introduction to basic concepts of substance abuse and addiction
• Contemporary theory with prevention and treatment strategies
• Associated issues such as public policy, factual information, gender issues
• An examination of community perspectives and responses

Target group
People working or living in the Dún Laoghaire Rathdown area.

Entry requirement
Aged 23 or over to qualify as a mature student

Selection procedure
By application and interview

Qualification
Certificate in Addiction Studies

Assessment
A minimum attendance of 85% and completion of 5 assignments

Accreditation
NUI Maynooth

Course start date
1 October 2009, 100 hours’ duration, Thursdays from October to May (term time), one residential weekend and one seminar day in NUIM

Course background
This course was first offered in 1998 and has been repeated annually.
Course location
Kilmacud Glenalbyn GAA Club, Stillorgan, Co Dublin
See also course B 07

Application
Application form and details from contact person listed above.

Cost
€600 approximately, after subsidies
Course aims
- To provide a university-accredited course on addiction to participants from the voluntary, statutory and community sector
- To offer opportunities for participants to discuss and debate current drug and addiction issues with others from differing backgrounds in a learning environment

Course objectives
- To challenge attitudes, gain knowledge and raise awareness of addiction and its effects
- To offer networking and educational opportunities for participants to enhance their current and future work

Course content
- Introduction to basic concepts of substance abuse and addiction
- Contemporary theory with prevention and treatment strategies
- Associated issues such as public policy, factual information, gender issues
- An examination of community perspectives and responses

Target group
People working or living in the County Wicklow area.

Entry requirement
Aged 23 or over to qualify as mature students

Selection procedure
By application and interview

Qualification
Certificate in Addiction Studies

Assessment
A minimum attendance of 85% and completion of 5 assignments

Accreditation
NUI Maynooth

Course start date
7 October 2009, 100 hours’ duration, every Wednesday from October to May (term time), one residential weekend and one seminar day in NUIM

Course background
This course was first offered in 1998 and has been repeated annually.
Course location
Arklow, Co Wicklow
See also course B 06

Application
Application form and details from contact person listed above.

Cost
€600, after subsidies
Course aims and objectives
The Basic Intensive Week (BIW) is designed to help those who work with people, and as a problem-solving framework for day-to-day living. Choice Theory / Reality Therapy (CT/RT) is a very successful method of counselling which focuses on helping individuals to gain more effective control in their lives through realistic goal setting, self-evaluation and planning. It is a cognitive-behavioural approach to counselling and psychotherapy. Its concepts are clear-cut and user-friendly.

The core philosophy underpinning this model focuses on learning a new way of improving relationships within family systems, one-to-one relationships, the school environment and the workplace. The method is highly successful in working with recovering drug users as it emphasises choice and responsibility.

Choice Theory includes learning how to effectively satisfy our five basic needs, understanding the connection between how our brain works and our behaviour, and to recognise the purpose of any behaviour by understanding the interplay between our thoughts, feelings, actions and physiology.

Reality Therapy includes learning how to help people manage their lives more effectively, to create a safe therapeutic environment based on trust, and to help people to evaluate and change their behaviour.

Lead Management includes learning how to eliminate coercive practices and develop a collaborative environment in the workplace; how to manage others so they understand that the essence of quality is continual improvement as defined and evaluated by the manager and staff.
B08

BASIC INTENSIVE WEEK IN CHOICE THEORY, REALITY THERAPY AND LEAD MANAGEMENT

The concepts of CT/RT/LM are not difficult to learn, but intensive supervised training is necessary to achieve a good practical grasp of the methods.

Target group
Those who counsel, teach, manage or supervise others; those who seek to enhance their personal and professional development; members of the education, healthcare and helping professions, including teachers, healthcare workers, volunteers, and counsellors. The BIW is designed for total beginners as well as those already familiar with CT/RT/LM.

Entry requirement
None, but places are strictly limited and allocated on a first-come, first-served basis.

Selection procedure
n.a.

Qualification
BIW certificate

Accreditation
Authenticated by the William Glasser Institute. This is an internationally recognised certificate.

Course start date
Five intensive days, 6–10 May 2009. Contact IICP Education and Training for future dates.

Course background
Training in RT/CT/LM was brought to Ireland by the Institute of Guidance Counsellors. Since then, thousands of individuals have completed the BIW and this model is used in a variety of settings, including counselling, education and management. IICP Education and Training is based on the Quality Schools Model and reflects the philosophical ethos of the principles of CT/RT/LM.

Course location
Killinarden Enterprise Park, Dublin 24

Application
Application form available from contact persons or IICP website listed above.

Cost
€325
Course aims
This is an introductory course for those who are seeking to develop their awareness and understanding in the field of counselling and psychotherapy. This course also serves as a foundation course for those seeking entry onto a diploma course in counselling and psychotherapy.

Course objectives
• To develop basic applied counselling skills
• To introduce participants to the major theoretical approaches
• To prepare for entry into further training
• To develop increased effectiveness in helping roles and relationships
• To increase your emotional intelligence, self awareness and self understanding
• To provide independent guidance on further training and career options

Course content
Introduction to theoretical approaches to counselling and psychotherapy, e.g., person-centred, cognitive-behavioural, multicultural and existential models; introduction to counselling skills and personal development.

Target group
Those who wish to deepen their understanding of counselling and psychotherapy and those who work in the helping/caring professions who want to improve their counselling skills

Entry requirement
This course is open to adult learners who have an interest in counselling. There are no specific entry requirements.

Selection procedure
n.a.

Qualification
Foundation Certificate in Counselling and Psychotherapy

Accreditation
Institute of Integrative Counselling and Psychotherapy (IICP)

Course start date
The first course starts on 6 February 2009 and concludes on 4 September 2009. A second daytime monthly course is scheduled to run from October 2009 to June 2010.
Course background
Course developed in response to requests from those seeking to pursue a foundation course in counselling and/or those who wished to develop their understanding of counselling for their personal and/or professional development.

Course location
Killinarden Enterprise Park, Dublin 24

Application
Application form available from contact persons or IICP website listed above.

Cost
€850
Course aims
This is an introductory course for those who are seeking to develop their awareness and understanding in the field of counselling and psychotherapy. This course also serves as a foundation course for those seeking entry onto a diploma course in counselling and psychotherapy.

Course objectives
- To develop basic applied counselling skills
- To introduce participants to the major theoretical approaches
- To prepare for entry into further training
- To develop increased effectiveness in helping roles and relationships
- To increase your emotional intelligence, self awareness and self understanding
- To provide independent guidance on further training and career options

Course content
Introduction to theoretical approaches to counselling and psychotherapy, e.g., person-centred, cognitive-behavioural, multicultural and existential models; introduction to counselling skills and personal development.

Target group
Those who wish to deepen their understanding of counselling and psychotherapy and those who work in the helping/caring professions who want to improve their counselling skills

Entry requirement
This course is open to adult learners who have an interest in counselling. There are no specific entry requirements.

Selection procedure
None, but places are strictly limited and allocated on a first-come, first-served basis.

Qualification
Foundation Certificate in Counselling and Psychotherapy

Assessment
Students are asked to submit a portfolio of work to demonstrate their growth in all areas of development.

Accreditation
Institute of Integrative Counselling and Psychotherapy (IICP)
Course start date
22 January to 25 June 2009, 20 weeks, on Thursday evenings from 7 pm to 10 pm.
A second evening course is scheduled to run from September 2009 to April 2010 on Tuesday evenings.

Course background
Course first developed in response to requests from those seeking to pursue a foundation course in counselling and/or those who wished to develop their understanding of counselling for their personal and/or professional development.

Course location
Killinarden Enterprise Park, Dublin 24

Application
Application form available from contact persons or IICP website listed above.

Cost
€850
Course aims and objectives
The aim of the course is to provide participants with a broad overview of key theoretical frameworks in relation to substance misuse and dependence, and to enable them to develop basic helping and intervention skills.

Course content
- Introduction to themes and principles
- Study skills
- Presentation skills
- Overview on treatment approaches in drug and alcohol dependence
- Models of rehabilitation
- Helping and intervention skills
- Community studies
- Social analysis

Target group
Community activists and service providers

Entry requirement
Minimum age 23 years

Selection procedure
Essay judged by sponsors

Qualification
Certificate in Addiction Studies

Assessment
- 85% minimum attendance
- Participation in class
- Assignments/projects

Accreditation
NUI Maynooth. Certificate courses carry up to 20 credits under the European Credit Transfer System (ECTS)

Course start date
October 2009

Course background
n.a.

Course location
Bee Park, Manorhamilton, Co Leitrim

Application
Application form and essay

Cost
€150
Course aims and objectives
This is an access course for those who are new to the study of addictions. Students may use it as a first step towards professional training as an addiction project worker or addiction counsellor. Others may use it as a foundation course before applying as a mature student to a non-addiction-related course.

Course content
- Counselling skills for the workplace
- Models of addiction
- Team working
- Intro to pharmacology
- Care provision and practice
- Communications
- Work experience
- Intercultural studies
- Information technology
- English literature
- Personal effectiveness for the workplace
- Safety and health at work

Target group
Mature students

Entry requirement
This is an access programme for mature students who wish to progress to professional training. Where places are available, all suitable candidates are accepted.

Selection procedure
A 15-minute interview and two written references

Qualification
FETAC Level 5 Community and Health Services DCHSX

Assessment
Project work – continuous assessment

Accreditation
FETAC

Course start date
September 2009

Course background
This is a one-year full-time programme.

Course location
Liberties College – Bull Alley Street

Application
Application form available online

Cost
€300
Course aims and objectives
To provide basic information and awareness on drugs and addiction and how communities can respond to same

Course content
- Drugs
- Addiction
- Families
- Agencies
- Communities

Target group
People active in their communities and professionals working in communities

Entry requirement
None

Selection procedure
By interview

Qualification
Certificate of attendance.

Assessment
Seven assignments and final project

Accreditation
We are seeking FETAC accreditation but it is taking some time.

Course start date
Mid September 2009

Course background
The course has been running for 12 years and is on Wednesday nights from 6.30 pm to 9.30 pm.

Course location
Institute of Technology Tallaght

Application
Forms can be had from the above and people will be invited to interview in early September.

Cost
€130; bursaries are provided for those who cannot afford it.
The course is funded by the Tallaght Local Drugs Task Force.
Course aims and objectives
To deliver a wide-ranging introduction to the issues of drug use and addiction, empowering participants to respond more effectively through development of their knowledge and skills base.

The purpose of the course is to equip participants with the necessary knowledge, skills and attitudes to respond more positively and effectively to issues of addiction and dependency. The course aims to provide a broad-based holistic approach to the issue of drug use and to offer students a foundational overview of treatment strategies, interventions and divergent approaches.

Course content
- Addiction counselling theory
- Addiction counselling practice
- Harm minimisation/reduction
- Health promotion
- Work placement

Target group
Anyone who has a serious interest in the area of substance use and who interacts in either a paid or voluntary capacity with people who may have drug- or alcohol-related problems.

Entry requirement
The course is offered in accordance with the principles and ethos of adult education, allowing access to those who may not meet the normal academic requirements for entry to university.

Selection procedure
Initially by application; successful applicants are invited to interview.

Qualification
Certificate in Drugs Counselling Theory and Intervention Skills

Assessment
Assessment is by way of learning logs, case studies, and essays; 80% attendance is required.

Accreditation
UCD/NUI

Course start date
October to May each year

Course background
The course has been running successfully for the past 8 years and is offered annually.
Course location
Merchants Quay Ireland and University
College Dublin

Application
Please contact hilda.glennon@mqi.ie for application/registration form.

Cost
€2,472 (€30 non-refundable processing fee is incurred by all applicants)
Course aims and objectives
The aim of this course, which is part-time over one academic year, is to introduce adult learners to counselling and psychotherapy in a unique and interesting way.
This course provides an introduction to a basic knowledge of counselling, its key skills and selected approaches to the process.
In particular, participants will be expected to explore interpersonal communication, personal development issues and the application of theory to practice.

Course content
100 hours presented in 4 Modules as follows:
Module 1: Personal and professional development
• Issues around personal development, e.g. feelings, communication, identity, transitions, relationships.
Module 2: Overview of theories and approaches
• History of counselling/psychotherapy
• A brief look at the main theorists
Module 3: Person-centred approach and cognitive-behavioural therapies
• Rogers and the person-centred approach
• Beck, Ellis and Glasser, and the cognitive behavioural approach
Module 4: Counselling skills
• The nature of the therapeutic relationship
• The main skills of counselling
• Skills practice

Target group
For you, if you are over 23, feel you are mature enough to reflect on your own development as a person, and if you consider counselling as a unique and useful approach to helping.
This course is also suitable preparation for participants who wish to apply for the diploma and degree programmes at PCI College. However, it does not entitle participants to automatic admission to the diploma/degree.

Entry requirement
Aged over 23

Selection procedure
Completion of the application

Qualification
Certificate in Counselling & Psychotherapy
Assessment
• 85% attendance at class-work
• completion of all assignments to the satisfaction of tutors: journal, book review
• recommendation of the PCI College faculty

Accreditation
PCI College in association with the Centre for Sexual Addictions, Ireland

Course start date
One evening per week, October 2009 to June 2010, plus one weekend in June 2010.

Course background
Popular in Dublin for many years, this course is now offered at a number of regional centres.

Course location
Choice of venue: West Dublin; Dublin City Centre; Cork City, Kilkenny City, Athlone Town, Limerick.

Application
Application forms available by email or from website – details above.

Cost
€1,450
Course aims and objectives
The aim of this course, which is part-time over 4 months and therefore intensive, is to introduce adult learners to counselling and psychotherapy in a unique and interesting way.

This course provides an introduction to a basic knowledge of counselling, its key skills and selected approaches to the process. In particular participants will be expected to explore interpersonal communication, personal development issues and the application of theory to practice.

Course content
100 hours presented in 4 Modules as follows:
Module 1: Personal and professional development
• Issues around personal development, e.g. feelings, communication, identity, transitions, relationships.
Module 2: Overview of theories and approaches
• History of counselling/psychotherapy
• A brief look at the main theorists
Module 3: Person-centred approach and cognitive-behavioural therapies
• Rogers and the person-centred approach
• Beck, Ellis, and Glasser, and the cognitive behavioural approach
Module 4: Counselling skills
• The nature of the therapeutic relationship
• The main skills of counselling
• Skills practice

Target group
For you, if you are over 23, feel you are mature enough to reflect on your own development as a person, and if you consider counselling as a unique and useful approach to helping.

This course is also suitable preparation for participants who wish to apply for the diploma and degree programmes at PCI College. However, it does not entitle participants to automatic admission to the diploma/degree.

Entry requirement
Aged over 23

Selection procedure
Completion of the application.
Qualification
Certificate in Counselling and Psychotherapy

Assessment
- 85% attendance at class-work
- completion of all assignments to the satisfaction of tutors: journal, book review
- recommendation of the PCI College faculty

Accreditation
PCI College in association with the Centre for Sexual Addictions, Ireland

Course start date
One evening per week, January to June, plus two weekends, in March and June

Course background
This 100 hour, 4-month course was first run in 2006 and is now run annually.

Course location
Choice of venue: Clondalkin; West Dublin; Dublin City Centre; Cork City; Kilkenny City, Athlone Town, Limerick,

Application
Application forms available by email or from website – details above.

Cost
€1,450
Course aims and objectives
This course will teach participants how to use key elements of cognitive behavioural therapy (CBT) to deal with everyday worries, anxiety and stress.

Course content
Because our thoughts, our emotions, our behaviours and our physical reactions all interact together, learn how to use CBT to help you to understand and change your habitual thoughts and behaviours, which can be very beneficial when it comes to dealing with the ongoing stresses and challenges of life.

Target group
Any individual with an interest in personal development and CBT techniques.

Entry requirement
n.a.

Selection procedure
Completion of application form accompanied by payment

Qualification
n.a.

Assessment
n.a.

Accreditation
n.a.

Course start date
26 January 2009 in Dublin
3 February 2009 in Cork

Course background
This course began in 2008

Course location
Clondalkin, Dublin
Cork city centre

Application
Application forms available by email or from website – details above.

Cost
€260
Course aims and objectives
This certificate course is designed to equip helping professionals with the knowledge and skills necessary to work competently as cognitive behaviour therapy (CBT) practitioners.

The course will commence with an introduction to the history and evolution of CBT, with a focus on cognitive processes and behavioural laws of learning. The approaches presented are usable, up-to-date and strongly evidence-based. You will learn to observe, assess, evaluate, and formulate treatment using the client’s environmental influencers as well as their thoughts, moods and emotions, and behaviour, and you will also learn to further evaluate the effectiveness of treatment in a CBT model.

A series of CBT workshops has been provided and participants will choose two of these to learn how to apply a CBT approach to common presenting issues such as depression, trauma, eating disorders, addiction, anxiety disorders, and anger. Participants will provide evidence of completion of 20 hours of clinical work with clients using CBT and submit a 2,000 word essay on a topic relating to CBT prior to attending the Integration Day. The Integration day will solidify the learning and provide an opportunity for case discussion and supervision.

Course content
DAYS 1 & 2 – Introduction
- DAY 1 Foundation level theory and practice
- DAY 2 Behavioural & cognitive strategies in CBT

DAYS 3 & 4 – Two or more of the following workshops
- Problem Anger Part 1
- Problem Anger Part 2
- Depression Part 1
- Depression Part 2
- PTSD Part 1
- PTSD Part 2
- Addiction Part 1
- Addiction Part 2
- Anxiety Disorders Part 1
- Anxiety Disorders Part 2
- Social Anxiety
- OCD

Contact person
Kelley Farrell
Job title
Enquiries
DAY 5 – Integration day
Clinical requirement: 20 hours of client work
Academic requirement: 2,000-word essay

**Target group**
Continuing Professional Development for counsellors and helping professionals

**Entry requirement**
Applicants will ideally have a professional qualification in counselling, psychotherapy, or similar – accreditation is not necessary. Students currently in training will be considered, on the understanding that the certificate qualification cannot be used until they have qualified.

**Selection procedure**
Completion of the application and fulfilment of the conditions

**Qualification**
Participants may attend consecutive days and build up to a certificate in cognitive behaviour therapy.

Students who wish to complete the clinical work and written assignment will be awarded a PCI College Certificate of Competence in Cognitive Behaviour Therapy.

Individual days can be attended as part of a counsellor’s Continuing Professional Development (CPD). It is possible to participate in any of Days 1 to 4 on an attendance basis, without completing the written assessment. The workshops are €130 each. A Certificate of Attendance will be provided for each day completed.

**Assessment**
Evidence of completion of 20 hours of clinical work with clients using CBT and submit a 2,000-word essay on a topic relating to CBT.

**Accreditation**
PCI College

**Course start date**
To be announced

**Course background**
This is the second year that this course is offered.

**Course location**
Clondalkin, Dublin

**Application**
Application forms available by email or from website – details above.

**Cost**
€780. In-service training cost on application
Course aims and objectives
Trainees will be enabled to impart information on addictive substances and how they affect people. They will explore case work with particular emphasis on the impact of substance addiction on the individual, the family and the community. The development of counselling skills, the resilient relationship necessary for this work and the ability to set out treatment plans for individual cases will receive particular attention. Counsellors will be equipped with the knowledge to enable them recognise the presence of addiction issues in the story of a client, to enable them work with the addiction issue or to make an appropriate referral.

Objectives:
- to impart information on drugs, what they are, how they work and how they affect people
- to understand the family context of addiction
- to be familiar with the dominant theories on addiction
- to be able to distinguish one substance from another
- to understand the dynamics of addiction
- to be familiar with a range of treatment approaches
- to feel competent to recognise, work with or refer the problem as presented
- to know the legal context of substance abuse
- to be aware of related health issues e.g. HIV, hepatitis

Course content
The content to be covered will include:
- Drug types: pharmacological categorisation; how they work; their effects
- Legal perspective: The Misuse of Drugs Act (Ireland); similarities and variances with the laws of other countries
- The legalisation of cannabis and other drugs debate
- Addiction research: Ireland, Great Britain, Europe and the United States
- The causes of addiction
- A range of treatment modalities: philosophies and practices
- The family context of addiction
- Counselling skills, particularly associated with addiction work
- Health-related issues, e.g. HIV, hepatitis
The addictive personality

Personal factors enhancing recovery

The role of support groups e.g. AA, NA, GA, Al Anon etc.

After-care

Target group
Continuing Professional Development for counsellors or helping professionals

Entry requirement
Counselling qualification or similar

Selection procedure
Completion of the application and fulfilment of the conditions

Qualification
A Certificate of Attendance will be provided.
CPD students who wish to complete the written assignment will be provided with a PCI College Certificate of Competence in Substance Addictions.

Assessment
It is possible to participate in this module on an attendance basis, without completing the written assessment. A Certificate of Attendance will be provided.
CPD students who wish to complete the written assignment will be provided with a PCI College Certificate of Competence in Substance Addictions.

Accreditation
PCI College

Course background
This popular course is run every year. There will be two courses per year.

Course location
Clondalkin, Dublin

Application
Application forms available by email or from website – details above.

Cost
€750

Course start date
30 hours, usually over three weekends
2009/2010 dates to be announced
Course aims and objectives
This workshop will enable participants to:
• Learn about drugs and their effects
• Develop an understanding of addiction
• Examine their own attitudes
• Become more effective in their personal responses
• Develop the skills and knowledge to become more effective in responding to drug misuse in their own communities

Course content
• Pharmaceutical information on drugs and their effects
• Process of addiction
• How addiction affects individuals, families and communities
• How individuals and communities can respond
• Field visits to drugs services

Target group
Community members who feel they would like to be more effective when it comes to drug and alcohol issues

Entry requirement
None

Selection procedure
Initially by application form and then by informal interview

Qualification
One Module – FETAC Level 5

Assessment
Exercises and assignments completed over the duration of the course

Accreditation
FETAC (Further Education and Training Awards Council)

Course start date
20 weeks – one 3-hour session each week, plus a weekend away

Course background
This course is run once a year, starting in the autumn.

Course location
A number of venues

Application
Contact Urrús for venues and application information.

Cost
Varies
Course aims and objectives

- To provide students with a framework and understanding of addiction theories
- To develop skills and competencies so that individuals can engage and support others in all areas of addiction
- To develop an understanding of special needs within the area of addiction
- To provide an understanding of the role of social policy and context in addiction service provision
- To promote the values of the reflective practitioner

Course content

Year 1

- Framework for understanding addiction
- Core conditions of addiction counselling
- Introduction to communication and research
- Eating disorders
- Addiction and loss
- Working with change in addiction
- Community, social, cultural perspectives in addiction

Year 2

- Understanding drugs
- Psychotherapeutic approaches to addiction
- Models of treatment in addiction
- Group facilitation
- Addiction and abuse
- Behavioural addictions

Year 3

- Drug and alcohol policy in Ireland
- Research methodology
- Creativity and innovation
- Practitioner skills
- New approaches in addiction treatment
- Addiction, young people and families
- Project dissertation

Placements – Students are required to complete 2 placement modules of 50 hours each year.

1. Self-awareness in addiction work
2. Developing a therapeutic relationship
3. Developing a care plan
4. Implementing a care plan
5. Service delivery contexts
6. Endings and re-examination of self
Target group
Our students come from a range of professional backgrounds, and include outreach workers, project workers, community care workers, education professionals and health care professionals.

Entry requirement
23-year age minimum or Leaving Certificate or equivalent or relevant professional experience

Selection procedure
Application and interview

Qualification
Higher Certificate in Applied Addiction Studies (HETAC Level 6) – (2-year, part-time)
BA in Applied Addiction Studies (HETAC Level 7) – (1-year add-on to Higher Certificate, part-time)

Assessment
Semester exams, continuous assessment, successful placements
Minimum attendance of 85%

Accreditation
HETAC (AIT); 60 European Credit Transfer System (ECTS) credits per year

Course start date
September 2009

Course background
The two-year part-time Higher Certificate in Applied Addiction Studies has been developed in partnership with Athlone Institute of Technology. On successful completion, the course can lead to a one-year part-time BA in Applied Addiction Studies. Both courses are HETAC-accredited. The courses satisfy the training and education criteria set down by the Irish Association of Alcohol and Addiction Counsellors (IAAAC) for professional accreditation as an addiction counsellor.

Course location
38 Lower Leeson Street, Dublin 2
Athlone Institute of Technology
Institute of Technology, Tralee

Application
Application form available on request/download. Interviews from February 2009 onwards. Places will be allocated from April onwards; early application is advised.

Cost
€3,950 per year
## Course aims and objectives
The course is designed to enhance the personal development of participants and increase their awareness of their own responses and attitudes to others, with particular emphasis on attitudes to young people.

## Course content
**Year 1**
- Module 1: Communication skills 1
- Module 2: Guidance and support 1
- Module 3: Education and human development 1
- Module 4: Research skills

**Year 2**
- Module 1: Communication skills 2
- Module 2: Guidance and support 2
- Module 3: Education and human development 2
- Module 4: Drugs awareness and education practice placement

## Target group
The training programme is designed to support those already working with or who would like to engage with young people at risk in their local communities. It is also aimed at those who wish to develop their skills so that they may approach their work in an increasingly skilled, informed and confident manner.

## Entry requirement
Applicants must be aged 21 or over and have Leaving Certificate or FETAC Level 5 qualification or their equivalent. Applicants are expected to be active participants in the community in either a voluntary or work capacity.

## Selection procedure
Applicants must fill out an applicant form and attend an interview with a panel from UCC and Cork City Partnership Ltd.

## Qualification
Certificate year 1, and Diploma year 2

## Assessment
A variety of continuous assessment models will be employed and at least 80% attendance at the course is essential.

## Accreditation
National University of Ireland (NUI)
Course start date
September 2009

Course background
This course is a response to the felt and expressed needs of local community groups with regard to an opportunity to acquire more skills in the area of non-formal guidance.

Course location
UCC Campus

Application
Application form and details from contact person listed above.

Cost
This course is fully funded by Cork Local Drugs Task Force through the HSE South.
Course aims and objectives

Aims:
- To investigate several areas of addiction, including theory, treatment, addictive behaviour and its impact on the individual, the family and the wider community
- To provide a grounding in the study of addiction and cover most of the major associated themes
- To provide some theoretical knowledge for people who are working or interested in the area, to deepen their understanding and to help inform practice

Target group
Students who are interested in pursuing careers in the field of addiction, those involved in addiction service provision, or whose work or social circumstances bring them into contact with the problems of addiction

Entry requirement
Applicants must be aged 18 years or over.

Selection procedure
By application

Qualification
Diploma in Addiction Studies

Assessment
Assessment is by one written assignment.

Accreditation
Dublin Business School
**Course start date**
Thursday evenings from 6.15 pm – 9.30 pm
for 10 weeks

**Course background**
This course was first offered in 2003 and runs in October and February each academic year.

**Course location**
DBS School of Arts, Dublin 2

**Application**
Telephone Dublin Business School at 01 417 7500 or view the website www.dbs.ie for more information and an application form.

**Cost**
€1,200
Course aims and objectives

Aims:
- To formally explore addictions from a variety of academic and scientific perspectives; including social, cultural, psychological, anthropological, and psychoanalytic perspectives
- To evaluate how these perspectives interact and how they differ from each other
- To critically inform policy making in relation to addictions, as well as the management of addiction services and the treatment of addictions

Course content

Semester 1:
- Advanced introduction to psychoanalysis
- Cultural issues in the study of addiction
- Approaches to the theory and treatment of addiction
- Research methods 1
- Theory and technique of psychoanalysis

Semester 2:
- Psychoanalysis of addiction
- Social policy and social context of addiction
- Research methods 2
- Integrative tutorial
- Clinical visits 1

Semester 3:
- Clinical visits 2
- Thesis

Target group

The course is designed for students with a background in psychology, psychoanalysis, anthropology, sociology, or a cognate discipline who wish to acquire a postgraduate qualification in the area of addiction. The course is a broad-based theoretical and academic one, with a substantial research component. It is designed for students interested in pursuing careers in the planning and strategic development of addiction policies (in relation to treatment and prevention) at a local, national and international level. In addition, the course provides an exciting and thought-provoking foundation for students who may wish to pursue training in the counselling or psychotherapy of addiction.
**Entry requirement**
Applicants are required to possess at least a 2.2 primary degree in any humanities or social science area. Two academic references will be required. All prospective students will be interviewed in order to assess their academic and personal suitability. The applicant’s performance at interview will be an important factor in the allocation of places.

**Selection procedure**
Initially by application including two academic references and then by interview

**Qualification**
Degree of Master of Arts

**Assessment**
Assessment is by examination, project and presentation work and continuous assessment

**Accreditation**
HETAC

**Course start date**
Full time, for 26 weeks, from October to May; clinical visits and thesis work continuing until August. Also offered by ACCS over 2 years.

**Course background**
This course was first offered in 1999 and is repeated annually.

**Course location**
DBS School of Arts, Dublin 2

**Application**
Telephone Dublin Business School at 01 417 7500 or view the website www.dbs.ie for more information and an application form.

**Cost**
€7,300
The programme aims for personal and professional growth and development of individuals working in community, voluntary, statutory and non-statutory organisations who are actively engaged in responding to drug and alcohol issues, across the spectrum from prevention and education to treatment and rehabilitation.

The course content aims to build upon existing knowledge and skills among participants, with a focus on developing theoretical and evidence based knowledge together with a range of practical skills to enable them to respond effectively and appropriately to drug and alcohol issues in their work setting.

The programme has a commitment to principles and values underpinning lifelong and adult learning. Learning takes place in an environment that is conducive to intellectual growth and personal development.

**Course aims and objectives**

**Course content**

- Experiential group work and group processes in the context of drug and alcohol work
- Models of interventions theory and practice
- Research and reflective practice
- Substance use: Theoretical foundations
- Substances and mental health
- Substance use: Community, social and policy perspectives

**Target group**

Individuals from community, voluntary, statutory and non-statutory groups and organisations who interact with people at risk of substance misuse and dependency. It is also aimed at professional groups who are actively involved in the management of drug and alcohol misuse and dependency. Examples of professional groups includes teachers, youth workers, gardaí, youth workers, welfare officers, health
professionals, GPs, pharmacists, counsellors, childcare workers and members of the judiciary.

**Entry requirement**
The Diploma is designed as a progression route for those who have completed a Certificate in Addiction Studies, or related area, or equivalent.

It is expected that applicants have a minimum of two years’ experience of working in the area of drugs and alcohol or community development or a related field.

**Selection procedure**
Prospective students will be required to complete an application form and attend an interview. Applicants may be shortlisted.

**Qualification**
University of Limerick Diploma in Drug and Alcohol Studies

**Assessment**
Assessment will use various methods, including written assignments, oral presentations, case study and project work and a reflective portfolio.

**Accreditation**
University of Limerick, 60 credit points under the European Credit Transfer System (ECTS)

**Course start date**
September 2009

**Course background**
This course is a new programme of study from the University of Limerick.
Course aims and objectives
To introduce those working in the caring professions to a practical, cutting-edge approach to counselling; to afford them the opportunity of developing a personal and integrated style of working with clients, and to facilitate a professional mental health and counsellor training programme which is recognised by the Irish Association for Counselling and Psychotherapy.

Course content
Counselling theory, counselling skills, counselling practice, personal and professional development, addiction counselling, understanding bereavement, loss and grief, suicide, self-esteem, boundaries, gender issues, learning styles, values, beliefs and attitudes, ethics.

Target group
This course is designed for people who wish to become professional counsellors or who wish to upgrade their qualifications base, or who have an opportunity to use counselling skills as part of their work, either in a paid or voluntary capacity. It is of special interest to those who work within communities or in human resources.

Entry requirement
Application is limited to mature students with an established interest in and commitment to the use of counselling or counselling techniques in their work. Short-listing and selection criteria will apply. Candidates will demonstrate evidence of at least some of the following:
- Foundation course in counselling skills, or equivalent
- Experience in personal development work
- Capacity to cope with emotional demands of the course
- Potential to form a therapeutic relationship
- Self-awareness, maturity and stability
- Searching for meaning or purpose in the world in which they live
- Proactive and self-directed approach to learning

Selection procedure
Candidates submit a brief resume and an application form to the course director. Candidates are short-listed for an interview with a panel of two course tutors.
Assessment
Students are asked to submit a portfolio of work in May of each year, containing written assignments, evidence of personal development and journaling, professional development and a section pertaining to client practice.

Accreditation
This diploma programme is a recognised training course of the Irish Association for Counselling and Psychotherapy (IACP).

Course start date
In 2009 two separate programmes are scheduled to run.

Option one: one day per week - Tuesday
Option two: one day per week - Saturday

Course hours: 9.30 am to 4.30 pm each day from September to end of May for each year of the course.

Course background
The Institute of Integrative Counselling and Psychotherapy (IICP) Diploma programme has been established to provide a comprehensive training service for those who wish to pursue professional accreditation in the mental health services that encompasses a multicultural and pluralistic approach with a core philosophical framework reflecting the principles and practices of Choice Theory, person-centred counselling and multicultural counselling and therapy. The first cycle of the course commenced in October 2003 in the Killinarden Enterprise Park in Tallaght as a pilot project. The course is now in its sixth year, with the first graduates having completed the two-year diploma in Counselling and Psychotherapy in September 2006 and November 2007.

Course location
Killinarden Enterprise Park, Dublin 24

Application
Application form available from contact persons or IICP website listed above.

Cost
€3,850.00 per annum (Now inclusive of Specialist Seminars – please note that course fees have not increased since 2005).
Final semester (2011): €850.00
Course aims and objectives
This course provides information on the theory and treatment of addictions and explains the processes through which addictive disorders are assessed and diagnosed and clarifies issues concerning both substance and non-substance addictive behaviours.

Course content
- Addictive behaviour: self injury, eating disorders, gambling, the Internet, sexual and shopping addictions
- Theories of addiction
- The biological basis of addiction
- Models of treatment, relapse prevention, intervention
- Assessment and diagnosis, pharmacology and methadone treatment
- Film screening - Black Tar heroin and discussion
- Gender issues, barriers to treatment
- The addict and the law
- Family and co-dependency
- Health issues, HIV/AIDS, hepatitis
- Community issues, criminal behaviour
- Social policy, National Drugs Strategy, homelessness

Target group
All

Entry requirement
Please contact admissions

Selection procedure
n.a.

Qualification
Diploma

Assessment
Exam and essay based

Accreditation
Institute of Commercial Management (ICM)

Course start date
February and September 2009

Course background
n.a.

Course location
Dawson St, Dublin 2

Application
Online or via course contact person

Cost
Please call admissions.
Course aims and objectives
To provide a broad-based holistic approach to the issue of drug use and to offer students a comprehensive overview of the therapeutic, clinical and social implications associated with drug use and dependency.
To empower participants to respond more effectively through development of their knowledge and skills base.

Course content
- One-to-one addiction counselling theory/practice
- Groupwork theory/practice
- Social policy/Drugs policy
- Mental health
- Work placement

Target group
People whose work brings them into contact with problem drug and alcohol users.

Entry requirement
Successful completion of the Certificate in Drugs Counselling Theory and Intervention Skills or equivalent. Admission is limited to 26 students.

The course is offered in accordance with the principles and ethos of adult education and allows access for those who do not meet the traditional entry requirements of the university.

Selection procedure
Application form and interview

Qualification
Diploma in Drugs Counselling Theory and Intervention Skills

Assessment
Assessment is by way of learning logs, case studies, video role play, essays, and agency profiles. 80% attendance is required.

Accreditation
UCD/ NUI

Course start date
September – May: one day a week, Tuesdays 10 am–5 pm

Course background
The course has been run every year since 2001.
Course location
MQI and UCD, Belfield

Application
Please contact hilda.glennon@mqi.ie for application/registration form, also available on www.mqi.ie, or by enquiry to Peter Kelly, MQI. Courses are advertised in the national press.

Cost
Please contact MQI.
Course aims and objectives

Aims:
• To provide students with a strong theoretical grounding in substance misuse and addictive behaviours;
• To provide participants with an opportunity to develop skills to respond effectively to substance misuse within their community, in either a voluntary or occupational capacity;
• To encourage participants to reflect critically on drug- and alcohol-related issues as they emerge in contemporary Ireland.

Objectives:
• Students will develop skills in substance misuse education and prevention;
• Students will apply their learning to work, vocational or community settings;
• Students will learn to critically appraise current evidence-based practice in relation to prevention and intervention.

Course content
Modules in the Diploma will include:
• Group work and facilitation skills
• Introduction to intervention skills
• Drug and alcohol policy in Ireland
• Prevention education theory and practice
• Social analysis – theorising society
• Social change and everyday life in contemporary Ireland
• Social capital and social network analysis
• Community engagement and learning
The course may include a short period of placement.

Target group
People who are working in a paid or voluntary capacity in the area of addiction

Entry requirement
Successful completion of NUI Certificate in Addiction Studies or equivalent. Applicants should be 23 years of age or over.

Selection procedure
Written application and interview

Qualification
NUI Diploma in Arts: Addiction Studies

Assessment
Continuous assessment throughout the course.
Accreditation
National University of Ireland

Course start date
300 hours over 4 semesters (two years); may include some Saturday attendance.
Contact NUI Maynooth for next proposed start date.

Course background
Following the success of the NUI Certificate in Addiction Studies course offered by NUI Maynooth in partnership with the HSE since 1994, there has been continued demand from the sector and from students for a progression path. This course, offered for the first time in 2007, provides students with an opportunity to advance their expertise and further their knowledge of substance misuse, allowing them to respond effectively to the challenges presented by drug and alcohol misuse in Ireland today.

Course location
The first delivery of the course commenced in 2007 at the NUI Outreach Campus in Kilkenny and at two locations in the Dublin area.
Location for future courses to be decided.

Application
Application form available by phone or email to contact person listed above.

Cost
€4,500 approximately, over two years
Course aims and objectives
Our courses are designed for people who wish to become professional addiction counsellors or have an opportunity to use addiction counselling skills as part of their work (in either a paid or a voluntary capacity), or who simply want to broaden their qualifications.

This 4-year part-time course will provide participants with the necessary academic qualifications to gain a BSc Degree in Addiction Counselling.

Course content
- Personal development
- Lifespan development
- Skills of counselling
- Strategies of counselling
- Theories of addiction
- Approaches to addiction
- Humanistic approaches
- Cognitive-behavioural approaches
- Personal development
- Advanced counselling skills
- Universal issues in counselling: (Loss)
- Universal issues in counselling: (Sexuality)
- Clinical placement
- Family/systemic counselling: theory and skills
- Clinical placement – Part 2
- Research methods
- Personal and professional development
- Proposition essay

Plus two of the following:
- Drug abuse in Ireland
- Sexual addictions
- Dual diagnosis

Target group
This course is designed for people who wish to become professional therapists or have an opportunity to use counselling skills as part of their work (in either a paid or a voluntary capacity), or simply want to broaden their qualifications. Many of our graduates enter the profession from diverse careers such as finance, engineering, and the wider world of business, as well as homemaking, nursing, teaching, and social work. It is of particular interest to people who have found counselling to be helpful.
**Entry requirement**
Applicants need to have successfully completed a foundation course in counselling skills or in-service training with a substantial counselling element.

**Selection procedure**
Entry is by interview. Completion of the application and fulfilment of all of the conditions does not guarantee a place.

Interviews will be arranged at a time to be agreed. We will also evaluate applicants’ personal readiness to undertake this course.

Successful applicants will be notified in writing and invited to attend an orientation day.

**Qualification**
Bachelor of Science Degree (BSc) in Addiction Counselling

**Assessment**
There are no formal written examinations. Most modules are assessed by essays which fall due ten weeks after completion of the module.

**Accreditation**
Middlesex University

**Course start date**
October 2009

**Course background**
This is the third year that this course will be offered.

**Course location**
Clondalkin, Dublin

**Application**
Application form available by email or on website – details above

**Cost**
Year 1 €4,000 Year 3 €3,200
Year 2 €4,200 Year 4 €3,200
Course aims and objectives
This course is designed for qualified addiction counsellors who want to broaden their qualifications.
This 2-year part-time course will provide addiction counsellors with the necessary academic qualifications to gain a BSc Degree in Addiction Counselling.

Course content
- Family/Systemic counselling: theory and skills
- Research methods
- Personal and professional development
- Proposition essay
Plus two of the following:
- Drug abuse in Ireland
- Sexual addictions
- Dual diagnosis

Target group
Qualified addiction counsellors who want to gain a BSc (Hons) Degree in Addiction Counselling

Entry requirement
Applicants need to have successfully completed a foundation course in counselling skills or in-service training with a substantial counselling element.
And, the diploma course which applicants have successfully completed, or are due to complete shortly, must meet the criteria of IAAAC (Irish Association for Alcohol and Addiction Counselling). It is a requirement of Middlesex University that you will have successfully completed the equivalent of the first two years of the programme. We can arrange for you to take any modules that you have not yet covered in advance of entering the third year of the degree programme.

Selection procedure
Entry is by interview. Completion of the application and fulfilment of all of the conditions does not guarantee a place.
Interviews will be arranged for BSc upgrade students at a time to be agreed. At this interview you will discuss a plan of action comprising the steps that you need to take in order to complete the BSc in Addiction Counselling degree course. We will also evaluate your personal readiness to undertake this course.
Successful applicants will be notified in writing, provided with a customised Action Plan, and invited to attend an orientation day.
Qualification
Bachelor of Science Degree (BSc Hons) in Addiction Counselling

Assessment
There are no formal written examinations. Most modules are assessed by essays.

Accreditation
Bachelor of Science Degree (BSc Hons) in Addiction Counselling validated by Middlesex University

Course start date
October 2009

Course background
This is the second year that this course will be offered.

Course location
Clondalkin, Dublin

Application
Application form available by email or on website – details above

Cost
Successful applicants will be provided with a customised Action Plan and details of individualised costs. 30-hour modules €750
Course aims and objectives
Our courses are designed for people who wish to become professional addiction counsellors or have an opportunity to use addiction counselling skills as part of their work (in either a paid or a voluntary capacity) or simply want to broaden their qualifications.
This 2-year part-time course will provide counsellors with the necessary academic qualifications to gain a BSc Degree in Addiction Counselling.

Course content
- Theories of addiction
- Approaches to addiction
- Clinical placement – Part 1
- Clinical placement – Part 2
- Research methods
- Personal and professional development
- Proposition essay
Plus two of the following:
- Drug abuse in Ireland
- Sexual addictions
- Dual diagnosis
- Sexual addictions

Target group
Qualified counsellors / psychotherapists who want to gain a BSc Degree in Addiction Counselling

Entry requirement
Applicants need to have successfully completed a foundation course in counselling skills or in-service training with a substantial counselling element
The diploma course which you have successfully completed, or are due to complete shortly, must have counselling and psychotherapy at its core and be of 450 hours duration. We can arrange for you to take any modules that you have not yet covered in advance of entering the third year of the degree programme.

Selection procedure
Entry is by interview. Completion of the application and fulfilment of all of the conditions does not guarantee a place.
Interviews will be arranged for BSc upgrade students at a time to be agreed. At this interview you will discuss a plan of action comprising the steps that you need to take in order to complete the BSc in Addiction Counselling degree course. We will also
evaluate your personal readiness to undertake this course.

Successful applicants will be notified in writing, provided with a customised Action Plan, and invited to attend an orientation day which will be held at Corrig House, Clondalkin.

Qualification
Bachelor of Science Degree (BSc. Hons.) in Addiction Counselling

Assessment
There are no formal written examinations. Most modules are assessed by essays. You can expect to be provided with advice and support concerning any learning difficulties that you may encounter. If you have a diagnosed learning difficulty, e.g. dyslexia, please note this in your application.

Please state your IT competence in your application. If you need training in email, web, or word processing this will be provided at a nominal cost.

Workshops including essay skills will be provided to assist with the practicalities of written work. These workshops are currently provided free and your attendance is optional. We can refer you to a mentor to receive private individual assistance with essay writing if you wish.

In years 3 and 4, as you become a more independent learner, tutorials, seminars, and career development sessions will be provided.

Accreditation
Bachelor of Science Degree (BSc. Hons.) in Addiction Counselling validated by Middlesex University

Course start date
October 2009

Course background
This is the second year that this course will be offered.

Course location
Clondalkin, Dublin

Application
Application form available by email or on website – details above

Cost
Successful applicants will be provided with a customised Action Plan and details of individualised costs. 30-hour modules €750
Course aims and objectives
Our courses are designed for people who wish to become professional addiction counsellors or have an opportunity to use addiction counselling skills as part of their work (in either a paid or a voluntary capacity) or simply want to broaden their qualifications.

This 2-year part-time course will provide participants with the necessary academic qualifications to gain a Diploma in Addiction Counselling.

Course content
- Personal development
- Lifespan development
- Skills of counselling
- Strategies of counselling
- Theories of addiction
- Approaches to addiction
- Humanistic approaches
- Cognitive-behavioural approaches
- Personal development
- Advanced counselling skills
- Universal issues in counselling: (Loss)
- Universal issues in counselling: (Sexuality)
- Clinical placement

Target group
This course is designed for people who wish to become professional therapists or have an opportunity to use counselling skills as part of their work (in either a paid or a voluntary capacity) or simply want to broaden their qualifications. Many of our graduates enter the profession from diverse careers such as finance, engineering, and the wider world of business, as well as homemaking, nursing, teaching, and social work. It is of particular interest to people who have found counselling to be helpful.

Entry requirement
Applicants need to have successfully completed a foundation course in counselling skills or in-service training with a substantial counselling element.

Selection procedure
Entry is by interview. Completion of the application and fulfilment of all of the conditions does not guarantee a place. Interviews will be arranged at a time to be agreed. We will also evaluate applicants’ personal readiness to undertake this course. Successful applicants will be notified in writing and invited to attend an orientation day.
Qualification
Diploma in Addiction Counselling awarded by PCI College

Assessment
There are no formal written examinations. Most modules are assessed by essays.

Accreditation
This diploma course meets the accreditation criteria of IAAAC (the Irish Association for Alcohol and Addiction Counselling). On completion of the course, graduates have the necessary educational basis to work towards accreditation as an addiction counsellor with IAAAC.

Course start date
October 2009

Course background
This is the third year that this course will be offered.

Course location
Clondalkin, Dublin

Application
Application form available by email or on website – details above

Cost
Year 1 €4,000
Year 2 €4,200
Course aims and objectives
Our courses are designed for people who wish to become professional addiction counsellors or have an opportunity to use addiction counselling skills as part of their work (either in a paid or voluntary capacity) or simply want to broaden their qualifications. This 2-year part-time course will provide counsellors with the necessary academic qualifications to work towards accreditation with the Irish Association for Alcohol and Addiction Counselling (IAAAC).

Course content
• Personal development
• Lifespan development
• Skills of counselling
• Strategies of counselling
• Theories of addiction
• Approaches to addiction
• Humanistic approaches
• Cognitive-behavioural approaches
• Personal development
• Advanced counselling skills
• Universal issues in counselling: (Loss)
• Universal issues in counselling: (Sexuality)
• Clinical placement

Target group
Qualified counsellors / psychotherapists who want to gain IAAAC accreditation

Entry requirement
Applicants need to have successfully completed a foundation course in counselling skills or in-service training with a substantial counselling element. The diploma course which applicants have successfully completed, or are due to complete shortly, must have counselling and psychotherapy at its core and be of 450 hours duration.

Selection procedure
Please see course provider website for selection procedure

Qualification
PCI College Diploma in Addiction Counselling (2 years)

Assessment
There are no formal written examinations. Most modules are assessed by essays which fall due ten weeks after completion of the module.
Accreditation
Our Diploma in Addiction Counselling meets the accreditation criteria of IAAAC. On completion of the course, graduates have the necessary educational basis to work towards accreditation as an addiction counsellor with IAAAC.

Course start date
October 2009

Course background
This is the third year that this course will be offered.

Course location
Clondalkin, Dublin

Application
Application form available by email or on website – details above

Cost
Successful applicants will be provided with customised Action Plan and details of individualised costs. 30-hour modules €750
Course aims and objectives
The Diploma in Addiction Studies is a Level-7 special purpose award, typically taken by people already in service, which leads to enhanced professional competencies and specialised knowledge across a variety of areas. It attracts 60 credits under the European Credit Transfer System (ECTS). The successful completion of the course enables students to achieve the following learning objectives and outcomes:

- to examine in depth the theoretical and practical aspects of problem drug use and problem drinking;
- to develop critical awareness at a theoretical level in a range of addiction counselling models and approaches;
- to acquire skills and competency in practical training in a range of addiction counselling models and approaches;
- to acquire breadth of knowledge in the theory and practice of ethics, underlying principles, practice issues, knowledge and critical awareness of counselling, group work, outreach and client engagement;
- to develop skills and competency working in different environmental and agency contexts and with diverse client groups;
- to show clear, critical assessment and planning and demonstrate competent intervention and management of caseload;
- to acquire broadened in-depth knowledge base, both theoretical and practical, about contemporary issues pertaining to addiction and addiction counselling practice;
- to acquire broadened basic knowledge base of disciplines relating to addiction – sociology, criminology, psychology, microbiology, pharmacology, family law and criminal law;
- to develop a critical awareness of evaluative research;
- to develop basic skills and competency at both a theoretical and practical level through conducting a small qualitative or quantitative research project;
- to examine public policy in relation to alcohol and drug problems with a detailed focus on how Irish and international public policy has evolved and to acquire broadened knowledge base about the social, political, cultural and historical impacts on the development of public policy;
to develop a critical awareness of alcohol and drug policy and service provision;

• to acquire skills and competencies in the effective and convincing planning, preparation and presentation of material in public.

Course content
The Diploma in Addiction Studies programme consists of five modules which have a cumulative credit weighting of 60 ECTS:

• Theory and practice of addiction counselling
• Addiction policy
• Addiction research
• Contemporary issues – disciplines
• Addiction practice and fieldwork placement

The content of the course is divided into two sections - academic studies and skills training.

Academic studies include teaching from a variety of subject areas relevant to addiction, including psychology, pharmacology, sociology, criminology, psychiatry, social policy, law and social work.

Skills training focuses particularly on the development of students’ counselling and intervention skills in group work and individual and family counselling. It is based on classroom exercises using video equipment, on field experience, on placement briefings and debriefings, and on seminars and workshops.

Target group
The course is aimed at those whose work brings them into contact with problem drug and alcohol users or those who are involved in the administration of services or the formulation of policy in this area.

Entry requirement
Criteria for selection include relevant experience in work with drug and alcohol issues and likely capacity to satisfy the academic requirements of the course. Garda vetting is required.

Selection procedure
On the basis of written application, essay, interview and references. There is a maximum of 24 places each year.

Qualification
Diploma in Addiction Studies (Level 7)

Assessment
To complete the course successfully, a candidate must satisfy the examiners by:

• Submitting a major project at the end of the course
• Submitting a major practice study at the end of the placement
• Performing satisfactorily in the field work placement
• Continuous assessment

A student who has successfully completed the course will be eligible for the award of the Diploma in Addiction Studies.

Accreditation
Trinity College Dublin
Course start date
Full-time for 26 weeks from October to May. The duration of the course is equivalent to one academic year of 3 terms – two 8-week terms of college-based teaching, with a reading week at the end of week 4 of the first term and a 10-week full-time field placement in a specialist agency in the addiction field.

Course background
This course was first offered in 1983 and is repeated annually.

Course location
Trinity College Dublin

Application
Application details and forms are available from:
The Executive Officer
Diploma in Addiction Studies
School of Social Policy and Social Work
University of Dublin, Trinity College, Dublin 2
Tel: 01 896 1163, Fax: 01 671 2262
e-mail: addiction.studies@tcd.ie
www.socialwork-socialpolicy.tcd.ie

Cost
The fee for the 2009/2010 course has not yet been agreed by the College. Please contact Course Co-ordinator for further information.
**Course aims and objectives**
To offer students a broad critical understanding of how society attempts to prevent or respond to problems associated with the use of licit and illicit drugs, as well as giving them a more specific opportunity to develop management and policy-making skills in this area.

**Course content**
Six 40-hour modules:
- Alcohol and drugs: use and problem use
- National and international policy
- Research and evaluation
- Research seminars
- Therapeutic interventions into problem drug and alcohol use
- Public sector management

**Target group**
The course is aimed primarily at those who hold management or policy-making positions in any of the human service organisations which deal with drug and alcohol problems, but it also seeks to attract professionals who have a leadership role in addiction work within their own profession.

**Entry requirement**
Candidates are normally expected to have a recognised professional qualification in health, social care or other human service field (whether or not this qualification is linked to a primary degree), or a non-professional primary degree of at least 2.2 standard. Candidates who do not satisfy these criteria may be accepted on the course if they satisfy the Selection Committee that they have the ability to complete the course and are well placed to make good use of it; such candidates will be asked to present a portfolio of their work for the consideration of the Selection Committee.

**Selection procedure**
Selection is based primarily on submission of a written application (including a personal statement of interest in this programme), but the Selection Committee reserves the right to hold selection interviews.

**Qualification**
MSc in Drug and Alcohol Policy (This is Level 9 award which attracts 90 credits under the European Credit Transfer System – ECTS)
Assessment
Continuous assessment: candidates must achieve a pass mark (50%) on all written requirements for the 6 modules, and carry out an appropriate research project, to be written up in thesis format (18,000–20,000 words) for the end of year 2.

Accreditation
Trinity College Dublin

Course start date
The next intake of students for this course will take place in September 2010, for a two-year programme which ends in June 2012.

Course background
The course is based in the School of Social Work and Social Policy, TCD, which has been involved in specialist addiction teaching for more than twenty years. This course was started in 1998. Students attend college for a three-day block each month over a period of 2 years, with an intake every second year.

Course location
Arts Building, TCD

Application
Application forms are available from:

Addiction Studies
School of Social Work and Social Policy
TCD, Dublin 2

Email: addiction.studies@tcd.ie
Telephone: 01 896 1163

Cost
For 2008, the EU Fee was €4,928 plus registration fee. (This is for year 1; fees are subject to annual increase.)
Course aims and objectives
n.a.

Course content
The course has been developed in keeping with the best principles of adult and community education. The modules on offer in the current course are:

- The nature and context of addiction
- Reflective practice
- Groupwork theory and practice
- Drug prevention, education and awareness
- Introduction to counselling
- Introduction to contemporary Irish social policy
- Drug use and drug and alcohol policy
- Approaches to treatment and rehabilitation
- Principles and practices of community development
- Motivational interviewing
- Community research methods
- Professional work practice

Target group
The course is aimed at those currently engaged in community drugs work or those seeking to become involved in the profession.

Entry requirement
Applicants are required to have:

- Experience in addiction and/or community work
- A basic training in a related area, e.g. CASC course

Priority is given to those living and working in Tallaght.

Selection procedure
Selection is made on the basis of a written application and interview.

Qualification
Level 7, UCD Diploma in Community Drugs Work

Assessment
Assessment is on the basis of assignments set at the end of each module.

Accreditation
NUI (UCD) Level 7

Course start date
The next course will run from autumn 2010 to summer 2012.
Course background
The first course ran from 2001 to 2003. We are now in the first year of our fourth course, due to finish in Autumn 2010.

Course location
The Shanty Education and Training Centre, An Cosán
See also course C 19.

Application
Contact the centre for information.

Cost
Currently under review.
Course aims and objectives
The course aims to build upon participants’ existing knowledge and skills, with a focus on developing theoretical and evidence-based knowledge and a range of practical skills to enable them to respond effectively and appropriately to drug and alcohol issues in their work setting.

Course content
Course content incorporates eight modules with a cumulative credit weighting of 60 ECTS; summary of content includes:

- Overview of different models of intervention in drug and alcohol work
- Experiential group work and group processes in the context of drug and alcohol work
- Reflective practice and work based research
- Community, social and policy perspectives of drug and alcohol use
- Substance use and mental health

Target group
Individuals working in community, voluntary, statutory and non-statutory organisations who are actively engaged in responding to drug and alcohol issues, across the spectrum from prevention and education to treatment and rehabilitation.

Entry requirement
The Diploma is designed as a progression route for those who have completed a Certificate in Addiction Studies or a related area, or have an equivalent level of prior learning and experience. Applicants are expected to have a minimum of two years’ experience of working in the area of drugs and alcohol or a related field.

Selection procedure
Prospective applicants will be required to complete an application form. Applicants will be short listed then required to attend an interview.

Qualification
Diploma in Drug and Alcohol Studies

Assessment
Assessment will use a variety of methods, including written assignments, oral presentations, case study, project work, and reflective portfolio.
Accreditation
University of Limerick: Level 7 HETAC
National Framework of Qualifications

Course start date
September 2009. The course is run on a part-time basis, equivalent to one day a week, for one academic year (September to May).

Course background
The HSE in the West (Limerick and Donegal areas) and the Dublin Mid-Leinster regions have recognised an expressed need among individuals working in community, voluntary, statutory and non-statutory sectors for a locally based diploma programme in drug and alcohol studies.

Course location
Bridge House, Cherry Orchard Hospital
See also course C 05.

Application
Contact: Education Officers at 01 620 6417, or email james.fletcher@hse.ie

Cost
€1,950
Course aims and objectives
This course provides a much-needed source of further training to those already involved in the drugs/addiction area.

Course content
Modules covered during the 2 years are:
- Nature and context of addiction
- Reflective practice
- Introduction to counselling/crisis intervention
- Groupwork theory and practice
- Motivational interviewing
- Introduction to contemporary Irish social policy
- Drug use and drug and alcohol policy
- Principles and practice of community development
- Drug prevention, education and awareness
- Approaches to treatment and rehabilitation
- Community research methods
- Professional work practice

Target group
People who wish to develop their knowledge and skills in the area of community drugs work.

Entry requirement
Aged 21 or over, and have completed the Community Addiction Studies Course (course B 20 in this directory) or equivalent

Selection procedure
Initially by application and then by interview

Qualification
Diploma in Community Drugs Work

Assessment
Assessment methods used include: written assignments; practical skill assessments; presentations; and a learning journal. Assessment is carried out throughout the course as individual modules are completed.

Accreditation
National University of Ireland (UCD)
This course also fulfils all of the education requirements (100 hours of education theory) for accredited membership of the IAAAC.

Course start date
This course is run over 2 years, one day a week during the academic year, with some additional course-related days. Next course will start in autumn 2010.

Course provider
Urrús/Ballymun Youth Action Project in partnership with University College Dublin (UCD)

Contact person
Dermot King

Job title
Training Centre Co-ordinator

Telephone
01 846 7980 / 842 5726

Email
urrus@iol.ie

Web address
n.a.
Course location
Mainly in Ballymun, with some days in UCD.
See also course C 17.

Application
Contact Urrús for application information.

Cost
Contact Urrús
Course aims and objectives
Aim: Training young people to facilitate drug and alcohol education to their peers
Objectives: For participants to become familiar with course content, and to empower youth to be peer leaders, and be comfortable with facilitation skills

Course content
• Introduction to basic concepts of addiction
• Information on drugs
• Information on alcohol
• Creative facilitation skills
• Role play
• Prevention with youth
• Delivery of presentations

Target group
Course is open to young people in the community who would have an interest in educating their peers on drug prevention.

Entry requirement
Aged 14–19, showing some leadership skills

Selection procedure
Application form and interview

Qualification
Certificate of attendance

Assessment
Group assessment at end of course

Accreditation
n.a.

Course start date
To be run three times in 2009

Course background
New content for 2009

Course location
HOPE office, 15 North Strand Road, or in–house if you have an already formed a group

Application
Telephone or email to above numbers for more information on upcoming courses.

Cost
Free; a small donation for supplies is requested from organisations.
Course aims and objectives
- To increase knowledge and awareness of the effects of drugs/drug misuse
- To deliver information/supports which impact positively on development and well-being
- To build resilience

Course content
Preventative approach – i.e. awareness of: relevance of communication, relationships, confidence techniques, knowledge of drugs and alcohol, decision making and consequences, equality issues, bullying and strategies for developing resilience.

Target group
10–21-year-olds living in Rahoon area

Entry requirement
Project member in target age range living in Rahoon area

Selection procedure
Mandatory for all project participants. Participants, parents/guardians advised on joining project.

Qualification
Internal certificates of participation presented.

Assessment
Internal evaluation

Accreditation
no

Course start date
Ongoing programme of after-school diversionary activities designed to prevent misuse/early use of drugs and alcohol

Course background
Project participants frequently have little prior factual knowledge of the effects of drugs and alcohol but some experience of early misuse and the effects of dependency in their community.

Course location
Corrach Bui Community Centre

Application
All project members engaging with project participate in Drugs Awareness activities.

Cost
Free
Course aims and objectives
Peer Education is about providing young people with the skills and training to inform their peers on issues that affect them. The initial 10-week training programme is designed to inform and examine the participants’ knowledge and behaviour around sexual health and drugs. A further 10-week accredited training programme includes more in-depth training in group work and facilitation.

Course content
- Introduction
- Listening & communication
- Trust
- Relationships
- Discrimination
- Drugs
- Sexuality & pregnancy
- Sexually transmitted infections & contraception
- Decision making
- Evaluation

Target group
Someone who is between the age of 16 and 21.

Someone who cares about their friends and other young people.
 Someone who can interact with others.
 Someone who wants to be able to discuss issues around sexual health and drugs in a safe place and have a bit of fun while doing it!
 Someone who just wants something different!

Entry requirement
Commitment from participants to all sessions

Selection procedure
Apply online or call in at the centre.

Qualification
Certificate for Level 2 course

Assessment
Work during each session is recorded for assessment.

Accreditation
Northern Ireland Open College Network (NIOCN)

Course start date
Ongoing throughout the year
Course background
The initial 20-hour training programme is designed to inform and examine the participants’ knowledge and behaviour around sexual health and drugs. A further accredited training programme includes more in-depth training in the process of delivering the new knowledge learned through Peer Education. The Peer Educators are then provided with support and supervision to help them undertake their work.

Course location
The Sexual Health Centre

Application
Online or call in

Cost
Free
Course aims and objectives

- To respond to the needs of staff and volunteers in relation to drugs awareness
- To provide participants with a drugs awareness update
- To discuss a range of issues that may impact on individuals in the workplace or agency
- To provide reading materials that may be of benefit to participants
- To highlight where participants can access drugs helpline staff or volunteers
- To respond to any additional requests for information

Course content

Pharmacological update, patterns of drug use, signs and symptoms of drug use, drugs and mental health matters, drugs and sexual health matters, responding to drug use, getting along with young people, the wheel of change, risk and protective factors, where to go for help

Target group

Adults

Entry requirement

None

Selection procedure

None

Qualification

n.a.

Assessment

n.a.

Accreditation

n.a.

Course start date

By arrangement

Course background

Our workplace drug awareness seminars have been held in various locations since our establishment in 1983.

Course location

In the workplace or agency

Application

Contact the CAD Office.

Cost

Donation to CAD
Course provider
DAP Crosscare
[DAP = Drug & Alcohol Programme]

Address
DAP Crosscare
The Red House
Clonliffe College
Dublin 3

Course aims and objectives
To enable parents and parish teams to understand and implement good practice in prevention of drug and alcohol problems

Course content
Seminars with inputs and discussion to develop knowledge, attitudes and skills.

Target group
Parents, parish teams

Entry requirement
None

Selection procedure
None

Qualification
No qualification awarded. Certificate of attendance can be given.

Assessment
None

Accreditation
Not accredited

Course start date
By arrangement

Course background
n.a.

Course location
Dublin – in group’s own location

Application
Contact DAP to arrange dates and venue.

Cost
Donation to Crosscare – negotiable

Contact person
Susan O’Neill

Job title
Development Officer

Telephone
(01) 836 0911

Email
susan@dap.ie

Web address
www.drugs.ie
Course provider
South West Regional Drugs Task Force (SWRDTF)

Address
C/o Foróige
Tallaght Youth Service
Main Road
Tallaght
Dublin 24

Contact person
Aine O’Keeffe

Job title
Co-ordinator, Drug Prevention & Education Initiative

Telephone
01 427 5611 / 086 835 8884

Email
aokeeffe@foroige.ie

Web address
n.a.

Course aims
• To facilitate drug education training for professionals working with young people; specifically in relation to drugs awareness and the development and implementation of drugs programmes
• To provide follow up consultancy and support services for professionals working with young people

Course objectives
• That participants will be aware of drug-use trends locally and nationally
• That participants will be familiar with different types of drugs and their effects
• That participants will be able to use best-practice approaches in drug education and incorporate drug information into their work
• That participants know the drug services available locally and nationally and know how to make referrals to these services

Course content
• Activities and resources
• Drug services

Target group
Professionals working with young people

Entry requirement
n.a.

Selection procedure
n.a.

Qualification
n.a.

Assessment
n.a.

Accreditation
n.a.

Course start date
This two-day training will be run several times during 2009.

Course background
This training was first offered in 2006. It is advertised and run at various locations throughout the SWRDTF area (Kildare, West Wicklow, and South & West Dublin).
Course location
Various venues throughout the SWRDTF area (Blessington, Lucan, Maynooth, Naas, Newbridge, Kildare Town, Athy etc.)

Application
Details of dates and venues available from contact person listed above.

Cost
Free
Course aims
- To provide a framework from which to develop a substance use policy
- To bring together all stakeholders to develop the policy

Course objective
- To develop a comprehensive substance use policy

Course content
- Development of substance use policy
- Drug facts
- Attitudinal activities
- Potential drug-related scenarios in the workplace and in voluntary work
- Information on potential referral agencies

Target group
Any agency, workplace or organisation

Entry requirement
n.a.

Selection procedure
n.a.

Qualification
n.a.

Assessment
n.a.

Accreditation
n.a.

Course start date
Various dates and times (daytime or evening). Course is usually 3 sessions of 2 hours each. A 2-hour evaluation will take place one year later.

Course background
This course has facilitated over 70 agencies, workplaces and organisations to develop a substance use policy.

Course location
Waterford city or county

Application
Apply to contact person listed above.

Cost
Free
Course aims
• To challenge attitudes towards drugs, addiction and other drug-related problems
• To raise awareness of drug-related issues
• To raise awareness of the dynamics of addiction

Course objectives
• For participants to recognise their own attitudes and prejudices towards various drugs and drug-users. To recognise how this affects their work and daily lives.
• Gain knowledge of drugs and their effects
• Gain knowledge of drug-related issues
• For participants to have a clearer understanding of addiction

Course content
• Drug facts
• Attitudinal activities
• Risk-taking behaviour
• Signs and symptoms
• Potential drug-related scenarios in the workplace and in voluntary work
• In-depth look at alcohol-related issues
• Information on potential referral agencies
• Information on how to find further resources and information
• Cycle of change
• A chance to view the drugs

Target group
Professionals and volunteers working in fields where drug-misuse is prevalent.

Entry requirement
A commitment to utilise relevent parts of the course content with their client base.

Selection procedure
Written application

Qualification
n.a.

Assessment
n.a.

Accreditation
n.a.

Course start date
Various dates and times (daytime or evening); the course consists of four 3-hour sessions.
Course background
This course has introduced over 200 workers and volunteers from the Waterford area to drug-related information and issues.

Course location
Waterford city centre

Application
Application form and details of dates and venues available from contact person listed above.

Cost
Free
Course aims and objectives
To enable participants to practice motivational interviewing (MI) with their clients by helping them understand the theory and rehearse the skills of this model.

Course content
Day 1 Theory of MI
Day 2 Core skills of MI
Day 3 Change-talk techniques
Day 4 Dealing with resistance

Target group
Those helping clients to change health behaviours, e.g. drug/alcohol use, smoking etc.

Entry requirement
Openness to reflect on practice

Selection procedure
Staff who are in direct contact with service users

Qualification
Certificate of completion

Assessment
n.a.

Accreditation
Western Consultancy Services courses have been recognised by IAAAC/IACP/PSI as ongoing professional development for the purposes of re-accreditation.

Course start date
By arrangement. Two 2-day sessions, one month apart; 4 days in total.

Course background
This course is based on the work of Dr Stephen Rollnick and Dr William Miller and is widely regarded as one of the most accessible and useful ways of helping clients change health behaviours.

Course location
Delivered throughout the UK and Ireland by arrangement with the purchaser.

Application
Contact Western Consultancy Services.

Cost
Price on application
Course aims and objectives
To enable participants to practice the skills of solution-focused brief therapy (SFBT) with their clients by helping them understand the theory and rehearse the skills of this model.

Course content
Day 1 Theory of SFBT
Day 2 Core skills of SFBT
Day 3 Reinforcing change
Day 4 Advanced techniques

Target group
Those helping clients to change health behaviours, e.g. drug/alcohol use, smoking etc.

Entry requirement
Openness to reflect on practice

Selection procedure
Staff who are in direct contact with service users

Qualification
Certificate of completion

Assessment
n.a.

Accreditation
Western Consultancy Services courses have been recognised by IAAAC/IACP/PSI as ongoing professional development for the purposes of re-accreditation.

Course start date
By arrangement. Two 2-day sessions, one month apart: 4 days in total.

Course background
This course is based on the work of Dr Steve deShazer and Insoo Kim Berg and is widely regarded as a refreshing and invigorating approach for staff, where the strengths and abilities of clients are sought and harnessed to help create meaningful change.

Course location
Delivered throughout the UK and Ireland by arrangement with the purchaser.

Application
Contact Western Consultancy Services.

Cost
Price on application
Course aims and objectives
To enable supervisors to provide and supervisees to receive good quality supervision

Course content
Day 1 (for supervisors) Theories of supervision.
Day 2 (for supervisors) Core skills for providing supervision.
Day 3 (for supervisees) How to receive and use supervision.
Day 4 (for supervisors) Dealing with new demands in supervision.
Day 5 (for supervisors) Advanced supervision techniques.

Target group
Supervisors and supervisees who are working in the drug/alcohol/social care/youth work areas.

Entry requirement
Openness to reflect on practice.

Selection procedure
Supervisors and supervisees who are in direct contact with service users.

Qualification
Certificate of completion.

Assessment
n.a.

Accreditation
Western Consultancy Services courses have been recognised by IAAAC/IACP/PSI as ongoing professional development for the purposes of re-accreditation.

Course start date
By arrangement. Five days in duration: 2 days for supervisors, followed by 1 day for supervisees, followed by 2 more days for supervisors one month later.

Course background
This course is based on the work of Tony Morrison and Jackie Knapman and draws on the skills of motivational interviewing. Providing good-quality supervision is essential to the smooth running of any organisation and past participants have found this course to be hugely beneficial to their work.

Course location
Delivered throughout the UK and Ireland by arrangement with the purchaser.

Application
Contact Western Consultancy Services.

Cost
Price on application.
Course aims and objectives
To challenge attitudes and increase knowledge and understanding of substance use.

Course content
To enhance the capacity of those working with young people of mixed abilities, parents or other community groups to deliver substance use programme.

The activities disseminate information and knowledge in an interactive and participatory way. To challenge attitudes through various mediums of debate and enhance the comfort and capacity of professionals and volunteers to address substance use issues with their client group.

Also includes information on access to services locally and nationally, and referral methods.

Target group
Professionals and volunteers who work with young people, parents or communities.

Entry requirement
Open to all

Selection procedure
Open to all

Qualification
Certificate of completion

Assessment
Deliver programme and evaluate

Accreditation
n.a

Course start date
2-day training sessions, by arrangement

Course background
Work with young people, communities and have an interest in delivering drugs education programme

Course location
Covers counties Galway, Mayo and Roscommon

Application
Please refer to contact details above.

Cost
Free; funded through the Western Region Drugs Task Force
Course aims and objectives
The overall aim of this course is to provide participants with clear, accessible, up-to-date Information. This information will allow participants to gain insight into this area; it will challenge their attitudes; and it will stimulate greater understanding of addiction issues.

Course content
Unit 1
Definitions and concepts of addiction:
• Information on types and impact of drug addiction, including inhalants, depressants, sedatives, alcohol, stimulants, amphetamines, "club/recreational" drugs, hallucinogens, opiates and sport drugs
• Street names and terminology.
• The drug scene today.
Unit 2
Focusing on the major theories and models of addiction:
1. The moral model
2. The psychological model: psychoanalytic, behavioural, and cognitive
3. The medical/disease model: genetic, addictive personality, allergy, illness and biological
4. The socio-cultural model: modelling, national and cultural conditions, and family systems theory
Unit 3
• Pharmacotherapy: Antabuse, ibogaine, methadone and Detox-5
• The Minnesota Model: 12 Step and Alcoholics Anonymous
• Counselling and therapy: motivational interviewing and reality therapy
• Harm reduction model
• Treatments in practice
Unit 4
• Drug policies, legalisation and de-criminalisation
• Community change, outreach, harm reduction or abstinence
• Alcohol and drug education
• Alcohol and drug-related issues in the workplace.
Unit 5
• Co-dependency, children of alcoholic families, parenting styles and family factors.
• Relapse for families, ‘letting go’, dependent attitudes and dependent behaviours
● Al-Anon
● The intervention approach.
  Unit 6
● Why be a helper? Motives and attitudes.
● Helper qualities and attitudes
● The art of accepting
● Counselling/helping skills. Helping the helpers.

**Target group**
Those interested in developing an awareness and understanding of addiction

**Entry requirement**
None

**Selection procedure**
By application

**Qualification**
Certificate in Addiction Studies

**Assessment**
By units

**Accreditation**
In-house

**Course start date**
n.a.

**Course background**
The course was designed to improve participants’ knowledge, skills and attitudes

**Course location**
Online

**Application**
Application form

**Cost**
€495
## Course aims and objectives
To introduce participants to the psychological, sociological, biological and legal effects of psychoactive substances

## Course content
The human nervous system; introduction to psychopharmacology, stimulants, psychedelics, depressants, opioids, performance-enhancing drugs

## Target group
General public, parents, athletes, secondary school students and those whose job requires knowledge of the effects of drugs

## Entry requirement
None

## Selection procedure
n.a.

## Qualification
Certificate in Drugs and Behaviour

## Assessment
Online exam

## Accreditation
Eolach.ie

## Course start date
There are no start dates for this course. Each participant begins the course at a time of their convenience. Once registered, participants have unlimited online access to the course for a period of 8 months.

## Course background
The course was written by a psychologist and has been running since 2004. The content of the course has been reviewed and endorsed by the Substance Misuse Unit of the Health Service Executive (South East Region).

## Course location
Online

## Application
Visit www.eolach.ie and follow instructions regarding enrollment.

## Cost
€100
## ATI Training and Education

**Address:** 38 Lower Leeson Street, Dublin 1

**Contact Person:** Shay Pegley  
**Telephone:** 01 662 9737  
**Email:** shay@addiction.ie  
**Website:** www.addiction.ie

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## Catholic Youth Care and Copping On

**Address:** CYC Arran Quay, Dublin 7

**Contact Person:** Louise Cadwell  
**Telephone:** 01 872 5055  
**Email:** lcadwell@cyc.ie  
**Website:** www.cyc.ie / www.coppingon.ie

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## Centre for Adult Continuing Education (CACE) UCC

**Address:** Cork City Partnership Ltd, Sunbeam Industrial, Millfield, Mallow Rd, Cork City

**Contact Person:** Jacqueline Daly  
**Telephone:** 021 430 2310  
**Email:** jdaly@partnershipcork.ie  
**Website:** n.a

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## Community Awareness of Drugs

**Address:** 31 Central Hotel Chambers, Dame Court, Dublin 2

**Contact Person:** Bernie McDonnell  
**Telephone:** 01 679 2681  
**Email:** communityawareness@eircom.net  
**Website:** www.cadaboutdrugs.ie

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COURSE PROVIDERS

DAP CROSSCARE Drug Awareness Programme
The Red House, Clonliffe College, Dublin 3
Contact person: Marie Scally
telephone: 01 836 0911
email: Marie.Scally@dap.ie
web: www.dap.ie

Courses
A 05 Alcohol, drugs and addiction
E 02 Preventing drug and alcohol problems

DBS School of Arts
Dublin Business School, 13/14 Aungier Street, Dublin 2
Contact person: Siobáin O’Donnell
telephone: 01 417 8736
email: Siobain.odonnell@dbs.ie
web: www.dbs.ie

Courses
C 03 Diploma in addiction studies
C 04 Master of Arts (taught) in addiction studies

Dublin AIDS Alliance
53 Parnell Square West, Dublin 1
Contact person: Susan Donlon
telephone: 01 873 3799
email: prevention@dublinaidsalliance.com
web: www.dublinaidsalliance.com

Course
B 04 Sexual health & drug awareness: Training for trainers programme

Dún Laoghaire Rathdown Local Drugs Task Force
DROP, 45 Upper Georges St, Dún Laoghaire, Co Dublin
Contact person: Eamonn Gillen
telephone: 01 280 3187
email: eamonngillen28@gmail.com
web: www.dlrdrugtaskforce.ie

Course
A 06 6-week certificate in community addiction studies
B 05 Certificate in community addiction studies
### COURSE PROVIDERS

**EAP Institute**

143 Barrack Street, Waterford  
Contact person: Anita Furlong  
email: anita@eapinstitute.com  
telephone: 051 855 733  
web: www.eapinstitute.com

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<td>Drugs and alcohol at work – Complying with Section 13 of the Safety, Health and Welfare at Work Act 2005</td>
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**ECO-UNESCO**

26 Clare Street, Dublin 2  
Contact person: Armin Krautgasser  
email: training@ecounesco.ie  
telephone: 01 662 5491  
web: www.ecounesco.com

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<td>ECO-CHOICES – an introduction to drug misuse prevention through environmental education</td>
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**Eolach.ie**

Clonmel, Co Tipperary  
Contact person: Fergus McGrath  
email: info@eolach.ie  
telephone: 085 714 0498  
web: www.eolach.ie

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**HOPE (Hands On Peer Education)**

15 North Strand Road, Dublin 1  
Contact person: Irene Crawley  
email: hopehandson@yahoo.ie  
telephone: 01 887 8404  
web: n.a.

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<tr>
<td>Peer education for youth: drugs and alcohol</td>
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HSE and the Dún Laoghaire Rathdown Local Drugs Task Force
35 York Road, Dún Laoghaire, Co Dublin
Contact person: Maeve Shanley telephone: 01 280 3335
date: maeve.shanley@hse.ie web: n.a.

Course Page
B 06 NUI certificate in addiction studies (Dublin) 65

HSE and Wiclow VEC
35 York Road, Dún Laoghaire, Co Dublin
Contact person: Stephen Harding telephone: 01 280 3335
date: stephen.harding@hse.ie web: n.a.

Course Page
B 07 NUI certificate in addiction studies (Wicklow) 67

HSE West Donegal, Donegal VEC, NWRDTF, NWAF Ltd, University of Limerick
Donegal VEC, Ard O'Donnell, Letterkenny, Co Donegal
Contact persons: Christina Mc Eleney, Moira Mills or Sean O'Connor telephone: 087 936 9312 / 074 916 1508 / 074 912 8769 / 071 985 2000
date: christinamceleney@donegalvec.ie / Moira.Mills@hse.ie / drugstaskforce@mailb.hse.ie web: www.donegalvec.ie / www.nwdrugtaskforce.ie

Course Page
C 05 Diploma in drug and alcohol studies 98

IICP Education and Training
Killinarden Enterprise Park, Killinarden, Tallaght, Dublin 24
Contact person: Marcella Finnerty or Norah Byrne telephone: 01 466 4205
086 260 9989
date: marcellafinnerty@eircom.net / norahbyrne@eircom.net web: www.iicp.ie

Courses Page
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A 14 Beginning therapeutic work with children (weekend seminar) 23
A 15 Bereavement, loss and grief and the therapeutic process 24
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<td>Basic intensive week in choice theory, reality therapy and lead management</td>
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<td>Certificate in counselling and psychotherapy (daytime option: monthly)</td>
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**Independent Colleges**

**60–63 Dawson St, Dublin 2**

Contact person: Caroline Mellows  
email: Caroline.mellows@independentcolleges.ie  
web: www.independentcolleges.ie

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**Le Chéile & Rahoon Youth Project**

**Corrach Buí Community Centre, Rahoon, Galway**

Contact person: Anne Pigott  
email: annepigottinrahoon@eircom.net  
web: n.a.

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**Leitrim Community Forum**

**C/o Leitrim Co Co Community & Enterprise, Carrick on Shannon**

Contact person: Jim Penders  
email: jimpenders@eircom.net  
web: n.a.

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COURSE PROVIDERS

Liberties College

Liberties College, Bull Alley Street, Patrick Street, Dublin 8
Contact person: Brid Milliken  
telephone: 01 454 0044
email: info@liberties.cdvec.ie  
web: www.libertiescollege.ie
linda.mcdermott@liberties.cdvec.ie

Course  
B 12  Addictions – foundation studies  

Local Steering Committee, Tallaght

C/o CARP Killinarden, Killinarden Way, Tallaght, Dublin 24
Contact person: Liam O’Brien  
telephone: 01 462 6033
email: Lob1947@gmail.com  
web: n.a.

Course  
B 13  Community addiction studies (Tallaght)  

Merchants Quay Ireland and University College Dublin (School of Applied Social Science)

Merchants Quay Ireland, (Sophia Housing) 25 Cork St, Dublin 8 or School of Applied Social Science, John Henry Newman Building, UCD, Belfield, Dublin, 4
Contact person: Peter Kelly  
telephone: 01 524 0936
email: Peter.Kelly@mqi.ie  
web: www.mqi.ie

Courses  
B 14  Certificate in drugs counselling theory and intervention skills  
C 08  Diploma in drugs counselling theory and intervention skills  

NUI Maynooth

Department of Adult and Community Education, National University of Ireland, Maynooth, Co Kildare
Contact person: Bernie Gildea  
telephone: 01 708 3683
email: bernie.b.gildea@nuim.ie  
web: http://adulteducation.nuim.ie

Courses  
C 09  NUI Diploma in Arts: addiction studies  

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## PCI College

**Corrig House, Old Naas Road, Clondalkin, Dublin 22**

Contact person: Kelley Farrell  
email: info@pcicollege.ie

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<td>Diploma in addiction counselling for qualified counsellors / psychotherapists</td>
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## School of Social Work and Social Policy, Trinity College Dublin

**School of Social Work and Social Policy, Room 3063, Arts Building, University of Dublin, Trinity College, Dublin 2**

Contact person: Marguerite Woods  
email: woodsma@tcd.ie / addiction.studies@tcd.ie

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<td>Diploma in addiction studies</td>
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## School of Social Work and Social Policy, Trinity College Dublin TCD, Dublin 2

Contact person: Shane Butler  
email: sbutler@tcd.ie

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<td>MSc in drug and alcohol policy</td>
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COURSE PROVIDERS

Sexual Health Centre
16 Peter’s Street, Cork
Contact person: Johnny Houlihan
email: johnnyhoulihan@sexualhealthcentre.com
telephone: 086 606 1844 / 021 427 5837
web: www.sexualhealthcentre.com

Course
D 03  Peer education  Page 130

South Meath Response Project
The Maudlins Centre, Trim, Co Meath
Contact person: Cathy Whelan
email: smrproject@eircom.net
telephone: 046 943 7245
web: http://community.meath.ie/smrproject

Course
A 25  Parent to parent programme: peer awareness/education for parents/adults in community  Page 41

South West Regional Drugs Task Force
C/o Foróige, Tallaght Youth Service, Main Road, Tallaght, D. 24
Contact person: Aine O’Keeffe
email: aokeeffe@foroige.ie
telephone: 01 630 1560 / 086 835 8884
web: n.a.

Courses
A 26  Drug awareness, activities and resources for voluntary youth leaders  Page 43
A 27  Drug awareness programme for parents  45
E 03  Drug awareness, activities and resources  134

The Shanty Education and Training Centre, An Cosán
Klltalown Village Centre, Jobstown, Tallaght, Dublin 24
Contact person: Fiona Colclough
email: f.colclough@ancosan.com
telephone: 01 462 8488
web: www.ancosan.com

Course
C 17  Diploma in community drugs work  Page 122
COURSE PROVIDERS

University of Limerick / HSE Addiction Services
Bridge House, Cherry Orchard Hospital, Ballyfermot, Dublin
Contact person: James Fletcher, Esther Wolfe or Brid Casey telephone: 01 620 6417
email: james.fletcher@hse.ie web: www.ul.ie

Course Page
C 18 Diploma in drug and alcohol studies 124

Urrús/The Ballymun Youth Action Project
Horizons Centre, Balcurris Road, Ballymun, Dublin 11
Contact person: Gabrielle Gilligan telephone: 01 846 7980 / 01 842 5726.
email: urrus@iol.ie web: n.a.

Courses Page
A 28 Crack cocaine 47
A 29 Crack cocaine & methamphetamine/crystal meth 48
A 30 Drug awareness information day 49
A 31 Homelessness and drugs 50
A 32 Introduction to addiction studies 51
A 33 Methamphetamine/crystal meth 52
B 20 Community addiction studies course 89

Urrús/The Ballymun Youth Action Project in partnership with University College Dublin (UCD)
Horizons Centre, Balcurris Road, Ballymun, Dublin 11
Contact person: Dermot King telephone: 01 846 7980 / 01 842 5726
email: urrus@iol.ie web: n.a

Course Page
C 19 Diploma in community drugs work 126
## Waterford Substance Misuse Team

**Substance Misuse Team, 10a Waterside, Waterford**

Contact person: Andy Hargreaves  
email: andy.hargreaves@maila.hse.ie  
telephone: 051 301 201  
web: n.a.

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<td>Drug education and awareness (for professionals and others)</td>
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## Western Consultancy Services

**Cloghermore, Claremorris, Co Mayo**

Contact person: Brendan Murphy  
email: wcs@vodafone.ie  
telephone: 094 937 2705  
web: www.westernconsultancy.com

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<td>Supervision skills</td>
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## Western Region Drugs Task Force

Contact person: Sue Redmond  
email: Sue.redmond@foroige.ie  
telephone: 094 962 2952 or 086 810 2770  
web: www.wrdtf.ie

### Courses

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<td>Training for professionals</td>
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**Clondalkin Drugs Task Force**

**Education bursary**

The bursary fund is a grant made to members of the Clondalkin community to provide financial assistance for them to access 3rd level courses related to addiction.

**Criteria**

- The bursary is distributed once a year and applications are taken in May. No late applications will be considered.
- Applicants need to either live or work in Clondalkin.
- The course needs to be addiction related.

For an application form, please contact the task force at:

Clondalkin Drugs Task Force
Unit 5, Oakfield
Clondalkin, Dublin 22
Tel: 01 457 9445
Fax: 01 457 9422

Clondalkin LDTF website: www.clondalkindrugtaskforce.ie/about.asp

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**Dublin 12 Local Drugs Task Force**

**Education bursary grant scheme**

This scheme is open only to those living or working in the Dublin 12 area. To be accepted, other criteria will need to be met.

Advertisements will go out the middle of May 2009.

For more information and an application form, contact Amy Carroll at:

Bridge House
Cherry Orchard Hospital
Ballyfermot, Dublin 10
01 620 6457
amy.carroll@hse.ie

Dublin 12 LDTF website: www.dublin12ldtf.ie
Dún Laoghaire Rathdown Local Drugs Task Force
Education bursary

Criteria

1. Support will take the form of a small grant which will be used toward the cost of fees.
2. This funding is only available to people currently living in the Dún Laoghaire Rathdown area or working with Drugs Task Force target groups.
3. Candidates who are funded this year are not guaranteed funding for successive years of their course, however, subject to successful completion of the term, a further year’s funding may be offered subject to available funding.
4. Funding is available for accredited courses addressing issues relating to addiction, these may include addiction studies, youth work, community work, counselling etc. One or two day conferences or seminars will not be prioritised unless they are an integral part of broader training.
5. Decisions about each application will be based on information provided on the application form and an interview.
6. Grants to successful applicants will be paid directly to the educational institute upon receipt of an invoice.
7. Successful applicants may be funded up to 75% of total costs of their fees. The maximum amount is €1,500.

For an application form, please contact:
Eamonn Gillen
DROP
45 Upper Georges St
Dún Laoghaire, Co Dublin
01 280 3187

Dún Laoghaire Rathdown LDTF website: www.dlrdrugtaskforce.ie/
Mid West Regional Drugs Task Force
Education funding support
The Mid West Regional Drugs Task Force has previously supported those residing or working in the Mid-West region to attend the University of Limerick Diploma in Drug & Alcohol studies, subject to certain criteria.
Because of budget constraints, this funding may not be available this year.
For further information and to check availability, see the task force website at www.mwrdtf.ie/index.php?page=education-bursary-2

Tallaght Local Drugs Task Force
Education / Training Grants
Criteria
- This funding is only available to people currently living or working in the Tallaght Task Force area.
- Candidates who are funded this year or have been funded in previous years are not guaranteed funding for each year of their course.
- Applicants must be aged over 18 years.
- Decisions about each application will be based solely on the information provided on the application form.
- Funding cannot be guaranteed and level of support depends on the total amount available in the Task Force Development Fund.

Education/Training
Funding is available for:
- People in recovery who wish to progress their education and/or career prospects. Those making an application that fulfils these criteria are not limited to courses relating to increasing their knowledge of and skills relating to drugs. Priority will be given to this category of applicants.
- Certified/accredited courses addressing issues relating to addiction and community drug work.
- The level of grant allocation will be decided by the review sub-committee but will not exceed €2,000.
- Training or education must directly benefit the community of Tallaght.
- Grants to successful applicants will only be paid on submission of receipts/invoices relative to academic year for which they are applying for funding.
These grants are usually advertised in June of each year and allocated annually.

For more information, please contact:
Administrator
Addiction Services
Bridge House, Cherry Orchard Hospital
Ballyfermot, Dublin 10
01 466 4243

Tallaght LDTF website: www.tallaghtdtf.ie/index.php
The National Documentation Centre on Drug Use
Since 2002 the National Documentation Centre on Drug Use (NDC) has supported the work of those involved in increasing knowledge of drug-related issues. The NDC provides an information service to researchers, students, policy makers and people working in the fields of health, education, treatment provision and criminal justice.

Visit the NDC website
The information resources on the website are available to everyone.
• Search our database of Irish drugs research – an electronic library of full-text reports, journal articles, theses and conference papers.
• Read the latest news stories or search our archive of over 3,000 news items.
• Find out who is involved in research in Ireland and what research projects are being done.
• Read the national report on the drugs situation in Ireland and articles from Drugnet Ireland quarterly newsletter.
• Find out about upcoming conferences and other events.

www.hrb.ie/ndc

Drop in to the NDC library
The NDC library is in the offices of the Health Research Board in Dublin. It is open to the public from Monday to Friday, 9.30 am to 4.45 pm (to 7.00 pm on Thursdays by appointment).
• Browse our collection of books, reports and conference proceedings.
• Select and read articles from our collection of specialist drug-related periodicals or from a range of other peer-reviewed health, epidemiological and medical journals.
• Search a number of online bibliographic databases covering the fields of health, psychology and the social sciences.
• Use the library workstations or connect your own laptop to our wireless network (Wi Fi).

National Documentation Centre on Drug Use
Alcohol and Drug Research Unit
Health Research Board
Knockmaun House
42–47 Lower Mount Street
Dublin 2
Use the NDC query service
You can telephone the NDC with your query during library opening hours or email us at any time. Our query service makes it easy for you to:

- identify relevant recent Irish and international literature in your area of interest
- obtain research documentation
- receive journal articles from external sources
- get help in using NDC resources or registering on the website
- sign up for electronic services, such as the monthly newsletter and current awareness service
- obtain copies of Alcohol and Drug Research Unit publications, including Drugnet Ireland
- arrange for us to visit your workplace or place of study to show you what the NDC can do for you.

Telephone: +353 1 2345175   Email: ndc@hrb.ie

The NDC is part of the Alcohol and Drug Research Unit of the Health Research Board. It was established following a recommendation of the Interim Advisory Committee on Drugs. Funding is provided by the Department of Community, Rural and Gaeltacht Affairs under the National Development Plan 2007–2013.

Alcohol and Drug Research Unit
The Alcohol and Drug Research Unit (ADRU) is a multi-disciplinary team of researchers and information specialists who provide objective, reliable and comparable information on the alcohol and drug situation, its consequences and responses in Ireland. The ADRU maintains two national drug-related surveillance systems and is the national focal point for the European Monitoring Centre for Drugs and Drug Addiction (EMCDDA). The Unit also manages the National Documentation Centre on Drug Use. The ADRU disseminates research findings, information and news in Trend, Research and Overview series publications and in a quarterly newsletter, Drugnet Ireland. Through its activities, the ADRU aims to inform policy and practice in relation to alcohol and drug use.

Health Research Board
The Health Research Board (HRB) is the lead agency in Ireland supporting and funding health research. We provide funding, maintain health information systems and conduct research linked to national health priorities. Our aim is to improve people’s health, build health research capacity and make a significant contribution to Ireland’s knowledge economy.
RESOURCES

**Useful websites**

CityWide: www.citywide.ie/

Department of Community, Rural and Gaeltacht Affairs: www.pobail.ie/en/

Department of Health and Children: www.dohc.ie

Drug and Alcohol Information Ireland: www.drugs.ie/

DrugScope: www.drugscope.org.uk/

European gateway on alcohol, drugs and addictions (Elisad): www.elisad.uni-bremen.de/

European Monitoring Centre for Drugs and Drug Addiction: www.emcdda.eu.int/

Health Service Executive: www.hse.ie/en/

Health Research Board: www.hrb.ie

National Advisory Committee on Drugs (NACD): www.nacd.ie

National Documentation Centre on Drug Use (NDC): www.hrb.ie/ndc

**Drugs task force (DTF) websites**

Clondalkin DTF: www.clondalkindrugstaskforce.ie/

Cork Local DTF: www.corkldtf.ie/content/index.html

Dublin 12 Local DTF: www.dublin12ldtf.ie

Dublin Northeast DTF: www.dnedrugstaskforce.ie/

Mid West Regional DTF: www.mwrdtf.ie/

North Dublin City and County Regional DTF www.ndublinrdtf.ie/

North West Regional DTF: www.nwdrugtaskforce.ie/

North Inner City DTF: www.nicdtf.ie/

Southern Regional DTF: (Bebo page) www.bebo.com/Profile.jsp?MemberId=3867835663

Tallaght DTF: www.tallaghtdtf.ie/index.php

Western Region DTF: www.wrdtf.ie/